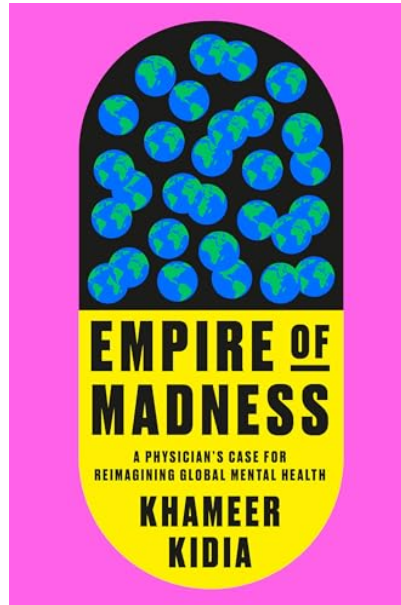


Now Presenting

# **Empire of Madness: Reimagining Western Mental Health Care for Everyone**

Literary Work by  
**Khameer Kidia**



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An urgent rethinking of the Western approach to mental health, which treats the symptoms rather than the exploitative systems causing our distress—by a Rhodes Scholar and Harvard Medical School physician-anthropologist—offering lessons from the rest of the world. In *Empire of Madness*, Dr. Khameer Kidia offers a re-evaluation of mental health in the Global North, where the answer to the structural causes of mental distress, like racism and economic inequality, has been to medicate the symptoms rather than revolutionize those causal structures. A clinician and researcher whose own mother... One of the appealing qualities of this work is its ability to remain focused without feeling restrictive. The story progresses with a clear sense of direction, yet it allows room for subtle exploration of ideas and character motivations. This balance keeps readers interested while maintaining narrative clarity. It is a style that appeals to those who appreciate thoughtful storytelling.