

OFFICIAL EBOOK PREVIEW

The New Emotional Intelligence, 4.3 by Travis Bradberry (PDF)

 Travis Bradberry | Rating: 4.3/5 

The New Emotional Intelligence by Travis Bradberry

Written by Idraoyhac

"Bradberry succinctly explains how to deal with emotions creatively and employ our intelligence in a beneficial way."

-THE DALAI LAMA

**THE
NEW**

EMOTIONAL INTELLIGENCE

**WORLD'S #1 EXPERT
ON INCREASING EQ.
5 MILLION BOOKS
SOLD.**

INCLUDES A PASSCODE TO TAKE THE AUTHOR'S

FIRST EMOTIONAL INTELLIGENCE TEST IN 20 YEARS

TRAVIS BRADBERRY

#1 BESTSELLING COAUTHOR OF *EMOTIONAL INTELLIGENCE 2.0*

Introduction

The world is changing rapidly, and emotional intelligence (EQ) is more important now than ever. As times change, so should your approach to increasing your EQ. The New Emotional Intelligence is a groundbreaking new book by Dr. Travis Bradberry, coauthor of the massive best seller Emotional Intelligence 2.0, that answers the call with a powerful new way to increase your EQ. This trailblazing book applies the latest breakthroughs in psychology and neuroscience to deliver a proven, step-by-step program that will take your EQ to new heights. The book's innovative process shows you how to make big changes in small steps as you transform yourself, surpass your goals, and unlock your highest potential. 60 powerful new super strategies will improve your EQ via the four core skills of: 1) Self-Awareness 2) Self-Management 3) Social Awareness 4) Relationship Management Each copy contains a unique passcode to take The Emotional Intelligence Test™ an enlightening new assessment (the author's first in 20 years) that will show you where your EQ stands today and how you can improve it. Complete with video-based elearning and an online coaching plan, your test results will: * Reveal which of the book's 60 super strategies will increase your EQ the most. * Help you see what's holding you back and what you should be doing more of * Allow you to test yourself a second time to measure your progress. As the world's foremost expert on increasing emotional intelligence, Dr. Bradberry is known for his ability to turn complex topics into simple behaviors that you can easily apply to your life and work. This easy-to-follow guide offers an abundance of practical strategies to help you harness the power of EQ and build your skills into strengths. WITH 90% OF TOP PERFORMERS HIGH IN EQ, AND EQ TWICE AS IMPORTANT AS IQ IN GETTING WHERE YOU WANT TO GO IN LIFE, CAN YOU AFFORD TO IGNORE IT?

Purpose of This Publication

This document is presented as an informational publication intended to provide general insight and educational context related to the subject matter. The content is designed for reading and reference purposes only.

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