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A Well-Trained Wife: My Escape from Christian Patriarchy, 4.5 by Tia Levings (PDF)

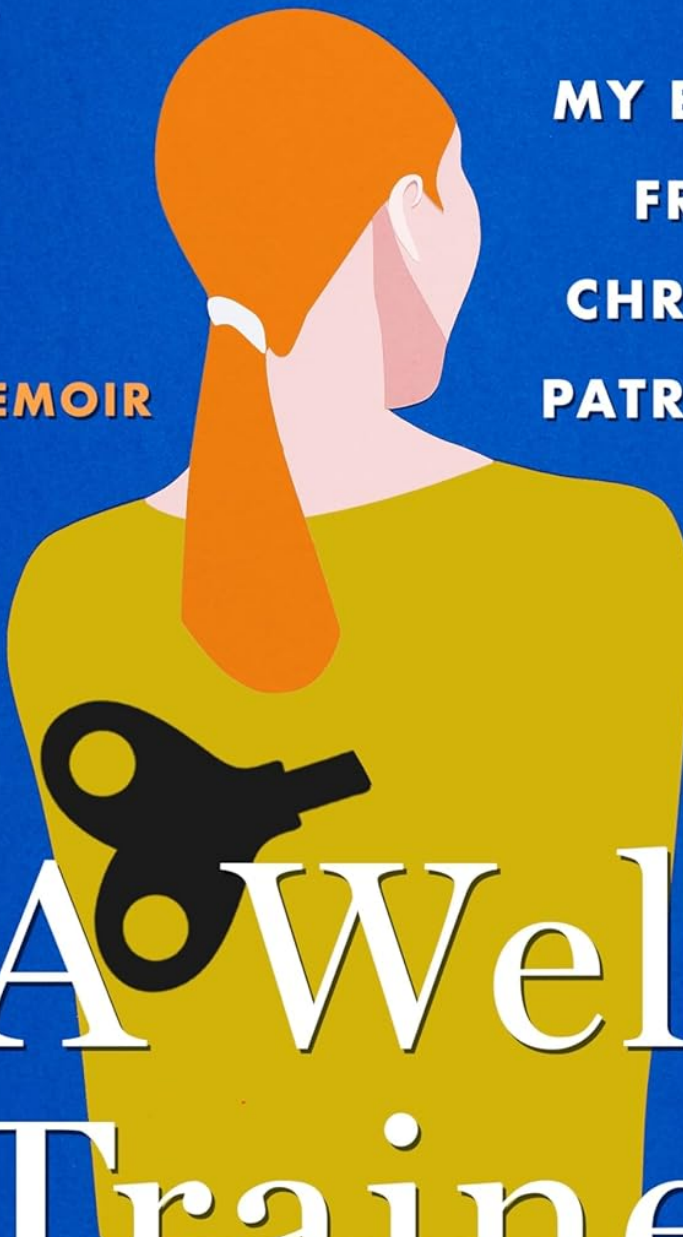
 Tia Levings | Rating: 4.5/5 

A Well-Trained Wife: My Escape from Christian Patriarchy by Tia Levings

Written by Idraoyhac

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**MY ESCAPE
FROM
CHRISTIAN
PATRIARCHY**



**A well-
Trained
Wife**

TIA LEVINGS

Introduction

“Today it hit me when he hit me, blood shaking in my brain. Maybe there wasn’t a savior coming. Maybe it was up to me to save me.” Recruited into the fundamentalist Quiverfull movement as a young wife, Tia Levings learned that being a good Christian meant following a list of additional life principles—a series of secret, special rules to obey. Being a godly and submissive wife in Christian Patriarchy included strict discipline, isolation, and an alternative lifestyle that appeared wholesome to outsiders. Women were to be silent, “keepers of the home.” Tia knew that to their neighbors her family was strange, but she also couldn't risk exposing their secret lifestyle to police, doctors, teachers, or anyone outside of their church. Christians were called in scripture to be “in the world, not of it.” So, she hid in plain sight as years of abuse and pain followed. When Tia realized she was the only one who could protect her children from becoming the next generation of patriarchal men and submissive women, she began to resist and question how they lived. But in the patriarchy, a woman with opinions is in danger, and eventually, Tia faced an urgent and extreme stay and face dire consequences, or flee with her children. Told in a beautiful, honest, and sometimes harrowing voice, *A Well-Trained Wife* is an unforgettable and timely memoir about a woman's race to save herself and her family and details the ways that extreme views can manifest in a marriage.

Purpose of This Publication

This document is presented as an informational publication intended to provide general insight and educational context related to the subject matter. The content is designed for reading and reference purposes only.

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