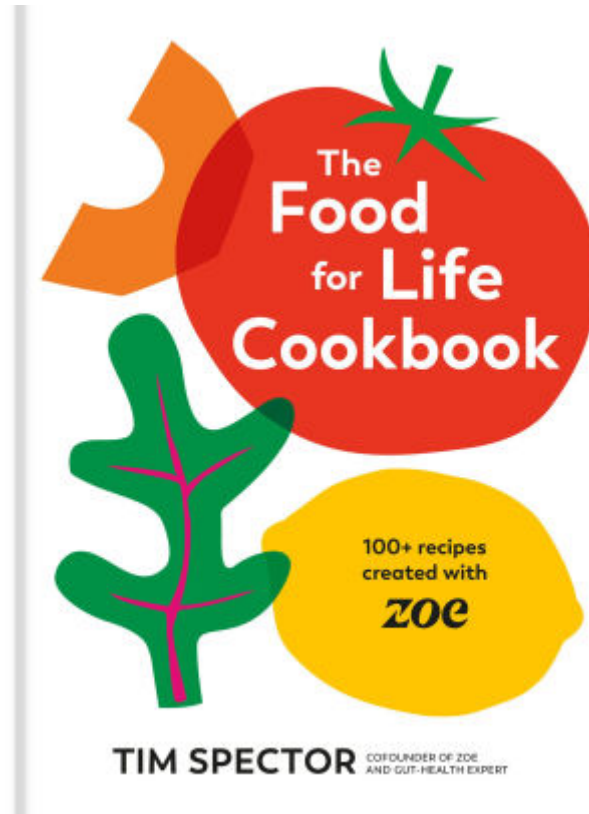


# The Food for Life Cookbook: 100+ Recipes Created with ZOE [A Gut Health Cookbook]

by Tim Spector



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