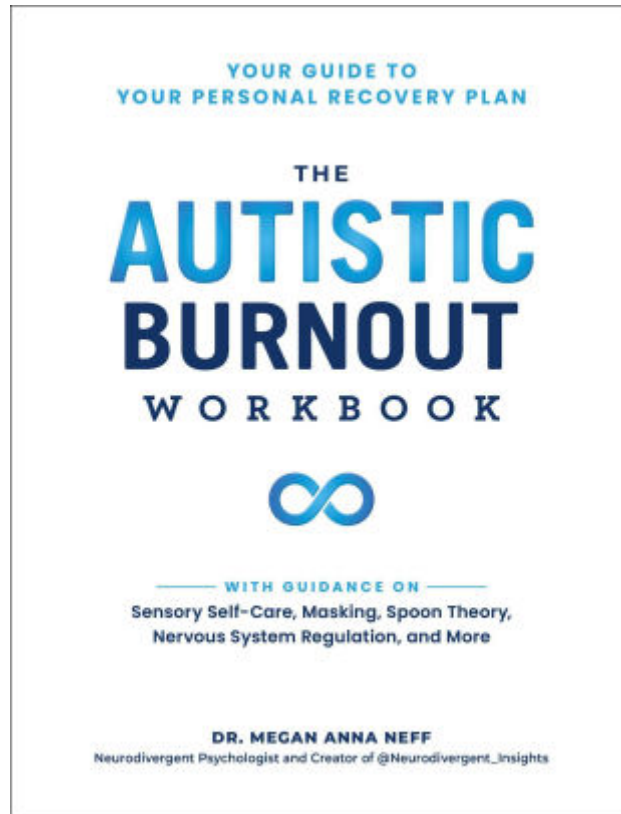


# The Autistic Burnout Workbook: Your Guide to Your Personal Recovery Plan

by Megan Anna Neff



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