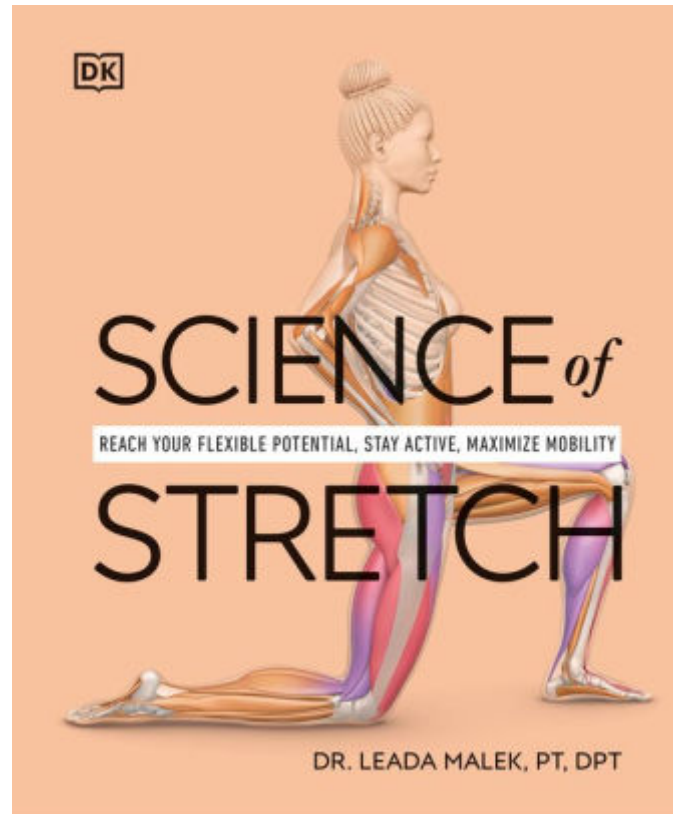


Science of Stretch: Reach Your Flexible Potential, Stay Active, Maximize Mobility

by Leada Malek



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