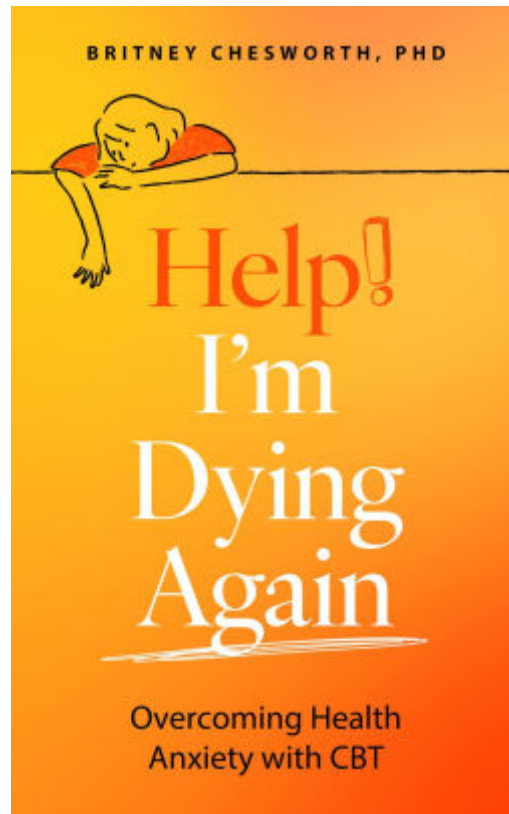


# Help, I'm Dying Again: Overcoming Health Anxiety with Cognitive Behavioral Therapy (CBT)

by Britney Chesworth



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