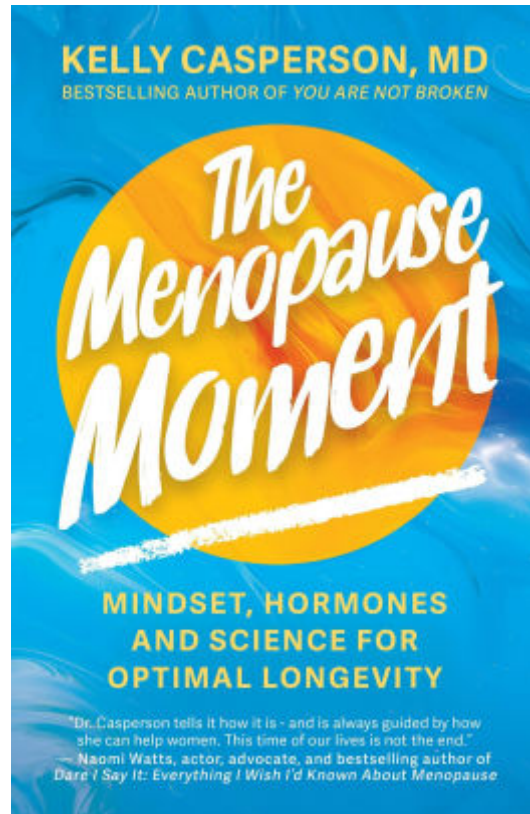


# The Menopause Moment: Mindset, Hormones and Science for Optimal Longevity

by Kelly Casperson M.D.



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