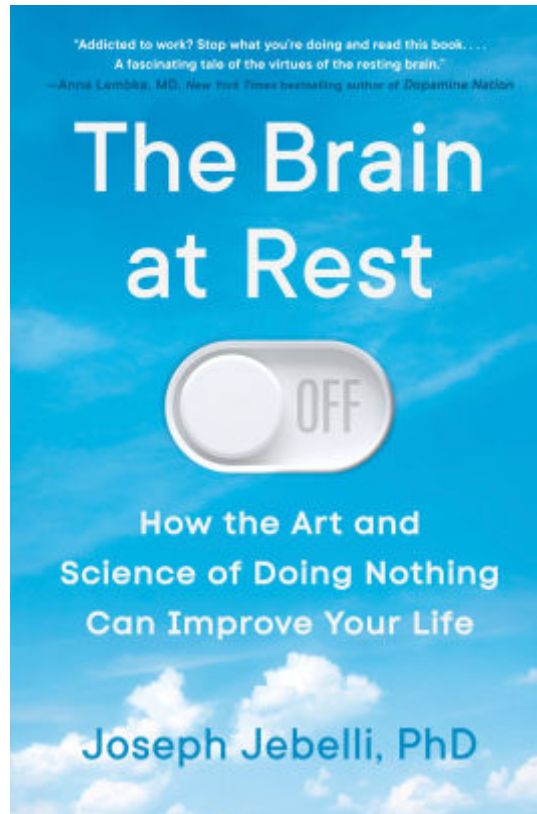


The Brain at Rest: How the Art and Science of Doing Nothing Can Improve Your Life

by Joseph Jebelli PhD



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