

1 **Mitochondrial pyruvate carrier is required for optimal brown fat thermogenesis**

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47 **Abstract**

48

49 Brown adipose tissue (BAT) is composed of thermogenic cells that convert chemical  
50 energy into heat to help maintain a constant body temperature and counteract metabolic  
51 disease in mammals. The metabolic adaptations required for thermogenesis are not  
52 fully understood. Here we explore how steady state levels of metabolic intermediates  
53 are altered in brown adipose tissue in response to cold exposure. Transcriptome and  
54 metabolome analysis revealed changes in pathways involved in amino acid, glucose,  
55 and TCA cycle metabolism. Using isotopic labeling experiments, we found that activated  
56 brown adipocytes increased labeling of pyruvate and TCA cycle intermediates from  
57  $^{13}\text{C}$ -glucose. Although glucose oxidation has been implicated as being essential for  
58 thermogenesis, its requirement for efficient thermogenesis has not been directly tested.  
59 Here we show that mitochondrial pyruvate uptake is essential for optimal  
60 thermogenesis, as conditional deletion of *Mpc1* in brown adipocytes leads to impaired  
61 cold adaptation. Isotopic labeling experiments using  $^{13}\text{C}$ -glucose showed that loss of  
62 MPC1 led to impaired labeling of TCA cycle intermediates, while labeling of glycolytic  
63 intermediates was unchanged. Loss of MPC1 in BAT increased 3-hydroxybutyrate  
64 levels in blood and BAT in response to the cold, suggesting that ketogenesis provides  
65 an alternative fuel source that partially compensates for impaired mitochondrial  
66 oxidation of cytosolic pyruvate. Collectively, these studies highlight that complete  
67 glucose oxidation is essential for optimal brown fat thermogenesis.

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## 94 Introduction

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96 The ability to thermoregulate has allowed mammals to thrive in cold regions of the  
97 world. Brown adipose tissue (BAT) thermogenesis is an energy demanding process that  
98 has been key to the evolution and survival of mammals (Gaudry et al., 2019, Oelkrug et  
99 al., 2015, Barnett and Dickson, 1989). With the excess calorie intake associated with a  
100 western diet, mechanisms that promote energy expenditure in the cold will provide  
101 attractive therapeutic interventions to treating metabolic diseases associated with  
102 obesity (Cypess et al., 2009, Vijgen et al., 2011). Cold exposure triggers the activation  
103 of the sympathetic nervous system to secrete norepinephrine, which signals through the  
104  $\beta$ 3-adrenergic receptor ( $\beta$ 3-AR) and stimulates production of cyclic AMP (cAMP)  
105 (Townsend and Tseng, 2014, Londos et al., 1985). cAMP promotes the activation of  
106 protein kinase A (PKA), which in turn upregulates transcription of thermogenic pathways  
107 and leads to the activation of lipolysis (Cannon and Nedergaard, 2004, Zhang et al.,  
108 2005). Free fatty acids released can directly activate Uncoupling Protein 1 (UCP1),  
109 which uncouples the electron transport chain to generate heat (Fedorenko et al., 2012,  
110 Klaus et al., 1991, Busiello et al., 2015). Cold exposure stimulates uptake of both  
111 glucose, TG-rich lipoproteins and free fatty acids from the blood (Labbe et al., 2015,  
112 Heine et al., 2018, Ferre et al., 1986). While the relative contribution and importance of  
113 FFA as a BAT fuel source has been extensively studied (Bartelt et al., 2011, Khedoe et  
114 al., 2015, Townsend and Tseng, 2014, Lee et al., 2015), our understanding of metabolic  
115 fate of glucose and the importance of its catabolism in thermogenesis *in vivo* remains  
116 unknown.

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118 Human brown fat was only believed to be found in newborns, but now we appreciate  
119 that adults have brown adipose tissue, a discovery that was made through use of  
120 glucose tracer ( $^{18}\text{F}$ -fluorodeoxyglucose) and positron-emission tomographic and  
121 computed tomographic (PET–CT) scans (Cypess et al., 2009, Virtanen et al., 2009). In  
122 addition, it was previously recognized that cold exposure could lower blood glucose  
123 levels in adults (Martineau and Jacobs, 1989). The role of glucose uptake on  
124 metabolism has been explored *in vitro* using immortalized brown adipocytes where  
125 siRNAs targeting GLUT1, GLUT4, hexokinase, or pyruvate kinase (enzymes catalyzing  
126 the first and the last step of glycolysis) demonstrated the importance of glycolysis, as  
127  $\beta$ 3-AR agonist failed to increase glucose uptake and oxygen consumption in these cells  
128 (Winther et al., 2018). However, there is no adequate *in vivo* model demonstrating the  
129 importance of BAT glycolysis or glucose oxidation on adaptive thermogenesis. We will  
130 address this question *in vivo* by blocking pyruvate import into mitochondria of brown  
131 adipocytes by knocking out the mitochondrial pyruvate carrier (MPC).

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133 MPC is a multimeric complex in the inner mitochondrial membrane that consists of  
134 MPC1 and MPC2 subunits (Bricker et al., 2012, Herzig et al., 2012, Schell et al., 2014).  
135 Deletion of either subunit leads to instability of a functional MPC complex. MPC links the  
136 end product of glycolysis to glucose oxidation by transporting pyruvate into the  
137 mitochondrial matrix (Mowbray, 1975). Loss of function studies targeting MPC1 or  
138 MPC2 has been shown to limit mitochondrial pyruvate transport in yeast, flies and

139 mammals (Herzig et al., 2012, Bricker et al., 2012). Once in the mitochondria, pyruvate  
140 is decarboxylated to acetyl-CoA for further processing in the TCA cycle to generate  
141 NADH and fuel ATP production by OXPHOS complexes. Alternatively, cytosolic  
142 pyruvate can be reduced to lactate by lactate dehydrogenase complex A (LDHA), a  
143 process commonly upregulated in cancer cells (Vander Heiden et al., 2009). While it is  
144 clear that cold exposure or direct stimulation of  $\beta$ 3-AR stimulates glucose utilization by  
145 BAT in both humans (Cypess et al., 2009, Saito et al., 2009) and rodents (Mirbolooki et  
146 al., 2014, Vallerand et al., 1990), it is not clear how important glucose oxidation is during  
147 thermogenesis nor what the metabolic fate of glucose is in activated BAT. Recently,  
148 comparative metabolomics analysis has shown that activation of BAT led to increased  
149 levels of the TCA cycle intermediate succinate, however it's unclear whether glucose-  
150 derived TCA cycle intermediates are required for thermogenesis (Mills et al., 2018).

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152 In this study we use comprehensive metabolomics analysis of BAT and serum from  
153 mice housed at different temperatures, to gain insight into the metabolic pathways  
154 altered with cold exposure. We find changes in glucose, amino acid, and TCA cycle  
155 intermediates in BAT. Using [ $U-^{13}C$ ]-glucose, we found increased glycolytic and TCA  
156 cycle metabolism during BAT stimulation. To test whether glucose oxidation is required  
157 for thermogenesis, we generated mice lacking mitochondrial pyruvate carrier 1 subunit  
158 (MPC1) in brown adipose tissue. We found that mice lacking MPC1 in BAT are cold  
159 sensitive, indicating that pyruvate import into the mitochondria is essential for efficient  
160 thermogenesis. Furthermore, when we profiled serum and BAT metabolites of MPC1-  
161 null mice, and found elevated 3-hydroxybutyrate levels. Prior studies supporting a role  
162 for ketogenesis in thermogenesis, suggests an alternative carbon source that  
163 compensates for the loss of pyruvate transport. Together this study provides new  
164 insights into the metabolic fate of glucose in brown adipose tissue during activation of  
165 thermogenesis in response to acute cold exposure.

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## 187 Results

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### 189 Cold-induced changes in transcriptome and metabolite profiling of BAT

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191 To systematically profile the transcriptional changes that are altered in response to  
192 acute cold exposure, we measured steady state levels of RNA in BAT from mice at  
193 room temperature (24°C) or cold (4°C) for five hours. We found that 1,907 transcripts  
194 were upregulated with cold exposure, while 3,273 were decreased (**Supplemental**  
195 **Table 1 and 2**). Hierarchical clustering and Principal Component Analysis (PCA)  
196 revealed that the gene expression patterns in cold room and room temperature exposed  
197 BATs form two distinctive and independent clusters (**Supplementary Fig. 1a, 1b**).  
198 Using Gene Set Enrichment Analysis (GSEA) we found that cold exposure stimulated  
199 distinct transcriptional changes in BAT that involve various aspects of metabolism.  
200 Notable changes include induction of glucose metabolic process, sphingolipid  
201 metabolism, amino acid metabolism, and cellular respiration, while pathways involved in  
202 cell cycle control, DNA repair, and glycoprotein metabolism were downregulated (**Fig.**  
203 **1a-b**).

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205 To test whether steady state levels of metabolic intermediates were altered, we used  
206 targeted GC-MS analysis to complete comprehensive metabolic profiling of BAT (**Fig.**  
207 **1c**) and serum (**Fig. 1d**) from mice across different temperatures (30°C, 23°C, and 4°C).  
208 The BAT metabolome showed elevated levels of glycolytic intermediates, TCA cycle  
209 intermediates, ketone bodies, and branched chain amino acids when mice were  
210 challenged with the cold (**Fig. 1c**). Notably, amino acids like tyrosine, alanine, threonine,  
211 and tryptophan increased in BAT, while their levels decreased in serum with cold  
212 exposure. Perhaps BAT uptake could lead to their depletion in the blood. Similar to a  
213 recent report (Yoneshiro et al., 2019a), we observed that branched chain amino acids,  
214 including Valine, Leucine, and Isoleucine were elevated in BAT, while only Leucine and  
215 Valine were upregulated in serum (**Fig. 1c and 1d**). Notably, glucose and pyruvate  
216 levels in BAT were elevated in response to 4°C, while both glucose and pyruvate levels  
217 were similar between mice housed at 30°C and 23°C. This finding would suggest that  
218 there is an increase in the rate of pyruvate synthesis in response to the cold (**Fig. 1c**). A  
219 list of measured metabolites from BAT and serum are detailed in (**supplemental table**  
220 **3-4**).

221

222 The observed transcriptional and metabolite changes point to a reliance on pathways  
223 involved in carbohydrate metabolism (**Fig. 2a**). This prompted further analysis of  
224 glucose catabolism in brown adipocytes under aerobic conditions in response to a β3-  
225 AR agonist CL-316,243 (**Fig. 2b**). *In vitro* tracing experiments using [ $U-^{13}C$ ]-Glucose  
226 showed that activation of brown adipocytes treated with CL-316,243 had significant  $^{13}C$ -  
227 glucose-derived M+3 isotopologues of  $^{13}C$ -Pyruvate,  $^{13}C$ -Lactate and  $^{13}C$ -Glycerol-3-  
228 Phosphate. Differentiated brown adipocytes that were treated with CL-316,243 had  
229 more than 50% of pyruvate and lactate labeled. Surprisingly, there was little alanine  
230 labeling from [ $U-^{13}C$ ]-glucose, despite the rise in M+3  $^{13}C$ -Alanine in response to β3-AR

231 activation (**Fig. 2b**). During incubation with [ $U-^{13}C$ ]-Glucose, there was depletion of M+6  
232 glucose in the media after CL-316,243 administration, while M+3 pyruvate in the media  
233 increased, but did not respond to CL-316,243 treatment (**Supplemental Fig. 1c**). To  
234 test whether M+3 lactate derived from [ $U-^{13}C$ ]-Glucose was being released into the  
235 media, we measured media M+3 lactate, and found that CL-316,243 increased the  
236 release of M+3 lactate into the media when compared to vehicle (**Supplemental Fig.**  
237 **1c**). These results suggest that activation of thermogenesis in brown adipocytes leads  
238 to increased lactate synthesis and secretion.

239  
240 To address whether conditions that increase oxidative metabolism correlate with MPC  
241 levels, we measured the expression of *Mpc1* and *Mpc2* in BAT of C57BL6 mice  
242 challenged with thermoneutrality (30°C) or cold exposure (4°C) for 1-day or 1-week.  
243 Using real-time PCR, we found that both *Mpc1* and *Mpc2* expression had increased in  
244 BAT (**Fig. 3a**). This was accompanied by induction of thermogenic transcripts, including  
245 *Ucp1* and *Dio2*, while *Cidea* expression was unchanged (**Fig. 3a**). Similarly, we saw  
246 increased protein expression of MPC1, MPC2, and UCP1 in BAT after 1-week of cold  
247 exposure (**Fig. 3b**). In contrast, another mitochondrial protein, Cytochrome C, remained  
248 unchanged after a similar cold exposure. The increased expression of MPC1 may  
249 provide additional pyruvate transport and oxidative capacity for sustaining prolonged  
250 thermogenesis in BAT.

251  
252 **BAT-selective deletion of *Mpc1* leads to cold sensitivity and impaired glucose  
253 handling**

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255 To test whether MPC is required for thermogenesis we generated mice with conditional  
256 deletion of *Mpc1* in BAT by crossing *Mpc1*<sup>F/F</sup> mice(Gray et al., 2015) with UCP1-  
257 Cre(Kong et al., 2014) transgenic mice to generate *Mpc1*<sup>F/F</sup> UCP1Cre mice. The conditional  
258 deletion of *Mpc1* in brown adipose tissue was confirmed by gene expression analysis  
259 (**Fig. 3c**). To test whether loss of MPC1 resulted in destabilization of MPC2, we  
260 completed western blot analysis and found that MPC2 was also depleted in BAT of  
261 *Mpc1*<sup>F/F</sup> UCP1Cre mice (**Fig. 3d**). To address whether loss of MPC1 and MPC2 was  
262 specific to brown adipose tissue, we also completed western blot analysis on iWAT, and  
263 found similar levels of both MPC1 and MPC2 (**Fig. 3e**). To test whether MPC1 is  
264 required for thermogenesis, we completed a cold tolerance test at 4°C and measured  
265 core body temperature. Upon 5 hours of cold exposure, *Mpc1*<sup>F/F</sup> UCP1Cre mice had  
266 significantly lower core body temperatures when compared to their *Mpc1*<sup>F/F</sup> littermate  
267 controls, suggesting that mitochondrial pyruvate transport is essential for optimal  
268 thermogenesis (**Fig. 3f**). The cold sensitivity was not due to depletion of glucose, as  
269 blood glucose levels were similar between *Mpc1*<sup>F/F</sup> and *Mpc1*<sup>F/F</sup> UCP1Cre mice  
270 (**Supplemental Fig. 3a**).

271  
272 To determine whether loss of MPC1 led to changes in systemic glucose metabolism, we  
273 completed a glucose tolerance test at room temperature (23°C) or with cold (4°C), and  
274 found that *Mpc1*<sup>F/F</sup> UCP1Cre mice had glucose excursion curves that were impaired when  
275 compared to their *Mpc1*<sup>F/F</sup> littermate controls (**Fig. 4a**). The loss of MPC1 in BAT did not  
276 change body composition of chow-fed mice (**Supplemental Fig. 4a**). We also found

277 that CL-316,243 administration resulted in a greater decrease in blood glucose levels in  
278 *Mpc1*<sup>F/F</sup> controls when compared to *Mpc1*<sup>F/F</sup> UCP1Cre mice (**Supplemental Fig. 4b**). In  
279 contrast, insulin sensitivity was similar between the two groups as demonstrated by %  
280 change in glucose over time (**Fig. 4b**). Histological analysis by H&E staining of BAT,  
281 iWAT, eWAT, and liver showed little to no differences in tissue morphology between the  
282 control and MPC1 null mice (**Fig. 4c**). Given that *Mpc1*<sup>F/F</sup> UCP1Cre mice had a cold  
283 sensitive phenotype, we measured gene expression of thermogenic-associated  
284 transcripts in BAT, and found that *Mpc1*<sup>F/F</sup> UCP1Cre mice had reduced expression of  
285 *UCP1*, *Dio2*, *Elovl3*, and *PPARy* relative to *Mpc1*<sup>F/F</sup> control mice (**Fig. 4d**). No changes  
286 were observed in expression of genes involved in *de novo* lipogenesis and ketolysis  
287 (**Supplemental Fig. 3c**). To test whether there is compensation for loss of  
288 mitochondrial pyruvate uptake, we measured expression of genes that encode for  
289 transporters and enzymes involved in fatty acid oxidation. While we observed increased  
290 levels of the fatty acid transporter CD36 in *Mpc1*<sup>F/F</sup> UCP1Cre mice, we saw no differences  
291 in *ATGL*, *CPT1b*, *CPT2*, or *AGPAT* expression (**Fig. 4d**). This suggested that by gene  
292 expression, we do not see a compensatory upregulation of fatty acid oxidation in brown  
293 adipose tissue of mice lacking MPC1. We also did not find compensatory changes in  
294 thermogenic gene expression in iWAT (**Supplemental Fig. 3d**). In order to assess  
295 whether there is a difference in energy expenditure, food intake, or activity, we placed  
296 mice in Columbus Instruments Animal Monitoring System (CLAMS), and through  
297 continuous monitoring measured energy balance in mice challenged with 6°C. Although  
298 we did not find a significant reduction in energy expenditure with the loss of MPC1, RER  
299 was significantly elevated in *Mpc1*<sup>F/F</sup> UCP1Cre mice when compared to controls (**Fig. 3e-g**). Notably, both *Mpc1*<sup>F/F</sup> and *Mpc1*<sup>F/F</sup> UCP1Cre mice had reduction in RER, suggesting a  
300 metabolic switch towards fat utilization.  
301

### 302 303 **Mitochondrial pyruvate transport is required to generate <sup>13</sup>C-glucose-derived 304 TCA cycle intermediates**

  
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306 While it is well established that cold exposure or CL-316,243 driven stimulation of β3-  
307 adrenergic receptor stimulates glucose uptake in brown adipose tissue, the metabolic  
308 fate of carbons from glucose has not been fully characterized. In order to assess how  
309 glucose is metabolized in control cells and those lacking MPC1, we retrovirally  
310 expressed MSCV-CreERT2 or empty MSCV control in *Mpc1*<sup>F/F</sup> brown preadipocytes to  
311 create a tamoxifen inducible knockout system. This allowed us to generate *Mpc1* nulls  
312 cells on day 1 of differentiation as confirmed by western blot (**Fig. 5a**) and gene  
313 expression analysis (**Fig. 5b**). Although *Mpc2* mRNA was not changed (**Fig. 5b**), loss of  
314 MPC1 led to destabilization and loss of MPC2 (**Fig. 5a**). First, we measured the [ $U$ -<sup>13</sup>C]-  
315 Glucose-derived incorporation into the glycolysis intermediates (**Fig. 5c**). Similar to our  
316 previous results, we found that 5 hours of CL-316,243 stimulation leads to extensive  
317 M+3 labeling of pyruvate and lactate in both control and *Mpc1* null cells. Although  
318 labeling of alanine was limited, there was a noticeable CL-316,243 mediated induction  
319 of M+3 alanine, however loss of MPC1 showed similar incorporation relative to controls.  
320 Next, we measured <sup>13</sup>C incorporation into TCA-cycle intermediates and found  
321 enrichment of <sup>13</sup>C-glucose-derived TCA cycle metabolites in control cells treated with  
322 CL-316,243, which largely reflected the percent labeling of M+3 pyruvate and M+3

323 lactate (**Fig. 5d**). In contrast, MPC-null cells had impaired isotopic labeling of TCA cycle  
324 intermediates, including citrate/isocitrate, succinate, fumarate, and malate (**Fig. 5d**).  
325 This would suggest that MPC is necessary for  $\beta$ 3-AR-driven glucose catabolism in  
326 brown adipocytes. Finally, to assess the impact of different fuels on oxygen  
327 consumption in brown adipocytes, we measure oxygen consumption on vehicle or CL-  
328 316,243 stimulated cells treated with either UK5099 (MPC inhibitor), etomoxir (CPT1  
329 inhibitor), or both (**Fig. 5e**). We found that acute inhibition of pyruvate import with  
330 UK5099, resulted in elevated OCR in the basal state, an outcome that was not seen  
331 with etomoxir treatment. However, CL-316,243 administration increased OCR despite  
332 inhibition with UK5099 or etomoxir, while treatment with both UK5099/Etomoxir resulted  
333 in complete block of CL-316,243 stimulated oxygen consumption. We also found  
334 significant changes in basal respiration and proton leak that mirrored OCR  
335 (**Supplemental Fig. 4a**). This would suggest that brown adipocytes are able to  
336 compensate when they lack one source of fuel but not both. Notably, we found both  
337 M+3 pyruvate and M+3 lactate in the media, particularly with the loss of MPC1  
338 (**Supplemental Fig. 4a**). Upon stimulation with CL-316,243, we found greater levels of  
339 M+3 pyruvate and M+3 lactate in the media, with no distinguishable differences  
340 between control and knockout cells.

341

### 342 **Metabolic profiling shows increase in ketogenesis with loss of MPC in brown** 343 **adipose tissue**

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345 To understand the systemic metabolic adaptations that occur with the loss of MPC in  
346 BAT, we completed metabolomics analysis of serum and BAT in cold challenged  
347 *Mpc1*<sup>F/F</sup> or *Mpc1*<sup>F/F</sup> UCP1<sup>Cre</sup> mice. We hypothesized that there may be compensatory  
348 mechanisms that allow *Mpc1*<sup>F/F</sup> UCP1<sup>Cre</sup> mice to cope with the loss of MPC during cold  
349 stress. Our metabolite analysis showed that cold exposed *Mpc1*<sup>F/F</sup> UCP1<sup>Cre</sup> mice had  
350 elevated 3-hydroxybutyrate, 2-hydroxybutyrate, adenosine 5'-monophosphate (AMP), 2-  
351 monopalmitoylglycerol, malonic acid, and cis-acotinic acid relative to *Mpc1*<sup>F/F</sup> mice (**Fig.**  
352 **6a**). Analysis of the top 25 BAT metabolites showed a significant increase in 3-  
353 hydroxybutyrate, while TCA cycle intermediates such as succinic, citric, and isocitric  
354 acid were decreased (**Fig. 6b**). A list of measured metabolites in BAT and serum of  
355 *Mpc1*<sup>F/F</sup> or *Mpc1*<sup>F/F</sup> UCP1<sup>Cre</sup> mice are included in **Supplemental Table 3-4**. To test  
356 whether ketones were induced with cold exposure, we measured serum 3-  
357 hydroxybutyrate in *Mpc1*<sup>F/F</sup> and *Mpc1*<sup>F/F</sup> UCP1<sup>Cre</sup> mice, and found that cold exposure  
358 elevated serum 3-hydroxybutyrate levels in *Mpc1*<sup>F/F</sup> control mice (**Fig. 6c**). Notably, loss  
359 of MPC1 in brown adipose tissue led to blood 3-hydroxybutyrate levels that surpassed  
360 those of control mice in the cold (**Fig. 6c**). This prompted us to think that liver, being the  
361 major ketogenic organ, may be oxidizing more free fatty acids to produce 3-  
362 hydroxybutyrate as an alternative fuel for the extrahepatic organs during cold.  
363 Therefore, we examined the expression of genes implicated in fatty acid synthesis,  
364 oxidation, and ketone body production. While *FASN*, *ACC1*, and *Acly*, genes involved in  
365 fatty acid synthesis, were downregulated in *Mpc1*<sup>F/F</sup> UCP1<sup>Cre</sup> mice, *CPT1b*, *CPT2*, and  
366 *ACAD* (fatty acid oxidation genes) were increased, followed by increased levels of  
367 *HMGCS2* which is directly involved in ketogenesis (**Fig. 6d**). In contrast, upstream  
368 regulators of ketogenesis, including *PPAR $\alpha$*  and *Pgc1 $\alpha$* , were not changed in the livers

369 (Supplemental Figure 5a). No notable differences were seen in serum free fatty acids  
370 (Supplemental Figure 5b), suggesting that activation of ketogenesis is likely  
371 contributing to rise in 3-hydroxybutyrate levels. Together, these findings suggest that  
372 activation of hepatic ketone production may provide a compensatory mechanism to  
373 counteract the inability to directly oxidize pyruvate in the BAT mitochondria.

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375

## 376 Discussion

377

378 There is a prevailing view that BAT relies primarily on FFAs as the primary source of  
379 energy for brown fat thermogenesis. However, it has been demonstrated in the past that  
380 cold activation of BAT leads to utilization of other substrates besides fatty acids, such as  
381 glucose, amino acids (Lopez-Soriano et al., 1988, Yoneshiro et al., 2019b) and  
382 acylcarnitines (Simcox et al., 2017). In this study we address a fundamental question in  
383 BAT thermogenesis: What is the role of glucose oxidation in short-term non-shivering  
384 thermogenesis? Is glycolysis or glucose-derived TCA cycle intermediates needed for  
385 efficient thermogenesis in BAT? Thus far, there have not been adequate *in vivo* models  
386 to answer these questions. In this study we combined *in vitro* U-<sup>13</sup>C-glucose tracing  
387 experiments with comprehensive *in vivo* transcriptome and metabolome analysis of  
388 activated brown fat to address these questions.

389

390 Gene expression profiling of brown adipose tissue showed that mice exposed to short-  
391 term cold exposure exhibit evidence of activated cellular respiration, amino acid  
392 metabolism, and glucose metabolism. Similar, but distinct findings have been reported  
393 with prolonged cold exposure (2-4 days and 10 days respectively)(Hao et al., 2015,  
394 Rosell et al., 2014). In order to see how acute cold exposure affected the metabolome  
395 in mice, we followed up these studies by performing GC-MS metabolomics analysis on  
396 serum and BAT of mice housed at 30°C, 23°C, and 4°C for 5 hours. This analyses  
397 revealed increased branched chain amino acids, ketones, glucose, and TCA cycle  
398 metabolites in BAT with decreased temperatures. These results confirmed the  
399 previously proposed idea that BAT is a highly metabolically active tissue that  
400 upregulates uptake of various fuels to support the energy demand needed to adapt  
401 during cold stress. When stimulated with CL-316,243 for 5 hours and given [U-<sup>13</sup>C]-  
402 labeled glucose, brown adipocytes significantly upregulated <sup>13</sup>C incorporation into  
403 pyruvate, lactate, and TCA cycle intermediates, suggesting that glucose catabolism  
404 occurs early in BAT activation. These results are an important complement to recent  
405 studies that have described the metabolic response to chronic cold exposure (Hao et  
406 al., 2015, Marcher et al., 2015, Rosell et al., 2014). It is not surprising that acute  
407 activation of BAT leads to uptake of most substrates available to fuel the heat  
408 production process as an initial response to the cold shock. In contrast, cold acclimation  
409 or chronic exposure, leads to BAT remodeling and adaptive changes such as increased  
410 BAT mass, blood flow, and increased mitochondrial number(Lopez-Soriano et al., 1988,  
411 Rafael et al., 1985). Our observation that branched chain amino acids (BCAA) are  
412 elevated in BAT with cold exposure is consistent with recent findings highlighting their  
413 requirement for optimal thermogenesis (Yoneshiro et al., 2019b).

414

415 Here we show that mitochondrial pyruvate transport, presumably by its utilization in the  
416 TCA cycle, is essential for efficient thermogenesis. In wild type mice challenged with  
417 short-term cold exposure, we observe higher levels of MPC1 and MPC2 in BAT  
418 compared to that of mice housed at thermoneutrality. We propose that the induction of  
419 MPC1 and MPC2 is an adaptive mechanism to increase oxidative capacity during  
420 prolonged cold exposure. The inability to directly import pyruvate into the mitochondria  
421 for further oxidation leads to hypothermia, an indication of impaired thermogenesis. This  
422 was observed in our MPC1<sup>F/F</sup> UCP1-Cre mouse model where animals had lower core  
423 body temperatures during the cold challenge. We also noted small but significant  
424 reductions in thermogenic gene expression (*UCP1*, *Dio2*, *Elov13*, *PPARγ*), but there  
425 were no compensatory changes in BAT expression of genes required for fatty acid  
426 oxidation. However, we did note that loss of MPC leads to upregulation of CD36, which  
427 may drive increased fatty acid uptake during the cold (Bartelt et al., 2011). In addition,  
428 there may be compensation by activating pathways that involve glutamine oxidation,  
429 transamination of alanine to pyruvate in the mitochondria, glutamine anaplerosis via  
430 glutamate to α-ketoglutarate by glutaminase and glutamate dehydrogenase enzymes, or  
431 conversion of glutamine-derived malate to pyruvate by mitochondrial malic enzyme  
432 (Bender and Martinou, 2016, Gray et al., 2015, McCommis et al., 2015, Schell et al.,  
433 2014, Vacanti et al., 2014, Yang et al., 2014).

434 | One striking feature observed with cold adaptation in *Mpc1*<sup>F/F</sup> UCP1<sup>Cre</sup> mice and their  
435 littermate controls was elevated ketone levels in the blood. MPC1<sup>F/F</sup> UCP1<sup>Cre</sup> mice had  
436 significantly elevated serum 3-hydroxybutyrate levels after 6 hours of cold challenge,  
437 but there were no measurable differences between the two groups after 6 hours at room  
438 temperature. These changes were accompanied by elevated 3-hydroxybutyrate levels  
439 in the BAT. Ketogenesis occurs primarily in the liver during exercise or prolonged  
440 fasting, and more recently was found to be a cold-induced metabolite (Newman and  
441 Verdin, 2014b, Newman and Verdin, 2014a, Wang et al., 2019). Ketones can be  
442 exported to extrahepatic tissues for further oxidation as they are rich energy sources.  
443 When we measured ketogenic gene expression in the liver, we found that *Mpc1*<sup>F/F</sup>  
444 UCP1<sup>Cre</sup> mice had significantly increased HMGCS2 levels compared to control mice.  
445 Together with serum and BAT metabolomics data this suggest that *Mpc1*<sup>F/F</sup> UCP1<sup>Cre</sup> mice  
446 compensate by activating ketone production. At first, we speculated that 3-  
447 hydroxybutyrate is utilized by BAT of *Mpc1*-deficient mice to compensate for the inability  
448 to oxidize pyruvate. However, in order for ketones to be catabolized in peripheral  
449 tissues they have to utilize OXCT1 for import and succinyl-CoA to donate coenzyme-A.  
450 In the BAT metabolomics analysis, MPC1<sup>F/F</sup> UCP1<sup>Cre</sup> mice had lower levels of TCA cycle  
451 intermediates compared to their littermate controls, including succinic acid, citric acid,  
452 and malic acid. This would suggest that oxidative metabolism is limited in the absence  
453 of MPC1. Further, this poses a question of why would MPC1<sup>F/F</sup> UCP1<sup>Cre</sup> mice make more  
454 3-hydroxybutyrate and what role it might have in these mice? One likely explanation is  
455 that BAT utilizes ketones for thermogenesis. Alternatively, ketones can promote energy  
456 expenditure, mitochondrial biogenesis, and stimulate the expression of *Ucp1* in  
457 WAT (Srivastava et al., 2012).

459

460 Taken together, our studies aimed to gain a better understanding of the metabolic fate  
461 of glucose in BAT during short-term cold exposure. Here we report a novel mouse  
462 model of *Mpc1* loss in brown adipocytes that allowed us to assess the importance of  
463 efficient pyruvate import and oxidation for thermogenesis. Understanding the metabolic  
464 pathways and key metabolites that are upregulated in brown fat during cold exposure  
465 could provide new therapeutic targets to treat metabolic disorders such as obesity and  
466 diabetes.

467

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471

## 472 **Methods**

473

### 474 **Animals**

475 All procedures were approved by the Institutional Animal Care and Use Committee  
476 (IACUC) of University of Utah. Mice were housed at 22°C-23°C using a 12 hr light/12 hr  
477 dark cycle. Animals were maintained on a regular Chow diet (2920x-030917M). Mice  
478 had ad libitum access to water at all times. Food was only withdrawn during  
479 experiments. C57BL6J male mice at 3 months of age were purchased from Jackson  
480 Laboratories. MPC1<sup>F/F</sup> mice were generated as previously described (Birsoy et al.,  
481 2015). Floxed mice were crossed with mice expressing UCP1-Cre (Jax #024670) to  
482 generate conditional mouse model. Floxed Cre-negative mice were used as wild-type  
483 controls. The age of mice used for all the studies were 12-20 weeks old. No animals  
484 were excluded from any experiments.

485

### 486 **Cold Exposure**

487 For short-term cold exposure studies (5-6 hours) mice were single housed with no food,  
488 no bedding, with ad libitum access to water. Starting at T0 mice were placed at either  
489 30°C (thermoneutrality), 23°C (room temperature), or 4-6°C (cold exposure) for 6 hrs.  
490 Body temperatures were taken once every hour with a physitemp A590 rectal probe  
491 using an Oakton Thermocouple digital thermometer. For long-term cold exposure  
492 studies (1 week) mice were single housed, with bedding and ad libitum access to food  
493 and water.

494

### 495 **Glucose Tolerance and Insulin Tolerance Tests**

496 For glucose tolerance test 12 weeks old mice were fasted for 6 hours and then  
497 administered 1g/kg of body weight of glucose by intraperitoneal injection. For insulin  
498 tolerance test non-fasted mice were administered 0.75 units/kg of body weight of  
499 insulin. Glucose levels were measured by tail vein using Contour next one glucometers  
500 at the indicated time points.

501

### 502 **Metabolic Cages**

503 Food and water intake, energy expenditure and ambulatory activity were measured by  
504 using Comprehensive Lab Animal Monitoring System (CLAMS) (Columbus  
505 Instruments). Mice were single housed in metabolic cages with ad libitum access to

506 food and water on a 12 hr light/12 hr dark cycle. Temperature was initially set at 30°C,  
507 measurements were obtained for a period of 24 hours after which the temperature was  
508 decreased to 23°C for another 24 hours, after which it was switched to 7°C for 24 hrs.  
509 Energy expenditure was calculated as a function of oxygen consumption and carbon  
510 dioxide production in the CLAMS cages.

511

### 512 **CL-316,243 Treatment**

513 CL-316,243 (1mg/kg body weight; Sigma) or a vehicle control sterile PBS pH 7.4 was  
514 injected intraperitoneally. After drug or vehicle were administered, glucose levels were  
515 measured once every hour for 6 hours by tail vein using Contour next one glucometers.  
516 During this time mice were single housed at 23°C, with no food but water was readily  
517 available.

518

### 519 **Cell Culture**

520 Brown preadipocytes were isolated from 6-week old MPC1 F/F mice (Rodriguez-  
521 Cuenca et al., 2007). Intrascapular BAT was removed, minced, and digested in buffer  
522 containing 1% collagenase, DMEM (Cat# 11995073, Invitrogen Life) and antibiotics-50  
523 IU Penicillin/mL and 50µg Streptomycin/mL (Cat# 15140122, Invitrogen Life) plus  
524 Primocin 100µg/mL (Cat# ANT-PM-2, Invivogen). Samples were incubated in the  
525 shaking water bath at 37°C for 45 minutes after which they were allow to cool on ice for  
526 20 minutes. Infranatant was filtered through a 100µm filter and centrifuged for 5 minutes  
527 at 500xg. The digestion buffer was removed and pellet was washed twice with DMEM  
528 with antibiotics. After the last spin pellet was resuspended in 1 mL of DMEM containing  
529 10% FBS (Cat# FB-01, Omega Scientific, Inc.) and antibiotics. Cells were then plated  
530 into a 6-well plate and the next day they were immortalized by retroviral expression of  
531 SV40 Large T-antigen (Cat# 13970, Adgene) using hygromycin for selection. For MPC1  
532 null studies, stable expression of CreERT was generated using pMSCV CreERT2  
533 retroviral vector (Cat# 22776, Adgene) with puromycin selection marker. For gene  
534 expression experiments, the cells were plated in 12-well plates (75,000 cells/well) in  
535 DMEM containing 10%FBS, 1nM T3 (Cat# T6397, Sigma), and 20nM insulin (Cat#  
536 91077C, Sigma). Upon confluency cells were given differentiation cocktail containing  
537 10%FBS, 1nM T3, 20nM insulin, 1µM rosiglitazone (Cat#71740, Cayman Chemical),  
538 0.5µM dexamethasone (Cat# D4902, Sigma), 0.5mM isobutylmethylxanthine (Cat#  
539 I5879, Sigma), and 0.125mM indomethacin (Cat# I7378, Sigma). After 1 day of  
540 differentiation 100nM 4-hydroxy-tamoxifen (Cat# 3412, Tocris) was added to knock out  
541 MPC1 gene or DMSO (Cat# D2650, Sigma) was added as a control. After two days of  
542 differentiation, media was changed to DMEM containing 10% FBS, 1nM T3, 20nM  
543 insulin, and 1µM rosiglitazone. Cells were harvested on day 9 of differentiation for  
544 different experimental analyses.

545

### 546 **Brown Adipocyte U-<sup>13</sup>C glucose and U-<sup>13</sup>C palmitate labeling**

547 Cells were plated in a 6-well plate at a seeding density of 200,000 cells/well. On day 8  
548 of differentiation cells were washed twice with 1XPBS and media was changed to high-  
549 glucose DMEM (Cat# 11995073, Thermo Fisher) containing 10% FBS overnight. The  
550 next day this media was removed and cells were washed twice with 1X PBS. They were  
551 incubated in a glucose/phenol red/glutamine free DMEM (Cat# A14430-01, Thermo

552 Fisher) with added 5.5mM glucose (Cat# G8270, Sigma), GlutaMax<sup>TM</sup>(Cat# 35050061,  
553 Thermo Fisher), and MEM Non-Essential Amino Acid Solution (Cat# 11140050, Thermo  
554 Fisher). Cells were allowed to equilibrate for 4 hours before the media was changed to  
555 the same composed DMEM but this time containing 5.5mM U-<sup>13</sup>C D-Glucose (Cat#  
556 CLM-1396-5, Cambridge Isotopes). For U-<sup>13</sup>C palmitate labeling same composed media  
557 containing 5.5mM glucose was used with added 150 $\mu$ M U-<sup>13</sup>C Sodium palmitate (CLM-  
558 6059-1, Cambridge Isotopes) conjugated to fatty acid free BSA (Cat# 700-107P, Gemini  
559 Bio Products) and 1mM Carnitine (Cat# C0823, Sigma). In both experiments cells were  
560 stimulated with 100nM CL-316,243 or vehicle for 5 hours. Before harvesting the cells  
561 1mL od media was taken and centrifuged at 21,000xg for 10 minutes at 4°C. 40 $\mu$ L of  
562 supernatant were added to 160 $\mu$ L of ice-cold 80% methanol for metabolic tracing  
563 analysis. The remaining media was removed and cells were harvested by addition of  
564 200 $\mu$ L of -80°C chilled buffer containing 20% water and 80% methanol (Cat#  
565 AA47192M6, Fisher Scientific). Lysed cells were kept on dry ice for 5 min before  
566 collection. Samples were spun down as before and 100 $\mu$ L of supernatant was directly  
567 used for metabolic tracer analysis.

568

### 569 Measure of oxygen consumption

570

571 Oxygen consumption rate was measured using a Seahorse XF96e analyzer. 35,000  
572 differentiated brown adipocytes were plated in each well of a XF 96-well cell culture  
573 plate in 100 $\mu$ L of DMEM culture media and allowed to attach overnight. Cells were pre-  
574 treated overnight in vehicle or 10 $\mu$ M UK5099 and incubated at 37°C in 5% CO<sub>2</sub>. Next  
575 day the culture media was replaced with standard assay media (DMEM, 25mM glucose,  
576 1mM pyruvate, 2mM glutamine, pH 7.4). Cells were pretreated with 10 $\mu$ M Etomoxir for  
577 15 minutes and activated with/without 100nM CL-316,243. Cells were run on a XF96e  
578 analyzer for a Mito Stress Test using manufacturers protocol and standard drug  
579 concentrations (Oligomycin 2.5 $\mu$ M, FCCP 2 $\mu$ M, Rotenone 0.5 $\mu$ M, and Antimycin A  
580 0.5 $\mu$ M). Assay protocol was standard (3 measurements per phase, acute injection  
581 followed by 3 minutes of mixing, 0 minutes waiting, and 3 minutes measuring). Data  
582 was normalized to total cellular protein levels per well (ThermoFisher BCA Kit cat  
583 #23227).

584

### 585 FFA measurement

586 Free fatty acids were measured from the blood serum of MPC1 null mice and their  
587 littermate controls that were housed at room temperature or challenged by cold for 6  
588 hours. 10  $\mu$ L of the serum was used for analysis using commercial kit (Cat# MAK044-  
589 1KT, Sigma) according to the manufacturer instructions.

590

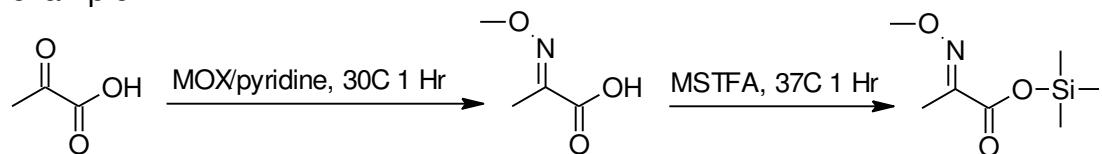
### 591 Metabolite Extraction

592 In order to extract metabolites from the tissue, each sample was transferred to 2.0ml  
593 ceramic bead mill tubes (bioExpress). Each sample received 450ul of 90% cold  
594 methanol in diH<sub>2</sub>O for every 25mg of tissue. The samples were then homogenized in an  
595 OMNI Bead Ruptor 24. Homogenized samples were then incubated at -20 °C for 1 hr.  
596 D4-succinic acid (Sigma 293075) was added to each sample as an internal standard.  
597 After incubation, all the samples were centrifuged at 20,000 x g for 10 minutes at 4°C.

598 450ul of supernatant was then transferred from each bead mill tube into a labeled, fresh  
599 micro centrifuge tube where another internal standard d27-myristic acid (CDN Isotopes:  
600 D-1711). Samples were then dried *en vacuo*. For metabolite extraction from serum,  
601 90% methanol in diH<sub>2</sub>O containing d4-succinic acid was added to each sample to give  
602 a final methanol concentration of 80%. Samples were vortexed and incubated at -20°C  
603 for 1hr. After incubation, all samples were centrifuged at 20,000 x g for 10 minutes at  
604 4°C. Another internal standard, d27-myristic acid (CDN Isotopes: D-1711), was added to  
605 each sample. Process blanks were made using the extraction solvent and went through  
606 the same process steps as the real samples. The samples were then dried *en vacuo*.  
607

#### 608 **GC-MS analysis of metabolites**

609 All GC-MS analysis was performed with an Agilent 7200 GC-QTOF and an Agilent  
610 7693A automatic liquid sampler. Dried samples were suspended in 40  $\mu$ L of a 40  
611 mg/mL O-methoxymethylamine hydrochloride (MOX) (MP Bio #155405) in dry pyridine (EMD  
612 Millipore #PX2012-7) and incubated for one hour at 37 °C in a sand bath. 25  $\mu$ L of this  
613 solution was added to auto sampler vials. 60  $\mu$ L of N-methyl-N-  
614 trimethylsilyltrifluoracetamide (MSTFA with 1%TMCS, Thermo #TS48913) was added  
615 automatically via the auto sampler and incubated for 30 minutes at 37 °C. After  
616 incubation, samples were vortexed and 1  $\mu$ L of the prepared sample was injected into  
617 the gas chromatograph inlet in the split mode with the inlet temperature held at 250°C.  
618 A 5:1 split ratio was used for analysis for the majority of metabolites. Any metabolites  
619 that saturated the instrument at the 5:1 split were analyzed at a 50:1 split ratio. The gas  
620 chromatograph had an initial temperature of 60°C for one minute followed by a  
621 10°C/min ramp to 325°C and a hold time of 10 minutes. A 30-meter Agilent Zorbax DB-  
622 5MS with 10 m Duraguard capillary column was employed for chromatographic  
623 separation. Helium was used as the carrier gas at a rate of 1 mL/min. Below is a  
624 description of the two step derivatization process used to convert non-volatile  
625 metabolites to a volatile form amenable to GC-MS. Pyruvic acid is used here as an  
626 example.



#### 630 **Analysis of GC-MS metabolomics data**

631 Data was collected using MassHunter software (Agilent). Metabolites were identified  
632 and their peak area was recorded using MassHunter Quant. This data was transferred  
633 to an Excel spread sheet (Microsoft, Redmond WA). Metabolite identity was established  
634 using a combination of an in-house metabolite library developed using pure purchased  
635 standards, the NIST library and the Fiehn library. There are a few reasons a specific  
636 metabolite may not be observable through GC-MS. The metabolite may not be  
637 amenable to GC-MS due to its size, or a quaternary amine such as carnitine, or simply  
638 because it does not ionize well. Metabolites that do not ionize well include oxaloacetate,  
639 histidine and arginine. Cysteine can be observed depending on cellular conditions. It  
640 often forms disulfide bonds with proteins and is generally at a low concentration.  
Metabolites may not be quantifiable if they are only present in very low concentrations.

641

## 642 **LC-MS Metabolite Analysis**

643 Extracted polar metabolite samples were analyzed by LC-MC. Separation was achieved  
644 by hydrophilic interaction liquid chromatography (HILIC) using a Vanquish HPLC system  
645 (ThermoFisher Scientific). The column was an Xbridge BEH amide column (2.1 mm x  
646 150mm, 2.5  $\mu$ M particular size, 130 $\text{\AA}$  pore size, Waters Co.) run with a gradient of  
647 solvent A (20 mM ammonium hydroxide, 20 mM ammonium acetate in 95:5  
648 acetonitrile:Water, pH 9.5) and solvent B (100% acetonitrile) at a constant flow rate of  
649 150  $\mu$ L/min. The gradient function was: 0 min, 90% B; 2 min, 90% B; 3 min, 75% B; 7  
650 min, 75% B; 8 min, 70% B; 9 min, 70% B; 10 min, 50% B; 12 min, 50% B; 13 min, 25%  
651 B; 14 min, 25% B; 16 min, 0% B; 20.5 min, 0% B; 21 min; 90% B; 25 min, 90% B.  
652 Autosampler temperature was 4 $^{\circ}$ C, column temperature 30 $^{\circ}$ C and injection volume 2  
653  $\mu$ L. Samples were injected by electrospray ionization into a QExactive HF orbitrap mass  
654 spectrometer (ThermoFisher Scientific) operating in negative ion mode with a resolving  
655 power of 120,000 at m/z of 200 and a full scan range of 75-1000. Data were analyzed  
656 using the MAVEN software package and specific peaks assigned based on exact mass  
657 and comparison with known standards (Melamud et al., 2010). Extracted peak  
658 intensities were corrected for natural isotopic abundance (Su et al., 2017).

659

## 660 **Gene Expression**

661 RNA was isolated from differentiated brown adipocytes or from brown adipose tissue or  
662 white adipose tissue using Trizol reagent (Cat# 15596018, ThermoFisher). Tissue  
663 samples were homogenized with a TissueLyzer II (Qiagen). Isolated RNA was reverse  
664 transcribed using SuperScript VILO Mastermix (Cat# 11755500, ThermoFisher). Gene  
665 expression was quantified using Quant Studio 6 Flex Real-Time PCR instrument, 384-  
666 well (Applied Biosystems by Invitrogen) with KAPA SYBR FAST qPCR 2x Master Mix  
667 Rox Low (Cat# KK4621, Kapa Biosystems). Relative mRNA expression of indicated  
668 transcripts was normalized to expression of the housekeeping gene RPS3. Primers  
669 were designed using Universal Probe Library (Roche) or qPrimer Depot. A list of primer  
670 sequences can be found in **Supplementary Table 5**.

671

## 672 **Western Blots**

673 Cells were lysed using Radioimmunoprecipitation assay (RIPA) buffer (Boston  
674 Bioproducts, Inc.) plus protease inhibitor cocktail (Cat# 04693124001, Sigma Aldrich)  
675 and phosphatase inhibitor cocktail (Cat# 78428, ThermoFisher). Lysates were  
676 passaged through a 25-gauge needle 10 times. Snap-frozen tissues were homogenized  
677 using a TissueLyzer II (Qiagen) in the same lysis buffer. Cell/tissue lysates were  
678 centrifuged twice at 13,000 rpm at 4 $^{\circ}$ C for 10 minutes. Lipid layer was removed after  
679 each centrifugation. Protein concentrations were measured using Pierce BCA Protein  
680 Assay Kit (Cat# 23225, Thermo Fisher). 20 $\mu$ g of total protein was denatured using  
681 Laemmli buffer and samples were heated at 50 $^{\circ}$ C for 10 minutes. Protein was loaded  
682 onto 10% acrylamide/bisacrylamide gels and transferred to a nitrocellulose membrane  
683 (GE Healthcare) for 60 minutes at 100 V for detection with the indicated antibodies.  
684 Briefly, membranes were blocked in 5% milk/PBST for 1 hr and then incubated with  
685 primary antibodies (1:1,000 dilution) in 5% BSA/PBST overnight at 4 $^{\circ}$ C. Horse radish  
686 peroxidase-conjugated secondary antibodies (1:4,000 dilution) were given for 1 hr.

687 Western blots were developed using WesternSure Premium Chemiluminescent  
688 substrate (Cat# C807723-02, LI-COR Biosciences) and detected by ChemiDoc™ MP  
689 Imaging System (BioRad).

690

### 691 **Antibodies and Reagents**

692 MPC1 (14462), MPC2 (46141),  $\beta$ -Actin (4970), Akt (9272) were purchased from Cell  
693 Signaling Technologies, UCP1 (AB10983), Cytochrome C [7H8.2C12] (AB13575),  
694 HMGB1 (AB18256) were purchased from Abcam. 4-hydroxy-tamoxifen (4-OHT) and  
695 UK5099 were purchased from Tocris. CL-316,243 (C5796) was purchased from Sigma.  
696 U-<sup>13</sup>C D-Glucose (CLM-1396-5) and U-<sup>13</sup>C Sodium palmitate (CLM-6059-1) were  
697 purchased from Cambridge Isotopes. Sodium palmitate (P9767) was purchased from  
698 Sigma Aldrich. DL-[1-<sup>14</sup>C] 3-hydroxybutyric acid sodium salt (ARC1455) was purchased  
699 from American Radiolabeled Chemicals. DL- $\beta$ -Hydroxybutyric acid sodium salt (H6501)  
700 was purchased from Sigma.

701

### 702 **Quantification and Statistical Analysis**

703 Assessment of metabolomics t-test p-value, fold change, and generation of hierarchical  
704 clustering heat maps were performed in MetaboAnalyst 3.0 (Xia and Wishart, 2016).  
705 The data was interquartile range filtered, sum normalized, log2 transformed and  
706 autoscaled. Comparison of differentially abundant plasma or BAT metabolites from 3-  
707 month-old mice in 30°C, 23°C, or 4°C was performed in MetaboAnalyst 3.0 by using 1-  
708 way ANOVA analysis followed by Tukey's HSD post hoc test. All other data are  
709 presented as mean  $\pm$  SEM and Student's t-test was used to determine significance,  
710 unless otherwise stated.

711

### 712 **RNA sequencing and data processing**

713 We used the standard procedure of Qiagen RNeasy kit to extract total RNA from BAT of  
714 mice. The RNA library for sequencing was prepared using TruSeq Stranded mRNA  
715 Library Prep Kit (Illumina , San Diego, CA, USA) and rRNA was removed by Ribo-Zero  
716 following the protocol provided by the manufacturer. The final libraries were normalized  
717 in preparation pooling by Kapa Library Quantification Kit for Illumina Platforms and the  
718 libraries were sequenced with the Illumina HiSeq 2000 sequencing platform within a  
719 lane for all six samples. For RNA-seq data process, we used Rsubread (Bioconductor  
720 release 3.8) [23558742] to align sequence reads to reference genome and used edgeR  
721 [22287627] and Limma [25605792] R packages (Bioconductor release 3.8) to normalize  
722 gene expression level to log2 transcripts per million (TPM) [22872506]. We aligned  
723 sequence reads to GRCh38 human genome reference sequence and mapped the  
724 aligned sequences to Ensembl or Entrez Gene IDs. After normalization for every  
725 sample, we used young room temperature (5 mice) and cold room exposed (5 mice)  
726 samples in this study. The raw RNA-seq data files and normalized expression profile  
727 data is available through GEO (GSEOOOOOO).

728

729

### 730 **Clustering analysis and Gene Set Enrichment Analysis (GSEA).**

731 We removed genes of which expression level is zero across all samples and explored  
732 the expression clusters between young room temperature and cold room exposed

733 groups. We performed unsupervised hierarchical clustering analysis and Principal  
734 Component Analysis (PCA). We used Euclidean distance metric in hierarchical  
735 clustering, and the first three components in PCA. Furthermore, we validated this result  
736 with the supervised learning method, Random Forest. To identify biological processes  
737 whose expression differed between the clusters, we ran GSEA using Gene Ontology  
738 biological process (version 4.0) gene signatures [16199517]. In this analysis, we used  
739 all genes and calculated p-values by permuting the class labels 1000 times. Gene sets  
740 with a false discovery rate (FDR) q-value < 0.25 were considered significant. To  
741 visualize relationships among the top-performing gene signatures, we used  
742 EnrichmentMap [22962466].

743

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**963 Figure 1. Transcriptome and metabolomics analysis of brown fat shows  
964 increased carbohydrate metabolism and glycolytic metabolism during cold  
965 exposure.**

(a) Network visualization of enriched biological pathways altered with cold exposure in BAT (N=5).  
(b) GSEA pathway analysis of differentially expressing genes (FDR<0.05) in BAT at 4°C versus room temperature (N=5).  
(c-d) Heat map of relative normalized changes in BAT (c) and serum (d) metabolites at 30°C, 23°C, and 4°C. Dendograms illustrate hierarchical clustering of pattern similarity across metabolites (left) and conditions (top). Each column represents average within the group (N=5 per group). Data was sum normalized, log transformed, and autoscaled.

**975 Figure 2. Transcriptome and metabolomics analysis of brown fat shows  
976 increased carbohydrate metabolism during cold exposure.**

(a) Atom mapping for [U-<sup>13</sup>C]glucose tracing into glycolysis and the TCA cycle. White balls are <sup>12</sup>C atoms. Black balls are <sup>13</sup>C atoms.  
(b) Tracing analysis from U-<sup>13</sup>C glucose in differentiated brown adipocytes treated with vehicle or 100nM CL-316,243 for 5 hours (N=3).

**981 Figure 3. Loss of MPC1 in BAT impairs thermogenesis and leads to cold  
982 sensitivity.**

(a) Relative gene expression in brown adipose tissue from mice adapted to 30°C or 4°C for 1 day or 1 week. N=4-5.  
(b) Western blot analysis of brown adipose tissue of mice adapted to 30°C or 4°C for 1 week. N=4-5.  
(c) Gene expression of MPC1 and MPC2 in brown adipose tissue after 6 hours of cold exposure. N=7.  
(d) Western blot analysis of brown adipose tissue and white adipose tissue (e) at 4°C. N=4.  
(f) Core body temperature during cold challenge at 4°C. N=7.

994 **Figure 4. Conditional deletion of *Mpc1* in BAT impairs systemic glucose**

995 metabolism.

996 (a) Glucose tolerance test at room temperature (23°C) and cold (4°C) in *Mpc1*<sup>F/F</sup> and

997 *Mpc1*<sup>F/F</sup> UCP1<sup>Cre</sup> 3-4 months old, N=5.

998 (b) Insulin tolerance test at room temperature (23°C) in *Mpc1*<sup>F/F</sup> and *Mpc1*<sup>F/F</sup> UCP1<sup>Cre</sup>, 3-4

999 months old, N=6.

1000 (c). Representative H&E images of BAT, iWAT, eWAT, and liver from *Mpc1*<sup>F/F</sup> and

1001 *Mpc1*<sup>F/F</sup> UCP1<sup>Cre</sup> mice exposed to 4°C for 6 hours.

1002 (d) Gene expression in BAT from *Mpc1*<sup>F/F</sup> and *Mpc1*<sup>F/F</sup> UCP1<sup>Cre</sup> mice exposed to 4°C for

1003 6 hours. N=6.

1004 (e-h) Energy expenditure, RER, and locomotor activity of *Mpc1*<sup>F/F</sup> and *Mpc1*<sup>F/F</sup> UCP1<sup>Cre</sup>

1005 mice at 6°C. N=4.

1006

1007 **Figure 5. Mitochondrial pyruvate transport is required for <sup>13</sup>C-glucose-derived**

1008 TCA cycle intermediates

1009 (a) Western blot analysis of differentiated brown *Mpc1*<sup>F/F</sup> adipocytes expressing

1010 pMSCV2 or CreERT2 treated with ethanol or 4-hydroxy tamoxifen. N=3.

1011 (b) Gene expression analysis in differentiated brown *Mpc1*<sup>F/F</sup> adipocytes expressing

1012 pMSCV2 or CreERT2 treated with ethanol or 4-hydroxy tamoxifen N=3

1013 (c-d) U-<sup>13</sup>C-glucose labeling in *Mpc1*<sup>F/F</sup> adipocytes expressing CreERT2 treated with

1014 ethanol or 4-hydroxy tamoxifen, with/without 100nM CL-316,243 for 5 hours (N=6).

1015 (e) Oxygen consumption rate in differentiated brown adipocytes treated with/without

1016 100nM CL-316,243 ± 10μM UK5099, 10μM Etomoxir, or both. (N=10-12).

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1018 **Figure 6. Conditional deletion of MPC1 in brown fat leads to increased**

1019 ketogenesis.

1020 (a) Volcano plot showing changes in serum metabolites between *Mpc1*<sup>F/F</sup> and *Mpc1*<sup>F/F</sup>-

1021 UCP1<sup>Cre</sup> mice housed at 4°C for 6 hours. N=6.

1022 (b) Heat map of top 25 metabolites in BAT from *Mpc1*<sup>F/F</sup> and *Mpc1*<sup>F/F</sup> UCP1<sup>Cre</sup> mice

1023 housed at 4°C for 6 hours. Dendograms illustrate hierarchical clustering across

1024 metabolites (left) and genotypes (top). N=6. Data was sum normalized, log transformed,

1025 and autoscaled.

1026 (c) Serum 3-hydroxybutyrate levels from *Mpc1*<sup>F/F</sup> and *Mpc1*<sup>F/F</sup> UCP1<sup>Cre</sup> mice housed at

1027 23°C or 4°C for 6 hours. N=6.

1028 (d) Gene expression analysis of livers from *Mpc1*<sup>F/F</sup> and *Mpc1*<sup>F/F</sup> UCP1<sup>Cre</sup> mice housed at

1029 4°C for 6 hours. N=6.

1030

1031 (a) Hierarchical clustering illustrates large-scale differences in gene expression between

1032 cold room and room temperature exposed BAT.

1034 (b) Unsupervised principal component analysis (PCA) shows that cold room and room  
1035 temperature exposed BATs are separated and form distinctive clusters in principal  
1036 components. The first three principal components were used to present the samples in  
1037 the 3-dimentional PCA plot.

1038 (c)  $^{13}\text{C}$  labeling of M+6 glucose and M+3 pyruvate and lactate in the media of brown  
1039 adipocytes treated with vehicle or 100nM CL-316,243 for 1 or 5 hours (N=3).

1040 (d) Total intracellular pyruvate and lactate (M and M+3) of brown adipocytes treated with  
1041 vehicle or 100nM CL-316,243 for 1 or 5 hours (N=3).

1042

1043 Supplemental Figure 2

1044 (a) Blood glucose levels in  $Mpc1^{F/F}$  and  $Mpc1^{F/F} UCP1^{Cre}$  mice exposed to 4°C for 6 hours  
1045 (N=6).

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1048 Supplemental Figure 3

1049 (a) Body composition of  $Mpc1^{F/F}$  and  $Mpc1^{F/F} UCP1^{Cre}$  mice housed at room temperature  
1050 by NMR.

1051 (b) Time-dependent changes in blood glucose levels in  $Mpc1^{F/F}$  and  $Mpc1^{F/F} UCP1^{Cre}$  mice  
1052 mice 3-4 months old treated with 1mg/kg CL-316,243 (N=6).

1053 (c) Gene expression in BAT from  $Mpc1^{F/F}$  and  $Mpc1^{F/F} UCP1^{Cre}$  mice housed at 4°C for 6  
1054 hours.

1055 (d) Gene expression in iWAT from  $Mpc1^{F/F}$  and  $Mpc1^{F/F} UCP1^{Cre}$  mice housed at 4°C for 6  
1056 hours.

1057

1058 Supplemental Figure 4

1059 (a) Seahorse analysis of basal respiration, proton leak, or ATP production in  
1060 differentiated brown adipocytes treated with/without 100nM CL-316,243  $\pm$  10 $\mu\text{M}$   
1061 UK5099, 10 $\mu\text{M}$  Etomoxir, or both. (N=10-12).

1062 (b) Total media pyruvate and lactate from  $Mpc1^{F/F}$  adipocytes expressing CreERT2  
1063 treated with ethanol or 4-hydroxy tamoxifen, with/without 100nM CL-316,243 for 5 hours  
1064 in [ $^{13}\text{C}$ ] glucose (N=6).

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1066 Supplemental Figure 5

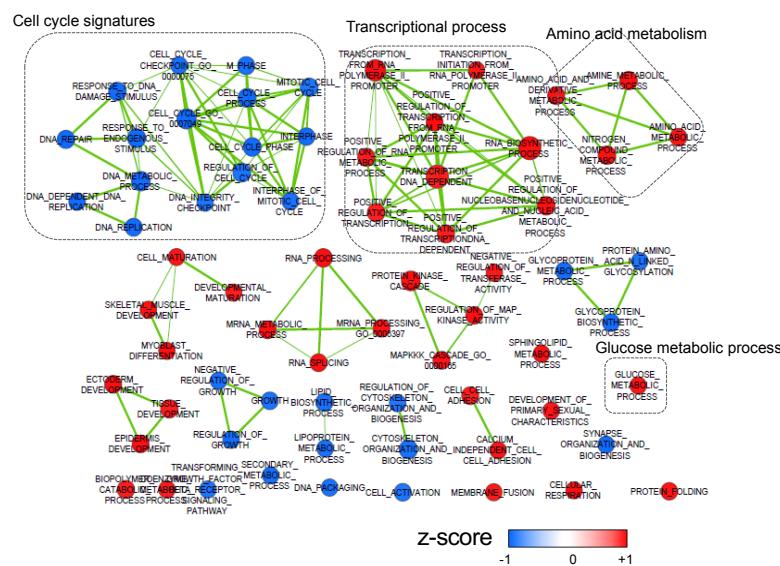
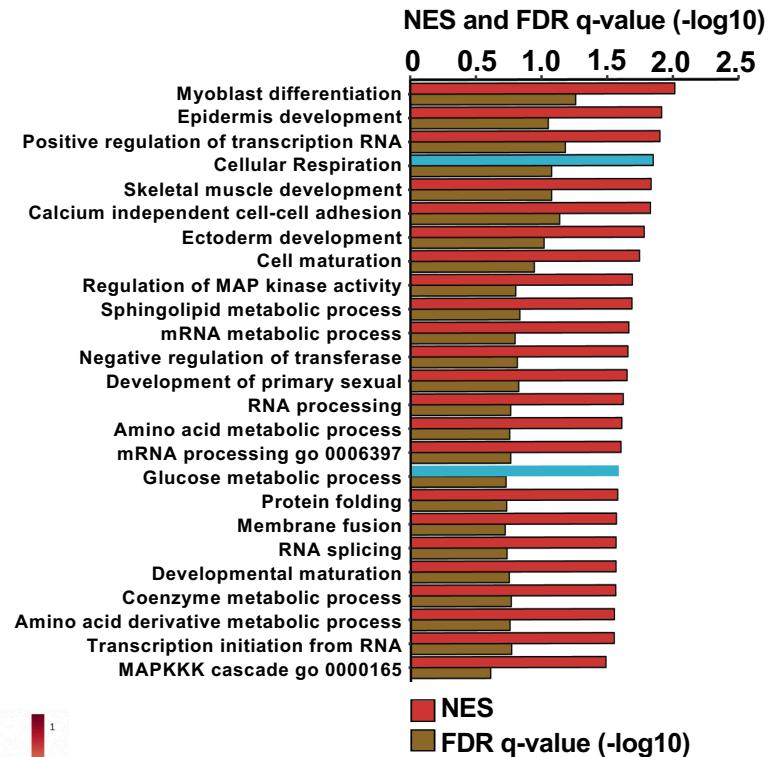
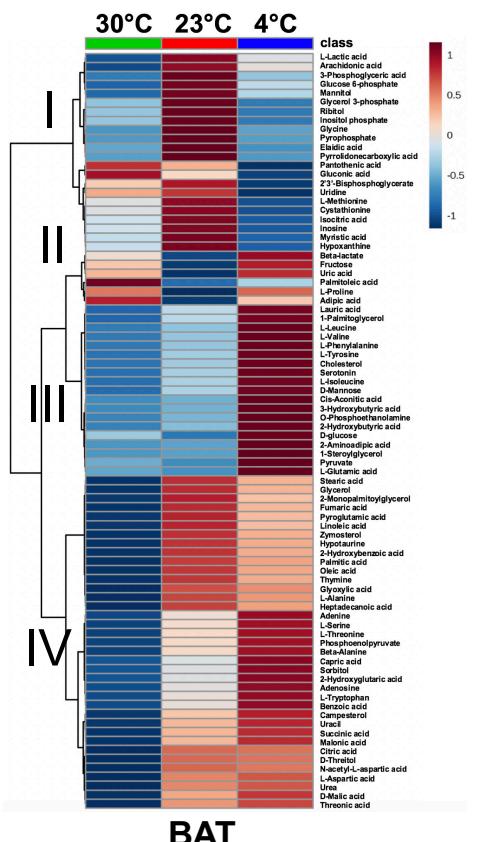
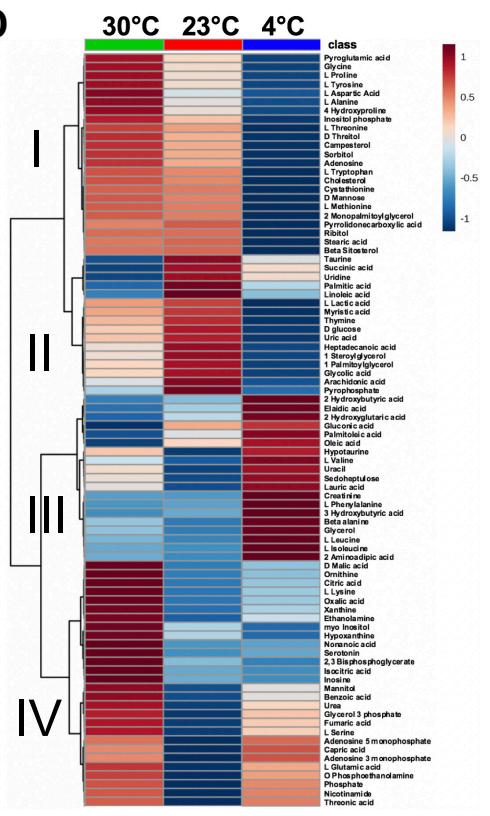
1067 (a) Gene expression in livers from  $Mpc1^{F/F}$  and  $Mpc1^{F/F} UCP1^{Cre}$  mice housed at 4°C for 6  
1068 hours.

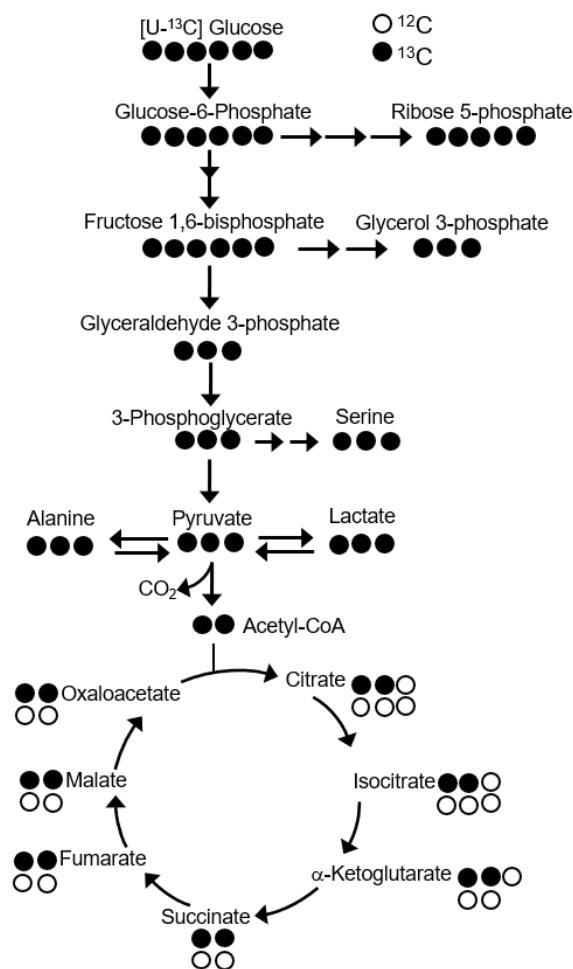
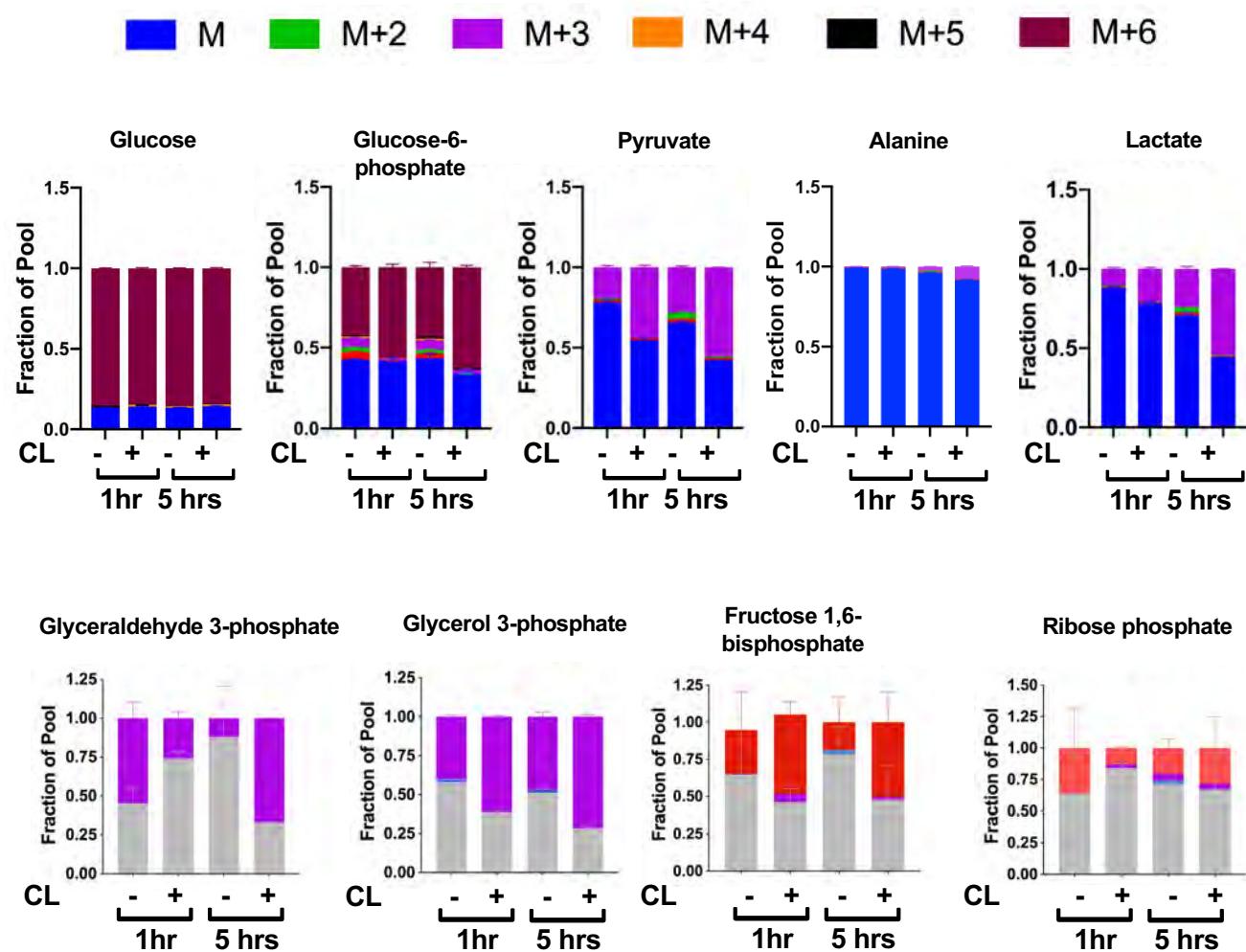
1069 (b) Free fatty acid levels in serum of  $Mpc1^{F/F}$  and  $Mpc1^{F/F} UCP1^{Cre}$  mice housed either at  
1070 challenged with 4°C for 6 hours.

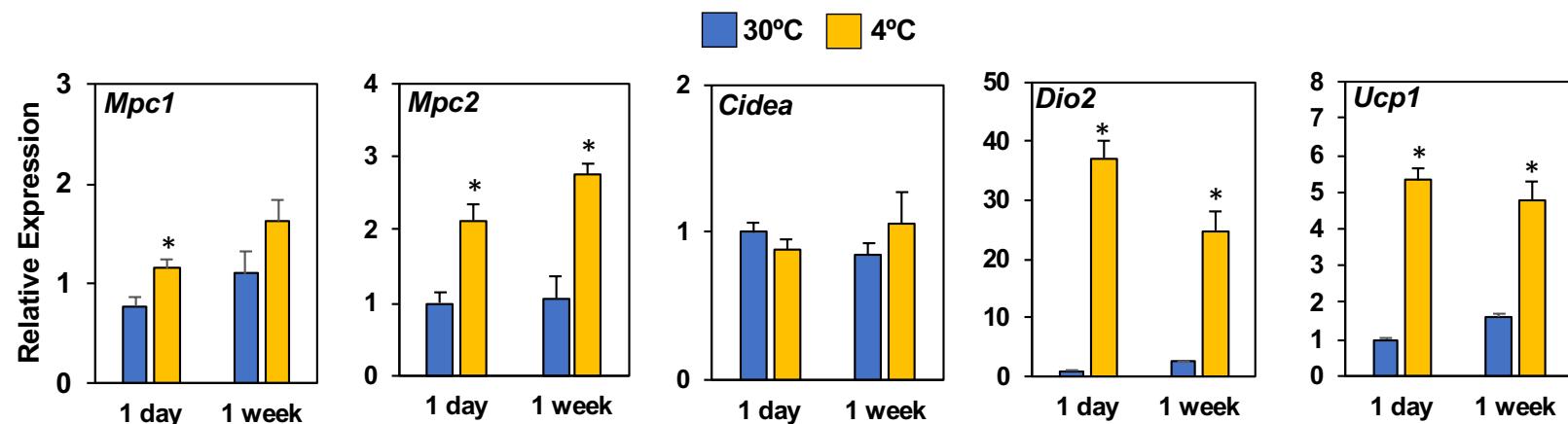
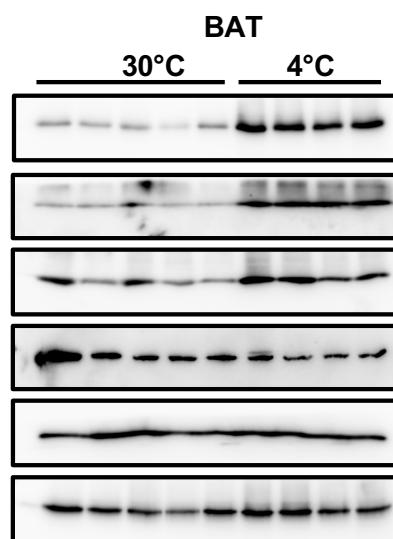
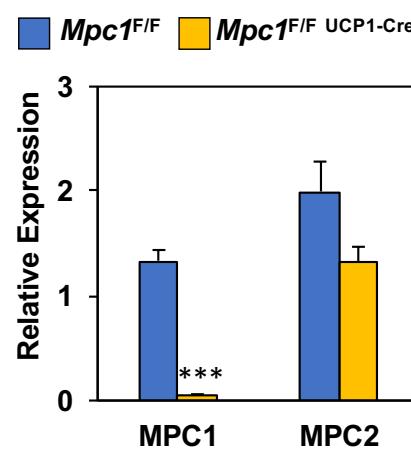
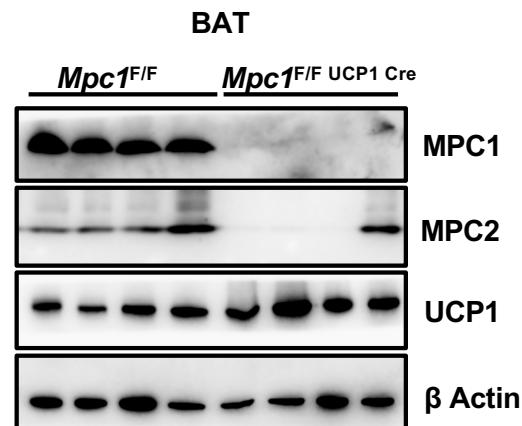
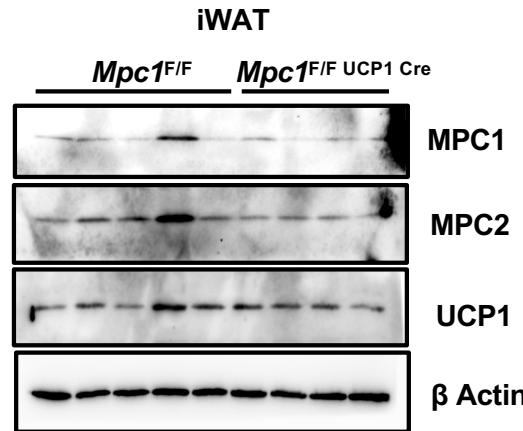
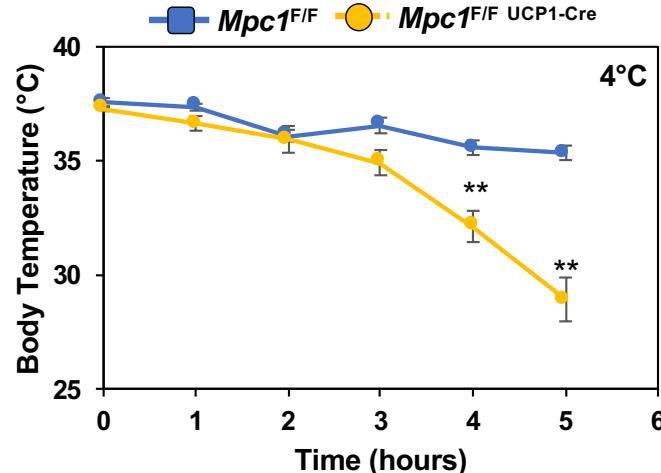
1071 (c) Ketogenic gene expression in iWAT from  $Mpc1^{F/F}$  and  $Mpc1^{F/F} UCP1^{Cre}$  mice housed  
1072 at 4°C for 6 hours. Data was analyzed by Student's t-test. Values are shown as  
1073 mean+s.e.m. (N=6).

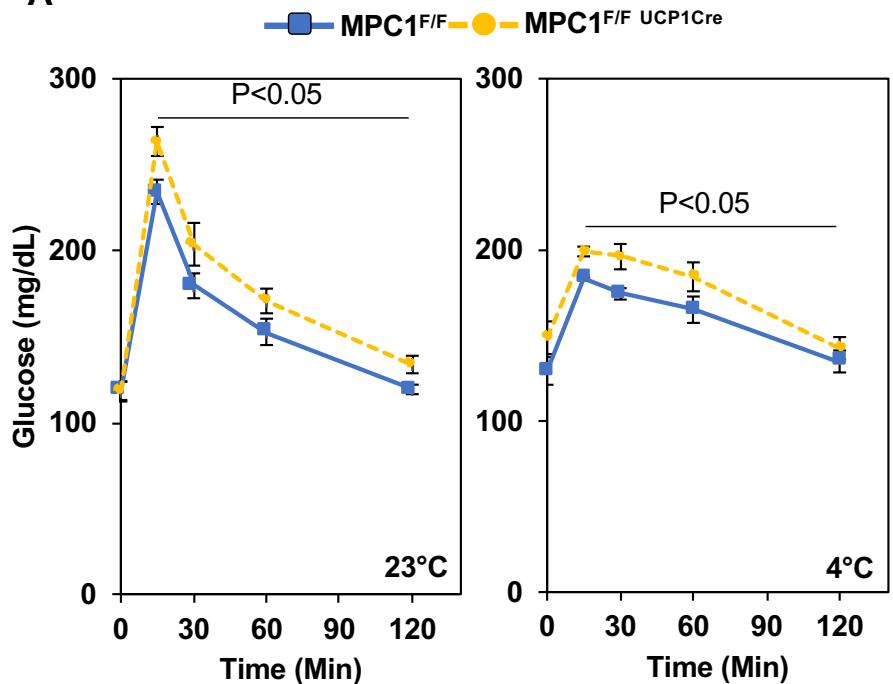
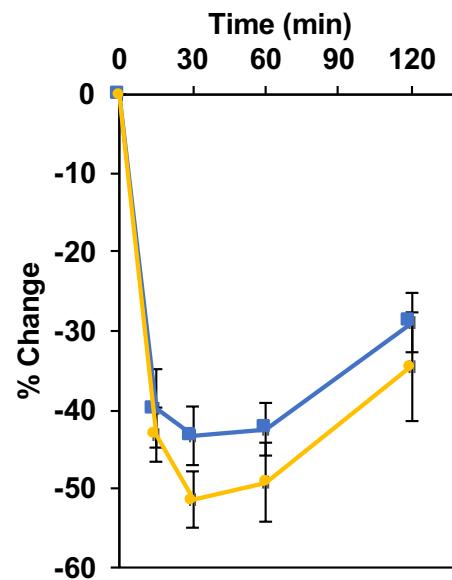
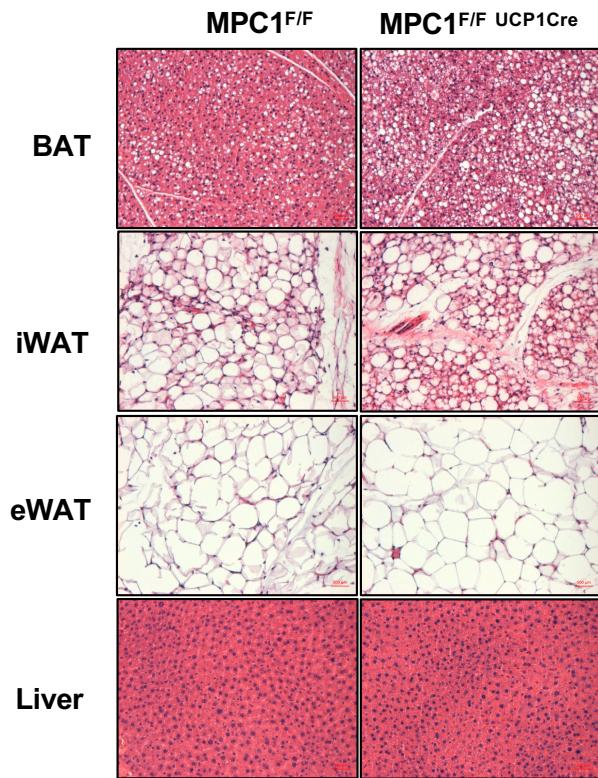
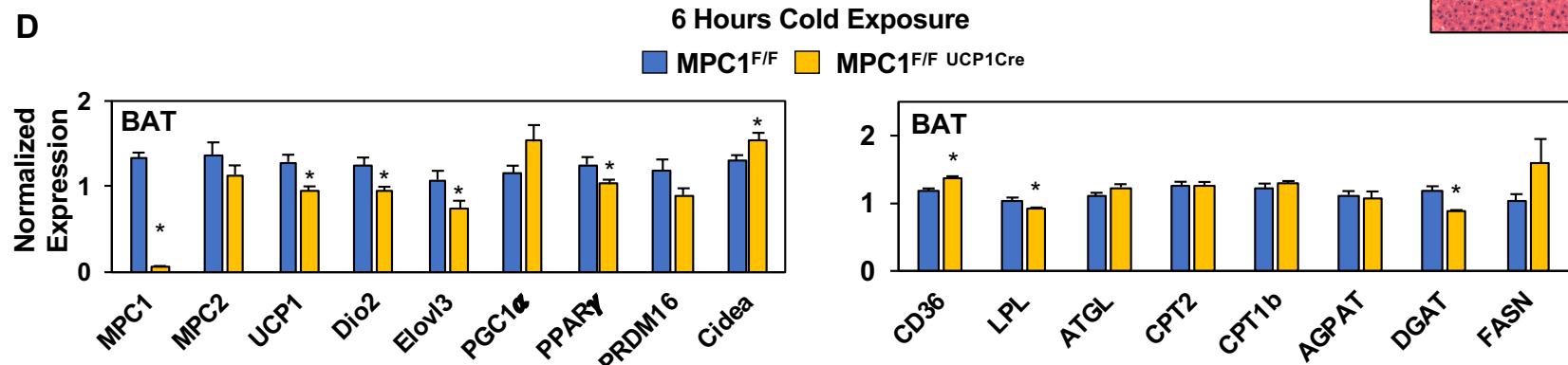
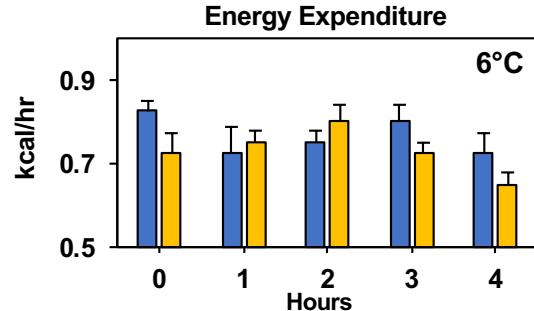
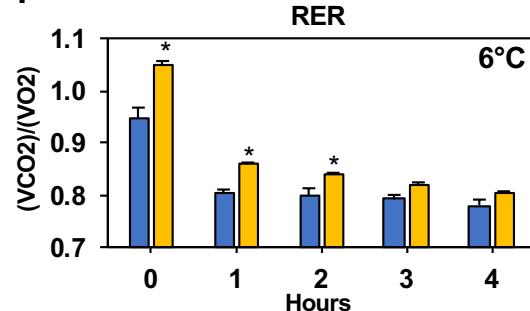
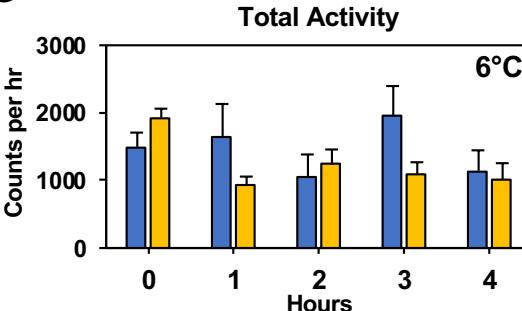
1074

1075

**A****B****C****D****Figure 1**

**A****B****Figure 2**

**A****B****C****D****E****F****Figure 3**

**A****B****C****D****E****F****G****Figure 4**

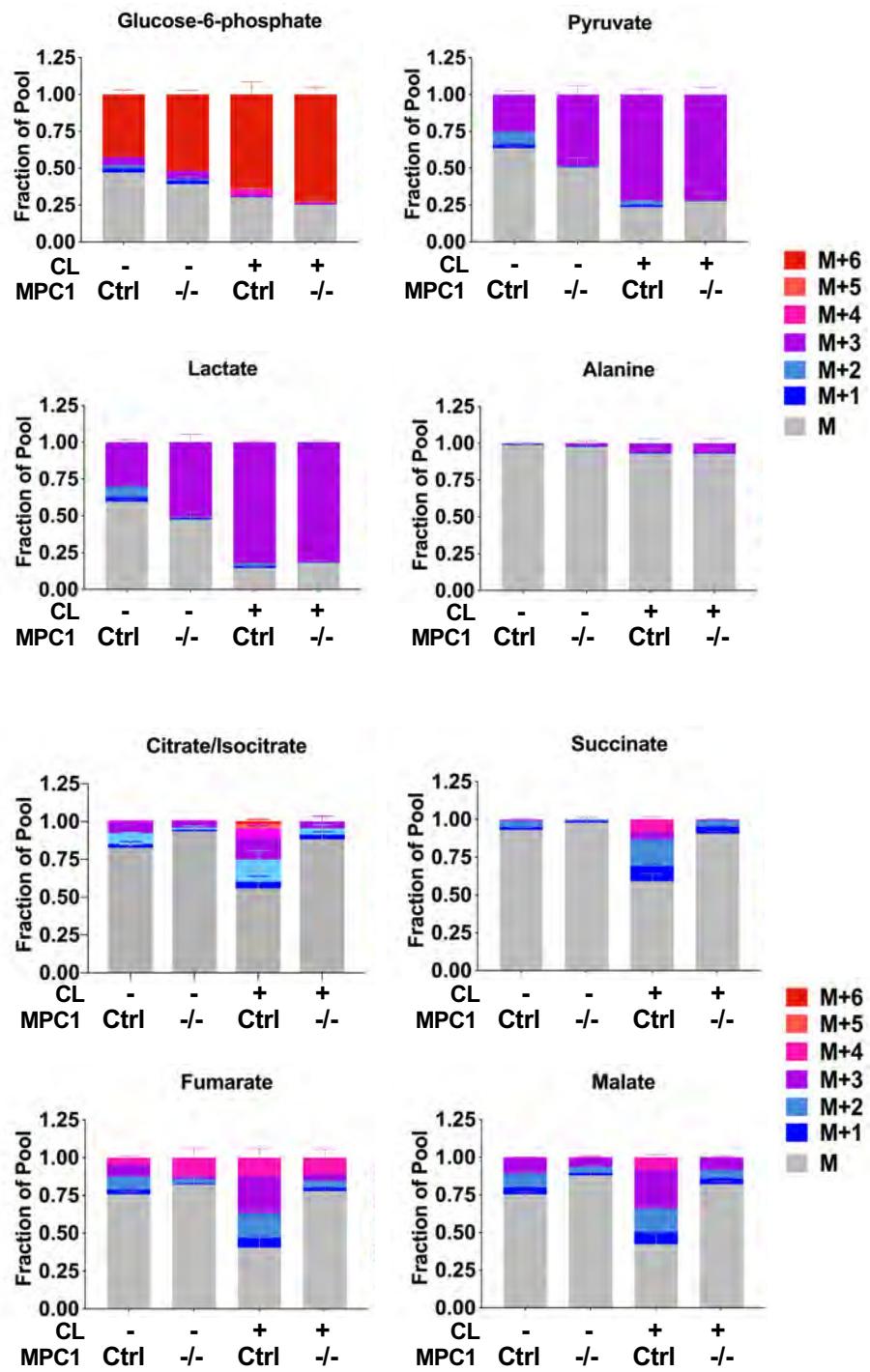
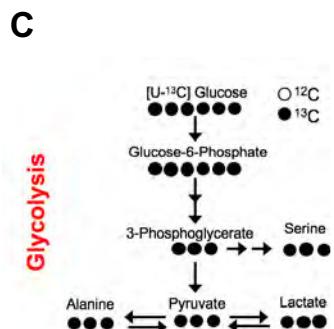
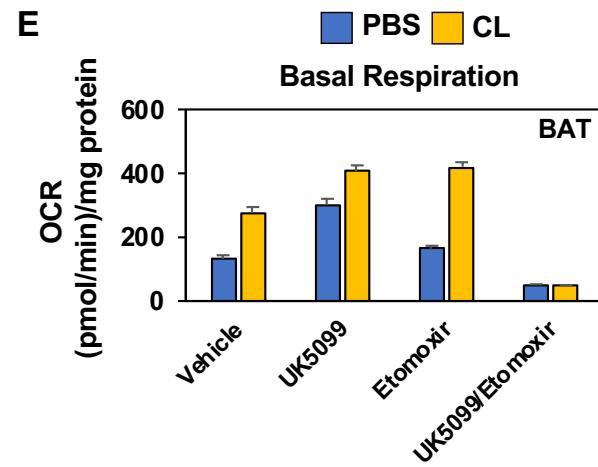
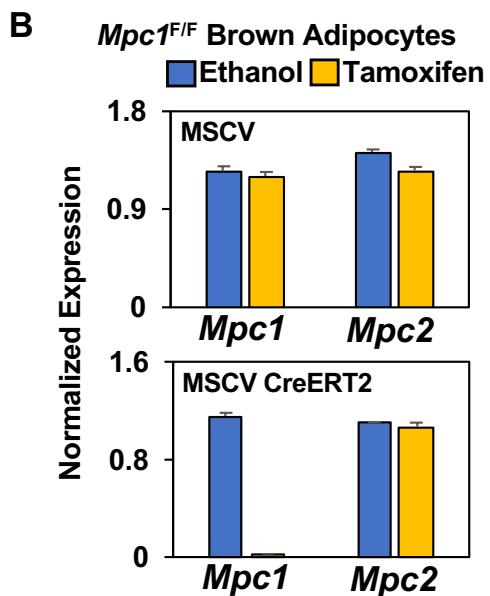
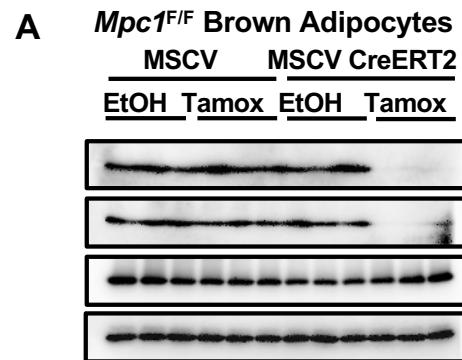
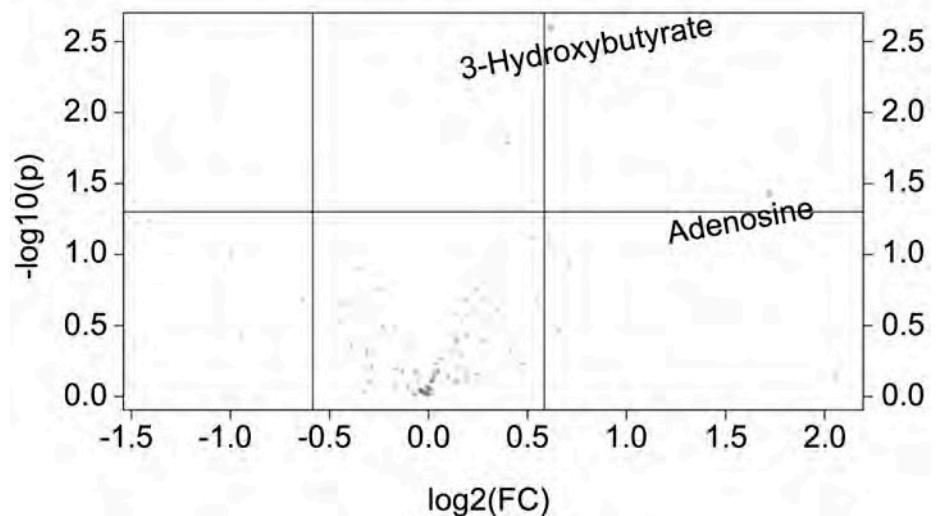
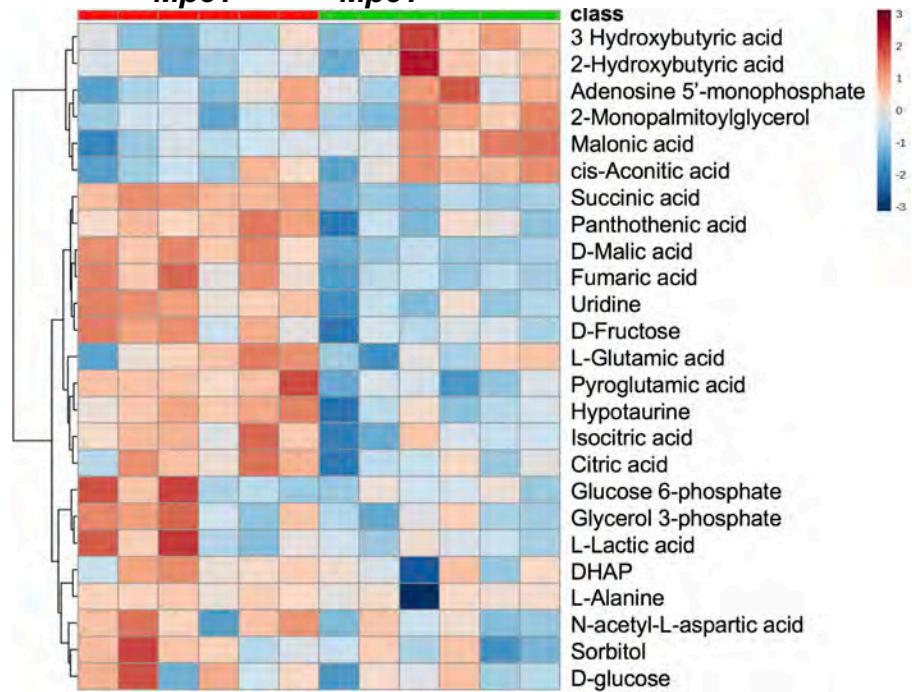


Figure 5

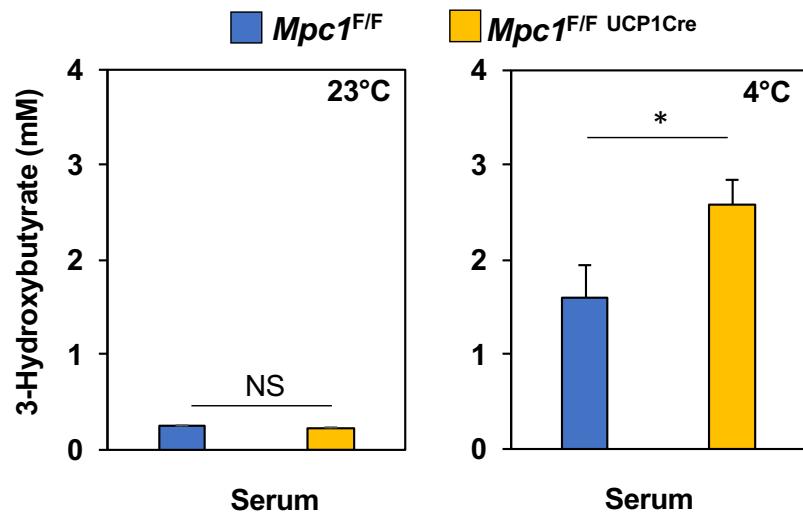
A

**Serum**

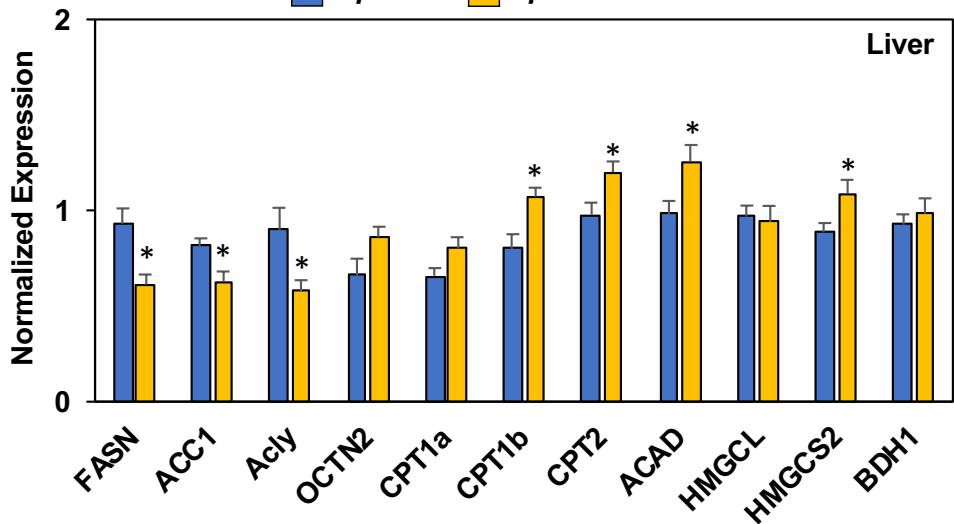
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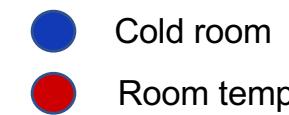
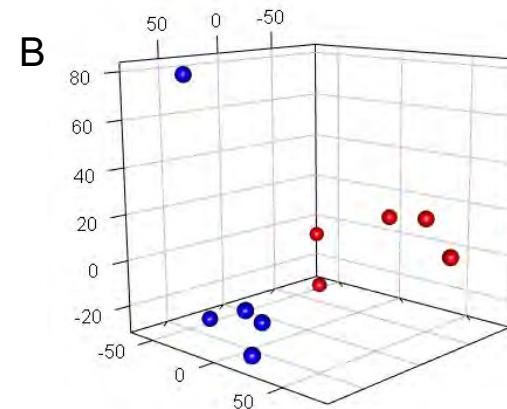
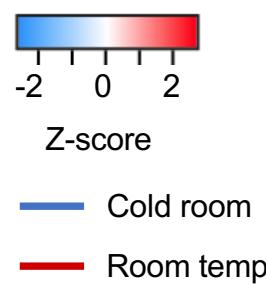
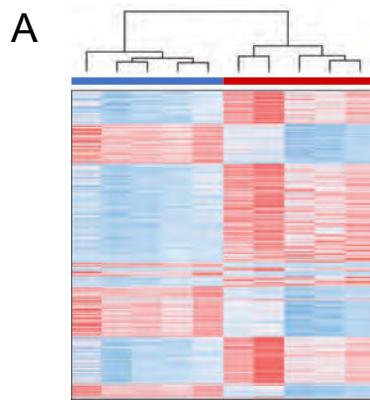
**Brown Adipose Tissue** $Mpc1^{F/F}$   $Mpc1^{F/F} \text{UCP1Cre}$ 

C

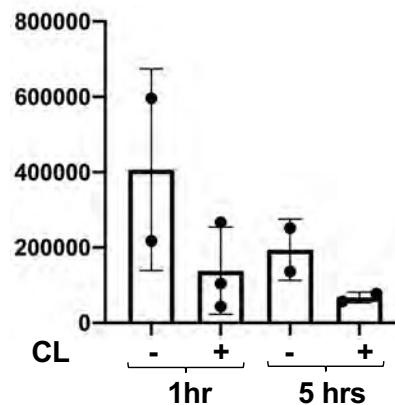


D

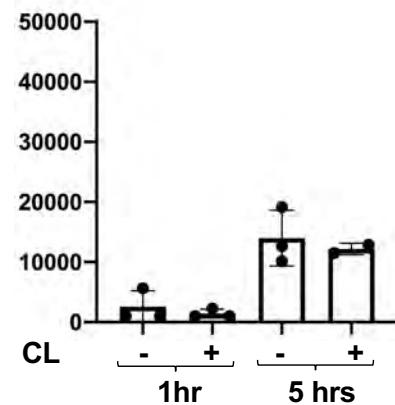
**6 Hours Cold Exposure** $Mpc1^{F/F}$   $Mpc1^{F/F} \text{UCP1Cre}$ **Figure 6**



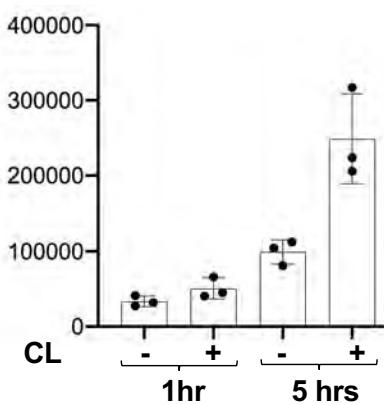
**C M+6 Media Glucose**



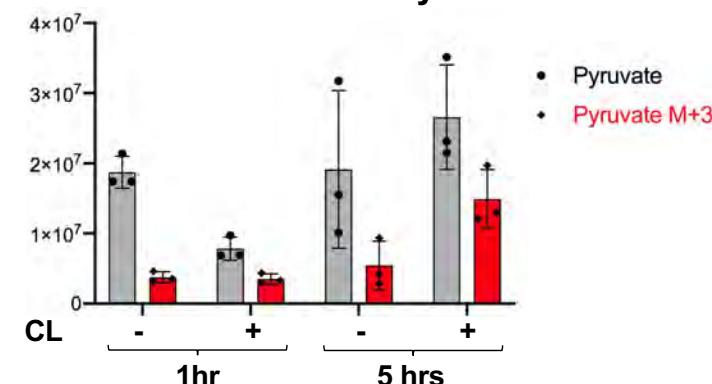
**M+3 Media Pyruvate**



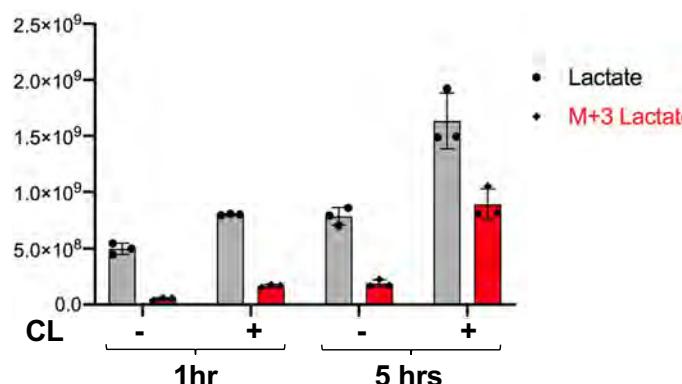
**M+3 Media Lactate**



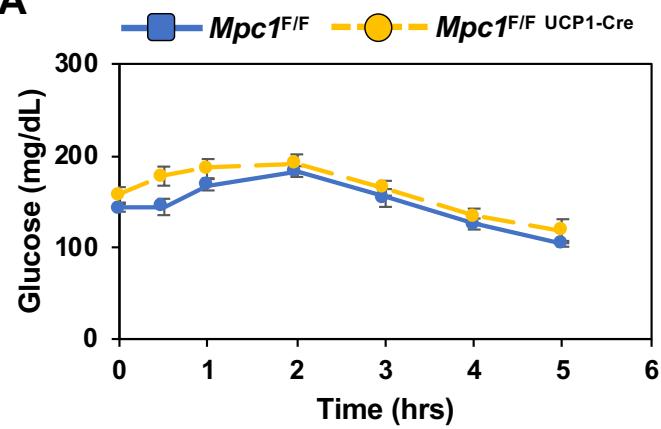
**D Total Intracellular Pyruvate**



**Total Intracellular Lactate**

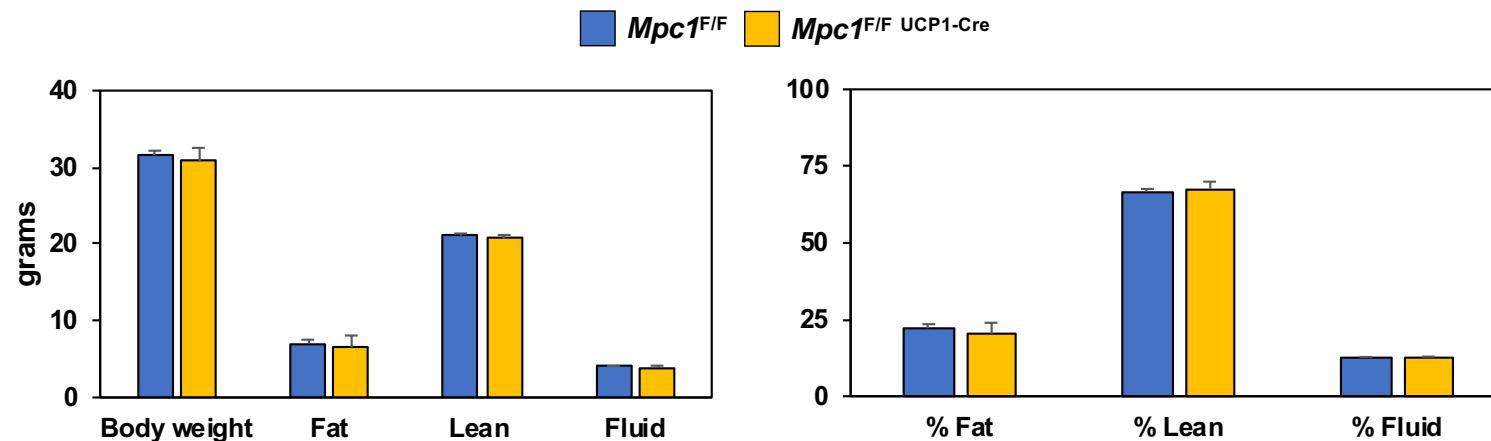


**Supplement Figure 1**

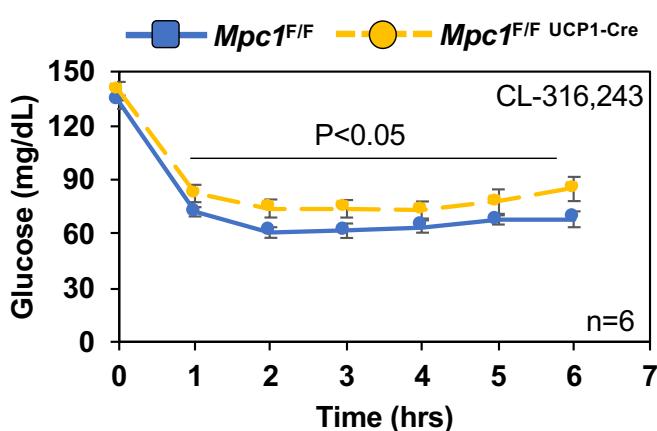
**A****Supplement Figure 3**

Supplement Figure 3

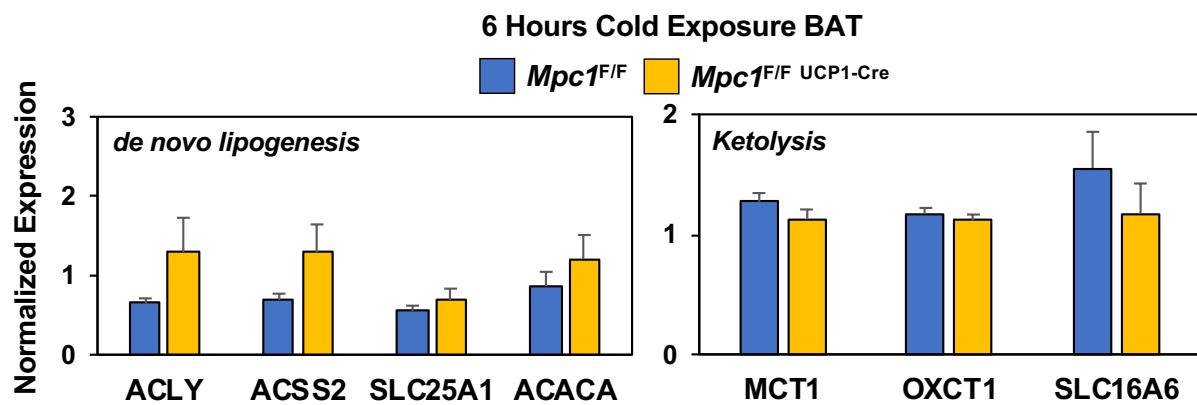
A



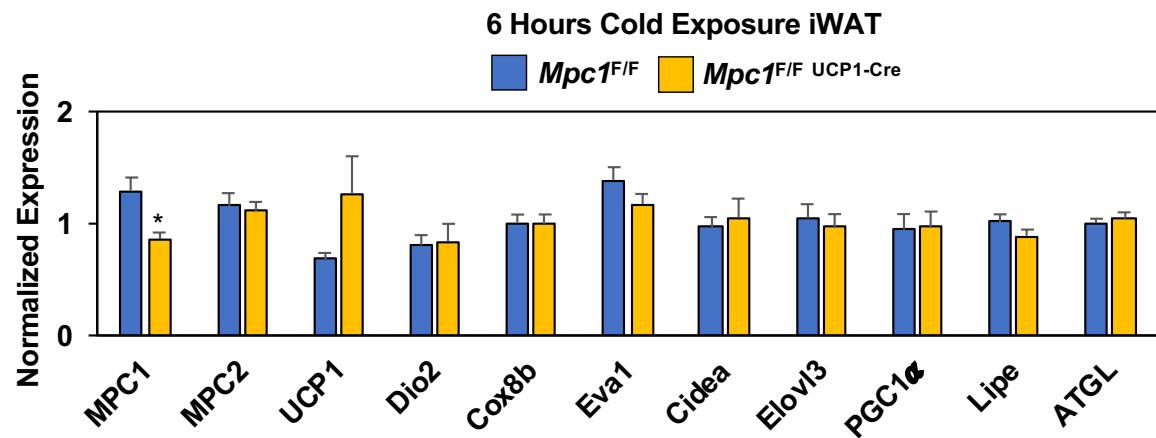
B



C



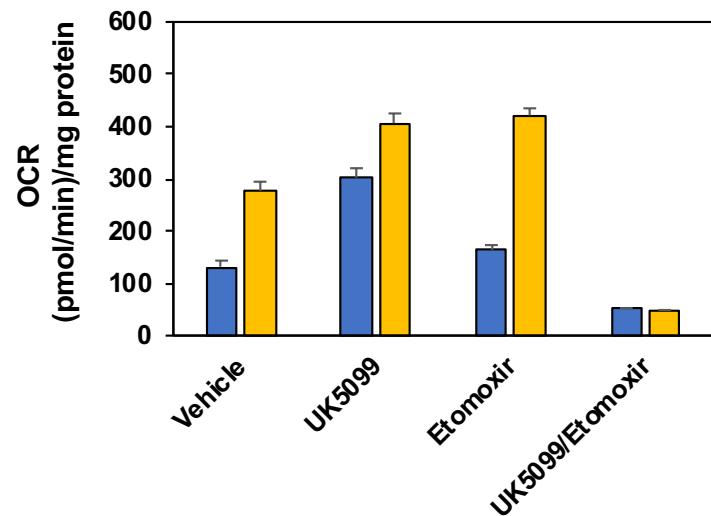
D



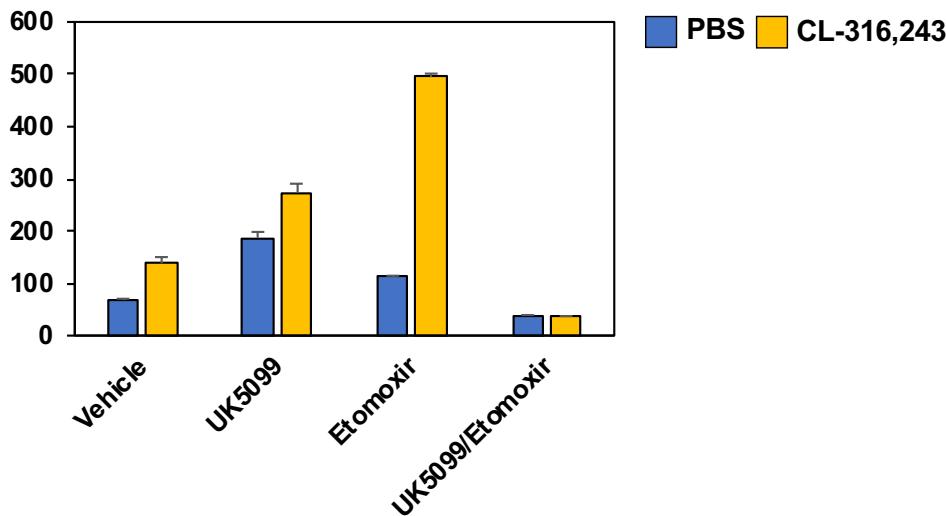
## Supplement Figure 4

A

### Basal Respiration

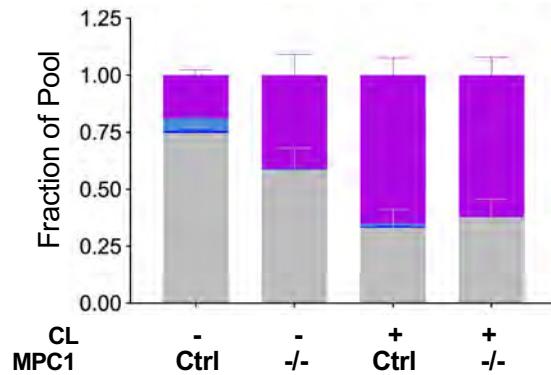


### Proton Leak

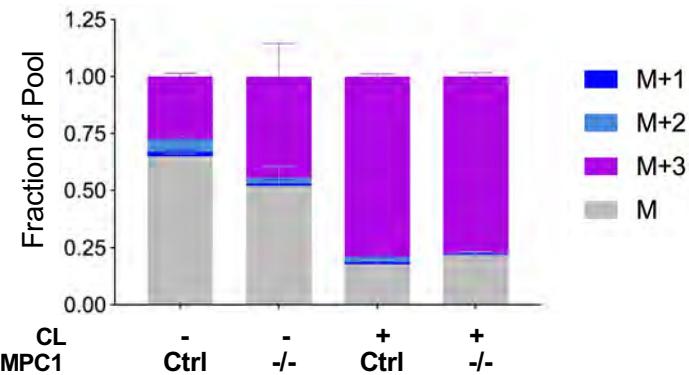


B

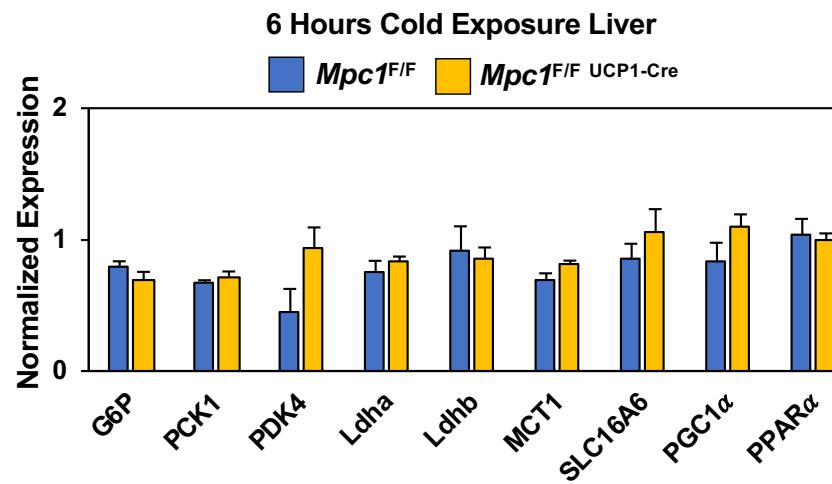
### Media Pyruvate



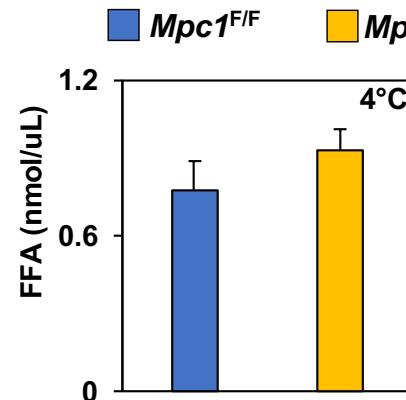
### Media Lactate



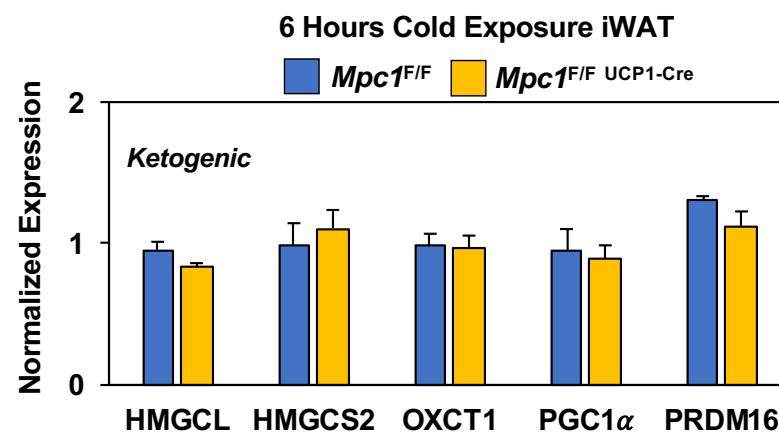
A



B



C



Supplement Figure 5