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1 Discontinuous transcription of ribosomal DNA in human cells

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20 **Abstract**

21 Numerous studies show that various genes in all kinds of organisms are transcribed
22 discontinuously, i.e. in short bursts or pulses with periods of inactivity between them. But it

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23 remains unclear whether ribosomal DNA (rDNA), represented by multiple copies in every cell, is
24 also expressed in such manner. In this work, we synchronized the pol I activity in the populations
25 of tumour derived as well as normal human cells by cold block and release. Then using special
26 software for analysis of the microscopic images, we measured the intensity of transcription signal
27 revealed by incorporated 5-fluorouridine (FU) in the nucleoli at different time points after the
28 release. We found that the ribosomal genes in the human cells are transcribed discontinuously with
29 periods ranging from 45 min to 75 min. Our data indicate that the dynamics of rDNA transcription
30 follows the undulating pattern, in which the bursts are alternated by periods of rare transcription
31 events.

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33 Keywords: nucleoli, rDNA, FC/DFC units, discontinuous transcription, bursting

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35 **Introduction**

36 Numerous studies show that genes in all kinds of organisms, from prokaryotes to mammals,
37 can be transcribed in short bursts or pulses alternated by periods of silence (reviewed in Smirnov
38 et al. [1]) The probability of such mode of expression was suggested long ago;[2] now it seems that
39 the discontinuous transcription is a common feature of the gene expression, at least in mammalian
40 cells.[3-12] The periodical switches of the promoter between the active and “refractory” states may
41 be crucial in the efficient regulation of the gene expression.[13-17] General considerations suggest
42 even more significant role of the phenomenon in the dynamic organization of the cell, since the
43 pulsing mode of one process is likely to be a cause and a consequence of pulsing in other processes.
44 Thus, RNA processing, which is closely linked to the RNA synthesis, seems to be discontinuous.[9]
45 A spontaneous heterogeneity of gene expression occasioned by transcriptional fluctuations may

46 influence cell behaviour in changing environmental conditions and in the course of
47 differentiation.[18]

48 The discontinuous character of transcription has been detected by various methods
49 (reviewed in Smirnov et al. [1]) The number of transcripts produced in a certain (sufficiently short)
50 period of time may be determined with high precision by single molecule RNA fluorescence in situ
51 hybridisation (smFISH).[19-21] The results of such quantification alone provide indirect, but
52 valuable information for modelling the expression kinetics in a cell population or tissue, when the
53 studied gene is supposed to be transcriptionally active in all the cells. Methods based on the allele-
54 sensitive single-cell RNA sequencing also allow to reveal and characterize the transcription
55 bursting.[22] To monitor gene expression in real time, cells are transfected with constructs
56 providing a fluorescent signal that corresponds to the expression of a particular gene. In a gene trap
57 strategy, a luciferase gene is inserted under the control of endogenous regulatory sequences. Since
58 both the luciferase protein and its mRNA are short-lived, the method allows to calculate the key
59 parameters of the transcriptional kinetics. Probably the most popular *in vivo* method is based on
60 the use of bacteriophages derived fluorescent coat proteins, such as MS2 or PP7, fused with GFP,
61 which allows to visualize a bunch of the nascent RNA molecules accumulated around one gene.[4,
62 23, 24]

63 So far, the pulse-like transcription is well documented only in the genes transcribed by
64 RNA polymerase II. It is not clear yet whether ribosomal DNA (rDNA) is also expressed
65 discontinuously. In human cells, the clusters of multiple rDNA repeats, known as Nucleolus
66 Organizer Regions (NORs), are situated on the short arms of the acrocentric chromosomes. Each
67 repeat includes a gene coding for 18S, 5.8S and 28S RNAs of the ribosomal particles and an
68 intergenic spacer.[25-30] In the interphase nucleus the rDNA provides the basis for the formation
69 of nucleoli. The transcription by pol I and the first steps of rRNA processing take place in the

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70 special nucleolar units (FC/DFC) composed of fibrillar centers (FC) and dense fibrillar components
71 (DFC).[31-42] The units correspond in light microscopy to the “beads” forming nucleolar
72 necklaces,[43-46] and each unit is believed to accommodate a single transcriptionally active
73 gene.[33, 39, 47, 48] The intensity of the rDNA transcription is usually very high throughout the
74 entire interphase, especially at the S and G2 phases.[49] Now most of the methods used for the
75 detection of the transcription fluctuation are hardly applicable to the ribosomal genes, since one
76 cell usually contains hundreds of such genes. An alternative method was designed for direct
77 measurements of rDNA transcription in the live cells by using the label-free confocal Raman
78 microspectrometry.[50] This work revealed an undulatory character of the ribosomal RNA
79 production in the whole nucleoli. In our earlier study on tumour-derived cells expressing a GFP-
80 RPA43 (a subunit of pol I) fusion protein, we have observed specific fluctuations of the
81 fluorescence signal in the individual FC/DFC units.[51] We also found high correlation of pol I
82 and incorporated FU signals within the units. These data suggested that the ribosomal genes are
83 transcribed in a pulse-like manner.

84 In the present work we used a different approach to the study of the discontinuous
85 transcription of ribosomal genes in human cells. Namely, we synchronized the pol I activity in the
86 cell population by cold block and release. Then, using specially designed software we measured
87 the intensity of transcription signal, incorporated 5-fluorouridine (FU), in the nucleoli and
88 individual FC/DFC units at different periods after the release. This enabled us to detect
89 transcription fluctuations of ribosomal genes in tumour derived as well as normal human cells and
90 to reveal special properties of this fluctuation.

91

92 Methods

93 Ethics

94 The study followed the standards of the Ethics Committees of the General Teaching
95 Hospital and the First Faculty of Medicine of Charles University, Prague, Czech Republic (Ethics
96 Committee of the General University Hospital, Prague approval no. 8/14 held on January 23, 2014),
97 and adhered to the tenets set out in the Declaration of Helsinki. We obtained human cadaver
98 corneoscleral rims from 10 donors, which were surplus from surgery and stored in Eusol-C
99 (Alchimia, Padova, Italy), from the Department of Ophthalmology, General University Hospital in
100 Prague, Czech Republic, for the study. On the use of the corneoscleral rims, based on Czech
101 legislation on specific health services (Law Act No. 372/2011 Coll.), informed consent is not
102 required if the presented data are anonymized in the form.

103

104 Cell cultures

105 Human limbal epithelial cells (LECs) were obtained from XY cadaver corneoscleral rims
106 after cornea grafting at University Hospital Kralovske Vinohrady, Prague, Czech Republic. The
107 mean donor age \pm standard deviation (SD) was 63.5 ± 6.5 years. Tissue was stored in Eusol-C
108 (Alchimia, srl., Ponte San Nicolò, Italy) preservation medium at $+4^{\circ}\text{C}$. The mean storage time \pm
109 SD (from tissue collection until explantation) was 7.2 ± 3.6 days. The corneoscleral rims were
110 prepared as described before.[52, 53] Shortly, corneoscleral rims were cut into 12 pieces and placed
111 in a 24-well plate (TPP Techno Plastic Products AG, Trasadingen, Switzerland) on Thermanox
112 plastic coverslips (Nunc, Thermo Fisher Scientific, Rochester, NY, USA). Explants were cultured
113 in 1 ml of complete medium [1:1 DMEM/F12, 10% FBS, 1% AA, 10 ng/ml recombinant EGF,
114 0.5% insulin-transferrin-selenium (Thermo Fisher Scientific), 5 $\mu\text{g}/\text{ml}$ hydrocortisone, 10 $\mu\text{g}/\text{ml}$

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115 adenine hydrochloride and 10 ng/ml cholera toxin (Sigma-Aldrich, Darmstadt, Germany)]. The
116 culture media were changed every 2 – 3 days until the cells were 90–100% confluent (after 2-4
117 weeks).

118 HeLa cells were cultivated at 37°C in Dulbecco modified Eagle's medium (DMEM, Sigma)
119 containing 10% fetal calf serum, 1% glutamine, 0.1% gentamicin, and 0.85g/l NaHCO₃ in standard
120 incubators.

121

122 *Plasmids and transfection*

123 The GFP-RPA43 and GFP-fibrillarin vectors were received from Laboratory of Receptor
124 Biology and Gene Expression Bethesda, MD.[54] The constructs were transfected into HeLa cells
125 using Fugene (Qiagen).

126

127 *Labeling of the transcription sites*

128 For visualization of the transcription sites, sub-confluent cells were incubated for 5 min
129 with 5-fluorouridine (FU) (Sigma). The cells were fixed in pure methanol at -20°C and processed
130 for FU immunocytochemistry. Incorporated FU signal was visualized using a mouse monoclonal
131 anti-BrdU antibody (Sigma).

132

133 *Light microscopy*

134 Confocal images were acquired by means of SP5 (Leica) confocal laser scanning
135 microscope equipped with a 63×/1.4NA oil immersion objective. For *in vivo* cell imaging we used
136 a spinning disk confocal system based on Olympus IX81 microscope equipped with Olympus
137 UPlanSApo 100×/1.4NA oil immersion objective, CSU-X spinning disk module (Yokogawa) and

138 Ixon Ultra EMCCD camera (Andor). The live cells were maintained in glass bottom Petri dishes
139 (MatTek) at 37°C and 5% CO₂ within a microscope incubator (Okolab).

140

141 *Software and data analysis*

142 For measurement and counting of the transcription and other signals corresponding to
143 individual FC/DFC units in 3D confocal images, we developed a MatLab based software.[51] The
144 program identifies each unit by creating a maximum intensity projection of the confocal stack and
145 blurring the projection with a Gaussian filter ($\sigma = 8\text{--}10$ pixels), defining the blurred image with a
146 value obtained by Otsu's method for automatic threshold selection. After that, the optical section
147 whereupon the unit had maximum intensity was identified. The final result contains 3D coordinates
148 of each unit, its size (full-width half-maximum), the value of χ^2 , and integral intensities in the
149 spheres with radii 1.0, 1.5, 2.0, 2.5, 3.0, 3.5, and 4.0 pixels. The values corresponding to 1.5 pixels
150 seemed to be the most resistant to noise and were used for presentation of the data. FC/DFC units
151 were counted after deconvolution with Huygens software.

152 For measuring signals in the entire nucleoli we used a custom ImageJ plugin available at
153 <https://github.com/vmodrosedem/segmentation-correlation>.[45] Based on the confocal stacks, the
154 program identifies the regions occupied by the cell nuclei as well as nucleoli, measures their areas
155 (in pixels), and the intensities, both integral and average, of the signal within these areas.

156

157 **Results**

158 *1. Effects of low temperature on the nucleolar transcription.*

159 In the control the incorporated FU is accumulated predominantly in the FC/DFC units of
160 the nucleoli (Fig 1). The transcription signal in the nucleoplasm is of much lower intensity. After

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161 15 min of incubation at +4°C (without additional supply of CO₂, both HeLa and LECs lost the
162 ability to incorporate 5-fluorouridin (FU)). When the cells were returned to the normal conditions
163 (37°C, 5% CO₂), transcription was partly restored in 15 min, and in 30 min the FU incorporation
164 appeared as in the control (Fig 1).

165

166 **Fig 1. Transcription in HeLa cells is quickly inhibited at +4°C and restored at the normal**
167 **conditions.** The transcription signal (FU incorporation) is accumulated in the nucleoli. The signal
168 disappeared after 15 min of cold treatment (top right); when the cells were transferred to the normal
169 conditions, the signal was partly restored in 15 min and appeared like in the control in 30 min
170 (bottom). Scale bar: 10μm

171

172 To assess the effect of cold on the FC/DFC units, which are the centers of rDNA
173 transcription and early rRNA processing, we transfected the cells with GFP-RPA43 or GFP-
174 Fibrillarin. At the low temperature the GFP-Fibrillarin signal did not change significantly, but the
175 intensity of the RPA43 signal was decreased as average to about 60% of the control level (Fig 2).
176 Observation of the individual cells also showed that after transferring the cells from the cold to the
177 normal conditions, the intensity of GFP-RPA43 signal in all FC/DFC units increased, although the
178 number of the detectable units did not change (Fig 3).

179

180 **Fig 2. Following GFP-RPA43 and Fibrillarin-GFP signals in the transfected HeLa cells *in***
181 ***vivo.*** The intensity of the GFP-RPA43 signal is reduced after 15min incubation at +4°C (left, top)
182 and restored after subsequent 30 min incubation at normal conditions (top, right). The Fibrillarin-
183 GFP signal was not significantly affected by the cooling/warming procedure (bottom). Scale bar:
184 5μm.

185 **Fig 3. Effects of cooling/warming (as in Fig.2, top) on the FC/DFC units *in vivo* in the**
186 **transfected HeLa cells.** A: intensity of the GFP-RPA43 signal in the individual units after 15min
187 incubation at +4°C (black bars) and after subsequent 30 min incubation at 37°C (grey bars). Five
188 cells were observed, and five selected units were followed in each cell. B: the total number of the
189 GFP-RPA43 positive units in five cells after 15min incubation at +4°C (black bars) and after
190 subsequent 30 min incubation at 37°C (grey bars). The experiment indicates that at the low
191 temperature pol I escapes from the FC/DFC units.

192

193 These experiments show that low temperature causes not only quick inhibition of the rDNA
194 transcription, but also significant though not complete depletion of the pol I pools in the nucleoli.

195

196 *2. Synchronization of the nucleolar transcription in HeLa cells by cold treatment.*

197 The experiments described in the previous section indicate that at the low temperature the
198 ribosomal genes are brought to a silent state with a diminished RPA-GFP signal within the FC/DFC
199 units which implies a decreased number of pol I complexes bound to the genes. This
200 synchronization procedure was used for the study of the discontinuous expression of the rDNA in
201 HeLa and LEC cells. Namely, the cells were incubated in cold medium (+4°C) for 1 h, then
202 transferred to the normal conditions and fixed at different time points from 15 to 150 min with the
203 interval of 15 min. FU was added to the cultivation medium 5 min prior to each fixation. The
204 transcription signal visualized by antibody was then measured in the nucleoli by means of the
205 ImageJ plugin software (see Methods). The results are presented in Fig 4.

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10

207 **Fig 4. Fluctuation of the intensity of the transcription signal (incorporated FU) in the whole**
208 **nucleoli of HeLa cells after release from the cold block (left) and in the control cells, i.e.**
209 **without cold treatment (right).** In the experiment the signal reaches maximal values at 30 min,
210 90 min, and 150 min. The graph shows mean values obtained from 50 cells in one experiment.
211 Such experiment was repeated 8 times. CV- coefficient of variation. The bottom graphs show the
212 respective periodograms for the experiment (left) and control (right) calculated as amplitudes of
213 the Fourier transforms. The x-axis represents the period (min).

214

215 In all such experiments the intensity of the transcription signal increased during the first 30
216 min, then began to decrease. Altogether two cycles of rise and fall have been observed within the
217 period of 150 min, the coefficient of variation (CV) was 0.26. The spectral analysis revealed a
218 significant peak corresponding to the period of 60 min. Since the interval between the
219 measurements was 15 min, the values of the period may be varying from 45 min to 75 min. An
220 additional lower peak at 15 min probably reflected a high frequency noise. In the control, when the
221 cells were kept at 37°C and fixed at different time points as in the experiment, the fluctuations of
222 the transcription signal intensity were irregular. CV was only 0.07, and the periodogram had two
223 peaks of low amplitude (compare the left and right parts of the Fig 4). In two experiments the
224 period of observation was extended to 210 min, but between 150 and 210 min the fluctuations of
225 the transcription signal appeared irregular like in the control (data not shown), which indicated that
226 the synchrony in the cell population was lost.

227 These results showed that in HeLa cells the activity of pol I transcription machinery was
228 synchronized by the cold treatment for the period of 150 min, but not longer.

229

230 *3. Synchronization of the nucleolar transcription in human limbal epithelial cells by*
231 *cold treatment.*

232 The same experimental procedure was applied to the LECs (Fig 5). In this case the first two
233 cycles were more pronounced and the difference between control and experiment was more
234 significant (compare Fig 5 and Fig 4). Otherwise, the dynamics of the transcription activity after
235 the cold treatment proved to be similar in the studied cell lines. In the LECs, the periodogram had
236 a more distinct peak at 60 min, but the synchronization also did not last longer than 150 min. CV
237 was 0.29, i.e. slightly higher than in HeLa cells. It seems worth mentioning that our attempt to
238 synchronize the transcription in human fibroblasts failed, for only a few of these cells recovered
239 quickly enough after by the cold treatment.

240

241 **Fig 5. Fluctuation of the intensity of the transcription signal (incorporated FU) in the whole**
242 **nucleoli of the limbal cells after release from the cold block (left) and in the control cells**
243 **(right).** The figure is analogous to the Fig. 4. But in this case, the undulating pattern in the
244 experiment (top, right) is more pronounced, and the periodogram related to the experiment (bottom,
245 left) has a more distinct peak at 60 min. The data are obtained from 8 independent experiments,
246 and in each of them 50 cells were measured.

247

248 Thus, our experiments indicated that transcription of the ribosomal proceeds in a wave-like
249 manner, although the employed synchronization procedure is not equally efficient in various cells.

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251 *4. Synchronization of the transcription in the nucleoplasm by cold treatment.*

252 When the LECs or HeLa cells were incubated at +4°C, the transcription ceased completely
253 in their nucleoplasm as well as in the nucleoli. Measurement of the total FU signal after transferring
254 the cells from the cold to the normal conditions showed symptoms of synchronization: the signal
255 in the nucleoplasm increased for 30 min and then began to decrease (Fig. 6). The average intensity
256 of the transcription signal in the nucleoli and nucleoplasm positively correlated, with the correlation
257 coefficients 0.65 for the HeLa cells and 0.74 for the LECs. But, as one could expect, the total
258 expression of the nucleoplasmic genes was less synchronized. After the initial recovery and
259 subsequent decrease, the signal became rather noisy. The CV was 0.17 and 0.19 in the HeLa and
260 LECs respectively. The periodograms showed a not very distinct peak at 75 min as well as a sharper
261 peak corresponding to higher frequencies. The second peak probably reflects a noisier character of
262 the fluctuations in the nucleoplasm as compared to the nucleoli.

263

264 **Fig 6. Fluctuation of the intensity of the transcription signal (incorporated FU) in the**
265 **nucleoplasm of the HeLa (left, top) and limbal (right, top) cells after release from the cold**
266 **block.** The same cells as in Fig. 5 were used for the measurements. The periodograms related to
267 both HeLa (left, bottom) and LECs (right, bottom) have two significant peaks.

268

269 *5. The FC/DFC units in the course of the transcription fluctuation.*

270 According to the data presented in the sections 2 and 3 (Figs 4 and 5), the intensity of FU
271 signal in the nucleoli at 15 min and 30 min after the cold treatment may be taken as representatives
272 of the two extreme states of the transcriptional fluctuation in the synchronized cells. Measurement
273 of the FU signal in the individual FC/DFC units of the LECs and HeLa cells using the MatLab

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274 based software (see Methods) showed an approximately threefold increase of the signal intensity
275 that between 15 min and 30 min (Fig 7). But the transcription signal never disappeared from the
276 cells completely, so that the average number of the FU-positive FC/DFC units did not change
277 significantly (Fig 7B, right histogram).

278

279 **Fig 7. The transcription signal (incorporated FU) in the FC/DFC units of the limbal epithelial**
280 **cells after the cold treatment.** **A:** 15 min at +4°C, absence of the FU incorporation (left); 15 min
281 recovery at +37°C after the cold treatment (middle); 30 min recovery at +37°C after the cold
282 treatment (right). Scale bar: 5 μ m. **B:** the average (from 50 cells) intensity of the FU signal
283 measured in the individual FC/DFC units, 15 min and 30 min at +37°C after the cold treatment
284 (left); the average (from 50 cells) number of the FU positive FC/DFC units, 15 min and 30 min at
285 +37°C after the cold treatment (right). The time points 15 min and 30 min correspond respectively
286 to state of maximal and minimal transcription intensity in the synchronized cells (see Fig 5).

287

288 **Discussion**

289 In our experiments, when the human derived cells were incubated at +4°C, transcription in
290 their nuclei seemed to be arrested completely (Figs 1 and 7). At the same time the pol I signal in
291 the FC/DFC units of the nucleoli was significantly reduced (Figs 2 and 3), whereas the amount of
292 fibrillarin, which is an essential component of the early rRNA processing, did not change
293 significantly (Fig 2). On the other hand, previous studies, including our own, indicate that the
294 mobile fraction of pol I, apparently responsible for the actual transcription, constitutes less than a
295 half of the entire pool of the enzyme in the units.[51, 54] Therefore, in all probability, the pol I
296 complexes do not “freeze” on their matrices after the arrest of the transcription by the chill shock,

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297 but rather detach themselves and escape from the units. After returning to normal conditions, the
298 pools of the enzyme are swiftly restored, and the rRNA synthesis in the cells is synchronized. This
299 effect was used in our work for detection of the pulse-like transcription.

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301 In thus synchronized HeLa and LEC cells, we observed a wave-like modification of the
302 nucleolar transcription signal with two successive peaks (Figs 4 and 5). In both kinds of cells, the
303 predominant fluctuation period estimated by the spectral analysis was about 60 min. A similar
304 value of the period was obtained in our previous work for the fluctuations of the GFP-RPA43
305 signal.[51] After the two distinct cycles, the waves were damped; probably because of their
306 irregularity and variability in the individual cells. Nevertheless, our data indicate that the ribosomal
307 genes are expressed discontinuously, with intervals of 45-75 min between the bursts.

308

309 In our review on the discontinuous transcription, we indicated what seemed to be four main
310 patterns in which this phenomenon may be manifested: the typical busts; the undulating pattern;
311 the regular pulsing; and the rare transcription events.[1] As mentioned above, the fluctuations
312 observed in our study do not seem to belong to the regular type. Rare events also must be excluded,
313 since rDNA transcription is very intensive throughout the entire interphase. The typical bursts are
314 separated by the relatively long periods of silence. But we observed no diminishing of the number
315 of FU positive (Fig 7B) or pol I positive (Fig 3) FC/DFC units in the course of the experiment,
316 although the mean intensity of the incorporated FU signal in the individual units was greatly
317 reduced at the points of minimal transcription activity (Fig 7B). Therefore, the observed fluctuation
318 of rDNA transcription most likely belongs to the undulating pattern, in which the bursts are
319 alternated by periods of relatively rare transcription events.

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321 Additionally, our method of synchronization allowed us to obtain averaged data concerning
322 the fluctuations in the nucleoplasmic genes, since their expression was also inhibited by the cold
323 treatment. After this procedure, the total transcription signal in the nucleoplasm showed symptoms
324 of fluctuations with two discernible, though not very distinct, peaks (Fig 6). Evaluating these
325 results, we have to keep in mind that various nucleoplasmic genes in the same cell display a wide
326 range of transcriptional kinetic behavior (reviewed in Smirnov et al. [1]).[4, 10, 55, 56] Moreover,
327 some of these genes are expressed in typical bursts with long periods of silence, during which they
328 cannot be detected by FU incorporation. We should also mention that the status of the
329 nucleoplasmic RNA polymerases at the low temperature was not examined in our experiments, and
330 thus we do not know how efficiently the transcription was synchronized. Nevertheless, the presence
331 of two significant peaks on the periodograms (Fig 6) suggests that numerous genes in the
332 nucleoplasm were transcribed in a pulse-like manner with periods close to 15 min and 75 min.

333
334 Thus, our results indicate that ribosomal genes in human cells are expressed
335 discontinuously, and their transcription follows undulating pattern with predominant period of
336 about 60 min.

337
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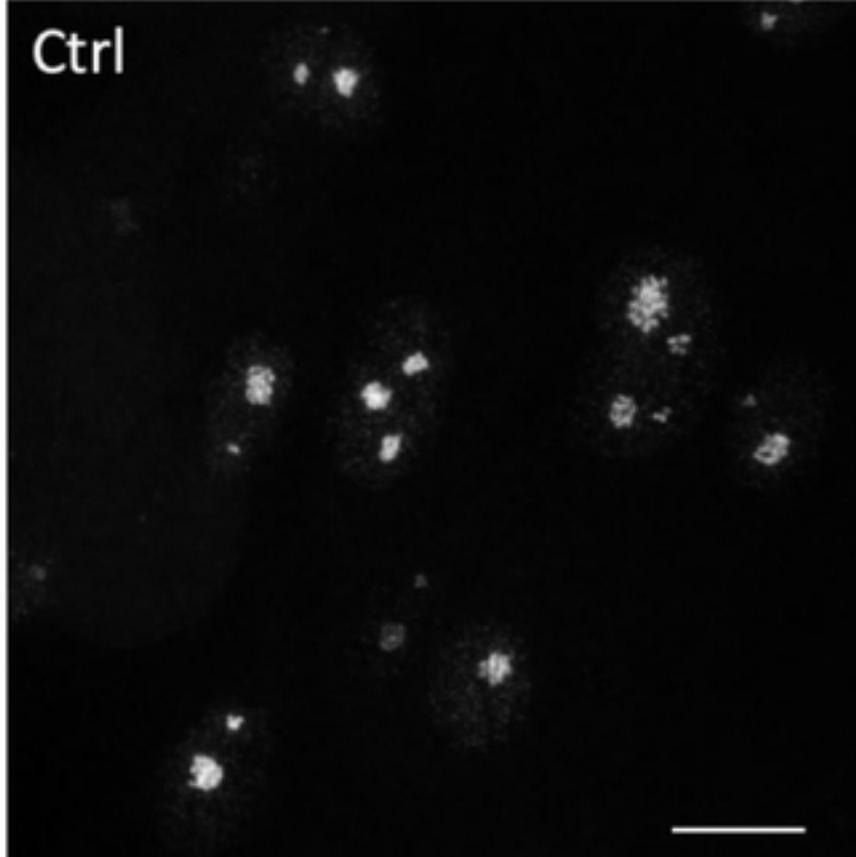
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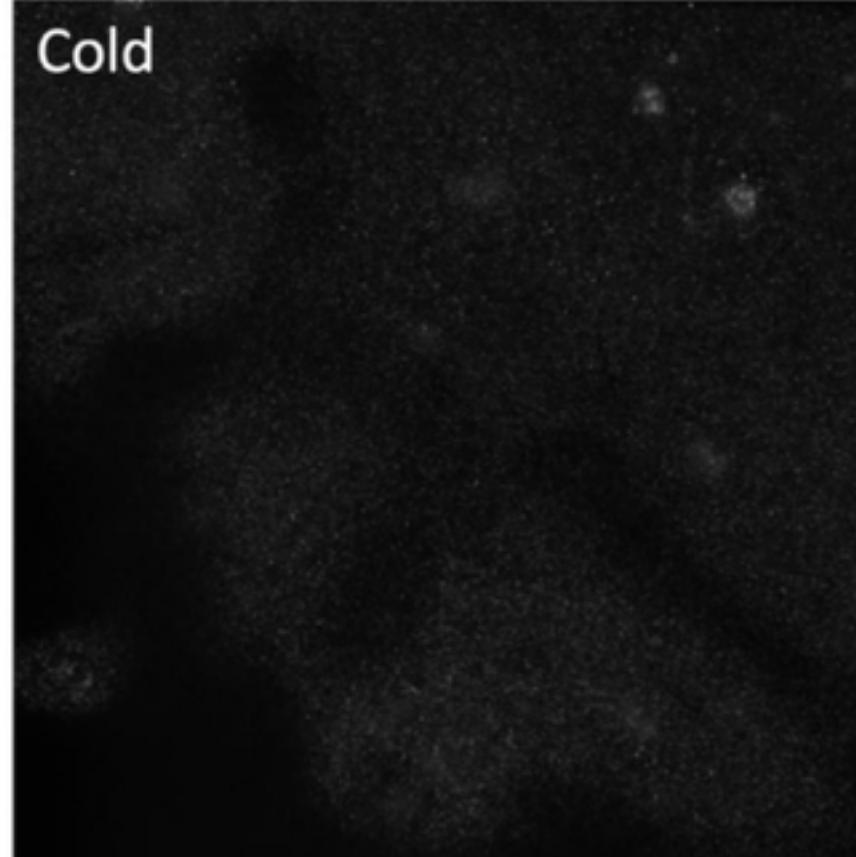
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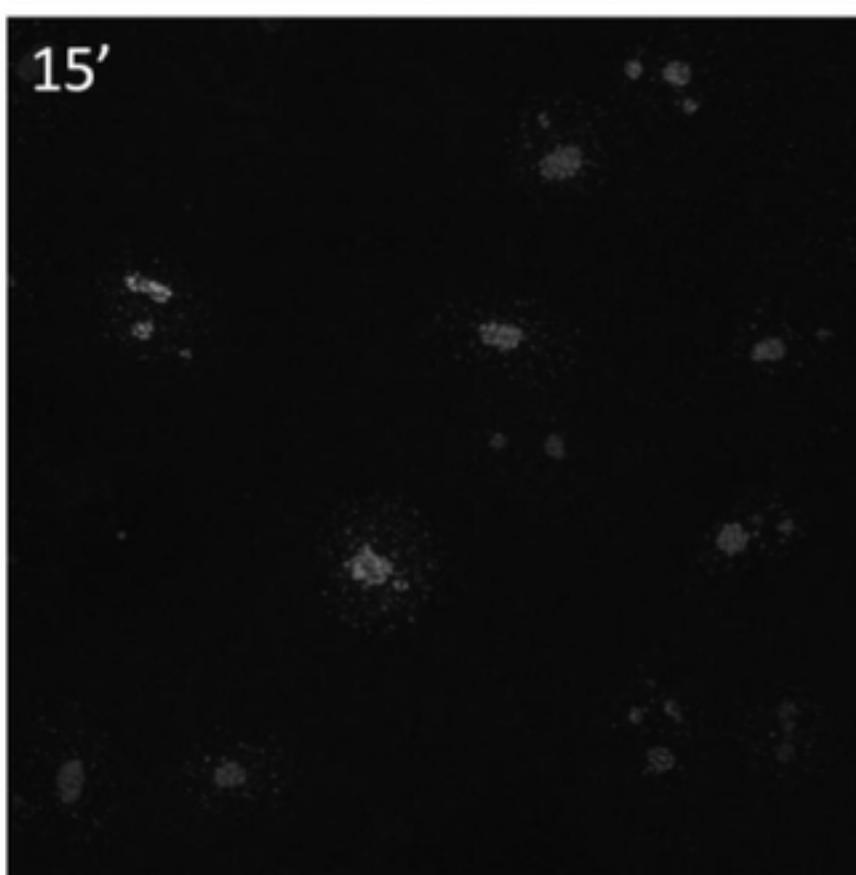
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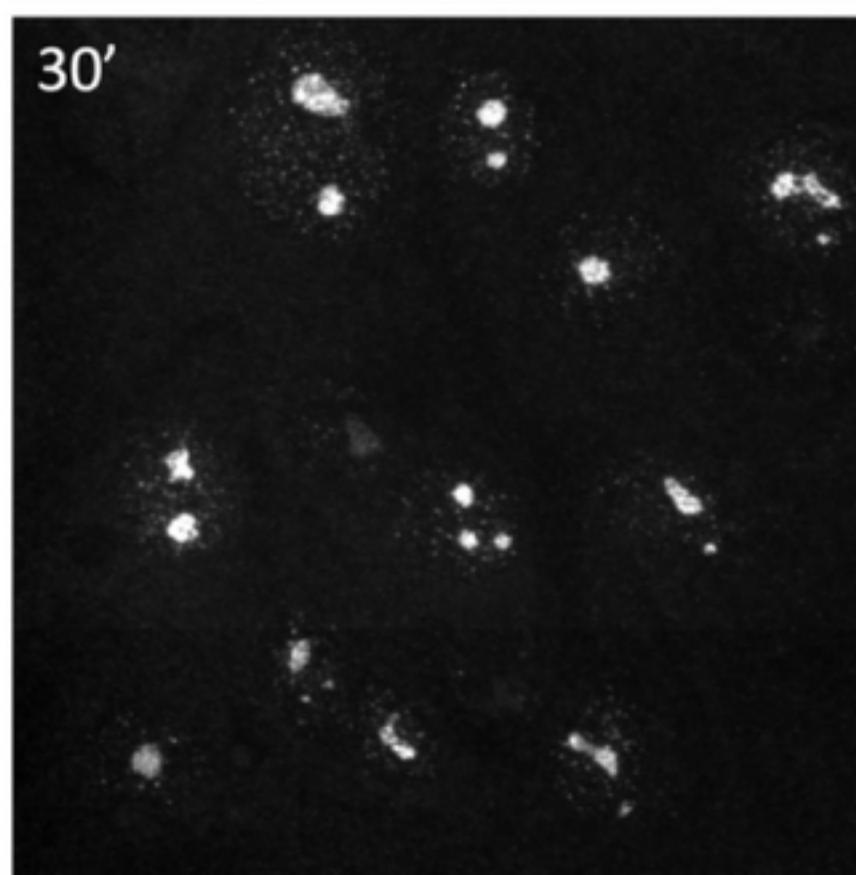
Cold



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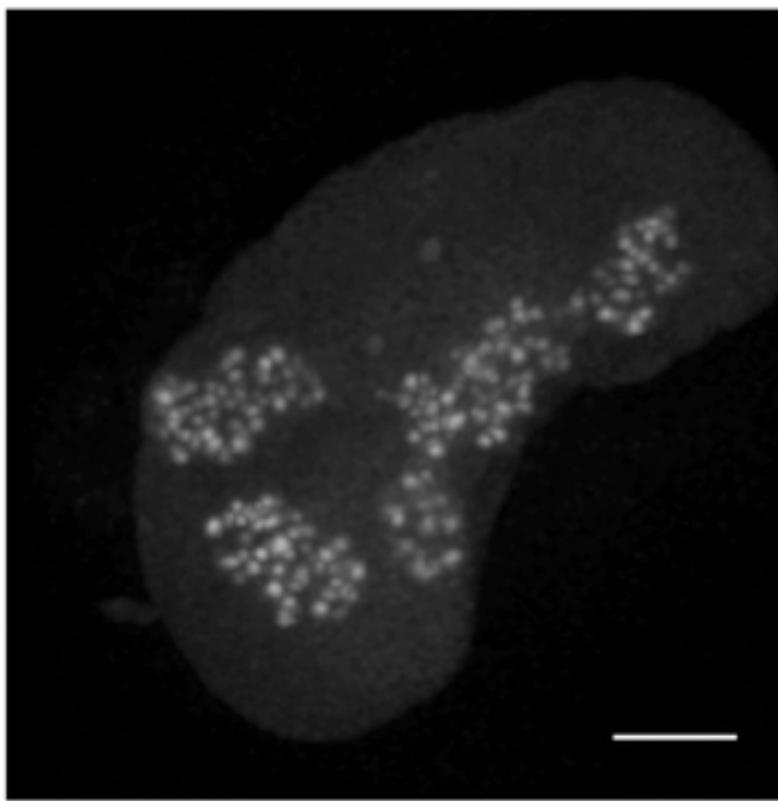


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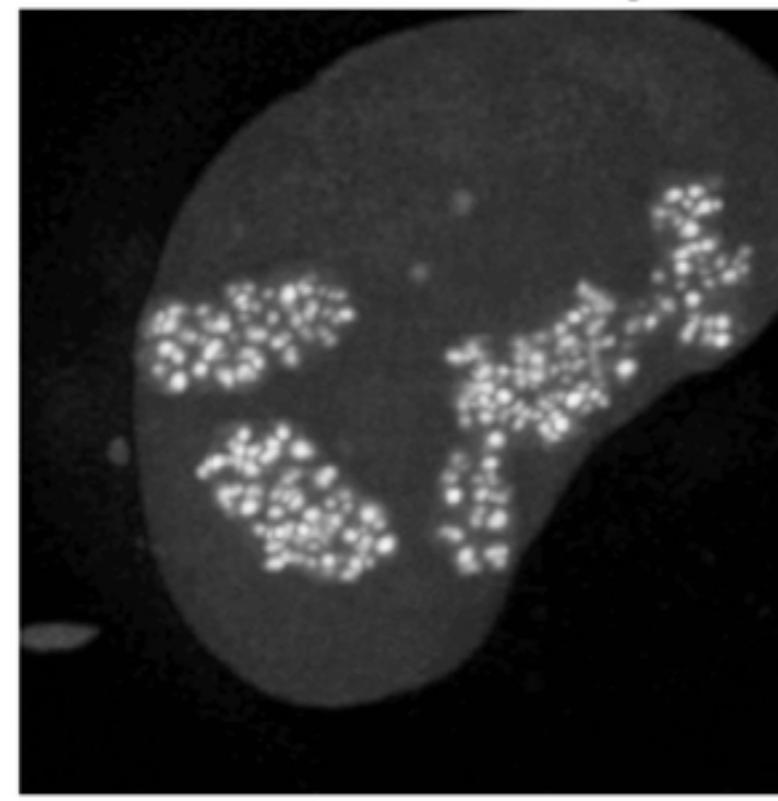


GFP-RPA43

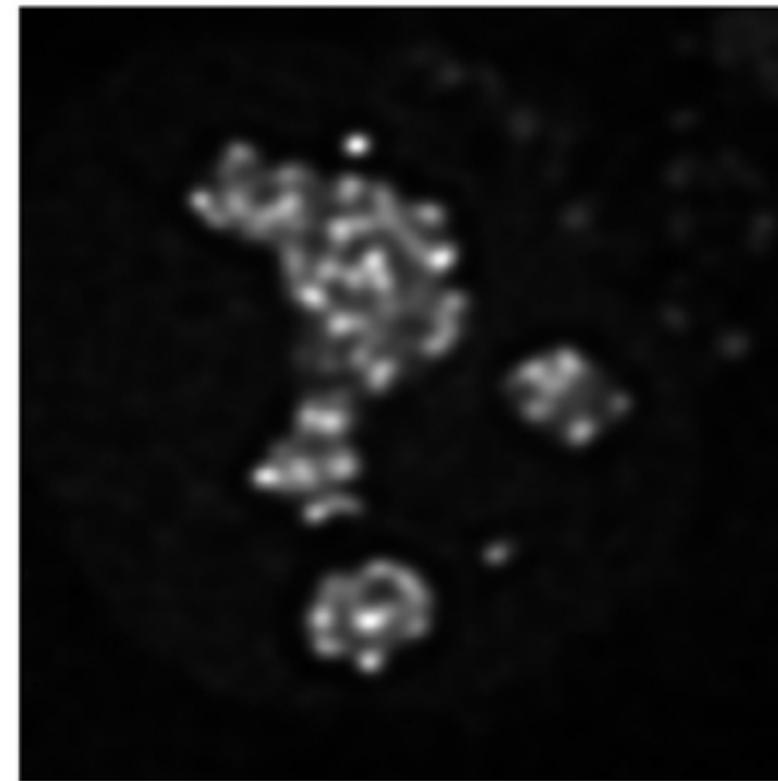
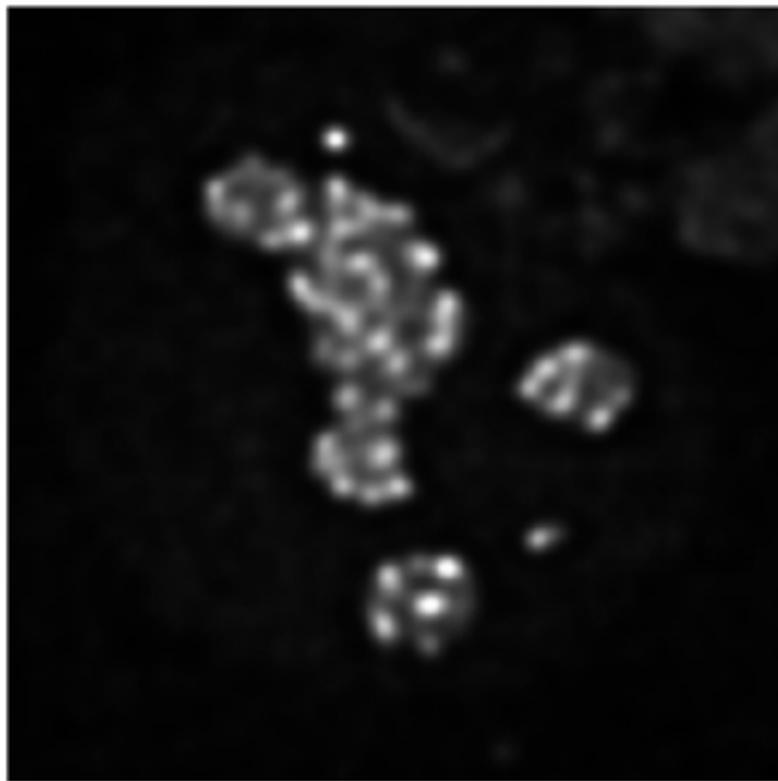
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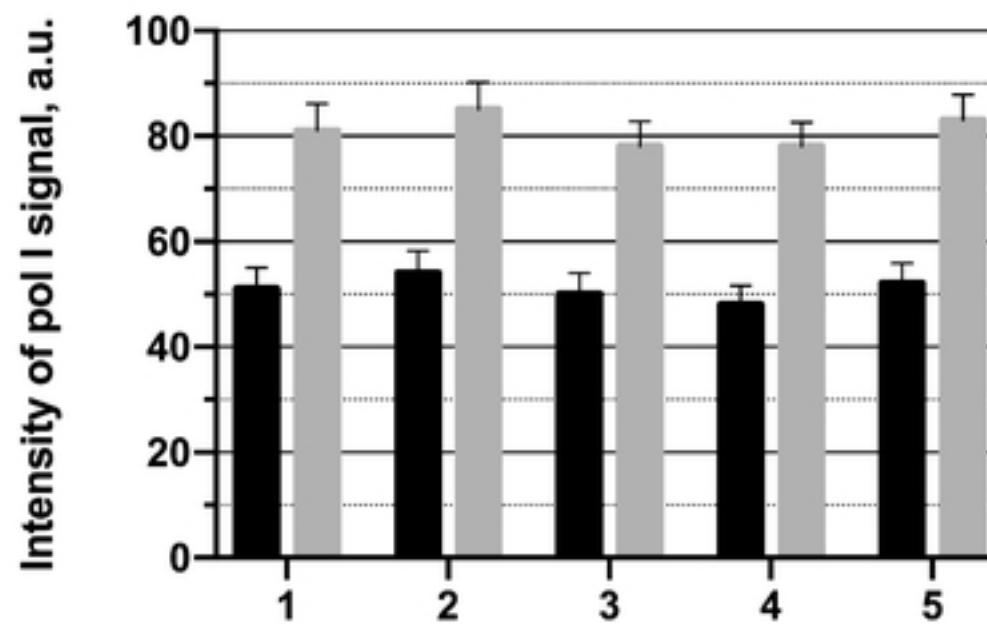
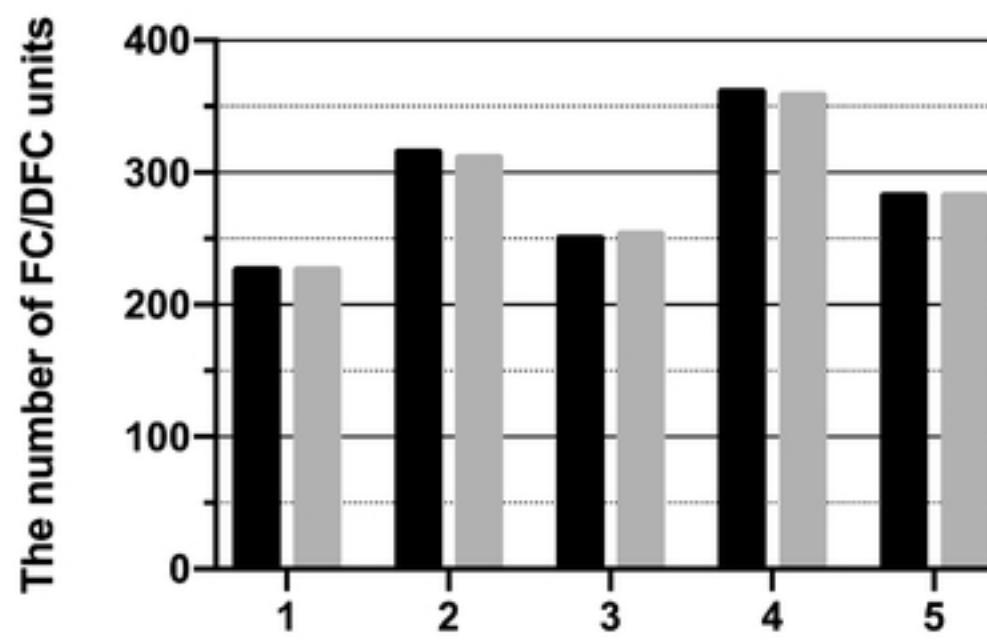


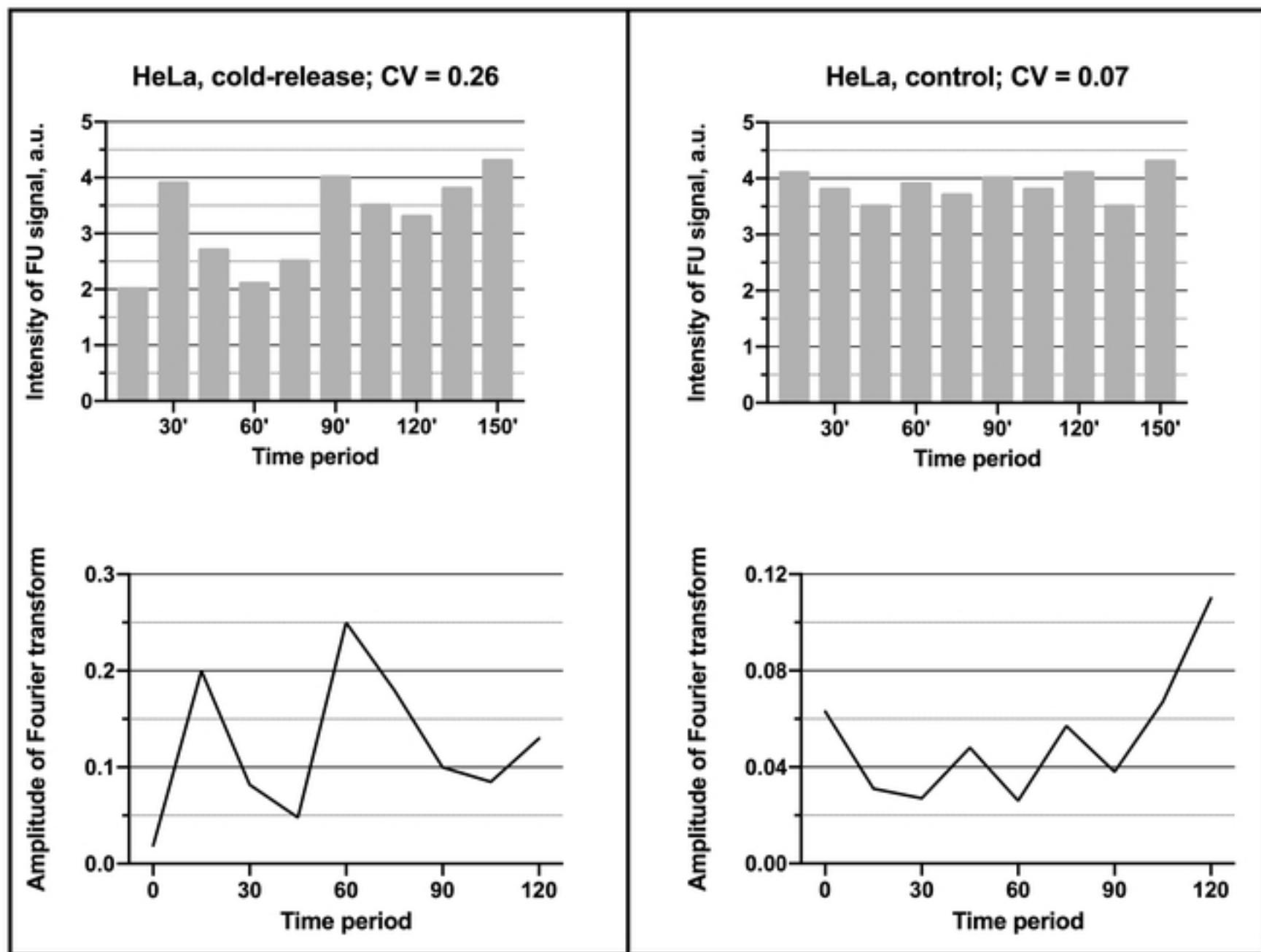
30 min recovery

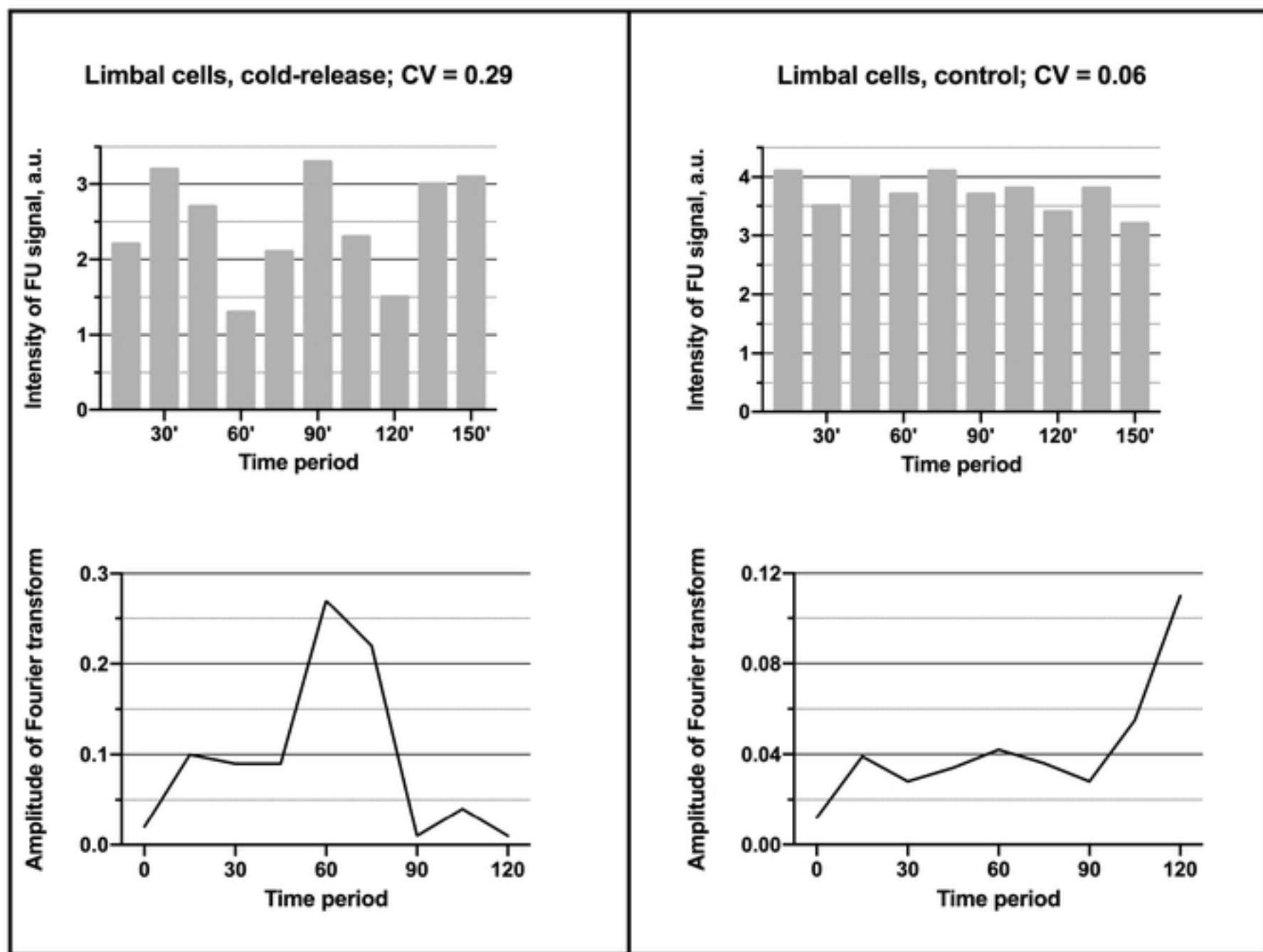


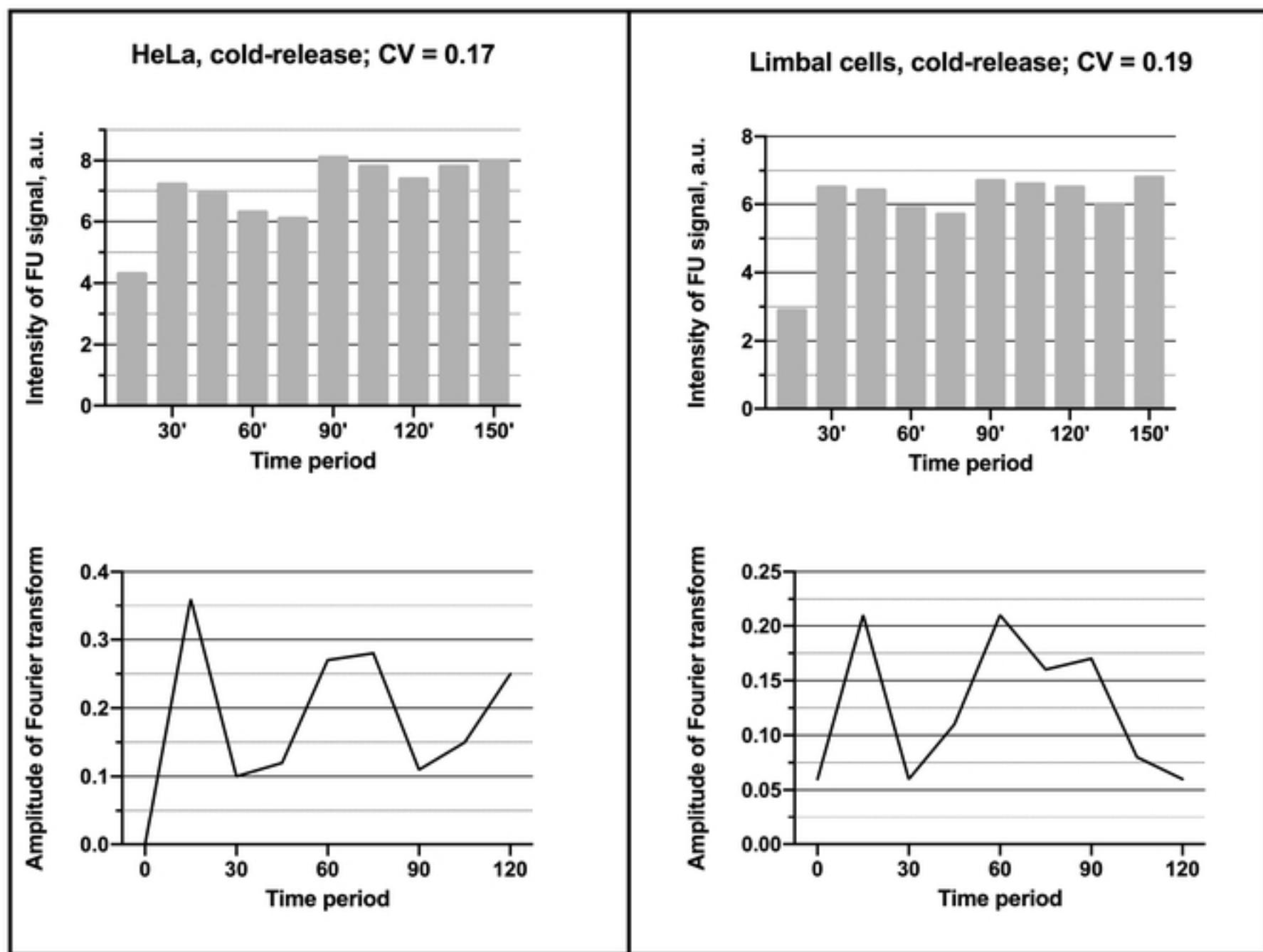
GFP-Fibrillarin

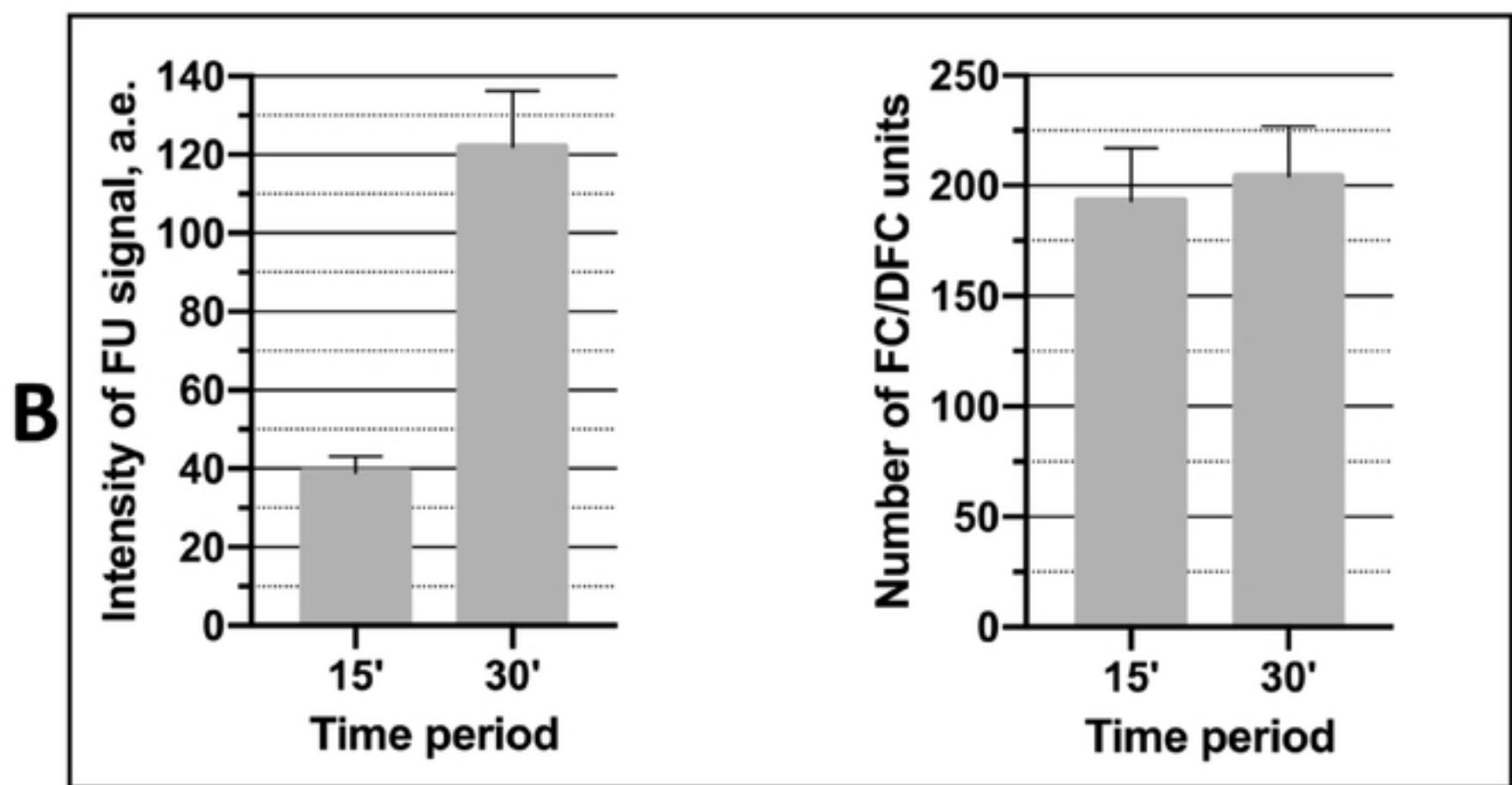
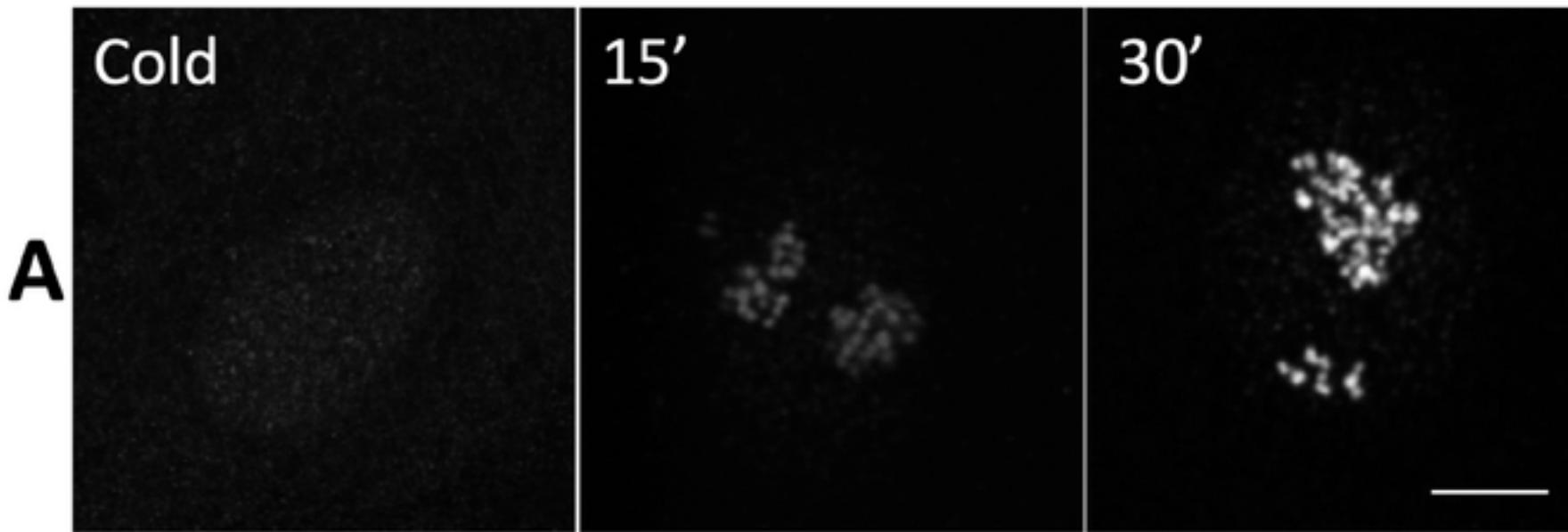


A**B**

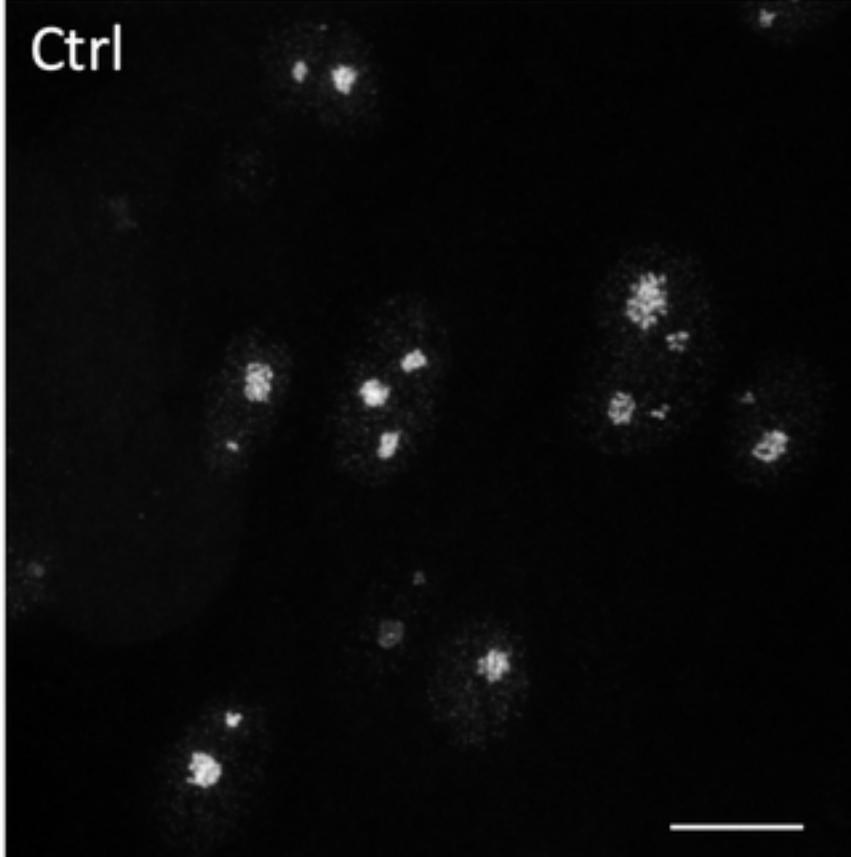




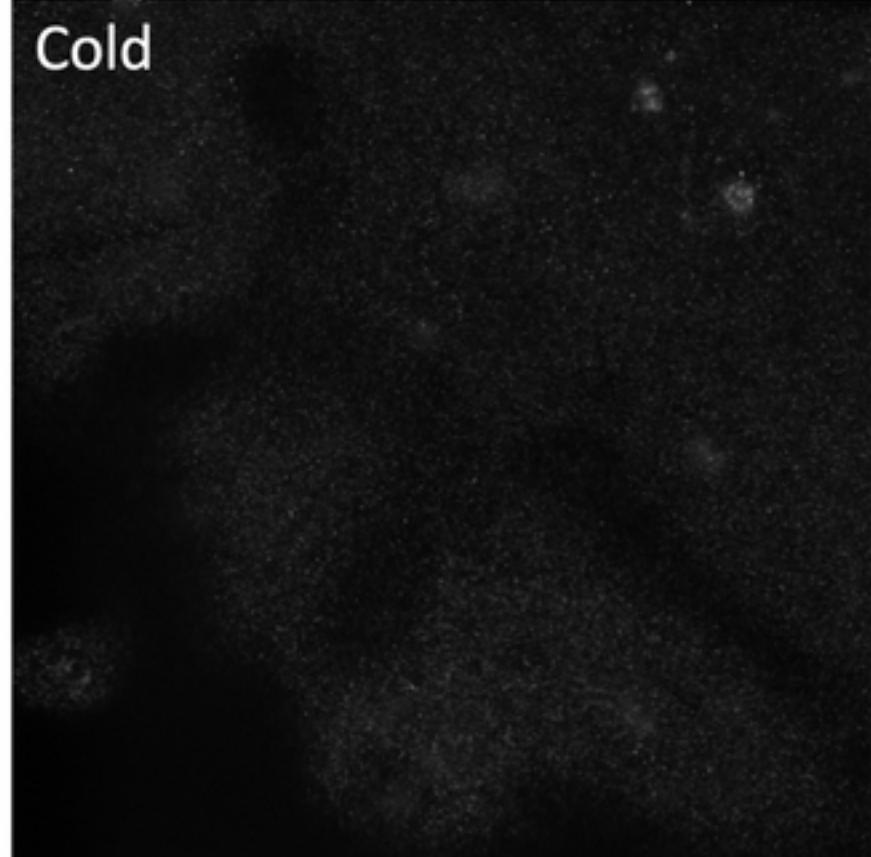




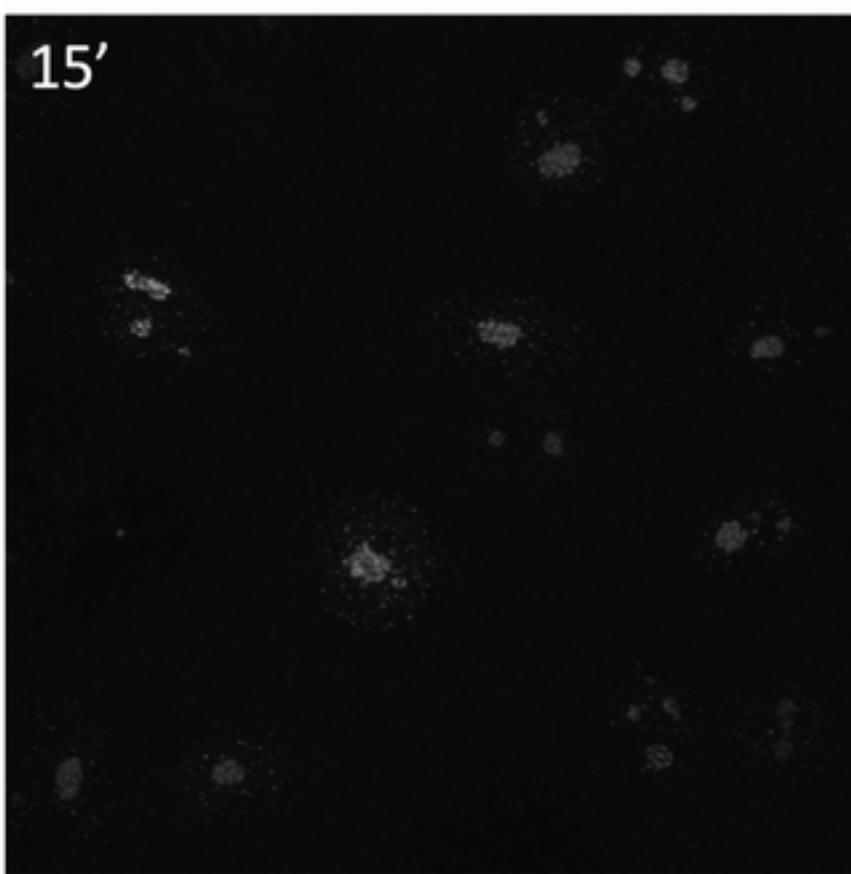
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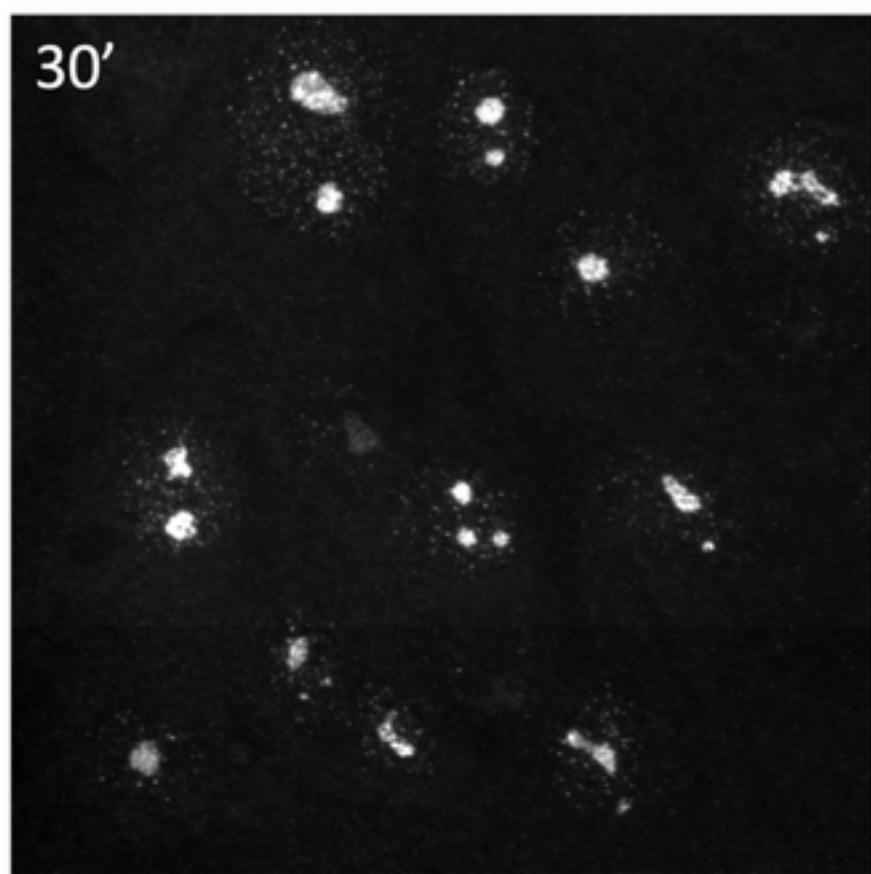
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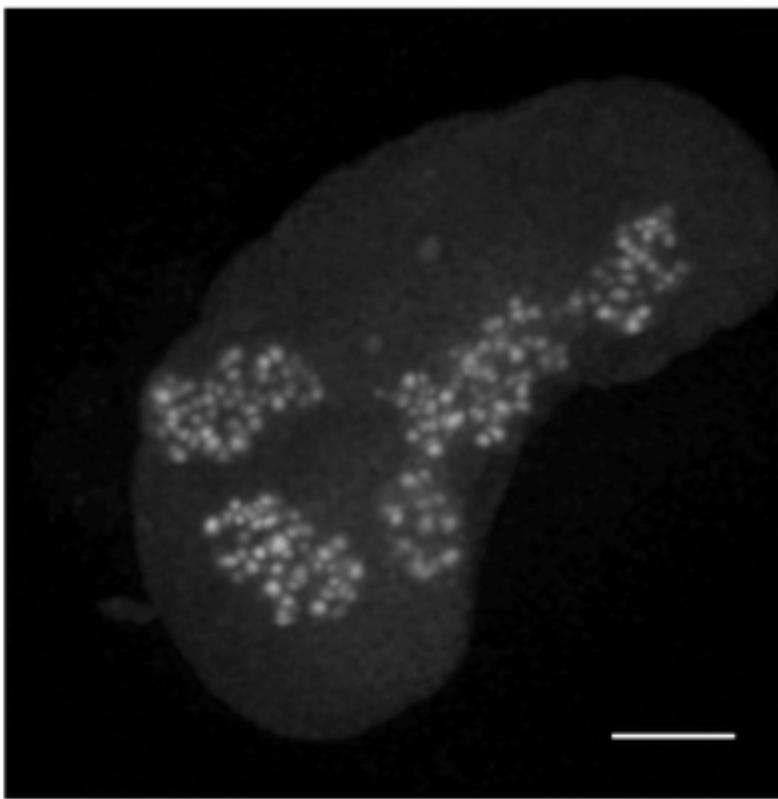


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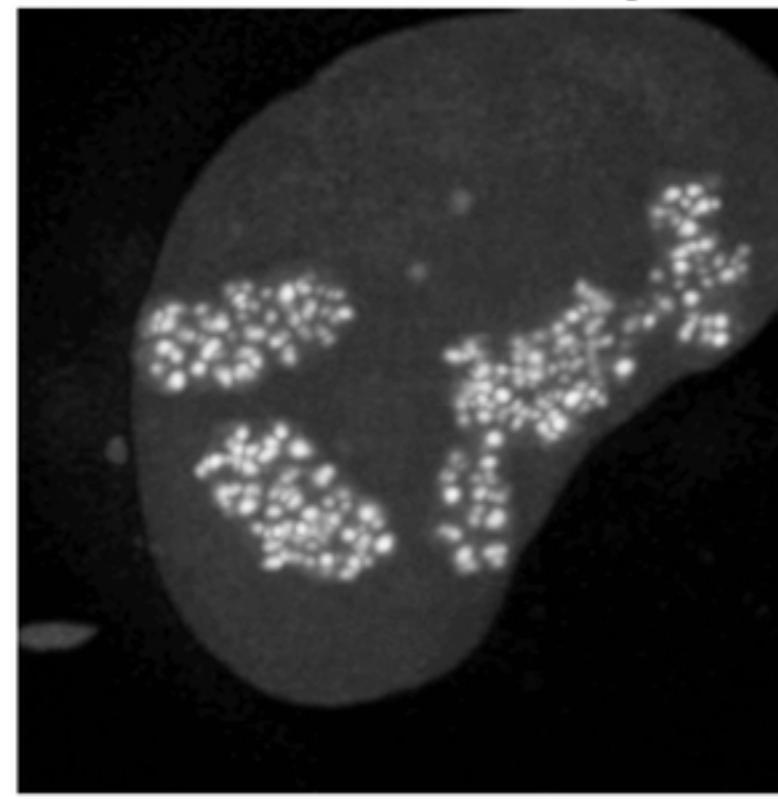


GFP-RPA43

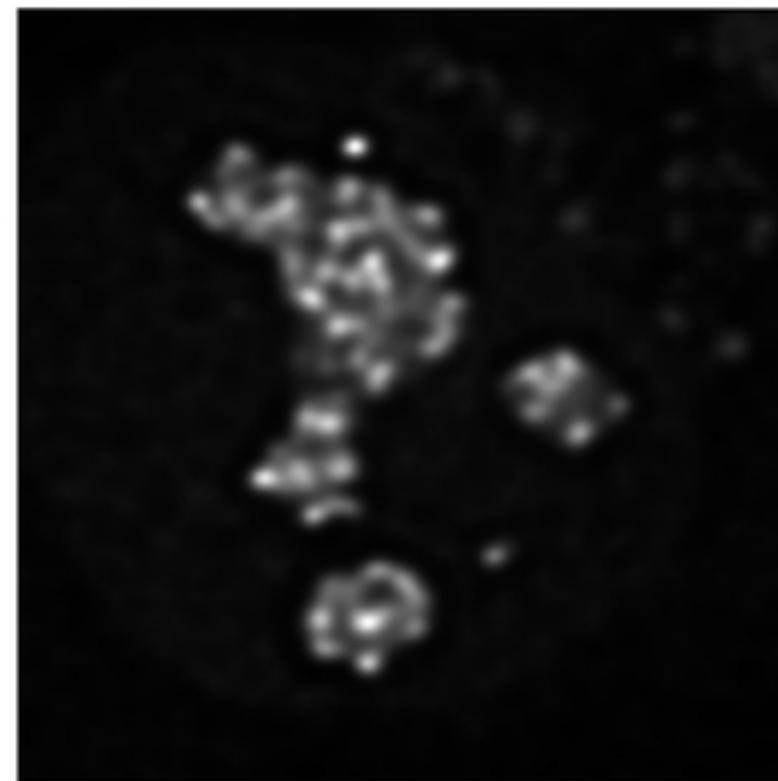
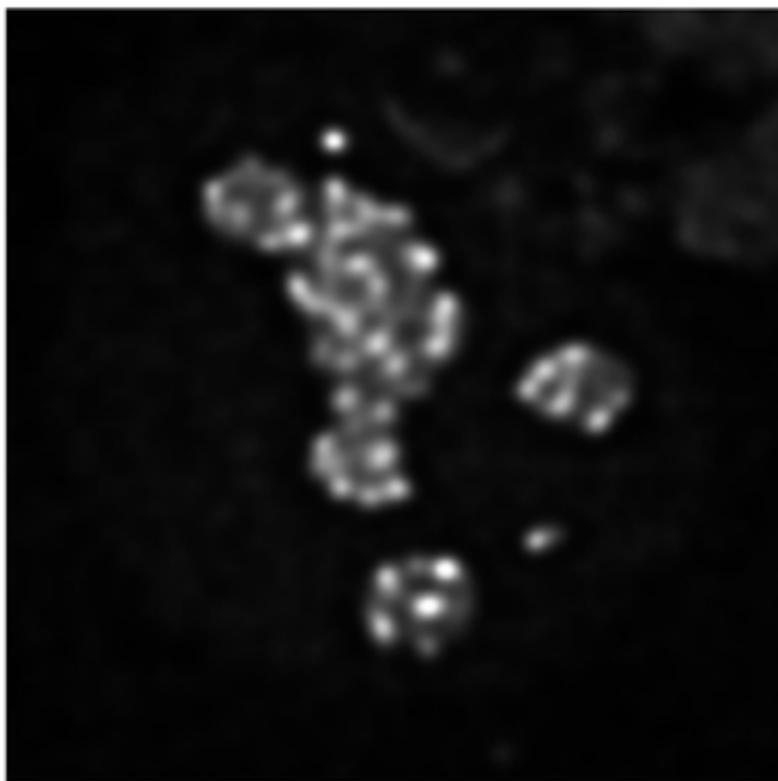
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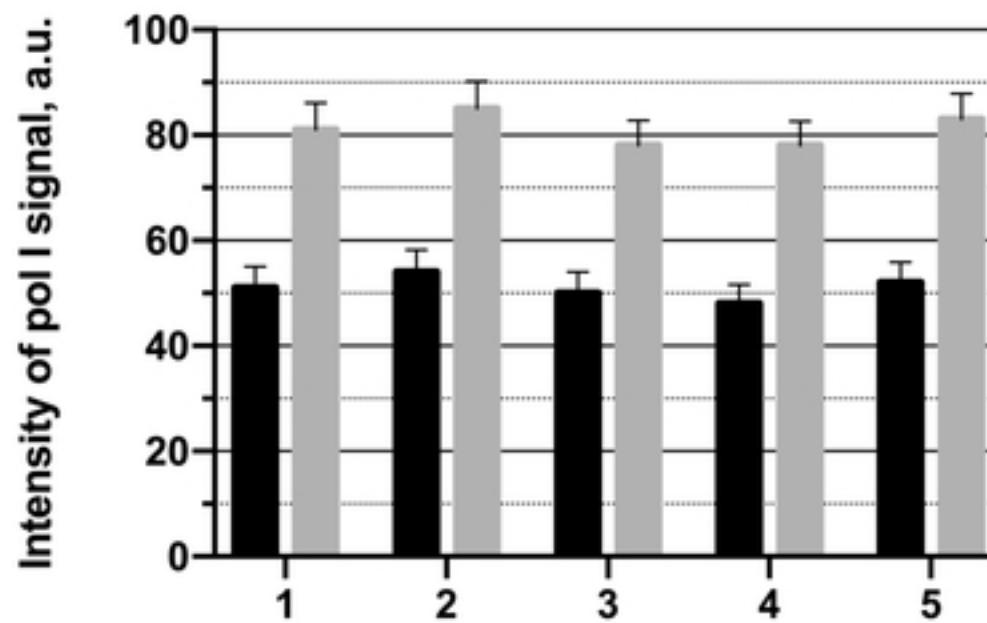
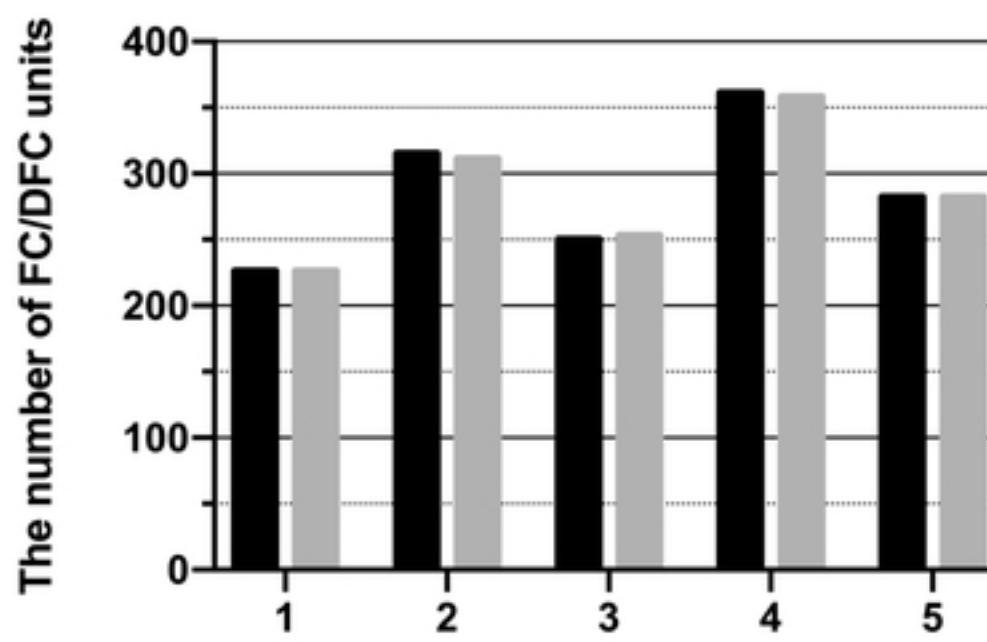


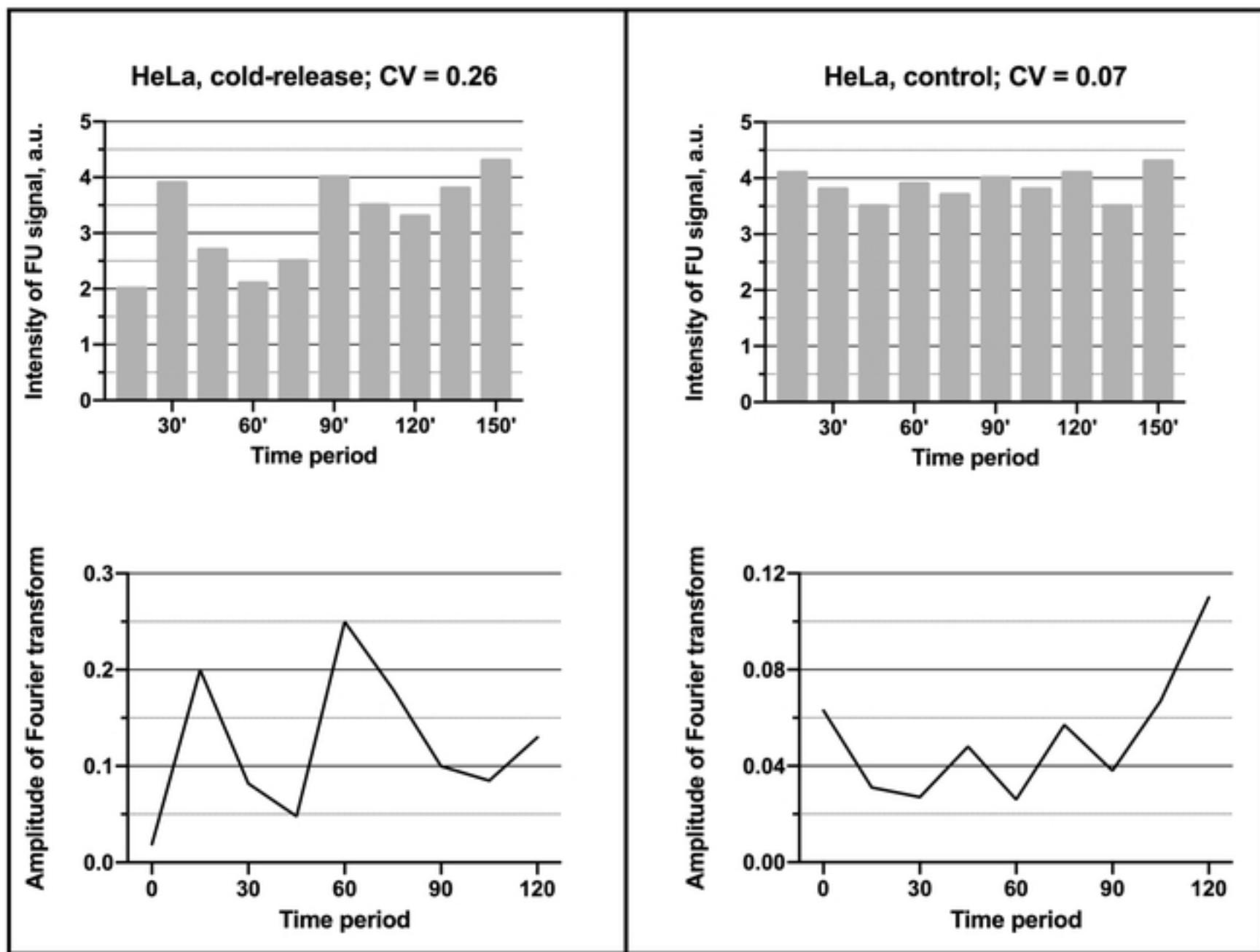
30 min recovery

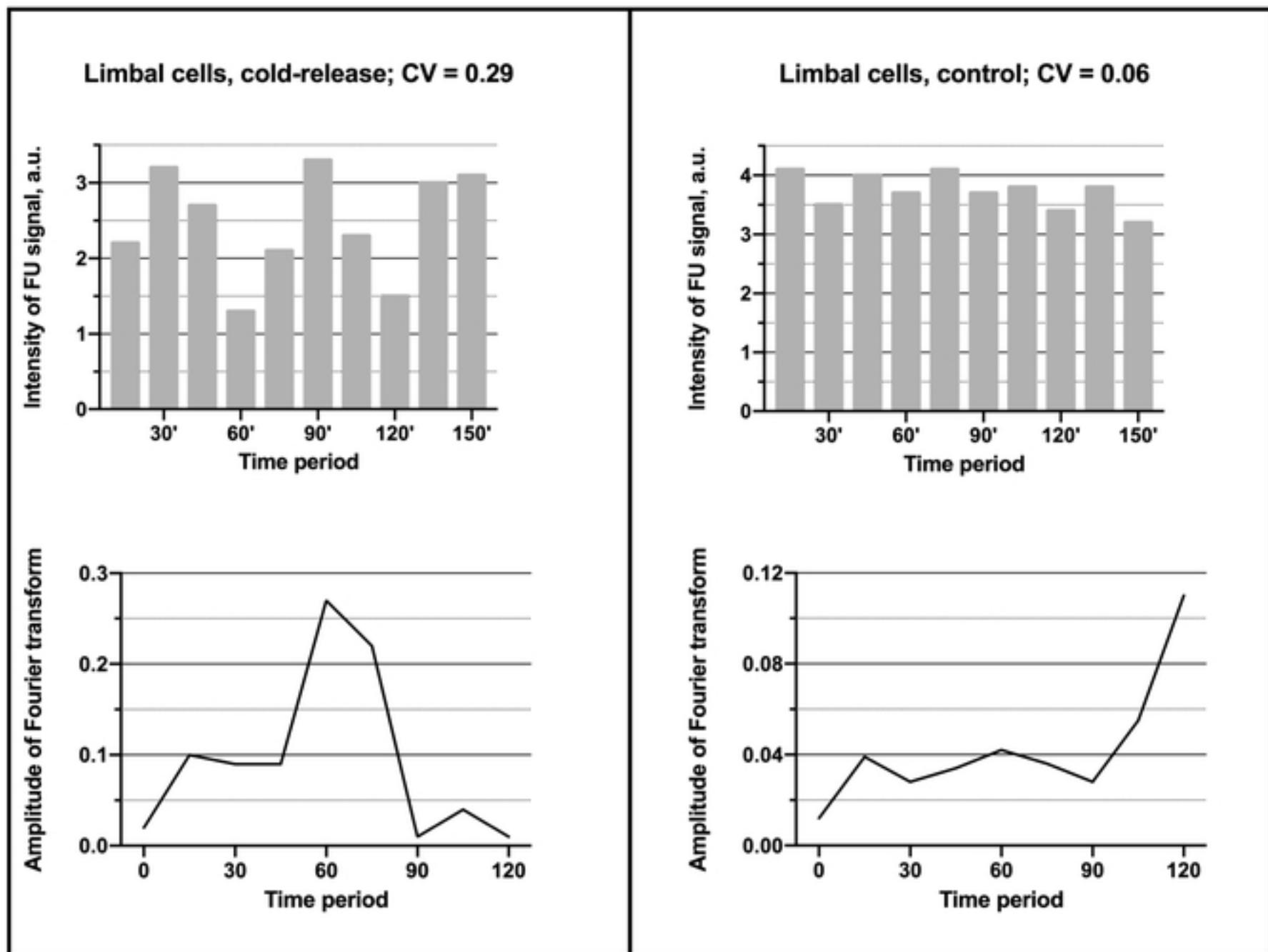


GFP-Fibrillarin

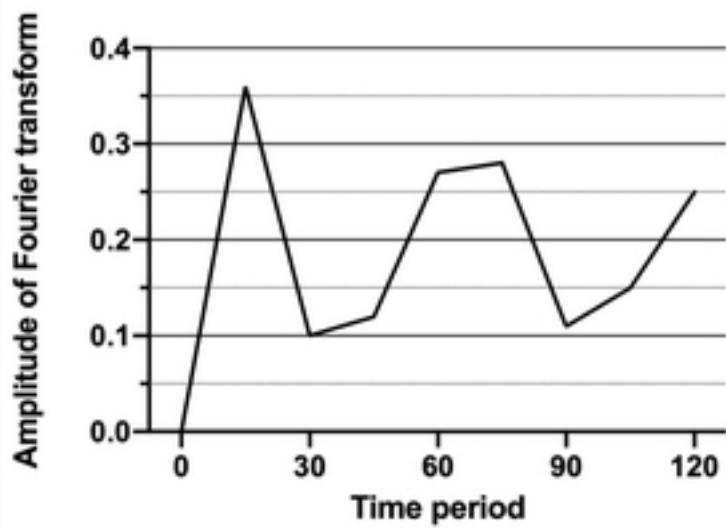
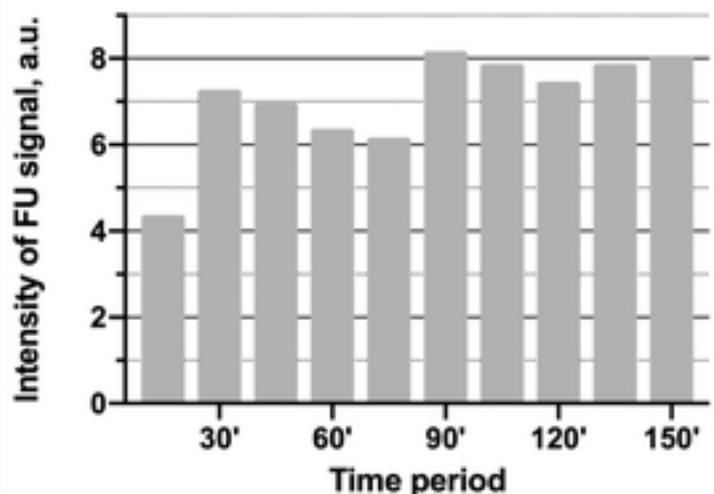


A**B**





HeLa, cold-release; CV = 0.17



Limbal cells, cold-release; CV = 0.19

