

1 **Life history genomic regions explain differences in Atlantic salmon marine diet specialization**

2 Tutku Aykanat<sup>1</sup>, Martin Rasmussen<sup>2</sup>, Mikhail Ozerov<sup>3,4</sup>, Eero Niemelä<sup>5</sup>, Lars Paulin<sup>6</sup>, Juha-Pekka Vähä<sup>7</sup>, Kjetil  
3 Hindar<sup>8</sup>, Vidar Wennevik<sup>9</sup>, Torstein Pedersen<sup>2</sup>, Martin-A. Svennning<sup>10\*</sup>, Craig R. Primmer<sup>1\*</sup>

4 1 Organismal and Evolutionary Biology Research Programme, University of Helsinki, Finland. 2 Department of Arctic and Marine Biology, UiT The Arctic University of  
5 Norway, Tromsø, Norway. 3 Department of Biology, University of Turku, Finland. 4 Kevo Subarctic Research Institute, University of Turku, Finland. 5 Natural  
6 Resources Institute Finland (Luke), Oulu, Finland. 6 Institute of Biotechnology, University of Helsinki 7 Association for Water and Environment of Western Uusimaa,  
7 Lohja, Finland. 8 Norwegian Institute for Nature Research (NINA), Trondheim, Norway. 9 Institute of Marine Research (IMR), Bergen, Norway. 10 Norwegian Institute  
8 of Nature Research (NINA), Arctic Ecology Department, Tromsø, Norway. \* denotes equal share senior author.

9 **Abstract:**

10 An ecological consequence of climate change is the alteration of food-web structures. Species with  
11 ontogenetic (age-dependent) diet variation, such as Atlantic salmon (*Salmo salar*), may exhibit an age-  
12 dependent response to food-web perturbations, which may subsequently influence the demographic structure.  
13 We previously showed that age at maturity in Atlantic salmon is primarily influenced by few genomic regions  
14 (*vgl3* and *six6*), but whether these regions are linked to diet is unknown. We hypothesized that genetic  
15 variation in these life history genomic regions govern age-dependent resource utilization efficiency, which  
16 would subsequently influence age at maturity. To test this, we first performed stomach content analysis of  
17 Atlantic salmon sampled at sea on their return migration to fresh water, followed by targeted genotyping by  
18 sequencing. Here, we first showed that Atlantic salmon change their feeding strategies along their ontogeny.  
19 Consistent with the so-called feast and famine strategy, older age groups retained a heavier stomach content,  
20 which however came at the expense of running on empty more often. Next, we presented evidence that  
21 stomach fullness in Atlantic salmon is associated with *six6*, a gene previously shown to be potentially under  
22 divergent selection and correlated with age at maturity among populations. There was no association with  
23 *vgl3*, a gene with a large effect on sea age at maturity. Prey composition was marginally linked to both *six6*  
24 and *vgl3*. Our results suggest that Atlantic salmon individuals are not as generalist as previously thought and  
25 that genetic variation partly underlies resource utilization variation among individuals. Given that feeding  
26 strategies differ ontogenetically, and a spatially divergent genomic region is associated with diet acquisition  
27 variation, we predict populations with diverse maturation age will have diverse evolutionary responses to  
28 future changes in marine food-web structures.

29 **Introduction:**

30 Diet acquisition is a strong evolutionary force that can shape population demography and abundance,  
31 and is an integral determinant of ecosystem functions (Engen and Stenseth 1989, Svanbäck and Persson  
32 2004, Bolnick and Araujo 2011). Individuals exhibit differences in prey preference and prey  
33 acquisition efficiency, which, if heritable, may be a target of selection and ultimately promote  
34 ecological specialization (Fox and Morrow 1981, Smith and Skulason 1996, Devictor et al. 2010,  
35 Elmer et al. 2010, Machovský-Capuska et al. 2016, Sexton et al. 2017). Large-scale disturbances in  
36 community structure, e.g., as a result of climate change (Sydeman et al. 2015) alter food web structures  
37 and the composition of available resources (Daufresne et al. 2009, Pershing et al. 2015, Bentley et al.  
38 2017), forcing species to rapidly adapt to new diet landscapes. Therefore, understanding the underlying  
39 mechanisms shaping food acquisition strategies is fundamental to evolutionary biology and vital for  
40 predicting species survival in a changing world.

41 If heritable, the inter-individual variation in resource acquisition strategies may have complex  
42 evolutionary consequences mediated by trade-offs between energy gain and survival across density-  
43 and frequency-dependent fitness landscapes (Mousseau et al. 2000, Reznick and Ghalambor 2001,  
44 Reznick 2016, Sexton et al. 2017). For example, increased boldness to improve resource acquisition  
45 success may come at the expense of higher predation risk, the fitness costs of which may be linked to  
46 predator densities (Gotthard 2000, Carter et al. 2010, Bolnick et al. 2011). Likewise, the composition  
47 and abundance of available resources may alter the demographic structure of a population (e.g., Heino  
48 and Kaitala 1999, Enberg et al. 2012). For example, fast growth at an early age, e.g. as a result of  
49 abundant food sources during the initial stages of life, may result in early maturation and hence a  
50 younger age at reproduction. In contrast, resource limitation due to high population densities results in  
51 increased allocation to somatic growth to improve size-dependent intra-specific competition (e.g.,  
52 Reznick and Endler 1982).

53 Ontogenetic diet shifts in organisms may be viewed as a special type of resource acquisition strategy in  
54 which diet variation is expressed as a function of age. Ontogenetic diet shift is a significant source of  
55 variation in species' diet breadth, especially among size- and age-structured organisms, such as fishes.  
56 In general, relatively large and/or old individuals shift towards feeding at higher trophic levels and/or  
57 on larger prey items to maintain a positive energy balance (Werner and Gilliam 1984, Mittelbach and  
58 Persson 1998, Jensen et al. 2012). Under changing food-web dynamics, diet specialization among

59 different age groups may substantially influence the demographic structure and life history diversity  
60 (Sanchez-Hernandez et al. 2019). For example, changes in resource composition that favour younger  
61 age groups would improve growth and subsequently increase the rate of maturation and the probability  
62 of survival at early ages. Ontogenetic diet shift is associated with a suite of changes in an individual's  
63 morphology, physiology and behaviour to maximize the efficiency of particular resources at a given  
64 ontogenetic stage, perhaps at the expense of reduced efficiency at other stages (Claessen and Dieckmann  
65 2002). If ontogenetic diet variation has a genetic basis, then we predict some individuals in a  
66 population to have a genetic predisposition for high prey acquisition efficiency early in their life history  
67 (via physiological or morphological trade-offs towards efficient exploitation at earlier stages), which  
68 may be associated with compromised energy acquisition at later stages in life (Claessen and  
69 Dieckmann 2002). We predict that such genetically driven trade-offs in resource acquisition efficiency  
70 between early and late stages mediate the age structure and abundance within and among populations  
71 and maintain genetic variation in resource acquisition strategies, but such examples in the wild are rare.

72 Atlantic salmon (*Salmo salar*) is a fish species recognized as a diet generalist and an opportunistic  
73 feeder with extensive ontogenetic and stage- and space-structured individual variation in diet breadth  
74 (Erkinaro et al. 1997, Jacobsen and Hansen 2001, Haugland et al. 2006, Hvidsten et al. 2009, Rikardsen  
75 and Dempson 2010, MacKenzie et al. 2012). At sea, where most growth occurs, salmon increasingly  
76 feed on prey at higher trophic levels as they grow and age (Jacobsen and Hansen 2001, Rikardsen and  
77 Dempson 2010). The time salmon spend at sea prior to maturation (sea age at maturity) also varies  
78 greatly within and among populations (Friedland and Haas 1996). Although the functional and  
79 physiological basis underlying age at maturity is not entirely known, it is considered to be a threshold  
80 trait, whereby higher lipid deposition is associated with early maturation (Friedland and Haas 1996,  
81 Jonsson et al. 1997, Thorpe et al. 1998, Taranger et al. 2010, Jonsson and Jonsson 2011). Therefore,  
82 variation in resource acquisition may be a strong determinant of the life history variation in salmon and  
83 a vector via which natural selection can act and result in adaptive genetic changes in populations.

84 In Atlantic salmon, two genomic regions on chromosomes 9 and 25 have been shown to have a  
85 disproportionate influence on life history strategy and population differentiation within and among  
86 populations (Ayllon et al. 2015, Barson et al. 2015, Czorlich et al. 2018, Pritchard et al. 2018, Aykanat  
87 et al. 2019). The so-called *vgl3* and *six6* genomic regions are named after the most prominent genes in  
88 their respective haploblocks on chromosomes 25 and 9, respectively. The *vgl3* genomic region on

89 chromosome 25 is associated with age at maturity (Ayllon et al. 2015, Barson et al. 2015), iteroparity  
90 (Aykanat et al. 2019), and possibly precocious male maturation in Atlantic salmon (Lepais et al. 2017).  
91 This genomic region also exhibits strong spatial divergence (Barson et al. 2015, Pritchard et al. 2018),  
92 and it has recently been shown to have been affected by natural selection over the last 36 years  
93 (equivalent to 4-6 salmon generations) in parallel to the changing age structure (Czorlich et al. 2018).  
94 The *six6* region on chromosome 9 is associated with sea age at maturity at the population level as a  
95 result of the strong correlation between the average allele frequency and average maturation age of  
96 populations (Barson et al. 2015). This region also exhibits the strongest signal of differentiation among  
97 European populations (Barson et al. 2015) and Tana/Teno River populations (Pritchard et al. 2018) and  
98 is hence distinguished as a critical genomic region for local adaptation. Genes found in these  
99 haploblocks appear to have a role in adipose or energy metabolism regulation in other organisms. The  
100 *vgl3* gene is an adipocyte inhibitor, the expression of which is correlated with body weight and  
101 gonadal adipose content in mice (Halperin et al. 2013). Recently, a strong selective sweep near the  
102 *vgl3* gene was postulated to be due to energy metabolism effects in humans in Mongolia (Nakayama et  
103 al. 2017). In turn, genes in the *six6* genomic region are involved in cell growth, cell differentiation,  
104 apoptosis in human cell lines (*PPM1A*, Lin et al. 2006), and myogenesis and skeletal muscle cell  
105 proliferation in zebrafish (*six1b*, Ridgeway and Skerjanc 2001, Bessarab et al. 2004, O'Brien et al.  
106 2014) and act as an evolutionarily conserved regulator of eye development and the pituitary–  
107 hypothalamic axis (*six6*, Serikaku and Otousa 1994, Toy et al. 1998, Gallardo et al. 1999). Collectively,  
108 this suggests that the *vgl3* and *six6* haploblocks might have broad-scale roles in reproductive and life-  
109 history strategies in Atlantic salmon. However, how polymorphism in these regions may be translated  
110 to functional differences expressed in the wild is unclear.

111 Here, our objective was to test whether age-dependent differences in food acquisition efficiency are  
112 associated with the *vgl3* and *six6* genomic regions and discuss their role in explaining the genetic  
113 variation in age structure. We achieved this goal by assessing stomach content data from adult Atlantic  
114 salmon sampled along the coast during spawning migration and genotyping the same individuals for  
115 the *vgl3* and *six6* genomic regions using a targeted sequencing approach. Using a modelling  
116 framework that accounted for potentially confounding environmental and phenotypic variables, we  
117 tested whether variation in diet and resource acquisition strategies had a genetic component explained  
118 by the age at maturity-linked genomic regions. Elucidating the genetic interplay between age at  
119 maturity and diet breadth is crucial to better understand the dynamics and evolution of ecological

120 specialization and to better predict future demographic changes in Atlantic salmon populations under  
121 climate change.

122

123 **Materials and Methods:**

124 *Sample collection*

125 As part of a larger effort within the project “Sea salmon fishery, resource and potential (KOLARCTIC)”,  
126 Atlantic salmon (*Salmo salar*), on their return migration to spawning grounds, were sampled and  
127 stomachs were collected between mid-May and late July in 2008 by local sea fishers with bend nets or  
128 bag nets along the Finnmark coast, northern Norway (Svenning et al. 2019, Figure 1). Sampled fish  
129 were measured (fork length, cm) and weighed (g); their sex and maturity were identified, and stomachs  
130 were frozen for later diet analysis. In addition, scales were sampled from all fish for age determination,  
131 categorization as wild or farmed fish according to ICES guidelines (ICES 2011, Svenning et al. 2019),  
132 and genetic analysis. The species composition of the diet was then characterized by morphologically  
133 identifying all prey items down to the species level and weighing them. Unidentified digested remains  
134 were also weighed. The identifiable portion of the diet in the dataset was overwhelmingly comprised of  
135 four fish species: sand eel (*Ammodytes* spp.), capelin (*Mallotus villosus*), herring (*Clupea harengus*),  
136 and haddock (*Melanogrammus aeglefinus*, see Results section for details). In the interest of analytical  
137 brevity, a few rare prey species were handled as follows: one gadoid fish was grouped with haddocks,  
138 both of which belong to the Gadiformes order, and negligible amounts of krill, other crustaceans, and  
139 Liparidae (0.2% of the total stomach weight) were categorized together with the unidentified material.

140 *DNA extraction, microsatellite genotyping, and SNP genotyping by targeted sequencing*

141 DNA was extracted from scales either using a QIAamp 96 DNA QIAcube HT Kit (Qiagen) following  
142 the manufacturer's protocol or according to (Elphinstone et al. 2003). Microsatellite genotyping of 31  
143 markers was performed as outlined in (Ozerov et al. 2017). Samples were further genotyped by  
144 targeted sequencing at 173 SNP markers and the sex determination locus (sdy) as outlined in (Aykanat  
145 et al. 2016), with some modifications. Briefly, 174 genomic regions were first amplified in one  
146 multiplex PCR using locus-specific primers with truncated Illumina adapter sequences and using  
147 primer concentrations re-optimized for the Illumina platform (Supp. Table 1). The PCR products were

148 then treated with Exonuclease I and FastAP Thermosensitive Alkaline Phosphatase (Thermo Fisher) to  
149 remove unused primers and nucleotides. After the treatment, the products were re-amplified with  
150 adapter-specific primers containing Illumina and sample-specific dual-indexes. The index set was  
151 optimized using the BARCOSEL software (Somervuo et al. 2018). The PCR products were then  
152 pooled, purified and quantified with a Qubit 2.0 fluorimeter (Thermo Fisher) and analysed on a  
153 fragment analyser (Agilent Technologies). The pooled library was then size selected using BluePippin  
154 (Sage Sciences) to remove short unspecific products and checked on a fragment analyser. Finally,  
155 samples were single-end sequenced using a 150-cycle high-output sequencing kit on a NextSeq 500  
156 Illumina Sequencer following the manufacturer's guidelines. Loci with coverages over 12x were scored  
157 as in (Aykanat et al. 2016). The two focal SNPs used in the analyses were *vgl3*<sub>TOP</sub>, which exhibits the  
158 strongest signal of association with age at maturity in the *vgl3* genomic region, and *six6*<sub>TOP.LD</sub> in the  
159 *six6* haploblock on chromosome 9, the region that exhibited the second strongest association with sea  
160 age at maturity prior to population structure correction and is 34.5 kb away from and in complete  
161 linkage disequilibrium with the *six6*<sub>TOP</sub> SNP reported in Barson et al. (2015).

162 *Genetic stock identification (GSI)*

163 In total, 2023 samples that had greater than 80% success in regard to microsatellite genotyping were  
164 assigned to their population of origin with 31 microsatellite markers as described in (Svenning et al.  
165 2019) using the Bayesian GSI methodology described in (Pella and Masuda 2001) and implemented in  
166 cBayes 5.0.1 (Neaves et al. 2005). In brief, the samples were allocated into 18 analysis groups, that is,  
167 the combination of two time periods (May-June and July) and 10 fisheries regions, with each group  
168 consisting of 30 to 288 samples for analysis. The GSI analyses were performed using five independent  
169 chains of 100K iterations starting from three random stocks, and the last 10K iterations of each chain  
170 were combined and used to assign individuals to their population of origin to remove the influence of  
171 initial starting values. The baseline population data for the GSI analysis included genetic information  
172 on 185 Atlantic salmon populations spanning from the Pechora River (Russia) in the east to the  
173 Beiarelva River (Norway) in the west (see details in Ozerov et al. 2017). A total of 1372 (64.7%)  
174 individuals were confidently assigned to a population of origin ( $p > 0.7$ ). Individuals assigned to a  
175 population with low confidence ( $p < 0.7$ ,  $N=651$ , 30.7%) were kept in the dataset with the highest  
176 ranked population assigned as the population of origin. Samples with no assignment due to low  
177 genotyping success with microsatellites ( $N=82$ , 3.9%) were assigned a population of origin using

178 genotype information from the SNP panel. For that, an individual was assigned to the population to  
179 which it exhibited the highest genetic similarity, measured according to the average genetic similarity  
180 of focal individuals to the individuals in each population (as inferred with the GSI analysis in the  
181 previous step) using the *A.mat* function in the rrBLUP package (Endelman 2011) A very small subset  
182 individuals (N=16, < 1%) that also exhibited poor genotyping success with SNPs (less than 50 SNPs  
183 with successful genotyping) was randomly assigned to a population, in which population assignment  
184 probability is weighted over the total number of individuals that were assigned by GSI.

185 The final dataset contained 2121 individuals after excluding previously spawned and escaped farmed  
186 salmon. In the final dataset, 93.3% of the samples had visibly detectable developing gonads,  
187 confirming concordance between sea age and sea age at maturity. Missing data points for some  
188 variables were inferred from highly correlated variables. In that regard, missing sea age information  
189 (i.e., due to unclear formation of sea annulus for detecting the correct sea-age for some first time  
190 spawners) was inferred from length data for 15 (0.7%) individuals, where the likelihood of age, given  
191 the length, was substantially higher (>20 times) for the inferred age group than for other age groups.  
192 Additionally, for 21 (1.0%) individuals with missing length data, fit using coefficients of log(weight) to  
193 log(length) regression (adjusted  $R^2 = 0.94$ ) was used to estimate the missing length information from  
194 the weight data. Finally, data for 33 (1.6%) individuals with missing *vgl3*<sub>TOP</sub> genotype scores were  
195 inferred from the genotype score of an adjacent SNP marker in the genotyping panel, *vgl3*<sub>Met54Thr</sub>,  
196 which is in close physical proximity to *vgl3*<sub>TOP</sub> with high linkage ( $r^2 = 0.79$ ).

197 *Genetic and ecological basis of the diet scope*

198 Unless otherwise noted, all statistical analyses were performed in R software v.3.2.5 (R Core Team,  
199 2018). Either a two-component hurdle model (with binomial and the conditional negative binomial  
200 components) using the *glmmTMB* package (Brooks et al. 2017) or a binomial model (with a log link  
201 function) using the *gamm* function in the *mgcv* package (Wood 2011) was employed as the statistical  
202 model. In all models, population of origin was included as a random term to account for background  
203 population effects. To control for spatio-temporal variation, sampling location (longitude) and the day  
204 of sampling (Julian day, zero centred, and scaled to one standard deviation) were included as smoother  
205 terms. Longitude, which explained 90.7% of the spatial variation (i.e., sampling locations mostly  
206 occurred along a longitudinal axis (see Figure 1) and were included in the models as a surrogate for the  
207 two-dimensional spatial distribution to decrease the parametrization of the model. In addition to

208 including the genetic variation in the *six6* and *vgl3* genomic regions additively in the model (i.e.,  
209 genotypes coded as a continuous factor with heterozygotes coded as the average of two homozygotes),  
210 age at maturity and residual length (log transformed total length after controlling for age at maturity)  
211 were also included in the model as categorical and continuous variables, respectively. All numeric  
212 variables were centred and scaled. For both genomic regions (*six6* and *vgl3*), alleles associated with  
213 late and early age at maturity were labelled as *L* and *E*, respectively.

214 The general model structure was as follows:

215  $Z = SA + \text{resLSA} + V_{SA} + S_{SA} + s(D) + s(L) + p + e$

216 where  $Z$  is the vector of response variables given as a function of sea age (SA), scaled residual length  
217 and *vgl3* and *six6* genotypes nested within sea age (resLSA,  $V_{SA}$  and  $S_{SA}$ , respectively), the smoother  
218 functions of sampling day (D) and location (L), and normally distributed random variance due to the  
219 population ( $p$ ) and individual (residual) effects. The genotypes are coded additively as 1, 2, and 3 (for  
220 *EE*, *EL* and *LL*, respectively). In the model, the scaled genotypes and residual length were analysed  
221 independently within sea age group (i.e., nested model), which provided a statistical framework  
222 suitable for testing hypotheses related to ontogenetic diet structure. In this model, a small number of  
223 4SW individuals ( $N = 15$ , 0.7%, SW denotes number of winters salmon spent at sea prior to sampling.)  
224 was grouped and analysed within the 3SW for statistical coherence of the nested model. Models also  
225 accounted for spatio-temporal variation in the diet with smoothing spline functions. When using the  
226 *gamm* package, which provides a platform for generalized additive models, days and location were  
227 modelled with a smooth function (*s()*). When using *glmmTMB* package, which provides a platform for  
228 hurdle models but cannot directly model the smoother functions, an orthogonal spline design matrix  
229 with a low-rank thin-plate function was generated using the *spl* function in the *MCMCglmm* package  
230 (Hadfield 2010) in R and included in the model as fixed terms as a surrogate for the spatio-temporal  
231 spline functions. The number of knot points ( $k$ , which defines the curvature of the spline function) was  
232 set to five for both variables, but the results were robust to an increase in the  $k$  value, which did not  
233 qualitatively change the results (data not shown).

234 A number of variables pertaining to the diet content data were used as response variables in this study.  
235 Conceptually, these variables are linked to different aspects of diet acquisition mechanisms of this

236 species (e.g., Arrington et al. 2002) and may indicate different functional aspects associated with  
237 performance and life history variation among individuals.

238 1) *The presence and amount of total diet content in the stomach:* We used a two-component hurdle  
239 model to simultaneously account for stomach content quantity and empty stomach probability. By this,  
240 we tested for the prevalence of the “feast and famine” diet acquisition strategy in Atlantic salmon as a  
241 function of ontogeny and genotype, whereby large piscivorous fish species are predicted to experience  
242 prolonged periods with empty stomachs in the interest of acquiring a high quantity of food (Arrington  
243 et al. 2002, Armstrong and Schindler 2011). Both components in the hurdle model included the same  
244 set of covariates (as described above). A logistic model with a log link was used to model the  
245 probability of the presence of a prey item, whereas a zero truncated negative binomial model with a log  
246 link was utilized as the conditional component. In this analysis, the total stomach weight, which had  
247 excess zero elements and a right-tailed continuous distribution (ranging from 0.5 to 393.3 g), was  
248 transformed to a discrete distribution by arbitrarily binning the total weight in 10 g increments, with  
249 zero stomach content set as the first bin at a value of zero (Supp. Figure 1). This transformation  
250 provided a distribution that can be modelled with the hurdle framework in the *glmmTMB* package  
251 (Brooks et al. 2017).

252 2) *Total number and average weight of prey items in the stomach:* An increase in the total prey  
253 weight in the stomach can be explained either by an increase in prey number or an increase in the  
254 average prey weight. Therefore, we next investigated the contribution of these two components in  
255 terms of explaining the model using the same statistical framework as above. Similar to the total prey  
256 weight, the average prey item weight (ranging between 0.2 and 300.2 g) was also transformed to  
257 discrete units by arbitrarily binning the data at 5 g intervals, with zero stomach content set as the first  
258 bin (Supp. Figure 1).

259 3) *Relative prey composition:* Finally, to test whether sea age, size at age, or genotype is  
260 associated with specific prey species, we modelled the prey composition, measured as the proportion of  
261 a specific prey species contributing to the stomach content weight. We employed a binomial regression  
262 using the *mgcv* package (Wood 2011) (as described above), whereby the proportion of a species in the  
263 total prey weight was modelled as the response variable separately for all four species.

264 Extensively digested, unidentified content in the stomach (4.5% of the total stomach weight) was not  
265 treated as diet material in order to accurately reflect the recent feeding activity (e.g., Jacobsen and

266 Hansen 2001). For all models, the effect size and confidence intervals were calculated with 10,000  
267 parametric permutations of the model coefficients. To account for potential spurious inflation that may  
268 be caused by the inclusion of genetic data, the analytical pathway was repeated using 168 independent  
269 and putatively neutral markers that are present in the SNP panel, and focal SNPs were ranked across  
270 the background genetic effect (by comparing the genetic model and the null model at each SNP  
271 marker).

272

273 **Results:**

274 Out of the 2121 individuals examined in the final dataset, 992 individuals had identifiable prey items in  
275 their stomachs (46.8%). Four fish species, sand eel (*Ammodytes* spp.), capelin (*Mallotus villosus*),  
276 herring (*Clupea harengus*), and haddock (*Melanogrammus aeglefinus*), comprised the bulk of the diet  
277 content, representing 42.2 kg of the 44.2 kg quantified diet content (95.5%). In total, there were 2843  
278 identifiable prey items in the datasets, with sand eel being the most abundant and herring being the  
279 largest percentage by weight (Supp. Figure 2). On average, prey size significantly differed among  
280 species, with haddock being the heaviest, followed by herring, capelin, and sand eel (Supp. Figure 2).

281 *Prey probability and weight in the stomach as a function of sea age, size at age, and genetic variation*

282 The two-component hurdle model revealed a striking negative relationship between the probability of  
283 non-empty stomach (e.g. presence of identifiable prey item in the stomach) and prey weight (grams) in  
284 the stomachs of Atlantic salmon as a function of sea age (Figure 2a, Supp. Table 2). Young age groups  
285 were more likely than older age groups to have non-empty stomachs. 1SW individuals were 1.45 (1.07  
286 - 1.95, 90% CI,  $p = 0.020$ ) and 2.39 (1.73 - 3.30, 90% CI,  $p < 0.001$ ) times more likely to have any prey  
287 item in their stomachs than 2SW and 3SW individuals, respectively, and 2SW individuals were 1.65  
288 times more likely to have a prey item in their stomachs than 3SW fish (1.35 - 2.00, 90% CI,  $p < 0.001$ ).  
289 The decrease in non-empty stomach was significantly associated with residual size variation within the  
290 2SW age group ( $p = 0.027$ , Figure 2b), with larger individuals having empty stomachs more often than  
291 the smaller-sized fish in the same age group.

292 The *six6\*L* allele, which has a higher frequency in populations with an older sea age at maturity  
293 (Barson et al. 2015), was associated with an increase in the probability of non-empty stomach in an

294 age-dependent order, with a more pronounced effect in younger age groups (Figure 3a). Allelic  
295 substitution from *E* to *L* in the *six6* genomic region (i.e. change in effect size by changing one allele of  
296 the genotype) increased the probability of prey occurring in the stomach by 1.56 (1.06 – 2.30, 90% CI,  
297  $p = 0.057$ ) and 1.25 times (1.08 - 1.45, 90% CI,  $p < 0.014$ ) in the 1SW and 2SW groups, respectively  
298 (Figure 3a). Both age groups exhibited significant or near significant age-dependent genotype effects  
299 relative to the 3SW group ( $p = 0.036$  and 0.051, respectively, Figure 3a). Strikingly, the increase in size  
300 at age was in the opposite direction to the *six6\*L* effect (Figures 2b & 3a) despite there being a  
301 significant correlation between the two (Supp. Table 3), suggesting the occurrence of complex,  
302 contrasting effects of *six6* across different phenotypic classes.

303 The conditional truncated negative binomial model suggested that young age groups had significantly  
304 less prey content in their stomachs than older age groups despite a higher likelihood of having non-  
305 empty stomach (Figure 2a). The contrasting results between the zero-inflated and truncated negative  
306 binomial components suggest that resource acquisition strategies differ among age groups. The model  
307 estimated, on average, 9.9 g (7.0 - 13.9, 90% CI), 24.8 g (21.8 – 28.6, 90% CI), and 41.5 g (33.8 – 50.9,  
308 90% CI) of prey items in the stomachs of 1SW, 2SW and 3SW fish, respectively, all of which were  
309 highly significantly different from one another ( $p < 0.001$ ). Residual length at age also appears to be a  
310 predictor of prey content, but only significantly so in the 2SW age group ( $p = 0.027$ , Figure 2b).

311 The conditional model suggested that the *six6\*L* allele was associated with increased total stomach  
312 weight in the young age groups (1SW and 2SW) but not in the 3SW group (Figure 3a). The allelic  
313 substitution effect from *E* to *L* was significant and associated with a 1.87-fold (1.29-2.73, 90% CI,  $p =$   
314 0.006) increase in prey weight in the 1SW group and was marginal in the 2SW group, associated with a  
315 1.14 (1.00-1.30, 90% CI,  $p = 0.099$ ) increase in prey weight (Figure 3a).

316 The *vgl3* genomic region was not associated with diet content variation, suggesting no link between  
317 the two (Figure 3b). However, the region may be subject to evolution via selection on sea age variation,  
318 since the *vgl3* effect covaries with age at maturity and length at age. Accordingly, the effect of *vgl3*  
319 was significant when these covarying phenotypes were not accounted for in the model (Supp. Table 4).  
320 Spatio-temporal variance in the dataset was substantial in explaining diet variation in both components  
321 of the hurdle model (Supp. Table 2, see also Supp. Figure 3). In general, diet presence and quantity  
322 were the highest at the westerly end of the distribution, with a gradual decrease towards the east. At the

323 temporal scale, sampling days in the middle of the sampling period were associated with a higher  
324 presence and quantity of diet in the stomach (Supp. Figure 3).

325 Population of origin did not appear to be a significant source of diet variation and explained only a  
326 fraction of the total variation in diet content (Supp. Table 2). When the analysis was performed with  
327 samples assigned to a population of origin with high confidence (N=1372), the variance due to  
328 population was similarly small (e.g., Supp. Table 5 shows the results for total stomach weight as the  
329 response variable; the results for other response variables, prey size and prey weight, are not shown),  
330 and the model was less parsimonious than that without the population effect, as assessed by comparing  
331 the model fit by difference in their Akaike information criterion ( $\Delta AIC = 3.42$ ).

332 In our framework, digested, unidentified material in the stomach was not included in the analysis (e.g.,  
333 Jacobsen and Hansen 2001). However, the results were qualitatively similar when digested material  
334 was included in the analysis (Supp. Table 6). A model including sex was less parsimonious and the  
335 term was not included as a parameter in the model ( $\Delta AIC = 0.75$ ). Finally, when the fit of the genetic  
336 models (*six6* and *vgl3*) was compared to the putatively neutral SNPs in the panel, *six6* ranked first out  
337 167, confirming its significance, while *vgl3* was only ranked 123<sup>rd</sup> (Supp. Figure 4).

338 In general, both the number of prey items and the increase in the individual prey weight contributed to  
339 the variation in the total stomach weight (Figures 2 & 3, Supp. Tables 7 & 8). The 3SW age group was  
340 associated with significantly fewer prey items (0.49 prey items, 0.34-0.71, 90% CI) than the 1SW (0.99  
341 prey items, 0.65-1.52, 90% CI,  $p = 0.004$ ) and 2SW age groups (1.32 prey items, 1.01-1.71, 90% CI,  $p$   
342  $< 0.001$ ), but the average prey weight was significantly heavier (27.40 g, 21.24-35.35, 90% CI) than  
343 that in the 1SW (2.68 g, 1.79-4.06, 90% CI,  $p < 0.001$ ) and 2SW (7.83 g, 6.45-9.53, 90% CI,  $p < 0.001$ )  
344 salmon. The average prey weight, but not the prey number, was also significantly different between the  
345 2SW and 1SW age groups ( $p < 0.001$ , Figure 2a). Size within age group also significantly influenced  
346 the number and size of prey. Larger fish within the 3SW age group had fewer ( $p < 0.001$ ) but heavier  
347 ( $p < 0.001$ ) prey items in the diet than smaller fish, and larger 2SW individuals consumed smaller prey  
348 items ( $p < 0.001$ , Figure 2b, Supp. Tables 7 & 8).

349 The number and size of prey items was also explained by the *six6* genotype in an age-dependent  
350 manner, with a more pronounced effect in the relatively young age groups. The *E* to *L* substitution in  
351 *six6* was associated with a 1.60-fold (1.08-2.36, 90% CI,  $p = 0.048$ ) increase in prey number in the

352 1SW age group (Figure 3a). The allelic substitution was also associated with 1.65-fold (1.07-2.56, 90%  
353 CI,  $p = 0.056$ ) and 1.22-fold (1.04-1.42, 90% CI,  $p = 0.040$ ) increases in average prey weight in the  
354 1SW and 2SW age groups, respectively, which was significant compared to that observed in the 3SW  
355 age group ( $p = 0.018$  and 0.030, respectively, Figure 3a). Genetic variation in *vgl3* was not  
356 significantly associated with average individual prey weight or prey number after controlling for age at  
357 maturity (Figure 3b).

358 *Relative prey composition as a function of sea age, size, and genetic variation*

359 Finally, we modelled the relative prey composition, measured as the proportion of a specific prey  
360 species contributing to the stomach content weight. In general, prey composition substantially varied  
361 across different age groups, suggesting a change in prey composition as the fish grow older (Figure 4).  
362 In general, older age groups were more likely to prey on herring and haddock, while younger age  
363 groups preyed on capelin and sand eel. The same pattern was observed within age groups, (e.g. larger  
364 fish within an age group had proportionally more herring and haddock than smaller fish in the same age  
365 group) albeit generally not significantly (Supp. Figure 5), suggesting that size may be a contributing  
366 factor explaining prey composition. In all analyses, spatio-temporal variation was a significant  
367 component explaining the prey composition (Supp. Table 9).

368 Genetic variation in *six6* and *vgl3* did not appear to be a strong predictor of prey composition, but  
369 some notable associational trends existed for the two genomic regions (Supp. Figure 6, Supp. Table 9).  
370 Particularly, *E* to *L* substitution in *vgl3* is associated with 1.31 times (1.01-1.70, 90% CI,  $p = 0.089$ )  
371 and 1.49 times (1.03-2.16, 90% CI,  $p = 0.076$ ) fewer capelin in the stomach relative to other prey  
372 species in the 2SW and 3SW age groups, respectively (Supp. Figure 6). Additionally, there was a  
373 significant age-dependent preference for capelin over herring associated with the *E* to *L* substitution in  
374 the *six6* genomic region (Supp. Figure 6). When compared to putatively neutral SNPs in the genotyping  
375 panel, capelin composition modelled with *vgl3* ranked 12<sup>th</sup> out of 164 SNPs (0.073, Supp. Figure 7), a  
376 value that is consistent with the analytically inferred p-value. Finally, when sea age and size at age  
377 were not controlled for, as expected, genetic variation in both the *vgl3* and *six6* genomic regions  
378 explained a substantial portion of the variation in relative prey composition, suggesting that genetic  
379 variation may further influence changes in prey composition via the association with size and age at  
380 maturity (Supp. Table 10).

381 **Discussion:**

382 In this study, we demonstrated that diet acquisition strategies in the sea vary with sea age in Atlantic  
383 salmon and that this variation is associated with genetic variation in key life history genomic regions,  
384 particularly in the *six6* genomic region. The variation in diet explained by sea age and size at age was  
385 mostly concordant, suggesting that size is the major driver of diet variation, influencing both the  
386 quantity and species composition of prey (Figures 2 & 4). Atlantic salmon prey on heavier but fewer  
387 prey as they grow older and larger, which seems to be a strategy that comes at the expense of a reduced  
388 prey acquisition probability (Figure 2a, e, Huey et al. 2001, Arrington et al. 2002). This pattern is  
389 consistent with the so-called “feast and famine” strategy observed among large piscivorous fish species  
390 (Arrington et al. 2002). The feast and famine feeding strategy is suggested to be an adaptation to  
391 maintain a positive energy balance at a large body size, especially when the acquisition of energy-rich  
392 food sources is unpredictable (Armstrong and Schindler 2011). Large Atlantic salmon appear to adopt  
393 this strategy, which is likely beneficial in terms of balancing the increase in energy costs associated  
394 with a large body size. A suite of physiological adaptations and metabolic adjustments, such as  
395 increased digestion capacity (Armstrong and Schindler 2011) and fat storage (Bustard 1967), may be  
396 associated with this strategy (Wang et al. 2006). For example, it has been shown that piscivorous  
397 species that adopt a feast and famine strategy maintain a large digestive tract, which provides quick  
398 food utilization when abundant prey are encountered (Armstrong and Schindler 2011). This  
399 physiological trade-off seems to be evolutionarily favourable for large fish when the prey distribution is  
400 stochastic despite the energetic costs of sustaining excess and energetically expensive digestive tissue  
401 (Armstrong and Schindler 2011). The feast and famine strategy in large Atlantic salmon may also be  
402 facilitated by other mechanistic processes, such as the trade-off of a lower success rate linked to larger  
403 prey or a lower attack rate associated with increasing size. Nonetheless, variation in foraging strategies  
404 among different age groups results in a large diet breadth, efficient resource partitioning, and reduced  
405 intraspecific competition among age groups, which subsequently promotes their co-existence (e.g.,  
406 Polis 1984, Smith and Skulason 1996, Svanback and Bolnick 2007). It is unclear what physiological or  
407 behavioural modifications are associated with the differential feeding strategies among the various age  
408 groups in Atlantic salmon. Nonetheless, changes in marine food webs may alter the density and  
409 composition of prey available to different age groups and hence alter the age-dependent selection  
410 landscape, potentially leading to adaptive changes in age structure. Our results confirm the value of

411 Atlantic salmon as a model species to study the evolutionary physiology of starvation and feeding in  
412 response to environmental changes in the wild.

413 Although salmon are generally considered to be diet generalists, the association between life history  
414 genomic regions (*six6* and marginally *vgl3*) and diet acquisition suggests that genetically controlled  
415 intraspecific diet specialization occurs in Atlantic salmon. This genetic variation may be linked to  
416 specialized dietary adaptations (e.g., physiological, morphological or behavioural) allowing the  
417 efficient utilization of diverse diet sources, resulting in increased niche breadth and reduced  
418 intraspecific competition (Dalmo et al. 1997, Bolnick et al. 2003, Bolnick and Fitzpatrick 2007,  
419 Svanback and Bolnick 2007). In particular, the *six6\*L* allele was associated with increased content in  
420 the stomach, especially in young age groups, which was explained by both an increase in the number of  
421 prey items and an increase in the average prey weight in the stomach. Intriguingly, however, the *six6\*L*  
422 allele was associated with a larger fish size within all sea ages (Supp. Table 3, see also, Barson et al.  
423 2015). Given that larger size at a given sea age is indicative of higher performance and fitness in adult  
424 salmon (e.g., Fleming 1996), the *six6\*L* allele (being linked to larger size) is predicted to have a  
425 selective advantage over the *E* allele and is hence predicted to prevail within and among populations. In  
426 contrast, the *six6* genomic region is highly variable within and among populations (Barson et al. 2015,  
427 Pritchard et al. 2018), and balancing selection appears to be the pervasive mode of evolution (Barson et  
428 al. 2015), with both alleles exerting some fitness advantage. This apparent contradiction may be  
429 explained by changes in the fitness landscape during the life cycle of an individual (i.e., fitness trade-  
430 offs within the lifetime of an individual associated with the *six6* region) or across generations. For  
431 example, genetic variation in *six6* may be under balancing selection via antagonistic genetic  
432 correlations in diet acquisition over the life cycle. Indeed, some results indicate that individuals having  
433 high freshwater growth may show poor seawater growth (Einum et al. 2002), prescribing further  
434 hypothesis linking it to genetic variation in *six6* genomic region.

435 Although our results suggest superior performance of the *six6\*L* allele at the adult stage, the opposite  
436 may be true at earlier life stages, when the prey species composition is substantially different, with  
437 significantly more invertebrates in the diet (Jacobsen and Hansen 2001, Rikardsen et al. 2004,  
438 Haugland et al. 2006), and different ecological drivers affect performance (Mittelbach et al. 2014,  
439 Sanchez-Hernandez et al. 2019). For example, if increased metabolic costs are linked with increased  
440 prey content in the stomach, a trait associated with *six6\*L*, this may not be an optimal acquisition

441 strategy in younger years (i.e. juveniles prior to, or in the early phases of marine migration) when the  
442 energy density of available prey cannot compensate for the greater effort (McNamara and Houston  
443 1996, Enberg et al. 2012). Such antagonistic genetic correlations between early- and late-life histories  
444 in diet acquisition may maintain polymorphism in the region. Alternatively, year-to-year variation in  
445 population-specific (e.g., density dependent) or ecosystem-level processes (i.e., prey composition,  
446 food-web dynamics) may alter the adaptive landscape of diet acquisition (Smith and Skulason 1996),  
447 resulting in fluctuating selection and a change in the direction of selection among alleles, which would  
448 maintain the genetic variation in the region. Indeed, in the year 2008, returning salmon had a notably  
449 older sea age at maturity in northern Norway than that observed in more recent years (i.e., the oldest in  
450 the last 20 years, see (Anon 2014). This is consistent with observed patterns that *six6\*L* is linked with  
451 larger size, perhaps as a result of providing a selective advantage for that particular year class.  
452 However, more research is required to explicitly test this possibility. The *six6* genomic region is highly  
453 spatially differentiated among populations (Barson et al. 2015, Pritchard et al. 2018). This suggests that  
454 any selection acting on *six6* as a result of selection on diet acquisition would influence the fitness of  
455 populations differentially, correlated with their average allele frequency. Hence, genetic variation in  
456 *six6* may be linked to the differential survival of populations at sea and should be closely monitored in  
457 population management.

458 The genetic variation in the *vgl3* genomic region had no clear effect on diet quantity, but there was a  
459 marginal, albeit consistent, association with higher capelin composition in the stomach (Supp. Figures  
460 6 & 7). Capelin is a key component in the Barents Sea ecosystem with critical bottom-up influence on  
461 the dynamics of many marine organisms, including cod, birds, and sea mammals (Gjøsæter et al. 2016).  
462 Capelin abundances have fluctuated considerably over recent decades, with some critical collapses  
463 mainly induced by occasional juvenile herring fluxes to the Barents system (Gjøsæter et al. 2016).  
464 Capelin schools occupy feeding grounds in the central and northern Barents Sea, and they migrate to  
465 the coastal regions for spawning (Gjøsæter et al. 2016), the time at which salmon post-smolts and  
466 returning adults utilize them as a food resource (Rikardsen and Dempson 2010, this study). Individuals  
467 with the *vgl3\*L* allele, which is associated with a later sea-age at maturity (Barson et al. 2015), were  
468 marginally less likely to feed on capelin, particularly in older age groups (2SW and 3SW). In addition,  
469 in contrast to herring, which was the most common prey item in the stomachs of the individuals in the  
470 2SW and 3SW age groups (Figure 4), capelin is likely a lower-energy prey item for Atlantic salmon  
471 (Elliott and Gaston 2008, Hedebohm et al. 2011, Renkawitz et al. 2015). This supports the notion that

472 *vgl3\*L* may contribute to foraging adaptations to support the high-energy demands associated with the  
473 larger body size of late maturing fish. However, the mechanisms driving such a compositional  
474 difference have yet to be determined.

475 Overall, genetic variation in both life history genomic regions appears to have a role in intraspecific  
476 diet specialization, but the mechanisms remain to be clarified. Although the underlying mechanism of  
477 diet specialization is complex (e.g., Mittelbach et al. 2014) and challenging to disentangle, performance  
478 trade-offs across different ecological settings and the life cycle are likely driving the life-history  
479 variation associated with these genomic regions. Analyses of datasets collected in the wild may suffer  
480 from confounding effects that co-vary with both the response variable and parameters of interest and  
481 generate spurious associations if they are not accounted for. In this study, a highly controlled linear  
482 model was employed to account for environmental and intrinsic parameters with potential confounding  
483 effects. First, resource availability at sea, e.g., the prey species density and distribution, is highly  
484 variable across time and space, even at small scales. Likewise, during their return migration, Atlantic  
485 salmon may be non-randomly distributed in relation to their life history, genotype, and population of  
486 origin (Svenning et al. 2019). For example, relatively early run timing is linked to both later maturation  
487 (Jonsson and Jonsson 2011) and *six6\*L* (Cauwelier et al. 2018, Pritchard et al. 2018), a pattern that  
488 concordantly holds in our dataset (Supp. Table 11). Hence, the analytical framework controlled for  
489 spatio-temporal variation and also accounted for non-linear changes through space and time (Supp.  
490 Figure 3). Similarly, sea age at maturity and size within an age group exhibited strong links with both  
491 diet and genetic variation in the life history genomic regions. By accounting for these phenotypes in the  
492 model, we were able to exclude the possibility of modelling the genetic variation via the effects of  
493 these intermediate phenotypes. Therefore, our framework was rather robust to drawbacks related to  
494 confounding factors observed in wild settings. Finally, variation in diet due to the population of origin  
495 was also accounted for in the model as a random intercept but did not explain significant diet variation  
496 at sea (Supp. Tables 2 & 5).

497 Quantifying resource acquisition via stomach content analysis is an integral component of trophic  
498 studies in ecology and evolution. In this study, we used stomach content information from a single time  
499 point as a proxy for diet acquisition. The analysis of diet content may be difficult for a number of  
500 reasons, such as the challenges in accounting for the diverse nature of diet content data, high  
501 percentage of digested items, and the diversity of metrics for statistical analysis (e.g., Rice 1988, Cortés

502 1997, de Crespin de Billy 2000, Baker et al. 2014). On the other hand, the relatively small number of  
503 diet species in our dataset, all of which were fishes, and the small proportion of undigested material  
504 provided us with a robust quantification of the diet and a powerful statistical framework with  
505 ecologically relevant response variables. Finally, the three most common prey species in our dataset  
506 (e.g., herring, capelin and sand eel) are from similar trophic levels independent of size or ontogeny  
507 (Dommasnes et al. , Bentley et al. 2017). Therefore, alternative approaches such as stable isotope  
508 analysis, which is sensitive to diet variation only across trophic levels, would have been unable to tease  
509 the observed variation apart, suggesting that stomach content analysis is a more robust approach when  
510 diet composition is variable only within similar trophic levels.

511 Marine ecosystems, which are composed of mostly poikilothermic species, are sensitive and highly  
512 responsive to temperature-driven changes (e.g., Clarke 2003, Sydeman et al. 2015). The Arctic region  
513 is particularly sensitive to global climate change (Polyakov et al. 2010), with significant anthropogenic  
514 effects further shaping the marine food webs in the region. Over the last 40 years, the abundance of  
515 Atlantic salmon has been declining, and the age structure has been shifting towards a younger age at  
516 maturity (Chaput 2012, Czorlich et al. 2018, Erkinaro et al. 2018). Such changes in demography are  
517 likely the result of bottom-up changes in prey community structure, likely fuelled by climate-induced  
518 changes to the ecosystem (Frederiksen et al. 2006, Todd et al. 2008). In this study, we demonstrated  
519 that the inter-individual variation in diet specialization is linked with age structure as well as the  
520 genetic variation in *six6* and *vgl13*, two genomic regions with substantial influence on life history  
521 variation and population divergence. This heritable intraspecific variation in diet specialization likely  
522 plays an important role in salmon life history by both promoting the niche breadth of species and  
523 enabling evolutionary responses in populations to changes in food composition. Given that both  
524 genomic regions are highly differentiated among populations, evolutionary response and the resulting  
525 demographic trajectories likely differ among populations. Future work should focus on characterizing  
526 the underlying physiological and/or behavioural mechanisms linking genetic variation with salmon diet  
527 acquisition to better predict the evolutionary response of populations to changing environments.

## 528 Acknowledgments

529 We acknowledge the Atlantic Sea salmon fishing organisations in Finnmark county, and especially  
530 fishers who collected more than 2000 stomachs from wild Atlantic salmon used in this study. Ursula  
531 Lönnqvist is thanked for laboratory assistance. This project received funding from the Academy of

532 Finland (project numbers 318939 to TA, 307593, 302873 to CRP), from the European Union, Kolarctic  
533 ENPI CBC project "Trilateral cooperation on our common resource; the Atlantic salmon in the Barents  
534 region (KO197)" (<https://prosjekt.fylkesmannen.no/Kolarticsalmon>), and The Research Council of  
535 Norway project no. 244086/E50. The funders had no role in study design, data collection and analysis,  
536 decision to publish, or preparation of the manuscript.

537

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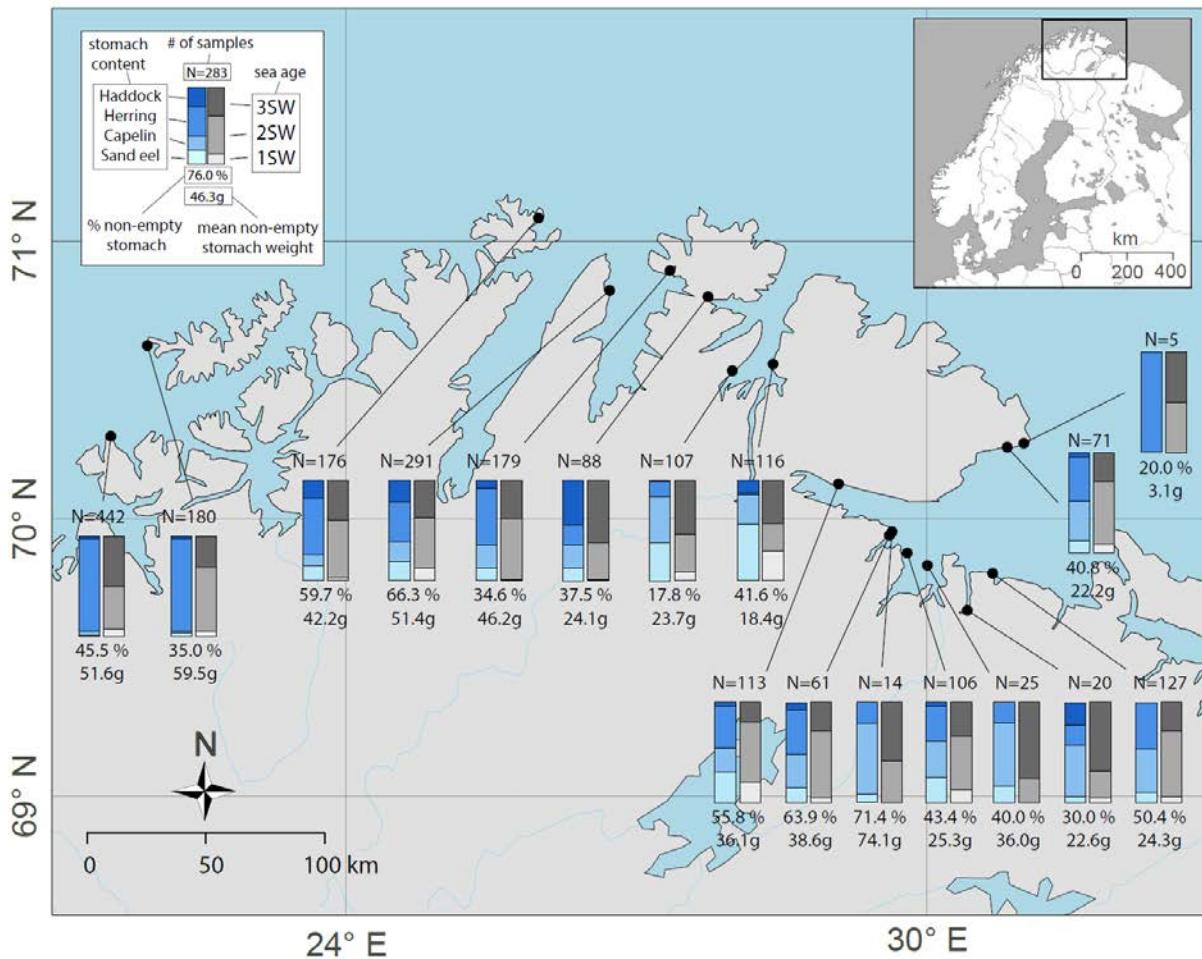
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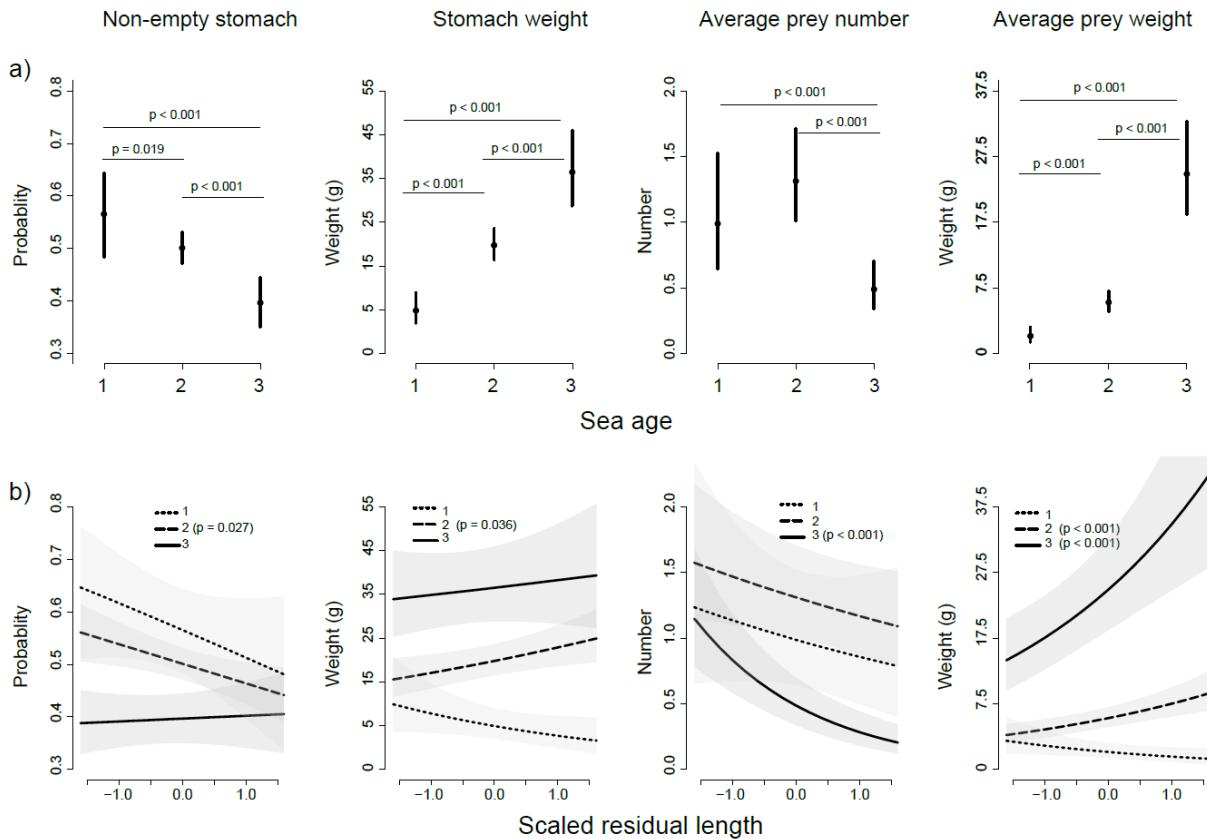
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755 **Figures:**



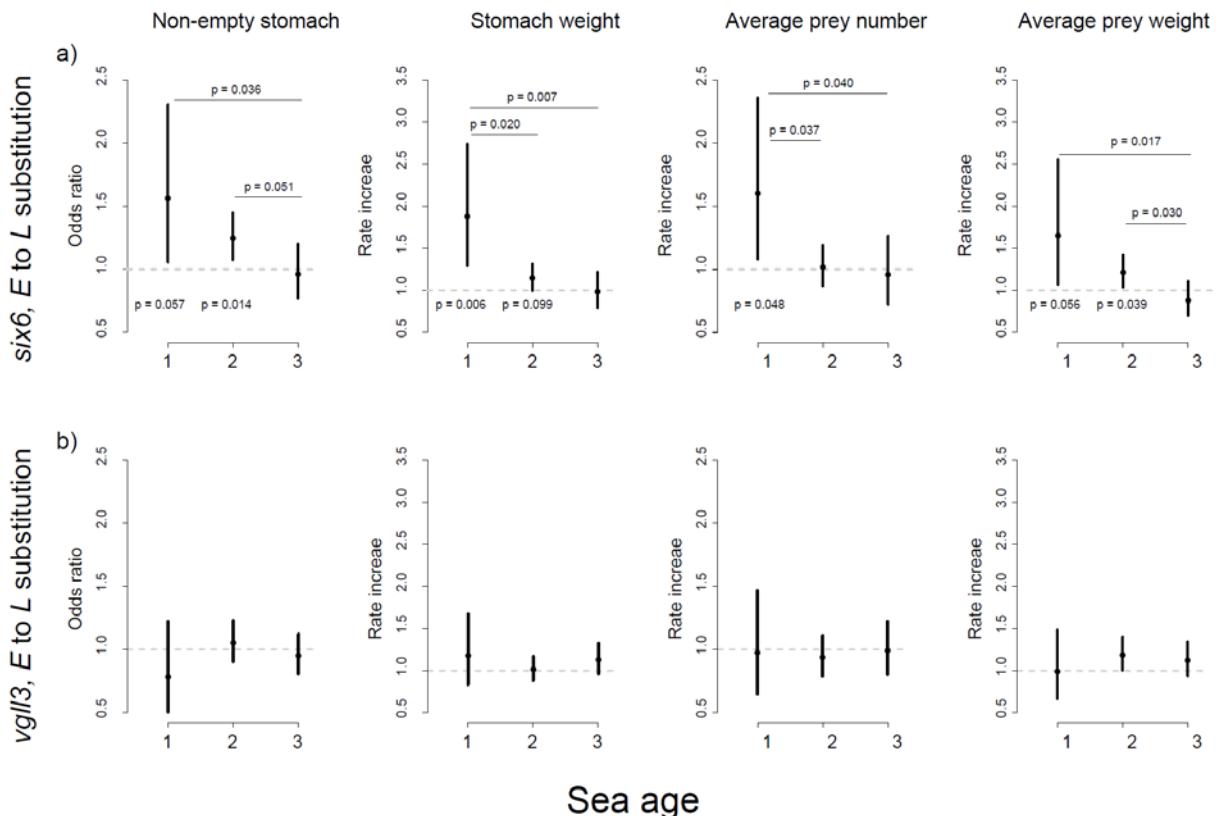
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757 **Figure 1:** Map of the study region including sampling locations and a description of age and stomach  
758 content distributions and sample sizes in each sampling location. See the inset key for a description of  
759 the parameters of the spatial distributions given on the map.



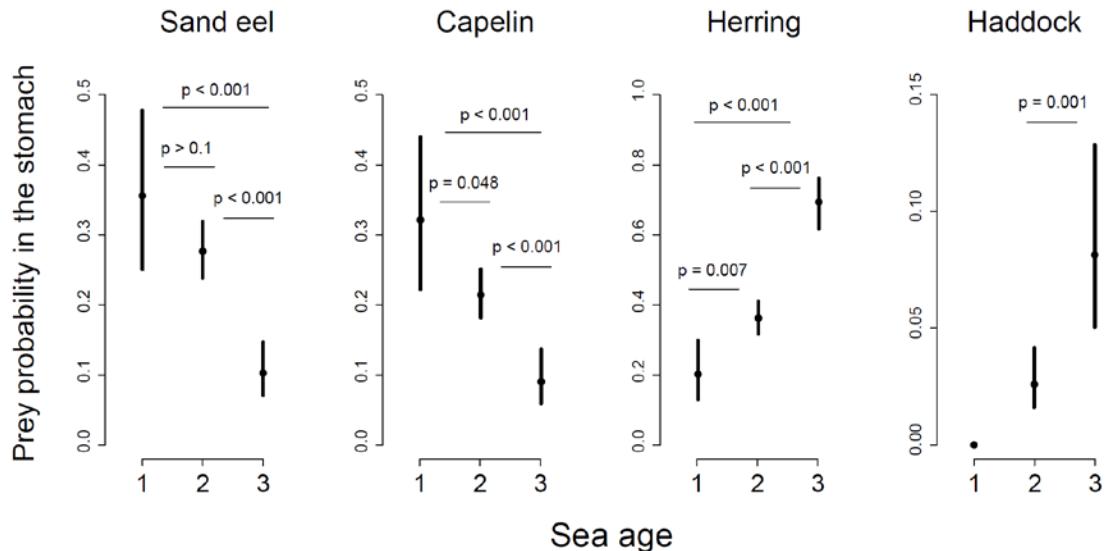
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761 **Figure 2:** Changes in four stomach content variables in relation to sea age (a) and size at age (b) and  
762 associated 90% confidence intervals. Only p-values < 0.1 are given in the figures. Binned prey weights  
763 are given after back transformation to the original scale (i.e., grams). Note that estimates in the last  
764 three columns (stomach weight, average prey number and weight) are for non-empty stomachs only.



765

766 **Figure 3:** Changes in four stomach content variables for differing sea age classes in relation to allelic  
767 substation in *six6* (a) and *vgll3* (b) genomic regions and associated 90% confidence intervals. Only p-  
768 values  $< 0.1$  are given in the figures. Note that estimates in the last three columns (stomach weight,  
769 average prey number and weight) are for non-empty stomachs only.



770

771 **Figure 4:** Relative prey composition for the four key prey species, measured as the proportion of each  
772 prey species contributing to the stomach content weight, in relation to age at maturity. Note that  
773 estimates include only non-empty stomachs.