

# 1 Computational modelling of the long-term effects of 2 brain stimulation on the local and global structural 3 connectivity of epileptic patients

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## 17 **Abstract**

18 *In patients with drug resistant focal epilepsy, targeted weak stimulation of the affected brain regions  
19 has been proposed as an alternative to surgery. However, the effectiveness of stimulation as a  
20 treatment presents great variation from patient to patient. In this study, brain activity is simulated for  
21 a period of one day using a network of Wilson-Cowan oscillators coupled according to diffusion  
22 imaging based structural connectivity. We use this computational model to examine the potential long-  
23 term effects of stimulation on brain connectivity. Our findings indicate that the overall simulated effect  
24 of stimulation is heavily dependent on the excitability of the stimulated regions. Additionally,  
25 stimulation seems to lead to long-term effects in the connectivity of secondary (non-stimulated)  
26 regions in epileptic patients. These effects are correlated with a worse surgery outcome in some  
27 patients, which suggests that long-term simulations could be used as a tool to determine suitability for  
28 surgery/stimulation.*

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29

## 30 **Introduction**

31 Pharmaceutical drugs that can pass through the blood-brain-barrier lead to changes in the whole  
32 brain, which can result in severe side effects. Moreover, for many patients these traditional  
33 approaches do not work well in treating the symptoms of brain network disorders. Instead, targeted  
34 approaches that only *directly* affect a small number of brain regions have been proposed. These  
35 techniques range from localised opening of the blood-brain-barrier through focused ultrasound, to  
36 invasive and non-invasive brain stimulation, and, when no alternative options are suitable, to surgical  
37 removal of brain tissue. The problem then is to choose the right set of target regions for individual  
38 patients to maximize treatment effects and to minimize side effects.

39 Parkinson's disease and epilepsy are diseases where targeted approaches are already routinely used,  
40 when drug treatment is insufficient. For focal epilepsy, where medication is ineffective, resective

41 surgery of the affected regions is often used as a treatment. However post-operative seizure remission  
42 is around 50-70% (1, 2). The reoccurrence of seizures after surgery could be due to incomplete removal  
43 of the required target regions (3) or due to surgery causing remaining brain regions to become new  
44 starting points for seizures. For the latter option, it will be crucial to develop computer models of long-  
45 term effects of interventions.

46 The same challenge occurs for brain stimulation in epilepsy patients where no tissue is resected but  
47 where the stimulation of a target region, with reduction of epileptogenic activity in that region, could  
48 potentially cause other non-stimulated regions to become starting points for seizures. Targeted brain  
49 stimulation in epilepsy could include deep brain stimulation (DBS), optogenetic stimulation (4)  
50 ([www.cando.ac.uk](http://www.cando.ac.uk)), and non-invasive techniques (transcranial current stimulation, TCS; transcranial  
51 magnetic stimulation, TMS). The effectiveness of those methods varies (5) and when it comes to TCS—  
52 one of the non-invasive methods—there are of contradictory results concerning its efficacy for treating  
53 epilepsy (6-11). Across several studies of TCS, 67% of studies show a decrease in seizures after  
54 stimulation (6). Some of these studies covered in that article examined the effects of stimulation only  
55 for a short period after the end of the stimulation session (hours) without a subsequent follow up.  
56 Thus, it is possible that the long-term efficacy of TCS is not as high as 67%.

57 One of the main concerns with TCS is whether the effects of stimulation would remain after the  
58 stimulation has ended (12). Some studies have shown that the positive physiological effects of  
59 stimulation can outlast the stimulation session for a long period while others have shown diminishing  
60 effects after the stimulation session has ended. Specifically (13-15) have observed positive post-  
61 stimulation effects lasting for a period of 2, and more than 4 months respectively. On the other hand  
62 (16) observed anti-seizure effects for a period of 48 hours after stimulation but also a clinically  
63 significant reduction of those effects during a subsequent period of 4 weeks. To use computational  
64 models to assess the effect of brain stimulation, it is therefore necessary to observe long-term  
65 changes.

66 At the moment, computational studies have only examined the short-term effects of TCS, i.e. during  
67 stimulation (17-21). Two computational studies have used neural mass models (22, 23) to examine  
68 the immediate effects of stimulation on the activity of the stimulated areas. Notably, one study used  
69 modified Wilson-Cowan model to study effects a few minutes after anodal or cathodal stimulation  
70 (23). The aforementioned studies did not account for plasticity in their models, and so did not  
71 investigate the effects of stimulation on brain connectivity. The only computational study to our  
72 knowledge that does examine the effects of neurostimulation on brain connectivity (24) focuses on  
73 DBS instead of TCS and examines Parkinson's disease instead of epilepsy with the aim of identifying  
74 optimal stimulation locations.

75 In this study, we will observe long-term changes after initial stimulation in terms of both structural  
76 connectivity changes and changes in local and global network dynamics. We focus on connectivity  
77 changes as only such changes at the structural level can explain the behaviour of networks a long time  
78 after the initial stimulation and thus could explain the final outcomes of treatment (25). We find that  
79 (1) simulated effects of brain stimulation differ between epilepsy patients and healthy subjects, (2)  
80 stimulation leads to distinct long-term connectivity changes in non-stimulated regions, and that (3)  
81 these indirect effects after stimulation are more informative for outcome predictions (using surgery  
82 outcome as a basis for prediction) than direct effects that are observed during the stimulation.

83

84 **Results**

85 For the purposes of this study, we can group our simulation subjects in three categories, according  
86 to the global connectivity data and model used:

- 87 1. Healthy subjects: The global connectivity data were derived from healthy individuals and the  
88 simulation was performed using a model where no epileptogenic (particularly excitable)  
89 regions are present.
- 90 2. Epileptic subjects: The global connectivity data were derived from individuals suffering from  
91 left temporal lobe epilepsy and the simulation was performed using a model where the  
92 stimulated regions were modelled as epileptogenic (highly excitable)
- 93 3. Control subjects: The global connectivity data were derived from individuals suffering from  
94 left temporal lobe epilepsy but the simulation was performed using the “healthy” model,  
95 where the stimulated regions are not distinct in terms of excitability from the other regions.

96

97 Our results are organized in two sections. Firstly, we simulate the effect of stimulation on the overall  
98 connectivity of the brain for each group of subjects. Secondly, we simulate the changes stimulation  
99 seems to induce in each brain region with emphasis at the stimulated regions which are most often  
100 associated with seizure generation (amygdala, hippocampus and parahippocampal gyrus).

101 Statistical results will be presented for the rest of the paper as:  $X \pm Y$ , where X is the mean and Y is  
102 the standard deviation of the referenced dataset. All the p-values were calculated using a two-tailed  
103 t-test.

104 ***Patients show a larger global connectivity change at the end of the stimulation***

105 The effect of stimulation on the connections between nodes in our model follows a similar pattern in  
106 all subjects. Specifically, during the period of stimulation, the global effect measure  $D(t)$  increases  
107 steadily (Figure 1), reaching a local maximum at the end of stimulation ( $t = 2000$  s). A first difference  
108 between the three groups can be observed at this point since the value of  $D(t)$  at the end of  
109 stimulation is on average significantly (p-value < 0.0001) greater for the epileptic subjects (2.9730 %  $\pm$  0.7301)  
110 than the healthy subjects (1.9671%  $\pm$  0.3261) and the control subjects (1.7609%  $\pm$  0.5290). The similarity of the healthy and control groups in contrast to the epileptic  
111 group suggests that the increased excitability of the stimulated regions and not the global connectivity  
112 is the main driver of the changes of the global effect measure. Indeed the global connectivity on its  
113 own seems to make the healthy subjects more excitable, since the values of  $D(t)$  were slightly higher  
114 for the healthy than the control group (although the difference was not statistically significant).

115 After the end of stimulation, the global effect  $D(t)$  keeps fluctuating for the remainder of the  
116 simulation with a clear increasing trend in the majority of subjects. The rate of this increase varies  
117 greatly from subjects to subject and it was calculated as the rate  $r = D(t_0)/D(t_1)$ , where  $t_0 = 2000$  s  
118 is the end of the stimulation session and  $t_1 = 24h$  the end of the simulation. For all subjects the value  
119  $d$  varies greatly (0.5846%  $\pm$  0.2751) and we can also observe a small difference (statistically  
120 insignificant) between the values of healthy subjects (0.5358%  $\pm$  0.2128), the similar values of  
121 control subjects (0.5372%  $\pm$  0.1609) and the slightly greater values of epileptic subjects (0.6328  
122 %  $\pm$  0.2533) which is not statistically significant. Thus, the differences between the groups are  
123 attributable to different effect of stimulation and not the post-stimulation change in connectivity.

127 Finally, the correlation between the development of the global effect measure of the control subjects  
128 and the equivalent epileptic subjects (using the same global connectivity data), is significantly (p-value  
129 = 0.0476) higher ( $0.7747 \pm 0.1102$ ) than the correlation between random pairs of control and  
130 epileptic subjects ( $0.6199 \pm 0.3213$ ). This, suggests that although the scale of change is mainly  
131 determined by the excitability of the stimulated regions, the exact global connectivity does (at least  
132 partially) determine the development of the global effect measure.

133 ***Patients show a larger change in local connectivity of stimulated regions during but not after***  
134 ***stimulation***

135 In the regions that received direct stimulation (amygdala, hippocampus and parahippocampal gyrus),  
136 the effect on the connectivity was most prominent during the period of stimulation, resulting in a  
137 constant increase of the local effect measure  $d_k(t)$  in all three regions. Thus, the local measure  
138 invariably reaches a global maximum at the end of the stimulation session ( $t = 2000$  s). As with the  
139 global connectivity, the effect on the epileptic subjects is greater than the effect on the other two  
140 groups (p-value < 0.0001 for all three regions). Specifically, the average effect for all three regions on  
141 a healthy subject is  $0.4746\% \pm 0.0509$ , in a control subject is  $0.3853\% \pm 0.0427$  and on an epileptic  
142 subject is  $1.0794\% \pm 0.0264$ .

143 A difference from global connectivity is that in this case the difference between healthy and control  
144 subjects is clearly significant (p-value < 0.0001). This suggests that the brain connectivity of epileptic  
145 patients conditions the epileptogenic regions to be less excitable than in healthy individuals. Of course,  
146 the internal connectivity that makes these regions highly excitable mask this effect as we observed  
147 from the metrics of the epileptic group. Still, this finding seems to suggest that the inter-regional  
148 connectivity of epileptic patients tends to limit the excitability of epileptogenic regions.

149 After the end of the stimulation session, the local measure  $d_k(t)$  changes similarly in the  
150 healthy/control groups but very differently in the epileptic group.

151 In the healthy/control subjects, the end of the stimulation session is followed by a slow decrease in  
152 the value of the local effect  $d_k(t)$ . Around 8 hours after the end of the stimulation session, the  
153 difference measure stabilizes at  $d_k(t) \approx 0.1\%$ , for all three regions (Figure 1), for a representative  
154 subject. The local effect measure  $d_k(t)$  of a region is considered to be stabilized at time  $t$  if the  
155 Coefficient of variation of the values of  $d_k(t)$  for the 5 minutes prior to  $t$  is less than 0.3. After that  
156 point, there may be some small oscillation in the value of  $d_k(t)$  but the change is minimal.

157

158 **Figure 1 - The effect of stimulation (difference from the non-stimulated version) on the global**  
159 **connectivity (A) and the connectivity of the stimulated regions (B) of a healthy subject. The orange**  
160 **line on the x-axis notes the duration of the stimulation session.**

161

162 There is much greater variation in the epileptic subjects, both between the regions of the same subject  
163 as well as between equivalent regions of different subjects (Figure 2). Immediately after the end of  
164 the stimulation session and for a period lasting 5-6 hours, the local effect  $d_k(t)$  is sharply (more than  
165 in the healthy/control subjects) decreasing for all 3 regions. With the exception of two subjects where  
166 there is a short increasing period in the values of the amygdala and the hippocampus,  $d_k(t)$  is strictly  
167 decreasing during this period for all three regions of every subject. It should be noted that in almost  
168 all the epileptic subjects (91%), the connectivity of the parahippocampal gyrus is behaving differently  
169 than the connectivity of the other two regions. The local effect (measured by  $d_k(t)$ ) on the

170 parahippocampal gyrus is diminishing faster than the equivalent measures of the other two regions,  
171 reaching values close to zero at the end of this first period.

172

173 **Figure 2 – A - D: The local effect on the connectivity of all the left hemisphere regions of a healthy**  
174 **(A, C) and an epileptic subject (B, D). The greater effect of stimulation on the epileptic subject can**  
175 **be observed as well as the influence on secondary (non-stimulated) areas in both subjects. Also, the**  
176 **difference between the effects on the Parahippocampal Gyrus and the other regions can also be**  
177 **seen on the epileptic subject. L-R: The brain network of the epileptic patient. The red nodes indicate**  
178 **the stimulated regions and the green nodes indicate the secondary affected regions. The colour of**  
179 **the edges indicates the strength of the connection.**

180

181 For the remainder of the stimulation, each subject presents different behaviour and the various  
182 stimulated regions also present differences in each subject. In 50 % of the subjects the local effect on  
183 the parahippocampal gyrus remains at the low levels it reached in the end of the decrease period (1 –  
184 5/6 hours) with some minimal increases. In the remaining 50 % the local effect on the  
185 parahippocampal gyrus starts increasing at some point between 8-12 hours after the end of  
186 stimulation and continues to increase for the remainder of the simulation reaching values comparable  
187 with those of the other two regions. The other two regions (amygdala and hippocampus) behave  
188 almost identically in each subject. After the end of the first period of decrease the local effect  
189 measures of these areas stabilize in 50 % of the subjects and decrease very slowly in 33.5% of the  
190 subjects for the remainder of the stimulation. In the remaining 16.5 % of the subjects, the local effect  
191 measure increases for a period of 1.5 -2 hours until it reaches values much higher than those of the  
192 other subjects ( $d_k(t) \approx 0.55$ ), after that point the effect on those areas begins to slowly decrease.

193 At the end of the simulation, we can observe that the final values of  $d_k(t)$  for the epileptic subjects  
194 ( $0.1412\% \pm 0.0882$ ) are slightly greater than those of the healthy subjects ( $0.1165\% \pm 0.0275$ ) which  
195 in turn are slightly greater than those of the control subjects ( $0.1037\% \pm 0.0400$ ) in the regions that  
196 received stimulation. Still that differences are not statistically significant. This implies that the initial  
197 difference between healthy/control and epileptic subject does not lead to a long-term difference in  
198 the stimulation effects.

199 ***Some non-stimulated regions show local connectivity changes after the end of the stimulation***

200 The effects of stimulation can be seen not only on the internal connectivity of the regions that are  
201 stimulated directly but also on the connectivity of other brain regions that receive no direct brain  
202 stimulation (Figure 2).

203 Specifically, in all groups, the local effect  $d_k(t)$  of several regions starts increasing and reaches a peak  
204 shortly after the end of the stimulation session. It should be noted that the change in those regions  
205 does not absolutely coincide with the stimulation session, rather it happens shortly afterwards,  
206 possibly due to the time delays. Moreover, unlike the stimulated regions where a difference can be  
207 observed between healthy/control and epileptic subjects, no such difference can be observed in the  
208 values of those secondary regions.

209 After this initial increase, the local effect on all secondary regions usually decreases and seems to  
210 stabilize after a period of about 8 hours. For the majority of subjects (75%) the values that the  
211 difference measures have at this point will be very close to the values they will have at the end of the  
212 stimulation. In most cases, the final value of the effect measures for those regions are very close to  
213 the values of the other non-stimulated regions that were not affected by the stimulation, but in some  
214 cases the final values for some of those secondary regions (especially the entorhinal cortex) are much

215 closer to – and in some cases higher than - the values of the stimulated regions. Interestingly, in some  
216 epileptic subjects (25 %) the local effect measure of some secondary regions began to suddenly  
217 increase hours after the stimulation session when they were apparently stabilised for some time. This  
218 may be evidence for long-term effects that cannot be predicted from the initial response to  
219 stimulation.

220 **Table 1: The non-stimulated regions that were most commonly affected in all subjects. The table**  
221 **shows the frequency of those effects, the local effect measure at the end of the simulation, the**  
222 **number of regions they are connected with and how many of these neighbouring regions are**  
223 **stimulated, the average effect of these stimulated regions (this was represented as the sum of the**  
224 **weights of the connections with stimulated regions divided with the sum of all weights) and their**  
225 **average Euclidian distance from the stimulated regions**

Region name	Frequency of excitation (%) of subjects)	Mean and standard deviation of the final value of $d_k(t)$	Connections with other regions / connections with stimulated regions	Average effect of stimulated regions	Average distance from the stimulated regions
Entorhinal cortex	88	0.0766 ± 0.0360	6/3	0.5233 ± 0.0866	20.399
Fusiform gyrus	72	0.0470 ± 0.0223	9/2	0.2240 ± 0.0412	26.185
Lingual gyrus	44	0.0354 ± 0.0223	9/1	0.1283 ± 0.0302	49.521
Temporal pole	12	0.0425 ± 0.0244	8/1	0.1128 ± 0.0761	35.461
Thalamus	<10	0.0714 ± 0.0529	12/2	0.2081 ± 0.0479	26.4036
Putamen	< 10	0.0286 ± 0.0141	13/1	0.0357 ± 0.0101	26.1245

226  
227 It should be noted that as with the stimulated regions, all of the secondary regions refer to the left  
228 hemisphere of the brain.

229 Several factors could explain why those regions in particular were affected. Specifically, those regions  
230 were characterized by increased connectivity with the stimulated regions as well as small Euclidian  
231 distance from the stimulated regions. Additionally, the effect the connections with the stimulated  
232 regions seemed to be greater than average (increased connection weights). Finally, the Jaccard index  
233 (common neighbours) of the affected regions and the stimulated regions was higher than in regions  
234 that were not affected. Moreover, the frequency of excitation among the six regions that were excited  
235 is correlated with the aforementioned metrics. For example, the entorhinal cortex that was affected  
236 in 88% of the subjects scores higher in all the metrics (connectivity, Jaccard index, etc) than the  
237 putamen which was excited in less than 10% of the subjects. A ranking of all the regions according to  
238 those metrics as well as the corresponding absolute values are presented in the supplementary  
239 information (Table S1).

240 **Long-term changes, long after stimulation, are more informative of treatment outcomes**

241 The epileptic patients from our dataset had received respective surgery of the seizure causing brain  
242 regions and the outcome of these surgeries was known for a number of them (17 subjects). The  
243 surgery carried out involved an amygdalohippocampectomy, resecting areas from the three regions

244 that we have stimulated in our model. The observed outcome in terms of being seizure-free after  
245 surgery might of course be different from an outcome after stimulation. Nonetheless, we wondered  
246 whether our framework, might show some link with the outcomes after surgery, potentially providing  
247 us with a tool for predicting surgical success. In particular, we explored which timeframe within our  
248 simulation would be most informative in terms of predicting outcomes.

249 We found that an increased effect in the secondary regions that was observed in the epileptic group  
250 was correlated with a worse outcome of resective surgery: Epileptic subjects who presented a long-  
251 lasting effect on secondary regions after stimulation within our model, i.e. higher values of the local  
252 effect measures compared with other non-stimulated regions *at the end of the simulation*, were on  
253 average less likely ( $3.225 \pm 1.220$  on the ILAE classification scale) than those who did not present such  
254 effects ( $2.011 \pm 1.110$ ) to benefit from surgery ( $p\text{-value} = 0.0484$ , Cohen's  $d = 1.042$ ).

255 We next tested the outcome predictions depending on the time within the simulation (Figure 3). For  
256 this, we observe the local effect of stimulation on directly affected areas (the three targets) and  
257 indirectly affected areas. First, effects for secondary regions are more informative in terms of outcome  
258 than for the primary targeted regions. This holds throughout the observed simulation time from 1 to  
259 10 hours. Second,

260 The effect of stimulation on the secondary regions seems to have a significantly higher correlation  
261 with the outcome of the surgery than the effect on the stimulated regions as can be seen in figure 3.  
262 Moreover, in figure 3 we can see that the effect in secondary regions is meaningful if observed hours  
263 after the initial simulation session. A greater role of secondary regions in seizure onset in the patients  
264 that show increased secondary excitation could potentially explain this correlation. Second, later  
265 time points, more than two hours away from stimulation for secondary non-stimulated regions and  
266 more than six hours away for primary stimulated regions were more informative than earlier  
267 timepoints. This could highlight that measurements several hours after the stimulation might be more  
268 useful in clinical settings to assess the likely benefit of an intervention.

269

270

271 **Figure 3 - Correlation between surgery outcome and the local effect of simulation at the stimulated**  
272 **(red) regions and non-stimulated (blue) regions.**

273

274

275 The increased effect of stimulation on secondary regions could be used as a standard to determine  
276 how likely a patient is to benefit from implanted electrodes or surgery. Specifically, if our standard  
277 was to be applied as a biomarker test of suitability for surgery, it would be characterized by accuracy  
278 = 0.7059, specificity = 0.7778 and sensitivity = 0.6250, if we considered as good any surgery outcome  
279 with ILAE scores 1 and 2 and as bad any surgery outcome with an ILAE score of 3 or above (see suppl.  
280 Figure. S2).

281

282

### 283 **Discussion**

284 We investigated the effects of simulated cathodal TCS on the brain connectivity of healthy and  
285 epileptic subjects using a network of coupled Wilson-Cowan oscillators. Our results show that  
286 stimulation affects the simulated brain connectivity—a finding that has been confirmed by  
287 experimental studies (26)—as well as a significant difference between the effect stimulation has on

288 different groups of subjects. Moreover, the differences in the effects observed suggest that the brain  
289 anatomy of each patient may affect the long-term outcome of a stimulation session. Finally, we have  
290 observed that the effects of stimulation are not limited to the stimulated brain areas. In some patients  
291 the internal connectivity of a number of non-stimulated areas is affected by the stimulation of  
292 neighbouring areas and this seems to be correlated with a worse surgery outcome, a fact that may  
293 have some clinical significance.

294 Our main observation is the different behaviour of our model under the different initialisations  
295 (healthy, epileptic and control groups). In all the cases we examined, the effect of stimulation both on  
296 the internal connectivity of the stimulated regions as well as on the overall connectivity of the brain  
297 was greater on the epileptic than the healthy and control subjects which behaved similarly. This  
298 difference, combined with the observation that the effect on the non-stimulated regions (secondary  
299 regions) was similar in all groups of subjects, suggests that the increased excitability of the  
300 epileptogenic regions is responsible for the greater short-term effect of stimulation on the epileptic  
301 subjects.

302 Moreover, the significantly higher local effect of stimulation that was initially observed in the healthy  
303 subjects compared with the control subjects, suggests that there are indeed differences in the global  
304 connectivity of healthy and epileptic individuals and additionally indicates that the global connectivity  
305 of epileptic subjects tends to counter the epileptogenic effects of local connectivity. Finally, the long-  
306 term effects of stimulation on the internal connectivity were similar in all groups despite the initial  
307 differences, suggesting that the stimulation effect diminishes with different rates in each group.

308 Another finding is the great variation in the observed responses to stimulation among subjects of the  
309 same group. The extent to which the inter-regional connections change, the long-term preservation  
310 of the changes on the internal connections and the excitation of secondary regions, differed a lot from  
311 subject to subject despite the fact that the initial connectivity matrix was the only factor differentiating  
312 the model used for each subject. This fact suggests that the great variability in the effectiveness of  
313 stimulation may ultimately be caused by the differences in brain anatomy among patients. Especially  
314 given that the internal connectivity within brain areas will also differ among subjects, a fact excluded  
315 from our model as information on this was unavailable, it seems likely that the individual connectivity  
316 will be a decisive factor in determining the long-term effects of stimulation.

317 Moreover, the effects on the secondary regions that seem to appear without any prior indication, long  
318 after the end of the stimulation session, may indicate that effects of stimulation could appear long  
319 after the end of a session in brain regions where no stimulation was applied. In our study, we observed  
320 this phenomenon in almost 25% of the epilepsy subjects within a period of 24 hours. Still, given the  
321 lack of prior indicators for this behaviour it is possible that these sudden changes in the local effect  
322 measures could appear in more subjects or in more regions if the simulations run for a longer period  
323 of time. We examined the possibility that these sudden changes in connectivity are due to  
324 computational errors in the simulation, but the fact that the regions that present this sudden  
325 secondary excitation are almost always regions that were affected immediately after stimulation  
326 (Table 1) as well as the clinical significance of long term secondary excitation, suggest that this  
327 phenomenon is more likely attributable to the dynamics of the system and the underlying biological  
328 reality rather than to computational errors. Moreover, this phenomenon may be able to explain some  
329 of the unexpected long-term effects of TCS that appear in parts of the brain that were not stimulated.  
330 An example of this phenomenon is presented in (27), where seizures reoccur starting from a different  
331 brain region a month after an initially successful application of TCS.

332 Finally, concerning the clinical significance of our findings, we have established a correlation between  
333 long-lasting effects of stimulation on the internal connectivity of some secondary regions and a worse  
334 surgery outcome. Specifically, we have shown that observing the long-term effect, lasting at least for  
335 several hours, of stimulation on secondary regions is more informative concerning the potential

336 surgery outcome than observing the effects on the stimulated regions. The reason for this could be  
337 that in patients with more excitable secondary regions, these regions might still cause seizures after  
338 the primary epileptogenic regions have been removed. This correlation is not as effective as a method  
339 of predicting surgery outcome as other similar techniques (15, 28, 29) but it could be used as a  
340 secondary test to determine suitability for surgery and/or implanted electrodes. Moreover, the fact  
341 that this correlation was observed by only taking into account the intra-regional connectivity of the  
342 patients and given that the individual anatomy of each region almost certainly plays a role, it is  
343 possible that more detailed individualized simulations of this kind could predict the potential effects  
344 of surgery/stimulation in epileptic patients.

345 **Limitations**

346 Our study is far from conclusive for two main reasons. Firstly, the models we used are very rough  
347 approximations of the underlying biological reality and thus, the clinical significance of our findings is  
348 far from certain. Special attention should be paid on the use of an unconventional learning rule as well  
349 as the fact that many of our constants were chosen to facilitate the simulation and thus, they may not  
350 represent the reality of biological systems. Also, local connectivity was initialised based on a previous  
351 model whereas measurements of fMRI allow for model parameters derived from subject-specific  
352 activity across brain regions (30).

353 Secondly, due to time limitations only one stimulation session was modelled with a subsequent resting  
354 period of 24 hours. Although our results do capture an abnormal behaviour (changes in secondary  
355 regions), it is clear that given that in many of the studies discussed in the introduction the follow up  
356 period was ranging from several days to a little less than a year, our results may not represent the  
357 behaviour of biological systems for such long periods of time.

358 In addition to those two main issues, it should be noted that our dataset was quite small (19 patients  
359 and 20 controls) and thus the clinical significance of our findings needs to be verified through larger  
360 datasets and experimental stimulation data. In particular, patient cohorts with brain stimulation data  
361 and simulation experiments of longer duration will be crucial to validate the predictive power of this  
362 model, since our current observations are based on surgery outcome which may differ from  
363 stimulation outcome.

364 **Conclusion**

365 This study uses computational methods to examine the long-term effects of TCS on the connectivity  
366 of the brain. Our findings indicate that even small differences in the internal connectivity—and thus  
367 the excitability—of the stimulated regions can radically change the way stimulation affects the brain.  
368 Moreover, the initial connectivity between brain regions also greatly affected the way each subject  
369 behaved post-stimulation. In addition, the effect stimulation has on non-stimulated brain regions  
370 seems to be a potential biomarker of long-term treatment outcome. Finally, sudden and seemingly  
371 unprovoked changes in the connectivity hours after the effects of stimulation could explain the  
372 unexpected effects of TCS that have been observed in the past.

373

374

375 **Methods**

376 **Patient data**

377 We examined 39 subjects, 19 of whom are suffering from left temporal lobe epilepsy. The subjects  
378 were selected from the dataset presented in (31, 32). Written informed consent was obtained, signed  
379 by all participants, and conformed to local ethics requirements. The ethical review board of the  
380 medical faculty of Bonn gave IRB approval (032/08) and all experiments were performed in accordance  
381 with relevant guidelines and regulations. T1 weighted MRI scans and diffusion tensor imaging (DTI)  
382 data were obtained using a 3 Tesla scanner, a Siemens MAGNETOM TrioTim syngo (Erlangen,  
383 Germany). The T1 images were obtained using 1mm isovoxel, TR = 2500ms and TE = 3.5ms. The DTI  
384 data used 2mm isovoxel, TR = 10,000ms, TE = 91ms and 64 diffusion directions, b-factor 1000s mm<sup>-2</sup>  
385 and 12 b0 images. In both cases FoV was 256mm.

386 To create the structural connectomes, FreeSurfer was used to obtain surface meshes of grey and  
387 white matter boundaries from the MRI data and to parcellate the brain into regions of interest (ROI)  
388 based on the Desikan atlas (33, 34). This process identified 82 ROIs which spanned cortical and  
389 subcortical regions (Nucleus accumbens, Amygdala, Caudate, Hippocampus, Pallidum, Putamen and  
390 Thalamus). Streamline tractography was obtained from DTI images using the Fiber Assignment by  
391 Continuous Tracking (FACT) algorithm (35) through the Diffusion toolkit along with TrackVis (36).  
392 First, we performed eddy-correction of the image by applying an affine transform of each diffusion  
393 volume to the b0 volume and rotating b-vectors using FSL toolbox (FSL,  
394 <http://www.fmrib.ox.ac.uk/fsl/>). After the diffusion tensor and its eigenvector was estimated for  
395 every voxel, we applied a deterministic tractography algorithm (35) initiating a single streamline from  
396 the centre of each voxel. Tracking was stopped when the angle change was too large (35 degree of  
397 angle threshold) or when tracking reached a voxel with a fractional anisotropy value of less than 0.2  
398 (37).

399 The centre coordinates of each voxel were the start of a single streamline, the total number of  
400 streamlines never exceeded the number of seed voxels. The number of connecting streamlines were  
401 used to determine the connectivity matrix (S), as the streamline count has recently been confirmed to  
402 provide a realistic estimate of white matter pathway projection strength (38). Distance matrices were  
403 also constructed using the mean fibre length of the streamlines connecting each pair of ROIs (Figure  
404 4). The surface area of each ROI was found using FreeSurfer for cortical regions and for subcortical  
405 areas by computing the interface area to the white matter in T1 space (39).

406

407

408 **Figure 4 - The connectivity matrix (A) obtained by the process described in the section Patient data**  
409 **for a healthy subject and (B) the network of nodes representing the brain of that subject. The weight**  
410 **of each connection (derived from the number of streamline counts between regions) is indicated by**  
411 **its colour.**

412

413 **Modified Wilson-Cowan Model:**

414 Our model consists of a network of 82 coupled modified Wilson-Cowan oscillators, each representing  
415 a single brain region. In order to include divisive inhibition into our model, each W-C node consists of  
416 one excitatory and two inhibitory populations (Figure 5). The first inhibitory population represents  
417 interneurons firing at the dendrites of the postsynaptic neurons (subtractive inhibition) and the  
418 second inhibitory population represents interneurons firing directly at the soma of the postsynaptic

419 neurons, delivering divisive inhibition. For the implementation of the model we followed the  
 420 methodology and notation of (40). All the notations that we use for the description of the model is  
 421 summarised in table 1.

422

423

424

425 **Figure 5- A diagram of a Wilson-Cowan node used in the model. The blue arrows indicate an**  
 426 **excitatory connection while the red and green arrows indicate subtractive and divisive inhibitory**  
 427 **connections respectively. The weights of each connection are indicated above every arrow. The**  
 428 **numbers in the orange parentheses are the weight values that differ for the stimulated**  
 429 **(epileptogenic) regions in the epileptic patients.**

430

431

432 Of course, the model described in (40) has been designed to simulate the connectivity of a cortical  
 433 microcircuit and not the connectivity of sub-cortical regions. Still, a number of studies (41-43) have  
 434 shown the presence of shunting inhibition (in addition to regular subtractive inhibition) in many of the  
 435 subcortical areas we used in our study. Thus, we felt that the inclusion of both inhibitory populations  
 436 in the nodes representing subcortical regions was justified.

437 According to this model, the activity of each region is modelled by the following delayed differential  
 438 equations (DDE'S):

$$439 \quad \tau \frac{dE_i(t)}{dt} = -E_i(t) + (k_e - E_i(t)) \cdot F_e(w_1^{(i)} \cdot E_i(t) + \sum_{j=1, j \neq i}^{82} w_{ji}^{(i)} \cdot E_j(t - \text{del}_{ij}) + P_e, w_2^{(i)} \cdot I_{S_i}(t), w_3^{(i)} \cdot I_{D_i}(t)) \quad (1)$$

$$440 \quad \tau \frac{dI_{S_i}(t)}{dt} = -I_{S_i}(t) + (k_i - I_{S_i}(t)) \cdot F_i(w_4^{(i)} \cdot E_i(t) + P_s, 0, 0) \quad (2)$$

$$441 \quad \tau \frac{dI_{D_i}(t)}{dt} = -I_{D_i}(t) + (k_i - I_{D_i}(t)) \cdot F_i(w_5^{(i)} \cdot E_i(t) + P_d, w_6^{(i)} \cdot I_{S_i}(t) + w_7^{(i)} \cdot I_{D_i}(t), 0) \quad (3)$$

442 In order to account for the divisive inhibition a modified input-output function is required:

$$443 \quad F_j(x, \theta, a) = \frac{1}{1 + \exp \left[ -\frac{a_j}{1+a} (x - (\theta_j + \theta)) \right]} - \frac{1}{1 + \exp \left[ \frac{a_j \theta_j}{1+a} \right]} \quad (4)$$

444 For,  $j \in \{e, i\}$  where  $e$  stands for excitatory and  $i$  stands for inhibitory. The inhibitory populations  
 445 have the same input-output function and the same constants since they are assumed to respond to  
 446 inputs in a similar way. However, the difference in the type of inhibition those neurons deliver to the  
 447 excitatory population is due to their different targeting onto the postsynaptic neurons, that is, somatic  
 448 vs dendritic.

449

450 The constant  $k_j, j \in \{e, i\}$  is given by:

$$451 \quad k_j = \lim_{x \rightarrow \infty} F_j(x, \theta, a) = \frac{\exp \left[ \frac{a_j \theta_j}{1+a} \right]}{1 + \exp \left[ \frac{a_j \theta_j}{1+a} \right]}, \quad j \in \{e, i\} \quad (5)$$

452 As is the case with the sigmoid function the constant  $k_j$  is the same for both inhibitory populations

453 In our study, the constants of the sigmoid were set at  $\theta_e = 4$ ,  $\theta_i = 3.7$ ,  $a_e = 1.3$ ,  $a_i = 2$ , following  
 454 the values used at (40). Moreover, the external inputs of the inhibitory populations were set to  $P_s =$   
 455  $P_d = 1$  while the input of the excitatory population was set to  $P_e = 2$ . Other values were considered  
 456 for  $P_e$  ranging from 1.1 to 4 (the range where the system produces oscillations) with results similar to  
 457 the ones presented here. Providing no input to the inhibitory populations ( $P_s = P_d = 0$ ) results in a  
 458 lack of long term stable oscillations and therefore we restricted the parameter value to  $P > 0$ . A  
 459 detailed description of all notation used is given in table 2.

460 **Table 2 – Notation used in the text and interpretation**

Notation	Interpretation
$E_i(t)$	Activity of the excitatory population of region i at time t
$Is_i(t)$	Activity of the subtractive inhibitory population of region i at time t
$Id_i(t)$	Activity of the divisive inhibitory population of region i at time t
$w_k^{(i)}$	Weight of the k-th connection of region i
$W_{ij}$	Weight of the connection between regions i and j
$del_{ij}$	Time delay between regions i and j
$P_e$	External input of the excitatory population
$P_s$	External input of the subtractive inhibitory population
$P_d$	External input of the divisive inhibitory population
$F_e(x, \theta, a)$	Sigmoid function for the excitatory population
$F_i(x, \theta, a)$	Sigmoid function for the Inhibitory populations
$\theta$	Variable of the sigmoid representing subtractive modulation
$a$	Variable of the sigmoid representing divisive modulation
$\theta_e$	Minimum displacement in case no subtractive inhibition is delivered to the excitatory population
$a_e$	Maximum slope in case no divisive inhibition is delivered to the excitatory population
$\theta_i$	Minimum displacement in case no subtractive inhibition is delivered to the inhibitory populations
$a_i$	Maximum slope in case no divisive inhibition is delivered to the inhibitory populations
$k_e$	Constant for the excitatory population
$k_i$	Constant for the inhibitory populations

461

## 462 **Connectivity and Plasticity**

463 The weights  $W_{ij}$  between brain regions were initialized according to the brain anatomy of each patient  
 464 using the data described in the section “Patient data”. Specifically, given the matrix  $S$  of the  
 465 streamline counts for an individual subject we followed the original study (31) and initialised the  
 466 connectivity matrix  $M$  as:

467

$$M_{ij} = \begin{cases} 0.1 \cdot \log(S_{ij}), & S_{ij} > 0 \\ 0, & S_{ij} = 0 \end{cases} \quad (6)$$

468 During the simulation, the weights were updated every 10 milliseconds by the following learning rule:

469

$$\Delta w_{ij} = c \cdot E_i(t - del_{ij}) \cdot (E_j(t) - E_j(t - 1)) \quad (7)$$

470 We chose this simple rule in order to represent the effects of spike timing dependent plasticity (44)  
 471 in neuron populations. The learning rate was set at  $c = 0.1$ . Other values were considered, and similar  
 472 results were obtained with the only difference being the speed of weight change. Still, the pattern of  
 473 activity remained the same for all the values we examined as can be seen in figure 6.

474

475 **Figure 6 - The global connectivity difference measures two epileptic (A,B) and two healthy (C,D)**  
476 **subjects for different learning rates: c = 0.05 (blue), c = 0.1 (red) and c = 0.2 (yellow). The effect of**  
477 **stimulation on the global connectivity is different depending on the learning rate but the overall**  
478 **pattern remains similar. The green line at the x-axis indicates the period of stimulation.**

479

480 The weight matrix was normalised after each update (45, 46) by the following rule:

481 
$$W_{ij} \leftarrow \frac{W_{ij}}{\sum_{i=1}^{82} W_{ij}} \quad (8)$$

482 For the internal weights  $w_1^{(i)}, \dots, w_7^{(i)}$  of each region we used two different sets of initial values. The  
483 first set of values was chosen to represent the connectivity of a healthy brain region while the second  
484 set was chosen to represent an epileptogenic region. The values of the healthy region were decided  
485 after an extensive parameter search, starting at the values used by (40) and examining values  
486 between 8 and 21 (the range at which the system produces oscillations). The values we selected lead  
487 to high amplitude oscillations in all three populations during the first hours of the simulation. The  
488 amplitude of the oscillations gradually decreases and stabilizes after some hours. It must be noted  
489 that the final values were chosen to facilitate the dynamics of the system and may not correspond to  
490 the connectivity of a real biological system. Still, using different parameters usually resulted in  
491 oscillations of different amplitude and consequently slower stabilization periods, but as a general rule  
492 did not lead to radically different behaviour in the system.

493 After the values of the healthy region were established, the values of the epileptogenic regions were  
494 derived by increasing the weights of excitatory connections and reducing the weights of the inhibitory  
495 connections. Those changes aimed at increasing the excitability of those regions (increased excitatory  
496 and decreased inhibitory input) in order to simulate the dynamics associated with epilepsy. The  
497 difference in behaviour of the epileptogenic regions was small but observable (oscillations of  
498 increased amplitude and occasional seizure-like activity when the input to their excitatory regions was  
499 increased), as with the original connection weights, choosing different values led to slightly different  
500 results (the more excitable the regions, the greater the effect of stimulation), but the main  
501 observations remained the same. The values chosen are presented in Figure 5

502 The weights  $w_1, w_2, w_3, w_4, w_6$  were updated every 10 milliseconds according to a modified version  
503 of the rule we used for the external connections with subsequent normalization after every update.

504 
$$\Delta w_k^{(i)} = c \cdot \text{Pre}(t) \cdot (\text{Post}(t) - \text{Post}(t-1)) \quad (9)$$

505 Where  $\text{Pre}(t)$ ,  $\text{Post}(t)$  are the activities of the presynaptic and the postsynaptic populations,  
506 respectively. Several proposed mechanism of internal plasticity were considered, but due to the lack  
507 of a consensus about a general mechanism of inhibitory plasticity (44, 47)—especially in neural mass  
508 models—we chose to use this simple intuitive rule, similar to the rule we used for the external  
509 connections. The most commonly used learning rule for inhibitory plasticity, introduced in (48) could  
510 not be used in this model due to long term instability in the networks dynamics.

511 For the normalization, we employed the same rule used for the global connectivity:

512 
$$w_k^{(i)} \leftarrow \frac{w_k^{(i)}}{\sum_{k=1}^7 w_k^{(i)}} \quad (10)$$

513 Since there has been little research on how inhibitory to inhibitory plasticity could be implemented in  
514 a neural mass model, the weights  $w_5$  and  $w_7$  were kept stable. The learning rate was set at  $c = 0.05$ .

515 Finally, the delays were initialized for each patient, as the length of the fibres connecting two regions  
516 divided by the speed of spike propagation. For the calculation of the delays we considered all axons  
517 to be myelinated and thus the spike propagation speed was set at 7 m/s (49, 50). To calculate the  
518 distance between regions, we selected the fibre trajectory length—which we calculated using  
519 deterministic tracking of diffusion tensor imaging data—instead of the Euclidian distance in order for  
520 the delays to be more biologically realistic.

521

## 522 **Stimulation**

523 Each session of stimulation was modelled as a decrease of 50% (the stimulation is cathodal, due to  
524 better reported experimental results (10)) in the external input of the three regions (amygdala,  
525 hippocampus and parahippocampal gyrus) most commonly responsible for seizures in these patients,  
526 for a period of 30 minutes. Despite two of these regions being sub-cortical, the ability of transcranial  
527 stimulation to affect them has been demonstrated in past studies (51-53). Stimulation in all cases  
528 started at  $t = 200$ s after the beginning of the simulation. This initial period was allowed for the  
529 oscillations of the system to stabilize before stimulation begins.

530 The choice of stimulation parameters was made in order for the model to correspond to a working  
531 protocol of TCS (54). Due to the computational constraints of such large simulations (55), we modelled  
532 only one session and an additional resting period of 24 hours.

## 533 **Model Implementation:**

534 The model was initialized with the data of each patient as described in the previous sections and two  
535 simulations—with and without stimulation—run in parallel for a period of 24 hours with snapshots of  
536 the weight matrices taken every 50 seconds. The large system of DDE's (246 equations) was solved by  
537 using Matlab's dde23 delayed differential equation solver.

538 The effect of the stimulation on the connectivity at every time step was measured in the following  
539 ways:

540 1. The global effect of the stimulation on the connectivity of the brain was measured as the  
541 difference (%) of the connectivity matrices  $M = (W_{ij})$ :

$$542 D(t) = 100 \cdot \frac{\sum_{i,j=1}^{82} |W'_{ij}(t) - W_{ij}(t)|}{\sum_{i,j=1}^{82} |W_{ij}(t)|} \quad (11)$$

543 where  $W'_{ij}$  is the weight between regions  $i$  and  $j$  at time  $t$  after stimulation and  $W_{ij}(t)$  is the weight  
544 between regions  $i$  and  $j$  at time  $t$  without stimulation. This measure represents the effect stimulation  
545 has on the inter-region connections of the brain.

546 2. The effect of the stimulation on the internal connectivity of each region (local effect) was  
547 measured as the difference (%) of the internal weights in the stimulated and the non-  
548 stimulated versions:

$$549 d_i(t) = 100 \cdot \frac{\sum_{k=1}^7 |w_k^{(i)}(t) - w_k^{(i)}(t)|}{\sum_{k=1}^7 |w_k^{(i)}(t)|} \quad (12)$$

550 where  $i = 1, \dots, 82$  the brain region,  $w_k^{(i)}(t)$  is the  $k$ -th weight of the  $i$ -th region at time  $t$  in the stimulated  
551 version and  $w_k^{(i)}(t)$  is the  $i$ -th weight of the  $k$ -th region at time  $t$  in the non- stimulated version. These  
552 measures represent the effect of stimulation on the internal connectivity of each region.

## 553 **Connectivity measure**

554 In order to study the effect of stimulation on the regions that received no direct stimulation, we  
555 examined several connectivity metrics that could explain such an effect. One of those metrics is the  
556 Jaccard index. The Jaccard index of two regions measures the similarity in connectivity (the common  
557 neighbours) and is defined as:

558 
$$J(i,j) = \frac{|\Gamma(i) \cap \Gamma(j)|}{|\Gamma(i) \cup \Gamma(j)|} \quad (13)$$

559 Where  $\Gamma(i)$  is the set of nodes connected to node  $i$  and  $|A|$  is the number of elements of the set  $A$ .

560 In our study, we defined the Jaccard index of a secondary region  $i$  to be:

561 
$$J(i) = \frac{1}{3} \cdot (J(p,i) + J(a,i) + J(h,i)) \quad (14)$$

562 Where  $p, a, h$  are the stimulated regions.

### 563 **Clinical Significance**

564 In the end of our study we present a hypothetical test that aims to the outcome of surgery. In order  
565 to assess the effectiveness of a clinical test the following measures are used (56):

566 1. Accuracy =  $\frac{TP + TN}{TP + TN + FP + FN}$ , which measures the ability of the test to differentiate the  
567 patient and healthy cases correctly.

568

569 2. Sensitivity =  $\frac{TP}{TP + FN}$ , which measure the ability of the test to determine the patient cases  
570 correctly

571

572 3. Specificity =  $\frac{TN}{TN + FP}$ , which measures the ability of the test to determine the healthy cases  
573 correctly

574

575 Where TP means true positive, TN means true negative, FP means false positive and FN means false  
576 negative.

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# Stimulation effect over time

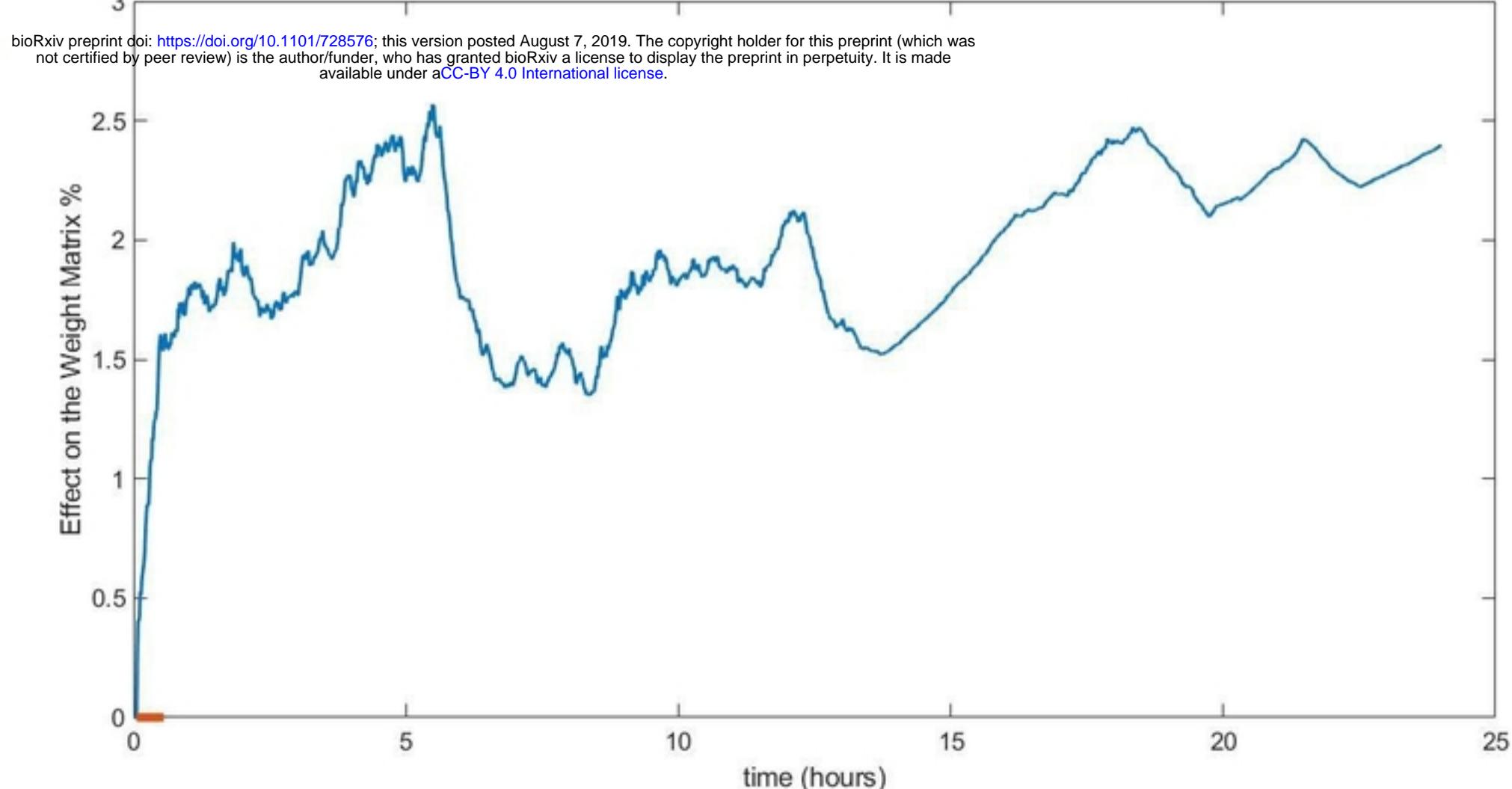
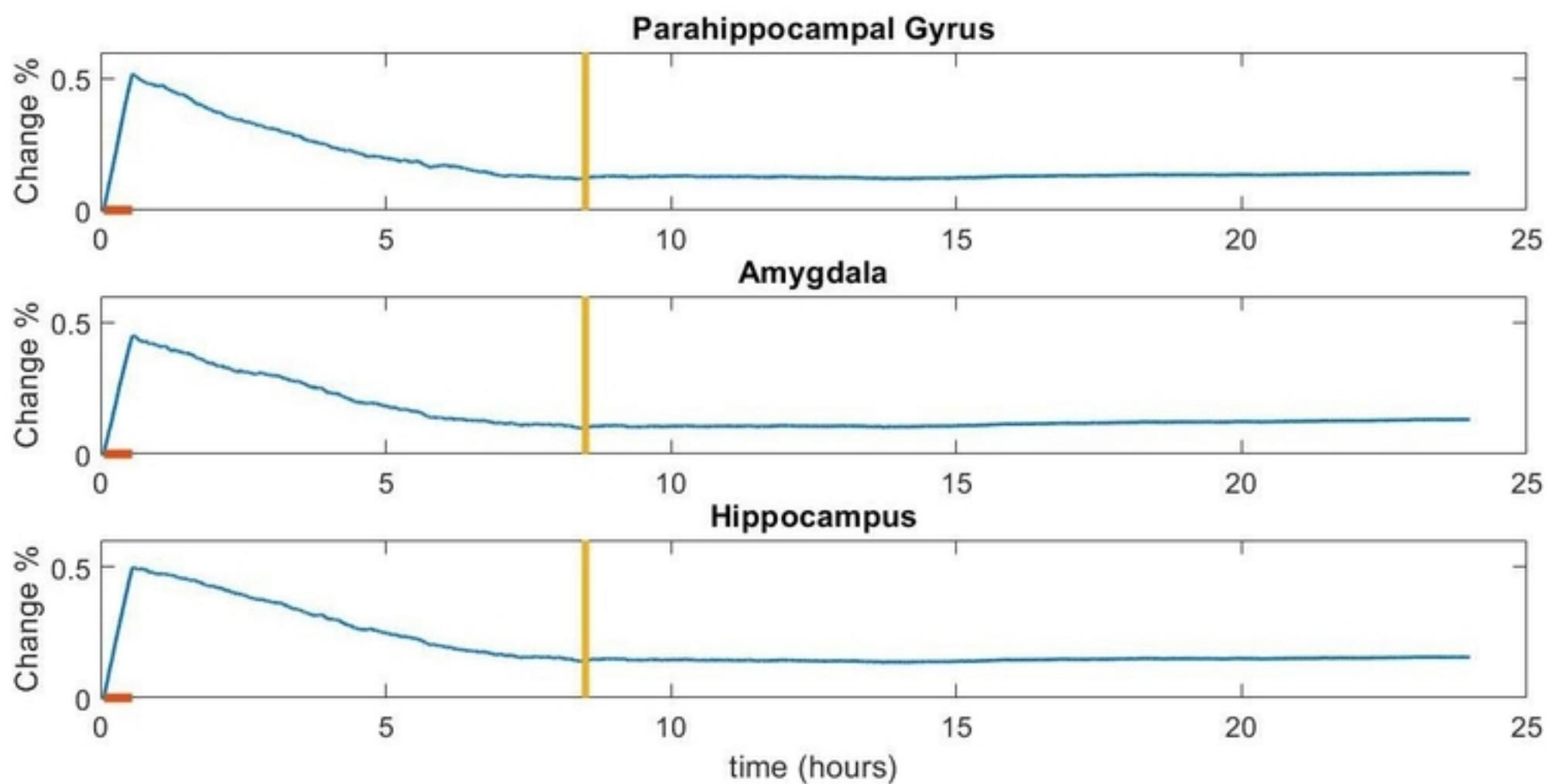
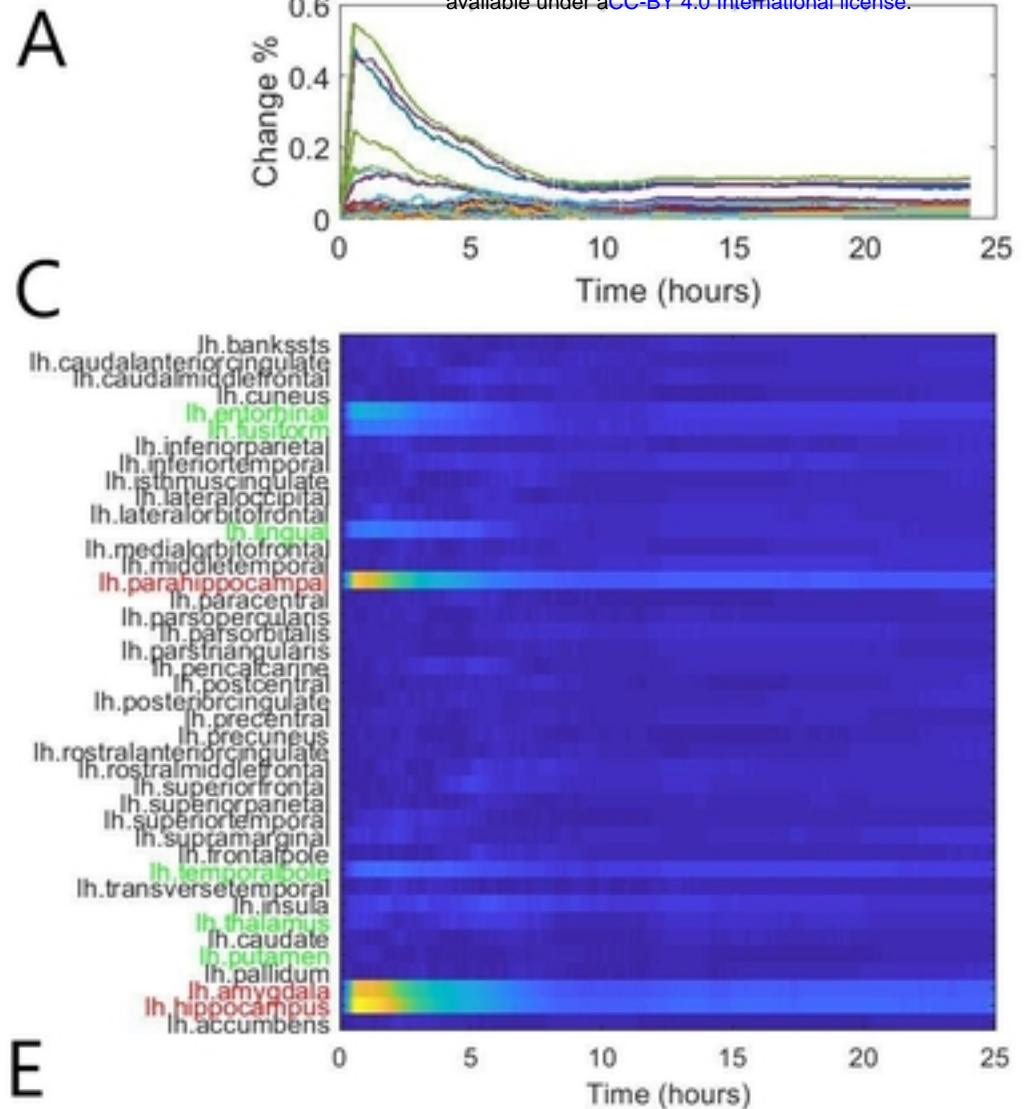
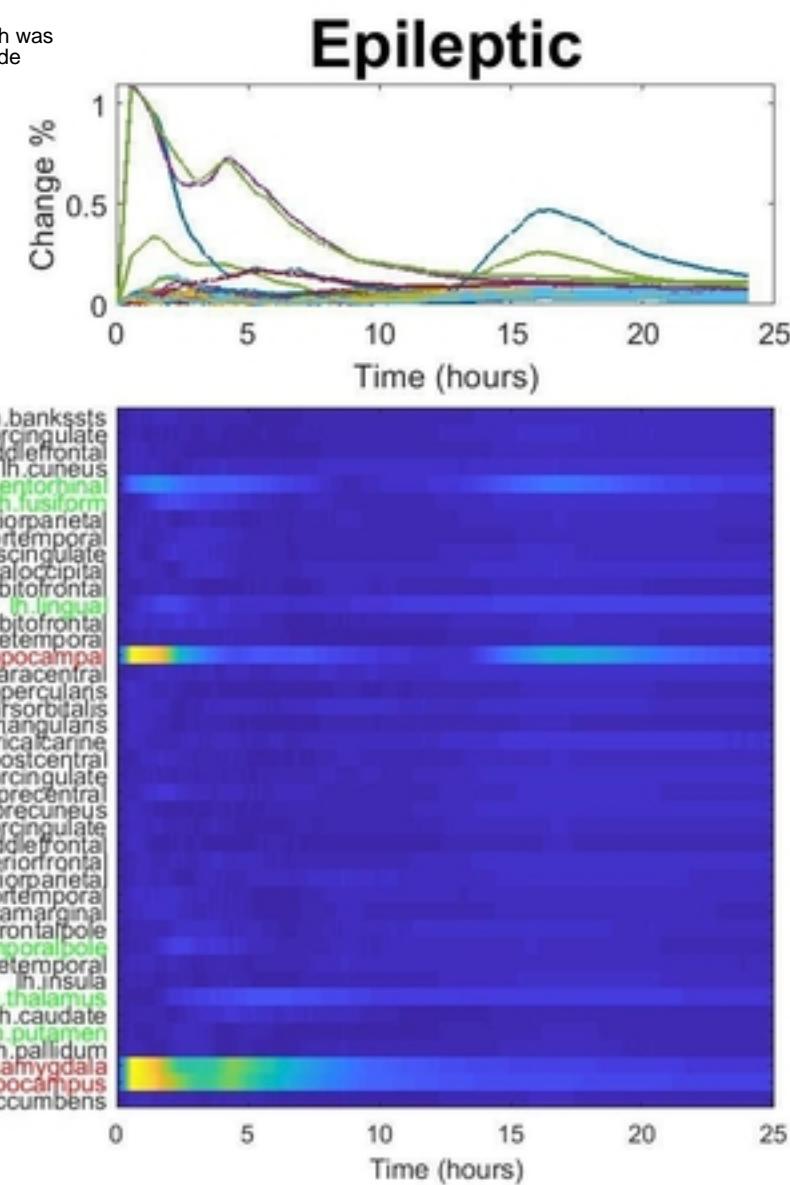
**A****B**

Figure 1

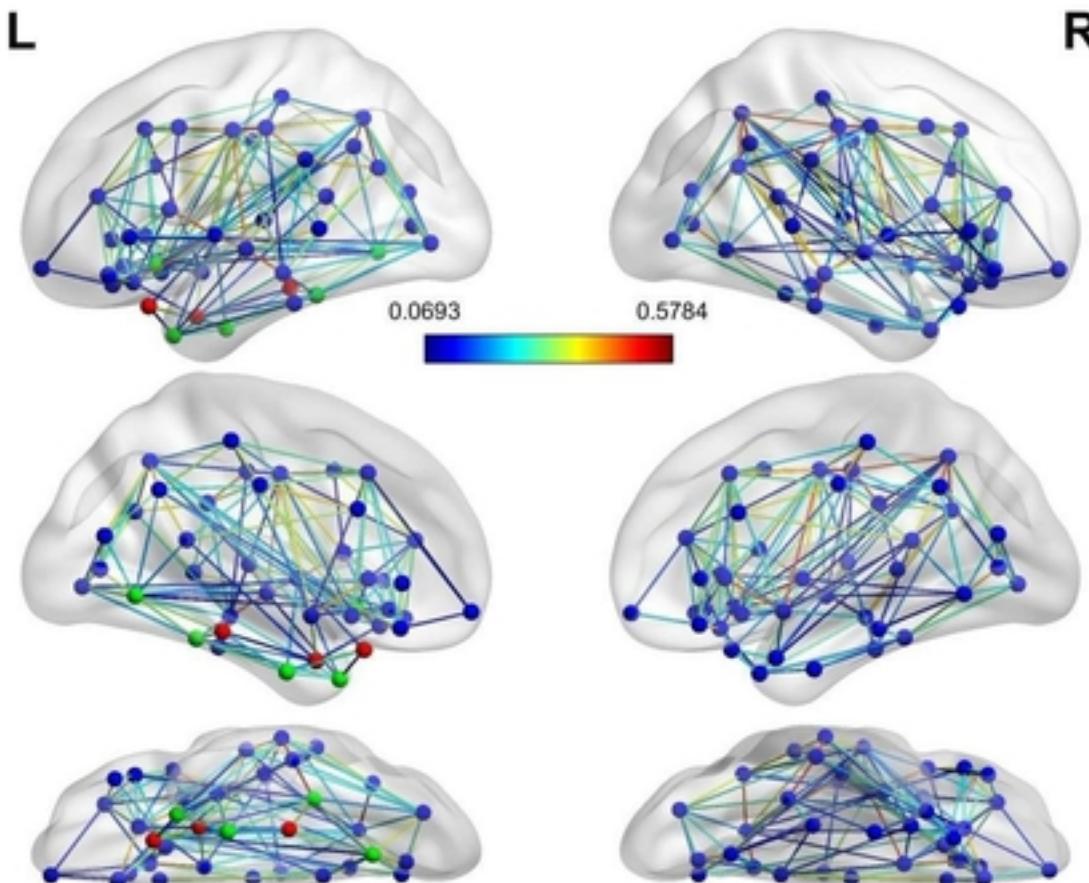
# Healthy



# Epileptic



# E



# R

Red = Stimulated Regions  
Green = Secondary Affected Regions  
Blue = Other Regions

Figure 2

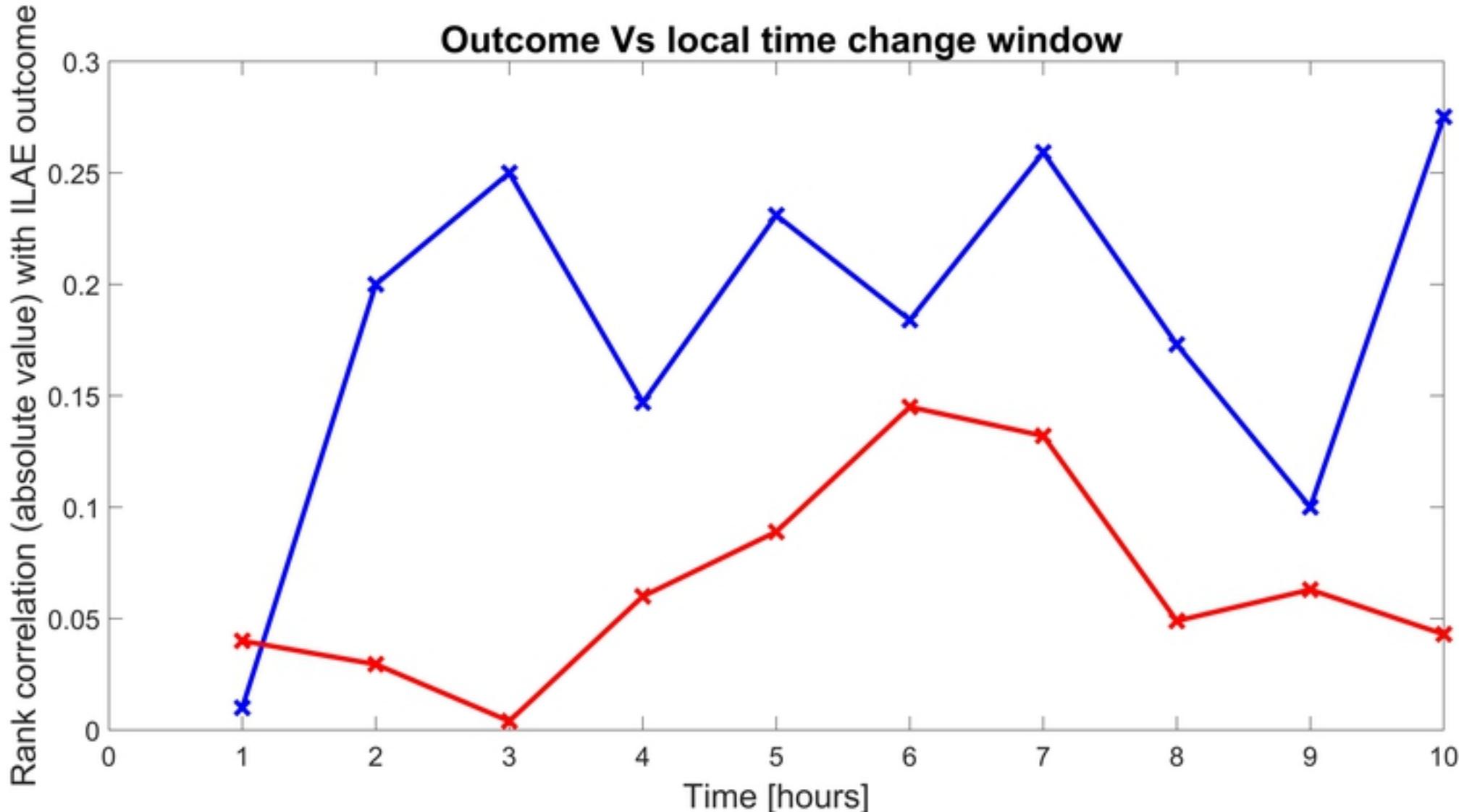


Figure 3

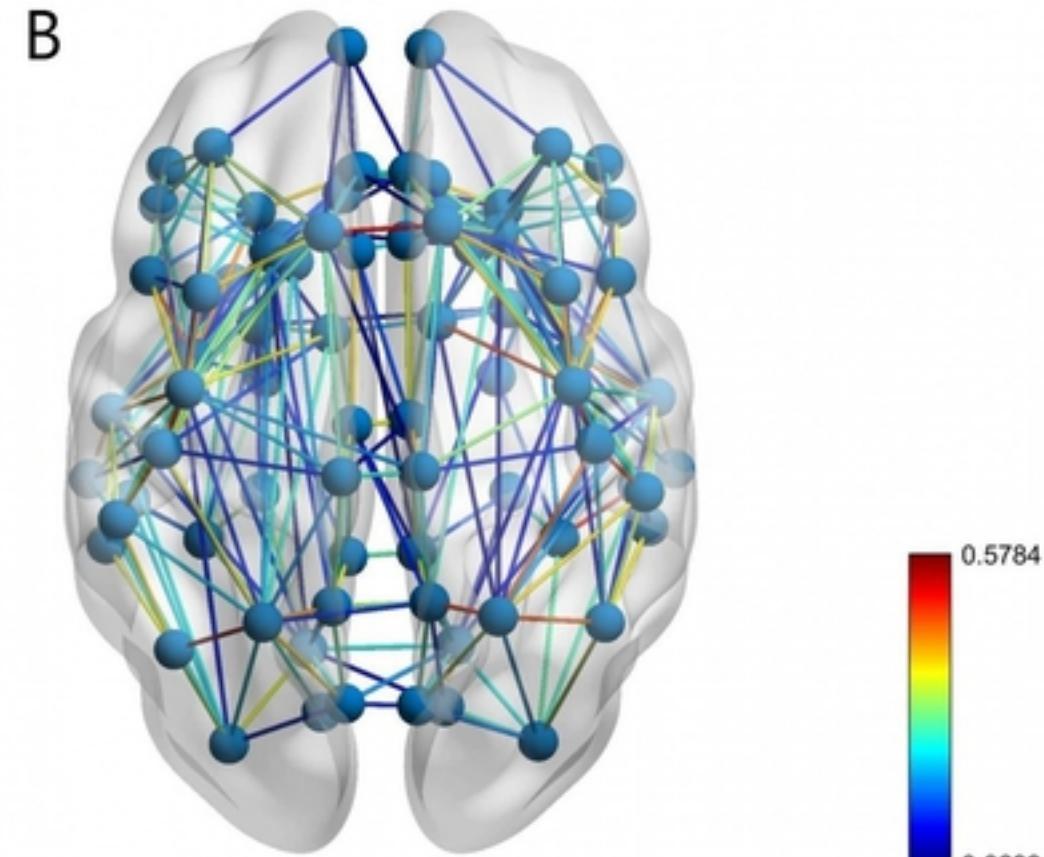
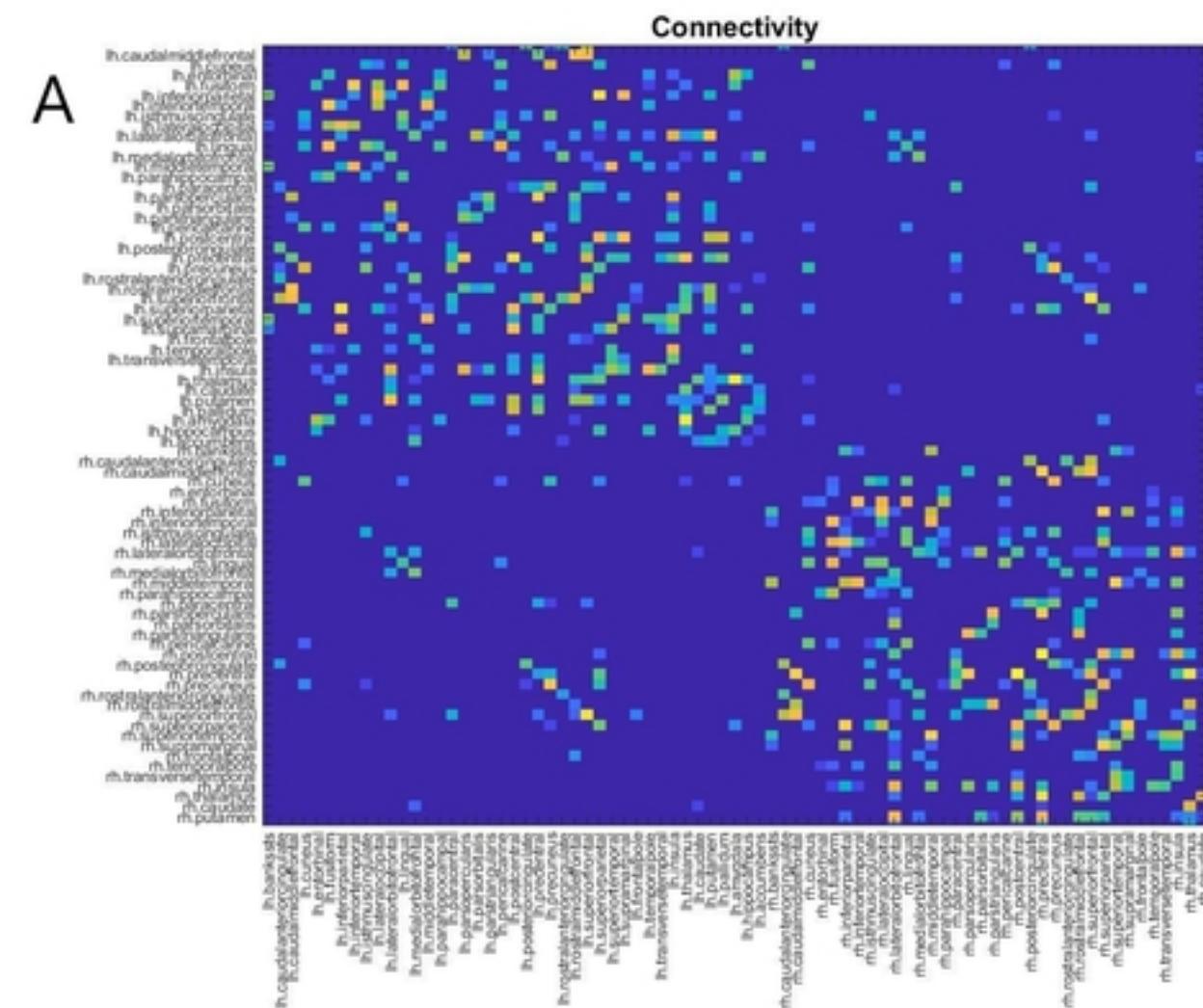
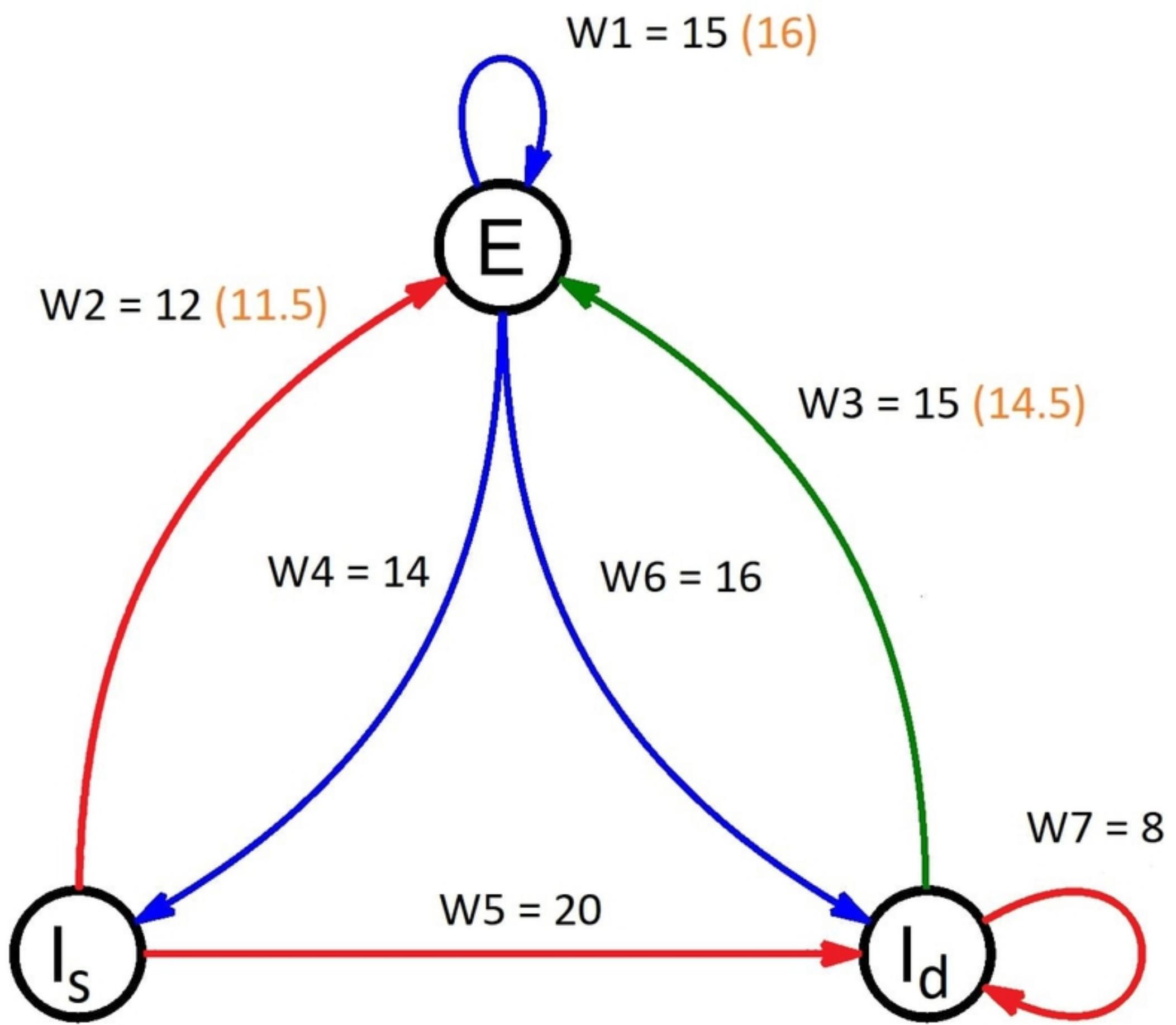
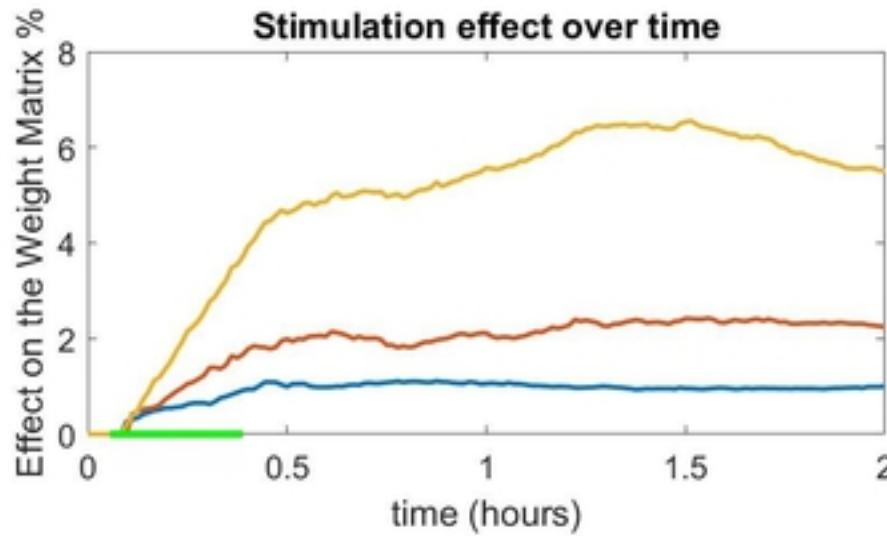
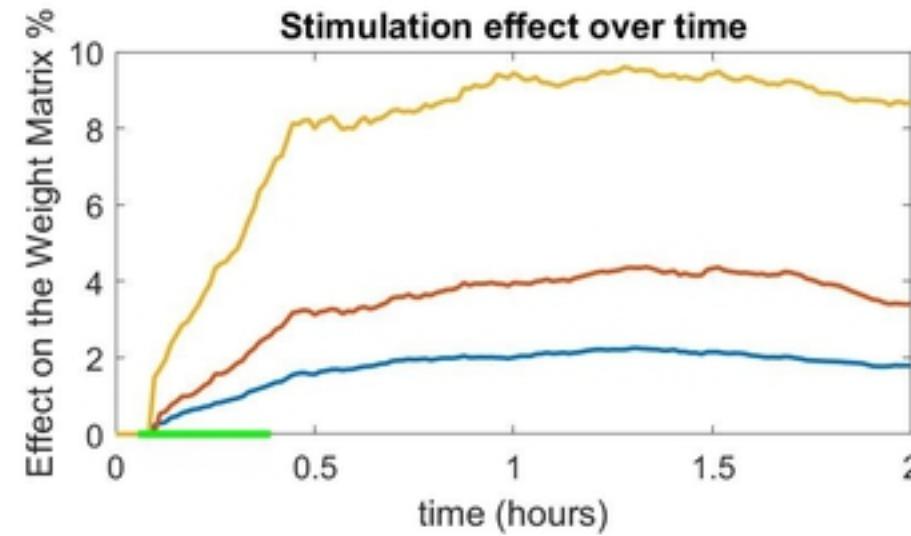
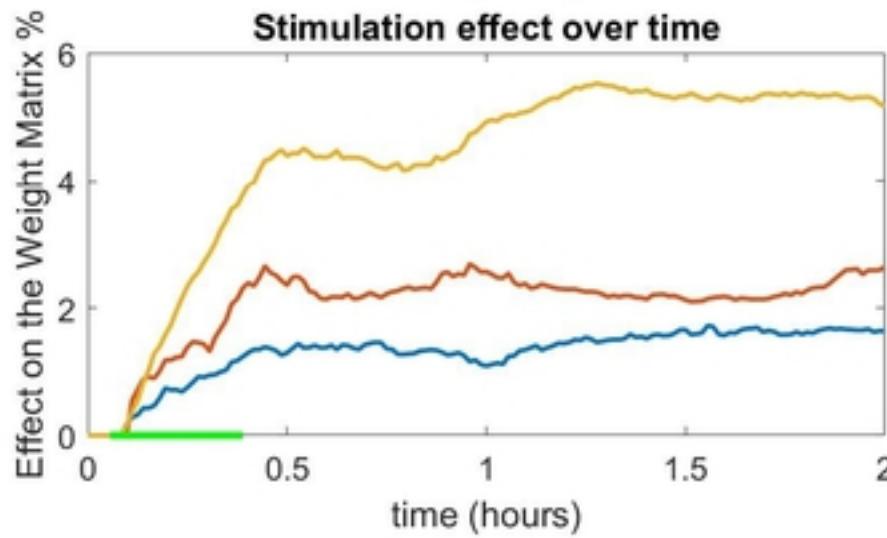
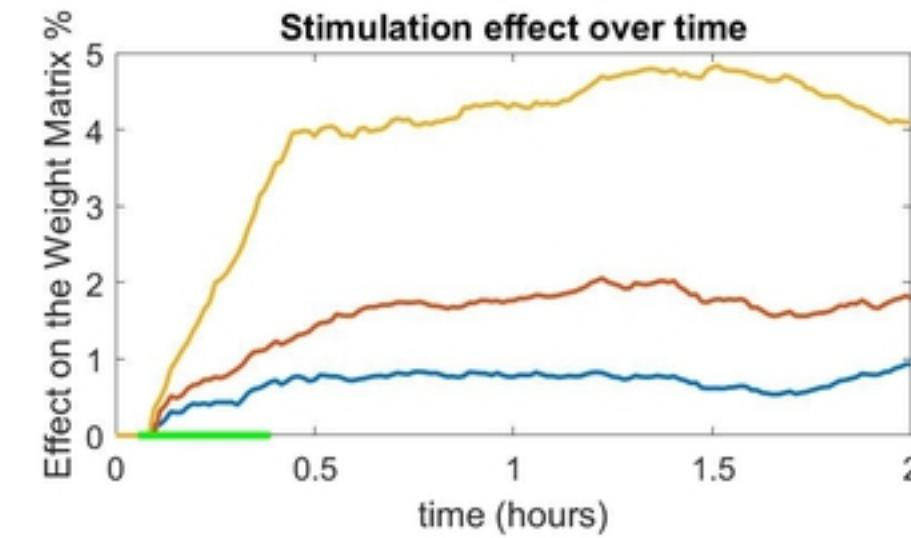


Figure 4



**A****B****C****D**

**Figure 6**