

# Withdraw of prophylactic antimicrobials does not change the pigs' resistome

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14 elements, medicated feed, food animals

## 15 **Abstract**

16 The use of antimicrobials in the animal industry has increased the prevalence of antimicrobial resistant  
17 commensal bacteria in food products derived from animals, which could be associated with  
18 antimicrobial resistance in human pathogens. To reduce the influx of antibiotic resistant bacteria (and  
19 genes) to the human microbiota, restrictions on antimicrobials (in food animals) have been  
20 implemented in different countries. We investigated the impact of antimicrobial restriction in the  
21 frequency of antimicrobial resistant bacteria in pigs. No differences in antimicrobial resistance or  
22 antimicrobial resistance genes (richness or abundance) was found when we compared animals fed with  
23 and without antibiotics. Fitness costs of antimicrobial resistance in bacteria (in the field) seems to be  
24 overestimated.

25

## 26 **1 Introduction**

27 Thorough history, antimicrobials have been effective in the treatment and control of bacterial diseases  
28 and have contributed to greater life expectancy of humanity (Ferri et al., 2017). However, the  
29 emergence, spread and increasing incidence of bacteria with multiple antimicrobial resistance (AMR)  
30 has risen the concern about the use or misuse of antimicrobials (Garcia-Migura et al., 2014). Farms  
31 use around 80% of total antimicrobial production in United States (Ferri et al., 2017) and it is possible  
32 that larger proportions of antibiotics are used in animals in less industrialized countries which lack  
33 regulatory policies for antibiotic use (Ayukekbong et al., 2017).

34

35 There is a complex relationship between antimicrobial resistance in food animal microbiota and human  
36 pathogens. The use of antimicrobials in animals cause the proliferation of commensal bacteria with

37 antimicrobial resistant genes (ARGs) which can horizontally transferred to many other bacterial species  
38 in the intestines (Forslund et al., 2013; Neu, 1992). Antimicrobial resistant commensals from farm  
39 animals can end up in food products such as meat and dairy (Van Den Bogaard and Stobberingh, 2000;  
40 Zdolec et al., 2016); these bacteria can colonize human intestines and could either become  
41 opportunistic pathogens or transfer ARGs to opportunistic pathogens (Von Wintersdorff et al., 2016;  
42 Zolec et al., 2016). This interaction between bacteria from food animals and humans has driven the  
43 creation of new policies and regulations aimed to reduce the use of antibiotics in farm animals  
44 (Chattopadhyay, 2014; Pugh, 2002)

45

46 In theory, reducing the use of antimicrobials in farms should cause a reduction in AMR bacteria  
47 commonly found in food animals and derived products (Wegener, 2003). The elimination of the  
48 selective pressure over the bacterial population should reduce the amount of AMR bacteria overtime  
49 and this process should be fast if ARGs are causing a fitness cost in commensal bacteria in the absence  
50 of antibiotics (Andersson and Hughes, 2010, 2012). However, many experiments in which animals  
51 were deprived of antibiotics as growth promoters, showed high levels of antibiotic resistance in  
52 numerically dominant *Escherichia coli* (Ahmed et al., 2017; Mathew et al., 1998) or high relative  
53 abundance of resistance genes (Pakpour et al., 2012). More importantly, resistant genes, multi-resistant  
54 and numerically dominant bacteria have been found associate to animal production in organic farms  
55 too (Gerzova et al., 2015; Österberg et al., 2016; Mollenkopf et al., 2018). In the present study we  
56 investigated the effect of the removal of antibiotics administered as prophylactics (higher antibiotic  
57 doses than for growth promotion). We analyzed phenotypic resistance in coliforms and microbiota  
58 resistome.

59

## 60 2 Material and methods

61

### 62 2.1 Animals

63

64 A random, balanced double-blind study was conducted in two generations of pigs. Twenty healthy  
65 female 70d piglets were selected and separated in two pens with 10 piglets each. One group was fed  
66 with antimicrobial additives (group A) and, 10 without antimicrobial additives in feed (group B).  
67 Treatments were maintained during growth, sexual maturity and pregnancy. Once sows farrowed,  
68 piglets were weaned and placed in two separate pens for group A (n=32) and B (n=32) respectively  
69 and continued with treatments of their respective mothers. All the experimental procedures were  
70 approved by the Ethics Committee for Animal Research of San Francisco de Quito University.  
71 Vaccines were administered to all animals and the antimicrobial treatment was administered under  
72 veterinarian supervision to animals that have any diagnosed infection. Antimicrobial additives used are  
73 described in Table 1.

74

### 75 2.2 Samples and phenotypic analysis

76

77 Rectal swabs were taken from sows and 5 randomly selected piglets from each litter during one  
78 productive cycle (Figure 1). During weaning and fattening phases, each pen grouped 32 piglets. Pig  
79 density was 0,45 m<sup>2</sup>/pig in weaning phase and 0,90-1,0m<sup>2</sup>/pig at fattening phase. Animals from each

80 group were monitored for 170 days (Figure 1). The type and antimicrobial concentrations in feed  
81 changed overtime and have been used routinely in the farm for the two previous years (table 1).

82

83 Swabs were maintained on ice for transportation to the lab facilities within 2h after collection. For  
84 molecular analysis, samples were frozen at -80°C. Intestinal coliforms were used as microbial indicator  
85 of phenotypic resistance. Swabs were eluted in 1mL of sterile phosphate buffered saline solution (PO),  
86 0.1mL of this solution with be serial diluted in 0.9mL of PO until 10-3. Then, 0.1mL of dilution of the  
87 sample was plated onto the surface of MacConkey Agar (MKL) with and without antimicrobials (Table  
88 2).

89

90 We estimated the ratio of resistant coliforms by counting the number of colonies in plates with  
91 antimicrobials divided by the colonies in MKL plate without antimicrobials.

92

### 93 **2.3 Antimicrobial susceptibility test**

94

95 One lactose fermenting (coliform) colony from each plate was isolated and stored at -80C in TSB with  
96 10% of glycerol. Antimicrobial susceptibility tests were performed with Bauer Kirby test following  
97 CLSI guidelines, on random selected strains using AMP ampicillin (10µg), TET tetracycline (30µg),  
98 SXT trimethoprim-sulfamethoxazole (1.25/23.75µg), GEN gentamycin (10µg), AMC amoxicillin-  
99 clavulanic ac. (20/10µg), CIP ciprofloxacin (5µg), CHLOR chloramphenicol (30µg) and COX  
100 ceftriaxone (30µg) as representatives of the most used families of antibacterial drugs used in health  
101 care (Eisenberg et al., 2012; Kozak et al., 2009).

102

### 103 **2.4 Molecular analysis**

104

105 DNA from swabs taken for each pig were isolated using MO BIO Power Soil DNA Isolation Kit (MO  
106 BIO, 12888-100) using swab dilution material in bead solution buffer and following manufacturer  
107 instructions. Quality and quantity were evaluated using nanodrop (Thermo Scientific) and Qubit  
108 dsDNA HS (Thermo Fisher Scientific, Oregon, USA)

109

110 From sows' samples, *mcr-1* PCR amplification were performed used the conditions described  
111 previously (Liu et al., 2016). One pooled sample from each sampling point (6 from A and 6 from B  
112 group) were analyzed in duplicate with high throughput qPCR. WaferGen SmartChip Real-time PCR  
113 system was performed to detect 384 genes, 338 are informative for AR genes or MGE. Primers for  
114 these genes and associated HT- qPCR assay were designed, used, and validated in the previous studies  
115 (Guo et al., 2018; Looft et al., 2012; Su et al., 2015; Zhu et al., 2017), and primer set was update  
116 recently (Stedtfeld et al., 2018). The genetic richness was defined as the number of AMR genes found  
117 in a niche.

118

### 119 **2.5 Statistical analysis**

120

121 All collected data were registered in MS EXCEL software and descriptive and inferential statistics  
122 analysis were performed in INFOSTAT (Statistic Software Vs 2017). The impact of antimicrobial  
123 restriction on coliforms count, on the susceptibility patterns of isolates and animal performance were  
124 compared with T test and Chi Square respectively ( $p \leq 0.05$ ). HT-qPCR data was analyzed according to  
125 previously established methods (Loof et al., 2012; Muurinen et al., 2017). Specifically,  $\Delta\Delta CT$  method  
126 was used to normalize and calculate the fold change. Moreover, the relative abundance of ARG was  
127 calculated with normalization to the universal 16S rRNA; estimated from the Ct value with a  
128 conservative threshold Ct of 30 as the gene copy detection limit due to the lack of quantification curves  
129 for each 384 primer sets used. Calculated data represent the copy number per 16S rRNA gene copy.  
130 QIUCore Omics Explore 3.4 software were used to show heat maps.

131

### 132 3 Results

133

134 Based on coliform counts in MKL with and without antimicrobials, AMR ratios of resistant coliforms  
135 to overall coliforms were calculate and are shown in Table 3. The resistance ratios for tetracycline were  
136 higher than that for trimethoprim-sulfamethoxazole or ampicillin. No significant differences between  
137 treatment groups for any antibiotic was found ( $p: 0.434, 0.722, 0.763$  respectively)

138

139 Antimicrobial susceptibility tests for 537 randomly selected strains (A=266 and B= 271) showed  
140 general resistance to ampicillin ( $n= 397; 73.9\%$ ), amoxicillin- clavulanic ac. ( $n=188; 35\%$ ),  
141 tetracycline ( $n=434; 81.1\%$ ), trimethoprim-sulfamethoxazole ( $n=301; 56.1\%$ ), gentamycin ( $n=125;$   
142  $23.3\%$ ), ciprofloxacin ( $n=71; 13.2\%$ ), chloramphenicol ( $n= 174; 32.4\%$ ) and ceftriaxone ( $n=77;$   
143  $14.3\%$ ) were detected. There were no significative differences ( $p \geq 0.05$ ) between treatment groups  
144 neither in sows nor in piglets (in nursing or fattening phases) (Table 4). Strains with resistance to 3 or  
145 more antimicrobials were considered as multidrug resistant phenotype (MDR) ( $n= 354; 65.9\%$ ).

146

147 The antimicrobial resistance richness was not different ( $p \geq 0.05$ ) in animals within group neither  
148 between groups (Figure 3) and the abundance of resistant genes decreased overtime, although  
149 tetracycline resistance genes and mobile genetic elements (MGE) remained stable. Among the most  
150 abundant genes detected were aminoglycoside resistance and MGE (Tp614, IS613, tnpA, int1-a-  
151 marko, intI2, intI1F165\_clinical, pBS228-IncP-1, trb-C, IS26, IS256, IS6100, IS91). These MGEs  
152 could be responsible for the transference of resistance genes among microbiota species; tet(32) was  
153 detected in all samples. Colistin resistant gene were found too but the frequency was low and was  
154 reported within “Other” category. Furthermore, a PCR amplification were performed on sows’ samples  
155 at the beginning of this study. *mcr-1* was amplified in 19 from 20 of these samples.

156

157 A Sperman correlation test was performed on QIUCore Omics Explore 3.4 software (Supl. 16) showed  
158 no difference of ARG relative abundance profiles between samples collected during growth phases.  
159 Pigs at day 30, showed a higher ARG relative abundance (although not statistically significant) than  
160 pigs at day 5, however there was no statistical difference between groups (figure 3). However, this high  
161 ARG relative abundance declined overtime.

162

163

164 4 Discussion

165

166 In this study, we found that antimicrobial restriction (during 2 generations of pigs) had no significant  
167 impact in antibiotic resistance of intestinal coliforms. We hypothesized that the absence of  
168 antimicrobials in the diet (during two generations of animals) will cause antimicrobial sensible bacteria  
169 to outgrow resistant ones. However, we did not find significant differences ( $\alpha \geq 0.05$ ) in the total  
170 number of resistant coliforms nor did we find differences in resistance gene abundance or diversity  
171 associated with antibiotic additives. Similar results, in pathogens and commensals, have been reported  
172 previously (Ahmed et al., 2017; Miranda et al., 2009; Cho et al., 2007; Sato et al., 2004). The lack of  
173 differences in ARG relative abundance between groups of pigs feeding with and without antimicrobials  
174 was also reported (Gerzova et al., 2015). Other studies found that *E. coli* isolated from sows with  
175 different levels of antimicrobials in feed, had some differences in antibiotic resistance genes but similar  
176 antibiotic susceptibility phenotypes (Mazurek et al., 2014; Looft et al., 2014); other studies, however,  
177 showed an important decrease in resistance bacterial isolates or reduced resistant gene abundance after  
178 antibiotic removal (Österberg et al., 2016; Looft et al., 2012; Mathew et al., 1998). These discrepancies  
179 may be due to differences in fitness cost of the different plasmids over different bacterial populations.  
180 Some authors suggest that longer periods of antibiotic restriction are required in order to observe some  
181 changes in the relative abundance of antimicrobial resistant genes (Pakpour et al., 2012), however, long  
182 time ( $> 10$  years) reductions in antibiotic use have resulted in almost null reduction of antibiotic  
183 resistance in Enterobacteriaceae from food-animals (Danish Integrated Antimicrobial Resistance  
184 Monitoring, Research Programme, 2017). These findings are also in agreement with the notion that  
185 the resistome tends to persist over time even in the absence of selective pressure (Lehtinen et al., 2017).

186 The resistance genes with higher relative abundance were against tetracyclines,  $\beta$  lactams, and  
187 aminoglycosides (Figure 3). These phenotypes have been commonly reported in pig farms (Österberg  
188 et al., 2016). Genes associated with tetracycline resistance have been detected in pigs feeding with or  
189 without medicated feed which concords with the notion tetracycline resistance genes are common in  
190 swine intestinal resistome (Koga et al., 2015; Looft et al., 2012; Kazimierczak et al., 2009; Mathew et  
191 al., 1998).  $\beta$ -lactamase or aminoglycoside resistance genes were detected despite these antimicrobials  
192 were absent in the diet. Similar observations have been reported by Looft et al. (2012) and were  
193 confirmed by the same research group in 2014. The mobile genetic elements markers, that showed an  
194 important relative abundance, may explain the abundance of these genes (Looft et al., 2014).

195 Our results may indicate that ARGs are not causing any fitness reduction in the bacterial population in  
196 the intestine. Under laboratory conditions it has been shown that fitness costs, associated a plasmid,  
197 could be transformed in fitness advantages after 420 generations (Dionisio et al., 2005); and the  
198 advantageous plasmid could improve the fitness of bacterial hosts never exposed to this plasmid  
199 (Dionisio et al., 2005).

200 MGEs are important actors in antimicrobial resistance spread (Jansen and Aktipis, 2014) and in this  
201 study, we observed a higher relative abundance of MGEs in piglets at 30 day of age which coincides  
202 with the weaning period. This phenomenon may be linked to gut microbiome stress due to changes in  
203 diet (Frese et al., 2015; Gresse et al., 2017; Isaacson and Kim, 2012); bacteria under stress may turn  
204 on their S.O.S response which increases mobilization of MGEs (Shapiro, 2015; Beaber et al., 2014).  
205 This perturbation of intestinal microbiota has been associated with higher activity of MGEs and  
206 abundance of resistance genes in piglets (Twiss et al., 2005)

207 Our study had some limitations such as housing the two groups of animals in the same barn. The  
208 environment may be saturated with resistant clones and our results may be driven by this environmental  
209 exposure. However, this limitation doesn't invalidate our findings as we wanted to investigate whether

210 antibiotic-sensitive bacteria in the intestine are a better fit to grow in the intestines in the absence of  
211 antibiotics (Aarestrup, 2015; Wasyl et al., 2012). Finally, the withdraw of antibiotics in this setting did  
212 not have any repercussion in the growth or the health of these animals.

213

## 214 **5 Conclusion**

215

216 Our observations suggest that antibiotic restriction is not enough to reduce the numbers of antibiotic-  
217 resistant bacteria in the gastrointestinal tract of food animals and their products. The maintenance of  
218 antibiotic resistance in the absence of antibiotic pressure is not easily explained, there are many  
219 evolutionary factors that are not fully understood and require additional research.

220

## 221 **6 Authors contribution**

222 GT Funding acquisition, Farm access agreement and project conceptualization

223 FL Experimental design, field and lab techniques, sampling procedures, data register and analysis,  
224 write and edition of publication.

225 AT experimental design, farm permissions and animal welfare.

226 LZ Molecular methodology, technical support and data analysis.

227 LZ and GT manuscript edition

228

## 229 **7 Conflict of interest**

230 The research was conducted without any commercial or financial relationships with the farm or their  
231 owners and was performed under confidential agreement and with scientific objectives. There is no  
232 potential conflict of interest.

233

## 234 **8 Funding**

235 This study was carried out in collaboration with an Ecuadorian industrial animal operation (with high  
236 levels of biosafety) which contributed to elevate the awareness of this problem among Ecuadorian  
237 professionals working in the animal industry.

238

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240 They donated the animals and let the access to the facilities following all biosecurity standards. San  
241 Francisco de Quito University (Microbiology Institute; Grant No. 11182) funded the phenotypic  
242 evaluation of resistant profiles in *Escherichia coli* isolated from commensal gut microbiota from pigs  
243 in Ecuadorian farm and Dr. Lixin Zhang at Microbiology Lab Department of Microbiology and  
244 Molecular Genetics, Michigan State University contributed with the high-performance qPCR  
245 experiments and data analysis.

246

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252

253 **10 Reference**

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398 **11 Tables**

399 **Table 1.** Antimicrobial additives used in pigs farm as prophylactics in group A.

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<b>Growth phase</b>	<b>Age (days)</b>	<b>Antimicrobial</b>	<b>Dose, ppm</b>	<b>Administration via</b>
0	21 - 28	Tilmicosin	200	Feed
		Colistin	40	Feed
1	29 - 34	Tiamulin	150	Feed
		Chlortetracycline	450	Feed
2	35 - 45	Tiamulin	150	Feed
		Chlortetracycline	450	Feed
3	45 - 70	Tiamulin	150	Feed
		Chlortetracycline	450	Feed
4	70 - 85	Chlortetracycline	450	Feed
5	123 - 139	Chlortetracycline	450	Feed
2	37 - 40	Trimetoprim-sulfamethoxazole	25mg/Kg/PV	Water
3	45 - 47	Doxicycline	10mg/Kg/PV	Water

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**Table 2. Antimicrobials used as supplements to MacConkey Lactose (MKL) culture media.**

Antimicrobial	Concentration	Reference
Tetracycline	TET 32mg/L	(Agga et al., 2016)
Ampicillin	AMP 16 mg/L	(Bibbal et al., 2007; Havelaar et al., 1987)
Trimethoprim-Sulfamethoxazole	SXT 4mg/L 76mg/L	(Schmidt et al., 2015)

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414 **Table 3. Total count of coliform colony forming units (CFU) in Mac Conkey lactose without**  
415 **antimicrobials.** The average and standard deviation (SD) is shown for each treatment. Antimicrobial  
416 resistance ratios for ampicillin (AMP), cotrimoxazole (SXT) and Tetracycline (TET) were calculate  
417 using the total count of coliform colony forming units in Mac Conkey Lactosa plates with  
418 antimicrobials divided by the total count of coliform in Mac Conkey Lactosa without antimicrobials.

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AGE (days)	Treatment A					Treatment B				
	(AVERAGE)	SD	AMP	SXT	TET	2,34E+07	SD	AM	SXT	TET
5	1,73E+07	1,15E+07	0,48	1,22	2,15	5,15E+04	1,10E+13	0,39	1,55	2,38
30	6,71E+05	1,01E+06	0,78	0,56	0,66	8,90E+05	7,92E+14	0,98	0,43	0,97
50	9,17E+05	8,70E+05	0,26	0,48	0,83	7,40E+04	8,41E+14	0,48	0,48	1,01
100	2,46E+05	1,68E+05	0,38	0,94	0,99	2,65E+05	1,16E+13	0,48	1,48	0,72
140	1,08E+05	1,68E+05	0,34	0,32	1,05		2,55E+14	0,25	0,14	1,2

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427 **Table 4.-** Antimicrobial susceptibility test from coliform isolated. Strains are classified by sampling period (1.- 5days; 2- 30days; 3.- 50 days;  
 428 4.- 100 days; 5.- 140 days) and treatment group (A.- with antimicrobials; B.- without antimicrobials) ( $p = 0,77$ ).  $p$  was calculated based on  
 429 sampling period comparison. Strain with more than 2 resistances was count as multidrug resistant (MDR). AMP ampicillin (10 $\mu$ g), TET  
 430 tetracycline (30 $\mu$ g), SXT trimethoprim-sulfamethoxazole (1.25/23.75 $\mu$ g), GEN gentamycin (10 $\mu$ g), AMC amoxicillin-clavulanic ac.  
 431 (20/10 $\mu$ g), CIP ciprofloxacin (5 $\mu$ g), CHLOR chloramphenicol (30 $\mu$ g) and COX ceftriaxone (30 $\mu$ g) were used to perform the antimicrobial  
 432 susceptibility test.

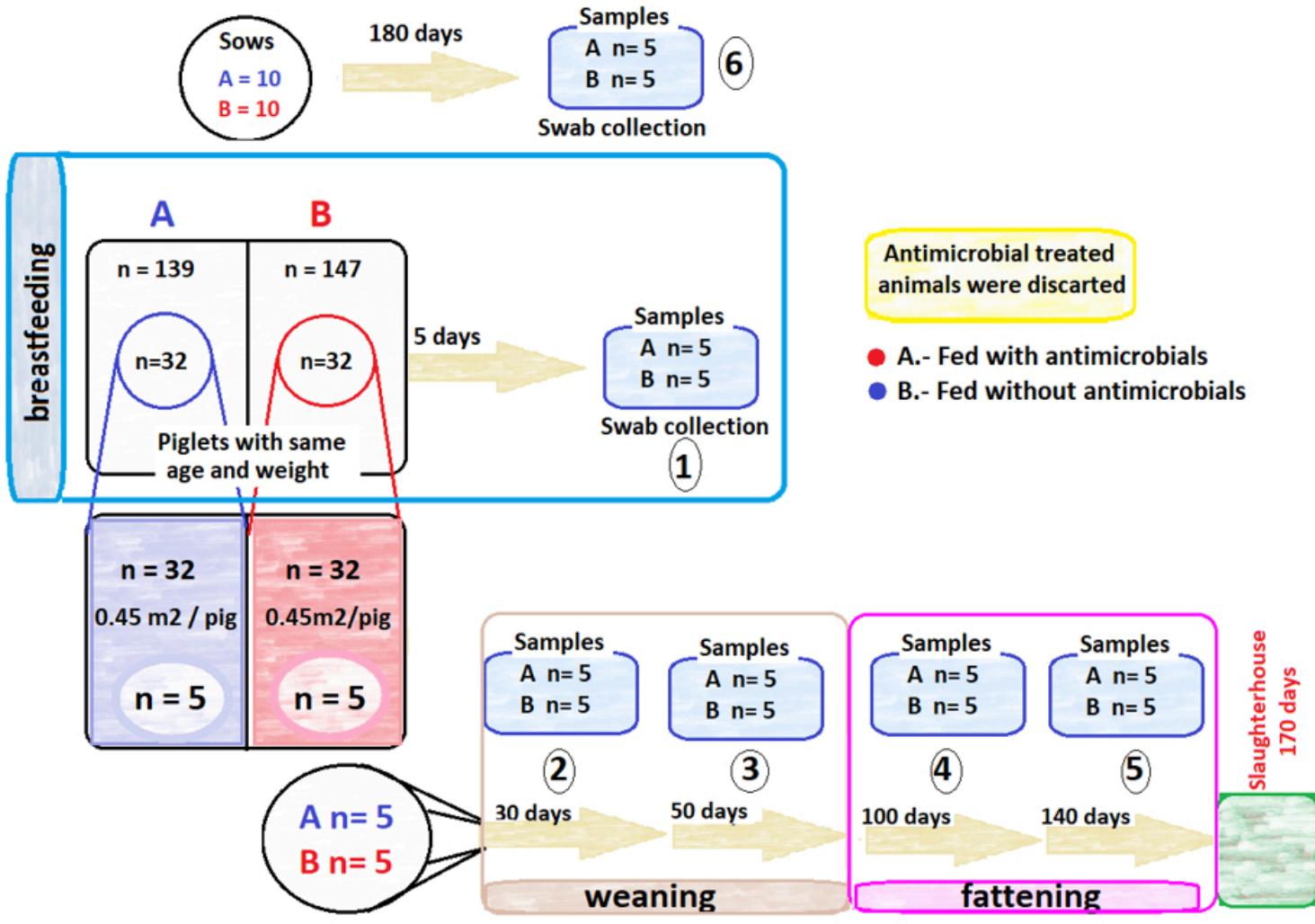
	TREATMENT A												TREATMENT B												$p$
	1		2		3		4		5		6		1		2		3		4		5		6		
AMR	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%	
MDR	28	60,8	28	52,8	20	95,2	29	53,7	19	51,3	49	89,1	27	58,7	39	73,5	24	92,3	31	54,4	14	45,2	46	79,3	0,989568152
AMP	32	69,5	29	54,7	21	100,0	25	46,3	36	97,3	52	94,5	22	47,8	40	75,5	26	100,0	30	52,6	29	93,5	55	94,8	0,957816292
AMC	16	34,7	11	20,7	17	80,9	3	5,5	19	51,3	29	52,7	7	15,2	16	30,1	18	69,2	5	8,8	15	48,4	32	55,2	0,497906647
SXT	19	41,3	32	60,3	8	38,1	31	57,4	21	56,7	40	72,7	21	45,6	35	66,0	11	42,3	34	59,6	10	32,2	39	67,2	0,654382423
TET	46	100,0	52	98,1	21	100,0	52	96,3	0	0,0	44	80,0	45	97,8	49	92,4	25	96,1	51	89,5	1	3,3	48	84,2	0,377740267
CIP	6	13,0	8	15,1	1	4,7	11	20,3	2	5,4	4	7,3	0	0,0	18	33,9	3	11,5	13	22,8	1	3,2	4	6,9	0,649614289
CHLOR	10	21,7	14	26,4	10	47,6	16	29,6	6	16,2	20	36,3	10	21,7	25	47,2	11	42,3	22	38,6	10	32,2	20	34,5	0,194337987
GEN	9	19,5	8	15,0	5	23,8	17	31,5	3	8,1	11	20,0	19	41,3	21	39,6	6	23,1	18	31,6	1	3,2	7	12,1	0,382955258
COX	12	26,0	4	7,5	11	52,4	5	9,2	4	10,8	5	9,1	5	10,9	7	13,2	11	42,3	7	12,2	4	12,9	2	3,4	0,365821821

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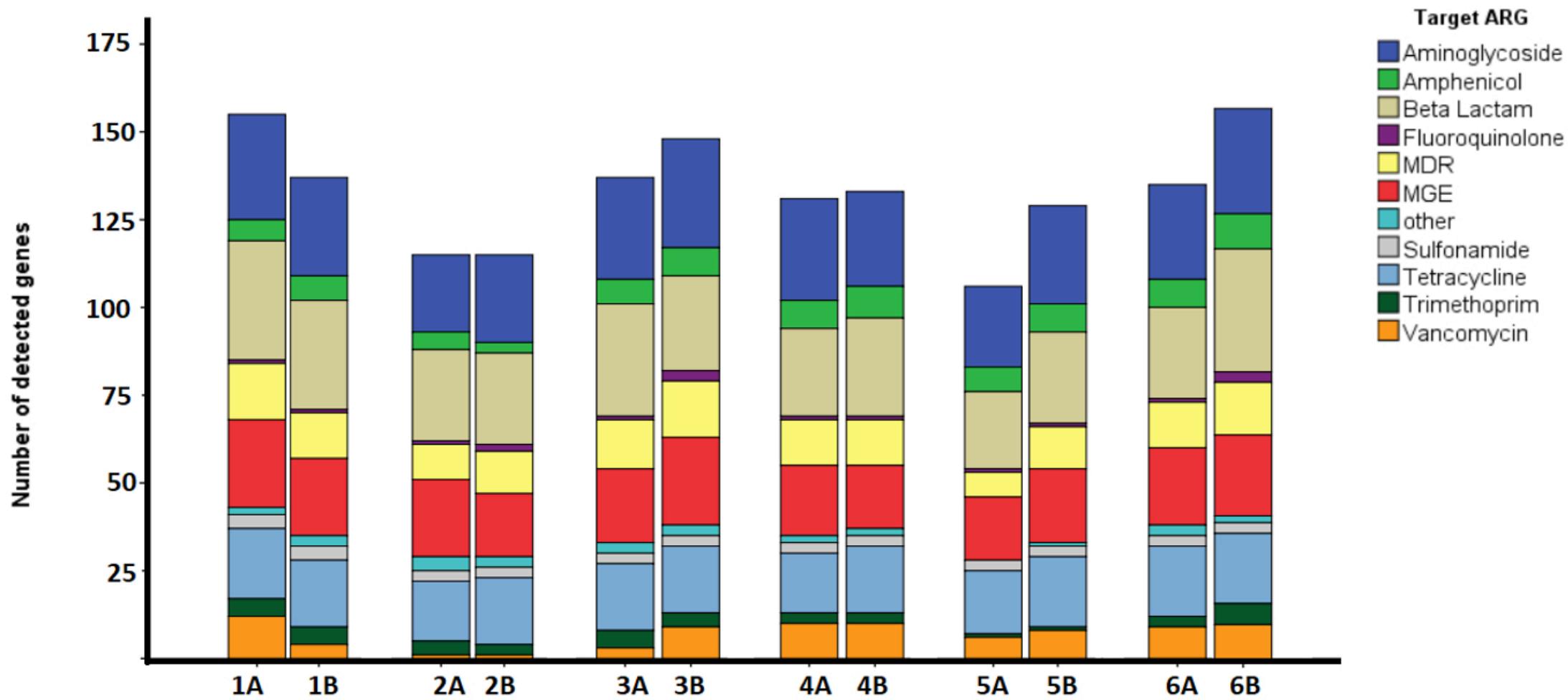
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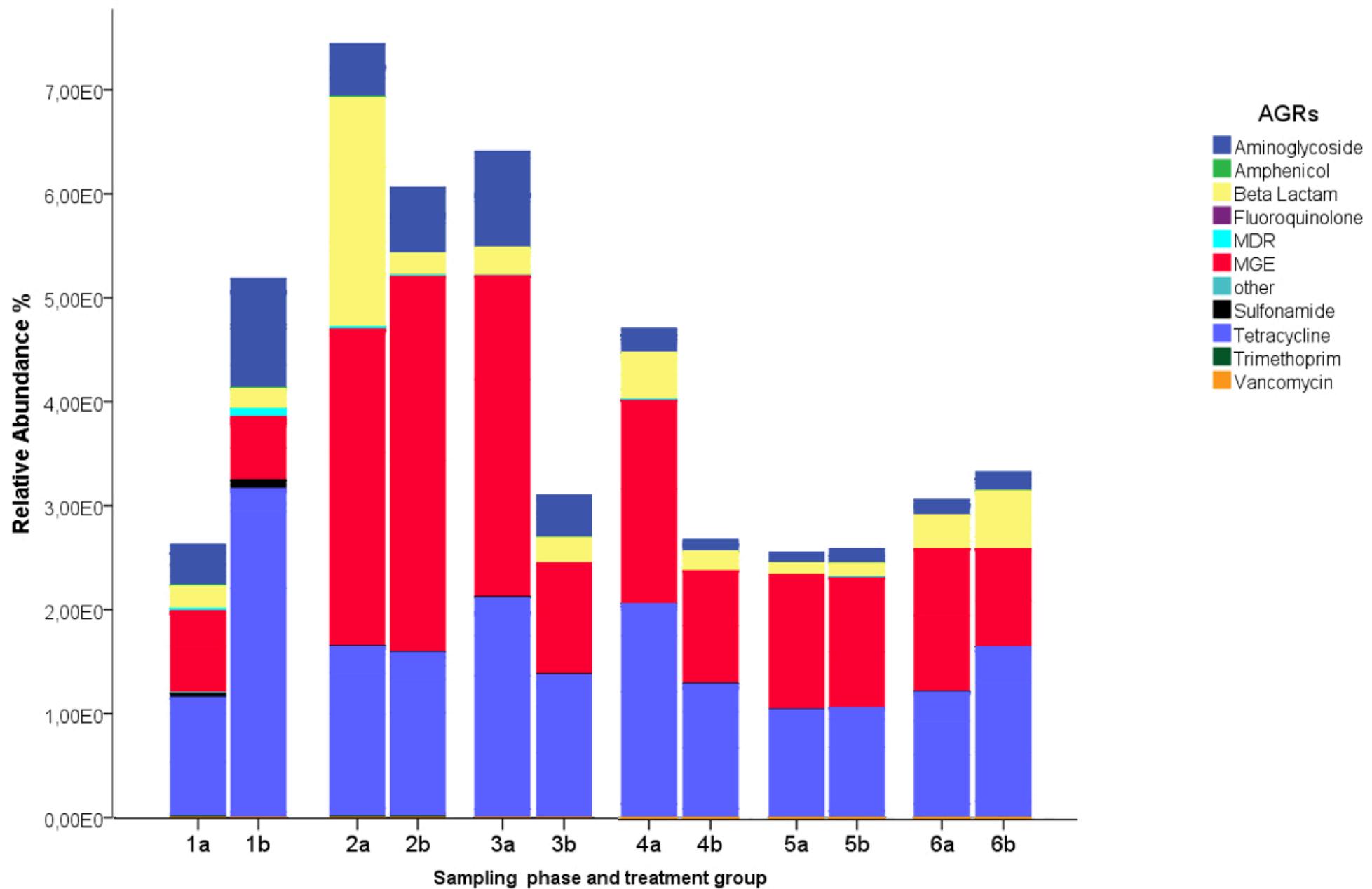
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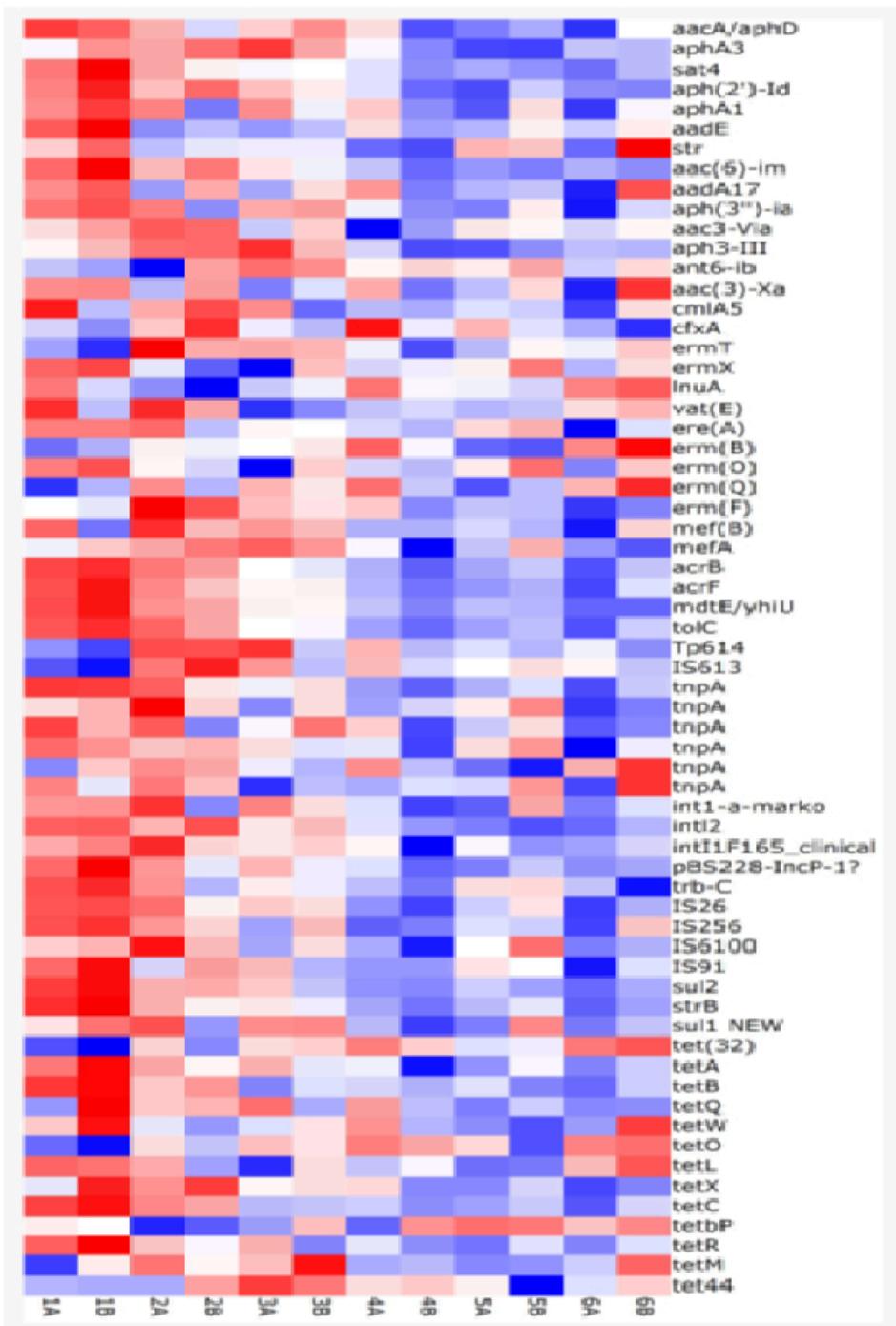
**Figure 1.-** Work flow for a productive pig's cycle of each treatment group A. fed with antimicrobials. B. fed without antimicrobials. 10 female pigs (sows at 70 days) were randomly selected for each treatment. All farrowed piglets were maintained under the same treatment group until day 21(Breastfeeding phase). A homogeneous group of 32 piglets (similar age and weight) within each treatment group were selected to form a weaning phase pen (since 22 days to 70 days) that was conserve until the slaughter phase (170 days). Rectal swabs samples were collected at 1.- 5 days; 2.- 30days; 3.- 50days; 4.-100 days; 5.-140 days. A sample from sows were taken at 180days (6.)



**Figure 2.** Antimicrobial resistance genes (ARG) richness. Number of genes of each class of antimicrobial target. In columns there are assigned the growing phase of piglets (1.- 5 days, 2.- 30 days; 3.- 50 days, 4.- 100 days; 5.- 140 days) and sows (6.- 180days). Animals feeding antimicrobials were identified as A and animal without antimicrobial additives were identified with B.



**Figure 3.** Relative abundance (RA%) of antimicrobial resistance genes grouped by sampling phase and treatment group (A.- Pigs fed antibiotics; B.- Pigs not feed antibiotics); 1.- 5 days; 2.- 30 days; 3.- 50 days; 4.- 100 days; 5.- 140 days; 6 Sows 180 days)



**Figure 4.** Relative abundance (RA%) of ARG genes grouped by sampling phase and treatment group (A.- Pigs feeding with antibiotics; B.- Pigs feeding without antibiotics); 1.- 5d; 2.- 30d; 3.- 50d; 4.- 100d; 5.- 140d; 6 Sows at 180d). Genes with CT <30 were excluded, the heat map represents only genes detected in at least one sample. In red are shown genes with higher relative abundance, in blue the less abundant genes.