

1 **Squamous differentiation portends poor prognosis in low and intermediate-
2 risk endometrioid endometrial cancer.**

3 **Squamous differentiation in endometrioid endometrial cancer.**

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28 **ABSTRACT**

29 **Background:**

30 Endometrial cancer presents well-defined risk factors (myometrial invasion,
31 histological subtype, tumor grade, lymphovascular space invasion (LVSI)). Some
32 low and intermediate-risk endometrioid endometrial cancer patients exhibited
33 unexpected outcomes. The aim of this study was to investigate other clinical-
34 pathological factors that might influence the recurrence rates of patients diagnosed
35 with low and intermediate-risk endometrioid endometrial cancer.

36 **Methods:**

37 A case-control study from a cohort retrospective of 196 patients diagnosed with
38 low and intermediate-risk endometrioid endometrial cancer at a single institution
39 between 2009 and 2014 was conducted. Medical records were reviewed to
40 compare clinical (race, smoking, menopause age, body mass index) and
41 pathological (histological characteristics (endometrioid vs endometrioid with
42 squamous differentiation), tumor differentiation grade, tumor location, endocervical
43 invasion, LVSI) features of patients with recurrence (case) and without recurrence
44 (control) of disease. Three controls for each case were matched for age and
45 staging.

46 **Results:**

47 Twenty-one patients with recurrence were found (10.7%), of which 14 were stage
48 IA, and 7 were stage IB. In accordance, 63 patients without recurrence were
49 selected as controls. There were no significant differences in any clinical
50 characteristics between cases and controls. Among pathological variables,

51 presence of squamous differentiation (28.6% vs. 4.8%, p=0.007), tumor
52 differentiation grade 2 or 3 (57.1% vs. 30.2%, p=0.037) and presence of
53 endocervical invasion (28.6% vs. 12.7%, p=0.103) were associated with disease
54 recurrence on univariate analysis. On multivariable analysis, only squamous
55 differentiation was a significant risk factor for recurrence (p=0.031).

56 **Conclusion:**

57 Our data suggest that squamous differentiation may be an adverse prognostic
58 factor in patients with low and intermediate-risk endometrioid endometrial cancer,
59 that showed a 5.6-fold increased risk for recurrence.

60 **Keywords:** Low and intermediate-risk endometrioid endometrial carcinoma,
61 prognostic factors, squamous differentiation

62 **Introduction**

63 Endometrial cancer is the most prevalent gynecological neoplasia in women
64 in the US, accounting for more than 63,000 cases/year and with a lethality rate
65 close to 18%.¹ In Brazil, this tumor represents the second cause of gynecological
66 cancer due to a high incidence of tumors of the cervix.² Despite knowledge
67 advances related to genetic alterations of this neoplasia in the last years,
68 classification of endometrial cancer into type I (endometrioid) or type II (serous or
69 clear cell) continues to be used in clinical practice, mainly to evaluate risk factors
70 in tumor development.³

71 As in other solid tumors, staging of endometrial cancer is important to define
72 surgical extension, ranging from hysterectomy with bilateral salpingo-
73 oophorectomy even need pelvic and/or para-aortic lymphadenectomy.⁴ Risk
74 stratification in stage I tumors aims to assess the risk of lymph node involvement,
75 the recurrence pattern, patient's prognosis and the best adjuvant treatment to be
76 performed.⁵ Beyond myometrial tumor invasion depth, other clinical-pathological
77 factors were evaluated: age; histological subtype; tumor differentiation grade and
78 lymphovascular space invasion (LVSI).^{6, 7} Beside these features, other
79 immunohistochemistry markers, such as L1-cell adhesion molecule (L1CAM) and
80 p53 are also associated with patient outcome for stage I endometrial cancer, but
81 not yet incorporated in the current classifications.^{8, 9}

82 Endometrial adenocarcinoma with squamous differentiation terminology
83 was defined by Zaino and Kurman in 1988 to replace two previously used
84 nomenclature for uterus neoplasms: adenoacanthoma and adenosquamous

85 carcinoma.¹⁰ Squamous differentiation consists of sheets of cells with intercellular
86 bridges and prominent cell membranes with or without keratinization.¹¹ It is present
87 in about 13-25% of endometrial adenocarcinomas.^{10, 12} The finding of squamous
88 differentiation in the anatomopathological examination remains controversial as a
89 risk factor for recurrence in patients with early stage endometrial cancer.^{13, 14}
90 The aim of this study was to evaluate clinical-pathological features that influenced
91 the recurrence of patients diagnosed with low and intermediate risk endometrial
92 cancer according to ESMO (European Society for Medical Oncology) criteria.⁵

93 **Patients and Methods**

94 A case-control study nested in a retrospective cohort of 196 patients
95 diagnosed with low and intermediate risk endometrial cancer undergoing surgery
96 at Barretos Cancer Hospital between January 2009 and December 2014 was
97 conducted. This study was conducted in accordance with the principles of the
98 Declaration of Helsinki, and was previously approved by the Ethical Review Board
99 from Barretos Cancer Hospital in March 2017 (Reference 1.942.488). Cases were
100 defined as patients who presented systemic or locoregional recurrence at any time
101 of their follow up. We defined three controls for each recurrence case matched age
102 (\pm 1 year) and FIGO (International Federation of Gynecology and Obstetrics)
103 staging (IA and IB).

104 According to ESMO criteria⁵, low-risk endometrial cancer is defined as
105 endometrioid adenocarcinoma stage IA grade 1 or grade 2; intermediate-risk
106 endometrial cancer is defined as endometrioid adenocarcinoma stage IA grade 3
107 or endometrioid adenocarcinoma stage IB grade 1 or grade 2. Three or more of
108 the following four criteria need to be present to define squamous differentiation:
109 sheet-like growth without glands or palisading, sharp cells margins, eosinophilic
110 and thick of glassy cytoplasm, and decreased nuclear-to-cytoplasmic ratio
111 compared with foci elsewhere in the same tumor.¹¹ The amount of squamous
112 differentiation can vary, and in a well-sampled carcinoma, the squamous
113 differentiation should comprise at least 10% of the neoplasia. The degree of
114 nuclear atypia, if present, generally reflects that of the glandular cells.¹⁵

115 Clinical-pathological data were reviewed from medical records. The
116 diagnoses of low and intermediate risk endometrial cancer were confirmed by
117 surgical histopathologic report. Patients who did not perform definitive surgical
118 treatment at the institution (for example, patients who underwent surgery at their
119 region of origin and who were referred to a tertiary hospital only for adjuvant
120 treatment) were excluded.

121 The following clinical-pathological criteria were evaluated: ECOG (Eastern
122 Cooperative Oncology Group) scale of performance status (0-1 vs 2);
123 race/ethnicity (white vs non-white); body mass index (BMI); hormonal status
124 (menopause vs menacme); number of pregnancies; smoking (yes vs no); tumor
125 differentiation grade (1, 2 or 3); histological characteristics (endometrioid vs
126 endometrioid with squamous differentiation); tumor size; tumor location (uterine
127 corpus vs lower uterine segment); endocervical invasion (yes vs no) and LVSI (yes
128 vs no).

129

130 **Statistical Analysis**

131 Both the data collected and analyses were performed using IBM Statistical
132 Package for the Social Sciences (SPSS) database version 21.0 (SPSS, Chicago,
133 IL). Descriptive statistical analysis used median, maximum and minimum value for
134 quantitative variables and percentage for qualitative variables. Once the above
135 variables were defined, univariate analysis was performed using Mann-Whitney's
136 U-test or Fisher's exact test. Parameters with $P < 0.2$ in univariate analyses were
137 entered into the logistic regression analysis. Backward stepwise logistic regression

138 models were constructed. The comparisons were considered statistically
139 significant at $P < 0.05$. Study data were collected and managed using REDCap
140 (Research Electronic Data Capture) electronic data capture tools hosted at
141 Barretos Cancer Hospital.¹⁶

142 **Results**

143 Of the 196 endometrial cancer patients described in this retrospective
144 cohort, 21 patients (10.7%) presented recurrence during their evolution (cases), of
145 which 2/3 were stage IA and 1/3 were stage IB, and 63 patients without recurrence
146 were selected as controls (Table 1). The median age of both groups was 64 years
147 and both groups also exhibit similar fraction of IA staging. Moreover, the patient
148 population was obese (median BMI above 30), white and was non-smoker (Table
149 1). Almost all patients were already in menopause (11.2% of patients controls were
150 still in menacme).

151 **Table 1.** Univariate analysis of predictive recurrence for low and intermediate-risk
152 endometrioid endometrial cancer.

| | | Case (n=21) | Control (n=63) | P-value |
|---|--|------------------------|------------------------|---------|
| Age (median) ^a | | 64 (46-77) | 64 (46-78) | 0.873 |
| FIGO staging (%) ^b | IA | 14 (66.7) | 42 (66.7) | >0.99 |
| | IB | 7 (33.3) | 21 (33.3) | |
| ECOG Performance Status (%) ^b | 0-1 | 20 (95.2) | 61 (96.8) | >0.99 |
| | 2 | 1 (4.8) | 2 (3.2) | |
| Race/Ethnicity (%) ^b | White | 18 (85.7) | 45 (71.4) | 0.251 |
| | Non-white | 3 (14.3) | 18 (28.6) | |
| BMI (median) ^a | | 31.64 (19.78-48.62) | 32.65 (21.93-52.71) | 0.339 |
| Smoking history ^b | Yes | 2 (9.5) | 4 (6.3) | 0.637 |
| | No | 19 (90.5) | 59 (93.7) | |
| Menopause (%) ^b | Yes | 21 | 56 (88.8) | 0.184 |
| | No | 0 | 7 (11.2) | |
| Number of pregnancies (median) ^a | | 4 (1-7) | 4 (1-20) | 0.725 |
| Tumor differentiation grade ^b | Grade 1 | 9 (42.9) | 44 (69.8) | 0.037 |
| | Grade 2 or 3 | 12 (57.1) | 19 (30.2) | |
| | Endometrioid | 15 (71.4) | 60 (95.2) | 0.007 |
| Histological subtype (%) ^b | Endometrioid with squamous differentiation | 6 (28.6) | 3 (4.8) | |
| Tumor size (median – cm) ^a | | 4.0 (16.0-115.0) | 4.0 (1.0-105.0) | 0.597 |
| Tumor localization ^b | Uterine corpus | 14 (66.7) | 47 (74.6) | 0.574 |
| | Lower uterine segment | 7 (33.3) | 16 (25.4) | |
| Endocervical invasion (%) ^b | Yes | 6 (28.6) | 8 (12.7) | 0.103 |
| | No | 15 (71.4) | 55 (87.3) | |
| LVSI (%) ^b | Yes | 5 (23.8) | 9 (14.3) | 0.324 |
| | No | 16 (76.2) | 54 (85.7) | |

153 BMI – body mass index; ECOG – Eastern Cooperative Oncology Group; FIGO – International Federation of Gynecology
154 and Obstetrics; LVSI – lymphovascular space invasion. a- Mann-Whitney test; b- Fisher's exact test

155 Squamous differentiation appears as solid areas in the middle of glandular
156 tissue. These areas, although solid, can not be considered as such for grading
157 purpose (Figure 1a and 1b). A specific immunohistochemical marker used to
158 evaluate squamous lineage is p63, as shown in the inset (Figure 1c).¹⁷

159 There were no significant differences in race/ethnicity, ECOG performance
160 status, number of pregnancies, smoking history, tumor size, tumor localization and
161 LVSI between the group of patients with recurrence (cases) and patients without
162 recurrence (controls) (Table 1).

163 In the univariate analysis, four parameters with $P < 0.2$ were chosen for the
164 multivariate logistic regression analysis: hormonal status (menopause), tumor
165 differentiation grade, histological characteristics and endocervical invasion (Table
166 1). The variable menopause had to be withdrawn from this model since one of its
167 categories did not present participants (no menopause in case group), resulting in
168 a no data conversion to the odds ratio value. Using backward stepwise logistic
169 regression technique, a new model were constructed with three parameters:
170 histological subtype with squamous differentiation (28.6% vs. 4.8%, $p=0.007$),
171 tumor differentiation grade 2 or 3 (57.1% vs. 30.2%, $p=0.037$) and presence of
172 endocervical invasion (28.6% vs. 12.7%, $p=0.103$) (Table 1).

173 In multivariate analysis, only histological subtype (endometrioid vs
174 endometrioid with squamous differentiation) was associated with recurrence
175 ($p=0.031$) (Table 2). Women who presented squamous differentiation associated
176 with classic endometrioid subtype had a 5.6-fold increased risk for recurrence
177 when compared to the group that does not show this histological finding (Table 2).

178 **Table 2.** Multivariate analysis of predictive recurrence for low and intermediate-
179 risk endometrioid endometrial cancer.

| | | Odds Ratio (IC – 95%) | P-value |
|------------------------------|--|-----------------------|---------|
| Tumour differentiation grade | Grade 1 | 1 | 0.080 |
| | Grade 2 or 3 | 2.66 (0.89–7.96) | |
| Tumour type | Endometrioid | 1 | 0.031 |
| | Endometrioid with squamous differentiation | 5.65 (1.17–27.17) | |
| Endocervical invasion | No | 1 | 0.168 |
| | Yes | 2.55 (0.67–9.66) | |

180 Constant= -1.939 ($P = 0.0001$)

181 **Discussion**

182 This case-control study of low and intermediate risk endometrial cancer
183 demonstrated that patients with endometrioid squamous differentiation subtype
184 had a greater chance of recurrence when compared to patients with typical
185 endometrioid histological subtype. This finding in the anatomopathological
186 examination remains controversial as a risk factor for recurrence as published in
187 the international literature (Table 3).

188 **Table 3.** Summary of squamous differentiation endometrioid endometrial cancer
189 studies to predict recurrence.

| References | Year | Country | N | Study design | Risk for recurrence |
|---|------|---------|-----|----------------------|---------------------|
| This study | 2019 | Brazil | 84 | Case-control | Yes |
| Misirlioglu <i>et al.</i> ¹³ | 2012 | Turkey | 223 | Case-control | Yes |
| Jiang <i>et al.</i> ²¹ | 2017 | China | 630 | Retrospective cohort | Yes |
| Zaino <i>et al.</i> ¹⁴ | 1991 | USA | 631 | Prospective cohort | No |
| Sturgeon <i>et al.</i> ²² | 1998 | USA | 648 | Case-control | No |
| Lax <i>et al.</i> ²³ | 1998 | USA | 77 | Case series | Variable |
| Abeler <i>et al.</i> ¹² | 1992 | Norway | 255 | Retrospective cohort | Variable |

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191 FIGO staging classifies endometrial cancer grade into three groups: grade
192 1 tumors are those in which less than 5% of the neoplasm is arranged as solid
193 growth; grade 2 tumors are those in which 5% to 50% of the neoplasms are
194 arranged in solid sheets, and grade 3 tumors are those in which greater than 50%
195 of the neoplasm form solid masses.¹⁸ The current FIGO grade system, primarily
196 based on the relative proportion of solid and glandular areas also considers
197 nuclear atypia, and grading is increased by one if more than 50% severe nuclear
198 atypia (grade 3 nuclei) is found in the neoplastic glands.¹⁹ Currently, squamous

199 differentiation does not enter into this classification, although it can mimic solid
200 tumors areas. It can be found in all forms of endometrial hyperplasia, being more
201 common in atypical endometrial proliferation.¹⁵ The squamous and glandular
202 components have the same PTEN mutations, which indicates that they are clonally
203 related.²⁰

204 Some studies showed that squamous differentiation is a risk factor for
205 endometrial cancer recurrence.^{13, 21} A retrospective study of 223 patients with
206 early-stage endometrial cancer, carried out by Misirlioglu *et al.*, similar with our
207 study, regarding methodological structure, showed squamous differentiation as a
208 risk factor for recurrence in early-stage endometrial cancer.¹³ The authors reported
209 10.31% of recurrence (23 cases), very similar to that found in our study. Several
210 risk factors were considered positive to increase the chance of recurrence (age,
211 depth of myometrial tumor invasion, tumor differentiation grade, lymphovascular
212 space invasion, tumor localization, tumor size), including squamous differentiation
213 as in our results.¹³ Another retrospective cohort with 630 patients with stage I
214 endometrioid endometrial cancer conducted by Jiang *et al.* evaluated possible risk
215 factors for metastasis in this tumor. Beyond traditional factors such as tumor size
216 and depth of myometrial invasion, squamous differentiation was also an
217 independent risk factor for the development of pulmonary metastasis.²¹

218 On the other hand, there are some studies showing that squamous
219 differentiation does not pose a worse prognosis. A large study (n=631) conducted
220 by Gynecologic Oncology Group (GOG) in the late 1970s and early 1980s,
221 evaluated the prognosis role of the patients with or without histological squamous

222 differentiation.¹⁴ Five-years overall survival was 90% for patients with squamous
223 differentiation *versus* 82% for patients without this differentiation with statistical
224 significance.¹⁴ A case-control study with 640 patients carried out by Sturgeon *et*
225 *al.* showed that squamous differentiation is not a poor prognostic factor for patients
226 diagnosed with endometrioid endometrial cancer.²²

227 On account of conflicting results for defining prognosis of tumors; it may be
228 necessary to classify squamous differentiation component in the low or high
229 degree. An immunohistochemistry study of 77 patients evaluated estrogen (ER)
230 receptor, progesterone (PR) receptor, p53 and Ki-67, reported that tumors with
231 high-grade squamous differentiation (lack of expression of ER and PR; high Ki-67
232 index and p53 expression) have a worse outcome.²³ This controversy about the
233 prognosis of recurrence in endometrial cancer with squamous differentiation may
234 be related to subgroups of its classification. Abeler *et al.* published a cohort with
235 1985 cases with endometrioid endometrial carcinoma, of which 255 presented
236 squamous differentiation.¹² In this study, the authors divided tumors with
237 squamous differentiation into two groups formerly used: adenoacanthoma (for
238 cytologically well differentiated squamous differentiation) and adenosquamous
239 carcinoma (for poorly differentiated squamous differentiation). Five-year overall
240 survival for all patients was 83.5%. Adenoacanthoma subgroup had 91.2% five-
241 year overall survival and adenosquamous subgroup had 64.9%, showing different
242 prognosis.¹²

243 Molecular analysis with the aim to discover a biomarker that correlates with
244 squamous differentiation in endometrial cancer is even more unclear. Cdx2 is an

245 important gene transcription factor in the carcinogenesis of colorectal cancer.²⁴
246 The expression of this biomarker can be present in up to 27% of endometrial
247 cancer but it is never seen in the normal epithelium.²⁵ Wani *et al.* evaluated Cdx2
248 expression in endometrial cancer with or without squamous differentiation and the
249 expression of the biomarker was more prevalent in patients with this
250 differentiation.²⁵ Another biomarker that may be related to squamous
251 differentiation in endometrial cancer is p16, a tumor suppression protein generally
252 expressed in tumors caused by the human papillomavirus (HPV).^{26, 27}

253 The strengths of our study include the fact that all patients were treated at
254 the oncogynecology department from a tertiary cancer hospital where protocols are
255 followed closely. The pathology department is also divided into subspecialties,
256 surgical specimens description, sampling, and reporting are standardized,
257 resulting in high reproducibility of the pathology reports. Furthermore, the
258 methodology chosen was a well-matched case-control study by age and stage,
259 without differences between groups.

260 The limitations of the present study is its retrospective nature, associated
261 with the number of recurrent cases found (10.71%), despite agreeing with data
262 from literature since it is low and intermediate risk stage I tumors.¹³ Creasman *et*
263 *al.* reported a relapse-free survival at five years in stage I surgical patients of
264 92.3%.²⁸ Tumor differentiation grade and endocervical invasion were not
265 statistically significant in the multivariate analysis model, probably due to this
266 limitation. Other barriers of this study were to have been carried out in a single

267 institution with possible referral bias, and it did not have any immunohistochemical
268 data.

269 In conclusion, this case-control study provides evidence that squamous
270 differentiation in low and intermediate risk endometrial cancer had a 5.6-fold
271 increased risk for recurrence. This finding demonstrates that more detailed
272 histopathological information could contribute to the analysis of prognosis for the
273 patients.

274 **Disclosures**

275 The authors do not have any conflicts of interest to disclose.

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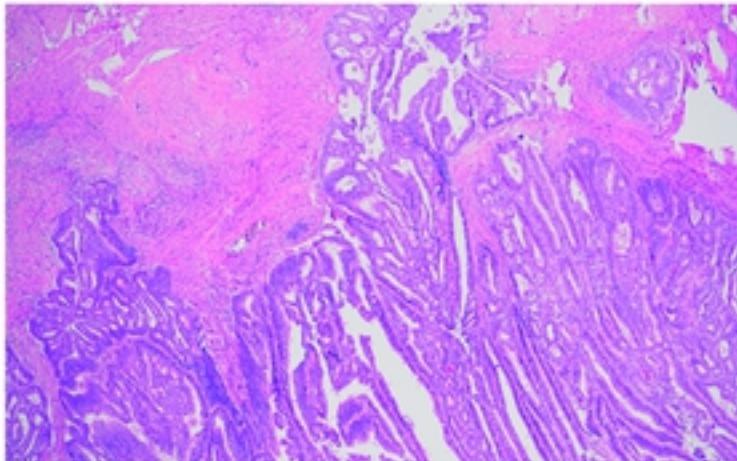
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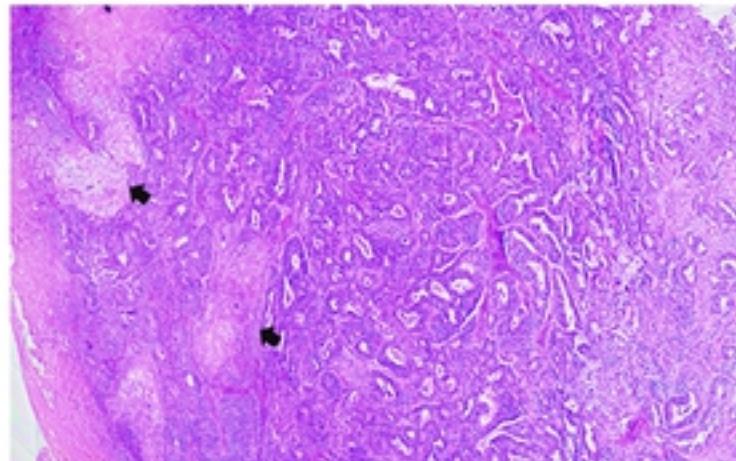
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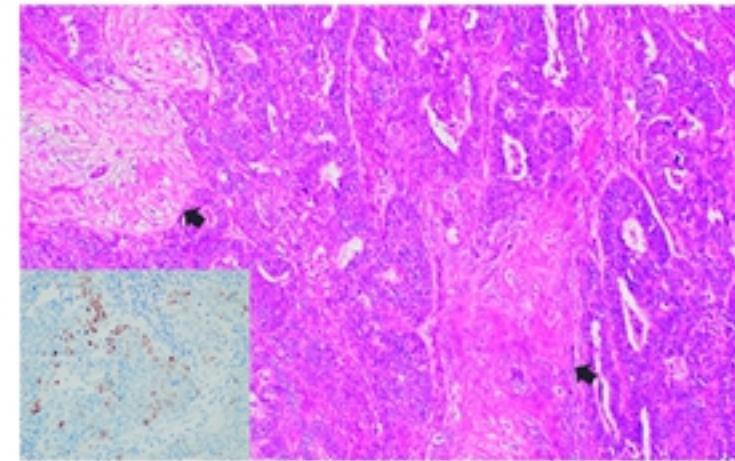
389



1A



1B



1C

Figure 1. Figure 1A depicts an endometrioid adenocarcinoma without squamous transformation, 1B shows a case with squamous transformation areas highlighted with arrows and 1C highlights the squamous transformation areas at a higher magnification (arrows). The inset presents nuclear p63 positivity, a protein antibody used to demonstrate squamous differentiation by immunohistochemistry in a squamous transformation area.

Figure