

Single cell multi-omics profiling reveals a hierarchical epigenetic landscape during mammalian germ layer specification

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Abstract

22 Formation of the three primary germ layers during gastrulation is an essential step in the
23 establishment of the vertebrate body plan. Recent studies employing single cell
24 RNA-sequencing have identified major transcriptional changes associated with germ layer
25 specification. Global epigenetic reprogramming accompanies these changes, but the role of
26 the epigenome in regulating early cell fate choice remains unresolved, and the coordination
27 between different epigenetic layers is unclear. Here we describe the first single cell
28 triple-omics map of chromatin accessibility, DNA methylation and RNA expression during the
29 exit from pluripotency and the onset of gastrulation in mouse embryos. We find dynamic
30 dependencies between the different molecular layers, with evidence for distinct modes of
31 epigenetic regulation. The initial exit from pluripotency coincides with the establishment of a
32 global repressive epigenetic landscape, followed by the emergence of local lineage-specific
33 epigenetic patterns during gastrulation. Notably, cells committed to mesoderm and
34 endoderm undergo widespread coordinated epigenetic rearrangements, driven by loss of
35 methylation in enhancer marks and a concomitant increase of chromatin accessibility. In
36 striking contrast, the epigenetic landscape of ectodermal cells is already established in the
37 early epiblast. Hence, regulatory elements associated with each germ layer are either
38 epigenetically primed or epigenetically remodelled prior to overt cell fate decisions during
39 gastrulation, providing the molecular logic for a hierarchical emergence of the primary germ
40 layers.

Highlights

- First map of mouse gastrulation using comprehensive single cell triple-omic analysis.
- Exit from pluripotency is associated with a global repressive epigenetic landscape, driven by a sharp gain of DNA methylation and a gradual decrease of chromatin accessibility.
- DNA methylation and chromatin accessibility changes in enhancers, but not in promoters, are associated with germ layer formation.
- Mesoderm and endoderm enhancers become open and demethylated upon lineage commitment.
- Ectoderm enhancers are primed in the early epiblast and protected from the global repressive dynamics, supporting a default model of ectoderm commitment *in vivo*.

In mammals, specification of the basic body plan occurs during gastrulation, when a single-layered blastula is reorganised to give rise to the three primary germ layers: the ectoderm, mesoderm and endoderm^{1,2}. Recent advances in single-cell RNA sequencing have facilitated unbiased and comprehensive characterisation of such developmental trajectories in a variety of different systems³⁻⁵. However, while gene expression dynamics of mouse development have been characterized in detail⁶⁻¹², the role of the epigenome in cell fate decisions in early development remains poorly understood¹³.

The period of mouse development prior to gastrulation is characterised by extensive remodelling of the epigenome¹⁴⁻²⁵. Moreover, recent studies have identified cell type specific chromatin marks, accessibility and DNA methylation profiles at regulatory elements in several species²⁶⁻³¹. Together, this suggests that correct establishment of chromatin accessibility and DNA methylation may be important for cell fate specification during development. Indeed, mutants that fail to correctly remodel their epigenetic landscape display differentiation defects at or following gastrulation^{32,33}. However, since cell fate decisions are made at the level of single cells, the ability to understand whether distinct epigenetic environments precede or follow cell fate choice during early development has been challenging. Moreover, in isolation, characterising the epigenome of individual cells provides only part of the picture – without knowledge of the transcriptional readout, associating epigenetic changes with specific cell fate choices is difficult¹³.

Recent technological advances have enabled the profiling of multiple molecular layers in single cells³⁴⁻⁴³, providing novel opportunities to study the relationship between the transcriptome and epigenome during cell fate decisions. Here we apply scNMT-seq (single-cell Nucleosome, Methylome and Transcriptome sequencing) to comprehensively analyse the collective dynamics of RNA expression, DNA methylation and chromatin accessibility in peri-implantation and early postimplantation mouse embryos during exit from pluripotency and primary germ layer specification.

Mapping RNA expression, DNA methylation and chromatin accessibility changes during mouse gastrula development

We applied scNMT-seq³⁴ to jointly profile chromatin accessibility, DNA methylation and gene expression from 758 single cells isolated from mouse embryos at four developmental stages (Embryonic Day (E) 4.5, E5.5, E6.5 and E7.5) spanning implantation and gastrulation (**Figure 1a-d**). Following quality control and exclusion of trophoblast cells, 687 cells remained for downstream analysis (**Figure S1**).

As previously described⁷⁻⁹ we observe an increase in transcriptional diversity as embryos transition from a relatively homogeneous blastula to a heterogeneous gastrula with the ingression of cells through the primitive streak and the emergence of the three germ layers (**Figure 1a,b**). Gene expression profiles separate cells from the extraembryonic endoderm (E4.5 to E6.5), epiblast (E4.5 to E6.5), primitive streak (E6.5) and the three germ layers (E7.5) (**Figure S2-S5**), consistent with published bulk-RNA-seq data from the same stages¹⁶

88 (Figure S6). Similarly, dimensionality reduction of DNA methylation and chromatin
90 accessibility data reveals separation of cells by stage (Figure 1c,d) and embryonic versus
92 extraembryonic origin (Figure S7,S8). These observations are consistent with previously
published bulk DNA methylation data¹⁶; no published chromatin accessibility data are
available for comparison at these stages. In summary, we observe that all three molecular
layers contain information to separate cells by stage and identity.

Exit from pluripotency is associated with a sharp gain in DNA methylation and a gradual decrease in chromatin accessibility

94 To better understand epigenomic dynamics during development, we characterised the
96 changes in DNA methylation and chromatin accessibility during each stage transition. CpG
98 methylation levels rise from ~25% to ~75% in the embryonic tissue and ~50% in the
100 extra-embryonic tissue (Figure S9), mainly driven by a *de novo* methylation wave from E4.5
102 to E5.5 that preferentially targets CpG-poor genomic loci^{16,17,44} (Figure 1e,g,h). Subsequent
104 stage transitions induce relatively small global changes, but are instead associated with
106 prominent local methylation processes, including X-chromosome inactivation in female
embryos^{17,45,46} (Figure S10).

102 In contrast to the sharp *de novo* methylation dynamics between E4.5 and E5.5, we observed
104 a more gradual decline in global chromatin accessibility from ~38% at E4.5 to ~30% at E7.5,
106 with no differences between embryonic and extraembryonic tissues (Figure S9). However,
consistent with the DNA methylation changes, CpG rich regions remain more accessible
than CpG poor regions of the genome (Figure 1f,g,h)

108 To relate the epigenetic changes to transcriptional dynamics, we calculated, for each gene,
110 the correlation coefficient across all cells between their RNA expression and the
112 corresponding DNA methylation or chromatin accessibility levels at their promoters. Out of
5,000 genes tested (see Methods) we identified 205 genes whose expression shows
significant correlation with promoter DNA methylation and 96 that show a significant
correlation with chromatin accessibility (FDR<10%; Figure 2a-b).

114 Inspection of the dynamics for these associated loci reveals the repression of pluripotency
116 and germ cell markers, including *Dppa4*, *Dppa5a*, *Zfp42*, *Tex19.1* and *Pou3f1* (Figure 2a,c),
largely reflecting the genome-wide trend of DNA methylation gain and chromatin closure
118 (Figure 2c). More globally, 41% and 32% of the genes that are downregulated after E4.5
120 show significant negative associations between RNA expression and promoter methylation
122 and positive associations with chromatin accessibility, respectively. In contrast, only 9% and
1% of the genes found upregulated at E7.5 show a significant correlation between RNA
expression and promoter methylation or accessibility, respectively (Figure 2b, Figure S11).
This suggests that the upregulation of these genes is more likely controlled by other
regulatory elements; a hypothesis that is further explored below.

124 In summary, we show that postimplantation development is characterised by increased DNA
methylation and the global reduction in chromatin accessibility, which are associated with

126 repression of pluripotency. Notably, this is opposite to the dynamics of preimplantation
128 development, which has been found to be associated with an increase in chromatin
accessibility and the removal of DNA methylation thereby establishing the naive pluripotent
state^{14,15}.

Multi-omics factor analysis reveals connections between the transcriptome and the epigenetic state in enhancers during germ layer formation

130 Following the characterisation of the epigenetic landscape associated with the exit from
pluripotency, we next explored associations of all three molecular layers with germ layer
132 commitment at E7.5. To do this, we employed Multi-Omics Factor Analysis (MOFA)⁴⁷, a
method that performs unsupervised dimensionality reduction simultaneously across multiple
134 data modalities, thereby capturing the global sources of cell-to-cell variability via a small
number of inferred factors. Importantly, MOFA identifies whether factors are unique to a
136 single data type or shared across multiple data types, thereby revealing the extent of
covariation between different data modalities (**Figure S12**).

138 As input to the model we used the RNA expression profiles and the DNA methylation and
chromatin accessibility data quantified over putative regulatory elements. Our observation
140 that epigenetic changes in promoters show little association with genes upregulated at E7.5,
prompted us to consider an extended set of regulatory elements. Specifically, we used
142 histone ChIP-seq profiles specific to each of the three germ layers (Xiang Y. and Xie W.,
manuscript in preparation) to define enhancer elements (distal H3K27ac sites^{48,49}) and active
144 chromatin including transcription start sites (H3K4me3⁵⁰), (**Figure S13**). Based on these
annotations, we consider lineage-specific methylation and accessibility profiles as input data
modalities for MOFA.

146 MOFA identified 7 robust factors (**Methods**, **Figure 3a**) with the first two (Factor 1 and
Factor 2, sorted by variance explained) capturing the variation associated with the formation
148 of the three germ layers (**Figure 3b**). Notably, for these two factors, MOFA links variation at
the RNA level to concerted DNA methylation and chromatin accessibility changes at
150 lineage-specific enhancer marks (**Figure 3a**, **Figure S14, S15**). In contrast, epigenetic
changes at promoters show much weaker associations with the two lineage factors than
152 those at enhancer marks (**Figure 3a** **Figure S16, S17**). This supports observations in studies
in other species that identified distal elements as lineage-driving regulatory regions^{26,31}.
154 Inspection of gene-enhancer associations identified enhancers linked to key germ layers
including *Snai1*, *Lefty2* and *Mesp1* (mesoderm), *Sox17*, *Krt18* (endoderm), and *Pou3f1*, *Nav2*
156 (ectoderm) (**Figure 3c**). Intriguingly, ectoderm-specific enhancers are less associated with
lineage diversity than their meso- and endoderm counterparts (**Figure 3a**, **Figure S17**),
158 suggesting an asymmetric contribution of epigenetic modifications to germ layer
commitment. This finding is explored further below.

160 The five remaining factors correspond to transcriptional signatures that reflect the underlying
spatial distribution of cells, such as anterior-posterior axial patterning (Factor 4, **Figure S18**);

162 cell cycle (Factor 5, **Figure S19**); sublineaging events such as notochord formation (Factor
164 6, **Figure S20**), mesoderm patterning (Factor 7, **Figure S21**); and technical variability such
as the cellular detection rate⁵¹ (Factor 3, **Figure S22**).

166 Finally, we sought to identify transcription factors (TF) that could drive or respond to the
168 epigenetic changes in germ layer commitment. For each germ layer, we performed motif
170 enrichment at enhancer sites that were differentially accessible between the germ layer of
172 interest and the remaining two germ layers and intersected this with differential gene
expression of the corresponding TF (**Methods**, **Figure S23**). Lineage-specific enhancers
were enriched for binding sites associated with key developmental TFs, including POU3F1,
SOX2 for ectoderm^{52,53}; SOX17, FOXA2 for endoderm^{54,55}; and GATA4, TWIST1 for
mesoderm^{56,57} (**Figure 3d**).

Mesoderm and endoderm enhancers undergo concerted demethylation and chromatin opening upon lineage specification

174 Following the characterisation of the molecular landscape of the three germ layers at E7.5,
we next investigated the dynamics of establishment of methylation and accessibility states at
lineage-defining enhancers (**Figure 4a** and **Figure S24**).

176 Endoderm and mesoderm-specific enhancers initially undergo a dramatic increase in DNA
178 methylation from an average of ~25% to ~75% in all cell types, consistent with the
180 genome-wide dynamics (**Figure S24-25**). Upon lineage specification, they undergo
182 concerted demethylation to ~50% in a cell type specific manner, leading to the establishment
184 of meso- and endoderm epigenetic profiles. The opposite pattern is observed for chromatin
accessibility; the meso- and endoderm enhancer regions initially decrease from ~40% to
~30% accessibility, consistent again with the genome-wide dynamics (**Figure S24-25**),
before becoming more accessible (~45%) upon lineage specification. The general dynamics
of demethylation and chromatin opening of enhancers during embryogenesis seem thus to
be conserved in zebrafish, Xenopus, and mouse⁵⁸.

Ectoderm enhancers are primed in the early epiblast supporting a default model of ectoderm commitment *in vivo*

186 In striking contrast to the mesoderm and endoderm enhancers, the epigenetic profiles in
188 ectoderm enhancers are established as early as the E4.5 epiblast, and are protected from
the global repressive dynamics, remaining accessible and hypomethylated until E7.5 in the
190 ectoderm (**Figure 4a** and **Figure S24-25**). Only in cells committed (on the basis of their RNA
192 profile) to a meso- or an endodermal state, are the ectoderm enhancers partially repressed
194 (**Figure 4a**). Consistently, when measuring the accessibility dynamics at sites containing
sequence motifs for SOX2, an ectoderm-defining TF, we find that these motifs are already
accessible in the epiblast and lose accessibility specifically upon mesoderm and endoderm
commitment (**Figure 4b**). Conversely, motifs associated with endoderm and

196 mesoderm-defining TFs (FOXA2 and TWIST, respectively) have low accessibility in the
epiblast and only become accessible in their respective lineages at E7.5.

198 Finally, to determine whether germ layer specific enhancers follow the same epigenetic
dynamics *in vitro* we overlapped their genomic locations with ChIP-seq data for H3K27ac in
200 mouse Epiblast Stem Cells (mEpiSC)⁵⁹. Consistently, mEpiSCs show an ectoderm-like
enhancer landscape with ~30% of ectoderm enhancers overlapping with H3K27ac marked
202 regions in mEpiSC, compared to ~12% for mesoderm and endoderm enhancers (**Figure S26**). Additionally, as in *in vivo* epiblast cells, we find that chromatin accessibility and DNA
204 methylation profiles of ectoderm enhancers are also found to be accessible and
unmethylated in mouse Embryonic Stem Cells (ESCs) (**Figure S27**). This is consistent with
206 a recent study describing enhancer priming for some lineage specific genes in ESCs⁶⁰. Thus,
ectoderm enhancers are epigenetically primed both *in vivo* and *in vitro*, while meso- and
208 endoderm enhancers only acquire their unique epigenetic state at the time of germ layer
specification.

Conclusions

210 Our results show that even though pluripotent epiblast cells are clearly distinct from the E7.5
ectoderm at the transcriptional level (**Figure S28**), they are already epigenetically primed at
212 ectoderm-defining enhancer sites. Hence, although lineage specific epigenetic marks at
enhancers delineate each germ layer at E7.5 in a similar fashion, how these marks are
214 established during development differs substantially between the ectoderm, and the
mesoderm and endoderm. This finding supports the existence of a 'default' path in the
216 Waddington landscape, providing a potential mechanism for the phenomenon of 'default'
differentiation of neurectodermal tissue from ESCs⁶¹⁻⁶³. Endoderm and mesoderm are thus
218 actively diverted from the default path by signalling in the primitive streak which presumably
induces demethylation and chromatin opening at the corresponding enhancers
220 elements^{26,32,64,65}. Hence, at least during gastrulation, lineages are defined by a hierarchical,
or asymmetric, epigenetic model (**Figure 4c**).

222 More generally, our discovery has important implications for the role of the epigenome in
defining lineage commitment. Our work, and other recent studies also suggest chromatin
224 priming may in certain circumstances precede overt cell fate decisions^{26,60,66}. Additionally, we
speculate that asymmetric epigenetic priming, where cells are epigenetically primed for a
226 default cell type, may be a more general and poorly understood feature of differentiation and
lineage commitment *in vivo*. Future studies that use multi-omics approaches to dissect cell
228 populations at different stages of development therefore have the potential to transform our
understanding of cell fate decision making, with important implications for stem cell biology
and medicine.

Methods

Embryos and single cell isolation

230 All mice used in this study were C57BL/6Babr and were bred and maintained in the
231 Babraham Institute Biological Support Unit. Ambient temperature was ~19-21°C and relative
232 humidity 52%. Lighting was provided on a 12 hour light: 12 hour dark cycle including 15 min
233 'dawn' and 'dusk' periods of subdued lighting. After weaning, mice were transferred to
234 individually ventilated cages with 1-5 mice per cage. Mice were fed CRM (P) VP diet
235 (Special Diet Services) *ad libitum* and received seeds (e.g. sunflower, millet) at the time of
236 cage-cleaning as part of their environmental enrichment. All mouse experimentation was
237 approved by the Babraham Institute Animal Welfare and Ethical Review Body. Animal
238 husbandry and experimentation complied with existing European Union and United Kingdom
239 Home Office legislation and local standards. Single-cells from E4.5 to E6.5 embryos were
240 collected as described⁸. E7.5 embryos were dissected to remove extra-embryonic tissue and
241 dissociated in TrypLE for 10 minutes at room temperature. Undigested portions were
242 physically removed and the remainder filtered through a 30 µm filter prior to isolation using
243 flow cytometry.

scNMT-seq library preparation

244 Single-cells were sorted either manually (E4.5, E5.5) or using flow cytometry (E6.5, E7.5)
245 into 96 well PCR plates containing 2.5µl of methylase reaction buffer (1 × M.CviPI Reaction
246 buffer (NEB), 2 U M.CviPI (NEB), 160 µM S-adenosylmethionine (NEB), 1 U µl⁻¹ RNasein
247 (Promega), 0.1% IGEPAL (Sigma)). Samples were incubated for 15 minutes at 37°C to
248 methylate accessible chromatin before the reaction was stopped with the addition of RLT
plus buffer (Qiagen) and samples frozen down and stored at -80°C prior to processing.
249 Poly-A RNA was captured on oligo-dT conjugated to magnetic beads and amplified cDNA
250 was prepared according to the G&T-seq⁶⁷ and Smartseq2 protocols⁶⁸. The lysate containing
251 gDNA was purified on AMPureXP beads before bisulfite-seq libraries were prepared
252 according to the scBS-seq protocol⁶⁹.

Sequencing

254 All sequencing was carried out on a NextSeq500 instrument in high-output mode using 75bp
255 paired end reads. Libraries were pooled as 48-plexes (BS-seq) or 384-plexes (RNA-seq).
256 This yielded a mean raw sequencing depth of 8.0 million (BS-seq) and 0.98 million
(RNA-seq) paired-end reads per cell.

RNA-seq alignment and quantification

258 RNA-seq libraries were aligned to the GRCm38 mouse genome build using HiSat2⁷⁰ (v2.1.0)
259 using options --dta --sp 1000,1000 --no-mixed --no-discordant, yielding a mean of 611,000
260 aligned reads per cell.

262 Subsequently, gene expression counts were quantified from the mapped reads using
263 featureCounts⁷¹ with the Ensembl gene annotation⁷² (version 87). Only protein-coding genes
264 matching canonical chromosomes were considered. The read counts were log-transformed
265 and size-factor adjusted⁷³.

BS-seq alignment and methylation/accessibility quantification

266 BS-seq libraries were aligned to the bisulfite converted GRCm38 mouse genome using
267 Bismark⁷⁴ (v0.19.1) in single-end nondirectional mode. Following the removal of PCR
268 duplicates, we retained a mean of 1.6 million reads per cell. Methylation calling and
269 separation of endogenous methylation (from A-C-G and T-C-G trinucleotides) and chromatin
270 accessibility (G-C-A, G-C-C and G-C-T trinucleotides) was performed with Bismark using the
271 --NOMe option of the coverage2cytosine script.

272 Following our previous approach⁷⁵, individual CpG or GpC sites in each cell were modelled
273 using a binomial distribution where the number of successes is the number of reads that
274 support methylation and the number of trials is the total number of reads. A CpG methylation
275 or GpC accessibility rate for each site and cell was calculated by maximum likelihood. The
276 rates were subsequently rounded to the nearest integer (0 or 1).

277 When aggregating over genomic features, CpG methylation and GpC accessibility rates
278 were computed assuming a binomial model, with the number of trials being the number of
279 sites and the number of successes being the number of methylated sites.

ChIP-seq experiments

280 Three germ layers were collected as described previously⁷⁶. Briefly, embryos were dissected
281 from uterus and decidua. Reichert's membrane was further removed using syringe needles.
282 Embryonic regions were separated from extraembryonic tissues and incubated in pancreatic
283 and trypsin enzyme solution for 5 minutes. After collecting endoderm by gently sucking the
284 embryonic part into a capillary pipet, glass needles were used to cut off both mesoderm
285 wings, which is adjacent to the primitive streak region. Finally, ectoderm was collected by
286 removing posterior primitive streak.

287 STAR ChIP-seq of histone modifications was performed as described previously⁷⁷. Briefly,
288 three germ layers were lysed and fragmented by MNase. The histone and DNA solution was
289 incubated with 1µg H3K27ac (Active motif, 39133) or H3K4me3 (homemade⁷⁷) overnight.
290 After eluting DNA from histone and repairing dephosphorylate 3' end, the resulting DNA was
291 subjected to TELP library preparation as described⁷⁸.

ChIP-seq data processing

292 H3K4me3 and H3K27ac ChIP-seq libraries produced from two biological replicates were
293 sequenced as single-end or paired-end runs with read lengths of 50, 100 or 125 bp (see
294 **Table S1** for details). Read 2 was excluded from the analysis for paired end samples
295 because of low quality scores. Reads were trimmed using Trim Galore (v0.4.5, cutadapt
296 1.15, single end mode) and mapped to *M. musculus* GRCm38 using Bowtie2⁷⁹ (v2.3.2). All
297 analyses were performed using SeqMonk
298 (<https://www.bioinformatics.babraham.ac.uk/projects/seqmonk/>). For quantitation, read
299 length was extended to 300 bp and regions of coverage outliers and extreme strand bias

excluded. Comparison of data sets with different read lengths did not reveal major mapping differences, and thus, mapped, extended reads were merged for samples that were sequenced across more than one lane. Samples were overall similar regarding total mapped read numbers, distribution of reads and ChIP enrichment.

To best represent the underlying ChIP-seq signal, different methods to define enriched genomic regions were used for H3K4me3 and H3K27ac marks. For H3K4me3, a SeqMonk implementation of MACS⁸⁰ with the local rescoring step omitted was used ($p < 10-15$, fragment size 300 bp), and enriched regions closer than 100 bp were merged. Peaks were called separately for each lineage. For H3K27ac, reads were quantitated per 500 bp tiles correcting per million total reads and excluding duplicate reads. Smoothing subtraction quantitation was used to identify local maxima (value > 1), and peaks closer than 500 bp apart were merged. Lineage specific peak annotations exclude peaks that are also present in one of the other lineages, and only peaks present in both replicates were considered (**Figure S13**).

scRNA-seq quality control

Cells with less than 100,000 mapped reads and with less than 2,500 expressed genes were excluded. In total, 685 cells passed quality control on the basis of their mRNA expression levels (**Figure S1**).

scBS-seq quality control

Cells with less than 100,000 CpG sites and 1,000,000 GpC sites covered were discarded. In total, 597 cells passed quality control for DNA methylation and 576 cells passed quality control for chromatin accessibility (**Figure S1**).

Lineage assignment

At each developmental stage, lineages were assigned using SC3⁸¹ based upon the RNA expression profiles (**Figure S2-5**). For the assignment of the E6.5 primitive streak cells, a Principal Component Analysis was performed using selected gene markers. Cells were classified as epiblast or primitive streak based on a selected threshold on the first component (**Figure S4**).

Correlation analysis

To identify genes with an association between the mRNA expression and promoter epigenetic status, we calculated, for each gene, the correlation coefficient across all cells between its RNA expression and the corresponding DNA methylation or chromatin accessibility levels at the gene's promoter (+/- 2kb around transcription start site). As a filtering criterion, we required, for each genomic feature, a minimum number of 1 CpG (methylation) or 3 GpC (accessibility) measurements in at least 25 cells. Additionally, the top 5,000 most variable genes (across all cells) were selected, according to the rationale of independent filtering⁸². Two-tailed Student's t-tests were performed to test for evidence

332 against the null hypothesis of no correlation, and p-values were adjusted for multiple testing
333 using the Benjamini–Hochberg procedure⁸³.

Differential DNA methylation and chromatin accessibility analysis

334 Differential analysis of DNA methylation and chromatin accessibility between different
335 pre-defined groups was performed using a Fisher exact test independently for each genomic
336 element

337 More precisely, cells were aggregated into two exclusive groups, defined by either stage or
338 lineage, depending on the analysis. Then, for a given genomic element, we created a
339 contingency table by aggregating (across cells) the number of methylated and unmethylated
340 nucleotides in each group as follows:

	Met	Unmet
Group A	A_met	A_unmet
Group B	B_met	B_unmet

341 Multiple testing correction was applied using the Benjamini-Hochberg procedure. As a
342 filtering criteria, we required 1 CpG (methylation) and 3 GpC (accessibility) observations in at
343 least 5 cells per group. Non-variable regions were filtered out prior to differential testing.

Motif enrichment

344 To find transcription factor motifs enriched in lineage-associated sites, we used
345 lineage-specific H3K27ac sites that were identified as differentially accessible between
346 lineages as explained above. We tested for enrichment over a background of all H3K27ac
347 sites. Fasta files were generated using the Bioconductor package *BSgenome*⁸⁴ and
348 enrichment was tested using ame (meme suite⁸⁵ v4.10.1) with parameters *--method fisher*
349 *--scoring avg*. Position frequency matrices were downloaded from the Jaspar core
350 vertebrates database⁸⁶.

Differential RNA expression analysis

351 Differential RNA expression analysis between pre-specified groups of interest was
352 performed using the likelihood ratio test from edgeR⁸⁷. Significant hits were called with a 1%
353 False Discovery Rate (Benjamini-Hochberg procedure) and a minimum log2 fold change of
354 1. Genes with non-variable expression were filtered out prior to differential testing⁸².

Additional data sets

355 For published datasets, we downloaded fastq files from GEO (GSE76505¹⁶) and used the
356 GRCm38 version of the mouse genome for all alignments. RNA-seq libraries were
357 processed using Hisat2⁷⁰ (v2.1.0). Gene expression counts were quantified from the mapped
358 reads using featureCounts⁷¹ with the Ensembl gene annotation⁷² (version 87). BS-TELP¹⁶
359 libraries were processed using Bismark⁷⁴ (v0.19.0) with default parameters. Methylation
360 rates were computed at predefined genomic annotations as the fraction of methylated CpG
361 sites divided by the sum of all CpG sites within the given region.

Dimensionality reduction using Factor Analysis

To show that stages and lineages have different DNA methylation and chromatin accessibility profiles we performed dimensionality reduction using unsupervised running windows along the genome. To handle the large amount of missing values and to estimate the variance, we used MOFA⁴⁷. To ensure the data followed a Gaussian distribution we calculated M-values from the beta values (rates).

Due to differences in genomic coverage³⁴ we used a window size of 5kb for DNA methylation and a window size of 100bp for chromatin accessibility. To select informative sites and increase computational efficiency in the accessibility data, we first selected accessible (>75%) 100bp windows in pseudobulk E4.5 data (~250,000 sites), which is similar to approaches used to analyse single-cell ATAC-seq data²⁶. For both data modalities, we fitted the model using the top 5,000 most variable sites. For every model, we learnt two latent factors, which were subsequently used for visualisation (**Figure 1a-c**, **Figure SF7-8**). Variance explained estimates were computed using the coefficient of determination as described in ⁴⁷.

Multi-Omics Factor Analysis (MOFA)

The input to MOFA is a set of matrices with dimensions (features, cells), defined as views. To quantify the contributions from all three molecular layers to cellular diversity during germ layer formation (**Figure 3**), we selected distal H3K27ac sites (enhancers) and H3K4me3 (active transcription start sites) as regulatory genomic contexts. Both annotations were defined using independently generated lineage-specific ChIP-seq data at E7.5. Additionally, we included promoters defined as 2kb windows upstream and downstream of a gene's TSS. For each genomic context, we created a DNA methylation matrix and a chromatin accessibility matrix by quantifying M-values for each cell and feature (i.e. promoter or ChIP-seq peak). To reduce computational complexity, the top 2,500 most variable features across E7.5 cells were selected per view. For RNA expression, log normalised counts were quantified per gene and cell, and the top 2,500 most variable genes were selected. The same number of features was selected for each view to avoid class imbalance problems.

As a filtering criteria, genomic features were required to have a minimum of 1 CpG (methylation) or 3 GpC (accessibility) observed in at least 15 cells. Genes were required to have a minimum cellular detection rate of 25%. As MOFA handles large amounts of missing values, including cells missing a particular view⁴⁷, no imputation was required.

Since parameters are randomly initialised, the optimisation procedure of MOFA is not guaranteed to find a consistent optimal solution on every single run, meaning that factors can vary between different model instances. To address this, we adopted the pipeline proposed in ⁴⁷, we trained 10 model instances under different random initialisations, and we performed model selections based on the maximal Evidence Lower Bound (ELBO) value. The consistency of factors was assessed by calculating the Pearson correlation coefficients between every pair of factors across the 10 trials. All factors were found in at least 5 model instances and hence were considered robust for downstream analysis.

404 MOFA identifies the numbers of factors based on a minimum variance criterion. In this analysis, we used a minimum of 1% explained variance on the RNA expression view.

406 The downstream characterisation of the model output included several analyses:

- 408 • **Variance decomposition by factor:** The first step, after a model has been trained, is to disentangle the variation explained by each factor in each view. To this end, we compute the fraction of the variance explained (R^2) by factor k in view m using the coefficient of determination⁴⁷.
- 410 • **Visualisation of loadings:** For each factor, the model learns a loading per feature in each view. The absolute value of the loading can be interpreted as the strength of association between the observed values for the given feature and the ordination of samples defined by the factor. Hence, features with large loadings are highly correlated with the factor values, and thus inspecting the top features can give insights into the biological process underlying the heterogeneity captured by a latent factor.
- 412 • **Visualisation of factors:** each factor captures an independent dimension of heterogeneity. Mathematically, this translates into ordering samples in a real-valued latent space. Hence, similar to Principal Component Analysis, we plot factor values against each other to reveal the hidden structure of the data. For more details, see⁴⁷.
- 414 • **Feature set enrichment analysis:** when inspecting the loadings for a given factor, multiple features can be combined into a gene set-based annotation. For a given gene set G , we evaluate its significance via a parametric t-test, where we compare the weights of the foreground set (features that belong to the set G) and the background set (the weights of features that do not belong to the set G).

426 Code availability

428 All analysis code is available at <https://github.com/PMBio/gastrulation>

430 Data availability

432 Raw sequencing data together with processed files (RNA counts, CpG methylation reports, GpC accessibility reports) are available in the Gene Expression Omnibus under accession GSEXXX. All other data are available from the authors upon reasonable request.

434 Competing interests

436 W.R. is a consultant and shareholder of Cambridge Epigenetix. The remaining authors declare no competing financial interests

438 Author contributions

440 H.M. and W.R. conceived the project.

442 H.M., S.J.C., S.S., P.R-G., W.D., J.N. performed experiments.

444 R.A., S.J.C., F.B., L.C.S., X.I., C.A.K. and C.K. performed computational analysis.

446 F.K. processed and managed sequencing data.

436 Y.X. and C.H. performed ChIP-seq experiments.
437 R.A. S.J.C., L.C.S., W.D., O.S., J.C.M., W.R. interpreted results and drafted the manuscript.
438 G.S., P.R-G., W.X. G.K., O.S., J.C.M., W.R. supervised the project

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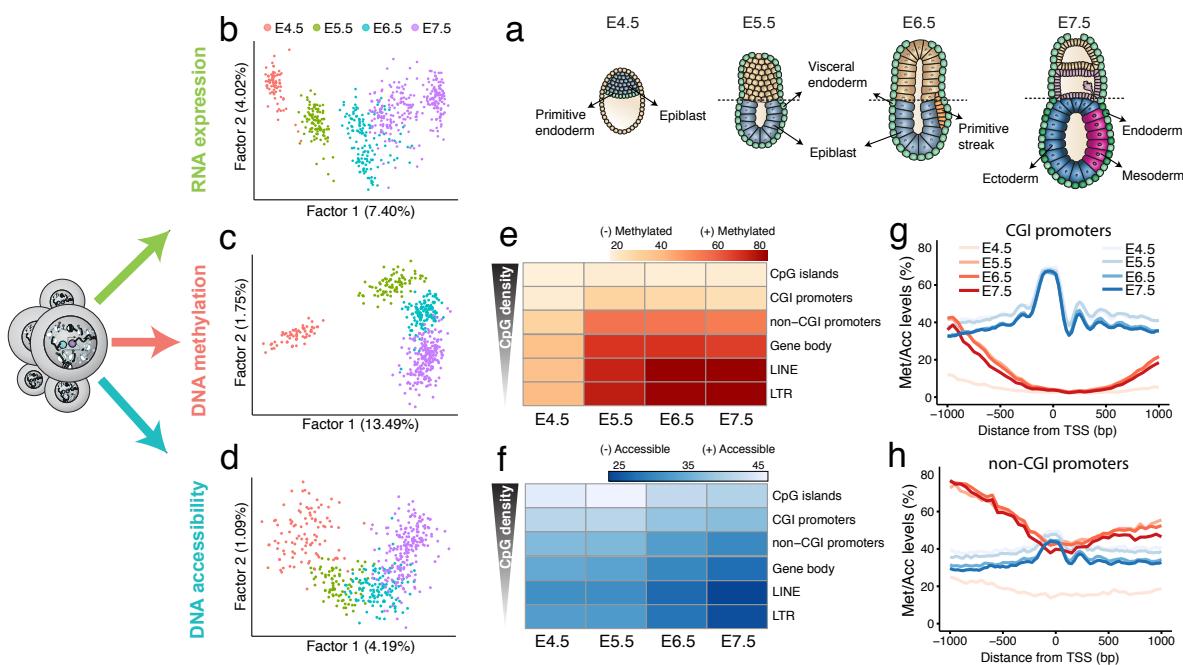


Figure 1: Single cell triple-omics profiling of mouse gastrulation.

- (a) Schematic of the developing mouse embryo, with stages and lineages analysed annotated.
- (b) Factor analysis projection of RNA expression data.
- (c) Factor analysis projection of DNA methylation data, quantified using non-overlapping 5kb windows along the genome.
- (d) Factor analysis projection of chromatin accessibility data, quantified using non-overlapping 100bp windows along the genome. All three molecular layers distinguish developmental stage.
- (e) Heatmap of DNA methylation levels (%) per stage and genomic context.
- (f) Heatmap of chromatin accessibility levels (%) per stage and genomic context.
- (g,h) DNA methylation (red) and chromatin accessibility (blue) profiles of (g) CGI promoters and (h) non-CGI promoters. Shown are genome-wide profiles, calculated using running averages of DNA methylation (red) and the chromatin accessibility (blue) (consecutive non-overlapping 50bp windows) across all cells within a stage.

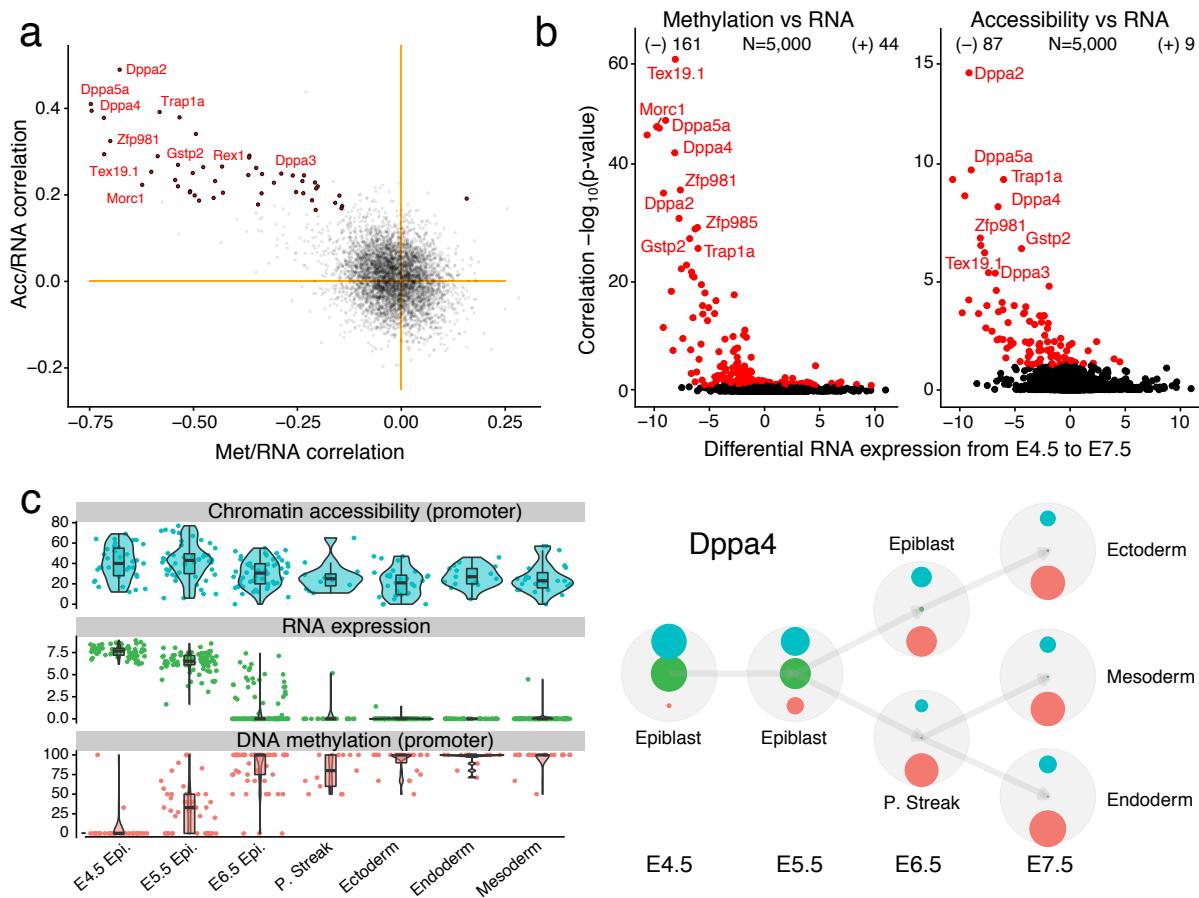


Figure 2: Epigenetic restriction in promoters is associated with the repression of pluripotency markers.

(a) Scatter plot of correlation coefficients between promoter methylation and RNA expression (Met/RNA, x-axis), and promoter accessibility and RNA expression (Acc/RNA, y-axis). As in (b), each dot corresponds to one gene. Significant associations for both correlation types (FDR<10%) are coloured in red. Labels denote known pluripotency markers.

(b) Volcano plots display differential RNA expression levels between E4.5 and E7.5 cells (difference in mean log2 counts, x-axis) versus adjusted correlation p-values (FDR<10%, Benjamini-Hochberg correction), for Met/RNA (left) and Acc/RNA (right). Negative values for differential RNA expression indicate genes are more expressed in E4.5, whereas positive values indicate genes that are more expressed in E7.5.

(c) Illustrative example of epigenetic repression of the pluripotency associated gene Dppa4. Box and violin plots (left) show the distribution of chromatin accessibility (% levels, blue), RNA expression (log2 counts, green) and DNA methylation (% levels, red) values per stage and lineage. Box plots show median coverage and the first and third quartile, whiskers show 1.5x the interquartile range. Each dot corresponds to one cell. Bubble plots (right) depict the relative values of chromatin accessibility (blue), RNA expression (green) and DNA methylation (red) at each stage and lineage. The size of each embedded circle represents a scaled value of each molecular layer (see Methods). Arrows depict known lineage transitions.

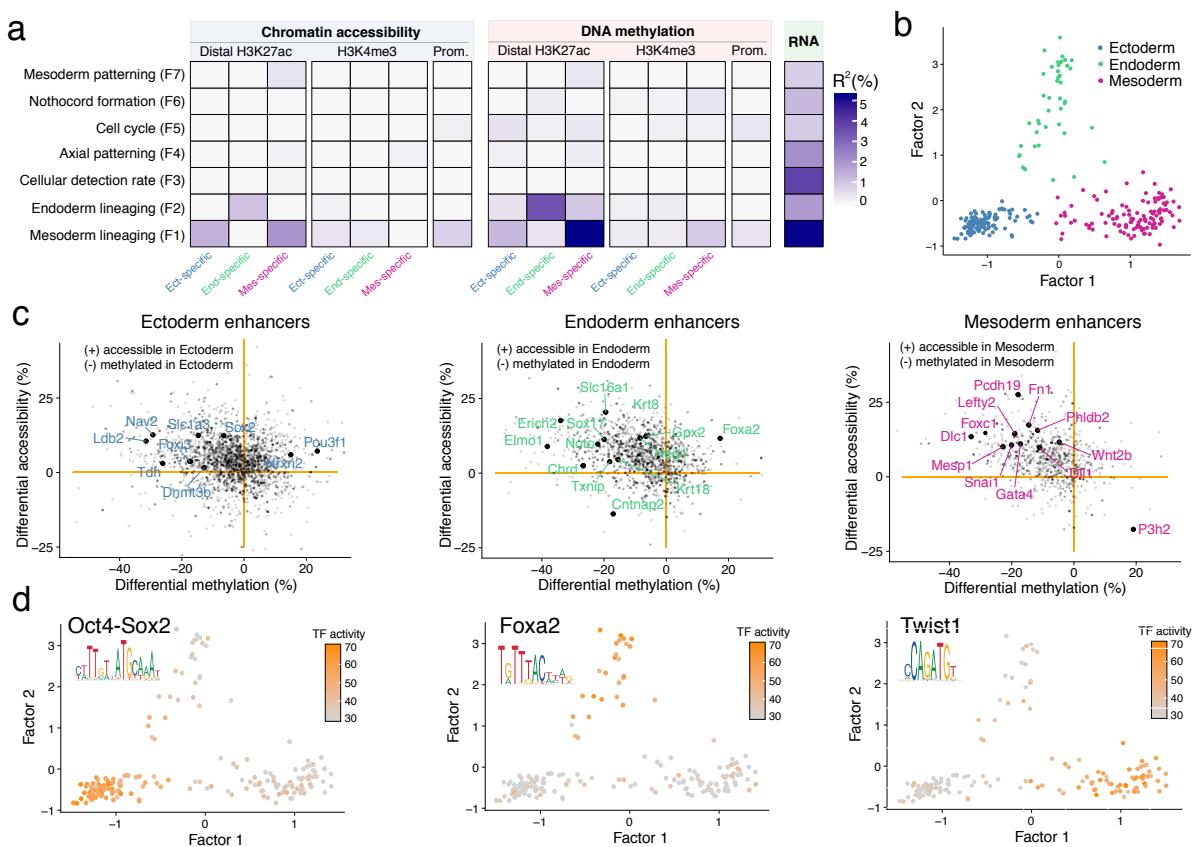


Figure 3: Multi-omics factor analysis reveals lineage-specific connections between transcriptome and epigenome variation at enhancer elements.

(a) Percentage of variance explained (R^2) by each MOFA factor (rows) across data modalities (columns). Data modalities were split by assay (red=methylation, blue=accessibility, green=RNA) and genomic context (promoters and lineage-specific H3K4me3 and distal H3K27ac ChIP-seq peaks). Factors are ordered by the average fraction of variance explained across all data modalities and annotated based on the inspection of the feature loadings and the visualisation of the latent space (see Figure S12).

(b) Scatter plot showing the cells in a low dimensional representation using MOFA Factor 1 (x-axis) and MOFA Factor 2 (y-axis). Colours denote germ layer, assigned to each cell using the RNA profile (see Figure S4).

(c) Scatter plots showing differential DNA methylation (%, x-axis) and chromatin accessibility (%, y-axis) at distal H3K27ac sites (enhancers). Shown are ectoderm vs non-ectoderm cells (left), endoderm vs non-endoderm cells (middle) and mesoderm vs non-mesoderm cells (right). Labeled big dots depict significant gene-enhancer pairs ($FDR < 10\%$) that also show significant lineage-specific RNA expression.

(d) Scatter plot showing the cells in a low dimensional representation using the first two MOFA Factors as in (b). The color depicts transcription factor activity at the corresponding enhancer sites (left for ectoderm, middle for endoderm and right for mesoderm). Transcription factor activity is defined as average accessibility (%) across all motif instances within the set of lineage-specific enhancers.

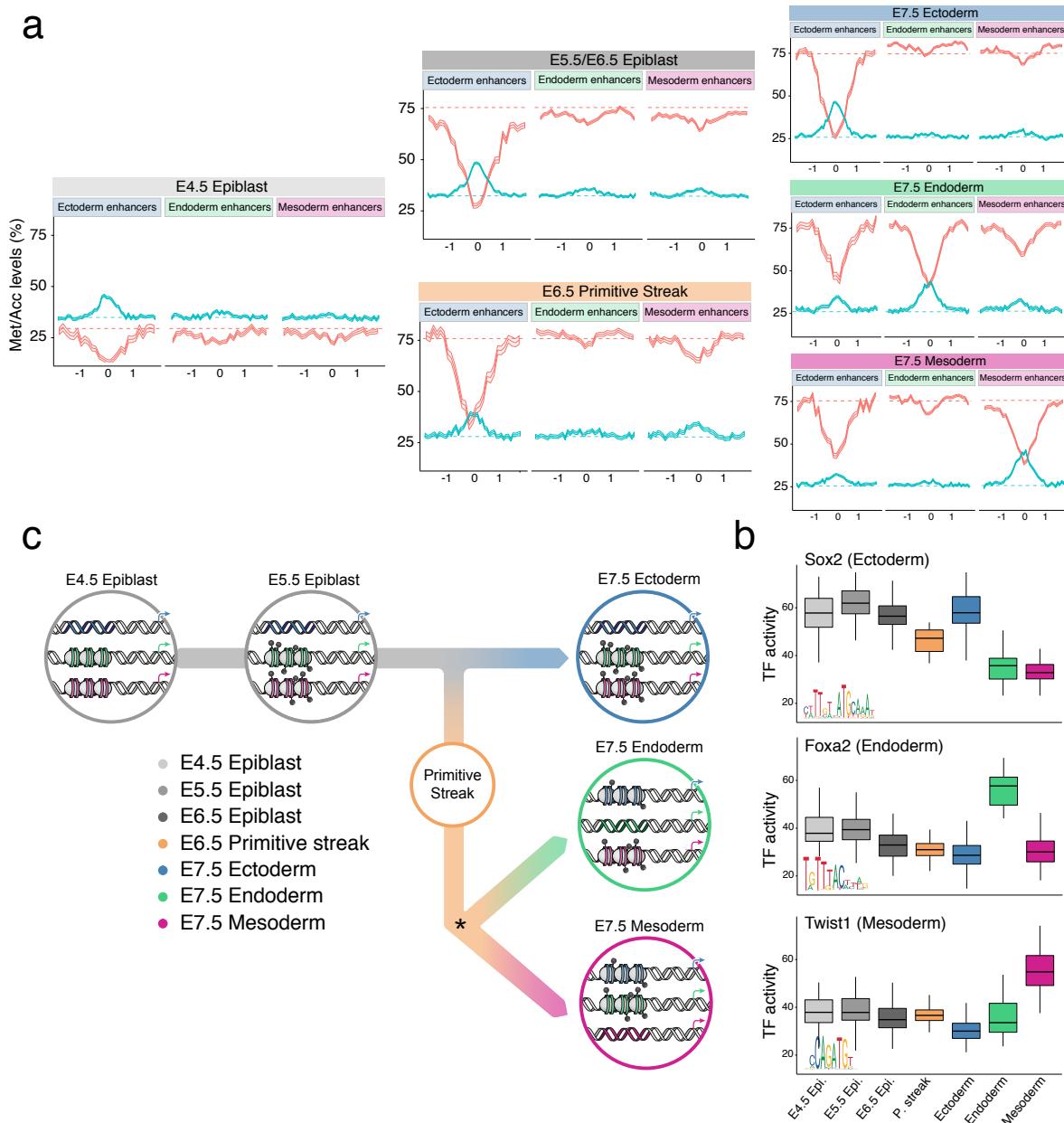


Figure 4: Epigenome dynamics of lineage-specific enhancers across development.

(a) DNA methylation (red) and chromatin accessibility (blue) profiles of E7.5 lineage-specific enhancer sites at each stage and lineage. Shown are running averages of the DNA methylation (red) and the chromatin accessibility (blue) in consecutive non-overlapping 50bp windows. Solid line displays the mean across all cells (within a given lineage) and shading displays the corresponding standard deviation. E5.5 and E6.5 epiblast cells showed similar profiles and are combined.

(b) Box plots showing the distribution of Transcription Factor (TF) activity at each stage and lineage. Each data point is a cell and TF activity is defined as average accessibility (%) across all motif instances within the set of lineage-specific enhancers in a given cell.

(c) Illustration of the enhancer epigenetic dynamics during the hierarchical establishment of the epigenetic profiles associated with each germ layer.