

1 **Data from an electronic health informatics pipeline**
2 **to describe clearance dynamics of Hepatitis B surface antigen**
3 **(HBsAg) and e-Antigen (HBeAg) in chronic HBV infection**

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35 **KEY WORDS:** HBV, HBsAg, HBeAg, surface antigen, clearance, cure, dynamics, treatment,
36 prognosis, monitoring, biomarkers

37

38 **CONFLICT OF INTEREST:** Nil

39

40 **FINANCIAL SUPPORT:**

41 LD is funded by the National Institute for Health Research (NIHR). PCM is funded by the Wellcome
42 Trust, grant number 110110. EB is funded by the Medical Research Council UK, the Oxford NIHR
43 Biomedical Research Centre and is an NIHR Senior Investigator. The views expressed in this
44 article are those of the authors and not necessarily those of the NHS, the NIHR, or the Department
45 of Health. □

46

47 **AUTHORS' CONTRIBUTIONS:**

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57

58

59 **ACKNOWLEDGEMENTS**

60 This work has been facilitated by infrastructure development at Oxford Biomedical Research
61 Centre (BRC) funded by the NIHR Health Informatics Collaborative (HIC).

62 An earlier version of this dataset was presented as a poster at the EASL International Liver
63 Congress meeting, Paris 2018 (<https://f1000research.com/posters/7-917>).

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65 **ABBREVIATIONS**

66	CHB	Chronic Hepatitis B virus infection
67	EPR	Electronic patient record
68	HBeAg	Hepatitis B 'e' antigen
69	HBsAg	Hepatitis B surface antigen
70	HBV	Hepatitis B virus
71	HCV	Hepatitis C virus
72	HIC	Health Informatics Collaborative
73	HIV	Human immunodeficiency virus
74	LFT	Liver function tests
75	LIMS	Laboratory information management system
76	NA	Nucleos(t)ide analogues
77	NIHR	National Institute for Health Research
78	PEG-IFN α	Pegylated interferon alpha 2
79	TDF	Tenofovir Disoproxil Fumarate
80	RBV	Ribavirin
81		
82		

83 **ABSTRACT**

84 HBsAg and HBeAg have gained traction as biomarkers of control and clearance during chronic
85 hepatitis B virus infection (CHB). Improved understanding of clearance correlates of these proteins
86 could help inform improvements in patient-stratified care and advance insights into underlying
87 mechanisms of disease control, thus underpinning new cure strategies. We collected electronic
88 clinical data via an electronic pipeline supported by the National Institute for Health Research
89 Health Informatics Collaborative (NIHR-HIC), adopting an unbiased approach to generating a
90 robust longitudinal dataset for adults testing HBsAg-positive from a large UK teaching hospital over
91 a six year period (2011-2016 inclusive). From 553 individuals with CHB, longitudinal data were
92 available for 319, representing >107,000 weeks of clinical follow-up. Among these 319 individuals,
93 13 (4%) cleared HBsAg completely. Among these 13, HBsAg clearance rate was similar in
94 individuals on nucleos(t)ide analogue (NA) therapy (n=4 (31%)), median clearance time 150
95 weeks) vs those not on NA therapy (n=9 (69%), median clearance time 157 weeks). Those who
96 cleared HBsAg were significantly older, and less likely to be on NA therapy compared to non-
97 clearers (p=0.003 and p=0.001, respectively). Chinese ethnicity was associated with HBeAg
98 positivity (p=0.025). HBeAg clearance occurred both on NA therapy (n=24, median time 49 weeks)
99 and off NA therapy (n=19, median time 52 weeks). Improved insights into the dynamics of these
100 biomarkers can underpin better prognostication and patient-stratified care. Our systematised
101 approach to data collection paves the way for scaling up efforts to harness clinical data to address
102 research questions and underpin improvements in clinical care.

103

104 **IMPORTANCE**

105 Advances in the diagnosis, monitoring and treatment of hepatitis B virus (HBV) infection are
106 urgently required if we are to meet international targets for elimination by the year 2030. Here we
107 demonstrate how routine clinical data can be harnessed through an unbiased electronic pipeline,
108 showcasing the significant potential for amassing large clinical datasets that can help to inform
109 advances in patient care, and provide insights that may help to inform new cure strategies. Our
110 cohort from a large UK hospital includes adults from diverse ethnic groups that have previously
111 been under-represented in the literature. Tracking two protein biomarkers that are used to monitor

112 chronic HBV infection, we provide new insights into the timelines of HBV clearance, both on and
113 off treatment. These results contribute to improvements in individualised clinical care and may
114 provide important clues into the immune events that underpin disease control.

115 **INTRODUCTION**

116 Chronic HBV (CHB) infection is defined as detectable HBsAg (>20 IU/ml) at ≥ 2 timepoints ≥ 6
117 months apart. Disease activity and treatment response in individuals with CHB infection are most
118 commonly monitored by quantification of HBV DNA viral load (1). However, viral load
119 measurement is expensive, and not universally available, viral DNA levels can fluctuate over time,
120 and quantification can be inaccurate at low levels. Reproducible, automated quantification of other
121 biomarkers such as hepatitis B surface antigen (HBsAg) and/or e-antigen (HBeAg) are therefore
122 attractive biomarkers for use instead of, or alongside, HBV DNA monitoring.

123

124 In the context of CHB infection, HBV cccDNA persists as an intranuclear 'mini-chromosome' within
125 infected hepatocytes (Fig 1A). HBsAg is produced in excess, from translation of both from the
126 cccDNA reservoir, and from pre-genomic mRNA (2). In a small proportion of cases, HBsAg
127 becomes undetectable over time, suggesting that the cccDNA reservoir is down-regulated,
128 diminished or lost entirely. In the HBV cure field, specific terminology has been adopted to reflect
129 the difference between complete loss of all cccDNA ('sterilising cure') vs suppression or dilution of
130 cccDNA to the extent that HBsAg can no longer be detected ('functional cure') (3, 4). In practical
131 terms, there is no current way to differentiate between these two outcomes. However, the
132 theoretical distinction is an important one, as sterilising cure reflects complete and permanent loss
133 of HBV from the host, while in the setting of functional cure, there is long-term potential for relapse
134 to occur (best recognised in the setting of immunosuppression (5, 6).

135

136 Nucleos(t)ide analogues (NA's) inhibit HBV reverse transcriptase, leading to loss of HBV DNA from
137 the serum, but have no direct effect on cccDNA (3). Thus, HBsAg production can continue
138 unchecked from the cccDNA reservoir, and viral replication frequently returns on cessation of
139 treatment (fig 1B) (3). For this reason, most guidelines currently recommend long term NA
140 treatment (1). Immune responses (either arising naturally or driven by immunotherapy such as
141 interferon) can lead to downregulation or loss of cccDNA to the extent that neither HBsAg nor HBV
142 DNA can be detected in the serum (fig 1C) (4). The long term goal of new immunotherapeutic

143 approaches will be to elicit sterilising cure such that cccDNA is removed with no long-term risk of
144 relapse (7).

145

146 HBsAg levels are typically highest in the earlier phases of infection and in HBeAg-positive
147 individuals, frequently correlate with HBV DNA levels in CHB infection, and are associated with risk
148 of subsequent reactivation (8). HBsAg may be a quantifiable risk factor for development of
149 hepatocellular carcinoma (HCC) and chronic liver disease (9), although the relationship is not well
150 defined: in some studies, higher HBsAg levels are associated with lower levels of fibrosis (10–12),
151 while in others, lower baseline HBsAg levels are associated with reduced risk of both cirrhosis and
152 HCC (13). HBsAg levels have also been used to classify individuals into those with inactive
153 carriage (HBV DNA <2000 IU/ml and normal ALT (14, 15)) versus active CHB (with higher viral
154 loads and elevated risks of inflammatory liver disease, fibrosis and cirrhosis (16–19)). HBsAg
155 elimination is widely regarded as a marker of immunological clearance (which may be regarded as
156 'functional cure').

157

158 HBeAg-positivity is associated with high viral loads and is therefore a marker of infectivity. Loss of
159 HBeAg is usually associated with production of anti-HBe antibody (a marker of immune-mediated
160 control), and typically associated with lower viral loads. However, although these broad patterns
161 have been described, further efforts are required to elucidate and interpret the dynamics of HBsAg
162 and HBeAg, with the potential to develop insights into the timing and patterns of immunological
163 clearance, and to improve patient-stratified clinical management.

164

165 A recent systematic review and meta-analysis has collated literature on HBsAg clearance, with a
166 primary focus on untreated populations (20). This identified 34 studies, but only 14 of these
167 reported ≥ 2 HBsAg measurements over time, and all but two were in Asia. To ensure we had
168 adequately reviewed the relevant existing evidence on this topic, we also undertook an
169 independent literature review (summarised in Suppl Table 1). We initially identified 43 studies
170 reporting dynamics of HBsAg loss in CHB infection. We excluded studies prior to 2008, those
171 reporting only one HBsAg measurement, and those without an annual or cumulative HBsAg

172 clearance rate, leaving nine relevant studies. As for the meta-analysis, the majority (8/9) were in
173 Asian populations (21–28), with the remaining one based in New Zealand (29). The reported
174 clearance rate of HBsAg ranged from 0.15% per year (27) to 2.7% per year (24) with a maximum
175 cumulative clearance of 3.5% (21). Older age was associated with clearance in two cohorts (23,
176 29). The role of treatment in clearance is inconsistent, with NA treatment associated with clearance
177 in some cohorts (21, 25) but not in others (26).

178

179 HBsAg levels can be used to determine treatment response, although this has been more reliably
180 reported for PEG-IFN2 α treatment than for NAs (30, 31), as it implies reduction or removal of the
181 cccDNA reservoir (Fig 1C). Current UK guidelines recommend quantitative HBsAg and HBeAg
182 measurement before starting treatment and at weeks 12, 24 and 48 during treatment, followed by
183 6 monthly measurement during long term therapy (32). European Association for the Study of the
184 Liver (EASL) guidelines recommend quantitative HBsAg measurement annually in treated patients
185 if HBV DNA is undetectable, as well as using HBsAg levels to inform the decision to stop treatment
186 (1). EASL guidelines also recommend HBeAg measurement as part of the initial clinical
187 assessment, and list HBeAg loss as one of the serological responses to treatment, but do not
188 specify a frequency for follow-up testing (1).

189

190 International targets arising from the United Nations 'sustainable development goals' have set a
191 challenge for elimination of CHB infection as a public health threat by the year 2030 (33).
192 Recognising the multi-lateral approaches that will be required to reach this ambitious goal, we here
193 focus on two inter-related aims:

194 i. We set out to showcase how longitudinal data for individuals with CHB can be collected
195 through an unbiased electronic pipeline that collates, cleans and anonymises routinely-
196 collected electronic clinical data, in this case driven by infrastructure supported by the UK
197 National Institute for Health Research (NIHR) Health Informatics Collaborative (HIC);
198 (www.hic.nihr.ac.uk). The aim is to harness clinical data to drive research and quality
199 improvements in diagnostics, monitoring and therapy of viral hepatitis, and to underpin new
200 questions for basic science. Through developing and testing this system, we have devised

201 an approach that can be rolled-out to incorporate other centres, with substantial gains
202 predicted through the power of large datasets.

203 ii. We analysed data for HBV sourced from a tertiary referral UK teaching hospital, in order to
204 develop better insights into patterns of HBsAg and HBeAg clearance. Through the
205 application of an unbiased approach (agnostic to treatment, clinical stage of disease, other
206 biomarkers, or genotype of infection), we aim to develop a clear picture of the dynamics of
207 clearance. Identifying demographic or clinical characteristics that predict specific disease
208 outcomes, provides opportunity for the investigation of immunological correlates of control
209 and clearance.

210 Collectively, this enterprise provides proof-of-principle for the systematic use of electronic clinical
211 data in informing studies of viral hepatitis, as well as shedding new light on the dynamics of
212 clearance of HBsAg and HBeAg.

213

214 **RESULTS**

215 ***Description of a clinical cohort of chronic HBV infection***

216 We identified 553 individuals who tested HBsAg-positive during the six-year period 2011-2016,
217 inclusive. Of these, 319 met inclusion criteria for further analysis (as shown in Table 1; Fig 2).
218 Characteristics of the cohort are summarised in Table 2 and the complete metadata for these 319
219 CHB patients is available as a supporting data file (Suppl Table 2). We collected longitudinal data
220 for a total of 107,702 person-weeks (range 61-702 weeks, mean 338 weeks (6.5 years) of follow-
221 up per individual, IQR 174-487). The median age at first HBsAg test was 34 years (IQR 29 - 43,
222 range 10 – 71), and males accounted for 191/319 (60%) of cases. HIV co-infection was
223 documented in 9 individuals (2.8%), although we cannot exclude the possibility that the true
224 prevalence of HIV-coinfection was higher due to a proportion of individuals who did not have a
225 recent HIV test result.

226

227 ***Frequency of HBsAg clearance***

228 Exemplar patterns of HBsAg clearance are illustrated in Fig 3 (as per definitions in Table 1). Using
229 the most stringent definition of HBsAg clearance, we documented complete clearance in 13/319

230 (4.1%) individuals (for full details see Suppl Table 2 and clearance trajectories shown in Suppl Fig
231 1). The HBsAg clearance rate for this cohort was 0.6% per year. In only 2/13 cases could we
232 estimate the likely duration of infection prior to clearance, one individual who had been vertically
233 infected (HBS-145) and one with iatrogenic infection related to a blood transfusion in childhood
234 (HBS-113). These individuals were both infected for approximately 25 years before clearing
235 HBsAg.

236

237 We classified an additional 27/319 (8.5%) individuals as 'potential clearers' on the grounds of
238 HBsAg trends consistently declining towards clearance (criteria in Table 1; clearance curves
239 shown in Suppl Fig 2). These represent a more heterogenous group, but the clearance trajectory in
240 all cases suggests that they would meet the more stringent clearance criteria if prospective
241 surveillance were to be continued. In contrast, HBsAg curves for non-clearers are shown in Suppl
242 Fig 3.

243

244 ***Characteristics of individuals with HBsAg clearance or potential clearance***

245 Adults classified as completely or potentially clearing HBsAg were significantly older than non-
246 clearers (median age 40 vs 34 years; p=0.003; Table 2; Suppl Fig 4). There was no difference in
247 sex or ethnic origin between individuals in different HBsAg clearance categories (Table 2). The
248 majority of those who completely cleared HBsAg were HBeAg-negative throughout the period of
249 observation (10/13, 77%). Among the remaining three with detectable HBeAg, two of these lost
250 HBeAg prior to clearing HBsAg (HBS-197 and HBS-223), while one (HBS-195) cleared HBsAg and
251 HBeAg together (Suppl Fig 1). In three cases (HBS-113, HBS-145 and HBS-195), HBV DNA was
252 cleared at the same time as HBsAg; however, in the other ten individuals (77% of clearers), HBV
253 DNA levels were low (<100 IU/ml) throughout the period of HBsAg clearance.

254

255 ***Rate of HBsAg clearance***

256 HBsAg clearance occurred over a median time of 157 weeks (95% CI 90-239 weeks) (Fig 4A).
257 Comparing individuals on treatment (n=4) vs. off treatment (n=9) during or in the 12 months prior to
258 HBsAg clearance, clearance occurred over similar time frames (median 150 weeks in those on

259 treatment vs. 157 weeks in those not on treatment; Fig 4B). Among 279 HBsAg 'non-clearers',
260 246/279 (88%) had HBsAg levels that were persistently >1000 IU/ml. The remaining 12% had
261 more heterogenous HBsAg dynamics, including transient dips <1000 IU/ml (e.g. HBS-298) and
262 sustained levels <1000 IU/ml but without a trend towards clearance (e.g. HBS-368).

263

264 ***Treatment status of HBsAg clearers vs non-clearers***

265 During the HBsAg clearance phase, or in the 12 months prior, 4/13 (31%) individuals defined as
266 having completely cleared HBsAg were on NA therapy (Fig 4B,C). These individuals had received
267 treatment for a median of 13 months (range 2 months – 8 years) prior to clearance. The other nine
268 (69%) were not on treatment in the 12 months prior to HBsAg clearance, but one had received
269 PEG-IFN α therapy 4 years earlier. In those individuals defined as 'potential clearers', 7/27 (26%)
270 received NA treatment, two of whom received TDF as part of an HIV treatment regimen.

271

272 We also reviewed treatment data for the 279 individuals who did not clear HBsAg, and were able
273 to retrieve data for 171 of these (61%). Among these, 131 (77%) had received treatment of some
274 type, and 40 had never been treated (23%). We were not able to determine robust time-frames for
275 most treatment episodes. Based on these data, non-HBsAg clearers were statistically more likely
276 to be on treatment than HBsAg clearers (131/171, vs 4/13 respectively, p=0.001 by Fisher's Exact
277 test). This may reflect inherently better immune control in the group who clear HBsAg, meaning
278 they are less likely to meet criteria for treatment than non-clearers. However, these data must be
279 interpreted with caution, as bias is introduced as a result of missing data among the non-clearers,
280 and by different time-lines for follow-up (we assessed treatment cross-sectionally in clearers based
281 on a specific time of HBsAg loss, for which there is no equivalent among non-clearers, thus we
282 may have assessed longer follow-up times in the latter group).

283

284 ***HBeAg status***

285 HBeAg was detectable in 81/319 (25%) of individuals at the start of the observed time period.
286 Among these, 51/81 (63%) were male and the median age was 34. By multivariable analysis,
287 Chinese ethnicity was associated with HBeAg-positive status, with 22/56 (39%) of Chinese

288 individuals being HBeAg-positive ($p=0.025$). We documented HBeAg clearance in 44/81 (54%) of
289 these individuals over the observed time period (Table 3) at a median age of 37 years. HBeAg loss
290 occurred over a median period of 54 weeks (95% CI 38-66 weeks) between last positive and first
291 negative HBeAg test (Fig 4D). Median clearance was 49 weeks (95% CI 29-59 weeks) for
292 individuals who had received treatment in the year prior to the last positive HBeAg result ($n= 24$,
293 55%) and 52 weeks (95% CI 14-133) for untreated individuals ($n=19$, 43%); treatment data were
294 not available for 1 individual (Fig 4E,F). We also reviewed treatment data for those who did not
295 clear HBeAg, and were able to retrieve data for 27 of these (73%). Of these, 24 (89%) had
296 received some treatment whilst 3 (11%) were untreated.

297

298 ***Association between HBsAg clearance and ALT***

299 Complete longitudinal ALT data are shown for each individual in Suppl Figs 1-3. We investigated
300 whether there were differences in ALT according to HBsAg clearance (for each of the three HBsAg
301 groups defined in Fig 2). There was no significant difference in ALT at the time of first test between
302 HBsAg clearers, 'potential clearers' and non-clearers (data not shown). ALT data were available
303 before and during HBsAg clearance for 11/13 individuals who cleared HBsAg. Among these, three
304 individuals (HBS-162, HBS-195 and HBS-314) had a spike in ALT before clearance which returned
305 to the normal range after HBsAg clearance. Another individual (HBS-230) also had a slightly raised
306 ALT before HBsAg clearance, but this did not normalise after HBsAg clearance. In the 7 other
307 cases, ALT results remained within the local reference range (10-45 iu / L) for the entire period of
308 surveillance (Suppl Fig 1).

309

310 ***Relationship between HBsAg and HBV DNA***

311 In 11/13 HBsAg clearers, HBV DNA was below the limit of detection (<20 IU/ml) throughout; in two
312 cases, HBV DNA was cleared at the same time as HBsAg (Suppl Fig 1). The HBV DNA trajectory
313 of individuals classified as potential clearers was more heterogenous (Suppl Fig 2): 10 individuals
314 had cleared HBV DNA by the time of their last HBsAg test, 9 had negative HBV DNA results at
315 some point but had subsequent detectable viraemia, and 8 individuals had detectable HBV DNA
316 throughout the period of surveillance.

317

318 **DISCUSSION**

319 ***Novelty***

320 HBsAg clearance in CHB is an uncommon event, and large cohorts over a long period of clinical
321 follow up are therefore required to describe the characteristics of individuals who clear, and to
322 determine the specific dynamics of serological changes. Although there have been previous
323 studies reporting HBsAg loss, our literature review confirms that these are mostly focussed in Asia,
324 and that relatively few studies track longitudinal data in an unbiased way. Our current approach
325 adds novelty in a variety of ways:

- 326 i. We apply a new bespoke, algorithmic approach to collating a large longitudinal clinical
327 dataset from multiple electronic sources. This allowed us to make use of data that are
328 generated by routine clinical laboratories, but are not routinely used for patient care such as
329 quantitative measures of HBsAg and HBeAg. This method of data collection also facilitated
330 the robust identification and exclusion of duplicate patient records.
- 331 ii. Undertaking this analysis in a UK-based cohort provides a novel and more diverse mixture
332 of host ethnicities (and by inference, diverse viral genotypes). To our knowledge this is one
333 of the only studies of this kind in such a population.
- 334 iii. We report ≥ 2 HBsAg timepoints for each individual, providing long periods of clinical follow-
335 up and the opportunity to track uncommon clearance events over time;
- 336 iv. Unlike some previous studies of HBsAg clearance that introduce bias through a focus on
337 treatment or based on patient recall for follow-up, the approach we took is agnostic to other
338 parameters, thereby providing a more inclusive picture of all individuals with CHB infection;
- 339 v. In addition to reporting longitudinal data for HBsAg loss, we also track HBeAg loss over
340 time. HBeAg loss is an important immunological event (34) signifying control (typically in
341 association with a fall of HBV DNA levels), and may also be an important target for
342 interventions at a population level (35).

343

344 ***The value of the NIHR HIC approach***

345 The NIHR HIC approach, involving the generation of standardised datasets based upon routinely-
346 collected data, focussed on the needs of researchers in particular clinical and/or therapeutic areas,
347 supports the re-use of tools, data, and insights across multiple research projects and
348 organisations. As we address a wider range of questions, and as we continue to share expertise
349 with other university-hospital partnerships, we will increase the breadth, depth, and quality of the
350 dataset, covering a wider range of variables, for a larger patient population, and recording more
351 information about the provenance and interpretation of the values obtained. All of the data used
352 for this paper, and our understanding of that data, will be available for use by other researchers.
353 Any questions that we were unable to fully address, and other questions that emerged during the
354 analysis, will help to inform the future development of the dataset.

355

356 ***Role of treatment in HBsAg clearance***

357 Our dataset corroborates prior literature in confirming that treatment is not pre-requisite for
358 clearance, and that immunological clearance of HBsAg and HBeAg can occur independently of
359 antiviral therapy (Fig 1C) (23, 36). There are multiple host and viral factors influencing outcome
360 during CHB infection including host factors such as age, obesity, gender and diabetes along with
361 genetic variations in CD8+ T-cell responses (mediated by HLA genotype), T-cell receptor
362 antagonism and viral escape mutations (37, 38).

363

364 Due to small numbers, we did not have statistical power to determine whether there was a
365 significant difference in the time taken to clear either HBsAg or HBeAg in individuals on treatment
366 compared to an untreated group. However, the comparable speed of clearance on vs off treatment
367 suggests that clearance trajectories are similar irrespective of NA treatment. We found that NA
368 treatment was more common among non-clearers, which may reflect a genuinely higher proportion
369 of this group meeting treatment criteria, but may also be biased by the incomplete nature of our
370 treatment data. Further prospective studies are needed to study the relationship between
371 clearance and treatment in more detail.

372

373 ***Timing of HBsAg and HBeAg clearance***

374 Based on the epidemiology of HBV infection in this cohort, in which a substantial proportion of
375 individuals are likely to have been infected at birth or in early childhood, it is intriguing that HBsAg
376 and HBeAg clearance occur apparently at random in middle adulthood. In the case of HBsAg,
377 clearance, its association with older age has been previously reported in studies we identified
378 through our literature review (20, 23, 29). The chances of clearance may be cumulative over time;
379 individuals infected for longer periods of time could thus have a higher chance of clearance,
380 explaining why individuals who clear infection are, on average, older than non-clearers.

381

382 HBeAg clearance occurred over a median period of 54 weeks, substantially more quickly than
383 HBsAg clearance which was documented over a median period of 157 weeks, perhaps indicating
384 different underlying mechanisms at play (34, 37, 39). Further studies are needed to determine the
385 relevant immune responses that underpin this clearance, and to identify possible triggers for
386 clearance.

387

388 ***Relevance of HBsAg and HBeAg for clinical practice and research***

389 While some guidelines recommend monitoring of HBsAg levels (1, 40), there is a lack of consistent
390 understanding about how to interpret individual or longitudinal measurements. Developing better
391 insights into the prognostic information that can be captured from this biomarker could be relevant
392 to predicting patient outcomes and providing stratification of therapy. In this study, we did not have
393 routine access to HBsAg levels >1000 IU/ml, but as these data progressively become available,
394 future studies will have the opportunity to develop a better picture of HBsAg distribution across the
395 whole range of CHB infections. Advocacy is required to provide more universal access to platforms
396 that quantify HBsAg, and to improve clinical practice through interval measurements of HBsAg in
397 chronically infected patients.

398

399 The picture we have developed here suggests that the majority of individuals who develop a
400 sustained pattern of HBsAg decline below 1000 IU/ml are likely to go on to clear HBsAg, consistent
401 with previous longitudinal surveillance suggesting that baseline HBsAg levels may be a more
402 accurate prognostic marker than HBV viral load (28, 29). Prospective studies of large HBV cohorts

403 are likely to be needed to identify individuals on a clearance trajectory; enhanced surveillance of
404 these individuals is a promising future route to understanding the immunological correlates of
405 HBsAg clearance.

406

407 ***Caveats and limitations***

408 Routinely-collected clinical data may be lacking in context, consistency, and completeness. Health
409 professionals recording information to support decision-making and continuity of care, and the
410 systems that they use, may fail to record additional, contextual information needed to address
411 specific research questions. Variations in practice may mean that data from different sites, or from
412 different clinicians, are incompatible (see Table 4). A collaborative approach to data quality
413 improvement, with substantial, local clinical engagement, will help to address these challenges, but
414 there is always more to be done, not least, as practice changes and new research questions
415 evolve. For this paper, the questions that we were able to ask, and the size of the population
416 considered, were limited by the nature and means of the data recorded, rather than by the basic
417 availability. We considered only those clinical records for which the data were sufficiently complete,
418 and for which the context was adequately explained, accepting the possibility that our exclusion of
419 other records could introduce systematic bias.

420

421 ***Future questions***

422 Prospective surveillance is important in order to provide the opportunity for studying relevant
423 immune responses during the clearance phase. As we have shown that clearance is a relatively
424 long process, occurring over a median of 54 weeks for HBeAg and 157 weeks for HBsAg, this
425 provides a window of opportunity for sampling and follow-up. There is an important distinction to be
426 made between functional cure (sustained loss of HBsAg) and sterilising cure (loss of cccDNA
427 integrated into hepatocyte nuclei), and interest in how to determine these different outcomes.
428 There are currently many new therapeutics in clinical trials aimed at targeting cccDNA directly
429 including capsid effectors, RNA interference and gene editing (7). Further work is needed to
430 develop biomarkers that can detect cccDNA in order to distinguish between these two different
431 outcomes.

432

433 Studies of both host and viral genetics are required to underpin a better understanding of the
434 mechanisms of clearance, including new approaches to generating full length deep sequencing of
435 HBV, and unbiased methods to study host genetic polymorphisms that impact on disease
436 outcome. In order to power such studies sufficiently to detect relevant signals, large collaborative
437 multi-centre studies may be required. As we improve our insights into the dynamic changes of
438 serological markers, opportunities arise for improving prognostication and providing better patient-
439 stratified care.

440

441 **MATERIALS AND METHODS**

442 **Health Informatics Collaborative Infrastructure**

443 The UK National Institute for Health Research (NIHR) Health Informatics Collaborative (HIC)
444 (www.hic.nihr.ac.uk) is a programme of infrastructure development aimed at increasing the quality
445 and availability of routinely-collected clinical data for translational research. Eighteen university-
446 hospital partnerships across England have signed a framework data sharing agreement, and are
447 working to facilitate the sharing and re-use of data across centres, for approved research
448 purposes. A key component of the NIHR HIC approach is the creation of standardised datasets to
449 support research in specific therapeutic areas, with relevant variations in context and practice
450 recorded as structured metadata, facilitating re-use at scale. Viral hepatitis was selected as one of
451 the initial areas for infrastructure development: in Oxford, this has led to the establishment of new
452 data flows from clinical and laboratory systems, the design of new screens for data capture, and
453 the implementation of several, programmatic (and re-usable) data transformations.

454

455 **Clinical cohorts**

456 Our HBV cohort was collected from the records of a large UK teaching hospital in Oxford
457 (<http://www.ouh.nhs.uk/>), which provides 1 million patient contacts per year and receives
458 laboratory samples from the community and four inpatient sites. We retrospectively identified
459 individuals aged ≥ 18 at time of database interrogation (26-Mar-2018) with chronic HBV infection
460 (defined as positive HBsAg on ≥ 2 occasions ≥ 6 months apart) based on laboratory data collected

461 between January 2011 and December 2016. Inclusion criteria and other case definitions are set
462 out in Table 1. It is standard practice in Oxfordshire to start patients on HBV treatment based on
463 UK NICE guidelines which determine treatment eligibility using age, sex, ALT, HBV DNA and
464 fibroscan score (40).

465

466 **Data collection**

467 Our cohort was initially defined by an electronic search of the microbiology laboratory information
468 management systems (LIMS) to identify individuals with a positive HBsAg test. Individual subjects
469 were allocated a pseudo-anonymised ID prefixed 'HBS', these ID numbers are included in the text
470 to allow relevant results to be identified from within our metadata table (Suppl data table 2). We
471 generated a data specification using search terms (Table 5) to define the data set. The Oxford
472 NIHR Biomedical Research Centre (BRC) data warehouse receives data from operational systems
473 within the hospital, such as electronic patient records (EPR) and LIMS (Fig 5). Within the
474 warehouse, the data are linked, transformed, and reorganised to better support the generation of
475 data products focussed upon a particular purpose or research area. In this case, the data product
476 is a database containing de-identified information on patients with hepatitis. These data were
477 cleaned and individuals not meeting inclusion criteria (Table 1) were removed.

478

479 We devised classification criteria for HBsAg and HBeAg to sort each individual into a category
480 based on the dynamics of these serologic markers (Table 1). For HBsAg and HBeAg 'clearers' and
481 HBsAg 'potential clearers', data which were not captured electronically or were not available from
482 the data warehouse e.g. (most recent transient elastography score and HBV treatment status),
483 were retrieved from the patient's written clinical record or from dictated letters from the viral
484 hepatitis clinic.

485

486 **Ethics**

487 The NIHR HIC Viral Hepatitis database was approved by the NRES Committee South Central-
488 Oxford C on 6th October 2015 (REC reference: 15/SC/0523).

489

490 **Statistical analysis**

491 We cleaned and analysed data using R and the data.table package (41). The clearance rate was
492 calculated as $\frac{\text{Number of patients who cleared}}{\text{Total patient years}} \times 100$. Plots were created using ggplot2 (42), and
493 survival analysis and Kaplan-Meier plots created using the survival and rms packages (43). We
494 used Wilcoxon or Kruskal Wallis tests for mean comparison of continuous variables, Fisher's exact
495 test for comparison of categorical variables, and logistic regression for multivariable analysis. We
496 included all the parameters in our dataset in multivariable analysis, based on existing biological
497 reasons to believe them likely to be relevant. Specifically, age at first HBsAg test is known to be
498 associated with HBsAg clearance, sex and ethnicity could indicate differences in host genetics and
499 immune response, and HBeAg status is a known marker of disease severity (20, 26, 37). Code
500 used for this analysis is available in the attached HBsAg_Final_Analysis.html file included in the
501 supplementary information. To define HBsAg clearance time-frames, we measured from the time
502 of the last HBsAg result of >1000 IU/ml (or the result closest to 1000 IU/ml) to the time point at
503 which HBsAg first became undetectable. For analysis of ALT, we used the result corresponding to
504 the time of the first HBsAg test result.

505

506 **TABLES**

507 **Table 1: Summary of criteria used to confirm inclusion in the analysis and to classify**
508 **individuals according to HBsAg dynamics and HBeAg dynamics**

Category	Criteria
Inclusion in cohort for analysis	<ul style="list-style-type: none">• Unique electronic record available• Age ≥ 18 at time of data interrogation• Longitudinal laboratory data available• No ambiguous data points^a• HBsAg detectable at ≥ 2 timepoints ≥ 6 months apart (HBsAg >20 IU/ml)• ≥ 1 further HBsAg reading (either positive or negative) with a total surveillance period of ≥ 12 months
HBsAg categories	
HBsAg clearer	<ul style="list-style-type: none">• HBsAg initially detectable, but subsequently falls below the limit of detection (<20 IU/ml)• HBsAg does not rebound to ≥ 20 IU/ml• ≥ 2 consecutive HBsAg readings <20 IU/ml
Potential HBsAg clearer	<ul style="list-style-type: none">• HBsAg falls <1000 IU/ml on ≥ 2 independent occasions,• HBsAg does not rebound to >1000 IU/ml• HBsAg not below the limit of detection for two consecutive readings
Non HBsAg clearer	<ul style="list-style-type: none">• All individuals who are not classified as HBsAg clearer or potential clearer
HBeAg categories	
HBeAg persistently positive	<ul style="list-style-type: none">• HBeAg above the limit of detection (≥ 20 IU/ml) for all timepoints.
HBeAg persistently negative	<ul style="list-style-type: none">• HBeAg below the limit of detection (<20 IU/ml) for all timepoints.
HBeAg clearer	<ul style="list-style-type: none">• HBeAg detectable at ≥ 2 independent timepoints and subsequently falls below the limit of detection for ≥ 2 consecutive timepoints• HBeAg does not rebound above the limit of detection
Non HBeAg Clearer	<ul style="list-style-type: none">• All individuals who are not classified as persistently HBeAg positive, negative or as an HBeAg clearer

509 ^a Records with free text or uninterpretable data were removed from analysis

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511

512 **Table 2: Baseline characteristics of 319 individuals with chronic HBV infection recruited**
513 **through a UK cohort and classified according to pattern of HBsAg clearance over time.**
514

	Whole cohort	HBsAg clearers and potential clearers	HBsAg non-clearers	p-value (uni-variable analysis)	p-value (multi-variable analysis)	Effect Size	Std Error
Number of individuals	319	40	279	NA	NA		
Median age in years at time of first HBsAg test	34	40	34	0.0034*	0.0081*	-0.4	0.01
Sex (%)							
Male	191 (60)	26 (65)	165 (59)	0.605	0.605	0.14	0.36
Female	128 (40)	14 (35)	114 (41)				
Self-reported ethnicity (%)							
White	92 (29)	15 (38)	77 (28)	0.649	0.632	-0.55	0.55
Mixed	18 (6)	0 (0)	18 (6)	0.991	0.989	15.39	898.69
Asian or Asian British	52 (16)	7 (18)	45 (16)	0.641	0.705	-0.25	0.63
Black or Black British	46 (14)	5 (12)	41 (15)	0.697	0.638	-0.06	0.68
Chinese	56 (18)	8 (20)	48 (17)	0.902	0.914	-0.28	0.62
Any Other Ethnic Group	7 (2)	0 (0)	7 (3)	0.992	0.994	15.39	1458.8
Not Stated	48 (15)	5 (12)	43 (15)	NA	NA	7	NA
HBeAg positive status at baseline (%)	81 (25)	6 (15)	65 (23)	0.3105	0.131	0.51	0.49
Median elastography score, kPa (most recent value)	5.3	4.5	5.5 ^a	0.18	NA	NA	NA
Number of patients receiving treatment (%)	142/211 ^b (67)	11/40 ^c (28)	131/171 ^b (76)	NA	NA	NA	NA

515 ^aElastography data available for 42 individuals in the non-clearance group, as data not routinely recorded
516 electronically.

517 ^bTreatment data were missing for 108 individuals among the HBsAg non-clearers, as data not routinely
518 recorded electronically.

519 ^cTreatment in the 12 months before the last positive HBsAg test

520 NA = not applicable

521

522 **Table 3: Baseline characteristics of HBeAg positive individuals classified according to**
523 **HBeAg clearance over the observed time period**

524

	HBeAg clearers	HBeAg non-clearers	p-value (uni-variable analysis)
Number of individuals	44	37	
Median age in years at time of first HBsAg test	34	35	0.75
Sex (%)			1
Male	29 (66)	25 (58)	
Female	15 (34)	12 (32)	
Self-reported Ethnicity (%)			
White	12 (27)	10 (27)	0.959
Mixed	4 (9)	4 (11)	0.819
Asian or Asian British	8 (18)	3 (8)	0.427
Black or Black British	6 (14)	0 (0)	0.991
Chinese	8 (18)	14 (38)	0.330
Any Other Ethnic Group	1 (2)	2 (5)	0.512
Not Stated	5 (11)	4 (11)	NA
Median elastography score, kPa (based on most recent value)	5.5	4.55	0.24
Number of patients receiving treatment ^a (%)	24/44 (55)	24/27 ^b (89)	NA

525 NA = not applicable

526 ^a Treatment in the 12 months prior to the last positive HBeAg result

527 ^b Treatment data were missing for 10 individuals among the HBeAg non-clearers as data not
528 routinely collected electronically.

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530

531 **Table 4: Factors influencing the analysis of retrospective clinical HBV data**

Category of influence	Examples of the effect on data integrity
Patient factors	<ul style="list-style-type: none">Many individuals with CHB infection globally are not diagnosed; those with data available for clinical analysis represent a distinct minority group who have been able to access healthcare and follow-up (44).Patients are lost to follow-up or move between regions.HBV diagnosis rarely occurs in acute infection, so the duration of infection prior to clearance is unknown.HBsAg clearance is a relatively infrequent event and thus patient numbers for analysis are small.Description of a changing cohort is challenging e.g. age changes over time, patients start and stop therapy.
Healthcare factors	<ul style="list-style-type: none">Different assays are not always requested simultaneously, thus limiting the correlation between variables (e.g. HBV DNA vs HBsAg).Follow-up occurs over a variety of different time frames, with different intervals between follow up visits; clearance durations may therefore be over-estimated due to infrequent sampling.Treatment can alter the dynamics of biomarkers (e.g. ALT, HBV DNA).
Laboratory factors	<ul style="list-style-type: none">Assay platforms change over time, which may alter sensitivity, specificity and limits of detection.Quantitative assays have upper and lower limits of quantification; values outside the window of detection cannot be analysed.False positive or false negative tests may occur.Certain data are not routinely generated or captured (e.g. HBV genotype).
Data factors	<ul style="list-style-type: none">Results are captured by a variety of different electronic systems (electronic patient record, electronic laboratory systems, pharmacy systems, hand-written clinical notes, dictated clinic letters).Different healthcare professionals may not record data consistently and coding is subject to errors.Free text entries in laboratory reporting can lead to errors or ambiguities (e.g. use of comma vs. full stop for decimal point). Certain parameters are not consistently recorded, e.g. ethnicity.The electronic pipeline only collects certain pre-defined data (e.g. for HIV, HCV, HDV we were only able to access viral load data, not antibody tests, and therefore we do not know the denominator of total tests performed).Treatment data may not be recorded electronically (often recorded as part of paper notes, making them more difficult to trace); start dates often not documented for patients on long-term treatment.Poor continuity of data when patients are transferred between different healthcare providers.

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Table 5: 'Data dictionary' of clinical and demographic parameters collected for cohort of individuals with chronic HBV infection

Laboratory Parameter	Data source	Date range (for laboratory parameters)	Assay platform	Notes
HBsAg	Microbiology LIMS (Sunquest)	09/2004 – 03/2018	Centaur; 09/2004 – 12/2014 Abbott Architect i2000SR (Abbott laboratories, Chicago, IL); 12/2014 – 03/2018	Traditionally reported as binary test (positive/negative) but generates semi-quantitative data. Lower limit of detection 0.05 IU/mL.
HBeAg	Microbiology LIMS (Sunquest)	04/1995 - 03/2018	Centaur; 09/2004 – 12/2014 Abbott Architect i2000SR (Abbott laboratories, Chicago, IL) 12/2014 – 03/2018	Traditionally reported as binary test (positive/negative) but generates semi-quantitative data.
HBV DNA	Microbiology LIMS (Sunquest)	03/2009 – 03/2018	Cobas TaqMan assay (Roche diagnostics, Branchburg, NJ)	Lower limit of detection 0.9x10^1IU/mL. 1 IU/ml is equivalent to 2.5-5 genome equivalents (copies/ml)
ALT	Biochemistry LIMS (LIMS)	02/2013 – 01/2018	Siemens ADVIA 2400; 02/2013 – 01/2015 Abbott Architect c16000 or c8000 (Abbott laboratories, Chicago, IL); 01/2015 – 01/2018	Reported as quantitative value. Normal reference range 10-45 IU/L*
Ethnicity	Hospital EPR (Cerner Millennium)	NA	NA	Self-reported according to standardised ethnicity codes
Fibroscan result (transient elastography score)	Hospital EPR (Cerner Millennium) / Clinic letter database (Manual)	NA	EchoSens, Paris	Most recent recorded elastography result
HBV treatment status	Hospital EPR (Cerner Millennium) / Clinic letter database (Manual)	NA	NA	Treatment guidelines changed over time, so use of different agents applied across the timespan of the cohort.

538

LIMS = Laboratory information management system; EPR = Electronic patient record

539

* In our hospital, no distinction is made in the ALT reference range for males vs females

540
541

542 **FIGURE LEGENDS:**

543 **Fig 1: Cartoons depicting key pathways in HBV replication cycle to illustrate targets that**
544 **may bring about control or clearance.**

545

546 **A: Pathways relevant to maintenance of HBV infection.** HBV viral DNA is released in the
547 nucleus, and cccDNA is formed by covalent ligation of the two DNA strands. A stable mini-
548 chromosome is formed, allowing persistence of the virus over time. The cccDNA acts as the
549 template for mRNA and pregenomic RNA (pgRNA). Viral reverse transcriptase (RT) generates
550 new genomic DNA from pgRNA. Non-infectious sub-viral particles (SVP) form from HBsAg and
551 new infectious virions assemble, for release into the blood stream. HBsAg measurement accounts
552 for both the SVP and infectious virions, whereas infectious virions alone can be measured through
553 HBV viral load (HBV DNA).

554

555 **B: Pathways relevant to suppression of HBV infection by NA therapy:** Inhibiton of viral RT
556 suppresses generation of new viral DNA. This means new infectious HBV virions cannot be
557 constructed and HBV DNA is undetectable in plasma. However, cccDNA remains as a persistent
558 reservoir in the hepatocyte nucleus, so HBsAg production can continue and rebound viraemia is
559 likely following cessation of therapy. For this reason, individuals with CHB on successful treatment
560 frequently have an undetectable viral load but remain HBsAg-positive.

561 **C: Pathways relevant to functional or sterilising cure of HBV infection:** Upregulation of host
562 immune responses or therapy with interferon (IFN) leads to elimination of the persistent cccDNA
563 reservoir either through death of the hepatocyte or unknown non-lytic methods. HBsAg and HBV
564 DNA both disappear from the blood stream. In practice, there is no clinical test that can confirm
565 complete ('sterilising') cure, so this group is usually regarded as being at a small risk of relapse
566 (i.e. 'functional' cure).

567

568 **Fig 2: Flowchart showing identification and classification of adults with chronic HBV**
569 **infection from a hospital electronic system.** The figure represents 319 individuals who met

570 inclusion criteria, and divides these into three different categories according to HBsAg clearance,
571 and four categories for HBeAg; (for classification criteria, see Table 1).

572

573 **Fig 3: Exemplar trajectories of HBsAg over time representing adults with chronic HBV**
574 **infection.** Individuals are classified as (A) a complete HBsAg clearer, (B) a potential HBsAg
575 clearer (C) a non-HBsAg clearer; (for classification criteria, see Table 1).

576

577 **Fig 4: Kaplan-Meier curves showing trajectory of HBsAg clearance (N=13) and HBeAg**
578 **clearance (N=43) for selected individuals who met criteria for complete clearance from**
579 **within a cohort of adults with chronic HBV infection.** Data are shown for HBsAg (panels A-C)
580 and for HBeAg (panels D-F), initially for all clearers (panels A and D), and then subdivided
581 according to treatment status (panels B and E). Boxes C and F report the median time to
582 clearance for each group in weeks, with 95% confidence intervals. For HBsAg clearance, the
583 upper confidence interval for treated cases cannot be determined due to small numbers.
584 Treatment of HBsAg clearers and potential clearers comprised TDF monotherapy (n=3), TDF with
585 emtricitabine (n=2), 3TC with ADV or TDF (n=4), 3TC monotherapy (n=1), ETV monotherapy (n=1).
586 Treatment of HBeAg clearers comprised TDF monotherapy (n=10). 3TC monotherapy (n=2) ETV
587 monotherapy (n=5), 3TC with ADV (n=3), IFN with RBV (n=1), IFN monotherapy (n=3), treatment
588 data were not available for one individual. * When no values >1000 IU/ml were recorded, the
589 highest value was used. ** Not enough data to calculate upper CI. § Treatment status not known
590 for 1 individual.

591

592 **Fig 5: Flow diagram to depict collection, storage and output of electronic clinical data from**
593 **a Health Informatics Collaborative data warehouse.**

594 The data warehouse receives data from operational systems within the hospital such as electronic
595 patient records and laboratory information management systems (LIMS) and maps this data to
596 individuals where the identifiers are then stored in the master data store and provides the
597 mappings for data products. De-identified linked data is stored separately and forms the content of
598 data products. Definitions of data items are recorded in the metadata catalogue. Data items for the

599 data product are selected using the definitions in the metadata catalogue the mappings for these
600 are retrieved from the master data store and data retrieved from the integrated data store to create
601 the final data product.

602

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605 **SUPPLEMENTARY DATA:**

606 On acceptance for publication, Supplementary Data will be made available at DOI:
607 10.6084/m9.figshare.7262957. Prior to publication, these files can be accessed using the following
608 URL: <https://figshare.com/s/82db3b5cd1dc5c6dd566>

609

610 **Supplementary Table 1: Summary of studies reporting rate and quantitation of HBsAg**
611 **clearance in individuals with HBV infection** - Listed studies were identified from a PubMed
612 search performed in April 2018 with the search terms: ('hepatitis B' OR 'HBV') AND ('clearance'
613 OR 'seroclearance' OR 'vir* negative'), written in English between 2008 – 2018, and reporting a
614 cumulative or annual clearance rate of HBsAg using a quantitative assay.

615

616 **Supplementary Table 2: Data for 319 adults with chronic HBV infection**

617

618 **Supplementary Figure 1: Longitudinal data for 13 adults with chronic HBV infection who**
619 **completely cleared HBsAg** - Each individual is labelled with a unique anonymised ID number,
620 prefixed HBS. Time is shown in weeks since the first HBsAg positive test. Units (y-axis) are shown
621 in IU/ml, except for ALT which is shown in IU/L.

622

623 **Supplementary Figure 2: Longitudinal data for 27 adults with chronic HBV infection on a**
624 **potential HBsAg clearance trajectory.** Each individual is labelled with a unique anonymised ID
625 number, prefixed HBS. Time is shown in weeks since the first HBsAg positive test. Units (y-axis)
626 are shown in IU/ml, except for ALT which is shown in IU/L.

627

628 **Supplementary Figure 3: Longitudinal data for 279 adults with chronic HBV infection who**
629 **did not clear HBsAg.** Each individual is labelled with a unique anonymised ID number, prefixed
630 HBS. Time is shown in weeks since the first HBsAg positive test. Units (y-axis) are shown in IU/ml,
631 except for ALT which is shown in IU/L.

632

633 **Supplementary Figure 4: Boxplot showing the distribution of age among individuals who**
634 **clear or potentially clear HBsAg (n=40, median age 40) and those who do not clear HBsAg**
635 **(n=279; median age 34).**

636

637 **Supplementary Code:** html file

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Fig 1

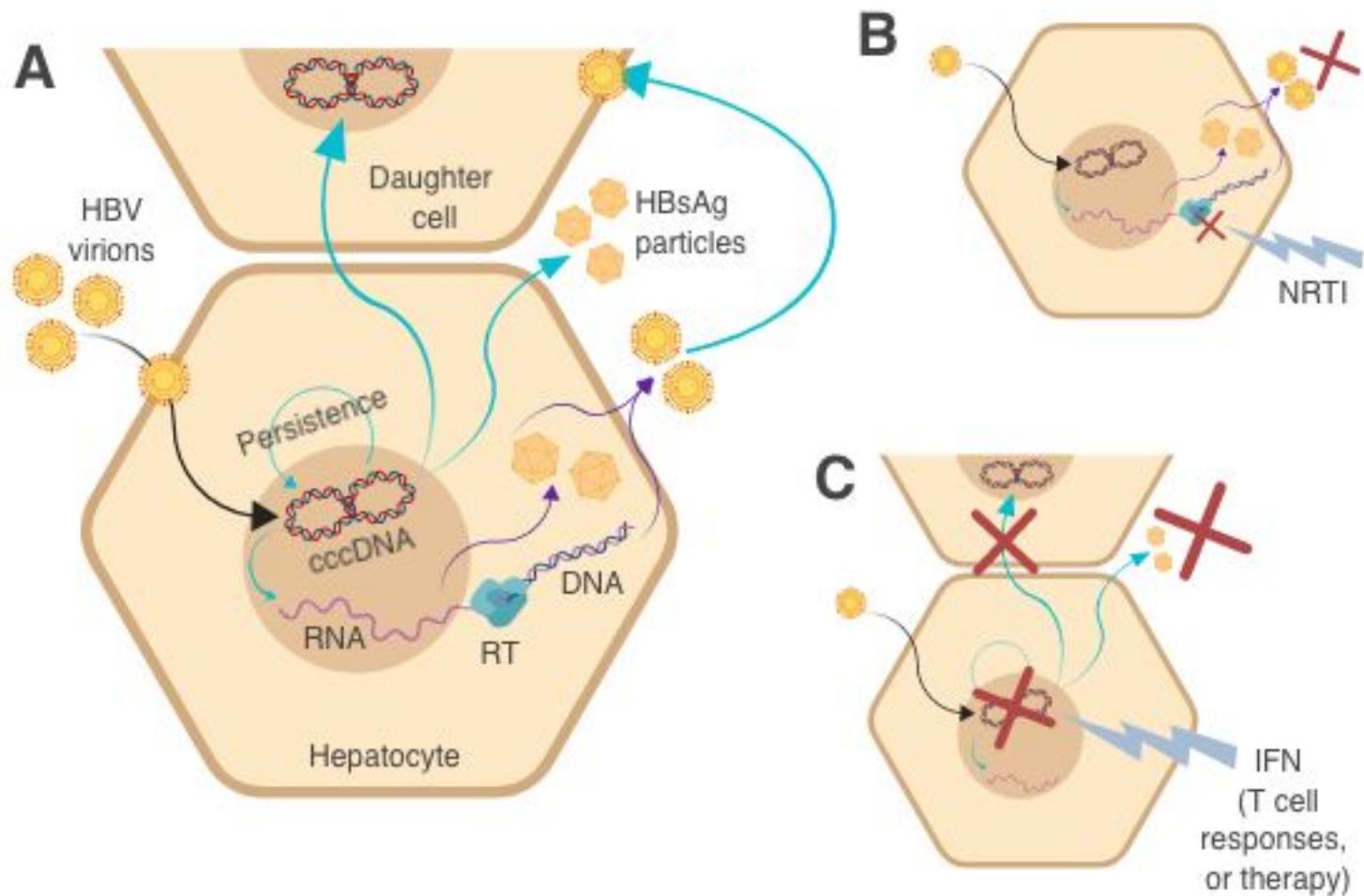


Fig 2

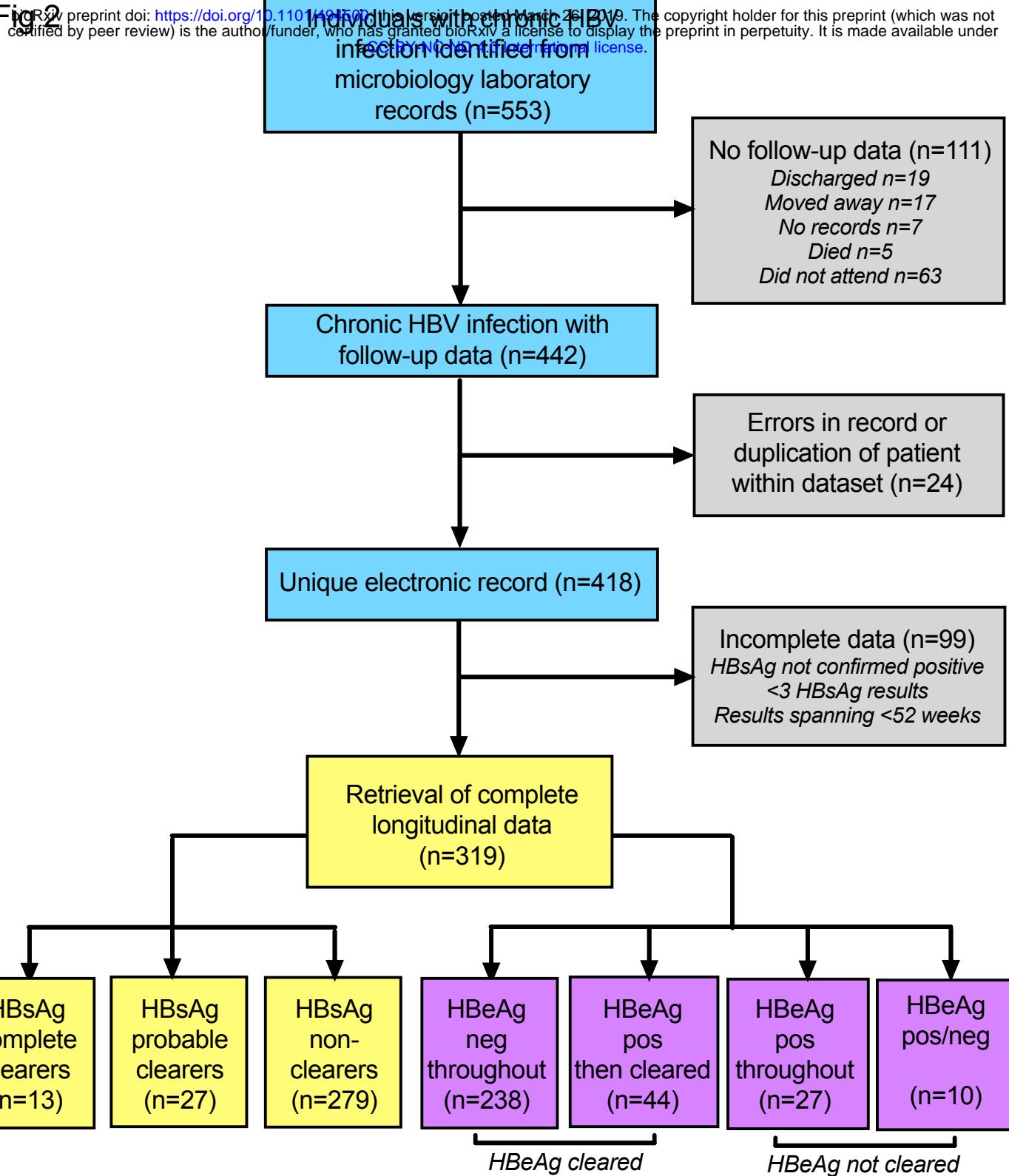


Fig 3

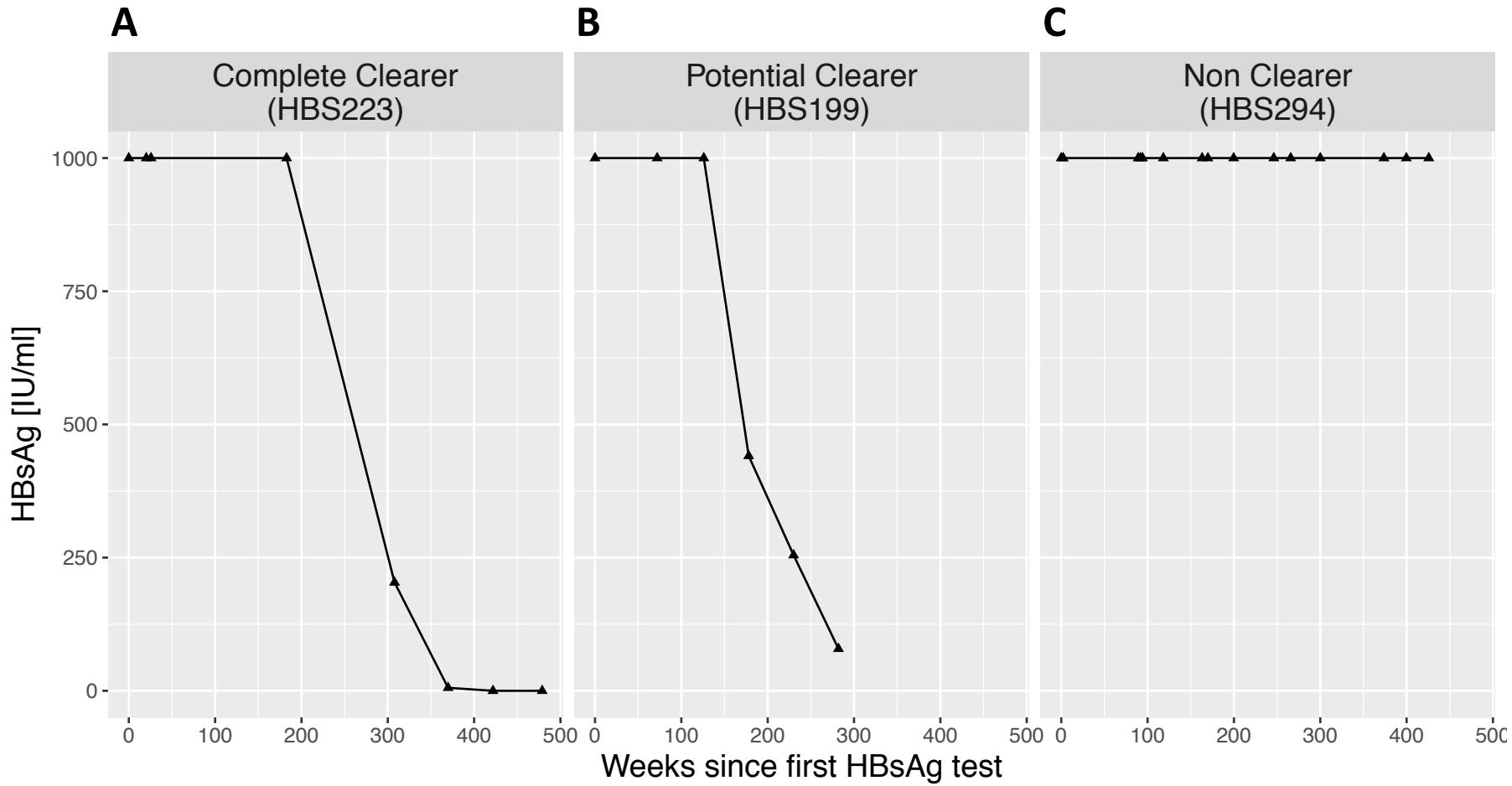
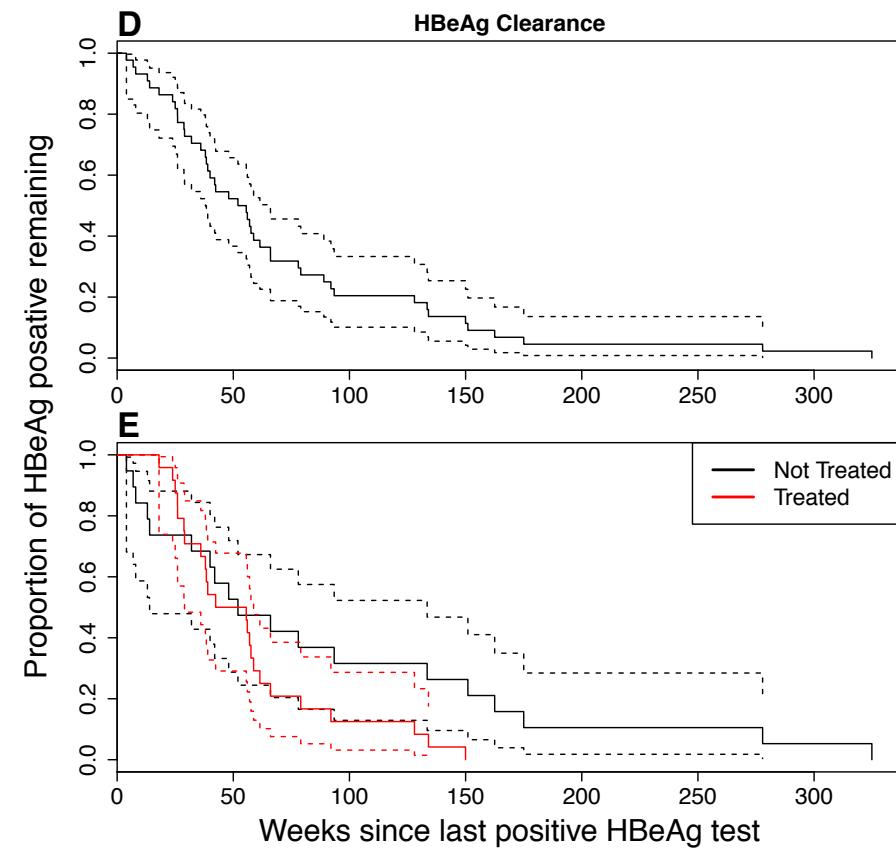
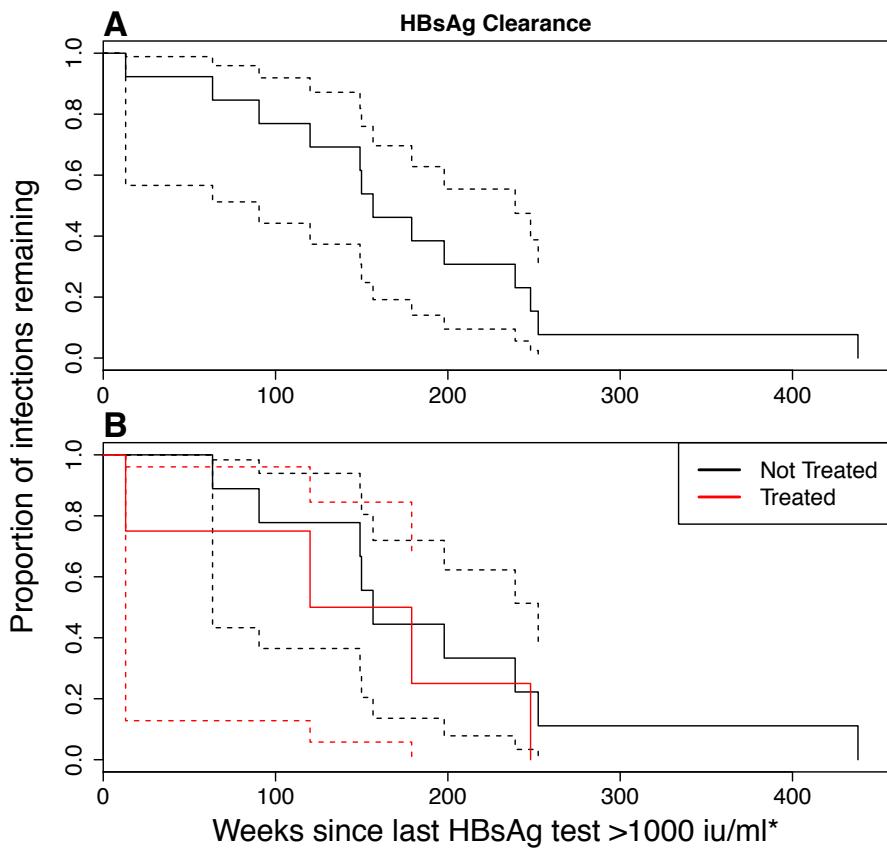


Fig 4



C

Time (weeks)	All cases of HBsAg clearance (n=13)	Untreated cases (n=9)	Treated cases (n=4)
Median	157	157	150
95% Confidence Intervals	90 – 239	63 - 252	13 – NA**

F

Time (weeks)	All cases of HBeAg clearance (n=43)§	Untreated cases (n=19)	Treated cases (n=24)
Median	54	52	49
95% Confidence Intervals	38 – 66	14 – 133	29 - 59

Fig 5

