

1 **Hypothesis: A plastically-produced phenotype predicts host**
2 **specialization and can precede subsequent mutations in**
3 **bacteriophage**

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5 Colin S. Maxwell

6

7 Department of Biology, University of North Carolina, Chapel Hill, NC 27599, USA.

8 Direct correspondence to: maxwell3@email.unc.edu

9

10 **Abstract**

11 The role of phenotypic plasticity in the evolution of new traits is controversial due to a
12 lack of direct evidence. Phage host-range becomes plastic in the presence of restriction-
13 modification (R-M) systems in their hosts. I modeled the evolution of phage host-range in the
14 presence of R-M systems. The model makes two main predictions. First, that offspring of the
15 first phage to gain a new methylation pattern by infecting a new host make up a disproportionate
16 fraction of the subsequent specialist population, indicating that the plastically-produced
17 phenotype is highly predictive of evolutionary outcome. Second, that the first phage gain this
18 pattern is not always genetically distinct from other phages in the population. Taken together,
19 these results suggest that plasticity could play a causal role on par with mutation during the
20 evolution of phage host range. This uniquely tractable system could enable the first direct test of
21 'plasticity first' evolution.

22

23 Introduction

24 Phenotypic plasticity is ubiquitous in nature but its role in evolution is controversial. The
25 'plasticity first' hypothesis holds that environmentally induced phenotypes frequently precede
26 genetic changes during the evolution of new traits (1, 2). Following the initial induction of the
27 plastically-produced phenotype by the environment, this hypothesis holds that selection could
28 'fix' (make non-plastic) the trait through genetic assimilation (3), or refine the organism's
29 phenotype through genetic accommodation (1). Some even argue that plasticity fundamentally
30 alters the logic of evolution by allowing non-genetic events to causally influence its outcome (4).
31 Others doubt that genetic assimilation (5, 6) or other varieties of plasticity-first evolution are
32 common enough in nature to justify such a conclusion, or argue that whatever role plasticity
33 plays in evolution can be understood without such a fundamental rethinking (7). This
34 controversy persists because there are no systems where the causal role of plastically-
35 produced phenotypes can be directly tested.

36 Directly testing whether plasticity causally influences the evolution of a trait requires
37 testing if a plastically-produced phenotype both predicts evolutionary outcome (which individuals
38 produce descendants with an evolved trait) and precedes any subsequent mutations that affect
39 the trait. This is a complementary approach to comparative studies (2, 8, 9) or proofs-of-
40 principle using artificial selection (10, 11). However, it would require observing individuals in a
41 population from the time when environmental conditions initially produced a phenotype via
42 plasticity until a trait of interest evolved (12), which is impossible in almost all circumstances.
43 Nevertheless, evolution can occur rapidly (reviewed in (13)), and several instances of new traits
44 and even incipient species have been observed (14, 15). Therefore, a strategy to resolve to this
45 conundrum is to find systems where plasticity should play an important role *a priori* in the
46 evolution of some trait and then observe the evolution of that trait in the laboratory by natural
47 selection. By establishing a tractable system, a causal role for plasticity could be tested.
48 Furthermore, since laboratory evolution can be replicated, the factors that determine *to what*
49 *degree* a plastically-produced phenotype predicts evolutionary outcome and *how often* the
50 phenotype precedes subsequent mutations could be determined, which could shed light on
51 patterns of evolution outside the laboratory.

52 Experimental evolution using viruses that infect bacteria (bacteriophages or phages) is a
53 powerful system for studying the evolution of new traits because phages have short generation
54 times and high mutation rates. The types of bacteria a phage strain can infect (the host range) is
55 a critical phenotype that determines both its niche and which other phage it can exchange

56 genes with (16). This makes phage host range an excellent experimental model to test the
57 origin of new traits.

58 Phage host range can be decomposed into a ‘genetic’ and ‘plastic’ component when the
59 bacterial host has a restriction-modification (R-M) system. Phage have proteins that bind to host
60 receptors that contribute to the genetic basis of host-range. An important class of host-range
61 mutations are those affecting proteins that bind to host receptors (17-19). Since binding is
62 determined by the sequences of the phage gene and the bacterial receptor gene, when the
63 temperature and chemical composition of their surroundings is held constant, the component of
64 host range caused by these proteins is ‘genetic’. Conversely, bacterial R-M systems can cause
65 a plastic component in phage host range, as explained below. R-M systems are ubiquitous in
66 prokaryotes (20) and have long been thought to protect their hosts from mobile genetic
67 elements such as phage and plasmids (21). These systems encode restriction endonucleases,
68 which cleave DNA at particular sites, and methyltransferases, which modify DNA at those sites
69 (22). Genomic DNA is protected from cleavage by the restriction endonuclease through the
70 activity of the methyltransferase, whereas invading DNA is recognized by the restriction
71 endonuclease and cleaved before it can parasitize the cell.

72 If a phage evades the R-M system of a new host by chance (odds vary between 1 in 10
73 to 1 in 10 million (23)) and successfully infects it, that phage’s offspring’s fitness on the new host
74 is plastically increased. This is because some fraction of progeny resulting from such infections
75 will be marked with the methylation pattern of the new host by its methyltransferase and will
76 therefore be invisible to that R-M system during subsequent infections. This fraction (the
77 ‘methylation efficiency’) can vary between ~100% for phage lambda (24) and ~10% for T7 (25).
78 This methylation pattern is not inherited via factors encoded in the phage genome but is
79 determined by the host. Since the phenotype (host range) of the phage is influenced by the
80 environment that it was produced in, the host-range of phage can be plastic due to host R-M
81 systems.

82 Although plasticity allows phage to exploit hosts with R-M systems, this plasticity can be
83 costly. If the methylation efficiency of a host less than 100%, then offspring without the
84 methylation pattern will have low fitness on any host with an R-M system. In this case,
85 mutations affecting the recognition sites of R-M systems—which abolish both methylation and
86 cleavage—can fix in the population (25). Indeed, genome-wide data show that sites recognized
87 by R-M systems are avoided by at least some phage and bacteria (26), suggesting that this
88 selective pressure is widely felt in bacteria and their parasites. Therefore, there are two ways to
89 produce a phage capable of efficiently replicating in a host once it has injected its DNA into it:

90 either plastically via methylation or genetically via mutations affecting the recognition sites of the
91 R-M systems. Furthermore, since the methylation efficiency of hosts need not be 100%, the
92 plastically produced host range phenotype can be less fit ('costly') relative to the genetically
93 produced phenotype. 'Costs of plasticity' (reviewed in (27)) are thought to play an important role
94 in providing the selective pressure to 'fix' (that is, make non-plastic) plastically produced
95 phenotypes during genetic assimilation (3).

96 To summarize, plasticity has a large effect on phage fitness (increasing survival on the
97 new host up to 10 million-fold (23)), and genomic evidence suggests that a cost of plasticity
98 imposed by less than perfect methylation efficiency can shape phage genome evolution (26).
99 Thus, the evolution of host-range in the presence of R-M systems is a premier system to test a
100 causal role for plastically produced phenotypes on evolutionary outcome because short-term
101 evolution could be linked to clade-level patterns of genome evolution.

102 I simulated a population of phages evolving in an environment containing two hosts with
103 two distinct receptors and two distinct R-M systems. Under these conditions, I hypothesized that
104 [1] the population of phages would evolve into two sub-populations specializing on one host
105 each with distinct tail fiber affinities. Furthermore, I hypothesized that knowing which phages
106 had the plastically produced host-range phenotype caused by the R-M system would [2] predict
107 which phages would found this lineage of specialists, and [3] that this plastic phenotype could
108 precede subsequent mutations in the tail fibers needed to specialize on that host. My
109 simulations confirmed all three hypotheses, suggesting that phenotypic plasticity can play a
110 similar role as mutation during the evolution of phage host-range. The metrics developed to
111 quantify the effect of plasticity in the simulations could be used to test whether plastically-
112 produced phenotypes play a causal role during the evolution of other traits.

113

114 **Methods**

115 R-M systems create selective pressure to specialize for infecting only one species of
116 bacteria because lineages of phage that efficiently bind to both species of bacteria lose a large
117 number of their offspring when those offspring attempt to switch hosts. However, if a phage
118 manages to infect the new host, the offspring of such phages find themselves on a reversed
119 fitness landscape. Since adsorption rate and methylation pattern have an epistatic effect on
120 fitness, previously disfavored mutations increasing binding to the new host become favored and
121 vice versa (see supplementary results, Figure S1). I hypothesized that these offspring would
122 evolve to specialize on the new host and competitively exclude the offspring of subsequent

123 phage that breached the restriction barrier, therefore dominating the new host. To test if this
124 scenario is plausible, I simulated phages evolving on a mixture of bacterial hosts with distinct R-
125 M systems.

126 I examined a simple system with two species of bacteria (*A* and *B*) that differed in their
127 R-M systems and a population of initially clonal phages marked with the methylation pattern of
128 species *A*. I modeled two critical components of phage fitness: the affinity of phage tail fiber
129 proteins for the receptors of bacteria, and the presence of an R-M system in the host. I
130 simulated the evolution of the phage using an individual-based model—one which explicitly
131 models the behavior of individuals. This approach is useful for examining the consequences of
132 phenotypic plasticity because it allows the phenotype and genotype of an individual to be easily
133 associated with the phenotype and genotype of its descendants. I implemented the model in
134 Python (version 3.4) using the Mesa framework (<https://github.com/projectmesa/mesa>). I will
135 briefly describe the model (see also Figure 1 for a graphical summary); for details, including a
136 table of parameters, see the supplemental information.

137 The phages evolved in a well-mixed environment constantly fed by bacteria without co-
138 evolution between phage and bacteria. The number of bacteria was generally smaller than the
139 equilibrium population of phages, indicating that there was competition for resources. During
140 each time step in the model the phages were simulated encountering, binding to, injecting their
141 DNA into, and producing progeny from bacteria. I modeled phages as having: [1] one of two
142 methylation patterns, and [2] tail fibers that would bind to each bacterial species (Figure 1A) with
143 different affinities (p_A and p_B). Bacterial R-M systems destroyed DNA that was injected by a
144 phage that was not marked with the cognate methylation pattern with some probability. Phage
145 progeny genetically inherited their tail fiber affinity from their parent with mutation. I modeled five
146 different ways for methylation to be produced: [1] randomly, [2] genetically, [3] 100% plastically,
147 [4] 50% plastically, and [5] 10% plastically (Figure 1E). “Random” means phage get pattern *A* or
148 *B* with 50:50 odds. “Genetic” means they inherit their methylation pattern from their parents with
149 mutation. “X% Plastically” means that “X%” of phage have the methylation pattern of their host
150 and the rest are unmarked. I did not model mutations affecting the recognition sites for the R-M
151 system. For any given parameter set, I ran the simulation for 200 steps with 30 replicates.

152 The code used to generate all analyses is available at
153 <http://github.com/csmaxwell/phage-abm> and is archived in Dryad (doi:TBD). The results of the
154 simulations are archived in Dryad (doi:TBD).

155

156 **Results**

157 **R-M systems select for host-range specialization**

158 I first tested whether the simulated phage population would evolve specialist sub-
159 populations that had affinity for only one bacterial species. I did not impose a trade-off between
160 p_A and p_B , so in the absence of an R-M system I expected generalists to evolve that would bind
161 efficiently to both species (28). At the end of the simulation (200 generations), I examined p_A
162 and p_B in individuals that had been produced from each species. Consistent with my
163 expectations, phages only evolved specialist phenotypes when both restriction and non-random
164 methylation were present (Figure 2). This indicates that in the presence of R-M systems, even
165 with inefficient plasticity, phage evolve two distinct sub-populations of specialists.

166

167 **The plastically produced phenotype predicts the pedigree of specialists**

168 Each of the phages that make up the sub-population on the new host (B) must have
169 come from lineages that breached the restriction barrier of that host at some point. At the end of
170 the simulation (200 generations), there is a sub-population of specialist phages infecting the
171 new host. How many lineages contribute to this population? I tested this by adding the number
172 of phage equivalent to the progeny from one infection (0.1% of the starting population; the ‘test
173 lineage’) at the beginning of the simulation, varied their methylation pattern and affinity for the
174 new host, and recorded what percent of the specialist population B was derived from them. The
175 plastically produced phenotype caused by breaching the restriction barrier is highly predictive of
176 the pedigree of the specialist population—much more so than any mutation affecting tail fiber
177 affinity (Figure 3). When restriction is present, mutations increasing p_B in the test lineage
178 increased the fraction of phage derived from the test lineage in specialist population B , but only
179 when they were marked with methylation pattern B . ‘Plastic’ methylation substantially increased
180 the number of phages derived from the test lineage in population B relative to ‘random’
181 methylation. Notably, in simulations with both plastic methylation and restriction, a substantial
182 proportion (~50%-90%) of the phages infecting bacteria B were derived from the test lineage
183 phages even when the test lineage phages had the same p_B as the rest of the population. This
184 pattern held regardless of a trade-off between p_A and p_B , and was robust to varying the
185 simulation length, mutation frequency, and the efficiency of plasticity (Figures S1, S2).

186

187 **Genetic diversity determines if methylation precedes mutation**

188 Does the first phage to breach the restriction barrier during the simulations have a higher
189 affinity for the new host than other individuals in the population? When the simulation was
190 started with phages with some ability to bind to the new host or when mutation was rare, the
191 affinity of the first phage to breach the barrier was similar to affinity for the new host in the rest
192 of the population (Figure 4). However, when mutation was common or if the simulation was
193 initialized with phage with no ability to bind to the new host, the first phage tended to be
194 genetically distinct. This makes intuitive sense because the higher the pre-existing ability to bind
195 to the new host, the less likely a mutation would be needed to allow binding. Calculations of the
196 probability of infection and mutation confirmed that for realistic parameters of phage mutation
197 rate and restriction bypass that a breaching the restriction barrier can precede mutation (Figure
198 S3). When mutation is rare, R-M bypass is common, and when there is some pre-existing
199 affinity for the new bacteria, then the plastically produced host range phenotype can precede
200 mutation.

201 **Discussion**

202 The evolution of phage host specialization in the presence of R-M systems is an
203 excellent system to examine the role of plasticity in evolution because host-range shifts can
204 occur rapidly and reproducibly in the laboratory and because plasticity can have a large impact
205 on the host-range of the phage. I used a simulation to explore how the plastic host range
206 phenotype generated by R-M systems affects the evolution of host-range specialization. I used
207 two metrics to measure how the plastically-produced phenotype affected phage evolution:
208 'predictive power' and 'precedence.' The host-range phenotype produced by the R-M systems
209 *predicts* the pedigree of phages in the specialist population that evolves. Furthermore, since
210 breaching the restriction barrier of a host can occur at a much higher rate than mutations in
211 phage genomes, the plastic host-range phenotype can *precede* subsequent mutations needed
212 to specialize on the new host. The model indicates that the plastic host-range phenotype can
213 cause the evolution of a specialist population, but this prediction needs to be tested. The ability
214 of phage to find and parasitize a new host is analogous to other examples of organisms
215 encountering and then exploiting new niches, suggesting that when a plastically-produced
216 phenotype has a large effect on the likelihood that an organism's offspring will experience the
217 same environment, that it could cause the evolution of specialists in these cases as well.

218

219 **Empirical predictions and possible tests**

220 The model described here makes three main predictions. First, R-M systems impose a
221 trade-off between the ability to exploit two hosts that leads to the evolution of host specificity.
222 This could be tested using experimental evolution by serially passaging phage on strains that
223 differed both by their receptors recognized by a phage and their R-M systems. The model
224 predicts that sub-populations of specialist phages would evolve.

225 A second prediction of the model is that the first phage that breaches the restriction
226 barrier of the new host will dominate the population of phages that evolve to specialize on that
227 host, even if the phage has the same affinity for the new host as other phage in the population.
228 This prediction could be tested by beginning the experiment outlined above with a small number
229 of phage with the new methylation pattern that had been marked (e.g. with a small neutral
230 insertion in their genomes) to enable their subsequent identification. The model predicts that
231 many phage in the new specialist population would be descended from the test lineage with the
232 new methylation pattern at the beginning of the experiment.

233 The third prediction is that the adsorption rate of the first phage to breach the restriction
234 barrier of a new host will only be substantially different from the rest of the population when the
235 mutation rate of the phage is similar to the probability of bypassing its R-M system. The
236 offspring of the first phage to infect a new host can be isolated by plating on that host.
237 Sequencing could reveal if the phages that bypassed the R-M system contained new mutations.
238 The restriction barrier of the new host could be increased or decreased by increasing or
239 decreasing the number of motifs recognized by the R-M system in the genome of the phage
240 (29), or perhaps by increasing or decreasing expression level of the host restriction
241 endonucleases and methyltransferases. Finally, the mutation rate of the phage can be adjusted
242 by growing the phage in the presence of a mutagen. Thus, the prediction could be tested by
243 isolating the first phage to infect a new host for varying rates of mutation and restriction escape.

244 The model analyzed here did not allow sites recognized by the R-M systems to mutate.
245 However, mutations to remove R-M recognition sites are readily isolated experimentally when
246 phages are not efficiently methylated by host methyltransferases (25). Even when methylation is
247 efficient, as in phage lambda (24), a small cost of plasticity could explain the genomic signature
248 of R-M site avoidance (26). Therefore, an initially plastic host-range phenotype produced by
249 methylation would likely be fixed during evolution (i.e. genetically assimilated (3)). This
250 possibility could be tested during the experiments outlined above by testing for mutations at the
251 R-M recognition sites by sequencing. Experiments to test the role that a cost of plasticity plays
252 on genetic assimilation could also be tested by changing the host's methylation efficiency. For
253 example, the expression level of the methyltransferase in the host could be increased, which

254 would likely increase the methylation efficiency. Since selection to mutate R-M sites will only
255 operate once a phage infects a new host, I hypothesize that the predictive power of the
256 plastically-produced phenotype will remain high.

257

258 **Conclusions**

259 In well-mixed environments, R-M systems provide only temporary protection to bacteria
260 since the first phage to bypass the system produces progeny capable of re-infecting the same
261 host (30). However, the importance of this observation in understanding the role of plasticity in
262 evolution has not been explored. Laboratory evolution experiments cannot determine the events
263 that led to a particular trait in a particular organism in the wild, but they are able to test whether
264 an event *can* cause a particular trait. My results suggest that measuring the predictive power
265 and precedence of plastically-produced phenotypes could elucidate whether they play a causal
266 role on par with mutation during evolution, testing the predictions of plasticity-first evolution.

267

268 **Acknowledgements**

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340 maintenance of restriction-modification. *Evolution* **47**:556–575.

341

342 **Figures**

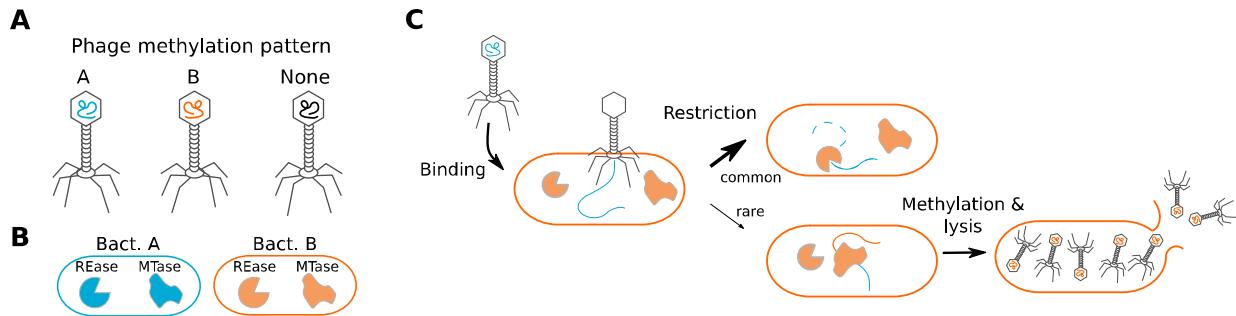
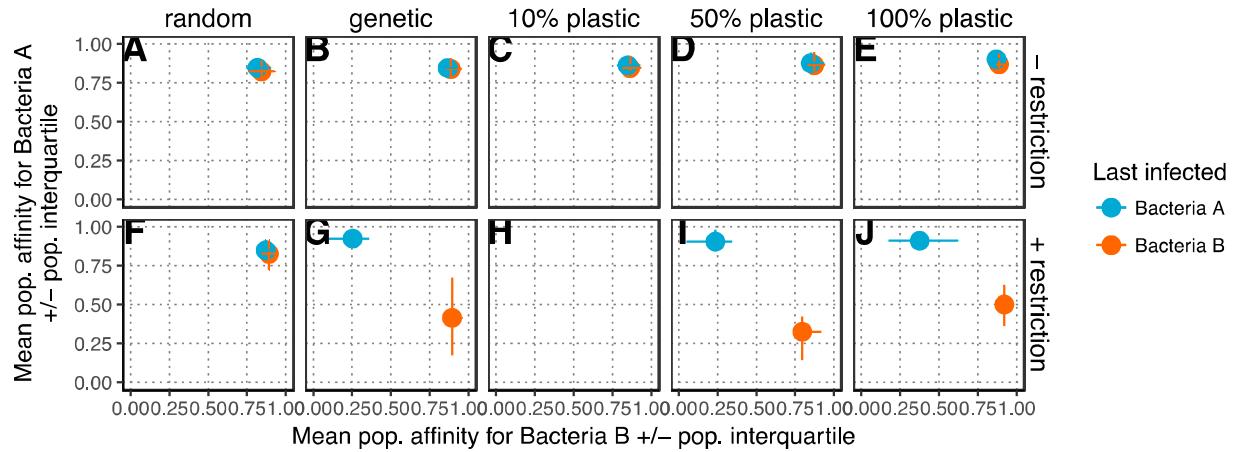


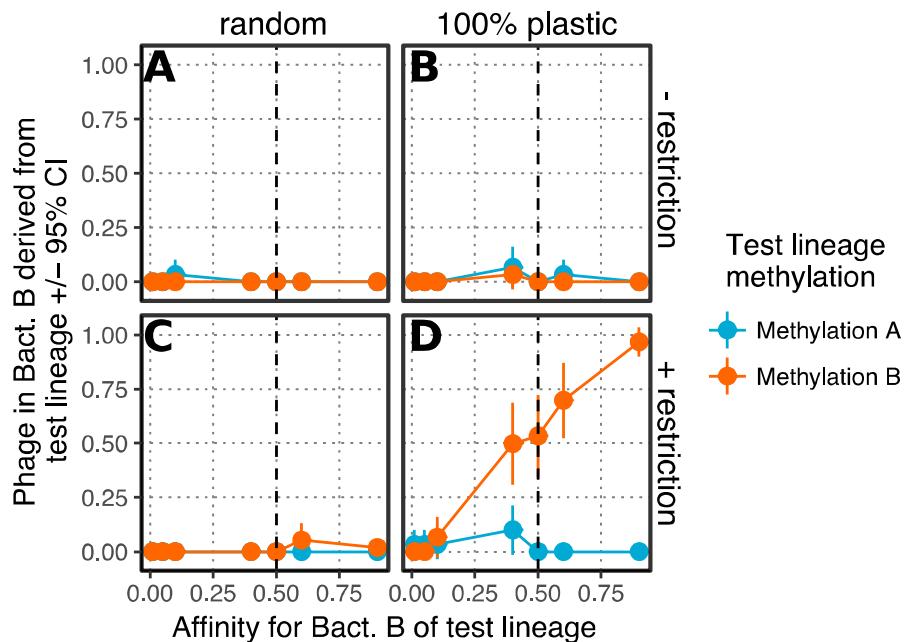
Figure 1. A schematic showing key elements of the model. **A.** Bacteriophage were modeled as having DNA that can be methylated with either pattern 'A' or 'B.' **B.** Bacteria were modeled as having distinct receptors and distinct restriction modification systems composed of a restriction endonuclease and a methyltransferase. **C.** A schematic of the events that take place during each step of the simulation is shown. Phage bind to and inject their DNA into bacteria whereupon it is frequently degraded if the methylation pattern does not match the methylation pattern of the bacteria. If the phage is not killed by the R-M system, then it lyses the cell to produce progeny and the progeny is plastically marked with the methylation pattern of their host.

353



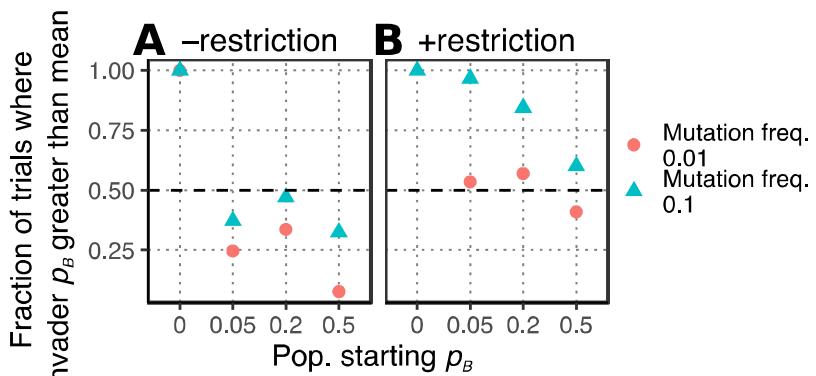
354

355 **Figure 2.** R-M systems select for host-range specialization. Plots of host-range specialization
356 are shown for each methylation scheme in both the presence and absence of cleavage of
357 improperly methylated DNA by bacteria. The average affinity for bacteria A and bacteria B (p_A
358 and p_B , respectively) of phage produced from bacteria A (blue) or bacteria B (orange) are
359 shown at the end of the simulation (after 200 generations). The simulation was initialized with
360 $p_A = p_B = 0.5$. The points show the average of the 30 replicates, error bars are bootstrapped
361 95% confidence intervals and are present on both X and Y axis, even when not visible. The
362 rows of subplots show the results of the simulation run with (A-E) no restriction of improperly
363 methylated DNA, or (F-J) with a restriction system with a 0.1% chance of restriction escape.
364 The columns in the plot show the results of the simulation with (A,F) random methylation, (B,G)
365 genetic inheritance of methylation, (C,H) 10% plasticity, (D,I) 50% plasticity, or (E,J) 100%
366 plasticity in methylation. Missing points indicate that the phage population went extinct, which
367 was only common when there was both restriction and 10% plastic methylation.
368



369
370 **Figure 3.** Knowing which phage first breached the restriction barrier of bacteria *B* predicts the
371 pedigree of the bacteria *B* specialist population. The simulation was initialized with 1,000 phage
372 with either $p_A = p_B = 0.5$ or $p_A = 0.95$, $p_B = 0.05$, and 10 phage (the 'test lineage') at the
373 beginning of the experiment with different values of p_B . The fraction of the phage infecting
374 bacteria *B* at the end of the experiment (200 generations) that are derived from the test lineage
375 phage is shown. The simulation was run with either **(A,B)** a 0.1% chance of restriction escape
376 or **(C,D)** without restriction of improperly methylated DNA and with either **(A,C)** random or **(B,D)**
377 100% plastic methylation. Vertical dashed lines show p_B for the background population of phage
378 at the start of the simulation. All simulations were run with no trade-off between p_A and p_B . Error
379 bars are 95% bootstrapped confidence intervals.
380
381

382



383

384 **Figure 4.** The order in which mutating to increase affinity for B and breaching the restriction
385 barrier of B occurs in the individual-based model is determined by the frequency of mutation and
386 the starting affinity of the population for B . The fraction of simulations where p_B of the first
387 phage to successfully reproduce on B is greater than the mean p_B of the population is plotted.
388 Simulations were run with either **(A)** no restriction of improperly methylated DNA, or **(B)** a 0.1%
389 chance of restriction escape, either rare (pink dots) or common (teal triangles) mutation, and for
390 various combinations of the population starting affinity for bacteria B . Only parameter sets
391 where phage successfully reproduced in B in ten trials (out of 100 trials) are plotted.

392

393