

1 **Phase-tuned neuronal firing encodes human contextual representations for**  
2 **navigational goals**

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11 **Abstract**

12 We previously demonstrated that the phase of oscillations modulates neural  
13 activity representing categorical information using human intracranial recordings and  
14 high-frequency activity from local field potentials (Watrous et al., 2015b). We extend  
15 these findings here using human single-neuron recordings during a navigation task. We  
16 identify neurons in the medial temporal lobe with firing-rate modulations for specific  
17 navigational goals, as well as for navigational planning and goal arrival. Going beyond  
18 this work, using a novel oscillation detection algorithm, we identify phase-locked neural  
19 firing that encodes information about a person's prospective navigational goal in the  
20 absence of firing rate changes. These results provide evidence for navigational planning  
21 and contextual accounts of human MTL function at the single-neuron level. More  
22 generally, our findings identify phase-coded neuronal firing as a component of the  
23 human neural code.

24 **Introduction**

25 Single-neuron firing forms a fundamental basis of the neural code during  
26 perception and memory. In addition to the well-established role for behavior-related  
27 changes in neuronal firing rates, converging evidence across species and behaviors  
28 suggests that interactions between single-neuron spike timing and oscillations observed  
29 in the local field potential (LFP) also contribute to the neural code (Hyman et al., 2005;  
30 Huxter et al., 2003; Rutishauser et al., 2010; Belitski et al., 2008; Ng et al., 2013; Kayser  
31 et al., 2009). In rodents, hippocampal and medial prefrontal cells show phase  
32 precession relative to theta oscillations during navigation (O'Keefe & Recce, 1993;  
33 Terada et al., 2017; Jones & Wilson, 2005), in which the theta phase of neuronal firing  
34 represents information about the animal's position (Jensen & Lisman, 2000).

35 These observations have been incorporated into theoretical models of neural  
36 coding that posit a general role for oscillatory phase for coding various types of  
37 behavioral information (Nadasdy 2009; Kayser et al., 2012; Lisman and Jensen 2013;  
38 Watrous and Ekstrom 2014). For example, in Spectro-Contextual Encoding and  
39 Retrieval Theory (SCERT), we proposed that frequency-specific and phase-locked  
40 neuronal firing to low-frequency oscillations at different phases (i.e. phase coding) also  
41 forms a basis of the human neural code (Watrous & Ekstrom 2014; Watrous et al.,  
42 2015a). We previously reported evidence for SCERT (Watrous et al., 2015b) using high-  
43 frequency activity in the LFP as a proxy for single-cell spiking (Crone et al., 1998;  
44 Manning et al., 2009; Miller et al., 2014). However, given the complex and variable  
45 relationship (Ekstrom et al., 2007; Manning et al., 2009; Rey et al., 2014) between the  
46 spiking of particular single neurons and high-frequency activity in the human medial  
47 temporal lobe (MTL), it is unclear whether human MTL neurons show phase coding of  
48 navigationally relevant information beyond an overall preference to fire at particular  
49 phases (Jacobs et al., 2007). We thus sought to extend our previous findings of LFP

52 phase coding (Watrous et al., 2015b) to the single-neuron level in patients performing a  
53 virtual navigation task, hypothesizing that phase coding would occur to low-frequency  
54 oscillations based on both human studies (Jacobs et al., 2010; Watrous et al., 2011;  
55 Ekstrom et al., 2005; Mormann et al., 2008) and the above-described rodent work.

56 An optimal navigator must both plan routes and recognize when they have  
57 arrived at their destination. Human imaging and lesion evidence indicate that activity in  
58 the human MTL and medial prefrontal cortex forms active representations of spatial  
59 context such as navigational goals (Ranganath & Ritchey, 2012; Brown et al., 2016;  
60 Ciaramelli et al., 2008; Spiers and Maguire 2007; Wolbers et al., 2007) in support of  
61 navigational planning (Horner et al., 2016; Bellmund et al., 2017; Kaplan et al., 2017).  
62 Analyzing human single neuron recordings from the MTL, previous studies have  
63 identified neurons that increase their firing rate when viewing goal locations (Ekstrom et  
64 al., 2003). To date, it is unclear whether phase-coding also exists for navigational goals.  
65 It is also unknown whether rate and phase-coding co-exist in humans, as suggested by  
66 seminal rodent studies that indicated that phase coding was a distinct phenomenon  
67 compared to rate coding (Huxter et al., 2003).

68 Drawing upon the phase-coding hypotheses from SCERT and related findings in  
69 rodents (Hollup et al., 2001; Hok et al., 2007; Hyman et al., 2005; O'Neill et al., 2013),  
70 we hypothesized that spatial contextual representations for specific navigational goals  
71 would be implemented by distinctive patterns of phase coding by individual  
72 neurons. Moreover, based on rodent (Wikenheiser et al., 2015) and human studies  
73 (Viard et al., 2011; Howard et al., 2014; Brown et al., 2016; Horner et al., 2016;  
74 Bellmund et al., 2017) implicating medial temporal lobe structures and frontal cortex in  
75 navigational planning, we reasoned that spike-phase coding may support these  
76 behaviors at the single-neuron level, hypothesizing that distinctive spike phase patterns  
77 would correspond to the neural network states representing planning and searching for  
78 particular goals. SCERT generally predicts that oscillatory frequencies should match  
79 between encoding and retrieval and that phase coding should occur at the dominant  
80 oscillatory frequency that occurs in a particular behavior and brain region. Thus, based  
81 on the body of evidence indicating hippocampal slow-theta oscillations are the most  
82 prominent during human virtual navigation (Ekstrom et al., 2005; Watrous et al., 2011;  
83 Jacobs 2014), we predicted here that phase coding should occur primarily at slow theta  
84 frequencies.

85 To test these ideas, we analyzed a dataset that simultaneously measured human  
86 single-neuron and oscillatory activity from MTL (hippocampus, entorhinal cortex,  
87 amygdala, and parahippocampal gyrus) and frontal (medial prefrontal/cingulate, motor,  
88 orbitofrontal) regions during a goal-directed navigation task (Figure 1-figure supplement  
89 1; Jacobs et al., 2010; Miller et al., 2015). After first assessing changes in firing rate  
90 related to goal activity, we then asked if additional goal-related information is encoded by  
91 considering oscillatory phase during spiking. Following the analytic strategy from our  
92 previous work (Watrous et al., 2015b), we tested for frequency-specific phase locking  
93 and then directly tested for phase coding, which would appear as individual neurons that  
94 spiked at different phases according to the prospective goal. In addition to cells that  
95 encode navigational variables using firing rate, our results confirmed the existence of  
96 phase coding for navigational goals in individual neurons, thus providing the first  
97 evidence for the oscillatory phase coding of spatial contextual information in the human  
98 brain.

99

## 100 **Results**

101

### 102 **Behavior & neuronal firing during goal-directed navigational planning and arrival.**

103 Patients performed a goal-directed navigation task in which they moved  
104 throughout a circular environment delivering passengers to one of six goal locations  
105 located on the outer edge of the environment (see Jacobs et al., 2010 for details). Upon  
106 arriving at a goal store, the patient paused and then was instructed to navigate to a new  
107 goal store. On each trial, patients thus had to make a navigation plan about which  
108 direction of movement in the environment would lead them most directly to the location  
109 of their goal. Driving time between stores significantly decreased throughout the task  
110 session (Kruskal-Wallis test across sessions,  $p=.007$ ), indicating that the patients  
111 successfully learned the environment and planned efficient paths between stores.

112 Previous work in humans has identified single neurons responsive to navigational  
113 goals (Ekstrom et al., 2003) and imaging work suggests that the MTL is involved in  
114 navigational planning (Bellmund et al., 2017; Horner et al., 2016; Brown et al., 2016). We  
115 investigated the single-neuron correlates of these phenomena in our task. We assessed  
116 neuronal firing rate as a function of the identity of the navigational goal and of different  
117 task periods using a two-way ANOVA, with factors for goal and task period (“planning”  
118 vs. “arriving”, see *Methods*). Figure 1A shows an example entorhinal neuron who’s firing  
119 significantly increased during deliveries to goal store 3 (main effect of goal,  $F(5)=6.7$ ,  
120  $p<.0001$ ). We identified 53 such goal-responsive cells (11% of 466 MTL neurons; main  
121 effect of goal,  $p<.05$ ), which were present in 11 of 12 patients. We observed significant  
122 counts of goal-responsive neurons in the hippocampus, entorhinal cortex, orbitofrontal  
123 cortex, and premotor cortex (Figure 1B; Binomial tests,  $p$ ’s $<0.05$ ).

124 We also identified cells that showed significantly enhanced firing during either the  
125 navigational planning or the arrival period of each trial (main effect of task period,  $p<.05$ ).  
126 Figure 1C shows an example hippocampal neuron whose firing rate significantly  
127 increased during navigational planning compared to goal arrival (main effect of task  
128 period, two-way ANOVA,  $p<.0001$ , followed by post-hoc analysis). We observed  
129 significant counts of navigational planning neurons in the hippocampus of 9 of 12  
130 patients and in all areas except the amygdala (Figure 1E; Binomial test,  $p<.05$ ).  
131 Furthermore, we observed modulation of firing rate by arrival at goals in  
132 parahippocampal and motor areas (Figure 1 D-E). We found 24 cells with significant  
133 interactions between goal and task period ( $p<.05$ ). These results provide single-neuron  
134 evidence that the MTL encodes information about navigational goals, and supports  
135 navigational planning towards reaching these goals, using modulations in firing rate,  
136 extending previous findings (Ekstrom et al., 2003; Watrous et al., 2011; Brown et al.,  
137 2016).

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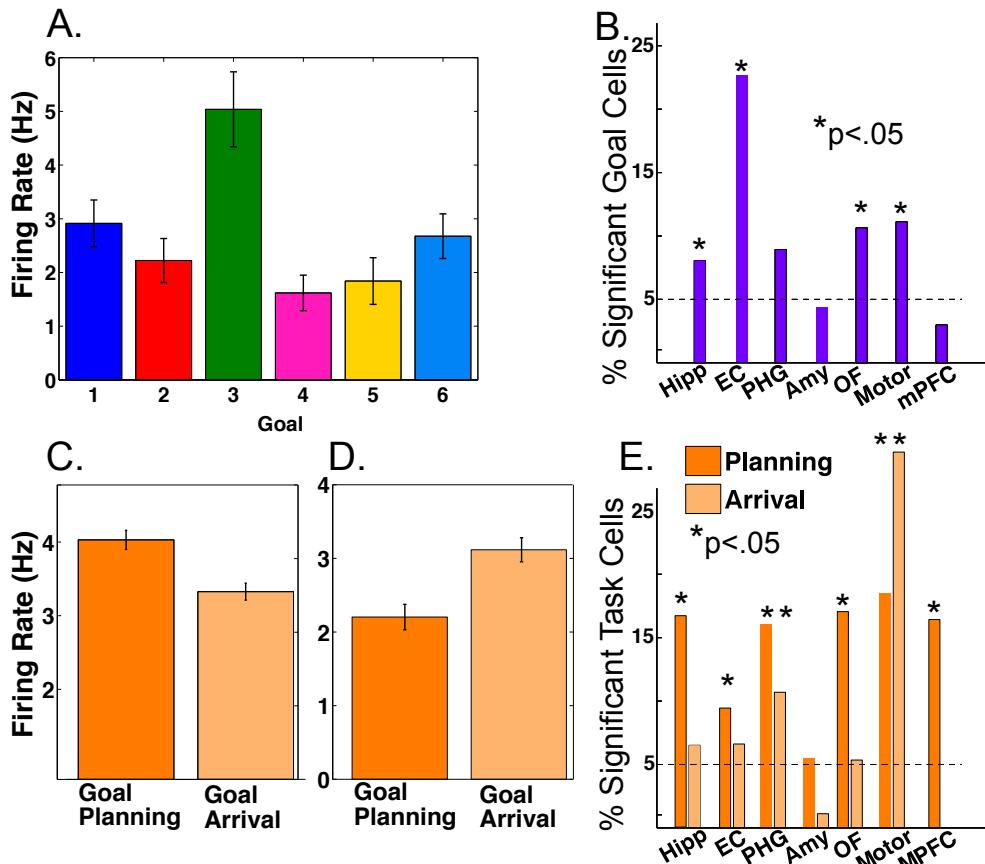
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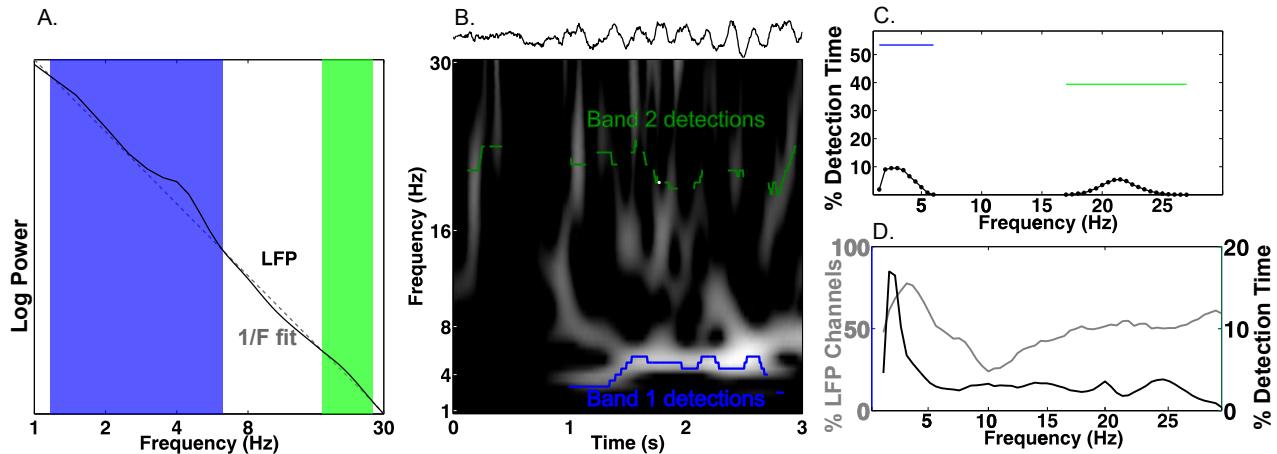


154  
155 **Figure 1** Firing rate modulations by navigational goal and task phase  
156 A) Neuron from the entorhinal cortex of patient 4 whose firing rate was significantly goal-  
157 modulated when delivering to goal 3 ( $p<.001$ ). Firing rate is plotted as a function of each  
158 navigational goal (error bars indicate s.e.m.). B) Proportion of goal-responsive neurons  
159 in each brain area. Asterisk indicates significant counts using binomial test. C) Example  
160 neuron from the hippocampus of patient 12 whose firing rate was modulated during goal  
161 planning ( $p<.0001$ ). D) Example neuron from the parahippocampal gyrus of patient 8  
162 whose firing rate was modulated during goal arrival ( $p=.0002$ ). E) Proportion of task-  
163 responsive neurons in each brain area, shown separately for planning and arrival. See  
164 methods for regional acronyms.  
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#### 166 **Slow theta oscillations (3Hz) in the MTL during virtual navigation**

167 Our primary hypothesis was that human MTL neurons encode behavioral  
168 information by modulating their spiking based on the phase of slow oscillations beyond  
169 changes in firing rate. Examining this hypothesis required that we accurately identify the  
170 presence and phase of slow oscillations, particularly because human MTL oscillations  
171 are lower frequency and less stationary compared to the stable theta oscillations  
172 observed in rodents (Watrous et al., 2013; Vass et al., 2016). We developed and  
173 validated a novel method, the Multiple Oscillations Detection Algorithm (“MODAL”;  
174 Figure 2A-C), to detect and characterize neural oscillations in adaptively identified  
175 band(s) whose frequency ranges are customized for each recording site according to its  
176 spectral properties. MODAL identifies narrow-band oscillations exceeding the  
177 background 1/f spectrum (Figure 2A) and calculates the instantaneous phase and  
178 frequency of oscillations in each band (see Methods) while excluding time points without

179 oscillations or that exhibited epileptogenic activity (Gelinas et al., 2016). Thus, MODAL  
180 allowed us to test for phase coding of spikes during the presence of narrowband  
181 oscillations in our dataset.



**Figure 2** Multiple Oscillation Detection Algorithm (“MODAL”)

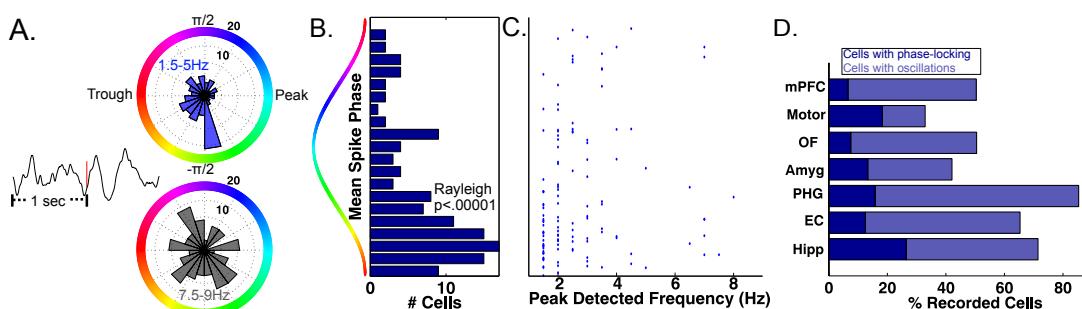
A-C) Key steps in the algorithm, shown for an example electrode from the right hippocampus of patient 9. A) Mean log power averaged over time (black) and a fit line of the 1/f background spectrum (gray). A slow theta band (blue) and a beta band (green) are identified as contiguous frequencies exceeding the fit line. B) Example output from MODAL depicting a raw trace example of the LFP (upper) with the detected oscillations in each band (lower). The instantaneous frequency of the detected oscillation in each band is overlaid on a spectrogram and gray portions of the spectrogram indicate power values exceeding a local fit (similar to A but using a 10s epoch). C) Accumulating detections over time reveals the prevalence of oscillations at each frequency on this electrode (black). Blue and green bars indicate the overall prevalence of oscillations in each frequency, independent of the exact frequency within a band. D) Population data for MTL channels demonstrating low frequency oscillations. Grey line indicates the percent of LFP channels with a detected band as a function of frequency. Of those channels with a detected band, the black line indicates the average amount of time each frequency was detected. Slow theta oscillations (below 5Hz) are observed using both metrics.

MODAL reliably identified oscillations at multiple frequencies that were visible in the raw trace (Figure 2B-C). Analyzing each of 385 LFP channels from the MTL across the entire task period using MODAL, we found that most channels showed a band of activity centered at “slow theta” (~3Hz; 93% of signals; Figure 2D, gray line). Analyzing the overall amount of time each frequency was detected on these electrodes, we found that slow theta was detected most often (Figure 2D, black line). Similar results were identified in different brain areas (Figure 2-figure supplement 1). We then verified that MODAL can capture multiple narrowband oscillatory signals using a published rodent recording dataset (Fujisawa et al., 2008; [crcns.org](http://crcns.org) PFC-2 dataset), and observed canonical rodent hippocampal CA1 theta oscillations and a more variable low-frequency rhythm in the medial prefrontal cortex (Figure 2-figure supplement 2). These results indicate that MODAL is able to identify and track the dynamics of narrowband signals, providing cross-validation for our human findings which are consistent with previous work showing the prevalence of slow theta in the human MTL (Watrous et al., 2011; Watrous et al., 2013; Vass et al., 2016; Jacobs, 2014; Bohbot et al., 2017). We subsequently restricted our analysis of phase coding to this low-frequency band (1–10

217 Hz) because it was most prominently detected by MODAL and because activity in this  
218 band has been shown to modulate human single-neuron firing (Jacobs et al., 2007).  
219

220 **Slow theta phase modulates neuronal firing**

221 As a precursor to testing for phase coding, we asked if phase coordinates the  
222 activity of individual neurons across the entire task session in the bands identified by  
223 MODAL. Focusing first on the MTL, we analyzed 466 neurons that each had a  
224 simultaneously recorded LFP with an oscillation in a low-frequency band (1–10 Hz). In  
225 many cells we observed significant phase-locking, an overall tendency for firing to  
226 increase at particular phases of the LFP oscillation (Jacobs et al., 2007; Rey et al.,  
227 2014). Phase locking is evident by examining the LFP phase distribution for all spikes  
228 that occurred during oscillations from a given cell (Figure 3A upper panel, Rayleigh  
229  $p < 0.005$ ). Across our population of MTL neurons, we identified phase-locked neural  
230 firing in 144 neurons (144/466, 30%, Rayleigh test,  $p < 0.005$ ), a proportion significantly  
231 above chance (Binomial  $p < 0.00001$ ). We observed that phase locked neural firing was  
232 clustered just after the trough of the oscillation for these cells (Figure 3B, Rayleigh test  
233  $p < 0.00001$ ) and most phase locking occurred to slow-theta oscillations below 5 Hz (Figure  
234 3C). Significant counts of phase-locked neurons were observed in each brain region  
235 (Binomial test,  $p < 0.0001$ ) and we observed phase-locking most prominently in the  
236 hippocampus (Figure 3D). These results confirm the presence of phase-modulated  
237 neuronal activity in this dataset.



238  
239 **Figure 3 Phase-Locked Neural Firing to low-frequency oscillations**  
240 A) Spike-triggered average of a phase-locked neuron from the right hippocampus of  
241 Patient 1 (left). Red tick mark denotes a spike. Circular histograms (right) show phases  
242 at which spikes occurred relative to two detected bands. Spiking was phase-locked to  
243 the ascending phase in the 1.5–5 Hz band (red) but not in the 7.5–9 Hz band (Rayleigh  
244 test,  $p = .004$  and  $p = .34$ , respectively). B) MTL Population data: Pooling over  
245 frequencies, mean spike phases were significantly clustered near the initial ascending  
246 phase of the oscillation (Rayleigh test,  $p < 0.00001$ ). C) Population scatter plot of the  
247 mean phase of firing and maximally detected frequency within the band for each phase-  
248 locked MTL neurons. D) Population results showing proportion of phase-locked neurons  
249 in each brain region. Total bar height indicates the proportion of neurons recorded on an  
250 LFP channel with a band in the 1–10 Hz range. See methods for regional acronyms.  
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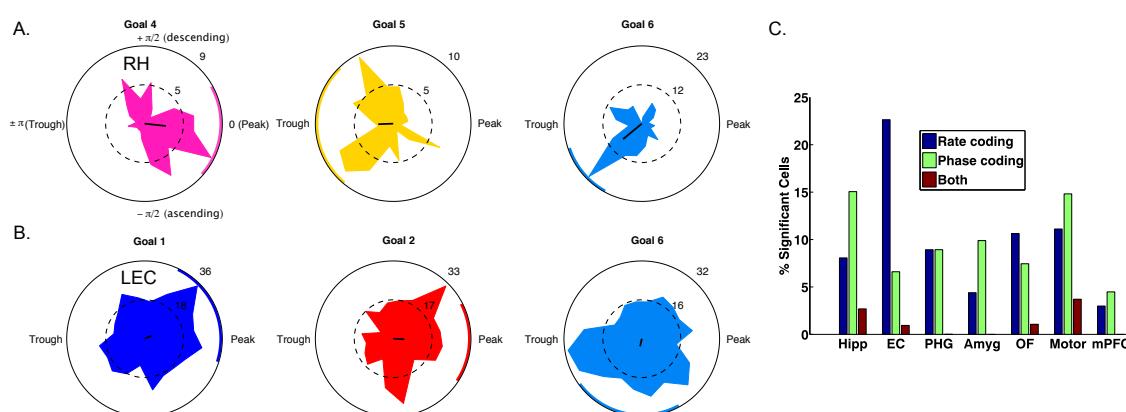
252 The SCERT model predicts that neuronal activity is modulated by oscillations at  
253 particular frequencies. Because the LFPs associated with 48 neurons displayed  
254 oscillations at two distinct frequency bands in the 1–10-Hz range, we were able to test if  
255 the spike–LFP phase locking was specific to an individual frequency band or present for  
256 both bands. 12.5% of these cells (6/48) showed frequency-specific phase locking,  
257 showing phase-locked firing in only one LFP frequency band (Figure 3a;  $p < .005$  in one  
258 band,  $p > .1$  in all other bands). Thus, extending previous findings (Jacobs et al., 2007)

259 by examining phase-locking to adaptively-identified narrowband signals, we find that  
260 human neuronal firing is modulated by the phase of low-frequency oscillations in a band  
261 and frequency-specific manner, as predicted by several models of neural coding (Cohen  
262 2014; Kayser et al., 2012; Lisman and Jensen 2013; Watrous & Ekstrom, 2014).  
263

#### 264 **LFP-spike phase coding of goal information**

265 To understand the behavioral relevance of phase-tuned neuronal activity, we  
266 tested whether neurons also used phase-tuned neural firing to encode spatial contextual  
267 information, analogous to the phase coding for location in the rodent hippocampus  
268 (O'Keefe & Recce, 1993). Our task tapped into goal-directed navigation and we  
269 therefore hypothesized that phase coding may be used to represent the patient's  
270 prospective navigational goal and should appear as neuronal firing to different phases  
271 for different navigational goals. Visual inspection of raw traces (Figure 4-figure  
272 supplement 1) and circular histograms of spike-phases during deliveries to each goal  
273 revealed that this pattern was evident in individual neurons (Figure 4A-B).

274 We used a cross-validated decoding approach (Watrous et al., 2015b; see  
275 Methods) to confirm that goal-specific phase variations were robust, by testing whether  
276 the patient's prospective goal could be predicted from the phase of neuronal spiking.  
277 This analysis identified 63 cells (10% of 627 cells tested) across all regions that showed  
278 individually significant decoding of goal information from spike phases ( $p < .05$ , shuffle  
279 corrected). This proportion of neurons exceeded chance levels (Binomial test,  $p < .0001$ )  
280 and spike phase coding differentially occurred in the hippocampus ( $\chi^2(6) = 50$ ,  $p < .0001$ ),  
281 with 28 of the phase coding cells coming from the hippocampus of nine different patients  
282 (Figure 4C). Roughly half (29/63) of phase coding cells exhibited significant phase-  
283 locking (Rayleigh test,  $p < 0.005$ ), consistent with the idea that phase-locking and phase  
284 coding are related but non-identical phenomena (Watrous et al., 2015b). Critically, 51  
285 (80%) of the cells that showed significant phase coding did not show firing-rate effects  
286 (two-way ANOVA,  $p > .1$ ), indicating that phase coding for a specific goal state can exist  
287 independent of firing rate effects. We also observed intriguing examples of neurons that  
288 showed rate and phase-coding for different goals (Figure 4-figure supplement 2). These  
289 results indicate that rate and phase coding each contribute to neural representation of  
290 goals during navigation.  
291



292  
293 **Figure 4 Spike-Phase coding for navigational goals**

294 A) Example neuron from the right hippocampus of patient 1 showing significant spike-  
295 LFP phase coding for goal 4 compared to goals 5 and 6. Circular histograms show  
296 spike counts separately for different goals. Black line at center of each plot shows the

297 resultant vector and the colored arc indicates the 95th percentile confidence interval of  
298 the circular mean. B) Example cell from left entorhinal cortex of patient 6 showing phase  
299 coding for goal 6. C) Population summary showing the proportion of significant neurons  
300 in each region that showed rate coding, phase coding, or both effects. LEC: Left  
301 entorhinal cortex; RH: Right hippocampus

302 To further understand hippocampal phase coding and motivated by our findings  
303 of differential firing rate modulation during planning and arrival, we investigated if phase  
304 coding differentially occurred during different task periods. Observing such a distinction  
305 would indicate that phase coding for goals is behaviorally relevant because the effects  
306 relate to navigational planning or goal arrival. We thus re-ran our decoding analysis for  
307 hippocampal neurons and restricted the analysis to either planning or arrival periods of  
308 each trial. We identified a subset of 24 hippocampal neurons that showed significant  
309 decoding ( $p < .05$ ) during the planning period, a proportion significantly above chance  
310 (24/186 neurons, 12% Binomial test  $p < .00001$ , chance = 9.3 neurons). Similarly, we  
311 identified a mostly distinct subset of neurons (e.g., Figure 4-figure supplements 1 and 2)  
312 that showed phase coding during goal arrival (24/186 neurons, 12%, Binomial test  
313  $p < .00001$ ). Importantly, these were largely distinct subsets of hippocampal neurons and  
314 were found in different patient groups, with only 2 neurons significant for both planning  
315 and arrival. Because we imposed two statistical thresholds per cell for inclusion, this  
316 analysis is statistically more stringent than the preceding analysis, which assessed  
317 phase coding over the entire task period, and thus the neuron counts are expected to be  
318 substantially smaller.

319 In sum, we find evidence that phase-coding by individual neurons is specific to  
320 particular task periods. We conclude that phase coding occurs in distinct hippocampal  
321 populations in support of navigational planning and goal arrival. More broadly, these  
322 findings suggest that phase-based coding is a general phenomenon used by MTL  
323 neurons to represent various types of contextual information.

324 We performed several control analyses to exclude alternate accounts of our  
325 findings (see Supplemental Materials for full details). Ruling out signal-to-noise ratio  
326 concerns when measuring phase, phase coding was not related to the overall  
327 prevalence of oscillations detected by MODAL ( $\rho = -0.0049$ ,  $p = .9$ ) nor to oscillatory  
328 bandwidth ( $\rho = .008$ ,  $p = .85$ ). Finally, to link these findings to our previous work using  
329 high-frequency activity (Watrous et al., 2015b), we observed a significant positive  
330 relationship (shuffle corrected  $p < .01$ ) between single-neuron firing rate and high-  
331 frequency activity in 41% of recorded neurons, suggesting that the phenomenon are  
332 related in many cases. We thus conclude that phase coding is a robust mechanism for  
333 neural representation in the human brain during navigation.

### 334 **Discussion**

335 Analyzing recordings from epilepsy patients performing a goal-directed  
336 navigation task, we expand our previous observation of phase-coding with high-  
337 frequency LFPs (Watrous et al., 2015b) to the domain of single neuron spiking. In  
338 addition to firing rate modulations (discussed below), we found a distinct population of  
339 cells in which spike-LFP phase coding contributed to representations in the absence of  
340 significant changes in firing rate (Hyman et al., 2005; Rutishauser et al., 2010). In  
341 addition, we found neurons that were phase-locked to frequency-specific narrowband  
342 oscillations primarily in the slow-theta band. Together, these findings provide new,  
343 stronger evidence for SCERT and related models that posit a role for oscillatory phase in  
344 neural coding (Nadasdy 2009; Kayser et al., 2012; Lisman and Jensen 2013; Watrous  
345 and Ekstrom 2014).

347 We replicated the earlier finding of firing-rate coding of goal representations in  
348 human single-cell activity (Ekstrom et al., 2003) and provide novel evidence for MTL and  
349 medial prefrontal neuronal firing during navigational planning (Figure 1E). Consistent  
350 with its role in viewpoint-dependent scene processing (Epstein et al., 2003), we found  
351 neurons in parahippocampal gyrus that were modulated during navigational arrival. In  
352 our analysis of goal modulation, we identified a similar number of neurons that were  
353 rate-modulated (n=53) or spike-LFP phase modulated (n=63) and these were largely  
354 non-overlapping neuronal populations. Phase-coding also appeared to be modulated by  
355 current task demands such that it appeared during either navigational planning or goal  
356 arrival. Because different groups of cells show rate versus phase coding for goals, it  
357 indicates that these phenomena are partially distinct (Huxter et al., 2003) and that phase  
358 coding is not an epiphenomenon.

359 Our analyses benefited from employing the MODAL algorithm, which combines  
360 features of earlier algorithms (Whitten et al., 2011; Lega et al., 2012; Cohen 2014) to  
361 identify oscillatory bands in a manner that is customized for each recording site.  
362 MODAL is an improvement on these methods because it adaptively identifies oscillatory  
363 band(s) without introducing experimenter bias regarding bands of interest, excludes  
364 periods when phase is noisy because oscillations are absent, and provides exactly one  
365 estimate of power, phase, and frequency per band and signal sample. We focused on  
366 low-frequency oscillations in this study due to the nature of our task, but it should be  
367 understood that MODAL allows one to investigate oscillatory effects such as phase-  
368 coding at higher frequency bands such as beta or gamma (Siegel et al., 2009; Colgin et  
369 al., 2016). Prior work has argued that the unstable shifts in gamma frequency limit their  
370 utility in phase coding (Xing et al., 2012). This is likely distinct from phase coding at slow  
371 frequencies in which both modeling (Cohen, 2014) and empirical studies (Hutcheon and  
372 Yarom, 2000; Giocomo et al., 2007) support the idea that neurons may respond  
373 maximally to inputs at particular frequencies, likely manifesting as the aggregated LFP  
374 signal (Buzsaki et al., 2012).

375 Our findings provide the first evidence of phase coding during human navigation  
376 and provide a theoretically important link to other model systems where phase coding is  
377 present (Siegel et al., 2009; Kayser et al., 2009; Ng et al., 2013), such as phase-  
378 precession (O'Keefe and Recce, 1993; Terada et al., 2017). However, we found  
379 prominent phase-locking and phase-coding to slower frequency oscillations below 5 Hz,  
380 suggesting that phase coding exists beyond the canonical 8-Hz theta signal seen in rats.  
381 These findings thus lend further credence to findings indicating that (virtual) navigation-  
382 related theta occurs at a slower frequency in humans (Watrous et al., 2013; Jacobs,  
383 2014; Bohbot et al., 2017) and demonstrates that these oscillations play a functional role  
384 in modulating neuronal spiking.

385 Epilepsy is marked by slowing of neural oscillations which might be considered a  
386 confound in the present study. However, numerous previous studies have identified ~3  
387 Hz oscillations in the human MTL (Mormann et al., 2008; Watrous et al., 2011; Lega et  
388 al., 2012; Bush et al., 2017), some of which have removed electrodes from the seizure  
389 onset zone or have analyzed intracranial recordings from non-epileptic patients (Brazier  
390 et al., 1968). We thus conclude that the present results would generalize to healthy  
391 populations.

392 These results align with work implicating the human MTL in spatial contextual  
393 representation (Ranganath & Ritchey, 2012) of navigational goals (Ekstrom et al., 2003;  
394 Watrous et al., 2011; Brown et al., 2016). Our results provide further evidence that the  
395 timing of MTL activity is critical for behavior (Reber et al., 2017; Rey et al., 2014). We  
396 speculate that the goal coding observed in this study reflects flexible coding of spatial  
397 contextual information in the service of ongoing behavior (Warren et al., 2011; Yee et al.,

398 2014). Consistent with this interpretation, we observed cells that were phase coding  
399 either during navigational planning or goal arrival. Combined with previous human  
400 studies (Kraskov et al., 2007; Lopour et al., 2013; Watrous et al., 2015b; ten Oever &  
401 Sack, 2015), our work indicates that both firing rate and the precise timing of activity  
402 relative to LFP phase are general coding mechanisms in the human MTL across  
403 behaviors and tasks, suggesting that other types of contextual information may also be  
404 encoded using LFP phase. Future studies can build off these findings to directly assess  
405 phase coding of other types of contextual information in humans, such as phase-  
406 precession to space or time.

## 407

## 408 Methods

### 409 Neural Recordings and behavioral task

410 We analyzed data from 12 patients with drug-resistant epilepsy undergoing  
411 seizure monitoring (surgeries performed by I.F.). The Medical Institutional Review Board  
412 at the University of California-Los Angeles approved this study. Patients were implanted  
413 with microwire depth electrodes (Fried et al., 1999) targeting the medial temporal lobe  
414 and medial frontal lobe sites (Figure 1-figure supplement 1, see Jacobs et al., 2010;  
415 Fried et al., 1999; Mukamel et al., 2010 for other example implantation images). Groups  
416 were formed for recordings in hippocampus, entorhinal cortex, parahippocampal gyrus,  
417 amygdala, orbitofrontal, (pre) motor, and cingulate/medial prefrontal cortex. (n=282, 176,  
418 68, 225, 200, 82, 137 neurons, respectively). Acronyms for these regions are Hipp, EC,  
419 PHG, Amy, OF, Motor, and mPFC, respectively. Subsets of these neurons were  
420 analyzed depending on the inclusion criteria for each specific analysis. For instance,  
421 only neurons with simultaneously recorded LFPs exhibiting 1-10 Hz oscillations were  
422 analyzed for phase locking and phase coding. Microwire signals were recorded at 28-32  
423 kHz and captured LFPs and action potentials, which were spike-sorted using *wave\_clus*  
424 (Quiroga et al., 2004). Signals were then downsampled to 2 kHz.

425 We examined data from a total of 31 recording sessions in which patients  
426 performed a continuous virtual-taxi driver game in a circular environment. Patients were  
427 instructed to drive passengers to one of 6 goal stores in the virtual environment. Upon  
428 arrival, they were given a new goal destination. The task was self-paced in order to  
429 accommodate patient testing needs and therefore patients performed at ceiling.  
430 Patients performed an average of 73 deliveries in each session (standard deviation = 11  
431 deliveries). To assess behavioral performance, we calculated the drive time for each  
432 delivery, defined as the amount of time to drive between goal stores. We binned each  
433 task session into quintiles and calculated a Kruskal-Wallis test across task sessions.  
434 The recordings and behavioral task have been detailed in prior publications that have  
435 characterized the spatial-tuning of neurons using firing rate alone (Jacobs et al., 2010;  
436 Miller et al., 2015). Here, our primary analyses focused on how contextual information  
437 about navigational goals may be encoded based on firing rates and spike-LFP  
438 interactions.

### 439

### 440 Detection and Rejection of Epileptogenic signals

441 We implemented an automated algorithm to detect and exclude epochs of signal  
442 likely resulting from epileptic activity following prior work (Gelinis et al., 2016). We first  
443 low-pass filtered (4th order Butterworth) the signal below 80 Hz to remove any spike-  
444 contamination at high frequencies. Epochs were marked for rejection if the envelope of  
445 the unfiltered signal was 4 standard deviations above the baseline or if the envelope of  
446 the 25-80Hz bandpass filtered signal (after rectification) was 4 standard deviations  
447 above the baseline. In some cases, we noted short “bad data” epochs lasting less than  
448 one second were not detected. We conservatively elected to exclude these epochs by

449 marking any “good data” epoch lasting less than one second as “bad”. Bad data epochs  
450 were excluded from all analyses.  
451

#### 452 *Multiple Oscillations Detection Algorithm (“MODAL”)*

453 Numerous factors contribute to the presence and characteristics of band-limited  
454 neural oscillations, broadly including neuroanatomy, behavioral state, and recording  
455 equipment (Buzsaki et al., 2012). We developed an algorithm to adaptively detect and  
456 characterize neural oscillations in bands exceeding the background 1/f spectrum  
457 motivated by rodent studies that exclude periods of low amplitude theta oscillations  
458 when assessing phase coding (Lenck-Santini & Holmes, 2008). To this end, we  
459 modified the “frequency sliding” algorithm (Cohen 2014), which provides the  
460 instantaneous phase and frequency of oscillations in a band, in two important ways.  
461

462 First, rather than calculating frequency sliding in *a priori* bands, we defined bands  
463 for subsequent analysis on each electrode as those frequencies exceeding the  
464 background 1/f spectrum. We calculated power values in .5Hz steps from 1 to 50 Hz  
465 using 6 cycle Morlet wavelet convolution. We then created a power spectrum by  
466 averaging values over time (and excluding bad data epochs), and fit a line to this  
467 spectrum in log-log space using *robustfit* in Matlab. Similar approaches have been used  
468 previously (Lega et al., 2012; Podvalny et al., 2015). Frequency band edges were  
469 defined as the lowest and highest frequencies in a contiguous set of frequencies that  
470 had values exceeding this fit; several bands could be detected on each electrode. We  
471 then calculated the instantaneous frequency and phase in each detected band using the  
472 “frequency sliding” algorithm (Cohen 2014).

473 Second, frequency sliding provides a frequency and phase estimate at every  
474 moment in time, regardless of the presence or absence of an oscillation. We ensured  
475 that phase & frequency estimates were only obtained during time periods where there  
476 was increased power in the band of interest. We recomputed the power spectrum in 10  
477 second, non-overlapping windows and recomputed the fit line as described above. We  
478 excluded phase and frequency estimates at time points 1) in which the power was below  
479 the fit line or, 2) were during bad data epochs. Finally, we also excluded noisy  
480 frequency estimates outside of the band, which can occur based on “phase slips”  
481 (Cohen 2014). MODAL was implemented in Matlab using custom code that is available  
482 on Github (<https://github.com/andrew-j-watrous/MODAL>).  
483

### 483 **Statistical Analyses**

484 To assess how neuronal activity may vary during navigational planning and goal  
485 arrival, we split each delivery in half and operationalized the first half of each delivery as  
486 the planning period and the second half of each delivery as the arrival period. This  
487 approach has the advantage of creating equally sized temporal windows for analysis but  
488 does not allow us to draw firm conclusions regarding the precise temporal dynamics of  
489 navigational planning or goal arrival. We analyzed neural firing rate using a two-way  
490 ANOVA with factors of navigational goal and task period. Cells which exhibited main  
491 effects of goal or task period (defined as  $p < .05$  uncorrected) were considered significant.  
492

493 We used Rayleigh tests to identify phase-locked neural firing, extracting the  
494 phase of the LFP during each spike in each detected frequency band. All analyses were  
495 done considering each band separately and statistical thresholding was set at  $p < .005$  for  
496 each cell. This was chosen to be stricter than  $p < .05$  Bonferroni-correction across the  
497 number of bands detected in the 1-10Hz range. To control for the possibility that non-  
498 sinusoidal oscillations led to spurious phase-locking, we tested if the distribution of spike  
499 phases was different from the distribution of all phases on the LFP. 96% of phase-  
locked cells had a significantly different phase-preference to that of the entire LFP

500 (p<.05; Watson Williams test), suggesting that phase-locked activity was not a byproduct  
501 of non-sinusoidal oscillations.  
502

503 **Assessment of phase coding using cross-validated decoding**

504 We used a decoding-based approach to identify phase coding, employing a  
505 linear decoder with fivefold cross-validation to predict the behavioral goal from the phase  
506 of the LFP during neural spiking. In each band detected by MODAL, we first computed  
507 the sine and cosine of the phase values before classification following previous work  
508 (Lopour et al., 2013; Watrous et al., 2015b). Chance performance varies across cells  
509 because we classified goal information associated with the LFP phase for each spike  
510 and the distribution of spikes across goals varied between cells. Similarly, circular  
511 statistics can be influenced by small sample sizes. We accounted for these issues using  
512 a permutation procedure, re-running our classification 500 times per cell using shuffled  
513 goal information (*circshift* in Matlab to maintain the temporal structure of the session) to  
514 get a surrogate distribution of classification accuracies per cell. We then obtained a p-  
515 value for classification by ranking our observed classification accuracy to the surrogate  
516 distribution; p-values less than .05 were considered significant. We additionally ruled out  
517 the possibility that our phase-decoding approach was biased to observe effects in more  
518 narrow oscillatory bands, finding no correlation between phase-decoding classifier  
519 accuracy and oscillatory bandwidth ( $\rho = -.008$ ,  $p = .85$ ; see also Supplemental  
520 Materials).

521 We then used the above decoding approach considering spikes in only the first  
522 half (planning) or second half (arrival) of each delivery to assess how phase coding  
523 varies by behavior. Each cell was categorized as phase coding during planning (p<.05  
524 with decoding approach), arrival (p<.05), or both.

525  
526  
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## 798 Supplemental Material

799

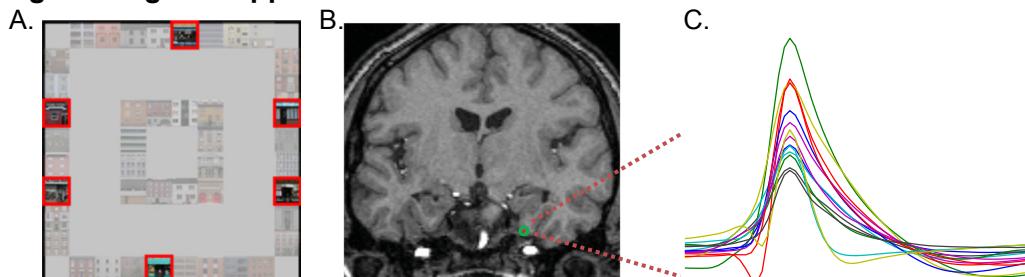
### 800 Control Analyses

801 We assessed signal to noise ratio in two ways to see if it may contribute to or  
802 confound our results. First, we correlated the phase-decoding classification in accuracy  
803 in each band with the proportion of time oscillations were detected over the whole  
804 session. We did not observe a relation between the prevalence of oscillations and phase  
805 decoding ( $\rho = -0.0049$ ,  $p = .9$ ). Second, we performed an analysis testing whether  
806 phase-coding, measured by classification accuracy of our decoder, was related to the  
807 oscillatory bandwidth. We did not observe any relationship between the two measures  
808 ( $\rho = -.008$ ,  $p = .85$ ), indicating that phase coding in the range we are considering (<10  
809 Hz) is unrelated to bands with wider (possibly less stable) frequencies.

810 To determine how the present single-neuron results relate to our previous work  
811 (Watrous et al., 2015b), we tested whether high frequency activity (HFA; 65-120 Hz) was  
812 correlated with single-neuron spiking. Excluding bad epochs and analyzing the entire  
813 recording session for each LFP with an associated single-neuron recording, we  
814 correlated z-scored HFA with a smoothed firing rate vector (500 ms kernel). We  
815 identified significant (shuffle-corrected  $p < .01$ ) positive correlations between HFA and  
816 single-neuron activity in 544/1311 (41%) of neurons. In contrast, negative correlations  
817 were only identified in 14 neurons. Together with other work (Manning et 2009; Miller et  
818 al. 2010) these results corroborate the link between human single neuron firing and high-  
819 frequency activity but also suggest it HFA is an imperfect proxy for single-neuron firing in  
820 humans.

821

### 822 Figure 1-figure supplement 1



823

824 A) Overhead view of the virtual environment. Goal stores are outlined in red. B)  
825 Microelectrode bundle from the right entorhinal cortex of patient #2. C) Example spike  
826 waveforms for neurons isolated from the bundle shown in B.

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841 **Figure 2-figure supplement 1**

842 **Caption**

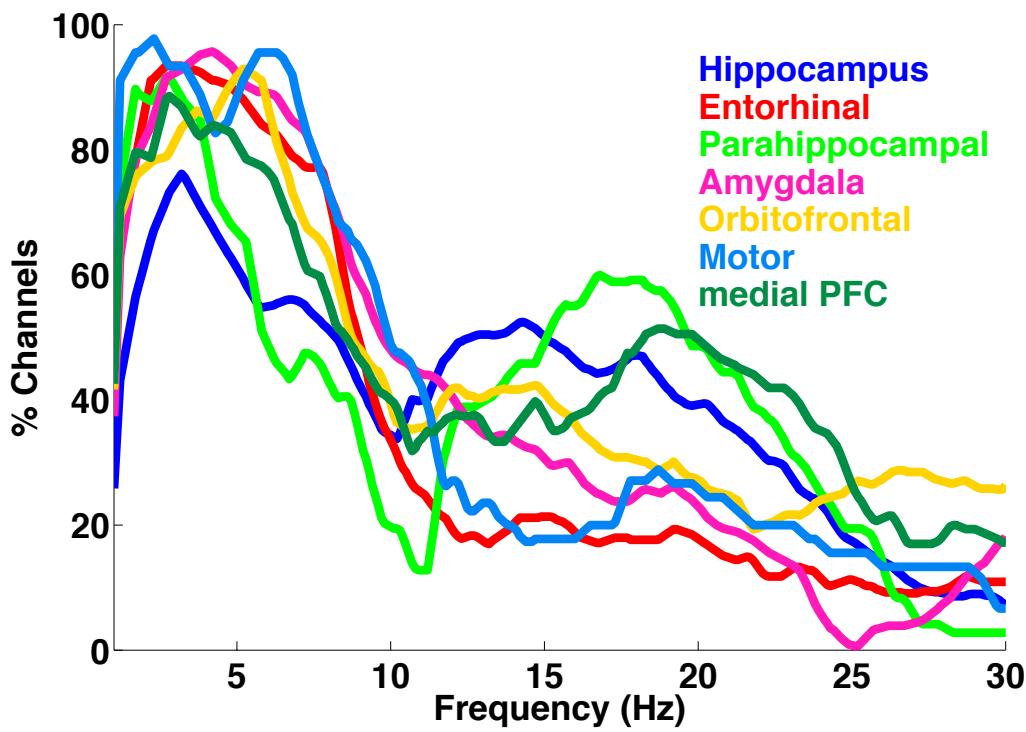
843 Proportion of channels with oscillations detected using MODAL in each brain region

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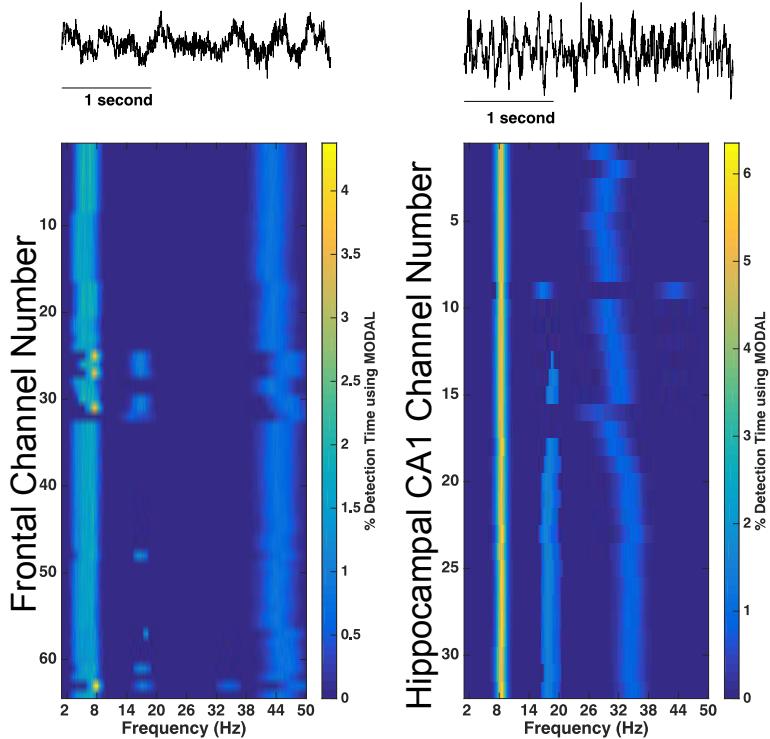
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871 **Figure 2- figure supplement 2**  
872 **Analysis of rodent CA1 and medial prefrontal cortex LFPs using MODAL**

A. Raw data from Frontal Channel #25      B. Raw data from CA1 Channel #1



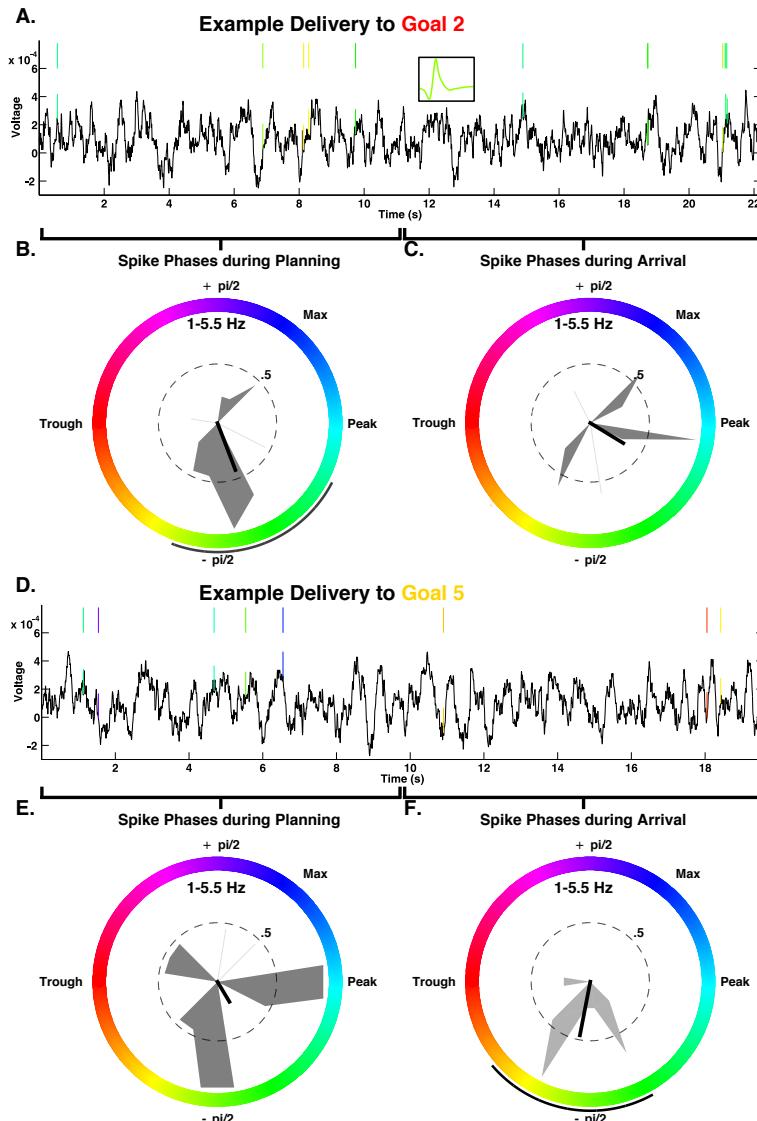
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875 **Caption** Analysis of rodent medial prefrontal cortex (A) and hippocampal CA1 (B)  
876 recordings using MODAL. Data provided by Fujisawa and taken from [crcns.org](http://crcns.org) (PFC-2  
877 dataset). The first five minutes of recordings from one rat (EE) were analyzed. Upper  
878 panels show example raw traces.

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### Figure 4-figure supplement 1

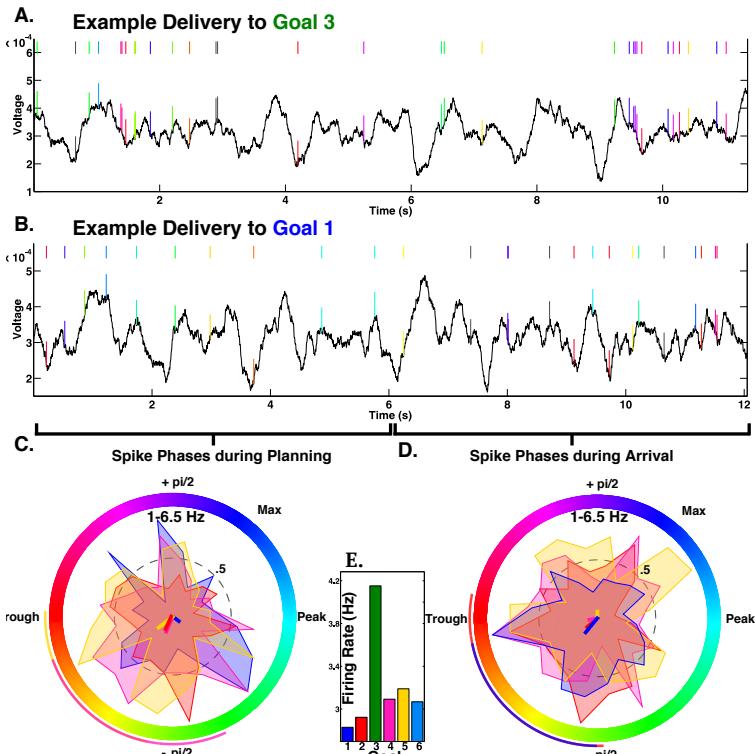


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**Caption A-F)** Example of a phase coding neuron from the right hippocampus of Patient 1. This neuron showed significant decoding using spike phases (shuffle corrected  $p=.002$ ) and no firing rate effects (all  $p>.5$  using two-way ANOVA with goal and task period). Phase coding was more robust during goal arrival than during planning ( $p<.002$  and  $p=.08$ , respectively) and is evident when comparing panel C and F. A) LFP traces and spiking for a single delivery to goal 2, demonstrating consistent spiking near the ascending peak of the low-frequency oscillation (MODAL band detected 1-5 Hz oscillations). Inset in A shows the spike waveform of the neuron. Colored tick marks indicate spikes during oscillations using MODAL and are color-coded by instantaneous phase (color scheme seen in S4B). B-C) Normalized spike phase histograms for goal store 2 deliveries across all deliveries during planning periods (B) and arrival periods (C). Black lines in center indicate resultant vector length and black arc outside of circle indicates circular 95<sup>th</sup> percentile confidence intervals. Absence of this black arc indicates

912 lack of significant phase locking for the distribution (Rayleigh  $p>.05$ ). D-F) Similar to A-C  
913 but for a delivery to goal 5. Spike phases occur near the trough of the oscillation upon  
914 arrival at the goal.

915 **Figure 4-figure supplement 2**



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917 **Caption** A-D) Example rate and phase-coding neuron from the left hippocampus of  
918 patient 11. This neuron showed significant rate coding for goal 3 (panel E) and phase-  
919 coding during arrival at goal 1 ( $p=.028$ , panel D). A) LFP traces and spiking for a single  
920 delivery to goal 3, demonstrating spiking at random phases of the low-frequency  
921 oscillation (MODAL band detected 1-6.5 Hz oscillations). Colored tick marks indicate  
922 spikes during oscillations using MODAL and are color-coded by instantaneous phase  
923 (color scheme seen in 4C). Grey ticks indicate spikes during non-oscillatory periods. C-  
924 D) Normalized spike phase histograms for each goal that demonstrated phase-locking  
925 during planning periods (C) and arrival periods (D). Colored lines in center indicate  
926 resultant vector length and arcs outside of circle indicates circular 95<sup>th</sup> percentile  
927 confidence intervals. Absence of this arc (e.g. for goal 3) indicates lack of significant  
928 phase locking for the distribution (Rayleigh  $p>.05$ ). E) Firing rate for each goal,  
929 demonstrating that this neuron showed elevated firing for goal 3 deliveries ( $p<.009$ ).