

1 **Increasing triacylglycerol formation and lipid storage by unsaturated lipids protects renal  
2 proximal tubules in diabetes**

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25 **Running title:**

26 Lipotoxicity in the kidney

27

28

29 **Abstract**

30 In diabetic patients, dyslipidemia frequently contributes to organ damage such as diabetic kidney  
31 disease (DKD). DKD is associated with excessive renal deposition of triacylglycerol (TAG) in  
32 lipid droplets (LD). Yet, it is unclear whether LDs play a protective or damaging role and how this  
33 might be influenced by dietary patterns. By using a diabetes mouse model, we find here that  
34 high fat diet enriched in the unsaturated oleic acid (OA) caused more lipid storage in LDs in  
35 renal proximal tubular cells (PTC) but less tubular damage than a corresponding butter diet with  
36 the saturated palmitic acid (PA). Mechanistically, we identify endoplasmic reticulum (ER) stress  
37 as the main cause of PA-induced PTC injury. ER stress is caused by elevated cellular levels of  
38 saturated TAG precursors and to higher membrane order in the ER. The resulting cell death is  
39 preceded by a transcriptional rewiring of phospholipid metabolism. Simultaneous addition of OA  
40 rescues the cytotoxic effects by normalizing membrane order and by increasing the total TAG  
41 amount. The latter also stimulates the formation of LDs that in turn can release unsaturated  
42 lipids upon demand by lipolysis. Our study thus clarifies mechanisms underlying PA-induced cell  
43 stress in PTCs and emphasizes the importance of olive oil for the prevention of DKD.

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45

46 **Introduction**

47 Diabetic kidney disease (DKD; or diabetic nephropathy) is the most common complication of  
48 diabetes mellitus defined as diabetes with albuminuria or an impaired glomerular filtration rate  
49 (GFR) or both. It is the leading cause of end-stage renal disease, necessitating dialysis or  
50 transplantation. Despite improved management of diabetes, the number of DKD patients  
51 continues to rise causing an enormous health and economic burden worldwide. Classical  
52 histopathological features of DKD are glomerular changes such as podocyte hypertrophy and  
53 loss, glomerular basement membrane thickening, mesangial expansion and Kimmelstiel-Wilson  
54 nodules (Oshima *et al*, 2021). Often overlooked are the tubulointerstitial alterations, including  
55 peritubular fibrosis, that contribute to or even drive DKD progression (Bonventre, 2012). The  
56 recent success of sodium-glucose co-transporter-2 (SGLT2) inhibitors highlights the proximal  
57 tubule cell (PTC) as an important target in DKD therapy (DeFronzo *et al*, 2021).

58 Constituting more than half of renal mass (Park *et al*, 2018), PTCs reabsorb most of the solutes  
59 and proteins filtered by the glomerulus (Chevalier, 2016). While solute transport is carried out by  
60 dedicated transporters using ion gradients established by the  $\text{Na}^+/\text{K}^+$ -ATPase, protein uptake  
61 occurs via an endocytic machinery with low cargo specificity and unusually high capacity. The  
62 energy for both tasks is almost exclusively provided by mitochondrial  $\beta$ -oxidation of fatty acids  
63 (Bobulescu, 2010; Kang *et al*, 2015). The fatty acids are taken up from the blood side or by  
64 albumin that is partially filtered by the glomerulus and delivers bound fatty acids from the luminal  
65 side to the PTCs. Accordingly, in mice fed with a high fat diet or in individuals with type 2  
66 diabetes, lipids accumulate predominantly in PTCs (Herman-Edelstein *et al*, 2014; Kang *et al*,  
67 2015; Rampanelli *et al*, 2018), indicating that these cells may be equipped with a high capacity  
68 to take up and store lipids. Lipid overabundance, however, can lead to „lipotoxicity“, which is a

69 main driver of kidney disease progression (Abbate *et al*, 2006; Bobulescu, 2010; Moorhead *et al*,  
70 1982). This is particularly true in diabetic kidney disease (DKD), where albuminuria combined  
71 with dyslipidemia leads to a tubular overload of albumin-bound fatty acids (Bonventre, 2012;  
72 Zeni *et al*, 2017).

73 Within cells, lipid overabundance leads to enhanced triacylglycerol (TAG) synthesis and lipid  
74 droplet (LD) formation. This process occurs at the endoplasmic reticulum, where three fatty  
75 acids are consecutively added via esterification to the glycerol backbone beginning with *sn*-  
76 glycerol-3-phosphate. Once enough TAGs (and cholesterol esters) have been deposited  
77 between the ER lipid bilayer leaflets, LDs bud into the cytoplasm enwrapped by a phospholipid  
78 monolayer (Wilfling *et al*, 2014). In adipocytes, which are specialized in lipid storage, this is a  
79 physiological process. In other cell types, excessive LD formation is often a sign of impaired  
80 cellular homeostasis. A well-known example is hepatic steatosis that is featured by increased  
81 lipid storage in LDs of hepatocytes and often progresses towards liver fibrosis (Seebacher *et al*,  
82 2020). Also in type 2 diabetes, lipid accumulation is a common feature in many organs  
83 contributing to insulin resistance. However, as free fatty acids (in particular, saturated ones) can  
84 activate pro-inflammatory pathways (Shi *et al*, 2006) or generate reactive oxygen species (ROS)  
85 upon excessive mitochondrial  $\beta$ -oxidation, storing fatty acids in LDs could also prevent damage.  
86 Accordingly, it has been shown in neural stem cells that LDs can sequester polyunsaturated acyl  
87 chains, protecting them from the oxidative chain reactions that generate toxic peroxidated  
88 species and ferroptosis (Bailey *et al*, 2015; Dierge *et al*, 2021). Therefore, LDs can be damaging  
89 or protective depending on the tissue context.

90 In this study, we treated hyperglycemic mice with two different high fat diets, one enriched in  
91 butter (containing high amounts of palmitic acid (PA)) and one enriched in olive oil (containing  
92 high amounts of oleic acid (OA)). While the butter diet caused more renal fibrosis than the olive  
93 oil, less lipid accumulation was observed in the renal proximal tubules. By combining lipidomic,  
94 transcriptomic and functional studies, we find that PA induced rapid cytotoxicity by increasing  
95 the relative proportion of di-saturated TAG precursors in cellular membranes. This leads to ER  
96 stress which can be fully suppressed by co-incubating with OA. This protective effect is tightly  
97 connected with the formation of unsaturated phospholipids and the formation of LD that serve as  
98 a lipid reservoir to protect against lipid bilayer stress in the ER.

99

## 100 **Results**

101

### 102 **A high fat diet enriched in saturated fatty acids causes tubular LD accumulation and** 103 **kidney damage in diabetic mice**

104 We wanted to study the effect of overloading PTCs with saturated and unsaturated fatty acids  
105 for DKD progression in mice. For this, we combined a low-dose streptozotocin (STZ) regimen,  
106 which destroys  $\beta$ -pancreatic islets and produces insulin deficiency, with two types of high fat diet  
107 (HFD) enriched in saturated fatty acids (SFA) and monounsaturated fatty acids (MUFA). Both  
108 HFDs contained 20 kcal% of protein, 35 kcal% of carbohydrates and 45 kcal% of fat, whereas

109 the control diet contained 24 kcal% of protein, 58kcal% of carbohydrates and 18 kcal% of fat.  
110 The source of fat was butter for the SFA-HFD, olive oil for the MUFA-HFD and the standard  
111 soybean oil for the control diet (see also Table S1). The different diets were started at 7 weeks  
112 of age, and mice were followed for 20 weeks in four groups: while mice on control diet, SFA-  
113 HFD and MUFA-HFD received five consecutive daily injections of STZ (50 mg/kg) at 11 weeks  
114 of age, one group of mice on control diet was injected with the vehicle. Non-fasting  
115 hyperglycemia became apparent 4 weeks after STZ injection (Fig S1A). In addition, STZ-  
116 injected mice presented polyphagia and polydipsia as a sign of increased glycosuria (Fig S1B-C  
117 and Table S2). In addition, they showed increased levels of albumin in the urine (Table S2).  
118 All three STZ-injected groups showed impaired weight gain over the entire experiment  
119 compared to vehicle-injected mice. Among the STZ-injected groups, no differences in body  
120 weight were observed except for the last two weeks when the mice fed a control diet decreased  
121 weight (Fig 1A). All STZ-injected mice had an extreme loss of epididymal white adipose tissue  
122 (eWAT), with some mice losing all their eWAT (Fig 1B). Concomitantly, plasma TAGs levels  
123 were increased in diabetic mice fed with MUFA-HFD and SFA-HFD (Fig 1C). Liver weight was  
124 only increased in mice fed with the two HFDs while all diabetic groups showed increased kidney  
125 weight (Fig 1B). We used periodic acid-Schiff (PAS) and Oil Red O (ORO) staining to determine  
126 whether the increase in kidney weight was due to ectopic fat deposition. Diabetic mice on both  
127 HFDs massively accumulated LDs in the kidney cortex. In the MUFA-HFD group, the percentage  
128 of kidney cortex stained with ORO was higher than in the SFA-HFD group. Individual LDs could  
129 be seen in tubules but not in glomeruli (Fig 1D-F and Fig S1D). Lipid accumulation was  
130 particularly evident in PTCs of the straight S2 or S3 segments but not of the convoluted S1  
131 segment (Fig 1E).  
132 To assess whether STZ and HFD treatments caused renal damage, we first studied circulating  
133 levels of the tubular damage marker LCN2. At 12 weeks after the STZ injection, LCN2 levels  
134 were higher in mice fed with SFA-HFD than in mice fed with MUFA-HFD (Fig 1H). To determine  
135 whether tubular damage resulted in fibrosis, we made use of Picro-Sirius Red staining to  
136 visualize collagen deposition. The staining revealed fibrotic areas in all diabetic mice groups but  
137 only in the mice fed SFA-HFD this increase reached statistical significance (Fig 1H-I). Moreover,  
138 when normalized to fat deposition, the increase in the fibrotic area became even more apparent  
139 in SFA-HFD kidneys compared to MUFA-HFD kidneys (Fig 1J). Increased mRNA levels of the  
140 profibrotic molecules *Ccl5* and *Fn1* in SFA-HFD kidneys supported the histological findings (Fig  
141 1K). Finally, we performed immunohistochemistry to detect changes in the expression of the  
142 tubular damage marker KIM1 (Mori *et al*, 2021). We found strong apical KIM1 expression in  
143 renal proximal tubules in some of the STZ and SFA-HFD mice while only moderate in MUFA-  
144 HFD kidneys (Fig S1E).  
145 Taken together, the STZ-induced diabetic mice recapitulated diabetic features, namely,  
146 hyperglycaemia, polyphagia, polydipsia, polyuria, glycosuria, albuminuria and lipodystrophy.  
147 While the MUFA-HFD diet favored the accumulation of LDs in the kidney, the overload with  
148 SFAs resulted in higher tubular damage and fibrosis.

149

## 150 **PA impairs cell viability in PTC culture models that can be rescued by OA**

151 To better understand the molecular mechanisms driving SFA-mediated renal damage as well as  
152 MUFA-mediated renoprotection, we used induced renal epithelial cells (iRECs), which are  
153 proximal-tubule like cells directly programmed from fibroblasts (Kaminski *et al*, 2016). First,  
154 iRECs were treated with increasing concentrations of fatty acid-free bovine serum albumin  
155 (BSA) to determine the toxicity of albumin itself. However, none of the concentrations of BSA  
156 induced any cytotoxicity as measured by the uptake of Cytotox<sup>©</sup> dye using the Incucyte Live-  
157 Cell analysis system (Fig 2A). Next, we treated cells with BSA conjugated to PA, OA and  
158 combinations of both. PA treatment induced cell death after 8 hours in a concentration-  
159 dependent manner, while OA treatment did not affect cell viability at all. This was true for both  
160 sub-confluent and confluent cells. Importantly, co-treatment with OA completely rescued the  
161 cytotoxic effects of PA. Even when only 0.25mM OA was co-incubated with 0.5mM PA cell  
162 viability was fully restored (Fig 2B-D). To compare the effects with other PT cell culture models,  
163 we performed the same cytotoxicity assays on murine primary PT cultures as well as OK cells.  
164 In both cell models, similar effects on cell viability were observed when exposed to different  
165 doses of albumin-fatty acids (Fig 2E,F). Thus, it can be concluded that PA treatment causes  
166 cytotoxic effects in PTCs that can be rescued by OA.

167

## 168 **PA-induced cell injury elicits a unique transcriptional response**

169 Next, we performed a comparative transcriptomic study on BSA-, BSA-PA-, BSA-OA- and BSA-  
170 PA/OA-treated iRECs using RNA sequencing. The differential expression analysis showed that  
171 the transcriptional response observed in BSA-PA and BSA-OA cells was much more  
172 pronounced than in BSA-PA/OA-treated cells (Fig 2G-I). As we were particularly interested in  
173 biological processes that were up- or downregulated by the addition of PA and reverted to  
174 normal levels when cells were co-incubated with OA, we clustered genes accordingly and  
175 applied gene ontology (GO) analysis. Cluster 1, that included genes upregulated by PA and  
176 normalized by OA co-treatment, proved to be strongly enriched in genes involved in oxidative  
177 stress, ER stress and autophagy (Fig 2J). Important lipid metabolism genes such as the  
178 mitochondrial fatty acid importer *Cpt1* and the fatty acid desaturases *Scd1* and *Scd2* also  
179 belonged to the top-regulated genes (Fig 2K). By contrast, cluster 4, featured by genes that  
180 were downregulated by PA and normalized by OA co-treatment, showed a clear enrichment of  
181 biological processes controlling cell proliferation (Fig 2L), confirming the observation that BSA-  
182 PA treatment slows down cell growth compared to the other three conditions (Fig S2A).

183 With the aim of identifying what transcription factors might be regulating these cellular  
184 responses, we mined our transcriptomic data using DoRothEA (Holland *et al*, 2020), a  
185 comprehensive resource containing a curated collection of transcription factors (TFs) and its  
186 transcriptional targets (see Materials and Methods). We obtained TFs whose predicted target  
187 genes associated with one or more of the five different conditions (PA vs. control, PA vs. PA/OA,

188 PA/OA vs. control, OA vs. control, OA vs. PA/OA). Interestingly, several of the identified TFs  
189 whose activities were upregulated by PA and downregulated by OA (Fig S2B) have known roles  
190 in lipid metabolism (e.g. HNF4A, SREBF1) and ER stress (e.g. ATF4, ATF6). By contrast,  
191 several TFs whose activities were regulated in the opposite way function in cell cycle control  
192 (e.g. E2F4, MYC, FOXM1). Thus, the TF analysis confirmed the initial transcriptome data  
193 analysis by highlighting upregulated ER stress and lipid metabolism and downregulated cell  
194 cycle progression as the main response to PA.

195

#### 196 **PA-induced ROS formation is blocked by OA cotreatment**

197 To functionally validate the transcriptional responses, we focused on the cellular processes  
198 upregulated by PA (cluster 1). To study the oxidative stress response, we used dihydroethidium  
199 (DHE) to measure the generation of ROS. Superoxide levels were increased by PA treatment in  
200 a dose-dependent manner. When OA was added together with PA, the DHE staining returned to  
201 basal levels (Fig S3A-B). Next, we wondered whether the protective effect of OA on ROS  
202 formation was due to changes in mitochondrial activity. Using tetramethylrhodamine ethyl ester  
203 (TMRE), which is an indicator of mitochondrial membrane polarization, PA was found to increase  
204 mitochondrial activity while OA reduced it. The combination of PA with OA returned  
205 mitochondrial activity to basal levels (Fig S3C,D). As  $\beta$ -oxidation requires the import of fatty  
206 acids into the mitochondria by CPT1, which was upregulated by PA and OA, we used the CPT1  
207 inhibitor etomoxir that was previously shown to decrease mitochondrial  $\beta$ -oxidation in iRECs  
208 (Marchesin *et al*, 2019). Etomoxir treatment increased the PA-induced cytotoxicity. However, OA  
209 was still protective in this condition (Fig S3E).

210 Together, these experiments showed that PA stimulates ROS generation and OA blocks it,  
211 validating the observed antioxidant response in the RNA-seq study. Since etomoxir boosted PA-  
212 induced cytotoxicity, increased mitochondrial fatty acid uptake and oxidation seems to be a  
213 beneficial response to PA overload. Yet, the protective effect of OA does not seem to involve  
214 these processes.

215

#### 216 **Albumin-PA triggers an ER stress response that can be rescued by OA**

217 Next, we examined the role of ER stress in response to the PA insult. ER stress can be  
218 activated by three different branches known as the IRE1, ATF6 and PERK branches (Walter &  
219 Ron, 2011). qPCR-based ER stress marker analysis of spliced *Xbp1* (*sXbp1*), *Hspa5* (also  
220 known as *Bip*), *Ddit3* (also known as *Chop*) mRNA showed that all three ER stress response  
221 pathways are activated by PA after 16h. Full suppression of ER stress activation was achieved  
222 by cotreatment with OA (Fig 3A). In order to study which of the ER stress branches contributed  
223 most to cytotoxicity, we co-treated BSA-PA iRECs with inhibitors of PERK (GSK2606414),  
224 IRE1a (4 $\mu$ 8C) and ATF6 (Ceapin-A7). Only the PERK inhibitor slightly reduced the cytotoxicity  
225 caused by PA, suggesting that the PERK-eif2a-ATF4 axis may contribute to the cell death  
226 process (Fig 3B).

227 As *Scd1* and *Scd2* were top-regulated genes in the BSA-PA condition, we also measured ER  
228 stress markers and cytotoxicity in iRECs treated with a low dose of PA plus the chemical SCD  
229 inhibitor CAY10566. The inhibitor exposed the ER stress responses and enhanced the  
230 cytotoxicity induced by low- dose PA indicating that fatty acid desaturation is critical for  
231 preventing PA-induced ER stress (Fig 3C-D). We also measured ER stress markers in cells  
232 treated jointly with PA and etomoxir. Importantly, etomoxir exacerbated the ER stress response  
233 induced by PA, suggesting that decreased mitochondrial  $\beta$ -oxidation might increase the burden  
234 of PA in the ER (Fig S4A).

235 To investigate whether the protective effect of OA is specific for PA-induced ER stress, we  
236 treated BSA-OA cells with the chemical ER stressors tunicamycin and thapsigargin that are  
237 known to induce protein misfolding. Here, OA treatment did not show any protective effect  
238 against the ER stress caused by tunicamycin and thapsigargin. On the contrary, there was even  
239 a slight increase in the ER stress response, suggesting that OA might limit the capacity of the  
240 ER to deal with misfolded proteins (Fig 3E).

241 Finally, as prolonged ER stress can lead to the translocation of misfolded proteins into the  
242 cytoplasm via the ERAD system (Lemberg & Strisovsky, 2021), we reasoned that the increased  
243 expression of components of the autophagic machinery, such as p62, might be part of a  
244 proteostatic response. To confirm the presence of enhanced autophagy, we performed  
245 immunocytochemistry against the autophagy markers LC3 and p62. PA treatment induced the  
246 formation of LC3 puncta as well as big laminar structures positive for p62, all of which were  
247 cleared by the addition of OA (Fig S4B).

248 Altogether, the data demonstrate that ER stress (and autophagy as a consequence thereof) can  
249 be induced by PA *in vitro* and *in vivo*. Importantly, we also show that the protective effect of OA  
250 involves suppression of ER stress.

251

## 252 **PA increases membrane order in the ER**

253 As previous studies have shown that ER stress can be induced by increased membrane order  
254 (Halbleib *et al*, 2017; Volmer *et al*, 2013), we next studied the effect of the fatty acid treatments  
255 on the ER membrane order. For this, we made use of C-Laurdan, an anisotropic dye that is able  
256 to visualize the degree of membrane order. After staining the cells, we segmented the  
257 perinuclear regions and quantified the generalized polarization (GP) values, which are indicative  
258 for membrane order. PA treatment decreased ER membrane fluidity (as evidenced by increased  
259 GP values) whereas OA increased it. The addition of OA to PA restored the GP values (Fig 4A-  
260 B) to normal levels. Thus, these results suggest that higher membrane order is associated with  
261 the PA-induced ER stress and that the mechanism by which OA suppresses ER stress involves  
262 restoring ER membrane order to homeostatic levels.

263

## 264 **PA impairs TAG synthesis and causes the accumulation of di-saturated TAG precursors 265 and lysophospholipids**

266 To identify the lipids that might mediate PA-induced changes in ER membrane order, iRECs  
267 treated with BSA, BSA-PA, BSA-OA and BSA-PA/OA were subjected to shotgun lipidomics and  
268 quantified. The results are represented schematically in Fig 5A-D. All four treatments did not  
269 differ much in the relative amount and degree of saturation of the major glycerophospholipid  
270 species (phosphatidylcholines, phosphatidylethanolamines, phosphatidylserines,  
271 phosphatidylglycerols and phosphatidylinositols). However, while OA treatment led to the strong  
272 formation of TAGs, PA-treated cells presented increased levels of precursors of TAGs synthesis,  
273 such as diacylglycerols, phosphatidic acid and lysophosphatidic acid. The addition of OA to PA  
274 enhanced the formation of TAGs, thereby reducing the accumulation of diacylglycerols,  
275 phosphatidic acid and lysophosphatidic acid. Moreover, PA treatment dramatically increased the  
276 saturation index of diacylglycerols, phosphatidic acid (Fig 5E-F) and lysophosphatidic acid, and,  
277 again, this was fully reverted by OA co-treatment. OA also decreased the concentration of free  
278 fatty acids, most likely as a consequence of the stimulated TAG synthesis (Fig 5G).  
279 We also observed a general increase in lysophospholipid levels (lysophosphatidylcholines,  
280 lysophosphatidylethanolamines, lysophosphatidylserines, etc.) by PA that was accompanied by  
281 the transcriptional down- and upregulation *Lpcat1* and *Lpcat3*, respectively (Table S3). As part  
282 of the Lands' cycle, LPCAT1 prefers palmitoyl-CoA (16:0-acyl-CoA) as an acyl donor to  
283 synthesize dipalmitoyl phosphatidylcholine, whereas LPCAT3 favors polyunsaturated FA-CoA  
284 as substrates (Wang & Tontonoz, 2019). The downregulation of LPCAT1 therefore likely reflects  
285 an attempt to dampen the production of oversaturated phosphatidylcholine species and, thereby,  
286 the lipid stress in the ER membrane. Interestingly, *Lpcat1* and *Lpcat3* are regulated in the  
287 reverse direction in OA-treated cells, demonstrating that a proper level of phosphatidylcholine  
288 unsaturation is critical for cell homeostasis (Table S3).  
289 By computing biweight midcorrelation (bicor) (Song *et al*, 2012) between TF activities and lipids  
290 abundances, we also identified TF activities that associated with the TAG precursors. We  
291 revealed twenty-two TFs either negatively correlating with monounsaturated phosphatidic acid  
292 and diacylglycerol or positively correlating with di-saturated phosphatidic acids and  
293 diacylglycerols, or both (Fig S5A) as well as twelve TFs associating positively with di-saturated  
294 and negatively with monounsaturated lysophosphatidylcholine, lysophosphatidylethanolamine  
295 and lysophosphatidylinositol. Both lists include SREBF2 and HNF4A that have established roles  
296 in regulating many enzymes important for lipid metabolism (Fig S5B) (Guan *et al*, 2011;  
297 Madison, 2016; Wang & Tontonoz, 2019; Yin *et al*, 2011).  
298 Altogether, our results support previous findings that, unlike MUFA, SFAs impair TAG  
299 production in cultured cells (Listenberger *et al*, 2003; Piccolis *et al*, 2019). The accumulation of  
300 lysophosphatidic acid, phosphatidic acid and diacylglycerol further highlights the incapability of  
301 DGAT1 and DGAT2 to synthesize TAGs when too many acyl chains are saturated. Moreover,  
302 changes in the transcriptome reflect cellular attempts to maintain a proper level of phospholipid  
303 unsaturation, most likely to protect against ER stress. Finally, our multi-omic approach identified  
304 TFs potentially sensing ER membrane order and driving adaptation mechanisms.  
305

306 **LD formation is stimulated by lipid unsaturation**

307 As increased TAG synthesis allows for deposition of lipids in LDs, we next studied whether or  
308 not TAG levels correlate with LDs in iRECs. For this, we incubated the cells with BODIPY, a  
309 neutral lipid staining dye. OA treatment (0,25mM) resulted in both higher number and higher size  
310 of LDs compared to PA (0,25mM). Combined treatment (PA 0,25mM + OA 0,125mM) resulted in  
311 LDs smaller in size compared to OA alone (Fig 6A-C). Accordingly, the SCD1 inhibition blocked  
312 the formation of LDs in PA-treated cells resulting in LD numbers and sizes comparable to the  
313 BSA group (Fig 6A,D-E), suggesting that this enzyme (possibly together with SCD2) is required  
314 for the conversion of PA into MUFAAs and subsequent LD formation. Moreover, performing a lipid  
315 trafficking study with the fatty acid analogue BODIPY-C12 showed that, when incubated only  
316 with BSA, the BODIPY-C12 dye was located in LDs but also in perinuclear membranes that co-  
317 localized with the ER marker calnexin. However, when incubated together with BSA-OA,  
318 BODIPY-C12 was strongly directed into LDs (Fig S6 A,B). In sum, MUFAAs either imported from  
319 extracellular media or produced intracellularly by desaturases enhance the formation of TAGs  
320 and, subsequently, ER-derived LDs.

321

322 **Lipid droplets protect from PA-induced cytotoxicity**

323 TAG formation is catalyzed by DGAT1 and DGAT2. To test their role in LD formation, we tested  
324 inhibitors of DGAT1 (T863) and DGAT2 (PF06424439) at different concentrations. We found  
325 that the combination of DGAT1 and DGAT2 inhibitors completely inhibited the formation of LDs  
326 (Fig S7A,B). Moreover, in iRECs treated with BSA or PA/OA, DGAT1/2 inhibitors caused only  
327 minimal changes in the relative amount and saturation of each lipid class (Fig 7A,C). By  
328 contrast, in iRECs treated with PA, the inhibitors caused major disturbances (Fig 7B). We  
329 observed a massive accumulation of oversaturated TAG precursors (lysophosphatidic acid,  
330 phosphatidic acid and diacylglycerols) as well as increased relative levels of saturated  
331 lysophospholipids. Especially remarkable is the increase of lysophosphatidylcholine, again  
332 reflecting the homeostatic response to prevent the production of oversaturated  
333 phosphatidylcholine species. A drastic decrease in cholesterol esters was also observed in all  
334 conditions treated with DGAT inhibitors, suggesting that TAG formation influences cholesterol  
335 esterification (Fig 7A-C).

336 Using the DGAT inhibitor combination, we could further show that PA-induced cytotoxicity was  
337 strongly exacerbated (Fig 7D). Accordingly, ROS and ER stress markers were increased upon  
338 DGAT inhibition (Fig 7E-F). Interestingly, the protective effect of OA concerning cytotoxicity and  
339 ER stress was unaltered in the presence of the DGAT inhibitors. With regard to ROS formation,  
340 the protective effect of OA was attenuated but did not reach statistical significance. Our results  
341 thus suggest that blocking LD formation through DGAT inhibition aggravates PA-induced cell  
342 death and ER stress because saturated TAG precursors accumulate in the ER membrane.

343 As LDs are dynamic organelles able to fine-tune the release of fatty acids in a lipolysis and re-  
344 esterification cycle (Chitruju *et al*, 2017), we hypothesized that MUFAAs that are already stored  
345 into LDs could be released and help to channel PA towards TAG synthesis. To test this

346 hypothesis, we pretreated the cells with OA 0.5mM with or without DGAT inhibitors and after  
347 washout, we challenged them with PA. Pretreatment with OA reduced PA-mediated cytotoxicity.  
348 When TAG synthesis was inhibited through DGAT inhibition, OA pretreatment did not show any  
349 effect on PA-induced cytotoxicity, suggesting that LDs rich in OA could protect from PA  
350 lipotoxicity (Fig 7G-H). To study the underlying mechanism, we used the ATGL inhibitor  
351 atglistatin to block the lipolytic release of fatty acids from LDs. Treatment with atglistatin in  
352 normal and starved conditions caused an increase in cell area occupied by LDs (Fig S7B,D). In  
353 order to test whether the release of fatty acids from LDs protects against PA-induced  
354 cytotoxicity, we pretreated cells with OA and exposed them to PA with and without the ATGL  
355 inhibitor. ATGL inhibition caused a significant increase in PA-induced cytotoxicity when  
356 compared to untreated cells (Fig 7I). Our results, therefore, suggest that LDs serve as a  
357 reservoir of MUFAAs that can be released via lipolysis to buffer an overload of SFAs. MUFAAs  
358 released from LDs could then facilitate the incorporation of SFAs into TAGs or decrease the  
359 packing density of ER membrane.

360

## 361 **Discussion**

362 Lipids and lipid metabolites accumulate in tubules from humans and animal models of DKD,  
363 suggesting that lipotoxicity contributes to DKD pathogenesis (Herman-Edelstein *et al.*, 2014;  
364 Kang *et al.*, 2015). However, so far only limited data is available on the importance of dietary  
365 patterns for the progression of DKD in humans. While one study showed no protective effect of a  
366 Mediterranean diet compared to a low-fat control diet with regard to the DKD incidence in type 2  
367 diabetics (Diaz-Lopez *et al.*, 2015), two studies demonstrated renoprotective effects with  
368 adherence to Dietary Approaches to Stop Hypertension (DASH) and Mediterranean diets in  
369 cohorts of diabetic women (Jayedi *et al.*, 2019; Yu *et al.*, 2012).

370 In our mouse model, in which STZ-induced hyperglycemia was combined with a high fat diet, we  
371 found a depletion of the white adipose tissue that was accompanied by a significant weight gain  
372 in liver and kidney. Accordingly, the circulating lipids were increased and, in the kidney, lipid  
373 deposition was found in the tubular cells of the cortex. This suggests that, in addition to  
374 increased dietary fat intake, lipolysis in white adipose tissue might have contributed to renal fat  
375 accumulation. Strikingly, lipid deposition was primarily observed in the straight S2/S3 PTC  
376 segments while omitting glomeruli, S1 PTC segments and distal tubules. This lipid pattern could  
377 be explained by differences in fat uptake between the different nephron segments. As cubilin  
378 activity is known to be restricted to the S1 segment (Christensen *et al.*, 2021; Ren *et al.*, 2020),  
379 suggesting that other uptake pathways may account for lipid uptake in S2/S3. For example, it  
380 was recently shown that the scavenger receptor KIM1 mediates apical albumin-PA uptake in  
381 PTCs to promote DKD (Mori *et al.*, 2021). What argues against this is that KIM1 was not  
382 upregulated by MUFA-HFD showing the strongest lipid accumulation. Another reason for the  
383 preferential lipid accumulation in S2/S3 could therefore be differences in lipid metabolism.  
384 Indeed, it is known that PTCs in the straight segments contain less mitochondria (Hall *et al.*,  
385 2009), possibly resulting in reduced consumption of lipid stores or LD buildup due to decreased

386  $\beta$ -oxidation. Also restricted expression of SCD1 to the straight S2/S3 segments could explain the  
387 lipid deposition pattern (Zhang *et al*, 2006). Upon cell entry, the intracellular fate and toxicity of  
388 the fatty acids clearly depended on the saturation of the acyl chain. While lipid storage in LDs  
389 was stronger in the MUFA-HFD treated mice than in SFA-HFD treated mice, tubular damage  
390 was reduced. This argues for a protective role of the MUFA diet in the tubules. However, as our  
391 mouse experiment was ended already 20 weeks after introducing the high fat diet, it would be  
392 interesting to study more long-term effects on renal function.

393 Using our cell culture model, we identified both mitochondrial and ER homeostasis as the main  
394 determinants of cell viability during PA-induced lipotoxic stress. The functional link between the  
395 two organelles was revealed by the finding that the inhibition of mitochondrial fatty acid uptake  
396 by etomoxir worsened ER stress and cytotoxicity induced by PA. When free SFAs cannot be  
397 oxidized in mitochondria they are incorporated into TAG precursors and lysophospholipids  
398 causing ER lipid bilayer stress. This could be suppressed by the addition of OA that promotes  
399 TAG and LD formation, which is also reflected by a reduction of free fatty acids by OA.

400 Due to the high degree of unsaturated lipids, the ER membrane is normally one of the most fluid  
401 membranes in the cell (Barelli & Antonny, 2016). Using Laurdan imaging, the ER membrane  
402 showed higher packing density upon PA treatment, most likely due to the accumulation of di-  
403 saturated TAG precursors, in particular diacylglycerols. This is in agreement with previous  
404 findings that di-saturated diacylglycerols are a poor substrate for DGAT activity and that the  
405 inhibition of GPAT enzymes that catalyze the first addition of fatty acids to the glycerol backbone  
406 is a promising approach for preventing lipotoxic cell injury (Piccolis *et al.*, 2019). For diabetic  
407 kidneys, this might be particularly important as diacylglycerols have been implicated in insulin  
408 resistance due to their role in activating protein kinase C (PKC) isoforms (Lyu *et al*, 2020). How  
409 di-saturated diacylglycerols cause ER stress is not fully understood, but studies have shown that  
410 this likely involves PERK and IRE1-induced sensing of membrane lipid saturation (Halbleib *et*  
411 *al.*, 2017; Volmer *et al.*, 2013). Additionally, the altered ER membrane environment may lead to  
412 the misfolding of transmembrane proteins and subsequent induction of the unfolded protein  
413 response (UPR). Finally, the impairment of LD formation by PA may lower the capacity to buffer  
414 the lipotoxic stress in the ER.

415 Another PA effect we observed was the upregulation of the autophagic machinery possibly due  
416 to the appearance of protein aggregates caused by perturbations in the ER membrane. The  
417 activation of the autophagy machinery reflects the need to clear these misfolded protein  
418 aggregates. However, as the formation of the highly curved phagophore in the ER may be  
419 impaired by a high degree of phospholipid saturation (Kohler *et al*, 2009), it remains to be  
420 determined whether or not autophagy is successful at removing misfolded proteins or other  
421 cargoes. In particular, the accumulation of p62 suggests that this might not be the case. The  
422 induction of autophagy coupled with impaired execution might therefore be a vicious circle  
423 leading to additional ER stress.

424 The main finding of our study is that all observed PA-induced cytotoxic effects could be  
425 suppressed by adding OA. OA increased DGAT-mediated TAG which in turn facilitated LD

426 formation. It is interesting that the inhibition of LD formation via the blocking of DGAT activity  
427 was dispensable for OA-mediated rescue effects in PA-induced stress. Only when cells were  
428 pre-treated with OA, then OA-mediated rescue effects were DGAT-dependent, suggesting that  
429 the preexistence of LDs is relevant for these rescue effects and/or that the beneficial effects of  
430 LD formation lag behind those associated with the formation of unsaturated phospholipids. As  
431 we also show that ATGL-mediated lipolysis is required for the OA rescue effect, our  
432 interpretation is that LDs can function as a reservoir for unsaturated lipids that can be released  
433 upon demand, for example when the ER membrane desaturation is increased. How this  
434 crosstalk between the ER and LDs could be regulated is an interesting question and should be  
435 subject of further studies.

436 In summary, we have undertaken a comprehensive analysis of PTC responses to lipotoxic  
437 stress. We find that the straight S2/S3 PTC segments are the primary site of fat deposition and  
438 that the damaging effects of renal fat deposition depend on the saturation of lipids. Our findings  
439 clearly point towards ER membrane saturation as a key determinant of cell viability that is  
440 regulated by LDs as a reservoir for MUFAs. Moreover, we identify transcriptional networks  
441 activated during PA-induced stress that can be used as a resource for a systems-level  
442 understanding of lipotoxic stress. As dietary effects on DKD progression are so far understudied  
443 in humans, our findings may provide new rationales for the prevention and management of DKD.

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466 **Materials and Methods**

467 **Animal experimentation and diets**

468 All of the experimental protocols were performed with the approval of the animal  
469 experimentation ethics committee of the University Paris Descartes (CEEA 34), projects  
470 registered as 17-058 and 20-022. Mice were kept in a temperature-controlled room ( $22\pm1^{\circ}\text{C}$ ) on  
471 a 12/12 h light/dark cycle and were provided free access to commercial rodent chow and tap  
472 water prior to the experiments. The Monounsaturated Fatty Acid-High Fat Diet (MUFA-HFD) and  
473 Saturated Fatty Acid-High Fat Diet (SFA-HFD) were obtained from Research Diets. The HFDs  
474 (Research Diets, #D20072102 and #D20072103) had the following composition (in percentage  
475 of calories): 20% protein, 35% carbohydrates and 45% fat. The control diet (ENVIGO, #2018)  
476 composition was 24% protein, 58% carbohydrates and 18% fat. MUFA-HFD fat source was  
477 Olive Oil (95,1%) plus Soybean Oil (4,90%) and SFA-HFD fat source was Butter (95,1%) plus  
478 Soybean Oil (4,90%). HFDs were supplemented with Soybean oil to cover the essential need for  
479 polyunsaturated fatty acids (PUFAs). The detailed composition is shown in Table S1.

480 C57BL/6NCrl male 7-week-old mice were put on a control diet, MUFA-HFD or SFA-HFD with  
481 free access to food and water. At 11 weeks old, insulin deficiency was induced by intraperitoneal  
482 administration of streptozotocin (50 mg/kg per day for 5 consecutive days). Mice were fasted for  
483 6h before streptozotocin (STZ) injections. STZ (Sigma-Aldrich, #S0130) was freshly prepared in  
484 50 mM sodium citrate buffer pH 4.5 before administration. Control mice were injected with  
485 sodium citrate buffer. Blood samples were taken from the mandibular vein before STZ injections  
486 and every 4 weeks. Spot urine was collected at 10 and 14 weeks after STZ injection. Metabolic  
487 cages were avoided because they could have produced body weight loss and compromised the  
488 experiment. Food and water intake were measured per cage and values were divided by the  
489 number of mice in each cage.

490 The animals were sacrificed by cervical dislocation 16 weeks after STZ treatment. Blood was  
491 taken by intracardiac puncture and organs were perfused from the heart with PBS. The tissues  
492 (kidney, liver, heart, eWAT) were extracted, weighed and processed for histology and molecular  
493 analysis.

494

495 **Plasma and urine parameters**

496 Urinary albumin and creatinine were determined by mouse albumin ELISA quantification kit  
497 (Bethyl Laboratories, #E99-134) and a home assay based on the Creatinine Parameter Assay  
498 Kit, (R&D Systems, #KGE005). Urine glucose levels were measured with a COBAS(r) 2000  
499 analyzer (Roche). Blood glucose levels were measured using an "On Call GK dual" glucometer  
500 (Robe Medical, #GLU114). Blood levels of TAGs were measured by a colorimetric assay using  
501 the Triglyceride determination kit (Sigma-Aldrich, #MAK266). LCN2 plasma levels were  
502 determined by ELISA (R&D Systems, #AF1857-SP).

503 **Renal histopathology**

504 Picro-Sirius Red, and Periodic Acid-Schiff (PAS) stainings were performed on paraffin-  
505 embedded sections. Oil Red O staining was performed on OCT frozen sections. Images were  
506 acquired in a slide scanner Nanozoomer HT2.0 C9600 (Hamatsu). Picro-Sirius Red images  
507 were analysed using Image J. Images were converted into RGB stack and the green channel  
508 was selected. The cortex region was segmented and the threshold was manually adjusted to  
509 determine the percentage of fibrotic area. Oil Red O staining was quantified using the pixel  
510 classification tool from QuPath.

511

512 **Cell culture**

513 All cell lines were maintained at 37°C and 5% CO<sub>2</sub>. iRECS were cultured on 0.1% gelatin-coated  
514 flasks in Dulbecco's modified Eagle's medium (DMEM) (Lonza, #BE12-604F/U1) supplemented  
515 with penicillin/streptomycin (Sigma-Aldrich, #P4333), L-glutamine (Thermo Fisher Scientific,  
516 #25030024) and 10% (v/v) fetal bovine serum (FBS) (Thermo Fisher Scientific, #10270106). HK-  
517 2 cells were cultured in Renal Epithelial Cell Growth Medium (PromoCell, #C-26030)  
518 supplemented with SupplementMix (Promocell, #C-39606) for a final concentration of fetal calf  
519 serum 0,5% (v/v), FBS 1,5% (v/v), epidermal growth factor (10ng/mL), human recombinant  
520 insulin 5µg/mL, epinephrine 0,5 µg/mL, hydrocortisone 36 ng/mL, human recombinant transferrin  
521 5g/mL, triiodo-L-thyronine 4 pg/mL. Primary mouse proximal tubule epithelial cells were isolated  
522 from mouse renal cortices as previously described (Legouis *et al*, 2015) and were cultured in  
523 Basal Medium 2 phenol red-free (PromoCell, #C-22216) supplemented in the same way as HK-  
524 2 cells. OK cells were cultured in DMEM/F12 (Thermo Fisher Scientific, #21331020)  
525 supplemented with penicillin/streptomycin, glutamine and 10% (v/v) fetal bovine serum (FBS).

526

527 **BSA-fatty acid conjugation**

528 Fatty acid free-BSA (Sigma-Aldrich, #A8806) was added to complete medium to a final  
529 concentration of 1% (w/v), palmitic acid (Sigma-Aldrich, #P0500), oleic acid (Sigma-Aldrich  
530 #O1008) or a combination of both were added to the medium and incubated at 37°C for 30  
531 minutes.

532

533 **Pharmacological treatments**

534 TAG formation was inhibited using the DGAT1 inhibitor T863 (MedChemExpress, #HY-32219)  
535 and the DGAT2 inhibitor PF 06424439 (Bio-Techne, #6348/5). Import of fatty acids into  
536 mitochondria was blocked by CPT1 inhibitor etomoxir (Calbiochem, #236020). Desaturation of  
537 fatty acids was inhibited by the SCD1 inhibitor CAY10566 (MedChemExpress, #HY-15823-  
538 1mg). Lipolysis was inhibited by treating the cells with the ATGL inhibitor Atglistatin (Sigma-  
539 Aldrich, #SML1075). The ER stress response branches were inhibited individually using the

540 PERK inhibitor GSK2606414 (MedChemExpress, #HY-18072), the IRE1a inhibitor 4 $\mu$ 8C  
541 (Sigma-Aldrich, #SML0949) and the ATF6 inhibitor Ceapin-A7 (Sigma-Aldrich, #SML2330). ER  
542 stress was chemically induced with tunicamycin (Sigma-Aldrich, #5045700001) and thapsigargin  
543 (Sigma-Aldrich, #586005). The concentration of each treatment is indicated in figures legends.

544

#### 545 **RNAseq**

546 Total RNA was isolated using the RNeasy Kit, (QIAGEN, #74104) including a DNase treatment  
547 step. RNA quality was assessed by capillary electrophoresis using High Sensitivity RNA  
548 reagents with the Fragment Analyzer (Agilent Technologies) and the RNA concentration was  
549 measured by spectrophotometry using the Xpose (Trinean) and Fragment Analyzer capillary  
550 electrophoresis.

551 RNAseq libraries were prepared starting from 1 $\mu$ g of total RNA using the Universal Plus mRNA-  
552 Seq kit (Nugen) as recommended by the manufacturer. The oriented cDNAs produced from the  
553 poly-A+ fraction were sequenced on a NovaSeq6000 from Illumina (Paired-End reads 100 bases  
554 + 100 bases). A total of ~50 millions of passing filter paired-end reads was produced per library.

555

#### 556 **Transcriptomics data processing and analysis**

557 Galaxy platform was used to analyse the transcriptome data (Afgan *et al*, 2016). Quality check  
558 was assessed with FastQC v0.11.8 (<http://www.bioinformatics.babraham.ac.uk/projects/fastqc/>).  
559 After trimming with Trim Galore! v0.4.3 ([http://www.bioinformatics.babraham.ac.uk/projects/trim\\_galore/](http://www.bioinformatics.babraham.ac.uk/projects/trim_galore/)), reads were aligned to the genome assembly GRCh38 using RNA STAR2 v2.5.2b  
560 (Dobin *et al*, 2013). Gene counts were calculated with featureCounts v1.6.4 (Liao *et al*, 2014)  
561 and differentially expressed gene (DEG) analysis was performed with DESeq2 v1.22.1 (Love *et*  
562 *al*, 2014). Gene counts were turned into log2 scale and used to perform Principal Components  
563 Analysis. Volcano plot for differences between PA and BSA treatments was drawn using  
564 EnhancedVolcano (<https://github.com/kevinblighe/EnhancedVolcano>). Significant DEGs were  
565 then divided into 12 clusters using the soft clustering tool Mfuzz v2.40.0 (Kumar & M, 2007) and  
566 computed clusters were assigned to expected expression change patterns. We investigated  
567 more closely the genes with expression patterns changed between BSA and PA treatment as  
568 well as PA and PA/OA treatment. Using Bioconductor package clusterProfiler v3.8.1 (Yu *et al.*,  
569 2012), enriched gene ontology categories for biological processes were compared and 25 most  
570 significant terms were plotted. All the analysis and data visualization was conducted in R v4.1.0.  
571  
572 For the transcription factor activity estimation, T-values of the differential analysis of PAvsCtrl,  
573 OAvsCtrl, OAvsPA/OA, PA/OAvsCtrl and PAvsPA/OA were used as input statistic for the viper  
574 algorithm (Alvarez *et al*, 2016). Regulon of TF and targets were obtained from the dorothea R  
575 package (Holland *et al.*, 2020). Only TF-target interactions that belong in the confidence class A,

576 B and C were kept. The viper function was used with default parameters, except minimum  
577 regulon size of 5, eset.filter parameter set to FALSE and pleiotropy parameter set to FALSE.

578 Biweight midcorrelation (bicor) was systematically estimated between TFs and lipid abundances  
579 using the bicor function of the WGCNA R package. To do so, average TF activities were first  
580 estimated at the level of individual conditions using the same method as described in the  
581 previous paragraph. Then, average TF activities across conditions (Ctrl, OA, PA/OA, PA) were  
582 correlated with average lipid abundance across the same conditions. To focus on the top  
583 associations between TFs and lipids, we selected TFs-lipids bicor coefficients above 0.97 or  
584 under -0.97. This coefficient value was chosen because it allowed us to select a number of  
585 associations that could be humanly investigated (e.i. less than 30). The full code for the analysis  
586 can be found in: [https://github.com/saezlab/Albert\\_perez\\_RNA\\_lipid/tree/main/scripts](https://github.com/saezlab/Albert_perez_RNA_lipid/tree/main/scripts)

587

### 588 **Immunofluorescence and lipid droplet stainings**

589 For immunocytochemistry, cells were washed three times in PBS, fixed for 20 min in 4%  
590 paraformaldehyde in PBS, blocked for 10 min in PBS + 3% BSA + 0,1% Tween + 0,1% Triton  
591 and incubated overnight at 4°C with primary antibodies diluted in PBS + 3% BSA + 0,1% tween  
592 + 0,1% triton. After washing, cells were incubated 2 h at room temperature with secondary  
593 antibodies (dilution 1:1000) and Hoechst (0.5 µg/mL) diluted in PBS + 3% BSA + 0,1% tween +  
594 0,1% triton. Cells were washed three times in PBS and mounted in Roti®-Mount FluorCare  
595 (Roth, HP19.1). As primary antibodies guinea pig anti-p62 (1:1000, Progen, #GP62-C) and  
596 rabbit anti-LC3 (1:500, MBL International, #PM036) were used, and as secondary antibodies  
597 fluorescent conjugated Alexa Fluor 647 (Thermo Fisher Scientific, #A21244 and #A21450).

598 For lipid droplet imaging, BODIPY 493/503 (Thermo Fisher Scientific, #D3922) was incubated at  
599 2,5 µg/mL together with secondary antibodies. For lipid trafficking studies, the fatty acid analog  
600 C1-BODIPY 500/510 C12 was incubated for 6h at a final concentration of 2µM (Thermo Fisher  
601 Scientific, #D3823). Images were acquired on a Leica TCS SP8 equipped with a 405-nm laser  
602 line and a white light laser with a 63x/1.4 DIC Lambda blue Plan Apochrome objective.  
603 Percentage of total cell area occupied by LDs was quantified with the “Analyze Particles”-tool of  
604 Fiji on thresholded Z stack projections images of BODIPY 493/503. LD size and number were  
605 measured with Imaris by defining the volume of the LDs in 3D and then using the Spot Detector  
606 tool.

607

### 608 **Immunohistochemistry**

609 For immunohistochemistry, kidney sections (4 µm) were generated from paraffin embedded  
610 tissue using a Leica RM2145 microtome and mounted on glass slides. Sections were first  
611 deparaffinized with xylene and rehydrated using a graded ethanol series. Antigen retrieval was  
612 performed by boiling the sections for 30min in TEG buffer (pH=9). Slides were washed in 50mM

613 NM4Cl medium for 30min and then blocked with 1% BSA solution for 30min. Anti-KIM-1  
614 antibody (RD Systems, #AF1817) was diluted (1:100) in 0.1% BSA, 0.3% Triton X-100. After  
615 overnight incubation at 4°C, slides were washed with 0.1% BSA and 0.3% Triton X-100 for three  
616 times. Next, they were incubated with Alexa Fluor 488 donkey anti-goat IgG (1:500; Invitrogen,  
617 #A-11055) for 1 hour at room temperature. Immunofluorescence images were taken by TCS  
618 SP5 confocal microscope at a resolution of 2048\*2048 pixels.

619

## 620 **Membrane packing measurement by C-Laurdan**

621 Membrane packing measurements by C-Laurdan imaging was performed as described  
622 previously (Kim *et al*, 2007; Levental *et al*, 2020). Briefly, cultured cells were fixed in 4%  
623 paraformaldehyde for 10 minutes. After two washes in PBS, cells were stained with 10 µg/mL C-  
624 Laurdan (kindly provided by Dr. B.R. Cho, Korea University, South Korea) in PBS for 15 minutes  
625 at room temperature. Subsequently, cells were imaged at 37°C by a confocal microscope  
626 equipped with a multiphoton laser (Zeiss LSM 780 NLO). C-Laurdan was excited by the 2-  
627 photon laser set to 800 nm. Two emission bands were acquired (band1: 43–463 nm, band2  
628 473–503) using a 20x objective. Next, individual pixels (containing the signals of the two bands)  
629 were trained and classified using Ilastik (v. 1.3.3) (Berg *et al*, 2019) as ‘background’, ‘nuclear’,  
630 ‘perinuclear’, or ‘periphery’. Of all pixels except ‘background’, C-Laurdan Generalized  
631 Polarization (GP) values were calculated by the following formula:  $GP = (I_{band1} - I_{band2}) / (I_{band1} + I_{band2})$ . For convenience, absolute GP values were z-scaled (mean = 0, sd = 1, over the full  
632 dataset). Images of pseudocolored GP values were generated in R (v. 4.1.0) using the packages  
633 ggplot2 (v. 3.3.5) and tiff (v. 0.1-8).

635

## 636 **Analysis of mRNA expression**

637 Total RNA was isolated using the RNeasy Kit (74104, QIAGEN) including a DNase treatment  
638 step. Concentration and purity of each sample was obtained from A260/A280 measurements in  
639 a micro-volume spectrophotometer NanoDrop-1000 (NanoDrop Technologies, Inc. Thermo  
640 Scientific). To measure the relative mRNA levels, quantitative (q)RT-PCR was performed using  
641 SYBR Green. cDNA was synthesized from 1 µg of total RNA with iScript™ cDNA Synthesis Kit  
642 (Bio-Rad, #1708891), following the manufacturer's instructions. The Power SYBR® Green PCR  
643 Master Mix (Thermo Fisher Scientific, #4367659) was used for the PCR step. Amplification and  
644 detection were performed using the Mx3000P qPCR System (Agilent). Each mRNA from a  
645 single sample was measured in duplicate, using 18S and Beta-Actin as housekeeping genes.  
646 The primer sequences used were: 18S Fw 5'-CGGCTACCACATCCAAGGAA-3', 18S Rv 5'-  
647 GCTGGAATTACCGCGGCT-3',  $\beta$ -Actin Fw 5'-GCTCTGGCTCCTAGCACCAT-3',  $\beta$ -Actin Rv 5'-  
648 GCCACCGATCCACACAGAGT-3', Bip Fw 5'-TTCAGCCAATTATCAGCAAACCTCT-3', Bip Rv 5'-  
649 TTTTCTGATGTATCCTCTTCACCAGT-3', Chop Fw 5'-CCACCACACCTGAAAGCAGAA-3',  
650 Chop Rv 5'-AGGTGAAAGGCAGGGACTCA-3', Cc5 Fw 5'-CCCTCACCATCATCCTCACT-3',

651 *Ccl5* Rv 5'-TCCTTCGAGTGACAAACACG-3', *Fn1* Fw 5'-TTAAGCTCACATGCCAGTGC-3', *Fn1*  
652 Rv 5'-TTAAGCTCACATGCCAGTGC-3', *s-Xbp1* Fw 5'-CTGAGTCCGAATCAGGTGCAG-3', *s-*  
653 *Xbp1* Rv 5'-GTCCATGGGAAGATGTTCTGG-3', *t-Xbp1* Fw 5'-  
654 TGGCCGGGTCTGCTGAGTCCG-3', *t-Xbp1* Rv 5'-GTCCATGGGAAGATGTTCTGG-3'.

655 **Cytotoxicity assay**

656 An IncuCyte® S3 Live-Cell Analysis System was utilized to collect fluorescence and phase-  
657 contrast images over time. Cells were seeded at a density of 5000 cells per well in a 96 well  
658 culture microplate in the subconfluent experiments. For confluent experiments, 20000 cells per  
659 well were seeded. 24 hours post-plating cells, IncuCyte® Cytotox Red Reagent, (EssenBio,  
660 #4632) was added to the medium (dilution 1:2000) together with BSA-fatty acids. Cell  
661 confluence measurements and fluorescent objects were taken from 4 regions within each well  
662 and values were averaged to calculate mean confluence per well or object counts per well.  
663 Results were represented as object counts normalized by confluence.

664

665 **Mitochondrial membrane potential assay**

666 Cells were seeded at a density of 5000 cells per well in a 96 well culture microplate. 8 hours  
667 post-plating cells, BSA-fatty acids treatment was performed. 24 hours post-plating cells, TMRE  
668 (tetramethylrhodamine, ethyl ester) (Thermo Fisher Scientific, # T669) was added to the medium  
669 (50nM) for 15 minutes. Cells were washed twice with PBS and full medium was added for the  
670 fluorescence measurement. Cells were immediately imaged in the red channel of IncuCyte® S3  
671 Live-Cell Analysis System. Results were represented as the image's average of the objects'  
672 mean fluorescent intensity.

673

674 **ROS detection assay**

675 Cells were seeded at a density of 5000 cells per well in a 96 well culture microplate. 24 hours  
676 post-plating cells, DHE (Dihydroethidium) (Thermo Fisher Scientific, #D23107) was added to the  
677 medium (10µM) together with BSA-fatty acids. 4 hours after DHE addition, cells were imaged in  
678 the red channel of IncuCyte® S3 Live-Cell Analysis System. Cell confluence measurements and  
679 fluorescent objects were taken from 4 regions within each well and values were averaged to  
680 calculate mean confluence per well or object counts per well. Results were represented as  
681 objects counts normalized by confluence.

682

683 **Lipidomics**

684 Lipid extraction for mass spectrometry lipidomics

685 Mass spectrometry-based lipid analysis was performed by Lipotype GmbH (Dresden, Germany)  
686 as described (Sampaio *et al*, 2011). Lipids were extracted using a two-step chloroform/methanol

687 procedure (Ejsing *et al*, 2009). Samples were spiked with internal lipid standard mixture  
688 containing: cardiolipin 14:0/14:0/14:0/14:0 (CL), ceramide 18:1;2/17:0 (Cer), diacylglycerol  
689 17:0/17:0 (DAG), hexosylceramide 18:1;2/12:0 (HexCer), lyso-phosphatidate 17:0 (LPA), lyso-  
690 phosphatidylcholine 12:0 (LPC), lyso-phosphatidylethanolamine 17:1 (LPE), lyso-  
691 phosphatidylglycerol 17:1 (LPG), lyso-phosphatidylinositol 17:1 (LPI), lyso-phosphatidylserine  
692 17:1 (LPS), phosphatidate 17:0/17:0 (PhA), phosphatidylcholine 17:0/17:0 (PC),  
693 phosphatidylethanolamine 17:0/17:0 (PE), phosphatidylglycerol 17:0/17:0 (PG),  
694 phosphatidylinositol 16:0/16:0 (PI), phosphatidylserine 17:0/17:0 (PS), cholesterol ester 20:0  
695 (CE), sphingomyelin 18:1;2/12:0;0 (SM), sulfatide d18:1;2/12:0;0 (Sulf), triacylglycerol  
696 17:0/17:0/17:0 (TAG) and cholesterol D6 (Chol). After extraction, the organic phase was  
697 transferred to an infusion plate and dried in a speed vacuum concentrator. 1st step dry extract  
698 was re-suspended in 7.5 mM ammonium acetate in chloroform/methanol/propanol (1:2:4, V:V:V)  
699 and 2nd step dry extract in 33% ethanol solution of methylamine in chloroform/methanol  
700 (0.003:5:1; V:V:V). All liquid handling steps were performed using Hamilton Robotics STARlet  
701 robotic platform with the anti-droplet control feature for organic solvents pipetting.

702 **MS data acquisition**

703 Samples were analyzed by direct infusion on a QExactive mass spectrometer (Thermo  
704 Scientific) equipped with a TriVersa NanoMate ion source (Advion Biosciences). Samples were  
705 analyzed in both positive and negative ion modes with a resolution of Rm/z=200=280000 for MS  
706 and Rm/z=200=17500 for MSMS experiments, in a single acquisition. MSMS was triggered by  
707 an inclusion list encompassing corresponding MS mass ranges scanned in 1 Da increments  
708 (Surma *et al*, 2015). Both MS and MSMS data were combined to monitor CE, DAG and TAG  
709 ions as ammonium adducts; PC, PC O-, as acetate adducts; and CL, PA, PE, PE O-, PG, PI and  
710 PS as deprotonated anions. MS only was used to monitor LPA, LPE, LPE O-, LPI and LPS as  
711 deprotonated anions; Cer, HexCer, SM, LPC and LPC O- as acetate adducts and cholesterol as  
712 ammonium adduct of an acetylated derivative (Liebisch *et al*, 2006).

713 **Data analysis and post-processing**

714 Data were analysed with in-house developed lipid identification software based on LipidXplorer  
715 (Herzog *et al*, 2012; Herzog *et al*, 2011). Data post-processing and normalization were  
716 performed using an in-house developed data management system. Only lipid identifications with  
717 a signal-to-noise ratio >5, and a signal intensity 5-fold higher than in corresponding blank  
718 samples were considered for further data analysis.

719 Lipidomics data were represented using the cytoscape software (<https://cytoscape.org>).

720

721 **Intracellular FFA measurements**

722 iRECs were seeded at a density of  $1.5 \times 10^6$  in a 10cm plate. Free fatty acids were measured by  
723 a colorimetric assay using the Free fatty acid quantification Kit (Sigma-Aldrich, #MAK044)  
724 following manufacturer's instructions.

725

726 **Statistics**

727 Statistical analyses were performed using R Studio and GraphPad Prism. P value less than 0.05  
728 was considered significant (\* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ , \*\*\*\* $p < 0.0001$ ). More details  
729 on statistics can be found in each figure legend.

730

731

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744

745 **Author contributions**

746 **Albert Pérez-Martí:** conceptualization, formal analysis, investigation, writing - original draft,  
747 visualization, project administration.

748 **Suresh Ramakrishnan:** investigation.

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756 **Soeren S. Lienkamp:** resources and funding acquisition.

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758 **Matias Simons:** conceptualization, writing - original draft, project administration, supervision,  
759 funding acquisition.

760

761 **Competing interests:** Authors declare no competing interests. **Data and materials**  
762 **availability:** All data are available in the main text or the supplementary materials.

763

764 **Conflict of interest statement:**

765 JSR has received funding from GSK and Sanofi and consultant fees from Travers Therapeutics.

766 Other authors have declared that no conflict of interest exists.

767

768 **Figure Legends**

769 **Figure 1 SFA-HFD induces more tubular damage than MUFA-HFD despite lower fat**  
770 **accumulation in mice.**

771 (A) Mice body weight throughout the experiment. The X-axis indicates the age of mice.

772 (B) Schematic representation of tissue weight.

773 (C) Plasmatic triacylglycerols (TAG) levels at week 16 after STZ injection.

774 (D-F) Representative bright-field images of whole kidney sections (E) and cortex magnification  
775 (D) stained with Oil Red O. Quantification of the stained cortex area (F). Scale bars: 50 $\mu$ m.

776 (G) Plasmatic LCN2 levels at week 12 after STZ injection.

777 (H,I) Representative bright-field images of kidney cortex stained with Picro-Sirius Red (H) and  
778 the quantification of the fibrotic cortex area (I). Scale bars: 50 $\mu$ m.

779 (J) Quantitative RT-PCR detection of *Ccl5* and *Fn-1* expression levels in mouse kidney cortex.

780 (K) Fibrotic area detected by Picro-Sirius Red normalized by fat deposition measured by ORO in  
781 mouse kidney cortex.

782 Data information: In (A,C,G,I-K), data are presented as mean  $\pm$  SEM. \*p<0.05, \*\*p<0.01,  
783 \*\*\*p<0.001, \*\*\*\*p<0.0001; One-way ANOVA plus Holm-Sidak's multiple comparisons test. In (B),  
784 data are presented as mean  $\pm$  standard deviation. \*p<0.05, \*\*p<0.01, \*\*\*\*p<0.0001 vs Ctl;  
785 #p<0.05 vs Ctl Diet + STZ ; One-way ANOVA plus Holm-Sidak's multiple comparisons test.  
786 (A,B,C,G,H,J,K,L), n=7 Ctl diet, n=8 Ctl Diet + STZ, n=8 MUFA-HFD + STZ, n=7 SFA-HFD +  
787 STZ.

788

789 **Figure 2 PA-induced cytotoxicity is blocked by OA in proximal tubular cells.**

790 (A) Cytotoxicity in iRECs at 24h treatment with increasing concentrations of BSA fatty acid-free.  
791 Fold representation of object counts / confluence.

792 (B) Cytotoxicity throughout 24h in iRECs treated with several combinations of BSA-fatty acids.

793 (C-F) Cytotoxicity in subconfluent (C) and confluent (D) iRECs, OK cells (E) and mouse primary  
794 proximal tubules (F) after 24h treatment with BSA, OA 250 $\mu$ M, PA 250 $\mu$ M, PA 250 $\mu$ M + OA  
795 125 $\mu$ M, PA 500 $\mu$ M and PA 500 $\mu$ M + OA 250 $\mu$ M . Fold representation of objects counts /  
796 confluence.

797 (G-I) MA-plots of differentially expressed genes from iRECs treated for 16h with BSA, PA  
798 250µM, OA 250µM and PA 250µM + OA 125µM. Purple dots represent statistically significant  
799 changes.

800 (J,L) GO for biological processes overrepresentation analysis using clusterProfiler. The 25 most  
801 significant terms were plotted for clusters 1 (J) and 4 (L). The size of the spheres corresponds to  
802 the number of genes included and the colour to the adjusted p value. (J) Biological processes  
803 related to autophagy coloured in red, related to oxidative stress in blue and related to ER stress  
804 in violet. (L) Biological processes related to cell proliferation coloured in red.

805 (K) Volcano plot of PA vs BSA differential gene expression. Colored dots represent statistically  
806 significant changes.

807 Data information: In (A-F), data are presented as mean  $\pm$  SEM. \*p<0.05, \*\*p<0.01, \*\*\*p<0.001,  
808 \*\*\*\*p<0.0001; two-way ANOVA and Holm-Sidak's multiple comparisons test. (G-L) significance  
809 was considered when adjusted p-value< 0.05 (DESeq2 based on negative binomial distribution).  
810 (A-E,G-L) n=3. (F) n=2.

811

### 812 **Figure 3 Excess of saturated fatty acids triggers the ER stress response**

813 (A-C,E) Quantitative RT-PCR detection of ER stress markers in iRECs treated 16h with several  
814 combinations of BSA-fatty acids (A), PA plus ER stress inhibitors (B), PA plus SCD1 inhibitor (C)  
815 and Tunicamycin (10 µM) and Thapsigargin (1 µM) plus OA (D).

816 (D) Cytotoxicity in iRECs at 24h treatment with PA 250µM plus the SCD1 inhibitor CAY10566.  
817 Fold representation of object counts/confluence.

818 Data information: In (A-E) data are presented as mean  $\pm$  SEM. \*p<0.05, \*\*p<0.01, \*\*\*p<0.001,  
819 \*\*\*\*p<0.0001, ns = non significant; two-way ANOVA and Holm-Sidak's multiple comparisons  
820 test; n=3.

821

### 822 **Figure 4 Perinuclear membrane order is increased by PA treatment and decreased by OA.**

823 (A) Representative C-Laurdan images of merged channels 1 and 2 (upper row), pixel  
824 classification (middle row) and GP pseudocoloured images. Membrane packing measurements  
825 by C-Laurdan in iRECs treated for 16h with BSA, PA 250µM, OA 250µM and PA 250µM plus OA  
826 125µM. Scale bars: 20 µm.

827 (B) GP values quantification of pixels classified as perinuclear from a single representative  
828 experiment. \*p<0.05, \*\*p<0.01, \*\*\*p<0.001, \*\*\*\*p<0.0001, ns = non significant ; Wilcoxon signed-  
829 rank test; n=3.

830

831 **Figure 5 Lipidome of iRECs exposed to BSA-fatty acids**

832 (A-D) Lipidome of iRECs treated for 16h with BSA (A), PA 250µM (B), OA 250µM (C ) and PA  
833 250µM plus OA 125µM (D). The scheme shows the relative levels of lipid classes presented as  
834 colour-coded circles. The lipid species were designated as saturated if all of its fatty acid chains  
835 were saturated, or unsaturated if it had at least one unsaturated fatty acid chain. The percentage  
836 of saturated lipid species is shown for each class from yellow (low saturation) to red (high  
837 saturation). Lipid classes not identified are shown in grey. Cholesterol is also presented in grey  
838 because it has no fatty acid chain. The size of the circles is set to the arbitrary unit of 1 for the  
839 BSA cells. G3P: glycerol-3-phosphate; LPA: lyso-phosphatidic acids; PhA: phosphatidic acids;  
840 DAG: diacylglycerol; TAG: triacylglycerol; PC: phosphatidylcholine; PE:  
841 phosphatidylethanolamine; LPE: lyso-phosphatidylethanolamine; LPC: lyso-phosphatidylcholine;  
842 PS: phosphatidylserine; LPS: lyso-phosphatidylserine; PI: phosphatidylinositol; LPI: lyso-  
843 phosphatidylinositol; PG: phosphatidylglycerol; LPG: lyso-phosphatidylglycerol; Cer: ceramide;  
844 SM: sphingomyelin; LCB: long-chain base; CDP: cytidine diphosphate; Chol: Cholesterol; CE:  
845 Cholesterol esters. (n=3)

846 (E-F) Relative amount of PhA (E) and DAG (F) species classified by the number of double  
847 bonds in iRECs treated for 16h with BSA, PA 250µM, OA 250µM and PA 250µM plus OA  
848 125µM. Data are presented as mean  $\pm$  SEM ; n=3.

849 (G) Cytosolic free fatty acids in iRECs treated for 16h with BSA, PA 250µM, OA 250µM and PA  
850 250µM plus OA 125µM. Data are presented as mean  $\pm$  SEM ; One-way ANOVA and Holm-  
851 Sidak's multiple comparisons test; n=3.

852

853 **Figure 6 Saturated fatty acids impair the formation of lipid droplets**

854 (A) Representative images of LDs stained using BODIPY in iRECs treated for 16h with BSA, PA  
855 250µM, OA 250µM, PA 250µM plus OA 125µM, BSA plus the SCD1 inhibitor  
856 CAY10556(2.5µM) and PA plus CAY10556 (2.5µM). Scale bars: 10µm.

857 (B-E) Quantification of LD number (B,D) and LD average volume (C,E) in iRECs treated for 16h  
858 with BSA, PA 250µM, OA 250µM, PA 250µM plus OA 125µM, BSA plus the SCD1 inhibitor  
859 CAY10556(2.5µM) and PA plus CAY10556 (2.5µM). Every dot represents the measurement in  
860 one single cell.

861 Data information: In (B-E), data are presented as the mean + all values. \*p<0.05, \*\*p<0.01,  
862 \*\*\*p<0.001, \*\*\*\*p<0.0001 ; Kruskall-Wallis plus Dunn's multiple comparisons test. (B-E) 10 cells  
863 per field from three fields were analysed for three independent biological replicates.

864

865 **Figure 7 TAG synthesis protects from cytotoxic effects induced by exposure to saturated**  
866 **fatty acids**

867 (A-C) Lipidome of iRECs treated for 16h with BSA + T863 30µM + PF 06424439 30µM, PA  
868 250µM + T863 30µM + PF 06424439 30µM (B) and PA 250µM + OA 125µM + T863 30µM + PF  
869 06424439 30µM (C). The scheme shows the relative levels of lipid classes presented as colour-  
870 coded circles. The lipid species were designated as saturated if all of its fatty acid chains were  
871 saturated, or unsaturated if it had at least one unsaturated fatty acid chain. The percentage of  
872 saturated lipid species is shown for each class from yellow (low saturation) to red (high  
873 saturation). Lipid classes not identified are shown in grey. Cholesterol is also presented in grey  
874 because it has no fatty acid chain. The size of the circles is set to the arbitrary unit of 1 for the  
875 BSA (Figure 4). G3P: glycerol-3-phosphate; LPA: lyso-phosphatidic acids; PhA: phosphatidic  
876 acids; DAG: diacylglycerol; TAG: triacylglycerol; PC: phosphatidylcholine; PE:  
877 phosphatidylethanolamine; LPE: lyso-phosphatidylethanolamine; LPC: lyso-phosphatidylcholine;  
878 PS: phosphatidylserine; LPS: lyso-phosphatidylserine; PI: phosphatidylinositol; LPI: lyso-  
879 phosphatidylinositol; PG: phosphatidylglycerol; LPG: lyso-phosphatidylglycerol; Cer: ceramide;  
880 SM: sphingomyelin; LCB: long-chain base; CDP: cytidine diphosphate; Chol: Cholesterol; CE:  
881 Cholesterol esters. (n=3)

882 (D) Cytotoxicity in iRECs at 36h treatment with BSA, PA 250µM and PA 250µM plus OA 125µM  
883 with or without the DGAT1/DGAT2 inhibitors T863/PF 06424439 (30µM). Fold representation of  
884 object counts/confluence.

885 (E) Quantification of ROS generation in iRECs treated 16h with BSA, PA 250µM and PA 250µM  
886 plus OA 125µM with or without the DGAT1/DGAT2 inhibitors T863/PF06424439 (30µM). Data  
887 are presented as object count per well normalized by confluence.

888 (F) Quantitative RT-PCR detection of ER stress markers in iRECs treated 16h with BSA, PA  
889 250µM and PA 250µM plus OA 125µM with or without the DGAT1/DGAT2 inhibitors  
890 T863/PF06424439 (30µM).

891 (G) Schematic representation of OA pretreatment plus PA insult experiment.

892 (H) Cytotoxicity in iRECs at 36h after PA 250µM treatment. Cells were pre-treated for 16h with  
893 OA 500µM or BSA with or without DGAT1/DGAT2 inhibitors T863/PF06424439 (30µM). Fold  
894 representation of object counts/confluence.

895 (I) Cytotoxicity in iRECs at 36h after PA 250µM treatment with or without atglistatin (25µM). Cells  
896 were pre-treated for 16h with OA 500µM or BSA. Fold representation of object  
897 counts/confluence.

898 Data information: In (D,E,F,H,I) data are presented as mean  $\pm$  SEM. \*p<0.05, \*\*p<0.01,  
899 \*\*\*p<0.001, \*\*\*\*p<0.0001; two-way ANOVA and Holm-Sidak's multiple comparisons test.  
900 (A,B,C,D,F,H,I) n=3. (E) n=4.

901

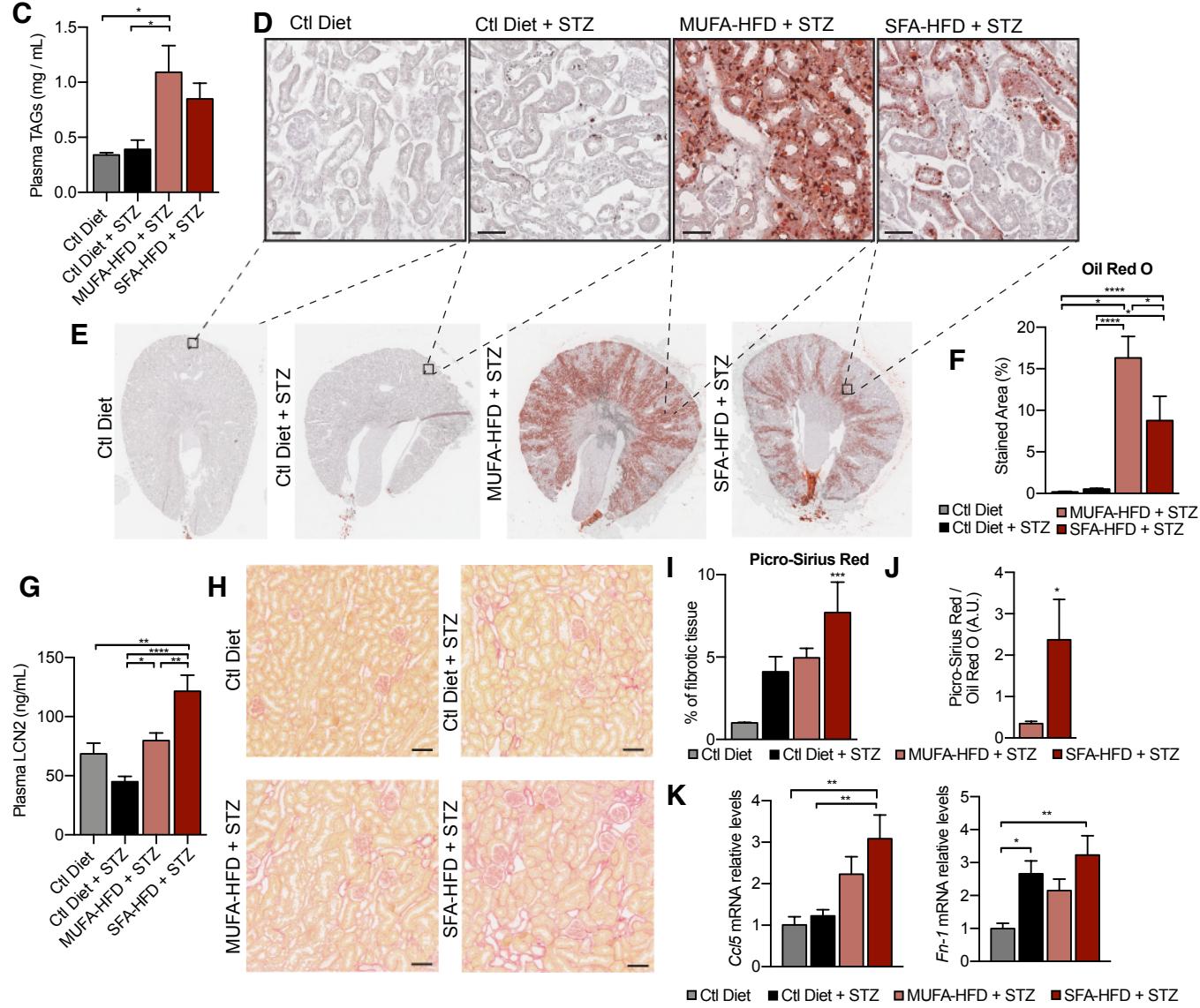
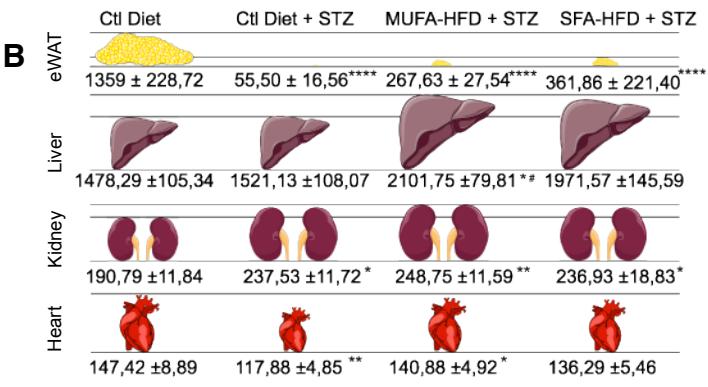
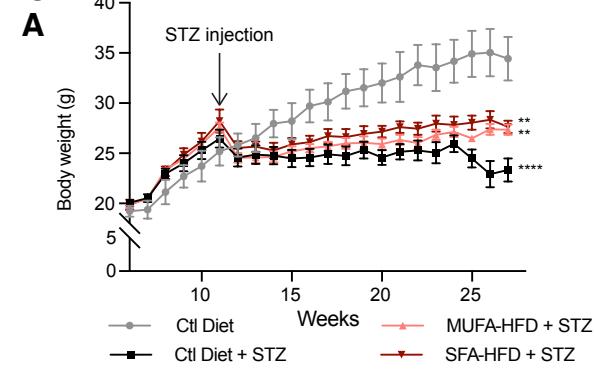
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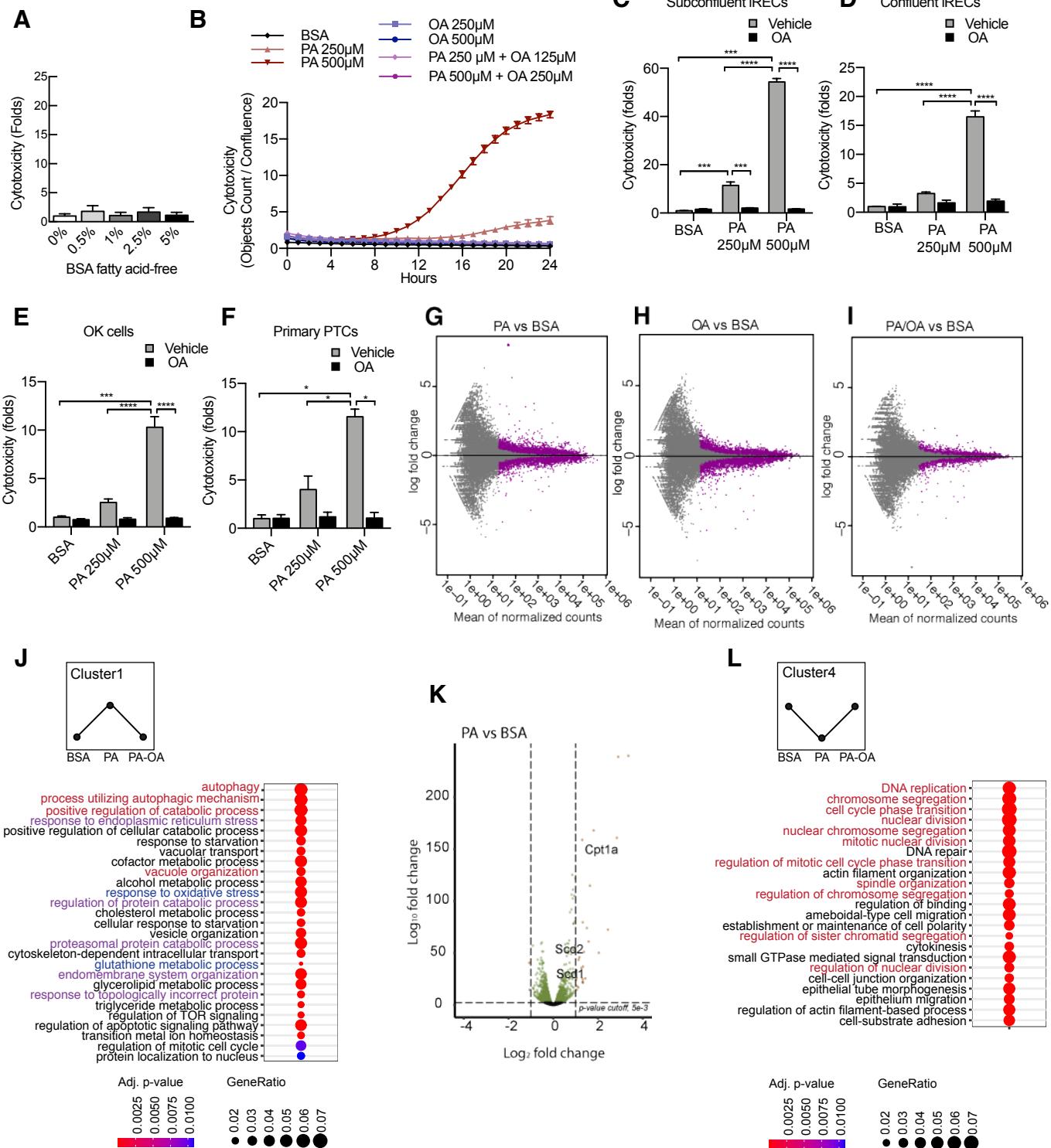
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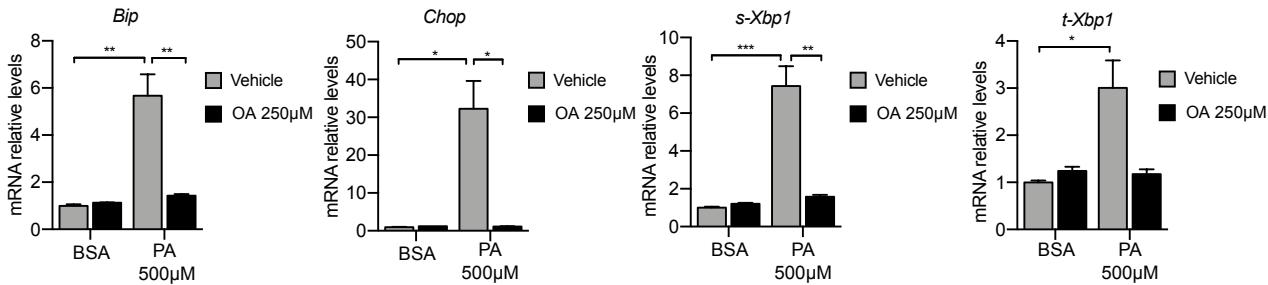
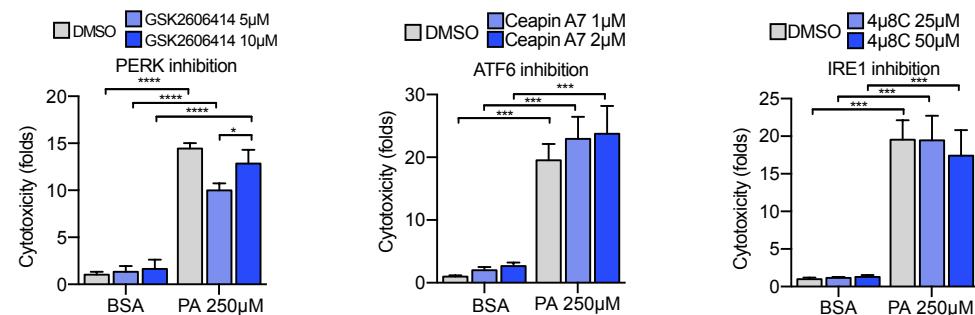
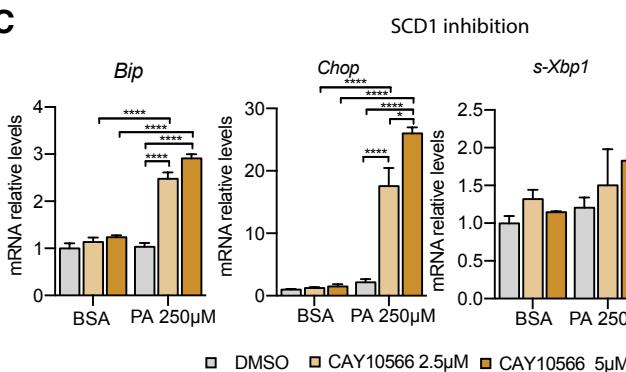
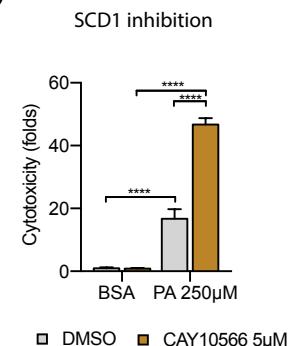
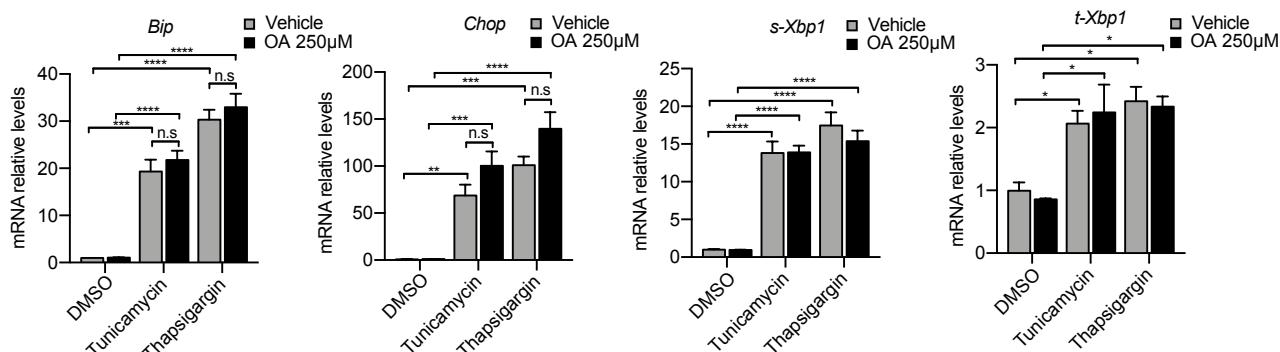
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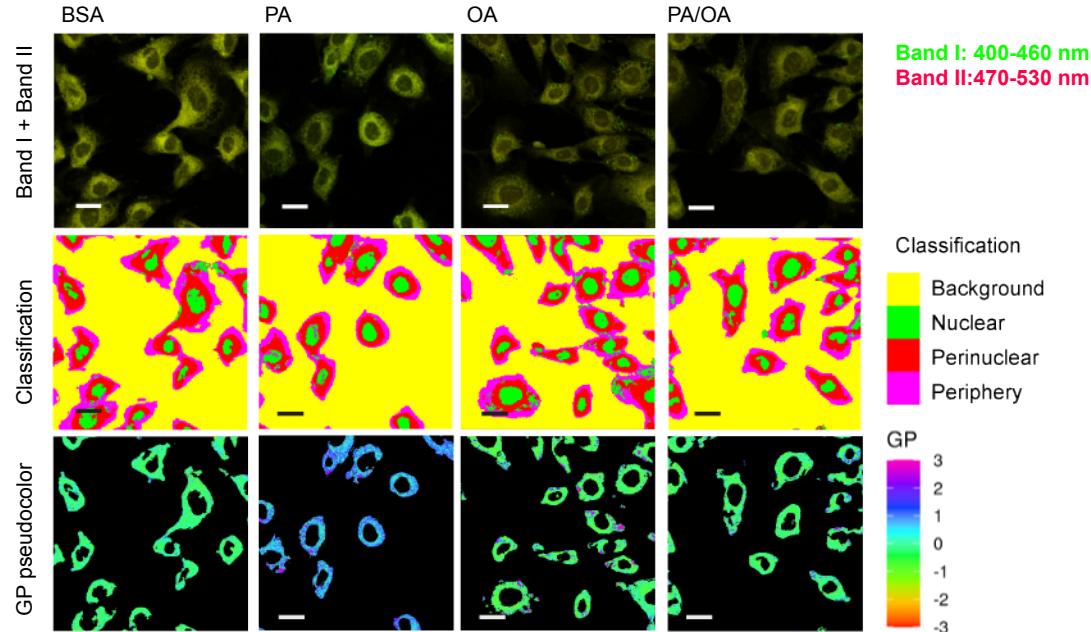
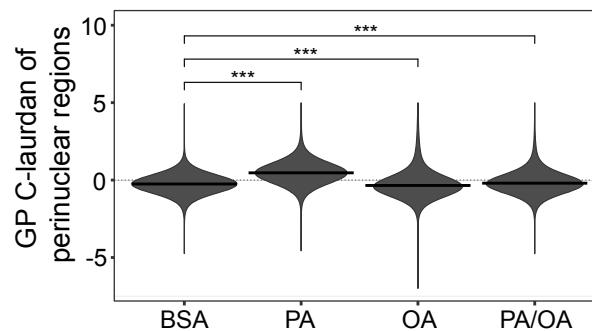
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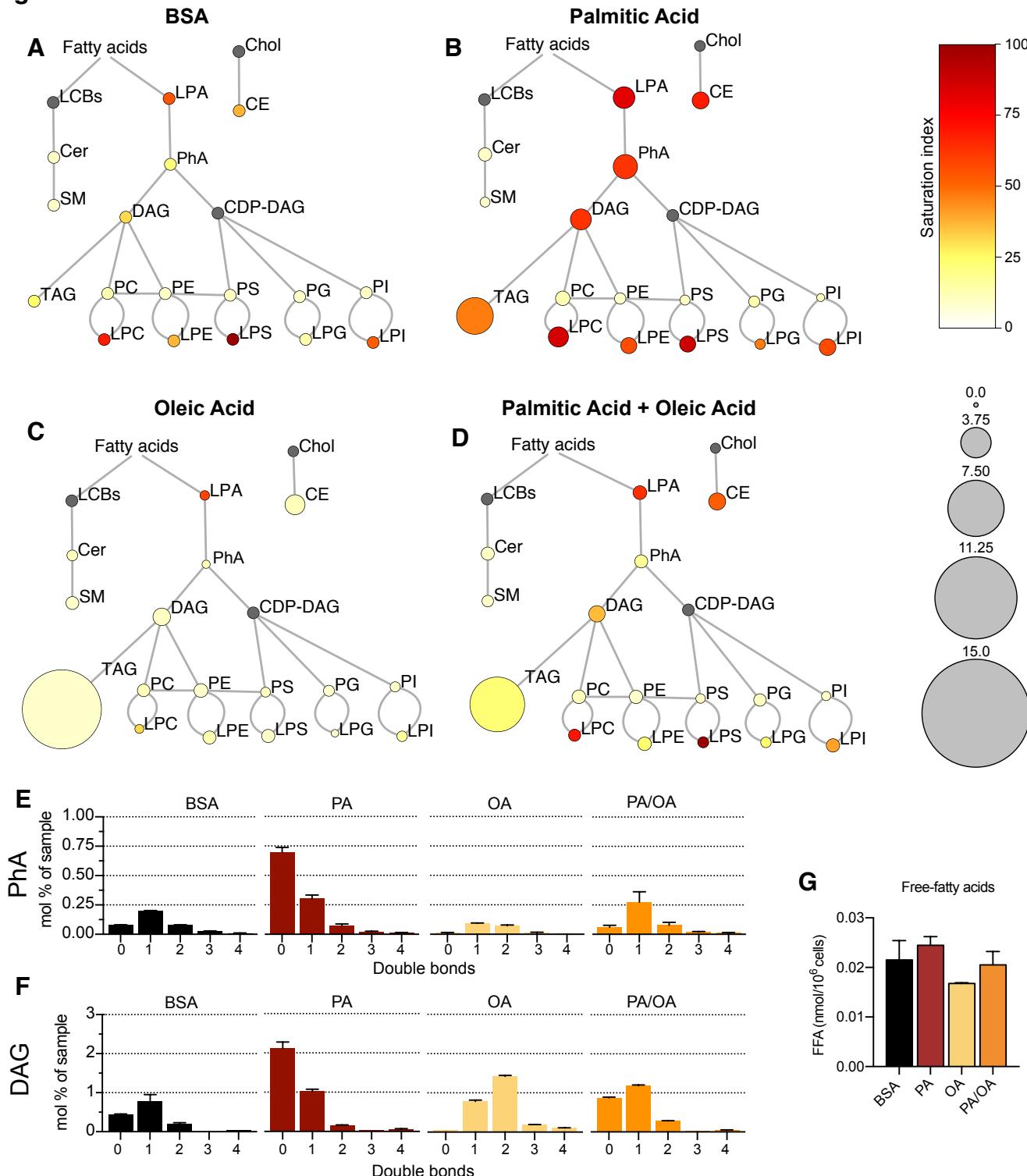
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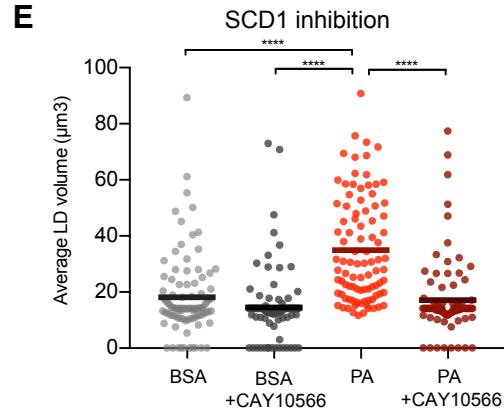
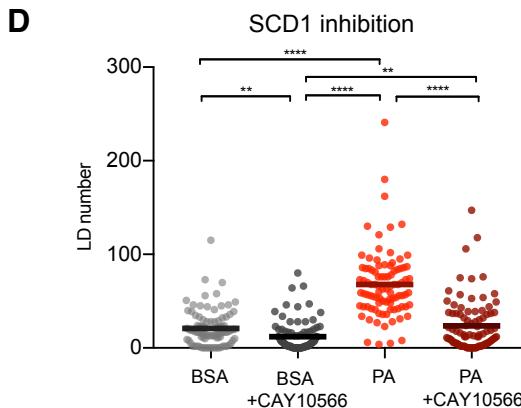
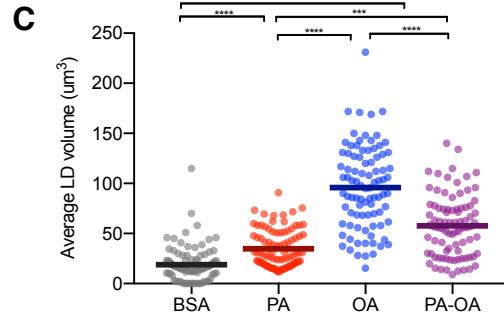
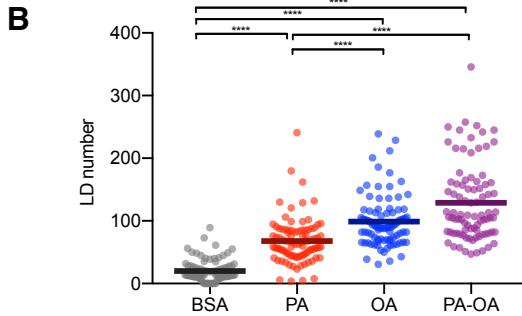
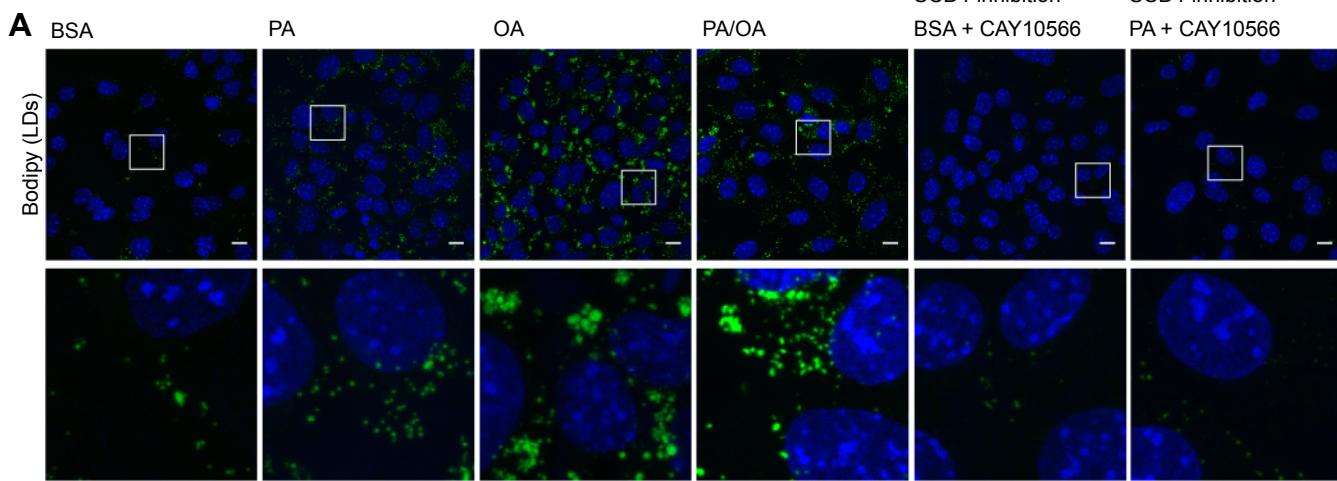
**Fig1**

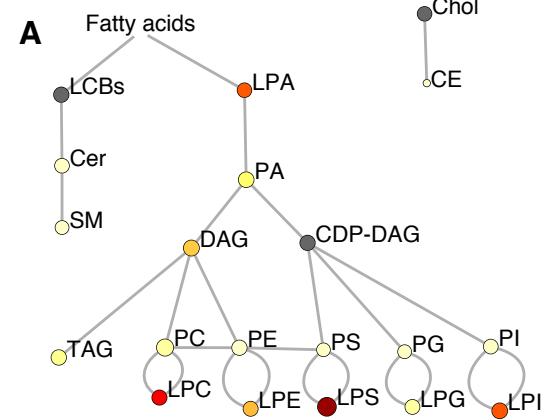
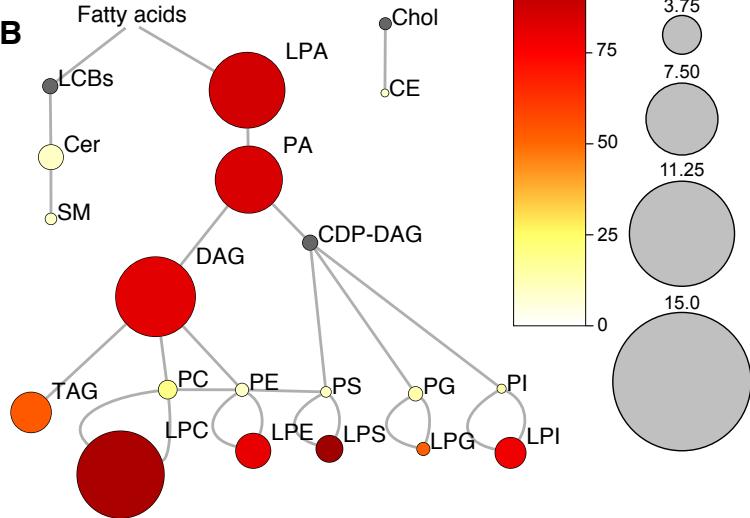
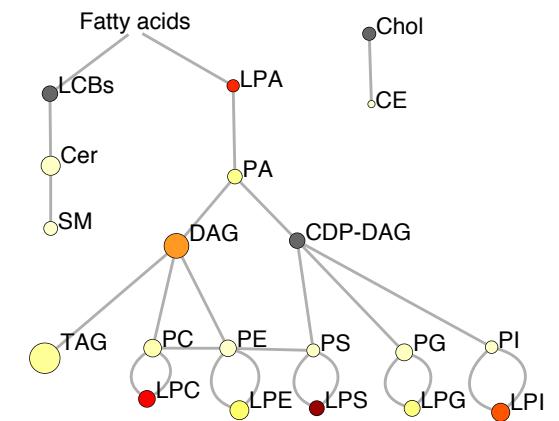
**Fig 2**

**Fig 3****A****B****C****D****E**

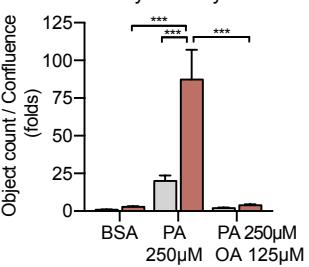
**Fig 4****A****B**

**Fig 5**

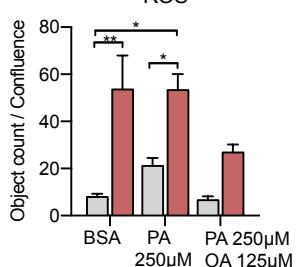
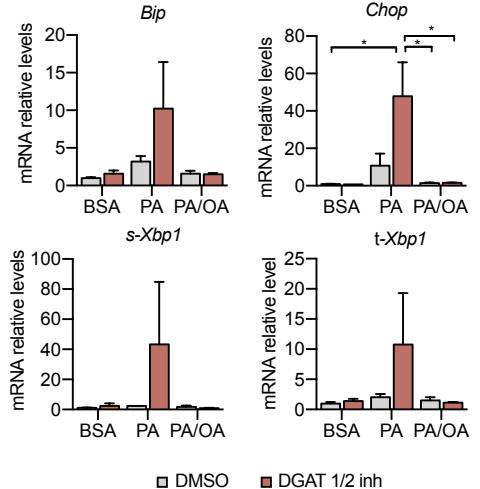
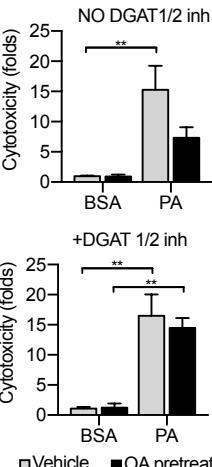
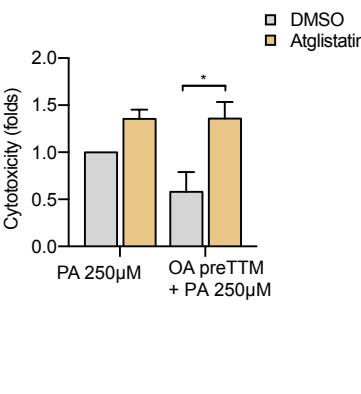
**Fig 6**

**Fig 7 BSA + DGAT1/2 inh****PA + DGAT1/2 inh****PA/OA + DGAT1/2 inh**

Cytotoxicity



ROS

**F****G****H****I**

□ DMSO ■ DGAT 1/2 inh

□ Vehicle ■ OA pretreatment