

Plasma amyloid-beta ratios in autosomal dominant Alzheimer's disease: the influence of genotype

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In-vitro studies of autosomal dominant Alzheimer's disease implicate longer amyloid-beta peptides in pathogenesis, however less is known about the behaviour of these mutations *in-vivo*. In this cross-sectional cohort study, we used liquid chromatography-tandem mass spectrometry to analyse 66 plasma samples from individuals who were at-risk of inheriting a pathogenic mutation or were symptomatic. We tested for differences in plasma amyloid-beta42:38, 42:40 and 38:40 ratios between *presenilin1* and *amyloid precursor protein* carriers. We examined the relationship between plasma and *in-vitro* models of amyloid-beta processing and tested for associations with parental age at onset. 39 participants were mutation carriers (28 *presenilin1* and 11 *amyloid precursor protein*). Age- and sex-adjusted models showed marked differences in plasma amyloid-beta between genotypes: higher amyloid-beta42:38 in *presenilin1* versus *amyloid precursor protein* ($p<0.001$) and non-carriers ($p<0.001$); higher amyloid-beta38:40 in *amyloid precursor protein* versus *presenilin1* ($p<0.001$) and non-carriers ($p<0.001$); while amyloid-beta42:40 was higher in both mutation groups compared to non-carriers (both $p<0.001$). Amyloid-beta profiles were reasonably consistent in plasma and cell lines. Within *presenilin1*, models demonstrated associations between amyloid-beta42:38, 42:40 and 38:40 ratios and parental AAO. *In-vivo* differences in amyloid-beta processing between *presenilin1* and *amyloid precursor protein* carriers provide insights into disease pathophysiology, which can inform therapy development.

INTRODUCTION

Understanding Alzheimer's disease (AD) pathogenesis is critical to realising disease-modifying treatments. Autosomal dominant Alzheimer's disease (ADAD), caused by mutations in presenilin 1/2 (*PSEN1*/2) or amyloid precursor protein (*APP*), is a valuable model for characterising the molecular drivers of AD (Ryan *et al.*, 2016).

PSEN1, the catalytic subunit of γ -secretase, sequentially cuts *APP*: initial endopeptidase cleavage generates an amyloid-beta (A β) peptide, either A β 49 (major product) or A β 48 (minor product) (Sato *et al.*, 2003). Subsequent proteolysis largely occurs down two pathways: A β 49>46>43>40 or A β 48>45>42>38 (Takami *et al.*, 2009). As A β 49 is the predominant endopeptidase cleavage product, normal *APP* processing largely leads to A β 40 formation (Sato *et al.*, 2003). Pathogenic ADAD mutations alter *APP* processing resulting in more, and/or longer, aggregation prone, A β peptides, which accelerate cerebral amyloid accumulation leading to typical symptom onset in 30s to 50s (Bateman *et al.*, 2012; Chávez-Gutiérrez *et al.*, 2012).

Both *APP* and *PSEN1*/2 mutations increase production of longer (e.g. A β 42) relative to shorter (e.g. A β 40) peptides (Chávez-Gutiérrez *et al.*, 2012). However, there are intriguing inter-mutation differences in A β profiles. *PSEN1* mutant lines produce increased A β 42:38 ratios reflecting impaired γ -secretase processivity (Chávez-Gutiérrez *et al.*, 2012; Arber *et al.*, 2019). In contrast, *APP* mutations at the γ -secretase cleavage site increase A β 38:40 ratios, consistent with preferential processing down the A β 48 pathway (Arber *et al.*, 2019). To date, studies examining the influence of ADAD genotypes on A β ratios *in-vivo* have been lacking.

Increasingly sensitive mass spectrometry-based assays now make it possible to measure concentrations of different A β moieties in plasma (Schindler *et al.*, 2019a). Therefore, we aimed to analyse plasma A β levels in an ADAD cohort, explore influences of genotype and clinical stage, and examine relationships between ratios and both age at onset (AAO) and estimated years to/from symptom onset (EYO), while also assessing consistency with *in-vitro* models of A β processing.

METHODS

Study design and participants

We recruited 66 participants from UCL's longitudinal ADAD study; details described previously (Ryan *et al.*, 2016). Samples were collected from August 2012 to July 2019 and concomitantly a semi-structured health questionnaire and clinical dementia rating (CDR) scale were completed (Morris, 1993). EYO was calculated by subtracting parental AAO from the participant's age. Participants were defined as symptomatic if global CDR was >0. ADAD mutation status, determined using Sanger sequencing, was provided only to statisticians, ensuring blinding of participants and clinicians. The study had local Research Ethics Committee approval; written informed consent was obtained from all participants or a consultee.

Measurement of plasma A β levels

EDTA plasma samples were processed, aliquoted, and frozen at -80°C according to standardised procedures and shipped frozen to the Clinical Neurochemistry Laboratory, Sahlgrenska University Hospital, for analysis blinded to participants' mutation status and diagnosis. Samples were analysed using a liquid chromatography-tandem mass spectrometry (LC-MS/MS) method using an optimized protocol for immunoprecipitation for improved analytical sensitivity (Appendix 1, Supplementary Fig. 1) (Pannee *et al.*, 2014). Pooled

plasma samples were used to track assay performance; intra- and inter-assay coefficients of variation were <5%.

Correlation of A β ratios in plasma and in induced pluripotent stem cell (iPSC) neurons

A sub-study investigated the consistency of A β profiles between plasma and iPSC-derived neurons. A β profiles were compared based on mutation for 8 iPSC-lines; data from 6 iPSC-lines previously reported (Arber *et al.*, 2019). Mutations tested were *APP* V717I (n=2), *PSEN1* Intron 4 (n=1), Y115H (n=1), M139V (n=1), R278I (n=1) and E280G (n=2). Plasma and iPSC samples were from the same participant or, where matched plasma was unavailable, plasma from a carrier of the same mutation, and if possible a family member. A β 42:40, A β 38:40 and A β 42:38 ratios were normalised by taking the ratio of the median ratio in controls for each experimental setting (n=27 non-carriers for plasma, n=5 iPSC controls lines from non-ADAD families) (ratio values Supplementary Table 1).

iPSC-neuronal A β was quantified as previously reported (Arber *et al.*, 2019). Briefly, iPSCs were differentiated to cortical neurons for 100 days and then 48 hour-conditioned culture supernatant was centrifuged removing cell debris. A β was analysed via electrochemiluminescence on the MSD V-Plex A β peptide panel (6E10), according to manufacturer's instructions.

Statistical analysis

Summary descriptive statistics were calculated by mutation type (*PSEN1*, *APP*, non-carriers) and box plots produced for A β 42:38, A β 38:40 and A β 42:40 ratios. Box plots were presented by mutation type (*PSEN1* vs *APP* vs non-carriers), and then individually for *PSEN1* and *APP* carriers by clinical stage (presymptomatic vs symptomatic vs non-carriers) (Fig. 1). A β ratios

are displayed on logarithmic scales. Age- and sex-adjusted differences were estimated between mutation type for each ratio; as were differences by clinical stage for each ratio, separately for *APP* and *PSEN1* carriers. These comparisons were made using mixed models including random intercepts for clusters comprising individuals from the same family and group, with random intercept and residual variances allowed to differ for the groups being compared. Pairwise comparisons were only carried out if a joint test provided evidence of differences. Ratios were log-transformed; estimated coefficients were back-transformed to multiplicative effects.

The relationship between parental AAO, EYO and age ($EYO = \text{age} - \text{AAO}$) means that it is not possible to estimate separate effects of AAO and EYO on $A\beta$ ratios adjusting for age using a conventional statistical analysis: if age is held constant then a one-year increase in AAO implies a one year decrease in EYO and vice versa, hence their effects are aliased. However the aim here should be to allow for ‘normal ageing’ (as observed in non-carriers), and this is possible. For each combination of mutation carrier group (*PSEN1* and *APP*) and $A\beta$ ratio a separate mixed model was fitted jointly to the carrier group and the non-carrier group. Each model allowed the logarithm of the $A\beta$ ratio to depend on AAO, EYO and sex (but not age) in the carrier group, and on just sex and age (estimating ‘normal ageing’) in the non-carrier group. Random effects were included as in the between group comparisons above. In the carrier group the effect of AAO adjusted for EYO, sex and (non-carrier) ‘normal ageing’ was obtained by subtracting the ‘normal ageing’ effect from the AAO effect (adjusted for sex and EYO). Analogously the effect of EYO adjusted for AAO, sex and ‘normal ageing’ was obtained by subtracting the ‘normal ageing’ effect from the EYO effect (adjusted for sex and AAO) in the carrier group. For $A\beta42:38$ in *PSEN1* carriers there was evidence also to include a quadratic term for parental AAO. For each analysis the estimated

geometric mean ratio (and 95% confidence interval) was plotted against parental AAO, standardising to an equal mix of males/females, an EYO of 0 (i.e. the point of symptom onset), and adjusted for ‘normal ageing’ relative to age 43 (the average age of mutation carriers). Analogous plots of estimated geometric mean ratio (and 95% confidence interval) against EYO were standardised to an equal mix of males/females, an AAO of 43 (average age of mutation carriers), and adjusted for ‘normal ageing’ relative to age 43.

Spearman correlation coefficients were calculated to assess the association between plasma and iPSC-neuron A β ratios.

Analyses were performed using Stata v16.

Data availability

Data are available upon reasonable request from qualified investigators, adhering to ethical guidelines.

RESULTS

Demographic and clinical characteristics are presented in Table 1: 27 non-carriers; 39 mutation carriers (28 *PSEN1*, 11 *APP*); Supplementary Table 2 gives mutation details.

Age- and sex-adjusted models showed marked differences in plasma A β between *PSEN1* and *APP* carriers. The geometric mean of A β 42:38 was higher in *PSEN1* compared to both *APP* carriers (69% higher, 95%CI 39%, 106%; p<0.001) and non-carriers (64% higher, 95%CI 36%, 98%; p<0.001), while there was no evidence of a difference between *APP* carriers and non-carriers (p= 0.60) (Fig. 1A).

Plasma A β 42:40 was raised in both *PSEN1* and *APP*; compared to non-carriers the adjusted geometric mean was 31% higher (95%CI 16%, 49%; p<0.001) in *PSEN1* and 61% higher (95%CI 44%, 80%; p<0.001) in *APP* (Fig. 1D). There were also inter-mutation differences in A β 42:40: the geometric mean was 22% higher (95%CI 8%, 38%; p=0.001) in *APP* compared to *PSEN1* carriers.

The geometric mean of A β 38:40 was higher in *APP* carriers compared to both *PSEN1* carriers (101% higher, 95%CI 72%, 135 %; p<0.001) and non-carriers (61% higher, 95%CI 41%, 84%; p<0.001) (Fig. 1G). While in *PSEN1*, A β 38:40 was reduced compared to non-carriers (geometric mean 20% lower, 95%CI 10%, 29%, p<0.001).

For A β 42:40 ratios, group differences remained significant when separately comparing non-carriers to (i) presymptomatic (18% higher, 95% CI 3%, 36%, p=0.02) and symptomatic (47% higher, 95% CI 23%, 76%, p<0.001) *PSEN1* carriers, and to (ii) presymptomatic (62% higher, 95% CI 44%, 82%, p<0.001) and symptomatic (62% higher, 95% CI 37%, 92%, p<0.001) *APP* carriers (Figs. 1E, 1F). Within *PSEN1*, the geometric mean of A β 42:40 was also 24% higher (95%CI 2%, 52%; p=0.03) in symptomatic compared to presymptomatic carriers (Fig. 1E). There were no statistically significant differences between presymptomatic and symptomatic *PSEN1* carriers in A β 42:38 (p=0.11; Fig 1B) or A β 38:40 (p=0.54; Fig. 1H). Additionally, no significant differences were observed in the A β 42:40, A β 42:38 or A β 38:40 ratios between presymptomatic and symptomatic *APP* carriers (all p values>0.50) (Fig. 1C, 1F, 1I).

Using models that adjusted for sex, EYO and ‘normal ageing’, we found significant associations between all three ratios and parental AAO in *PSEN1* carriers (all p-values <0.03)

(Fig. 2). Higher A β 42:38 and A β 42:40 ratios were associated with earlier parental onset, while higher A β 38:40 was associated with a later disease onset. For A β 42:38 we included a quadratic term ($p=0.003$), which resulted in the estimated rate of change of A β 42:38 reducing as parental AAO increased; a one-year increase in parental AAO was associated with a 9.4% decrease (95% CI: 5.3%, 13.3%; $p<0.001$) in the geometric mean of A β 42:38 at age 35 compared a 4.4% decrease (95% CI: 2.9%, 5.9%; $p<0.001$) in the same measure at age 45. For both A β 42:40 and A β 38:40, the association with parental AAO was estimated to be constant across the age range investigated, a one-year increase in parental AAO was associated with a 1.6% decrease (95% CI: 0.2%, 3.1%; $p=0.03$) in A β 42:40 and a 1.7% increase (95% CI: 0.4%, 3.0%; $p=0.008$) in the A β 38:40. In *APP* carriers, there were no significant associations between A β 42:40, A β 42:38 or A β 38:40 and parental AAO (all p -values ≥ 0.18 ; Supplementary Fig. 2).

In *PSEN1* and *APP* carriers, models that adjusted for sex, parental AAO and ‘normal ageing’ did not find any significant association between either A β 42:40, A β 42:38 or A β 38:40 and EYO (Supplementary Figs. 3,4) ($p\geq 0.06$). However, in *APP* carriers there was weak evidence of an association between A β 42:40 and EYO: a one-year increase in EYO was associated with a 0.8% decrease (95% CI: 1.6% decrease, 0.0% increase, $p=0.06$) in the geometric mean of A β 42:40.

A β ratios in plasma and iPSC-conditioned media were highly associated for both A β 42:40 ($\rho=0.86$, $p=0.01$) and A β 38:40 ($\rho=0.79$, $p=.02$), somewhat less so for A β 42:38 ($\rho=0.61$, $p=0.10$ (Fig. 3). While we did not observe perfect agreement in the A β 42:38 ratio between plasma and iPSC lines (shown by solid line, Fig. 3), the direction of change in this ratio, i.e.

either increased or decreased when compared to controls, was largely consistent across media.

DISCUSSION

In this study we found increases in plasma A β 42:40 in both *APP* and *PSEN1* carriers compared to non-carriers and marked differences in A β ratios between genotypes: A β 42:38 was higher in *PSEN1* vs. *APP*, A β 38:40 was higher in *APP* vs. *PSEN1*. Importantly, more aggressive *PSEN1* mutations (those with earlier ages of onset) had higher A β 42:40 and A β 42:38 ratios – *in-vivo* evidence of the pathogenicity of these peptide ratios.

These results offer insights into the pathobiology of ADAD and differential effects of *APP/PSEN1* genotype. Increased A β 42:38 in *PSEN1* may be attributed to reduced conversion of A β 42 (substrate) to 38 (product) relative to non-carriers – in contrast *APP* carriers showed near identical A β 42:38 ratios compared to non-carriers. Strikingly, increases in A β 42 relative to shorter A β moieties (\leq 40) were associated with earlier disease onset in *PSEN1*. Importantly there were no associations between A β ratios and EYO in *PSEN1* carriers, suggesting these ratios represent molecular drivers of disease as opposed to being markers of disease stage. Our *in-vivo* results recapitulate cell-based findings of reduced efficiency of γ -secretase processivity in *PSEN1* (Szaruga *et al.*, 2015, 2017; Arber *et al.*, 2019); inefficiency attributed to impaired enzyme-substrate stability causing premature release of longer A β peptides (Szaruga *et al.*, 2017).

Parental AAO is an indicator of disease severity, with a younger AAO implying a more deleterious mutation. In *PSEN1* A β 42:38 (a read-out of the efficiency of the fourth γ -secretase cleavage) showed a deceleration in the rate of change as parental AAO increases.

This further supports the central pathogenic role of γ -secretase processivity in ADAD, especially in younger onset, aggressive forms of *PSEN1*.

In *APP*, production of A β 38 relative to A β 40 was increased. This is consistent with a shift in the site of endopeptidase-cleavage causing increased generation of A β 48; the precursor substrate in the A β 38 production line. Our study included *APP* mutations located near the γ -secretase cleavage site. Previous cell-based work involving mutations around this site also demonstrated increased trafficking along the A β 48 pathway (Chávez-Gutiérrez *et al.*, 2012, Szaruga *et al.*, 2017; Arber *et al.*, 2019). In contrast, *APP* duplications or mutations near the beta-secretase site are associated with non-differential increases in A β production (Hunter and Brayne, 2018).

Changes in A β 38:40 were also seen in *PSEN1* carriers; levels were reduced compared to both *APP* carriers and non-carriers. Declines in A β 38:40 may reflect mutation effects on endopeptidase cleavage and/or γ -secretase processivity; changes in both processes have been described in *in-vitro* studies of *PSEN1* (Fernandez *et al.*, 2014; Arber *et al.*, 2019). Premature release of longer (>A β 43) peptides may contribute to falls in A β 38:40; both increasing A β length and pathogenic *PSEN1* mutations are associated with destabilisation of the enzyme-substrate complex (Szaruga *et al.*, 2017). It will be important for future research to investigate the exact molecular drivers of declines in A β 38:40 in *PSEN1*, especially as lower levels were associated with earlier disease onset.

We also saw inter-stage differences in APP processing; A β 42:40 was higher in symptomatic compared to presymptomatic *PSEN1* carriers. The reason for this is unclear and should be treated cautiously given small group sizes and the absence of inter-stage differences in

$\text{A}\beta_{42:40}$ amongst *APP* carriers. However, post-symptomatic increases in plasma $\text{A}\beta_{42}$ have been reported in Down syndrome (Fortea *et al.*, 2020). It is possible that downstream pathogenic consequences of ADAD, such as cerebral amyloid angiopathy, may interact with, and modify, plasma levels. Additionally, as $\text{A}\beta$ is produced peripherally in organs, muscle and platelets, systemic factors may contribute to inter-stage differences (Wang *et al.*, 2017).

Our results support the hypothesis that ADAD mutations increase *in-vivo* production of longer $\text{A}\beta$ peptides ($\text{A}\beta \geq 42$) relative to $\text{A}\beta 40$. This is consistent with cell- and blood-based studies in ADAD (Reiman *et al.*, 2012; Szaruga *et al.*, 2015). Additionally, we showed plasma $\text{A}\beta$ profiles were recapitulated in iPSC-media with consistent profiles for the same mutation. There is some evidence that $\text{A}\beta_{42:40}$ ratios also increase in the CSF of mutation carriers far from onset, however CSF levels then fall significantly during the two decades before symptom onset; reductions are attributed to “trapping” of longer peptides within cerebral plaques (Potter *et al.*, 2013, Schindler *et al.*, 2019b). In sporadic AD CSF, as well as plasma, $\text{A}\beta_{42:40}$ levels also fall as cerebral amyloid plaques start to accumulate, with ratio levels remaining low thereafter (Palmqvist *et al.*, 2019). In contrast, we show that plasma $\text{A}\beta_{42:40}$ in both *APP* and *PSEN1* carriers was raised and did not fall below non-carriers levels, either before or after symptom onset. Taken together, these findings suggest that plasma $\text{A}\beta$ ratios in ADAD are less susceptible to the effects of sequestration.

Study limitations include the small sample size, due to the rarity of ADAD, however we included a reasonably wide array of mutations. Secondly, ages at onset were estimated from parental AAO, while this offers a reasonable estimate there is variability within families and imprecision in determining AAO in a preceding, often deceased, generation (Pavsic *et al.*, 2020). Finally, future studies should measure $\text{A}\beta$ moieties longer than $\text{A}\beta 42$, and also

investigate interactions between central and peripheral A β production (we lacked paired CSF).

In conclusion, we demonstrate the impact of pathogenic ADAD mutation on APP processing *in-vivo*. We show marked inter-mutation difference in A β profiles, with relative increases in longer peptides being associated with earlier disease onset. Our findings suggest that plasma A β ratios in ADAD may be useful biomarkers of APP processing. This is especially important as we enter an era of gene silencing therapies, and personalised medicine, where direct read-outs of gene function will be particularly valuable.

Contributors: AOC, NCF, HZ developed the study concept. AOC, PSJW, NSR, and HR contributed to recruitment. Data were collected by AOC, PSJW, HR, CA, NW and NSR. Blood samples were processed by AJH, EA, and IS. The immunoprecipitation mass spectrometry method was developed by JP, KB, HZ, and EP. JP analysed the plasma samples. TP, CF, and JMN carried out the statistical analysis. SM and JMP contributed to the genetic analysis. TP and CF created the figures. AOC, JP, TP, CF, NSR, CA, SW, LCG, KB, HZ, and NCF interpreted the data. AOC and NCF drafted the initial manuscript. All authors reviewed and edited the manuscript and critically revised it for intellectual content.

Conflicts of interest

KB has served as a consultant, at advisory boards, or at data monitoring committees for Abcam, Axon, Biogen, JOMDD/Shimadzu. Julius Clinical, Lilly, MagQu, Novartis, Roche Diagnostics, and Siemens Healthineers, and is a co-founder of Brain Biomarker Solutions in Gothenburg AB (BBS), which is a part of the GU Ventures Incubator Program. HZ has served at scientific advisory boards for Denali, Roche Diagnostics, Wave, Samumed and CogRx, has given lectures in symposia sponsored by Fujirebio, Alzecure and Biogen, and is a co-founder of Brain Biomarker Solutions in Gothenburg AB, a GU Ventures-based platform company at the University of Gothenburg. NCF reports consultancy for Roche, Biogen and Ionis, and serving on a Data Safety Monitoring Board for Biogen. HR has undertaken consultancy for Roche.

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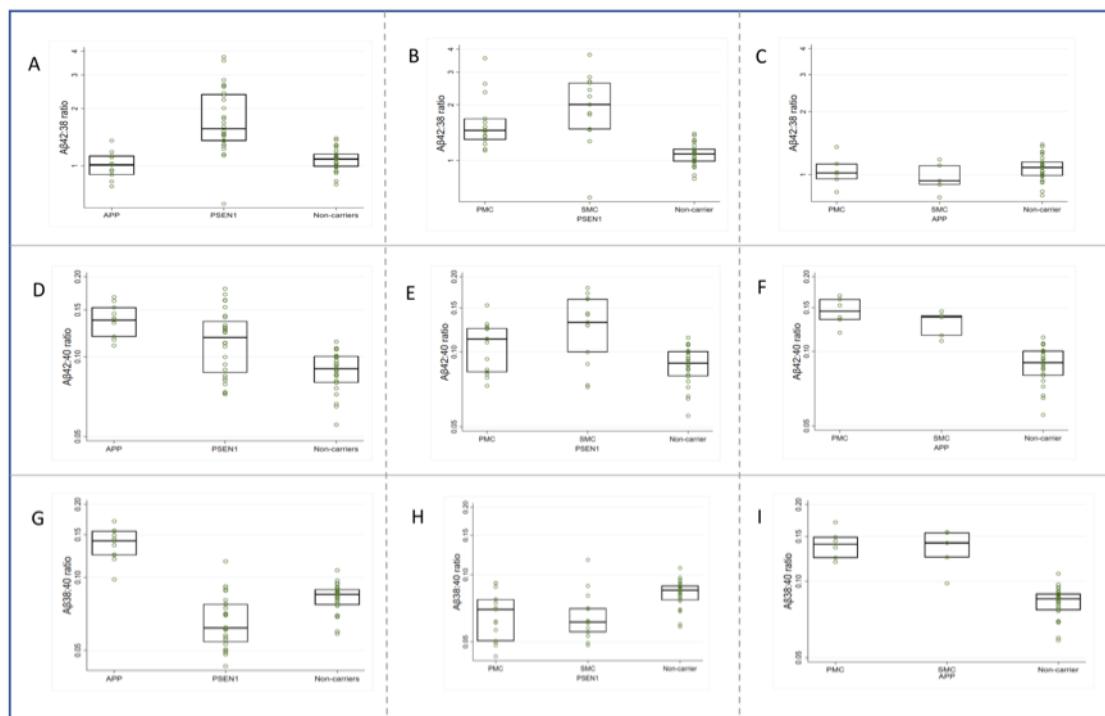


Figure 1: Box plots for observed plasma Aβ ratios. Plasma (1A-C) Aβ42:38, (1D-F) Aβ42:40 and (1G-I) Aβ38:40 ratios are shown with the y-axis on a logarithmic scale. Mutation carriers were divided into (1A, 1D, 1G) APP and PSEN1 carriers and non-carriers; (1B, 1E, 1H) PSEN1 presymptomatic and symptomatic mutation carriers and non-carriers and (1C, 1F, 1I) APP presymptomatic and symptomatic mutation carriers and non-carriers. Boxes show the median and first and third quartiles. Dots represent individual observations.

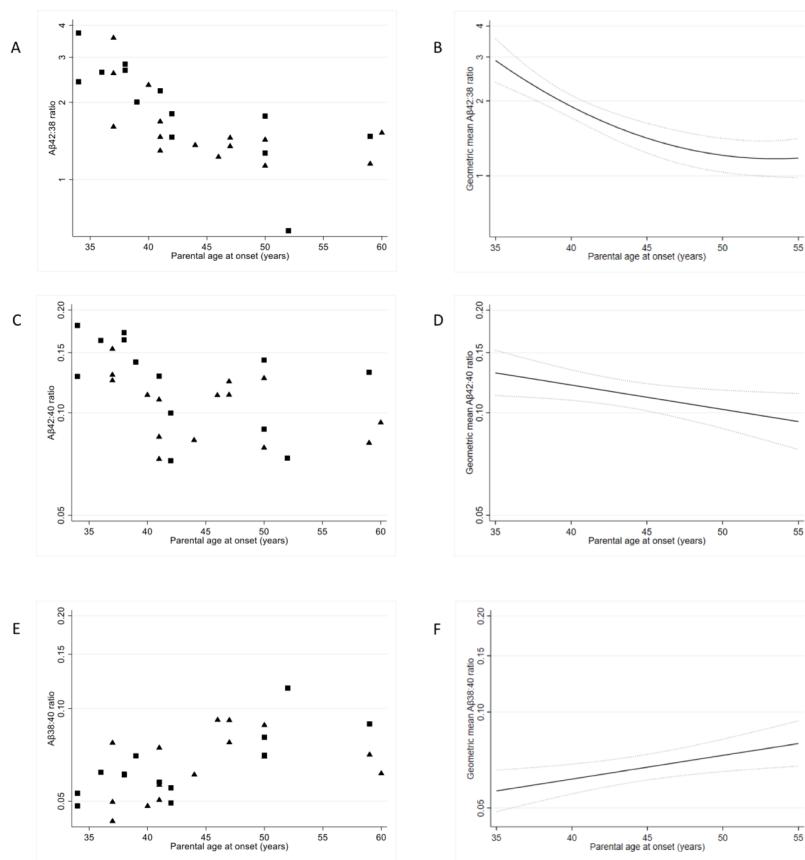


Figure 2: Plasma Aβ ratios against parental AAO in *PSEN1* carriers.

Scatter plots of observed plasma (A) Aβ42:38 (C) Aβ42:40 and (E) Aβ38:40 values against parental age at onset (AAO). Symptomatic mutation carriers are identified by square symbols and presymptomatic mutation carriers by triangle symbols.

Modelled geometric mean of plasma (B) Aβ42:38 (D) Aβ42:40 and (F) Aβ38:40 against parental AAO in *PSEN1* carriers; models adjust for EYO, sex and 'normal ageing' in non-carriers. The trajectories displayed contain an equal mix of males/females and are adjusted for 'normal ageing' relative to age 43 (the average age of mutation carriers). EYO is set at 0, i.e. point of symptom onset, in all three trajectory plots.

The y-axis scale is logarithmic in all panes.

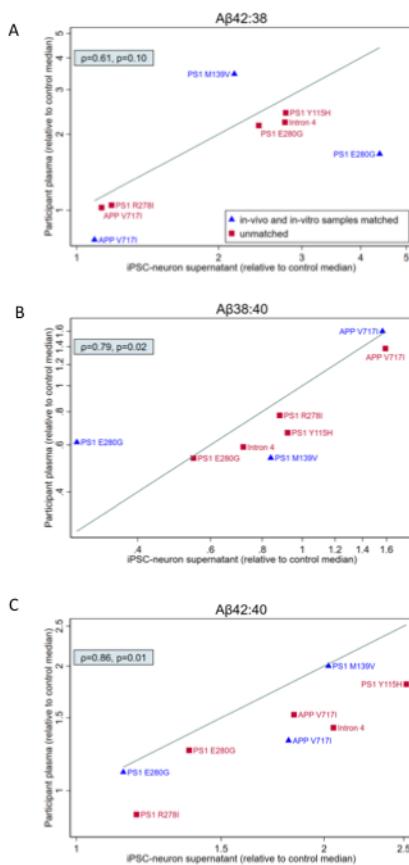


Figure 3: Comparison of A β processing *in-vivo* and *in-vitro*. Scatterplot comparing A β ratios profiles in plasma and iPSC derived neurons for eight mutation carriers. One to one comparison of A β ratios normalised to the median of controls for each experimental setting (n=27 non-carrier controls for plasma, n=5 iPSC lines from controls who were not members of ADAD families); values >1 indicate higher ratio in mutation carrier compared to median of controls whereas values <1 indicate lower ratio in mutation carrier compared to median of controls. Matched samples (plasma and iPSC samples donated by the same donor) are identified with triangle symbols. Unmatched samples (plasma and iPSC samples donated by different participants who carry the same mutation, and where possible are members of the same family) are identified by square symbols. The y-axis scale is logarithmic in all panes. Spearman rho and the associated p-value are shown for each scatter plot. The line displayed on each scatterplot represents line of perfect agreement i.e. x=y.

Table 1

Table 1: Baseline characteristics (N=66)			
	Non-carrier N=27	APP N=11	PSEN1 N=28
Sex ^a , n (%) Female Male	16 (59%) 11 (41%)	3 (27%) 8 (73%)	15 (54%) 13 (46%)
Age ^b , years (mean (SD))	39.6 (10.4)	46.5 (12.5)	43.0 (8.7)
Stage n (%) ^c Presymptomatic Symptomatic	N/A	6 (54.6%) 5 (45.4%)	15 (53.6%) 13 (46.4%)
A β 1-42 ^d (pg/ml) (median (IQR))	20.3 (18.3, 24.5)	29.5 (24.2, 36.0)	26.3 (14.7, 32.3)
A β 1-40 ^e (pg/ml) (median (IQR))	225.7 (212.2, 246.1)	214.0 (174.5, 232.8)	221.5 (146.5, 252.2)
A β 1-38 ^f (pg/ml) (median (IQR))	19.2 (16.7, 21.0)	27.0 (24.8, 35.6)	14.1 (9.6, 18.4)
A β 1-42/1-40 ratio (median (IQR))	0.09 (0.08, 0.10)	0.14 (0.12, 0.15)	0.12 (0.09, 0.14)
A β 1-42/1-38 ratio (median (IQR))	1.08 (0.99, 1.15)	1.01 (0.90, 1.13)	1.56 (1.36, 2.37)
A β 1-38/1-40 ratio (median (IQR))	0.09 (0.08, 0.09)	0.14 (0.12, 0.16)	0.06 (0.05, 0.08)

^a No evidence of a difference between groups: Fisher's exact test p=0.21

^b No evidence of a difference between groups: Wald test p=0.14

^c All non-carriers were asymptomatic

^d For A β 1-42 there was evidence of a difference between groups (Wald test p=0.0003), after adjusting for age and sex. Mean A β 1-42 in APP carriers was an estimated adjusted 10.4 pg/ml higher (95% CI 5.1, 15.7, p<0.001) than non-carriers and in PSEN1 was 5.3 pg/ml higher (95% CI 0.5, 10.1, p=0.03) than non-carriers, while there was no evidence of a difference between APP carriers and PSEN1 carriers (p= 0.10).

^e For A β 1-40 there was no evidence of a difference between groups after adjusting for age and sex: Wald test p=0.61

^f For A β 1-38 there was evidence of a difference between groups (Wald test p<0.0001) after adjusting for age and sex. Mean A β 1-38 in APP carriers was an estimated adjusted 14.9 pg/ml higher (95% CI 8.7, 21.1; p<0.001) than PSEN1 carriers and 10.2 pg/ml higher (95% CI 4.1, 16.3; p=0.001) than non-carriers, and in PSEN1 carriers was 4.7 pg/ml lower (95% CI 2.0, 7.4; p=0.001) than non-carriers.