

1 **Identification of key interactions of benzimidazole resistance-associated amino acid mutations in**
2 ***Ascaris* β -tubulins by molecular docking simulations**

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11 **Abstract**

12 *Ascaris* species are soil-transmitted helminths that infect humans and livestock mainly in low and
13 middle-income countries. Benzimidazole (BZ) class drugs have predominated for many years in the
14 treatment of *Ascaris* infections, but persistent use of BZs has already led to widespread resistance in
15 other nematodes, and treatment failure is emerging for *Ascaris*. Benzimidazoles act by binding to β -
16 tubulin proteins and destabilising microtubules. Three mutations in the β -tubulin protein family are
17 associated with BZ resistance. Seven shared β -tubulin isotypes were identified in *Ascaris*
18 *lumbricoides* and *A. suum* genomes. Benzimidazoles were predicted to bind to all β -tubulin isotypes
19 using *in silico* docking, demonstrating that the selectivity of BZs to interact with one or two β -tubulin
20 isotypes is likely the result of isotype expression levels affecting the frequency of interaction. *Ascaris*
21 β -tubulin isotype A clusters with helminth β -tubulins previously shown to interact with BZ.
22 Molecular dynamics simulations using β -tubulin isotype A highlighted the key role of amino acid
23 E198 in BZ- β -tubulin interactions. Simulations indicated that mutations at amino acids E198A and
24 F200Y alter binding of BZ, whereas there was no obvious effect of the F167Y mutation. In conclusion,
25 the key interactions vital for BZ binding with β -tubulins have been identified and show how
26 mutations can lead to resistance in nematodes.

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38 **Introduction**

39 The large intestinal roundworm *Ascaris lumbricoides* infects humans and causes ascariasis. *Ascaris*
40 *lumbricoides* is a parasitic nematode that resides in the small intestine of its host and can persist
41 there for up to 2 years¹. Ascariasis is often asymptomatic, but in regions of high *A. lumbricoides*
42 prevalence there can be significant effects on host wellbeing, with chronic ascariasis leading to
43 reduced cognitive ability and stunted growth due to malnutrition². The migrating larvae may also
44 cause pulmonary ascariasis which results in asthma-like symptoms, whilst high worm burdens can
45 lead to more serious pathologies such as organ blockages, which can result in death^{3,4}. As of 2019
46 there was an estimated 446,000 people infected with *A. lumbricoides* worldwide with an estimated
47 loss of 754,000 disability adjusted life years (DALYs)⁵. Most of these infections occur in rural and
48 poor urban areas of low- and middle-income countries, where hygiene and sanitation infrastructure
49 can be of a lower standard than in higher income areas, and therefore people are more exposed to
50 infection. *Ascaris suum* is a closely related roundworm of pigs, although it can also be zoonotic^{6,7}.
51 *Ascaris suum* has a wider geographical distribution than *A. lumbricoides* and is one of the most
52 prevalent intestinal parasites of pigs worldwide^{8,9}. *Ascaris suum* infection can lead to production
53 losses from reduced growth rates, altered muscle composition and the condemnation of livers due
54 to fibrotic lesions known as milk spots^{10,11}.

55 There are only a small number of drugs available to treat ascariasis, which include the
56 benzimidazoles (BZ), macrocyclic lactones and levamisole¹². Overreliance on these drugs has led to
57 the potential for drug resistance. Mass drug administration (MDA) of BZ anthelmintics, such as
58 albendazole and mebendazole, in endemic regions is the strategy for control and elimination of a
59 number of helminth diseases in humans, including ascariasis. The most recent 2021-World Health
60 Organization roadmap for neglected tropical diseases has targeted the elimination of ascariasis as a
61 public health problem in 96 countries by reaching 75% coverage of MDA in targeted populations¹³.
62 Whilst repeated treatment in endemic communities may be able to reduce parasite burdens, it does
63 not prevent reinfection, and it is well-established that pressure applied by MDA can lead to the
64 evolution of drug resistance¹⁴. Benzimidazole resistance has been detected in many intestinal
65 parasites of both veterinary and human importance, and the first signs of reduced susceptibility in
66 *Ascaris* have been reported¹⁵⁻²⁴. To date, BZ resistance has been linked to mutations in β-tubulin
67 proteins, more specifically at amino acids 167, 198 or 200, based on the *Haemonchus contortus* β-
68 tubulin reference sequence (accession number: AAA29170.1). Nematodes usually encode multiple β-
69 tubulin isotypes but not all are expressed equally, with some being life-stage or cell-type specific²⁵.
70 One of the highly expressed isotypes, β-tubulin isotype 1, is commonly linked to resistance in
71 parasitic nematodes^{16,18-21,26-29}. Little is known about the contribution of other β-tubulin isotypes to
72 drug interactions and resistance. Based on evidence from *Caenorhabditis elegans*, it is likely that
73 most of these isotypes are redundant or have specialised roles within specific cells or at certain
74 developmental stages³⁰. So far, no work has been done to characterise the roles of the β-tubulins in
75 ascarids or other common STHs and therefore the role they play in drug mechanisms and the
76 development of BZ resistance is still unknown.

77 One of the biggest hindrances to answering these questions is the ability to culture the full lifecycle
78 of these parasites *in vitro*, as well as the ethical considerations and costs associated with studying
79 parasites in animal models. *In silico* approaches could help to solve these problems by predicting the
80 differences seen between proteins and how they interact with drugs. *In silico* docking is a technique
81 that uses computational software to try and mimic biological systems and monitor molecular
82 interactions. A common use is to model protein-ligand docking to theoretically assess the ability of a
83 ligand to bind within the active sites of a protein and to develop novel drugs³¹. *In silico* docking has

84 been performed using the β -tubulins of several helminths including *H. contortus*, *Trichinella spiralis*
85 and filarial nematodes³²⁻³⁵. These studies have highlighted the changes in protein conformation that
86 occur when resistance mutations are present and how that affects drug interactions. To date these
87 methods have not been applied to *Ascaris*, nor has any study looked into the differences that may be
88 seen between the individual β -tubulin isotypes within a genus or species.

89 The aims of this study were to investigate the interactions between commonly used BZ drugs and
90 *Ascaris* β -tubulins, and identify what changes occur when mutations are present. The first objective
91 was to confirm that BZ binding in *Ascaris* was similar to that of other helminths. The second
92 objective was to compare the binding of these drugs in each of the β -tubulin isotypes present in
93 *Ascaris*. The final objective was to repeat these experiments in proteins that contain the common
94 resistance-associated mutations, to gain an insight into changes that lead to resistance.

95 **Results**

96 **Identification of *Ascaris* β -tubulin isotypes**

97 Twenty-one β -tubulin sequences were retrieved from NCBI, which were reduced to six after removal
98 of partial and duplicated sequences. BLAST searches against the three *Ascaris* genomes in
99 Wormbase-Parasite identified a total of 122 matches, 51 of which were β -tubulins based on
100 nomenclature and identity to reference sequence, with the remainder α -tubulins. Of the 51 β -
101 tubulins, after duplicates had been removed, there were 8 sequences remaining from the *A.*
102 *lumbricoides* genome (GCA_000951055.1), seven from one *A. suum* genome (GCA_000298755.1)
103 and six from a second *A. suum* genome (GCA_000187025.3). To extend the search for more distantly
104 related tubulins, the Exonerate program predicted the presence several additional tubulin
105 sequences in the three *Ascaris* genomes. A search of the Conserved Domain Database revealed that
106 most were α -tubulins, but a new β -tubulin sequence was identified for *A. suum* (E') and a more
107 complete sequence for *A. lumbricoides* B' sequence was identified and added to the sequences used
108 for phylogenetic analysis (Supplementary Table S1). The isotype G identified from *A. suum*
109 (GCA_000187025.3) was found to be split into two consecutive genes in the genome annotation,
110 although manual alignment of these two genes with isotype G from *A. lumbricoides* confirmed that
111 these two genes represented two halves of the full gene with an incorrect stop codon predicted at
112 the end of an exon (at position 169-171 of the cDNA). Therefore, these two consecutive genes were
113 concatenated and used as the *A. suum* isotype G gene for all further work (Supplementary Fig S1).
114 The protein to gene alignment undertaken with the Exonerate program on the two newly available
115 genomes (*A. lumbricoides* GCA_015227635.1 and *A. suum* GCA_013433145.1) found sequences for
116 all isotypes, with the exception of isotype G in *A. lumbricoides*. These sequences were added to the
117 existing data and a phylogeny was created which included β -tubulins from other Ascaridomorpha
118 species. A full list of sequences used can found in Supplementary Tables 1 and 2.

119 The phylogenetic tree showed a clear separation into definitive isotypes that appear to have
120 diverged early in the evolution of the Ascaridomorpha infraorder (Fig. 1). When phylogenetic trees
121 for the amino acid and nucleotide sequences were compared, the structuring of the isotype clades
122 were not consistent, although similar relationships were observed between sequences within clades.
123 *Ascaris suum* isotype F3 had one truncated exon and so did not fit into the group as well as other
124 sequences. *Ascaris suum* isotype E' was also seen to be divergent from the rest of the isotype E
125 group, and as this sequence was only found in one genome it was not designated its own isotype.
126 The effects of these sequence variations were seen more clearly in the phylogenetic tree based on
127 amino acid sequences.

128 Only the seven isotypes that had homologues in both *Ascaris* species were used in further analysis.
129 Isotype A clustered with sequences from other species, such as *Parascaris*, that have been previously
130 linked with BZ interaction through gene expression studies, and is the isotype which is currently used
131 in diagnostic tests for BZ resistance in *Ascaris*^{15,16,22,36,37}. For this reason, isotype A was used as the
132 focus of molecular docking simulations. Interestingly the isotype previously designated as isotype-1
133 in *A. suum* did not fall within isotype A, but instead was found to be isotype C, suggesting the past
134 labelling of this sequence as isotype-1 was incorrect²⁰.

135 ***In silico* docking shows similar binding for all β-tubulin isotypes**

136 *In silico* ligand docking simulations were performed on the seven β-tubulin isotypes shared by both
137 *Ascaris* species. An alignment of each isotype highlighting some active site amino acids can be seen
138 in Figure 2. Five BZ drugs were docked into the active sites of each isotype and simulations showed a
139 consistent trend between species, drug and isotype. However, the 3D structures and the 2D maps
140 were not always in complete agreement when labelling hydrogen bonds (H-bonds). Hydrogen bond
141 formation between BZs and amino acids Q134, E198 and V236 were the most common interactions
142 and were consistently seen in all isotypes. Amino acid A315 and the amino acids at position 165
143 were also seen numerous times in docking poses. In the majority of cases amino acid 165 was a
144 serine (S), although in isotypes E and F, amino acid 165 was asparagine (N) and threonine (T)
145 respectively. These changes did not cause a change to the overall amino acid properties as all three
146 amino acids are polar (neutral) hydrophobic amino acids, and similar interaction were observed
147 between the drugs and all three amino acids. Other amino acids interacted with the BZs in some
148 isotypes, and although these were not consistently seen, they could be of some importance and
149 would require further investigation (Fig. 3).

150 Isotype D had tyrosine (Y) at position 200 and this formed bonds with glutamate (E) at position 198.
151 Isotype D was the only isotype to naturally contain tyrosine at position 200 which has been linked to
152 resistance when seen in other β-tubulins^{21,27}. Recent work in *Parascaris* has shown that having
153 tyrosine as the wildtype amino acid in this β-tubulin isotype is not restricted to *Ascaris* only³⁸.

154 It was only in isotype D and the mutated F200Y models that binding was seen between the drugs
155 and amino acid 200. In the mutated F167Y protein models, the mutation of phenylalanine (F) to
156 tyrosine resulted in extra bonds being formed with the drugs in most cases. In the mutated E198A
157 models no bonds were formed with E198A in any drug model. The models with the F200Y mutation
158 showed a bond between the mutated F200Y amino acid and E198. The full details of the binding of
159 each drug to each individual isotype are provided in Supplementary Figures S2 – S21.

160 **Molecular dynamics simulations highlight BZ resistance mechanisms**

161 Molecular dynamics simulations calculate the pressure and heat energies that are likely found within
162 a physiological system and apply these to the protein-drug structure to mimic natural systems over a
163 period of time to find the optimum binding poses. These simulations show how protein-drug
164 interactions fluctuate over a period of time and give an indication of how these molecules may react
165 in a physiological system. As the molecular docking simulations showed no difference between
166 species or isotype, molecular dynamics simulations were performed only on *A. suum* isotype A.
167 Simulations showed no major changes from the initial ligand docking. For *A. suum* isotype A, bonds
168 between the protein and drugs formed with E198 in all models. Several other bonds were seen
169 depending on the drug, but all models had similar binding affinities (Fig. 4, Table 1 and Table 2).

170 In the E198A mutation model there was a reduced binding affinity and complete loss of bonding
171 with amino acid E198A, although weaker bonds still formed with other common amino acids (Fig. 5c,

172 Table 1 and Table 2). No difference in drug interactions were seen in the F200Y model compared to
173 the wildtype model, although the mutated F200Y amino acid did form a self-binding interaction with
174 E198 (Fig. 5e). In the F167Y model the additional bond formed with F167Y in the ligand docking
175 models was not seen and there was no direct effect of this mutation on drug binding (Fig. 5).

176 Resistance to BZs has been best documented in *H. contortus* and previous *in silico* modelling
177 simulations have been performed on this species to explore BZ resistance mechanisms^{32,34}. For
178 these reasons we performed molecular dynamics simulations on *H. contortus* β -tubulin isotype-1 to
179 compare our results with previous studies in this model organism. All simulations using *H. contortus*
180 models compared well with *A. suum* models (Fig. 6). For the wildtype susceptible protein, H-bonds
181 formed with E198 (Fig. 6a). There was no direct interaction observed between the drug and the
182 F167Y amino acid amino acid (Fig. 6). In the E198A models reduced binding affinity was observed,
183 and a loss of interaction with E198A with only weak bonds formed with other amino acids (Fig. 6c,
184 Table 2). Finally, the F200Y mutation resulted in interactions between E198 and the F200Y amino
185 acid amino acids and drug interactions with E198 were weakened (Fig. 6d, Table 2).

186 Discussion

187 The widespread resistance to BZs in ruminant nematodes such as *H. contortus* has illustrated the
188 effects that resistance can have on both animal health and economic returns³⁹. We have not yet
189 seen widespread resistance to BZs in *Ascaris* in either humans or pigs, although, with increasing drug
190 pressure to reach the 2030 World Health Organisation targets, limited studies on drug efficacy in
191 either humans or pigs, and limited alternative treatments, a better understanding of the
192 mechanisms leading towards BZ resistance in *Ascaris* is urgently required. This work identified seven
193 β -tubulin isotypes shared by both *Ascaris* species considered here, and compared, *in silico*, BZ
194 interactions between them. We observed that all β -tubulin isotypes are predicted to interact with
195 BZs in a similar manner, except for one isotype that contains a resistance-associated amino acid at
196 position 200 in its wildtype protein. *In silico* ligand docking and molecular dynamics simulations
197 highlighted E198 as a key amino acid in BZ-binding, with E198A mutations leading to weaker protein-
198 drug interaction. We also found that the common resistance associated F200Y mutation acts
199 indirectly by binding to E198 and reducing drug stability within the binding pocket.

200 By utilising multiple databases, we were able to identify seven β -tubulin isotypes from both *A. suum*
201 and *A. lumbricoides*. Phylogenetic analysis showed that *Ascaris* β -tubulin isotypes were shared with
202 other Ascaridomorpha species, and it is isotype A that is used as a marker of BZ resistance and is
203 usually referred to as isotype-1^{15,16,22,36,37}. The identification of isotype A as the main group involved
204 in BZ interaction allowed *in silico* work to focus on this isotype. Concurrent work in *Ascaris* by Roose
205 *et al.*⁴⁰ also found these same β -tubulin isotypes in both species and identified isotype A as the
206 isotype used in previous surveillance studies. Isotype A was shown to be the most highly expressed
207 β -tubulin isotype and therefore one of the main isotypes likely to be involved in BZ interaction⁴⁰.
208 Whilst the expression levels of the β -tubulin isotypes in *Ascaris* are now known, the contribution of
209 these to drug mechanisms of action have not yet been defined⁴⁰. Our work has shown that the drug
210 interaction with these isotypes does not differ on the whole, with the exception of isotype D.
211 Therefore, it likely that the contribution of each isotype to drug-binding is relative to the expression
212 level during the different stages of the *Ascaris* life-cycle.

213 The most common binding amino acids predicted from molecular dynamics simulations were E198,
214 L253 and N256. Several other amino acids interacted with the BZs, although these were not
215 consistent. Most of these interactions had weak binding affinity, although N256 and K350 were
216 shown to form stronger bonds and could be of potential importance. It has been assumed that E198
217 is the key binding amino acid for BZs, and indeed the key role E198 has in BZ binding and the self-

218 binding interaction between amino acid E198 and F200Y in the mutated models was observed^{33,34}.
219 By investigating binding energies at each amino acid it has been shown here that the bonds between
220 the BZs and E198 are much weaker in the *H. contortus* F200Y mutated models than in *Ascaris*
221 models. This has not been demonstrated before, and adds further evidence to the theory that
222 interactions between E198 and F200Y destabilize BZ binding³⁴.

223 Our results suggest that E198 is the key amino acid in β -tubulin for BZ binding in *Ascaris*, as
224 interactions were seen in every model except for the mutated E198A structure. Bonds with E198
225 also showed the strongest binding affinity; at least three times as strong as any other amino acid
226 interaction in most cases. In models that contained the E198A mutation, the change led to a loss of
227 interaction at this important site. In F200Y simulations, the self-binding between E198 and F200Y
228 was observed, which could lead to the blocking or destabilising of interactions between BZs and
229 E198, resulting in resistance to BZs. Interestingly, the binding energy between BZ and E198 in the *A.*
230 *suum* F200Y models was not reduced as much as it was for *H. contortus*. In F167Y models there was
231 no clear change, and this lack of any clear negative effect may explain why the F167Y mutation has
232 been found in field isolates of *A. lumbricoides* without any effect on drug susceptibility²³. However,
233 in *H. contortus* F167Y models, there was also no effect on binding, although in *H. contortus* this
234 mutation is known to cause resistance, which suggests that the models may still be unable to predict
235 more complicated mechanisms of resistance. It has been hypothesised that the F167Y mutation
236 leads to self-binding with amino acids that close off the binding pocket and prevent the drugs from
237 entering³⁴. In our work no such self-binding could be seen between the tyrosine at position 167 and
238 any other amino acids.

239 Benzimidazole resistance is common for *H. contortus* and other clade V nematodes but is yet to
240 become a common problem for *Ascaris*. In all the searches for drug resistance in *Ascaris* to date only
241 the three common resistance associated mutations, F167Y, E198A and F200Y have been
242 investigated, which means the contributions of other mutations that may affect the BZ susceptibility
243 will be missed. There are reports of Ascarid helminths displaying reduced susceptibility to BZ, but do
244 not contain these classical mutations, and hence there is a possibility that there may be other
245 mechanisms or mutations involved in BZ resistance^{15,38}. In this study several other amino acids were
246 identified as possible candidates, such as N256 and K350 (see Fig. 3 and Table 2 for full list of
247 interacting amino acids), that may play an important role in drug binding and may lead to BZ
248 resistance if mutations occur.

249 In conclusion, we have identified the full repertoire of β -tubulin genes from *A. lumbricoides* and *A.*
250 *suum* and have shown that whilst almost all have the potential to interact with BZs, there is one
251 isotype, isotype A, that is likely key to BZ binding. By identifying the importance of isotype A, our
252 findings will allow future studies to refine and focus their approach to studying the effects of BZs in
253 non-clade V nematodes and monitor resistance development. Our results show that E198 is a vital
254 amino acid for BZ binding of β -tubulins in *Ascaris*, as has been seen for other helminths species; and
255 the E198A and F200Y mutations both take effect by disrupting this key anchor point. However, it
256 appears that in *H. contortus* the F200Y mutation causes more disruption to E198 binding than is seen
257 in *Ascaris* and could be the key difference between the two groups of parasites. This new
258 information may prove to be of significance for the molecular monitoring and modelling of
259 resistance in *Ascaris* and could be key to understanding why resistance is so commonly reported in
260 strongyle nematodes but as yet rarely so in Ascaridomorpha.

261 **Methods**

262 Five *Ascaris* genomes: two for *A. lumbricoides* (GCA_000951055.1 and GCA_015227635.1) and three
263 for *A. suum* (GCA_000298755.1, GCA_000187025.3 and GCA_013433145.1) were analysed to
264 identify potential β -tubulin isotypes. Based on previous literature it was found that one *A.*
265 *lumbricoides* β -tubulin gene had been characterised and deposited in the National Center for
266 Biotechnology Information (NCBI) along with 21 β -tubulin sequences from *A. suum*^{20,22,41}. These
267 sequences were retrieved from the database and the *A. suum* sequences were aligned with each
268 other to remove the partial sequences that were duplicates of the longer sequences. The β -tubulin
269 gene from *A. lumbricoides* (EU814697.1) retrieved from NCBI was used to carry out BLAST⁴²
270 searches against the three available *Ascaris* genomes in WormBase-Parasite (GCA_000187025.3,
271 GCA_000298755.1 and GCA_000951055.1)^{43,44}. To ensure that no β -tubulin genes had been missed,
272 the paralogues of each gene were checked, and the search term “tubulin beta” was used for each
273 annotated genome. An α -tubulin sequence for each species was also retrieved to be used as the
274 outgroup in further analysis.

275 Exonerate v2.2.0⁴⁵ protein2genome was used to identify any β -tubulin genes within the *Ascaris*
276 genomes that had not been detected by BLAST or in the genome annotation. Each isotype retrieved
277 from the database search was run against all three genomes with the best 10 results being saved
278 from each test. This number of tests were saved as we found up to eight potential isotypes from the
279 database searches, and this allowed for the potential of at least two further sequences to be
280 identified. Any new sequence found by Exonerate was tested in the Conserved Domain Database⁴⁶
281 to check that the sequence was a β -tubulin gene and then any new sequences predicted to be β -
282 tubulins were added to the β -tubulin dataset. The two newest genomes (*A. lumbricoides*
283 GCA_015227635.1 and *A. suum* GCA_013433145.1) had not been fully annotated and so Exonerate
284 protein2genome was used to identify β -tubulin genes.

285 After all the sequences, both nucleotide and peptide, had been collected, they were aligned with
286 tubulin sequences from other Ascaridomorpha using the MUSCLE server (available at:
287 <https://www.ebi.ac.uk/Tools/msa/muscle/> [Accessed 09 December 2020])⁴⁷ and a maximum
288 likelihood phylogeny was created with MEGA version X⁴⁸, using the JTT+G model for the amino acid
289 sequences and the K2+G+I model for the nucleotide sequences. Each phylogeny was bootstrapped
290 1000 times. Genomes are numbered in the phylogenies as follows: *A. lumbricoides* 1
291 (GCA_000951055.1); *A. lumbricoides* 2 (GCA_015227635.1); *A. suum* 1 (GCA_000298755.1); *A. suum*
292 2 (GCA_000187025.3) and *A. suum* 3 (GCA_013433145.1). The peptide sequences of these genes
293 were used to create homology models.

294 Homology models

295 Homology models were created for all β -tubulin isotypes of *A. lumbricoides* and *A. suum* using
296 SWISS-MODEL server (available at: <https://swissmodel.expasy.org/> [Accessed 22 February 2021])
297^{49,50}. The β -tubulin crystal structure 6fkj was used as the reference structure. This structure was
298 chosen as it is an experimentally determined crystal structure containing multiple α / β -tubulin
299 dimers with a ligand bound in the colchicine binding site in a similar way as predicted previously for
300 BZs. The ligand bound to this structure is a cyclohexanedione derivative called TUB075 used as a
301 tubulin targeting, antiproliferation cancer drug⁵¹. Sequences for β -tubulin isotype A were edited to
302 provide sequences with the common BZ resistance associated mutations (F167Y, E198A and F200Y)
303^{17,24}. These were again submitted to SWISS-MODEL to create homology models. This isotype was
304 used as it was this isotype that had been identified as being highly expressed in previous studies of
305 Ascaridomorpha³⁷.

306 Quality checks

307 Homology models were submitted to multiple servers for quality checks to confirm the validity of
308 structures created in SWISS-MODEL and help predict any potentially erroneous sites. ProSA-web
309 (Protein Structure analysis) server (available at: <https://prosa.services.came.sbg.ac.at/prosa.php>
310 [Accessed 15 March 2021])^{52,53} assesses protein model quality. Verify3D^{54,55} compares the 3D
311 structure of the model to the 1D peptide sequence. PROCHECK v3.5⁵⁶ analyses the structural
312 geometry of the protein structures using Ramachandran plots. Both Verify3D and PROCHECK are
313 part of the UCLA SAVES v6.0 server (available at: <https://saves.mbi.ucla.edu/> [Accessed 15 March
314 2021]).

315 **Energy minimisation**

316 Structures were minimised using the YASARA energy minimization server (available at:
317 <http://www.yasara.org/minimizationserver.htm> [Accessed 25 February 2021])⁵⁷. This server uses
318 the YASARA forcefield to optimise the positions of atoms and reduce interatomic energies. After all
319 structures were minimised quality checks were performed again. The quality checks of minimised
320 homology models show acceptable results; with Z-scores within the expected range in ProSA,
321 verify3D scores over 80% and no errors found with PROCHECK.

322 ***In-silico* ligand docking**

323 3D ligand structure files for commonly used BZ drugs were downloaded from PubChem⁵⁸ in SDF
324 format. The drugs used include three of the most commonly used BZ, albendazole (ABZ),
325 mebendazole (MBZ) and fendazole (FBZ), as well as albendazole sulfoxide (ABZSO) and oxfendazole
326 (OXBZ), which are the active metabolites of ABZ and FBZ respectively. These were converted into
327 pdb format using Pymol v2.3.4⁵⁹. Pdb structures of ligands were uploaded to Autodock tools v1.5.6
328^{60,61}. The number of allowable rotatable bonds was set to maximum, and structures were saved in
329 pdbqt format suitable for docking simulations. Protein models were uploaded to Autodock tools to
330 be prepared for docking simulations. Water was deleted from the protein structures; polar
331 hydrogens were added, and structures were saved in pdbqt format. The docking grid was centred on
332 amino acid 200 of the protein as this is the primary amino acid believed to be associated with BZ
333 resistance. Grid spacings were set to 1 Angstrom (Å) and box size was set to 24Å for x, y and z sizes.
334 This grid box encased all three resistance associated amino acids within a small pocket of the protein
335 and the co-ordinates of the box were saved for later use.

336 Autodock vina v1.1.2⁶² was used to perform *in-silico* ligand docking simulations between the β-
337 tubulin isotypes and BZ drugs, using the grid co-ordinates and spacings to identify the target binding
338 region and an exhaustiveness level of 8. Docking results were opened in Pymol to view the 3D
339 structure and interactions. Polar contacts between the drug and proteins were identified and
340 protein-ligand complexes were exported in pdb format. Protein-ligand complexes were opened in
341 Discovery studio v20.1.0.19295⁶³ to create 2D ligand interaction maps which show multiple types of
342 interaction between the protein and ligand in a clear and easily read format.

343 **Molecular dynamics**

344 Molecular dynamics simulation were carried out using Molecular Operating Environment (MOE)
345 2020.01⁶⁴. The β-tubulin structures were optimised using the Protonate3D method with default
346 settings in MOE. The site finder algorithm was then implemented to identify binding pockets within
347 the protein. The pocket corresponding to the known binding region of BZs was selected and dummy
348 atoms were inserted as markers for the docking. Initial docking simulations were run for each BZ
349 with the *A. suum* β-tubulin isotype A using the dummy atoms as the site of binding. The initial
350 scoring of docking poses used the London dG method to identify the best 30 ligand poses. This was

351 followed by final scoring of the best 10 poses using GBVI/WSA dG method. Only ABZSO was used for
352 the mutated versions of isotype A. The results of the MOE docking were then used for molecular
353 dynamics simulations using the NPA algorithm and the Amber10: EHT forcefield using default
354 configurations. Structures were equilibrated for 100 picoseconds (ps) at 300°K before a production
355 run of 500 ps at 300°K with a time step of 0.002 ps. Once completed, the binding energy of each
356 interacting amino acid and the overall energy in the binding pocket is calculated.

357 A selection of timesteps were taken every 50 ps. For each of the selected timesteps the ligand was
358 constrained, and the structure was minimised to give the binding affinity of the ligand. The pose with
359 the strongest binding affinity was then selected as the final result and 2D and 3D representations of
360 the final model were saved. Due to the similarity between species and β -tubulin isotypes, only A.
361 *suum* isotype A complexes, and their mutated forms were subject to this analysis. As a point of
362 comparison with a better studied organism, *H. contortus* β -tubulin 1 (ACS29564.1), and mutated
363 versions of this protein containing the BZ resistance associated SNPs were also analysed by
364 molecular dynamics simulations.

365 **Data availability**

366 The genomic datasets analysed during the current study are available in the Wormbase-Parasite and
367 NCBI repositories, https://parasite.wormbase.org/Ascaris_lumbricoides_prjeb4950/Info/Index/ ;
368 https://parasite.wormbase.org/Ascaris_suum_prjna62057/Info/Index/ ;
369 https://parasite.wormbase.org/Ascaris_suum_prjna80881/Info/Index/ ;
370 https://www.ncbi.nlm.nih.gov/genome/350?genome_assembly_id=925559 ;
371 https://www.ncbi.nlm.nih.gov/genome/11969?genome_assembly_id=1482971 .

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526 **Acknowledgements**

527 This study was funded by the Kenneth Longhurst legacy PhD studentship Award from the University
528 of Surrey.

529 **Author contributions statement**

530 B.P.J, M.B., A.H.M.V., E.J.L. designed the study. B.P.J. performed experiments. B.P.J, M.B., A.H.M.V.
531 contributed to analysis of results. B.P.J, M.B., A.H.M.V., E.J.L contributed to writing manuscript. All
532 authors have reviewed the final manuscript.

533 **Competing interests**

534 The authors declare no competing interests.

535 **Figures and Tables**

536 **Figure 1: Phylogenetic reconstruction of Ascaridomorpha β -tubulins.** Phylogenies show the
537 relationship between each isotype from the *Ascaris* genomes as well as previously published
538 Ascaridomorpha species β -tubulins. (a) shows the phylogeny reconstructed using the peptide
539 sequences under the assumptions of the JTT+G model. (b) shows the nucleotide phylogeny
540 reconstructed under the K2+G+I model. Both phylogenies underwent 1000 bootstraps. Bootstrap
541 values are shown at each node. Sequences collected for members of the Ascaridomorpha have
542 retained the nomenclature given in the database (e.g., *Toxocara canis* β -tub4B). The species
543 included were *Anisakis simplex*, *Ascaridia galli*, *Parascaris equorum* and *Toxocara canis*. For the
544 *Ascaris* sequences identified from the genomes each sample is named by species, isotype and then
545 genome number (e.g., *Ascaris suum* C3 is the isotype C sequence from *A. suum* genome 3).

546 **Figure 2: Representative amino acid alignment of *Ascaris* β -tubulins.** Alignments for each *Ascaris* β -
547 tubulin isotype used in docking simulations. The common resistance associated amino acids (F167,
548 E198 and F200Y) and the amino acids that were found to interact with BZs (Q134, L253, N256 and
549 K350) and may be of some importance are highlighted in yellow.

550 **Figure 3: Ligand docking amino acid binding frequencies.** The amino acids in *Ascaris lumbricoides*
551 and *Ascaris suum* that form bonds with benzimidazole drugs in the ligand docking simulations are
552 shown. Green represents an amino acid that interacts with more than one drug and yellow
553 represents an interaction seen only once.

554 **Figure 4: 2D and 3D representations of the molecular dynamics simulations of *Ascaris suum***
555 **isotype A models with various benzimidazole drugs.** The figure shows the protein-ligand
556 interactions made in each model. In 2D models (left) bonds formed with amino acids are depicted

557 with dashed lines with the specific type of bond indicated in the key. All amino acids shown in 2D
558 models without bonds are predicted to interact via Van der Waals forces. In the 3D models (right)
559 the protein structure is shown in ribbon format (blue) with only binding amino acids or the
560 resistance associated amino acid shown in full (green). Hydrogen bonds (H-bonds) between protein
561 and ligand are highlighted in red and arene bonds are highlighted in amber. The benzimidazole drugs
562 are shown in yellow. Binding affinity is shown to the right of each model.

563 **Figure 5: 2D and 3D representations of the molecular dynamics simulations of *Ascaris suum* β -
564 tubulin isotype A wildtype and mutant models with albendazole sulfoxide.** The figure shows the
565 protein-ligand interactions made within each model. In 2D models (left) bonds formed with amino
566 acids are depicted with dashed lines with the specific type of bond indicated in the key. All amino
567 acids shown in 2D models without bonds are predicted to interact via Van der Waals forces. In the
568 3D models (right) the protein structure is shown in ribbon format (blue) with only binding amino
569 acids or the resistance associated amino acid shown in full (green). Hydrogen bonds (H-bonds)
570 between protein and ligand are highlighted in red and arene bonds are highlighted in amber. The
571 drug ABZSO is shown in yellow. Binding affinity is shown to the right of each model. Models shown
572 are (a) wildtype ASA, (b) mutated 167Y ASA, (c) mutated 198A ASA and (d) mutated 200Y ASA. (e)
573 shows the H-bonds between the drug and Y50 and E198 as seen in (d) but also shows a rotated view
574 of this model so that the bond between E198 and 200Y is made visible.

575 **Figure 6: 2D and 3D representations of the molecular dynamics simulations of *Haemonchus*
576 *contortus* β -tubulin isotype 1 wildtype and mutant models with albendazole sulfoxide.** The figure
577 shows the protein-ligand interaction made in each model. In 2D models (left) bonds formed with
578 amino acids are depicted with dashed lines with the specific type of bond indicated in the key. All
579 amino acids shown in 2D models without bonds are predicted to interact via Van der Waals forces.
580 In the 3D models (right) the protein structure is shown in ribbon format (blue) with only binding
581 amino acids or the resistance associated amino acid shown in full (green). Hydrogen bonds (H-
582 bonds) between protein and ligand are highlighted in red and arene bonds are highlighted in amber.
583 The drug albendazole sulfoxide (ABZSO) is shown in yellow. Binding affinity shown to the right of
584 each model. Models shown are (a) wildtype Hcon1, (b) mutated 167Y Hcon1, (c) mutated 198A
585 Hcon1 and (d) mutated 200Y Hcon1.

586

587 **Table 1: Binding affinities of wildtype and mutated *Ascaris suum* and *Haemonchus contortus* β -
588 tubulin proteins with benzimidazole drugs.** Binding affinities of the protein-drug interactions from
589 molecular dynamics simulations are measured in kcal/mol. The proteins used in these analyses were
590 ASA, the three mutated ASA proteins, Hcon1 and the three mutated Hcon1 proteins. ASA = *Ascaris*
591 *suum* β -tubulin isotype A, Hcon1 = *Haemonchus contortus* β -tubulin isotype-1, ABZ = albendazole,
592 ABZSO = albendazole sulfoxide, FBZ = fenbendazole, MBZ = mebendazole, OXBZ = oxfendazole.

Protein-drug model	Affinity (kcal/mol)
ASA-ABZSO	-8.16
ASA-F167Y-ABZSO	-8.28
ASA-E198A-ABZSO	-7.84
ASA-F200Y-ABZSO	-8.07
ASA-ABZ	-8.02
ASA-FBZ	-8.85
ASA-MBZ	-8.56
ASA-OXBZ	-8.84
Hcon1-ABZSO	-8.54
Hcon1-F167Y-ABZSO	-8.22
Hcon1-E198A-ABZSO	-7.12
Hcon1-F200Y-ABZSO	-8.16

593

594 **Table 2: Interactions between benzimidazole drugs and specific amino acid amino acids in *Ascaris*
595 *suum* and *Haemonchus contortus* β -tubulin proteins.** The proteins used in these analyses were
596 *Ascaris suum* β -tubulin ASA, the three mutated ASA proteins, Hcon1 and the three mutated Hcon1
597 proteins. The drugs used were ABZ, ABZSO, FBZ, MBZ and OXBZ). The table shows the type of bonds
598 formed (H – hydrogen bond, A – arene bond), the amino acid the bond is formed with and the drug
599 used. The energy of the bonds between the amino acid and drug are given in kcal/mol, the distance
600 between the bonded atoms is given in Angstroms (Å) and the number of bonds formed between the
601 amino acid and the drug is shown (frequency). ASA = *Ascaris suum* β -tubulin isotype A, Hcon1 =
602 *Haemonchus contortus* β -tubulin isotype-1, ABZ = albendazole, ABZSO = albendazole sulfoxide, FBZ =
603 fenbendazole, MBZ = mebendazole, OXBZ = oxfendazole.

Protein-drug model	Type	Amino acid	Drug	Energy	Distance (Å)	Frequency
ASA-ABZSO	H	Glu198	ABZSO	-9.4	3.06	2
	A	Phe200	ABZSO	-0.5	4.65	1
	H	Val236	ABZSO	-6.7	2.93	1
	A	Leu253	ABZSO	-2.6	3.97	3
	H	Lys350	ABZSO	-15.7	2.81	1
ASA-F167Y-ABZSO	H	Glu198	ABZSO	-15.9	2.76	2
	A	Phe200	ABZSO	-1.2	4.13	2
	H	Met257	ABZSO	-0.5	3.68	1
	H	Met316	ABZSO	-1.4	3.94	2
ASA-E198A-ABZSO	H	Gln134	ABZSO	-5.3	2.86	1
	H	Leu253	ABZSO	-1.3	3.03	1
ASA-F200Y-ABZSO	H	Tyr50	ABZSO	-2	2.77	1
	H	Glu198	ABZSO	-18.4	2.77	2
ASA-ABZ	H	Glu198	ABZ	-18.3	2.82	3
	A	Phe200	ABZ	-0.6	4.03	1
	A	Leu253	ABZ	-1.5	3.68	2
	A	Ile368	ABZ	-0.5	3.66	1
ASA-FBZ	H	Glu198	FBZ	-16.3	2.84	3
ASA-MBZ	H	Glu198	MBZ	-17.2	2.87	3
	A	Phe200	MBZ	-0.5	3.67	1
ASA-OXBZ	H	Glu198	OXBZ	-7.6	2.89	1
	A	Phe200	OXBZ	-0.5	4.2	1
	A	Leu246	OXBZ	-0.8	3.99	1
	H	Asn256	OXBZ	-6	2.82	1
	H	Lys350	OXBZ	-1	3.52	1
Hcon1-ABZSO	H	Glu198	ABZSO	-16.9	2.87	3
Hcon1-F167Y-ABZSO	H	Glu198	ABZSO	-11.6	2.75	2
	A	Leu253	ABZSO	-0.7	3.99	1
	H	Asn256	ABZSO	-5.6	2.82	1
Hcon1-E198A-ABZSO	H	Leu253	ABZSO	-3.5	2.85	1
Hcon1-F200Y-ABZSO	H	Glu198	ABZSO	-0.5	3.56	1
	H	Cys239	ABZSO	-3.1	2.98	1
	H	Asn256	ABZSO	-7.6	2.92	2
	H	Met316	ABZSO	-2	3.54	2

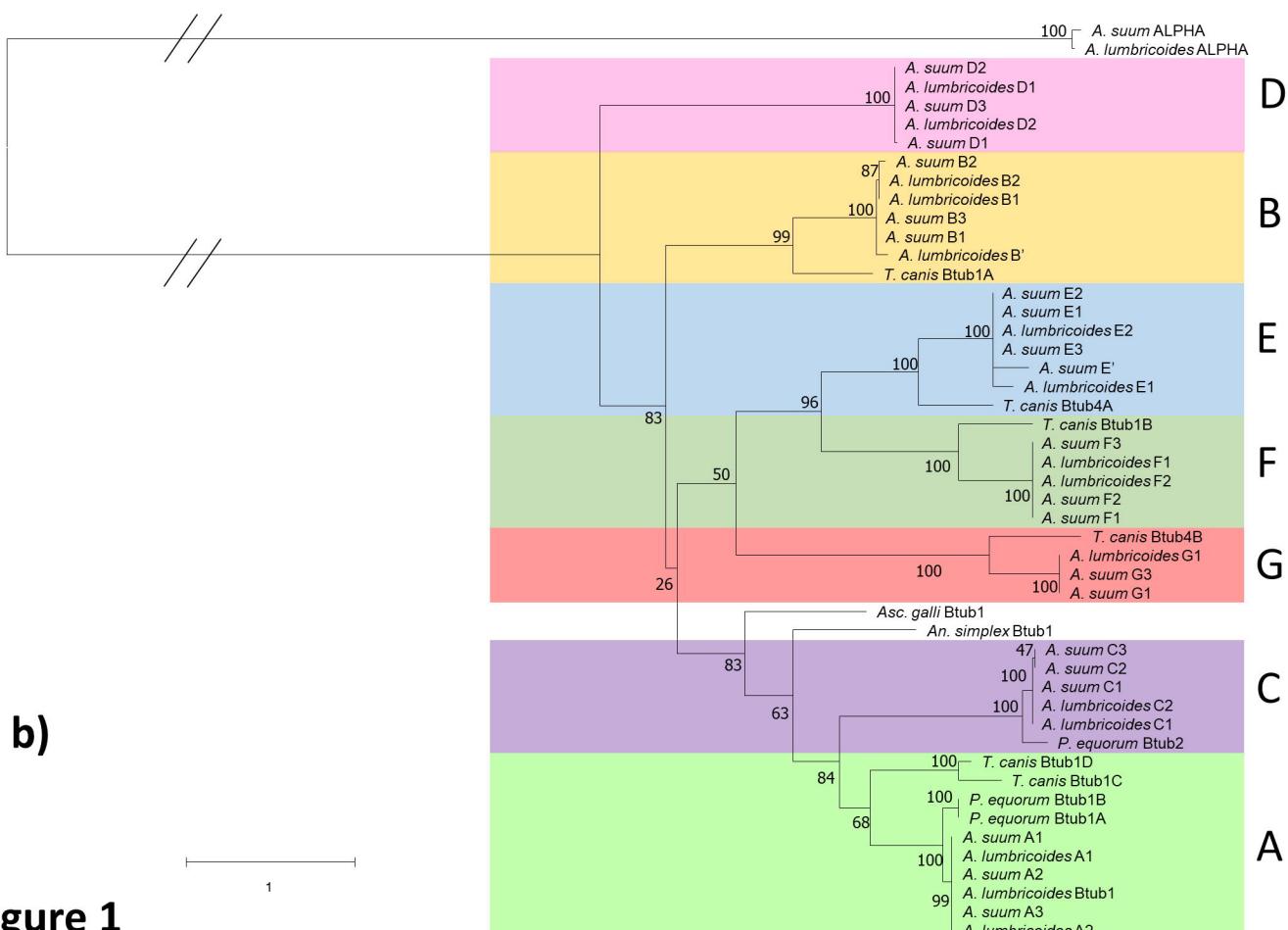
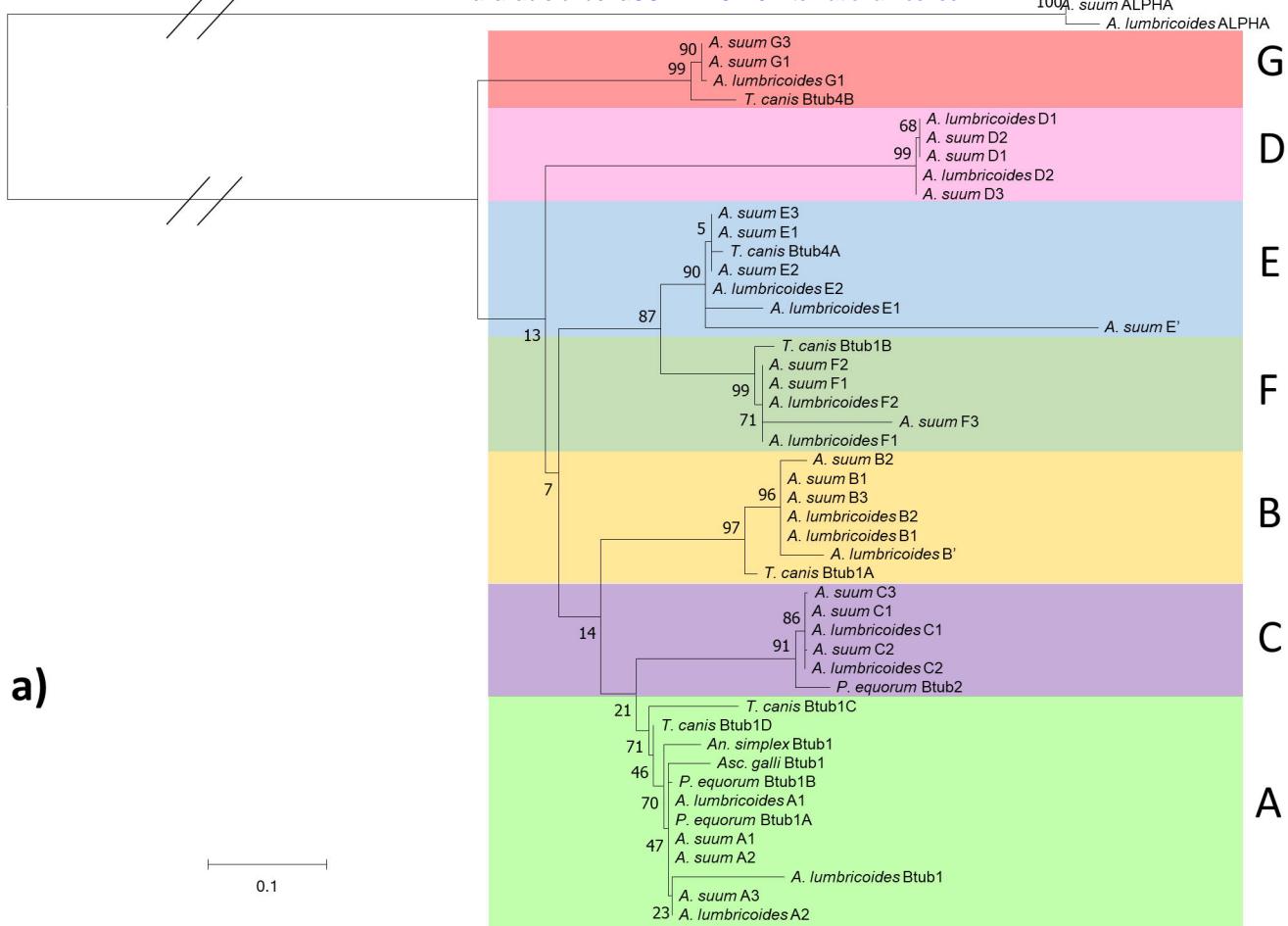


Figure 1

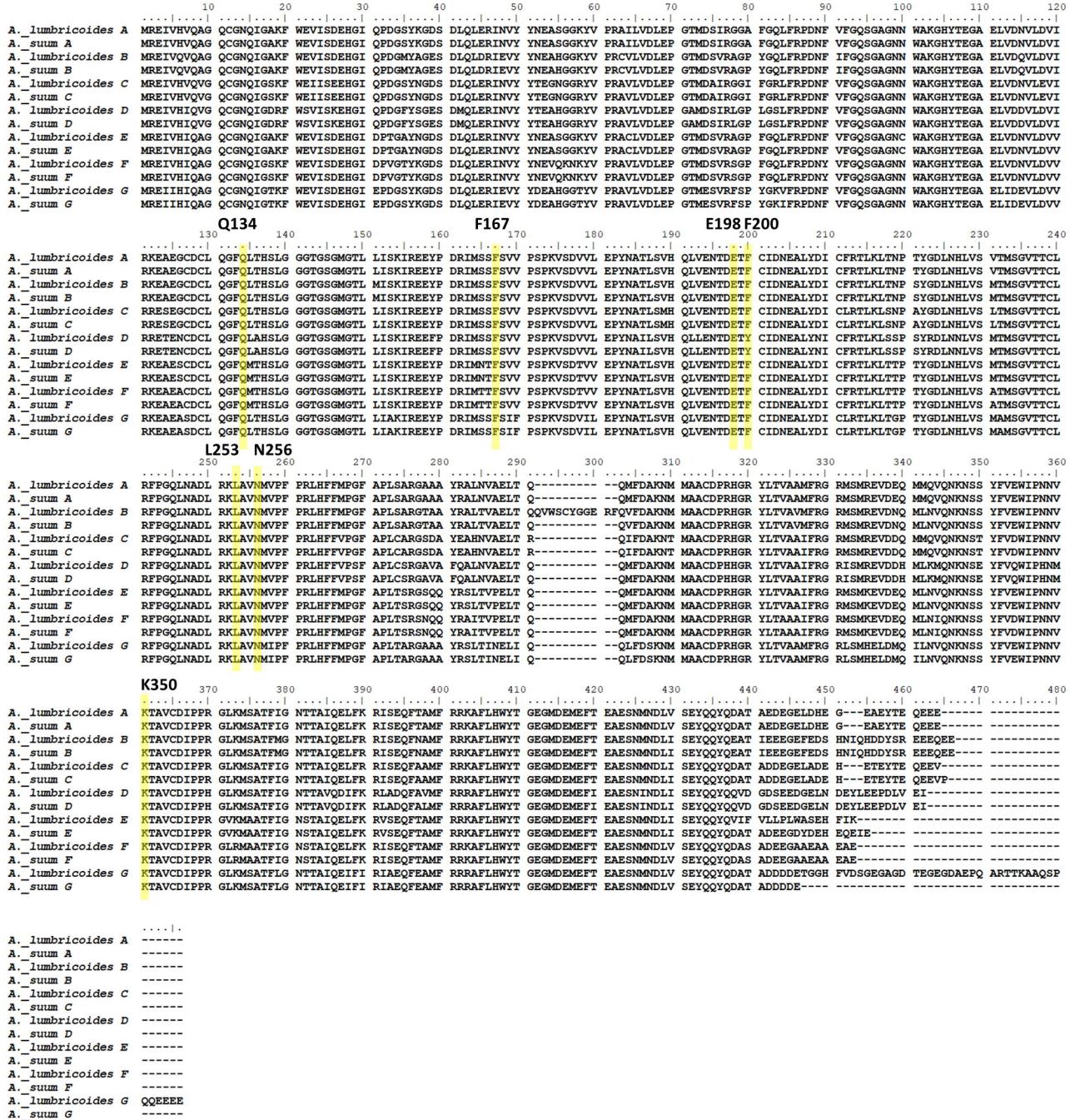
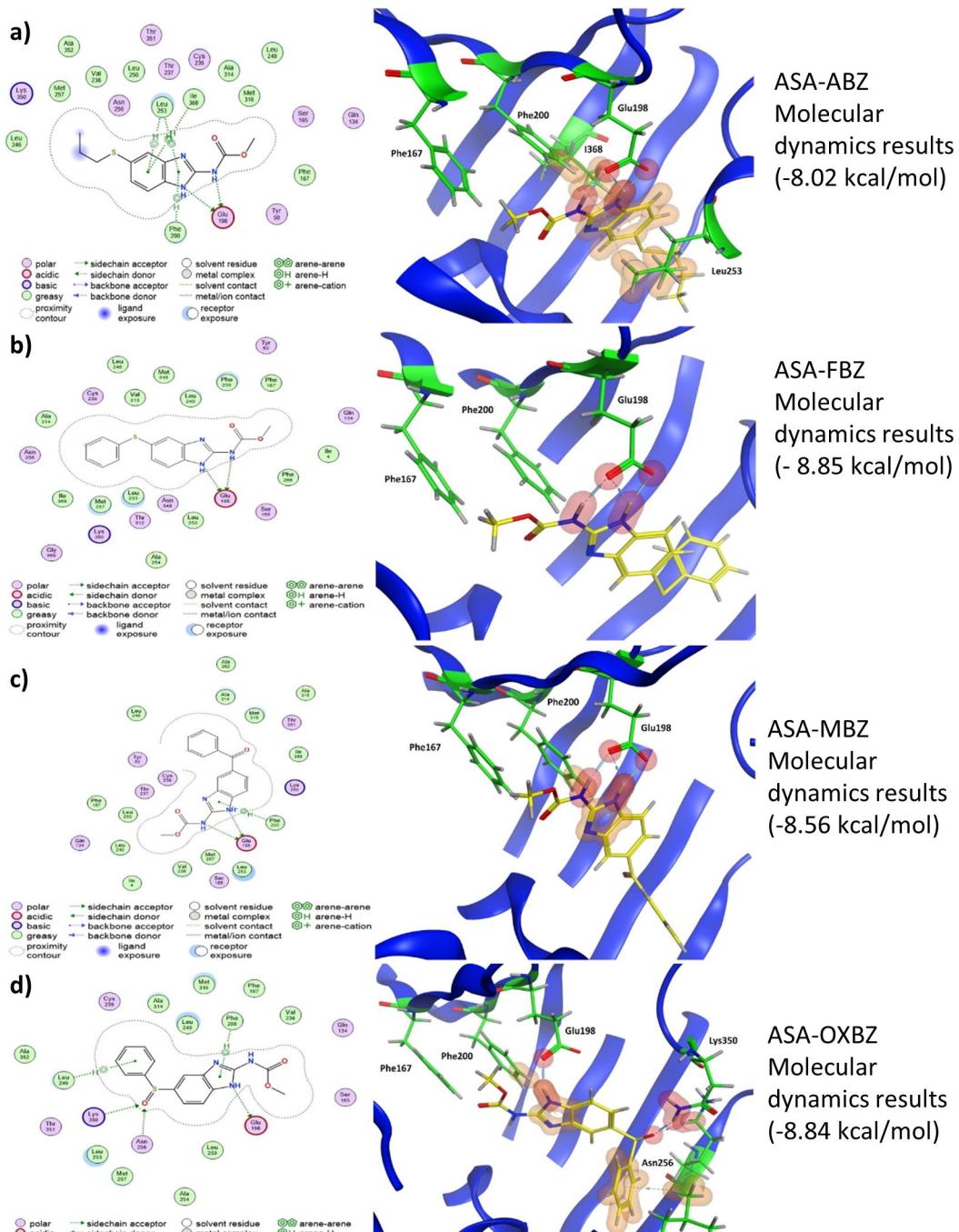


Figure 2

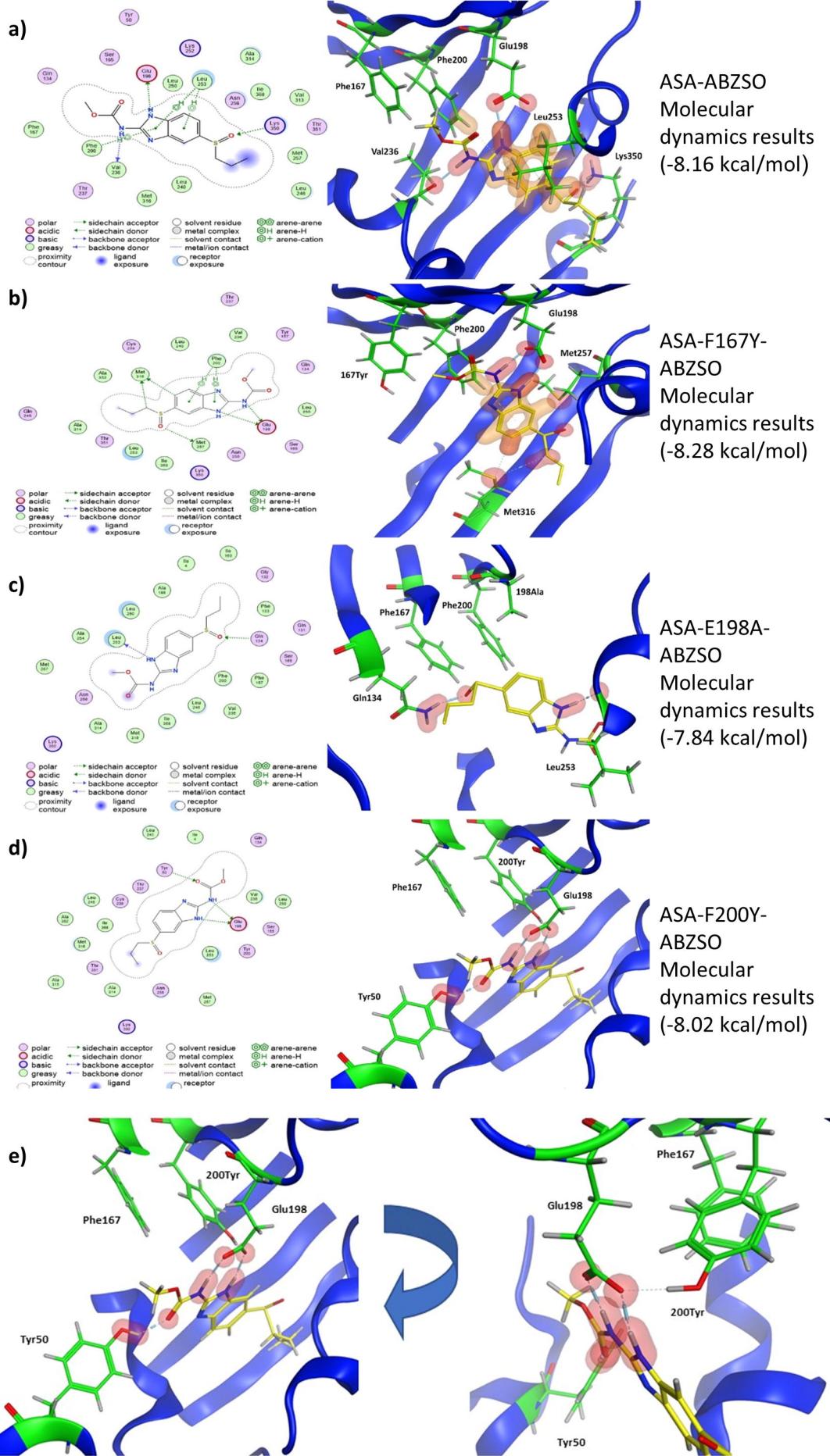
		β -tubulin peptide residues interacting with benzimidazoles								
Species	Isotype	Q134	S/T/N165	E198	F/Y200	V236	L253	N256	A315	other
<i>A. suum</i>	A	green				yellow				
<i>A. lumbricoides</i>	A	green				yellow				
<i>A. suum</i>	B									
<i>A. lumbricoides</i>	B	green				green				Y50
<i>A. suum</i>	C		yellow							C239
<i>A. lumbricoides</i>	C	green	yellow							C239
<i>A. suum</i>	D	green			green					K350
<i>A. lumbricoides</i>	D	green			green					K350
<i>A. suum</i>	E	green								
<i>A. lumbricoides</i>	E		white			yellow				
<i>A. suum</i>	F	green				yellow				
<i>A. lumbricoides</i>	F	green				yellow				
<i>A. suum</i>	G	yellow	white			yellow		green		
<i>A. lumbricoides</i>	G	green				yellow				
Isotype A										
Species	mutants	Q134	F167Y	E198A	F200Y	V236				
<i>A. suum</i>	F167Y					yellow				
<i>A. lumbricoides</i>	F167Y					yellow				
<i>A. suum</i>	E198A									
<i>A. lumbricoides</i>	E198A									
<i>A. suum</i>	F200Y	yellow		yellow	green					
<i>A. lumbricoides</i>	F200Y									

Figure 3



ASA = *Ascaris suum* β -tubulin isotype A, ABZ = albendazole, FBZ = fenbendazole, MBZ = mebendazole, OXBZ = oxfendazole

Figure 4



ASA = *Ascaris suum* β -tubulin isotype A, ABZSO = albendazole sulfoxide

Figure 5

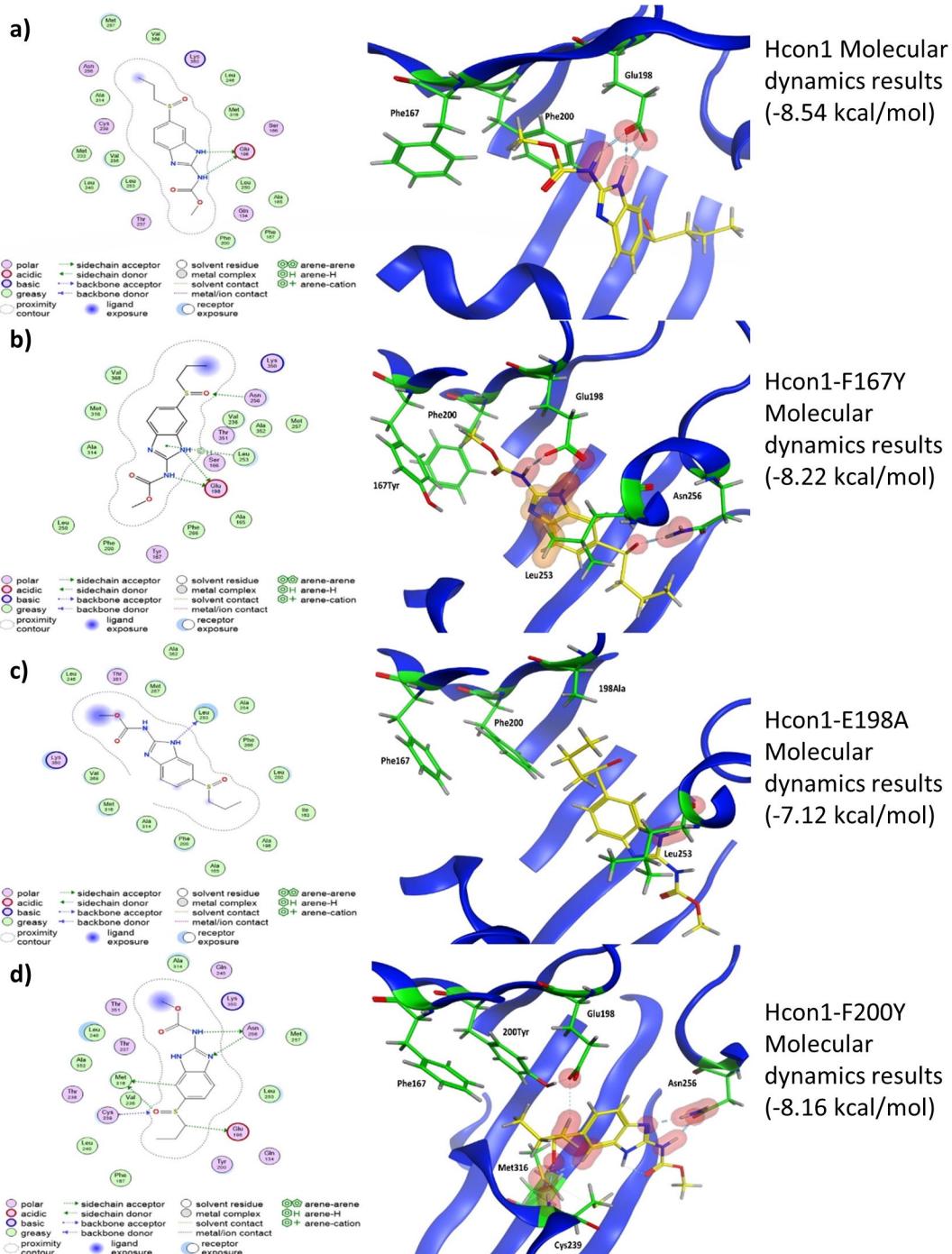


Figure 6