

Rapid carbon accumulation at a saltmarsh restored by managed realignment far exceeds carbon emitted in site construction

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Abstract

Increasing attention is being paid to the carbon sequestration and storage services provided by coastal blue carbon ecosystems such as saltmarshes. Sites restored by managed realignment, where existing sea walls are breached to reinstate tidal inundation to the land behind, have considerable potential to accumulate carbon through deposition of sediment brought in by the tide and burial of vegetation in the site. While this potential has been recognised, it is not yet a common motivating factor for saltmarsh restoration, partly due to uncertainties about the rate of carbon accumulation and how this balances against the greenhouse gases emitted during site construction. We use a combination of field measurements over four years and remote sensing to quantify carbon accumulation at a large managed realignment site, Steart Marshes, UK. Sediment accumulated rapidly at Steart Marshes (mean of 75 mm yr⁻¹) and had a high carbon content (4.4% total carbon, 2.2% total organic carbon), resulting in carbon accumulation of 36.6 t ha⁻¹ yr⁻¹ total carbon (19.4 t ha⁻¹ yr⁻¹ total organic carbon). This rate of carbon accumulation is an order of magnitude higher than reported in many other restored saltmarshes, and is higher although more similar to values previously reported from another hypertidal system (Bay of Fundy, Canada). The estimated carbon emissions associated with the construction of the site were ~2-4% of the observed carbon accumulation during the study period, supporting the view that managed realignment projects in such settings are likely to have significant carbon accumulation benefits. We outline further considerations that are needed to move towards a full carbon budget for saltmarsh restoration.

Keywords: Blue carbon; salt marsh; nature-based solution

Introduction

Earth's ecosystems exhibit overall net carbon uptake, causing increases in atmospheric CO₂ to be smaller than expected from fossil emissions and land-use change [1]. They also contain substantial carbon stocks, which currently store carbon out of the atmosphere but are sensitive to changes in climate or land-use [2, 3]. Coastal 'blue carbon' ecosystems, including saltmarshes, are especially carbon dense and sequester carbon at a rate an order of magnitude faster than terrestrial ecosystems [4]. Both allochthonous and autochthonous carbon is sequestered in saltmarshes; carbon accumulates in saltmarshes as sediment carried in by the tide is deposited, and this sediment buries saltmarsh plant remains. Globally, the ~5.5 million hectares of saltmarshes [5] are estimated to accumulate carbon at an average rate of ~2.4 t C ha⁻¹ yr⁻¹ [6]. Despite their importance, ~50% of saltmarsh area has been lost, particularly through reclamation for agriculture or urbanisation, or degraded [7], with annual losses of 1-2% [8, 9].

In response to losses of saltmarsh and its associated biodiversity, 'no net loss' policies have sought to protect remaining wetlands and create new habitat [10], contributing to over 100,000 ha of intertidal wetland creation over the last 30 years [11]. However, the pace of global wetland creation is not sufficient to offset losses, where a key barrier is the availability of project financing [12]. Payments for ecosystem services, such as flood protection or biodiversity, offer potential financial mechanisms for saltmarsh creation or restoration [13]. Carbon accumulation (and thus climate mitigation) has been recognised as a potential benefit of saltmarsh restoration, and could therefore provide a further motivation for site creation [14, 15].

Robustly quantifying the rate of carbon accumulation on restored saltmarshes will be necessary if carbon finance mechanisms are to be developed [16] and is also important to enable saltmarsh restoration to be properly included in national carbon budgets [17]. Furthermore, rising sea levels threaten existing saltmarshes, and the climate sensitivity of their carbon stocks and fluxes needs to be quantified [18]. While saltmarsh restoration could potentially compensate for loss of natural saltmarshes, given known differences in topography and ecology [19, 20], it may not be appropriate to assume that restored or created marshes will ultimately store carbon at a rate comparable to natural saltmarshes [21]. Thus it is also important to determine any differences between carbon accumulation and sequestration in natural and restored saltmarsh.

Previous attempts to quantify actual or potential carbon accumulation following saltmarsh restoration have used a variety of techniques: (a) spatially explicit models to predict landscape-scale carbon accumulation based on observed carbon accumulation in natural habitats [22]; (b) measurements at a single time-point to take a snapshot of carbon stocks [23]; (c) restored

saltmarshes of different ages as a space-for-time substitution to estimate the rate of carbon accumulation [24]; and (d) repeat measurements of the elevation of sediment surface to quantify sediment deposition rates [25]. While all approaches highlight the potential for saltmarsh restoration to lead to carbon accumulation, each has limitations when used in isolation. A further challenge is that previous studies have either assessed only total carbon (which does not distinguish organic carbon from inorganic carbon such as biogenic or lithogenic carbonates), or have quantified organic carbon using loss on ignition, which is known to have poor accuracy and large uncertainties [26].

A further consideration when evaluating the net carbon benefit of a saltmarsh restoration or creation project is the balance between the carbon costs of constructing the site (e.g. building new flood defences inland and breaching the existing embankments, termed “managed realignment”) and the carbon accumulation provided by the site [e.g. 27]. If project carbon costs are high relative to the rate of carbon accumulation, it may take years for the site to pay off the debt of construction [28].

This research aims to evaluate carbon costs and benefits from saltmarsh creation through managed realignment, using a novel combination of techniques. Over the course of several annual cycles we use remote sensing, field measurements and robust laboratory techniques to quantify total and organic carbon accumulation in an evolving saltmarsh in the first years after restoration. This allows us to reliably quantify the amount and rate of carbon accumulation following restoration. We then assess the carbon emissions incurred during site construction before identifying additional requirements for producing a full carbon budget for saltmarsh restoration.

Materials and Methods

Study site

Stearth Marshes (Somerset, UK; 51.20 N, 3.05 W) is a 250-ha managed realignment site, forming part of a larger 400 ha complex of restored wetland habitats managed by the Wildfowl and Wetlands Trust. It was constructed to create new intertidal habitat in compensation for previous losses, and to provide enhanced flood defences [29]. Prior to site construction, the land was under a mix of agricultural uses, including permanent pasture (i.e. pasture had been the land use over many years), grass ley (part of cyclical arable land management) and arable (winter wheat, barley, oilseed rape and maize) (Fig. 1a). The site lies near the mouth of the River Parrett which drains a catchment of interbedded limestone and mudstone [30] and flows into the Severn Estuary. Hydrodynamic

processes in the Parrett are dominated by a large tidal range which gives rise to strong tidal flows and large intertidal areas. At Hinkley, just to the west of the Parrett Estuary mouth, the mean spring tides have a high water height of 5.6 mODN and a low water height of -5.1 mODN, giving a range of approximately 11m [31, 32].

The construction of the managed realignment site started in early 2012, comprising the excavation of a creek network and pools, the construction of new flood defence embankments and the raising of a small length of existing embankment. The creek network (7.6 km total length) was designed to meet the geomorphological requirements of the scheme (see [33] for details), aid establishment of intertidal habitat, and minimise material transport distances by enabling construction of the required embankments from the excavated material [29]. In total, 4.75 km of new 4 m high or raised flood defence embankments were constructed (Fig. 1a). All material used in the construction of the new embankments was obtained from the site, i.e. embankments were created from clays excavated from within site and no concrete was used in embankment construction. Several lagoons were excavated to enhance habitat provision for birds and fish, and islands were created from excess material to provide protected roosting and nesting locations for birds at elevations high enough to avoid excessive inundation by the tide [29]. In total, 489,422 m³ of material was excavated and moved within the site during construction. A single, 250 m wide breach in the sea wall was created in September 2014, allowing regular tidal inundation to occur (further details of the breach are provided in [31]).

Field sampling design

Four areas of the site were selected for regular sampling, first an area substantially disturbed by earth moving vehicles during construction (Site A, Fig. 1a) and three sites based on prior land use, permanent pasture (Site B), grass ley (Site C) and arable (Site D). Within these areas, we selected three sampling locations, stratified by the elevation prior to restoration of tidal inundation; the area of permanent pasture was relatively homogenous in elevation and so we only selected two sampling sites. To act as a natural reference, we selected a neighbouring area of pioneer saltmarsh (mostly bare ground with some *Spartina anglica*) and an area of saltmarsh with plant communities similar to those anticipated to establish on the managed realignment site, i.e. those dominated by *Puccinellia maritima* and *Aster tripolium* (NAT, Fig. 1a). This gave a total of thirteen regular sampling locations within five sampling sites.

Sediment collection, preparation and storage

Sediments were sampled at each location immediately prior to restoration (28 August 2014, Sites A-D but not natural marsh), in December 2014 and then once or twice annually in 2015, 2016 and 2017, giving one pre-restoration and six post-restoration sampling time points (see Table S1 for full details). Cores of 30-50cm were collected using a soil auger and sectioned into 5-10 cm lengths for later analysis. In total, we collected 78 cores, resulting in 596 samples. Depending on site conditions, surface silts deposited post-breach were sometimes difficult to sample using a soil auger as they were either prone to compression or highly friable. In these cases, we collected undisturbed surface samples using adapted syringe tubes and/or collected the full surface sediment plates (down to base of mud cracks), and then sampled deeper sediments by taking a core between mud cracks. The horizon between the deposited silts and the underlying agricultural soils was determined through visual inspection of the cores (prior to sub-sampling) and the depth (in core and from surface) was recorded. The horizon was readily identifiable through a change in colour and texture of the soils, and by the presence of remnant vegetation and roots. Samples with a defined volume of 5 cm³ were taken from the above-horizon section of the core or directly from surface sediments for dry bulk density measurements [34].

All samples were stored at 4°C prior to analysis. Dry bulk density was determined by drying the samples of a known volume to a constant weight at 105°C. The remaining core samples were dried at 60°C, covered, in aluminium trays/glass jars for approximately 96 hours, then ground using a pestle and mortar to ensure a homogeneous sample for further analysis.

Quantifying carbon composition of the sediment

We quantified the total carbon (TC) in all core sections collected. Total carbon contents were measured on dried, ground sediment samples using elemental analysis (LECO CR-412 Carbon Analyser (LECO Corporation, MI, USA) and Vario EL Cube (Elementar, Germany) instruments). Certified Reference Materials were analysed on both instruments and replicates of an internal standard (bulk sample of surface sediments collected from the site) were included in all instrument runs. The measured carbon content of the CRM on the LECO instrument was consistently higher than the certified value (Leco Soil Standard 502-062 (n=42), measured %C = 2.12±0.02, certified %C = 2.01±0.03), while analysis of the CRM on the Elementar instrument showed excellent agreement (Elemental Microanalysis Ltd Soil Standard B2184 (n=6), measured %C = 2.29±0.06, certified %C = 2.31±0.06). Accordingly, all LECO measurements were multiplied by a correction factor of 0.95

(2.01/2.12). The corrected analysis of the internal standard on the LECO instrument showed excellent agreement with the Elementar analysis (LECO (n=83), %C = 2.74±0.10; Elementar (n=18), %C = 2.68±0.11)..

To quantify total organic carbon (TOC), we selected one core from each site (A-D and NAT) from the most recent sampling period; for the restored marsh (sites A-D), TOC was quantified on the newly accreted sediment (above horizon) only. These samples underwent acid digestion to remove inorganic carbon. Excess 1N HCl was added, and the samples were placed on a hotplate for three hours at 80 °C [35]. Following the acid digest, the supernatant liquor was decanted, and the samples rinsed 3 times with deionised water before being taken to dryness. This process removes calcium and magnesium carbonates (aragonite, calcite, and dolomite), along with other water- or acid-soluble minerals, whilst minimising loss of labile organic matter. Decarbonated samples were analysed on the Elementar instrument. Sample mass was recorded before and after decarbonation, with TOC values corrected to original sample mass.

Quantifying sediment deposition and erosion

Multiple Digital Terrain Models (DTM) at 50 cm horizontal resolution were obtained for the site, derived from airborne LiDAR data [36]. The final pre-breach imagery, from 10 July 2014, pre-dates significant earth movement on site and is therefore unsuitable for use as a baseline. Instead, we have used the first post-breach imagery, from 31 October 2014 (57 days post breach), as a baseline for sediment accumulation on site. Between the date of the breach (4 September 2014) and the date of the imagery used, approximately 37 tides overtopped the creek banks and flooded some of the marsh surface (tides greater than 5.7 m ODN at the nearest available tide gauge, Hinkley Point (data from UK National Tide Gauge Network)). We obtained LiDAR DTMs for eleven further time points after breaching (see Table 1). Downloaded DTMs were processed in Rv4.02 [37] using the “raster” package [38]. Tiles were merged before being clipped by the site area. The site area was defined by manually drawing a polygon around the crest of the flood embankment to remove areas outside of the site. We then restricted analyses to locations subject to tidal inundation which were taken to be those areas below 7.07 m ODN, which is the level of the highest astronomical tides at the nearest port, Burnham-on-Sea [32]. The first DTM available after the breach (31 October 2014) was clipped to locations below 7.07 m and the resulting polygon (with an area of 244.7 ha) used to clip the remaining DTMs.

Filtered DTM data should represent the ground elevations, but filtering does not completely remove dense, relatively short vegetation. Vegetation cover at the site in the first three years was sparse (Fig. S1, H Mossman pers. obs.) and so we do not consider this an issue for those years; in the latest year, vegetation cover was denser and extensive, but unvegetated areas remained (H Mossman pers. obs.). The 50 cm resolution cannot account for surface morphology smaller than this (e.g. surface desiccation cracking, which was observed during summer months). We also observed sediment dewatering and shrinkage during dry periods, but these changes were small compared to interannual changes in elevation (Table 1). Pontee and Serato [31] quantified the variation in elevation of control points between years (the same LiDAR datasets we use) and found a mean vertical error of ± 0.04 m.

Changes in elevation were calculated between each time point by subtracting the DTM of the first time point from the DTM of the more recent time point. Cumulative changes in elevation were calculated relative to the first post-breach DTM (31 October 2014, 57 days after breach). We calculated the mean elevation change across raster pixels, which was then converted to total change in sediment volume by multiplying by the area covered by the raster DTM. As an alternative way of visualising elevation change in the site, cumulative trajectories of elevation change were calculated for a random subset of 10,000 pixels.

To validate the elevation change obtained from LiDAR, we also conducted field measurements of elevation change. We measured elevation change *in situ* at one location within each area (Site A-D and NAT) using 1.5 m metal stakes buried to a depth of 1 m, from which a 50 cm horizontal bar with 10 pins was placed and the distance from the tip of the pin to the bar was measured. Stakes were installed on 14 and 15 December 2014, 14 weeks after the breach, and removed at the end of the study 5-7 March 2017 (Table S1). We found good agreement between LiDAR and ground-based measurements of sedimentation rates (Fig. S2).

Data analysis: variation in sediment carbon

Variation in sediment carbon composition was assessed as a function of depth using locally weighted polynomial regression (loess function in R), fitted separately for above and below the agricultural soil-new sediment horizon. We assessed whether there was a difference in the percentage carbon in the newly accreted sediment, natural sediment (pooling locations, time points and depths for both) and the pre-restoration soils from the four land uses using Anova with a Tukey HSD post hoc test. Post-restoration samples from at or below the agricultural horizon were not included in this analysis

because (1) we were interested in the carbon accumulating after the restoration in the newly accreted sediment and (2) elevated carbon contents were observed due to the burial of remnant agricultural vegetation as opposed to saltmarsh processes. We calculated the mean and standard deviation of TC in newly accreted sediment, and also calculated the mean and standard deviation of the ratio of TOC and TC. We considered it justified to treat the carbon content of new sediment as coming from a single population (i.e. not varying between years) as (1) the TC of new sediment did not vary with depth in cores and (2) there was no difference in the TC of newly accreted sediment (surface sample of sediment in each year) between years ($F_{1,46} = 0.369$, $P = 0.547$).

Data analysis: site-level carbon accumulation

Site-level carbon accumulation was calculated by (1) multiplying mean change in elevation (m, from DTMs) by site area (m^2) to obtain sediment volume (m^3), (2) multiplying this by bulk density ($t.m^{-3}$) to obtain sediment mass (t), and (3) multiplying this by sediment carbon content (%/100) to obtain total carbon accumulation (t). This was divided by site area to obtain tC/ha. This calculation was repeated with the additional step of multiplying by the ratio of TOC to TC to estimate site level total organic carbon accumulation.

As each stage in this calculation involves measurements made with error, we used Monte-Carlo resampling to estimate site-level carbon accumulation while propagating errors from each step. If elevation measurement errors were independent for each DTM pixel in each time point then errors largely cancel out. A more conservative approach is to assume that measurement errors apply systematically to a survey. We do the latter, and take mean elevation change between surveys as coming from a normal distribution with a mean equal to the measured change in elevation, and a standard deviation of 0.04 m based on measurements of control points [31]. Bulk density of newly accreted sediment was sampled from a normal distribution with mean 1.11 and SD 0.27 $t.m^{-3}$. Sediment TC was sampled from a normal distribution with mean 4.37% and SD 0.50%, and the ratio of TOC to TC was sampled from a normal distribution with mean 0.53 and SD 0.08. We took 100,000 samples from these distributions to obtain a distribution of carbon accumulation estimates.

Carbon costs of construction

The carbon cost of constructing the wider 400 ha Steart Marshes complex (comprising the 250 ha managed realignment site and neighbouring areas of freshwater wetland) was estimated using the Environment Agency's basic carbon calculator (version 3.1.2, dated 2010 (unpublished)); since

incorporated within the e:Mission Eric carbon planning tool [39]), with the final estimate produced at the end of construction in January 2015. The calculator included estimated greenhouse gas emissions (in carbon dioxide equivalents, CO₂e) from fuel used for personnel travel, energy use on site within portable accommodation, the emissions embodied in construction materials (considering the weight of material and distance transported to site), and a first order estimate of emissions from machinery fuel usage.

As all the materials for the embankment construction were obtained within the footprint of the site, the principal source of emissions was the fuel consumed by construction machinery moving the material within the site. As such, we have refined the estimate of machinery fuel usage based on the known volume of earthworks undertaken for the whole scheme, where fuel consumption was estimated by considering the work required, fuel burn per hour and productivity per hour. Within the managed realignment site, the amount of material that was excavated and transported was calculated by considering the size of the creek network and the volume of the embankment. The material was excavated using an EC250DL Excavator, transported across the site in a Volvo A25D Articulated Dumper Truck (capacity 10.7 m³) and constructed in situ with a D6 Bulldozer and Roller (Table S2). The distance travelled was calculated based on the distance from each section of the embankment to the nearest source of materials, and fuel burn and productivity were obtained from manufacturers and suppliers. Fuel consumption associated with earthworks in other areas of the Steart Marshes complex were based on the volume of earth moved and ground conditions in comparison to the managed realignment site.

Results

Sedimentation rates

The change in elevation measured from DTMs was consistent with field measurements of sedimentation (Fig. S2). Comparison of successive DTMs indicated that the net elevation of the site increased over time (Fig. 2), and by September 2018 714,513 m³ of sediment had accumulated across the site, with an average depth of 0.292 m (Table 1). There was no clear trend in sedimentation rate with time since breach (regression: slope < 0.001, $F_{1,8} = 0.35$, $P = 0.568$), although the most rapid sedimentation was noted immediately following the breach (Table 1). The net elevation of the site increased between most LiDAR surveys. However, in two instances mean elevation decreased between consecutive LiDAR surveys (between June and July 2015, and between March and October 2017), indicating reduction in sediment volume most likely due to dewatering over the summer months.

Within the site, elevation change varied from net accretion of 2.2 m to net erosion of 5.0 m (Fig. 2a), with 92% of DTM pixels experiencing net accretion and 7% experiencing net erosion. Some locations experienced considerable erosion (Fig. S3), especially in the main creek which deepened progressively in an upstream direction over time (Fig. S4 see [31] for analysis of the main creek profile). Away from the main creek, most locations increased in elevation. This increase was most evident in the excavated pools at the rear of the site, and to a lesser extent in the side creeks (Fig. 2a); 558,648 out of 9,792,179 pixels experienced > 1m of accretion, and 92% of these were located in the two pools.

Properties of newly accreted sediment

The bulk density of newly accreted sediment ranged from 0.553 to 1.568 t m⁻³ (mean = 1.110 ± 0.267 SD). There were significant differences in TC between pre-restoration soils of different land uses, newly accreted sediments from within the restoration site and sediments from the existing natural saltmarsh ($F_{5,249}=48.7$, $p<0.001$, Fig. 3). Soils collected prior to restoration from all land uses had significantly lower TC than the newly accreted sediment and the natural saltmarsh sediments, with those from the pre-restoration disturbed (A) and arable (D) areas having the lowest carbon contents (Fig. 3). Sediments from the natural saltmarsh had significantly higher TC (4.72 ± 0.58 %) than the newly accreting sediment on the restoration site (4.37 ± 0.50 %). The ratio of TOC to TC was similar in natural saltmarsh and newly accreting sediment on the restoration site (natural = 0.524, restored

= 0.529, Fig. 3), giving a TOC of $2.24 \pm 0.33\%$ in newly accreted sediment on the restoration site and $2.44 \pm 0.31\%$ on the natural saltmarsh.

There was some spatial variation in the TC of new sediment (significant difference between sampling sites ($F_{3,44} = 5.1$, $P = 0.004$)) but no difference between years ($F_{1,46} = 0.369$, $P = 0.547$). The TC of newly accreted sediment was consistent with depth (Fig. 4). Some samples taken at the horizon with the underlying agricultural soils had very high carbon content, reflecting the terrestrial vegetation buried by the initial inundations of sediment. Below the horizon, TC was lower than in newly accreted sediment and directly comparable to the pre-breach measurements of the agricultural soils (Fig. 4).

Carbon balance

Between 31 October 2014 and 13 September 2018 $714,513 \text{ m}^3$ sediment accumulated on the site. Based on the measured properties of this sediment (mean bulk density of $1.110 \pm 0.267 \text{ t m}^{-3}$ SD, TC of $4.367 \pm 0.499\%$) this equates to $34,642 \text{ tC}$ (95 % confidence intervals = $16,398 - 57,400$) accumulated in sediment, at a rate of $36.6 \text{ t C.ha}^{-1}.\text{yr}^{-1}$ (95% CI = $17.3 - 60.6$). Restricting this to TOC ($53.0 \pm 7.8\%$ of TC) gives $18,343 \text{ tC}$ (95% CI = $8090-32402$) accumulating at $19.4 \text{ tC.ha}^{-1}.\text{yr}^{-1}$ (95% CI = $8.5-34.2$).

We estimated the carbon costs of site construction to compare to the carbon accumulation of the site. In total, $489,422 \text{ m}^3$ of material were excavated on site, with $411,397 \text{ m}^3$ used in the construction of the new flood embankments and the remainder used in site landscaping. Moving material across the site resulted in vehicles travelling $69,563 \text{ km}$. Overall, construction of the managed realignment site earthworks required $551,012$ litres of diesel fuel to be combusted, resulting in $1,477 \text{ tCO}_2\text{e}$ (403 tC) being emitted (Table S2). An estimated additional 20% of fuel consumption was assumed for the construction of earthworks in other areas of the Steart Marshes complex, giving total emissions associated with machinery fuel usage of $1,772 \text{ tCO}_2\text{e}$ (483 tC). Combining these figures with the estimated emissions from personnel travel, energy use in portable accommodation, and embodied emissions of construction materials from the Environment Agency carbon calculator, gives estimated total construction emissions of $2,762 \text{ tCO}_2\text{e}$ (753 tC). These emissions are equivalent to ~2% of the of the estimated TC accumulation, or ~4% of the estimated TOC accumulation in the sediments over the 4 year study period, with a carbon payback period on the order of 1 (TC) to 2 (TOC) months.

Discussion

We find that Steart Marshes managed realignment has rapidly accumulated carbon since the fronting flood defence embankment was breached, and that this carbon accumulation is two orders of magnitude greater than the carbon costs incurred during site construction. The rate of carbon accumulation at Steart Marshes ($TC = 36.6 \text{ t C} \cdot \text{ha}^{-1} \cdot \text{yr}^{-1}$, $TOC = 19.4 \text{ t C} \cdot \text{ha}^{-1} \cdot \text{yr}^{-1}$) is considerably higher than has been found at other sites. In the Bay of Fundy, which like the Severn Estuary is hypertidal, carbon accumulation is lower but within the same order of magnitude at $13.29 \text{ t C ha}^{-1} \text{ yr}^{-1}$ [25], but rates at other sites are an order of magnitude lower than at Steart Marshes. For example, saltmarshes in eastern England were reported to accumulate carbon at a rate of $1.04 \text{ t C ha}^{-1} \text{ yr}^{-1}$ for the first 20 years following creation [24], while a recovering saltmarsh in Australia accumulates at a rate of $0.5 \text{ t C ha}^{-1} \text{ yr}^{-1}$ [40].

The rate of carbon accumulation in a restored saltmarsh is a product of the rate of sediment accumulation and the carbon content of that sediment, and we can look at both these elements to see if Steart Marshes is unusual. Steart Marshes has experienced rapid sediment accumulation since it was breached (mean rate of increase in elevation = 75 mm yr^{-1} , Table 1). Similarly high accretion rates have been reported from elsewhere in the Severn Estuary system (short-term accretion rates of 60 mm yr^{-1} in young marshes in Bridgwater Bay [41]; around 60 mm yr^{-1} in accreting natural marsh in Portishead [42, 43]) and also in the Bay of Fundy ($>60 \text{ mm yr}^{-1}$ [25]). In comparison, reported sedimentation rates for Tollesbury and Freiston Shore managed realignment sites in eastern England are considerably lower ($< 20 \text{ mm yr}^{-1}$ [44-46]). A recent meta-analysis has indicated that sediment availability is the dominant control on the vertical accretion of coastal wetland restoration projects, with tidal range, elevation within the tidal frame and sea-level rise explaining a smaller amount of observed variation in the vertical accretion rates of saltmarshes [47]. Hypertidal systems such as the Severn Estuary and the Bay of Fundy are characterised by very high energies and dynamic intertidal sedimentation, where the high suspended sediment load (due to the turbulence created by tidal currents and bores) allows deposition during both flood and ebb tides [48]. While the suspended sediment concentrations within the Severn Estuary vary significantly (depending on geographical location, position in the water column, and state of tide), there is a turbidity maxima located in the lower estuary in the vicinity of Bridgwater Bay and the Parrett Estuary (and thus Steart Marshes), with high suspended sediment concentrations typically in the range of 1,000-10,000's mg/l with values often exceeding $100,000 \text{ mg/l}$ [49-52]. Much lower suspended sediment concentrations (~ 50 - 150 mg/l), and thus lower sediment supply, are reported for the Blackwater Estuary (Tollesbury) and The Wash (Freiston Shore) [53, 54].

Sediment carbon content at Steart Marshes is higher than in some managed realignment sites, but is close to the range of values reported elsewhere. Comparison with values from other managed realignments indicates bulk density varies from 0.74 – 1.4 t m⁻³ [24, 55-57] (cf 1.1 in this study) and carbon content varies from 1.8-4.23% (cf TC 4.4% and TOC 2.2% in this study). Combining all combinations of sediment carbon content and accretion rates gives the space of potential carbon accumulation rates in saltmarsh restored by managed realignment (Fig. 5). This indicates that Steart Marshes has high rates of carbon accumulation because it experiences both high rates of accretion and has relatively high sediment carbon content; thus while neither variable is exceptionally high compared with other values reported in the literature, this combination leads to the exceptionally high rates of carbon accumulation. Lower values of either one of these limits carbon accumulation. For example, In natural saltmarshes in China, carbon accumulation rates are low (0.35-3.61 tC ha⁻¹ yr⁻¹) despite accretion of 20 mm yr⁻¹ because of low sediment carbon densities (< 0.01 g cm⁻³) [58].

This variability in carbon accumulation rates between sites highlights the need for further work to support large-scale assessments of the carbon sequestration potential of saltmarsh restoration. For example, TOC accumulation rates at Steart Marshes are over 18 times higher (and TC accumulation rates are over 35 times higher) than those used in a recent study to estimate the UK's carbon sequestration potential [59], while Mossman et al. [28] found ~13 fold variation in the potential amount of carbon accumulated by restored saltmarshes in the UK based on published estimates of carbon accumulation.

If the high rate of carbon accumulation at Steart Marshes is unusual, is the conclusion that saltmarshes restored by managed realignment rapidly pay off their carbon construction costs applicable to other sites? We can evaluate this by mapping our estimates of construction carbon costs onto the potential carbon accumulation space (Fig. 5). Most combinations of accretion rate and sediment carbon content would pay off construction costs of a 250 ha site within a year, and even a site with low carbon accumulation rates (Tollesbury managed realignment, eastern England) would be close to breaking even with its carbon construction costs over one year.

Our analysis assumes that soil properties (soil carbon, bulk density) come from a single statistical population across the site and over time. However, there were small differences in the carbon content of new sediment across the site. The reasons for this are unclear, but could relate to spatial variation in algal films and vegetation establishment across the site. If the drivers of variation in sediment carbon across the site were known this could be used to scale-up and refine estimates, but this is not currently possible. The bulk density of sediment would be expected to exhibit temporal variation, with lower bulk density (but greater sediment volume) when sediment is waterlogged (e.g.

winter, spring), and higher bulk density (but lower sediment volume) when sediment is dry (e.g. summer, early autumn). Our bulk density measurements come from spring and summer, so should capture this temporal variation in bulk density. However, explicitly quantifying temporal variation in bulk density would allow temporal coupling with sediment accumulation data and thus refined quantification of intra-annual variation in carbon accumulation – apparent reductions in carbon stocks over the summer when sediment volume reduced may not occur in reality because of a concurrent increase in sediment bulk density.

Future changes in carbon accumulation

Although we found the fastest rates of accretion shortly following breaching, we did not find a statistically significant reduction in accretion rates. However, a reduction in accretion rates would be expected as the saltmarsh develops. This is because accretion rates tend to be faster at lower elevations which experience more frequent tidal inundation [60], and as these lower areas increase in elevation they experience fewer inundations, and thus slower accretion. Indeed, space-for-time substitutions indicate that carbon accumulation rates slow over time [24]. It is likely that carbon accumulation rates at Steart Marshes would slow with longer monitoring. Assuming there is sufficient sediment available (as very likely in this case), accretion at managed realignments is expected to occur until the site is a level plane accreting in line with sea-level rise [60]. Natural saltmarsh surrounding the site occurs at elevations of 6.5 m, where if accretion at Steart Marshes stabilised at this level this would result in a TC accumulation in excess of 100 ktC (TOC in excess of 50 ktC), of which 33% has currently been accumulated. Even after this point, saltmarshes can continue to accrete with sea-level rise assuming there is sufficient sediment [61], which at 3.7mm yr⁻¹ [62] would result in continued TC accumulation of 439 t C yr⁻¹ and TOC accumulation of 225 t C yr⁻¹ at Steart Marshes assuming no change in sediment carbon content.

Challenges with determining the carbon budget of a managed realignment

Our results indicate that carbon accumulation at Steart Marshes greatly exceeds construction costs. However, there are a number of uncertainties that, while highly likely not to affect this qualitative conclusion, would need to be considered to refine the quantitative carbon budget (Table 2, [28]). Some assumptions, such as assuming the carbon content of sediment lost is the same as sediment gained, are likely to mean our estimate of carbon accumulation is conservative (Table 2). Others,

such as not accounting for greenhouse gas emissions following site flooding, will offset some of the carbon accumulation benefit of the site (Table 2).

A particularly challenging element of quantifying the carbon budget of a restored saltmarsh is determining the nature and origin of the carbon accumulated in sediment. This is critical to establish the additionality test needed for carbon codes and offsetting credits (e.g. Verified Carbon Standard Methodology VM0033 [63]), where in simple terms, carbon credits should only be generated through the creation of new net sinks of atmospheric carbon. In the coastal and marine environment, this requires consideration of the relative importance of allochthonous and autochthonous carbon, downstream effects, and both organic carbon and biogenic carbonate inputs. For example, concerns regarding additionality have led to variable treatment of allochthonous carbon, where creating a new apparent store may be depleting supply to an adjacent system (i.e. the carbon would have been stored elsewhere in the absence of the project). Tools such as biomarkers [64] and stable isotopes are being developed to better identify sources of carbon [18], where integrated studies of interconnected blue carbon ecosystems across the land-ocean transect would help address the appropriateness of accounting for allochthonous carbon. While lithogenic carbonates should clearly be excluded from estimates of carbon storage (as they comprise fossil C that has not been in recent contact with the atmosphere), the treatment of biogenic carbonates is more complex. Carbonate production is a source of CO₂ to the atmosphere, while carbonate dissolution is a sink [65], where the relative balance of these processes and the impact on ecosystem carbon budgets (which also depends on whether the carbonate is imported or produced in-situ, and the role of carbonates in stabilising organic carbon stores) remains a significant uncertainty in blue carbon science [18].

Conclusions

Our results show that at Steart Marshes fast rates of sediment accumulation and high sediment carbon content combine to result in exceptionally fast carbon accumulation rates. Carbon accumulation at Steart Marshes over the first four years following reinstatement of tidal flow is two orders of magnitude larger than the carbon costs of site construction. Thus qualitatively, it is clear that the creation of the site by managed realignment has delivered benefits for carbon storage and sequestration, and other sites with lower carbon accumulation rates are likely to rapidly pay off their construction carbon debt. However, there are numerous uncertainties that would need to be resolved in order to move to a fully quantitative carbon budget for restored saltmarshes.

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Supporting information

Table S1. Field sampling dates and information. Samples highlighted in bold are those selected for the quantification of total organic carbon. Access issues prevented sampling at some locations in March 2015 and September 2016. We assessed the consequence of the additional uneven sampling by removing samples from these two time periods and recalculating the mean carbon content in newly accreted sediment. The value differed by less than 1% of the original value (i.e. 4.367% vs 4.372%), so we retain all samples in the data presented in the manuscript.

Table S2. Summary of the fuel consumption and t.CO₂ emitted by construction vehicles in the construction of Steart Marshes.

Figure S1. Photographs of sampling areas (Sites A-D).

Figure S2. Relationship between elevation change measured with LiDAR derived-DTMs and in situ measurements with pins. In situ measured data (x axis) show difference in elevation between December 2014 (3 months after restoration) and March 2017. Left: Compares in situ data to elevation changes derived from LiDAR data taken in October 2014 and March 2017, and Right compares elevation changes between January 2015 and March 2017. No LiDAR images are available for December 2014. Solid lines show a 1:1 relationship and the dashed lines show the actual relationship (linear regression) between DTM-derived and in situ measurements (dash lines Left: $R^2 = 0.775$, $P < 0.001$; Right $R^2 = 0.686$, $P = 0.002$). LiDAR measurements are strongly related to in situ measurements and are not systematically biased when sampling periods are more closely matched (i.e. Right).

Figure S3. Cumulative elevation change trajectories of a sample of 1000 DTM pixels.

Figure S4. Cumulative change in elevation for each LiDAR survey.

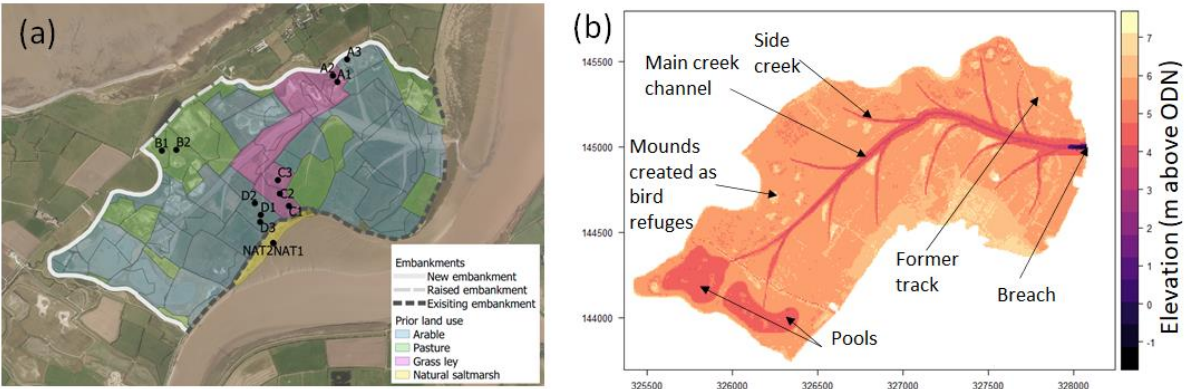


Figure 1. Design and construction elements of Steart managed realignment, Somerset, UK. a) Land use prior to the start of site construction in 2012, and locations of sampling points and the flood embankments constructed (new) or modified (raised) during the project; existing embankments that remained after the project are also shown. Land use was derived from Centre for Ecology and Hydrology Land Cover Map 2007 [66] and the project environmental statement [67]. Base aerial image from 2014 [68]. b) Elevations across the site showing design and location of creek network, lagoons and islands. The location of the breach is also shown. Elevations based on LiDAR data from October 2014 [36].

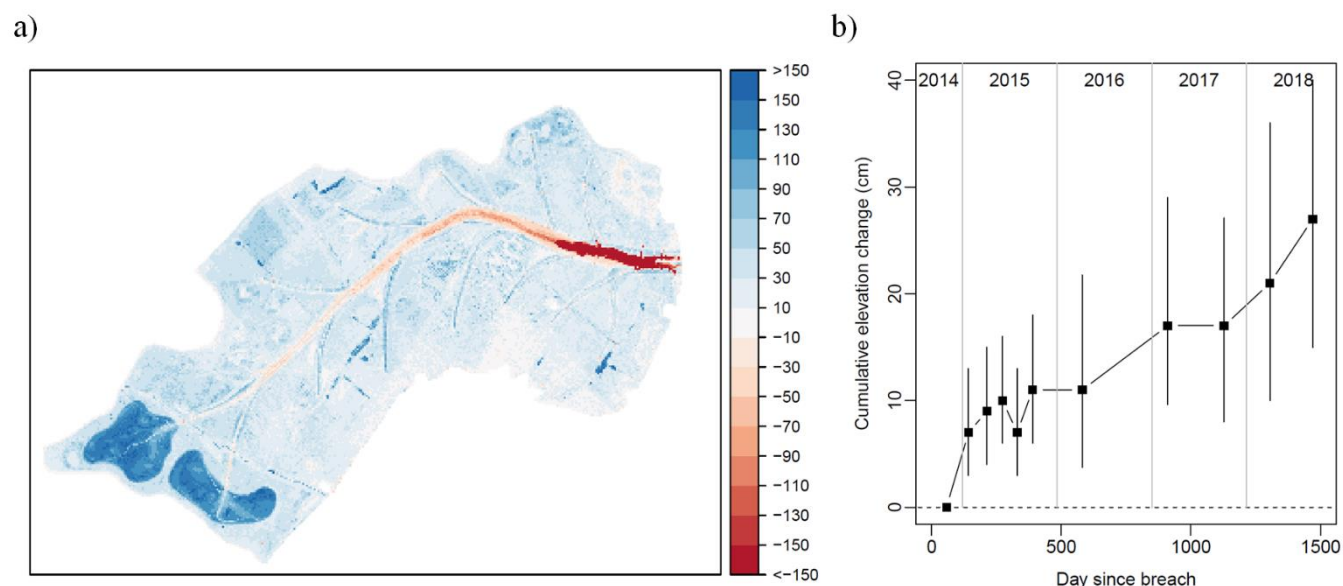


Figure 2. Cumulative sedimentation at Steart Marshes calculated from Lidar DTMs. (a) Change in elevation (cm) between 13/09/2018 (1470 days since breach) and 31/10/2014 (57 days since breach). (b) Cumulative change in elevation over time for individual 50x50 cm pixels. Points show median cumulative change for a random sample of 10,000 pixels. Error bars show the interquartile range for the same sample of pixels.

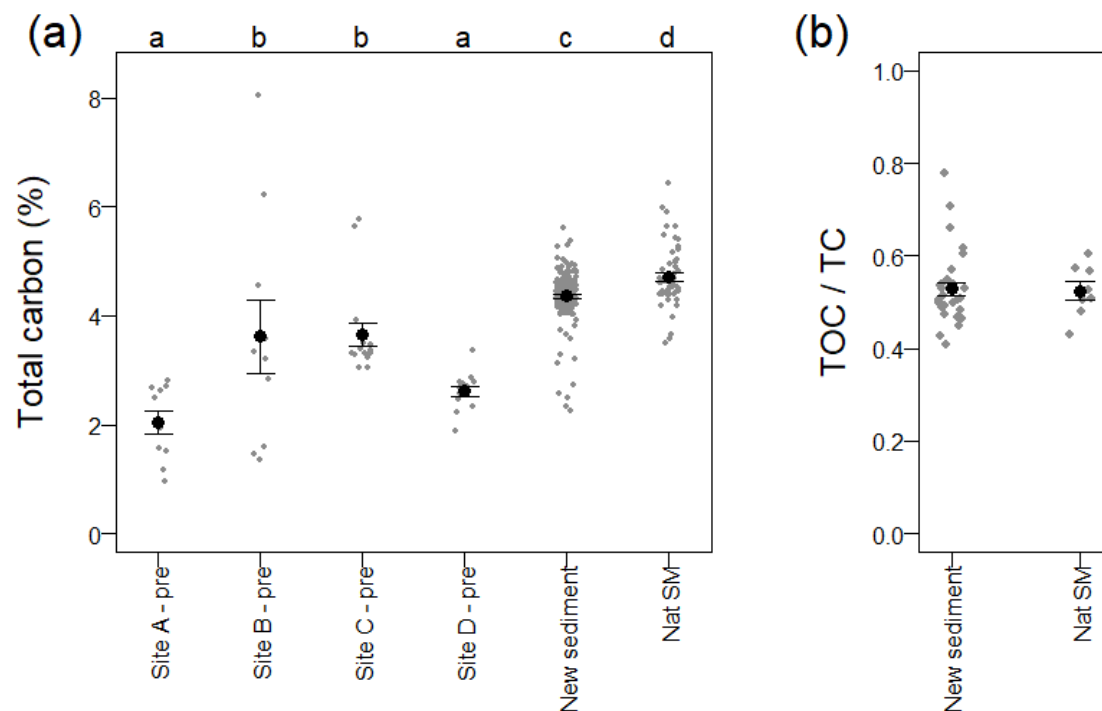


Figure 3. Proportion of total carbon in soil and sediment samples collected from Steart Marshes before and after the restoration of tidal inundation. Soil samples were collected prior to restoration from an area heavily disturbed during construction (site A), an area of pasture (site B), grass ley (site C) and arable (site D). 'New sediment' are samples of newly accumulated sediments from the restored site after restoration, with data from all locations and time points pooled. Sediment was also collected from an adjacent natural saltmarsh. Differing letters denote significant differences in the carbon content of sediments between locations ($P < 0.05$).

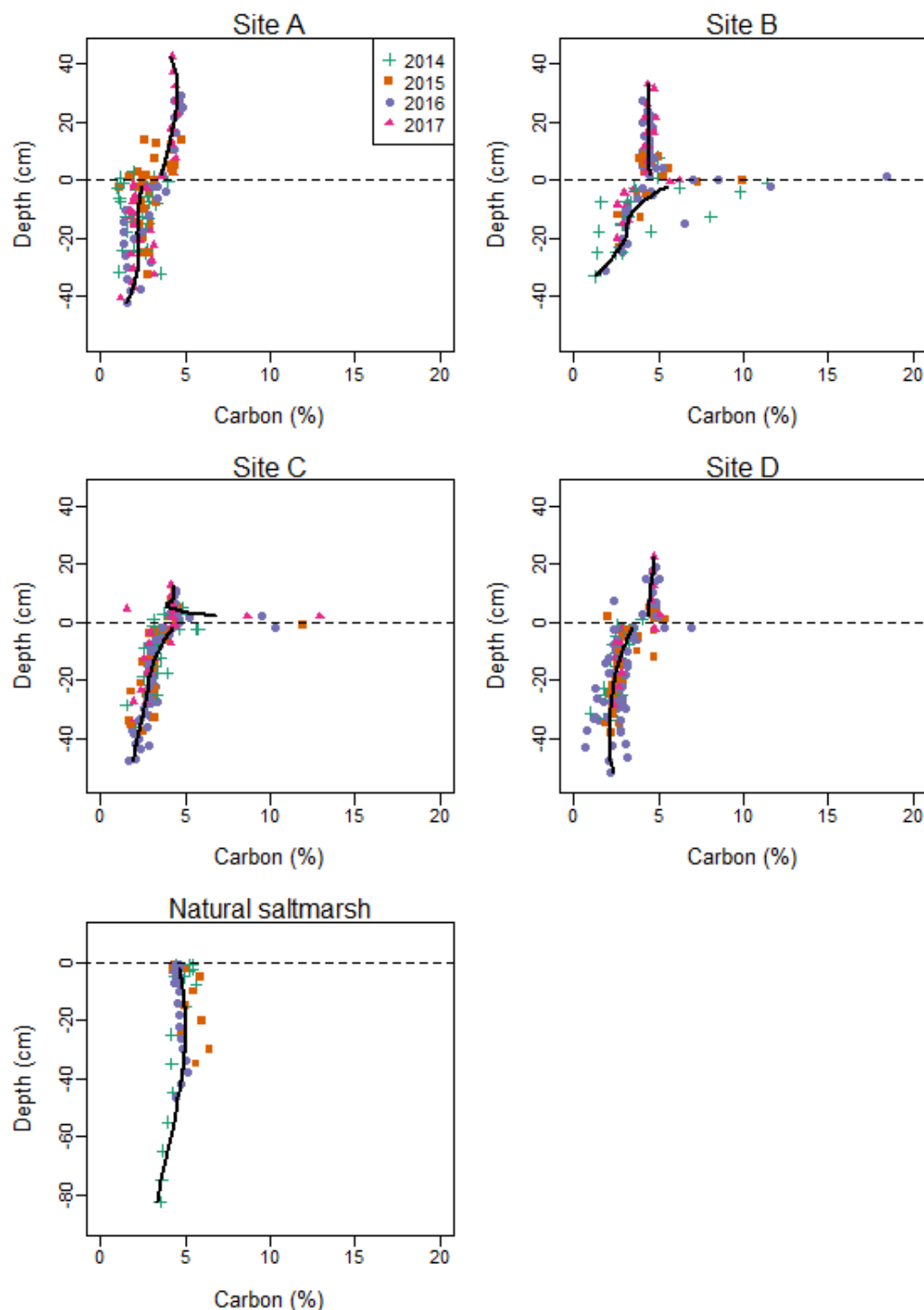


Figure 4. Relationship between soil carbon content and depth. Cores were taken each year at three locations in each starting land-use. Depths are expressed relative to the horizon between agricultural soil and newly deposited sediment, except for natural saltmarsh where depths are from the surface (note difference in y-axis scale for natural saltmarsh). Lines show fits of locally weighted polynomial (loess) models pooling data across locations and years. Loess models have been fit to new sediment (depth > 2 cm) and old sediment (depth < -2 cm) to reduce the effect of vegetation on the horizon.

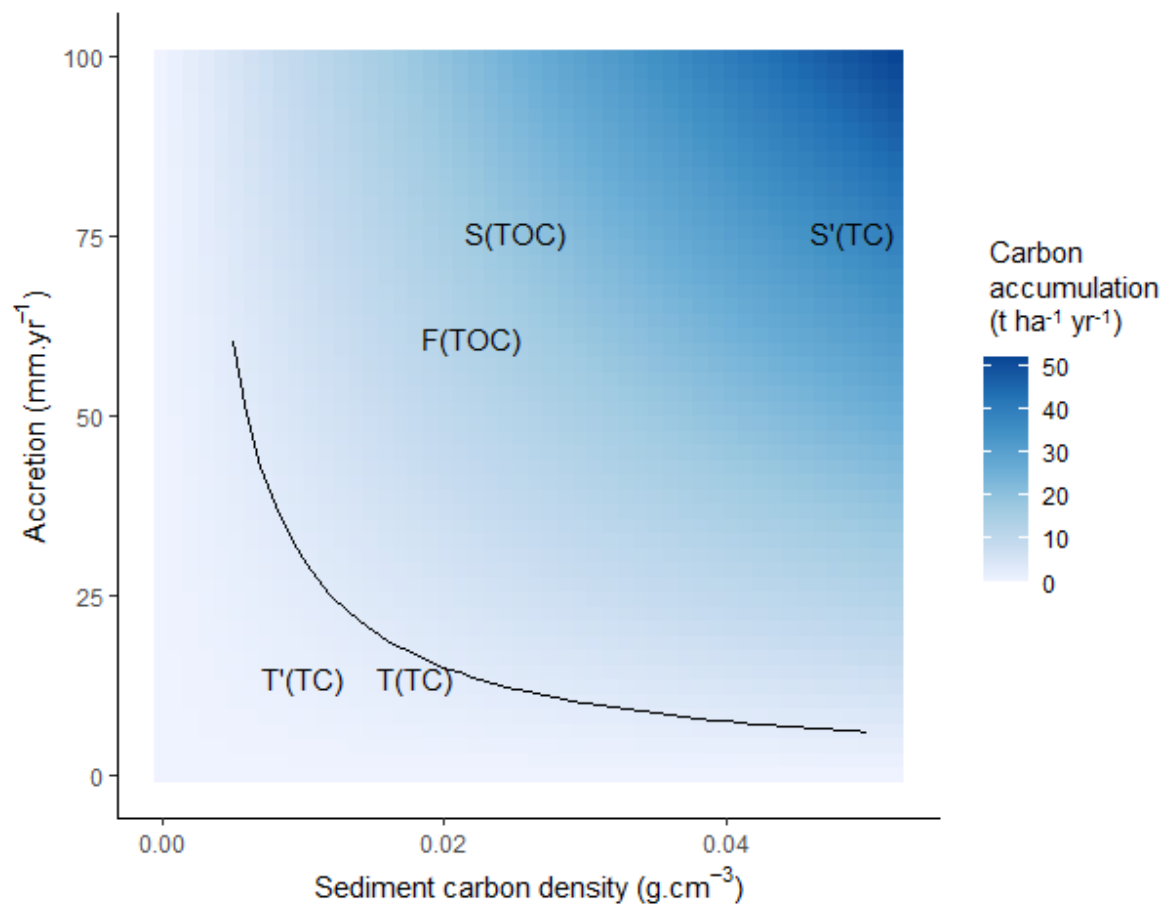


Figure 5. Carbon accumulation potential (tC ha⁻¹ yr⁻¹) of saltmarsh restored by managed realignment. Values from Steart (S and S', this study) and published studies at Tollesbury (T [high marsh] and T' [low marsh] from [45, 69]) and the Bay of Fundy (F, [25]) are shown. TC indicates total carbon sediment carbon density, and TOC indicates total organic carbon sediment carbon density. The solid line delineates the carbon accumulation rate that would be needed for a site to break even with the per hectare construction carbon costs calculated for Steart in one year. Values to the bottom left of the line fail to break even in a year.

Table 1. Sedimentation at Steart Marshes measured by comparing Lidar DTMs to a baseline survey on 31 October 2014, 57 days after sea defences were breached.

Survey date	Days since breach	Sedimentation rate (m yr ⁻¹)		Mean sediment depth (m)	Cumulative sediment volume (m ³)	Cumulative carbon (95% confidence intervals) (t)	Cumulative organic carbon (95% confidence intervals) (t)
		since start*	since previous survey				
24/01/2015	142	0.449	0.449	0.104	255646	12338 (2620-25697)	6533 (1308-14101)
05/04/2015	213	0.258	0.029	0.110	269282	13050 (3178-26582)	6910 (1617-14704)
04/06/2015	273	0.217	0.112	0.128	314126	15186 (4750-29578)	8041 (2384-16392)
31/07/2015	330	0.127	-0.216	0.095	231555	11271 (1708-24269)	5968 (875-13455)
28/09/2015	389	0.153	0.277	0.139	341190	16491 (5625-31303)	8732 (2837-17431)
07/04/2016	581	0.110	0.034	0.157	384983	18626 (7016-34395)	9863 (3536-19060)
02/03/2017	910	0.092	0.064	0.215	525227	25507 (11315-44184)	13506 (5614-24670)
06/10/2017	1128	0.067	-0.028	0.198	483641	23490 (10045-41212)	12438 (5004-23134)
01/04/2018	1305	0.073	0.105	0.249	608657	29541 (13545-49886)	15642 (6733-28069)
13/09/2018	1470	0.075	0.096	0.292	714513	34642 (16398-57400)	18343 (8090-32402)

Table 2. Elements that require consideration in the quantification of a full carbon budget of a managed realignment site. The aspects included in this study, the approaches to these that we took, and any implications of these approaches are also given.

Element	Approach in this study	Rationale of approach and its implications
Amount of sediment gained and lost within the site	Measured using LiDAR derived DTMs, validated against <i>in situ</i> measurements.	Baseline LiDAR is 57 days after breach and ~37 tides covered at least some of the marsh surface between the breach and this LiDAR image, so some post-breach sedimentation will have been missed. This approach has likely underestimated total carbon gained.
Changes in intertidal habitat in the wider estuary: the realignment site might cause changes to the sediment dynamics of the wider estuary. Gains and losses of intertidal habitat outside of the site (and the carbon stored in those habitats) that are a direct result of the restoration should be considered	Not considered in this study.	A five year monitoring programme for the scheme found no evidence that the scheme had caused increased erosion in the main estuary channel bed [70]. Near to the scheme, the most significant changes have been associated with the erosion of the exit channel due to the strong flows into and out of the realignment site [31]. Erosion in the exit channel has progressed into the site through the creation of a distinct step, and these changes within the site are captured in our analysis.
Carbon in sediment gained	Cores taken at 11 locations in the restored site, average carbon content of new sediment used.	We found total carbon and total organic carbon in new sediment was somewhat lower than in the adjacent natural saltmarsh. The site was in the early stages of restoration (first 4 y). Further development of biotic communities, particularly the vegetation, may increase the carbon content of the sediment at the restored site. Some spatial variation in carbon contents of new sediment around the site. Reasons for this were not clear but understanding this

		would allow more spatially refined models of carbon accumulation could be made.
Carbon in sediment lost (eroded)	Assumed to be the same as carbon gained.	Carbon content of the soils eroded (e.g. from main creek) is likely to be lower than that in the new sediment because the agricultural soils significantly had lower carbon. However, this could not be quantified because erosion in the main creek was up to 5 m deep. Some of the erosion later in the study would have been of newly accreted sediments (e.g. due to formation of small creeks) and thus of same carbon content as that gained. In total, this approach has likely underestimated total carbon gained.
Source of carbon in sediment	Not considered	Burial of <i>in situ</i> derived carbon would be a true gain. Carbon from outside the site may have ended up being stored elsewhere in the absence of the site, or may have been oxidised; the extent to which either happens is uncertain. The total carbon accumulation here provides an upper bound for net carbon buried.
Plant biomass	Not considered	Belowground biomass contributes to carbon accumulation, and is expected to increase as the site became more vegetated. Similarly, more vegetation creates a source of carbon to be buried.
Greenhouse gas fluxes	Not considered	Release of greenhouse gases (e.g. methane) may offset some carbon accumulation. Burden <i>et al.</i> [69] found CH ₄ and N ₂ O fluxes were close to zero on a restored and natural saltmarsh in Essex. However, Adams, Andrew & Jickells [71] suggest gas fluxes

		could reduce carbon sequestration on MR sites by 24%.
Construction carbon costs	Calculated using estimated fuel use during construction in combination with estimates from the Environment Agency's basic carbon calculator (version 3.1.2) for personnel travel, energy use in portable accommodation, and the embodied emissions associated with construction materials.	<p>Creation of the embankments is very likely to be the greatest construction carbon cost of the managed realignment, and itself is small compared to the carbon gained by the habitat created on the site.</p> <p>All material for the managed realignment part of the site were locally-won material for the embankments from borrow pits on site and was not imported.</p> <p>Since the completion of the Steart project, a more up-to-date Environment Agency carbon estimation tool became available, which considers the carbon of other project stages (operational, decommissioning) to provide the whole-life carbon over a 100-years. The tool currently cannot be adjusted to deal with locally-won embankment material, and was not used here.</p> <p>Some operational carbon cost will occur from the site managers WWT, but has not been included in the calculations. This would include activities associated with site inspections and the maintenance of the embankments (such as grazing by sheep rather than mowing). It is expected to be minimal compared with construction. No decommissioning is anticipated.</p>
Prior land use – some changes in land use may result in substantial carbon lost, e.g. loss of trees	Not considered	The site was a mix of arable and pasture prior to restoration and relatively few trees were removed during construction, but this should be considered for future sites.

SUPPLEMENTARY INFORMATION

Table S1. Field sampling dates and information. Samples highlighted in bold are those selected for the quantification of total organic carbon. Access issues prevented sampling at some locations in March 2015 and September 2016. We assessed the consequence of the additional uneven sampling by removing samples from these two time periods and recalculating the mean carbon content in newly accreted sediment. The value differed by less than 1% of the original value (i.e. 4.367% vs 4.372%), so we retain all samples in the data presented in the manuscript.

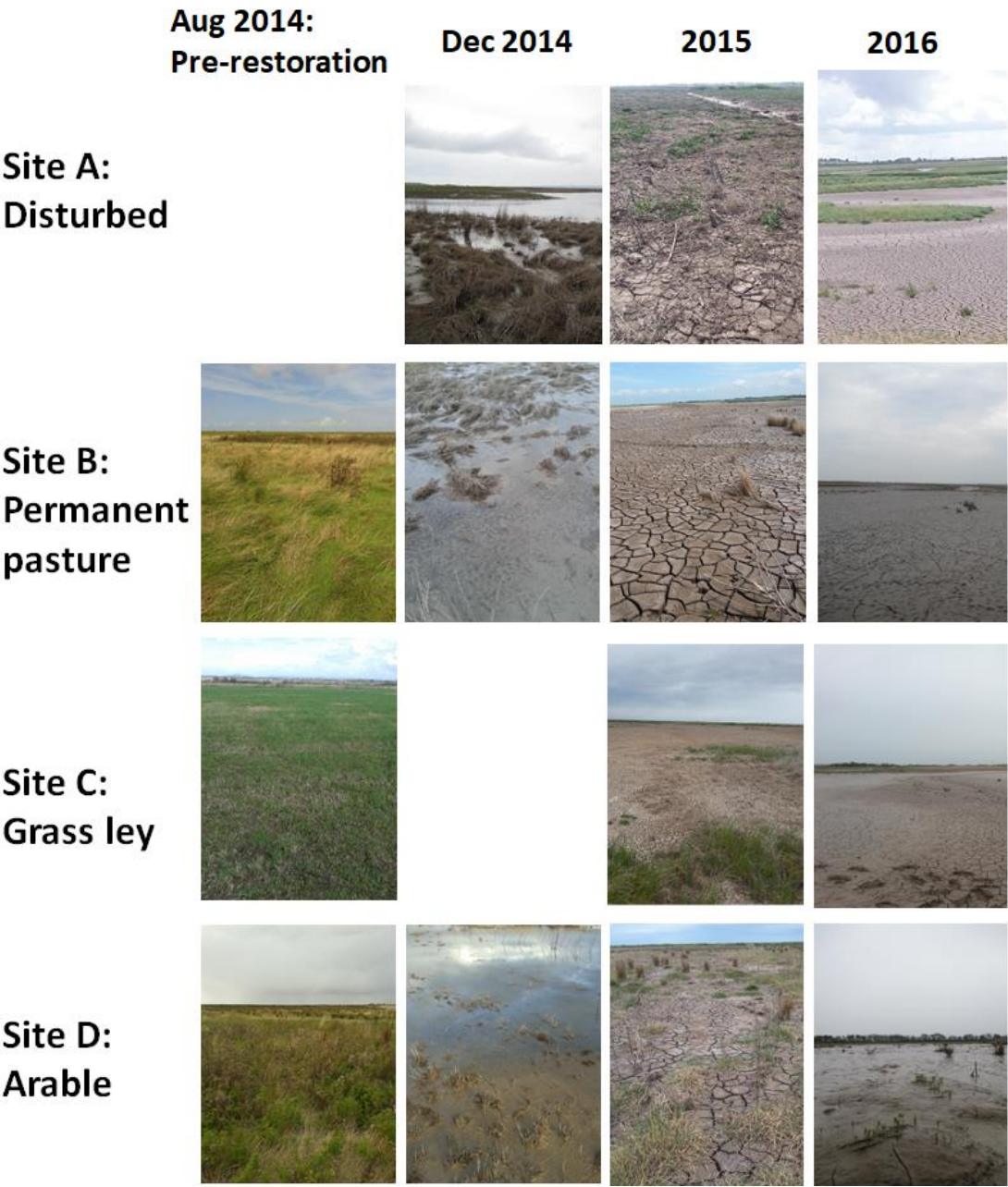
Date of sampling	Days after restoration	Cores sampled	Notes
28 August 2014	-7	Site A1, A2 Site B1, B2 Site C1, C2, C3 Site D1, D2, D3	Pre-restoration sampling. Natural marsh not sampled. A3 not sampled as it was undergoing earthworks.
14-15 December 2014	+101	Site A1, A2, A3 Site B1, B2 Site C1, C2, C3 Site D1, D2, D3 NAT	Installation of sedimentation pins
16-17 March 2015	+193	Site A2 Site C1, C2, C3 Site D1, D2, D3 NAT	Access issues prevented sampling at Site B, A1 and A3.
25-28 June 2015	+294	Site A1, A2, A3 Site B1, B2 Site C1, C2, C3 Site D1, D2, D3 NAT	
14-15 April 2016	+588	Site A1, A2, A3 Site B1, B2 Site C1, C2, C3 Site D1, D2, D3 NAT	
27-28 September 2016	+754	Site B1, B2 Site C1, C2 Site D1, D2, D3	Access issues prevented sampling at Site A and C3.
5-7 March 2017	+913	Site A1, A2, A3 Site B1, B2 Site C1, C2, C3 Site D1, D2 , D3	Sedimentation pin data collected

Table S2. Summary of the fuel (diesel) consumption and tCO₂e emitted by machinery in the construction of Steart Marshes earthworks.

Equipment/Component	Average fuel burn (l.hr ⁻¹)	Productivity	Fuel use (l)	t CO ₂	tC
Excavator (EC250DL)	20.8 ²	80m ³ /hr ⁶	127,255	341.0	93.0
A25D ADT	30 ¹	10 km/hr ⁵	208,689	559.3	152.5
D6 Bulldozer	19 ³	45.7m ³ /hr ⁷	203,488	545.3	148.7
Roller	1.9 ⁴		11,580	31.0	8.5
Managed Realignment Earthworks			551,012	1,476.7	402.7
Other Earthworks			110,202	295.3	80.5
Total Earthworks			661,214	1,772	483

¹<https://www.equipmentworld.com/owning-and-operating-costs-5>; ²<https://www.volvoc.com/en-us/government/services/promotions/fuel-efficiency-guarantee>; ³<https://www.constructionequipmentguide.com/industry-begins-grappling-with-rising-fuel-costs/7008>; ⁴<https://www.equipmentworld.com/owning-and-operating-costs-6/>; ⁵ Estimated from average speed on site (obtained from the contractor); ⁶ Hydraulic Excavator with a 0.5 m³ bucket excavating clay/chalk, <https://www.methvin.org/construction-production-rates/excavation/bulk-excavation>; ⁷ 1.2 m³ bucket, reach of 50-200 m², Boulder Clay <https://www.methvin.org/construction-production-rates/excavation/bulk-excavation>

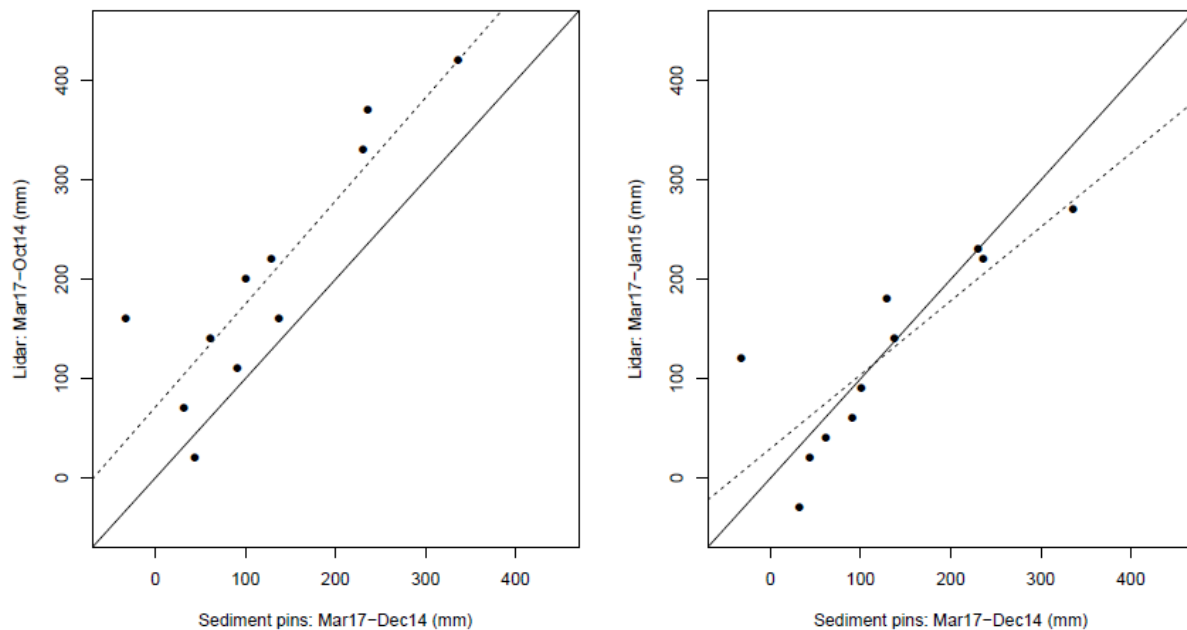
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Figure S1. Photographs of sampling areas (Sites A-D).

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Figure S2. Relationship between elevation change measured with LiDAR derived-DTMs and in situ

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measurements with pins. In situ measured data (x axis) show difference in elevation between

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December 2014 (3 months after restoration) and March 2017. Left: Compares in situ data to

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elevation changes derived from LiDAR data taken in October 2014 and March 2017, and Right

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compares elevation changes between January 2015 and March 2017. No LiDAR images are available

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for December 2014. Solid lines show a 1:1 relationship and the dashed lines show the actual

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relationship (linear regression) between DTM-derived and in situ measurements (dash lines Left: $R^2 =$

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0.775, $P < 0.001$; Right $R^2 = 0.686$, $P = 0.002$). LiDAR measurements are strongly related to in situ

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measurements and are not systematically biased when sampling periods are more closely matched

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(i.e. Right).

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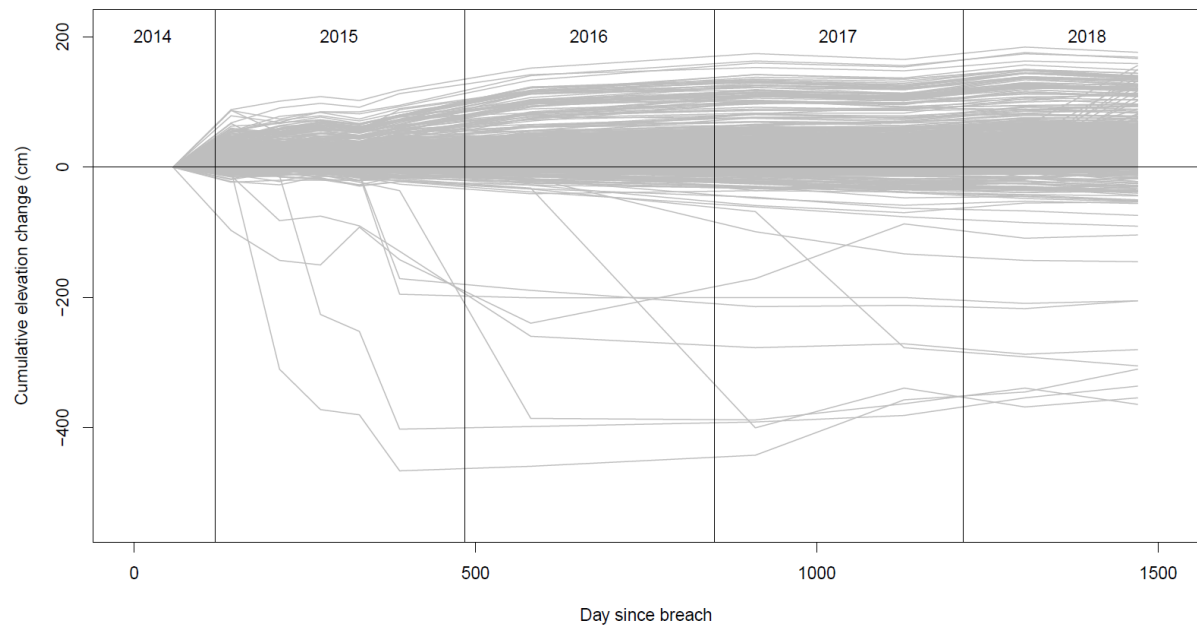


Figure S3. Cumulative elevation change trajectories of a sample of 1000 DTM pixels.

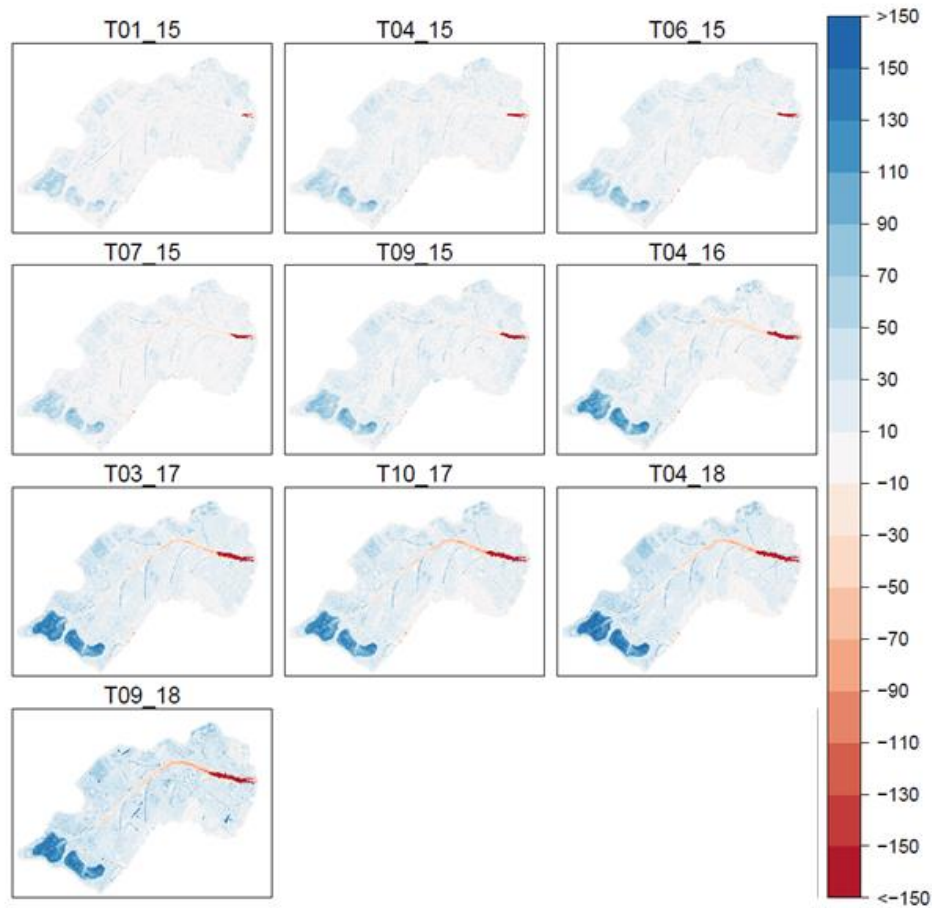


Figure S4. Cumulative change in elevation for each LiDAR survey.