1   **Slow TCA flux implies low ATP production in tumors**

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14   **Summary**

15   The tricarboxylic acid (TCA) cycle oxidizes carbon substrates to carbon dioxide, with the

16   resulting high energy electrons fed into the electron transport chain to produce ATP by oxidative

17   phosphorylation. Healthy tissues derive most of their ATP from oxidative metabolism, and the

18   remainder from glycolysis. The corresponding balance in tumors remains unclear. Tumors

19   upregulate aerobic glycolysis (the Warburg effect), yet they also typically require an intact TCA

20   cycle and electron transport chain[1–6]. Recent studies have measured which nutrients contribute

21   carbon to the tumor TCA metabolites[7,8], but not tumor TCA flux: how fast the cycle turns. Here,

22   we develop and validate an *in vivo* dynamic isotope tracing-mass spectrometry strategy for TCA

23   flux quantitation, which we apply to all major mouse organs and to five tumor models. We show

24   that, compared to the tissue of origin, tumor TCA flux is markedly suppressed. Complementary

25   glycolytic flux measurements confirm tumor glycolysis acceleration, but the majority of tumor

26   ATP is nevertheless made aerobically, and total tumor ATP production is suppressed compared

27   to healthy tissues. In murine pancreatic cancer, this is accommodated by downregulation of the

28   major energy-using pathway in the healthy exocrine pancreas, protein synthesis. Thus, instead

29   of being hypermetabolic as commonly assumed, tumors apparently make ATP at a lower than

30   normal rate. We propose that, as cells de-differentiate into cancer, they eschew ATP-intensive

31   processes characteristic of the host tissue, and that the resulting suppressed ATP demand

32   contributes to the Warburg effect and facilitates cancer growth in the nutrient-poor tumor

33   microenvironment.

34

Introduction

Animals use ATP as their main energy currency, powering functions including muscle contraction, ion pumping, and protein synthesis. ATP can be produced either from glycolysis or by mitochondrial oxidative metabolism. In the latter pathway, the tricarboxylic acid (TCA) cycle oxidizes fat and carbohydrates to make the high energy electron donors NADH and $FADH_2$, which then drive ATP production by the electron transport chain. Catabolism of a glucose molecule in glycolysis yields two ATP, while the coupled TCA cycle and electron transport chain make around 15 ATP per TCA turn while consuming one half of a glucose molecule (or equivalently, one lactate) or one fatty-acid two-carbon unit. Accordingly, in the body as a whole, ATP production by oxidative metabolism exceeds glycolytic ATP generation by more than 20-fold.

Tumors display metabolic alterations relative to healthy tissues, likely due both to dysregulated growth signaling and to the metabolic demands of proliferation[9,10]. Pioneering studies by Warburg and others in the 1920s demonstrated that, even in the presence of oxygen, tumors rapidly convert glucose into lactate (aerobic glycolysis)[11–15]. Indeed, high glucose uptake by tumors is the basis for cancer detection by fluorodeoxyglucose-positron emission tomography[16,17] (FDG-PET).

One potential trigger of glycolysis is impaired oxidative ATP production, due to a need to fulfill ATP demand and relief of allosteric inhibition of glycolysis. Warburg hypothesized that tumors are intrinsically respiration deficient. Initial experimental evidence was conflicting on whether tumor TCA flux was higher or lower than other tissues[11–15]. Nevertheless, the concept that tumors have defective mitochondria persisted until recent studies, which have shown that the TCA cycle and electron transport chain are important for tumor cell growth and survival, with active selection against certain mitochondrial DNA mutations in human tumors[1–6].

Isotope tracing has been used to map fuel sources of tumor TCA metabolism. While tumors often select similar substrates to their tissue of origin, human lung cancer showed increased glucose contribution to the TCA cycle[7,8]. Comparable assessment of TCA turning rate (flux) in tumors, however, has been lacking.

TCA flux is distinct from carbon substrate selection, similar to the distinction between how fast a furnace burns fuel versus which type of fuel it takes. While the latter can be measured by steady-state isotope tracing, measuring flux requires kinetic isotope labeling measurements, as have been performed for tumor cells in culture and for selected organs, but not tumors, by NMR in vivo[18–22].

68   Here, we develop and validate an isotope-tracing mass spectrometry method to

69   measure TCA cycle flux in tissues and tumors in mice. We also quantify glucose usage flux with

70   2-deoxyglucose. Together, these methods show that healthy murine tissues make at least 90%

71   of their ATP using the TCA cycle and oxidative phosphorylation. Strikingly, tumors show

72   markedly suppressed TCA turning. Despite this decreased TCA turning, and elevated glucose

73   flux consistent with the Warburg effect, we calculate that tumors still make a majority of their

74   ATP oxidatively, with implied total ATP production rates in tumors significantly lower than their

75   tissues of origin.

76

77   **Results**

78   **Primed ^{13}C-lactate infusion for TCA flux measurement**

79   We can measure TCA flux in a tissue based on the speed of labeling of TCA metabolites

80   and the size of the TCA metabolite pool being labeled:

$$L_t = L_{ss} \times (1 - e^{-kt}) \tag{1}$$

$$J_{TCA} = kP \tag{2}$$

83   where L_t is the fractional labeling of tissue TCA metabolites at time t, L_{ss} is labeling of tissue

84   TCA metabolites at steady state, k is the labeling rate constant, P is the summed concentration

85   of TCA metabolites in the tissue, and J_{TCA} is TCA flux in a tissue (in units of nanomoles of two-

86   carbon units consumed per minute per gram tissue)[23]. These equations apply to an idealized

87   ^{13}C-tracer that instantaneously accumulates in the bloodstream, penetrates cells, and feeds into

88   the TCA cycle without perturbing endogenous metabolism.

89   Since lactate enters tissues quickly and feeds the TCA cycle in almost all tissues[7], we

90   hypothesized that it could potentially be used for this purpose (Figure 1A). We optimized a

91   primed infusion of [U-^{13}C] lactate (in which all three lactate carbon positions are carbon-13) so

92   that steady-state labeling of blood lactate was attained in less than 60 seconds (Figure 1B-C).

93   This quick approach to steady state blood labeling was important: It made sure that the rate-

94   limiting step in tissue TCA metabolite labeling was actual turning of the cycle within the tissue

95   (Figure 1D, Extended Data Figure 1A-B). Distinct from similar previous approaches using

96   acetate or ethanol tracing with MRI detection[20,21], this was achieved without markedly altering

97   the circulating concentration of the metabolite used for tracing.

98   **Tissue TCA fluxes**

99   To quantitate tissue TCA flux, we needed to measure both the labeling rate constant k

100   and the TCA pool size P (Equation [2]). To find k, we performed carbon-13 lactate primed

101   infusion and measured the m+2 carbon-13 labeling of tissue TCA intermediates. Due to

102   transaminase flux being faster than TCA turning[18], glutamate and aspartate are in labeling

103   equilibrium with the TCA intermediates alpha-ketoglutarate and oxaloacetate respectively, and

104   accordingly these amino acids are functionally members of the TCA carbon pool (Extended

105   Data Figure 1C-D).

106   All TCA metabolites in a given tissue showed similar labeling kinetics (Extended Data

107   Figure 1C-D), so we used the mean m+2 labeling of three well-detected metabolites, malate,

108   succinate, and glutamate, for our calculations. We observed that different tissues accumulate

109   TCA labeling at different rates (Figure 1D, Extended Data Figure 2A); for example, diaphragm

110   gains TCA labeling much more quickly than quadriceps muscle. Using these labeling timepoints,

111   we calculated the labeling rate constant k for all tissues using equation [1], with higher k

112   representing faster labeling rate (Figure 1E).

113   Metabolite pool size is also required to calculate flux using kinetic measurements,

114   because, for a given absolute flux, a larger metabolite pool takes longer to reach steady state

115   labeling than a small pool. We used internal carbon-13 and nitrogen-15 labeled standards to

116   quantify the tissue concentrations of TCA metabolites, including glutamate, aspartate,

117   succinate, malate, citrate/isocitrate and succinate (Figure 1F, Extended Data Figure 2B).

118   Oxaloacetate, succinyl-CoA, and fumarate are not well-detected by our LC-MS method, but are

119   present at much lower abundance than aspartate and glutamate and so would not materially

120   change the measured TCA pool sizes[18].

121   By multiplying the labeling rate constant k (Figure 1E) by the TCA pool size P (Figure

122   1F) we calculated absolute TCA flux for each tissue (Figure 1G). We found that heart and

123   diaphragm have the highest TCA flux per gram tissue, while skin has the lowest.

124   **Confirmatory TCA flux measurements with ^{13}C-glutamine**

125   Our TCA flux measurement strategy measures the speed of TCA metabolite labeling,

126   relative to the extent of steady-state labeling from the same substrate. Accordingly, the labeling

127   rate and measured fluxes should not depend on the tracer used. To test this concept, we turned

128   to glutamine, a major TCA fuel which enters the TCA cycle using distinct transporters and

129   enzymes from lactate. A disadvantage of glutamine relative to lactate is that some tissues (e.g.

130   heart and diaphragm) use little to no glutamine in the TCA cycle, so their flux cannot be

131   measured[25]. We developed a primed [U-^{13}C] glutamine infusion strategy that achieves

132   circulatory steady-state in less than one minute (Extended Data Figure 2C). This primed

133   infusion was then used to measure tissue TCA labeling (Figure 2A). With the notable exception

134   of liver, labeling rates of TCA intermediates from glutamine and from lactate were correlated

135   (Figure 2B, R^2 excluding liver 0.90). In liver, TCA flux measured by lactate markedly exceeded

136   that measured by glutamine. A possible explanation is that lactate labels the TCA cycle in liver

137   via pyruvate cycling more than TCA turning[26,27], and thus the TCA turning rate measured with

138   lactate is overestimated. Nevertheless, with this one exception, the agreement between rates

139   measured with lactate and glutamine speaks to the validity of our TCA flux measurements.

140   **Agreement with oxygen consumption measurements**

141   To further validate our TCA flux measurement method, we compared oxygen

142   consumption calculated from our TCA measurements to oxygen consumption directly measured

143   in ex vivo tissue slices[28]. Due to redox constraints, oxygen consumption is directly proportional

144   to TCA flux. Either lactate or fatty acid oxidation produces 6 reducing equivalents in the form of

145   NADH or FADH2 per acetyl-CoA. Each reducing equivalent contributes two electrons to the

146   electron transport chain resulting in the consumption of ½ molecule of O_2:

147    $$J_{O2} = 3 \times J_{TCA}$$ [3]

148   where J_{O2} is oxygen-consumption flux. We found that our measurements of TCA turning

149   correlated well with historical tissue slice data, with the exception of heart and diaphragm

150   (Figure 2C, R^2=0.85 excluding heart and diaphragm). In heart and diaphragm, we observed

151   greater TCA turning than anticipated based on *ex vivo* tissue slice oxygen consumption, likely

152   reflecting active muscle contraction driving TCA flux *in vivo.* Consistent with this, in perfused

153   beating mouse hearts, oxygen consumption was 20-fold greater than in tissue slices[29], and only

154   2-fold different from our *in vivo* measurements.

155   To quantify the contribution of each tissue to whole body oxygen consumption, we

156   multiplied the oxygen consumption calculated from tissue TCA fluxes by the fractional mass of

157   each tissue in the body (Figure 2D-E)[30–33]. We found that red working muscles like diaphragm

158   and soleus, which make up approximately 16% of body mass, accounted for a majority of

159   whole-body oxygen consumption. Adding up the oxygen consumption by all tissues yielded an

160   estimate of 1026 nanomoles O_2 consumed per minute per gram body weight, which is on the

161   same order of magnitude as the true measured oxygen consumption measured by a metabolic

162   cage, 1930 nmols/min/g [25]. The missing body oxygen consumption likely reflects unsampled

163   tissues (e.g. bone) which comprise 30% of body mass, reactions that directly use oxygen

164   without passing through the TCA cycle (e.g. fatty acid desaturation and peroxisomal oxidation)

165   and/or underestimation of TCA turning rate in high flux tissues (e.g. heart, diaphragm, and

166   kidney, where tissue lactate labeling is not faster than tissue TCA labeling, Extended Data

167   Figure 1A-B).

168   **Imaging mass spectrometry of kidney TCA flux**

169   The experiments above measured TCA flux averaged across each organ as a whole;

170   however, tissues are composed of different cell types with distinct metabolism. For example, the

171   kidney cortex is responsible for sodium and potassium pumping in order to recover metabolites

172   from the glomerular filtrate, and thus has a higher energy demand than the kidney medulla[34]. To

173   measure regional TCA flux across the kidney, we performed a primed infusion of carbon-13

174   lactate as above, then after 90 seconds isolated and froze the kidney, sectioned it, and

175   performed imaging mass spectrometry. This pre-steady state TCA metabolite labeling, which

176   correlates with flux, was much higher in the kidney cortex than the medulla (Figure 2F-I), and

177   moreover within the cortex showed a gradient from peripheral to central, with the most

178   superficial region showing the highest flux. We are unaware of other technologies for imaging

179   energy production on this spatial scale.

180   **Kinetic 2-deoxyglucose infusion quantifies glucose usage flux *in vivo***

181   Two pathways generate ATP in cells, the TCA cycle (in combination with the electron

182   transport chain) and glycolysis. Thus to estimate the routes of total tissue ATP production we

183   also measured *in vivo* glucose usage flux. We took advantage of the glucose analog 2-

184   deoxyglucose, which enters tissues using glucose transporters and is phosphorylated by

185   hexokinase but then cannot be metabolized further and remains trapped in tissues[35]. Clinically,

186   fluorodeoxyglucose positron emission tomography (FDG-PET) uses a similar strategy to

187   measure glucose usage in tissues. As typically performed it does not yield quantitative values of

188   glucose flux, though kinetic FDG-PET experiments can measure it[35–37]. Similarly, tritiated 2-

189   deoxyglucose injection has been used to measure relative glucose usage across tissues[38].

190   We intravenously infused mice with [1-^{13}C] 2-deoxyglucose and used mass spectrometry

191   to measure 2-deoxyglucose levels in blood and accumulation of 2-deoxyglucose-phosphate in

192   tissues over time (Figures 3A-C). Using [1-^{13}C] 2-deoxyglucose increased the sensitivity of this

193   measurement, because tissues displayed high background at the expected mass of carbon-12

194   2-deoxyglucose-phosphate (Extended Data Figure 3A). The resulting data yield tissue glucose

195   usage flux:

196    $$J_{glucose} = \frac{C_p \times C_M^*}{\int C_p^* \, dt} \tag{4}$$

197   where $J_{glucose}$ is the rate of glucose uptake and phosphorylation, C_P is glucose concentration in

198   the blood (Extended Data 3C), C_M^* is 2-deoxyglucose-phosphate concentration in the tissue,

199   and the integral of C_P^* is the integrated concentration of the blood 2-deoxyglucose concentration

200   with respect to time up to that timepoint[35]. We found that 2-deoxyglucose infusion up to 15

201   minutes yielded a linear relationship between tissue 2-deoxyglucose-phosphate concentration

202   and the integral of blood 2-deoxyglucose concentration, demonstrating that in this time frame

203   the glucose import and phosphorylation machinery was not saturated (Figure 3C, Extended

204   Data Figure 3B, 3D-E). Glucose flux per gram tissue was highest in brown adipose, diaphragm,

205   brain, and soleus; lowest in skin; and correlated well with FDG-PET[39] (Figure 3D, 3E, R^2=0.93).

206   To calculate the contribution of each tissue to whole-body glucose flux, we multiplied the

207   calculated glucose usage flux by the fraction of the body composed of each tissue[30–33]. This

208   revealed that red working muscles like diaphragm and soleus are responsible for a majority of

209   the body's glucose usage (Figure 3F). Taken together with Figure 2E, this observation suggest

210   that red working muscles are the predominant tissue type responsible for whole-body nutrient

211   consumption. The sum of tissue glucose flux was somewhat less than whole-body glucose

212   turnover flux (41 versus 80 nanomolar glucose/minute/gram body weight, dotted line in Figure

213   3F).

214   Classically, it is thought that cells direct carbon exiting glycolysis into the TCA cycle for

215   oxidation. However, cells may also acquire carbohydrate for TCA burning by taking up lactate.

216   Isotope tracing reveals extensive use of lactate to feed the TCA cycle[25,40,41] but up to now

217   methods to determine whether there is net lactate uptake, or merely exchange with carbon

218   coming from glycolysis, have been limited to arterio-venous sampling. We estimated lactate

219   production by each tissue as two lactate molecules produced per glucose used, and calculated

220   lactate consumption in the TCA cycle as the product of TCA flux and the fraction of the TCA

221   cycle contributed by lactate (Extended Data Figure 2D). Consistent with prior arterio-venous

222   measurements, this approach identified kidney, liver, and heart as net lactate consumers[42,43]

223   (Figure 3G). Thus, our glucose usage measurements align well with prior orthogonal

224   experimental approaches.

225   **Tumors have lower TCA flux than healthy tissues**

226   Having established methods to measure TCA and glucose flux in tissues, we then

227   applied these methods to tumors. Historically, studies have consistently found high rates of

228   glucose usage in tumors, but (in part because tumors often lack a well-defined draining vein)

229   there has been no reliable way to measure their TCA turning rate. To this end, we measured

230   TCA flux in tumors using both carbon-13 lactate and carbon-13 glutamine primed infusions. We

231   examined five tumor models: genetically engineered mouse models (GEMM) of pancreatic

232   cancer and lung cancer, flank-implanted pancreatic- and lung-derived tumors, and a human

233   colon cancer xenograft model (denoted respectively as GEMM PDAC, GEMM NSCLC, flank

234   PDAC, flank NSCLC, and CRC xeno). Strikingly, all tumor models examined had much lower

235   TCA flux than the corresponding healthy tissue: tumor TCA flux was 3.3- to 25-fold lower than

236   corresponding healthy tissue flux depending on the tumor type (Figure 4A-P). TCA labeling from

237   carbon-13 was gated by TCA turning, not perfusion or lactate import (Extended Data Figure 4A-

238   B). These data suggest that tumors can satisfy their requirements for energy, biosynthesis, and

239   redox balancing with relatively low TCA flux.

240   **Tumors have similar or higher glucose usage flux than healthy tissues**

241   To identify how much tumor energy comes from glycolysis versus oxidative metabolism,

242   we next measured glucose usage flux in tumors using kinetic [1-^{13}C] 2-deoxyglucose infusion. In

243   all four models examined, GEMM lung tumor, flank pancreatic and lung tumors, and colon

244   cancer xenograft, tumors displayed somewhat higher glucose flux than the corresponding

245   healthy tissue (Figure 5A-D). The increase in glucose usage varied depending on the tumor

246   type, ranging from around 1.5-fold higher (flank lung tumor, not significantly different from

247   normal lung) to 3.6-fold higher (GEMM lung tumor, p=0.007).

248   Consistent with classical Warburg metabolism, we calculate that tumors net release

249   lactate, as they have higher estimated lactate production from glycolysis than lactate burning in

250   the TCA cycle (7- to 53-fold higher lactate production than lactate consumption in TCA

251   depending on tumor type, Extended Data Figure 4C). Note that tumors use circulating lactate as

252   a TCA fuel, however they release more lactate produced from glycolysis than they oxidize in the

253   TCA cycle.

254   **Tumors make ATP slower than healthy tissues**

255   A main goal of this study was to find how much the TCA cycle contributed to energy

256   production in tumors. Using our glucose and TCA fluxes, we estimated how much ATP tissues

257   and tumors derived from glycolysis (2 ATP produced per glucose consumed) versus from TCA

258   paired with the electron transport chain (approximately 14.5 ATP produced per two-carbon unit

259   consumed). Tumors derived a much higher fraction of their ATP from glycolysis than healthy

260   tissues, with an estimated 11-30% of ATP derived from glycolysis in tumors but a median of

261   1.8% derived from glycolysis in healthy tissues (Figure 5E).

262   We further used our measured glucose and TCA flux values to calculate total ATP

263   production in healthy tissues and tumors. Remarkably, the implied ATP production rate of

264   tumors was much less than healthy tissues. This calculation assumes a similar efficiency of ATP

265   produced per reducing equivalent across tissues and tumors. Our calculated rates of ATP

266   production are similar to studies measuring ATP phosphorylation rate in humans: around 6 μmol

267   /min/g tissue in resting human soleus versus our measurement of 28 μmol /min/g tissue in

268   working mouse diaphragm[44]. Tumors produced an average of 800 μmol ATP/minute/gram

269   tissue, compared to an average of 10600 μmol ATP/minute/gram tissue in healthy tissues

270   (Figure 5F-H). This finding stands in contrast to the widely held belief that cancer has a higher

271   energy demand than healthy tissues.

272   How might tumors proliferate while using so much less ATP than healthy tissues?

273   Healthy tissues use energy to carry out their physiological functions: the kidney pumps ions, the

274   pancreas synthesizes digestive enzymes, et cetera. We hypothesize that tumors downregulate

275   such physiological tasks, thereby conserving energy. To explore this possibility in the context of

276   pancreatic cancer, we measured protein synthesis flux in pancreas and pancreatic cancer. Mice

277   were infused with [U-^{13}C] valine and its accumulation in total protein measured in pancreas and

278   flank PDAC (Figure 5I). Indeed, pancreatic cancer carried out around four-fold less protein

279   synthesis than the pancreas. Thus, at least in pancreatic tumors, downregulation of ATP

280   production occurs in concert with loss of the native tissue's hallmark ATP-consuming process.

281   **Discussion**

282   Our kinetic tracing method revealed that the five tumor models surveyed have

283   suppressed TCA cycle flux compared to healthy tissues. As expected, the tumors showed

284   upregulated glycolysis, but nevertheless made most ATP oxidatively. Moreover, elevated

285   glycolysis was insufficient to compensate for decreased TCA turning, with calculated ATP

286   production rate significantly slower in the tumors than healthy tissues.

287   Accelerated glucose catabolism is the longest standing metabolic hallmark of tumors[9–11],

288   and supports the demands of proliferation. The consistent upregulation of glycolysis in tumors

289   may in part reflect ATP demand not being satisfied by TCA flux, but also involves oncogene-

290   driven metabolic rewiring, including upregulation of glucose transporters and glycolytic

291   enzymes. This is mediated in part by activating mutations of the insulin signaling pathway (PI3

292   kinase pathway), which drive the Warburg effect[45,46].

293   Upregulated glycolysis is, however, apparently not part of a general hypermetabolic

294   program in tumors. While quiescent lymphocytes may need to broadly upregulate their

295   metabolism to proliferate in response to an infection[46–48], our data argue for a different metabolic

296   strategy in solid tumors. Such tumors do not typically originate from cell types that are

297   metabolically dormant like quiescent lymphocytes. Instead, they frequently derive from cells with

298   substantial metabolic activity, including some of the most metabolic ones in the body like renal

299   tubular epithelium. As such, these cells do not need to broadly ramp up all aspects of

300   metabolism in order to proliferate. Instead, as they undergo oncogene-driven dedifferentiation,

301   they lose energetically demanding tissue-specific functions such as digestive enzyme synthesis

302   in the exocrine pancreas or ion pumping in the kidney[49,50]. This allows cancer cells to proliferate

303   with decreased, rather than elevated, ATP production flux.

304   Data on mitochondrial membrane potential in tumors is consistent with limited ATP

305   consumption sometimes gating TCA turning. Specifically, some lung cancers show elevated

306   mitochondrial membrane potential[51]. A logical cause of such elevation is bottlenecking of ATP

307   synthase activity due to limited ATP consumption, leading to proton accumulation in the

308   mitochondrial inner membrane space. Thus, rather than tumors having defective mitochondria

309   as Warburg hypothesized, they may sometimes have supercharged mitochondria with nowhere

310   to put the available energy.

311   That said, cancer cells often face a hostile metabolic microenvironment where oxygen

312   and nutrients are scarce, and competition with other cell types fierce[52–54]. The nefarious ability of

313   cancer to proliferate with suppressed TCA turning and ATP demands positions them

314   unfortunately well to succeed in the face of these metabolic challenges.

315

316   **Author Contributions:**

317   This work was conceived by C.R.B. and J.D.R. Y.S. helped advise on methods and quantative

318   analysis. X. X. developed isocorr package which was used in analysis of mass spectrometry

319   data. Experiments were carried out by C.R.B., W.D.L., T.T., C.S.R.J., L.W., L.Y., A.R.., V. B., T.

320   L., Z.H., W.L., and J.Y.G.

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327

328   **Methods:**

329   **Mouse strains:**

330   All animal studies were approved either by the Princeton Institutional Animal Care and

331   Use Committee (majority of experiments) or the Rutgers Institutional Animal Care and Use

332   Committee (experiments with GEMM PDAC and GEMM NSCLC mice). Experiments in non-

333   cancer bearing mice were performed in 9-14 week old C57Bl/6N mice from Charles River

334   Laboratory. Mice were fed a standard rodent diet (PicoLab Rodent 5053 Laboratory Diet). For

335   experiments with spontaneous pancreatic adenocarcinoma, Pdx1-cre;LSL-Kras-

336   G12D/+;Trp53$^{fl/fl}$ ('GEMM PDAC') mice were used at 5-8 weeks of age. For experiments with

337   spontaneous lung adenocarcinoma, LSL-Kras-G12D/+; Trp53$^{fl/fl}$; LKB1$^{fl/fl}$ ('GEMM NSCLC') mice

338 were inoculated intranasally with 4×10^7 particles of Cre-expressing adenovirus; experiments

339 were performed around 8 weeks after inoculation at 13-16 weeks of age.

340 **CRC xeno (HCT116) tumors**

341 HCT116 colon cancer derived cells were grown in DMEM with 10% fetal bovine serum.

342 For tumor implantation, cells were grown to confluency, then trypsinized and resuspended at

343 50×10^6 per mL in media. Cells were mixed with Matrigel (Corning 354234) at a 1:1 (v/v) ratio,

344 then injecting 200 microliters subcutaneously into the flank of CD1 nude mice (Charles River

345 Laboratory strain 086) using 26G needle. Tumor growth was monitored by measuring the tumor

346 dimensions (length, width and height) twice per week using a caliper. Tumor volume was

347 calculated as 0.5 x (Length x Width x Height). Infusions were carried out 20-30 days after tumor

348 implantation.

349 **Flank NSCLC tumors**

350 Cell line was established as described in Davidson et al.[55] from LSL-Kras$^{G12D/+}$; Trp53$^{fl/fl}$

351 mice inoculated intranasally with Cre-expressing adenovirus. Cells were grown in DMEM with

352 10% fetal bovine serum. For tumor implantation, cells were grown to 70% confluency, then

353 trypsinized and resuspended at 2×10^6 per mL in PBS, then 100 microliters was injected

354 subcutaneously into the flank of C57/Bl6 mice. Tumor growth was monitored by measuring the

355 tumor dimensions (length, width and height) twice per week using a caliper. Tumor volume was

356 calculated as 0.5 x length x width x height). Infusions were carried out 25-35 days after tumor

357 implantation.

358 **Flank PDAC tumors**

359 Syngeneic pancreatic adenocarcinoma allograft tumors were established by harvesting

360 tumors from Pdx1-cre;LSL-Kras-G12D/+; LSL-Trp53-R172H/+ mice, mincing the tissue into

361 small particles, suspended in DMEM medium, mixing with Matrigel (Corning 354234) at a 1:1

362 (v/v) ratio, then injecting 200 microliters subcutaneously into the mouse flank. Allograft tumors

363 were passaged up to two times in C57Bl/6 syngeneic recipient mice before implantation for use

364 in experiments. Tumor growth was monitored by measuring the tumor dimensions (length, width

365 and height) twice per week using a caliper. Tumor volume was calculated as 0.5 x (Length x

366 Width x Height).

367 **Jugular vein catheterization:**

368 Aseptic surgical techniques were used to place a catheter (Instech C20PV-MJV1301 2Fr

369 10cm) in the right jugular vein and to connect the catheter to a vascular access button (Instech

370 VABM1B/25 25gauge one-channel button) implanted under the back skin of the mouse. Mice

371 were allowed to recover from surgery for at least 5 days before tracer infusion.

Lactate primed infusion to measure TCA flux

[U-^{13}C] lactate tracer (98% 13C, 20 w/w% solution, CLM-1579, Cambridge Isotope Laboratory) was diluted to 1.67% (3-fold more) in sterile water (not saline, to match osmolarity of blood). This tracer was stored at 4C until day of experiment. Jugular vein catheterized mice were fasted by switching to a fresh cage with no food at 9am. Around 1pm mice were connected to infusion line with swivel and tether (Instech products: swivel SMCLA, line KVABM1T/25) and infusion pump (syringepump.com, NE-1000), with infusate advanced through the tubing to the point of connection with the mouse. Mouse was left in cage connected to line for one hour to reduce stress. Around 2:30-3:30pm, infusion was initiated: prime dose of 13 microliters (to clear mouse catheter up to jugular vein)+0.48 microliters*(mouse weight in grams) was provided in 30 seconds, then infusion rate was slowed to 0.3 microliters*(mouse weight in grams) per minute. At the desired timepoint, mice were euthanized quickly by cervical dislocation, and tissues were collected as quickly as possible and freeze-clamped using a liquid nitrogen cooled Wollenberger clamp. Tissues were stored at -80C until processed.

Glutamine primed infusion to measure TCA flux

[U-^{13}C] glutamine (99% purity, CLM-1822) was diluted to 100mM in sterile saline. This tracer was made fresh for every experiment due to previously observed tracer instability. Infusion was performed as in previous section, with these modifications: priming dose of 13+1.6*(mouse weight) microliters was provided in 60 seconds, then infusion rate was slowed to 0.1 microliters*(mouse weight in grams) per minute. As above, at the desired timepoint, mice were euthanized quickly by cervical dislocation, and tissues were collected as quickly as possible and freeze-clamped using a liquid nitrogen cooled clamp. Tissues were stored at -80C until processed.

2-deoxyglucose primed infusion to measure glucose usage flux

[1-^{13}C] 2-deoxyglucose (99% purity, CLM-1824) was diluted to the specified concentration (in most experiments, 8.3mM) in sterile saline. This tracer was stored at 4C until day of experiment. Infusion was performed as in previous section, with these modifications: priming dose of 13 microliters (to clear mouse catheter up to jugular vein) was provided in 30 seconds, then infusion rate was slowed to 0.3 microliters*(mouse weight in grams) per minute. As above, at the desired timepoint, mice were euthanized quickly by cervical dislocation, and tissues were collected as quickly as possible and freeze-clamped using a liquid nitrogen cooled clamp. Tissues were stored at -80C until processed.

[U-^{13}C] valine infusion to measure protein synthesis flux

405   [U-^{13}C] valine (99% purity, CLM-2249) was diluted to 20mM in sterile saline. This tracer

406   was stored at 4C until day of experiment. Infusion was performed as in previous section, with

407   these modifications: infusion of 0.1 microliters*(mouse weight in grams) per minute for 3 or 4

408   hours (no priming dose).

409   As above, at the desired timepoint, mice were euthanized quickly by cervical dislocation, and

410   tissues were collected as quickly as possible and freeze-clamped using a liquid nitrogen cooled

411   clamp. Tissues were stored at -80C until processed.

412   **Blood enrichment sampling in double catheterized mice**

413   Infusions were performed as above, but in mice purchased from Charles River

414   Laboratory with carotid artery and jugular vein catheters. In that case the infusion line used was

415   for double catheterized mice (Instech products: swivel SMCLA, line KVABM1T/25, second line

416   and double-channel button VABM2T/25GCY, 25G tubing VAHBPU-T25, PNP3F25R pinport for

417   sampling from arterial catheter).

418   Blood was sampled from arterial catheter at timepoints after the start of infusion using

419   capillary blood collection tube (Sarstedt 16.440.100) and pinport-to-tube connector (Instech

420   PNP3MS). Before and after sampling, arterial catheter line was flushed using a syringe and

421   syringe-to-pinport connector (Instech PNP3M) with heparin-saline (1:50 heparin solution made

422   with heparin SAI HGS-10). Blood was placed on ice, then centrifuged at 4C 14000 RCF 10min

423   after all samples were collected. Serum was moved to another tube and stored at -80C.

424   For blood glucose concentration measurement, the same fasting and sampling

425   procedure was performed but without any infusion.

426   **[U-^{13}C] glucose infusion to measure whole-body glucose use**

427   [U-^{13}C] glucose (99% purity, CLM-1396) was diluted to 200mM in sterile saline. This tracer was

428   stored at 4C until day of experiment. Infusion was performed using double catheterized mice as

429   described above, with these modifications: infusion of 0.1 microliters*(mouse weight in grams)

430   per minute for 2.5 hours (no priming dose).

431   **Blood and tissue processing and extraction**

432   Throughout processing until extraction, tissues were kept on dry ice. Tissues were

433   ground into powder using the Retsch CryoMill. Tissue powder was weighed (5-20mg in

434   precooled Eppendorf tubes), and tissues were extracted by vortexing in 40x volumes precooled

435   acetonitrile-methanol-water (40%/40%/20% v/v/v), then left on water ice over dry ice for 10

436   minutes. Then solution was centrifuged for 25min at 14000 RCF at 4C, moved to a new tube,

437   then centrifuged again for 25min at 14000 RCF at 4C to remove any particulates. Then extract

438   was moved to mass spectrometry vials (Thermo Scientific 200046, caps Thermo Scientific

439   501313) for measurement.

440   For blood samples, blood was kept on ice for up to 60min after sampling, then

441   centrifuged at 4C 15000 RCF for 10 minutes. Serum fraction was transferred to another tube

442   and stored at -80C. For mass spectrometry, 2-3 microliters of sample was extracted in 50

443   volumes methanol, then centrifuged at 4C 15000 RCF for 20 minutes, then transferred to a

444   mass spectrometry vial for measurement.

445   To measure 2-deoxyglucose concentration in blood, samples were phosphorylated using

446   purified hexokinase (Sigma H4502) according to the protocol described in Chiles et al.[56] [U-^{13}C]

447   2-deoxyglucose (Omicron Biochemicals, GLC-107) was phosphorylated using the same

448   approach, 300uM in reaction mixture. Serum and standard (5-fold diluted to 60uM) were mixed

449   and extracted in methanol (3ul serum+ 3ul standard+144 ul methanol).

450   To measure 2-deoxyglucose-phosphate concentration in tissues, a known concentration

451   of [U-^{13}C] 2-deoxyglucose (Omicron Biochemicals, GLC-107) was phosphorylated using the

452   protocol above (300uM 2-deoxyglucose in the reaction mixture). This reaction mixture was then

453   frozen and used as a standard when extracting tissues: standard was mixed into extraction

454   buffer at a concentration of 0.25 micromolar (i.e. 10uM relative to tissues, which were extracted

455   in 40x volume extraction buffer).

456   To measure TCA metabolite concentration in tissues, standards were made by

457   resuspending ^{13}C- or ^{15}N-labeled metabolites (Cambridge Isotope Laboratories products: [U-^{15}N]

458   glutamate and [U-^{15}N] aspartate from algal amino acid mix NLM-2161 [U-^{13}C] a-

459   ketoglutarate:CLM-4442, [U-^{13}C] citrate:CLM-9021, [U-^{13}C] malate: CLM-8065, [U-^{13}C]

460   succinate: CLM-1571) in water (at concentrations of 3040uM glutamate, 1980uM aspartate,

461   515uM a-ketoglutarate, 2693uM citrate, 483uM malate, 1365uM succinate). Standards were

462   mixed into 40:40:20 (acetonitrile:methanol:water) extraction buffer at 1:100 concentration, and

463   tissue powder samples were extracted in 100x volume extraction buffer on dry ice over water

464   ice, then proceeded as above.

465   To measure glucose concentration in arterial blood, standards were made by

466   resuspending ^{13}C-labeled glucose (Cambridge Isotope Laboratories CLM-1396) in water at a

467   known concentration, mixing standard into methanol extraction buffer, and blood serum samples

468   were extracted in extraction buffer on water ice over dry ice, then proceeded as above.

469   To measure protein enrichment from [U-^{13}C] valine infusion, tissues were ground using

470   the Retsch Cryo Mill, then 5mg of tissue powder was weighed into Eppendorf tubes. Free tissue

471   amino acids were removed using methanol-chloroform extraction as follows: 400ul methanol,

472   200ul chloroform, and 300ul water were added to each Eppendorf, vortexing after each addition.

473   Tubes were centrifuged 10min at 14000 RCF at 4C, then upper layer was discarded. Remaining

474   samples was washed twice with 500ul methanol, centrifuging 10min at 14000 RCF 4C between

475   each wash. Finally, supernatant was removed and pellet was air dried. 250 ul 6M hydrochloric

476   acid was added and tubes were incubated overnight at 98C. 10ul was moved to a new tube,

477   then dried under nitrogen gas, resuspended in 500ul methanol and measured by mass

478   spectrometry. (Note that each [U-^{13}C] valine-infused tissue sample was also measured without

479   methanol-chloroform extraction using the conventional sample-preparation method to measure

480   free valine enrichment in the tissue.)

481   **Mass Spectrometry**

482   Water soluble metabolite measurements were obtained by running samples on the Q

483   Exactive Plus hybrid quadrupole-orbitrap mass spectrometer (Thermo Scientific) coupled with

484   hydrophilic interaction chromatography (HILIC). An XBridge BEH Amide column (150 mm × 2.1

485   mm, 2.5 µM particle size, Waters, Milford, MA) was used. The gradient was solvent A (95%:5%

486   H$_2$O:acetonitrile with 20 mM ammonium acetate, 20 mM ammonium hydroxide, pH 9.4) and

487   solvent B (100% acetonitrile) 0 min, 90% B; 2 min, 90% B; 3 min, 75%; 7 min, 75% B; 8 min,

488   70% B, 9 min, 70% B; 10 min, 50% B; 12 min, 50% B; 13 min, 25% B; 14 min, 25% B; 16 min,

489   0% B, 20.5 min, 0% B; 21 min, 90% B; 25 min, 90% B. The flow rate was 150 µL/min with an

490   injection volume of 10 µL and a column temperature of 25°C. The MS scans were in negative

491   ion mode with a resolution of 140,000 at m/z 200. The automatic gain control (AGC) target was

492   1×10^6 and the scan range was m/z 75−1000.

493   In the case of 2-deoxyglucose-phosphate measurement, the method above was

494   supplemented with a SIM scan to boost signal to noise ratio (minutes 11-15 of method, 240-255

495   m/z range).

496   All data were analyzed by El-MAVEN. For experiments involving carbon-13 labeling only

497   (no nitrogen-15), outputs were corrected for natural ^{13}C abundance using accucor package in

498   R[57].

499   For measuring concentrations of TCA intermediates in tissues, we used a mix of carbon-

500   13 (13C) and nitrogen-15 (15N) labeled standards. We developed a software package

501   in MATLAB to perform and visualize natural isotope correction for mass spectrometry data

502   labeled with a mix of 13C and 15N

503   (see https://github.com/xxing9703/MIDview_isocorrCN). This package requires that the

504   instrumental resolution is high enough to fully resolve all the detectable 13C and 15N labeled

505   peaks of a given compound, with a total number of possible peaks n:

506 $$n = (x + 1) \times (y + 1) \tag{5}$$

507 where x and y represent the number of carbon atoms and of nitrogen atoms in the compound

508 respectively. Briefly, a correction matrix A of size n by n is constructed to relate the measured

509 isotope labeling pattern before correction (L) to the isotope labeling pattern after correction (L_C):

510 $$L_C = A \times B \times L \tag{6}$$

511 Each matrix element A_{ij} represents the jth labeled fraction contributing to the ith measured

512 mass fraction. The n by n impurity matrix B is constructed to take into account impurities in 13C

513 and 15N tracers (a value reported by the tracer manufacturer: typically 99% purity is

514 used). Finally, we solve for L_C by non-negative least square fitting using the lsqnonneg solver

515 in MATLAB.

516

517 **MALDI imaging mass spectrometry**

518 Primed infusion of [U-^{13}C] lactate was performed as described above for 90 seconds, or

519 steady lactate infusion was performed for 150 minutes to measure steady-state labeling of TCA

520 metabolites from lactate. Kidneys were quickly dissected and snap frozen on dry ice, then

521 stored intact at -80°C until MALDI-IMS analysis. For each tissue, ~10 μm-thick sections were

522 collected on a cryostat (Leica CM3050S, Wetzlar, Germany). Sections for MALDI-MSI were

523 thaw-mounted on indium tin oxide (ITO)-coated glass slides (Bruker Daltonics, Bremen,

524 Germany) and desiccated under vacuum for 10 mins. Alternating serial sections for

525 immunohistochemistry and immunofluorescence were collected on standard glass slides.

526 Desiccated tissue sections mounted on ITO glass slides were sprayed using an HTX

527 TM-Sprayer (HTX Technologies, LLC) with 10 mg/ml N-(1-Naphthyl) ethylenediamine

528 dihydrochloride (NEDC, Sigma #222488) dissolved in 70%:30% methanol:water. The sprayer

529 temperature was set to 80°C, with a flow rate of 0.1 ml/min, velocity of 1000 mm/min, track

530 spacing of 2 mm, pressure of 10 psi, and 3 liters/min gas flow rate. Ten passes of the matrix

531 were applied to slides with 10 seconds of drying time between each pass.

532 For MALDI-FTICR measurements, the matrix-coated slides were immediately loaded

533 into a slide adapter (Bruker Daltonics, Bremen, Germany) and then into a solariX XR FTICR

534 mass spectrometer equipped with a 9.4T magnet (Bruker Daltonics, Bremen, Germany). The

535 resolving power 120,000 at m/z 500. Mass accuracy was calibrated within 1 ppm by using

536 1mg/mL Arginine solution before starting the run. m/z 124.0068 (taurine), m/z 133.0136 (malate)

537 and m/z 145.0611 (glutamate) were used as lock masses during the run because of their high

538 abundance in kidney. The laser focus was set to 'minimum,' and the x-y raster width was set to

539 20 μm using Smartbeam-II laser optics. A spectrum was accumulated from 200 laser shots at

540 1200 Hz, and the ions were accumulated using the "cumulative accumulation of selected ions

541 mode" (CASI) within an m/z range of 70-250 before being transferred to the ICR cell for a single

542 scan.

543 **Immunofluorescence**

544 At time of harvesting, tumor samples were snap-frozen on dry ice for 30 min and stored

545 at -80°C until sectioning. 10 µm-thick tumor sections were collected on a cryomicrotome (Leica

546 CM3050S, Wetzlar, Germany) and mounted on slides. Slides were brought to room temperature

547 and fixed with 4% paraformaldehyde, then washed with PBS and then PBS+0.1%Triton. Slides

548 were stained using Lotus Tetragonolobus Lectin-fluorescein (Vector Laboratories FL-1321) in

549 combination with M.O.M. Immunodetection Kit (Vector Laboratories BMK-2202) using the

550 manufacturer's protocol. Slides were counterstained with DAPI and mounted using

551 Fluoromount-F (Thermo Fisher 00-4958-02), then imaged using a Cytation 5 microscope.

552 **Calculations and Analysis**

553 See Extended Data Table 1 for a list of sample sizes for all experiments. Each sample is an

554 independent biological replicate (either one tissue from an endpoint experiment, or a blood

555 timepoint).

556 **TCA flux calculations**

557 For all calculation of TCA cycle labeling, timepoints from 0 to 90 or 0 to 150 minutes were

558 used: at least five timepoints per tissue, and for the majority of tissues, at least 12 timepoints

559 per tissue. For carbon-13 lactate infusion, m+2 labeling of glutamate, malate, and succinate was

560 averaged for each sample, while for carbon-13 glutamine infusion, m+5 labeling, m+4 succinate,

561 and m+4 malate labeling was averaged for each sample. K labeling constants were calculated

562 using nonlinear fitting of a single exponential-decay function using the R nls() function. To

563 calculate TCA pool size, concentrations of glutamate, malate, succinate, aspartate, a-

564 ketoglutarate, and citrate (calculated by internal standard spikein as described above) were

565 summed for each organ. TCA flux was calculated as k labeling constant multiplied by TCA pool

566 size. For the case of TCA flux measurement by glutamine infusion in pancreatic cancer models,

567 since we had sampled fewer timepoints, we estimated the asymptote (eventual steady state

568 labeling) as the mean of the 150min timepoint and fit a single-exponent curve to the 5min

569 timepoint data. Note that TCA flux in brain could not be measured using either [U-^{13}C] lactate or

570 glutamine, since neither of this feeds the TCA cycle in brain substantially[25].

571 In using this approach to calculate TCA flux, several assumptions were made. TCA

572 metabolites in a tissue must be well-mixed and not compartmentalized. Precursors to TCA (e.g.

573   serum lactate and tissue lactate) should label much faster than TCA labeling, otherwise their

574   labeling speed might influence the calculated TCA flux.

575   To calculate oxygen consumption from TCA flux, we used Equation [3]:

576 $$J_{O2} = 3 \times J_{TCA} \quad\quad\quad [3]$$

577   When lactate is oxidized, it yields 5 NADH (from the lactate dehydrogenase, pyruvate

578   dehydrogenase, isocitrate dehydrogenase, alpha-ketoglutarate dehydrogenase, and malate

579   dehydrogenase reactions) and 1 $FADH_2$ (from the succinate dehydrogenase reaction). When a

580   two-carbon unit of fatty acid is oxidized, it yields 4 NADH (from the fatty acid oxidation, isocitrate

581   dehydrogenase, alpha-ketoglutarate dehydrogenase, and malate dehydrogenase reactions) and

582   2 $FADH_2$ (from the fatty acid oxidation and succinate dehydrogenase reactions). Therefore each

583   nutrient contributes 6 reducing equivalents per TCA turn (per acetyl-CoA consumed). Each

584   reducing equivalent results in consumption of ½ O_2 molecule in the electron transport chain, so

585   each TCA turn leads to 3 O_2 molecules consumed.

586   **Glucose usage calculation**

587   To calculate glucose usage flux, 2-deoxyglucose-phosphate concentration in tissues was

588   determined at timepoints from 0 to 15 minutes. This equation assumes that 2-deoxyglucose is

589   infused in trace amounts that do not inhibit endogenous glucose metabolism, and indeed the

590   peak 2-deoxyglucose concentration measured in blood was ~90 micromolar, or around 86-fold

591   lower than blood glucose concentration (Figure 3B). We found a linear relationship between the

592   rate of 2-deoxyglucose infused and the tissue 2-deoxyglucose-phosphate concentration

593   (Extended Data Figure 3D) again suggesting the trace amount of 2-deoxyglucose infused was

594   not saturating tissue glucose use. Each healthy tissue was measured from at least n=2 mice at

595   5min, 7.5min, 10min, 15min, and one 0min timepoint; tumors were measured from at least n=2

596   mice at 5min, 10min, and 15min except for GEMM NSCLC, which included only n=1 for 5min. 2-

597   deoxyglucose concentration in blood was measured in arterial blood using double catheterized

598   mice, and integrated concentration over time was calculated. The slope of the 2-deoxyglucose-

599   phosphate tissue concentration versus blood 2-deoxyglucose integrated concentration curve

600   was calculated using linear fitting in R. The glucose usage flux for each tissue was calculated as

601   the slope of this line multiplied by the blood glucose concentration (7.7mM in mice fasted from

602   9am-3:30pm, Extended Data Figure 3C).

603   Note that glucose usage flux is similar to glycolysis flux, except that glucose usage flux

604   measures glycolysis plus glycogen synthesis flux from glucose, while glycolysis includes

605   glycolysis from both glucose and glycogen; quantitatively, the values are likely to be very similar

606   in the fasted state since not much glycogen is synthesized.

607   Two tissues were analyzed differently: brown adipose demonstrated saturation of 2-

608   deoxyglucose phosphate after 10 minutes, so the 15-minute timepoint was not used in further

609   analysis (Extended Data Figure 3B). Colon 2-deoxyglucose phosphate displayed potential

610   signal to noise problems that we are exploring further, so colon glucose usage rate was not

611   analyzed.

612   **Whole body metabolism calculations**

613   To calculate contribution of each tissue to whole-body TCA flux or glucose flux, the

614   measured flux was multiplied by the fraction of body mass made up of each tissue, with tissue

615   fractional masses from previous studies[30–33]. We had to estimate what fraction of total muscle

616   consisted of what we call 'white muscle' (similar to quadriceps and gastrocnemius) versus red

617   muscle (similar to diaphragm and soleus). Muscle fibers are classified into types I, IIA, and IIB,

618   where I is 'reddest', IIA is intermediate, and IIB is 'white'. Considering the mass of each

619   measured muscle and its composition, we estimated that total mouse muscle is 3% type I fiber,

620   41% type IIA, and 50% type IIB. Quadriceps muscle and gastrocnemius muscle (what we are

621   calling 'white') is 0% type I, 30% type IIA, 70% type IIB. The mean of diaphragm and soleus

622   (what we are calling 'red') composition is 25% type I, 42% type IIA, 27% type IIB. Therefore, we

623   used least squares fitting to this linear system of equations to estimate that mouse muscle is

624   41% red muscle and 59% white muscle. Since muscle in total makes up ~38% of the mouse

625   body[30], this means red muscle is approximately 16% and white muscle is approximately 23% of

626   whole body mass. Red muscle TCA and glucose usage flux were estimated as the mean of

627   diaphragm and soleus fluxes. White muscle TCA and glucose usage flux were estimated using

628   the means of quadriceps and gastrocnemius fluxes.

629   **Lactate consumption/production calculation**

630   To estimate whether a tissue consumed or released net lactate, we estimated net lactate

631   production as 2 times the glucose usage flux from equation [4] (see equation [5]). We calculated

632   net lactate consumption in the TCA cycle as the TCA flux from equations [1] and [2] by the

633   contribution of lactate to the TCA cycle (see equation [6]) The contribution of lactate to the TCA

634   cycle was the ratio of the mean value of glutamate, malate, and succinate m+2 enrichment at

635   90min of [U-^{13}C] lactate primed infusion, divided by the mean value of arterial blood m+3 lactate

636   enrichment from 45 seconds to 60 minutes (around 0.22).

637   **ATP production rate calculation**

638   ATP production from glycolysis was calculated as 2 ATP per glucose consumed (we did not

639   consider ATP derived from the NADH from the GAPDH reaction, as this is generally consumed

640   by the lactate dehydrogenase reaction). ATP production from the TCA cycle was calculated

641   thus: for lactate, 1 ATP equivalent (succinyl coA synthetase reaction), 5 NADH (lactate

642   dehydrogenase, pyruvate dehydrogenase, isocitrate dehydrogenase, a-ketoglutarate

643   dehydrogenase, and malate dehydrogenase reactions) and 1 FADH2 (succinate

644   dehydrogenase reaction) are produced. From one 2-carbon unit of fatty acid, 1 ATP equivalent

645   (succinyl coA synthetase reaction), 4 NADH (fatty acid oxidation, isocitrate dehydrogenase, a-

646   ketoglutarate dehydrogenase, and malate dehydrogenase reactions) and two FADH2 (fatty acid

647   oxidation and succinate dehydrogenase reaction) are produced. One NADH generates

648   approximately 2.5 ATP in the electron transport chain while one $FADH_2$ generates

649   approximately 1.5 ATP. Thus for the two most common substrates, one TCA cycle turn

650   generates either 14 or 15 ATP, so estimated 14.5 ATP per TCA turn.

651   **Protein synthesis rate calculation**

652   To calculate protein synthesis rate, fractional enrichment of valine in protein was normalized

653   to fractional enrichment of free valine in tissue from [U-^{13}C] valine infusion. This fractional

654   protein synthesis during the time of the infusion, which was 3-4 hours, was divided by the length

655   of that infusion to yield fractional protein synthesis per hour.

656   **Statistics:**

657   All t-tests used were two-sided; sample size for every experiment is recorded in Extended

658   Data Table 1.

659   To compute two-sided t tests for difference in TCA fluxes, the following procedure was used:

660   standard deviation of k labeling rate constant was computed by nls() function in R. Standard

661   deviation of TCA pool size concentration was computed as the square root of the sum of

662   squared standard deviations of the six TCA metabolite concentration measurements. The

663   standard deviation of the TCA flux (the product of k labeling rate constant and TCA pool size

664   concentration) was computed as the sum of the percent standard deviations: standard deviation

665   of k divided by k, plus standard deviation of pool size divided by pool size, all multiplied by flux.

666   The p value of a two-sided t test comparing two TCA fluxes was then computed using a Welch's

667   t test using the Welch-Satterthwaite equation (not assuming equal variances).

668   To compute two-sided t tests for difference in glycolysis fluxes, a similar procedure was

669   used: standard deviation of the slope of the tissue 2-deoxyglucose-phosphate concentration

670   versus the integrate serum 2-deoxyglucose concentration with respect to time was calculated by

671   the lm() function in R. The standard deviation of the glycolysis flux (the product of the slope and

672   the blood glucose concentration) was computed as the sum of the percent standard deviations:

673   standard deviation of the slope divided by the slope, plus standard deviation of serum glucose

674   concentration divided by mean serum glucose. The p value of a two-sided t test comparing two

675 glycolysis fluxes was then computed using a Welch's t test using the Welch-Satterthwaite

676 equation (not assuming equal variances).

677   To compute two-sided t tests for difference in ATP production fluxes, the standard

678 deviation was computed as the sum of squared standard deviations of glycolysis flux and TCA

679 flux. The p value of a two-sided t test comparing two ATP production fluxes was then computed

680 using a Welch's t test using the Welch-Satterthwaite equation (not assuming equal variances).

681   All R^2 values of linear correlation were computed using linear regression.

682 **Data Availability**

683   All raw data, analyzed data and materials will be provided upon request to the

684 corresponding author (joshr@princeton.edu). We plan to also make the data available through

685 an in-house data repository that is currently in development for easy retrieval and processing of

686 stable isotope tracing mass spectrometry data.

687

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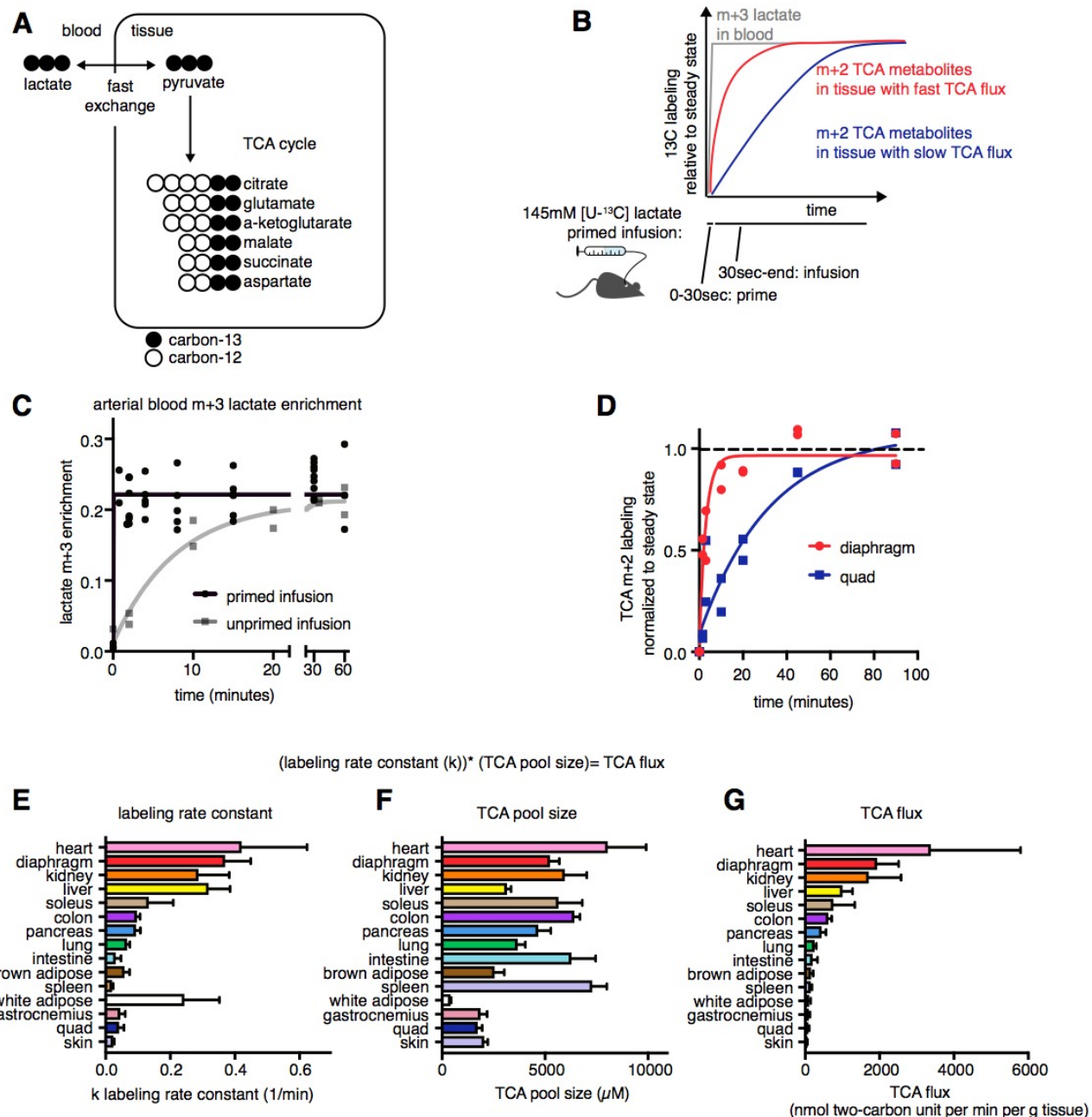824   **89**, 5940–5948 (2017).
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Figure 1

Fig. 1. Kinetic carbon-13 lactate tracing quantifies TCA flux in vivo. (A) Labeling of TCA cycle metabolites from carbon-13 lactate infusion. **(B)** Schematic of labeling kinetics of blood lactate and tissue TCA metabolites from carbon-13 lactate primed infusion. **(C)** Labeling of blood lactate from carbon-13 lactate primed infusion versus non-primed infusion. **(D)** Labeling of diaphragm and quad TCA metabolites from carbon-13 lactate primed infusion. **(E)** Labeling rate constants of tissue TCA metabolites from carbon-13 lactate primed infusion. **(F)** Summed concentration of TCA metabolites in tissues (glutamate, succinate, malate, aspartate, citrate, a-ketoglutarate). **(G)** Tissue TCA fluxes. Error bars are standard deviation.

Figure 2

Fig. 2. TCA flux aligns with oxygen consumption measurements. (A) Labeling of intestine and spleen TCA metabolites from carbon-13 glutamine primed infusion. **(B)** Labeling rate constants of TCA metabolites measured by carbon-13 glutamine versus lactate primed infusions. **(C)** Oxygen consumption calculated from carbon-13 lactate TCA flux measurement versus oxygen consumption previously measured in tissue slices. **(D)** Fraction of mouse body composed of each tissue[30]. **(E)** Calculated oxygen consumption by each tissue (based on tissue mass and TCA flux measured by carbon-13 lactate). Dotted line is whole-body oxygen consumption measured by a metabolic cage. **(F)** Schematic of spatial measurement of TCA flux using carbon-13 lactate primed infusion and imaging mass spectrometry. **(G)** Immunofluorescence staining of kidney proximal tubule using lotus tetragonolobus lectin. **(H)** Imaging mass spectrometry of glutamate m+2 labeling after 1.5 min carbon-13 lactate primed infusion. **(I)** Quantification of cortex versus medulla TCA metabolite labeling. Error bars are standard deviation, p value is from an unpaired two-tailed t test.
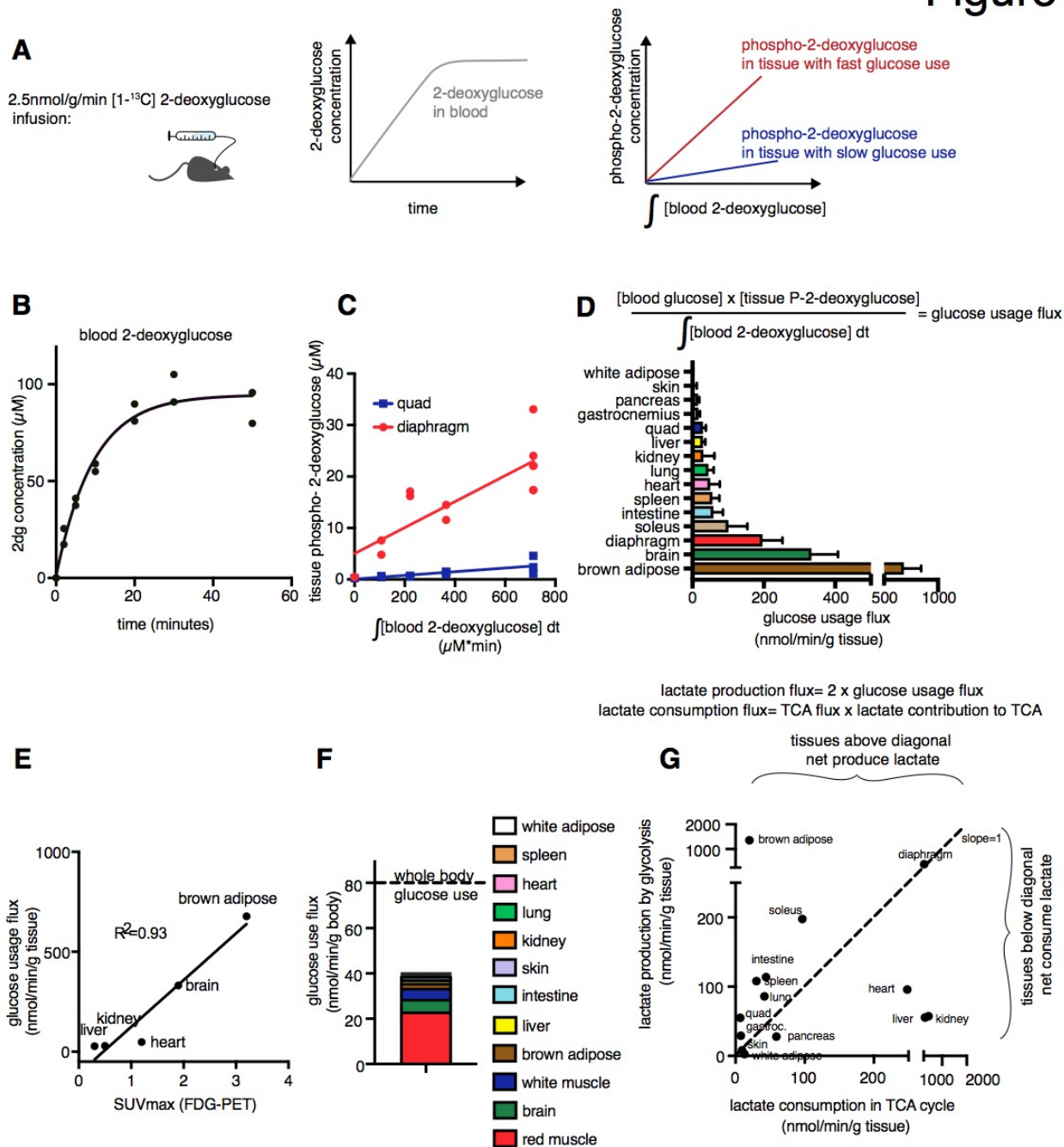
Figure 3

850
851
852 **Fig. 3. Kinetic 2-deoxyglucose infusion quantifies glucose usage flux in vivo. (A)** Schematic of [1-^{13}C] 2-deoxyglucose
853 infusion. **(B)** Concentration of [1-^{13}C] 2-deoxyglucose versus time in blood during infusion. **(C)** Concentration of diaphragm and
854 quad [1-^{13}C] 2-deoxyglucose-phosphate versus integral of blood [1-^{13}C] 2-deoxglucose with respect to time, during 2-
855 deoxyglucose infusion. **(D)** Tissue glucose usage flux. Error bars are standard deviation. **(E)** Correlation between absolute
856 glucose usage measured by [1-^{13}C] 2-deoxyglucose infusion and relative glucose usage measured by FDG-PET[39]. **(F)** Calculated
857 glucose usage by each tissue at the whole-body level. Dotted line is whole-body glucose turnover rate measured by [U-^{13}C]
858 glucose infusion. **(G)** Production and consumption of lactate by tissues calculated from glucose flux and from TCA flux measured
by carbon-13 lactate multiplied by lactate contribution to TCA cycle.
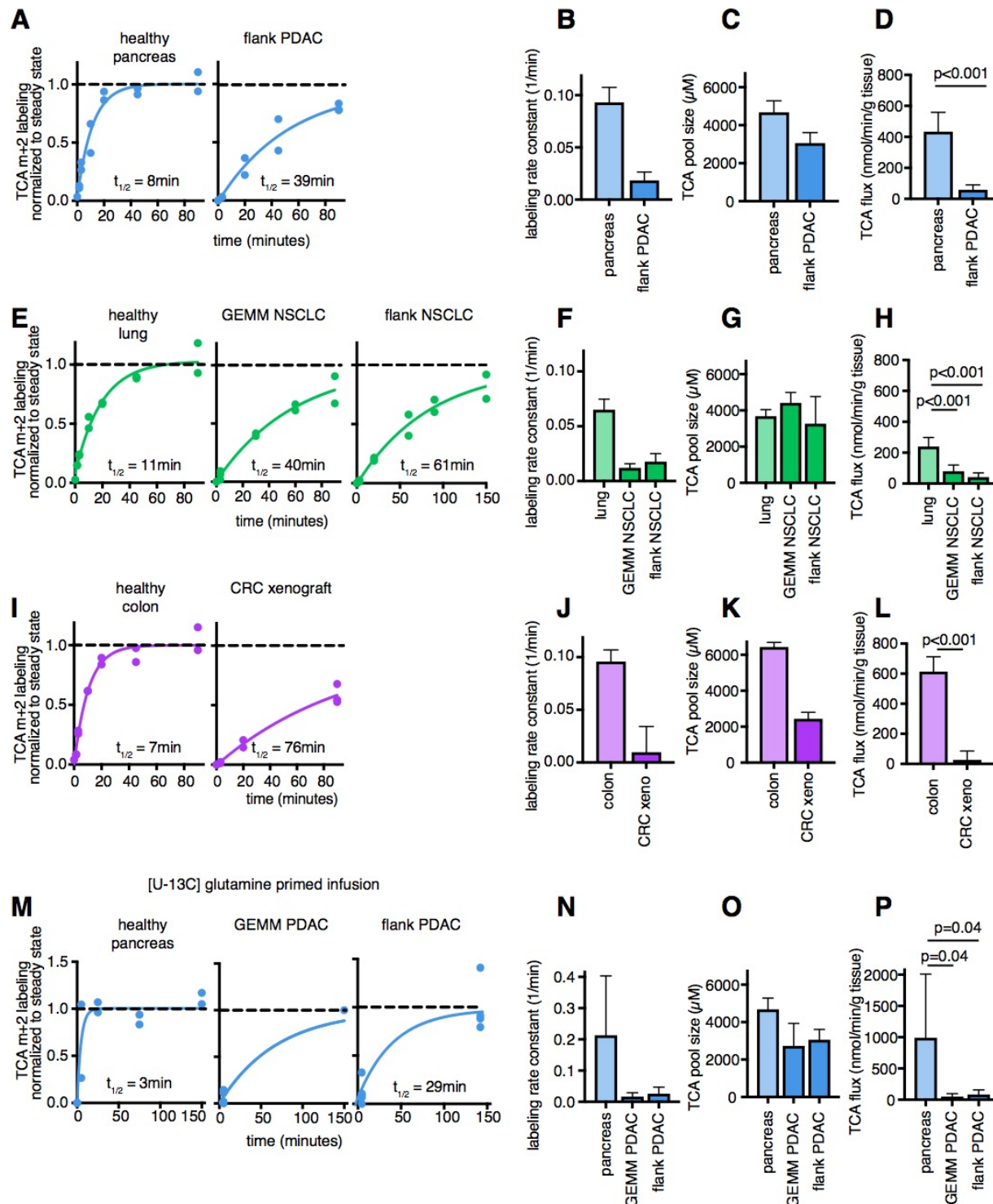
Figure 4

859
860 **Fig. 4. Tumors have lower TCA flux than healthy tissues. (A)** Labeling of TCA metabolites from carbon-13 lactate primed
861 infusion in healthy pancreas and in a flank-implanted model of pancreatic adenocarcinoma (Pdx1-cre LSL-Kras$^{G12D/+}$ p53$^{R172H/+}$,
862 "flank PDAC"). **(B)** Labeling rate constants from carbon-13 lactate primed infusion, **(C)** summed concentration of TCA metabolites,
863 and **(D)** TCA flux in pancreas and flank PDAC. **(E - H)** Analogous data for healthy lung, a genetically-engineered mouse model of
864 non-small cell lung cancer (Adenovirus-cre LSL-Kras$^{G12D/+}$ Stk11$^{-/-}$p53$^{-/-}$, "GEMM NSCLC"), and a flank-implanted model of non-
865 small cell lung cancer (Adenovirus-cre LSL-Kras$^{G12D/+}$ p53$^{-/-}$, "flank NSCLC"). **(I - L)** Analogous data for healthy colon and a
866 xenograft of the human colorectal cancer cell line HCT116 ("CRC xeno"). **(M - P)** Analogous data for healthy pancreas, a
867 genetically-engineered mouse model of pancreatic adenocarcinoma (Pdx1-cre LSL-Kras$^{G12D/+}$ p53$^{-/-}$, "GEMM PDAC"), and flank
868 PDAC, except using carbon-13 glutamine infusion. All error bars are standard deviation, p values are from a Welch's two-tailed t
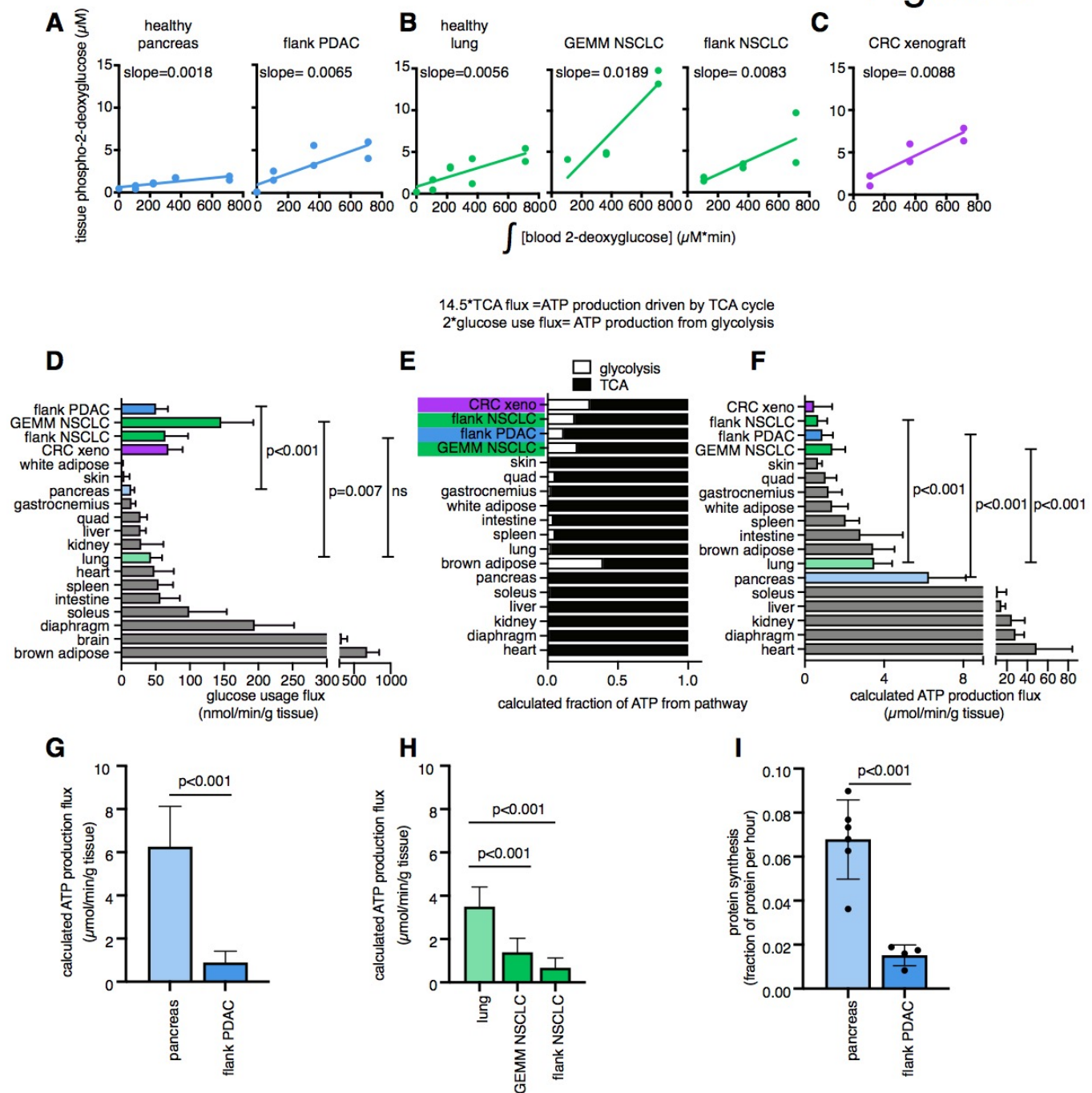869 test.

Figure 5

Fig. 5. Tumors make ATP slower than healthy tissues. (A) Concentration of [1-^{13}C] 2-deoxyglucose-phosphate versus the integral of blood [1-^{13}C] 2-deoxyglucose in healthy pancreas and flank PDAC, **(B)** in healthy lung, GEMM NSCLC, and flank NSCLC, **(C)** in xeno CRC. **(D)** Glucose usage flux in healthy tissues and cancer models, ns is not significant (p=0.20). **(E)** Calculated fraction of cellular ATP derived from glycolysis or from TCA cycle coupled to electron transport chain. **(F)** Calculated total ATP production flux, t-tests compare tumors to corresponding healthy tissue. **(G)** Calculated total ATP production flux (same data as figure F), displaying pancreas and flank PDAC or **(H)** lung and lung tumors. **(I)** Protein synthesis rate of healthy pancreas and flank PDAC measured based on protein labeling from infused carbon-13 valine. All error bars are standard deviation, p values are from Welch's two-tailed t test.