

1 Single-embryo phosphoproteomics reveals the importance of 2 intrinsic disorder in cell cycle dynamics

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21 **Summary**

22 Switch-like cyclin-dependent kinase (CDK)-1 activation is thought to underlie the
23 abruptness of mitotic onset, but how CDKs can simultaneously phosphorylate many
24 diverse substrates is unknown, and direct evidence for such phosphorylation
25 dynamics *in vivo* is lacking. Here, we analysed protein phosphorylation states in
26 single *Xenopus* embryos throughout synchronous cell cycles. Over a thousand
27 phosphosites were dynamic *in vivo*, and assignment of cell cycle phases using egg
28 extracts revealed hundreds of S-phase phosphorylations. Targeted
29 phosphoproteomics in single embryos showed switch-like mitotic phosphorylation of
30 diverse protein complexes. The majority of cell cycle-regulated phosphosites
31 occurred in CDK consensus motifs, and 72% located to intrinsically disordered
32 regions. Dynamically phosphorylated proteins, and documented substrates of cell
33 cycle kinases, are significantly more disordered than phosphoproteins in general.
34 Furthermore, 30-50% are components of membraneless organelles. Our results
35 suggest that phosphorylation of intrinsically disordered proteins by cell cycle kinases,
36 particularly CDKs, allows switch-like mitotic cellular reorganisation.

37 38 **Introduction**

39 Eukaryotic cell cycle progression depends on the CDK1-subfamily of CDKs and is
40 presumed to arise from the collective behaviour of altered protein phosphorylation
41 states. With the notable exception of CDK1, most CDK and cyclin genes are
42 dispensable for cell proliferation in the majority of cell types in the mouse (Liu et al.,
43 2017; Santamaria et al., 2007), while in fission yeast, oscillating activity of CDK1
44 alone can drive the entire cell cycle (Coudreuse and Nurse, 2010; Fisher and Nurse,
45 1996). This suggests that a rather limited core network of CDKs can drive the
46 eukaryotic cell cycle, and that changes in overall CDK activity somehow determine
47 the sequence of the complex processes required to duplicate the genome and
48 distribute cellular components during cell division. This “quantitative model” (Fisher
49 and Nurse, 1996), implies that there exist low and high overall CDK activity
50 thresholds for entry into S-phase and mitosis, respectively, determined by the CDK-
51 regulatory network. This network involves positive and double-negative feedback
52 loops, as well as futile cycles of CDK and CDK-opposing phosphatase activity
53 (Fisher et al., 2012). Mathematical modelling shows that such features of network
54 organisation can generate ultrasensitivity and hysteresis in CDK1 activation (Novak
55 et al., 2010), while the resulting bistability of CDK1 activity leads to a switch-like
56 G2/M transition (Tyson and Novak, 2001). These theoretical concepts are supported
57 by experimental evidence in *Xenopus* egg extracts and mammalian cells (Rata et al.,
58 2018; Novak et al., 2010; Trunnell et al., 2010; Kim and Ferrell, 2007; Pomerening et
59 al., 2003; Sha et al., 2003).

60 The presumed switch-like dynamics of the CDK1 regulatory network is consistent
61 with the abrupt morphological reorganisation of the cell at mitosis. In metazoans, the
62 nuclear envelope and lamina breaks down and many cellular structures are rapidly
63 disassembled. These include nuclear pore complexes, nucleoli, pericentriolar
64 material, splicing speckles, Cajal bodies, promyelocytic leukaemia (PML)-nuclear
65 bodies and stress granules (Banani et al., 2017; Hyman et al., 2014; Shin and
66 Brangwynne, 2017; Woodruff et al., 2018), which have been collectively referred to
67 as membraneless organelles (MLO). Thus, MLO assembly and disassembly occurs
68 in a cell cycle-dependent manner. MLOs are thought to assemble by mechanisms
69 involving multivalent interactions between intrinsically-disordered regions (IDR) of
70 proteins (Banani et al., 2017), and this process can be regulated by protein kinases,
71 including CDKs (Berchtold et al., 2018; Hur et al., 2020; Rai et al., 2018; Yahya et
72 al., 2021). Protein phosphorylation in general is enriched in IDRs (Iakoucheva et al.,
73 2004) and this also appears to be true for CDKs (Holt et al., 2009; Michowski et al.,
74 2020; Moses et al., 2007). As such, an attractive model is that CDK-mediated IDR
75 phosphorylation might trigger rapid dissolution of many MLOs at mitosis. This would
76 be consistent with the fact that CDK1-family CDKs can phosphorylate hundreds of
77 sites on diverse proteins (Blethow et al., 2008; Chi et al., 2008; Errico et al., 2010;
78 Ubersax et al., 2003), and regulate DNA replication, mitosis, transcription, chromatin
79 remodeling, DNA repair, the cytoskeleton, nuclear transport, protein translation,
80 formation of a mitotic spindle and even ciliogenesis (Hydbring et al., 2016; Krasinska
81 and Fisher, 2018; Lim and Kaldis, 2013).

82 Direct evidence for switch-like dynamics of cell cycle-regulated phosphorylation *in*
83 *vivo* is currently lacking. Single-cell proteomics studies (Budnik et al., 2018;
84 Lombard-Banek et al., 2019) have insufficient sensitivity and reproducibility for low
85 stoichiometry and highly dynamic targets such as phosphosites. Therefore, studies

86 analysing cell cycle phosphorylation have generally used cells blocked at different
87 stages of the cell cycle to generate “snapshots” of the phosphorylation landscape
88 (Olsen et al., 2010). However, highly dynamic phosphorylation states cannot readily
89 be determined from populations of cells (Purvis and Lahav, 2013). Moreover, whole-
90 culture synchronisation methods generate artefacts due to cell cycle perturbation
91 (Cooper, 2019; Ly et al., 2015). This might explain why, in an *in vivo*
92 phosphoproteomics study in fission yeast synchronised by chemical block and
93 release of CDK1, overall cell cycle phosphorylation dynamics appeared progressive
94 rather than switch-like (Swaffer et al., 2016). Alternative phosphoproteomics
95 approaches on unsynchronised cells selected with centrifugal elutriation (Ly et al.,
96 2014) or FACS (Ly et al., 2017), lack the temporal resolution to determine the
97 dynamics of protein phosphorylation throughout the cell cycle.

98 Here, we overcame these obstacles by using an extremely sensitive phosphopeptide
99 enrichment strategy (Post et al., 2017) to perform quantitative phosphoproteomics on
100 the highly synchronous early cell cycles of *Xenopus laevis* embryos, which consist
101 solely of S and M-phase (Newport and Kirschner, 1982, 1984). By performing
102 parallel phosphoproteomics using synchronously replicating or mitotic egg extracts
103 we could attribute cell cycle behaviour of individual sites. This allowed us to
104 investigate the general features of cell cycle-regulated phosphorylation compared to
105 the entire phosphoproteome, revealing the importance of intrinsic disorder. We next
106 compiled high-confidence CDK substrates in human and yeast, and analysed
107 disorder on a proteome-wide scale in all three species. Our data provide evidence
108 for switch-like mitotic phosphorylation of multiple subunits of protein complexes
109 involved in diverse biological processes, and suggest that CDKs control these
110 dynamics by phosphorylating IDRs, which constitute a large proportion of cell cycle-
111 regulated phosphorylations. The tools and resources we have developed should be
112 useful in understanding the conserved principles of eukaryotic cell cycle control.

113

114 **Results**

115 *In vivo phosphoproteomics reveals dynamics of cell cycle-regulated phosphorylation.*
116 To investigate cell cycle-regulated phosphorylation in an unperturbed *in vivo* system,
117 we analysed individual *Xenopus laevis* embryos undergoing highly synchronous cell
118 cycles of early development. We collected single embryos at 18 time-points
119 separated by 15-minute intervals, while recording visual cues of cortical rotation of
120 fertilised eggs and subsequent cell divisions. Phosphopeptides from each embryo
121 were purified, separated by nano-LC and analysed by high-resolution mass
122 spectrometry (Fig. 1A). This identified 4583 phosphosites with high localisation
123 probability (>0.75) mapping to 1843 proteins (Fig. 1B; Data S1), the majority being
124 phosphoserines (Fig. 1C). Individual embryo phosphorylation states strongly
125 correlated, demonstrating their synchrony and the robustness of our methodology
126 (Fig. 1D). We thus generated a cell cycle map of protein phosphorylation from an
127 unfertilised egg to a 16-cell embryo.

128 We focused on 1032 sites on 646 proteins whose variation in abundance over time
129 was statistically significant (ANOVA, Benjamini-Hochberg correction, FDR 0.05).
130 Gene ontology (GO) and network analysis revealed high functional association and

131 interconnectivity between groups of proteins involved in RNA binding and the nuclear
132 pore complex (NPC), DNA replication and chromatin remodeling, and microtubule
133 regulation (Fig. 1E). Hierarchical clustering of dynamic behaviour of the sites, in the
134 absence of information on cell cycle timing, was sufficient to reveal four distinct
135 groups that appear to reflect cell cycle-regulated behaviour (Fig. 1F; Data S1).
136 Cluster A contained phosphosites with initial high intensity that dropped at 30
137 minutes, correlating with the degradation of cyclin B around 15 minutes after
138 fertilisation, inactivation of the Mos/MAP kinase pathway, and exit from meiotic
139 metaphase II. GO analysis for group A highlighted proteins involved in RNA
140 regulation and nuclear organisation, including the NPC complex and nuclear
141 transport, chromosomal structure and segregation (Fig. S1), as also observed in a
142 recent study on meiosis exit in *Xenopus* eggs (Presler et al., 2017). Cluster B
143 phosphosites were of lower intensity and dephosphorylation rate, and were enriched
144 in regulators of RNA biosynthesis and stability, translation, actin, DNA replication
145 and repair (Fig. S1). The levels of cluster A and B phosphosites were highest in eggs
146 and just after fertilisation, and decreased during the first round of DNA replication,
147 coincident with cortical rotation and transport of maternal mRNA responsible for axis
148 specification in the embryo. This behaviour reflects the transition from meiosis to
149 mitosis and suggests that dephosphorylation of these sites may prepare the zygote
150 for upcoming cell divisions (Clift and Schuh, 2013).

151 Cluster C phosphosites progressively increased after meiotic exit, showing minor
152 variations over the time course, while cluster D phosphosites had an oscillating
153 signature with a clear upregulation preceding each cell division. GO analysis of
154 cluster C reveals dominance of interphase cell cycle processes including DNA
155 replication, RNA-related processes and chromosome organisation (Fig. S1). Cluster
156 D was highly enriched in chromosome organisation and segregation, DNA
157 replication, mRNA regulation, translation and microtubule binding. Cluster C included
158 phosphosites displaying a reciprocal oscillating trend and a lower amplitude
159 compared to cluster D sites, suggesting that they are phosphorylated during S-
160 phase. Several sites with this trend, for example S31 of the replication licensing
161 protein MCM4, were from monophosphorylated peptides, while the corresponding
162 multiphosphorylated forms were found in cluster D (Fig. S1B). This suggests that
163 cluster C contains the earliest phosphorylations of proteins that are highly
164 phosphorylated towards mitosis. In cluster D, which peaks just before cell division
165 and is enriched in proteins with roles in mitosis (Fig. S1), coordinated
166 phosphorylation of multiple members of protein complexes involved in diverse
167 processes commonly occurred, suggesting a common mechanism of regulation (Fig.
168 1G). Importantly, phosphoproteome changes were not simply a reflection of changes
169 in abundance of the corresponding proteins (Fig. S2), which are comparatively
170 negligible during *Xenopus* early development (Peuchen et al., 2017).

171 *High resolution phosphoproteomics reveals switch-like mitotic phosphorylation in*
172 *vivo.*

173 The above results suggest that unsupervised clustering of phosphosite behaviour in
174 single *Xenopus* embryos allows the resolution to detect mitotic sites. We investigated
175 mitotic phosphorylation at high temporal resolution. A widely-held view is that mitotic
176 phosphorylation is highly ordered due to specificity in CDK-substrate interactions
177 (Örd et al., 2019), yet theoretical modelling suggests that it should occur in a switch-

178 like manner due to the bistable mitotic CDK control network (Krasinska et al., 2011).
179 Previous experimental data for CDK-dependent phosphorylations in synchronised
180 cells shows a rather progressive increase throughout S-phase and G2 (Swaffer et
181 al., 2016), but we suspected that this may be due to incomplete cell synchronisation
182 (Ly et al., 2017). To see whether mitotic phosphorylation of individual phosphosites
183 is progressive or switch-like *in vivo*, we analysed dynamics of cluster D sites in single
184 embryos every 180-seconds using quantitative targeted phosphoproteomics
185 (Lawrence et al., 2016; Schmidlin et al., 2016, 2019) by parallel reaction monitoring
186 (Peterson et al., 2012). We thus obtained an extremely high-time resolution
187 quantitative description of mitotic phosphorylation *in vivo* (Fig. 2A). We measured 64
188 phosphosites on proteins present in RNP granules, the replisome, chromatin
189 remodeling complexes and NPCs. For each, we used heavy isotope-labeled
190 phosphopeptides as internal standards. The results revealed parallel and abrupt
191 upregulation of all phosphosites preceding each cell division (Fig. 2B, C), displaying
192 switch-like phosphorylation of these diverse protein complexes at mitotic onset.
193 These mitotic oscillations occurred despite global downregulation of CDK1 tyrosine-
194 15 inhibitory phosphorylation (Fig. 2D), which agrees with biochemical evidence for
195 downregulation of this phosphosite during early embryogenesis (Tsai et al., 2014).
196 Analysis of the global embryonic phosphoproteome revealed an upward trend for
197 phosphorylation of CDC25A during the first cell cycles (Fig. S3A), while other CDC25
198 homologues did not show statistically significant variations (CDC25B) or had no
199 detected phosphosites (CDC25C). Phosphorylation of the maternally-expressed
200 WEE1 homologue, Wee1-like protein kinase 2-A (hereafter WEE1A), varied only
201 slightly after the first cell cycle (Fig. S3A). In contrast, there was a strong oscillation
202 of phosphorylations on ubiquitin E3-ligases that control mitotic cyclin accumulation –
203 NIPA, and the APC/C subunit APC1 – as well as Greatwall kinase, which regulates
204 the PP2A inhibitors Arpp19/ENSA (Fig. S3B). Taken together with previous reports
205 (Krasinska et al., 2011; Rata et al., 2018; Kamenz et al., 2021), these data suggest
206 that control of mitotic cyclin levels and PP2A activity suffices for switch-like mitotic
207 phosphorylation whereas regulated CDK1Y15 phosphorylation is not essential.

208 *Assigning phosphosites to different stages of the cell cycle.*

209 To assign embryo phosphosites to different cell cycle stages, we compared these *in*
210 *vivo* phosphorylation patterns with protein phosphorylation states during a time
211 course of DNA replication or in mitosis in egg extracts (Fig. 3A). Replication was
212 initiated by adding purified sperm chromatin to interphase egg extracts and
213 quantified (Fig 3B, top), while mitosis was triggered by adding recombinant cyclin B
214 and verified microscopically. We also used egg extracts arrested at meiotic
215 metaphase II (CytoStatic Factor, CSF, arrested). Overall, we identified 6937
216 phosphosites, which included 71% of the sites identified *in vivo* (Fig. 3C, Data S1).
217 1728 sites varied between replication and M-phase, including 693 sites upregulated
218 in S-phase and 1035 in mitosis (Fig. 3B, Data S1). GO analysis of interphase sites
219 revealed proteins involved in DNA replication, nuclear pore function, RNA
220 polymerase binding, G2/M transition, chromosome and centromere organisation,
221 cytoskeleton, and intracellular non-membrane-bound organelles (Fig. S4A). This
222 phosphoproteomics dataset greatly increases the known repertoire of
223 phosphorylation sites changing during S-phase.

224 We focused on the behaviour of phosphosites on proteins whose phosphorylation
225 was previously described to promote DNA replication in vertebrates (Fig. 3D). We
226 identified several sites on RECQL and Treslin/TICRR, ORC1 and ORC2 subunits of
227 the origin-recognition complex, CDC6 (the catalytic subunit of DNA polymerase
228 alpha), MCM10 and the single-stranded DNA binding protein, RPA1. We also
229 detected 2 sites on MTBP, the metazoan homologue of yeast Sld7 (Kumagai and
230 Dunphy, 2017), whose phosphorylation is required for DNA replication in a purified
231 system (Yeeles et al., 2015), but these did not vary significantly throughout the time-
232 course. The majority of replication proteins were phosphorylated on 1-3 sites during
233 S-phase, with most phosphosites upregulated in mitosis. Only a few proteins were
234 highly phosphorylated: on the MCM2-7 helicase, 21 sites were dynamic, most of
235 which occurred on a single subunit, MCM4, while 17 dynamic sites were also present
236 on RIF1, which opposes DDK-mediated MCM phosphorylation (Alver et al., 2017).

237 We next analysed the cell cycle behaviour of dynamic phosphosites that we found *in*
238 *vivo* (Fig. 3E). Most embryo cluster A sites were upregulated in both CSF-arrested
239 meiotic extracts and mitotic extracts, highlighting the functional similarities between
240 meiotic and mitotic M-phase. There were few mitosis-specific sites but a significant
241 fraction of sites that were specific for meiosis, reflecting the additional kinases active
242 in meiotic M-phase, such as those of the Mos/MEK/MAP kinase pathway. Around
243 half of embryo cluster B sites were present in interphase and absent in mitosis, while
244 the rest showed a minimum phosphorylation in late S-phase, confirming that cluster
245 B phosphosites are related to exit from meiotic metaphase II and are
246 dephosphorylated during the first round of DNA replication. As expected, the majority
247 of sites from embryo clusters C and D were part of the *in vitro* S-phase and mitotic
248 groups, respectively, showing that data from single embryos can successfully
249 discriminate phosphorylation occurring during these two cell cycle phases.
250 Furthermore, this *in vitro* dataset confirms that in mitosis, monophosphorylated
251 species of some proteins are reduced (thus appear in embryo clusters B or C)
252 because multisite phosphorylation emerges (Fig. S4B; see also Fig. S1B).

253 *Potential CDK sites dominate the cell cycle-regulated phosphoproteome.*

254 To identify probable kinases responsible for phosphorylations occurring in these
255 experiments, we analysed kinase consensus motifs. Around 51% of all the detected
256 phosphosites *in vivo* were proline-directed (S/T-P), thus, conform to the minimal
257 consensus for CDK sites (Fig. 4A). This proportion increased to 60% among
258 dynamic sites, with around 10% of all phosphosites matching the full canonical
259 CDK1-family sequence motif S/TPxK/R. Phosphosites in replicating and mitotic
260 extracts displayed a similar trend for minimal and full CDK consensus motifs (Fig.
261 4A). Putative CDK targets dominated all clusters, with over 80% of sites in cluster D
262 *in vivo* and mitotic clusters *in vitro* conforming to at least the minimal CDK motif (Fig.
263 4B, Fig. S5A, B). While in meiotic M-phase, MAP kinases, which have the same
264 consensus motif as CDKs, are likely responsible for a subset of these sites (*i.e.*
265 those specific to embryo cluster A or CSF extracts), these kinases are inactivated
266 upon meiotic exit and not reactivated during embryogenesis (Ferrell et al., 1991),
267 suggesting that most of the dynamic proline-directed sites are due to CDKs.

268 Potential target sites of other kinases such as Aurora, PLK, DDK and Casein kinase I
269 and II were also present, albeit to a lesser extent (Fig. S5A). Unexpectedly,

270 consensus sites for Aurora were most enriched in cluster C *in vivo* and the
271 interphase clusters *in vitro* (Fig. 4B; Fig S5), and these sites were upregulated early
272 during the replication time course (Fig. 4C). This is consistent with kinetochore
273 processes being enriched in the GO analysis, and suggests that many Aurora
274 targets are phosphorylated prior to mitosis.

275 These results substantially increase our knowledge of vertebrate cell cycle-regulated
276 phosphorylations, and show that, irrespective of the cell cycle phase, the most
277 abundant phosphosites that change during the cell cycle are potential CDK targets.
278 Taken together, our data suggest that CDKs are responsible for the majority of cell
279 cycle-regulated phosphorylations.

280 *Xenopus dynamic phosphoproteins and CDK substrates in human and yeast are*
281 *highly disordered.*

282 Although few direct CDK substrates have been characterised in *Xenopus*, we
283 surmised that they are likely conserved between vertebrate species. We therefore
284 compiled a set of 656 human CDK1-subfamily targets (Data S2), combining data on
285 450 CDK substrates from PhosphoSite Plus (Hornbeck et al., 2015) with manually
286 curated information on 206 targets from several human CDK substrate screens and
287 other studies (see Supplementary Methods for sources). 303 of these 656 CDK
288 substrates have *Xenopus* homologues among the 1843 phosphoproteins we
289 detected, and 149 were present among the 646 proteins with dynamic phosphosites
290 in *Xenopus* embryos (Fig. 5A). Thus, the predominance of CDK motifs among
291 dynamic phosphosites reflects a high proportion of *bona fide* CDK substrates. This
292 may underestimate the true fraction, since we only considered proline-directed sites
293 as CDK motifs, yet of the 1200 human CDK phosphosites on 656 substrates, 124
294 were non-proline-directed, confirming a previous report that CDK1 can also
295 efficiently phosphorylate non-proline-directed sites (Suzuki et al., 2015). We
296 estimated the likely fraction of the latter proteome-wide by taking advantage of the
297 extensive data available for CDK1 targets in budding yeast, whose cell cycle
298 regulation is conserved with vertebrates. We defined high-confidence CDK1 sites
299 (Data S2) by intersecting data for *in vitro* CDK1 substrates (Ubersax et al., 2003)
300 with *in vivo* CDK1-dependent phosphosites (Holt et al., 2009). 100 of the 185 yeast
301 CDK1 substrates defined *in vitro* were also phosphorylated in a CDK1-dependent
302 manner *in vivo*, but 19 of these were not proline-directed (Fig. S5C). Taken together
303 with our data, this suggests that, as well as most proline-directed sites, a sub-fraction
304 of dynamic non-proline-directed phosphosites in our dataset are mediated by CDKs,
305 and reinforces the dominant role of CDKs in cell cycle-regulated phosphorylation.

306 Next, we wondered whether the diverse dynamically phosphorylated proteins share
307 common structural features facilitating CDK-mediated phosphorylation. Since
308 phosphosites in general are often located in IDRs of proteins (Iakoucheva et al.,
309 2004), we first computationally analysed intrinsic disorder in our *in vivo* dataset using
310 the energy estimation-based predictor IUPred (Dosztanyi et al., 2005). We indeed
311 found that phosphosites were often located in predicted IDRs, which was especially
312 striking for highly phosphorylated proteins such as MCM4 and RIF1 (Fig. 5B).
313 However, since sequence attributes of phosphorylation sites in general are similar to
314 those found in IDRs (Iakoucheva et al., 2004), this finding, as well as previous
315 observations of yeast and mouse CDK sites being preferentially located in IDR

316 (Moses et al., 2007; Holt et al., 2009; Michowski et al., 2020), may at least partly
317 result from the enrichment of serine, threonine and proline in disordered regions. To
318 explore this possibility, we analysed intrinsic disorder among the entire
319 phosphoproteome of *Xenopus*, human and yeast. To do this, we used three different
320 prediction methods with differing sensitivity, including the conservative IUPred, a
321 more permissive predictor, VSL2b (Peng et al., 2006), and an intermediate-
322 sensitivity predictor, SPOT (Hanson et al., 2017). All three are widely used, and a
323 recent systematic comparison ranked SPOT among the best-performing predictors
324 (Necci et al., 2021). As we anticipated, all predictors found that phosphorylatable
325 amino acids and proline are enriched in IDRs (Fig. S6A). To correct for this
326 compositional bias and investigate intrinsic disorder among the cell cycle
327 phosphoproteome systematically, we compared the number of phosphosites
328 detected in predicted IDRs to that expected according to the distribution of
329 phosphorylatable amino acids (Fig. 5C). Even after this correction, our identified
330 phosphosites were strongly enriched in predicted IDRs, especially for proteins with at
331 least one site displaying dynamic phosphorylation. The same was true for human
332 CDK substrates (Fig. 5D, E). Therefore, CDKs more readily phosphorylate
333 disordered regions of proteins.

334 To estimate the differential phosphorylation of disordered sites globally, we
335 calculated the ratio of dynamically phosphorylated (*Xenopus*) or CDK-
336 phosphorylated (yeast, human) to non-phosphorylated serine and threonine in both
337 disordered and structured regions (Fig. S6B; see Methods). This ratio can be
338 approximately equated with the relative probability of a Ser/Thr to be phosphorylated
339 when located in a disordered region compared with those in structured regions. For
340 all predictors, this ratio was far higher than one for all species (Fig. 5F, Fig. S6C),
341 confirming that phosphosite enrichment in IDRs is a general feature of cell cycle-
342 regulated and CDK-mediated phosphorylations throughout eukaryotes. We then
343 asked whether this is specific to CDKs or is also true for substrates of other major
344 mitotic kinases. Using available data on their substrates from Phosphosite Plus and
345 recent phosphoproteomics studies, we analysed the mitotic polo-like (PLK) and
346 Aurora kinases. We also analysed substrates of the less well-known DYRK kinases,
347 which are closely related to CDKs and have recently been found to promote mitotic
348 phosphorylation of certain intrinsically disordered proteins (IDPs) (Rai et al., 2018),
349 and the NEK kinase family, which has roles in centrosome duplication and various
350 stages of mitosis. We compared sites of each mitotic kinase with sites of MAP
351 kinases, which, although not generally considered cell cycle kinases, are
352 evolutionarily related to CDKs and share the proline-directed S/T consensus site. For
353 each kinase, the phosphosites were strongly enriched in IDR (Fig. S6D), supporting
354 the idea that intrinsic disorder generally promotes phosphorylation (Iakoucheva et
355 al., 2004).

356 To explain the dominance of CDK-mediated cell cycle phosphorylation, we surmised
357 that proteins that are phosphorylated in a cell cycle-dependent manner, and CDK
358 substrates in particular, might be more disordered overall than phosphoproteins in
359 general. We therefore determined the percentage of disordered residues of *Xenopus*
360 proteins with dynamic phosphosites, as well as human CDK substrates, compared to
361 the rest of their respective phosphoproteomes (non-cell cycle-dependent
362 phosphorylations in our *Xenopus* dataset, and non-CDK-dependent phosphoproteins

363 from the Phosphosite Plus database) (Data S3). This revealed that, on average, both
364 *Xenopus* dynamic phosphoproteins and human CDK substrates contain
365 approximately twice as many disordered amino acids than the average of all other
366 phosphoproteins (Fig. 5G), putting them among the top quartile of proteins with the
367 most disorder in the proteome. High-confidence yeast CDK1 substrates are also
368 highly enriched in disorder compared to the non-CDK-dependent yeast
369 phosphoproteome (Fig. 5G), revealing conservation of this principle across
370 eukaryotes. The same trend was observed using 13 different intrinsic disorder
371 prediction methods, supporting the robustness of our conclusions (Fig. S6E). Almost
372 all methods gave a lower fraction of disordered residues in the yeast proteome than
373 in *Xenopus* and human (Fig. S6F), consistent with an increase in disorder in more
374 complex organisms (Darling and Uversky, 2018). We wondered whether this
375 exceptional level of disorder among CDK substrates compared to the overall
376 phosphoproteome might reflect the importance of disordered proteins for the cell
377 cycle in general. If so, then substrates of other cell cycle regulated kinases might
378 also be enriched in disorder. We thus compared them with substrates of MAP
379 kinase, whose phosphosites are also preferentially located in IDR (Fig. S6D), but
380 which is generally involved in cell signaling rather than the cell cycle. This showed
381 that, like CDK substrates, targets of the cell cycle kinases are highly enriched in
382 disorder, and, with the exception of NEK substrates, are significantly more
383 disordered than targets of MAP kinase (Fig. 5H). Relatively few NEK substrates are
384 known, and these are the most structured substrates of the kinases analysed, but
385 this conclusion might evolve as more NEK targets are identified.

386 *CDK targets are major constituents of MLOs.*

387 Protein phosphorylation regulates cell cycle-dependent assembly and disassembly
388 of membrane-less organelles (MLO) (Berchtold et al., 2018; Hur et al., 2020; Rai et
389 al., 2018). Since we observed clustering of cell cycle-regulated phosphosites in IDRs
390 (Fig. 5B), we hypothesised that changes in the net charge of these regions due to
391 mitotic phosphorylation might modulate liquid-liquid phase separation, which is
392 thought to control MLO formation. To see whether the evidence supports this
393 hypothesis, we first applied a recently-developed machine learning classifier (van
394 Mierlo et al., 2021) to predict whether cell cycle-regulated phosphoproteins, or CDK
395 substrates, have an increase in average propensity for phase separation (defined as
396 PSAP score). Indeed, using *Xenopus* data, we observed a sharp increase in the
397 PSAP score, from the proteome to the phosphoproteome, and a further increase for
398 dynamic phosphoproteins, with the highest score for mitotic cluster D (Fig. 6A). We
399 then similarly analysed human kinase substrates, which showed that the propensity
400 for phase separation is far higher amongst targets of the cell cycle (CDK, Aurora,
401 PLK, again, with the exception of NEK) and DYRK kinases than the overall
402 phosphoproteome, but less so for MAP kinase substrates. We note that, unlike the
403 *Xenopus* early embryo phosphoproteome, the human phosphoproteome did not
404 show a striking difference in PSAP score to the proteome. This suggests that the
405 early embryonic phosphoproteome is already highly enriched in proteins with a
406 propensity to phase separate and in targets of cell cycle kinases.

407 Next, we analysed publicly available data on each of our curated human CDK
408 substrates for localisation to MLOs, concentrating on MLOs in which phase
409 separation has been clearly demonstrated to play a role. We found that at least 257

410 CDK substrates (39.2%) are present in MLOs (Fig. 6B). We then assembled an MLO
411 proteome from human proteomics studies (Data S4; See Supplementary Methods for
412 sources), and analysed the proportion of *Xenopus* dynamic phosphoproteins with
413 homologues among this dataset. This revealed that 204 dynamic *Xenopus*
414 phosphoproteins (31.6%) are found in MLOs. CDK substrates include major proteins
415 of MLOs highly enriched in IDPs such as coilin (Cajal bodies), nucleophosmin and
416 Ki-67 (nucleoli), 53BP1 (53BP1 bodies), nucleoporins (NPCs) and PML (PML
417 bodies). In these proteins, as in dynamic phosphoproteins *in vivo*, the vast majority
418 of proline-directed phosphosites and confirmed CDK sites were located in predicted
419 IDRs (Fig. 6C). Moreover, of the 149 proteins that show dynamic phosphorylation in
420 *Xenopus* and are CDK substrates in human, 73 (50%) localise to MLOs (Fig. 6B).
421 These data support the existence of an evolutionary conserved mechanism for cell-
422 cycle control of MLOs.

423

424 Discussion

425 In this work, we identify dynamics of cell cycle regulated phosphorylations in an
426 unperturbed physiological system *in vivo* by applying a combination of single
427 *Xenopus laevis* embryo phosphoproteomics at high temporal-resolution over
428 synchronous cell divisions, and parallel phosphoproteomics in synchronously
429 replicating or mitotic egg extracts. This unique approach reveals important insights
430 into cell cycle regulation.

431 First, we find evidence that CDKs are responsible for the majority of cell cycle-
432 regulated phosphorylations. We compiled a database of high-confidence human
433 CDK1-family substrates and found that nearly a quarter of them are represented
434 among the dynamically phosphorylated proteins in *Xenopus* embryos, while more
435 than half the phosphosites conform to the minimal CDK consensus motif. This is
436 likely to underestimate the true proportion since our human CDK substrate dataset is
437 probably incomplete, and, like previous screens for CDK1-family substrates in
438 different organisms (Ubersax et al., 2003; Moses et al., 2007; Swaffer et al., 2016;
439 Michowski et al., 2020), we only considered proline-directed sites, yet CDK1 can
440 also efficiently phosphorylate non proline-directed sites in certain contexts (Suzuki et
441 al., 2015). We find that around 10% of human CDK phosphosites are non-proline-
442 directed, while our analysis of high-confidence CDK substrates in yeast indicates
443 that the corresponding figure may be closer to 20%. Even this may be a conservative
444 estimate since it relied on analysis of phosphorylation of proteins that had been
445 selected to contain several proline-directed consensus motifs. This illustrates a
446 frequent bias in analysis of CDK sites, in that non-proline-directed sites are almost
447 always filtered out.

448 Second, we demonstrate switch-like behaviour of mitotic phosphorylation *in vivo*, and
449 its occurrence on entire protein complexes from a variety of biological processes.
450 This is consistent with mathematical modelling of the mitotic CDK regulatory
451 network, which predicts switch-like CDK1 activation. Surprisingly, however, this
452 abrupt phosphorylation of many CDK substrates occurred despite progressive
453 downregulation of CDK1 phosphorylation on tyrosine-15, which has been thought to
454 be a key contributor to ultrasensitivity in CDK1 activation (Kim and Ferrell, 2007;
455 Trunnell et al., 2010). Indeed, early work on cell cycles during *Xenopus laevis*

456 development demonstrated that CDK1-Y15 phosphorylation was absent from cell
457 cycles 2-12 (Ferrell et al., 1991), although more recent data suggest low level and
458 minor fluctuations in cell cycles 2-3 (Tsai et al., 2014), consistent with our findings.
459 We also observe similar fluctuations of S38 in Xe-Wee1A, and S120 and S299 of
460 CDC25A, which are likely mediated by CDK1. Our data suggest that the CDC25
461 positive feedback loop is active and increasing over time, while the WEE1 double-
462 negative loop remains constant, explaining the slight oscillation but progressive
463 general downregulation of CDK1 Y15 in subsequent cell divisions.

464 If regulated CDK1-Y15 phosphorylation decreases over time, how then could the
465 switch-like dynamics be sustained for a prolonged period after the first cell division?
466 One possibility is that futile cycles of CDK1 and opposing protein phosphatase
467 activity, likely PP2A (Krasinska et al., 2011), are responsible. The Goldbeter-
468 Koshland model of futile cycling predicts switch-like changes in network output upon
469 small variations in the relative activities of opposing enzymes around a critical
470 threshold, even without any feedback between the opposing enzymes (Goldbeter
471 and Koshland, 1981). PP2A is inhibited by Greatwall kinase-mediated
472 phosphorylation of ARRP19/ENSA (Gharbi-Ayachi et al., 2010; Mochida et al.,
473 2010), which is promoted by CDK1 itself (Yu et al., 2006). Consistent with our data
474 and this model, reconstituting mitotic entry with purified components in *Xenopus* egg
475 extracts demonstrated that switch-like behaviour did not depend on CDK1-Y15
476 regulation, but, rather, reciprocal regulation between CDK1 and PP2A via Greatwall
477 (Mochida et al., 2016). A second mechanism which is independent of regulated
478 CDK1-Y15 phosphorylation is positive feedback in cyclin B1 accumulation, since
479 CDK1-mediated phosphorylation of the ubiquitin ligase subunit NIPA prevents
480 interphase cyclin B1 degradation (Bassermann et al., 2005, 2007). Our data suggest
481 that both CDK1-Y15-independent mechanisms may contribute to switch-like
482 phosphorylation since we find that both Greatwall and NIPA phosphorylation oscillate
483 at mitosis *in vivo*.

484 Third, we reveal phosphorylation dynamics of known DNA replication factors and
485 many others during S-phase. MCM4 and RIF1, which are involved in DDK-mediated
486 initiation of DNA replication and replisome stability (Alver et al., 2017), are among
487 those with the highest number of regulated phosphosites, suggesting a role for
488 hyperphosphorylation of a subset of replication proteins. As expected, we find that
489 potential DDK phosphosites are upregulated during S-phase, both *in vivo* and in *in*
490 *vitro*. We observe a similar trend for putative targets of Aurora kinases, best known
491 as regulators of the microtubule-kinetochore attachment at prometaphase and of
492 cytokinesis. This suggests that phosphorylation of many of their substrates occurs
493 upstream of mitotic CDK phosphorylation, or that Aurora kinases play an under-
494 recognised role during DNA replication. Indeed, it has previously been suggested
495 that Aurora kinases regulate DNA synthesis through their activity in mitosis, by
496 chromatin remodeling and by organising the replication origin firing program (Koch et
497 al., 2011). Further studies will be required to elucidate interphase roles of Aurora
498 kinases.

499 A fourth important finding is that, even though we confirm that phosphorylation in
500 general tends to locate to IDRs (Iakoucheva et al., 2004), proteins undergoing cell
501 cycle-regulated phosphorylation are more intrinsically disordered than all other
502 phosphoproteins. This trend is even higher in *bona fide* CDK substrates in both

503 human and yeast. Interestingly, a recent large-scale proteogenomics study also
504 found that cell cycle-dependent proteins are enriched in disorder, while revealing that
505 most are regulated at the post-translational, rather than transcriptional, level
506 (Mahdessian et al., 2021). Along with our results, this suggests that cell cycle
507 regulatory mechanisms have been selected to control intrinsically disordered
508 proteins.

509 This could be related to cell cycle control of MLOs, many of which break down in
510 mitosis. Since CDK sites tend to cluster together in IDRs (Holt et al., 2009; Moses et
511 al., 2007), and our data shows that many cell cycle-regulated CDK substrates are
512 key components of MLOs, it is likely that CDK-mediated phosphorylation will affect
513 MLO structure. Indeed, CDKs can control formation of stress granules (Yahya et al.,
514 2021) and histone bodies (Hur et al., 2020), and possibly other MLOs. An emerging
515 model is that liquid-liquid phase separation, which depends on weak interactions
516 between IDRs, underlies the self-assembly of many MLOs (Banani et al., 2017;
517 Hyman et al., 2014; Woodruff et al., 2018). Thus, switch-like phosphorylation of
518 some IDRs may promote rapid MLO disassembly in mitosis, acting analogously to a
519 detergent that dissolves liquid phase boundaries. In support of this model, DYRK3 is
520 a CDK-related kinase whose inhibition disrupts mitotic remodeling of stress granules,
521 splicing speckles and pericentriolar material, all of which are thought to assemble via
522 phase separation (Rai et al., 2018). It is not currently feasible to study effects of
523 CDK-inhibition on mitotic MLO phosphorylation and structure since CDK inhibition
524 prevents or reverses entry into mitosis. Nevertheless, the data generated here pave
525 the way for future *in vitro* studies on the effects of CDK-mediated phosphorylation on
526 potential phase separation of key IDPs of MLOs.

527 In conclusion, this work reveals *in vivo* that cell cycle dynamic and CDK sites are
528 both quantitatively and qualitatively different from other phosphosites: they are the
529 most numerous, they occur in a switch-like manner at mitosis on multiple proteins of
530 complexes involved in diverse cellular processes, and they are highly enriched within
531 IDRs. Overall, our data suggest that evolution selected IDRs to allow coordination of
532 diverse cellular processes during the cell cycle, and also chose CDKs as principal
533 regulators of their phosphorylation state. In this view, cell cycle control may be less
534 specific than previously assumed.

535
536
537

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559
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561
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574 **Supplementary Materials:**

575 Materials and Methods

576 Figures S1-S6

577 Data S1-S4

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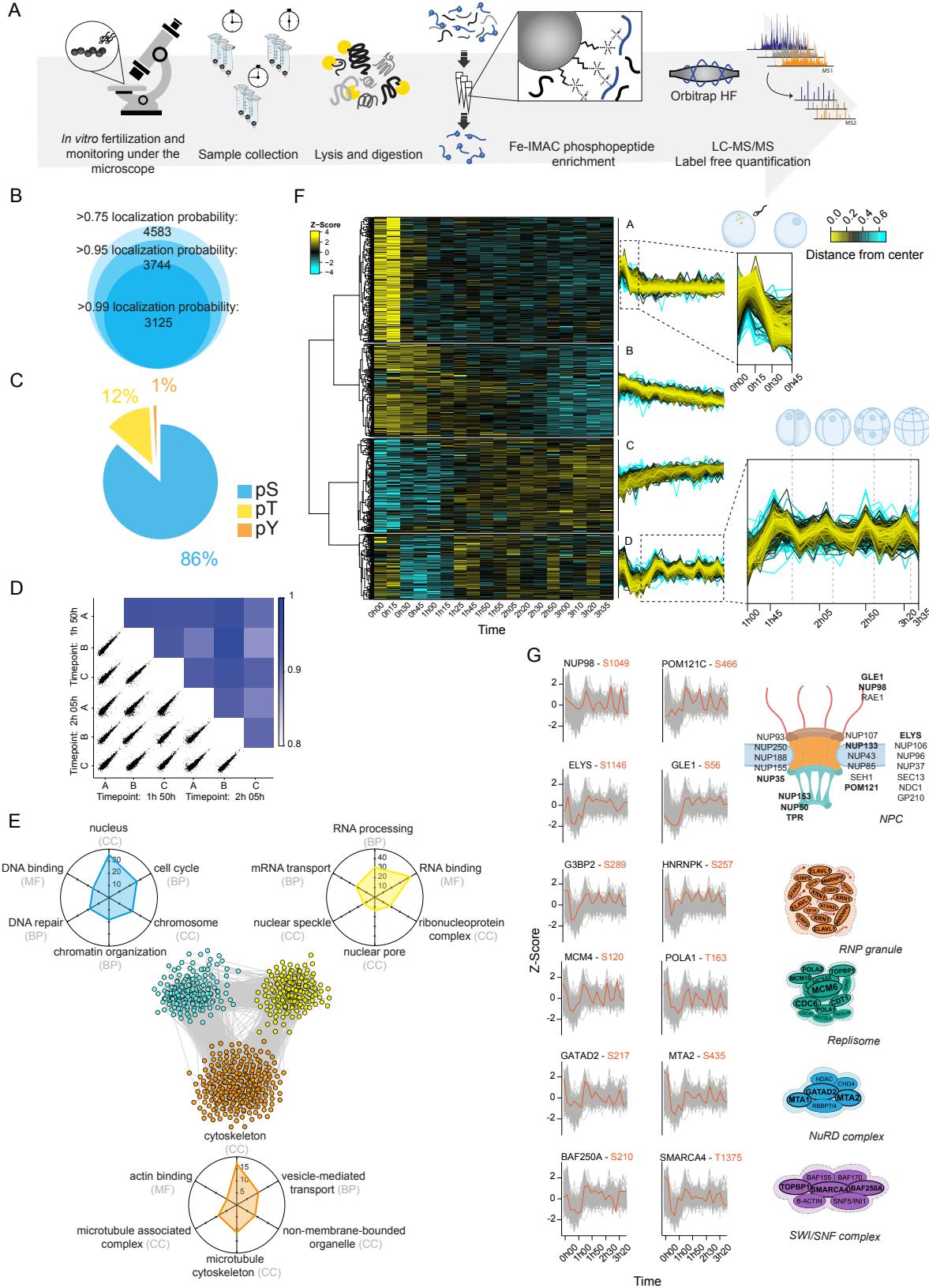
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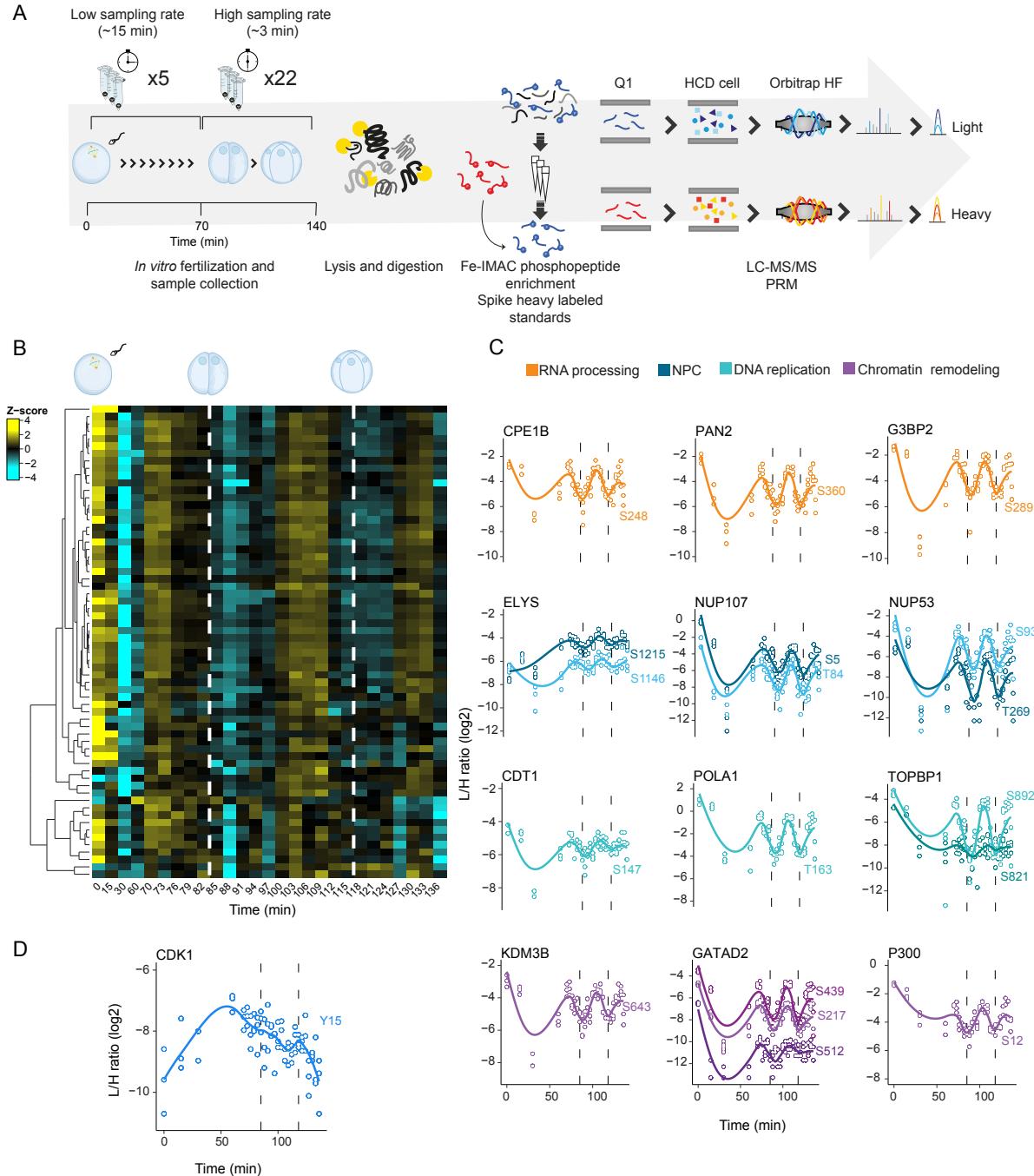
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embryo. (A) Schematic representation of the workflow. Single *Xenopus* eggs and

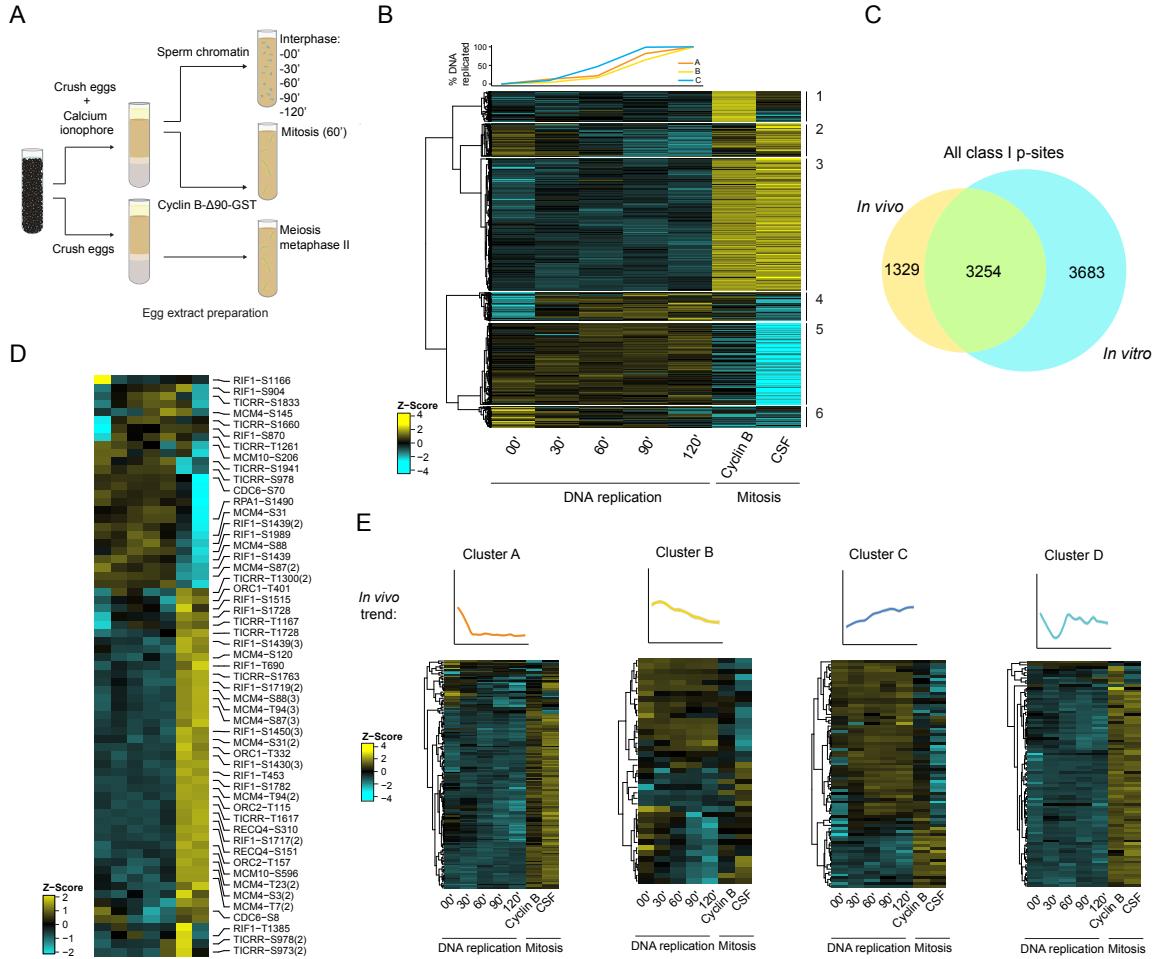
767 embryos were collected followed by cell lysis, protein digestion, phosphopeptide
768 enrichment and high-resolution proteomics analysis. (B) Total number of
769 phosphosites detected and their distribution according to the site localisation
770 probability score. (C) Distribution of phosphosites identified among serine, threonine
771 and tyrosine residues. (D) Correlation coefficients for two randomly selected time
772 points. (E) STRING network of functionally associated proteins undergoing dynamic
773 phosphorylation (each node represents a protein). Vicinity clustering reveals three
774 main groups (yellow, blue and orange) with a high degree of association. Radar plots
775 show the corresponding GO terms (adjusted p value <0.05) for each group (axes
776 show $-\text{Log}_{10}(\text{adj p value})$ for each GO term). (F) Hierarchical clustering of
777 significantly changing phosphosites (ANOVA, Benjamini-Hochberg correction, FDR
778 0.05), reveals 4 clusters with distinct regulation (A-D). Dashed boxes in clusters A
779 and D are zoomed-in to highlight dynamic phosphorylation patterns (dashed lines
780 depict the time points of cell division). (G) Examples of proteins with known
781 association showing similar oscillating phosphorylation. Plots highlight the dynamic
782 trend of the cluster (grey) and selected phosphosites (orange) over time. Right,
783 illustrations of protein complexes formed by the proteins undergoing dynamic
784 phosphorylation. Proteins highlighted in bold show at least one oscillating
785 phosphosite in our dataset.

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Figure 2. High-resolution targeted phosphoproteomics reveals switch-like mitotic phosphorylation *in vivo*. (A) Schematic representation of the workflow. Samples were collected over two cell divisions and enriched phosphopeptides were subjected to targeted proteomics analysis. (B) Heat map shows a highly synchronous wave of phosphorylation preceding each of the two cell divisions. Dashed lines depict times when cell divisions were recorded. (C) Single phosphosite plots from selected proteins. Each dot represents a biological replicate ($n=3$). Dashed lines depict times when cell divisions were recorded. (D) Single phosphosite plot of CDK1 inhibitory phosphorylation (Y15).



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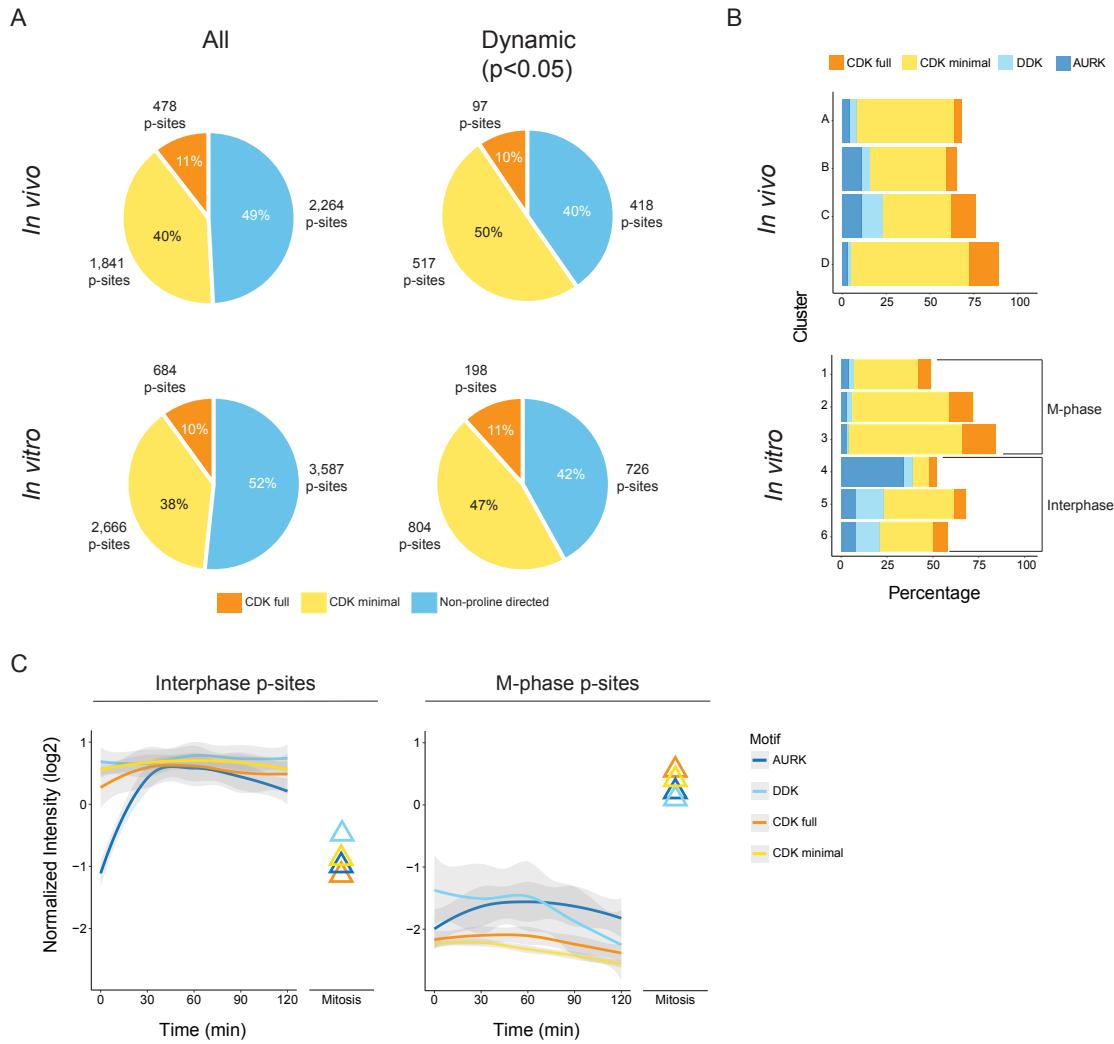
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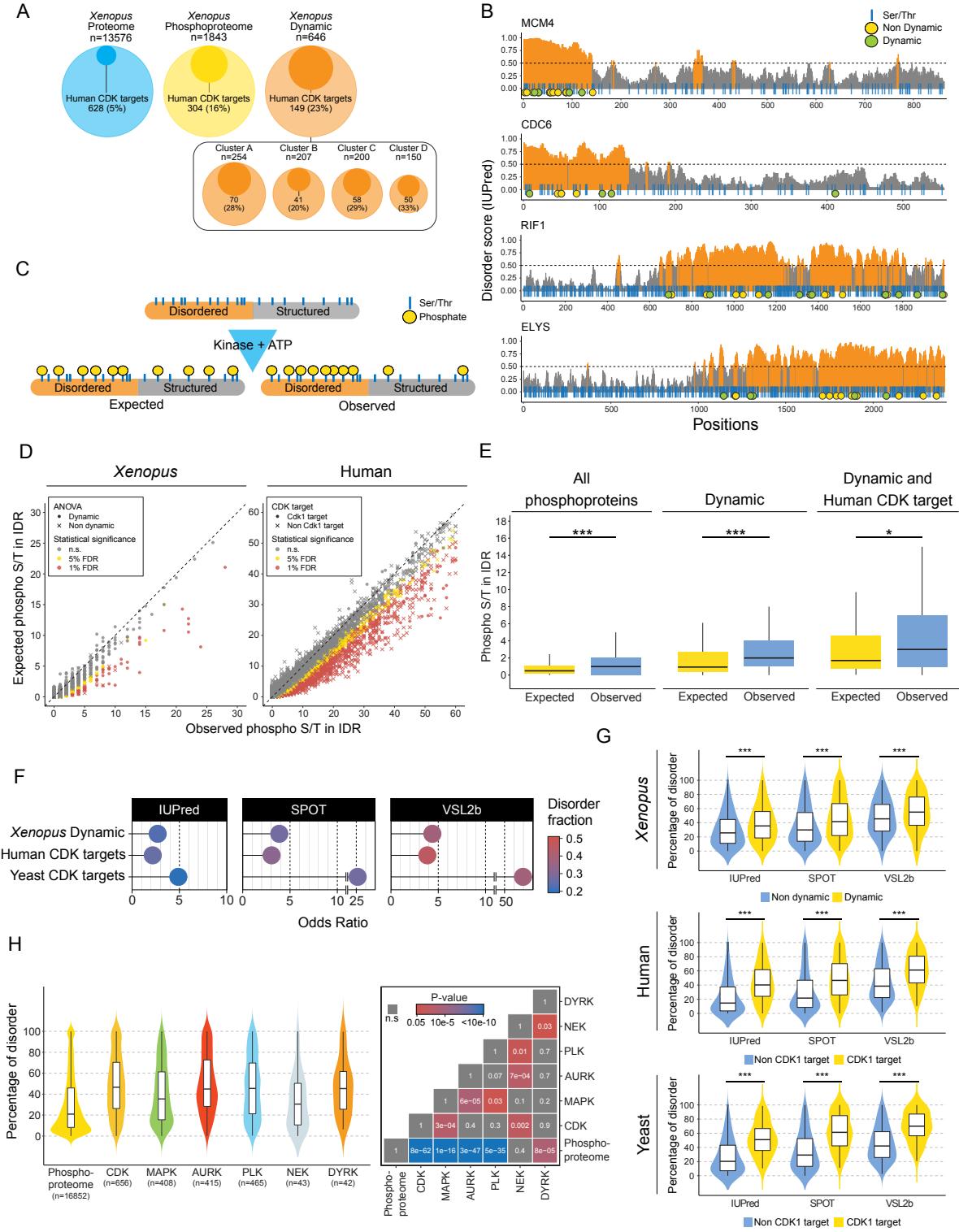
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Figure 3. Phosphoproteome dynamics during DNA replication and mitosis *in vitro*. (A) Scheme of the experiment. (B) Top: quantification of DNA replication in each biological replicate. Below: Hierarchical clustering of dynamic phosphosites (ANOVA, Benjamini-Hochberg correction, FDR 0.05) reveals differential regulation of phosphosites during S-phase and mitosis. (C) Overlap between *in vivo* (embryo) and *in vitro* (egg extract) phosphoproteomics. (D) Heatmap of dynamic phosphosites detected in DNA replication factors. (E) Behaviour of *in vivo* dynamic phosphosites (top) in *in vitro* experiments.



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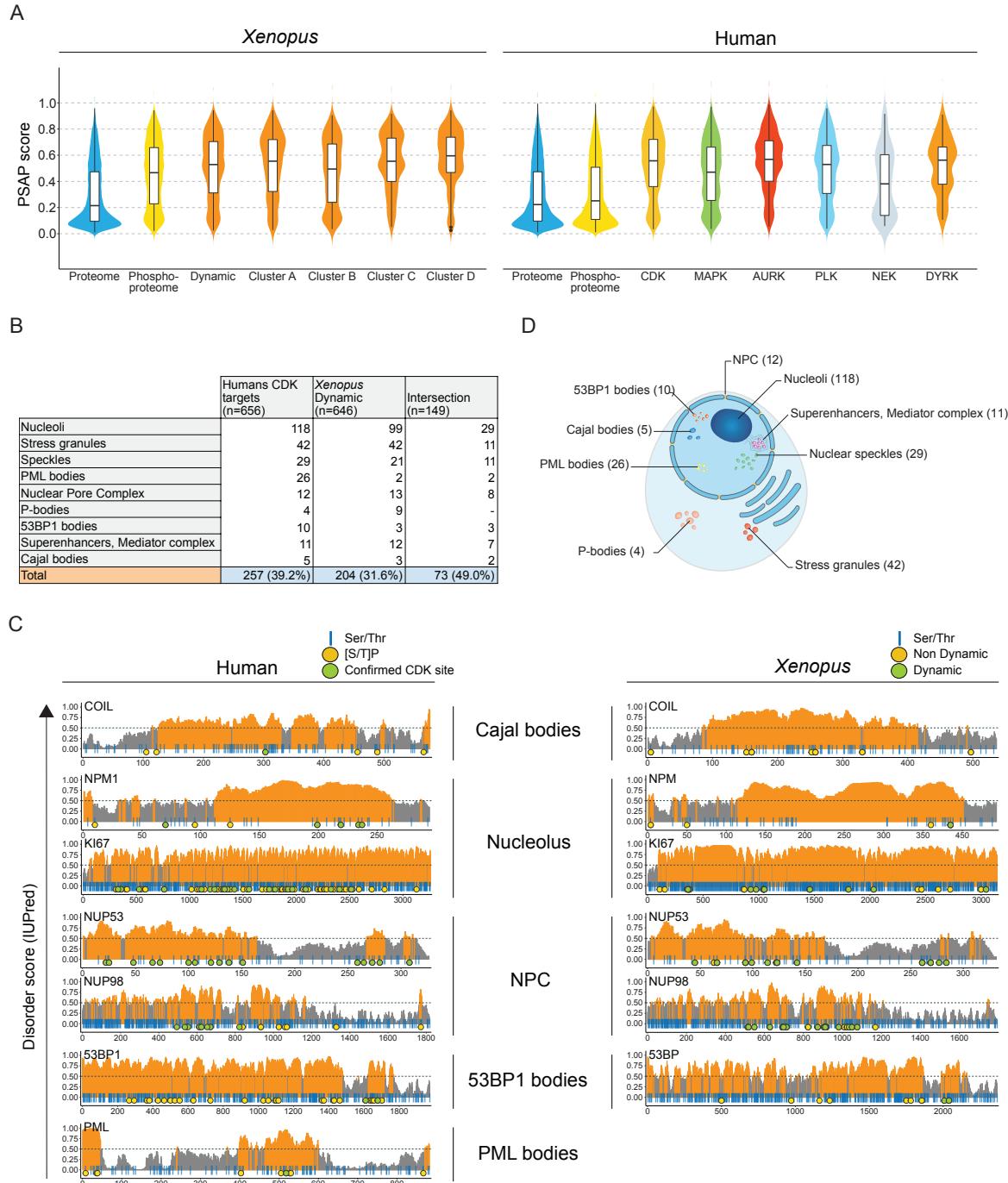
Figure 4. Proline-directed phosphosites dominate the early embryo phosphoproteome. (A) Distribution of potential CDK targets among all detected phosphosites and dynamic phosphosites, *in vivo* (embryo, top) and *in vitro* (egg extract, bottom). (B) Count of phosphosites according to their potential upstream kinase for each cluster in the *in vivo* (top) and *in vitro* (bottom) experiments. (C) Dynamic trend of phosphorylations of potential kinase targets in egg extract S-phase clusters (4-6, left) and in mitotic clusters (1-3, right).



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Fig. 5. Dynamic phosphoproteins and CDK substrates are characterised by intrinsic disorder. (A) Circle plots presenting enrichment of homologues of human CDK substrates among *Xenopus* phosphoproteins detected *in vivo* and those with dynamic phosphosites. (B) Diagrams of IUPred scores over the length of selected proteins. Regions with scores >0.5 (orange) are considered to be disordered, and

823 <0.5 (grey) structured. Blue vertical lines indicate Ser and Thr residues; yellow
824 circles, phosphorylated sites; green circles, dynamic phosphosites. (C) Scheme
825 illustrating hypothetical enrichment of phosphorylation in disordered regions when
826 taking into account amino acid compositional bias. (D) Scatter plot of expected vs
827 observed phosphorylated Ser/Thr for each protein of human and *Xenopus*
828 phosphoprotein datasets. FDR thresholds of 5% and 1% are marked in yellow and
829 red respectively. Crosses: proteins with at least one dynamic phosphorylation in
830 *Xenopus*, or human CDK1 subfamily substrates, respectively. (E) Boxplots showing
831 expected vs observed phosphorylated Ser/Thr among all phosphoproteins detected
832 (left), phosphoproteins with at least one dynamic phosphosite (middle), and dynamic
833 phosphoproteins also detected as CDK1 subfamily targets in humans (right).
834 Distributions were compared with the Wilcoxon signed-rank test. *p<0.05, **p<0.01,
835 ***p<0.001. (F) Plots showing the common Odds Ratio of Ser/Thr phosphorylation in
836 structured and ordered regions calculated with the Fisher's test (see Fig. S6B, C).
837 For all organisms, the disordered regions were calculated with three different
838 disorder predictors. The disordered fraction is presented in a colour scale. (G) Violin
839 plots of the distribution of disordered residues per protein for CDK targets vs the rest
840 of the phosphoproteome for human and yeast, and dynamic phosphoproteins vs the
841 rest of the phosphoproteome for *Xenopus*. Intrinsic disorder was calculated with
842 three different predictors (IUPred, SPOT, and VSL2b). Statistical significance was
843 evaluated with the Wilcoxon–Mann–Whitney test. (H) Violin plot (left) showing the
844 distribution of disordered residues per protein for CDK, MAPK, Aurora, PLK, NEK
845 and DYRK kinase targets vs the rest of the phosphoproteome for human targets.
846 Statistical significance was assessed by Krustal-Wallis ANOVA, and pairwise
847 comparisons were performed with Dunn's post-hoc tests. The adjusted p-values
848 (Benjamini-Hochberg) are shown in a tile plot (right).
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851 **Fig. 6. CDK targets are major MLO components.** (A) Violin plots presenting PSAP
852 score for *Xenopus* dynamic phosphoproteins (left), and human kinase targets, in
853 comparison with total proteome and phosphoproteome. (B) Human CDK1 subfamily
854 targets, *Xenopus* dynamic phosphoproteins, and the intersection of both sets, that
855 are present in our manually curated proteome of membraneless organelles. (C) (C)
856 Diagrams of IUPred scores over the length of human CDK targets identified as
857 primary components of MLOs in different studies, and their *Xenopus* homologues in
858 this study. Regions with scores >0.5 (orange) are considered to be disordered, and
859 <0.5 (grey) structured. Blue vertical lines indicate Ser and Thr residues; yellow
860 circles, known Ser/Thr-Pro phosphosites (human) and non-dynamic phosphosites

861 (Xenopus); green circles, confirmed CDK1 subfamily phosphorylations (human) and
862 dynamic phosphorylations (Xenopus), from both embryos and egg extracts.