

1                   Effects of enhanced insect feeding on the faecal  
2                   microbiota and transcriptome of a family of captive  
3                   common marmosets (*Callithrix jacchus*)

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5       Yumiko Yamazaki<sup>1\*</sup>, Shigeharu Moriya<sup>2</sup>, Shinpei Kawarai<sup>3</sup>, Hidetoshi Morita<sup>4</sup>, Takefumi  
6       Kikusui<sup>5</sup>, & Atsushi Iriki<sup>1</sup>

7

8       <sup>1</sup> Laboratory for Symbolic Cognitive Development, RIKEN Center for Biosystems Dynamics  
9       Research, Kobe, Hyogo, Japan

10      <sup>2</sup> Environmental Metabolic Analysis Research Team, RIKEN Center for Sustainable Resource  
11      Science, Yokohama, Kanagawa, Japan

12      <sup>3</sup> Laboratory of Small Animal Clinics, Veterinary Teaching Hospital, Azabu University;  
13      Sagamihara, Kanagawa, Japan

14      <sup>4</sup> Graduate School of Environmental and Life Science, Okayama University; Okayama, Okayama,  
15      Japan

16      <sup>5</sup> Companion Animal Research, School of Veterinary Medicine, Azabu University; Sagamihara,  
17      Kanagawa, Japan

18

19 \*corresponding author

20 E-mail: [yumiko.yamazaki@riken.jp](mailto:yumiko.yamazaki@riken.jp) (YY)

21

## 22      **Abstract**

23              Common marmosets have been widely used in biomedical research for years.

24              Nutritional control is an important factor in managing their health, and insect intake would be

25              beneficial for that purpose because common marmosets frequently feed on insects in natural

26              habitats. Here, we examined the effect of enhanced insect feeding on the gut by analysing the

27              faecal microbiota and transcripts of captive marmosets. A family consisting of six marmosets

28              was divided into two groups. During the seven-day intervention period, one group (the insect

29              feeding group, or Group IF) was fed one cricket and one giant mealworm per marmoset per day,

30              while the other (the control group, or Group C) was not fed these insects. RNA was extracted

31              from faecal samples to evaluate the ecology and transcripts of the microbiota, which were then

32              compared among time points before (Pre), immediately after (Post), and two weeks after

33              intervention (After) by total RNA sequencing. The gut microbiota of marmosets showed

34              *Firmicutes*, *Actinobacteria*, *Bacteroidetes*, and *Proteobacteria* as dominant phyla. Linear

35              discriminant analysis showed differential characteristics of microbiota with and without insect

36              feeding treatment. Further analysis of differentially expressed genes revealed increases and

37              decreases in *Bacteroidetes* and *Firmicutes*, respectively, corresponding to the availability of

38              insects under both Post and After conditions. Significant changes specific to insect feeding were

39              also detected within the transcriptome, some of which were synchronized with the fluctuations

40 in the microbiota, suggesting a functional correlation or interaction between the two. The rapid  
41 changes in the microbiota and transcripts may be deeply connected to the original microbiota  
42 community shaped by marmoset feeding ecology in the wild. The results were informative for  
43 identifying the physiological impact of insect feeding to produce a better food regimen and for  
44 detecting transcripts that are currently unidentifiable.

## 45      **Introduction**

46              After successful confirmation of the germline transmission of transgenes [1], common  
47              marmosets (*Callithrix jacchus*) have been increasingly used in various medical and biological  
48              areas [2]. Breeding methods for captive marmosets have been well established [3, 4, 5], while  
49              some health problems, such as diarrhoea and wasting, have been observed in many laboratories  
50              [6]. Marmoset wasting syndrome (MWS, or wasting marmoset syndrome, WMS) is a well-known  
51              health problem endemic to captive marmoset colonies and has been documented for several  
52              decades [7, 8]. The syndrome consists of various symptoms, but diarrhoea, anorexia, and anaemia  
53              are frequently observed [9, 10]. Several causes have been suggested to explain the variable  
54              symptoms, and malnutrition is thought to be one of the important factors for the aetiology of  
55              MWS [6, 7].

56              In the wild, common marmosets are known to maintain highly exudatavorous (i.e.,  
57              highly dependent on tree exudates, such as gum) diets [11], but they also feed on a variety of food  
58              items, such as insects, fruits, and small animals [12, 13]. Among them, insects are important  
59              nutritional resources because they account for 30-70% of their diet [3]. They eat various insects,  
60              such as grasshoppers, crickets, cicadas, and cockroaches [12]. Guidelines [3, 4] recommend  
61              providing captive marmosets with complete commercial food, insects and produce (vegetables  
62              and fruits). Although insects seem to have important nutritional roles in their health, the unique

63 impact of insects on the physiological functions of marmosets has not been clarified. In the present  
64 study, we aimed to determine the effect of insect feeding on captive marmosets by analysing the  
65 microbiota and transcripts extracted from faecal samples.

66 The microbiota of common marmosets has been documented in several captive groups.

67 One study [14] that compared the microbiota of faecal samples from individuals with and without  
68 WMS revealed differences in the abundance of only anaerobic, not aerobic, bacteria. The numbers  
69 of lactobacilli were lower in the WMS group than in the non-WMS group, whereas those of  
70 *Bacteroides-Fusobacteria* and *Clostridia* were higher in the WMS group than in the non-WMS  
71 group. The group with a higher rate of chronic diarrhoea had a lower proportion of  
72 *Bifidobacterium* than the other group, but there was no significant difference between the groups  
73 in terms of the Shannon diversity ( $H'$ ) index [15]. Because daily feeding regimens vary at each  
74 facility, the microbiota should vary accordingly. However, there are still insufficient data to  
75 characterize the gut microbiota distribution of captive common marmosets. In the present study,  
76 we aimed to obtain basic data on the microbiota of marmosets by a total RNA sequencing (total  
77 RNA-seq) analysis method [16].

78 The total RNA-seq approach can be used to simultaneously describe microbial ecology  
79 and the transcriptome. It has been widely used in studies of marine ecology [17, 18], soil microbes  
80 [19, 20] and animal gut microbiota [21, 22] to obtain information from all domains of microbial

81 inhabitants, including eucaryotes, archaea, and bacteria, without a strong PCR bias. Additionally,  
82 this approach can describe the gene expression patterns among samples, similar to standard  
83 transcriptome analyses, by using short-read alignment tools [23, 24, 25]. Therefore, we employed  
84 total RNA-seq to describe the activities of the whole microbial community in marmoset guts  
85 under our experimental conditions.

86 In the present study, we evaluated the effects of enhanced insect feeding for seven days  
87 on the gut microbiota and transcriptome by comparing groups with and without insect feeding.  
88 The main advantage of analysing both microbiota and transcripts simultaneously is to understand  
89 functional characteristics that would be attributable to ecological changes in the marmoset gut  
90 microbiota. The weekly weight and daily faecal scores were recorded to monitor the general  
91 health status throughout the experimental period. RNA was extracted from faecal samples from  
92 different timepoints (before (Pre), immediately after (Post), and after (After) the experimental  
93 intervention), and DNA was then sequenced and annotated with a database for taxonomic  
94 identification. In human subjects, the microbiota was reported to dramatically modify microbiota  
95 diversity after a change in diet for five days [26]. Thus, insect feeding is thought to have a  
96 substantial impact on the physiological states of marmosets, who preferentially eat insects in wild  
97 habitats [12].

98

99 **Materials and Methods**

100 **Subjects**

101 Six healthy adult common marmosets (*Callithrix jacchus*) from a family consisting of  
102 one mother (9 y) and five offspring (one male and three females, aged 3-4 y) were used in this  
103 study. The mean weight was 460 g, with a range from 374 g to 499 g. The mother was obtained  
104 from a company (Clea, Tokyo, Japan), and the offspring were laboratory born and raised by  
105 their own parents. They were living in a cage (w 70 x d 70 x h 180 cm) vertically separated by a  
106 metal mesh plate to prevent fighting; thus, they were physically separated but visually,  
107 acoustically, and olfactorily accessible to each other. The cage was placed in a breeding room  
108 on a 12-hour light-dark cycle and maintained at 28° and 50% of the temperature and humidity,  
109 respectively. According to this housing condition, the marmosets were divided into two groups  
110 that differed in terms of the amount of insect intake per week, as described below. After the  
111 study finished, the animals were not sacrificed, as the study did not include examination of  
112 postmortem specimens.

113 **Diets**

114 The marmosets were fed commercially available pelleted foods (CMS-1M, Clea,  
115 Tokyo, Japan; SPS, Oriental Yeast, Tokyo, Japan) daily ad libitum in the morning and  
116 vegetables and fruits in the afternoon, in addition to a variety of food items such as yogurt,

117 boiled eggs, acacia gum, cottage cheese, and small dried sardines. Different probiotic  
118 preparations (*Bifidobacterium bifidum* (Biofermine), Biofermin Seiyaku, Hyogo, Japan;  
119 *Bifidobacterium animalis* subsp. *lactis* (LKM512), Meito, Tokyo, Japan; *Bifidobacterium*  
120 *longum* and *Bifidobacterium infantis* (LAC-B), Kowa, Aichi, Japan) were added to the meals or  
121 given orally (1/2 to 1 tablet per head) when the animals had softened faeces or diarrhoea. Until  
122 the beginning of the current study, frozen house crickets (*Acheta domesticus*), which were  
123 defrosted at the time of feeding, were given to all animals in the colony once per week (usually  
124 on Wednesday).

## 125 **Materials**

126 For the insect feeding treatment, we used two different species, a house cricket  
127 (Tsukiyono farm, Gunma, Japan) and a giant mealworm (*Zophobas atratus*, Sagaraya,  
128 Kumamoto, Japan), which were commercially available and were kept frozen when they were  
129 delivered to the laboratory. They were brought back to room temperature to thaw just before  
130 feeding. These species have been reported to have similar amounts of protein, while the giant  
131 mealworm is much fattier than the cricket with higher calories [27].

## 132 **Procedures**

### 133 **Experimental design**

134 The family was divided into two experimental groups, each with three subjects. One group  
135 (Group IF, consisting of three offspring females) was fed one cricket and one giant mealworm  
136 per day for seven continuous days. The other group (Group C, consisting of the mother, one  
137 offspring female, and one offspring male) was fed one cricket per week in the middle of the  
138 week, which was the regular food regimen in our colony. These insects were fed manually by  
139 the caretakers to each subject during the daytime.

140 There were three points of faecal sampling in the study: Pre, Post, and After. Pre  
141 samples were collected just before the one-week insect feeding period in the experimental  
142 group. Post samples were collected the day after the end of insect feeding, and After samples  
143 were collected two weeks after the insect feeding treatment.

#### 144 **Sample preservation**

145 To analyse the microbiota and the transcripts of the faeces from the marmosets,  
146 samples were collected from the clean stainless floor of the breeding cages within 30 minutes of  
147 defecation early in the morning (8:30-10:30 AM) when they usually frequently defecated. Three  
148 pieces of faeces were collected from each group, and the faeces were immediately put into 10  
149 ml RNAlater (Thermo Fischer Scientific, Waltham, MA, US) and manually mixed well with a  
150 sterile spatula to homogenize them in the liquid. Using the same procedure, three tubes  
151 consisting of three faecal pieces in 10 ml RNAlater were prepared for each group at each

152 sampling point. The tubes were allowed to stand for 24 hours at room temperature. Then, they  
153 were stored at -80°C in a refrigerator until cDNA construction.

154 **Faecal and insect RNA extraction, sequencing, and taxonomic  
155 annotation**

156 Faecal RNA was purified by using the RNeasy PowerMicrobiota kit (Qiagen, Hilden,  
157 Germany). The kit was operated with an automatic system, QIAcube (Qiagen, Hilden, Germany),  
158 according to the protocol  
159 (RNA\_RNeasyPowerMicrobiota\_StoolOrBiosolid\_IRTwithDNase\_V1.qpf) provided by the  
160 manufacturer. The concentration of RNA was measured with a Qubit 2.0 Fluorometer (Thermo  
161 Fischer Scientific, Waltham, MA, USA). For library construction, 10 ng of obtained RNA was  
162 processed using the SMARTer Stranded RNA-seq kit for Illumina (Takara Bio Inc., Shiga,  
163 Japan) according to the manufacturer's instructions. After the concentration of DNA was  
164 evaluated by qPCR using the KAPA Library Quantification kit (KAPA Biosystems,  
165 Wilmington, MA, USA), the libraries were loaded onto an Illumina MiSeq sequencer and then  
166 sequenced using MiSeq Reagent kits v2 500 cycles (Illumina, San Diego, CA, USA) to obtain  
167 250 bp paired-end reads. The nucleotide sequence data reported are available in the  
168 DDBJ/EMBL/GenBank databases under the accession numbers DRA008965 and DRA008966  
169 for the marmoset and insect microbiota, respectively.

170 We used a mapping-based total RNA-seq pipelines [16] to analyse both rRNA and  
171 mRNA profiles to identify the taxonomy of the microbiota and to search for their functions.  
172 The obtained raw paired-end reads were trimmed by using Trimmomatic-0.35 [28] with seed  
173 mismatch settings: palindrome clip: simple clip threshold = 5:30:7, minimum read length of 100  
174 bp, head crop of 6 bp and a specification to remove SMARTer kit-specific adaptor sequences.  
175 Then, trimmed paired-end reads were directly mapped to the SSU rRNA database SILVA  
176 release 128 rep-set data with 99% identity by Bowtie2 [23] with local mode default condition as  
177 a “best-hit” analysis. The data were transformed to BAM format for expression analysis.  
178 Mapped reads were counted by using eXpress [29] to obtain counting data against the SSU  
179 rRNA sequence database. Count data were combined with taxonomy data provided from  
180 SILVA release 128 (taxonomy all, 99% identity, taxonomy\_7\_levels.txt) by R [30].  
181 To analyse the metatranscriptome, paired-end reads were assembled by using the  
182 Trinity v2.4.0 program package [31] with paired-end mode default settings. Open reading  
183 frames (ORFs) and the encoded protein sequences were predicted using Transdecoder.  
184 LongORF script in the TransDecoder v.3.0.0 program package (<https://transdecoder.github.io/>).  
185 The ORF data (longest\_orfs.cds) were used as the reference database for read mapping.  
186 Mapping was performed as described above for SSU rRNA analysis. Functional annotation of  
187 the identified ORFs was conducted with the Trinotate-3.0.1 program package [32]

188 (https://trinotate.github.io/). The obtained functional annotations were combined with read

189 count data by R.

190 The obtained read count data were normalized according to Love et al. [33] using the

191 TCC package in R. Additionally, SSU rRNA reads or ORFs with less than 10 mapped reads in

192 total from all samples in the original count data were excluded by R.

### 193 **Data analysis**

194 The general health condition of the subjects was evaluated by weight and faecal score.

195 The weight was measured once during each period of the experiment (i.e., Pre, Post, and After)

196 as a part of the weekly physical examination performed by our laboratory. The faecal scores

197 were measured daily by visual inspection of the faecal shape based on three levels (partially

198 adopted from [34]): 3 corresponded to normal faeces (solid, with little liquid), 2 corresponded to

199 loose faeces (globules with liquid but still formed), and 1 corresponded to diarrhoea (mostly

200 globules, a large amount of liquid, and partially muddy).

201 The relative abundance of the communities with normalized read counts was analysed

202 and visualized at the phylum and genus levels according to the groups (C and IF) and timing of

203 the sampling (Pre, Post, and After). To evaluate the diversity/similarity of the microbes in the

204 faecal samples, the Shannon and Chao1 indices were calculated and statistically analysed by

205 using the RStudio software environment (ver. 1.3.1093 [35]). To see the similarity relationships

206 among each condition of the groups in microbiota and transcripts, dendograms were created by  
207 the clustering function in RStudio with the unweighted pair group method with arithmetic  
208 average (UPGMA) method of agglomeration using the Bray-Curtis index. For visualization of  
209 the distance of similarity among the conditions in spaces, nonmetric multidimensional scaling  
210 (nMDS) was conducted using the Bray-Curtis index, and the differences were statistically  
211 analysed by permutational multivariate analysis of variance (PERMANOVA).

212 To visualize the phylogenetic relationships of the microbes depending on the  
213 experimental conditions, we used the LEfSe program package [36] to conduct linear  
214 discriminant analysis (LDA) and to make a cladogram by following the instructions published  
215 online (<https://huttenhower.sph.harvard.edu/galaxy/>). For LDA, the LEfSe program was run  
216 with the threshold of 2.0 and an alpha value of 0.05 for both ANOVA (Kruskal-Wallis) and the  
217 Wilcoxon test.

218 To evaluate the changes in gene expression of microbiota and transcripts caused by the  
219 insect feeding treatment, differentially expressed genes (DEGs) were analysed using a pipeline  
220 (“EEE-baySeq”, 37), with a false discovery rate of 5%. To obtain DEGs, the datasets with  
221 groups (C and IF) and conditions (Pre, Post, and After) were divided into six groups (G1, G2,  
222 G3, G4, G5, and G6). G1, G2, and G3 corresponded to the Pre, Post, and After conditions of  
223 Group C, respectively. G4, G5, and G6 corresponded to those of Group IF. Because G1, G2,

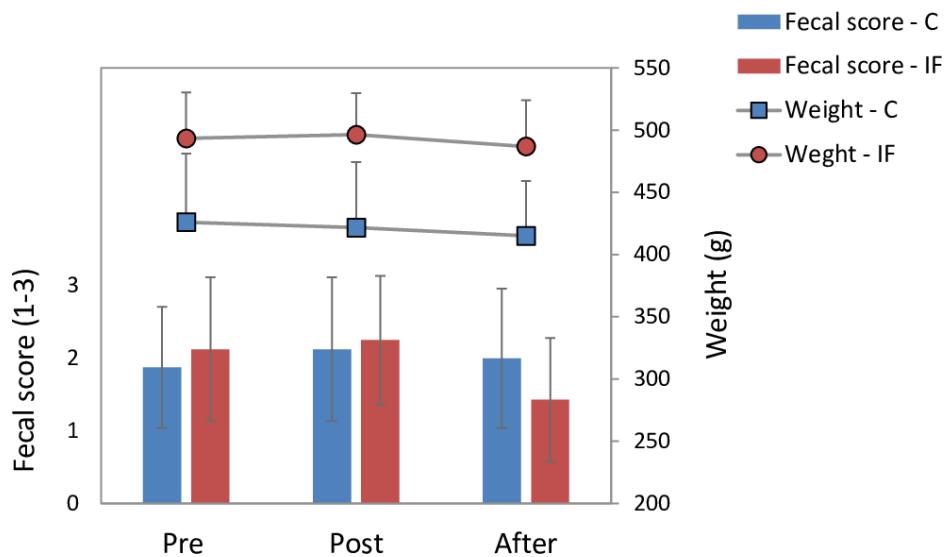
224 G3, and G4 were the conditions in which no insect feeding was executed, while G5 and G6  
225 included insect feeding with different timings, any difference observed in G5 and G6 was of  
226 most interest in this study. Each group was compared to “others”, which included all conditions  
227 except for that group (e.g., G1 vs. others). The analysis also included the comparison among all  
228 the categories to find any differences (named “G7”: G1 vs. G2 vs. G3 vs. G4 vs. G5 vs. G6).  
229 Thus, eight DEG patterns were obtained involving six categories (no DEG, DEG G1, DEG G2,  
230 DEG G3, DEG G4, DEG G5, DEG G6, DEG G7). Then, for the microbes and transcripts  
231 associated with with any of the DEG patterns, the direction (i.e., larger or smaller than those of  
232 other categories) was determined: G1 > others, G2 > others, G3>others, G4>others, G5>others,  
233 G6>others, G1 < others, G2 < others, G3 < others, G4 < others, G5 < others, and G6 < others.  
234 For G7, only DEGs where G5 or G6 ranked among the top comparisons (i.e.,  
235 G5>G3>G4>G6>G1>G2, for example) were considered for further analysis (G5>anywhere,  
236 G5<anywhere, G6>anywhere, and G6<anywhere). To overview the changes among the  
237 conditions, microbes with DEGs were presented at the phylum and genus levels. To detect the  
238 possible relationships, the microbiota and transcripts with DEGs were combinatorily clustered  
239 in each DEG category by using the ComplexHeatmap package in RStudio.  
240

## 241 **Results**

242 **General health condition**

243 The faecal scores of the group subjected to the insect feeding treatment (Group IF)  
244 decreased (i.e., increase in the frequency of loose stools) in the After condition, as shown by the  
245 bars in Fig 1, but this was not statistically significant ( $F(2, 54) = 1.29, p = 0.283$ ). Although the  
246 weights of the two groups were significantly different by 2-way ANOVA ( $F(1, 12) = 11.78, p =$   
247 0.005), they were stable during the whole experimental period, as shown by the lack of  
248 significance both among the conditions ( $F(2, 12) = 0.073, p = 0.930$ ) and between the  
249 interaction of the group and condition ( $F(2, 12) = 0.011, p = 0.999$ ), as shown in the lines in Fig  
250 1.

251 <Fig 1 around here>



**Fig 1. Faecal scores (bars) and weight (lines) during the experimental periods for Groups C (blue) and IF (red).** Error bars show the standard deviation of the mean from three subjects. The faecal scores were recorded daily, and the weight was recorded individually once during each period.

252

253 **Whole microbiota community of the marmoset gut**

254 The total number of read counts normalized against the SSU rRNA sequences

255 generated from the 18 faecal samples of the six common marmosets at the Pre, Post, and After

256 conditions were 355,905.34, with an average of 19,772.52 counts per sample (see Supporting

257 Information of S1 Table for the normalized count data of the annotated microbes). The

258 difference in normalized read counts per sample between Groups C and IF was not significant ( $t$

259  $(16) = -0.16, p = 0.88$ , mean  $\pm$  standard deviation (SD) for Group C:  $65.66 \pm 2.63$ ; Group IF:

260  $66.03 \pm 6.49$ ).

261 Fig 2a shows the relative abundance of the microbiota at the phylum level for each

262 group across the conditions. The phyla accounting for more than 0.5% of the total read count

263 were listed, and those accounting for less than 0.5% and unable to be assigned to any phylum

264 were categorized as “others”. *Firmicutes*, *Actinobacteria*, *Bacteroidetes*, and *Proteobacteria*

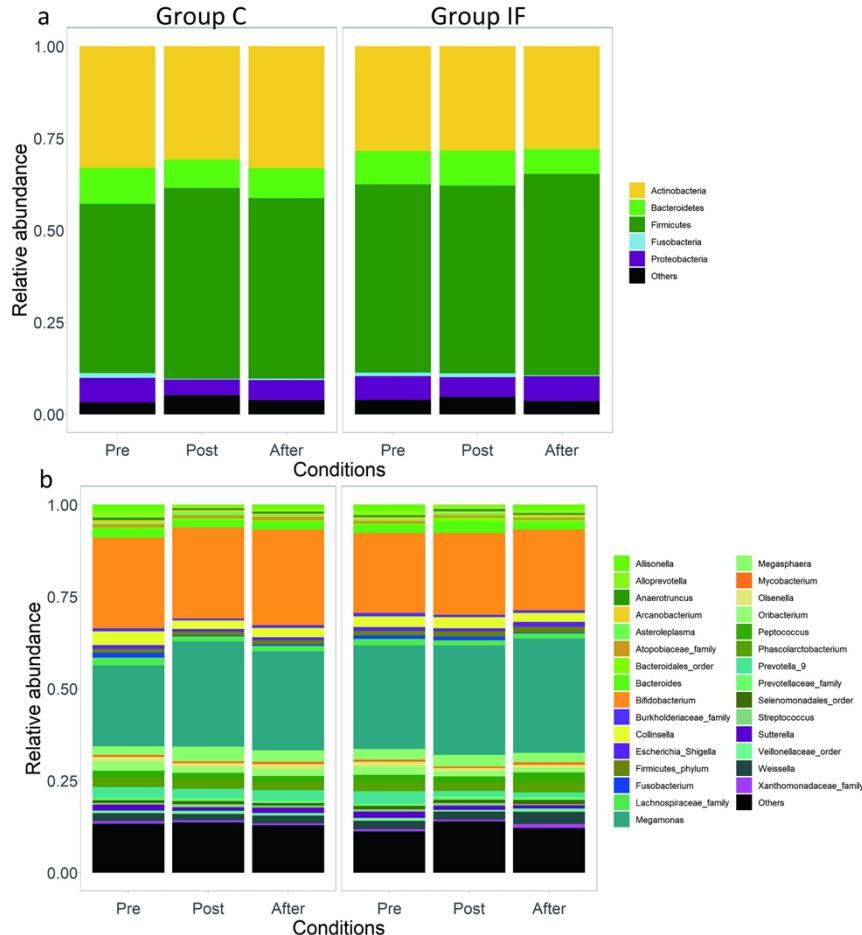
265 were abundant in every sample of both groups. By observing the same data at the genus level,

266 with more than 0.5% abundance, as shown in Fig 2b, *Veillonellaceae* (phylum *Firmicutes*) and

267 *Bifidobacteriaceae* (phylum *Actinobacteria*) were dominant under all conditions.

268

269 <Fig 2 around here>



**Fig 2. Relative abundance of microbes at the phylum (a) and genus (b) levels for Groups C (left) and IF (right) under the experimental conditions (Pre, Post, and After).**

270

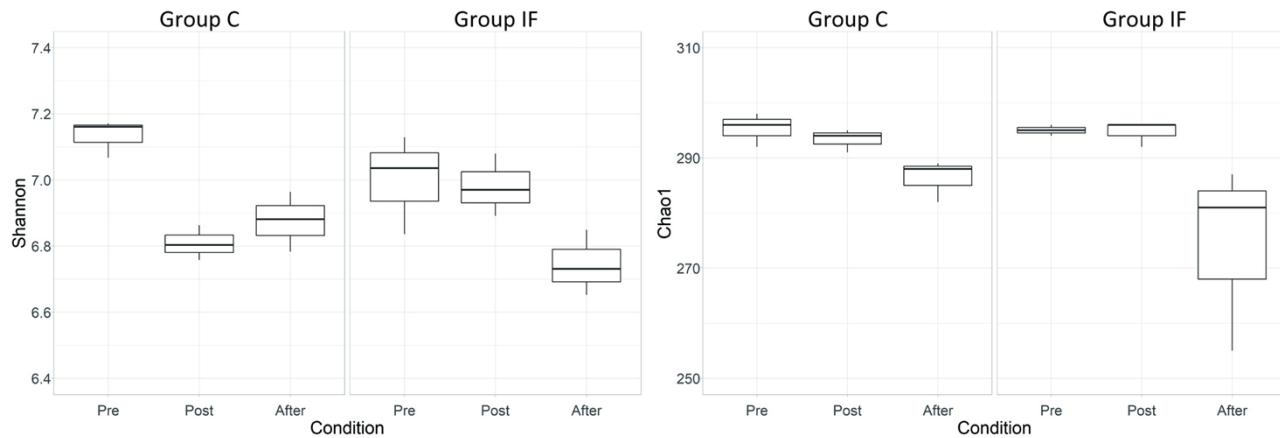
## 271 **Microbial diversity under each condition**

272 Shannon and Chao1 indices were used to determine the diversity of the microbial communities  
273 within the samples of each group, as shown in Fig 3. ANOVA of the Shannon indices after  
274 applying the general linear model (GLM) revealed a significant difference among the conditions  
275 (Pre, Post, After,  $F = 7.065$ ,  $p = 0.008$ ) but not between the groups ( $F = 0.292$ ,  $p = 0.597$ ). Similar

276 results were obtained using the Chao1 index with the GLM (conditions:  $F=7.092$ ,  $p = 0.007$ ;

277 groups:  $F=1.051$ ,  $p = 0.323$ ).

278 <Fig 3 around here>



**Fig 3. Shannon (left) and Chao1 (right) indices used to visualize the diversity within the samples of each group for the three conditions (left for Group C and right for Group IF in each panel, respectively).**

279

## 280 **Similarity of the microbial communities among the conditions**

281 To determine the similarities of the microbial communities among the groups, the Bray Curtis

282 index was calculated and used to generate the cluster dendrogram among the conditions of each

283 group (Fig 4a), together with the differentially coloured squares and lines for individual

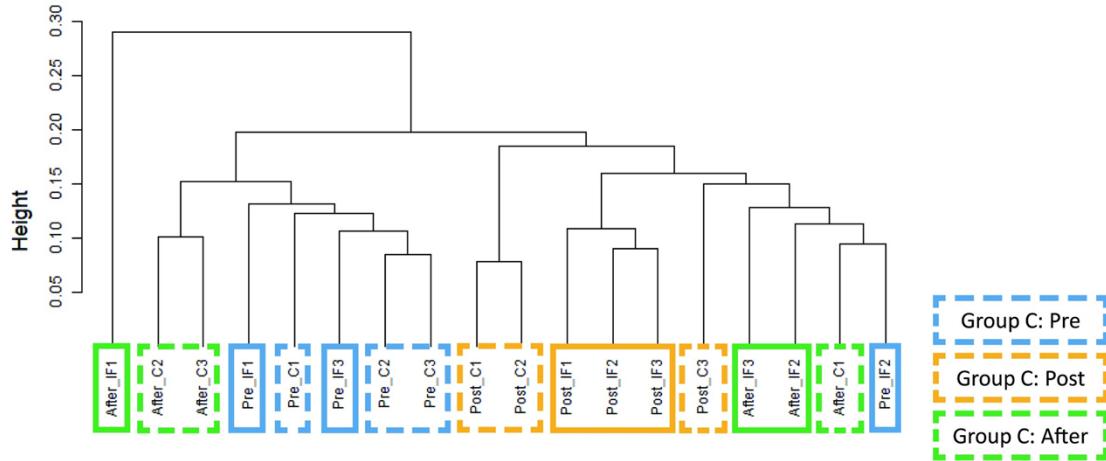
284 conditions of two groups. For microbiota clustering, the Post conditions of Group IF (yellow

285 solid line squares) were closely agglomerated.

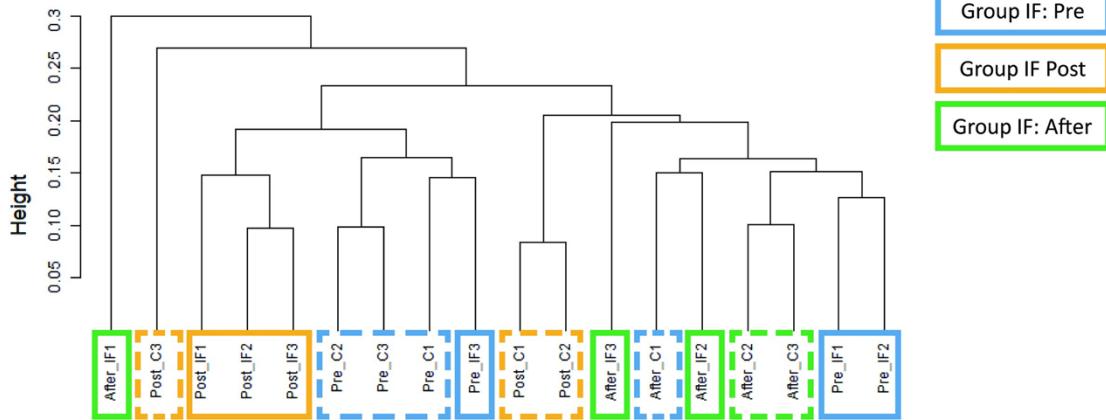
286

<Fig 4 around here>

a. Microbiota



b. Transcripts



**Fig 4. Cluster dendrograms for microbiota (a) and transcripts (b).** Pre, Post, and After conditions are differentially coloured (sky-blue, yellow, and green), with dotted and solid lines for Groups C and IF, respectively.

287

288 To spatially visualize the microbiota similarities, nMDS was applied, and the data

289 from each condition were shown in 2D space, as depicted in Fig 5a. To determine the effect of

290 insect feeding, PERMANOVA was performed after dividing the individuals into three groups:

291 (1) no insect feeding (three conditions for Group C and the Pre condition for Group IF), (2) Post

292 of Group IF, and (3) After of Group IF, and significant differences were found among the three  
293 groups ( $F = 3.070$ ,  $p = 0.005$ ).

294 <Fig 5 around here>

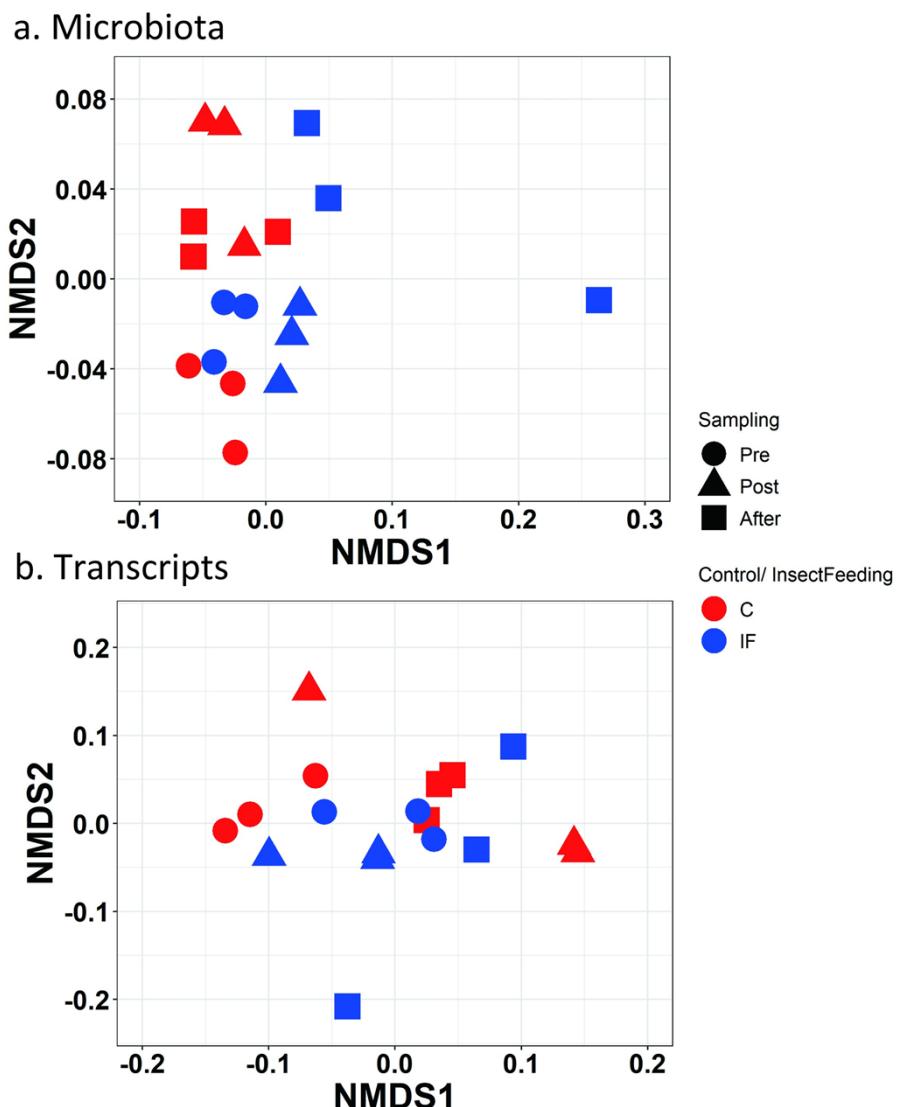


Fig 5. nMDS of the microbiota (a) and transcripts (b) data under the Pre (circle), Post (triangle), and After (square) conditions for Group C (red) and IF (blue).

295

296 **Phylogenetic characterization of differentially abundant microbiota**

297 **with and without insect feeding treatment**

298 To characterize the specific microbes that emerged from the insect feeding treatment,

299 we used the LEfSe analytical tool (see methods) on the normalized counts at multiple levels of

300 taxonomy. The histogram in Fig 6a shows the LDA scores above the threshold (2.0) for the

301 microbiota on various taxonomic levels ranked according to the effect size (alpha = 0.05) for the

302 treatments with (IF: Post and After for Group IF) and without (NoIF: all conditions for Group C

303 and Pre for Group IF) insect feeding. With IF, 5 taxonomic clades (three from the phylum

304 *Proteobacteria* and two from *Bacteroidetes*) were differentially abundant. With NoIF, 8

305 taxonomic clades were detected by LDA (two from the phylum *Actinobacteria*, two from

306 *Bacteroidetes*, and four from *Firmicutes*). Fig 6b shows the microbial abundance and taxonomic

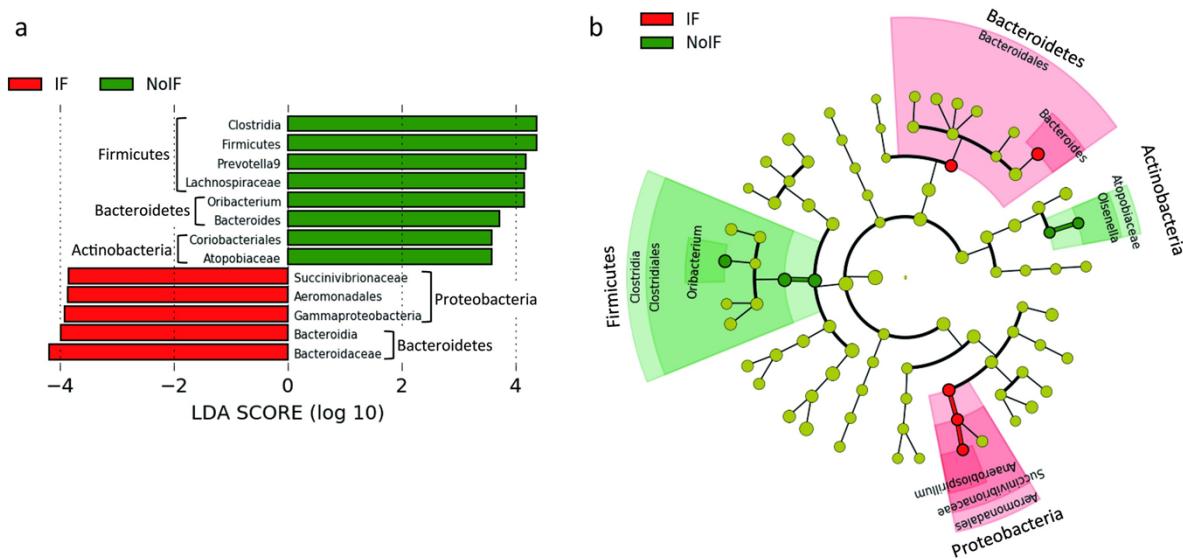
307 clades with differential characteristics for each treatment. The cladogram shows that abundant

308 bacterial communities characteristic of IF were phylogenetically separable from those

309 characteristic of NoIF, as depicted by the red and green sectors without overlap.

310 <Fig 6 around here>

311



**Fig 6. LEfSe characterization of the dominant microbial taxa according to the treatments with (IF: Post and After for Group IF) or without (NoIF: all conditions for Group C and Pre for Group IF) insect feeding.** (a) LDA scores, above the threshold 2, of the microbial clades for each treatment, Insect feeding (red) and No insect feeding (green). (b) Cladogram based on the ranked list in (a) to visualize the relationships between the treatments and the phylogenetic relationships among the microbes. Phylogenetic clades are ordered from the centre of the circle, with narrower to broader taxonomic levels. Diameters of outer circles correspond to the relative abundance in the microbial community. Red and green points in the circles show the most abundant classes under the IF and NoIF treatments, respectively. Points in light green show the clades that are not significant.

312

### 313 **Differentially expressed genes in microbiota among the conditions**

314 The microbial communities fluctuated even without insect feeding treatment. Thus, to clarify

315 the microbes specifically changed in Group IF depending on the conditions, the DEGs were

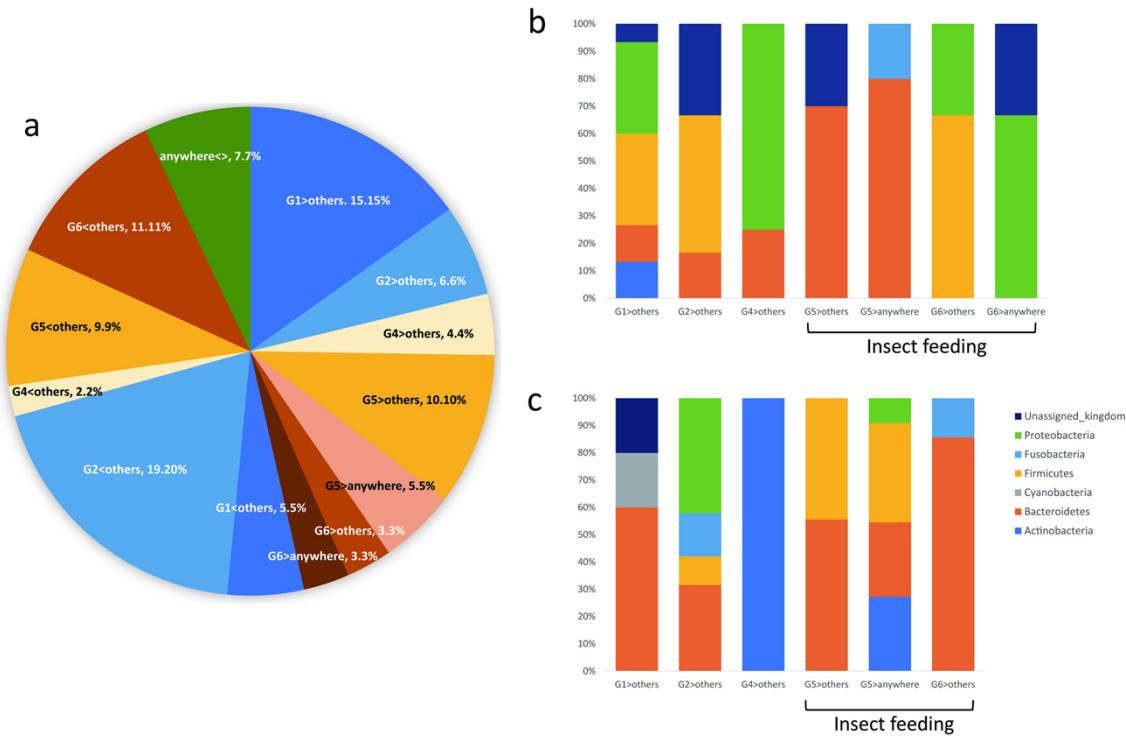
316 analysed using the community data. Among 300 microbes annotated by the analysis, DEGs

317 were confirmed for 99 of them. The relative distribution of DEG categories is presented in Fig

318 7a. Of 99 microbes with DEGs, a total of 21.21% were upregulated in terms of the experimental

319 conditions (G5>others, G5>anywhere, G6>others, G6>anywhere), whereas a total of 20.20%  
320 were downregulated (G5<others, G6<others). No DEGs were found for the G3<>others,  
321 G5<anywhere, and G6<anywhere categories.

322 <Fig 7 around here>



**Fig 7. Distribution of DEG categories found in microbiota.** (a) Relative distribution of the DEG categories. (b) Relative distribution of microbes in each DEG category at the phylum level, showing upregulated changes. Categories under the insect-feeding treatment were G5>others, G5>anywhere, G6>others, and G6>anywhere. (c) Relative distribution of microbes in each DEG category at the phylum level, showing downregulated changes. Categories under the insect-feeding treatment were G5>others, G5>anywhere, and G6>others.

323

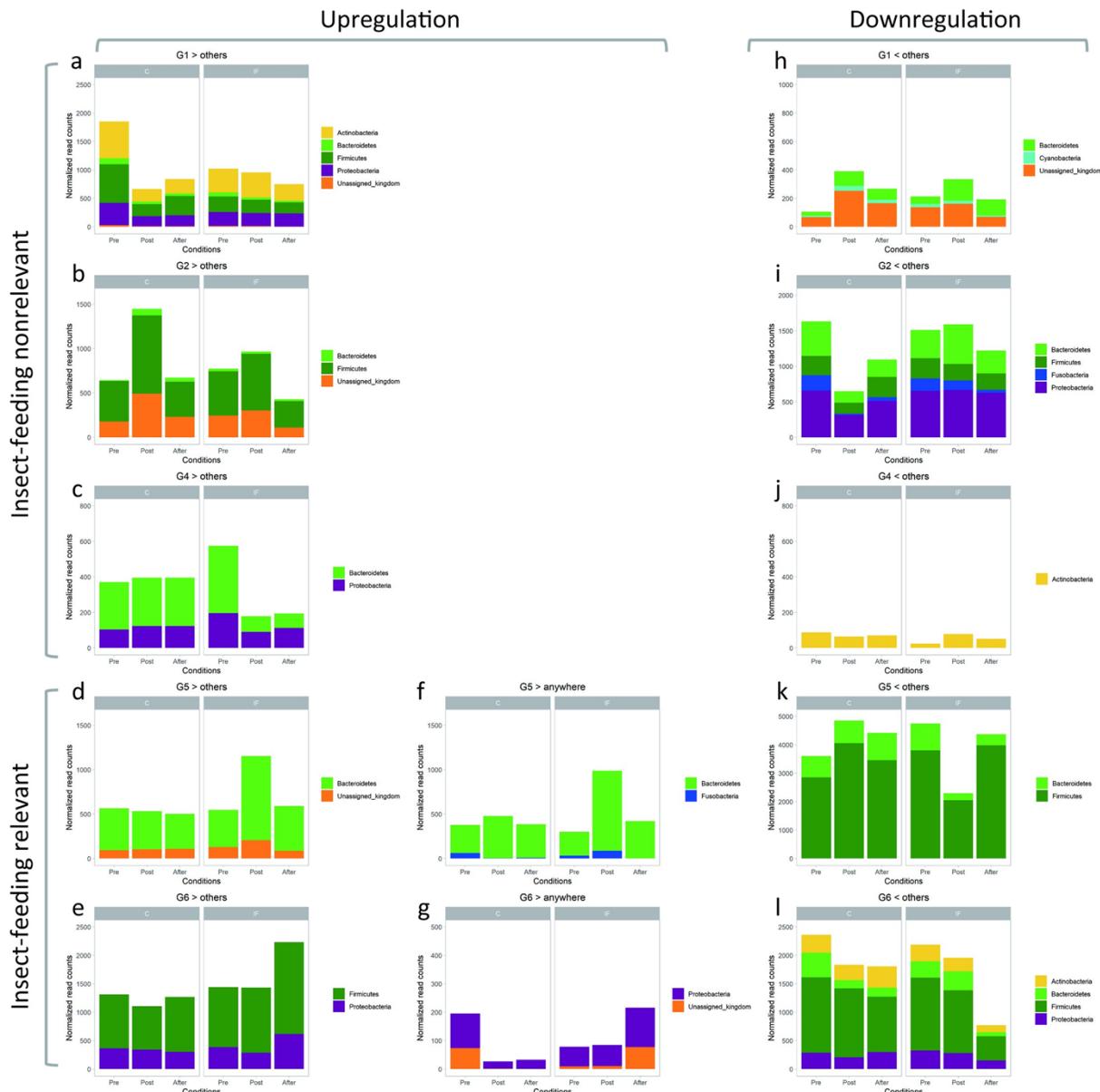
324 Ninety-nine microbes with DEGs were further classified into phyla. Fig 7b and 7c  
325 show the microbes showing upregulated and downregulated changes with each DEG category,  
326 respectively. Among the upregulated phyla shown in Fig 7b, the distribution of *Bacteroidetes*  
327 was different under the Post condition of Group IF (i.e., G5>others and G5>anywhere). On the  
328 other hand, among the downregulated phyla in Fig 7c, Firmicutes showed different distributions  
329 in the same categories.

330 Fig 8 shows the normalized read counts of the microbes at the phylum level according  
331 to the DEG categories. The left two rows show upregulation, and the right row shows  
332 downregulation. In the case of the Post condition of Group IF (G5), *Bacteroidetes* appeared in  
333 both upregulated (Fig 8d, 8f) and downregulated (Fig 8k) categories, whereas *Firmicutes* only  
334 showed downregulated DEGs (Fig 8k). In the case of the After condition of Group IF (G6),  
335 *Actinobacteria* and *Bacteroidetes* only showed downregulated DEGs (Fig 8l), whereas  
336 *Firmicutes* and *Proteobacteria* showed both the upregulated (Fig 8e) and downregulated (Fig  
337 8l) categories.

338 <Fig 8 around here>

339

340



**Fig 8. Normalized read counts of the microbes identified by the differentially expressed gene (DEG) analysis of faecal SSU rRNA at the phylum level.** In each panel, the left and the right three bars show Pre, Post, and After conditions for Group C and Group IF, respectively. Black arrows in the panels indicate the groups which have DEGs compared with the other groups. (a-g) Upregulated DEGs, with insect-feeding nonrelevant (a, b, c) and insect-feeding relevant (d, e, f, g) conditions. (h-l) Downregulated DEGs with insect-feeding nonrelevant (h, i, j) and insect-feeding relevant (k, l) conditions. No DEG was found under the After condition in Group C (G3). For f, and g, data for each microbiota were compared with those of the other groups separately. In other graphs, data for each microbiota were compared with the total of the other groups.

342

343 To examine the changes according to the conditions (Pre, Post, and After) separately

344 in the groups, Fig 9 shows the heatmap of the microbes at the genus level (for microbes unable

345 to be annotated at the genus level, upper taxonomies (i.e., order, family) were assigned) with

346 DEGs. The blue squares indicate the results relevant to the insect feeding treatment (Post (G5)

347 and After (G6) conditions). In the upregulated category of the Post condition (G5>others,

348 G5>anywhere), the genera *Bacteroides*, *Parabacteroides*, *Prevotella9* (phylum *Bacteroidetes*)

349 and *Fusobacterium* (*Fusobacteria*) were listed, whereas in the After condition (G6>others,

350 G6>anywhere), the genera *Weissella* (*Firmicutes*) and *Escherichia-Shigella* (*Proteobacteria*)

351 were listed as having DEGs. In the downregulated category of the Post condition (G5<others),

352 the genera *Bacteroides* (*Bacteroidetes*), *Allisonella*, *Megamonas*, and *Weissella* (*Firmicutes*)

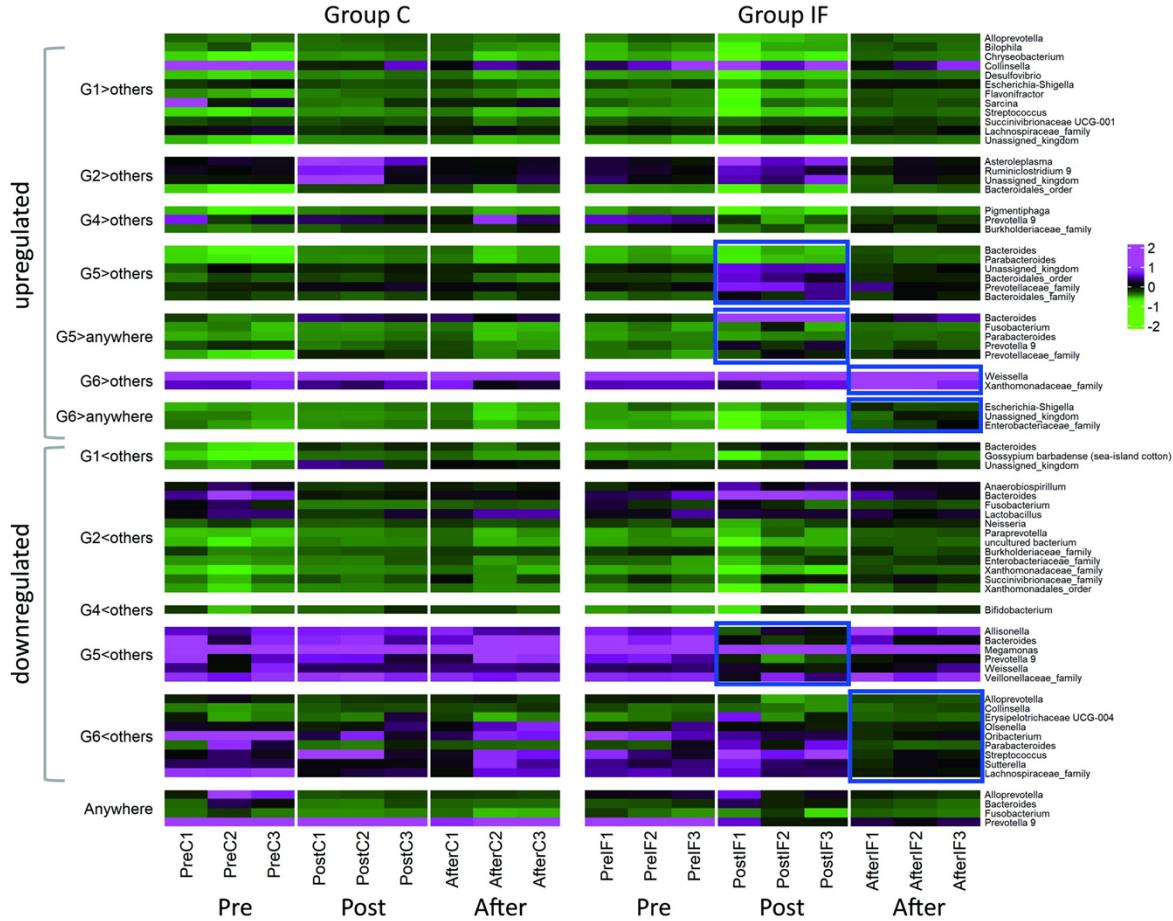
353 were found to have DEGs. In the After condition (G6<others), the genera were *Collinsella*,

354 *Olsenella* (*Actinobacteria*), *Alloprevotella*, *Parabacteroides* (*Bacteroidetes*), *Streptococcus*,

355 *Erysipelotrichaceae UCG-004*, *Oribacterium* (*Firmicutes*), and *Sutterella* (*Proteobacteria*).

356

357 <Fig 9 around here>



**Fig 9. Heatmap of the SSU rRNA data (genus level) with DEGs.** Groups C and IF are presented on left and right of the panel, respectively. For each group, the upper and lower parts present the data from upregulated and downregulated genera, respectively. G1: Pre condition for Group C; G2: Post condition for Group C; G4: Pre condition for Group IF, G5: Post condition for Group IF; G6: After condition for Group IF; AW: DEGs from any comparisons among the conditions. G3 is not presented because DEGs were not found under this condition (After condition of Group C). The heatmap with blue squares on the right indicates the changes in microbiota in accordance with the experimental treatments (i.e., G5 and G6 of Group IF).

358

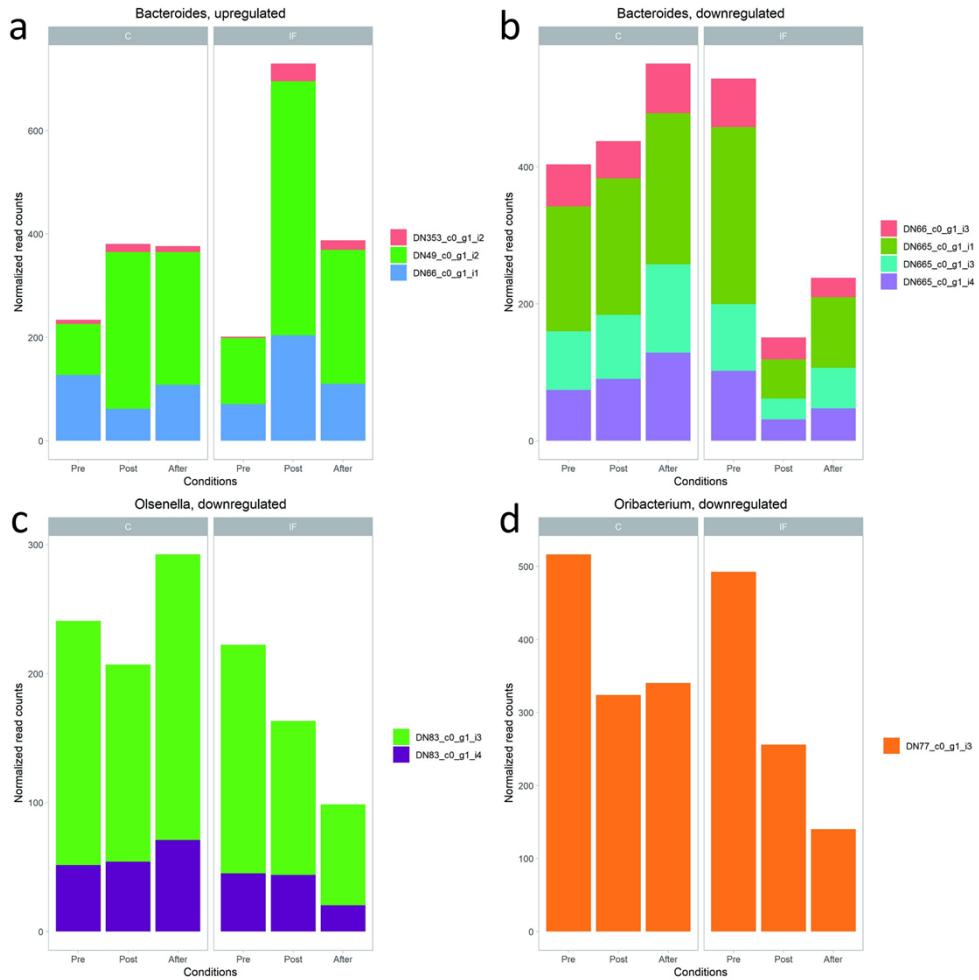
359 LEfSe (Fig 6) revealed some genera with differential changes relevant to the insect

360 feeding treatment, and thus we could identify the specific microbes of those genera by

361 combining the results with the DEG results (i.e., selecting the DEG (G5 and G6) microbes in the  
362 genera found to be treatment-relevant by LEfSe). Fig 10 shows the normalized counts of such  
363 microbes from the genera *Bacteroides* (phylum *Bacteroidetes*), *Olsenella*, (phylum  
364 *Actinobacteria*) and *Oribacterium* (phylum *Firmicutes*). In *Bacteroides* (Fig 10a and 10b),  
365 there were microbes showing both upregulation and downregulation, but they were all relevant  
366 to the Post condition of Group IF (i.e., G5). On the other hand, the microbes in *Oribacterium*  
367 and *Olsenella* showed downregulation relevant to the After condition of Group IF (i.e., G6, Fig  
368 10c and 10d, respectively).

369 <Fig 10 around here>

370



**Fig 10. Results overlapped from the LEfSe and DEG analysis, showing the microbes specifically expressed just after the insect feeding treatment (a, b) and two weeks after the treatment (c, d), indicated by the black arrows. (a) Upregulation found under the Post condition in three microbes of the genus *Bacteroides*. (b) Downregulation found under the Post condition in four microbes of the genus *Bacteroides*. (c) Downregulation found under the After condition in two microbes of the genus *Olsenella*. (d) Downregulation found under the After condition in a microbe of the genus *Oribacterium*.**

371

## 372 Transcriptomes of groups IF and C

373 Altogether, 407 different transcript IDs were classified by BLASTP (see Supporting

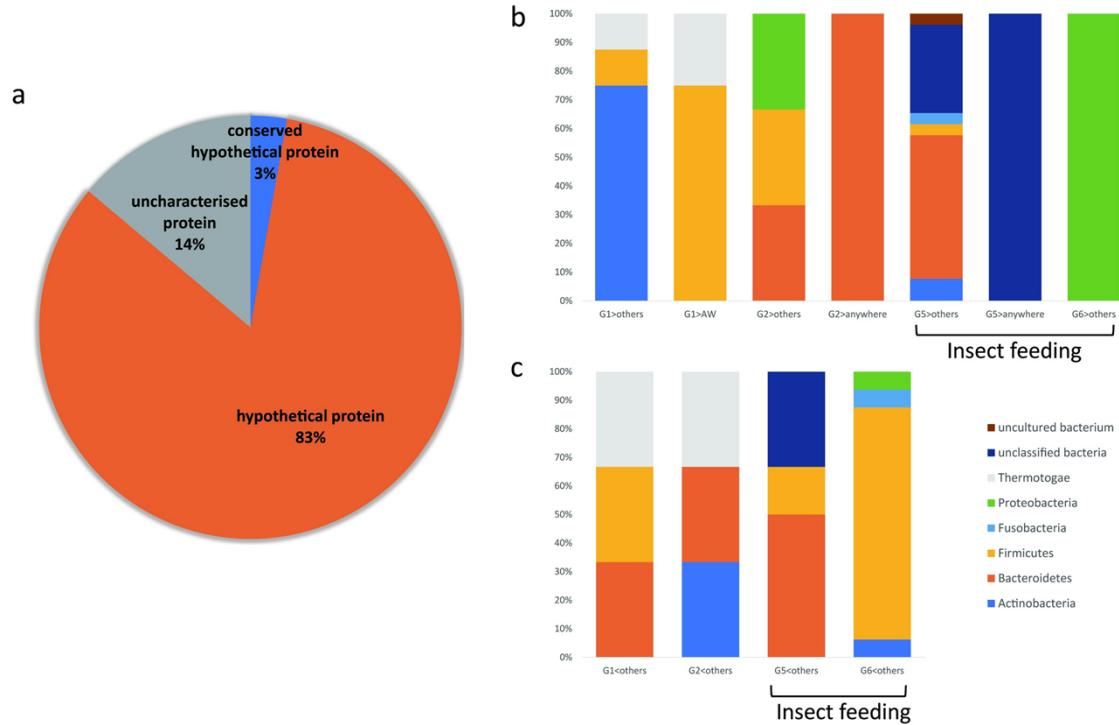
374 information of S2 Table for normalized count data of transcripts). Among those, 72 were

375 analysed with DEGs, among which 83% were classified as “hypothetical proteins” from various  
376 bacteria (Fig 11a). By classifying those proteins with an e-value above 1.0e+8, it was found that  
377 transcripts originating from *Bacteroidetes* and *Firmicutes* were abundant, as shown in Fig 11b  
378 and 11c. In the case of insect feeding-relevant conditions, both *Bacteroidetes* and unclassified  
379 bacteria were abundant in both upregulated (G5>others) and downregulated (G5<others)  
380 categories. *Firmicutes* characteristically increased in the downregulated category under the  
381 After condition (G6<others). *Proteobacteria* appeared only in the upregulated category under  
382 the After condition (G6>others).

383 <Fig 11 around here>

384

385



**Fig 11. Relative distribution of DEG categories found in transcripts.** (a) Relative distribution of transcript functions of DEGs. (b) Relative distribution of transcripts in each DEG category at the phylum level, showing upregulated changes. Categories under the insect-feeding treatments were G5>others, G5>anywhere, and G6>others. (c) Relative distribution of transcripts in each DEG category at the phylum level, showing downregulated changes. Categories under the insect-feeding treatment were G5>others and G6>others.

386

387 **Relationship of the changes between the microbiota and**  
388 **transcriptome**

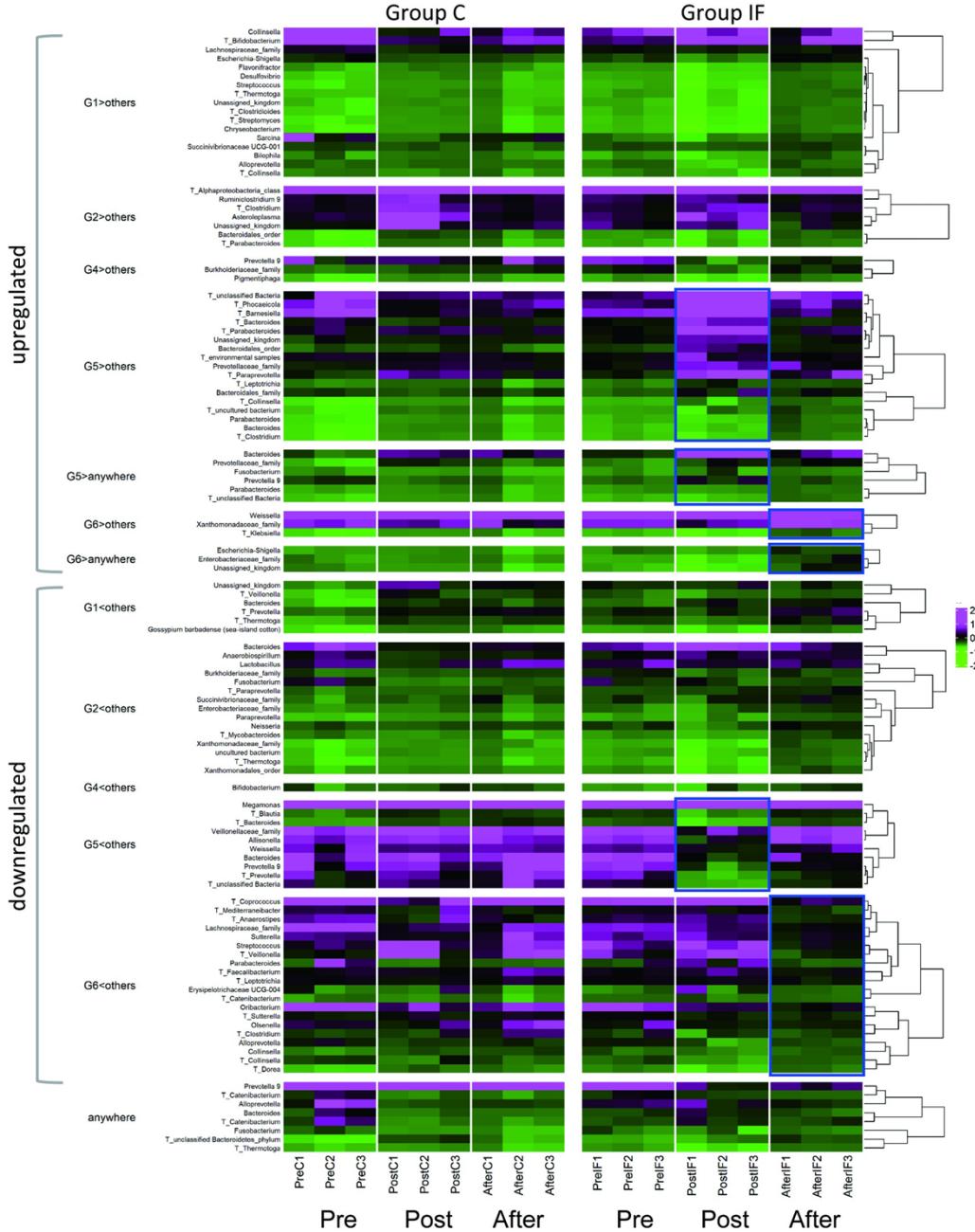
389 The functional significance of transcripts was evaluated by analysing the similarity of  
390 changes between the microbiota and transcriptome and whether such changes closely interacted  
391 with each other according to the experimental conditions. Thus, we performed clustering  
392 analysis with Pearson's product moment correlation coefficient among the SSU rRNA and

393 transcriptome data with DEGs within 6 categories. Fig 12 shows the heatmap of the changes in  
394 the microbiota and transcriptome listed together in each DEG category, according to the  
395 experimental period (indicated on the bottom of the heatmap) in Groups C (left) and IF (right).  
396 The dendrogram located on the right of the heatmap shows the results of Group IF. Note that the  
397 microbiota and transcriptomes that behaved similarly were near each other in the heat map with  
398 a short clustering distance. The blue squares indicate the results relevant to the insect feeding  
399 treatment. In the case of the upregulated categories, microbes and transcripts tended to cluster  
400 separately. In the case of the downregulated categories, especially G6<others, they were more  
401 intermixed.

402

403

<Fig 12 around here>



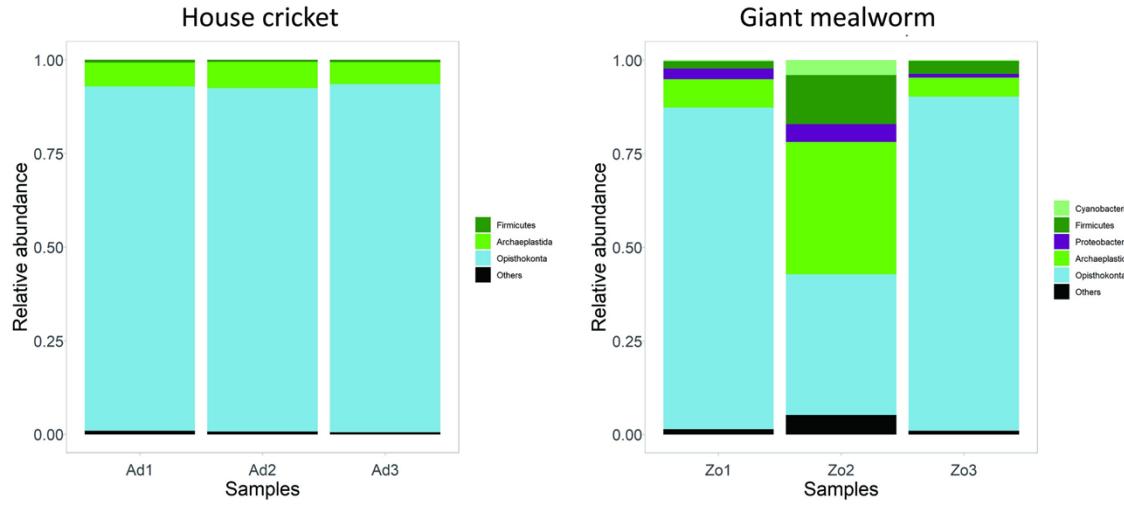
**Fig 12. Heatmap with clustering among the SSU rRNA (genus level) and annotated transcripts with DEGs.** Transcript data are presented with T with the genera name of the originating microbes. Increases and decreases are shown in magenta and green, respectively. Hierarchical clustering enabled items from the microbiota and transcriptome data to be listed together, where items with similar characteristics were listed close to each other. The data relevant to the experimental treatment (insect feeding) are emphasized by the blue squares. Upregulated and downregulated DEGs are located upper and lower panels of the figure, respectively.

405 **Microbiota and transcripts of the insects fed to the marmosets**

406 To determine whether the significant changes in the abundance of the microbial  
407 community in the samples of Group IF after insect feeding were attributable to the insects  
408 themselves fed to the marmosets, we analysed the microbiota of crickets and mealworms from  
409 the same lot as those fed to the subjects, using the same protocol described in the methods (see  
410 Supporting information of S3 and S4 Tables for normalized count data of the microbes and  
411 transcripts, respectively). As shown in Fig 13, abundant microbial phyla accounting for more  
412 than 0.5% of the total reads were *Opisthokonta* (eucaryotes), *Archaeplastida* (eucaryotes), and  
413 *Firmicutes* for the crickets and *Opisthokonta*, *Archaeplastida*, *Firmicutes*, *Proteobacteria*, and  
414 *Cyanobacteria* for the meal worms. The relative abundance of the kingdom *Bacteria* was 1.09  
415 and 7.26% of the total reads from the crickets and worms, respectively, while it was 96.38% of  
416 the total reads from the faecal samples of marmosets. All the remaining microbes were in the  
417 kingdom *Eukaryota* (98.91% and 92.04% for crickets and mealworms, respectively), which was  
418 0.28% in the case of the marmoset sample.

419 <Fig 13 around here>

420



**Fig 13. Relative abundance of microbes at the phylum level for house cricket (left) and giant meal worm (right).**

421

## 422 Discussion

423 The present study described the characteristics of the gut microbiota of captive  
424 common marmosets by using the total RNA sequencing method, with *Firmicutes*,  
425 *Actinobacteria*, *Bacteroidetes*, and *Proteobacteria* as dominant phyla. Then, we showed that  
426 enhanced insect intake for only one week modified the microbiota population in the gut, which  
427 interacted with the transcripts simultaneously extracted from the faecal samples. Changes  
428 observed in the microbiota were not attributable to the insects themselves. More specifically,  
429 microbes in the phyla *Bacteroidetes* and *Firmicutes* showed corresponding changes in their  
430 abundance under the insect feeding treatment at the different sampling points. *Bacteroidetes*  
431 showed both an increase and decrease upon just finishing the treatment (Post condition),

432 followed by a decrease after two weeks (After condition), while *Firmicutes* showed a decrease  
433 at the Post condition, followed by both an increase and decrease at the After condition. These  
434 results corresponded well to the changes in the abundance of transcripts having the same  
435 homologous phyla of origin. Overall, the current study indicated that a partial change in the diet  
436 for seven days had an impact on the host marmosets' microbiota and that insect feeding  
437 naturally observed in wild populations of common marmosets has special roles.

438 **Treatment-relevant changes observed in the microbes  
439 belonging to the phyla *Bacteroidetes* and *Firmicutes***

440 Treatment with insect feeding differentially affected the marmosets' gut microbiota at  
441 different times. As indicated by LEfSe (Fig 6), sets of microbes in the phylum *Bacteroidetes*  
442 appeared in both categories, whereas those of the phyla *Proteobacteria* (insect feeding) and  
443 *Actinobacteria* and *Firmicutes* (no insect feeding) appeared in either of the categories.  
444 Additionally, DEG analysis with 6 patterns showed the exact changes according to the groups  
445 and conditions (Figs 8 and 9). Because the phylum Bacteroidetes showed both an increase and a  
446 decrease under Post conditions and a decrease under After conditions and the phylum  
447 *Firmicutes* showed a decrease under Post conditions and an increase and decrease under After  
448 conditions, one possible interpretation of these results would be that *Bacteroidetes* and  
449 *Firmicutes* had opposite responses to insect feeding. That is, microbes in those phyla may have

450 shown rapid changes corresponding to the availability of insects. Adding one more sampling

451 point during the insect feeding treatment would clarify the above possibility, which was not

452 examined in the current study.

453 The results from the studies on other species treated with animal-concentrated diets

454 would be comparable to those obtained in the current experiment. In a human study, after taking

455 an animal-based diet for five days, an increase was found in species belonging to the genus

456 *Bacteroides*, whereas a decrease was found in those of *Firmicutes*, but there were some species

457 belonging to *Firmicutes* that showed increased in abundance after the treatment [26]. This study

458 also detected an increase in the abundance of bacteria in the phylum *Proteobacteria*, including

459 the species *Bilophila wadsworthia*, which is known to be stimulated by increased bile acid

460 responsible for fat intake [38]. In our study, both an increase and a decrease in the abundance of

461 *Proteobacteria* were observed under After, not Post conditions (Figs 8e, 8g, and 8l), suggesting

462 a gradual change in the metabolism related to bile acid in the gut of the host. A previous study

463 on dogs fed a raw meat diet for 14 days [39] observed 7 genera showing an increase after the

464 treatment, and only the genus *Bacteroides* was in common with our current study findings.

465 Chickens fed *Tenebrio molitor* larvae for 54 days showed an increase in *Firmicutes* and a

466 decrease in *Bacteroidetes* at the phylum level [40], which corresponded to some of our results

467 (Figs 8d, 8f, and 8e).

468

## 469 **General impact of insect feeding on the gut**

470 The abundances at the phylum and genus levels, together with two indices of  $\alpha$   
471 diversity (Shannon and Chao1 indices), did not differ from each other between Groups C and  
472 IF. At the macroscopic level, insect feeding for seven days did not affect the general community  
473 of the intestinal microbiota, which was in common with the results of human adults treated with  
474 25 g cricket powder per day for 14 days [41]. However, after focusing on the pattern of the  
475 changes corresponding to the experimental treatment by calculating the  $\beta$  diversity, there were  
476 significant differences between the conditions with and without insect feeding. The same  
477 patterns, no difference in  $\alpha$  diversity but a significant difference in  $\beta$  diversity, were observed in  
478 a study on human subjects treated for 5 days with an animal-based diet [26]. A study examining  
479 the effects of an animal-based diet on the microbiota in dogs reported that faeces became firm  
480 and that the Shannon H' index increased after raw beef was added to commercial food for 14  
481 days [39]. The reason for the lack of a significant change in  $\alpha$  diversity indices (Shannon and  
482 Chao1) after insect feeding in the current study would partially be attributable to unexpected  
483 fluctuations observed in the samples of Group C. Thus, evaluation of the stability of the  
484 microbial community would be necessary to compare the effects of short-term intervention  
485 (seven days) by taking additional samples in the Pre period, for example.

486 For microbiota, the samples just after the insect feeding treatment were clearly  
487 distinguishable from other samples, as shown in Fig 4a. By examining the distances among the  
488 samples, conditions with insect feeding (Post and After conditions of Group IF) were closely  
489 grouped and more distance from the other samples. Additionally, as the results of the  
490 PERMANOVA indicated, there were also differences between the Post and After conditions of  
491 Group IF, suggesting that changes caused by the insect feeding treatment had impacts on  
492 microbiota, which were long lasting for the bacterial community even after the treatment ended.  
493 On the other hand, PERMANOVA did not detect a significant difference in the transcript data  
494 between the conditions with and without insect feeding, although the samples under the Post  
495 conditions were closely clustered in Fig 4b, and the plots were separately located in Fig 5b. The  
496 reason for this difference between the microbiota and transcriptome was not identified by the  
497 current results, so some possibilities, such as length of the treatment and quantity of the fed  
498 insects, need to be examined to determine the changes in the transcripts.

## 499 **Limitations and future perspectives of the study**

500 Our analysis using total RNA-seq, which could concurrently detect the dynamics of  
501 the microbiota and transcripts, was effective in searching for functional genes that are currently  
502 unidentifiable after establishing a metagenomic database of the transcriptome with a full-length  
503 cDNA library. However, the functional significance of the transcriptomes could only be inferred

504 by the microbiota that showed similar changes across the experimental conditions. In the next  
505 step, we need to capture a wider view that would integrate the changes in microbiota,  
506 transcripts, and host responses to understand the effect of feeding insects, considering that the  
507 subjects have a long history of foraging.

508 In the present study, we used frozen crickets and giant mealworms instead of live  
509 mealworms. The results might have been different from those obtained in the study using live  
510 insects. The use of live insects as a feeding regimen is also recommended for marmosets in  
511 terms of enrichment purposes [4]. Nevertheless, the present study showed that feeding common  
512 marmoset insects changes their physiological status by balancing the microbiota to modulate  
513 metabolites. Consideration must be given to how much and what types of insects we should  
514 feed captive marmosets because there is a risk of overeating in the breeding cages but not in  
515 bushes in the wild. For example, some insect larvae are rich in fat and lack calcium, and it is  
516 therefore recommended to feed the insects a high calcium diet before feeding the insects to  
517 marmosets [3]. Insects with a high phosphorous-calcium rate should not be provided in  
518 abundance to prevent the malabsorption of calcium [4]. Thus, further studies are clearly needed  
519 to determine the long-term effect of insect feeding in captive animals and what types of insects  
520 are most beneficial for their health while simultaneously monitoring the changes in the faecal  
521 microbiota and transcriptome.

522

## 523 **Conclusions**

524 The present study showed that adding insects to the regular food regimen for seven

525 days could have a distinct effect on the microbiota and transcripts of captive common

526 marmosets. The total RNA-seq method was used to analyse the microbiota and transcripts

527 simultaneously, and the correlational analysis suggested that they did interact with each other.

528 Thus, enhanced insect feeding could activate the physiological dynamics that have been

529 evolutionarily developed in this species in wild habitats. The obtained results help us to

530 understand the interaction between the host and the microbiota via food sources and suggest that

531 the feeding ecology in wild habitats is an important key to developing food regimens

532 appropriate for the microbiota of common marmosets.

533

## 534 **List of abbreviations**

535 ANOVA: analysis of variance

536 Group C: control group.

537 Group IF: insect feeding group

538 LDA: linear discriminant analysis

539 LEfSe: linear discriminant analysis effect size

540 MWS: marmoset wasting syndrome

541 ORF: open reading frame

542 PERMANOVA: permutational multivariate analysis of variance

543 SSU rRNA: small subunit ribosomal ribonucleic acid

544 total RNA-seq: total RNA sequencing

545 WMS: wasting marmoset syndrome

547 **Declarations**

548 **Ethics approval and consent to participate**

549 This study was approved by the Animal Experiment Committees at the RIKEN Brain  
550 Science Institute (H27-2-203) and was conducted in accordance with the Guidelines for  
551 Conducting Animal Experiments of the RIKEN Brain Science Institute. Consent to participate  
552 was not applicable to the study.

553 **Consent for publication**

554 N/A

555 **Availability of data and materials**

556 The datasets supporting the conclusions of this article are included within the article  
557 and its additional files.

558 **Competing interests**

559 Authors declare no competing financial interests.

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566 and the costs of sequencing.

## 567 **Authors' contributions**

568 Y.Y., S.M., and S.K. designed and executed the experiments, analysed the data, wrote  
569 the main manuscript text, and prepared the Figs. S.M. developed and applied the total RNA-seq  
570 pipeline for analysing microbiota and transcriptome data. S.K. supervised the health status of  
571 the subjects; H. M, T. K, and A.I. coordinated manuscript writing. All authors reviewed the  
572 manuscript.

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575

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681  
682

## 683 **Supporting information**

684 **S1 Table. Normalized counts of microbes annotated by QIIME 2 vsearch for Groups C  
685 and IF.**

686 **S2 Table. Normalized counts of transcripts annotated by blastp for Groups C and IF.**

687 **S3 Table. Normalized counts of the microbes of the insects (house crickets and giant meal**

688 **worm).**

689 **S4 Table. Normalized counts of the transcripts of the insects.**

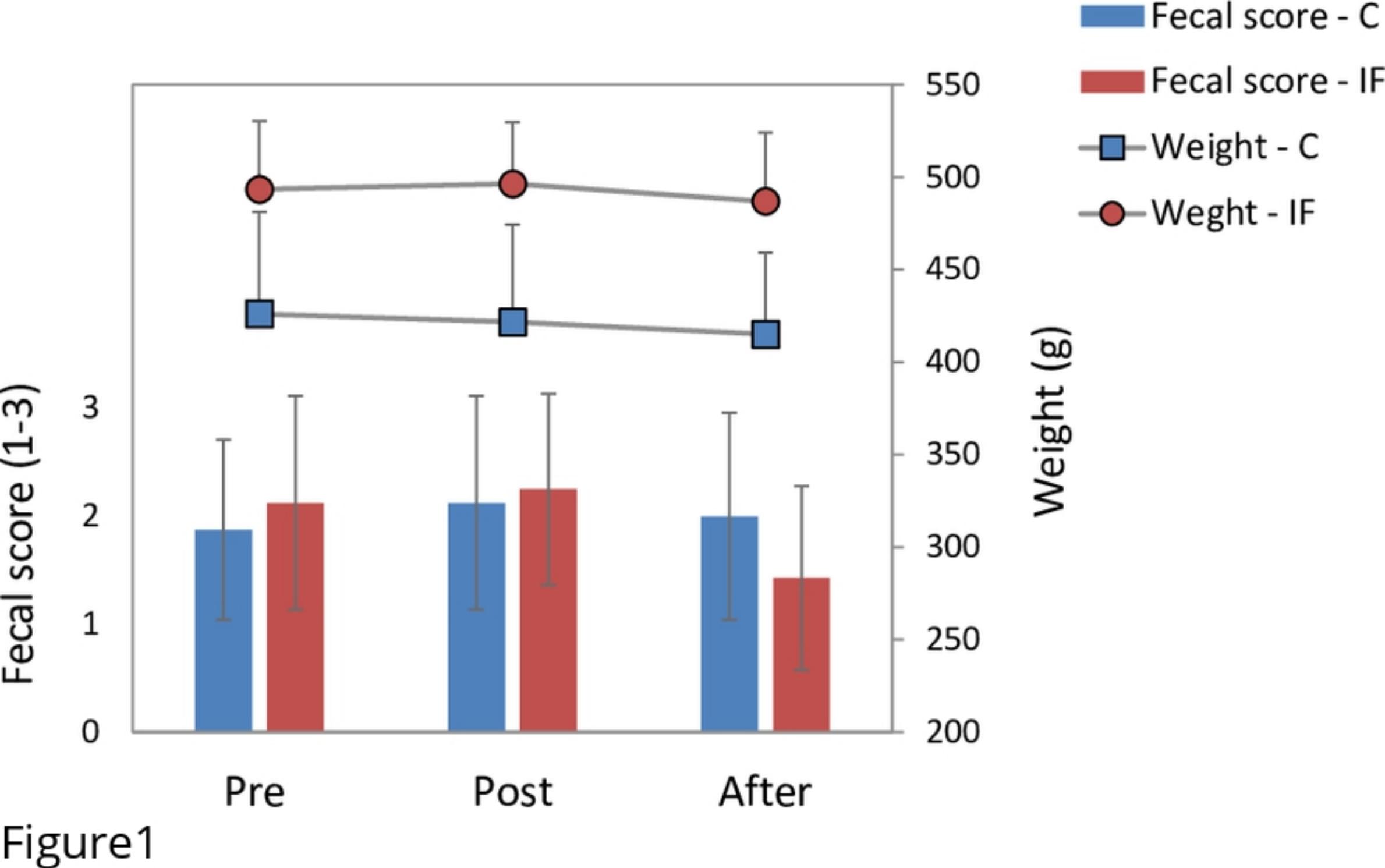


Figure 1

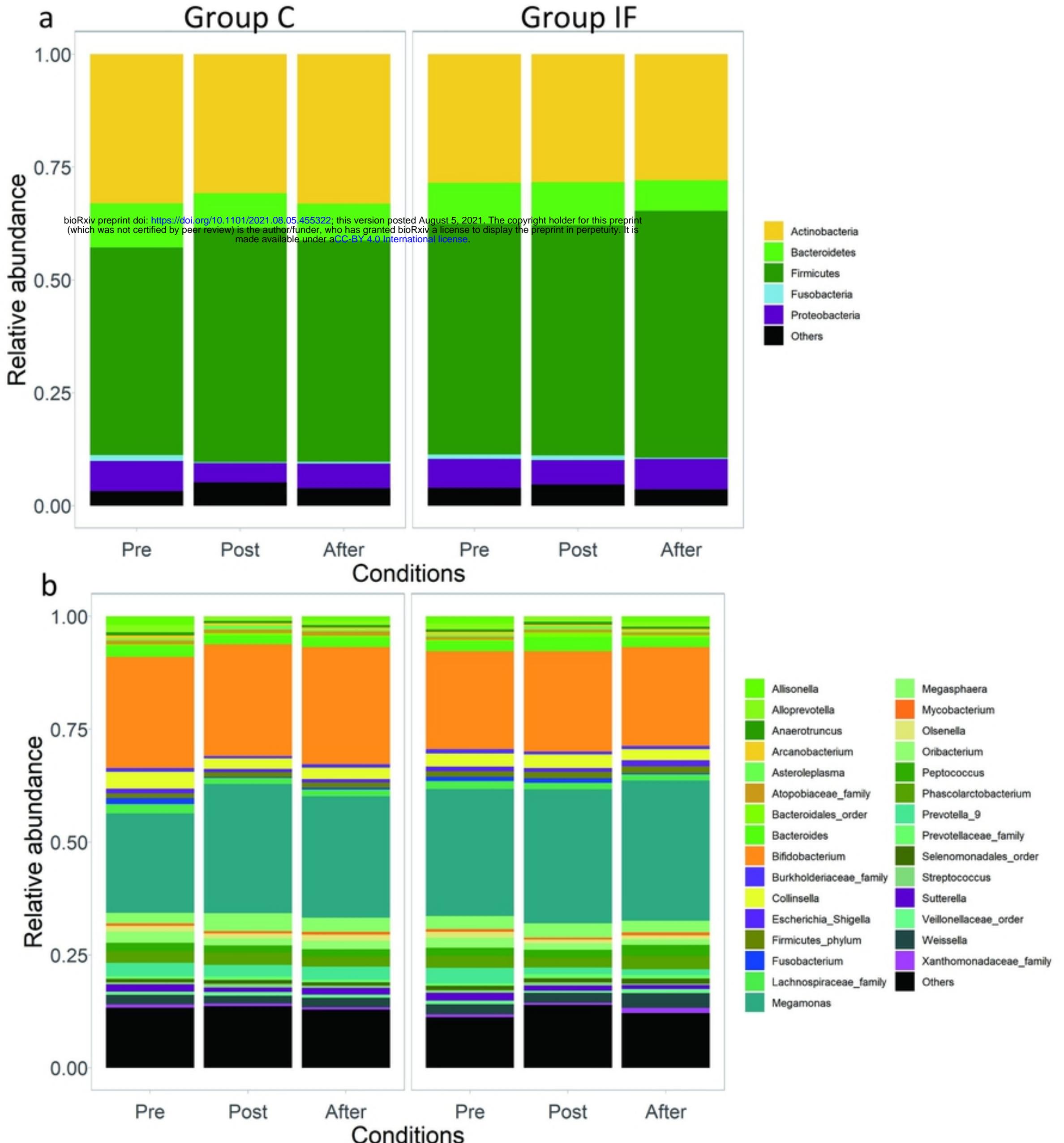


Figure2

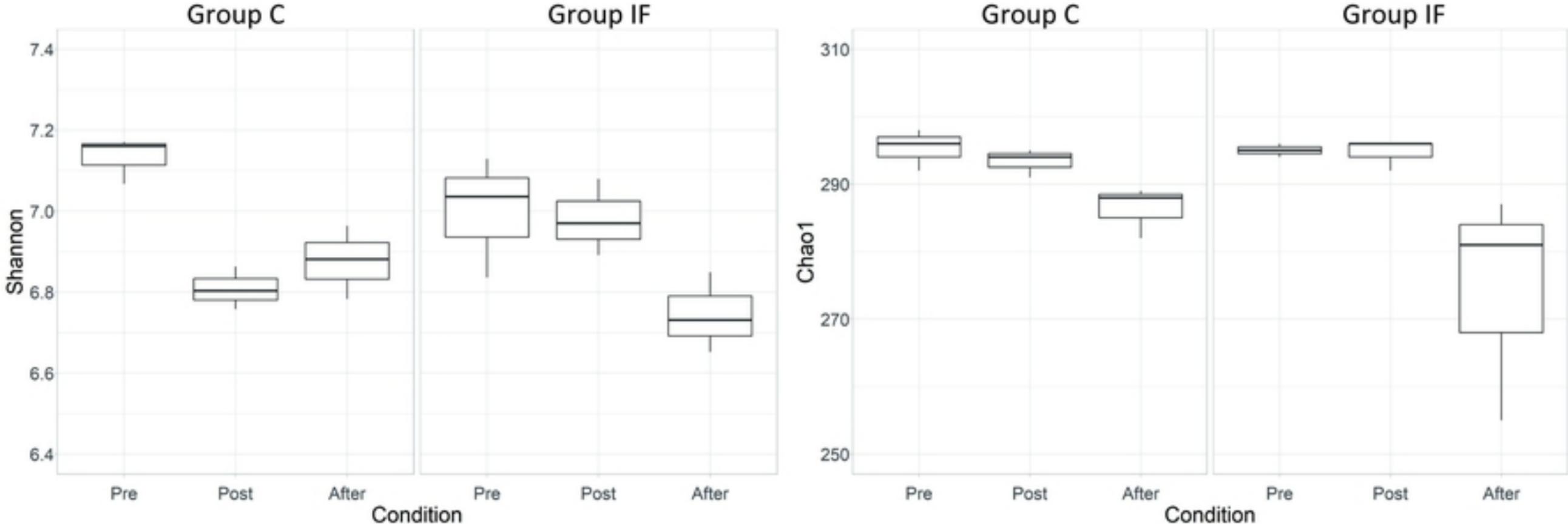
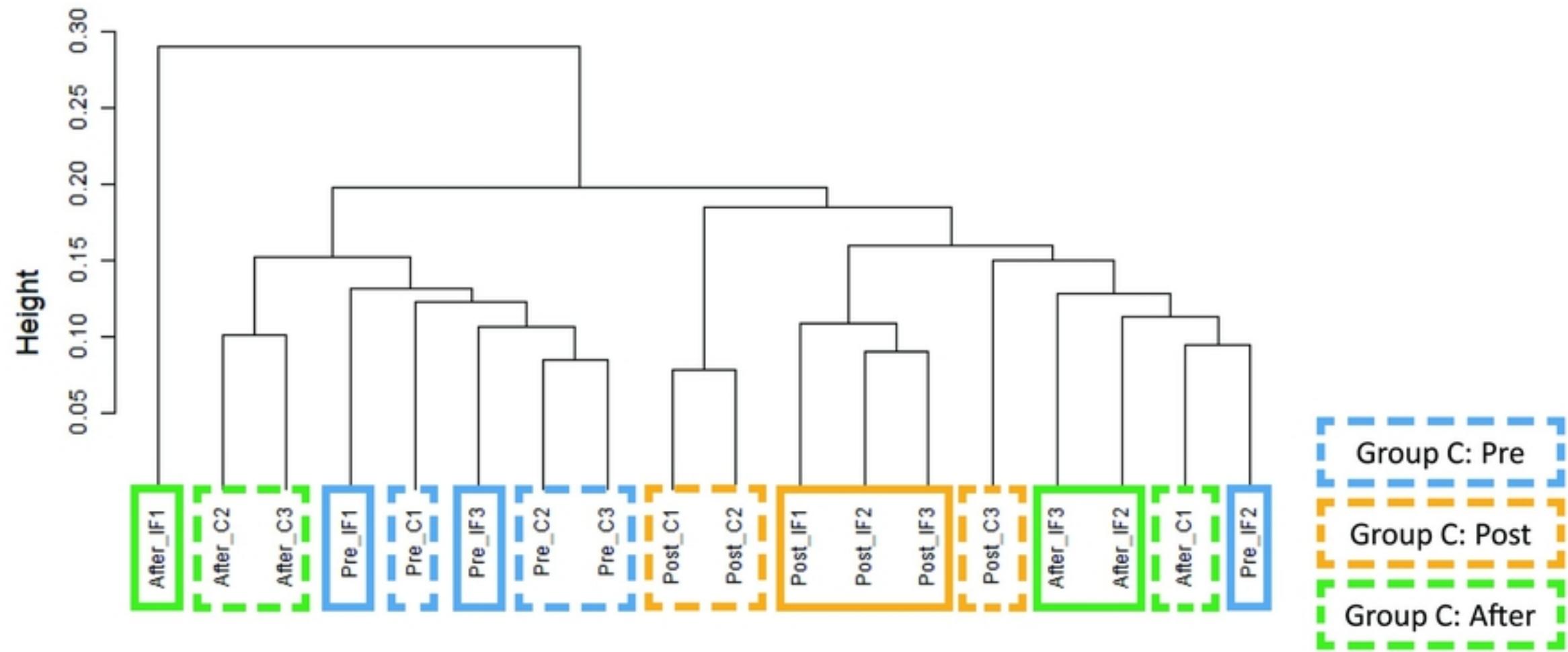


Figure 3

### a. Microbiota



### b. Transcripts

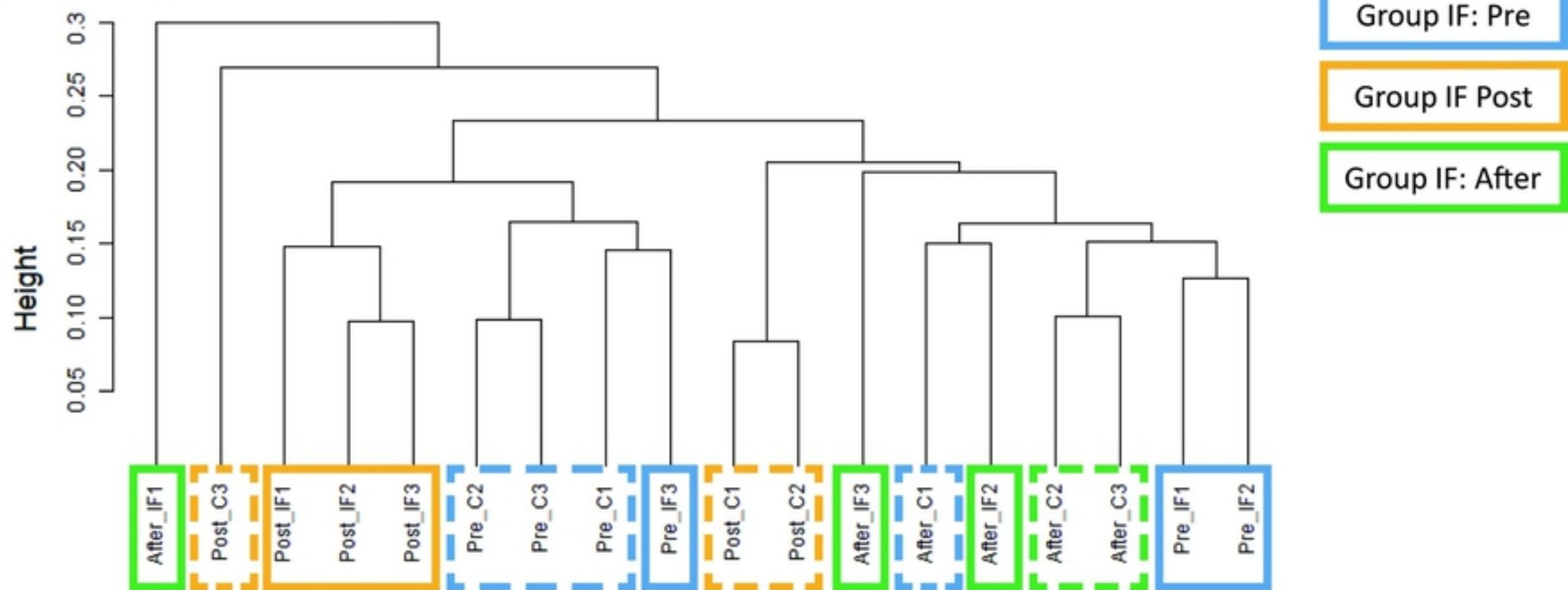
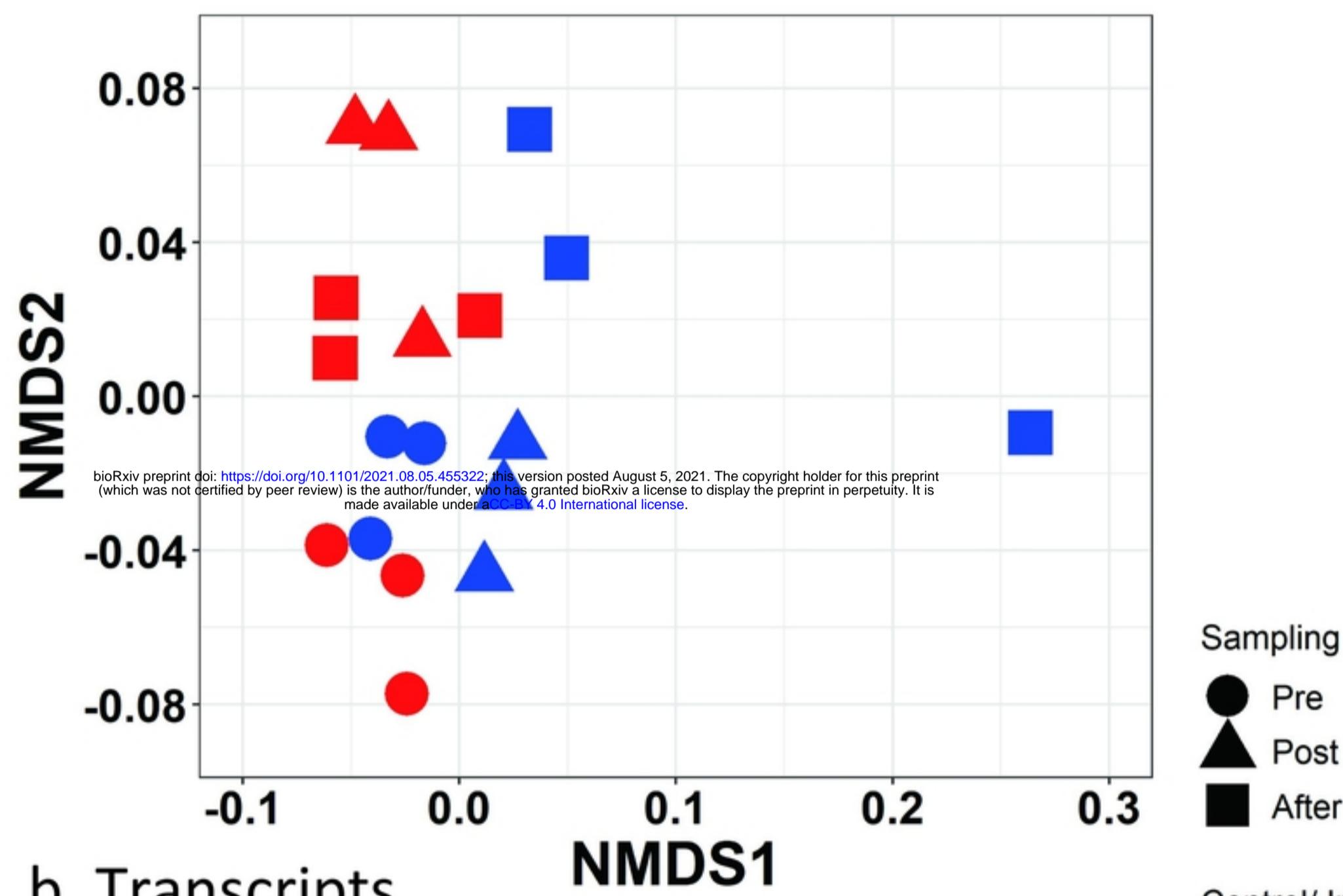


Figure4

### a. Microbiota



### b. Transcripts

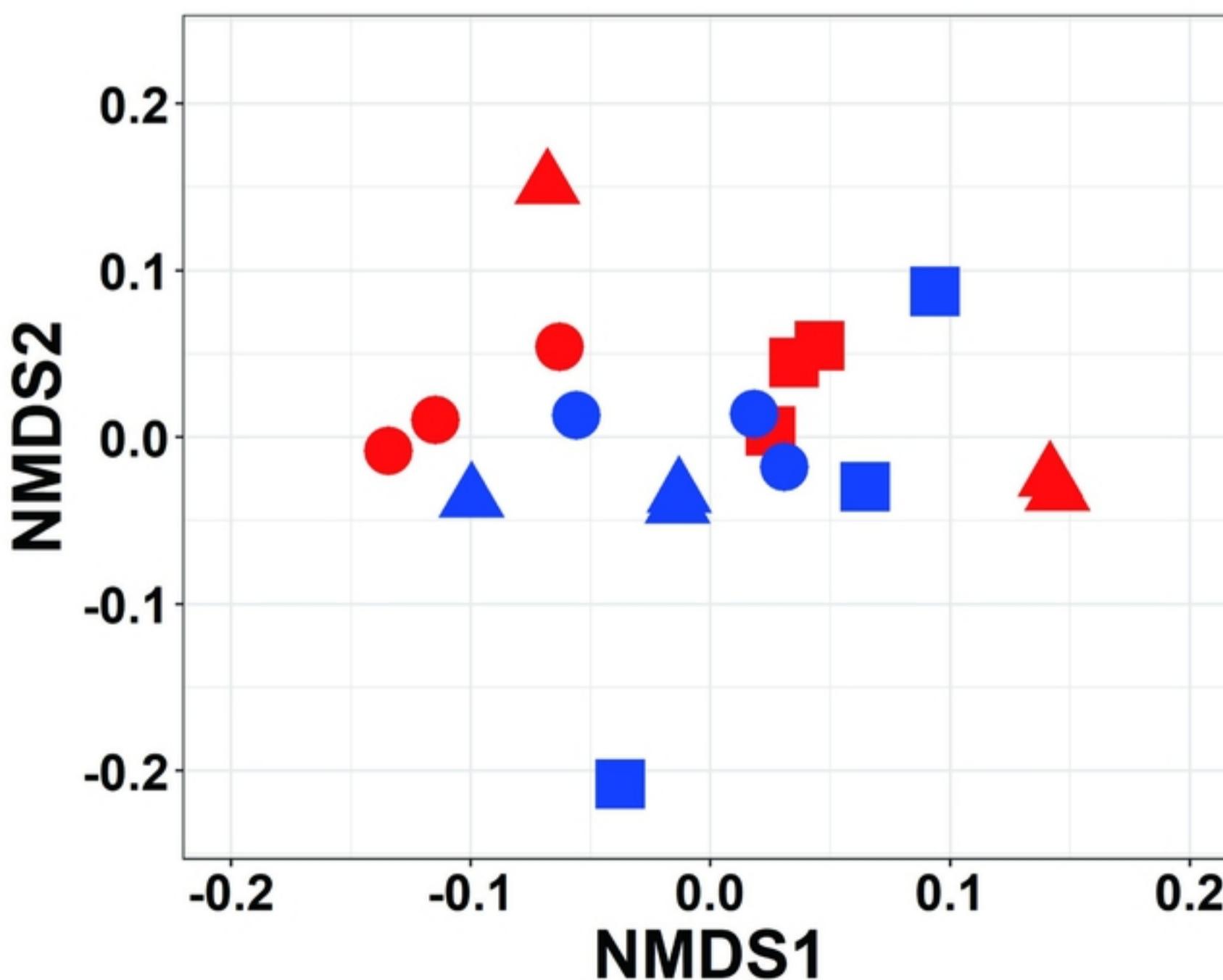
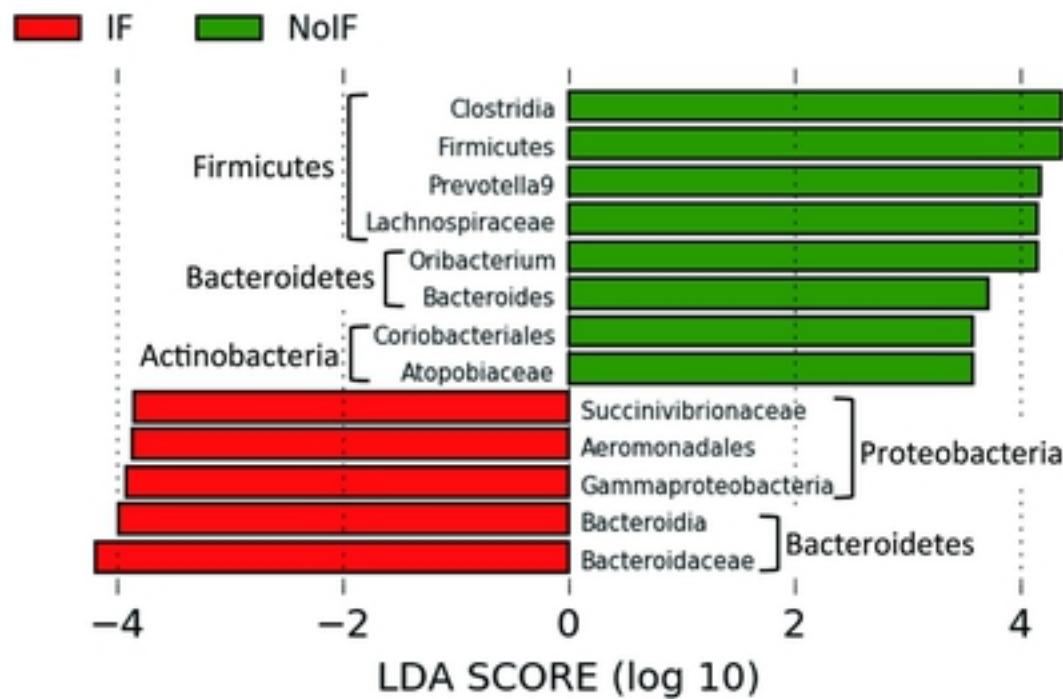


Figure5

a



b

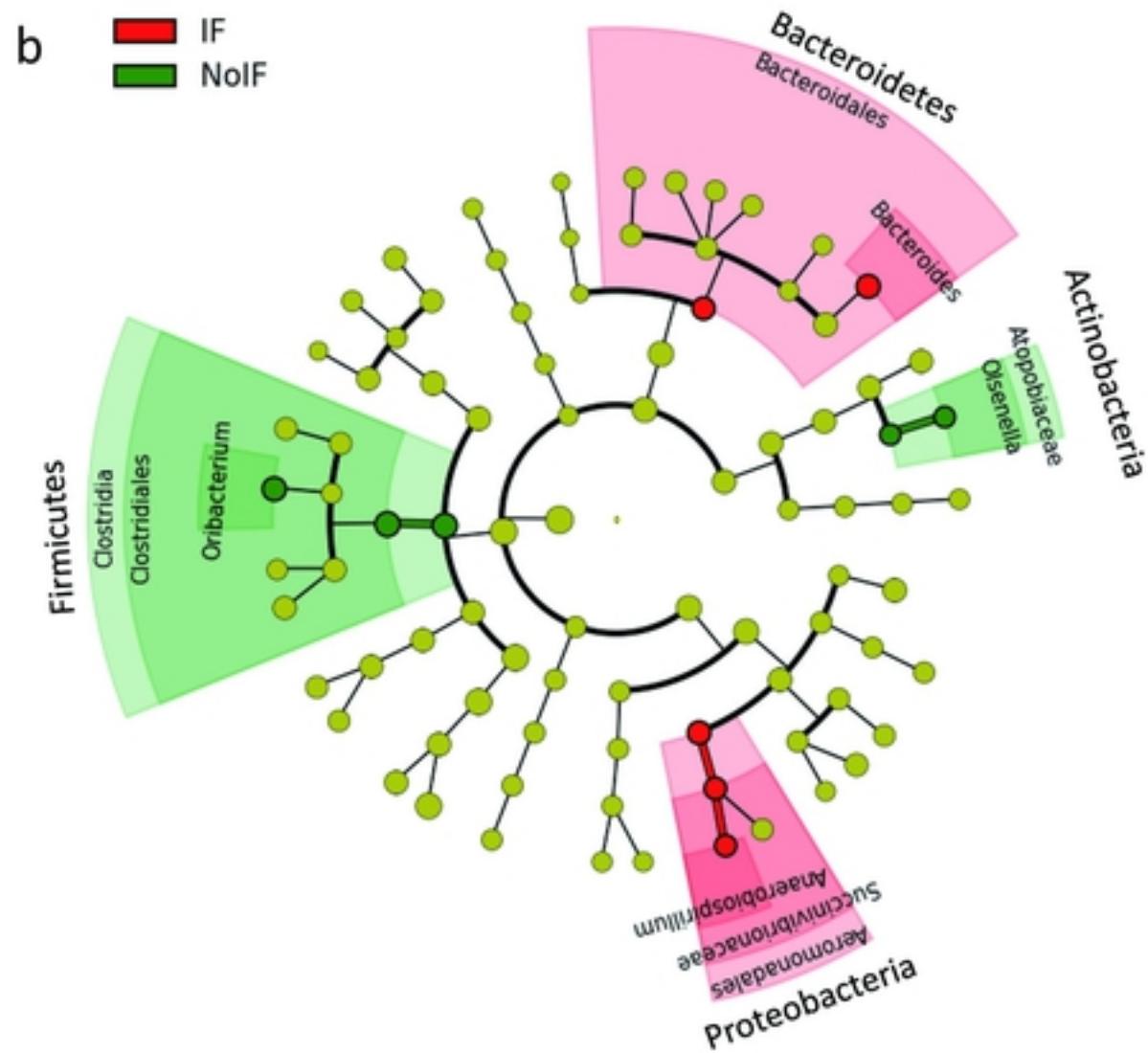
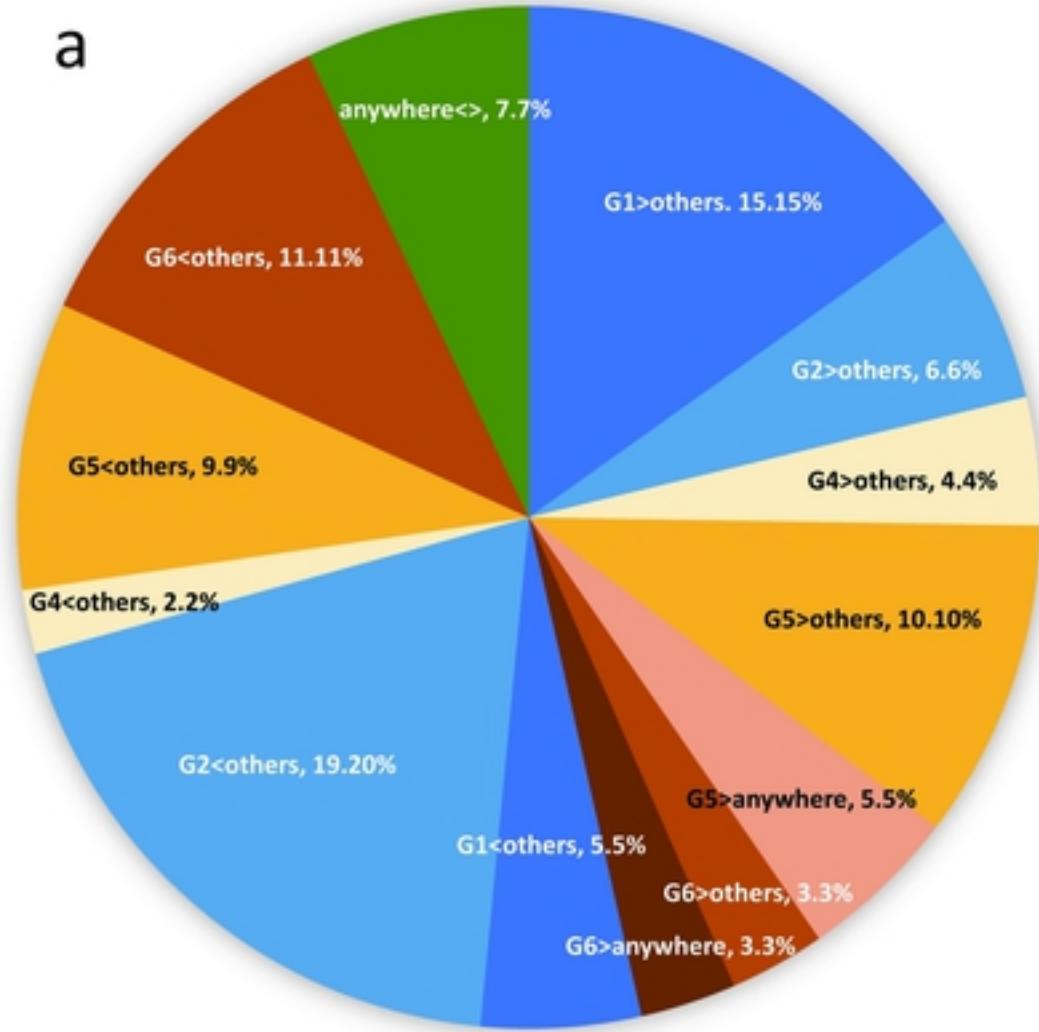
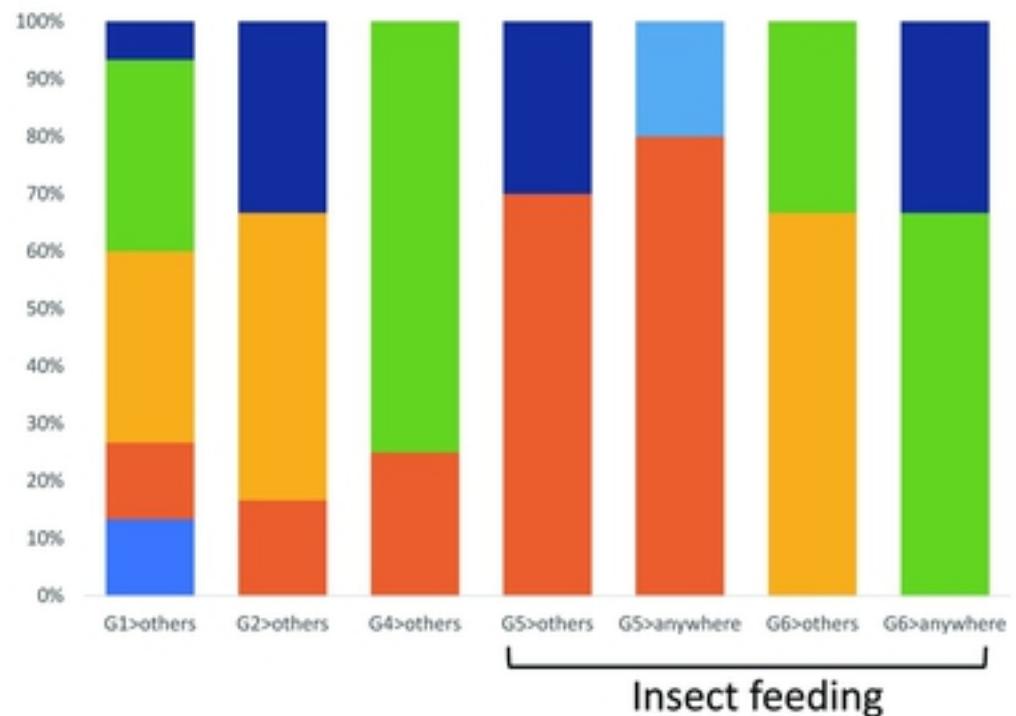
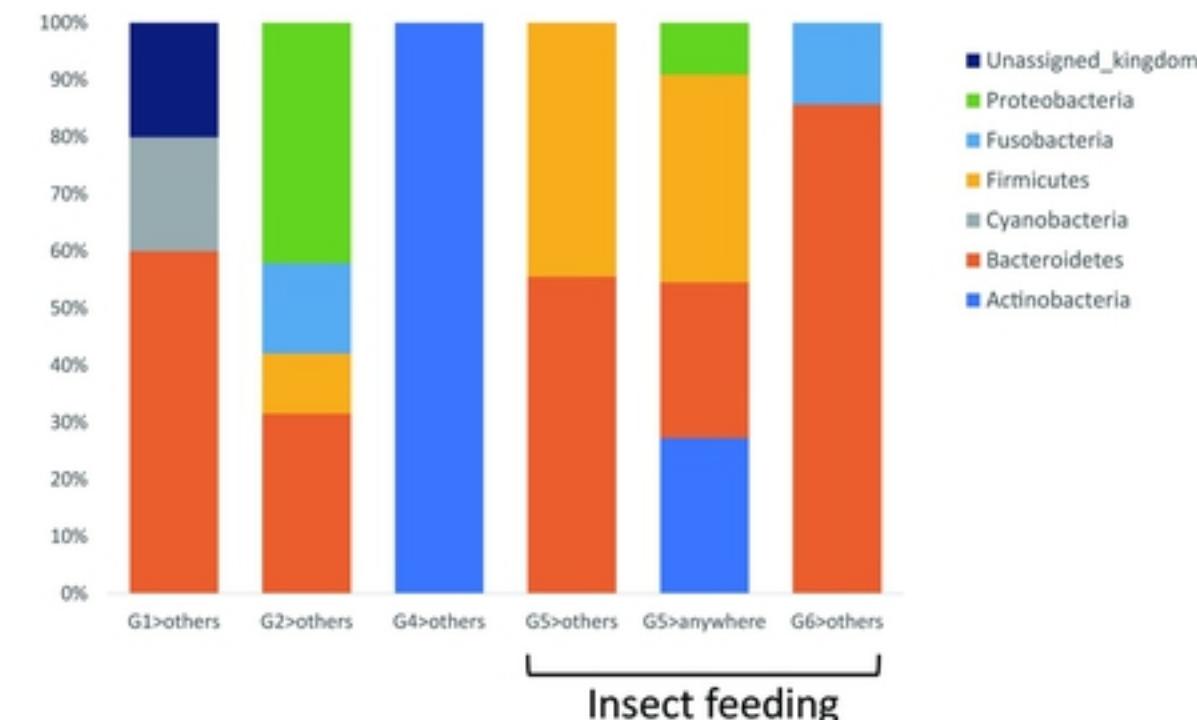
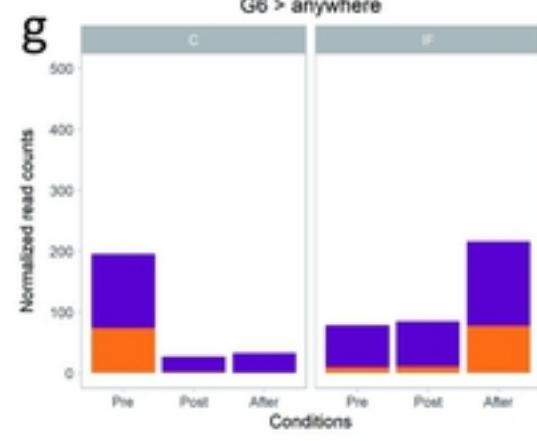
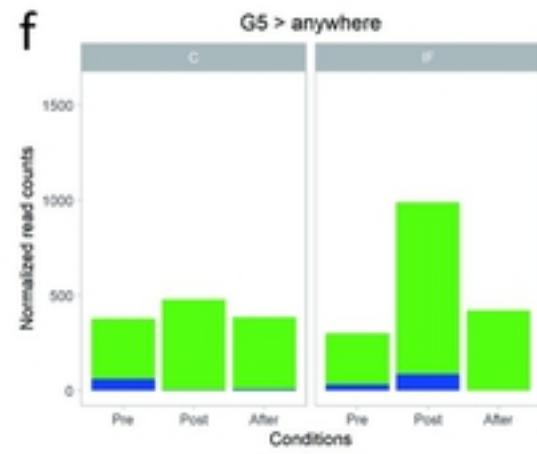
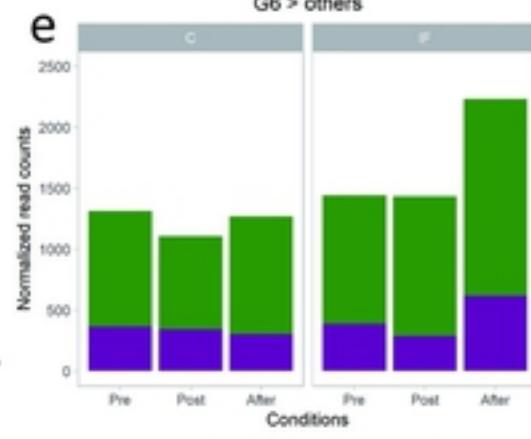
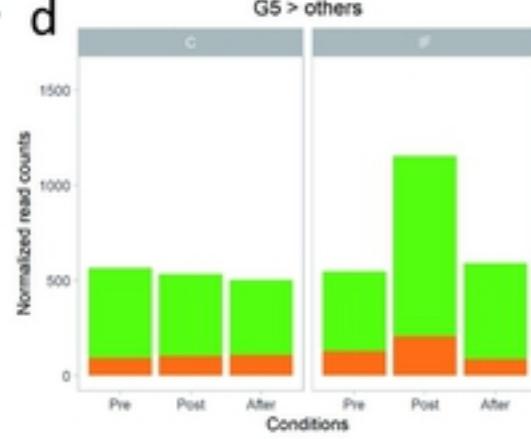
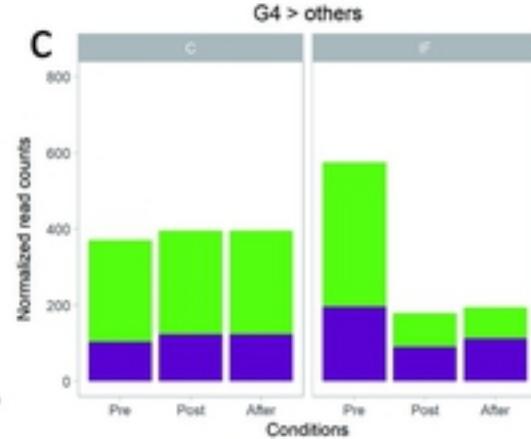
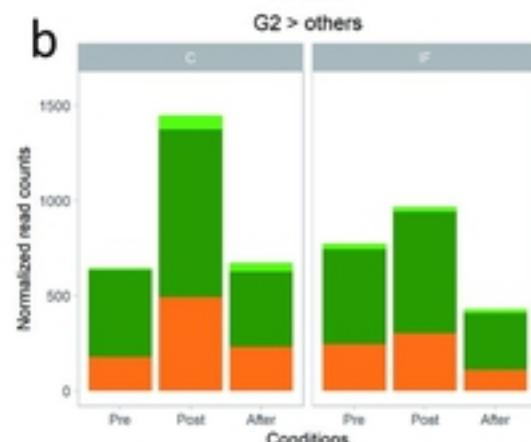
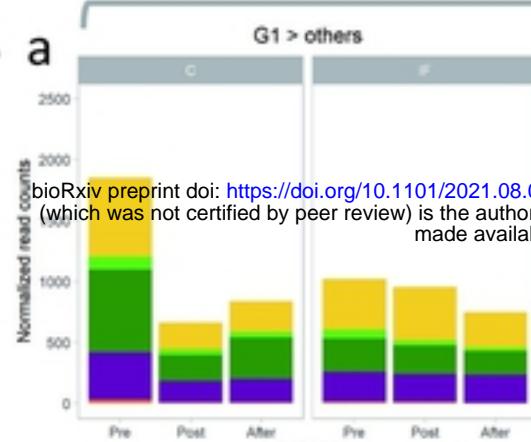


Figure 6

**a****b****c****Figure7**

# Upregulation

## Insect-feeding nonrelevant



# Downregulation

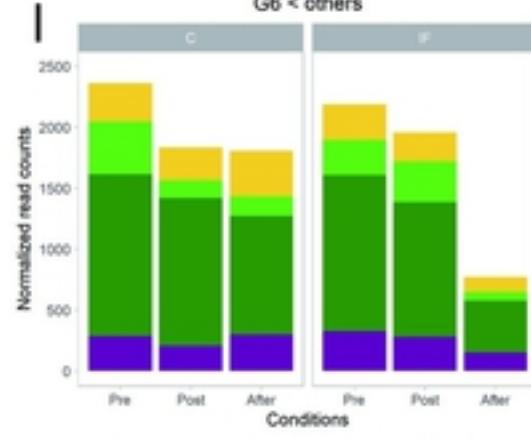
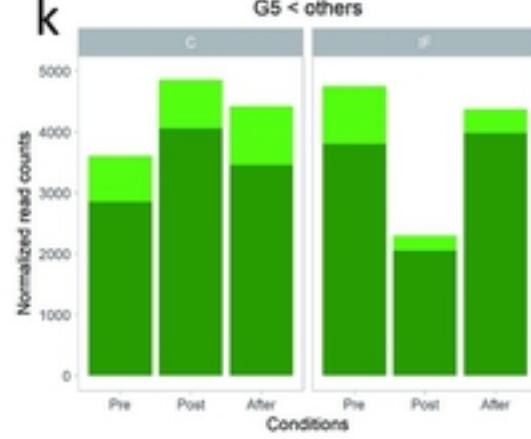
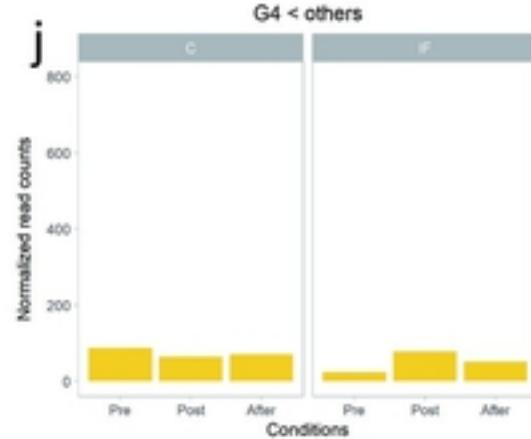
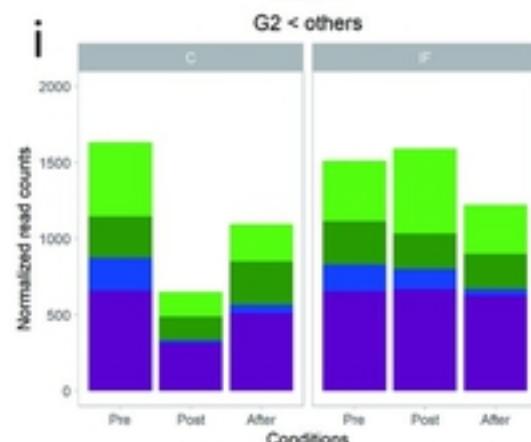
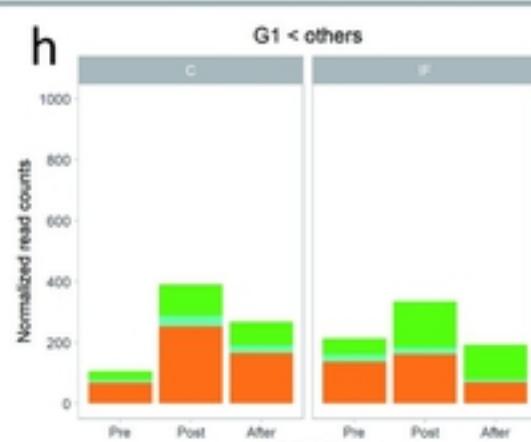


Figure 8

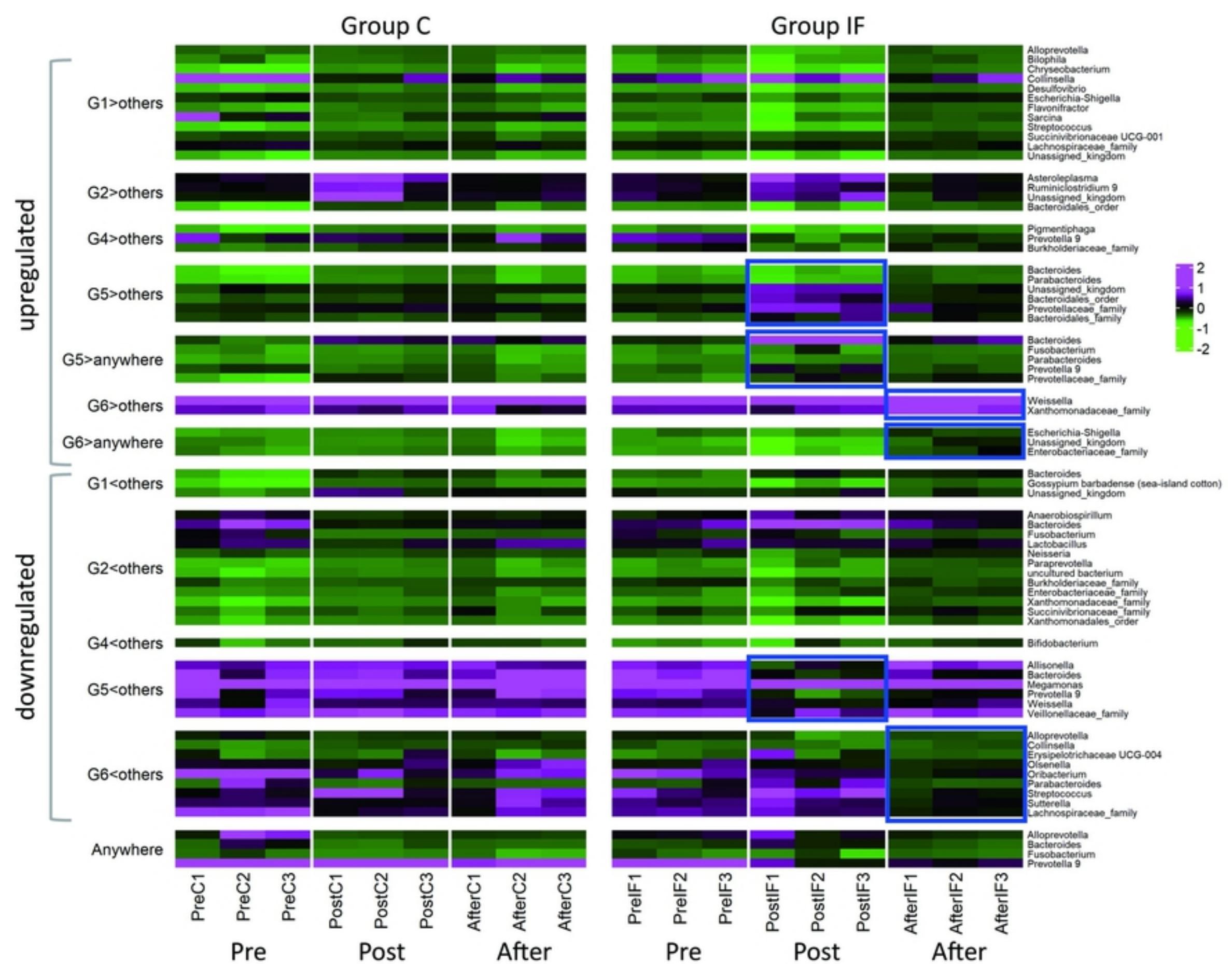


Figure 9

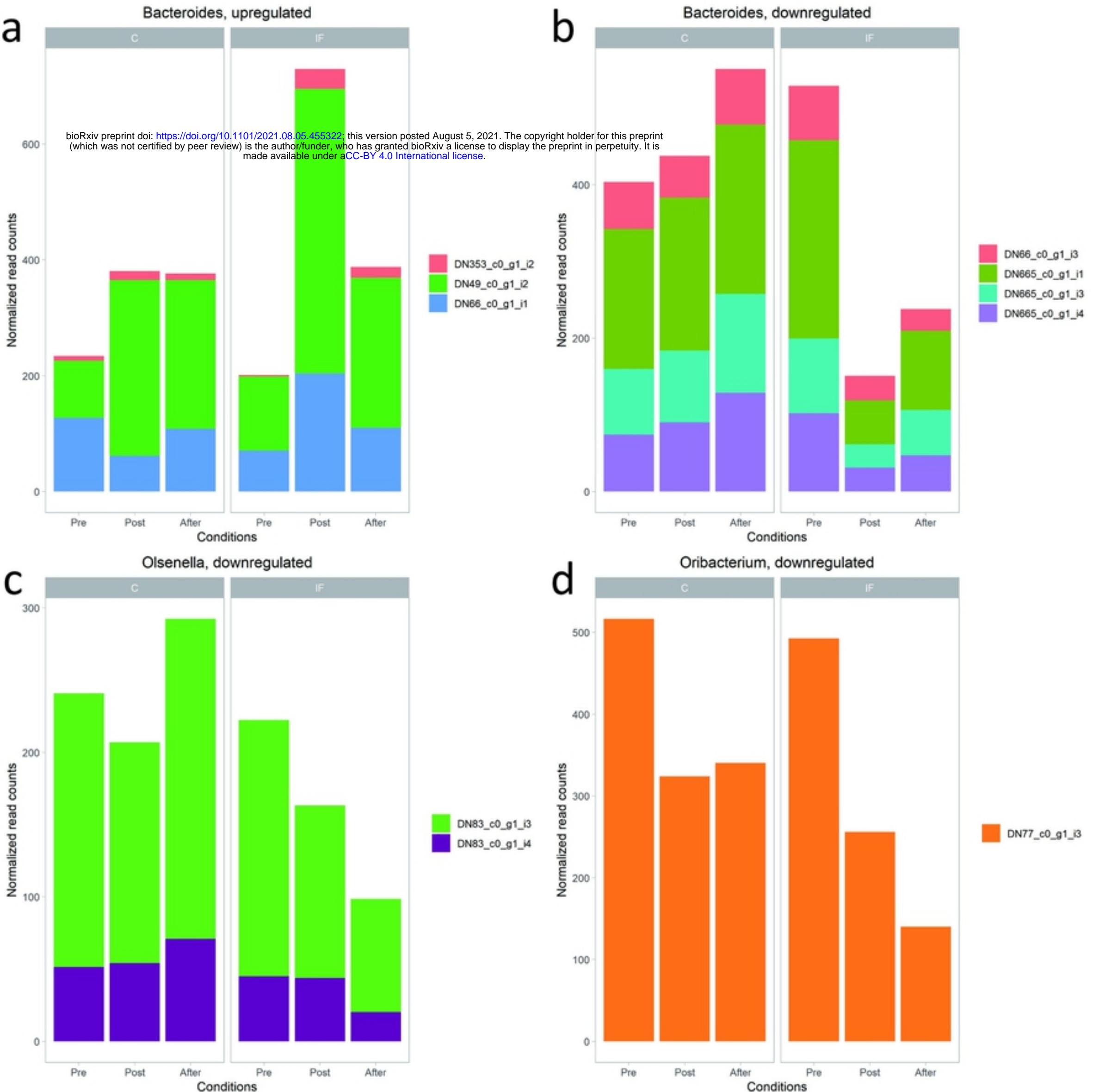


Figure 10

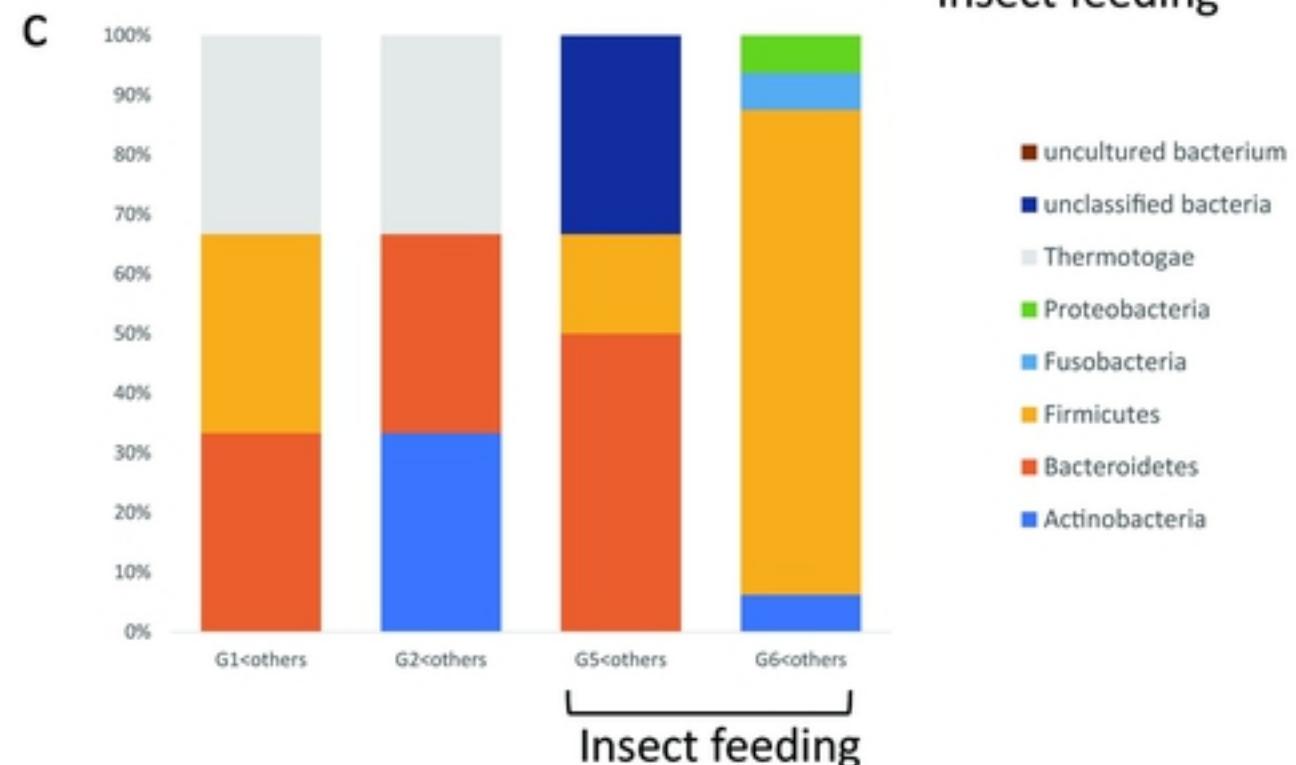
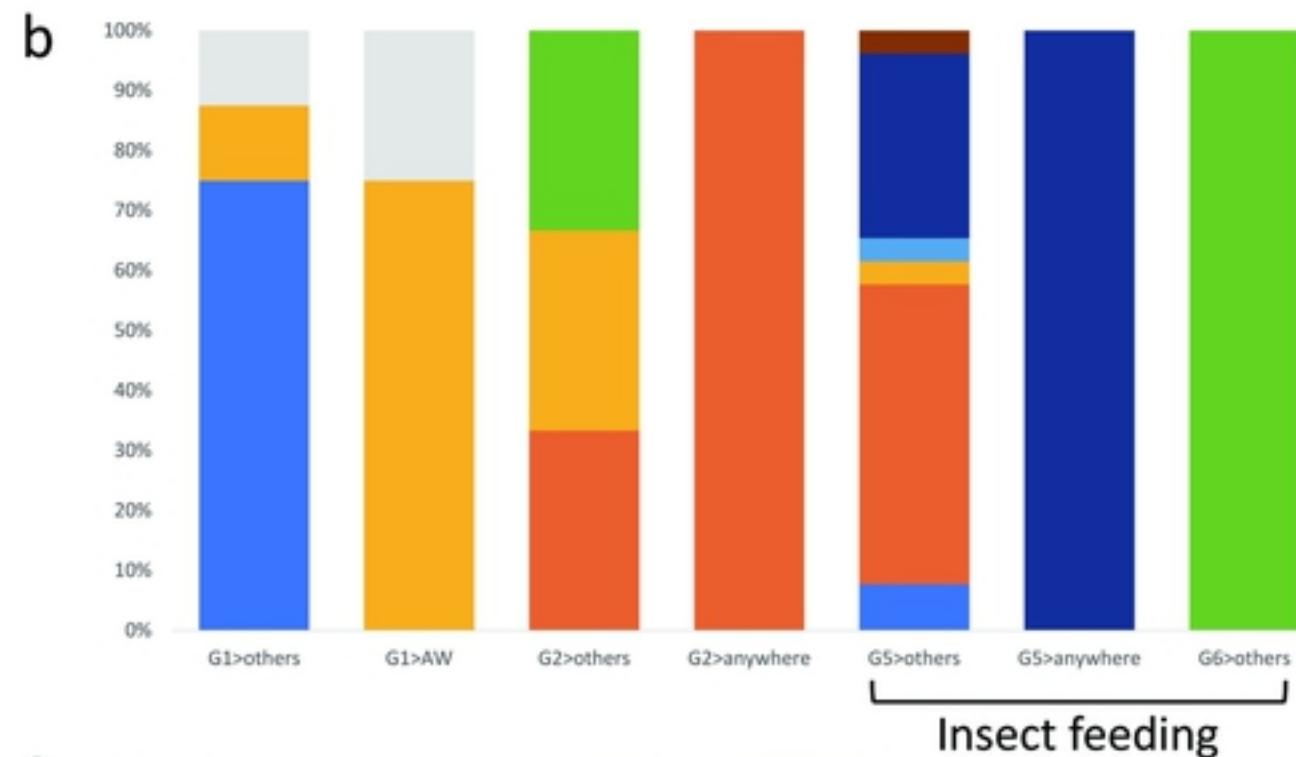
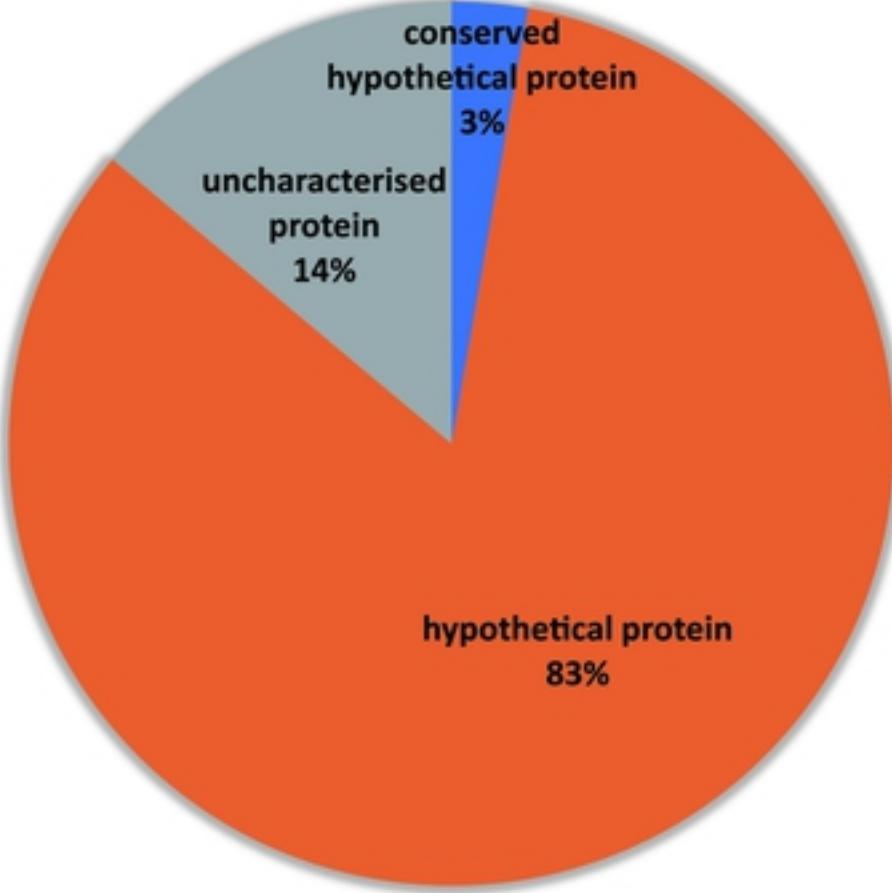


Figure11

upregulated

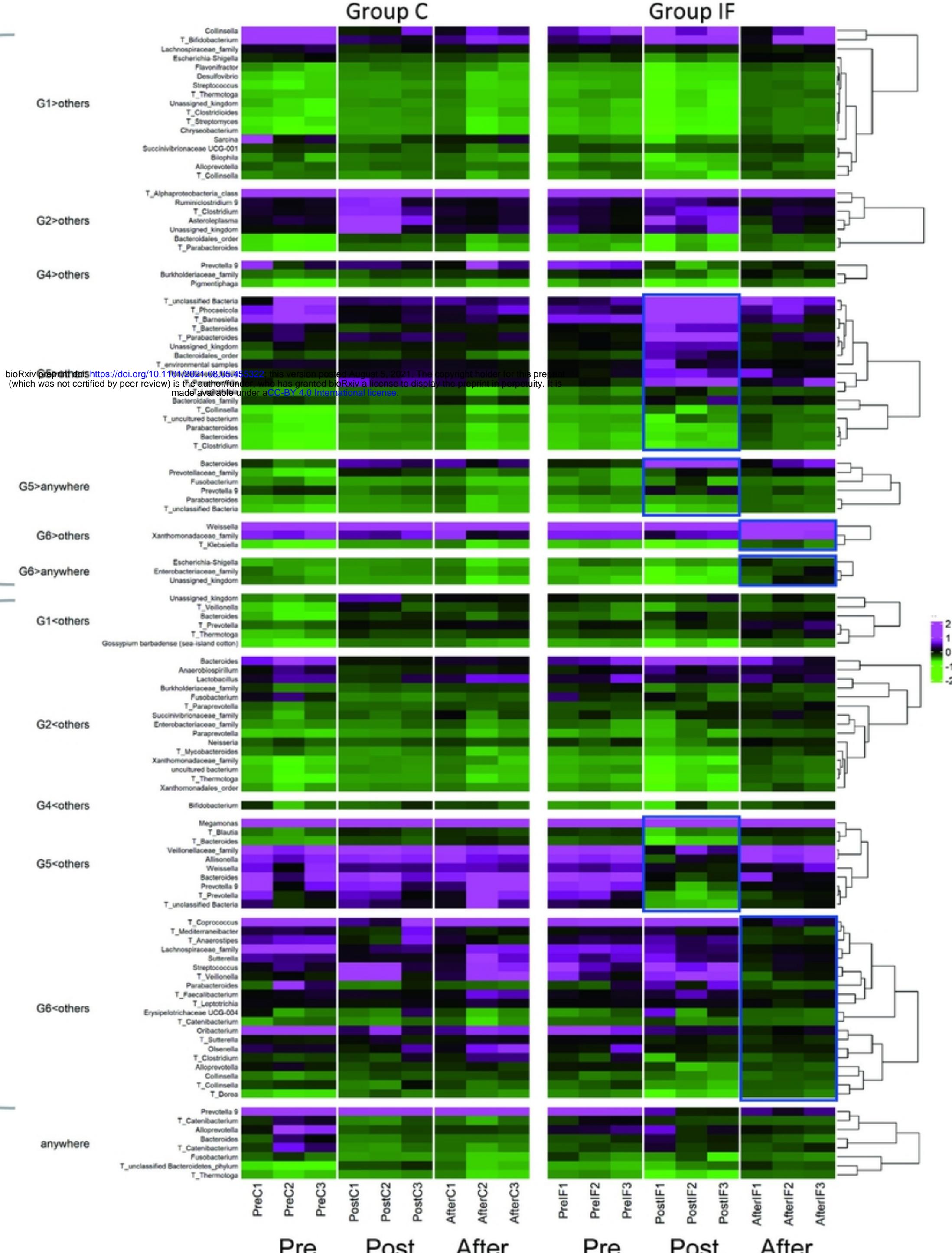
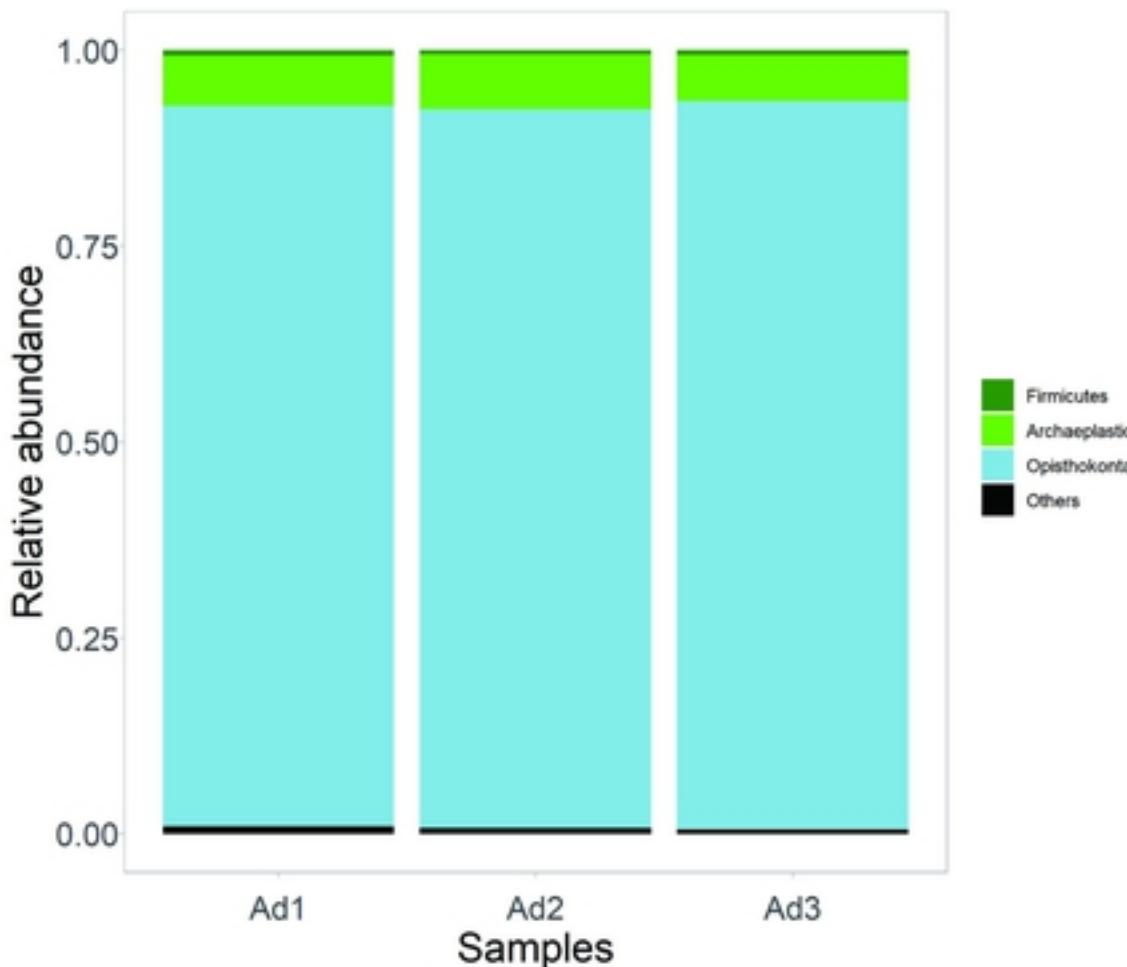


Figure 12

### House cricket



### Giant mealworm

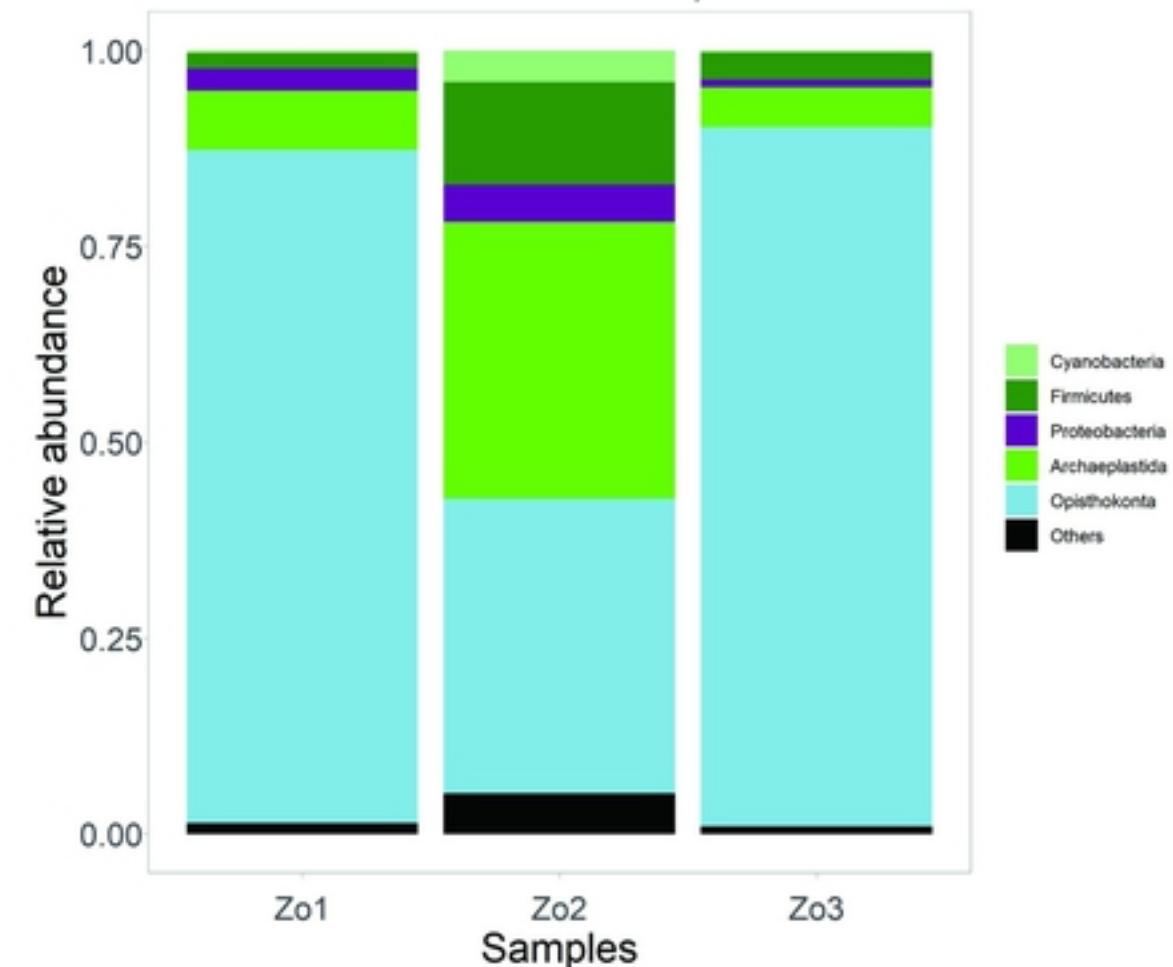


Figure 13