

1 **Title**

2 A mechanosensing mechanism mediated by IRSp53 controls plasma membrane  
3 shape homeostasis at the nanoscale.

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29  
30 **Abstract**

31 As cells migrate and experience forces from their surroundings, they constantly  
32 undergo mechanical deformations which reshape their plasma membrane (PM).  
33 To maintain homeostasis, cells need to detect and restore such changes, not only  
34 in terms of overall PM area and tension as previously described, but also in  
35 terms of local, nano-scale topography. Here we describe a novel phenomenon,  
36 by which cells sense and restore mechanically induced PM nano-scale  
37 deformations. We show that cell stretch and subsequent compression reshape the  
38 PM in a way that generates local membrane evaginations in the 100 nm scale.  
39 These evaginations are recognized by the I-BAR protein IRSp53, which triggers  
40 a burst of actin polymerization mediated by Rac1 and Arp2/3. The actin  
41 polymerization burst subsequently re-flattens the evagination, completing the  
42 mechanochemical feedback loop. Our results demonstrate a new  
43 mechanosensing mechanism for PM shape homeostasis, with potential  
44 applicability in different physiological scenarios.

45 **Teaser**

46 Cell stretch cycles generate PM evaginations of  $\approx$ 100 nm which are sensed by  
47 IRSp53, triggering a local event of actin polymerization that flattens and  
48 recovers PM shape.

49

## 50 Introduction

51 Cells constantly exchange information with their surroundings, and external  
52 inputs are first received by their outermost layer, the plasma membrane (PM).  
53 This interface, far from being an inert wall, integrates and transmits incoming  
54 stimuli, ultimately impacting cell behaviour. In this context, the traditional view  
55 of such stimuli as biochemical messengers has now changed to include the  
56 concept that physical perturbations are also of major importance (1–3). By  
57 sensing and responding to physical and biochemical stimuli, one of the main  
58 functions of the PM is to adapt to the changes in shape that cells experience as  
59 they migrate or are mechanically deformed, in a variety of physiological  
60 conditions (4–9). To date, research in this area has largely focused on the  
61 regulation of PM area and tension, at the level of the whole cell (10–12). For  
62 instance, cell stretch or decrease in medium osmolarity have been commonly  
63 used to raise PM tension, unfolding membrane reserves (ruffles, caveolae),  
64 inhibiting endocytosis and promoting exocytosis (13–17). Conversely, cell  
65 exposure to a hypertonic solution or cell compression have been employed to  
66 decrease PM tension, leading to an increase on the activity of different endocytic  
67 pathways (18–21). These studies have shown that PM tension homeostasis is  
68 maintained by regulating PM area through mechanisms like endocytosis,  
69 exocytosis, or the assembly and disassembly of PM structures like ruffles and  
70 caveolae.

71 However, changes in cell PM area upon mechanical perturbations are  
72 necessarily accompanied by changes in topography at the local scale. This is  
73 clearly exemplified by caveolae flattening upon cell stretch (22) or creation of  
74 PM folds at the sub- $\mu\text{m}$  scale upon cell compression (20). Curvature also arise  
75 when membranes are exposed to either external topographical cues (23, 24) or  
76 internal pulling by actin filaments (25–27). To maintain PM homeostasis, cells  
77 should thus be able to not only respond to overall changes in PM tension or area,  
78 but also to local changes in PM topography. This requirement is even clearer if  
79 one considers recent findings showing that tension does not propagate  
80 extensively throughout the whole ensemble of the PM, but dissipates in small  
81 areas of less than 5  $\mu\text{m}$  (28). However, if such local PM shape homeostasis  
82 mechanisms exist, and how they operate, is still unknown.

83 Here, we studied this problem by using as a model the controlled compression of  
84 fibroblasts through the application and release of stretch. We show that upon cell  
85 compression, bud-shaped PM deformations of negative curvature (evaginations)  
86 on the 100 nm scale are formed and enriched by IRSp53, a negative curvature-  
87 sensing protein. This creates a local node where specific PM topography is  
88 selectively coupled through IRSp53 to activate actin polymerization mediated by  
89 Rac1 and Arp2/3. The activation of this cascade flattens the structure, recovering  
90 the PM shape to its initial state. Our findings demonstrate a local  
91 mechanosensing mechanism that controls PM homeostasis when perturbed  
92 through compression.

93

## 94 Results

### 95 **Compression generates dynamic PM evaginations of 100 nm in width.**

96 To study how PM topography is regulated, we submitted normal human dermal  
97 fibroblasts (NHDF) transfected with an EGFP-membrane marker to a  
98 physiologically relevant 5% equibiaxial stretch by using a custom-made stretch  
99 system composed by a PDMS stretchable membrane clamped between two  
100 metal rings, as previously described in (29) (see methods). Cell response during  
101 and after stretch was monitored by live fluorescence imaging. As previously  
102 described, when tensile stress was applied cells increased their area by depleting  
103 PM reservoirs, such as ruffles (10, 20). After 3 minutes, stretch was released,  
104 resulting in a compression stimulus. At this point, excess membrane was stored  
105 again in folds, visualized as bright fluorescent spots of  $\approx$  500 nm (Fig. 1A and  
106 Supp. Video SV01). These spots incorporate approximately 1.5% of PM area  
107 (Supp. Fig. 1A), and thus store an important fraction of the area modified by cell  
108 stretch. As we have previously published (20), these spots are formed passively  
109 by the PM to accommodate compression, analogously to what occurs when  
110 compressing synthetic lipid bilayers (30). In cells however, passive fold  
111 formation is followed by active resorption involving actin cytoskeleton  
112 rearrangements, allowing for topography equilibration within 2 minutes (Fig.  
113 1B). As the diffraction limit of a standard fluorescence microscope lays in the  
114 range of 500 nm, we characterized the structure of the compression-generated  
115 folds in more detail using electron microscopy. Cells transfected with a PM  
116 marker were seeded in a 3D patterned PDMS membrane, stretched and  
117 immediately fixed after the release of the stimulus. Next, brightfield and  
118 fluorescent images of the 3D pattern and the cells on it were acquired and  
119 samples were further processed for SEM imaging. Computational alignment  
120 tools allowed for correlation between brightfield, fluorescence and SEM images.  
121 De-stretched cells displayed numerous bud-shaped evaginations at their apical  
122 PM side that correlated with the bright spots seen by fluorescence (Figs. 1C and  
123 D), showing that the PM bends outwards (thereby minimizing friction with the  
124 underlying cortex). To accurately measure the size of these evaginations we  
125 moved into transmission electron microscopy (TEM). By comparing non  
126 stretched to stretched-released cells, we observed that the first displayed a  
127 homogeneously flat PM, while the second group displayed bud-shaped  
128 evaginations on the apical side (Fig. 1E). Analysis of the shape profile of  
129 compression-induced evaginations yielded an average diameter in the neck  
130 (cylindrical shape) of 83 nm and of 115 nm in the head (spherical shape), and  
131 average curvatures of 0.03 and  $0.02 \text{ nm}^{-1}$  respectively (Figs. 1F, G and H).  
132 These data indicate that PM compression led primarily to the formation of  
133 evaginations of regular size and shape at the apical side, which are immediately  
134 resorbed by the cell in an active process to re-equilibrate PM topography and  
135 tension.

136 **Actin is recruited to evaginations through the curvature-sensing protein**  
137 **IRSp53.**

138 In light of these results, we wondered if the PM evaginations formed upon  
139 compression could be detected by the cell, triggering a mechanism to recover  
140 PM shape. Based on previous results showing that actin depolymerization by  
141 either Latrunculin A or Cytochalasin D blocked PM remodeling after stretch  
142 (20), we hypothesized that the first step for recovery likely involved  
143 reattachment of the evaginated PM to the actin cortex. To explore this idea, we

144 submitted NHDFs to a cycle of stretch and we imaged their response after  
145 stretch release. To visualize actin dynamics, cells were co-transfected with a PM  
146 marker together with a plasmid expressing an actin nanobody bound to a GFP  
147 fluorophore (ACG). As evaginations were being resorbed, actin was recruited to  
148 the same spot (Fig. 2A and Supp. Video SV02). Quantification of fluorescence  
149 intensity of PM and ACG markers showed a recruitment of actin which was  
150 delayed with respect to the PM marker (Figs. 2B and C), reaching a maximum at  
151 15 s. This was followed by a decrease in the intensity of both markers that  
152 concluded when evaginations were resorbed (Fig. 2B). This suggests that the  
153 PM quickly reattaches to the underlying cortex, which then mediates remodeling  
154 of the structure. To further confirm the hypothesis and to prevent any  
155 mechanical interference caused by actin manipulation (31), we repeated the  
156 same experiment over-expressing the PM-cortex linker ezrin (32, 33).  
157 mEmerald-Ezrin also co-localized with evaginations during their resorption (Fig.  
158 2D and Supp. Video SV03) and fluorescence analysis of PM and ezrin markers  
159 revealed a recruitment of the protein that mimicked, with a delay of 10 s, the one  
160 seen with actin (Figs. 2E and F).

161 The burst in actin polymerization at the evaginated PM and the simultaneous  
162 reattachment to the cortex suggest that the local topography generated by  
163 compression may act as the mechanical input triggering the subsequent  
164 polymerization event. Indeed, membrane curvature can recruit different  
165 signaling molecules (19, 34–37), chief among them curvature-sensing BAR  
166 proteins (38–41). The superfamily of BAR proteins includes molecules  
167 containing different curvature sensing and generating BAR domains: The N-  
168 BAR and F-BAR domains, which interact with positively curved membranes  
169 (invaginations), and the I-BAR domain for the opposite type of curvature  
170 (negatively curved membranes or evaginations). In addition, these proteins also  
171 contain other domains, many of them reported to recruit actin nucleation  
172 promoting factors (NPFs) or even directly binding actin monomers (42).  
173 Interestingly, a recent work described how ezrin needs to act in partnership with  
174 the I-BAR protein IRSp53 to enrich in negatively curved membranes (43).  
175 Previous work done on IRSp53 has related this protein to PM ruffling (44, 45),  
176 filopodia formation (46–49) and endocytosis (50), but, so far, no  
177 mechanosensing mechanism relying on its capacity to bind negatively-curved  
178 membranes has been described. Moreover, recent studies in vitro and in vivo  
179 have pointed out that the I-BAR domain of IRSp53 displays a peak of sorting at  
180 evaginations with curvatures of  $0.05 \text{ nm}^{-1}$ , and that lower curvature values  
181 comparable to the ones obtained by TEM imaging of our evaginations also led  
182 to a two-fold enrichment of this domain with respect to a control membrane  
183 marker (47, 51).

184 Prompted by this idea, we tested if IRSp53 could be the molecular linker  
185 between PM shape and actin dynamics in our system. To do so, we created  
186 stable cell lines expressing IRSp53 shRNA and control Non-Targeting shRNA  
187 (NT-shRNA). By plotting the decrease in PM fluorescence at the location of the  
188 evagination as a function of time for both control and IRSp53 silencing, we  
189 compared how lack of this protein affected the resorption process of PM  
190 evaginations (Supp. Figs. 1B and C and Supp. Video SV04). To assess the  
191 effectiveness of resorption (and since not all curves in all conditions could be

192 fitted to an exponential equation with a characteristic time scale), we compared  
193 residual PM fluorescence at the end of experiments, 180 s. Full reabsorption of  
194 evaginations leads to a complete return to fluorescent baseline, while presence  
195 of a residual fluorescence indicates non-reabsorbed evaginations. Concordant  
196 with our hypothesis, IRS $p53$ -depleted NHDFs did not complete evaginations  
197 resorption after 180 s (Supp. Figs. 1C, D and Suppl. Video SV04), even though  
198 they stretched by the same amount as non-depleted cells (Supp. Fig. 1E and  
199 Supp. Video SV05). To corroborate this result, we used isogenic mouse  
200 embryonic fibroblasts (MEFs) derived from IRS $p53$  null mice, that were stably  
201 infected either with a control (IRS $p53^{-/-}$ ) or an IRS $p53$ -retroviral vector (IRS $p53^{-/-R}$ )  
202 to restore expression levels of IRS $p53$  similar to wild type fibroblasts, as  
203 previously described (52–54). IRS $p53^{-/-}$  cells also stretched by the same amount  
204 as IRS $p53^{-/-R}$  cells (Supp. Fig. 1F) and did not display significant changes in the  
205 number of evaginations generated after compression (Supp. Fig. 1G) or in the  
206 area stored by those (Supp. Fig 1H). However, and reinforcing the previous  
207 result, they showed a severe impairment in the resorption of the evaginations  
208 even 180 s after stretch release. We further re-introduced EGFP-tagged full-  
209 length (FL) wild type IRS $p53$  into IRS $p53^{-/-}$  by transient transfection. The  
210 reintroduction of IRS $p53$ -FL rescued the phenotype, leading to a full recovery of  
211 PM topography by resorbing the compression-generated evaginations in a lapse  
212 of 90 s (Figs. 2G-I and Supp. Videos SV06, SV07, SV08). Further, IRS $p53^{-/-}$   
213 cells exhibited a recruitment of actin to PM evaginations that was weakened  
214 with respect to IRS $p53^{-/-R}$  cells (Fig. 2J-M and Supp. Videos SV09 and SV10),  
215 illustrating that actin assembly at the PM evaginations is dependent on the  
216 presence of the I-BAR protein.

217 Next, we tested whether the effect of IRS $p53$  in PM reshaping was local at  
218 evaginations, or a general non-specific cell-level effect due to the ability of  
219 IRS $p53$  to organize different NPFs (55, 56). To this end, we generated PM folds  
220 of very different nature and curvature. We transiently exposed cells to hypo-  
221 osmotic medium, leading to cell swelling. As previously described, re-exposure  
222 to iso-osmotic medium generates a water outflow from cells. For cells seeded on  
223 non-porous substrate such as PDMS, expelled water becomes trapped between  
224 the cell and the substrate, forming the dome-shaped invaginations known as  
225 vacuole-like dilations (VLDs). VLDs are much larger than compression-  
226 generated bud-shaped evaginations (several  $\mu$ m in size), with much lower  
227 curvature, and resorb in the order of minutes (20). Confirming the local,  
228 evagination-specific effect of IRS $p53$ , VLD resorption was equivalent in  
229 IRS $p53^{-/-R}$  and IRS $p53^{-/-}$  cells (Supp. Fig. 2A, B, C and Supp. Videos SV11 and  
230 SV12). IRS $p53$  has also been related to actin polymerization in lamellipodia (44,  
231 57). To discard that flattening of the evaginations was due to potential  
232 lamellipodial extension (cell spreading) after compression, we analyzed cell  
233 spreading dynamics. After a stretch-release cycle, cells did extend lamellipodia  
234 and spread during approximately 1 minute (Suppl. Fig. 2D). However, the time  
235 constant of spreading (obtained by fitting an exponential curve to the  
236 experimental curve) and the amount of area recovered were not altered by the  
237 loss of IRS $p53$  (Supp. Fig. 2E-G), discarding a role of this process in the  
238 resorption of evaginations.

239 **Homeostasis recovery after stretch requires integrity of SH3 and IBAR**  
240 **IRSp53 domains**

241 So far, we have shown that PM remodeling of compression-generated  
242 evaginations is a local event, which depends on IRSp53 to organize a burst of  
243 actin polymerization that flattens the PM. Next, we investigated if this could be  
244 part of a mechanosensing mechanism. Indeed, the I-BAR domain of IRSp53  
245 may recognize the curvature generated at the evaginations and further recruit  
246 NPFs to coordinate the polymerization event. However, IRSp53 possesses  
247 multiple domains with multiple interactors, as illustrated in Fig. 3A. First, the I-  
248 BAR domain of IRSp53 can not only interact with charged curved membranes,  
249 but also possesses a Rac Binding domain (RCB) which enables binding to  
250 activated Rac. Additionally, it has been described to bundle actin (58). IRSp53  
251 also contains an atypical CRIB domain that binds to activated Cdc42, but not  
252 Rac1 (59) and, further, an SH3 domain that recruits different NPFs, such as  
253 WAVE2, Eps8 or N-WASP (55). To test the role of these different domains, we  
254 used a cohort of IRSp53 mutants each affecting a specific domain and impeding  
255 a specific interaction, as described in Fig. 3B. EGFP-labelled mutants disrupting  
256 the function of IBAR, CRIB and SH3 domains were expressed in the  
257 background of IRSp53<sup>-/-</sup> cells, and PM remodeling after stretch was analyzed.  
258 Whereas a set of mutants was able to rescue the wild type phenotype (Figs. 3C,  
259 D and F), another group was not (Fig. 3C, E and G). The I-BAR mutant 4KE, in  
260 which positively charged Lysines 142, 143, 145 and 147 belonging to a basic  
261 patch involved in PM and actin binding were replaced by negatively charged  
262 Glutamic Acid to disrupt this interaction (58, 60), rescued the phenotype (Supp.  
263 Video SV13). Mutation of these amino acids was probably not efficient enough  
264 in preventing PM binding. Phenotype recovery was also observed with the  
265 I268N mutant in the CRIB domain, which impairs the interaction with Cdc42  
266 (Supp. Video SV14). However, the full deletion of the I-BAR domain or point  
267 mutations I403P and W413G in the SH3, that impair the association of IRSp53  
268 with all its SH3 interactors, including WAVE2 (61), VASP and Eps8 (52, 62),  
269 did not rescue homeostasis recovery after stretch release (Supp. Videos SV15,  
270 16 and 17). Moreover, the over-expression of the I-BAR domain alone also  
271 failed to rescue the phenotype (Supp. Video SV18), suggesting that the  
272 interaction with the PM and active Rac1 is not sufficient to drive PM flattening  
273 in response to stretch. This ensemble of results points at a mechanism where the  
274 I-BAR domain of IRSp53 would interact with the curved membrane of  
275 evaginations, leading to actin polymerization via active Rac1 and activation of  
276 NPFs through its SH3 domain.

277 **IRSp53 acts as a mechanosensor by recognizing mechanically-induced PM**  
278 **curvature**

279 To evaluate whether IRSp53 itself was directly recruited to evaginations, we  
280 imaged the dynamics of the EGFP-IRSp53-FL or mutant forms, expressed in  
281 IRSp53<sup>-/-</sup> cells. Colocalization of the fluorescently labeled protein, either WT or  
282 mutated, and the PM marker was found in all cases (Supp. Fig. 3A-G),  
283 indicating that the presence of IRSp53 in the PM is not mediated exclusively by  
284 the I-BAR domain and rather occurs as an interplay of all different domains, as  
285 already suggested in previous studies (63, 64). We next analyzed the dynamics

286 of EGFP-IRSp53-FL at the resorbing evaginations. Because IRSp53 is already  
287 bound to the PM, colocalization of the protein with the evaginations was  
288 observed from the first timepoint after stretch release. However, the decay in  
289 fluorescence of the IRSp53 coupled fluorophore was significantly slower than  
290 that of the PM marker (Figs. 4C and D), indicating that there is a progressive  
291 enrichment of IRSp53 to the evaginations while those are disappearing. To  
292 confirm this, we used APEX technology (65, 66) to visualize IRSp53 at PM  
293 evaginations using TEM. We co-transfected IRSp53<sup>-/-</sup> cells with csAPEX2-GBP,  
294 a conditionally stable APEX marker bound to a nanobody specifically  
295 recognizing GFP (also called GFP-binding protein, GBP), and either EGFP-  
296 IRSp53-FL or a GFP-bound mitochondrial marker (Mito-GFP). As expected, a  
297 strong APEX signal (visible as a darker signal in the TEM image) was observed  
298 around the mitochondrial membrane for Mito-GFP-transfected cells (Supp. Fig.  
299 3M), and at the tip of filopodia for EGFP-IRSp53-FL transfected cells (Supp.  
300 Fig. 3N) (47, 50). Confirming that IRSp53 is recruited to PM evaginations  
301 generated by a stretch-release cycle, such evaginations showed an increase in  
302 APEX signal in IRSp53-FL transfected cells (Fig. 4E), but not in control mito-  
303 GFP transfected cells (Fig. 4F).

304 Given that IRSp53 recognizes evaginations, we checked whether different  
305 mutants recognized the structure differently. The fluorescence dynamics of the  
306 IRSp53 mutants that had little effect on PM evaginations resorption followed a  
307 similar decay to the WT form (Supp. Figs. 3H and I). However, the mutants  
308 slowing down the resorption followed different dynamics, with an initial  
309 recruitment phase before the decay in fluorescence (Fig. 4G and Supp. Figs. 3J-  
310 L). This is illustrated in its most prominent example by the ΔIBAR mutant (Fig.  
311 4G). These results indicate a delay in the recruitment of IRSp53 WT to the  
312 curved PM upon stretch as well. Indeed, due to the experimental time required to  
313 refocus samples and start imaging after compression (around 5-10 s), our time  
314 lapses fail to capture the process of PM evagination formation, or the  
315 recruitment of WT IRSp53. However, when the process is impaired due to  
316 IRSp53 mutations, dynamics are slowed down and we can capture the  
317 recruitment phase.

318 This led us to hypothesize that, although presence at the PM is a feature that  
319 does not depend on a single domain, recruitment at the curved evaginations  
320 could define the efficiency of homeostasis recovery after stretch. To quantify  
321 this, we measured the lag time between the timepoints of maximum intensity of  
322 the fluorescence signals of the PM and of the different IRSp53 mutant proteins  
323 (as illustrated in Fig. 4G). Confirming our hypothesis, plotting the lag time  
324 against the PM fluorescence intensity of the PM marker after 180 s (used  
325 previously as a marker for the efficiency of resorption of the evaginations) led to  
326 a strong positive correlation (Fig. 4H): the more IRSp53 recruitment was  
327 delayed with respect to the PM marker, the less efficient the resorption was.  
328 Removal of the I-BAR domain displayed the longest lags and the least efficient  
329 resorption, supporting the idea that curvature sensing through this domain is  
330 needed to couple the mechanical stress to active PM remodeling. If the domain  
331 is absent, IRSp53 cannot perform a quick binding to the evagination and start  
332 the mechanochemical loop. I403P and W413G mutations of the SH3 domain  
333 also led to long lags and inefficient resorption. Although in this case the I-BAR

334 domain is not impaired, lack of interaction of IRSp53 with NPFs, which could  
335 be already bound to the PM and target IRSp53 there (56, 64), could delay both  
336 recruitment and the subsequent resorption process. Similarly, the I268N-CRIB  
337 mutant is probably delayed due to the lack of interaction with active Cdc42  
338 already bound to the PM. Nevertheless, this delay is short and does not impair  
339 evagination resorption, also because all the different effectors involved in PM  
340 remodeling can still be recruited by IRSp53. In the case of the I-BAR domain  
341 alone, which senses PM curvature and couples it to active Rac1, the delay in  
342 recruitment was similar to SH3 mutants but with a stronger impairment in  
343 homeostasis recovery. This suggests that the IBAR domain alone, which is  
344 expected to be already bound to PM to a certain extent before evagination  
345 formation (67), keeps on aggregating at the curved structures in accordance with  
346 the sensing mechanism proposed for BAR domains (42, 51), but evagination  
347 flattening is impaired by the lack of remaining domains.

348 Taken together, these data indicate that the recruitment of IRSp53 to the  
349 mechanically induced bud-shaped evaginations is necessary for the PM to be  
350 successfully remodeled after stretch. The efficiency in the recruitment of this  
351 protein ultimately determines the ability of the cell to set in place the fast  
352 mechanism mediating PM flattening in response to the physical perturbation.

### 353 **Actin polymerization is driven by Rac1 and Arp2/3 activation**

354 Our results point at a role of active Rac1 and further interaction with NPFs to  
355 successfully perform PM homeostasis recovery after stretch. Previous work on  
356 PM ruffling showed that IRSp53 couples Rac1 to the activation of the WAVE  
357 Regulatory Complex (WRC), and the subsequent nucleation of branched actin  
358 filaments mediated by Arp2/3 (68–70). However, activation of Arp2/3  
359 downstream of IRSp53 can also be mediated by Cdc42 and N-WASP (41, 56,  
360 59) and, additionally, IRSp53 can coordinate the action of formins mDia1 and  
361 mDia2, which drive actin polymerization related to filopodia formation (48, 71).  
362 Finally, PM reattachment to the actin cortex may also rely on contractile  
363 mechanisms mediated by myosin and not only actin polymerization, as in the  
364 case of blebs (72). To discriminate between these mechanisms, we treated  
365 IRSp53<sup>-/-R</sup> cells with different inhibitors and examined evagination resorption  
366 after compression. First, cell treatment with 10 µM of the N-WASP inhibitor  
367 Wiskostatin (73) reduced filopodia number as expected (74) (Supp. Figs. 4A and  
368 B), but did not modify evagination resorption (Figs. 5A, E and I and Supp.  
369 Video SV19). Of note, this is consistent with our finding that evagination  
370 resorption is not impaired in I268N-CRIB mutant condition in which IRSp53  
371 interaction with Cdc42 is impaired. Second, treatment with 15 µM of the formin  
372 inhibitor SMIFH2 (75) reduced the number of filopodia as expected (76) (Suppl.  
373 Fig. 4C and D), but did not affect evagination resorption either (Figs. 5B, F and  
374 J and Supp. Video SV20). Third, treatment with 10 µM of the myosin II  
375 inhibitor Para-nitroblebbistatin (77) affected the integrity of stress fibers as  
376 expected (78), (Supp. Fig. 4E) but, again, did not impair evagination resorption  
377 (Figs. 5C, G and K and Supp. Video SV21), highlighting that actin  
378 polymerization alone is sufficient to drive PM flattening. Consistently and more  
379 importantly, treatment with the Arp2/3 inhibitor CK-666 (79) significantly

380 impaired evagination resorption in comparison to DMSO treated controls (Figs.  
381 5D, H and L and Supp. Video 22).

382 Thus, evagination resorption upon compression involves the recruitment of  
383 IRSp53, leading to actin polymerization in a myosin-independent and Arp2/3-  
384 dependent manner. IRSp53 has been described to indirectly promote Arp2/3-  
385 mediated actin polymerization acting both as an upstream (80) and downstream  
386 regulator of the small GTPase Rac1. To verify whether this was the case in our  
387 system, we examined evagination resorption after overexpressing constitutively  
388 active (G12V) and dominant negative (T17N) forms of Rac1. Confirming the  
389 involvement of Rac1, the expression of Rac1-G12V accelerated evagination  
390 resorption significantly whereas Rac1-T17N slowed it down in NHDF (Supp.  
391 Figs. 5A, B and C). Finally, and further showing that Rac1 activation is  
392 sufficient to trigger evagination resorption, overexpression of constitutively  
393 active Rac1-G12V drastically accelerated evaginations resorption even in the  
394 background of IRSp53<sup>-/-</sup> cells (Supp. Fig. 5D, E and F), consistent with an  
395 ancillary/modulatory role of IRSp53 in mediating Rac1-dependent activation of  
396 the WAVE/Arp2/3 complexes.

### 397 A mechanical mechanism for actin-mediated evagination flattening

398 Previous work on IRSp53-mediated actin polymerization described the  
399 formation of out-of-plane protrusions in the form of filopodia or lamellipodia  
400 (41, 48, 49, 51, 62, 80). The physical mechanism supporting further protrusion  
401 relies on the natural notion that polymerization induces out-of-plane forces on  
402 the PM (81), which in the case of polymerization by Arp2/3 should push  
403 outwards, or at least stabilize protrusions (82). At larger scales, polymerization  
404 of an actin cortex retracts and flattens cellular blebs, but this mechanism  
405 depends on myosin contractility (72), and hence is not applicable here. In  
406 contrast, our results show a novel flattening rather than protruding response. To  
407 propose a plausible mechanism, we developed a theoretical model coupling the  
408 PM and the actin cortex (see methods). We hypothesized that, rather than out-of-  
409 plane forces, flattening may be the result of in-plane actin flows around  
410 evaginations. We thus approximated the actin cortex as a flat 2D active gel. In  
411 this model, the PM is adhered to the underlying cortex from which it can  
412 delaminate, and experiences frictional in-plane forces proportional to relative  
413 slippage (28). This is coupled to our previous model describing interactions  
414 between the PM and curved proteins (83). We coarse-grained the signaling  
415 pathway triggered by IRSp53 localization and leading to actin polymerization  
416 through a regulator species with normalized areal density  $\psi$ , which is produced  
417 beyond a threshold in IRSp53 enrichment, degraded, and transported by  
418 diffusion, with dynamics on time-scales comparable to those of actin dynamics.  
419 The effect of this regulator is to locally favor actin polymerization by the Arp2/3  
420 complex, and hence bias the competition between a formin-polymerized  
421 contractile network component and a branched extensile component (84, 85).  
422 We thus modelled the mechanical effect of local polymerization by locally  
423 reducing contractility.

424 Our model predicted that curvature-sensitive IRSp53 molecules became  
425 enriched in the evagination within a second after its formation. This led to

426 recruitment of the regulator species  $\psi$ , resulting in a tension gradient in the  
427 vicinity of the evagination. In turn, this induced a centrifugal cortical flow,  
428 which frictionally dragged the membrane outwards until flattening. In the  
429 absence of curvature, the IRSp53-enriched domain dissolved, the regulator  
430 species recovered its uniform baseline, and the cortex recovered its quiescent  
431 steady-state (Fig. 5M and N). Whereas predicted actin flows occur at a scale  
432 well below the diffraction limit and can therefore not be observed  
433 experimentally, the predicted relative trends of PM and regulator densities  
434 qualitatively match our experimental observations when comparing PM and  
435 actin (Fig. 2B) or ezrin (Fig. 2E). We note that in the real system, the proposed  
436 mechanism based on in-plane actin flows and cortex-PM friction should  
437 compete with the classical mechanism based on out-of-plane forces. This may  
438 explain why resorption dynamics in experiments (Fig. 2B and E) were  
439 significantly longer and less abrupt than those predicted by the model (Fig. 5N).  
440 Predictions are also consistent with our observation that evagination resorption  
441 is impaired when inhibiting Arp2/3 (Fig. 5D) but not myosin or formin activity  
442 (Fig. 5B and C). Indeed, the mechanism is based on a local gradient in extensile  
443 versus contractile behavior around the evagination, so it should depend on  
444 Arp2/3 (which acts locally at the evagination) and not on formin or myosin,  
445 which would regulate overall contractility levels and not specifically local  
446 gradients. Thus, our model suggests a chemo-mechanical signaling system that  
447 autonomously restores homeostasis of membrane shape.

## 448 Discussion

449 Our work shows that stretch-compression cycles generate evaginations on the  
450 apical PM of the cells with a size on the 100 nm scale, compatible with the  
451 sensing range of IBAR proteins (47, 51). Further, we demonstrate the  
452 recognition of this curved templates by the curvature-sensing protein IRSp53.  
453 The role of IRSp53 is not due to general cell-scale effects, such as lamellipodial  
454 extension (44, 57) or endocytosis. Indeed, cell spreading after the stretch-  
455 compression cycle was not affected by IRSp53 (Supp. Fig. 2). Regarding  
456 endocytosis, IRSp53 has been described to regulate the CLIC-GEEC endocytic  
457 pathway (50), which is in turn activated upon cell compression (18). However,  
458 the I268N-CRIB and 4KE-IBAR IRSp53 mutants strongly impaired endocytosis  
459 (50), but fully rescued evagination resorption (Fig. 3F), showing that IRSp53  
460 affects both phenomena through different mechanisms. Further supporting this  
461 possibility, the resorption of low-curvature VLDs formed upon transient  
462 exposure of cells to hypo-osmotic media, a treatment which also activates CLIC-  
463 GEEC endocytosis (18), was not affected by IRSp53.

464 Thus, our findings demonstrate a novel mechanosensing mechanism: upon cell  
465 compression, cells are known to use caveolae formation (22) and the CLIC-  
466 GEEC endocytic pathway (18) to store material from the PM and recover resting  
467 tension. On top of this, we demonstrate a new event at the local scale, which  
468 involves the progressive flattening of the PM and not its scission, which would  
469 have involved an abrupt loss of evagination fluorescence (and the appearance of  
470 fluorescent membrane vesicles) which we never observed in experiments. To  
471 achieve such flattening, cells employ the IRSp53-Rac1-Arp2/3 network, well

473 described to polymerize actin in the context of lamellipodia extension or ruffling  
474 (86, 87), and revisited here to describe its action in response to physical  
475 perturbations. In this regard, we describe a novel mechanism, and biophysical  
476 framework, in which Arp2/3 mediated actin polymerization can lead to  
477 membrane flattening rather than protrusion.

478 While stretch is often studied separately from subsequent compression provoked  
479 by its release (88–90), here we put in relevance the coupling between the two at  
480 the single cell level. Such coupling takes place for instance in heart beating,  
481 breathing, the musculoskeletal system, or in many developmental scenarios.  
482 Thus, and although this remains to be explored, our mechanism could be  
483 relevant in events such as the fast compressions of cells embedded in connective  
484 tissues (91), or apical expansion and contractions of amnioserosa cells during  
485 dorsal closure in *Drosophila* embryos (92), among many others. In conclusion,  
486 our findings reveal a new mechanosensing mechanism explaining how PM  
487 detects physical stimuli at a local, sub- $\mu$ m scale, and further coordinates a  
488 response allowing for quick adaptation to a changing environment.

489

## 490 Materials and Methods

### 491 Cell culture, expression vectors and reagents

492 NHDF were purchased from Lonza (CC-2511) and cultured in DMEM without  
493 pyruvate (ThermoFisher 41965-039) supplemented with 10% FBS (v/v), 1%  
494 penicillin-streptomycin (v/v) and 1% Insulin-Transferrin-Selenium (v/v)  
495 (ThermoFisher 41400045). IRSp53<sup>-/-</sup> MEF infected with an empty pBABE or a  
496 pBABE-IRSp53-WT retroviral vector were generated by G. Scita (IFOM,  
497 Milan) as previously described (52–54), leading to a cell line that we  
498 note IRSp53<sup>-/-R</sup>. The culture was maintained in DMEM supplemented with 1 %  
499 penicillin-streptomycin (v/v) and 1  $\mu$ mL puromycin to selectively maintain  
500 cells expressing the selection vector. CO2 independent media (ThermoFisher  
501 18045088) was used for microscopy imaging and was supplemented with  
502 10 $\mu$ g/mL of rutin (Sigma R5143) to prevent photobleaching (93). mCherry,  
503 EGFP and EYFP membrane markers contained a fusion protein consisting in  
504 one of the three fluorophores coupled to the 20 last amino acids of  
505 Neuromodulin which is post-translationally palmitoylated and targets the  
506 fluorophore to PM (20). IRSp53 60950 shRNA and control Non-Targeting  
507 shRNA were purchased from Sigma Mission for viral transfection and stable cell  
508 line creation. mEmerald-Ezrin was from Addgene (#54090). EGFP-IRSp53-FL  
509 (62), EGFP-IRSp53-4KE, EGFP-IRSp53-I268N (50) and EGFP-IRSp53-I403P  
510 (52) contained isoform 2 of the murine protein either wild type or carrying the  
511 mentioned mutations in the pC1-EGFP backbone. EGFP-IRSp53-  
512 W413G, EGFP-IRSp53- $\Delta$ IBAR and EGFP-IBAR (52) were created based on  
513 the sequence of isoform 4 of the human protein inserted in the pC1-EGFP  
514 backbone. A point mutation was included in the SH3, the first 312 amino acids  
515 were removed in the case of the  $\Delta$ IBAR and the first 250 amino acids were  
516 expressed to obtain the IBAR-domain. The dominant constitutively active Rac1-  
517 G12V and the dominant negative Rac1-T17N were described previously (94).

518 Actin was marked using the mammalian expression vector encoding the  
519 cytoskeleton marker Actin-VHH fused to either or RFP or GFP2 and  
520 commercially sold as Actin-Chromobody® (Chromotek)

521 On the day prior to the experiment, cells were transfected by electroporation  
522 with the selected plasmids using the NeonTM Transfection System (Invitrogen)  
523 following the protocol provided by the company. CK-666 was purchased from  
524 Merck (Ref 182515), SMIFH2 was from Abcam (ab218296), Wiskostatin was  
525 bought from Sigma (W2270) and Para-Nitro-Blebbistatin was from Optopharma  
526 (DR-N-111). All compounds were diluted in DMSO and conserved according to  
527 manufacturer's instructions. On the day of the experiment, drugs were diluted in  
528 culture media, filtered through a 0,22 µm filter and warmed up to 37°C prior to  
529 addition to the culture. Cells were treated with 25 µM of CK-666 for 30 min, 10  
530 µM of PNB for 30-40 min and 10 µM Wiskostatin or 15 µM SMIFH for 1 h  
531 prior to the experiment.

### 532 **PDMS membrane fabrication**

533 The stretchable PDMS membranes were prepared as described in (20). To  
534 produce a patterned support to further obtain patterned-PDMS membranes  
535 PMMA dishes were plasma cleaned for 20 min and warmed up to 95°C for 5  
536 min. After cooling down using a nitrogen gun, SU 2010 resin was spinned on  
537 top of the dish to create a 10 µm layer and prebaked 2,5 min at 95°C. Dishes  
538 were then placed on a mask aligner and exposed for 7,5 s in presence of the  
539 designed acetate mask. After post-baking for 3,5 min at 95°C, the pattern was  
540 revealed for 1 min and subsequently extensively washed with isopropanol and  
541 verified under the microscope. Finally, PMMA dishes were silanized by 30 s  
542 plasma cleaning activation followed by 1 h silane treatment under vacuum.  
543 Standard or patterned membranes were mounted on metal rings of our  
544 customized stretch system, cleaned, sterilized, and coated with 10 µg/ml  
545 fibronectin (Sigma) overnight at 4°C prior to experiments. Patterns were  
546 designed as a grid with letters and numbers to allow for correct orientation.

### 547 **Stretch and osmolarity experiments**

548 After overnight fibronectin coating, PDMS membranes were quickly washed  
549 and 3000 cells were seeded on top and allowed to spread for 45min to 1h in the  
550 incubator. Then, rings were mounted on the stretch device coupled to the  
551 microscope stage, vacuum was applied for 3 min to stretch the membrane, and  
552 then vacuum was released to come back to the initial shape as described in (20).  
553 Calibration of the system was done to adjust the vacuum applied to obtain 5 %  
554 stretch of the PDMS surface. Hypo-osmotic shocks were performed by exposing  
555 cells during 3 min to CO2 independent medium mixed at 50% with de-ionized  
556 water in which the concentrations of Ca<sup>2+</sup> and Mg<sup>2+</sup> had been corrected. Iso-  
557 osmotic medium was added after the 3 min incubation period.

### 558 **Scanning electron microscopy experiments**

559 Cells were prepared as explained in the previous section. Right after stretch  
560 release, the sample was fixed in 2.5 % glutaraldehyde EM grade (Electron

561 Microscopy Sciences 16220) plus 2 % PFA (Electron Microscopy Sciences  
562 15710-S) diluted in 0.1 M PB buffer at 37°C for 1 h. Samples were then washed  
563 4x for 10 min in 0.1 M Phosphate Buffer (PB) and imaged with epifluorescence  
564 microscopy as described below to acquire fluorescence images of the cell PM.  
565 PDMS membranes were then cut into 1x0.5 cm rectangles in which the pattern  
566 was centered and placed on top of 12 mm coverslips for further processing.  
567 Dehydration was carried out by soaking samples in increasing ethanol  
568 concentrations (50, 70, 90, 96 and 100 %). After this, samples were critical point  
569 dried and covered with a thin layer of gold to be imaged.

## 570 **Transmission electron microscopy experiments**

571 Cells were fixed, washed and PDMS membranes were cut and mounted as for  
572 SEM imaging. After this, samples were postfixed with 1% OsO<sub>4</sub> and 0.8 %  
573 K<sub>3</sub>Fe(CN)<sub>6</sub> for 1 h at 4°C in the dark. Next, dehydration in increasing ethanol  
574 concentrations (50, 70, 90, 96 and 100%) was done. Samples were then  
575 embedded in increasing concentrations of Pelco® EPONATE 12TM resin  
576 (Pelco 18010) mixed with acetone. 1:3 infiltration was done for 1 h then 2:2 for  
577 1h and finally 3:1 overnight. On the next day, embedding was continued with  
578 EPON12 without catalyzer for 3x2 h washes and then overnight. Last, samples  
579 were embedded in EPON12 plus catalyzer DMP-30 (Pelco 18010) for 2x3 h. To  
580 finish, blocks were mounted and polymerized for 48 h at 60°C. PDMS  
581 membrane was next peeled off and ultrathin sections were cut and mounted on  
582 grids for imaging.

## 583 **APEX labelling for TEM imaging**

584 Two days prior to the experiment, cells were co-transfected by electroporation  
585 with mKate2-P2A-APEX2-csGBP (Addgene #108875) and EGFP-IRSp53-FL  
586 in a 3:1 ratio, using the Neon™ Transfection System (Invitrogen) following the  
587 protocol provided by the company. Before seeding, cells were sorted for double  
588 positive mKate and GFP fluorescence, excluding very high and very low  
589 transfection levels. Cells were subsequently seeded and stretched in the same  
590 conditions as explained in the stretch experiments section. Right after stretch  
591 release, the sample was fixed in 2.5 % glutaraldehyde EM grade (Electron  
592 Microscopy Sciences 16220) diluted in 0.1 M Cacodylate buffer at 37°C for 10  
593 min, followed by incubation on ice for 50 min in presence of the fixative. All  
594 subsequent steps were performed on ice. The sample was washed 3 times with  
595 cold 0.1 M Cacodylate buffer, and next cut into 1x0.5 cm rectangles containing  
596 the fixed cells. Cells were washed for 2 min with a fresh cold 1 mg/ml 3,3'-  
597 diaminobenzidine (DAB) (tablets, Sigmafast, D4293) solution in 0.1 M  
598 Cacodylate buffer. Cells were immediately incubated with a fresh cold 1 mg/ml  
599 DAB solution in cold 0.1 M Cacodylate buffer supplemented with 5,88 mM  
600 hydrogen peroxidase (PERDROGENT™ 30% H<sub>2</sub>O<sub>2</sub>, 31642, Sigma). The  
601 samples were washed 3 times with cold 0.1 M Cacodylate buffer, and  
602 subsequently incubated for 30 minutes with cold 1% OsO<sub>4</sub>. Dehydration, resin  
603 embedding, and block mounting was done as described in the TEM experiments  
604 section.

## 605 **Image acquisition**

606       Fluorescence images were acquired with Metamorph software using an upright  
607       microscope (Nikon eclipse Ni-U) with a 60x water dipping objective (NIR Apo  
608       60X/WD 2.8, Nikon) and an Orca Flash 4.0 camera (Hamamatsu). Fluorophore  
609       emission was collected every 3s. Cells were imaged in a relaxed state and then  
610       for 3 min at 5% stretch, and for 3 min during the release of stretch. SEM images  
611       were taken using the xTm Microscope Control software in a NOVA NanoSEM  
612       230 microscope (FEI Company) under the high vacuum mode using ET and TL  
613       detectors to acquire high and ultra-high resolution images of the cell surface.  
614       TEM Samples were observed in a Jeol 1010 microscope (Gatan, Japan)  
615       equipped with a tungsten cathode in the CCiTUB EM and Cryomicroscopy  
616       Units. Images were acquired at 80 kv with a CCD Megaview 1kx1k.

617       **Fluorescence analysis**

618       All images used for time course analysis were aligned using the Template  
619       Matching plugin from Fiji to correct the drift. To assess the evolution of PM  
620       evaginations, VLDs or the different marked proteins, their fluorescence was  
621       quantified. To ensure that we only considered the fluorescence of structures  
622       induced by stretch or osmotic shocks, the analysis was carried out in regions  
623       devoid of visible endomembrane structures before the application of stretch or  
624       osmotic shocks. For each evagination, we calculated the integrated fluorescence  
625       signal of a small region of interest containing the evagination ( $I_{evag}$ ), the  
626       integrated fluorescence signal of a neighboring region of interest of the same  
627       size and devoid of any structures ( $I_{PM}$ ), the integrated fluorescence signal of the  
628       entire cell ( $I_{cell}$ ) and the integrated fluorescence signal of a background region of  
629       the same size as the cell ( $I_{BG}$ ). Then, the final evagination signal  $I_{final}$  was  
630       computed as:

631       
$$I_{final} = \frac{(I_{evag} - I_{PM})}{(I_{cell} - I_{BG})}$$

632       The numerator of this expression corrects evagination fluorescence so that only  
633       the signal coming from the evagination itself and not neighboring PM is  
634       quantified. The denominator normalizes by total cell fluorescence, and also  
635       accounts for progressive photobleaching. All control curves were normalized to  
636       1 (maximal fluorescence after stretch release) and the rest of the data  
637       represented in the same graph were normalized to the control. Exceptionally,  
638       actin and ezrin curves were normalized to 0.5 (maximal fluorescence after the  
639       release of stretch) for visualization purposes. To quantify the degree of  
640       resorption of the evaginations, as the experimental data could not always be  
641       fitted with single exponential decay curve, we adopted the strategy of comparing  
642       the residual fluorescence intensity of the PM marker at the last timepoint of  
643       acquisition (t180s), on which statistical analysis can be performed. Full  
644       reabsorption of evaginations leads to a complete return to fluorescent baseline  
645       ( $\approx 0$ ), while presence of a residual fluorescence indicates non-reabsorbed  
646       evaginations. Lag time was calculated by identifying the maximum intensity  
647       timepoints in the protein and PM channels, and subtracting them to obtain the  
648       time between the two events.

649       **Area analysis**

650 To compute the changes in cell area with time after stretch, automated area  
651 analysis for each timepoint was done using CellProfiler (95)  
652 (<https://cellprofiler.org/>). To calculate the time constant (k) of each experimental  
653 curve, data was fitted to a one-phase decay (for time course dynamics of PM  
654 evaginations, VLDs and protein markers) or one-phase association equation  
655 (area analysis after stretch) using GraphPad and k was extracted from the fittings  
656 to be further compared by statistical analysis.

657 **Quantification of number and PM Area % stored by evaginations**

658 3 regions of different parts of the cell where randomly chosen from every cell at  
659 the timepoint t0s (right after the release of stretch) and the number of  
660 evaginations was manually counted by comparing the analyzed images with the  
661 images of the cell during stretch, to discard PM structures not formed by stretch-  
662 release. For stored area calculation, the membrane area fraction mf contained in  
663 evaginations was estimated as:

664 
$$mf = \frac{i_{ze} - i_{zf}}{i_{zf} - bg}$$

665 Where  $i_{ze}$  is the average fluorescence intensity of a cell zone (containing  
666 evaginations),  $i_{zf}$  is the average fluorescence intensity of a neighbouring flat  
667 patch of membrane (small enough so that it does not contain any evaginations),  
668 and  $bg$  is the average intensity of background. For each cell, this was done for 3  
669 random regions containing evaginations.

670 **Fluorescence and SEM correlation**

671 Images of the fixed sample were acquired in fluorescence and brightfield and  
672 positions of the imaged cells in the pattern were noted down. Sample was then  
673 processed for SEM imaging and the same cells were found by manually  
674 following their location on the pattern and visual verification was done to check  
675 for correct matching. Fluorescent and SEM images were then aligned by using  
676 the BigWrap plugin on Fiji.

677 **Statistical analysis**

678 In the case of data following a normal distribution, T-test or ANOVA was done  
679 depending on whether there were 2 or more datasets to compare. For data not  
680 following normal distributions, Mann-Whitney or Kruskal-Wallis test were  
681 applied depending on whether there were 2 or more datasets to test. All data are  
682 shown as mean  $\pm$  SEM. Specific P and N values can be found in each one of the  
683 graphs shown in the figures.

684 **Theoretical Model**

685 To understand the physical mechanism leading to the active flattening of  
686 membrane evaginations caused by compression of the PM, we focused on a  
687 single evagination and described it mathematically under the assumption of  
688 axisymmetry. We modelled the membrane as locally inextensible thin sheet with

689 bending rigidity  $\kappa = 20 k_B T$  using the Helfrich model and accounted for the  
690 viscous stresses due to membrane shearing with membrane 2D viscosity  $\eta_m =$   
691  $3 \cdot 10^{-3} \text{ pN s}/\mu\text{m}$  (28, 30, 96). We modelled the cortex as a 2D planar active  
692 gel adjacent to the membrane. We thus ignored the out-of-plane protrusive  
693 forces caused by localized actin polymerization at evaginations enriched in  
694 IRSp53, which in a classical view can lead to further protrusion rather than  
695 flattening (55). Instead, we focused on the in-plane effect of localized actin  
696 polymerization to explain active flattening. In the actual system, we expect both  
697 effects to compete.

698 To model the interaction between the membrane and the cortex, we considered  
699 an adhesion potential depending on the distance between the membrane and the  
700 cortex enabling decohesion with an adhesion tension of  $\gamma = 1.5 \cdot 10^{-5} \text{ N/m}$   
701 (30), (Supp. Fig. 6). We also considered in-plane frictional tractions between the  
702 membrane and the cortex proportional to their relative velocity,  $\tau = \mu(v_m - v_c)$   
703 where  $v_m$  is the membrane velocity,  $v_c$  is the cortex velocity, and  $\mu$  is a friction  
704 coefficient, which we took as  $\mu = 20 \text{ nN s}/\mu\text{m}^3$  (28).

705 We generated evaginations with dimensions comparable to those in (Fig. 1) by  
706 laterally compressing an adhered membrane patch of radius  $R_0$  as discussed in  
707 (30). We considered  $R_0 = 150 \text{ nm}$ , consistent with the typical separation  
708 between evaginations (Fig. 1C). After formation of the evagination, we applied  
709 at the boundary of our computational domain the surface tension required to  
710 stabilize the evagination, consistent with the long-time stability of such  
711 compression-generated evaginations of the PM when cellular activity is  
712 abrogated (20).

713 We then considered the model in (83) to capture the interaction between an  
714 ensemble of curved proteins (IRSp53) and a membrane. In this model, proteins  
715 are described by their area fraction  $\phi$ . We fixed the chemical potential of such  
716 proteins at the boundary of our computational domain, corresponding to a  
717 relatively low area fraction of proteins,  $\bar{\phi} = 0.05$ . We set the saturation  
718 coverage to  $\phi^{\max} = 0.35$  due to crowding by other species but in our  
719 calculations, coverage did not come close to this limit. We considered an  
720 effective surface area per dimer of  $300 \text{ nm}^2$ . In this model, the curvature energy  
721 density of the membrane-protein system is given by  $\frac{\kappa}{2}(H - C_0\phi)$  where  $H$  is the  
722 mean curvature and  $C_0$  is a parameter combining the intrinsic curvature of  
723 proteins and their stiffness (83). We took  $C_0 = 3 \cdot 10^{-3} \text{ nm}^{-1}$ , which lead to  
724 curvature sensing but no significant protein-induced membrane reshaping. With  
725 a protein diffusivity of  $0.1 \mu\text{m}^2/\text{s}$ , we obtained protein enrichments on the  
726 evagination of about 3-fold within 0.5 s.

727 To model in a coarse grained manner the signalling pathway triggered by  
728 IRSp53 localization and leading to actin polymerization, we considered a  
729 regulator species given by a normalized surface density  $\psi$ , which was produced  
730 with a rate depending on IRSp53 enrichment and given by  $r\left(\frac{\phi}{\bar{\phi}}\right) =$   
731  $k_1 \min \left\{ \left\langle \frac{\phi}{\bar{\phi}} - e_t \right\rangle; e_s - e_t \right\}$ , where  $e_t$  is a threshold IRSp53 enrichment for  
732 signaling,  $e_s$  is an enrichment saturation threshold beyond which the production

733 of  $\Psi$  saturates, and  $\langle a \rangle$  is 0 if  $a < 0$  and a otherwise. We considered  $e_t = 2$ ,  
734  $e_s = 3$  and  $k_1 = 1 \text{ s}^{-1}$ . This regulator was degraded with rate  $k_2\psi$ , with  $k_2 = 1$   
735  $\text{s}^{-1}$  and diffused with an effective diffusivity of  $D = 0.1 \cdot 10^{-3} \mu\text{m}^2/\text{s}$ , much  
736 smaller than that of membrane proteins since the regulator is viewed as an actin-  
737 binding species. In polar coordinates, the governing equation for the transport of  
738 this regulator is thus

739 
$$\frac{\partial\psi}{\partial t} = \frac{1}{r} \frac{\partial}{\partial r} \left( r D \frac{\partial\psi}{\partial r} \right) + r(\phi/\bar{\phi}) - k_2\psi$$

740 This equation results in a region enriched with  $\psi$ , co-localizing with the  
741 evagination, and reaching a maximum value of about 1 within about 10 s,  
742 comparable to the typical times of actin dynamics. Not being a detailed  
743 description of a specific network, the details of this model for  $\psi$  are not  
744 essential. The key points are that the production of  $\psi$  is triggered by IRSp53  
745 enrichment, and that  $k_1$ ,  $k_2$  and  $D$  are such that over the time-scales of actin  
746 dynamics (significantly slower than those of IRSp53 enrichment) a region of  
747 high  $\psi$  develops close to the evagination.

748 The effect of this regulator is to locally favour actin polymerization by the  
749 Arp2/3 complex. The cortex can be viewed as a composite system of  
750 interpenetrating actin networks, one polymerized by formins leading to linear  
751 filaments and producing contractile forces through the action of myosins and  
752 other crosslinkers, and one polymerized by the Arp2/3 complex, with a branched  
753 architecture and producing extensile forces by polymerization (84). Combining  
754 these two effects, the net active force generation in the actin cortex is contractile.  
755 These two networks compete for actin monomers (85), and hence a local  
756 enrichment in the regulator leading to enhanced polymerization of the branched  
757 network should bias this competition and locally lower contractility in the  
758 vicinity of the evagination. In turn, the resulting contractility gradient should  
759 generate an in-plane centrifugal cortical flow, which if large enough, might drag  
760 the membrane outwards due to frictional forces and actively flatten the  
761 evagination.

762 To model such actin flow, we considered simple active gel model where the  
763 cortical velocity  $v_c$  is obtained by force balance between viscous and active  
764 forces in the cortex, and given by

765 
$$0 = 2\eta_c \left[ -\frac{1}{r} \frac{\partial}{\partial r} \left( r \frac{\partial v_c}{\partial r} \right) \right] + \frac{\partial \sigma^a}{\partial r}$$

766 where  $\eta_c$  is the viscosity of the cortex and  $\sigma^a(\psi)$  is the active tension, which we  
767 assume to be a function of the regulator  $\psi$ . We note that we neglect in the  
768 equation above the force caused by friction between the membrane and the  
769 cortex as they slip past each other. This is justified because the hydrodynamic  
770 length for the cortex is in the order of microns and above, and hence in the  
771 smaller length-scales considered here viscosity dominates over friction. In our  
772 calculations, we took  $\sigma^a(\psi) = \sigma^0 (1 - \frac{\psi}{2})$ , so that active tension is  
773 approximately halved near the evagination when the normalized regulator

774 density  $\psi$  reaches about 1 and is equal to  $\sigma^0$  far away from it. As boundary  
775 conditions, we considered  $v_c(0) = 0$  consistent with polar symmetry and  
776  $\frac{\partial v_c}{\partial r}(R) = 0$ , so that at  $r = R$  the stress at the gel is  $\sigma^0$ . We chose  $\sigma^0/\eta_c$  so that  
777 the resulting cortical velocities due to gradients in active tension gradients were  
778 of about  $0.1 \mu\text{m/s}$ , comparable to the typical actin velocities due to  
779 polymerization in the lamellipodium (97).

780 The formation of the evagination triggered in this model a sequence of chemo-  
781 mechanical signaling event restoring autonomously homeostasis of membrane  
782 shape and of all the signaling network. Indeed, within a few seconds, IRSp53  
783 became enriched in the evagination by curvature sensing. Then, over a about 10  
784 seconds, the actin regulator  $\psi$  progressively built up in the vicinity of the  
785 evagination, creating a gradient in active tension  $\sigma$ , which in turn created a  
786 centrifugal cortical flow. This flow frictionally dragged the membrane outward  
787 ironing out the evagination. In the absence of curvature, the IRSp53 domain  
788 rapidly dissolved and according to Eq. (1)  $\psi$  dropped to zero everywhere,  
789 eventually stopping the cortical flow and thus recovering a homeostatic state  
790 with a planar membrane and a quiescent cortex.

791 We note that our model is consistent with the fact that myosin inhibition does  
792 not affect the resorption process. Indeed, myosin inhibition should lower the  
793 baseline active tension,  $\sigma_0$ , but should not change the fact that localized  
794 polymerization would locally induce and extensile stress, and hence establish a  
795 tension gradient and an actin flow.

796 One important difference between our model and the experiments is that, in our  
797 calculations, the evaginations rapidly flattened once the contact angle of the  
798 evagination became smaller than 90 degrees, whereas in the experiments, the  
799 decay of membrane fluorescence was more gradual over a timescale of 3  
800 minutes. We hypothesize that this may be due to the fact that localized actin  
801 polymerization may fill the evagination with branched actin network, which  
802 should apply an out-of-plane force competing with the flattening force causing  
803 the centrifugal flow and whose material needs to be cleared out even when  
804 localized polymerization has stopped. Both of these effects should slow down  
805 the resorption process.

806  
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808

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1161 Conceptualization: PRC, ALLR, XQ and MA

1162 Methodology: PRC, ALLR, XQ, MIG, GS, AD, FT, XT, RGP and MA.

1163 Investigation: XQ, NW, AC and AM

1164 Visualization: XQ

1165 Supervision: PRC and ALLR

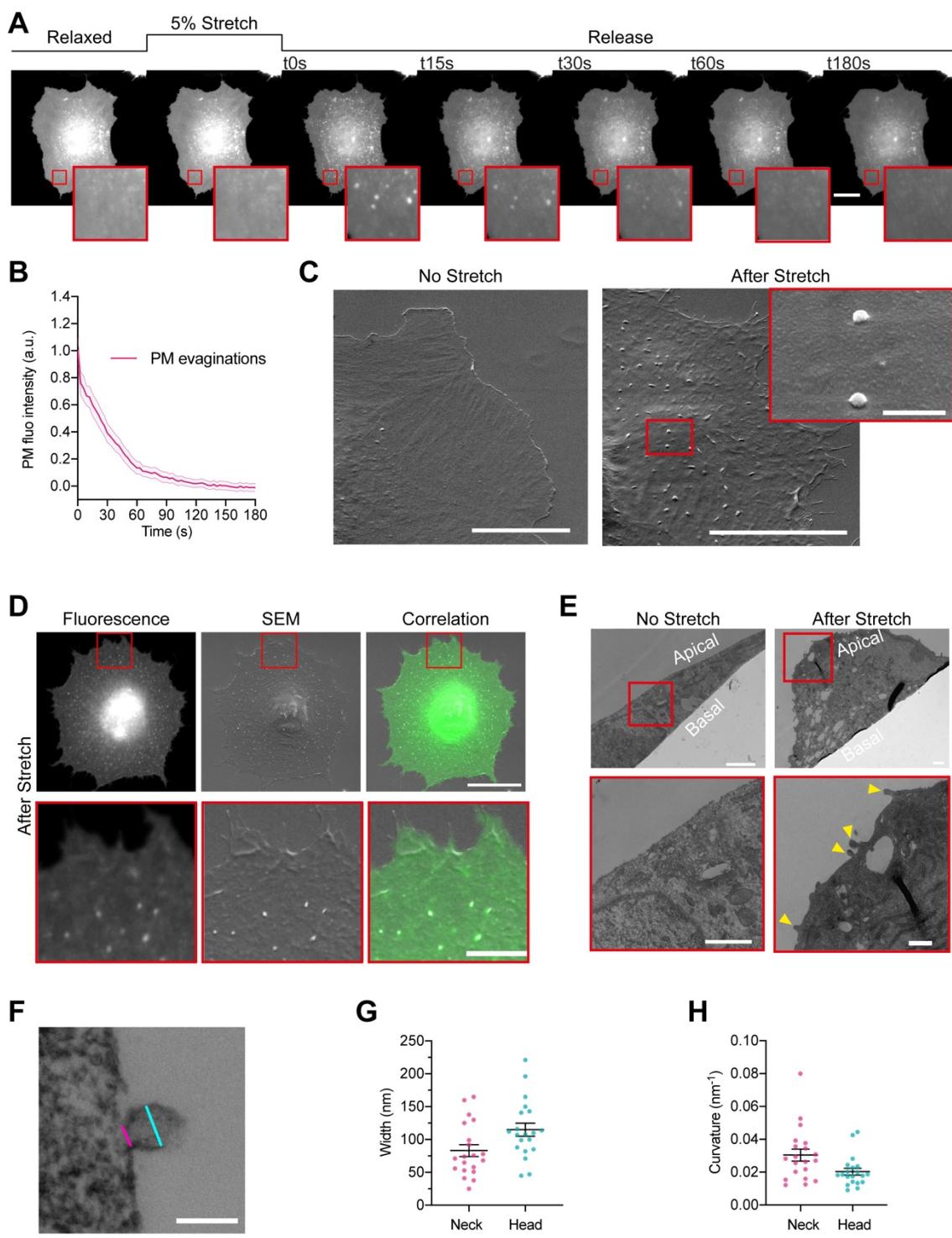
1169 Writing—original draft: XQ  
1170 Writing—review & editing: MA, ALLR and PRC.  
1171

1172 **Competing interests:** Authors declare they have no competing interests.  
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1175 supplementary materials.  
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1178 **Figures and Tables**

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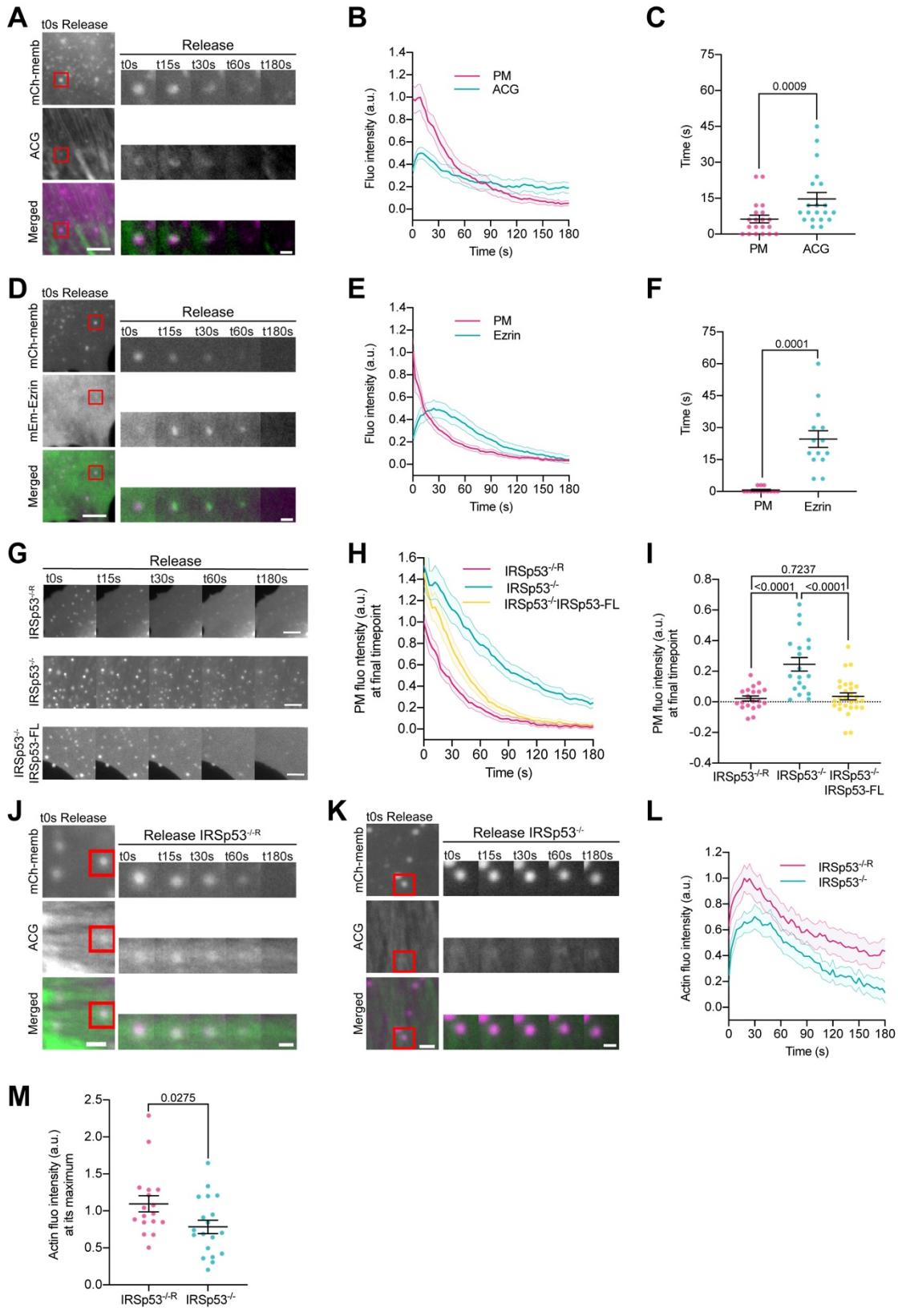


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**Fig. 1. Cellular stretch generates PM evaginations with a defined curvature.**

1182 (A) Time course images of a NHDF transfected with EGFP-membrane marker  
1183 before, during and after 5 % constant stretch application. PM evaginations are  
1184 seen as bright fluorescent spots after the release of the stretch due to  
1185 compression of the PM. Scale bar is 20  $\mu$ m. (B) Dynamics of PM evaginations  
1186 after stretch release quantified as the change in fluorescence of the structure with  
1187

1188 time. N=12 cells from 3 independent experiments. **(C)** NHDF imaged through  
1189 SEM. A non-stretched cell (left), and a cell just after stretch release (right) are  
1190 shown. Scale bars are 10  $\mu$ m in main images, 500 nm in magnified image  
1191 (framed in red). **(D)** Correlation between fluorescence and SEM images of a  
1192 non-stretched and stretched-released NHDF. Matching was achieved by using a  
1193 patterned substrate together with computational tools for alignment. Scale bar is  
1194 20  $\mu$ m for the main images and 2  $\mu$ m for the insets. **(E)** TEM images of a non-  
1195 stretched and a stretched-released NHDF. Yellow arrows in magnified image  
1196 point at PM evaginations formed at the apical side of the cell. Scale bars are  
1197 1  $\mu$ m for the main images and 500 nm for the insets. **(F)** Detail of an evagination,  
1198 cyan and magenta lines show evagination's head and neck diameters,  
1199 respectively. Scale bar is 100 nm. **(G, H)** Corresponding evagination neck and  
1200 head diameters **(G)** and curvatures **(H)**. N=22 evaginations from 3 independent  
1201 experiments. Data show mean  $\pm$  s.e.m. In A, C, D, and E, red-framed images  
1202 show a magnification of the areas marked in red in the main image.



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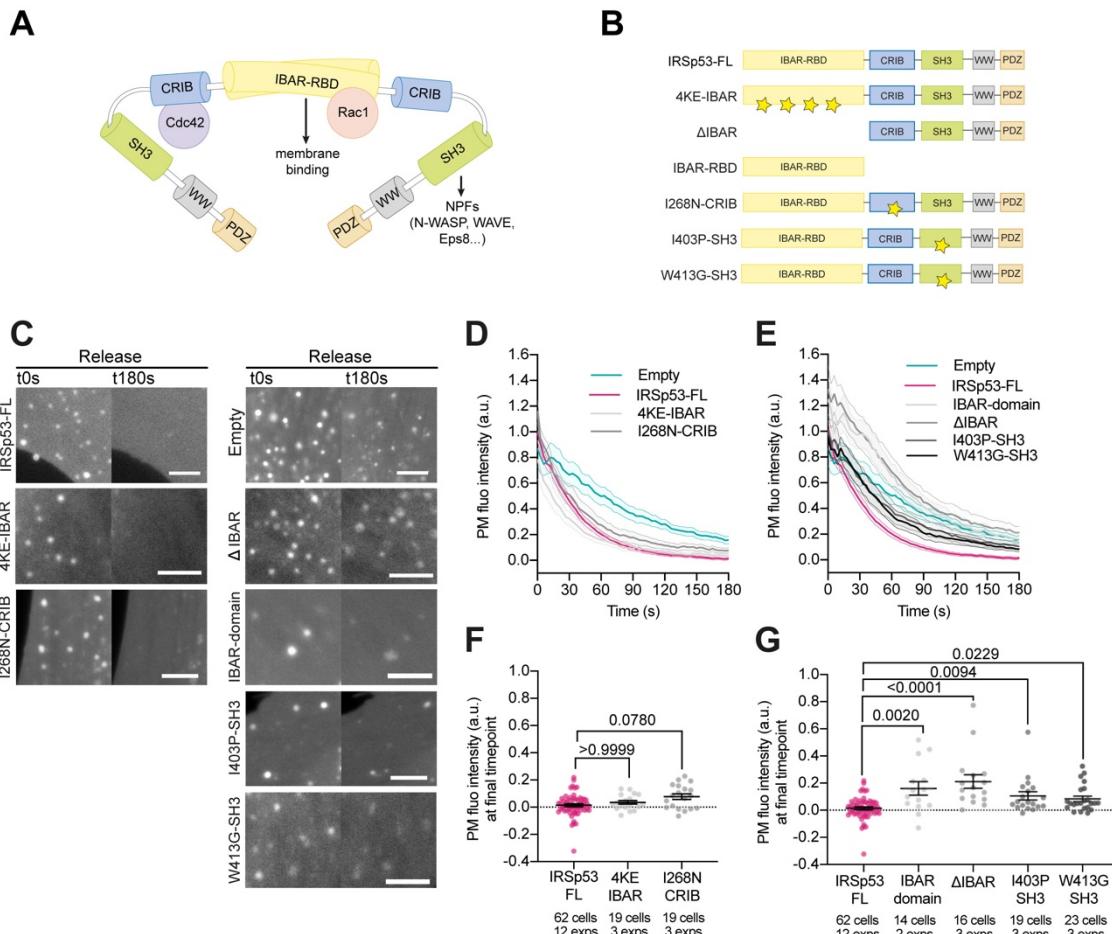
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**Fig. 2. PM evaginations trigger local actin recruitment mediated by the IBAR protein IRSp53.** (A) Time course images of mCherry-membrane and Actin Chromobody-GFP (ACG) marking PM evaginations in NHDF after stretch release. (B) Dynamics of PM evaginations quantified through mCh-

1209 membrane or ACG fluorescence markers during stretch release in NHDF. N= 20  
1210 cells from 3 independent experiments. **(C)** Timepoint of maximal fluorescence  
1211 intensity of PM and ACG. Statistical significance was assessed through  
1212 Wilcoxon test. N= 20 cells from 3 independent experiments. **(D)** Time course  
1213 images of mCherry-membrane and mEmerald-Ezrin marking PM evaginations  
1214 in NHDF after the release of the stretch. **(E)** Dynamics of PM evaginations  
1215 quantified through mCh-membrane and mEmerald-Ezrin fluorescence markers  
1216 after stretch release in NHDF. N= 14 cells from 2 independent experiments. **(F)**  
1217 Timepoint of maximal fluorescence intensity of PM and ezrin markers.  
1218 Statistical significance was assessed through Wilcoxon test. N= 14 cells from 2  
1219 independent experiments. **(G)** Time course images of PM evaginations tagged  
1220 by mCherry-membrane in IRS<sup>53-/-R</sup>, IRS<sup>53-/-</sup> and IRS<sup>53-/-</sup> EGFP-FL-IRSp53  
1221 cells after the release of stretch. **(H)** Dynamics of PM evaginations (mCh-  
1222 membrane marker) after stretch in IRS<sup>53-/-R</sup>, IRS<sup>53-/-</sup> and IRS<sup>53-/-</sup> EGFP-FL-  
1223 IRS<sup>53</sup>. **(I)** Differences in PM fluorescence intensity at the final timepoint of  
1224 acquisition (180s after the release of the stretch). Significant differences were  
1225 tested through ANOVA. N= 20, 19 and 28 cells from 3, 3 and 5 independent  
1226 experiments. **(J, K)** Time course images of mCherry-membrane and ACG  
1227 marking the evolution of both PM evaginations and actin after the release of the  
1228 stretch in IRS<sup>53-/-R</sup> MEF cells (J) and IRS<sup>53-/-</sup> MEF (K). **(L)** ACG dynamics  
1229 at PM evaginations after stretch in both IRS<sup>53-/-R</sup> and IRS<sup>53-/-</sup> MEF. **(M)**  
1230 Maximal fluorescence intensity of ACG during the resorption process for  
1231 IRS<sup>53-/-R</sup> and IRS<sup>53-/-</sup> cells. Statistical significance was assessed through  
1232 Man-Whitney test. N= 17 and 19 cells from 4 independent experiments. For  
1233 panels A, D, and G, scale bars are 5  $\mu$ m and 1  $\mu$ m for insets. For panels J and K,  
1234 scale bars are 2  $\mu$ m and 1  $\mu$ m for insets. Data show mean  $\pm$  s.e.m.

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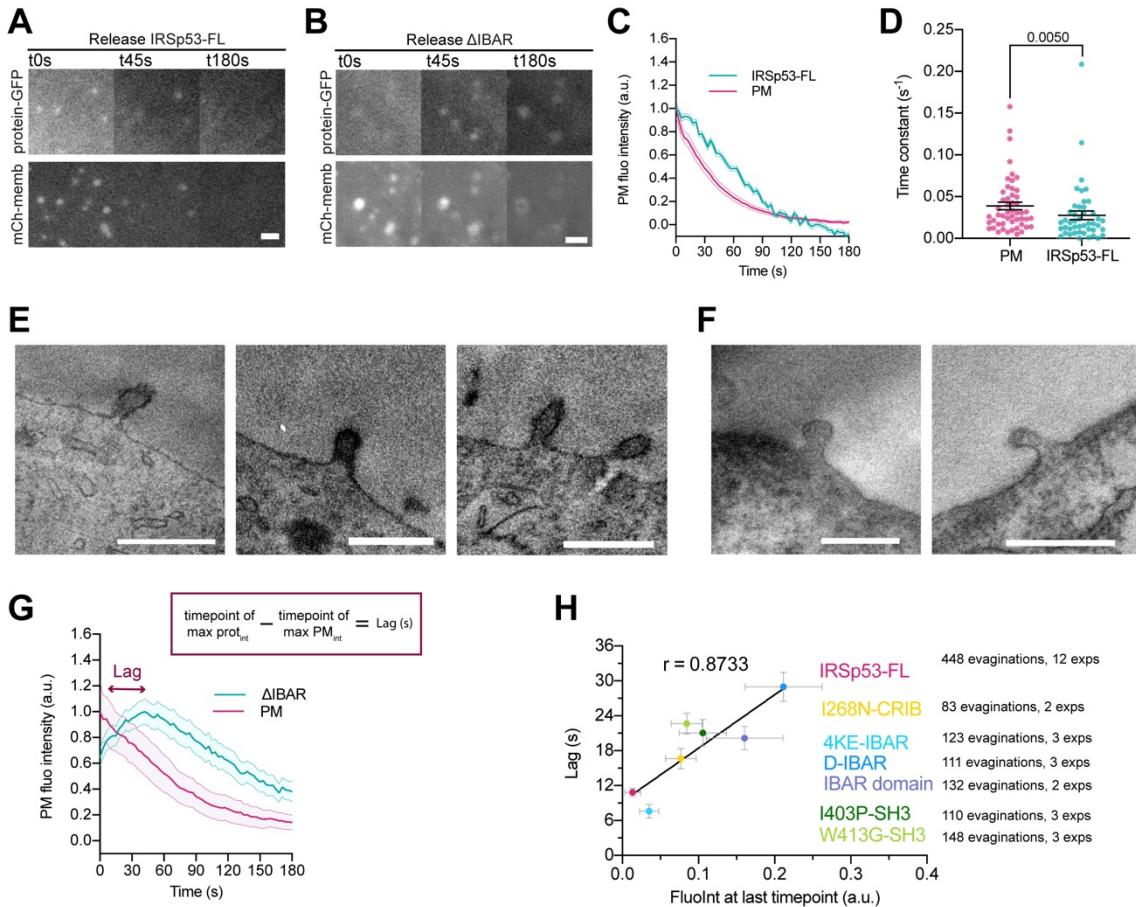
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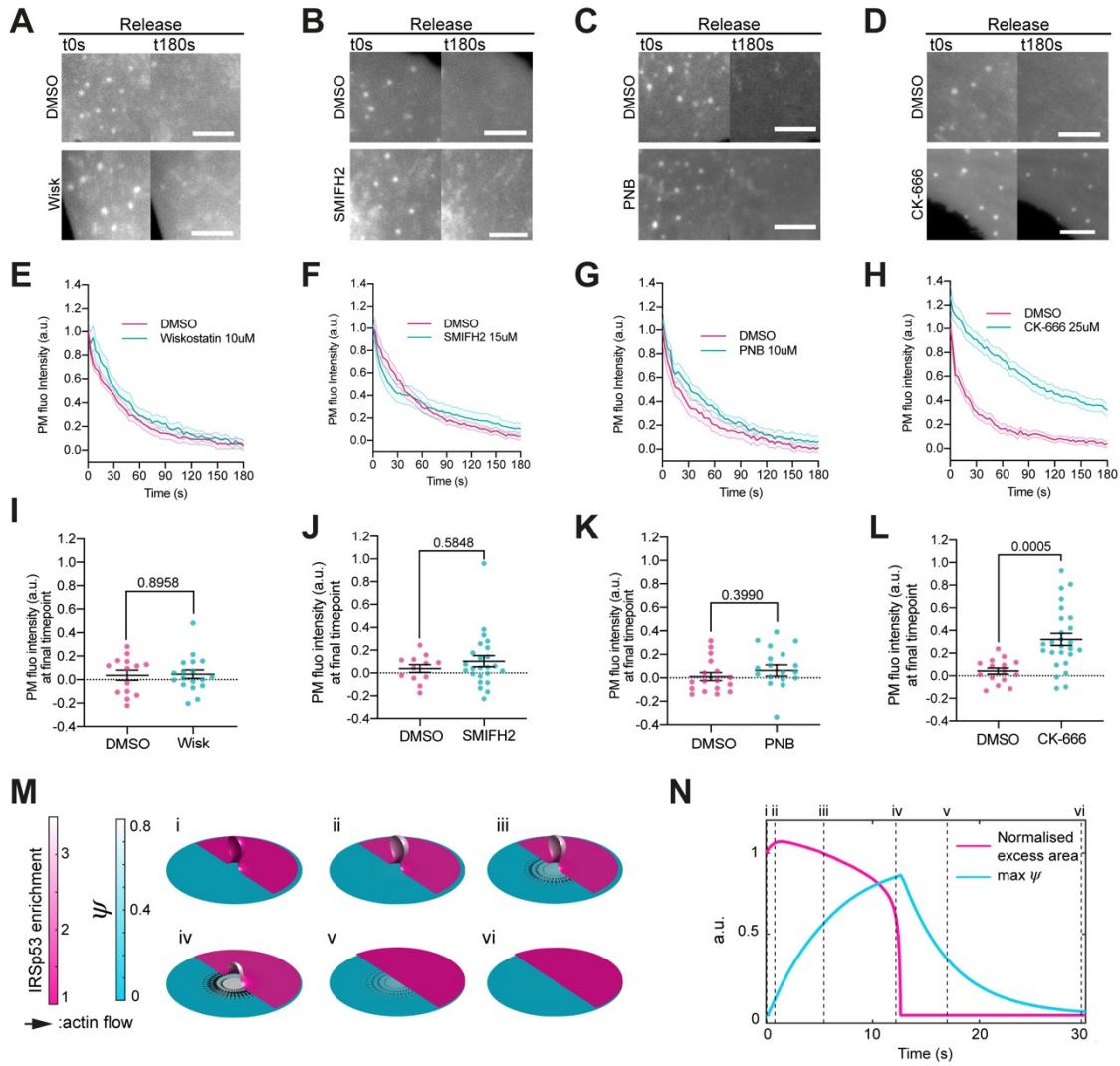
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**Fig. 3: IBAR and SH3 domains of IRSp53 regulate the resorption of PM evaginations. (A)** Schematics representing the IBAR protein IRSp53 and the different molecules interacting with its different domains. **(B)** Schematics of the IRSp53 mutants used in this study. Stars denote the location of mutations impairing the function of the different domains. **(C)** Images of PM evaginations of IRSp53<sup>-/-</sup> cells transfected with mCh-membrane alone (empty) or in combination with the different full length or mutant forms of EGFP-IRSp53 at the first (t0 s) and last (t180 s) timepoint of acquisition after stretch. Scale bars are 5 μm. **(D-E)** Time course dynamics of PM evaginations of mCh-membrane transfected IRSp53<sup>-/-</sup> cells either empty or reconstituted with the different full length or mutant forms of IRSp53. (D) shows IRSp53 mutants that rescue PM recovery after stretch, (E) shows IRSp53 mutants that do not rescue PM recovery after stretch. **(F-G)** Corresponding fluorescence intensity of PM evaginations at the last timepoint of acquisition (t180 s) after the release of stretch. Statistical significance was assessed through Kruskal-Wallis test. Data show mean ± s.e.m.



1254

1255 **Fig. 4: IRSp53 acts as a mechanosensor of PM curvature.** (A, B) Images after  
1256 stretch release of  $\text{IRSp53}^{-/-}$  cells transfected with mCh-membrane and either FL  
1257 or  $\Delta\text{IBAR}$  forms of IRSp53 coupled to EGFP. Scale bars are  $2\mu\text{m}$ . (C)  
1258 Dynamics of PM evaginations upon stretch release quantified through mCh-  
1259 membrane or EGFP-IRSp53-FL fluorescence. (D) Time constants obtained by  
1260 exponential fitting of the evagination resorption curves in the PM and EGFP-FL  
1261 IRSp53 channels. Statistical significance was assessed through Mann-Whitney  
1262 test.  $N=53$  cells from 12 independent experiments. (E-F) TEM images of PM  
1263 evaginations coming from cells co-transfected with either APEX-GBP and (E)  
1264 EGFP-IRSP53-FL or (F) control condition mito-GFP. APEX staining can be  
1265 observed at the PM evaginations of EGFP-IRSp53-FL transfected cells marking  
1266 IRSp53 position. Scale bars are  $500\text{ nm}$ . (G) Dynamics of PM evaginations upon  
1267 stretch release quantified through mCh-membrane or EGFP- $\Delta\text{IBAR}$   
1268 fluorescence. The purple arrow indicates the lag between the PM and IRSp53  
1269 signals, i.e., the time difference between the peaks of maximum intensity of both  
1270 markers.  $N=12$  cells from 3 independent experiments. (H) Time lag of FL or  
1271 mutated IRSp53 plotted against the intensity of fluorescence at the last timepoint  
1272 of acquisition.  $R$  indicates the Pearson correlation coefficient between both  
1273 variables. Data show mean  $\pm$  s.e.m.



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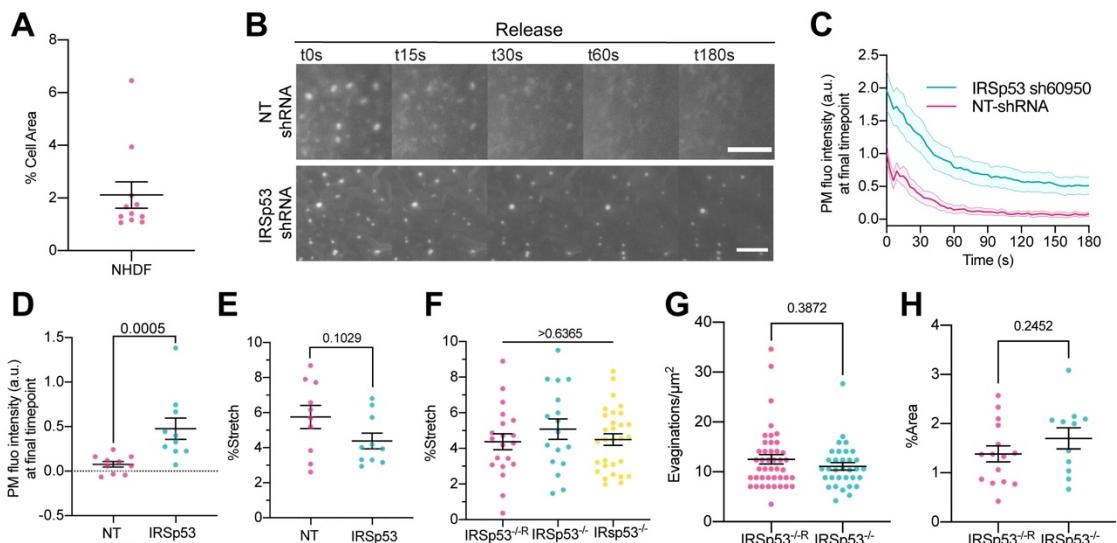
1275 **Fig. 5: IRSp53 organizes actin polymerization via Arp2/3 activation. (A-D)**  
1276 Images after stretch release of PM evaginations, for IRSp53<sup>-/-R</sup> cells treated with  
1277 either vehicle (DMSO) or 10  $\mu$ M Wiskostatin, 15  $\mu$ M SMIFH2, 10  $\mu$ M PNB,  
1278 and 25  $\mu$ M CK-666, respectively. Scale bars are 5  $\mu$ m. PM is marked with EGFP-  
1279 membrane. **(E-H)** Corresponding dynamics of PM evaginations. **(I-L)**  
1280 Differences in PM fluorescence intensity at the final timepoint of acquisition  
1281 (t180 s after stretch) between DMSO treated control cells and drug treated cells.  
1282 Statistical significance was assessed through unpaired T-test for CK-666 and  
1283 PNB against their respective controls, and Mann-Whitney test for SMIFH2 and  
1284 Wiskostatin against their respective controls. For Wiskostatin, N= 18 and 14  
1285 cells, SMIFH2, N = 24 and 12 cells, PNB, N= 19 and 17 cells and CK-666, N=  
1286 26 and 15 cells from 3 independent experiments for all cases. **(M)** Dynamics of  
1287 the model of chemo-mechanical signaling, showing the local enrichment of  
1288 IRSp53 from a baseline value of 1 (magenta, right side of images) and the  
1289 concentration of an actin regulator  $\psi$  (cyan, left side of images). After the  
1290 formation of the evagination (i), IRSp53 becomes enriched within 1 second (ii),  
1291 which triggers the local increase in the concentration of actin regulator  $\psi$  over  
1292 about 10 seconds (iii), thus creating a tension gradient and subsequent  
1293 centrifugal cortex flow dragging and flattening the membrane (iv, v). Once  
1294 planarity is restored, the IRSp53 domain rapidly disassembles, the actin

1295 regulator recovers its steady- state, and the flow ceases (v, vi). The radius of the  
1296 membrane patch is 150 nm. (N) Corresponding quantifications of PM excess  
1297 area contained in the evagination (where 0 corresponds to a flat membrane  
1298 patch) and actin regulator concentration  $\psi$ , timepoints corresponding to  
1299 configurations shown in N are indicated in roman numerals. Both quantifications  
1300 are normalized to a maximum of 1. Data show mean  $\pm$  s.e.m.

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## SUPPLEMENTARY MATERIALS



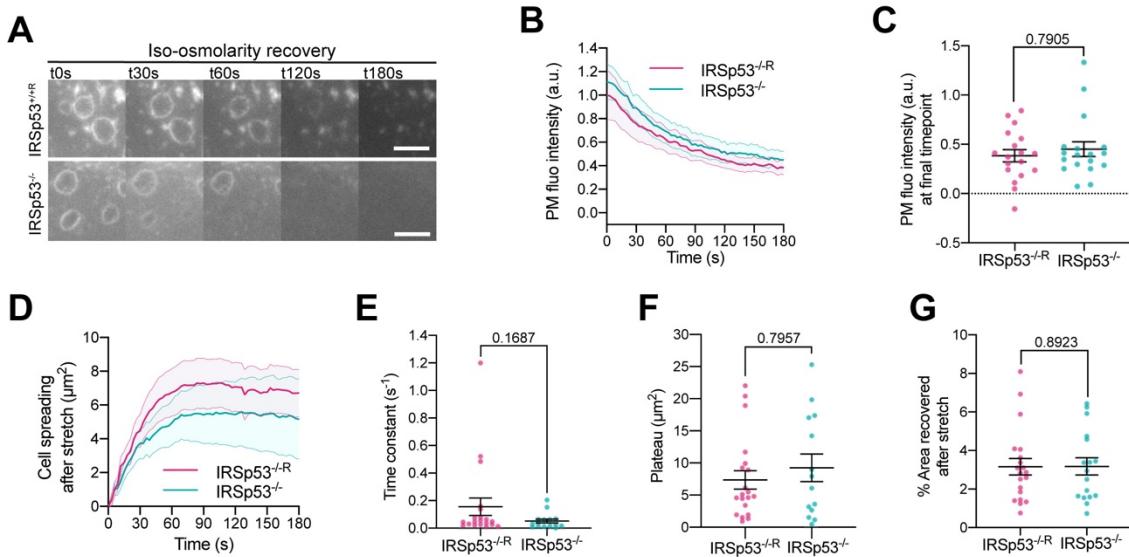
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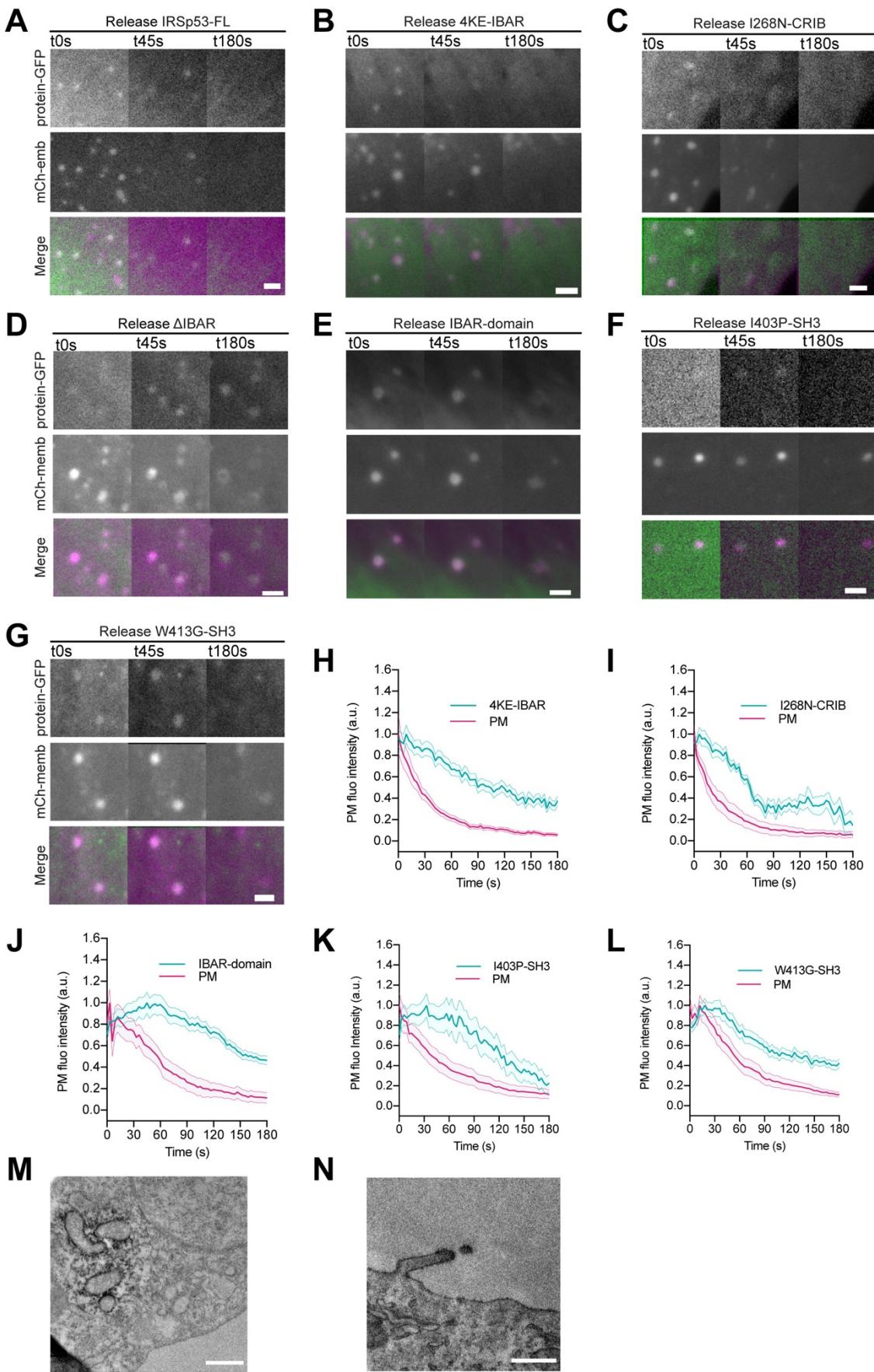
### Supp. Fig. 1: IRSp53 silencing impairs compression-generated PM

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1306 evagination resorption in NHDF. **(A)** % of cell area stored in PM evaginations  
1307 after stretch in NHDF. N = 11 from 3 independent experiments. **(B)** Time course  
1308 images after stretch release of stable NHDF cell lines expressing either a non-  
1309 targeting (NT) shRNA or an shRNA specifically targeting IRSp53. PM is  
1310 marked with EGFP-membrane. Scale bars are 5  $\mu\text{m}$ . **(C)** Quantification  
1311 dynamics of EGFP-membrane tagged PM evaginations after stretch release in  
1312 NT-shRNA and IRSp53 shRNA expressing cells. **(D)** Differences in EGFP-  
1313 membrane fluorescence intensity at the final timepoint of acquisition after  
1314 stretch in the conditions mentioned above. Significance was calculated through  
1315 Mann-Whitney test. **(E)** Areal stretch experienced by NT-shRNA and IRSp53  
1316 shRNA expressing cells under exposure to 7% PDMS membrane nominal  
1317 stretch. Statistical differences were tested through unpaired T-test. N=8 and 10  
1318 cells from 2 independent experiments. **(F)** Areal stretch experienced by IRSp53<sup>-/-R</sup>,  
1319 IRSp53<sup>-/-</sup> and IRSp53<sup>-/-</sup>-EGFP-IRSp53-FL under exposure to 5% PDMS  
1320 membrane nominal stretch. Statistical differences were tested through one-way  
1321 ANOVA. N= 20, 19 and 28 cells from 3, 3 and 5 independent experiments. **(G)**  
1322 Number of PM evaginations per  $\mu\text{m}^2$  formed after stretch in IRSp53<sup>-/-R</sup> and  
1323 IRSp53<sup>-/-</sup> MEF. N= 43 and 33 regions from 15 and 11 cells from 3 independent  
1324 experiments. **(H)** % of cell area stored in PM evaginations after stretch in  
1325 IRSp53<sup>-/-R</sup> and IRSp53<sup>-/-</sup> MEF. N = 15 and 11 cells from 3 independent  
1326 experiments. Statistical differences were tested through Mann-Whitney test.  
Data show mean  $\pm$  s.e.m.



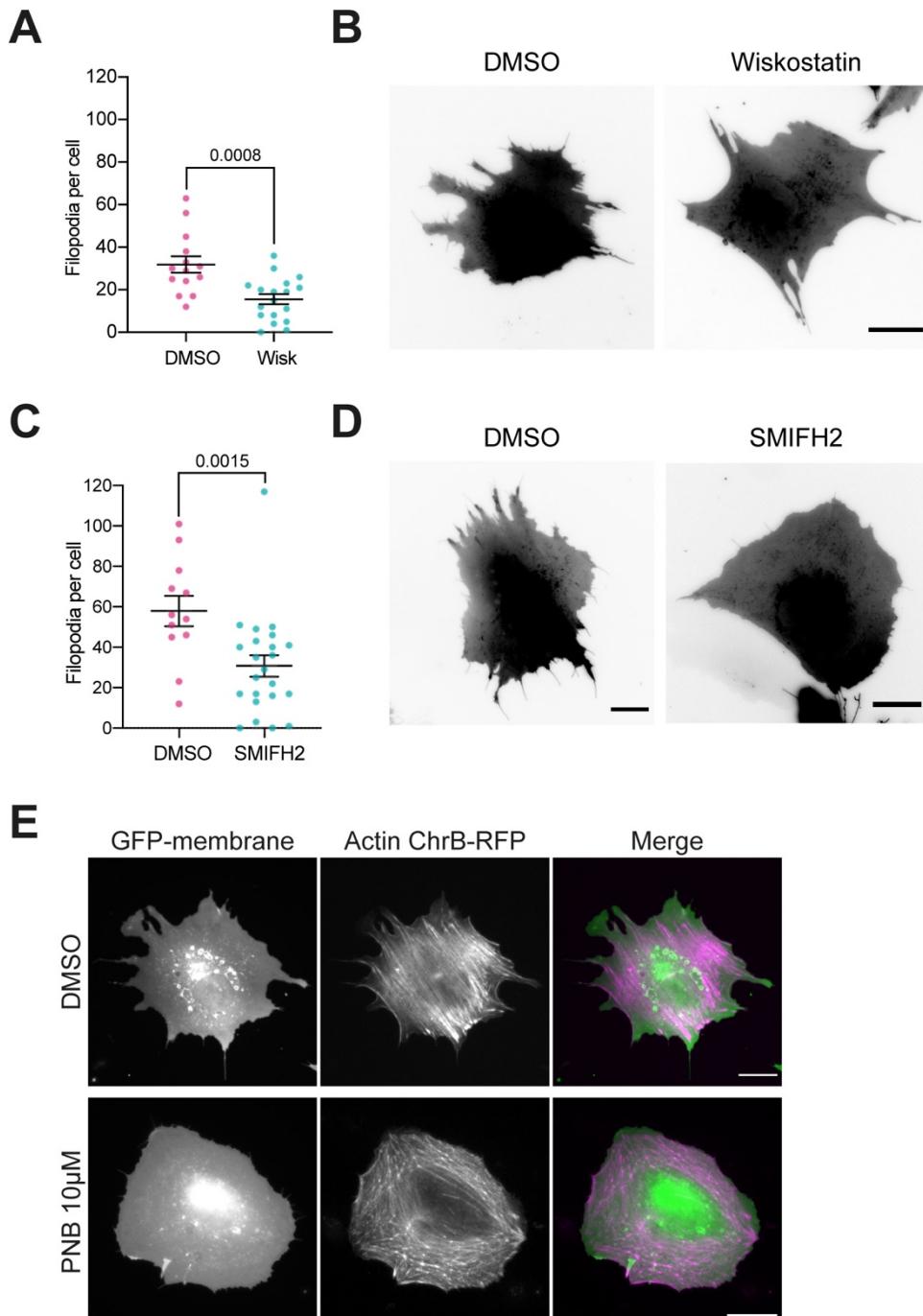
1328 **Supp. Fig. 2: The role of IRSp53 is local and specific to PM evaginations.** (A) Time  
1329 course images of VLDs (observed with a pYFP-membrane fluorescent marker  
1330 transfection) formed by exposing cells to iso-osmolar medium after a transient exposure  
1331 to a 50% hypo-osmotic medium. Results for IRSp53<sup>-/-R</sup> and IRSp53<sup>-/-</sup> cells are shown.  
1332 Scale bars are 5 $\mu\text{m}$ . (B) VLDs fluorescence quantification as a function of time. (C)  
1333 Comparison of PM fluorescence intensity of VLDs at the last frame of acquisition (180s  
1334 after the iso-osmotic medium recovery). Significance was assessed through Mann-  
1335 Whitney test. N=18 cells from 3 independent experiments. (D) Cell spreading during  
1336 PM recovery phase. 0 = cell area after the release of stretch. (E) Comparison of time  
1337 constants resulting from the exponential fitting of the curves obtained from cell  
1338 spreading during the recovery phase after stretch. (F) Comparison of plateau values  
1339 resulting from the same exponential fitting. (G) Quantification of % of area recovered  
1340 after stretch. N=20 and 17 cells from 4 independent experiments. Statistical significance  
1341 was assessed through Mann-Whitney test. Data show mean  $\pm$  s.e.m.



1343 **Suppl. Fig. 3: Additional data on IRS<sub>p</sub>53 mutants. (A-G)** Images of IRS<sub>p</sub>53<sup>-/-</sup>  
1344 cells after stretch release transfected with mCh-membrane and either the FL form of  
1345 IRS<sub>p</sub>53 or different mutant forms of the protein coupled to EGFP. Scale bars are  
1346 2μm. **(H-L)** Corresponding dynamics of PM evaginations upon stretch release  
1347 quantified through mCh-membrane or GFP coupled to the different IRS<sub>p</sub>53  
1348 mutants. N= 15, 13, 14, 9 12 and 16 cells from 3, 3, 2, 3, 3 and 3 independent  
1349 experiments. **(M-N)** TEM images of IRS<sub>p</sub>53<sup>-/-</sup> cells co-transfected with csAPEX2-  
1350 GBP together with **(M)** mito-GFP or **(N)** EGFP-IRS<sub>p</sub>53-FL. APEX staining can be  
1351 observed around mitochondria (M), in the tips of filopodia and up to some extent in  
1352 the PM of EGFP-IRS<sub>p</sub>53-FL transfected cells (N), as expected. Scale bars are 500  
1353 nm. Data show mean ± s.e.m.

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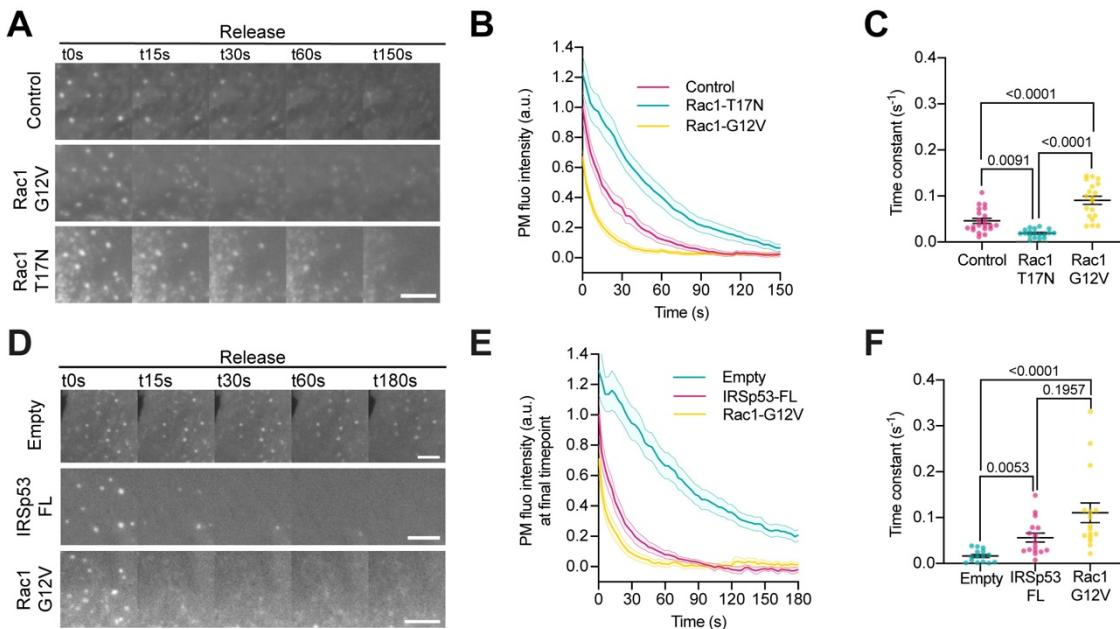
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1357 **Suppl. Fig. 4: Controls of drug treatment in IRS $53^{-/-}$ R MEF.** (A) Number of  
1358 filopodia per cell in 10  $\mu$ M Wiskostatin or vehicle (DMSO) treated cells. Compound  
1359 was incubated for 30 min at 37°C before experiments. N= 18 and 14 cells respectively  
1360 from 3 independent experiments. Statistical significance was assessed through unpaired  
1361 T-test. (B) Corresponding images of GFP-membrane transfected cells. (C) Number of  
1362 filopodia per cell in 15  $\mu$ M SMIFH2 or vehicle (DMSO) treated cells. Compound was  
1363 incubated for 1 h at 37°C before experiments. N=24 and 13 cells from 4 independent  
1364 experiments. Statistical significance was assessed through Mann-Whitney test. (D)  
1365 Corresponding images of GFP-membrane transfected cells. (E) IRS $53^{-/-}$ R MEF after 30  
1366 min incubation at 37°C with either 10  $\mu$ M PNB or vehicle (DMSO). Cells were

1367 transfected with GFP-membrane and Actin Chromobody-RFP to mark both PM and  
1368 actin. For all images scale bar is 20  $\mu$ m. Data show mean  $\pm$  s.e.m.

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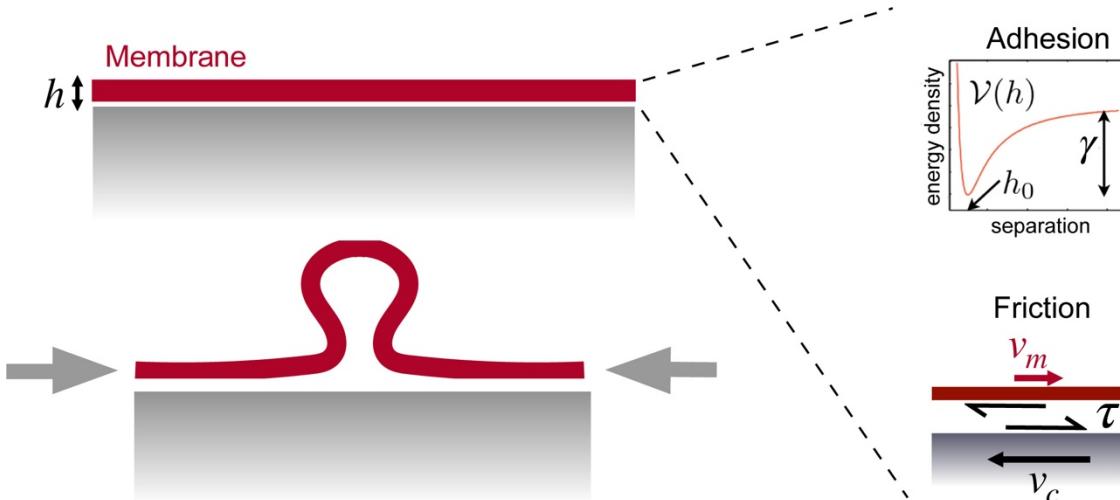


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1372 **Suppl. Fig. 5: Rac1 is involved in PM remodeling upon stretch.** **(A)** Time course  
1373 images of PM evaginations after stretch release on NHDF expressing a PM marker  
1374 alone, or a PM marker plus either a constitutively active (G12V) or a dominant  
1375 negative (T17N) form of Rac1. PM was tagged with GFP-membrane marker. **(B)**  
1376 Corresponding quantification of evagination resorption dynamics after stretch. **(C)**  
1377 Time constants resulting from the exponential fitting of the curves in panel (B).  
1378 Statistical significance was assessed through one-way ANOVA. N=21, 19 and 19  
1379 cells from 4 independent experiments. **(D)** Time course images of PM evaginations  
1380 after stretch on IRSp53<sup>-/-</sup> MEF expressing either a constitutively active (G12V) form  
1381 of Rac1 or EGFP-IRSp53-FL. PM was tagged with either GFP for Rac1-G12V and  
1382 Empty cells or with mCherry for the EGFP-IRSp53-FL transfected cells. **(E)**  
1383 Corresponding quantification of evagination resorption dynamics after stretch. **(F)**  
1384 Time constants resulting from the exponential fitting of the curves in panel (E).  
1385 Statistical significance was assessed through Kruskal-Wallis test. N= at least 19, 16  
1386 and 16 cells from 3 independent experiments. For all images scale bars are 5 $\mu$ m.

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1390 **Suppl. Fig. 6: Considerations for the model.** Schematic of the interaction between  
1391 the membrane and the 2D underlying cortex, separated by a distance  $h$  before  
1392 evaginations form. The interaction is modelled through an adhesion potential  $\mathcal{V}(h)$   
1393 with a minimum at separation  $h_0$ , with adhesion tension  $\gamma$  and a tangential frictional  
1394 traction  $\tau$  in the adhered part of the membrane proportional to the slippage velocity  
1395  $v_m - v_c$ .

1396

#### 1397 **Supplementary Videos**

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1399 **Supplementary video 1** Time lapse of an NHDF cell labelled with GFP-  
1400 membrane before, during, and after stretch application. Images on the right side  
1401 show a magnification of the areas marked in red on the left side.

1402 **Supplementary video 2** Time lapse of an NHDF cell labelled with Actin  
1403 Chromobody-GFP (ACG) and mCherry-membrane, before, during, and after  
1404 stretch application. Images on the right side show a magnification of the areas  
1405 marked in red on the left side.

1406 **Supplementary video 3** Time lapse of an NHDF cell labelled with mEmerald-  
1407 Ezrin and mCherry-membrane, before, during, and after stretch  
1408 application. Images on the right side show a magnification of the areas marked  
1409 in red on the left side.

1410 **Supplementary video 4** Time lapse of a stable NHDF cell line expressing  
1411 IRSp53 shRNA, labelled with GFP-membrane, before, during, and after stretch  
1412 application. Images on the right side show a magnification of the areas marked  
1413 in red on the left side.

1414 **Supplementary video 5** Time lapse of a stable NHDF cell line expressing  
1415 control Non-Targeting shRNA, labelled with GFP-membrane, before, during,

1416 and after stretch application. Images on the right side show a magnification of  
1417 the areas marked in red on the left side.

1418 **Supplementary video 6** Time lapse of an IRS $p53^{-/-}$  MEF cell, labelled with  
1419 GFP-membrane before, during, and after stretch application. Images on the right  
1420 side show a magnification of the areas marked in red on the left side.

1421 **Supplementary video 7** Time lapse of an IRS $p53^{-/-R}$  MEF cell, labelled with  
1422 GFP-membrane before, during, and after stretch application. Images on the right  
1423 side show a magnification of the areas marked in red on the left side.

1424 **Supplementary video 8** Time lapse of an IRS $p53^{-/-}$  MEF cell reconstituted with  
1425 EGFP-IRS $p53$ -FL and labelled with mCherry-membrane before, during, and  
1426 after stretch application. Images on the right side show a magnification of the  
1427 areas marked in red on the left side.

1428 **Supplementary video 9** Time lapse of an IRS $p53^{-/-}$  MEF cell, labelled with  
1429 Actin Chromobody-GFP (ACG) and mCherry-membrane before, during, and  
1430 after stretch application. Images on the right side show a magnification of the  
1431 areas marked in red on the left side.

1432 **Supplementary video 10** Time lapse of an IRS $p53^{-/-R}$  MEF cell, labelled with  
1433 Actin Chromobody-GFP (ACG) and mCherry-membrane before, during, and  
1434 after stretch application. Images on the right side show a magnification of the  
1435 areas marked in red on the left side.

1436 **Supplementary video 11** Time lapse of an IRS $p53^{-/-R}$  MEF cell, labelled with  
1437 pYFP-membrane. Cell is submitted to hypotonic treatment; the medium is  
1438 subsequently restored to the initial isotonic condition Images on the right side  
1439 show a magnification of the areas marked in red on the left side.

1440 **Supplementary video 12** Time lapse of an IRS $p53^{-/-}$  MEF cell, labelled with  
1441 pYFP-membrane. Cell is submitted to hypotonic treatment; the medium is  
1442 subsequently restored to the initial isotonic condition. Images on the right side  
1443 show a magnification of the areas marked in red on the left side.

1444 **Supplementary video 13** Time lapse of an IRS $p53^{-/-}$  MEF cell, reconstituted  
1445 with EGFP-IRS $p53$ -4KE and labelled with mCherry-membrane, before, during,  
1446 and after stretch application. Images on the right side show a magnification of  
1447 the areas marked in red on the left side.

1448 **Supplementary video 14** Time lapse of an IRS $p53^{-/-}$  MEF cell, reconstituted  
1449 with EGFP-IRS $p53$ -I268N and labelled with mCherry-membrane, before,  
1450 during, and after stretch application. Images on the right side show a  
1451 magnification of the areas marked in red on the left side.

1452 **Supplementary video 15** Time lapse of an IRS $p53^{-/-}$  MEF cell, reconstituted  
1453 with EGFP-IRS $p53$ -ΔIBAR and labelled with mCherry-membrane, before,  
1454 during, and after stretch application. Images on the right side show a  
1455 magnification of the areas marked in red on the left side.

1456                   **Supplementary video 16** Time lapse of an IRS $^{53-/-}$  MEF cell, reconstituted  
1457                   with EGFP-IRS $^{53-/-}$ -I408P and labelled with mCherry-membrane, before,  
1458                   during, and after stretch application. Images on the right side show a  
1459                   magnification of the areas marked in red on the left side.

1460                   **Supplementary video 17** Time lapse of an IRS $^{53-/-}$  MEF cell, reconstituted  
1461                   with EGFP-IRS $^{53-/-}$ -W413G and labelled with mCherry-membrane, before,  
1462                   during, and after stretch application. Images on the right side show a  
1463                   magnification of the areas marked in red on the left side.

1464                   **Supplementary video 18** Time lapse of an IRS $^{53-/-}$  MEF cell, reconstituted  
1465                   with EGFP-IBAR and labelled with mCherry-membrane, before, during, and  
1466                   after stretch application. Images on the right side show a magnification of the areas  
1467                   marked in red on the left side.

1468                   **Supplementary video 19** Time lapse of an IRS $^{53-/-R}$  MEF cell treated with  
1469                   10 $\mu$ M Wiskostatin and labelled with EGFP-membrane, before, during, and after  
1470                   stretch application. Images on the right side show a magnification of the areas  
1471                   marked in red on the left side.

1472                   **Supplementary video 20** Time lapse of an IRS $^{53-/-R}$  MEF cell treated with  
1473                   15 $\mu$ M SMIFH2 and labelled with EGFP-membrane, before, during, and after  
1474                   stretch application. Images on the right side show a magnification of the areas  
1475                   marked in red on the left side.

1476                   **Supplementary video 21** Time lapse of an IRS $^{53-/-R}$  MEF cell treated with  
1477                   10 $\mu$ M para-nitrolebbitstatin and labelled with EGFP-membrane, before, during,  
1478                   and after stretch application. Images on the right side show a magnification of  
1479                   the areas marked in red on the left side.

1480                   **Supplementary video 22** Time lapse of an IRS $^{53-/-R}$  MEF cell treated with  
1481                   25 $\mu$ M CK-666 and labelled with EGFP-membrane, before, during, and after  
1482                   stretch application. Images on the right side show a magnification of the areas  
1483                   marked in red on the left side.

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