

Ultrasound mediated cellular deflection results in cellular depolarization

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1 Ultrasound has been used to manipulate cells in both humans and animal models. While intramembrane cavitation and lipid clustering have
2 been suggested as likely mechanisms, they lack experimental evidence. Here we use high-speed digital holographic microscopy (to 100-kHz
3 order) to visualize the cellular membrane dynamics. We show that neuronal and fibroblast membranes deflect about 150 nm upon ultrasound
4 stimulation. Next, we develop a biomechanical model that predicts changes in membrane voltage after ultrasound exposure. Finally, we validate
5 our model predictions using whole-cell patch clamp electrophysiology on primary neurons. Collectively, we show that ultrasound stimulation
6 directly deflects the neuronal membrane leading to a change in membrane voltage and subsequent depolarization. Our model is consistent with
7 existing data and provides a mechanism for both ultrasound-evoked neurostimulation and sonogenetic control.

8 1 Introduction

9 Existing methods to stimulate neural activity include electrical [1, 2, 3, 4, 5], optical [6] and chemical techniques [7]. They have enabled the development of novel therapies that are used in clinical settings [8], in
10 addition to helping understand aspects of neural function [9] and disease mechanisms [10]. Despite their
11 beneficial impact, these approaches are fundamentally limited. Electrical stimulation is invasive, requiring direct contact with the target of interest. Inserting electrodes into the brain may lead to inflammation,
12 bleeding, cell death [11], and local cytokine concentration increases in microglia that precipitate astrocyte
13 formation around the electrodes that, in turn, reduce long-term effectiveness [12]. In addition, it may have
14 non-specific effects depending on the electric field generated by the electrodes and the stimulation parameters used [13]. Transcranial direct current stimulation (tDCS) and transcranial magnetic stimulation (tMS)
15 are new and non-invasive, yet they have poor spatial resolution on the order of 1 cm [14, 15]. Furthermore,
16 approaches combining genetic tools with light or small molecules achieve cellular specificity. *Optogenetics*,
17 which involves the use of light and genetically encoded membrane proteins [16], has enabled elucidation of
18 cellular circuits in animal models. However, it remains an invasive technique and applications are limited by
19 the depth of penetration of light in tissue. In contrast, *chemogenetics*, using small molecule sensitive designer
20 receptors, is limited by poor temporal resolution and is unfortunately impractical for many neural applications
21 that require millisecond response times [17].

22 Ultrasound can overcome the limitations of these methods. It is non-invasive and has a high spatiotemporal
23 resolution. Improvements in the spatial resolution through transfection currently come at the cost of a
24 minimally-invasive procedure to directly inject the vector into the target tissue [18], though there may soon
25 be non-invasive alternatives [19]. The spatial resolution of ultrasound is governed by the wavelength of operation
26 and is about 1.5 mm at 1 MHz in tissue. The temporal resolution is dependent on the duration of
27 stimulation and may be as short as a single time period, $T = 1/f$ where f is the operating frequency. The frequency
28 is dictated by the depth and size of the target region in traditional focused ultrasound neuromodulation
29 [20], and is generally compatible with human and animal anatomy for this application. Harvey [21] was

33 one of the first to utilize these advantages over ninety years ago on frog ventricular heart tissue. Recent ad-
34 vances in describing the suppression of epileptic activity in patients [22] are an indicator the method is still
35 being considered in clinical applications.

36 Despite these recent experimental and clinical developments, and progress in exploring the sonogenetic and
37 ultrasonic-to-chemical action mechanisms, there is no convincing, overarching explanation for the observa-
38 tions. Some of the proposed mechanisms include cavitation [23], indirect auditory signalling *in vivo* [24] and
39 increased lipid clustering resulting in a change in the membrane tension [25]. These studies have either been
40 conducted on time scales that are orders of magnitude larger than those used for ultrasound neuromodula-
41 tion or lack robust imaging techniques that operate at timescales relevant to the frequency of stimulation.
42 Additionally, studies often treat surface tension, membrane composition, and membrane stresses as a single
43 term, *membrane fluidity* [25]. This term lacks rigorous physical description and is assigned a value based
44 on relative fluorescence intensity changes. The imprecision of this description makes it difficult to isolate the
45 influence of the measurable physical mechanisms of which it is comprised. A model using membrane fluid-
46 ity leaves the explanation of the biophysical phenomenon incomplete.

47 More broadly, action potentials are known to accompany, in phase, the cell membrane's deflection [26, 27].
48 These observations and more recent studies into the thermodynamic effects associated with the generation
49 of action potentials [28] point to transmembrane voltage changes being more than just an electrical phe-
50 nomenon. In addition, phenomenological observations of ultrasound on neurons suggests there is a con-
51 version of mechanical to electrical energy at the level of individual neurons.

52 The model described here details membrane deflection due to an applied ultrasound stimulus and links it to
53 neuronal depolarization. In addition, we report the first three-dimensional visualization of cell membrane
54 deflection due to an ultrasound stimulus by using high-speed digital holographic microscopy (DHM). We use
55 current clamp electrophysiology in the challenging environment of intense ultrasound to monitor ultrasound-
56 driven, real-time changes in voltage across the membrane in single neurons *in vitro*. Our experiments con-
57 firm the predictions made by the biophysical model, both with regard to membrane deflection and voltage
58 changes. Our findings provide insight into the effects of ultrasound on cells and cell signaling, the under-
59 standing of which is vital to sonogenetics and its clinical application.

60 2 Results

61 2.1 Digital holographic imaging of cell membrane deflection

62 High resolution imaging approaches employing phase-contrast [29] and differential contrast [30] are com-
63 monly used to image biological specimens. These techniques transform phase differences to amplitude dif-
64 ferences in an image, but they lack quantitative phase information. High-speed digital holographic micro-
65 scopy (DHM) [31] is a cutting-edge method that yields three-dimensional holograms at high frame rates. We
66 use transmission DHM, which measures transparent media based on quantifying phase disparities induced
67 by the measured sample. In short, this approach works by comparing phase differences induced in the co-
68 herent light transmitted through the sample with reference light traversing an unobstructed path. Digital
69 holographic microscopy has several advantages in comparison to conventional microscopic techniques. Nu-
70 mercial processing of the wavefront transmitted through the sample permits simultaneous computation of
71 intensity and phase distribution [32]. The holographic measurements also make it possible to focus on dif-
72 ferent object planes without relative movement between the stage and the lens [33] and enable numerical
73 lens aberration correction [34].

74 The response measurements consisted of a 25 ms baseline recording, followed by a 50 ms stimulus and a
75 25 ms post-stimulus dwell, leading to a median deflection of 214 nm for human embryonic kidney (HEK293)

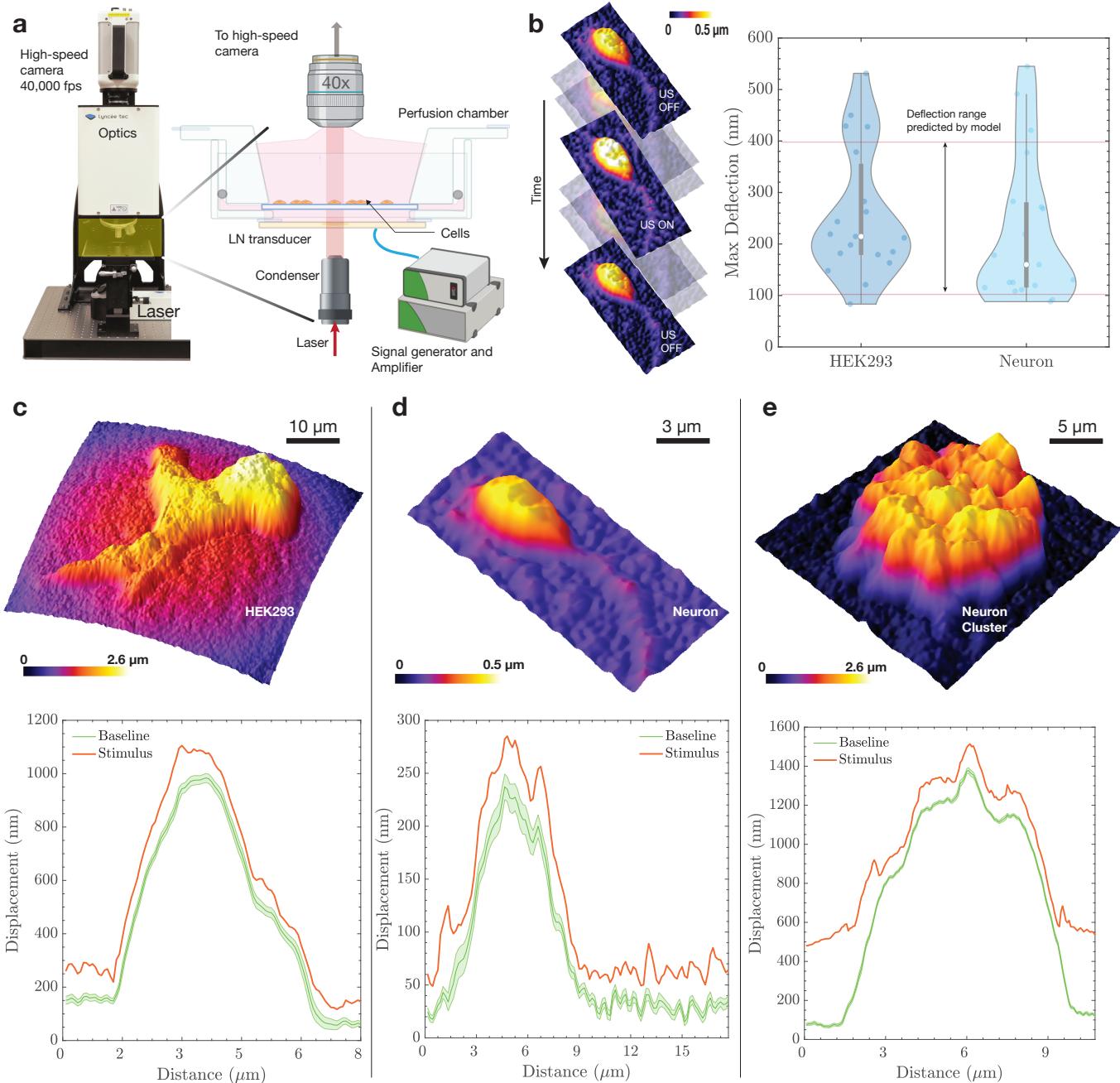


Figure 1: High-speed DHM imaging of membrane deflection. The deflection predicted by the model was verified using (a) high-speed digital holographic microscopy. The DHM setup consists of a lithium niobate transducer operating at 6.72 MHz driven by a signal generator and an amplifier. The cells are mounted on a coverslip and placed in a custom perfusion chamber maintained at 37°C. The DHM enables the (b) quantitative reconstruction of phase images acquired by the high-speed camera recording at up to 200,000 frames per second. The maximum deflection is confirmed to be within the range predicted by the model (100–400 nm), with a median deflection of 214 nm for HEK293 cells and 160 nm for neurons. All recordings involve a 25 ms baseline, followed by a 50 ms burst and a 25 ms post-stimulus dwell. The displacement profiles of (c–e) different cell types studied indicate a steady baseline reading, with a maximum variation of ± 20 nm and the maximum deflection similar across the studied cell types.

76 cells and 159 nm for neurons, with a range of 100 nm to 550 nm across the two tested cell types (Supplemental
77 Videos 1 and 2). The baseline deflection had a range of ± 20 nm, inclusive of both random thermal fluc-
78 tuations across the cell membrane and noise introduced to the system due to the imaging arrangement (Fig. 1b).
79 The deflection predicted by the model depends on the length of the membrane and surface tension. The
80 values predicted in Fig. 2b are representative of typical cell sizes used in our experiments for HEK cells and
81 neurons. Sample displacement profiles and membrane profiles are illustrated in Fig. 1c-d (see Supplemental
82 Videos as well), and Fig. 1e represents the deflection profile for a cluster of neurons. The cluster was imaged
83 to confirm deflection in a group of neurons and help provide insight into the *in vivo* mechanisms of activa-
84 tion.

85 The length of the membrane under consideration can vary depending on the cell type and distance between
86 focal adhesions, and, as later predicted by the model, the length of the membrane between the fixed points
87 and the surface tension under consideration are crucial in determining the deflection (Fig. 2b). Results from
88 the neuronal cluster show that the magnitude of deflection remains roughly the same for a group of cells as
89 for a single neuron.

90 Membrane deflection during the generation of action potentials has been observed in the past [35], but the
91 converse phenomenon of membrane deflection leading to the generation of action potentials has not been
92 explored. Other imaging techniques have been reported for measuring cell membrane deflection, such as
93 atomic force microscopy (AFM). Although AFM is well established and offers high spatial resolution, it suffers
94 from low temporal resolution and lacks the ability to simultaneously scan multiple points [36]. Overall, our
95 experimental setup allows us to confirm membrane deflection due to ultrasound and the results are within
96 the range of membrane deflections predicted by our model.

97 2.2 Membrane deflection model

98 Based upon the results from the experiments, with cells cultured on a surface and surrounded by media,
99 the membrane is assumed to be fixed at the periphery. A similar case occurs *in vivo*, where the extracellular
100 matrix holds individual cells in place and provides anchoring locations for sections of the membrane. Cel-
101 lular anchoring is important because it imposes a characteristic distance over which the range of permissi-
102 ble deflection wavemodes may occur [see methods]. Its deflection is restricted in the analysis to a single di-
103 rection, perpendicular to the plane of the membrane and parallel to the direction of propagation of sound.
104 The model does not take into account the restoring effects of the actin cytoskeleton, difficult to estimate but
105 likely playing a crucial role in restoring the membrane to its original equilibrium position.

106 The stimulus provided to the cells is in the form of a *burst*, a short-term continuous ultrasound signal of con-
107 stant amplitude and frequency. In a burst, a sinusoidal electrical signal is typically applied across the piezo-
108 electric material used in a transducer, which transforms this signal into a sinusoidally varying pressure field
109 in the fluid medium at the frequency of excitation. This is rather different than the approach used by Prieto
110 et. al [37], where the ultrasound is modeled as a step increase in hydrostatic pressure from zero to a fixed
111 positive value at $t = 0$. In our approach [see methods], the burst signal oscillates at the ultrasound frequency,
112 and an analytical solution for the slower time scale of the membrane mechanics is found in response to this
113 harmonic ultrasound excitation. This solution is then used in a numerical model to produce the solution for
114 the deflection of the fixed membrane, resolving the discrepancy between the timescales of ultrasonic stimu-
115 lation ($\sim 0.1 \mu\text{s}$) and the experimentally verified membrane deflection occurring on the order of milliseconds.
116 This hybrid approach was chosen because a numerical simulation of the entire phenomena from ultrasound
117 to membrane deflection would be extremely difficult due to the vastly different spatiotemporal scales, even
118 with state-of-the-art computational resources. Finally, the hydrostatic pressure included by Prieto et. al [37]
119 is discarded here, because it is orders of magnitude lower than the ultrasonic radiation pressure.

120 The damped wave equation describing the deflection, u , of the membrane in response to ultrasonic pres-

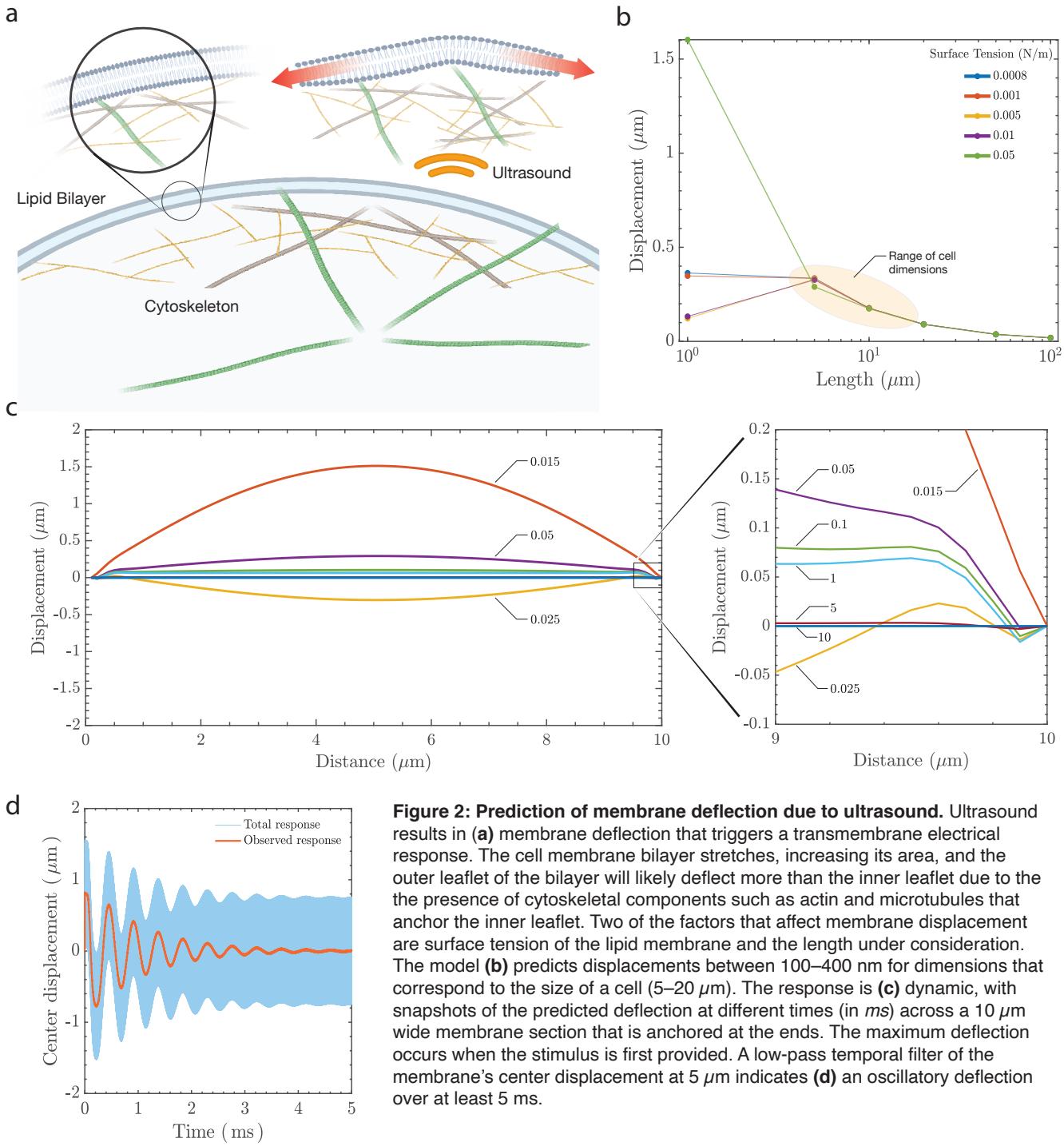


Figure 2: Prediction of membrane deflection due to ultrasound. Ultrasound results in (a) membrane deflection that triggers a transmembrane electrical response. The cell membrane bilayer stretches, increasing its area, and the outer leaflet of the bilayer will likely deflect more than the inner leaflet due to the presence of cytoskeletal components such as actin and microtubules that anchor the inner leaflet. Two of the factors that affect membrane displacement are surface tension of the lipid membrane and the length under consideration. The model (b) predicts displacements between 100–400 nm for dimensions that correspond to the size of a cell (5–20 μm). The response is (c) dynamic, with snapshots of the predicted deflection at different times (in ms) across a 10 μm wide membrane section that is anchored at the ends. The maximum deflection occurs when the stimulus is first provided. A low-pass temporal filter of the membrane's center displacement at 5 μm indicates (d) an oscillatory deflection over at least 5 ms.

sure, P_{US} , is written as

$$\rho \partial_t^2 u = 2\eta \frac{\partial^3 u}{\partial x^2 \partial t} + (2\gamma \partial_x^2 u + P_{\text{US}}) \left(\frac{\pi}{d} \right), \quad (1)$$

where ρ and η are the dynamic viscosity and density of the surrounding fluid, both assumed to be the same as water as used in prior studies [38, 39]; γ is the surface tension between the membrane and media; and d is the characteristic length of the membrane between anchor points. Equation (1) was solved by the method of eigenfunction expansion [methods]. Figure 2 provides results representative of the analysis, with a 1 MPa pressure supplied to the membrane using a 7 MHz transducer in the form of a sine wave over a period of 5 ms. The mechanical index for the parameters listed in this study is 0.37, well below the oft-cited mechanical index threshold for cavitation onset of 0.7 in bubble-perfused tissue [40]. However, our study uses no

129 bubbles and the mechanical index of 0.37 is much lower than the U.S. Federal Drug Administration's man-
130 dated clinical safety threshold index of 1.9 without introduced microbubbles [41, 42] is more appropriate.
131 These data suggest that we are unlikely to cause cavitation.

132 Maximum membrane deflection occurs when the ultrasound stimulus is applied, followed by decay due to
133 viscous losses to the host medium. The magnitude of deflection depends on the stimulation frequency and
134 peak pressure, with lower frequencies and higher pressures producing greater membrane deflection. The
135 critical parameters that influence the deflection magnitude are the characteristic membrane anchor length
136 and surface tension, as shown in Fig. 2b. The deflection predicted by the model for dimensions relevant to
137 the size of a cell are between 100 nm to 400 nm, irrespective of the value of surface tension. We modelled
138 membrane deflection due to a range of surface tension values reported in the literature [37, 43]. Maximum
139 membrane deflection occurs at the midpoint of the axisymmetric membrane model. This is portrayed in
140 Fig. 2c, where we provide graphical "snapshots" of the ultrasonically-forced membrane over time. The closed-
141 form displacement solution to Eq. (1) allows us to link the fast ultrasonic timescales (on μ s order) to phe-
142 nomena occurring at observable timescales (on ms order), as shown in Fig. 2d. The character of the mem-
143 brane "slow time" response—that is, its ability (or lack thereof) to sustain oscillations—is governed by the
144 value of the Ohnesorge number, Oh .

145 The nondimensional parameter Oh characterizes the importance of dissipative viscous forces relative to the
146 combined interaction of conservative inertial and surface tension forces. In other words, Oh characterizes,
147 on average, the extent to which the membrane dissipates or conserves mechanical energy. Typical Oh values
148 for neurons range from ~ 0.06 to ~ 0.45 . This implies that inertial and surface tension forces dominate over
149 viscous forces: the slow time membrane response is characteristically oscillatory. This behavior results from
150 the membrane's tendency toward retaining mechanical energy in the form of sustained oscillations when
151 $Oh < \sqrt{2/\pi} \approx 0.8$. This is explicitly derived in the detailed analysis [methods] and suggests that the slow time
152 oscillations of the ultrasonically actuated membrane is implicated in the changes in the membrane capaci-
153 tance as detailed in the following sections.

154 2.3 Model prediction of action potentials and electrophysiology

155 Modeling the electrical output of a neuron under the influence of ultrasound involves defining a modified
156 version of the original Hodgkin-Huxley equations [44],

$$157 \frac{dV_m}{dt} = -\frac{1}{C_m} [I_{app} + I_{Na} + I_{Kd} + I_M + I_{leak}]. \quad (2)$$

158 In this equation, the membrane potential of the neuron, V_m , changes over time with respect to the mem-
159 brane capacitance, C_m , and the underlying currents, I_{app} , I_{Na} , I_{Kd} , I_M , and I_{leak} . At rest, $V_m = -71.9$ mV is the
160 well-known membrane potential of the cell and, notably, the action potential generation is controlled by the
161 presence of an applied current, I_{app} , while the other currents are based on the membrane morphology and
162 chemistry and are detailed in the methods. The increase of I_{app} beyond a certain threshold produces spiking
163 behavior typical of neurons.

164 The capacitance, C_m , may also fluctuate due to a morphological change in the membrane. Such a modifi-
165 cation is not modeled in the original representation of this equation, but it may be included. The voltage
166 change as described in eqn. (2) includes a time-dependent capacitive current, $I_{app} \equiv V_m \frac{dC_m}{dt}$. With this in-
167 cluded in eqn. (2), it is possible to solve the differential equation for the voltage and gating variables while
168 incorporating the capacitance change due to membrane deflection. Membrane deflection is constrained
169 to a certain extent due to parts of the cell that are adherent to the substrate or the extracellular matrix. This
170 causes an increase in area between the adherent locations and with sufficient deflection, this produces a
171 depolarization across the membrane. The value of the transmembrane voltage is dependent on the magni-
172 tude and duration of the applied stimulus. Figure 3 indicates the change in capacitance due to 6.72 MHz ul-
trasound at 0.5 MPa (Fig. 3a) and 1 MPa (Fig. 3b) with the corresponding area fluctuations that bring about

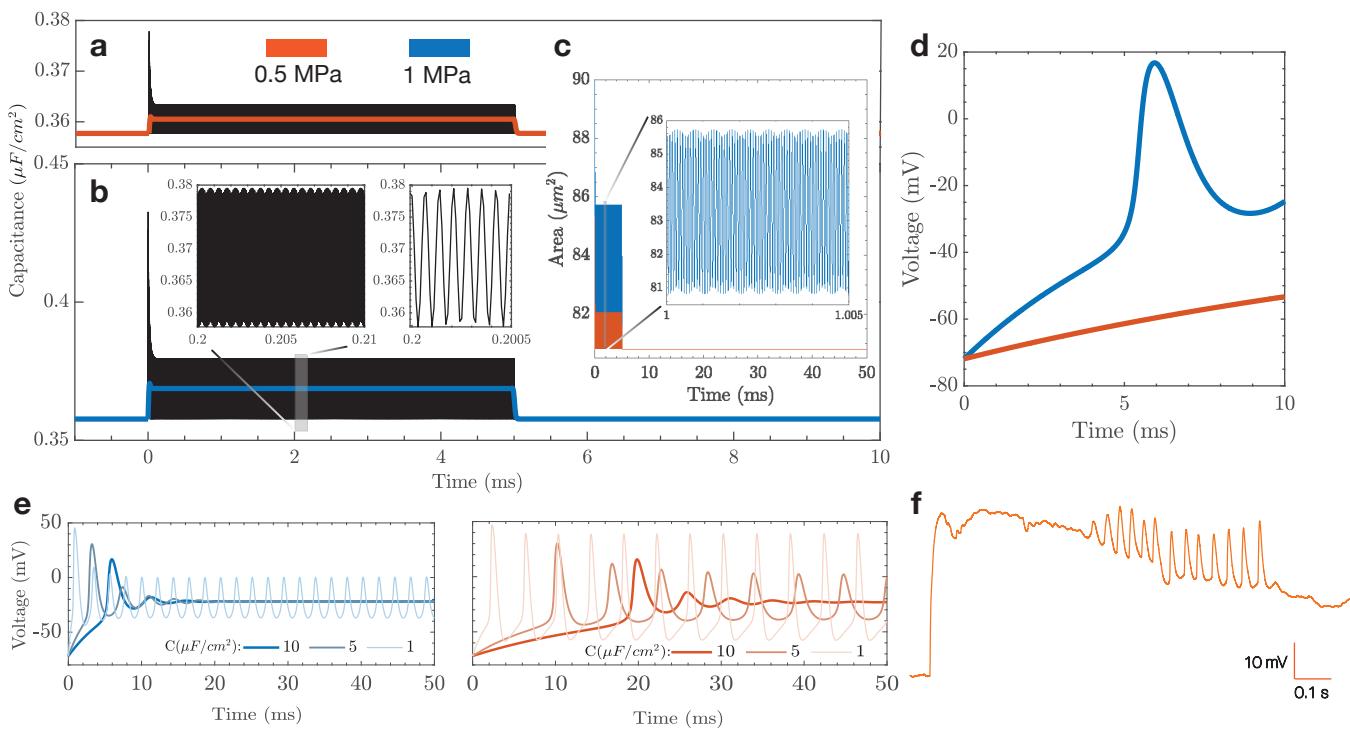


Figure 3: Displacement-driven capacitance changes result in action potential generation. The mechanism of ultrasound driving (a,b) capacitance changes over the stimulus duration (5 ms) for (a) 0.5 MPa and (a,b) 1.0 MPa. The capacitance changes occur principally due to (c) area changes due to membrane deformation. The capacitance change produces (d) depolarization in the 1 MPa case, yet fails to do so at 0.5 MPa, indicating the presence of a pressure threshold required to stimulate neurons. A longer stimulus of (e) 50 ms duration shows the time evolution of action potentials for the two different pressure conditions. This predicts that longer stimulus durations may be necessary at lower pressures in order to produce action potentials. Despite the challenges of retaining the clamp in the presence of ultrasound, (f) *in vitro* current clamp electrophysiology was used to verify the predictions of the model and shows the presence of a preliminary spike followed by oscillations in voltage across the membrane corresponding to the predictions of the model.

173 the change in capacitance represented in Fig. 3c. In order to compute the time-dependent membrane area
 174 variation, we extract the slow time output of Eq. (1) for use with the axisymmetric area integral. The capaci-
 175 tance of the membrane is then determined by treating it as a dielectric between charged surfaces. This yields
 176 a slow time capacitive response, bearing order of magnitude equivalence to the ion channel relaxation times
 177 in the modified Hodgkin-Huxley model [45].

178 The stimulus of 1 MPa results in depolarization as indicated in Fig. 3d, while the lower pressure does not re-
 179 sult in the generation of an action potential over the stimulus duration. Reported values of baseline mem-
 180 brane capacitance have been shown to vary [46], and we show that longer stimuli will result in the genera-
 181 tion of action potentials as a cumulative effect of capacitance change over the duration of the stimulus. Fig-
 182 ure 3e represents transmembrane voltage changes for a stimulus of 50 ms. We notice that depolarization
 183 takes place in both cases. However, initial spikes are delayed by up to 20 ms in the lower pressure case, in-
 184 dicating the need for increased stimulus durations for lower pressures. Our model also shows a lower spike
 185 frequency for the 0.5 MPa case in comparison to 1 MPa. The simulation output of our model for the lower
 186 pressure and longer stimulus duration case were verified using voltage clamp electrophysiology (Fig. 3f) and
 187 shows an initial spike corresponding to the delivery of the ultrasound stimulus, followed by oscillations.

188 3 Discussion

189 We model how ultrasound results in membrane deflection and eventually leads to transmembrane voltage
 190 changes. In a first, we demonstrate real-time membrane deflection due to ultrasound using high-speed DHM

191 imaging (Supplementary Videos 1 and 2). We leverage the Hodgkin-Huxley equations, which are a set of phe-
192 nomenological equations describing action potential generation in a squid axon and are one of the most im-
193 portant neuronal models. However, observations of mechanical deflection accompanying action potentials
194 [35] show that the underlying assumptions of the Hodgkin-Huxley model may need to be revisited, as there
195 are mechanical phenomena involved. In the context of ultrasound neuromodulation, our model presents
196 insights into the the generation of action potentials due to mechanical deflections and is theoretically sup-
197 ported by models such as the ones put forth in the past few years [28, 47]. The deflection due to the applied
198 ultrasound stimulus results in a net area change of the membrane between the two pin locations that rep-
199 resent an adherent cell. The area changes take place elastically while maintaining constant volume. This
200 results in a change in capacitance that, when incorporated in the Hodgkin-Huxley model, results in trans-
201 membrane voltage changes. Capacitance of the membrane can be modeled using an expression for a parallel
202 plate capacitor [48], and an increase in area results in a proportional increase in capacitance [methods].

203 The model does not take into account restoring effects of the actin cytoskeleton, whose influence will lower
204 the membrane deflection and cause the inner leaflet to deflect less in than the outer leaflet. This cannot ac-
205 count for the deflection observed experimentally in this work, and only plays a minor role in bringing about
206 capacitance changes as suggested in previous studies [23]. The model and the use of DHM imaging presents
207 opportunities for exploring the influence of ultrasound on native neurons and HEK293 cells, as presented
208 here. It can also be used to image cells that have been engineered to express membrane proteins that are
209 sensitive to ultrasound stimuli, in other words using sonogenetics [49]. At a cellular level, there are two pro-
210 posed models for the activation of mechanically-gated ion channels: the force from lipid model and the force
211 from filament model. The force from lipid model was put forth by Martinac *et al.* [50] and proposes that changes
212 in membrane tension or local membrane curvature result in opening or closing of channels. In the force from
213 filament model [43], the stimulus is transferred to tethers that connect the membrane to the cytoskeleton.
214 Conformational changes in the tethers result in opening or closing of the channel. In reality, both models
215 play a part in opening and closing a given channel.

216 Although it is difficult to estimate the relative contribution of these mechanisms, it is possible to estimate the
217 deflection of the cell membrane as highlighted in the preceding sections. This is of particular significance
218 when we consider the membrane-bound proteins such as TRPA1, MsCL [51], Piezo [52] and their interaction
219 with the actin network. Disruption of the actin cytoskeleton has been shown to reduce mechanosensitive
220 activity of such ion channels [53] and it is possibly due to decreased separation between the leaflets of the
221 bilayer when the actin network is disrupted. In addition to quantifying the deflection due to mechanosensi-
222 tive proteins, there is potential for the system to quantify the forces on the cell due to ultrasound using FRET
223 (Förster resonance energy transfer) force sensors [54].

224 Our model also predicts the generation of action potentials due to capacitive changes that occur when the
225 adherent cell is exposed to ultrasound. Charge across the membrane is maintained by a gradient in ion con-
226 centration across the cell membrane; with Na^+ ions on the outside and Cl^- ions on the inside resulting in a
227 net negative resting potential. As the membrane deflects, it is partially constrained by the adherent regions,
228 resulting in an increase in area of the membrane between the adherent locations. An increase in area results
229 in access to a greater number of cations outside the membrane, driving up the capacitance. This relationship
230 between area, capacitance and transmembrane voltage change has been indicated in prior publications that
231 investigate capacitive properties of biological membranes [48], outside the context of ultrasound neuromod-
232 ulation. We demonstrate transmembrane voltage changes for two cases, a pressure of 0.5 MPa and 1 MPa
233 and observe that voltage changes only take place for the higher pressure case for lower stimulus durations. In
234 addition to obtaining a pressure threshold at a specific frequency, we also investigate the influence of longer
235 stimulus durations on the generation of action potentials for different cases of baseline capacitance. As veri-
236 fied by a current clamp electrophysiology study in the whole cell configuration, increased stimulus durations
237 even at at lower pressures result in action potential generation, though with lower spike rates.

238 One of the limitations with performing single cell current clamp electrophysiology is the loss of a seal with
239 the membrane due to the deflection of the membrane in response to ultrasound at amplitudes sufficient to

240 drive a physiological response with respect to the patch pipette. There are, however, reports of current clamp
241 electrophysiology results with ultrasound using microbubbles [55] and at much higher frequencies [56] or
242 with devices [57]. In each of these three cases, there is reason to believe that while the stimulation techniques
243 or device may work for *in vitro* work, they will not be suitable for *in vivo* work. One potential way to over-
244 come this issue would be to perform electrophysiological recordings for cells encased in matrigel that would
245 limit the movement of the recording pipette with respect to the membrane.

246 Until now, the mechanisms underlying ultrasound neuromodulation have lacked explanation and existing
247 models lack experimental data. Taken together, our results offer valuable insight into the underlying effects
248 of ultrasound on cell membranes, as well as insight into how these effects translate to transmembrane volt-
249 age changes. The predictions of our model were confirmed using a novel, high-speed imaging technique. We
250 were able to visualize and quantify membrane deflection in real-time and predict depolarization due to the
251 imposed ultrasound stimulus.

252 4 Methods

253 4.1 HEK293 cell culture

254 Human embryonic kidney (HEK293) cells (ATCC CRL-1573, Manassas, Virginia, USA) were cultured using
255 standard procedure in DMEM supplemented with 10% fetal bovine serum (FBS) and 20 mM glutamine in a
256 37°C and 5% CO₂ incubator. Cells beyond passage 30 were discarded and a new aliquot was thawed. For ex-
257 perimental plating, 18 mm coverslips were coated with poly-d-lysine (PDL; 10 g/L, minimum 2 hours, P6407,
258 Sigma-Aldrich, St. Louis, Missouri, USA), and HEK293 cells were seeded at 150K, 200K, or 250K cells/mL for
259 24 hours before the experiment. Cells were allowed to grow 24 hours. For imaging, coverslips were mounted
260 on a specialized chamber featuring an ultrasound transducer approximately 2 mm below the coverslip and a
261 10 mL reservoir of media above the coverslip. Once cells were in focus, a 6.72 MHz ultrasound pulse of 50 ms
262 duration was delivered while imaging with an immersion objective as described in following sections, and a
263 cell membrane profile was reconstructed and analyzed.

264 4.2 Digital holographic microscopy

265 HEK cells and neurons were observed through a 40X, 0.8 NA (numerical aperture) water immersion micro-
266 scope objective. The field of view used for the setup was 60.5 μm × 60.5 μm, with a vertical accuracy and
267 repeatability of 4 nm and 0.08 nm respectively [58]. Holograms were recorded using a high-speed camera
268 (Nova S12, Photron, San Diego, California, USA). Acquisition and reconstruction were performed using cus-
269 tom software (Koala, Lynceé-tec Inc., Lausanne, Switzerland) on a computer workstation. Data were recorded
270 on a separate computer equipped with a solid-state drive, with each 100 ms recording equating to ~ 20 Giga-
271 bytes of data. The observations reported in this study represent a combined analysis of 1.4 Terabytes of data.
272 The data were reconstructed after each batch of six coverslips was processed in order to reduce the time be-
273 tween trials and to ensure optimum cell health. The setup consisted of a custom perfusion chamber that
274 was built to accommodate a lithium niobate transducer operating at 6.72 MHz. The perfusion chamber was
275 housed on a stage maintained at 37°C (Fig. 1a) using a heated stage (Bioscience Tools TC-100s).

276 4.3 Modeling of deflection and transmembrane voltage changes

As the pressure wave propagates through the fluid and contacts the adherent cell, the region of the cell mem-
brane between adhesion zones deflects. This deflection leads to a change in area of the membrane and causes

a capacitance change. The two-dimensional model assumes that the membrane has a known value of surface tension [59]. The membrane is surrounded by a fluid, assumed to have the properties of water in this case. The vertical displacement of the membrane is approximated to be equal to the displacement of the fluid just above the membrane. We start with a simplified version of the Navier-Stokes equation,

$$\rho (\partial_t v + v \cdot \nabla v) = \eta \nabla^2 v - \nabla P, \quad (3)$$

277 where ρ and η are the density and viscosity of water, respectively. The expression ∇P is the pressure gradient
 278 and v is the velocity. In Eq. (3), the convective acceleration is $v \cdot \nabla v = 0$ as the flow is unidirectional in z [60]
 279 and the fluid is assumed to be incompressible. The membrane is symmetric in x and y , allowing the viscous
 280 term to be simplified as $\partial_x v_z = \partial_y v_z$. We are left with

$$\rho \partial_t v_z = 2\eta \partial_x^2 v_z - \nabla P. \quad (4)$$

The net pressure gradient in this case is a function of the time dependent pressure in the fluid due to ultrasound and the surface tension of the membrane, which resists deformation:

$$\nabla P = -(2\gamma \partial_x^2 u + P_{US}) \pi d, \quad (5)$$

281 where u is the displacement in z and P_{US} is the pressure due to an ultrasound source, typically acting in the
 282 form of a sinusoidal pulse, $P_{US} = P_0 \sin(\omega t)$, where $\omega = 2\pi f$. By contrast, Prieto *et al.* [37] at this point chose
 283 to represent the ultrasound as a step change in the pressure, from a static, zero relative pressure to a static
 284 positive value at time $t = 0$ well below the pressure amplitudes used in experimental studies, typically 1 kPa
 285 to 1 MPa. Prieto *et al.*'s representation is numerically attractive but difficult to reconcile with the harmonic
 286 oscillatory pressure delivered by the transducer. In the absence of an analytical solution for the ultrasound
 287 propagating through the medium and membrane, one would be forced to numerically represent the MHz-
 288 order sinusoidal signal with sufficiently small spatiotemporal step sizes to satisfy the Nyquist criterion, and
 289 do so for at least several hundred milliseconds to determine the response of the cell membrane to the ultra-
 290 sound pressure oscillation, representing very large models with many millions to billions of temporal steps
 291 for a single solution. Consequently, these past studies have been understandably forced to make spurious
 292 approximations¹ to avoid impossibly prohibitive computation time.

Substituting this into Eq. (4) produces a partial differential equation for the displacement of the membrane driven by ultrasound:

$$\rho \partial_t^2 u = 2\eta \frac{\partial^3 u}{\partial x^2 \partial t} + (2\gamma \partial_x^2 u + P_{US}) \left(\frac{\pi}{d} \right). \quad (6)$$

The boundary conditions are the clamped conditions at the ends of the membrane and the initial displacement condition,

$$u(0, t) = 0, \quad (7a)$$

$$u(d, t) = 0, \quad (7b)$$

$$u(x, 0) = \frac{P_0 x (d - x)}{4\gamma} \equiv u_0(x), \quad (7c)$$

$$\partial_t u(x, 0) = 0. \quad (7d)$$

If hydrostatic pressure is included, the initial condition for membrane displacement may be found by solving $P_0 + 2\gamma \partial_x^2 u = 0$. The general solution to partial differential Eq. 6 was obtained with the method of eigenfunction expansion, as outlined further on. This is achieved using an orthogonal eigenbasis:

$$\phi_n(x) = \sin(\sqrt{\chi_n} x), \quad (8)$$

¹One can use the analytical solution to show that the results from the noted study are spurious when the correct amplitudes and frequencies of the ultrasound are used.

where $\chi_n = (n\pi/d)^2$ corresponds to the n^{th} wavemode for a membrane with diameter d . Expanding u gives us

$$u(x, t) = \sum_n u_n(x, t) = \sum_n h_n(t) \phi_n(x), \quad (9)$$

so that clearly the even modes vanish and we may write $n = 2k + 1$, and $k \in \mathbb{Z} \geq 0$ where \mathbb{Z} is an integer set. Substituting this expression into (6), one has

$$\sum_n (\ddot{h}_n + c_1 \chi_n \dot{h}_n + c_0 \chi_n h_n) \phi_n(x) = f(t), \quad (10)$$

where $c_1 = 2\eta/\rho$ and $c_0 = 2\pi\gamma/\rho d$, are written in terms of the density of the surrounding fluid, ρ ; the viscosity of the surrounding fluid, η ; the surface tension along the fluid-membrane interface, γ ; and the membrane diameter, d . By multiplying both sides by $\phi_m(x)$ (with $m \in \mathbb{Z}^+$), integrating over x from 0 to d , and then leveraging the orthogonality of sines, we find that the time-dependent component for the n^{th} eigenmode satisfies the second-order ordinary differential equation

$$\ddot{h}_n + b_{1,n} \dot{h}_n + b_{0,n} h_n = \hat{f}_n(t), \quad (11)$$

where $b_{1,n} = c_1 \chi_n$, $b_{0,n} = c_0 \chi_n$, and

$$\hat{f}_n(t) = \frac{2}{d} \int_0^d \phi_n(x) f(t) dx = \frac{2(1 - (-1)^n)}{n\pi} f(t). \quad (12)$$

293 The means for obtaining a solution to equations of the form (11) is well known. The homogeneous solution
 294 and its coefficients are given by

$$h_n^{(h)}(t) = a_{+,n}^{(h)} e^{r_{+,n} t} + a_{-,n}^{(h)} e^{r_{-,n} t} \quad (13)$$

(14)

where the coefficients $a_{+,n}^{(h)}$ and $a_{-,n}^{(h)}$ are

$$a_{+,n}^{(h)} = \frac{r_{-,n}}{r_{-,n} - r_{+,n}} h_n(0), \quad (15a)$$

$$a_{-,n}^{(h)} = \frac{r_{+,n}}{r_{+,n} - r_{-,n}} h_n(0). \quad (15b)$$

The inhomogeneous solution is

$$h_n^{(i)}(t) = \frac{1}{r_{+,n} - r_{-,n}} (e^{r_{-,n} t} \mathcal{J}_{-,n}(t) - e^{r_{+,n} t} \mathcal{J}_{+,n}(t)), \quad (16)$$

where

$$\mathcal{J}_{\pm,n}(t) = \int_0^t e^{-r_{\pm,n}\tau} \hat{f}(\tau) d\tau. \quad (17)$$

295 The total waveform solution is then numerically implemented by taking a finite-term approximation of (9).

The change in area, A , of the membrane then be calculated once the time-dependent membrane deflection is obtained:

$$A = \int_0^d 2\pi \sqrt{(1 + (\partial_x u)^2)} dx. \quad (18)$$

By extension, this allows us to determine the change in membrane capacitance, C , due to the area change,

$$C = \frac{\epsilon_0 \epsilon A}{L}, \quad (19)$$

where we have regarded the membrane as a dielectric between two charged surfaces. In this case, L is the thickness of the bilayer and has values between 4 nm and 9 nm, and the relative permittivity, ϵ , has a value of 2 [61].

The above value of capacitance change is coupled with the modified Hodgkin-Huxley neuronal model, where the capacitive current is defined as $I_{\text{app}} \equiv V_m \frac{dC_m}{dt}$. This model contains a voltage-gated sodium current and delayed-rectifier potassium current to generate actions, a slow non-inactivating potassium current to recapitulate the spike-frequency adaptation behavior seen in thalamocortical cells, and a leakage current.

Equation (20) defines the voltage-gated Na^+ current where $\bar{g}_{\text{Na}} = 56 \text{ mS/cm}^2$ is the maximal conductance and $E_{\text{Na}} = 50 \text{ mV}$ is the Nernst potential of the Na^+ channels. The parameter $V_{\text{th}} = -56.2 \text{ mV}$ sets the spike threshold

$$I_{\text{Na}} = \bar{g}_{\text{Na}} \cdot m^3 \cdot h \cdot (V_m - E_{\text{Na}}) \quad (20)$$

where the gating variables m and h vary with time according to

$$\frac{dm}{dt} = \alpha_m \cdot (1 - m) - \beta_m \cdot m, \quad (21a)$$

$$\frac{dh}{dt} = \alpha_h \cdot (1 - h) - \beta_h \cdot h, \quad (21b)$$

$$\alpha_m = \frac{-0.32 \cdot (V_m - V_{\text{th}} - 13)}{\exp [-(V_m - V_{\text{th}} - 13)/4] - 1}, \quad (21c)$$

$$\beta_m = \frac{0.28 \cdot (V_m - V_{\text{th}} - 40)}{\exp [(V_m - V_{\text{th}} - 40)/5] - 1}, \quad (21d)$$

$$\alpha_h = 0.128 \cdot \exp [-(V_m - V_{\text{th}} - 17)/18], \quad (21e)$$

$$\beta_h = \frac{4}{1 + \exp [-(V_m - V_{\text{th}} - 40)/5]}. \quad (21f)$$

The delayed rectifier K^+ current is

$$I_{\text{Kd}} = \bar{g}_{\text{Kd}} \cdot n^4 \cdot (V_m - E_{\text{K}}), \quad (22)$$

where $\bar{g}_{\text{Kd}} = 6 \text{ mS/cm}^2$ is the maximal conductance of the delayed-rectifier K^+ channels and $E_{\text{K}} = -90 \text{ mV}$ is the Nernst potential of the K^+ channels, and with n evolving over time as

$$\frac{dn}{dt} = \alpha_n \cdot (1 - n) - \beta_n \cdot n, \quad (23a)$$

$$\alpha_n = \frac{-0.032 \cdot (V_m - V_{\text{th}} - 15)}{\exp [-(V_m - V_{\text{th}} - 15)/5] - 1}, \quad (23b)$$

$$\beta_n = 0.5 \cdot \exp [-(V_m - V_{\text{th}} - 10)/40], \quad (23c)$$

A slow non-inactivating K^+ current may be defined as

$$I_{\text{M}} = \bar{g}_{\text{M}} \cdot p \cdot (V_m - E_{\text{K}}), \quad (24)$$

where $\bar{g}_{\text{M}} = 0.075 \text{ mS/cm}^2$ is the maximal conductance and $\tau_{\text{max}} = 608 \text{ ms}$ is the decay time constant for adaptation of the slow non-inactivation K^+ channels. The parameter p is such that

$$\frac{dp}{dt} = \frac{p_{\infty} - p}{\tau_p}, \quad (25a)$$

$$p_{\infty} = \frac{1}{1 + \exp [-(V_m + 35)/10]}, \quad (25b)$$

$$\tau_p = \frac{\tau_{\text{max}}}{3.3 \cdot \exp [(V_m + 35)/20] + \exp [-(V_m + 35)/20]}. \quad (25c)$$

308 The leakage current is

$$I_{\text{Leak}} = \bar{g}_{\text{Leak}} \cdot (V_m - E_{\text{Leak}}), \quad (26)$$

309 where $\bar{g}_{\text{Leak}} = 0.0205 \text{ mS/cm}^2$ is the maximal conductance and $E_{\text{Leak}} = -70.3 \text{ mV}$ is the Nernst potential of the
 310 non-voltage-dependent, non-specific ion channels.

We set the following initial conditions for the gating terms:

$$m_0 = \frac{\alpha_m}{\alpha_m + \beta_m}, \quad (27a)$$

$$h_0 = \frac{\alpha_h}{\alpha_h + \beta_h}, \quad (27b)$$

$$n_0 = \frac{\alpha_n}{\alpha_n + \beta_n}, \quad (27c)$$

$$p_0 = p_\infty. \quad (27d)$$

311 Equations (20) through (25) are solved with initial conditions (27) to obtain the transmembrane voltage change
 312 of a neuron when subjected to ultrasound stimuli.

313 4.4 Sustaining oscillations on the membrane

A better understanding of the membrane wave propagation can be obtained by considering the decay transience of the constituent wavemodes within the context of the solution to Eq. (11). Each wavemode will have a solution of the form

$$h_n(t) = h_n^{(h)}(t) + h_n^{(i)}(t), \quad (28)$$

where $h_n^{(h)}$ is the homogeneous solution and $h_n^{(i)}$ is the inhomogeneous solution for the forced wavemode propagation initialized from zero initial conditions. The general form of the former can be used to characterize the decay transience,

$$h_n^{(h)}(t) = a_{+,n}^{(h)} e^{r_{+,n} t} + a_{-,n}^{(h)} e^{r_{-,n} t}, \quad (29)$$

where the coefficients $a_{\pm,n}^{(h)}$ are determined by the initial conditions and $r_{\pm,n}$ are the eigenvalues of the left side of (11) (the roots of the characteristic equation):

$$r_{\pm,n} = -\frac{1}{2} \left(b_{1,n} \pm \sqrt{b_{1,n}^2 - 4 b_{0,n}} \right). \quad (30)$$

Then the discriminant determines the character of the wavemode:

$$b_{1,n}^2 - 4 b_{0,n} \begin{cases} > 0, & r_{\pm,n} \in \mathbb{R}, \text{ two distinct roots,} \\ = 0, & r_{\pm,n} \in \mathbb{R}, \text{ two degenerate roots,} \\ < 0, & r_{\pm,n} \in \mathbb{C}, \text{ two conjugate roots.} \end{cases} \quad (31)$$

314 The physical conditions for degeneracy require an exacting degree of marginality rarely (if ever) encountered
 315 in real systems, so that we may safely ignore this solution type (degeneracy corresponds to algebraic growth
 316 at small times that is mediated by exponential decay at long times).

Rewriting the conditions (31) in terms of physical parameters, one finds that

$$n \begin{cases} > \sqrt{\frac{2}{\pi}} O h^{-1}, & r_{\pm,n} \in \mathbb{R}, \text{ strictly decaying wavemode,} \\ < \sqrt{\frac{2}{\pi}} O h^{-1}, & r_{\pm,n} \in \mathbb{C}, \text{ oscillatory decaying wavemode,} \end{cases} \quad (32)$$

where

$$Oh = \frac{\eta}{\sqrt{\rho \gamma d}} \quad (33)$$

317 is the Ohnesorge number characterizing the balance between the dissipative viscous effects and the conser-
318 vative effects resulting from interaction between inertia and surface tension. There exists a condition for os-
319 cillation of the unforced membrane and this condition is $Oh < \sqrt{2/\pi}$. When $Oh \geq \sqrt{2/\pi}$, no oscillatory un-
320 forced wavemodes are permitted and the unforced membrane *will not oscillate*. When the condition is sat-
321 isfied, one observes that oscillation can be attributed exclusively to wavemodes with the “smallest” mode
322 numbers, and that these will always include the fundamental mode. Fig. S3 represents the change in Oh for a
323 range of surface tensions and membrane length.

324 4.5 Ultrasound transducer fabrication

325 We used a set of custom-made single crystalline 127.86 Y-rotated X-propagating lithium niobate transducers
326 operating in the thickness mode, as described previously [62]. The fundamental frequency was measured to
327 be 6.72 MHz using non-contact laser Doppler vibrometry (UHF-120SV, Polytec, Waldbronn, Germany). The
328 transducers were coated with a 1 μm layer of Au atop 20 nm of Ti acting as an adhesion layer, using a direct-
329 current sputtering (Denton 635 DC Sputtering system) process was used to coat 4 inch diameter wafers in an
330 inert gas environment with a 2.3 mTorr pressure and rotation speed of 13 rpm, at a deposition rate of 1.5 A/s
331 for Ti and 7 A/s for Au. Devices were diced to size (12 mm \times 12 mm) and built in to the *in vitro* test setup us-
332 ing an automated dicing saw (DISCO 3220, DISCO, Tokyo Japan).

333 4.6 Rat Primary Neuron Culture

334 Rat primary neuronal cultures were prepared from rat pup tissue at embryonic days (E) 18 containing com-
335 bined cortex, hippocampus and ventricular zone. The tissue was obtained from BrainBits (Catalog #: SDE-
336 HCV) in Hibernate-E media and used the same day for dissociation following their protocol.

337 Briefly, tissue was incubated in a solution of papain (BrainBits PAP) at 2 mg/mL for 30 min at 37°C and dis-
338 sociated in Hibernate-E for one minute using one sterile 9" silanized Pasteur pipette with a fire-polished
339 tip. The cell dispersion solution was centrifuged at 1100 rpm for 1 min, and the pellet was resuspended with
340 1 mL NbActiv1 (BrainBits NbActiv1 500 mL). The cell concentration was determined using a haemocytome-
341 ter (TC20, Bio-Rad Labs, Hercules, California, USA) and neurons were plated in 12-well culture plates with
342 18-mm PDL-coated coverslips (GG-18-PDL, Neuvitro Corporation, Vancouver, Washington, USA) at a con-
343 centration of 1.3 million cells/well. Neurons were then incubated at 37°C, 5% CO₂, performing half media
344 changes every 3-4 days with fresh NbActiv1 supplemented with PrimocinTM (ant-pm-1, InvivoGen, San Diego,
345 California, USA). Cultures were incubated at 37°C, 5% CO₂ until day 10-12 and were used in DHM imaging
346 experiments.

347 4.7 *In-vitro* electrophysiology

348 A stable line of neurons using the protocol listed above were cultured on 18 mm round coverslips, at a seed-
349 ing density of ~300k cells/well in a tissue-culture treated 12-well plate. Neurons were allowed to mature for
350 11-14 days *in vitro* prior to recording. Coverslips were transferred to a custom machined acrylic stage con-
351 taining a bath of external solution; NaCl (140 mM), KCl (4 mM), MgCl₂ (2 mM), glucose (5 mM), and HEPES
352 (10 mM) with an osmolarity of ~290 mOsm. Patch pipettes were pulled on a pipette puller (P-97, Sutter In-
353 struments, Novato, CA, USA) programmed to give 4-6 MΩ tips from filamented borosilicate glass (o.d. 1.5 mm,

354 i.d. 0.86 mm) and used with an internal solution comprising of a CsF and KF base (#08 3008, #08 3007, Nan-
355 ion, Munich, Germany). A 40X water dipping lens (LUMPLFLN40XW, Olympus Corporation, Tokyo, Japan)
356 with 0.8 NA was used in combination with a cMOS camera (01-OPTIMOS-R-M-16-C QImaging OptiMOS,
357 Roper Technologies, USA) to visualize cells with Köhler or fluorescent illumination. Electrical signals were
358 acquired using an amplifier (Axon Instruments Multiclamp 700B, Molecular Devices LLC, California, USA)
359 and digitized (Axon Instruments Digidata 1550B, Molecular Devices LLC, California, USA) using an acqui-
360 sition and control software (pClamp 11, Molecular Devices LLC, California, USA). Gap free recordings were
361 conducted (typically holding the membrane potential at -70 mV) while delivering the ultrasound stimulus.
362 The ultrasound delivery rig used for patch clamp experiments was the same used for imaging experiments.
363 Briefly, waveforms were programmed using an arbitrary function generator (33600A Series, Keysight, Cal-
364 ifornia, USA) connected via BNC to an amplifier (TC2057574, Vox Technologies, Richardson, TX). Military
365 communications grade BNC cables (CA5512-36, Federal Custom Cable, California, USA) were used to en-
366 sure impedance matching in our systems and reduce electrical interference. The amplifier was connected to
367 our custom-made lithium niobate transducer mounted on a dovetail sliding arm, and coupled to the bottom
368 of the recording chamber with ultrasound gel. Recordings were carried out in response to peak pressures of
369 0.5 MPa as access resistance could not be maintained when high pressures were delivered. Upon successful
370 whole-cell access, baseline gap-free recordings in current clamp trials were obtained. Access resistance dur-
371 ing successful whole-cell recordings was maintained between 10 to 25 MΩ.

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385 Conflict of Interest

386 The authors declare no conflict of interest.

387 Author contributions

388 A.V., S.C. and J.F. designed the experiments. A.V. conducted the experiments. A.V. developed the model with
389 support from J.O. and J.F. U.M. and C.W. performed the HEK cell culture. M.D. and A.V. performed the pri-
390 mary neuron culture. Y.T. performed the electrophysiology. A.V. wrote the paper with edits from J.F., J.O., and
391 S.C.

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