

1   **Title:** Novel insights into joint estimations of demography, mutation rate, and selection using UV  
2   sex chromosomes

3   **Short running Title:** Effect of anisogamy on molecular evolution

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19

20 **Abstract:** A central goal in evolutionary genomics is to understand the processes that shape  
21 genetic variation in natural populations. In anisogamous species, these processes may  
22 generate asymmetries between genes transmitted through sperm or eggs. The unique  
23 inheritance of sex chromosomes facilitates studying such asymmetries, but in many systems  
24 sex-biased mutation, demography, and selection are confounded with suppressed  
25 recombination in only one sex (the W in females, or the Y in males). However, in a UV sex-  
26 determination system, both sex chromosomes are sex-specific and experience suppressed  
27 recombination. Here we built a spatially-structured simulation to examine the effects of  
28 population density and sex-ratio on female and male effective population size in haploids and  
29 compare the results to polymorphism data from whole-genome resequencing of the moss  
30 *Ceratodon purpureus*. In the parameter space we simulated, males nearly always had a lower  
31 effective population size than females. Using the *C. purpureus* resequencing data, we found the  
32 U and V have lower nucleotide diversity than the autosomal mean, and the V is much lower than  
33 the U, however, we found no parameter set in the model that explained both the U/V and  
34 U/autosome ratios we observed. We next used standard molecular evolutionary analyses to test  
35 for sex-biased mutation and selection. We found that males had a higher mutation rate but that  
36 natural selection shapes variation on the UV sex chromosomes. All together the moss system  
37 highlights how anisogamy alone can exert a profound influence on genome-wide patterns of  
38 molecular evolution.

39

40 **Keywords:** *Ceratodon purpureus*, effective population size, linked selection, male-mutation  
41 bias, demography

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43

## Introduction

44 Anisogamy, the condition in which genetic information is transmitted from one generation  
45 to the next through two different sized gametes, is widely shared among eukaryotes. The  
46 smaller gametes, typically called sperm, are abundant and motile, while the larger gametes,  
47 typically called eggs, are less abundant, better provisioned, and often sessile or retained on the  
48 parent. In species with two separate sexes, males produce sperm and females produce eggs,  
49 but of course many hermaphroditic species are also anisogamous. The asymmetry in gamete  
50 transmission means that the demography of genes transmitted through the smaller gamete can  
51 differ dramatically from the demography of genes transmitted through the larger gamete, even  
52 under neutral-equilibrium conditions (Charlesworth, 2009). For an extreme example, consider a  
53 population in which each egg-donor makes a single egg, but a single sperm-donor fertilizes all  
54 the eggs, a pattern which maximizes the variance in reproductive success for the sperm donor  
55 and dramatically reduces effective population size ( $N_e$ ) (Crow & Kimura, 1970; Sewell Wright,  
56 1938). Anisogamy may therefore modulate the strength of selection on genes influencing  
57 transmission through sperm or eggs, potentially with major evolutionary consequences.

58 Most alleles are expressed in both females and males and therefore are transmitted  
59 through both egg and sperm. Thus, the effects of anisogamy on patterns of polymorphism will  
60 be averaged out across much of the genome. The sex chromosomes, however, are a major  
61 exception, because their patterns of inheritance are correlated with gametic sex and therefore  
62 record the history of sex-specific evolutionary processes (Caballero, 1995; Charlesworth, 2009;  
63 Kirkpatrick & Hall, 2004; Lenormand & Dutheil, 2005; Pool & Nielsen, 2007). In species with an  
64 XY sex-determination system, the Y chromosome is transmitted through males, meaning Y-  
65 chromosome polymorphism is shaped by transmission through sperm. However, no X homolog  
66 is transmitted exclusively through eggs because the X chromosome passes through both sexes.  
67 Similarly, ZW systems share these asymmetries in transmission, although in this case the W is  
68 female specific. In contrast, the UV sex chromosomes found in haploid systems with genetically-

69 determined separate sexes have symmetrical transmission; the U is transmitted through eggs  
70 while the V is transmitted through sperm (Bachtrog et al., 2011; S. Carey, Kollar, & McDaniel,  
71 2020). This inheritance pattern facilitates direct comparisons between female and male  $N_e$  using  
72 homologous loci on the U and V.

73 Under the infinite-sites model, the equilibrium level of neutral variation depends only on  
74 the mutation rate and  $N_e$  (Kimura, 1971). Male mutation rates may be higher than female rates,  
75 a finding that is often attributed to an increased number of cell divisions in the male germline  
76 (Hurst & Ellegren, 1998). It is unclear that this bias should apply to UV systems, which generally  
77 lack a distinction between the germline and soma. Even if the sexes have identical mutation  
78 rates, the levels of sex chromosome polymorphism are expected to be different than that for an  
79 autosome simply due to their mode of inheritance. For example, in diploid systems, each mated  
80 pair has three copies of an X or Z chromosome compared to four copies of each autosome and  
81 only one Y or W. Thus, the expected  $N_e$  for an X or Z-linked locus is 3/4 of an autosome, while  
82 the expected  $N_e$  for a Y or W-linked locus is 1/4 (when using discrete-generation approaches  
83 and assuming a Poisson offspring number distribution) (Charlesworth, 2001). In contrast, in  
84 haploid-dioecious systems, each mated pair has one U and one V for every two autosomes.  
85 Thus, both the U and the V chromosomes are expected to have 1/2  $N_e$  of an autosome, under  
86 similarly-restricted conditions (Avia et al., 2018; McDaniel, Neubig, Payton, Quatrano, & Cove,  
87 2013). In UV systems, mitochondria and chloroplasts are maternally inherited (i.e., also sex  
88 specific) and expressed in the haploid stage, so they are also expected to have 1/2  $N_e$  of an  
89 autosome, while they are 1/4  $N_e$  in diploids (Sayres, 2018).

90 Numerous other non-random processes can also cause the  $N_e$  of the sex chromosomes  
91 to deviate from the infinite-sites expectations. These processes may act in concert with, or  
92 independent of, the effects of anisogamy on  $N_e$ . Sexual selection, for example, often generates  
93 greater variance in reproductive success in males, profoundly decreasing the  $N_e$  of Y-linked loci,  
94 compared to X-linked loci or autosomes (Crow & Morton, 1955; Nunney, 1993). In discrete-

95 generation models, a large excess in variance of male reproductive success over Poisson  
96 expectation causes ratios of sex chromosome and autosome polymorphism to approach  
97 extreme values (e.g.,  $X/A=9/8$ ,  $Y/A=1/8$ , and  $Y/X=1/9$ ; (Caballero, 1995)). Sex-ratio biases can  
98 also drastically affect patterns of  $N_e$ . For example, in an XY system, the ratio of X to autosomal  
99 diversity increases as the population becomes more female-biased, while the Y to autosome  
100 ratio decreases (Ellegren, 2009; Sayres, 2018). Additional demographic or life history factors  
101 may also drive species-specific variation in sex chromosome polymorphism. Age structure  
102 (Charlesworth, 2001) or geographic structure, in which males and females experience different  
103 migration patterns, can either moderate or exacerbate these biases (Goldberg & Rosenberg,  
104 2015). Such processes and their effects on  $N_e$  have attracted relatively little attention in  
105 bryophytes or other UV systems (but see (Bengtsson & Cronberg, 2009)).

106

107 Other forms of selection can also affect variation on sex chromosome and autosomes in  
108 different ways, potentially enhancing any asymmetries in  $N_e$  among sex chromosomes. For  
109 example, the X chromosome is hemizygous in males, which can increase directional selection  
110 on male-beneficial recessive alleles and increase purifying selection on deleterious alleles  
111 (Charlesworth, Coyne, & Barton, 1987). Similarly, the male-specific region of the Y chromosome  
112 experiences suppressed recombination, meaning that linked selection drives patterns of  
113 polymorphism (Charlesworth & Charlesworth, 2000; J. M. Smith & Haigh, 1974). Polymorphism  
114 in mitochondrial and chloroplast DNA reflect female transmission and also exhibit suppressed  
115 recombination, but because they replicate independently in the cytoplasm they may experience  
116 unusual patterns of mutation or population size (D. R. Smith, 2015; Wolfe, Li, & Sharp, 1987).  
117 Thus, tests for sex-biased evolutionary processes in XY or ZW systems typically must rely upon  
118 comparisons among non-homologous loci that experience very different population genetic  
119 environments. In contrast, both the U and V experience suppressed recombination, meaning  
120 both the female and male-specific chromosomes are expected to experience an equivalent

121 decrease in nucleotide diversity due to suppressed recombination (Avia et al., 2018; McDaniel,  
122 Neubig, et al., 2013).

123 Several sequenced UV sex chromosomes also maintain numerous homologs between  
124 the sexes, despite the suppressed recombination, providing abundant genetic data to study sex-  
125 specific variation (Ahmed et al., 2014; Bowman et al., 2017; S. B. Carey et al., 2020; Ferris et  
126 al., 2010). Sex chromosome degeneration in UV systems appears to be largely halted by strong  
127 purifying selection generated by haploid gene expression (S. B. Carey et al., 2020; Immler &  
128 Otto, 2015). One of the most remarkable examples is the moss *Ceratodon purpureus* in which  
129 the U and V sex chromosomes comprise ~30% of the ~360 megabase (Mb) genome for  
130 females and males, respectively (S. B. Carey et al., 2020). The U and V also contain ~12% of  
131 the organism's gene content, providing numerous U-V orthologs to study differences in their  
132 molecular evolution (S. B. Carey et al., 2020). Nucleotide diversity data from a small number of  
133 U and V-linked introns in *C. purpureus* suggested that female and male-transmitted loci  
134 harbored similar amounts of genetic diversity, and both sexes showed indistinguishable patterns  
135 of population differentiation, suggesting that female and male spores may have equal  
136 probabilities of dispersing among populations (McDaniel, Neubig, et al., 2013). However, these  
137 data were insufficient to test for modest differences between female and male  $N_e$  or mutation  
138 rate.

139 The life cycle of *C. purpureus* is like that of many dioecious species with UV sex-  
140 determination. Sexual reproduction typically occurs annually (Crum & Anderson, 1981; A. J.  
141 Shaw & Gaughan, 1993). Haploid males release V-carrying motile sperm, which either swim or  
142 are transported by microarthropods to egg-bearing females (Cronberg, Natcheva, & Hedlund,  
143 2006; Rosenstiel, Shortlidge, Melnychenko, Pankow, & Eppley, 2012; Shortlidge et al., 2020),  
144 potentially meters away (Glime & Bisang, 2017). Haploid females make several identical U-  
145 carrying eggs, each enclosed in an archegonium. Although multiple eggs may be fertilized,  
146 typically only one embryo (i.e., sporophyte) develops. At maturity a sporophyte makes

147 thousands of viable spores (Norrell, Jones, Payton, & McDaniel, 2014; A. J. Shaw & Gaughan,  
148 1993; Shortlidge et al., 2020), most of which fall near the parent sporophyte, but some are  
149 captured by air currents and travel great distances (Biersma et al., 2020; McDaniel & Shaw,  
150 2005).

151 Demographically-informed expectations that specifically incorporate anisogamy are  
152 necessary to fully understand the role of sex-specific evolutionary forces shaping patterns of  
153 polymorphism in dioecious species. In principle, a single male could fertilize many nearby  
154 females, an inference supported by field observations and experiments (Johnson & Shaw, 2016;  
155 Shortlidge et al., 2020), which increases variance in male reproductive success. Many  
156 bryophyte populations, including mosses, have an apparent female-biased sex ratio, due to sex-  
157 biased differences in clonal growth rates, differences in mortality, or differences in the number of  
158 fertile individuals during any given episode of reproduction, exacerbating this effect  
159 (Baughman, Payton, Paasch, Fisher, & McDaniel, 2017; Bisang, Ehrlén, & Hedenäs, 2019;  
160 Bisang & Hedenäs, 2005; Eppley et al., 2018; Norrell et al., 2014). The likelihood that a male  
161 sires offspring with multiple genetically-distinct females depends upon the spatial distribution of  
162 female and male genotypes, which in turn depends upon the recruitment of migrants and the  
163 clonal spread of the constituents of the population. Populations of *C. purpureus*, which are  
164 common in disturbed sites in temperate regions of all continents (Crum & Anderson, 1981),  
165 grow in dense patches with many distinct genotypes in close proximity (McDaniel & Shaw,  
166 2005) and have a highly-variable sex ratio (Eppley et al., 2018). Here we built a simulation  
167 parameterized using life-history data from *C. purpureus* to evaluate the effect of demographic  
168 variables (population density and sex ratio) on female and male  $N_e$ . We then compared the  
169 simulated data to patterns of polymorphism in genome-wide resequence data from *C. purpureus*  
170 to evaluate if the empirical observations could be explained by demographic processes alone.  
171 Our results highlight the importance of considering the joint effects of demography, selection,  
172 and mutation-rate variation in interpreting patterns of nucleotide polymorphism.

173

174

## Materials and Methods

175 In this manuscript, we use the term ‘female’ to describe individuals that inherit XX, ZW, or U  
176 chromosome(s) and produce eggs and we use the term ‘male’ to describe individuals that inherit  
177 XY, ZZ, or V chromosome(s) and produce sperm. We use this designation because it captures  
178 key aspects of transmission genetics, but we acknowledge that karyotypic sex does not always  
179 align with gametic sex, so this definition misses important components of diversity within a  
180 population or generation.

181

182 **Life history simulations.** To generate demographically-informed estimates for  $N_e$  of the U and  
183 V sex chromosomes ( $N_{eU}$  and  $N_{eV}$ , respectively), we constructed a spatially-explicit simulation.  
184 We made several assumptions based on the life cycle of *C. purpureus*, namely that every  
185 individual was either male or female (i.e., there were no hermaphroditic individuals), and its sex  
186 was genetically determined; that all reproduction occurs sexually; that mating occurs once per  
187 generation and only occurred between adjacent males and females; and that each female  
188 mated once per generation, but that a male could mate with any adjacent female (i.e., up to  
189 eight females in the grid used in the simulations) during a bout of mating. We made a few  
190 simplifying assumptions, namely that all individuals were capable of sexual reproduction; that  
191 there was no mate preference; and that each mating event within a generation resulted in the  
192 same number of offspring. To keep population size constant, we adjusted the fecundity so that  
193 the mean number of offspring per individual was two. Therefore, the fecundity  $F$  was given by  $F$   
194 =  $2/r$ , where  $r$  is the mean number of females that each male mated with that generation.  
195 Relaxing these assumptions, which are clearly violated in nature (e.g., clonal growth is frequent)  
196 can increase the variance in reproductive success in either sex, but in general should not  
197 qualitatively affect the results.

198 For each run of the simulation (equivalent to one generation of mating), individuals were  
199 randomly placed onto a 100 X 100 cell grid. Females mated in a random order. Each female  
200 searched the eight adjacent cells to it for males to mate with. If there was more than one  
201 adjacent male, the female randomly selected one of them to mate with. If no males were in the  
202 cells adjacent to the female, that female did not mate. An example of the population following  
203 one run of the simulation can be seen in Figure S1. All simulations were run in R (3.5.1; (R Core  
204 Team, 2013) and plotted using the packages reshape2 (v1.4.3; (Wickham, 2007, 2012) and  
205 ggplot2 (v3.2.1; (Wickham, 2016)).

206 For each run of the simulation, we recorded the total number of offspring per each male  
207 and female (females could only have 0 or  $F$  offspring) and calculated the variance in  
208 reproductive success for each sex. The variances in reproductive success were then used to  
209 calculate the  $N_e$  of the U (females) and V (males) chromosomes, using the following equations  
210 (1), respectively

$$\begin{aligned} N_{eU} &= (N_f - 1) / V_f & (1) \\ N_{eV} &= (N_m - 1) / V_m, \end{aligned}$$

211 where  $N_f$  and  $N_m$  are the census population sizes and  $V_f$  and  $V_m$  are the variances in  
212 reproductive success of females and males, respectively. The  $N_e$  of an autosome is calculated  
213 using the equation 2 (Crow & Kimura, 1970)

$$N_{eA} = \frac{4N_{eU}N_{eV}}{N_{eU} + N_{eV}}, \quad (2)$$

214 (derivations of equations 1 and 2 can be found in the Supplementary Appendix, Part 1).

215 To evaluate a variety of demographic scenarios, we ran simulations for a range of  
216 population densities and sex ratios. To vary density, we varied the population size while always  
217 keeping the arena of a fixed size of 100 X 100 cells. For each parameter set, we generated 100  
218 runs of the simulation.

219

220 **Generating resequence data to test the model.** We generated U-linked, V-linked, and  
221 autosomal polymorphism data from 23 *C. purpureus* isolates collected from nine locations  
222 (Figure 1; Table S1). To start these lines, sporophytes were surface sterilized, and a single  
223 germinated spore was isolated following (Norrell et al., 2014). DNA was extracted using a  
224 modified CTAB protocol following (Norrell et al., 2014). Plate-based DNA library preparation for  
225 Illumina sequencing was performed on the PerkinElmer Sciclone NGS robotic liquid handling  
226 system using Kapa Biosystems library preparation kit. Two hundred nanograms of sample DNA  
227 was sheared to 500 base pairs (bp) using a Covaris LE220 focused-ultrasonicator. The sheared  
228 DNA fragments were size selected by double-SPRI and then the selected fragments were end-  
229 repaired, A-tailed, and ligated with Illumina compatible sequencing adaptors from IDT containing  
230 a unique molecular index barcode for each sample library. The prepared sample libraries were  
231 quantified using KAPA Biosystem's next-generation sequencing library qPCR kit and run on a  
232 Roche LightCycler 480 real-time PCR instrument. The quantified sample libraries were then  
233 multiplexed into pools and the pools were then prepared for sequencing on the Illumina HiSeq  
234 sequencing platform utilizing a TruSeq paired-end cluster kit v3 and Illumina's cBot instrument  
235 to generate clustered flow cells for sequencing. Sequencing of the flow cells was performed on  
236 the Illumina HiSeq2000 sequencer using Illumina TruSeq SBS v3 sequencing kits, following a  
237 2x150 indexed high-output run recipe. A subset of the libraries was also prepared using v4  
238 chemistry and sequenced on a HiSeq2500 (see Table S1).

239 From the raw reads, we removed artifact sequences, reads containing N bases, low-  
240 quality reads, DNA spike-in sequences, and PhiX control sequences. We split paired-end reads  
241 into forward and reverse using an in-house script from (S. B. Carey et al., 2020). We removed  
242 Illumina adapters and further filtered for quality using Trimmomatic (v0.36; (Bolger, Lohse, &  
243 Usadel, 2014)) using leading and trailing values of three, window size of 10, quality score of 30,

244 and minimum length of 40. We visually assessed the quality of the remaining reads using fastqc  
245 (v0.11.4; (Andrews, 2010)).

246 We determined the karyotypic sex of these isolates by mapping reads using HISAT2  
247 (v2.1.0; (Kim, Langmead, & Salzberg, 2015)) to the *Ceratodon purpureus* v1.0 genome using  
248 the R40 isolate (autosomes and V sex chromosome) concatenated with the GG1 U sex  
249 chromosome (S. B. Carey et al., 2020). We converted the resulting SAM files to sorted BAMs  
250 and indexed using SAMtools (v1.9; (H. Li et al., 2009)). Using IGV (v2.15.0; (Robinson et al.,  
251 2011)), we visually assessed sex by determining to which sex chromosome the reads mapped  
252 at the oldest locus known to be sex-linked in mosses (CepurR40.VG235300 and  
253 CepurGG1.UG071900 from (S. B. Carey et al., 2020)) and haphazardly scanning along the sex  
254 chromosomes.

255 To map the reads for downstream molecular evolutionary analyses, we used the  
256 genome reference described above, but also included R40's chloroplast assembly. The R40  
257 chloroplast was assembled using NOVOPlasty v2.6.7 (Dierckxsens, Mardulyn, & Smits, 2017)  
258 from existing Illumina data deposited in the NCBI BioProject PRJNA258984 from (S. B. Carey et  
259 al., 2020). Due to the low divergence between much of the U and V sex chromosomes (S. B.  
260 Carey et al., 2020; McDaniel, Neubig, et al., 2013), to ensure isolates mapped to the correct sex  
261 chromosome we hard masked the U for males and V and for females using BEDTools  
262 *maskfasta* (v2.27.1; (Quinlan & Hall, 2010), following (Olney, Brotman, Andrews, Valverde-  
263 Vesling, & Wilson, 2020)). Previous analyses found *C. purpureus* was highly polymorphic  
264 (McDaniel, van Baren, Jones, Payton, & Quatrano, 2013), so we used two mappers, BWA-MEM  
265 (v0.7.17; (H. Li, 2013)) and NGM (v0.5.5; (Sedlazeck, Rescheneder, & von Haeseler, 2013)), as  
266 they handle divergence differently, and ran analyses on these separately. We added read  
267 groups to the SAM files using Picard Tools (v2.19.1; <http://broadinstitute.github.io/picard>)  
268 *AddOrReplaceReadGroups* and converted them to sorted BAMs using SAMtools (v1.9; (H. Li et  
269 al., 2009)).

270 We called variants on all BAMs together using BCFtools (v1.9; (H. Li, 2011)) *mpileup*  
271 and *call* using a ploidy of one. The resulting VCF file was filtered using BCFtools *filter* by  
272 excluding variants with a Phred-based quality score of the alternate base (QUAL) <30,  
273 combined depth across samples (DP) <10, and mapping quality (MQ) <30, where these filters  
274 had to be met in at least one sample (&&). We subset the VCFs using *view* to have females for  
275 the U, males for the V, and both sexes for the chloroplast and autosomal analyses, excluding  
276 isolates from localities where both sexes were not present (Figure 1; Table S1). The VCFs were  
277 finally filtered to remove variants with >20% missing data.

278

279 **Population genetic analyses.** To examine patterns of nucleotide diversity, we calculated Wu  
280 and Watterson's theta ( $\theta$ ; (Watterson, 1975)), which is based on the number of segregating  
281 sites in the population ( $S$ ), and Nei and Li's Pi ( $\pi$ ), which is based on the average number of  
282 pairwise differences (Nei & Li, 1979), with both calculated per site ( $N_{\text{Localities}}=5$ ,  $N_{\text{Males}}=8$ ,  
283  $N_{\text{Females}}=8$ ). We calculated Tajima's D (Tajima, 1989) for the autosomes and sex chromosomes  
284 to test whether the mutation-frequency spectrum differed between these genomic regions,  
285 where a negative D suggests an excess of rare alleles indicating a recent selective sweep or  
286 expansion after a bottleneck, and a positive D suggests a lack of rare alleles indicating  
287 balancing selection or population contraction ( $N_{\text{Localities}}=5$ ,  $N_{\text{Males}}=8$ ,  $N_{\text{Females}}=8$ ). To examine  
288 differences in gene flow between autosomes and sex chromosomes we calculated  $F_{\text{ST}}$  (Sewall  
289 Wright, 1949), comparing the isolates from Alaska and Portland ( $N_{\text{Males}}=4$ ,  $N_{\text{Females}}=4$ ) to those  
290 from Durham and Storrs ( $N_{\text{Males}}=3$ ,  $N_{\text{Females}}=3$ ) (Figure 1; Table S1). For each of these metrics we  
291 did sliding-window analyses using a window size of 100,000 and jump of 10,000 and plotted  
292 these with a loess correction span of 0.03 using karyoplotR (v1.8.8; (Gel & Serra, 2017)). We  
293 excluded the chloroplast, however, because the contig we analyzed was barely larger than the  
294 windows (105,555 bp). We generated 95% confidence intervals (CI) by bootstrapping 1,000 of  
295 the sliding windows with replacement and tested for differences between the autosomes and

296 sex chromosomes using the Mann-Whitney U test with a Benjamini and Hochberg correction for  
297 multiple tests (Benjamini & Hochberg, 1995; McKnight & Najab, 2010).

298 To test for adaptive evolution in autosomal and sex-linked genes we first calculated the  
299 McDonald Krietman (MK) test (McDonald & Kreitman, 1991). The MK test compares the ratio of  
300 non-synonymous polymorphisms ( $Pn$ ) to synonymous polymorphisms ( $Ps$ ) to the ratio of non-  
301 synonymous divergence ( $Dn$ ) to synonymous divergence ( $Ds$ ), where under neutrality these two  
302 ratios are expected to be equal (i.e.,  $(Dn/Ds) = (Pn/Ps)$ ). Several phylogenetic analyses showed  
303 the Chilean populations were isolated from northern hemisphere populations, potentially  
304 representing a new species (Biersma et al., 2020; McDaniel & Shaw, 2005), so we used the  
305 female and male Chile isolates as the outgroup for the MK test ( $N_{\text{Localities}}=6$ ,  $N_{\text{Males}}=9$ ,  $N_{\text{Females}}=9$ ).  
306 We evaluated the significance of deviations from neutrality using Fisher's exact test (Fisher,  
307 1922). Finally, we calculated the Direction of Selection (DoS) test (Stoletzki & Eyre-Walker,  
308 2011), using the equation

309

$$310 \quad DoS = \frac{Dn}{Dn + Ds} - \frac{Pn}{Pn + Ps},$$

311

312 where a  $DoS < 0$  indicates relaxed purifying selection and  $DoS > 0$  indicates positive selection.

313 To determine if the mutation rate differed between the U and V chromosomes, using  
314 PAML (Yang, 2007) we calculated synonymous ( $dS$ ) and nonsynonymous ( $dN$ ) changes on  
315 branches of 330 one-to-one orthologs of the R40 and GG1 genome isolates. The gene trees  
316 used and in-depth details of running PAML were previously reported in (S. B. Carey et al.,  
317 2020). We tested the difference in  $dN$  and  $dS$  between the U and V-linked orthologs, using the  
318 Mann-Whitney U test (Benjamini & Hochberg, 1995; McKnight & Najab, 2010), removing one V-  
319 linked gene with  $dS > 10$ . All population genetic analyses were done in R version 3.5.3 (R Core  
320 Team, 2013) using PopGenome (v2.7.1; (Pfeifer, Wittelsbürger, Ramos-Onsins, & Lercher,  
321 2014)) and plotted using ggplot2 (v3.3.1; (Wickham, 2016)), unless otherwise stated.

322

323 **Comparing empirical data to simulations.** The results of the simulations provide  
324 demographically-informed expectations for levels of polymorphism for various population  
325 densities and sex ratios. To compare our resequence data to the life history simulations, we  
326 calculated the variation in reproductive success of both males and females that would be  
327 necessary to explain our data in the absence of other processes (e.g., selection or migration).  
328 We then compared the ratios of variation in reproductive success to the results of our  
329 simulations to see if population density or sex ratio could explain the nucleotide diversity  
330 patterns we observed. To calculate the variation in reproductive success needed to explain our  
331 results, we used the result that, in haploid populations,  $\theta = 2N_e\mu$ , where  $\mu$  is the mutation rate,  
332 (derivation provided in the Supplementary Appendix, Part 2). From this it follows that, given  
333 equation 1,  $\theta$  for the U and V chromosomes are respectively given by

$$\theta_U = 2\mu_U \left( \frac{N_f - 1}{V_f} \right),$$
$$\theta_V = 2\mu_V \left( \frac{N_m - 1}{V_m} \right),$$

334

335

336 where  $\mu_U$  and  $\mu_V$  are the mutation rates on the U and V chromosomes, respectively. These  
337 equations can be rewritten in the form

$$V_f = \frac{2\mu_U (N_f - 1)}{\theta_U},$$
$$V_m = \frac{2\mu_V (N_m - 1)}{\theta_V}.$$

338

339 Similarly, it can be shown that

$$V_f + V_m = \frac{4\mu_A (N - 2)}{\theta_A},$$

340

341 where  $\theta_A$  is the Wu and Watterson estimator for an autosome,  $\mu_A$  is the autosomal mutation  
342 rate, and  $N$  is the census population size assuming that the sex ratio is equal (a different  
343 equation is needed for unequal sex ratios).

344  
345 From our resequence data, we estimated the ratio between  $\theta$  for the V and U  
346 chromosomes,  $\theta_V/\theta_U$ , which we used to solve for the ratio  $\alpha = V_m/V_f$  to determine how different  
347 the variances in reproductive success would need to be to explain the results, such that (7)

$$\alpha = \frac{\mu_V \theta_U (N_m - 1)}{\mu_U \theta_V (N_f - 1)} \quad (7)$$

348 Similarly, given the ratio  $\theta_V/\theta_A$ , we can solve for the following ratio

$$\beta = \frac{V_m}{V_f + V_m} = \frac{\mu_V \theta_A}{4\mu_A \theta_V} \quad (8)$$

349 This solution for  $\beta$  does not hold for unequal sex ratios, however. Therefore, for unequal sex  
350 ratios we evaluated the ratio

$$\gamma = \frac{V_m}{V_m(N_f - 1) + V_f(N_m - 1)} = \frac{\mu_V \theta_A}{4\mu_A \theta_V (N_f - 1)} \quad (9)$$

352 For calculations from our empirical data, we assume that  $N = 400,000$ , which is  
353 consistent with the  $N_e$  calculated in *C. purpureus* (M. Nieto-Lugilde, *personal communication*).  
354

## 355 Results

356 **Life history simulations.** To develop a demographically-informed model for sex-specific  
357 patterns of polymorphism, we used simulations to calculate  $N_e$  for males and females at a range  
358 of population densities and sex-ratios. As the population density increased from 10–50%  
359 occupancy, with an equal number of males and females,  $N_{eA}$ ,  $N_{eU}$ , and  $N_{eV}$  increased, although  
360 not equivalently (Figure 2A). At the lowest densities, the  $N_{eA}$  exceeded that of the U, and the V

361 was lower still. All three  $N_e$  values were well below the census population size, because  
362 relatively few females were adjacent to males, and therefore few individuals reproduced  
363 creating high variance in reproductive success. At ~25% occupancy,  $N_{eA}$  was roughly equivalent  
364 to that of the U chromosome, while  $N_{eV}$  was approximately half of the autosomal value. That is,  
365 variance in male reproductive success increases with increasing population density. At higher  
366 densities, the autosomal and V-chromosome  $N_e$  increased approximately linearly, while  $N_{eU}$   
367 increased approximately exponentially, and at high densities the effective population of the U  
368 chromosome can exceed that of autosomes and even the census population size (Figure 2A).  
369 This seemingly counterintuitive finding arises from the fact that, at high population densities, the  
370 autosomal diversity is passed through relatively few males, while the U-linked variation is  
371 passed exclusively through the females which have very low variation in reproductive success.

372 We also simulated the effect of variation in sex ratio on  $N_e$  of the U, V, and autosomes.  
373 We explored the effects of sex-ratio variation at multiple population densities, but because the  
374 trends were homogeneous we present only the results at a density of 20%. At this population  
375 density, with an even sex ratio, the results most closely match the infinite-sites expectations. At  
376 even modest male-biased sex ratios, the  $N_e$  of the U, V, and autosomes were very low (Figure  
377 2B). Even when males outnumbered females, relatively few males contributed to reproduction.  
378 As the sex ratio became more female biased, in contrast,  $N_{eU}$  increased dramatically (Figure  
379 2B). The  $N_{eA}$  increased slightly with a modest female bias, but at more dramatic female biases  
380 the  $N_{eA}$  decreased slightly.

381 These models demonstrate that under reasonable demographic conditions, the infinite-  
382 sites expectations that the U and V each should have half the  $N_e$  of an autosome are met only  
383 at low population densities. Moreover, the V can have lower  $N_e$  than the U and autosomes due  
384 to a greater variance in reproductive success due to sex differences in life history alone (i.e.,  
385 without selection or female mate choice), a pattern exacerbated by a sex-ratio bias toward  
386 either males or females.

387

388 **Patterns of polymorphism in *C. purpureus*.** To empirically test our model of  $N_e$  in a species  
389 with UV sex chromosomes, we generated whole-genome resequence data for 23 isolates of *C.*  
390 *purpureus* (Figure 1; Table S1). We found across isolates on average 80.87% of reads mapped  
391 with BWA and 81.64% with NGM and our average coverage is ~28.5x (Table S1). We found  
392 21,907,382 SNPs using BWA and after filtering, for downstream analyses, we had 17,510,525  
393 total SNPs, with 3,117,274 on the U, 2,372,026 on the V, and 12,021,225 on the autosomes and  
394 chloroplast. Using NGM we found 19,395,846 SNPs, and after filtering we had 11,580,361  
395 SNPs on the autosomes and chloroplast, 2,397,292 on the U, and 1,660,989 on the V. Below  
396 for simplicity we discuss the remaining results from using the BWA mapper, although the  
397 summary statistics were similar with NGM and we report these in Table S2.

398 We found Wu and Watterson's theta ( $\theta$ ) across the 12 autosomes ( $\theta_A$ ) was on average  
399 0.00983 (CI=0.00960-0.01025; Table 1). Given the relationship between  $N_e$  and  $\theta$  (i.e.,  $\theta=2N_e\mu$ ),  
400 the U ( $\theta_U$ ) and V ( $\theta_V$ ) sex chromosomes and the chloroplast ( $\theta_C$ ) should be 1/2  $\theta_A$ , under neutral  
401 processes. However, we find  $\theta_U=0.00339$  (CI=0.00329-0.00346),  $\theta_V=0.00241$  (CI=0.00235-  
402 0.00248), and  $\theta_C=0.00015$  (Table 1). Thus, the ratios for U/A =~1/3, U/A=1/4, and C/A =~1/40,  
403 rather than 1/2 for any of these chromosomes and V/U=~2/3 rather than 1. We found the same  
404 pattern using Nei and Li's Pi ( $\pi$ ) with  $\pi_A=0.00946$  (CI=0.00916-0.00983),  $\pi_U=0.00331$   
405 (CI=0.00323-0.0034),  $\pi_V=0.00219$  (CI=0.00213-0.00225), and  $\pi_C=0.00018$  (Table 1). For  
406 Tajima's D we found the autosomes on average were negative (-0.219; CI=(-0.325)-(-0.253)),  
407 as were both sex chromosomes (U -0.43, CI=(-0.415)-(-0.378); V -0.82, CI=(-0.826)-(-0.794))  
408 and the chloroplast was positive (0.87) (Table 1). For  $F_{ST}$  between populations, the autosomes  
409 were on average 0.202 (CI=0.19-0.205), chloroplast 0.47, U 0.372 (CI=0.370-0.379), and V  
410 0.375 (CI=0.376-0.385) (Table 1). We calculated sliding windows for these metrics, which show  
411 ample variation on the autosomes, but the sex chromosomes are homogenous (Figure 3). For

412 all metrics, we found the autosomes, U, and V to be significantly different from each other  
413 (Mann Whitney U,  $p < 0.00001$ ).

414 We calculated the MK test on all 34,458 genes and found 280 had significant fixed  
415 amino acid changes relative to polymorphic changes based on Fisher's exact test at  $p < 0.05$  and  
416 606 at  $p < 0.1$  (Table 2, S3). Using the DoS test, we found for autosomes that 151 genes were  
417 less than one (at  $p < 0.05$ ; 338 at  $p < 0.1$ ) and 120 greater than one ( $p < 0.05$ ; 250 at  $p < 0.1$ ). For  
418 the U-linked genes, we found four genes were less than one and three greater than (at  $p < 0.05$ ;  
419 six at  $p < 0.1$ ). For V-linked genes we found two significant genes at  $p < 0.05$ , with both less than  
420 one (5 at  $p < 0.1$ ) and two greater than one at  $p < 0.1$  (Figure 4A).

421 To test for differences in mutation rate, we calculated  $dS$  and  $dN$  on one-to-one U-V  
422 orthologs. We found both  $dS$  and  $dN$  were higher for V-linked genes (Mann Whitney U,  $dN$   
423  $p = 0.044$ ;  $dS p = 0.005$ ; Figure 4B-C; Table S4).

424

425 **Comparing empirical data to simulations.** To determine if population density and sex-ratio  
426 bias could explain the observed patterns of  $\theta$  we found in *C. purpureus*, we first calculated the  
427 variance in reproductive success in males ( $V_m$ ) and females ( $V_f$ ) that would be necessary to  
428 explain our empirical results and compared these values to those seen in our simulations.

429 Specifically, for equal sex ratios we compared the ratios of  $V_m/V_f$  ( $\alpha$ ) and  $V_m/V_f + V_m$  ( $\beta$ )  
430 described above. From our empirical data, we found that  $\alpha$  and  $\beta$  were very similar values, with  
431  $\alpha = 1.36$  ( $\alpha = 1.62$  if  $\mu_V$  was 1.2 times greater than  $\mu_U$  based on  $dS$ ) and  $\beta = 1.0$ . In contrast, for  
432 all simulated densities,  $\alpha$  was much larger than  $\beta$  (Figure 5A). Furthermore, our empirically  
433 observed  $\alpha$  values were only seen in our simulations with low densities ( $\sim 0.09$ – $0.125$ ), but the  
434 highest-density simulations were the ones that best approximated the empirically calculated  $\beta$   
435 values.

436 For unequal sex ratios, the assumptions necessary to derive the equation for  $\beta$  do not  
437 hold, so we instead compared the ratios of  $\alpha$  and  $\gamma$  described above. The combinations of sex  
438 ratio and density that best explained the observed values of  $\alpha$  poorly predicted the observed  $\gamma$   
439 values. For instance, at density of 0.2, our simulations best explained the observed  $\alpha$  value  
440 when there was a slightly male-biased sex ratio (Figure 5B). However, in such scenarios, the  
441 simulated  $\gamma$  value was much larger than the  $\gamma$  values calculated from our data (e.g., for a  
442 simulated sex ratio of three males to each female,  $\gamma = 5.6 \times 10^{-4}$  while the value calculated for  
443 our data is  $\gamma = 8.33 \times 10^{-9}$ ). None of our simulations observed a  $\gamma$  value low enough to explain  
444 our data, but the closest values occurred at highly male-biased sex ratios.

445

## 446 Discussion

447 Fertilization in many eukaryotes is achieved through the union of a small, motile sperm, and a  
448 large, retained egg. While the individuals that bear these gametes may experience different  
449 patterns of selection or embark on different patterns of migration, the consequences of life  
450 history differences between sexes alone may be sufficient to generate nucleotide diversity  
451 differences between sperm-producing males and egg-producing females. Here we used  
452 simulations to generate demographically-informed expectations for patterns of polymorphism in  
453 an idealized sperm-casting species and compared those expectations to estimates from whole-  
454 genome resequence data in the moss *C. purpureus*. We found the demographically-naive  
455 expectations for U and V chromosome-to-autosome ratios of nucleotide diversity based on the  
456 infinite-sites model were only accurate at the very lowest simulated population densities, and  
457 they failed to account for levels of sex-ratio bias observed in natural populations. We also found  
458 that our empirical estimates of sex chromosome and autosome nucleotide diversity could be  
459 explained by neither mutation rate variation nor other demographic processes, suggesting that

460 selection must contribute to shaping variation on the *C. purpureus* sex chromosomes (Ellegren,  
461 2009; Sayres, 2018).

462

463 **Sex-biased  $N_e$  in anisogamous sperm-casting species.** Estimates of  $N_e$  can differ between  
464 females and males for numerous reasons, most dramatically as a consequence of processes  
465 that increase the variance in male reproductive success (i.e., female mate choice, male-male  
466 competition), but also because life-history differences may influence sex-specific patterns of  
467 migration or age structure within populations. Here we use simulations to show that in sperm-  
468 casting species, like some sessile marine animals and many plants, heterogeneity in the spatial  
469 distribution of females and males can generate a dramatic increase in the variance in male  
470 reproductive success. We show that this effect is strongly dependent upon the density of  
471 individuals. At low densities, the estimates of  $N_e$  were relatively close to the estimates based on  
472 the infinite-sites model. The number of females and males that were near enough to mate was  
473 relatively low, and similar proportions of females and males contributed to the next generation.  
474 As density increased, more males mated multiple times, increasing the variance in male  
475 reproductive success and decreasing the male  $N_{eV}$ . At high densities, the female  $N_{eU}$   
476 approached the census size, far exceeding both  $N_{eV}$  and even  $N_{eA}$ . This seemingly  
477 counterintuitive result stems from the fact that nearly all females reproduced, but many males  
478 contributed to multiple matings. The  $N_{eA}$  is constrained to be between the male and female  
479 values, because half of the autosomes are inherited from each sex.

480 It is important to note that our simulation results relied on specific assumptions about the  
481 direct links among sex chromosomes, anisogamy, and life history. For example, we assumed  
482 that all individuals with a U-chromosome produced eggs and all individuals with a V-  
483 chromosome produced sperm, although it is well-known that these assumptions are violated in  
484 many systems (Ming, Bendahmane, & Renner, 2011). In *C. purpureus* many individuals do not  
485 produce gametangia under permissive laboratory conditions (J. Shaw & Beer, 1999). We also

486 assumed that the egg-producing sex (females) and sperm-producing sex (males) each have  
487 specific, invariant life histories: females can only mate once and males can mate many times  
488 (eight is the maximum number of mating events possible in our simulations). While these  
489 provide a reasonable approximation of the life history of *C. purpureus* and other sperm-casting  
490 species, we caution that these results cannot be applied uncritically to other anisogamous  
491 species (see (Sarah Blaffer Hrdy, 1986; S. B. Hrdy, 1981; Tang-Martínez, 2016)).

492 How important the density-dependent effects on male variance in reproductive success  
493 are in sperm-casting species in nature depends upon how many distinct genotypes lie within the  
494 radius of sperm dispersal. Many bryophytes exhibit largely clonal growth, meaning the effective  
495 density of genotypes could be quite low, and the infinite-sites estimate may be a reasonable  
496 approximation (Bisang & Hedenäs, 2005; Clarke, Ayre, & Robinson, 2009). However, despite  
497 their capacity for clonal growth, small samples (<1cm) of *C. purpureus* can contain numerous  
498 distinct genotypes (McDaniel & Shaw, 2005). Given that fertilization distances in mosses  
499 exceed this measure (Jonathan Shaw & Goffinet, 2000; Longton & Re, 1976) particularly if  
500 transported by microarthropods (Cronberg et al., 2006; Rosenstiel et al., 2012; Shortlidge et al.,  
501 2020), the effective density may be quite high (i.e., the number of females that a given male can  
502 mate with exceeds the limit of eight imposed in our simulation). Thus, the infinite-sites  
503 expectations for  $N_e$  may be quite far off. The mismatch between infinite-sites model and reality  
504 may be worse with female-biased sex ratios, which is common in bryophytes (Bisang &  
505 Hedenäs, 2005).

506 The decrease in  $N_e$  for sperm-transmitted genes, relative to the  $N_e$  for egg-transmitted  
507 genes, may profoundly decrease the strength of natural selection relative to genetic drift for  
508 male traits (Charlesworth, 2009). The decrease in efficacy of natural selection will likely be the  
509 most acute on a male V chromosome, where transmission is exclusively through sperm.  
510 However, the effects of anisogamy may influence the strength of selection on autosomal  
511 variants that have different fitness effects on females and males (i.e., sexually antagonistic

512 alleles), effectively tipping the scales in favor of female-beneficial autosomal alleles. This  
513 process could even act on hermaphroditic sperm-casting species (Abbott, 2011), like many  
514 mosses, by weakening selection on allelic variants that promote male functions, such as sperm  
515 production, relative to selection on female functions related to egg production. Our haploid  
516 model does not allow us to make quantitative predictions about diploid systems, but male traits  
517 in seed plants may experience lower  $N_e$  if some pollen donors fertilize multiple seeds in a  
518 population.

519

520 **Linking demographic models and mutation rate to patterns of nucleotide diversity.** It is  
521 widely known that various demographic processes can generate variation in nucleotide diversity  
522 between autosomes and sex chromosomes, in particular processes that increase male variance  
523 in reproductive success (Charlesworth, 2009). Here we introduce three ratios of the sex-specific  
524 variance  $N_e$ ,  $\alpha$  (variance in male reproductive success:female reproductive  
525 success),  $\beta$  (variance in male reproductive success:variance female reproductive success plus  
526 variance in male reproductive success), and  $\gamma$  (same as  $\beta$ , but the variances in the denominator  
527 are scaled by sex-specific population size), calculated from our simulations. These ratios can be  
528 expressed in terms of the quantity  $\theta$ , which we estimated from the DNA sequence data from  
529 isolates of *C. purpureus*. The values of  $\alpha$  and  $\beta$  generated from the simulations are clearly  
530 inconsistent with the nucleotide diversity patterns in *C. purpureus*. First, the  $\beta=1$  value that we  
531 calculated from the resequence data requires no variance in female reproductive success,  
532 which is inconsistent with mesocosm experiments in *C. purpureus* (Shortlidge et al., 2020) and  
533 field-collected data in *Sphagnum* (Johnson & Shaw, 2016). Similar  $\beta$  values were only observed  
534 at the highest population densities in our simulations. In contrast, the  $\alpha$  values we estimated  
535 from the polymorphism data were only observed in simulations with low population densities. No

536 simulated densities with an equal sex ratio produced values of both  $\alpha$  and  $\beta$  near to those  
537 calculated from the nucleotide diversity patterns in *C. purpureus*.

538 Similarly, incorporating sex-ratio variation into our simulations failed to produce a better  
539 fit to the nucleotide diversity data. The closest  $\gamma$  values occurred at highly male-biased sex  
540 ratios, which are almost never observed in mosses (Baughman et al., 2017; Bisang et al., 2019;  
541 Bisang & Hedenäs, 2005) and in *C. purpureus* in particular (Eppley et al., 2018; Norrell et al.,  
542 2014; A. J. Shaw & Gaughan, 1993). In essence, the values for  $\theta_U$  and  $\theta_V$  are too low, relative to  
543 the autosomal  $\theta$ , to conform to the demography alone model. In particular, the values for  $\theta_U$   
544 were expected to equal or exceed the autosomal values under reasonable population density  
545 parameters, but instead the empirical  $\theta_U$  values were nearly as low as the  $\theta_V$  values. We return  
546 to this observation below.

547 We also found no evidence that the differences in  $\theta$  between sex chromosomes was the  
548 result of an elevated mutation rate in females. In fact, both  $dS$  and  $dN$  were higher on V-linked  
549 genes (Mann Whitney U,  $dN$   $p=0.044$ ;  $dS$   $p=0.005$ ; Figure 4B-C), the opposite of the pattern  
550 that would explain the higher  $\theta$  on the U chromosome compared to the V. We did recover the  
551 expected lower nucleotide diversity on the chloroplast (Table 1), consistent with other plants (D.  
552 R. Smith, 2015; Wolfe et al., 1987) suggesting that the elevated male mutation rate is unlikely to  
553 be an artifact of our sampling scheme.

554 Male-biased mutation rates are widely observed in animals and some seed plants  
555 (Ellegren & Fridolfsson, 1997; Whittle & Johnston, 2002; Wilson Sayres & Makova, 2011).  
556 Mutations presumably arise as DNA replication errors, and sperm production requires many  
557 more cell divisions than egg production (W. H. Li, Yi, & Makova, 2002). Because the germ line is  
558 sequestered in animals, somatic mutations do not contribute to differences between the sexes.  
559 Instead, only differences in cell divisions to produce gametes differ between the sexes. In  
560 contrast, plants have an open developmental program, in which many rounds of cell division

561 precede the formation of gametes, potentially moderating the contribution of anisogamy to  
562 mutation-rate variation. However, males in mosses certainly make thousands of sperm in each  
563 antheridium (Garbary, Renzaglia, & Duckett, 1993). In the hermaphroditic moss, *Physcomitrium*  
564 *patens*, one antheridium (of ~10) made between 150 and 200 sperm cells (Horst & Reski,  
565 2017), but this species is likely on the lower end of the distribution (Garbary et al., 1993). Thus,  
566 we conservatively estimate a *C. purpureus* male undergoes seven to 15 more rounds of cell  
567 division during sperm production than a female experiences in egg production, potentially  
568 enough to increase the male-mutation rate. Resequence data from known pedigrees is one way  
569 to independently evaluate the difference between male and female mutation rates, but such  
570 data are currently unavailable.

571

572 **Selection lowers nucleotide diversity on U and V sex chromosomes.** The relationship we  
573 observed between autosomal and V-linked nucleotide diversity plausibly could reflect elevated  
574 variance in male reproductive success, consistent with field studies and experimental  
575 mesocosms (Johnson & Shaw, 2016; Shortlidge et al., 2020). However, none of the simulations  
576 using biologically reasonable conditions explained the low U-linked nucleotide diversity  
577 (U/A=~1/3). It is therefore likely that the low nucleotide diversity on at least the U is caused by  
578 recent linked selection, which is widely expected to be common in non-recombining regions, like  
579 sex chromosomes (J. M. Smith & Haigh, 1974). Indeed, Tajima's D values on both the U and  
580 the V were uniformly negative and lower than autosomal values (Figure 3; Table 1), suggesting  
581 the patterns of nucleotide variation do not reflect neutral-equilibrium processes. The *C.*  
582 *purpureus* UV sex chromosomes are large (>100 Mb each), completely non-recombining, and  
583 gene rich (>3,400 genes annotated to both (S. B. Carey et al., 2020)) meaning these regions  
584 provide large targets for the evolution of beneficial or deleterious mutations, increasing the  
585 probability of selective sweeps and background selection (Bachtrog, 2008).

586 Identifying the relative importance of selective sweeps and background selection in  
587 reducing nucleotide diversity remains an important challenge. The *C. purpureus* sex  
588 chromosomes demonstrably experience weaker purifying selection than autosomes, based on  
589 measures of codon bias (effective number of codons, frequency of optimal codon, and GC  
590 content of the third synonymous position) and in protein evolution ( $dN/dS$ ) (S. B. Carey et al.,  
591 2020). Carey et al. (2020) found that, of the 330 U and V-linked genes examined, ~25% had  
592 lower  $dN/dS$  than the autosomal average (~0.14), suggesting these genes still experience  
593 strong selective pressure against deleterious mutations (Chibalina & Filatov, 2011). However,  
594 codon bias and  $dN/dS$  were indistinguishable between the sexes, suggesting that different  
595 levels of purifying selection are unlikely to explain the decreased V/U ratio we found. Moreover,  
596 while the U and V-linked genes with higher  $dN/dS$  values suggest faster rates of protein  
597 evolution than the autosomes, using this approach it is unclear whether the genes are evolving  
598 faster due to the relaxation of purifying selection or by positive selection.

599 Because our sampling spanned the globe, we used the distantly-related Chilean isolates  
600 as an outgroup for the Northern Hemisphere populations in divergence-polymorphism tests of  
601 selection. Using the MK test, we also found evidence of non-neutral evolution in several sex-  
602 linked genes (Figure 4A; Table 2). From the DoS test we found the U has genes that are  
603 experiencing positive selection, while others have relaxed purifying selection (at  $p < 0.05$ ; Figure  
604 4A). On the V we found genes with evidence of relaxed purifying selection (at  $p < 0.05$ ), though  
605 two genes were marginally significant that suggest positive selection ( $p \approx 0.06$  and 0.08). Some  
606 of the genes that showed evidence of selection are involved in cellular transport (Table 2). In  
607 mosses, the sporophyte (i.e., the diploid embryo) is nutritionally dependent on the maternal  
608 plant throughout its entire lifespan (Ligrone, Duckett, & Renzaglia, 1993), which is costly to the  
609 maternal gametophyte (Ehrlén, Bisang, & Hedenäs, 2000; Stark, Brinda, & McLatchie, 2009).  
610 The male with which a female mates has a significant effect on sporophyte development

611 including sporophyte height, spore number, and quality of spores (Shortlidge et al., 2020),  
612 suggesting paternal genotype can drive these differences. However, a sporophyte from a male  
613 with a more extractive genotype may instead be selectively aborted by the female in preference  
614 for another, less extractive offspring. In fact, female mosses have been shown to abort their  
615 offspring if conditions are unfavorable (Stark, 2002; Stark, Mishler, & McLetchie, 2000; Stark &  
616 Stephenson, 1983). These forms of sexual conflict can generate the signatures of selection  
617 detectable by the MK test, and could reduce nucleotide diversity on both the U and V  
618 chromosomes, consistent with what we find in *C. purpureus*. Though we should point out that  
619 the polymorphism-based tests are underpowered to detect deviations from neutrality in regions  
620 of low  $N_e$  (like non-recombining sex chromosomes) and limited divergence between our  
621 outgroup (Parsch, Zhang, & Baines, 2009).

622 The discrepancy between the infinite-sites expectations and the measured nucleotide  
623 diversity that we found in *C. purpureus* sex chromosomes, in particular the U, are qualitatively  
624 different from those in other plant systems, in spite of the fact that all possess multicellular,  
625 gametophytes with haploid gene expression. In *Rumex hastatus*, nucleotide diversity of X-  
626 linked genes was ~% of autosomal diversity, higher than neutral equilibrium expectations,  
627 potentially because of the female-biased sex ratios in the species (Hough, Wang, Barrett, &  
628 Wright, 2017). In contrast, the Y-linked genes were ~1/50 that of autosomal diversity, a result  
629 attributed to purifying selection (Hough et al., 2017). In *Silene latifolia*, Y-linked genes had ~1/20  
630 the nucleotide diversity of autosomes, whereas X-linked genes were close to equilibrium  
631 expectations (~3/4), also suggesting the role of selection on the Y (Qiu, Bergero, Forrest,  
632 Kaiser, & Charlesworth, 2010). The X chromosome in papaya was found to have lower than  
633 expected nucleotide diversity, likely driven by a selective sweep, like what we found on the U in  
634 *C. purpureus* (VanBuren et al., 2016). In the brown algae *Ectocarpus*, the only other UV system  
635 to look at nucleotide diversity to date, the sex chromosomes have ~1/2  $N_e$  of autosomes,  
636 consistent with infinite-sites expectations for neutral-equilibrium conditions (Avia et al., 2018).

637 Together these results support the long-standing notion that positive selection can dramatically  
638 decrease nucleotide diversity in non-recombining regions (Begun & Aquadro, 1992;  
639 Charlesworth & Charlesworth, 2000; Lercher & Hurst, 2002). The dramatic difference between  
640 the simulated and empirical estimates for  $N_e$  for the *C. purpureus* U provide a very clear  
641 illustration of this effect. Our simulations also suggest that density, mating system, and factors  
642 that influence the variance in male reproductive success may also be confounded with selection  
643 in analyses of Y chromosome polymorphism.

644 The geographic distribution of U and V-linked variants may provide insight into other  
645 forms of selection shaping sex chromosome variation. Of course, differential migration between  
646 the sexes can affect  $N_e$  (Ellegren, 2009; Goudet, Perrin, & Waser, 2002; Webster & Wilson  
647 Sayres, 2016). However, at a regional scale among several eastern North American  
648 populations, and with a smaller data set, population structure measured by  $F_{ST}$  (Sewall Wright,  
649 1949) was equivalent between the sexes in *C. purpureus* (McDaniel, Neubig, et al., 2013).  
650 Importantly, the U and V  $F_{ST}$  among these populations was lower than the autosomal  $F_{ST}$ . This  
651 pattern suggests that sex chromosome variants are fit across the region, while autosomal  
652 alleles may be more likely to experience local adaptation, and therefore show elevated  $F_{ST}$   
653 values. Here, we found that  $F_{ST}$  on the sex chromosomes on the continental scale between  
654 eastern and western North American populations were also equivalent between the sexes, but  
655 exceeded the autosomal values ( $F_{ST}$  Autosomes=0.202, U=0.372, V=0.375; Table 1). At the  
656 continental scale, autosomal alleles are exchanged among these populations while migrant sex  
657 chromosomes are not. Patterns of interfertility (McDaniel, Willis, & Shaw, 2008) and preliminary  
658 gene tree analyses suggest that the eastern and western North American populations may  
659 represent partially reproductively isolated species. The low  $F_{ST}$  at the regional scale coupled  
660 with higher  $F_{ST}$  at the continental scale suggests that sex chromosome differentiation may occur  
661 at the scale of species boundaries, rather than the scale of local adaptation. This inference is

662 consistent with data from *Drosophila* and primates showing that more accurate phylogenies are  
663 inferred from non-recombining regions, like sex chromosomes (Pease & Hahn, 2013).

664 Together, these results highlight the utility of UV sex chromosomes as models for  
665 understanding the roles of sex-specific evolutionary processes in genome evolution. The  
666 demographic model that we present shows that small male  $N_e$  may be a critical challenge facing  
667 dioecious species, a potentially important factor to explain features of mating-system variation in  
668 bryophytes, including frequent transitions from dioecy to hermaphroditism and the evolution of  
669 dwarf males (Hedenäs & Bisang, 2011; McDaniel, Atwood, & Burleigh, 2013). Similar to other  
670 eukaryotic lineages, the increase in variance in reproductive success is also correlated with a  
671 modestly increased mutation rate. Perhaps the most striking result is the decrease in U/A ratio  
672 of  $N_e$ , relative to the expectations based on simulations. The difference between the simulated  
673 and empirical values strongly suggests that the U sex chromosome experiences frequent  
674 selective sweeps, an inference with some independent support from frequency spectrum and  
675 codon-based molecular evolutionary analyses. In sum, these data highlight the challenges of  
676 conducting analyses of single evolutionary forces, in isolation, without considering their joint  
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678

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1003

1004 **Data Accessibility:** Requests for the *C. purpureus* lines in this manuscript should be addressed  
1005 to [stuartmcdaniel@ufl.edu](mailto:stuartmcdaniel@ufl.edu). The *C. purpureus* Illumina resequencing data can be found under  
1006 NCBI BioProjects listed in Table S1. The *C. purpureus* chloroplast assembly can be found on  
1007 NCBI under (in progress). Code for the life history simulations can be found at  
1008 [https://github.com/JimmyPeniston/Moss\\_NE\\_simulations](https://github.com/JimmyPeniston/Moss_NE_simulations) and the population genetic analyses  
1009 can be found at [https://github.com/sarahcarey/Ceratodon\\_popgen](https://github.com/sarahcarey/Ceratodon_popgen).

1010

1011 **Author Contributions:** SBC, JHP, and SFM designed the research; ACP, AL, DB, KL, CD, KB,  
1012 JG, JS, and SFM performed the molecular biology and sequencing; SBC, MK, JJ, and JS  
1013 performed the bioinformatics; JHP developed the model; SBC performed the population genetic  
1014 analyses; SBC and JHP created the visualizations; SBC, JHP, and SFM wrote the original draft  
1015 and edited the manuscript.

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## Tables and Figures

1018 **Table 1. Population genetic analyses by chromosome.** Segregating sites (S); Wu and  
1019 Watterson's theta ( $\theta$ ); Pi ( $\pi$ ).  
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Chromosome	Total sites	S	$\theta$	$\pi$	Tajima's D	$F_{ST}$
1	29001003	829016	0.00868	0.00843	-0.184	0.184
2	26629683	998325	0.01141	0.01015	-0.534	0.247
3	25160467	770120	0.00929	0.00906	-0.167	0.222
4	22785024	748029	0.00997	0.00965	-0.197	0.268
5	19969424	641039	0.00975	0.00998	0.047	0.211
6	18980603	610384	0.00976	0.0092	-0.312	0.168
7	17972677	533845	0.00902	0.00835	-0.385	0.175
8	17567963	553075	0.00956	0.0092	-0.221	0.202
9	17527894	624924	0.01087	0.0107	-0.108	0.18
10	17229405	521827	0.00919	0.00891	-0.192	0.195
11	16661191	593265	0.01082	0.01053	-0.173	0.139
12	16459275	522515	0.00965	0.00931	-0.207	0.236
Chloroplast	105555	51	0.00015	0.00018	0.868	0.471
U	112179120	982232	0.00339	0.00331	-0.431	0.372
V	110524308	689145	0.00241	0.00219	-0.818	0.375

1021

1022 **Table 2. McDonald Krietman test results for sex-linked genes.** Results shown here are  
 1023 significant in the MK test at  $p < 0.1$  (autosomal genes shown in Table S2). Non-synonymous  
 1024 polymorphism ( $Pn$ ); Synonymous polymorphism ( $Ps$ ); Non-synonymous divergence ( $Dn$ );  
 1025 Synonymous divergence ( $Ds$ ); Direction of Selection (DoS); Gene Ontology (GO).

Gene	$Pn$	$Ps$	$Dn$	$Ds$	P-value	DoS	GO categories
CepurGG1.UG008000	1	0	4	0	0.005	0.9	photosystem I; photosynthesis; membrane; chlorophyll binding posttranslational protein targeting to membrane, translocation; nucleic acid binding; ATP binding; protein binding; protein transporter activity
CepurGG1.UG000900	9	0	4	10	0.015	-0.532	protein binding; zinc ion binding
CepurGG1.UG037500	1	0	18	2	0.018	0.65	Unknown function
CepurGG1.UG085200	0	0	19	7	0.033	0.731	Unknown function
CepurGG1.UG067100	9	0	1	3	0.041	-0.65	Unknown function
CepurGG1.UG020900	12	0	31	13	0.049	-0.295	protein dimerization activity; nucleic acid binding
CepurGG1.UG035900	8	0	3	6	0.05	-0.556	Unknown function
CepurGG1.UG024700	11	0	0	2	0.057	-0.846	Unknown function
CepurGG1.UG034000	11	0	7	9	0.072	-0.348	ATP binding; protein phosphorylation; protein kinase activity
CepurGG1.UG008500	4	0	3	5	0.081	-0.625	Unknown function
CepurR40.VG078600	10	0	8	11	0.003	-0.579	Unknown function
CepurR40.VG083300	3	0	0	5	0.048	-0.75	protein binding; protein phosphorylation; ATP binding; protein tyrosine kinase activity; protein kinase activity
CepurR40.VG013400	38	0	38	22	0.056	-0.175	Unknown function
CepurR40.VG055100	7	0	17	18	0.059	-0.389	Unknown function
CepurR40.VG062200	0	0	32	19	0.062	0.627	Unknown function
CepurR40.VG030400	2	0	2	9	0.077	-0.818	Unknown function
CepurR40.VG023000	0	0	6	1	0.083	0.857	Unknown function

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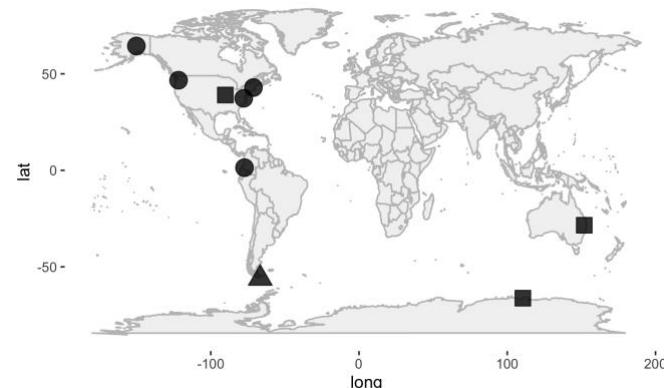
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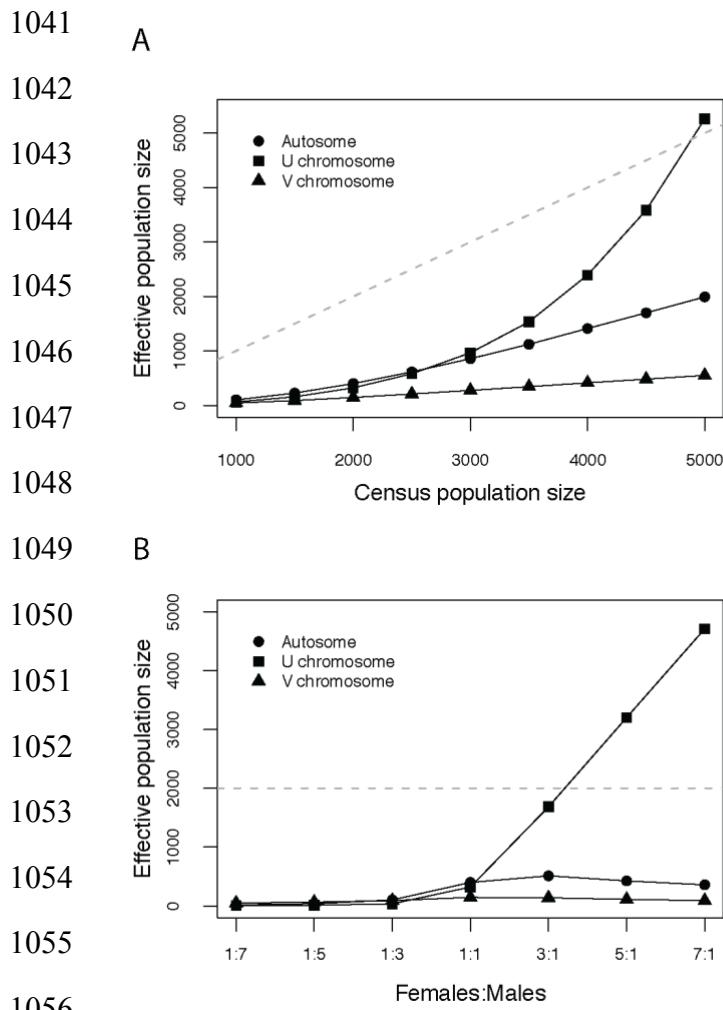
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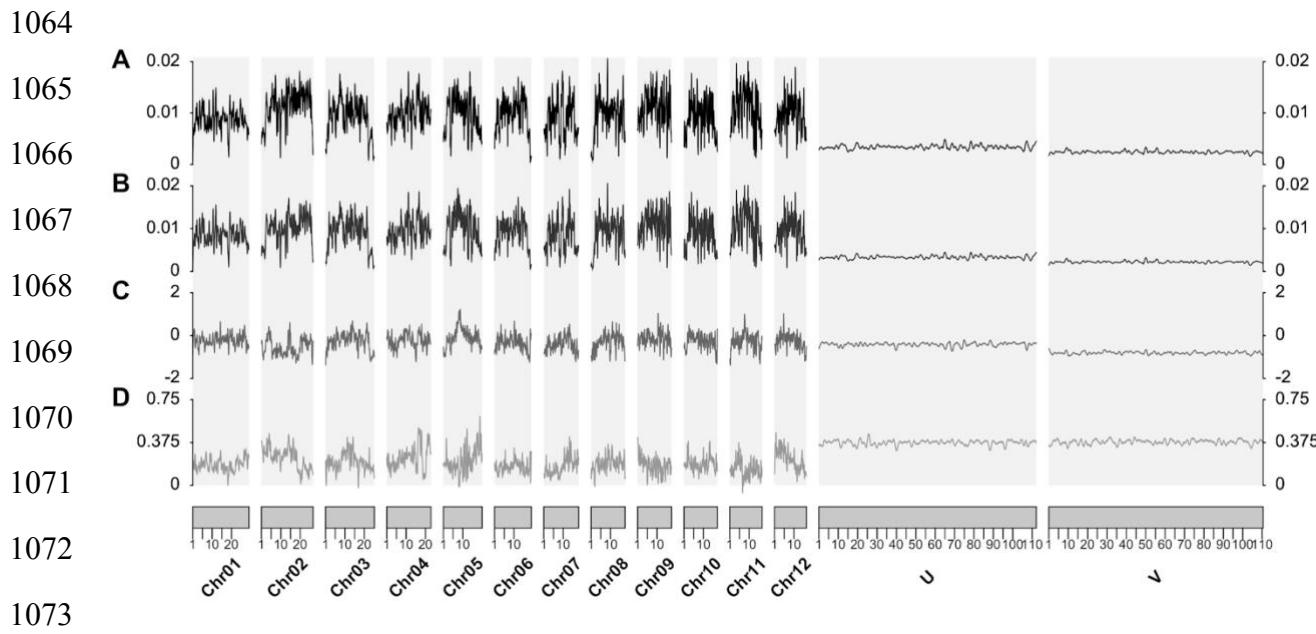
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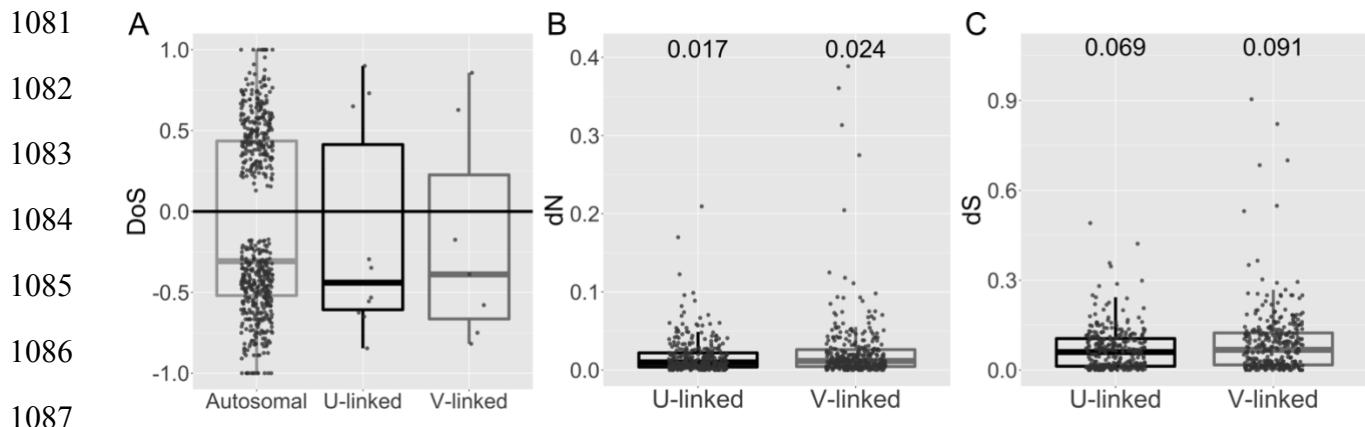
**Figure 1. Sampling localities for the 23 *Ceratodon purpureus* isolates.** All isolates from the nine localities were used for SNP calling. Some isolates were not used for downstream analyses because all isolates from the locality were female (indicated with squares). Isolates indicated with circles were used for the population genetics analyses and the isolates indicated with a triangle were used as the outgroup for the McDonald Kreitman Test.

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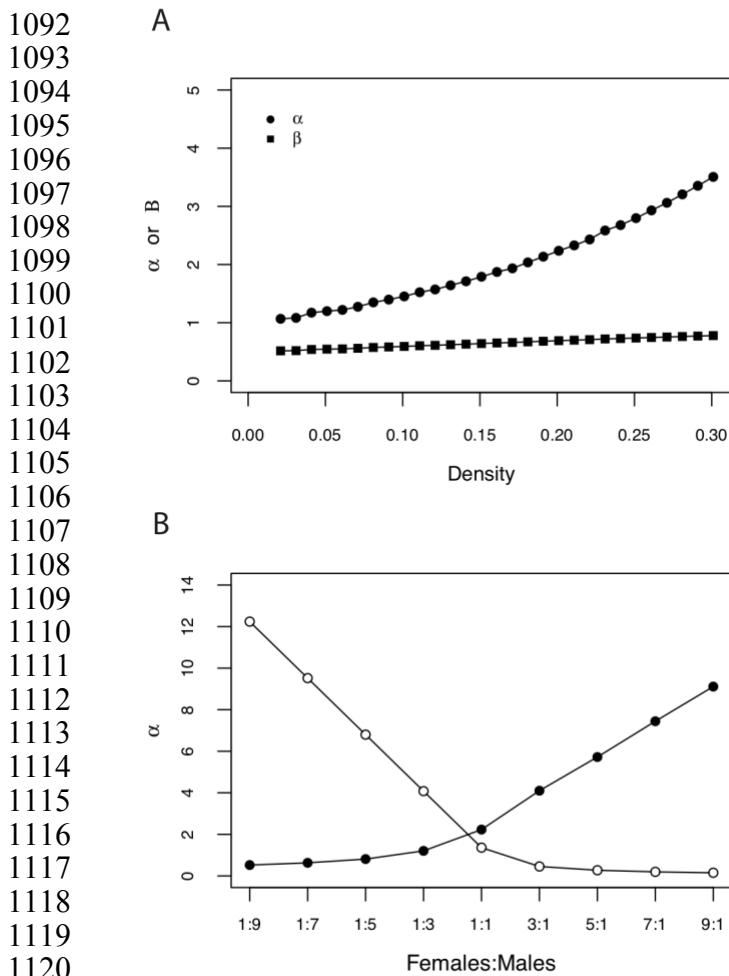


1057 **Figure 2. Effective population size of U and V sex chromosomes and autosomes**  
1058 **calculated from spatially-explicit simulations.** A) The effect of population density on effective  
1059 population size ( $N_e$ ). In all simulations, there were 1000 available sites so density is census size  
1060 divided by 1000. The dashed gray line denotes the one to one line at which the  $N_e$  equals the  
1061 census population size. B) The effect of sex ratio on  $N_e$ . Dashed gray line shows the census  
1062 population size of 2000. Each point is the mean value given by 100 runs of the simulation.





1088 **Figure 4. Measures of protein evolution.** A) Direction of Selection (DoS) test for autosomal  
1089 and sex-linked genes that were significant in the MK test at  $p<0.1$ . B) nonsynonymous mutation  
1090 rate ( $dN$ ) and C) synonymous mutation rate ( $dS$ ) of one-to-one orthologous U and V-linked  
1091 genes. Numbers on top show the mean values.



**Figure 5.** A) Simulation results for the effect of density on the two ratios discussed in the main text. The ratio between variances in reproductive success of males and females ( $\alpha$ ) and the variance in reproductive success of males divided by the variance in reproductive success of males plus the variance in reproductive success of females ( $\beta$ ). The patterns plotted here hold for different populations and arena sizes. Each point is the mean value given by 100 runs of the simulation. Empirically calculated values were  $\alpha = 1.36$  and  $\beta = 1.0$ . B) The effect of sex ratio (females:males) on the ratio between variances in reproductive success of males and females ( $\alpha$ ). Filled black points show results of simulations (with a density of 0.2) while white points show the empirically calculated values. Each black point is the mean value given by 100 runs of the simulation.