

1 **Tau assemblies do not behave like independently acting prion-like particles in mouse**
2 **neural tissue**

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16

17 **Abstract**

18 A fundamental property of infectious agents is their particulate nature: infectivity arises from
19 independently-acting particles rather than as a result of collective action. Assemblies of the
20 protein tau can exhibit seeding behaviour, potentially underlying the apparent spread of tau
21 aggregation in many neurodegenerative diseases. Here we ask whether tau assemblies share
22 with classical pathogens the characteristic of particulate behaviour. We used organotypic
23 hippocampal slice cultures from P301S tau transgenic mice in order to precisely control the
24 concentration of extracellular tau assemblies. Whilst untreated slices displayed no overt signs
25 of pathology, exposure to tau assemblies could result in the formation of intraneuronal,
26 hyperphosphorylated tau structures. However, seeding ability of tau assemblies did not titrate
27 in a one-hit manner in neural tissue. The results suggest that seeding behaviour of tau only
28 arises at supra-physiological concentrations, with implications for the interpretation of high-

29 dose intracranial challenge experiments and the possible contribution of seeded aggregation
30 to human disease.

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32

33 **Introduction**

34 Neurodegenerative diseases are typified by the accumulation of specific proteins into fibrillar
35 assemblies. In around twenty distinct neurodegenerative diseases, including the most
36 common, Alzheimer's disease, the protein tau forms hyperphosphorylated, filamentous
37 inclusions within the cytoplasm of neurons. Evidence from human genetics suggests that tau
38 accumulation can be a direct cause of neurodegeneration since around 50 distinct mutations
39 in *MAPT*, the gene that encodes tau, cause inherited forms of dementia with evidence of tau
40 filaments [1]. The origin of tau assemblies in the human brain remains uncertain. Cell-
41 autonomous processes may lead to the spontaneous nucleation of oligomeric forms of tau
42 within the cytoplasm of neurons. Some of these assemblies adopt filamentous conformations
43 that are able to undergo extension by the addition of tau monomers to the filament ends. Over
44 the past decade it has been postulated that, in addition to these cell-autonomous mechanisms,
45 tau pathology may occur through a spreading or prion-like mechanism [2]. Several lines of
46 evidence demonstrate that assemblies of tau can be taken up into cells, whereupon they seed
47 the conversion of native tau to the assembled state. Addition of tau assemblies to the exterior
48 of cells, or the injection of tau assemblies to the brains of tau-transgenic mice, can induce
49 intracellular tau assembly in the recipient [3–5].

50

51 Population cross-sectional studies demonstrate that tau pathology follows a predictable
52 pattern over time and space in the human brain consistent with spreading, potentially via a
53 prion-like mechanism. Immunoreactivity to antibodies such as AT8, which detects tau that is
54 abnormally phosphorylated at positions S202 and T205 [6], progresses in a manner that can
55 be systematically categorised into stages according to anatomical distribution (Braak stages
56 0 - VI) [7,8]. In young adults, some AT8 immunoreactivity is observed in the vast majority of
57 brains by the third decade of life. However, it is generally confined to neurons within the locus
58 coeruleus (LC) in the brainstem (Braak pretangle stages 0 a-c and 1a,b). Subsequently, AT8
59 staining is observed in the entorhinal cortex (EC) and hippocampus (HC) (Braak stages I-II).
60 Later stages are characterised by progressive dissemination and increasing density of staining
61 in neocortical regions (Braak stages III-VI). These late stages are associated with severe

62 disease and the overall burden of tau pathology negatively correlates with cognitive function
63 [9].

64

65 Though intracranial challenge experiments demonstrate that seeded aggregation can in
66 principle occur, they provide little insight as to whether physiological concentrations of
67 extracellular tau species might support prion-like activity. The concentration of tau in wildtype
68 mouse interstitial fluid (ISF) is around 50 ng/ml total tau (equivalent to ~1 nM tau monomer).
69 Mouse ISF levels typically exceed cerebrospinal fluid (CSF) tau levels by around 10-fold [10].
70 In humans between ages 21 to 50 years, CSF total tau is below 300 pg/mL increasing to 500
71 pg/mL over age 70 [11] – approximately 7 to 12 pM if considering the average mass of full
72 length tau isoforms. Levels are increased 2-3 fold in Alzheimer's disease [12]. If a similar
73 relationship between ISF and CSF tau concentration exists in humans as in mice, ISF tau
74 levels are likely in the order of 100 pM, rising to 300 pM in Alzheimer's disease. Intracranial
75 injection experiments typically supply tau in the high micromolar range. Even if this were
76 distributed broadly across the brain, micromolar concentrations would be exceeded and local
77 concentration at the injection site may plausibly be 100-fold greater. Thus, intracranial injection
78 experiments likely exceed physiological concentrations of extracellular tau by two to seven
79 orders of magnitude.

80

81 For classical infectious agents, infectivity is related to dose by a “one-hit” relationship wherein
82 the amount of infectivity decreases linearly upon dilution until end-point [13]. This property is
83 also evident in PrP^{Sc} prions, though it is complicated by the presence of multiple aggregation
84 states and the size distribution of particles [14]. The relationship between dose and prion-like
85 activity for tau has not been established. It is therefore currently not possible to reconcile high-
86 dose challenge experiments with the low concentrations of tau observed in the extracellular
87 spaces of the brain. To address this, we developed a model of seeded tau aggregation in
88 mouse organotypic hippocampal slice cultures, allowing direct control of the concentration of
89 tau neurons were exposed to. Brain slice cultures have been used for 40 years [15], though

90 developments in recent years have rendered them increasingly relevant for the study of
91 neurodegenerative diseases [16–20]. We prepared slices from transgenic mice with the *MAPT*
92 P301S mutation [21], which is causative of fronto-temporal dementia and displays accelerated
93 fibrilisation compared to wildtype tau [22]. ISF concentrations of tau in P301S transgenic mice
94 have previously been measured at about 5 times that of wildtype animals at around 5 nM
95 monomer equivalent, versus 1 nM in wildtype, consistent with the reported 5-fold over-
96 expression of tau [10].

97

98 Using our system, which relies on physiological neuronal uptake of tau aggregates supplied
99 to the media, we show that neurons within CA1 are preferentially susceptible to seeded
100 aggregation, displaying intracellular hyperphosphorylated tau tangles. We find that seeding
101 activity cannot be titrated down and only occurs at high concentrations of tau assemblies.
102 Crucially, at between 30 and 100 nM, the concentrations of tau assemblies required to initiate
103 seeding exceed reported measures of physiological ISF and CSF tau. Our results imply that
104 a model of tau spread via seeded aggregation requires these concentrations to be locally
105 exceeded or requires other mechanisms not captured here to facilitate seeded aggregation.

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108

109

110 **Results**

111 Sagittal hippocampal slices of ~300 μ m thickness were prepared from homozygous P301S
112 tau-transgenic mice at age 7 d. Hippocampal structures are well developed at this age, yet the
113 tissue exhibits plasticity that aids recovery from the slicing procedure [23]. We stained OHSCs
114 with antibodies against markers of the major cell types of the brain: neurons (Map2), microglia
115 (Iba1) and astrocytes (Gfap) [Figure 1a]. Similar to previous studies [19], neurons were found
116 to maintain extensive arborisation with evidence of intact neuronal tracts. Microglia were
117 observed with normal morphology with extensive processes, similar to quiescent cells in whole
118 brains [24]. Astrocytes were also well represented throughout the cultures. Immunostaining
119 for tau revealed widespread expression in all regions of the hippocampus [Figure 1b]. After 5
120 weeks in culture no overt signs of tau pathology were apparent, as visualised by staining with
121 AT8 [Figure 1c]. These results demonstrate that hippocampal architecture and cell types from
122 P301S tau transgenic mice are maintained through the slicing and culture process.
123 Importantly, they demonstrate that OHSCs from P301S tau transgenic mice do not undergo
124 detectable spontaneous aggregation over this time period.

125

126 To investigate the response of slice cultures to challenge with tau assemblies, we prepared
127 tau from two independent sources. First, we expressed the 0N4R isoform of tau bearing the
128 P301S mutation in *E. coli*. Recombinant protein was incubated with heparin and, following a
129 lag period, was found to give a fluorescence signal in the presence of thioflavin T, a dye whose
130 fluorescence increases upon binding to β -sheet rich amyloid structures [Figure 2a]. Negative
131 stain transmission electron microscopy revealed the presence of abundant filamentous
132 structures [Figure 2b]. Second, we prepared the sarkosyl-insoluble (SI) fraction from aged
133 P301S tau transgenic mice, a procedure that enriches insoluble tau species. Brain-derived
134 assemblies were subjected to western blot, confirming the presence of hyperphosphorylated,
135 insoluble tau [Figure 2c]. The samples were quantified using a dot-blot method using
136 recombinant fibrillar tau as a standard [Supplementary Figure 1]. Tau assemblies were added
137 to HEK293 cells stably expressing 0N4R P301S tau-venus, a reporter cell line for seeded
138 aggregation [25]. In this assay, transfection reagents are used to deliver tau assemblies into

139 cells, whereupon tau-venus is observed to form puncta over 1-2 d. This aggregation was
140 previously found to result in the accumulation of tau-venus in the sarkosyl-insoluble pellet [25].
141 In the present study, abundant venus-positive puncta were detected following challenge with
142 recombinant fibrils or mouse brain derived tau [Figure 2d]. To investigate whether these
143 seeded assemblies bore markers of tau hyperphosphorylation, we stained with the
144 monoclonal antibody AT8 and AT100, which recognises tau phosphorylated at pT212 and
145 pS214. These epitopes occur on tau filaments extracted from post-mortem tauopathy brains
146 including those from Alzheimer's disease patients. We observed that challenge with
147 recombinant tau assemblies resulted in colocalization between tau-venus puncta and AT8 or
148 AT100 [Figure 2e,f]. We therefore concluded that our tau preparations contained species able
149 to induce *bona fide* seeded aggregation in recipient cells.

150

151 Next, we challenged OHSCs with tau assemblies. Recombinant or mouse brain-derived tau
152 assemblies were supplied to the culture media for a period of three days followed by twice-
153 weekly media changes [Figure 3a]. Three weeks after challenge with 100 nM recombinant tau
154 assemblies or 5 μ l SI tau we observed pronounced AT8 staining [Figure 3b][Supplementary
155 Figure 1], suggesting the presence of mature hyperphosphorylated tau assemblies. The
156 addition of monomeric tau did not induce these same structures, indicating that the misfolded
157 state of tau was responsible for seeded aggregation [Figure 3b]. Furthermore, addition of tau
158 assemblies to OHSCs prepared from wildtype mice did not induce seeded aggregation
159 suggesting that the transgenic P301S tau construct is responsible for the phenotype [Figure
160 3b]. The levels of AT8 between unseeded WT and P301S OHSCs were non-significant [Figure
161 3c]. We also observed the accumulation of sarkosyl-insoluble species following seeding in
162 P301S transgenic OHSC but not wildtype OHSCs [Figure 3d,e][Supplementary Figure 2].
163 Taken together, these data demonstrate that insoluble, hyperphosphorylated tau assemblies
164 can be induced in transgenic OHSCs by the addition of exogenous tau assemblies.

165

166 To further characterise the induced aggregates, we investigated the subcellular and regional
167 location of tau lesions. We used recombinant tau assemblies to induce seeding owing to the
168 high confidence that AT8-reactive aggregates result from seeded aggregation rather than the
169 input tau. Within cell bodies, we observed large aggregates in peri-nuclear regions [Figure
170 4a]. Additionally, numerous smaller tau puncta were found along the length of neurites. Puncta
171 were interrupted by regions apparently devoid of hyperphosphorylated tau. In contrast, Map2
172 staining revealed the presence of intact neurites, indicating that the punctate distribution of
173 tau is not a consequence of neuronal fragmentation. They further demonstrate that neurons
174 are able to tolerate tau aggregation to a certain degree without gross loss of morphology or
175 overt toxicity. We compared levels of seeding between regions of the hippocampal slices. We
176 observed the presence of AT8 positive structures in neurons within all subdivisions [Figure
177 4b]. However, AT8 reactivity was considerably greater within the CA1 region compared to CA2
178 and CA3. Approximately 80% of AT8-positive structures were found in CA1, compared to
179 ~10% in each of CA2 and CA3 [Figure 4c]. We examined levels of tau as a potential underlying
180 cause of CA1 susceptibility but observed comparable expression levels across different
181 regions [Figure 4d]. In summary, these results demonstrate that challenge of OHSCs with
182 assemblies of tau induces the accumulation of pathology in neurites and cell bodies,
183 predominantly in CA1 neurons, resulting in widespread accumulation of intracellular
184 hyperphosphorylated tau structures.

185

186 To determine the time-dependence of this tau pathology, we next performed a time course
187 following the addition of seed. Slices were fixed at 1, 2 or 3 weeks following challenge with
188 100 nM recombinant assemblies [Figure 5a]. Alternatively, slice cultures were fixed at 3 weeks
189 following challenge with buffer only. As above, slices that were not exposed to tau assemblies
190 developed no robust evidence of hyperphosphorylated tau puncta. However, challenge with
191 tau assemblies resulted in increasing levels of bright AT8-positive structures over time,
192 consistent with seeded aggregation of intracellular pools of tau [Figure 5b]. At 1 week after
193 challenge, isolated AT8 positive puncta were observed as well as diffuse AT8 staining. A week

194 later, puncta became more numerous and a few large aggregates were observed. However,
195 3 weeks after challenge with tau assemblies, AT8 staining was widespread with the presence
196 of numerous aggregates that occupied entire cell bodies. The increase in AT8 staining
197 followed an exponential curve with a doubling time of ~7 days. The size of AT8-positive
198 structures was similarly found to increase over time. Stained areas greater than $50 \mu\text{m}^2$,
199 generally only present within cell bodies, were found to be largely absent at 1 week post-
200 challenge but subsequently to increase in prevalence [Figure 5d]. This suggests that
201 amplification of aggregates within individual neurons is driving the overall increase in AT8
202 signal. The results are therefore consistent with a model of growth of hyperphosphorylated tau
203 structures via a process of templated aggregation following exposure to seed-competent tau
204 assemblies.

205

206 The above results demonstrate that our OHSC model exhibits behaviour consistent with prion-
207 like spread of tau. However, the dose we used (100 nM monomer equivalent) represents a
208 concentration in excess of ISF and CSF tau concentrations, which occupy the low nanomolar
209 to picomolar region. We therefore investigated the response of OHSCs to varying of the dose
210 of exogenously-supplied tau assemblies. Remarkably, we found that a reduction of seed
211 concentration from 100 nM to 30 nM resulted in virtually no seeded aggregation being
212 detectable within the slice [Figure 6a]. Whereas cell bodies reactive for AT8 could be observed
213 when challenged with 100 nM tau assemblies, only very rare and small AT8-positive
214 assemblies in neurites were observed following challenge with 30 nM tau. Conversely,
215 increasing exogenous tau concentration from 100 nM to 300 nM increased the AT8-
216 immunoreactive area by almost 10-fold [Figure 6b]. To exclude any effect of the culture
217 membrane on the efficiency of tau uptake, we applied tau at the same concentrations directly
218 to the surface of the slices. We challenged OHSCs with 25 μl of recombinant tau aggregates
219 applied to the apical surface of the slice. Alternatively, we supplied the same concentration of
220 tau assemblies to the media as normal. Under both experimental set-ups we observed robust
221 induction of seeding at 100 nM, but not at 30 nM [Figure 6c]. Thus, the local concentration of

222 tau governs seeded aggregation and is independent of application route. These results
223 demonstrate that tau seeding in OHSCs only occurs efficiently at concentrations above 100
224 nM of supplied assemblies.

225

226 Independently acting infectious particles such as viruses retain infectivity upon dilution until
227 they are diluted out at endpoint. They display one-hit dynamics where proportion of infected
228 cells, $P(I)$, can be described by the equation $P(I) = 1 - e^{-m}$ where m is the average number of
229 infectious agents added per cell. To determine whether tau assemblies display these
230 properties, we titrated tau assemblies on HEK293's expressing tau-venus. Here, where
231 conditions have been optimised for sensitive detection of seeding, and tau assemblies are
232 delivered directly to the cytoplasm with transfection reagents, we observe that seeding activity
233 is proportional to dose and can be titrated down. The observed level of seeding approximates
234 a one-hit titration curve [Figure 7a]. Thus, tau assemblies have the intrinsic ability to act as
235 independent particles when tested in reporter cell lines. This is in direct contrast to the results
236 observed in OHSCs where seeding reduces much more rapidly as tau assemblies are diluted
237 than would be expected under a single-hit model [Figure 7a]. One potential explanation for
238 these differences is that clearance mechanisms in intact tissue inherently prevent single-
239 particle activity. To test this, we titrated AAV1/2.hSyn-GFP particles expressing GFP and
240 measured the percent of Map2-positive neurons that were transduced. We observed that
241 AAV1/2 behaved in a manner consistent with one-hit dynamics [Figure 7b]. Thus, tau
242 assemblies differ from classical infectious agents and do not titrate in a manner expected of
243 independently acting particles in mouse neural tissue. Rather, seeding is a behaviour that only
244 emerges at high concentrations of extracellular tau assemblies.

245

246 **Discussion**

247

248 Elucidating the mechanism of tau aggregation and its apparent spread through the brain is
249 critical to the development of mechanism-based therapeutics. The 'prion-like' model of tau
250 spread posits that the transit of assembled tau species from affected to naïve cells promotes
251 the exponential spread of pathological tau over time and space within a diseased brain. In
252 support of this model, extracellular fluids of tauopathy patients' brains contain seed-competent
253 tau species: CSF samples from both AD and Pick's disease patients give rise to seeded
254 aggregation in biosensor cell lines and biochemical detection assays [26–28]. Further
255 evidence in support of the prion-like model comes from *in vivo* challenge experiments:
256 intracranial injection of assembled tau can result in induced tau pathology in wildtype or tau-
257 transgenic rodent brains. Understanding how these *in vivo* challenge experiments, which are
258 typically performed at high concentration [Figure 7c, Supplementary Table 1], translate to
259 physiological concentrations is important in order to assess the applicability of these results
260 to disease mechanisms. Contrary to our expectations, we found that tau seeding activity
261 rapidly dropped away upon dilution in OHSCs. Observations of seeding behaviour at high
262 concentration therefore cannot necessarily be extrapolated down to inform on the behaviour
263 of tau at lower concentrations.

264

265 In reporter cells, we observed that tau seeds titrated in a one-hit manner, as expected of
266 independently acting particles. This suggests that reporter cell lines which have been validated
267 in this way can be used to ascertain the intrinsic seeding activity of tau preparations, which
268 can then be expressed as seeding units per quantity tau, analogous to other infectious agents.
269 In OHSCs, tau seeding was observed at concentrations in excess of 100 nM. Further dilution
270 of tau assemblies prevented seeded aggregation long before end-point dilution of seeds
271 therefore displaying a marked deviation from one-hit dynamics. Such deviations in virus
272 infectivity can be caused by host cell factors that prevent infection becoming saturated by high
273 viral dose [29,30]. By analogy, we consider it likely that homeostatic mechanisms act to
274 prevent seeded aggregation of tau but become saturated by high tau concentrations. The

275 nature of any such saturable barrier to seeding is not clear. One possibility is that phagocytic
276 cells present in slices preclude observations of one-hit dynamics. This was not the case,
277 however, since AAV particles were found to titrate with one-hit dynamics in OHSCs. A trivial
278 explanation of tau at low concentration being unable to cross the membrane was also ruled
279 out. Other mechanisms are therefore implicated such as saturation of proteostatic
280 mechanisms or uptake to the cell. Identification of these defences may provide a valuable
281 route to understanding the mechanisms which prevent prion-like propagation, and their
282 potential deterioration in disease.

283

284 Our results suggest that healthy neural tissue is able to withstand the concentration of tau
285 present in extracellular fluids without observable seeded aggregation. The effective threshold
286 for seeding, measured here at around 100 nM, exceeds physiological ISF/CSF concentrations
287 by several orders of magnitude. Thus, in order for spreading via seeded aggregation to occur,
288 our results suggest that other mechanisms are required. For instance, uncontrolled neuronal
289 cell death or release of tau into synaptic clefts may transiently raise the local concentration of
290 tau to high levels. Alternatively, the threshold for seeded tau aggregation may be altered in
291 the degenerating brain, for instance through inflammation or other mechanisms. Finally, other
292 modes of transmission within the brain that do not rely on naked pools of extracellular tau may
293 circumvent the non-linear dose response observed here. Such mechanisms include tau
294 spreading via tunnelling nanotubules and in extracellular vesicles [31,32].

295

296 The tau species present in the extracellular spaces of the brain are likely to differ from those
297 used here in terms of pathological fold, post-translational modification and proteolytic
298 truncation. Potentially of interest in this regard is the study by Skachokova and colleagues
299 who successfully induced seeding following injection of P301S tau transgenic mice with a
300 1,000-fold concentrate of CSF from AD patients [33]. At 5-17 nM, these samples are still far
301 in excess of human CSF tau concentrations. But, notably, these concentrations are below the
302 threshold defined in our OHSCs model [Figure 7c]. Future work is therefore required to

303 determine whether mechanisms not captured here but present within the degenerating brain
304 enable seeded aggregation to occur. Future studies should therefore seek to develop seeding
305 in wildtype, preferably human, settings in order to assess the nature of seeding of human
306 brain-origin tau assemblies.

307

308 Our experiments demonstrated that neurons in CA1 were particularly sensitive to seeded
309 aggregation compared to those in CA2 and CA3. Whilst injection of tau assemblies to the *in*
310 *vivo* brain also demonstrates prominent CA1 seeding, proximity to the injection site is the
311 major determinant of seeding in animal studies, thereby confounding conclusions of regional
312 susceptibility [3,5,34]. We found that tau substrate levels were not implicated in the phenotype,
313 suggesting that other factors are responsible for the increased susceptibility. These results
314 are potentially of interest in the study of selective vulnerability since it is well established that
315 CA1 displays more pronounced AT8 reactivity in post-mortem human brains [8,35,36]. In
316 humans, the advanced pathology in CA1 versus other HC regions could potentially be
317 explained either by selective vulnerability of its neurons to aggregation, or by its upstream
318 position in the circuitry of the HC and therefore prone to earlier and more pronounced
319 pathology under a spreading model. Our findings lend support to an underlying increased
320 susceptibility of CA1 neurons to pathology. OHSCs therefore provide a suitable platform for
321 future studies to determine the biological basis of this susceptibility.

322

323 Our findings help define the prion-like characteristics of tau assemblies. Whilst intrinsic
324 seeding activity that titrates according to one-hit dose-response can be detected in biosensor
325 assays, this behaviour is lost in neural tissue. Our findings suggest that neural tissue
326 possesses homeostatic mechanisms that are capable of successfully preventing seeded
327 aggregation. Saturating levels of tau assemblies are required to overcome these barriers to
328 initiate seeded aggregation.

329

330 **Materials and Methods**

331 **Mouse lines**

332 All animal work was licensed under the UK Animals (Scientific Procedures) Act 1986 and
333 approved by the Medical Research Council Animal Welfare and Ethical Review Body. P301S
334 tau transgenic mice [21] that had been extensively backcrossed to C57BL/6 background were
335 obtained from Dr Michel Goedert, MRC Laboratory of Molecular Biology, UK. Male and female
336 were used in the study and humanely sacrificed by cervical dislocation.

337 **Recombinant tau production**

338 The expression and purification of recombinant human 0N4R tau bearing the P301S mutation
339 from *E. coli* BL-21 (DE3, Agilent Technologies) was performed as described previously
340 (Goedert and Jakes, 1990) with small modifications. Bacterial pellets were collected through
341 centrifugation (3300 g, 4 °C, 10 min) and then resuspended in 10 ml/l of culture with buffer A
342 (50 mM MES pH 6.5, 10 mM EDTA, 14 mM β-mercaptoethanol, 0.1 mM PMSF, 1 mM
343 benzamidine, 1x complete EDTA-free protease inhibitors). The resuspended bacteria were
344 lysed on ice using a probe sonicator (approximately 60% amplitude) and then boiled for 10
345 min at 95 °C to pellet the majority of proteins, while tau will remain in solution as a natively
346 unfolded protein. Denatured proteins were pelleted through ultracentrifugation (100,000 g, 4
347 °C, 50 min). The clarified supernatant containing monomeric tau P301S was then passed
348 through a HiTrap CaptoS (Cytiva) cation exchange column and the bound proteins were eluted
349 through a 0-50 % gradient elution with Buffer A containing 1 M NaCl. Eluted fractions were
350 assessed through SDS-PAGE and total protein staining with Coomassie InstantBlue.
351 Fractions of interest were concentrated using 10 kDa cut-off Amicon Ultra-4 concentrators
352 (Merck Millipore) before loading on a Superdex 200 10/300 GL (Cytiva) size exclusion
353 chromatography column. The final tau P301S protein was stored in PBS containing 1 mM
354 DTT. All the affinity purification and size exclusion chromatography steps were performed
355 using the ÄKTA Pure system (Cytiva).

356 **Recombinant Tau Aggregation**

357 Tau monomer was added to aggregation buffer (20 μ M Heparin, 60 μ M P301S tau monomer,
358 1x complete EDTA-free protease inhibitors, 2 μ M DTT in PBS) and incubated at 37 °C for 3
359 days. The resulting P301S tau filaments were sonicated for 15 seconds before long-term
360 storage at -80 °C.

361 **ThioflavinT Assay**

362 Tau monomer was added to aggregation buffer, with 10 μ M sterile filtered ThioflavinT (ThT).
363 Samples were loaded in triplicate into black 96-well plates. Plates were loaded into a
364 CLARIOstar (BMG Labtech), and measurements were taken every 5 minutes after shaking,
365 for 72 hours at 37 °C min (excitation and emission wavelength 440 nm and 510 nm
366 respectively).

367 **TEM**

368 Recombinant tau fibrils were mounted on carbon-coated copper grids (EM Resolutions) via
369 suspension of the grid on a single droplet. The grid was then stained with 1% uranyl acetate
370 and imaged with a FEI Tecnai G20 electron microscope operating at 200kV and an AMT
371 camera.

372 **Preparation of tau assemblies from brains and OHSCs**

373 Tau was extracted from aged brains (26 weeks) from mice transgenic for human P301S tau
374 using sarkosyl extraction. Tissues were homogenised for 30 s in 4 volumes of ice-cold H-
375 Buffer (10mM Tris pH 7.4, 1mM EGTA, 0.8M NaCl, 10% sucrose, protease and phosphatase
376 inhibitors (Halt™ Protease and Phosphatase Inhibitor Cocktail)) using the VelociRuptor V2
377 Microtube Homogeniser (Scientific Laboratory Supplies). The homogenates were spun for 20
378 minutes at 20,000 \times g and supernatant was collected. The resulting pellet was re-
379 homogenised as above in 2 volumes of ice-cold H-Buffer and processed as above.
380 Supernatants from both spins were combined and sarkosyl was added to a final concentration
381 of 1% and incubated for 1 h at 37 °C. Supernatants were then spun at 100,000 \times g at 4 °C for
382 1 h. The resulting pellet was resuspended in 0.2 volumes of PBS and sonicated for 15 s in a
383 water-bath sonicator before storage at -80 °C. For OHSCs, the same procedure was followed,

384 except slices were freeze thawed 5 times in 20 µl per slice ice-cold H-Buffer and the final pellet
385 was resuspended in 5 µl per slice PBS.

386 **Western blotting**

387 Samples were transferred to fresh microcentrifuge tubes, to which appropriate volumes of 4×
388 NuPAGE LDS sample buffer (Thermo Fisher) containing 50 mM DTT was added and heated
389 to 95 °C for 5 min. Samples were resolved using NuPAGE Bis–Tris Novex 4–12% gels (Life
390 Technologies) and electroblotted to a 0.2-µm PVDF membrane using the Transblot Turbo
391 Transfer System (Bio-Rad). Membranes were blocked with 5% milk TBS–Tween 20 before
392 incubation with primary antibodies overnight at 4 °C. Membranes were then probed with
393 appropriate secondary antibodies conjugated with HRP for 1 h. Membranes were washed
394 repeatedly in TBS–0.1% Tween-20 after both primary and secondary antibody incubation.
395 Blots were incubated with Pierce Super Signal or Millipore Immobilon enhanced
396 chemiluminescence reagents for 5 min and visualised using a ChemiDoc system (Bio-Rad).

397

398 **Dot Blot**

399 Recombinant or mouse-extracted tau fibrils were diluted in PBS as indicated in Supplementary
400 Figure 1 and applied to 0.2 µm nitrocellulose membrane using the Bio-Dot microfiltration
401 apparatus (Bio-Rad). The membranes were then blocked in 5% milk TBS-Tween 20 and
402 subsequently incubated with primary antibody overnight. The next day, the membranes were
403 probed with appropriate secondary antibodies conjugated with Alexa488 fluorophore and
404 imaged using the ChemiDoc system (Bio-Rad). The dot intensities were quantified with the
405 Image Studio Lite software (LI-COR Biosciences) and the values for the recombinant fibrils
406 were fitted to a simple linear regression curve.

407 **Seeding assay in HEK293**

408 The seeding assay was carried out as described previously [25]. Briefly, HEK293 P301S tau-
409 venus cells were plated at 15,000 cells per well in black 96-well plates pre-coated with poly
410 D-lysine in 50 µL OptiMEM (Thermo Fisher). Tau assemblies were diluted in 50 µL OptiMEM
411 (Thermo Fisher) and added to cells with 0.5 µl per well Lipofectamine 2000. After 1.5 h, 100

412 μ L complete DMEM was added to each well to stop the transfection process. Cells were
413 incubated at 37 °C in an IncuCyte® S3 Live-Cell Analysis System for 48 - 72 h after addition
414 of fibrils.

415 **Preparation and culturing of organotypic slices**

416 Organotypic hippocampal slice cultures were prepared and cultured according to the protocols
417 described previously [19,23]. Brains from P6-P9 pups were rapidly removed and kept in ice-
418 cold Slicing medium (EBSS + 25 mM HEPES+ 1x Penicillin/Streptomycin) on ice. All
419 equipment was kept ice-cold. Brains were bisected along the midline and the cerebellum was
420 removed using a sterile scalpel. The medial, cut surface of the brain was adhered to the stage
421 of a Leica VT1200S Vibratome using cyanoacrylate (Loctite Super Glue) and the vibratome
422 stage was flooded with ice-cold Slicing medium. Hemispheres were arranged such that the
423 vibratome blade sliced in a rostral to caudal direction. Sagittal slices of 300 μ m thickness were
424 prepared and the hippocampus was sub-dissected using sterile needles. Hippocampal slices
425 were transferred to 15 mL tubes filled with ice-cold Slicing medium using sterile plastic pipettes
426 with the ends cut off. Slices were then transferred onto sterile 0.4 μ m pore membranes
427 (Millipore PICM0RG50) in 6-well plates pre-filled with 1 mL pre-warmed Culture medium (50%
428 MEM with GlutaMAX, 18% EBSS, 6% EBSS+D-Glucose, 1% Penicillin-Streptomycin, 0.06%
429 nystatin and 25% Horse Serum) and incubated at 37 °C in a humid atmosphere with 5% CO₂.
430 Three slices were typically maintained per well. 24 h after plating 100% media was exchanged
431 and thereafter a 50% media exchange was carried out twice per week. For seeding
432 experiments, tau assemblies were diluted in Culture medium and added to the underside of
433 the membrane with 100% media change. After three days, assemblies were removed by 100%
434 media change.

435 **Adeno-associated virus**

436 AAV1/2.hSyn-GFP particles were generated by co-transfection of HEK293T cells with AAV2/1
437 (Addgene 112862), AAV2/2 (Addgene 104963), adenovirus helper plasmid pAdDeltaF6
438 (Addgene 112867) and pAAV-hSyn-EGFP (Addgene 50465). Virus particles were purified by
439 iodixanol gradient in at T70i ultracentrifuge rotor as previous [37]. Viral purity was confirmed

440 by the presence of three bands following SDS-PAGE and staining with Coomassie
441 InstantBlue.

442 **Immunofluorescence microscopy**

443 Slices on membranes were washed with PBS and then fixed in 4% (w/v) paraformaldehyde
444 for 20 min at 37 °C. Subsequently, membranes were rinsed 2–3 times with PBS and left
445 shaking gently for 15 min to remove traces of paraformaldehyde before subsequent
446 processing. Slices were permeabilised with 0.5% (v/v) Triton X-100 in immunofluorescence
447 blocking buffer (IF block) (3% goat serum in 1× PBS) for 1 h at room temperature, and rinsed
448 with 3x with TBS. Slices were then incubated with primary antibodies diluted in IF block
449 overnight at 4 °C, rinsed with 3 times with TBS, and incubated for 2 h in the dark with
450 secondary antibodies, also diluted in IF block. Secondary antibodies conjugated to Alexa
451 Fluor 488, 568 or 647 were obtained from Thermo Fisher. Following rinsing 3x with TBS, the
452 slices were incubated with Hoechst stain for 10 min and rinsed 3x with TBS. Membranes were
453 placed on slides (slice side up), mounting medium (ProLong Diamond, Life Technologies) was
454 added and a cover slip was placed on top of the slice. Images were captured using a Zeiss
455 LSM780 Confocal Microscope with either a 20x or a 63x objective lens. Images were collected
456 and stitched, where appropriate, using ZEISS Zen software package.

457 **Image Analysis and statistics**

458 For tau seeding assays in HEK293 cells, aggregates were detected and quantified using the
459 ComDet plugin in Fiji [38]. Threshold levels for detection of aggregates were adjusted using
460 mock-seeded images for each experiment. Levels of seeding were calculated as (number of
461 aggregates)/(total cells) × 100 for individual fields. For slice cultures, maximum intensity Z-
462 projections were interrogated for AT8 immunoreactivity by the application of a binary
463 threshold-based mask in ImageJ. Percent area of AT8 reactivity was determined in regions of
464 100 × 100 µm. GFP positive neurons upon AAV infection were analysed in the same way. For
465 measures of number of neurons affected in hippocampal subregions, a manual count of cell
466 bodies positive for AT8 immunoreactivity was performed. Zero values were given an arbitrary
467 value of 10⁻⁵ for representation on log-scale axes. The data in all graphs are represented as

468 the mean +/- SD. Data was analysed via the Kruskal-Wallis test by ranks, unless it was
469 determined to be normally distributed, in which case a one-way ANOVA was employed. All
470 statistics were carried out in GraphPad Prism Version 8.

471

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487

488 **Author contributions**

489 Conceived research: WAM, MPC, ASM, LVCM; Designed experiments: ASM, LVCM, WAM;
490 Developed slice culture assay: ASM, LVCM, CD, OS, CK, MJV, LCJ; Performed experiments
491 and analysed data: ASM, LVCM, TK, BJT, WAM, SS, SC. All authors contributed to writing
492 and editing of the manuscript.

493 **Competing interests**

494 The authors declare that they have no competing interests.

495 **Ethics Approval**

496 All animal work was licensed under the UK Animals (Scientific Procedures) Act 1986 and
497 approved by the Medical Research Council Animal Welfare and Ethical Review Body.

498

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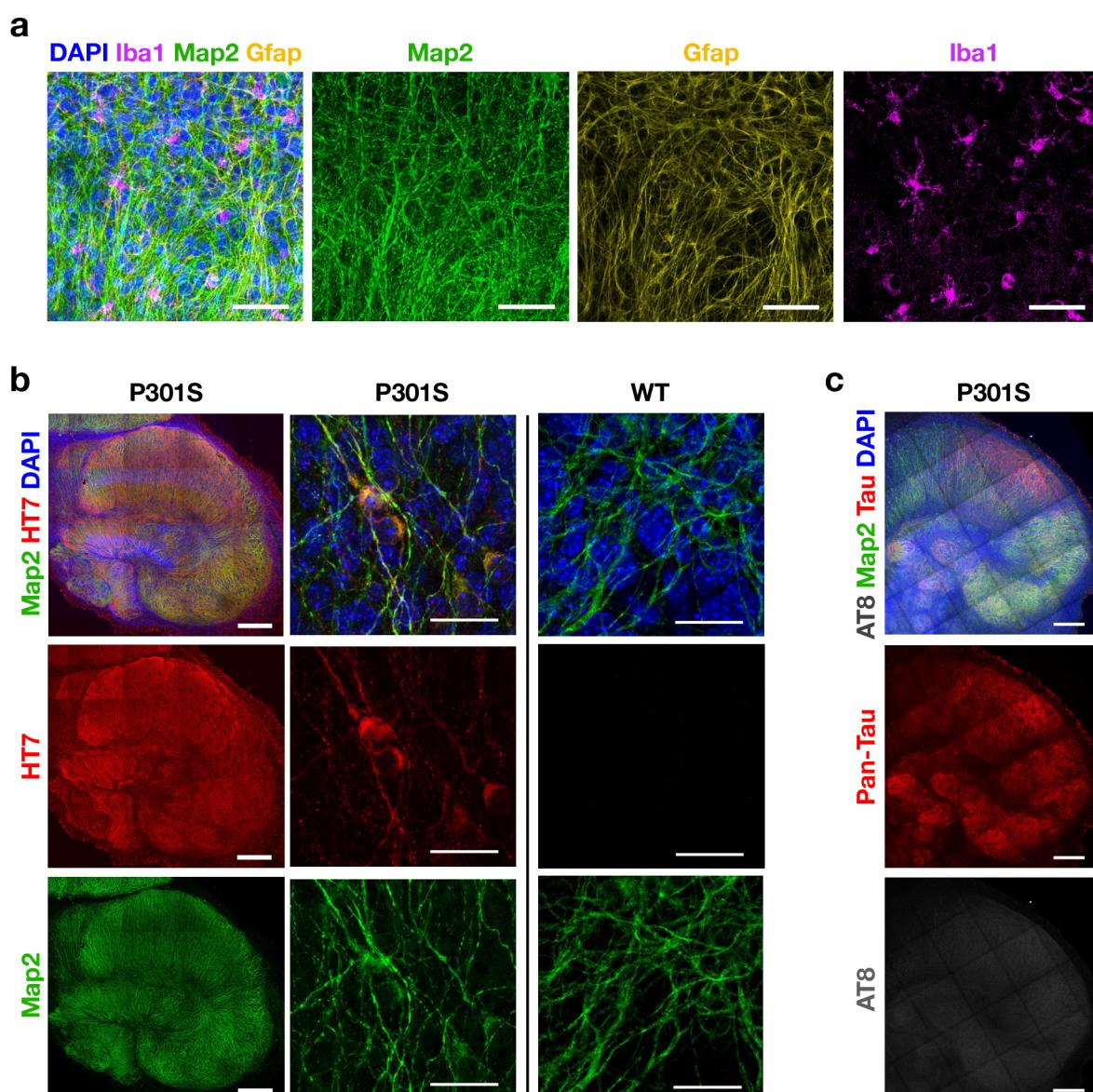
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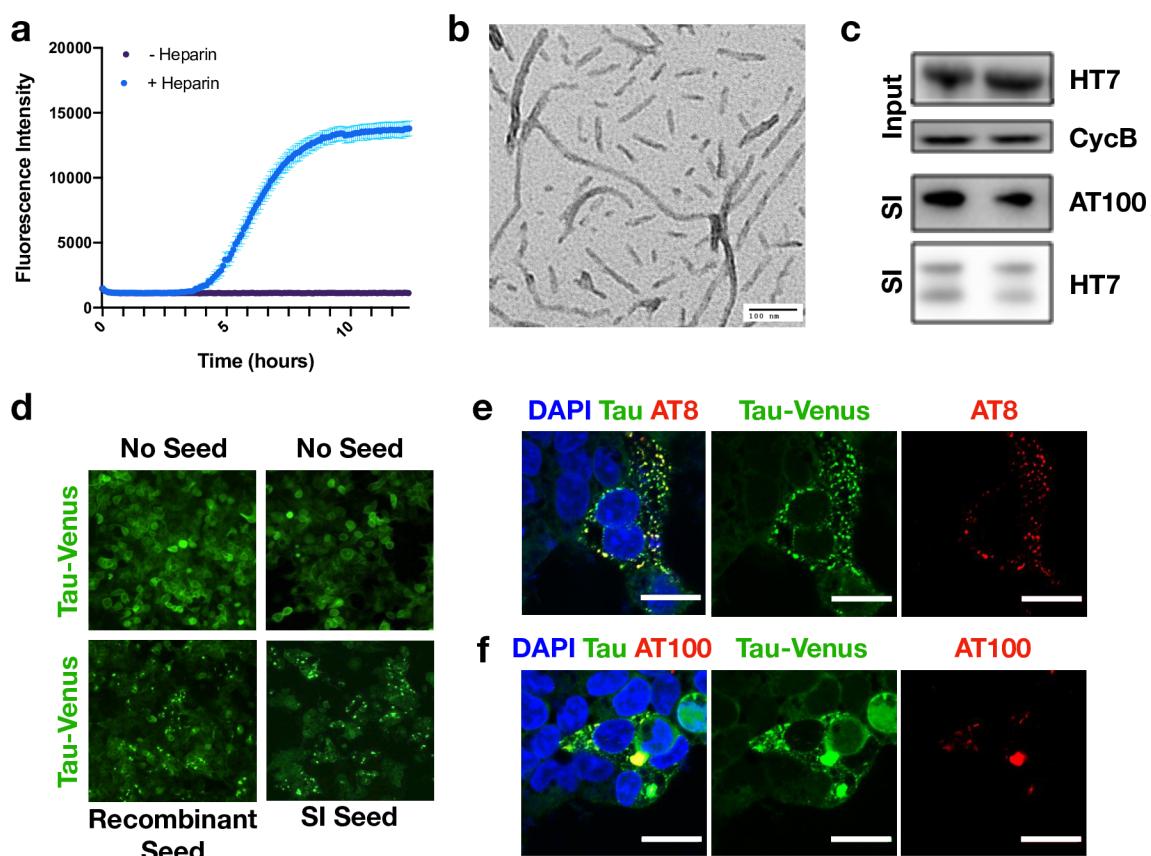
609 **Figures**



610

611 **Figure 1: OHSCs maintain cellular diversity and display no spontaneous tau pathology.**

612 **a.** OHSCs from mice transgenic for P301S tau were fixed after 2 weeks in culture and stained
613 for nuclei (DAPI), the neuronal marker Map2, the astrocyte marker Gfap, and the microglial
614 marker Iba1. Scale bars are 50 μ m. **b.** OHSCs from P301S tau transgenic mice are positive
615 for human tau-specific antibody HT7 whereas OHSCs from WT mice are not. Scale bars 250
616 μ m and 25 μ m. **c.** OHSCs from P301S tau transgenic mice after 5 weeks in culture display
617 only background levels of staining with the phospho-tau specific antibody AT8. Slices were
618 stained with DAPI and Map2 as above and with pan-tau. Scale bars are 250 μ m.

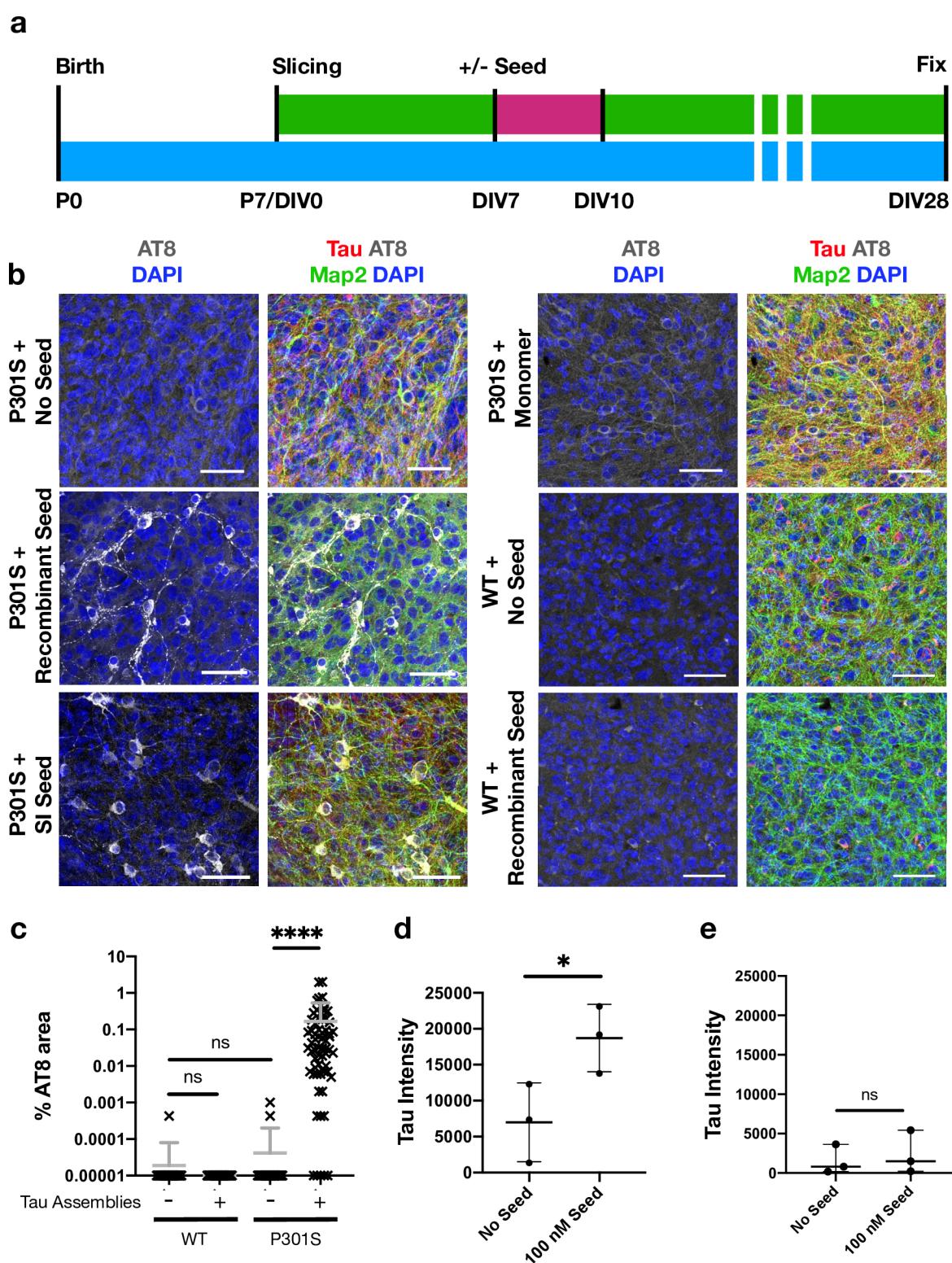


619

620 **Figure 2: Characterisation of tau assemblies.**

621 **a.** Aggregation kinetics for recombinantly produced P301S tau, monitored by ThT
622 fluorescence. **b.** Representative TEM image of recombinantly produced P301S tau
623 assemblies, aggregated with heparin. **c.** Aged P301S tau transgenic mouse brain homogenate
624 was immunoblotted for human tau (HT7 antibody) to detect P301S tau and with Cyclophilin B
625 which served as a loading control. Presence of SI tau was confirmed with HT7 (total tau) and
626 AT100 (tau phosphorylated at pT212, pT214). Lanes represent homogenate and SI fractions
627 from different mice which were subsequently pooled. **d.** Representative images from the tau-
628 venus seeding assay 48 h after challenge with either recombinant P301S tau assemblies or
629 SI tau in the presence of LF2000. **e,f.** Tau-venus aggregates observed following challenge
630 with tau assemblies stain with AT8 and AT100 demonstrating that the induced tau aggregates
631 are phosphorylated. Scale bars are 20 μ m.

632



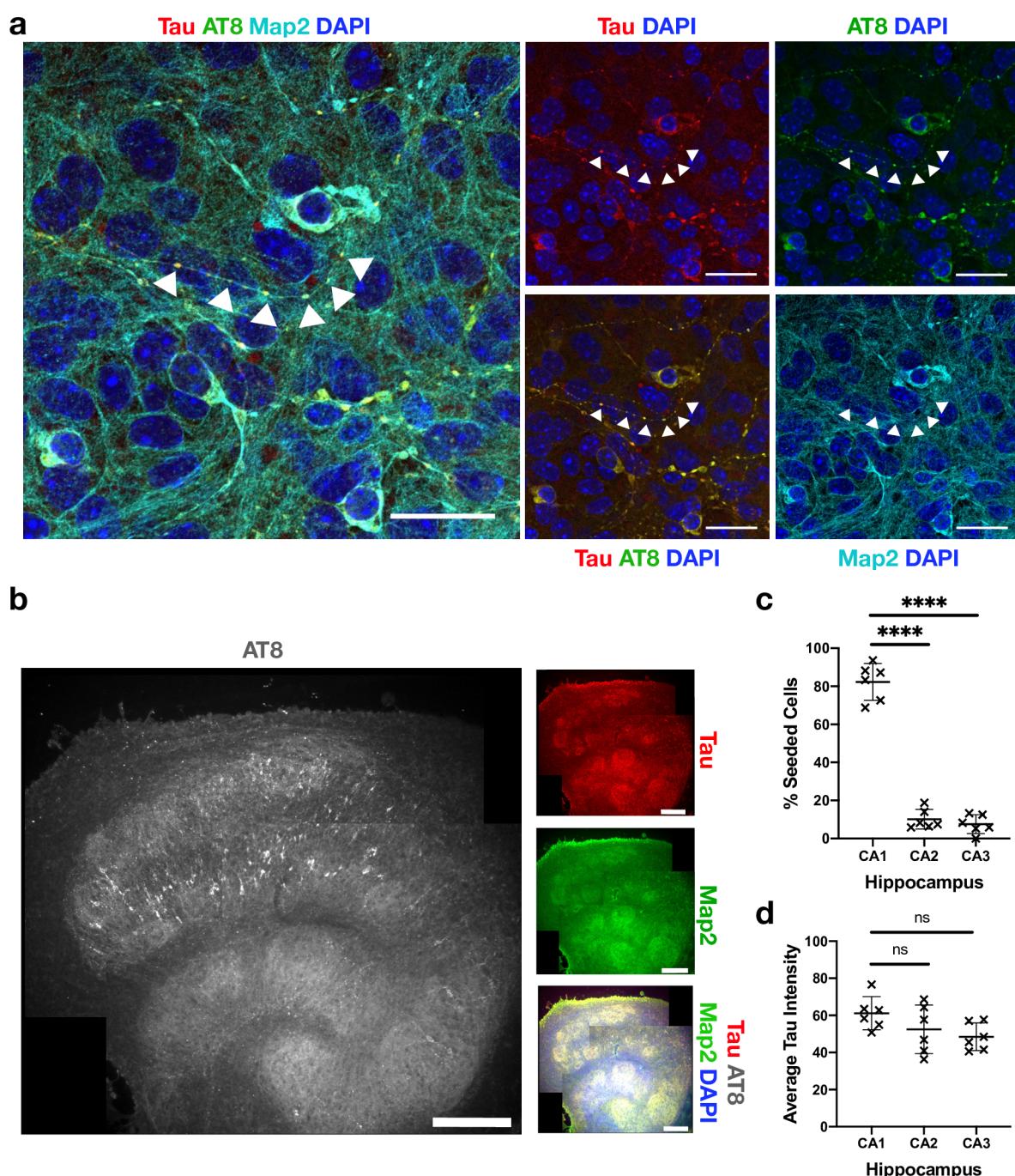
634 **Figure 3: Challenging OHSCs with exogenous tau assemblies induces seeded tau**
635 **aggregation.**

636 **a.** Schematic of OHSC preparation and treatment. Slices were prepared from P7 pups. Tau assemblies
637 were added to the media and incubated for 72 h. A complete media change was carried out at the end
638 of the seeding period (pink). At other times (green) 50% media changes were performed twice weekly
639 until fixation at 28 days *in vitro* (DIV). **b.** P301S OHSCs were challenged with either 100 nM

640 recombinant tau assemblies, 100 nM monomeric tau, 5 μ L of SI tau or buffer only. WT OHSCs were
641 challenged with 100 nM recombinant tau assemblies or buffer only. Scale bars are 50 μ m. **c**.
642 Quantification of seeding levels in WT and P301S OHSCs, upon the addition of 100 nM recombinant
643 tau assemblies or buffer only. Statistical significance determined by Kruskal-Wallis Test by ranks and
644 Dunn's multiple comparisons test (Slices from 3 different mice, per condition. **** P<0.0001). **d**.
645 Analysis of the SI fraction of P301S OHSCs with and without the addition of 100 nM recombinant tau
646 assemblies. **e**. Analysis of the SI fraction of WT OHSCs with and without the addition of 100 nM
647 recombinant tau assemblies. Data normalised to overall levels of tau and loading control. Statistical
648 significance determined by unpaired t-test with Welch's correction (Slices from 3 different mice, per
649 condition. * P<0.05).

650

651



652

653 **Figure 4: Neurons display phospho-tau aggregates within intact nerve processes and**
654 **aggregates localise to CA1.**

655 a. OHSCs were challenged with 100 nM recombinant tau assemblies to induce seeded
656 aggregates. Hyperphosphorylated tau puncta can be observed along intact nerve processes
657 (arrows) and within cell bodies. Scale bars are 25 μ m. b. Tiled image of representative OHSC
658 challenged with 100 nM recombinant tau assemblies displays AT8 immunoreactivity
659 predominantly in the CA1 subregion. Scale bars are 250 μ m. c. The distribution of seeded
660 cells in hippocampal subregions was quantified by counting cells positive for AT8 aggregates.

661 **d.** Levels of tau, as quantified by pan-tau staining, show that CA1, CA2 and CA3 express
662 similar levels of tau. Statistical significance determined by one-way ANOVA and Tukey's post
663 hoc multiple comparisons test (multiple fields imaged from slices from 6 different mice. ****
664 $P<0.0001$).

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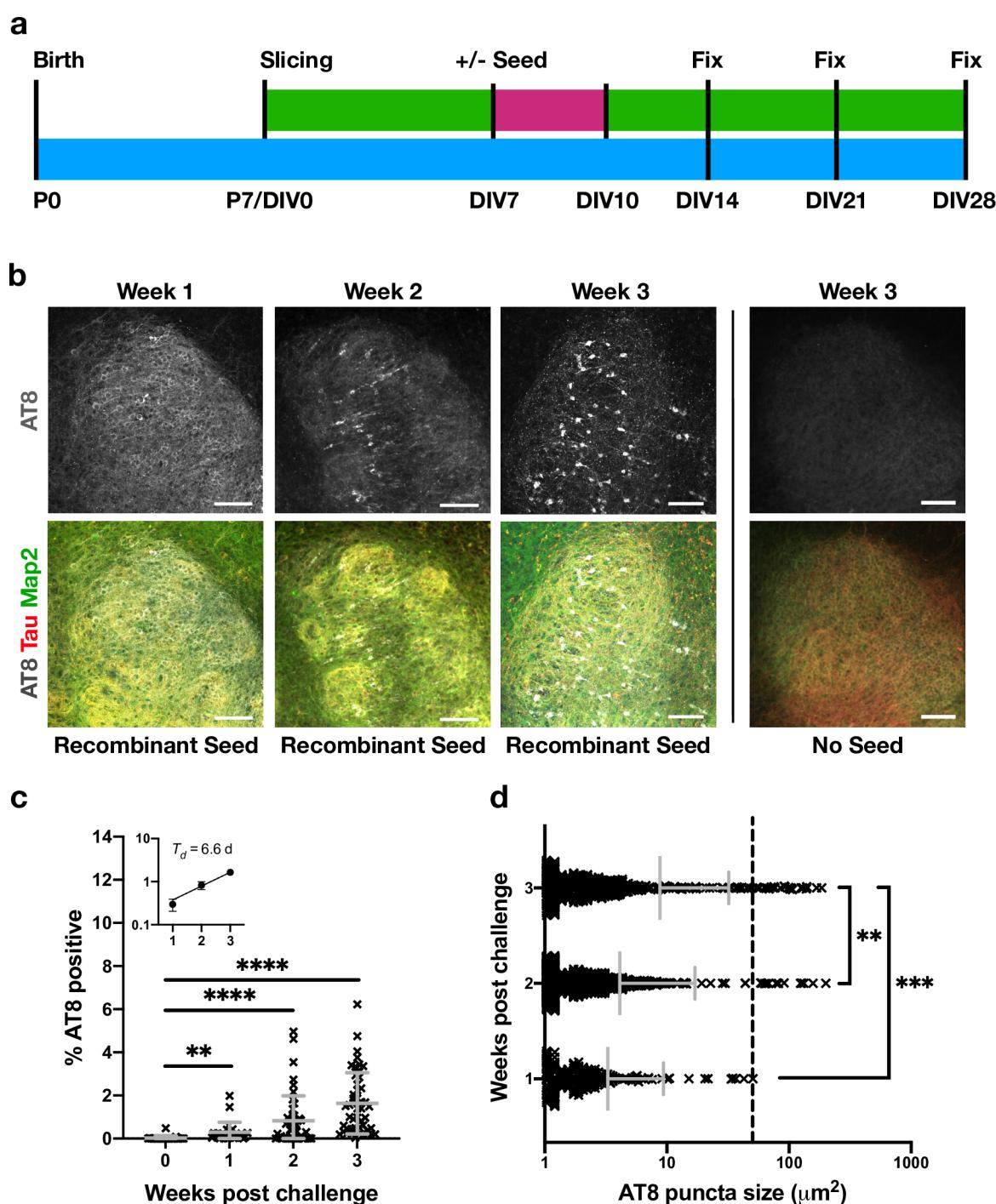


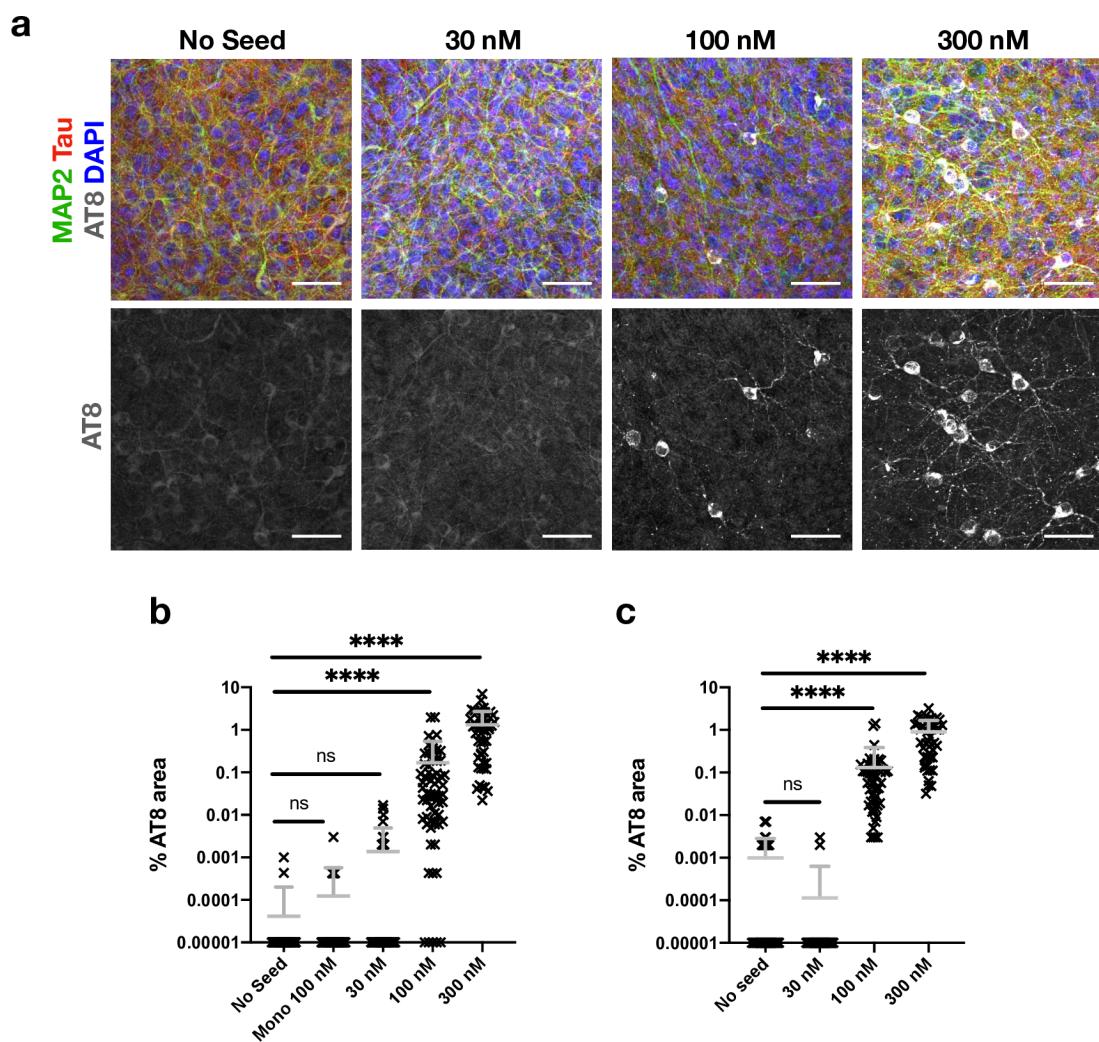
Figure 5: Phospho-tau reactivity and hyperphosphorylated tau aggregates increase over time.

a. Schematic of OHSC preparation. 100 nM recombinant tau assemblies were added to the media as previous and left for 72 hours (pink) followed by a complete media change. Subsequently 50% media changes were performed twice weekly (green) until fixation at 1, 2 or 3 weeks post challenge. b. Slices fixed at 1 week post challenge display diffuse AT8 staining. Slices fixed at 2 or 3 weeks demonstrate increasing levels of puncta in cell bodies

674 and neurites. OHSCs not challenged with exogenous tau fibrils exhibit only diffuse background
675 levels of AT8 reactivity. Scale bars are 100 μm . **c.** Quantification of percent area that was AT8
676 reactive shows a significant increase in phospho-tau levels, with a doubling time of ~7 days.
677 Statistical significance determined by Kruskal-Wallis Test by ranks and Dunn's multiple
678 comparisons test (multiple fields imaged from slices from >2 different mice per time point.
679 **P<0.01, **** P<0.0001). Inset represents the same data from weeks 1-3 plotted on a
680 logarithmic scale. **d.** Quantification of AT8 positive puncta size shows an increase in the size
681 of AT8 positive aggregates. Dotted line at 50 μm^2 represents approximate lower size limit of
682 cell body-occupying lesions. Statistical significance determined by Kruskal-Wallis Test by
683 ranks and Dunn's multiple comparisons test (multiple fields imaged from slices from >2
684 different mice per time point, **P<0.01, ***P<0.001).

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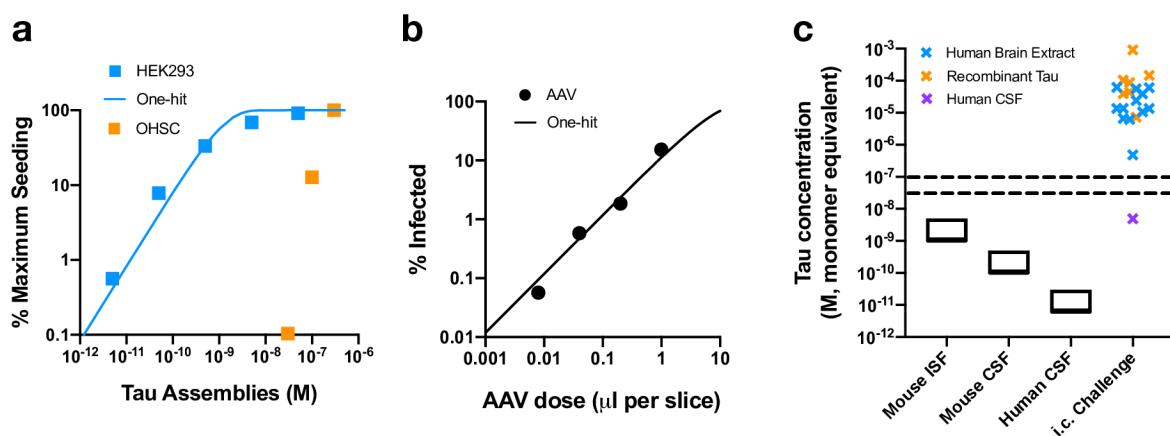


687

688 **Figure 6: Seeding of tau occurs with an apparent threshold**

689 **a.** OHSCs challenged with 30 nM, 100 nM and 300 nM of recombinant tau assemblies, or with
690 buffer only. Scale bars are 50 μ m. **b.** Quantification of seeding levels in P301S OHSCs, upon
691 the addition of 30 nM, 100 nM or 300 nM recombinant tau assemblies, 100 nM tau monomer
692 or buffer only underneath the culture insert. Statistical significance determined by Kruskal-
693 Wallis Test by ranks and Dunn's multiple comparisons test (Slices from 3 different mice, per
694 condition. **** P<0.0001). **c.** Quantification of seeding levels in P301S OHSCs, upon the
695 addition of recombinant tau assemblies or buffer only to the apical surface of individual slices.
696 Statistical significance determined by Kruskal-Wallis Test by ranks and Dunn's multiple
697 comparisons test (Slices from 3 different mice, per condition. **** P<0.0001).

698



699

700 **Figure 7: Tau seeding does not conform to one-hit dynamics**

701 a. Tau assemblies were titrated on HEK293 tau-venus cells using LF2000 transfection
702 reagent, and the amount of seeding was quantified and expressed as percent of maximum. A
703 one-hit curve was fitted using values outside the plateau. Tau seeding in OHSCs, means
704 derived from Fig 6b, cannot be fitted to a one-hit model. b. Infection of P301S OHSCs with
705 AAV1/2.hSyn-GFP with one-hit curve fitted to all data points (Slices from 3 different mice, per
706 condition). c. Comparison of the concentration of tau used in stereotaxic injection experiments,
707 coloured by origin, with ranges of ISF and CSF concentrations of tau measured in mice and
708 humans, sourced from the literature (see Supp Table 1). The dotted lines represent the
709 apparent threshold for the seeded aggregation of tau in neural tissue observed here at
710 between 30-100 nM tau.

711