

Evaluation of DNA extraction protocols from liquid-based cytology specimens for studying cervical microbiota

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Abstract

Background: Cervical microbiota (CM) are considered an important factor affecting the progression of cervical intraepithelial neoplasia (CIN) and are implicated in the persistence of human papillomavirus (HPV). Collection of liquid-based cytology (LBC) samples is routine for cervical cancer screening and HPV genotyping, and can be used for long-term cytological biobanking. Herein, we investigate the feasibility of leveraging LBC specimens for use in CM surveys by amplicon sequencing. As methodological differences in DNA extraction protocols can potentially bias the composition of microbiota, we set out to determine the performance of four commonly used DNA extraction kits (ZymoBIOMICS DNA Miniprep Kit; QIAamp PowerFecal Pro DNA Kit; QIAamp DNA Mini Kit; and IndiSpin Pathogen Kit) and their ability to capture the diversity of CM from LBC specimens.

Results: LBC specimens from 20 patients (stored for 716 ± 105 days) with cervical intraepithelial neoplasia (CIN) 2/3 or suspected CIN2/3 were each aliquoted for the four kits. We observed that, regardless of the extraction protocol used, all kits provided equivalent accessibility to the cervical microbiome, with some minor differences. For example, the ZymoBIOMICS kit appeared to differentially increase access of several microbiota compared to the other kits. Potential kit contaminants were observed as well. Approximately 80% microbial genera were shared among all DNA extraction protocols. The variance of microbial composition per individual was larger than that of the DNA extraction protocol used. We also observed that HPV16 infection was significantly associated with community types that were not dominated by *Lactobacillus iners*.

Conclusions: Collection of LBC specimens is routine for cervical cancer screening and HPV genotyping, and can be used for long-term cytological biobanking. We demonstrated that LBC

samples, which had been under prolonged storage prior to DNA extraction, were able to provide a robust assessment of the CM and its relationship to HPV status, regardless of the extraction kit used. Being able to retroactively access the CM from biobanked LBC samples, will allow researchers to better interrogate historical interactions between the CM and its relationship to CIN and HPV. This alone has the potential to bring CM research one-step closer to the clinical practice.

Keywords; cervical microbiota, DNA extraction, HPV, CIN, liquid-based cytology

Background

High-throughput sequencing (HTS) technology of 16S rRNA gene amplicon sequences has made it possible to better understand the relationships between cervicovaginal microbiota and human papillomavirus (HPV) infection [1] [2] [3] [4] [5] and HPV-related diseases [6] [7] [8] [9] [10]. Cervicovaginal microbiota are considered to be an important factor affecting the progress of cervical intraepithelial neoplasia (CIN) [6] [7] [8] [9] and are implicated in the persistence of high-risk HPV (HR-HPV) [1] [2] and low-risk HPV (LR-HPV) [3]. For example, the phyla *Actinobacteria* and *Fusobacteria* were enriched in HR-HPV positive environment [4] while the phyla *Actinobacteria*, *Proteobacteria*, and *Fusobacteria* in low-risk HPV (LR-HPV) [3]. Additionally, *Lactobacillus iners*-dominant samples are associated with both HR-HPV and LR-HPV [5]. Moreover, it has been shown that CIN risk was increased when the cervical microbes *Atopobium vaginae*, *Gardnerella vaginalis*, and *Lactobacillus iners* were present with HR-HPV [10]. The cervicovaginal microbiome specified by *Lactobacillus*-dominant type or non-*Lactobacillus*-dominant type has been shown to interact with the immune system [7] [11]. Inflammatory cytokines, such as Interleukin (IL)-1 α and IL-18, were increased in non-*Lactobacillus*-dominant community types of reproductive-aged healthy women [11]. In the analysis of patients with cervical cancer, non-*Lactobacillus*-dominant community types were positively associated with chemokines such as interferon gamma-induced protein 10 (IP-10) and soluble CD40-ligand activating dendritic cells (DCs) [7]. The metabolism of the cervicovaginal microbiome may be a substantial contributing factor to maternal health during pregnancy, although the mechanism is still unclear [12].

Little has been reported on the utility of liquid-based cytology (LBC) samples for use in cervical microbiome studies. Conventionally, microbiome sample collection methods entail the

use of swabs [13] or self-collection of vaginal discharge [14]. To obtain a non-biased and broad range of cervical microbiota, DNA extraction should be optimized for a range of difficult-to-lyse-bacteria, *e.g. Firmicutes, Actinobacteria, and Lactobacillus* [13] [15] [16] [17] [18].

LBC samples are promising for cervicovaginal microbiome surveys, as they are an already established method of long-term cytological biobanking [19]. In clinical practice, cervical cytology for cervical cancer screening or HPV genotyping is widely performed using a combination of cervical cytobrushes and LBC samples such as ThinPrep (HOLOGIC) or SurePath (BD). An LBC specimen can be used for not only cytological diagnosis but also additional diagnostic tests such as HPV, *Chlamydia*, *Neisseria gonorrhoeae*, and *Trichomonas* infection [20] [21] [22].

The ability to characterize microbial communities, as commonly assessed by 16S rRNA gene sequencing, can be biased as a result of methodological differences of cell lysis and DNA extraction protocols [23] [24] [25]. Herein, we compare four different commercially available DNA extraction kits in an effort to assess their ability to characterize the cervical microbiota of LBC samples. Additionally, we examine the relationship between HPV infection and the composition of cervical microbiota.

Results

Patient characteristics

The age of the patients (n = 20) was 31.4 ± 5.0 years. The distribution of race was 15% African American (n = 3), 50% Caucasian (n = 10), and 35% Hispanic (n = 7). Cervical histology was 40% CIN2 (n = 8), 50% CIN3 (n = 10), and 10% benign (n = 2). HPV genotypes were 50% HPV16 positive (n = 10), 10% HPV18 positive (n = 2), and 90% HR-HPV positives (n = 18).

Patient characteristics were summarized in Table 2.

DNA yield

DNA yield per 100 μ L ThinPrep solution was 0.09 ± 0.06 μ g in ZymoBIOMICS, 0.04 ± 0.01 μ g in PowerFecalPro, and 0.21 ± 0.23 μ g in QIAampMini. DNA yield was not calculated for IndiSpin, as Poly-A Carrier DNA was used. The DNA yield of PowerFecalPro was significantly lower than that of ZymoBIOMICS (adjusted p value < 0.001) and QIAampMini (adjusted p value < 0.001) based on Dunn's test with Benjamini-Hochberg-adjustment (Figure S1).

Number of reads and Operational Taxonomic Units (OTUs) before rarefying

We obtained a total of 11,149,582 reads for 80 DNA extractions. A positive control of mock sample produced 127,142 reads and ThinPrep solution as the negative control produced 1,773 reads. IndiSpin ($168,349 \pm 57,451$ reads) produced a significantly higher number of reads compared to PowerFecalPro ($115,610 \pm 68,201$ reads, p value = 0.020, Dunn's test with Benjamini-Hochberg-adjustment) as shown in Table 3. Approximately 90% of reads were assigned to gram-positive bacteria and about 10% of reads were assigned to gram-negative bacteria across all kits.

Prior to rarefying, the ZymoBIOMICS kit captured a greater representation of gram-negative bacterial OTUs (total 346, 17.3 ± 9.8) compared to PowerFecalPro (total 209, 10.5 ± 10.3 , p value = 0.012, Dunn's test with Benjamini-Hochberg-adjustment, ratio of gram-negative bacteria: 41.9% vs 33.7%) as shown in Table 3. No significant differences in the number of OTUs before rarefying was detected for the entire bacterial community or gram-positive bacteria.

Microbiome composition per DNA extraction protocol

We analyzed whether differences in DNA extraction methods affect our ability to assess cervical microbiota composition. The patients can be identified by whether or not they displayed a *Lactobacillus*-dominant community type (Figure 2A). Variation between individuals was a significantly greater influence on the observed microbial composition than was the method of DNA extraction (Figure 2A).

The following top 10 abundant families are shown in Figure 2A (left) and constituted approximately 95.7% of cervical bacteria in all kits (80 DNA extractions); *Lactobacillaceae* (58.9%), *Bifidobacteriaceae* (13.7%), *Veillonellaceae* (4.8%), *Prevotellaceae* (4.3%), *Family XI* (3.9%), *Atopobiaceae* (3.0%), *Leptotrichiaceae* (2.5%), *Streptococcaceae* (2.0%), *Lachnospiraceae* (1.6%), *Ruminococcaceae* (0.9%). The following top 10 abundant genera are shown in Figure 2A (right) and constituted approximately 92% of cervical bacteria; *Lactobacillus* (58.9%), *Gardnerella* (13.6%), *Prevotella* (4.2%), *Megasphaera* (3.7%), *Atopobium* (3.0%), *Sneathia* (2.5%), *Streptococcus* (1.9%), *Parvimonas* (1.7%), *Shuttleworthia* (1.4%), and *Anaerococcus* (1.1%).

Shared and unique microbiota among DNA extraction protocols

All DNA extraction methods were generally commensurate with one another, there were 31 of 41 shared microbes at the family level (Figure 2B left) and 45 of 57 shared microbes at the genus level (Figure 2B right) among the DNA extraction protocols.

However, four gram-negative taxa were uniquely detected by ZymoBIOMICS and one taxon was uniquely detected by QIAampMini both at the genus level (Figure 2B right). Of the uniquely detected ZymoBIOMICS OTUs, *Methylobacterium* was detected in 5 of the 80 DNA extractions, consisting of 912 reads; 0.01% of all kit extractions. A member of this genus, *Methylobacterium aerolatum*, has been reported to be more abundant in the endocervix than the vagina of healthy South African women [26]. *Bacteroidetes*, which are often reported as enriched taxa in an HIV positive cervical environment [27], was detected in 12 of the 80 DNA extractions (1,028 reads; 0.01%). *Meiothermus* was detected in 9 of the 80 DNA extractions (882 reads; 0.01%) and *Hydrogenophilus* was detected in 14 of the 80 DNA extractions (2,488 reads, 0.02%). *Meiothermus* and *Hydrogenophilus* [28] are not considered to reside within the human environment, and are likely kit contaminants, as previously reported [29]. A unique gram-positive taxa obtained from the QIAampMini, *Streptomyces*, which was reported to be detected from the cervicovaginal environment in the study of Kenyan women [30], was detected in 20 of 80 DNA extractions (6,862 reads; 0.06%). No unique taxa were detected in PowerFecalPro and IndiSpin. Although less than 0.005% of the total data set, two samples of IndiSpin also detected potential kit contaminant, *Tepidiphilus* (*Hydrogenophilaceae*).

Venn diagrams at family levels also exhibited that ZymoBIOMICS detected slightly more bacterial taxa (four unique taxa) as shown in Figure 2B (left). These results showed that

major bacteria were commonly detected among all extraction protocols, with only slightly more uniquely detected microbiota using ZymoBIOMICS.

Alpha and beta diversity

Significantly higher Species richness (q_2 -breakaway) was observed from the ZymoBIOMICS (56.1 ± 19.4) protocol compared to that of PowerFecalPro (43.2 ± 32.9 , $p = 0.025$), QIAampMini (54.9 ± 29.8 , not significant), and IndiSpin (63.6 ± 38.3 , not significant) using Dunn's test with Benjamini-Hochberg-adjustment (Figure 3). Similarly, Faith's Phylogenetic Diversity was observed to be higher with the ZymoBIOMICS protocol (6.6 ± 2.2), compared to PowerFecalPro (4.5 ± 1.9 , $p = 0.012$), QIAampMini (5.0 ± 1.8 , not significant), and IndiSpin (5.4 ± 1.7 , not significant) using Dunn's test with Benjamini-Hochberg-adjustment (Figure 3). The use of IndiSpin also resulted significantly higher alpha diversity than that of PowerFecalPro in an analysis of Species richness ($p = 0.042$, Dunn's test with Benjamini-Hochberg-adjustment). Non-phylogenetic alpha diversity metrics such as Observed OTUs, Shannon's diversity index, and Pielou's Evenness did not show differences among the four methods.

ZymoBIOMICS was able to significantly increase access to several taxonomic groups compared to the other DNA extraction methods. Additionally, as shown in Table 4, ZymoBIOMICS did capture a different microbial composition compared to other DNA extraction methods in the index of Unweighted UniFrac distances (PowerFecalPro: $q = 0.002$; QIAampMini: $q = 0.002$; and IndiSpin: $q = 0.002$) and in Jaccard distances (QIAampMini: $q = 0.018$ and IndiSpin: $q = 0.033$).

Differential accessibility of microbiota by DNA extraction protocol

Linear discriminant analysis (LDA) effect size (LEfSe) analysis [31] identified taxonomic groups, defined with an LDA score of 2 or higher, for differential accessibility by extraction kit: 23 in ZymoBIOMICS, 0 in PowerFecalPro, 3 in QIAampMini, and 3 in IndiSpin (Figure 4A). The following taxa were found to be highly accessible (LDA score > 3) with the use of the ZymoBIOMICS kit: Phylum *Proteobacteria*, Class *Gammaproteobacteria*, Order *Betaproteobacteriales*, Family *Bacillaceae*, and Genus *Anoxybacillus*. Whereas the Order *Streptomycetales* was highly enriched with the use of the QIAampMini (LDA score > 3). As shown in the cladogram (Figure 4B), despite the detection of a potential kit contaminants (*Meiothermus*, *Hydrogenophilaceae*, and *Hydrogenophilus*), ZymoBIOMICS was able to increase the accessibility to additional microbiota compared to the other extraction protocols.

Microbial community type and HPV16

Dirichlet Multinomial Mixtures (DMM) model [32] detected two cervical microbial community types across all four DNA extraction protocols (Figure S2). Community type I was composed of the following: *Gardnerella sp.* (ZymoBIOMICS: 17.1%; PowerFecalPro: 20%; QIAampMini: 23%; IndiSpin: 20%), *Lactobacillus iners* (ZymoBIOMICS: 6.3%; PowerFecalPro: 5%; QIAampMini: 6%; IndiSpin: 5%), *Atopobium vaginae* [10] (ZymoBIOMICS: 3.5%; PowerFecalPro: 3%; QIAampMini: 4%; IndiSpin: 5%), *Clamidia trachomatis* (ZymoBIOMICS: 1.9%; PowerFecalPro: 2%; QIAampMini: 3%; IndiSpin: 2%), *Shuttleworthia sp.* (ZymoBIOMICS: 1.8%; PowerFecalPro: 2%; QIAampMini: 2%; IndiSpin: 2%). Some members of *Shuttleworthia* are considered to be bacterial vaginosis-associated bacterium (BVAB) [33], further investigation is required to determine if this OTU is indeed a BVAB. We determined this

community type “high diversity type”. Community type II was is dominated by *Lactobacillus iners* at 88%, 85%, 83%, and 85% respectively for ZymoBIOMICS, PowerFecalPro, QIAampMini, and IndiSpin.

The relationship between HPV16 infection and community type was observed to be significantly associated with community type I (HPV16 positive patients [n = 9], HPV16 negative patients [n = 1]) and not community type II (HPV16 positive patients [n = 1], HPV16 negative patients [n = 9], p = 0.001, Fisher's exact test) regardless of the DNA extraction kit used (Figure S2A). In support of this result, analysis of differentially abundant microbiota using q_2 - $aldex$ (Benjamini-Hochberg corrected p value of Wilcoxon test: p < 0.001, standardized distributional effect size: -1.2) revealed that *Lactobacillus iners* were differentially enriched in the cervical environment without HPV16. LEfSe analysis also detected that genus *Lactobacillus* were enriched in the cervical environment without HPV16 (p < 0.001, LDA score: 5.38, Figure S2B). No significant differences were observed in the relationship between community type and HPV18 (p = 0.474, Fisher's exact test), HR-HPV (p = 0.474, Fisher's exact test), results of cervical biopsy (p = 0.554, Fisher's exact test), and race (African Americans vs not-African Americans: p = 1; Caucasian vs not-Caucasian: p = 0.656; Hispanic vs not-Hispanic: p = 0.350, Fisher's exact test, Figure S2A).

Discussion

In this study, we evaluated the utility of LBC specimens for the collection and storage of cervical samples for microbiome surveys based on the 16S rRNA marker gene. We simultaneously compared the efficacy of several commonly used DNA extraction protocols on these samples in an effort to develop a standard operating procedure/protocol (SOP) for such work. We've also been able to show that there are two cervical microbial community types, which are associated with the dominance or non-dominance of *Lactobacillus iners* and HPV16 status. The relationship between community types and HPV16 was detected regardless of the DNA extraction protocol used.

This study evaluated the composition of microbiota across all DNA extraction methods. These findings document the importance of selecting DNA extraction methods in cervical microbiome studies from the LBC samples. All kits were commensurate in their ability to capture the microbial composition of each patient and the two observed cervical microbial community state types, making all of these protocols viable for discovering broad patterns of microbial diversity. However, we did observe that the ZymoBIOMICS protocol was better able to access additional cervical microbiota (Figure 2B, 4A & B). Coincidentally, we detected potential DNA contamination with the ZymoBIOMICS and IndiSpin kits. The number of OTUs prior to rarefying revealed that the ZymoBIOMICS protocol detected more gram-negative OTUs than the PowerFecalPro (Table 3 & Figure 2B). In particular, LEfSe analysis has shown that phylum *Proteobacteria* can be better detected with the ZymoBIOMICS kit (Figure 4).

Although rarefying microbiome data can be problematic [34], it can still provide robust and interpretable results for diversity analysis [35], we were able to observe commensurate findings with non-rarefying approaches such as `q2-breakaway` [36], `q2-deicode` [37], and

LEfSe [31]. Beta-diversity analysis via Unweighted UniFrac also revealed that ZymoBIOMICS was significantly different from all other kits. There were no differences in non-phylogenetic indices of alpha diversity with rarefying approaches. These findings lead us to surmise that phylogenetic indices may be more sensitive than the non-phylogenetic indices.

Although we hypothesized that the detection of difficult-to-lyse-bacteria (*e.g.* gram-positive bacteria) would vary by kit, we observed no significant differences (Table 3). As shown in Table 3, the number of reads of gram-positive and gram-negative bacteria also showed that there was no difference in the four kits. This is likely due to several modifications made to the extraction protocol as outlined in Table 1. That is, we added bead beating and mutanolysin to the QIAampMini protocol [38]. We also modified the beating time of the ZymoBIOMICS kit down to 2 minutes from 10 minutes (the latter being recommended by the manufacturer) to minimize DNA shearing. We may use the extracted DNA from ZymoBIOMICS for long-read amplicon sequencing platforms such as PacBio (Pacific Biosciences of California, Inc) [39] or MinION (Oxford Nanopore Technologies) [40] [41]. Excessive shearing can render these samples unusable for long-read sequencing. It is quite possible that we could have observed even more diversity with the ZymoBIOMICS kit for our amplicon survey if we conducted bead-beating for the full 10 minutes.

Community typing and detection of the differentially abundant microbiota revealed that *Lactobacillus iners* were more abundant in the cervical ecosystem without HPV16. These findings are congruent with those of, Usyk *et al.* [42], Lee *et al.* [1], and Audirac-Chalifour *et al.* [43]. Usyk *et al.*, reported that *L. iners* was associated with clearance of HR-HPV infections [42]. Lee *et al.* reported that *L. iners* were decreased in HPV positive women [1]. Also, the results indicated that the proportion of *L. iners* was higher in HPV-negative women compared to

HPV-positive women (relative abundance 14.9% vs 2.1%) was reported by Audirac-Chalifour *et al* [43]. Similarly, Tuominen *et al.* [18] reported that *L. iners* were enriched in HPV negative samples (relative abundance: 47.7%) compared to HPV positive samples (relative abundance: 18.6%, p value = 0.07) in the study of HPV positive-pregnant women (HPV16 positive rate: 15%) [44]. As established by the seminal study of Ranjeva *et al.* [45], a statistical model revealed that colonization of specific HPV types including multi HPV type infection depends on host-risk factors such as sexual behavior, race and ethnicity, and smoking. It is unclear whether the association between the cervical microbiome, host-specific traits, and persistent infection of specific HPV types, such as HPV16, can be generalized and requires further investigation.

We focused on LBC samples as this is the recommended method of storage for cervical cytology [46]. Here, we confirmed that LBC samples can be used for microbial community surveys by simply using the remaining LBC solution post HPV testing or cervical cytology. We used a sample volume of 200 or 300 μ L ThinPrep solution in this study. The Linear Array HPV Genotyping Test (Roche Diagnostics) stably detects β -globin with a base length of 268 bp as a positive control. Therefore, using a similar sample volume as HPV genotyping (250 μ L), it was expected that V4 (250 bp), which is near the base length of β -globin, would be PCR amplified. It has been pointed out by Ling *et al.* [47] that the cervical environment is of low microbial biomass. To control reagent DNA contamination and estimate the sample volume, DNA quantification by qPCR before sequencing is recommended [48]. Mitra *et al* determined a sample volume of 500 μ L for ThinPrep by qPCR in the cervical microbiome study comparing sampling methods using cytobrush or swab [19]. The average storage period from sample collection via LBC to DNA extraction was about two years in this study. Kim *et al.* reported that DNA from the cervix stored in ThinPrep at room temperature or -80°C was stable for at least one year [49].

294 Meanwhile, Castle *et al.* reported that β -globin DNA fragments of 268 bases or more were
 295 detected by PCR in 90 % (27 of 30 samples) of ThinPrep samples stored for eight years at an
 296 uncontrolled ambient temperature followed by a controlled ambient environment (10–26.7°C)
 297 [50]. Low-temperature storage may allow the analysis of the short DNA fragments of the V4
 298 region after even long-term storage, although further research is needed to confirm the optimal
 299 storage period in cervical microbiome studies using ThinPrep. SurePath LBC specimens are as
 300 widely used as ThinPrep, but the presence of formaldehyde within the SurePath preservation
 301 solution raises concerns about accessing enough DNA for analysis as compared to ThinPrep,
 302 which contains methanol [51] [52]. It should also be noted that other storage solutions, *i.e.* those
 303 using guanidine thiocyanate have been reported for microbiome surveys of the cervix [53] and
 304 feces [54]. A weakness of the current study is that we did not examine the reproducibility of our
 305 results as each sample was extracted using each kit once. However, the use of actual patient
 306 samples rather than mock samples is a strength of our approach.

Conclusions

In conclusion, regardless of the extraction protocol used, all kits provided equivalent broad accessibility to the cervical microbiome. Observed differences in microbial composition were due to the significant influence of the individual patient and not the extraction protocol. However, ZymoBIOMICS was observed to increase the accessibility of DNA from a greater range of microbiota compared to the other kits, in that the greatest number of significantly enriched taxa were identified. This was not because of higher DNA yield nor ability to detect more gram-positive bacteria. We have shown that the ability to characterize cervical microbiota from LBC specimens is robust, even after prolonged storage. Our data also suggest that it is possible to reliably assess the relationship between HPV and the cervical microbiome, also supported by Kim *et al.* [49] and Castle *et al* [50]. Cervical microbiome in patients with HPV16 or HPV18 which causes 70% of cervical cancers and CIN [55] warrants critical future study. Selection and characterization of appropriate DNA extraction methods are important for providing an accurate census of cervical microbiota and the human microbiome in general [23] [24] [25] [38] [49] [50]. Even though we found all four extraction kits to be commensurate in their ability to broadly characterize the CM, this study lends support to the view that the selection of a DNA extraction kit depends on the questions asked of the data, and should be taken into account for any cervicovaginal microbiome and HPV research that leverages LBC specimens for use in clinical practice [15] [56].

Methods

Sampling of cervical microbiome

LBC specimens were obtained from 20 patients enrolled in a Phase II clinical trial of an HPV therapeutic vaccine (NCT02481414). In order to be eligible, participants had to have high grade squamous intraepithelial lesions (HSILs) or cannot rule out HSILs in cervical cytology or CIN2/3 in cervical biopsy. Those who qualified for the study based on their cervical cytology underwent cervical biopsy, and they qualified for vaccination if the results were CIN2/3. The cervical cytology specimens in this current study were collected before the vaccination and reserved in the vial of the ThinPrep Pap Test (HOLOGIC) as described in Ravilla *et al.* 2019 [57]. The storage period from sample collection to DNA extraction was 716 ± 105 days in this study.

HPV genotyping

HPV-DNA was detected by Linear Array HPV Genotyping Test (Roche Diagnostics) which can detect up to 37 HPV genotypes including 13 HR-HPV genotypes (16, 18, 31, 33, 35, 39, 45, 51, 52, 56, 58, 59, and 68) and 24 LR-HPV genotypes (6, 11, 26, 40, 42, 53, 54, 55, 61, 62, 64, 66, 67, 69, 70, 71, 72, 73, 81, 82, 83, 84, IS39, and CP6108) using ThinPrep solution [58].

DNA extraction protocols

We selected four commercially available DNA extraction kits as the candidates for comparison: ZymoBIOMICS DNA Miniprep Kit (Zymo Research, D4300), QIAamp PowerFecal Pro DNA Kit (QIAGEN, 51804), QIAamp DNA Mini Kit (QIAGEN, 51304), and IndiSpin Pathogen Kit (Indical Bioscience, SPS4104). These kits have been successfully used in a variety of human

cervical, vaginal, and gut microbiome surveys [10] [19] [59]. We'll subsequently refer to each of these kits in abbreviated form as follows: ZymoBIOMICS, PowerFecalPro, QIAampMini, and IndiSpin. The protocols and any modifications are outlined in Table 1.

Each LBC sample was dispensed into four separate 2 mL sterile collection tubes (dispensed sample volume = 500 μ L) to create four cohorts of 20 DNA extractions (Figure 1). Each extraction cohort was processed through one of the four kits above. A total of 80 extractions (4 kits $\times$ 20 patients) were prepared for subsequent analyses. Applied sample volume of ThinPrep solution was 300 μ L for ZymoBIOMICS, 300 μ L for PowerFecalPro, 200 μ L for QIAampMini, and 300 μ L for IndiSpin. The sample volume was standardized to 300 μ L as long as the manufacturer's instructions allowed to do so. DNA extraction for all samples was performed by the same individual who practiced by performing multiple extractions for each kit before performing the actual DNA extraction on the samples analyzed in this study. Positive control was mock vaginal microbial communities composed of a mixture of genomic DNA from the American Type Culture Collection (ATCC MSA1007). Negative control was the ThinPrep preservation solution without the sample as blank extraction [60].

Measurement of DNA yield

DNA yield for each method was evaluated by spectrophotometer (Nanodrop One, Thermo Scientific). Analysis of the DNA yield from IndiSpin was omitted as nucleic acid is used as a carrier for this kit. The mean DNA yields per 100 μ L ThinPrep sample volume were compared.

16S rRNA marker gene sequencing

Controls and the extracted DNA were sent to Argonne National Laboratory (IL, USA) for amplification and sequencing of the 16S rRNA gene on an Illumina MiSeq sequencing platform. Paired-end reads from libraries with ~250-bp inserts were generated for the V4 region using the barcoded primer set: 515FB: 5'-GTGYCAGCMGCCGCGGTAA-3' and 806RB: 5'-GGACTACNVGGGTWTCTAAT-3' [61] [62] [63] [64] [65]. MiSeq Reagent Kit v2 (2 × 150 cycles, MS-102-2002) was used.

Sequence processing and analysis

Initial sequence processing and analyses were performed using QIIME 2 [66], any commands prefixed by `q2-` are QIIME 2 plugins. After demultiplexing of the paired-end reads by `q2-demux`, the imported sequence data was visually inspected via QIIME 2 View [67], to determine the appropriate trimming and truncation parameters for generating Exact Sequence Variants (ESVs) [68] via `q2-dada2` [69]. ESVs will be referred to as Operational Taxonomic Units (OTUs). The forward reads were trimmed at 15 bp and truncated at 150 bp; reverse reads were trimmed at 0 bp and truncated at 150 bp. The resulting OTUs were assigned taxonomy through `q2-feature-classifier classify-sklearn`, by using a pre-trained classifier for the amplicon region of interest [70]. This enables more robust taxonomic assignment of the OTUs [71]. Taxonomy-based filtering was performed by using `q2-taxa filter-table` to remove any OTUs that were classified as “Chloroplast”, “Mitochondria”, “Eukaryota”, “Unclassified” and those that did not have at least a Phylum-level classification. We then performed additional quality filtering via `q2-quality-control`, and only retained OTUs that had at least a 90% identity and 90% query alignment to the SILVA reference set [72]. Then `q2-alignment` was used to generate a *de novo* alignment with MAFFT [73] which was subsequently masked by

setting max-gap-frequency 1 min-conservation 0.4. Finally, q2-phylogeny was used to construct a midpoint-rooted phylogenetic tree using IQ-TREE [74] with automatic model selection using ModelFinder [75]. Unless specified, subsequent analyses were performed after removing OTUs with a very low frequency [76], of less than 0.0005% of the total data set in this case.

Number of reads and OTUs before rarefying

Table 3 highlights the numbers of reads and OTUs among the DNA extraction protocols prior to rarefying the data. The reads and OTUs assigned to gram-positive and gram-negative are also shown. The number of “OTUs before rarefying” shown in Table 3 is distinguished from the “Observed OTUs” after rarefying in Figure 3 for diversity analysis.

Microbiome analysis

To compare the taxonomic profiles among four types of DNA extraction methods (Figure 1 & Table 1), the following analyses were performed; (I) bacterial microbiome composition, (II) detection of common and unique taxa, (III) alpha and beta diversity analysis, and (IV) identification of specific bacteria retained per DNA extraction method.

Microbiome composition

We generated the bar plot to exhibit bacterial microbiome composition per DNA extraction method at the family (Figure 2A left) and genus (Figure 2A right) taxonomic level. After all count data of taxonomy were converted to relative abundance, the top 10 abundant taxonomic groups in each family and genus level were plotted in colored bar plot [77] [78] [79]. Variation

of microbiome composition per DNA extraction method or per individual was assessed by the Adonis test (`q2-diversity adonis`) [80] [81].

Differentially accessible microbiota by DNA extraction protocol

We set out to determine which microbial taxonomic groups were differentially accessible across the sampling protocols by LEfSe analyses [31]. We further assessed the microbial taxa using `jvenn` [82] at family and genus level. The Venn diagram was created after removing OTUs with a frequency of less than 0.005% [76].

Alpha and beta diversity analyses with or without rarefying

Non-rarefying approaches to determine both alpha (within-sample) and beta (between-sample) diversity was assessed by Species richness using `q2-breakaway` [36] and Aitchison distance using `q2-deicode` [37]. These were compared with rarefied data in which we applied Faith's Phylogenetic Diversity, Observed OTUs, Shannon's diversity index, Pielou's Evenness, Unweighted UniFrac distance, Weighted UniFrac distance, Jaccard distance, and Bray-Curtis distances via `q2-diversity` [66]. In order to retain data from at least 15 of the 20 patients (*i.e.* 75%; four samples from each of the four DNA extraction methods), we set the sampling depth to 51,197 reads per sample. Overall our subsequence analysis consisted of 3,071,820 reads (27.6%, 3,071,820 / 11,149,582 reads). All diversity measurements in this study are listed in Table 5.

Community type and HPV status

In addition to the analysis above, we tested whether the samples clustered by microbiome composition were related to the patient's clinical and demographic characteristics such as, cervical biopsy diagnosis, race, and HPV16 status. HPV16 status has been reported to be associated with both racial differences as well as microbial community types [57] [83] [84] [85]. We employed the DMM [32] model to determine the number of community types for bacterial cervical microbiome. Then, we clustered samples to the community type [9] [86]. Since vaginal microbiota were reported to be clustered with different *Lactobacillus* sp. such as *L. crispatus*, *L. gasseri*, *L. iners*, or *L. jensenii* [16] [87], we also collapsed the taxonomy to the species level and performed a clustering analysis using “microbiome R package” [79]. We then determined which bacterial taxa were differentially abundant among the patients with or without HPV16 via q_2 -*al*dex2 [88] and LEfSe [31].

General statistical analysis

All data are presented as means $\pm$ standard deviation (SD). Comparisons were conducted with Fisher's exact test or Dunn's test with Benjamini-Hochberg-adjustment [89] or Wilcoxon test with Benjamini-Hochberg-adjustment or pairwise PERMANOVA when appropriate. A *p* value < 0.05 or a *q* value < 0.05 was considered statistically significant.

Declarations

Ethics approval and consent to participate

This study was approved by the Institutional Review Board at the University of Arkansas for Medical Sciences (IRB number 202790).

Consent for publication

Written informed consent for publication was obtained for all patients.

Availability of data and materials

MIMARKS compliant [90] DNA sequencing data are available via the Sequence Read Archive (SRA) at the National Center for Biotechnology Information (NCBI), under the BioProject Accession: PRJNA598197.

Competing interests

M.N. is one of the inventors named in the patents and patent applications for the HPV therapeutic vaccine PepCan. The remaining authors declare no conflicts of interest.

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Authors' contributions

M.N. designed and supervised this project. T.S. and M.S.R. conducted bioinformatics analysis and wrote paper. T.S., H.C., and M.N. created the protocol of DNA extraction. M.N., H.C., S.O., W.G., and T.S. provided important feedback. Samples in the clinical trial were collected by W.G. and his associates. DNA extraction was conducted by T.S. Sequencing of 16S RNA gene was conducted by S.O.

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Table 1: Characteristics of four different DNA extraction protocols

Kit (Cat. No.)	Manufacturer	Sample volume	Enzyme	Beads	Beating	DNA carrier	Others
ZymoBIOMICS DNA Miniprep Kit (D4300)	Zymo Research	300 µL	No	Ceramic ^a	2 min ^b	No	^c
QIAamp PowerFecal Pro DNA Kit (51804)	Qiagen	300 µL	No	Ceramic ^d	10 min ^b	No	^c
QIAamp DNA Mini Kit (51304)	Qiagen	200 µL	Mutanolysin ^e	No	No	No	^{c, f, g}
IndiSpin Pathogen Kit (SPS4104)	Indical Bioscience	300 µL	No	Ceramic ^h	10 min ^b	Yes	^{c, i}

a: [92]. b: Disruptor Genie (USA Scientific, Inc.) was used under the maximum speed. c: Nuclease free water (85 µL) as DNA elution buffer was used. d: PowerBead Pro Tubes [93]. e: Instead of lysozyme or lysostaphin, mutanolysin was used as per Yuan *et al*, 2012 [38]. f: DNA Purification from Blood or Body Fluids; Protocols for Bacteria; Isolation of genomic DNA from gram-positive bacteria in QIAamp DNA Mini and Blood Mini Handbook fifth edition was referenced. g: Heating at 56°C for 30 min and 95°C for 15 min was performed. h: Pathogen Lysis Tubes S [94]. i: Pretreatment B2 as per QIAamp cadon Pathogen Mini Handbook.

Table 2. Patient characteristics

Characteristics		Values
Number of patients, n		20
Total number of DNA extracts, n		80
Age, mean (SD)		31.4 (5.0)
Race	African American, n (%)	3 (15)
	Caucasian, n (%)	10 (50)
	Hispanic, n (%)	7 (35)
Cervical biopsy	CIN2, n (%)	8 (40)
	CIN3, n (%)	10 (50)
	Benign, n (%)	2 (10)
HPV typing	HPV positive, n (%)	19 (95)
	HPV16 positive, n (%)	10 (50)
	HPV18 positive, n (%)	2 (10)
	HPV16 or 18 positives, n (%)	10 (50)
	HR-HPV positives, n (%)	18 (90)

SD: standard deviation. CIN: cervical intraepithelial neoplasia. HR-HPV: high-risk HPV (HPV16 18, 31, 33, 35, 39, 45, 51, 52, 56, 58, 59, and 68)

Table 3. Reads and OTUs before rarefying assigned to all, gram-, and gram-negative bacteria per DNA extraction protocols

Parameters	Community	Methods	Values	Ratio of GP or GN	p value
Number of reads (mean ± SD)	All	Zy	2,705,044 (135,252 ± 66,011)		<i>a</i>
		Pro	2,312,207 (115,610 ± 68,201)		
		QIA	2,765,343 (138,267 ± 49,781)		
		IN	3,366,988 (168,349 ± 57,451)		
	GP	Zy	2,430,380 (121,519 ± 56,209)	89.8%	NS
		Pro	2,116,458 (105,823 ± 57,590)	91.5%	
		QIA	2,503,578 (125,179 ± 46,073)	90.5%	
		IN	2,985,941 (149,297 ± 46,936)	88.7%	
	GN	Zy	274,664 (13,733 ± 29,162)	10.2%	NS
		Pro	195,749 (9,788 ± 23,070)	8.5%	
		QIA	261,765 (13,088 ± 22,638)	9.5%	
		IN	381,047 (19,052 ± 33,038)	11.3%	
Number of OTUs (mean ± SD)	All	Zy	825 (41.3 ± 16.8)		NS
		Pro	621 (31.1 ± 19.4)		
		QIA	778 (38.9 ± 22.4)		
		IN	792 (39.6 ± 22.7)		
	GP	Zy	479 (24.0 ± 9.2)	58.1%	NS
		Pro	412 (20.6 ± 12.7)	66.3%	
		QIA	513 (25.7 ± 13.7)	65.9%	
		IN	531 (26.6 ± 14.9)	67.0%	
	GN	Zy	346 (17.3 ± 9.8)	41.9%	<i>b</i>
		Pro	209 (10.5 ± 10.3)	33.7%	
		QIA	265 (13.3 ± 9.2)	34.1%	
		IN	261 (13.1 ± 8.3)	33.0%	

Community of gram-positive bacteria was defined as phylum *Actinobacteria* and *Firmicutes*, which are composed of thick peptidoglycan layers without outer membrane [95]. Community of gram-negative bacteria was defined as a community of bacteria other than phylum *Actinobacteria* and *Firmicutes* in this study. a: I - P: 0.0199; I - Q: 0.1590; P - Q: 0.1436; I - Z: 0.1495; P - Z: 0.1712; and Q - Z: 0.4059. b: I - P: 0.2116; I - Q: 0.4837; P - Q: 0.1143; I - Z: 0.0938; P - Z: 0.0116; Q - Z: 0.1448. Dunn's test with Benjamini-Hochberg-adjustment were performed for comparison of the number of reads and OTUs by DNA extraction method. Zy: ZymoBIOMICS DNA Miniprep Kit, Pro: QIAamp PowerFecal Pro DNA Kit, QIA: QIAamp DNA Mini Kit, IN: IndiSpin Pathogen Kit. SD: standard deviation. All: all bacteria, GP: gram-positive bacteria, GN: gram-negative bacteria. NS: not significant.

Table 4. Beta diversity among DNA extraction methods

Index	Protocol	Protocols compared	p values	q values
Aitchison distance	ZymoBIOMICS	PowerFecalPro	NS	NS
		QIAampMini	NS	NS
		IndiSpin	NS	NS
	PowerFecalPro	QIAampMini	NS	NS
		IndiSpin	NS	NS
	QIAampMini	IndiSpin	NS	NS
Unweighted UniFrac distance	ZymoBIOMICS	PowerFecalPro	0.001	0.002
		QIAampMini	0.001	0.002
		IndiSpin	0.001	0.002
	PowerFecalPro	QIAampMini	NS	NS
		IndiSpin	0.015	0.023
	QIAampMini	IndiSpin	NS	NS
Weighted UniFrac distance	ZymoBIOMICS	PowerFecalPro	NS	NS
		QIAampMini	NS	NS
		IndiSpin	NS	NS
	PowerFecalPro	QIAampMini	NS	NS
		IndiSpin	NS	NS
	QIAampMini	IndiSpin	NS	NS
Jaccard distance	ZymoBIOMICS	PowerFecalPro	0.037	NS
		QIAampMini	0.003	0.018
		IndiSpin	0.011	0.033
	PowerFecalPro	QIAampMini	NS	NS
		IndiSpin	NS	NS
	QIAampMini	IndiSpin	NS	NS
Bray-Curtis distance	ZymoBIOMICS	PowerFecalPro	NS	NS

	QIAampMini	NS	NS
	IndiSpin	NS	NS
PowerFecalPro	QIAampMini	NS	NS
	IndiSpin	NS	NS
QIAampMini	IndiSpin	NS	NS

Pairwise PERMANOVA was tested for comparing beta diversity of DNA extraction method. NS: not significant.

Table 5. Diversity analysis in this study

No.	Parameter	Alpha or Beta diversity	Used data with/without rarefying	Input data with/without phylogenetic information	Plugin of QIIME 2
1	Species richness	Alpha	Not rarefied	Non-phylogenetic	q2-breakaway [36]
2	Faith's Phylogenetic Diversity	Alpha	Rarefied	Phylogenetic	q2-diversity
3	Observed OTUs	Alpha	Rarefied	Non-phylogenetic	q2-diversity
4	Shannon's diversity index	Alpha	Rarefied	Non-phylogenetic	q2-diversity
5	Pielou's Evenness	Alpha	Rarefied	Non-phylogenetic	q2-diversity
6	Aitchison distance	Beta	Not rarefied	Non-phylogenetic	q2-deicode [37]
7	Unweighted UniFrac distance	Beta	Rarefied	Phylogenetic	q2-diversity
8	Weighted UniFrac distance	Beta	Rarefied	Phylogenetic	q2-diversity
9	Jaccard distance	Beta	Rarefied	Non-phylogenetic	q2-diversity
10	Bray-Curtis distances	Beta	Rarefied	Non-phylogenetic	q2-diversity
11	Adonis	Beta	Rarefied	Non-phylogenetic	q2-diversity adonis [80] [81]

Figure legends

Figure 1. Overview of the study design using 16S rRNA gene to compare the DNA

extraction protocol. (A) Liquid-based cytology (LBC) specimens from 20 patients with CIN2/3 or suspected CIN2/3. (B) A total of 80 DNA extractions were performed. (C) The four DNA extraction methods. (D) DNA of mock vaginal community as a positive control and preservation solution as a negative control. (E) Sequencing using Illumina MiSeq. (F) Analysis of the taxonomic profiles among the DNA extraction protocols. Images from Togo Picture Gallery [91] were used to create this figure.

Figure 2. Taxonomic resolution among DNA extraction protocols. (A) Relative abundance of microbe at family level (left) and genus level (right) per DNA extraction method showed the pattern that variance of microbe composition per patient was higher than that per DNA extraction protocol. These patterns were confirmed by values of Adonis test (q^2 -diversity adonis); F.Model: 199.4, R^2 : 0.982, and p value: 0.001 for patients and F.Model: 2.9, R^2 : 0.003, and p value: 0.002 for DNA extraction [80] [81]. After all count data of taxonomy were converted to relative abundance as shown in the y-axis, the top ten taxonomy at each family and genus level were plotted in colored bar plot and other relatively few taxonomies were not plotted. The 20 patients ID were described in the x-axis. (B) Venn diagrams, considering only those OTUs with a frequency greater than 0.005% shown, revealed that ZymoBIOMICS had four unique taxa at family (left) and genus (right) taxonomic level. Thirty-one of 41 families and 45 of 57 genera were detected with all DNA extraction protocols.

Figure 3. Comparisons of alpha diversity between different DNA extraction protocols. The alpha diversity indices determined by Species richness and Phylogenetic diversity are significantly higher with ZymoBIOMICS in comparison with PowerFecalPro ($p = 0.025$ and 0.012 , respectively, Dunn's test with Benjamini-Hochberg-adjustment). IndiSpin also showed significantly higher diversity than that of PowerFecalPro using analysis of Species richness ($p = 0.042$, Dunn's test with Benjamini-Hochberg-adjustment). No significant differences were observed in other alpha diversity indexes such as observed OTUs, Shannon's diversity index, and Pielou's Evenness. Zy: ZymoBIOMICS DNA Miniprep Kit, Pro: QIAamp PowerFecal Pro DNA Kit, QIA: QIAamp DNA Mini Kit, IN: IndiSpin Pathogen Kit.

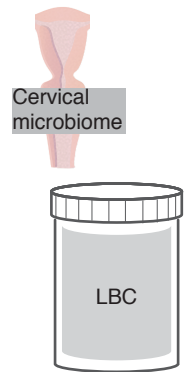
Figure 4. Distinct detections of microbe among the DNA extraction protocols. (A) A bar graph showing 23 significantly enriched taxa with ZymoBIOMICS, 3 with QIAamp DNA Mini Kit, and 3 with IndiSpin Pathogen Kit determined by the linear discriminant analysis (LDA) effect size (LEfSe) analyses [31]. (B) A taxonomic cladogram from the same LEfSe analyses showing that the significantly enriched microbiota in ZymoBIOMICS were composed of phylum *Proteobacteria*. Also note that *Meiothermus* (a member of the phylum *Deinococcus-Thermus*) *Hydrogenophilaceae* (a member of the phylum *Proteobacteria*), and *Hydrogenophilus* (a member of the phylum *Proteobacteria*) are likely an extraction kit contaminant. Zy: ZymoBIOMICS DNA Miniprep Kit, Pro: QIAamp PowerFecal Pro DNA Kit, QIA: QIAamp DNA Mini Kit, IN: IndiSpin Pathogen Kit. g_: genus, f_: family, o_: order, c_: class, p_: phylum.

Figure S1. Comparison of DNA yields by DNA extraction protocols. DNA yield of QIAampMini was significantly higher than that of PowerFecalPro ($p < 0.001$, Dunn's test with Benjamini-Hochberg-adjustment). Also, the DNA yield of ZymoBIOMICS was significantly higher than that of PowerFecalPro ($p < 0.001$, Dunn's test with Benjamini-Hochberg-adjustment). The amount of DNA was calculated based on the absorbance of nucleic acids measured by Nanodrop One. By the protocol recommended by the manufacturer, nucleic acid (Poly-A carrier) was used in IndiSpin. Therefore, IndiSpin was excluded from the analysis of DNA yield. The amount of DNA yield per 100 μ L ThinPrep sample volume were compared. The bar graph shows the mean and standard deviation. Zy: ZymoBIOMICS DNA Miniprep Kit, Pro: QIAamp PowerFecal Pro DNA Kit, QIA: QIAamp DNA Mini Kit.

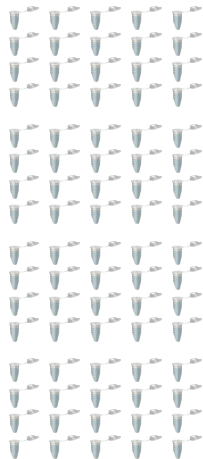
Figure S2. Community type and HPV 16 assessed by using 4 kits (A) Community types were classified into two types in all DNA extraction kits, mainly based on the percentage of *Lactobacillus iners*. HPV16 infection was negatively associated with the dominance of *L. iners* (community type I; $p = 0.001$, Fisher's exact test) regardless of DNA extraction method. Although, we observed slight variation in the abundance of microbiota across the extraction kits (even within the same individual patient), the ability to detect two community types was identical across all DNA extraction kits. No significant differences were observed in the relationship of other phenotypes of patients (HPV18, HR-HPV, Biopsy, and Race). The top 15 bacteria detected for each DNA extraction kit are shown. Samples were clustered by the Dirichlet component. Narrow columns show each sample and a broader column shows averages of samples. Rows show taxa at the species level. Dark or thin colors correspond to larger or smaller counts of OTUs, respectively. CT: community type. (B) LEfSe analysis using combined

863 data from all four kits detected a significant enrichment of 66 taxa in the cervical environment
864 with HPV16 infection and 17 taxa without HPV16 infection. Genus *Lactobacillus* were enriched
865 in the HPV16 negative patients ($p < 0.001$, LDA score: 5.38).

(A) Liquid-based cytology on cervix



(B) Dispensing of each sample to 4 aliquot



(C) DNA extraction using four protocols

ZymoBIOMICS

PowerFecalPro

QIAampMini

IndiSpin

(D)

Positive control
(vaginal mock)



Negative control
(preservation solution
without samples)

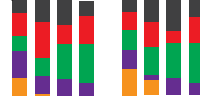
(E) 16S rRNA
Illumina ampli-
con sequencing



(F) Evaluation of
taxonomic profiles

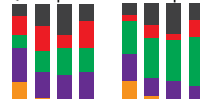


ZymoBIOMICS PowerFecalPro

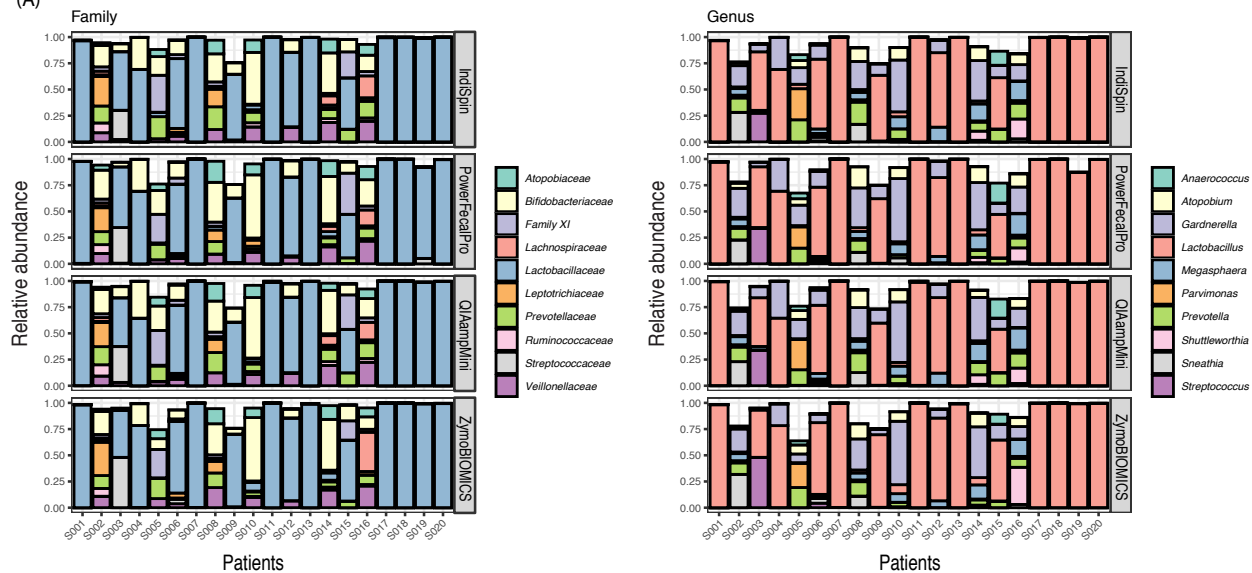


QIAampMini

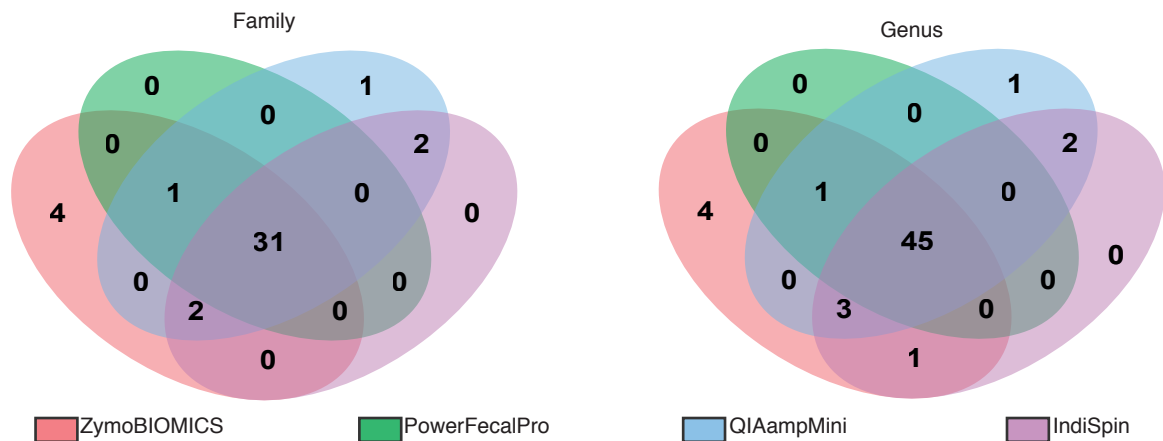
IndiSpin

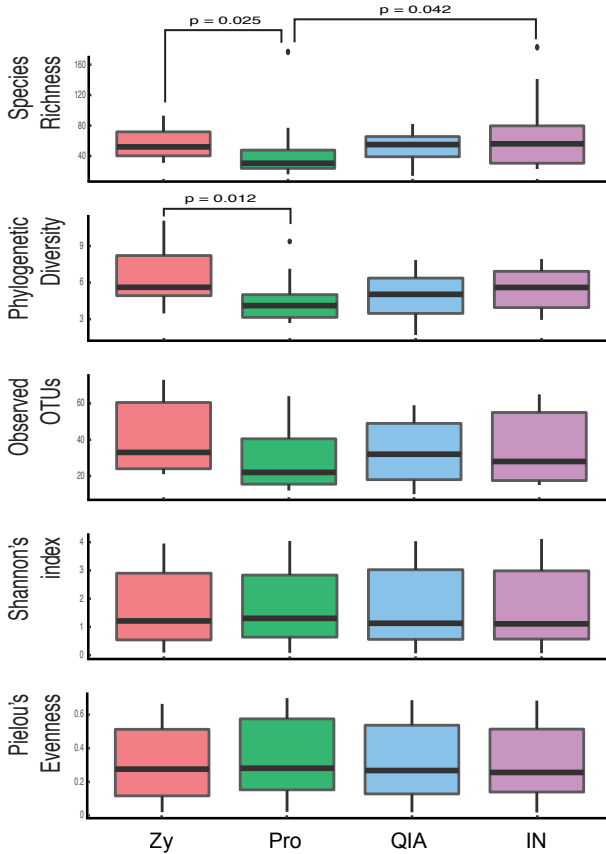


(A)

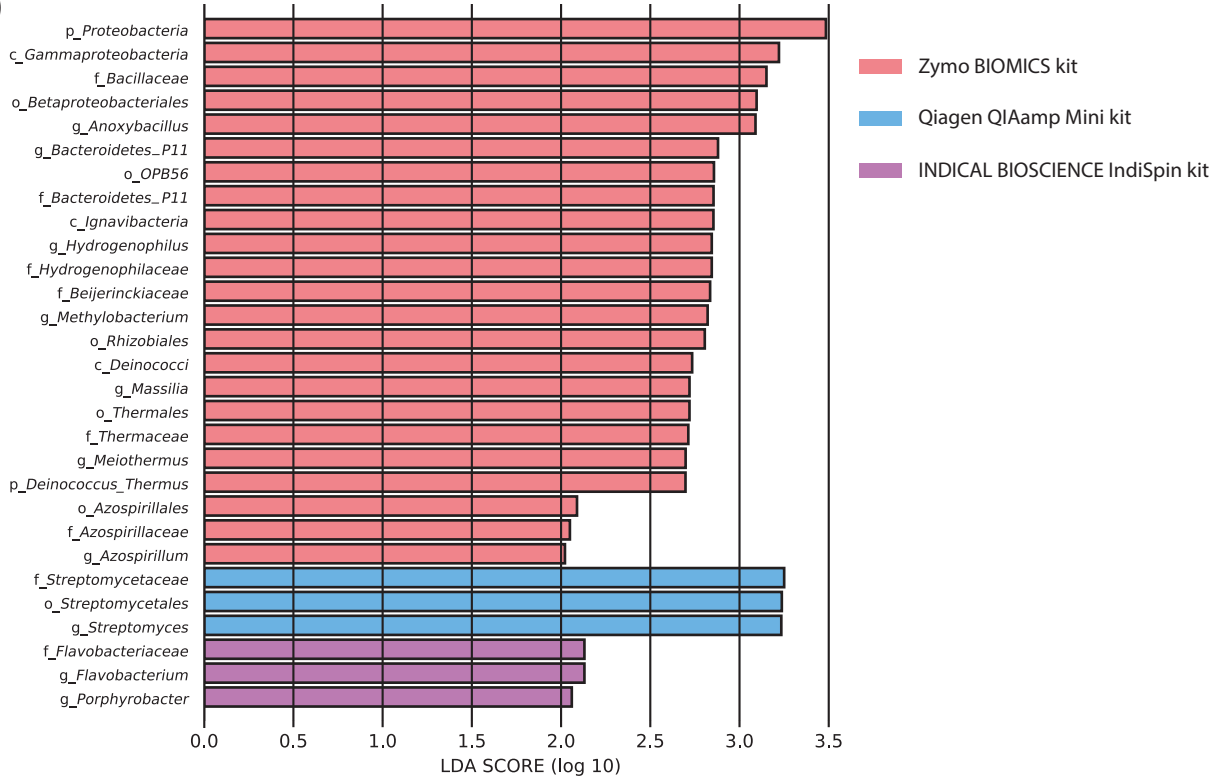


(B)





(A)



(B)

