

1 **A non-coding indel polymorphism in the *fruitless* gene of *Drosophila***
2 ***melanogaster* exhibits antagonistically pleiotropic fitness effects**

3

4 Michael D. Jardine¹, Filip Ruzicka², Charlotte Diffley¹, Kevin Fowler¹, Max Reuter¹

5

6 ¹Department of Genetics, Evolution and Environment, University College London, London,
7 United Kingdom

8 ²School of Biological Sciences and Centre for Geometric Biology, Monash University,
9 Clayton, Australia

10

11 **Abstract**

12

13 The amount of genetic variation for fitness within populations tends to exceed that
14 expected under mutation-selection-drift balance. Several mechanisms have been proposed
15 to actively maintain polymorphism and account for this discrepancy, including antagonistic
16 pleiotropy (AP), where allelic variants have opposing effects on different components of
17 fitness. Here we identify a non-coding indel polymorphism in the *fruitless* gene of
18 *Drosophila melanogaster* and measure survival and reproductive components of fitness in
19 males and females of replicate lines carrying one or the other allele. Expressing the *fruitless*
20 region in a hemizygous state we observe a pattern of AP, with one allele resulting in greater
21 reproductive fitness while the other confers greater survival to adulthood. Different fitness
22 effects were observed in an alternative genetic background, suggesting widespread epistatic
23 effects. Our findings link sequence-level variation at a single locus with complex effects on a
24 range of fitness components, thus helping to explain the maintenance of genetic variation
25 for fitness. Transcription factors, such as *fruitless*, may be prime candidates for targets of
26 balancing selection since they interact with multiple target loci and their associated
27 phenotypic effects.

28

29

30

31

32 **Introduction**

33

34 Genetic variation for fitness provides the raw material for selection and genetic drift to
35 cause genetic evolution of populations [1]. The action of both forces, however, tends to
36 reduce genetic variation. This is particularly relevant in the case of traits that are closely
37 linked to fitness and therefor, by definition, under strong directional selection. The classic
38 explanation for the presence of heritable variation for fitness in populations is mutation-
39 selection-drift balance, where standing variation is maintained at an equilibrium between
40 the generation of new variation by recurrent mutation and its reduction through selection
41 and drift [2,3]. Yet most populations typically harbour considerable amounts of genetic
42 variation for traits and fitness—and more than can be accounted for by mutation-selection-
43 drift balance alone [4]. This discrepancy between theoretical expectation and empirical
44 reality constitutes a central and perennial puzzle in evolutionary biology [4,5].

45

46 One possible resolution of this paradox is that fitness variation is actively maintained by
47 balancing selection. Initially popularised by Dobzhansky [6], balancing selection is a force
48 actively maintaining two or more allelic variants at a locus. The active maintenance of
49 polymorphism requires that the selective value of an allele depends on the context in which
50 it finds itself [7,8]. Allelic fitness effects can depend on the genetic context within an
51 individual, as in the case of overdominance [9] or reciprocal sign epistasis [10], or the
52 genetic context in the population, as with negative frequency-dependent selection [11] or
53 variable environmental conditions (fluctuating selection, [12]). In the case of antagonistic
54 selection, polymorphism is maintained because the fitness effect of an allele depend on the
55 sex of the carrier (sexual antagonism, [13,14]), or on an individual's life history stage
56 (antagonistic pleiotropy, [15]).

57

58 Antagonistic pleiotropy (AP) occurs when mutations have a beneficial effect on one fitness
59 component but a deleterious effect on another. Initially conceived in the 1950s [15,16], AP
60 has become a major hypothesis for the evolution of ageing, where mutations that increase
61 fitness early in life are proposed to cause deterioration and increased mortality [15,17]. AP
62 could maintain genetic variation if, for example, one allele confers increased early-life

63 fitness and a shorter lifespan, while the other causes a more even reproductive output over
64 a longer life, with both strategies providing similar long-term fitness pay-offs and greater
65 fitness than an intermediate strategy [18,19]. Despite some empirical evidence of
66 pleiotropic trade-offs [20], modelling has shown that the conditions under which AP
67 generates balancing selection and maintains polymorphism are quite restrictive [18,21–23].
68 This, combined with relatively few empirical examples of AP in nature, has led to a decline in
69 support for AP as a major contributor to the maintenance of genetic variation for fitness
70 [24].

71

72 However, recent theoretical and empirical studies have re-ignited interest in AP as a
73 mechanism generating balancing selection. Models of metapopulation structure in fungi
74 [25] and viability and fertility selection in flowering plants [26] have demonstrated a crucial
75 role of AP in maintaining genetic variation for fitness in wild populations. Similarly, Mérot et
76 al. [24] found that AP in fitness effects and the resulting variation in life-history trade-offs is
77 most likely responsible for the maintenance of an inversion polymorphism in the seaweed
78 fly *Coelopa frigida*. More recent theoretical models have further shown that the conditions
79 required for AP to generate balancing selection are less stringent than initially believed. For
80 example, taking into account sex-specific fitness effects or even small variations in
81 dominance between traits or over time may be enough for AP to generate balancing
82 selection under a wider range of conditions [27]. Furthermore, AP may generate excess
83 fitness variance (relative to unconditionally deleterious mutation-selection balance) by
84 slowing the removal of deleterious variation, rather than maintaining it *per se* [8,27].
85 Together these developments suggest that the proportion of AP genetic variation (and
86 possibly balanced variation) has been historically under-estimated [4], underscoring the
87 need for further experiments that link sequence-level polymorphism with measurements of
88 different fitness components, ideally in both sexes.

89

90 In this study we describe AP fitness effects associated with a polymorphism in a non-coding
91 region of the *fruitless* gene (*fru*) of *D. melanogaster*. The *fru* gene is a key component of the
92 sex-determination cascade and is responsible for sex-specific nervous system development
93 and courtship behaviour [28–30]. In line with its crucial functions, *fru*'s protein coding
94 sequence is conserved across insect taxa [31]. Contrasting with the evolutionary constraint

95 that is evident at the larger phylogenetic level, *fru* also exhibits evidence of positive
96 selection [32]. In line with this evidence for micro-evolutionary dynamics, we identify here a
97 polymorphism within the 5' non-coding region of the *fru* gene, which consists of a
98 polymorphic indel and associated SNPs that segregate at relatively stable frequencies across
99 worldwide populations of *D. melanogaster*. Assessing the fitness consequences of the two
100 alleles of this polymorphism, we find that one confers higher reproductive fitness in both
101 sexes, while the other results in greater larval survival and, in some cases, adult longevity.
102 These effects further depend on the genetic background in which the alleles are expressed,
103 which may also contribute to the maintenance of this polymorphism. Our study adds to the
104 growing body of evidence for a reassessment of the role played by antagonistic pleiotropy,
105 and possibly balancing selection, in maintaining individual allele polymorphisms and genetic
106 variation for fitness.

107

108 **Methods**

109

110 **Identification of an indel in a polymorphic region of *fru***

111 A polymorphic region of *fru* was identified by investigating signatures of balancing selection
112 in population genomic data from two collections of wild flies from Raleigh, US (N=205; [33])
113 and Zambia (N=197; [34]), based on metrics of genetic diversity (nucleotide diversity,
114 Tajima's D) and linkage disequilibrium (Kelly's ZnS) (Supplementary Methods 1). Sanger
115 sequencing of the *fru* region using flies from LH_M, a laboratory-adapted North American
116 population of fruit flies [35], revealed that the polymorphic *fru* haplotypes are linked to a
117 43bp indel (Supplementary Methods 1). As this indel produces a difference in fragment
118 length between PCR products of the two major haplotypes, we designated the two alleles
119 'Long' (L) and 'Short' (S).

120

121 **Fly culture and husbandry**

122 Unless otherwise stated, flies were maintained on corn-agar-molasses medium with a
123 powdering of live yeast in either vials (8ml of media) or bottles (50ml) in 25°C constant
124 temperature rooms at 50% humidity on a 12:12hr light-dark cycle. When required, flies
125 were collected as virgins, every 0-6 hours post-eclosion until sufficient numbers were

126 obtained. Flies were anaesthetised using a CO₂ pad for short periods of time and
127 manipulated using a fly aspirator.

128

129 **Creation of isogenic lines**

130 We created isogenic lines, which were identical apart from ~1% of the genome including the
131 *fru* locus. Isogenic lines were created through initial identification of LH_M individuals carrying
132 the S or L allele, and then backcrossing these into an isogenic Canton-S genetic background
133 (*Df(3R)fru⁴⁻⁴⁰*) over seven generations using the pupal phenotype *Tb* as a marker (for full
134 details of crossing scheme, see Supplementary Material 2). We used this approach to
135 generate three independent lines each for the S and L allele.

136

137 **Generating focal flies**

138 We performed fitness assays on “focal” flies generated by crossing individuals from the
139 isogenic lines to flies from the *Df(3R)fru⁴⁻⁴⁰/TM6B* stock. The resulting individuals carried the
140 *fru* allele (L or S) of a line complemented either by the *Df(3R)fru⁴⁻⁴⁰* deficiency (D) or by the
141 TM6B balancer chromosome (B). Since the deleted region of the *Df(3R)fru⁴⁻⁴⁰* chromosome
142 extends over the *fru* locus, flies which inherit this chromosome (D) are hemizygous for
143 whichever *fru* allele they inherit. The *fru* polymorphism can therefore be studied in isolation
144 in these D flies. The contrast of allelic fitness effects between flies complemented with the D
145 deficiency or the balancer chromosome allows us to investigate the epistatic effects of the
146 *fru* alleles. The cross to generate focal flies also ensures that line-specific recessive
147 deleterious alleles are partially masked, so as to minimally affect fitness measurements
148 associated with the *fru* alleles.

149

150 For each line (S1–3 and L1–3), crosses were performed by setting up replicate vials
151 containing 10 virgin isogenic line females and 10 *Df(3R)fru⁴⁻⁴⁰/TM6B* males. These vials were
152 left overnight for the flies to mate. To limit larval densities, we twice transferred flies to
153 fresh vials for 4-hour egg lays (~10am–2pm and ~2–6pm). To establish focal flies carrying
154 the *fru* allele paired with either the D complement (wildtype pupal phenotype) or the B
155 complement (*Tb* pupal phenotype), emerging pupae were sorted into separate vials based
156 on their phenotype. Twelve total line sets were thus established, i.e. lines S1–3 and L1–3 in

157 D or B background, hereafter referred to individually as S1/D, S1/B and so forth, or as S/D,
158 S/B, etc. when referring collectively to all 3 lines carrying a particular allele.

159

160 **Fitness assays**

161 Female fitness

162 Focal females were mated to males from their own vial before being placed as triplets at 3
163 days old into vials containing 1% agar and fed by a capillary tube through the stopper
164 containing a 4:1 yeast to sugar solution (6.5g yeast extract and 1.625g sugar per 100ml) at
165 25°C and 80% humidity. Triplets were maintained until the focal females were 4–5 days old,
166 with new food supplied daily. Triplets were then transferred to new agar vials (0.8% agar) at
167 ~4pm and allowed to lay eggs for 18 hours. Vials were photographed using
168 `webcamSeriesCapture` (github.com/groakat/webcamSeriesCapture) software and a Logitech
169 HD Pro webcam C920. We used the machine learning program *QuantiFly*
170 (github.com/dwaithe/quantifly) [36] to count the eggs in each picture. Vials where a female
171 died or where bubbles, debris, or other contaminants caused counting problems were
172 removed from further analysis. Fitness was assayed in 3 experimental blocks.

173

174 Male fitness

175 Focal males were reared on standard food in vials of 30 mixed sex flies until 4–5 days old. To
176 assay male fertilisation success, focal males were paired with a competitor male from the
177 *Df(3R)fru⁴⁻⁴⁰/TM6B* stock. Pairs of males were held in vials overnight. The next morning a
178 virgin *Df(3R)fru⁴⁻⁴⁰/TM6B* female was added to the vial without CO₂ anaesthesia and the two
179 males competed for mating. The males were allowed to compete for 90mins, thereby
180 maximising the likelihood of a single mating while keeping the rate of double matings
181 negligible. The males were then removed and the female left to lay eggs over a period of
182 several days. Once the larvae pupated, paternity was scored using the pupal phenotype. If
183 all pupae displayed the *Tb* phenotype then paternity was assigned to the competitor
184 (*Df(3R)fru⁴⁻⁴⁰/TM6B*) male. If pupae were a mixture of wildtype and *Tb*, paternity was
185 assigned to the focal male. Only vials with >10 pupae were included in further analysis to
186 ensure that wildtype pupae would be observed in cases where the focal male obtained a
187 mating. Male fitness was assayed in 3 experimental blocks.

188

189 Larval survival, sex ratio and development time

190 Fifty virgin females from the *fru* isogenic lines and fifty males from the *Df(3R)fru⁴⁻⁴⁰/TM6B*
191 line were placed together into egg-laying chambers (~2.5cm diameter, 5cm height) to mate
192 and lay eggs. The floor of these chambers was composed of a grape juice/agar mixture
193 (172ml concentrated grape juice per litre) with a small quantity of yeast as a protein source.
194 After 48 hours, once they had acclimatised to the conditions, the flies were transferred to
195 an identical chamber with the same food source and left for a further 24–30 hours to lay the
196 eggs which would become the “focal” larvae assessed in this assay. Newly hatched, 1st instar
197 larvae were picked and placed in groups of 50 into vials containing standard media and left
198 to develop. Newly formed pupae were removed from the vial and placed into new vials
199 depending on their phenotype (*Tb* or wildtype). For each vial and line, we recorded the
200 number of eclosing flies of each sex, the proportion of surviving larvae, and the sex ratio
201 (once all flies eclosed). Development time were recorded as the number of days from when
202 larvae were placed in the vial until eclosion as an adult.

203

204 Lifespan

205 Due to the larger number of flies required for this assay compared to the previous assays,
206 focal flies were generated using a slightly different method. Groups of 100 *fru* allelic line
207 females and 100 *Df(3R)fru⁴⁻⁴⁰/TM6B* line males were placed together in an enclosure
208 containing a petri dish filled with corn-agar-molasses medium and left to lay eggs overnight.
209 The next day, small sections of the media, each containing a similar number of eggs, were
210 cut out and placed into individual vials. The eggs were then left to hatch and the larvae to
211 develop. As pupae emerged the flies were separated into vials depending on the pupal
212 phenotype (*Tb* or wildtype). The vials were checked daily until sufficient flies for the
213 experiment eclosed on the same day, which occurred 10 days after eggs were laid. All flies
214 used in the assay were virgins and varied in age by no more than 24 hours. Newly eclosed
215 flies were anaesthetised with CO₂, separated by sex, and placed in vials in groups of 10.
216 Every other day (Monday, Wednesday, Friday), flies were transferred to a new vial without
217 anaesthesia. The number of dead flies at each transfer was recorded and dead flies
218 removed. If a fly escaped this was recorded and counted in the analysis by censuring. This
219 process was continued until all flies had died.

220

221 **Statistical analyses**

222 All statistical analyses were performed in *RStudio* [37]. Mixed effects models were fitted
223 using the package *lme4* [38]. All mixed effects models included the flies' line ID (S1–3 or L1–
224 3) as a random variable. If the assay was carried out in multiple blocks, this was also
225 included as a random effect. P-values for each model term were calculated using parametric
226 bootstrapping (package *pbkrtest* [39]) based on 1000 simulations.

227

228 Egg count output from the *QuantiFly* program was square root transformed (to achieve
229 better model fitting) and analysed using a linear mixed effects model (LMM) with Gaussian
230 error. The model included the *fru* allele (L or S), chromosomal complement (B or D) and
231 their interaction as fixed effect parameters.

232

233 Male competitive ability was recorded by scoring paternity (focal vs. competitor male) as a
234 binary response variable. A GLMM (generalised linear mixed effects model) with logit link
235 function and binomial error structure was then fitted for this variable, containing the male's
236 *fru* allele, its chromosomal complement, and the interaction between the two, as fixed
237 effects. We also included a random block effect in the model; only a limited number of
238 competitive trials could be carried out each day and the assay therefore took place over
239 several days.

240

241 Larval survival was measured as the number of adult flies emerging from each vial. An LMM
242 with Gaussian error was applied to the log-transformed number of surviving offspring as a
243 response variable. This produced a better fit according to log-likelihood and AIC than using a
244 GLMM with a Poisson error distribution. The offspring's *fru* allele and chromosomal
245 complement were included in the model as fixed effects. An additional random variable was
246 added to account for the identity of the vial housing each fly before separation at the pupal
247 stage. Sex ratio was calculated as the number of males divided by the number of females
248 which emerged from each vial and square-root transformed. A Gaussian LMM was applied
249 to these values which included *fru* allele and chromosomal complement as fixed effects and
250 an additional random variable to account for differences between individual vials.

251

252 Development time was analysed using a Gaussian LMM including *fru* allele, chromosomal
253 complement, sex and their interactions as fixed effects and larval vial and fly line as random
254 effects. Development time was log-transformed to improve the model fit.

255

256 Lifespan data was analysed using Cox proportional hazard models (CPH) from the R package
257 *survival* [40]. A model was constructed including *fru* allele, sex and chromosomal
258 complement as explanatory variables. Significance of model terms was assessed with
259 sequential likelihood ratio tests. Additional models were run with single explanatory
260 variables on either the entire or stratified datasets to estimate hazard ratios for significant
261 model terms. Kaplan-Meier survival curves were fitted using functions from the *survminer*
262 package [41].

263

264 **Results**

265

266 ***fru* polymorphism**

267 Our population genetic analysis revealed that SNP variants in the focal *fru* region
268 investigated here occur at intermediate frequencies in the two distantly related populations
269 studied, Raleigh (US) and Zambia (Supplementary Results 1). Given the perfect linkage
270 between SNP variants and the indel we detect in the LH_M population, the two major
271 intermediate-frequency haplotypes can be inferred to include this structural variation
272 worldwide (Supplementary Material 1).

273

274 **Reproductive success**

275 863 successful female fecundity trials were performed. There was no effect of the *fru* allele
276 alone on the number of eggs laid ($p=0.189$; Figure 1). However, there was an effect on
277 fecundity due to the chromosomal complement, with D females laying more eggs than B
278 females ($p=0.041$; Figure 1). Furthermore, there was a significant allele-by-complement
279 interaction, whereby S/D flies laid more eggs than all other genotypes ($p=0.031$; Figure 1).

280

281 We obtained data on mating success for 1149 males. There was no effect of the *fru* allele on
282 male mating success ($p=0.562$; Figure 2). The success rate of B males was higher than that of

283 D males ($p=0.001$; Figure 2). S males were particularly good competitors when paired with
284 the D complement, though the allele-by-complement interaction was not statistically
285 significant ($p=0.058$).

286

287 **Larval survival and sex ratio**

288 Data was collected for 2052 flies (1049 females and 1003 males) from 180 vials. A greater
289 number of L allele larvae survived to adulthood compared to S allele larvae ($p=0.016$; Figure
290 3) and more larvae that inherited the D chromosome survived to adulthood than those
291 inheriting the balancer chromosome ($p<0.001$; Figure 3). There was no evidence for an
292 interaction between *fru* allele and chromosomal complement ($p=0.275$; Figure 3). There
293 were also no significant effects on the sex-ratio of emerging adult flies due to either *fru*
294 allele ($p=0.809$), chromosomal complement ($p=0.158$) or their interaction ($p=0.097$;
295 Supplementary Figure 3).

296

297 **Development time**

298 Development time data was collected for 2052 flies from 180 vials. Females developed
299 faster than males across all genotypes ($p=0.001$, Supplementary Figure 4). The *fru* allele had
300 no significant effect on development time ($p=0.655$). The balancer chromosome lead to
301 faster development than the D chromosome ($p=0.003$). There was no support for any two-
302 way interactions between these variables (allele-by-sex: $p=0.357$; allele-by-chromosome:
303 $p=0.848$; chromosome-by-sex: $p=0.106$) nor between all three variables ($p=0.921$)
304 (Supplementary Figure 5).

305

306 **Lifespan**

307 Complete lifespan data was collected for 1659 flies, with partial data on another 257 flies. A
308 global analyses across the entire dataset did reveal a non-significant effect of allele ($p=0.71$;
309 Figure 4). We did find, however, a significant effect of complement ($p<0.001$), with greater
310 lifespan (smaller hazard) in flies with the D than the B complement ($HR_{D/B}=0.72$), and sex
311 ($p<0.001$), with greater lifespan in males ($HR_{M/F}=0.82$). The latter effect is probably largely
312 driven by a significant complement-by-sex interaction ($p<0.001$), where the direction of the
313 sex-difference in survival is reversed between the D complement ($HR_{M/F}=1.27$) and the B
314 complement, with a large drop in survival of B females ($HR_{M/F}=0.50$, Figure 4). In addition,

315 we found significant pairwise interactions between allele and complement ($p=0.001$; D
316 complement: $HR_{S/L}=0.84$; B complement: $HR_{S/L}=1.14$) and between allele and sex ($p=0.028$;
317 females: $HR_{S/L}=1.04$; males: $HR_{S/L}=0.93$). The three way interaction was not significant
318 ($p=0.25$).

319

320 **Discussion**

321

322 In this study, we identified an indel polymorphism in the fruitless gene and measured the
323 performance of allelic lines for a number of relevant fitness components. The data provide
324 evidence for complex allelic fitness effects (see Table 1 for a summary), with variation in the
325 impact of the *fru* alleles between fitness components, sexes and chromosomal
326 complements.

327

328 For the cases where the *fru* allele was present in a hemizygous state (paired with the D
329 chromosome) the effects are compatible with AP, in which alleles affect fitness in different
330 and opposing ways (Table 1). Thus, flies inheriting the S allele outperformed L flies in assays
331 of male and female adult reproductive fitness, with S females laying more eggs than L flies
332 and S males tending to have greater competitive fertilisation success. Conversely, flies
333 inheriting the L allele had greater larval survival than those with the S allele in both sexes.
334 These contrasting effects on reproductive fitness and survival suggest that allelic variants at
335 the *fru* locus act antagonistically, contributing to a major life history trade-off.

336

337 In addition to AP effects, we also find evidence for epistatic interactions between *fru* alleles
338 and their chromosomal complement. Chromosomes carrying focal *fru* alleles were
339 complemented with one of two paternally inherited third chromosomes, either the wildtype
340 chromosome carrying the deficiency *Df(3R)fru⁴⁻⁴⁰* (D) or a balancer chromosome *TM6B* (B).
341 The identity of the complement had additional effects on a number of fitness components,
342 as expected given the large number of sequence differences that will be present between
343 two copies of a major chromosome—in particular deleterious mutations that can
344 accumulate on the non-recombining balancer chromosome. In addition to these additive
345 effects, however, we find that in several cases the fitness outcomes depended on the

346 specific combination of *fru* allele and complement. For example, there was no difference
347 between the effect of the two alleles on adult mortality when paired with the D
348 chromosome, but L flies had lower adult mortality than S flies when paired with the B
349 chromosome. Similarly, S and L males show no difference in competitive ability when paired
350 with the B complement but S outperforms L when paired with D (Table 1). It is important to
351 keep in mind that both complements used in our experiments have genetic particularities (a
352 large deletion in the case of D, a presumably unnaturally high deleterious mutation load in
353 the case of B) that are extreme compared with variation that one would expect to be
354 present in natural populations under to purifying selection. Yet the fact that epistatic allelic
355 differences for particular fitness components arise in the presence of both complements
356 makes it plausible that similar, albeit potentially weaker, effects would occur in interactions
357 of *fru* alleles with naturally occurring polymorphisms elsewhere in the genome.

358

359 Life-history traits, such as adult fecundity and survival probability [18,21] that we measured
360 here, are often thought to be associated with genetic trade-offs [19]. In such cases, an
361 increase in performance in one fitness component leads to concurrent decreases in
362 performance in another, for example due to resource allocation. Within this framework, AP
363 is likely to occur when mutations affect the allocation that underlies the trade-off. AP
364 effects have been shown to be able to maintain genetic polymorphism in general models
365 [18,21], models replicating the properties of specific natural systems [25,26] and in
366 empirical observations [24]. Therefore, the antagonistic fitness relationship we have
367 discovered between the two *fru* alleles clearly has the potential to maintain genetic
368 variation at the *fru* locus.

369

370 In this context, it is important to note that our findings contradict some of the arguments
371 that had been put forward against a plausible role of AP in maintaining polymorphism
372 through balancing selection [22,23]. Classic theory predicts that in order for AP to maintain
373 polymorphism, fitness effects need to be large and similar across fitness components. This
374 lead to doubts about the ability for AP as a source of balancing selection, based on the
375 assumption that fitness effects are small ($\leq 1\%$) in most cases [5,22]. Interestingly, however,
376 the fitness differences we observe are considerable. In D flies, where AP is evident, S
377 females lay 25.1% more eggs than L females (29.67 versus 23.57) and S males achieve a

378 third more matings than L males (40% versus 30%), while L flies of both sexes survive to
379 adulthood with a probability that is 46.5% greater than that of S flies (14.62% versus 9.98)%.
380 The efficacy of AP-selection would also be weakened if fitness effects were limited to one
381 sex [22,23]. But this again is not the case here where effects are similar in both sexes for
382 both reproductive fitness and egg-to-adult survival. Reversal of fitness effects between the
383 sexes (sexual antagonism), could have helped maintaining polymorphism in conjunction
384 with AP [27], but does not appear to be present. One property that aids the maintenance of
385 polymorphism via AP and that does not appear in our data is dominance reversal, where the
386 beneficial effect of each allele is dominant (elevated reproductive fitness in both SS and SL
387 individuals, as well as increased egg-to-adult survival in both LL and SL individuals) [23]. If
388 anything, our data suggest that the beneficial effect of the S allele is recessive, and hence
389 only visible when the allele is expressed in the deficiency background. On the other hand,
390 polymorphism at the *fru* polymorphism we study here could be further stabilised by
391 epistasis. Theoretical models don't often consider epistatic effects in regards to AP but we
392 show through the variable interaction of *fru* with the chromosomal complement that
393 epistatic interactions are present. Epistasis could help maintaining polymorphism if, across a
394 larger set of genetic backgrounds, fitness effects are reversed.

395

396 Our results raise the question of how genetic variation at the *fru* locus generates phenotypic
397 effects across the different fitness components we measure. The FRU protein is a BTB-zinc-
398 finger transcription factor and is produced in multiple isoforms, some of which are sex-
399 limited [29,30,42]. The sequence differences between the L and S alleles are upstream of
400 the coding regions, close to the sex-specific promotor P1. Accordingly, the differences
401 observed here between the alleles must arise due to differences in expression levels rather
402 than coding changes, and potentially due to the relative concentrations of different sex-
403 limited and shared isoforms. Both the absolute and relative concentrations of different
404 isoforms could potentially have important consequences on organismal function and
405 phenotypes, given *fru*'s role as a top-level transcription factor. The number of its targets
406 (between 217–291 depending on the particular isoform, [43]) would be expected to
407 generate considerable trickle-down effects through the regulatory cascade. Even slight
408 initial differences in *fru* expression between L and S alleles could potentially result in major,
409 and pleiotropic, effects on a range of phenotypes. For example, mutations in *fru* can result

410 in drastic changes in male mating behaviour and brain development [28,29,44]. The large
411 number of target sites also provides a potential mechanism for the epistatic interactions we
412 observe, depending on the interplay between the abundance of the different FRU isoforms,
413 the specific sites they bind to and the regulation that results from that binding. It is difficult
414 to make inferences about these regulatory effects. But investigation of the sites which
415 interact with fruitless is ongoing [43] and together with a more detailed knowledge of how
416 the target loci are involved in behavioural and morphological traits, this will shed light on
417 the mechanism(s) that link *fru* to downstream traits.

418

419 In addition to the effects of allelic variants, complements and their interaction, we observed
420 a significant amount of fitness variation between individual lines carrying a same allele. The
421 method of introgression used to create the allelic lines involved naturally occurring,
422 stochastically placed break points. As a consequence, introgressing a specific allelic variant
423 into the region of interest will also introduce some flanking sequence of unknown size.
424 Variation in the extent of that flanking sequence can generate differences in phenotype
425 between lines carrying an identical allele in the target region. In principle, variation in
426 flanking sequence could also produce systematic differences between S and L lines. In this
427 case, however, the causative variation would require high linkage disequilibrium with the S
428 and L alleles.

429

430 Notwithstanding these caveats, our study provides a rare manipulative experimental test of
431 the hypothesis that AP maintains polymorphic variation at an individual candidate gene. Our
432 results provide evidence for allelic variants at the *fru* locus generating a AP relationship
433 between fitness components where one allele (L) enhances survival and the other allele (S)
434 enhances reproduction. Since the *fru* polymorphism influences multiple fitness components,
435 and each allele is beneficial in some instances and deleterious in others, we infer that this
436 polymorphism is maintained through this AP relationship with fitness. Our results
437 complement other recent findings in other systems [24], indicating that AP is a plausible
438 mechanism for maintaining genetic variation for fitness.

439

440

441

442

443

444

445 **Funding.** MJ and FR were supported by a pair of London NERC DTP PhD studentships
446 (NE/L002485/1). MR was supported by BBSRC responsive mode grants BB/R003882/1 and
447 BB/S003681/1.

448

449

450 **Acknowledgements.** We are very grateful to Didem Snaith, Harvinder Pawar and Olivia
451 Davidson for their help with pilot experiments, to Florencia Camus for guidance on
452 experimental design and analysis, and to Rebecca Finlay for stock maintenance and media
453 preparation. We further thank members of the MR and A. Pomiankowski research groups
454 for their comments on the results.

455

456

457

458 **References**

459

- 460 1. Fisher RA. 1930 The genetical theory of natural selection. Oxford: Clarendon Press.
- 461 2. Muller HJ. 1950 Our load of mutations. *Am. J. Hum. Genet.* 2, 111–176.
(doi:10.1007/BF00139458)
- 462 3. Lewontin RC. 1974 The genetic basis of evolutionary change. New York: Columbia
463 University Press.
- 464 4. Charlesworth B. 2015 Causes of natural variation in fitness: Evidence from studies of
465 Drosophila populations. *Proc. Natl. Acad. Sci. U. S. A.* 112, 1662–1669.
(doi:10.1073/pnas.1502053112)
- 466 5. Charlesworth B, Hughes KA. 2000 The maintenance of genetic variation in life-history
467 traits. In *Evolutionary Genetics from Molecules to Morphology* (eds RS Singh, CB
468 Krimbas), pp. 369–392. Cambridge, UK: Cambridge University Press.
- 469 6. Dobzhansky T. 1955 A review of some fundamental concepts and problems of
470 population genetics. *Cold spring Harb. Lab. Press* 20, 1–15.

473 7. Gloss AD, Whiteman NK. 2016 Balancing selection: walking a tightrope. *Curr. Biol.* 26,
474 R73–R76. (doi:10.1016/j.cub.2015.11.023)

475 8. Llaurens V, Whibley A, Joron M. 2017 Genetic architecture and balancing selection:
476 the life and death of differentiated variants. *Mol. Ecol.* 26, 2430–2448.
477 (doi:10.1111/mec.14051)

478 9. Johnston SE, Gratten J, Berenos C, Pilkington JG, Clutton-Brock TH, Pemberton JM,
479 Slate J. 2013 Life history trade-offs at a single locus maintain sexually selected
480 genetic variation. *Nature* 502, 93–95. (doi:10.1038/nature12489)

481 10. Ono J, Gerstein AC, Otto SP. 2017 Widespread genetic incompatibilities between
482 first-step mutations during parallel adaptation of *Saccharomyces cerevisiae* to a
483 common environment. *PLoS Biol.* 15, 1–26. (doi:10.1371/journal.pbio.1002591)

484 11. Sinervo B, Lively CM. 1996 The rock-paper-scissors game and the evolution of
485 alternative male strategies. *Nature* 380, 240–243. (doi:10.1038/380240a0)

486 12. Wittmann MJ, Bergland AO, Feldman MW, Schmidt PS, Petrov DA. 2017 Seasonally
487 fluctuating selection can maintain polymorphism at many loci via segregation lift.
488 *Proc. Natl. Acad. Sci. U. S. A.* 114, E9932–E9941. (doi:10.1073/pnas.1702994114)

489 13. Kidwell JF, Clegg MT, Stewart FM, Prout T. 1977 Regions of stable equilibria for
490 models of differential selection in the two sexes under random mating. *Genetics* ,
491 171–183.

492 14. Bonduriansky R, Chenoweth SF. 2009 Intralocus sexual conflict. *Trends Ecol. Evol.* 24,
493 280–288. (doi:10.1016/j.tree.2008.12.005)

494 15. Williams GC. 1957 Pleiotropy , natural selection, and the evolution of senescence.
495 *Evolution* 11, 398–411.

496 16. Caspary E. 1950 On the selective value of the alleles Rt and rt in *Ephestia kuhniella*.
497 *Am. Nat.* 84, 367–380.

498 17. Williams PD, Day T. 2003 Antagonistic pleiotropy, mortality source interactions, and
499 the evolutionary theory of senescence. *Evolution* 57, 1478–1488.
500 (doi:10.1111/j.0014-3820.2003.tb00356.x)

501 18. Rose MR. 1982 Antagonistic pleiotropy, dominance, and genetic variation. *Heredity*
502 48, 63–78. (doi:10.1038/hdy.1982.7)

503 19. Stearns ASC. 1989 Trade-Offs in life-history evolution. *Funct. Ecol.* 3, 259–268.

504 20. Rose M, Charlesworth B. 1981 Genetics of life history in *Drosophila melanogaster*. I.
505 Sib analysis of adult females. *Genetics* 97, 173–186.

506 21. Rose MR. 1985 Life history evolution with antagonistic pleiotropy and overlapping
507 generations. *Theor. Popul. Biol.* 28, 342–358. (doi:10.1016/0040-5809(85)90034-6)

508 22. Curtsinger JW, Service PM, Prout T. 1994 Antagonistic pleiotropy , reversal of
509 dominance , and genetic polymorphism. *Am. Nat.* 144, 210–228.

510 23. Hedrick PW. 1999 Antagonistic pleiotropy and genetic polymorphism: A perspective.
511 *Heredity* 82, 126–133. (doi:10.1038/sj.hdy.6884400)

512 24. Merot C, Llaurens V, Normandeau E, Bernatchez L, Wellenreuther M. 2020 Balancing
513 selection via life-history trade-offs maintains an inversion polymorphism in a
514 seaweed fly. *Nat. Commun.* 11. (doi:10.1038/s41467-020-14479-7)

515 25. Tellier A, Villaréal LMMA, Giraud T. 2007 Antagonistic pleiotropy may help
516 population-level selection in maintaining genetic polymorphism for transmission rate
517 in a model phytopathogenic fungus. *Heredity* 98, 45–52.
518 (doi:10.1038/sj.hdy.6800902)

519 26. Brown KE, Kelly JK. 2018 Antagonistic pleiotropy can maintain fitness variation in
520 annual plants. *J. Evol. Biol.* 31, 46–56. (doi:10.1111/jeb.13192)

521 27. Zajitschek F, Connallon T. 2018 Antagonistic pleiotropy in species with separate
522 sexes, and the maintenance of genetic variation in life-history traits and fitness.
523 *Evolution* 72, 1306–1316. (doi:10.1111/evo.13493)

524 28. Kimura KI, Ote M, Tazawa T, Yamamoto D. 2005 Fruitless specifies sexually
525 dimorphic neural circuitry in the *Drosophila* brain. *Nature* 438, 229–233.
526 (doi:10.1038/nature04229)

527 29. Neville MC et al. 2014 Male-specific fruitless isoforms target neurodevelopmental
528 genes to specify a sexually dimorphic nervous system. *Curr. Biol.* 24, 229–241.
529 (doi:10.1016/j.cub.2013.11.035)

530 30. Ryner LC, Goodwin SF, Castrillon DH, Anand A, Villella A, Baker BS, Hall JC, Taylor BJ,
531 Wasserman SA. 1996 Control of male sexual behavior and sexual orientation in
532 *Drosophila* by the fruitless gene. *Cell* 87, 1079–1089. (doi:10.1016/S0092-
533 8674(00)81802-4)

534 31. Gailey DA, Billeter JC, Liu JH, Bauzon F, Allendorfer JB, Goodwin SF. 2006 Functional
535 conservation of the fruitless male sex-determination gene across 250 Myr of insect
536 evolution. *Mol. Biol. Evol.* 23, 633–643. (doi:10.1093/molbev/msj070)

537 32. Parker DJ, Gardiner A, Neville MC, Ritchie MG, Goodwin SF. 2014 The evolution of
538 novelty in conserved genes; Evidence of positive selection in the *Drosophila* fruitless
539 gene is localised to alternatively spliced exons. *Heredity* 112, 300–306.
540 (doi:10.1038/hdy.2013.106)

541 33. MacKay TFC et al. 2012 The *Drosophila melanogaster* genetic reference panel.
542 *Nature* 482, 173–178. (doi:10.1038/nature10811)

543 34. Lack JB, Cardeno CM, Crepeau MW, Taylor W, Corbett-Detig RB, Stevens KA, Langley
544 CH, Pool JE. 2015 The *Drosophila* genome nexus: a population genomic resource of
545 623 *Drosophila melanogaster* genomes, including 197 from a single ancestral range
546 population. *Genetics* 199, 1229–1241. (doi:10.1534/genetics.115.174664)

547 35. Rice WR, Linder JE, Friberg U, Lew TA, Morrow EH, Stewart AD. 2005 Inter-locus
548 antagonistic coevolution as an engine of speciation: assessment with hemiclonal
549 analysis. *Proc. Natl. Acad. Sci. U. S. A.* 102, 6527–6534. (doi:10.17226/11310)

550 36. Waithe D, Rennert P, Brostow G, Piper MDW. 2015 QuantiFly: Robust trainable
551 software for automated *Drosophila* egg counting. *PLoS One* 10, 1–16.
552 (doi:10.1371/journal.pone.0127659)

553 37. R Core Team. 2019 R: A language and environment for statistical computing.

554 38. Bates D, Mächler M, Bolker BM, Walker SC. 2015 Fitting linear mixed-effects models
555 using *lme4*. *J. Stat. Softw.* 67. (doi:10.18637/jss.v067.i01)

556 39. Halekoh U, Højsgaard S. 2014 A Kenward-Roger approximation and parametric
557 bootstrap methods for tests in linear mixed models – The R Package *pbkrtest*. *J. Stat.*
558 *Softw.* 59, 128–129. (doi:10.1002/wics.10)

559 40. Therneau TM. 2015 _A Package for Survival Analysis in S_. version 2.38.

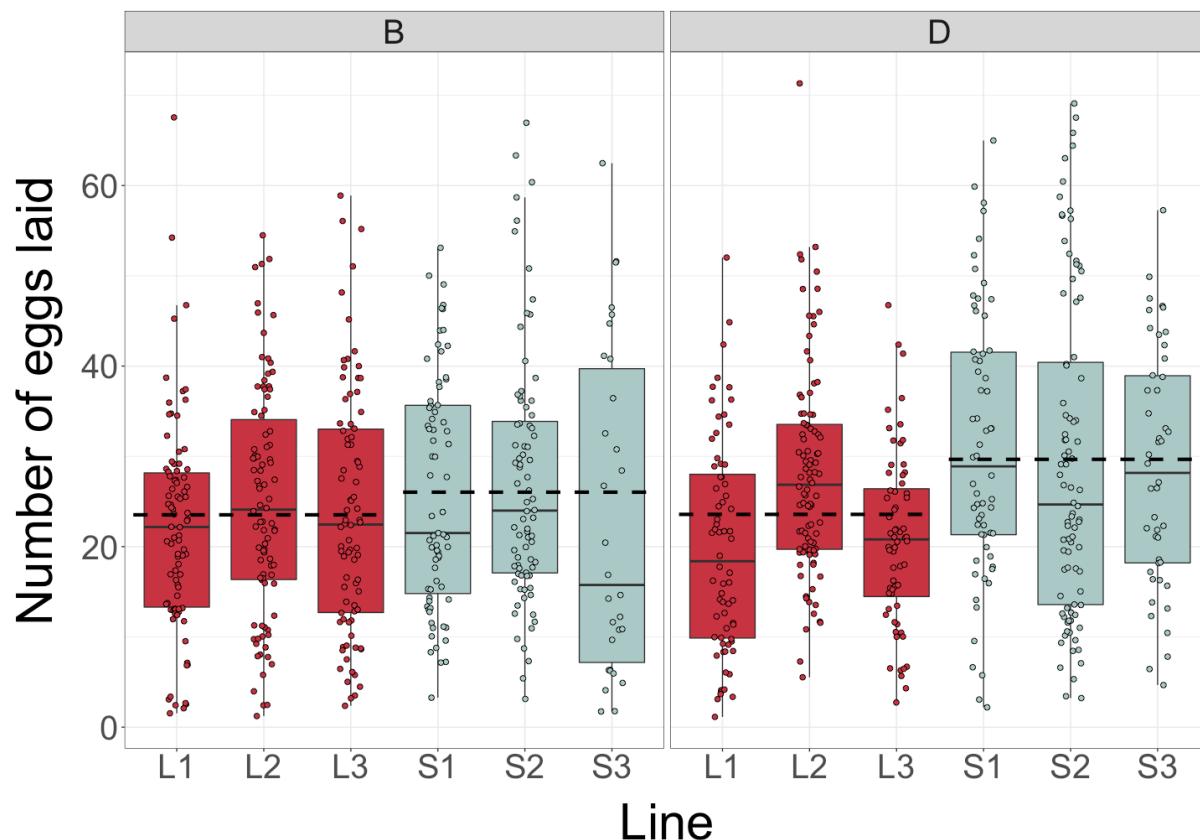
560 41. Kassambara A, Kosinski M, Biecek P. 2019 *survminer*: drawing survival curves using
561 ‘*ggplot2*’. R package version 0.4.6.

562 42. Anand A et al. 2001 Molecular genetic dissection of the sex-specific and vital
563 functions of the *Drosophila melanogaster* sex determination gene *fruitless*. *Genetics*
564 158, 1569–1595.

565 43. Vernes SC. 2014 Genome wide identification of *Fruitless* targets suggests a role in
566 upregulating genes important for neural circuit formation. *Sci. Rep.* 4, 1–11.
567 (doi:10.1038/srep04412)

568 44. Nojima T, Neville MC, Goodwin SF. 2014 *Fruitless* isoforms and target genes specify
569 the sexually dimorphic nervous system underlying *Drosophila* reproductive behavior.
570 *Fly* 8. (doi:10.4161/fly.29132)

571
572
573
574
575
576
577
578
579
580
581
582
583
584
585
586
587
588
589
590
591
592
593
594
595
596
597



598

599 **Figure 1.** Number of eggs laid by triplets of focal females from each line (L1-3 and S1-3) and
600 chromosomal complement (B and D) over an 18-hour period. Allelic means represented by
601 dashed lines.

602

603

604

605

606

607

608

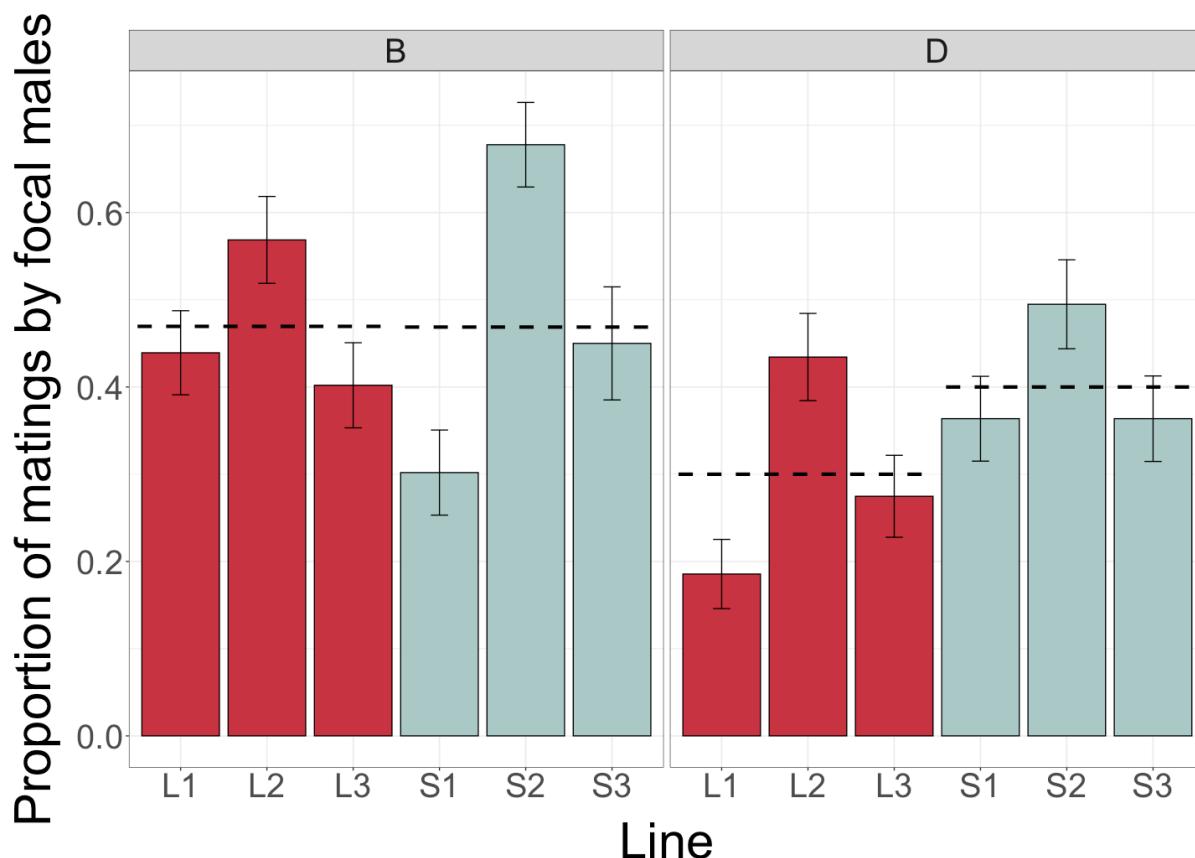
609

610

611

612

613



614

615 **Figure 2.** Proportion of matings(±standard error) obtained by focal males for each line (L1-3
616 and S1-3) and chromosomal complement (B and D). Allelic means represented by dashed
617 lines.

618

619

620

621

622

623

624

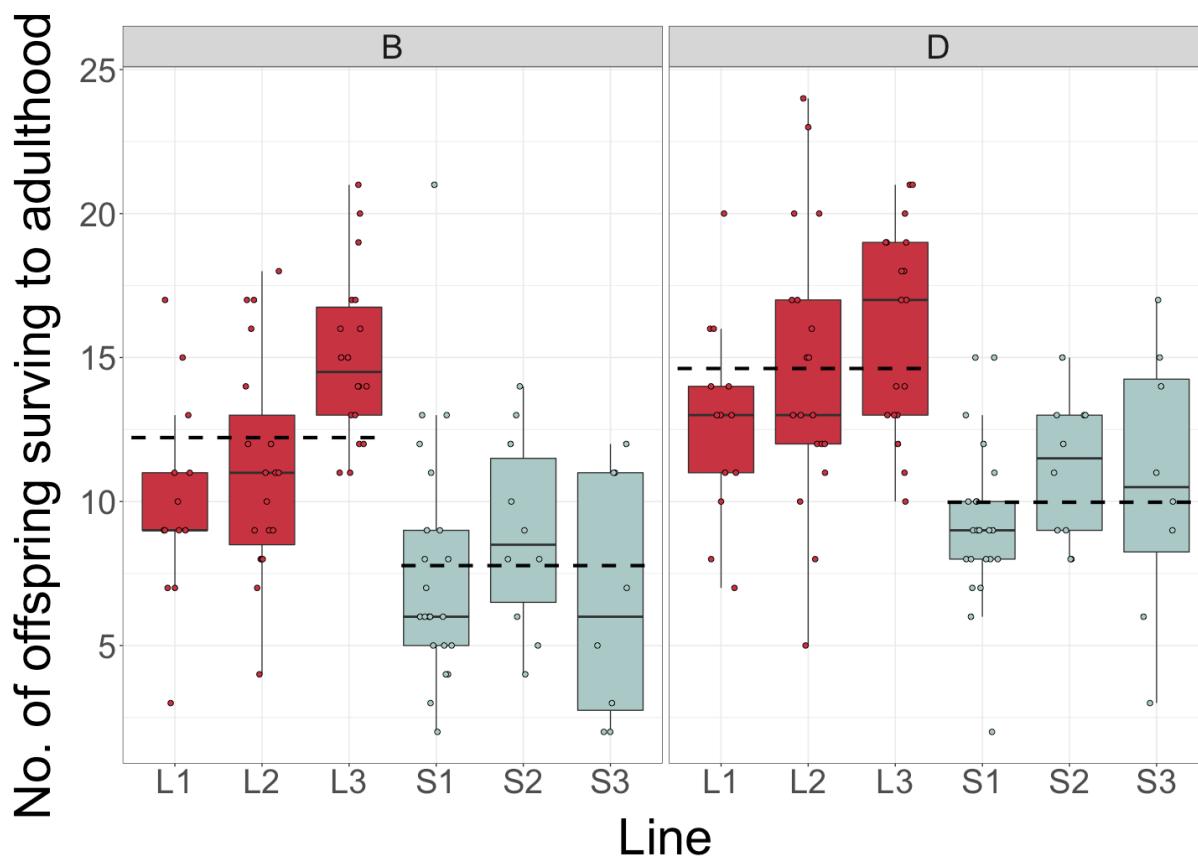
625

626

627

628

629



630

631 **Figure 3.** Number of offspring surviving from egg to adulthood for each line (L1-3 and S1-3)
632 and chromosomal complement (B and D). Allelic means represented by dashed lines.

633

634

635

636

637

638

639

640

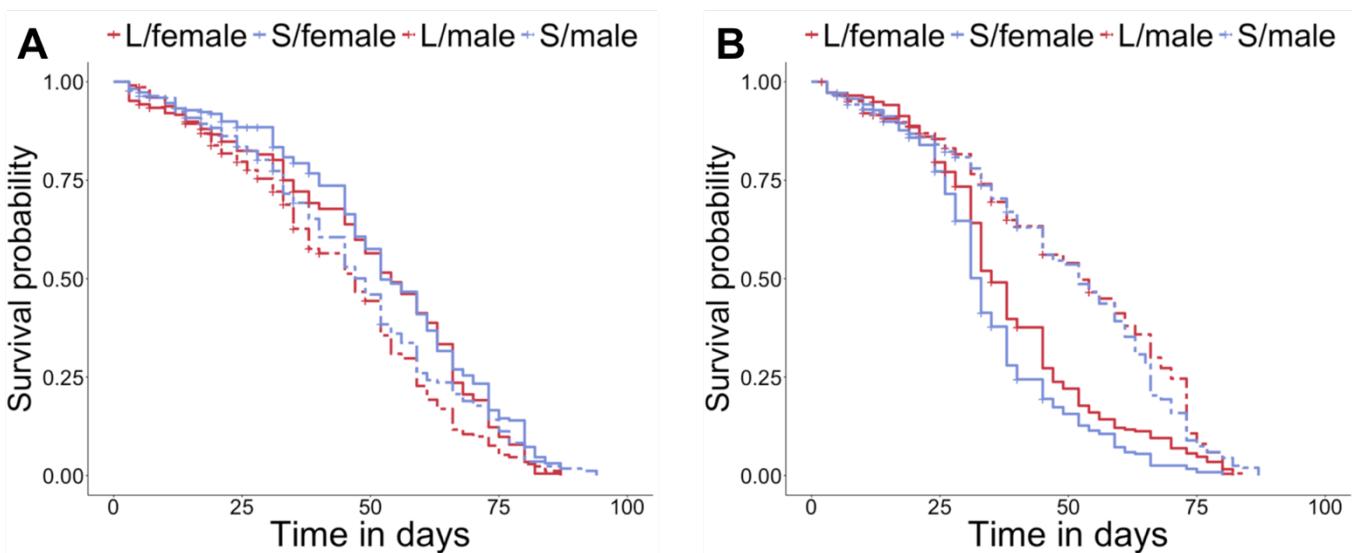
641

642

643

644

645



646

647 **Figure 4.** Kaplan-Meier survival curves of flies carrying the D complement (**A**) and B
648 complement (**B**). Lines represent *fru* allele (L or S, red and blue respectively) and sex cohorts
649 (male or female, dashed or solid lines respectively).

650

651

652

653

654

655

656

657

658

659

660

661

662

663

664

665

666

667

668 **Table 1.** Summary of the effects of *fru* alleles S and L on fitness components, in each sex and
669 for each chromosome complement. The table indicates instances where the S allele or the L
670 allele resulted in significantly greater fitness ($S > L$ and $S < L$ with green and red shading,
671 respectively) and those where no statistically significant difference was observed ($S = L$,
672 yellow shading). NA denotes cases where a trait could not be measured).

673

	B ♂	B ♀	D ♂	D ♀
Female fitness	NA	S > L	NA	S > L
Male fitness	S = L	NA	S > L	NA
Larval survival	S < L	S < L	S < L	S < L
Development time	S = L	S = L	S = L	S = L
Lifespan	S = L	S < L	S = L	S = L