

1 *Npas4a* Expression in Fear Learning

2 Title: *Npas4a* expression in the teleost forebrain is associated with stress coping style differences  
3 in fear learning

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24 **Significance Statement:**

25 Learning to predict and cope with potentially dangerous environments is an adaptive survival  
26 response. Proactive and reactive stress coping styles represent alternative strategies for coping  
27 with stress and differ in a number of behavioral contexts, including learning and memory. We  
28 show that reactive zebrafish display stronger conditioned fear responses to an olfactory alarm  
29 cue, with associated higher expression of a neuroplasticity-related gene, *npas4a*, in the medial  
30 and lateral zones of the dorsal telencephalon, and the supracommissural nucleus of the ventral  
31 telencephalon. Our study suggests that *npas4a*-dependent plasticity in the teleost forebrain is  
32 important for individual variation in fear learning. More broadly, plasticity in these associative  
33 limbic regions may regulate alternative stress coping styles and constrain behavioral variation  
34 across a number of behavioral contexts.

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### 44 Abstract

45 Learning to anticipate potentially dangerous contexts is an adaptive behavioral response to  
46 coping with stressors. An animal's stress coping style (e.g. proactive-reactive axis) is known to  
47 influence how it encodes salient events. However, the neural and molecular mechanisms  
48 underlying these stress coping style differences in learning are unknown. Further, while a  
49 number of neuroplasticity-related genes have been associated with alternative stress coping  
50 styles, it is unclear if these genes may bias the development of conditioned behavioral responses  
51 to stressful stimuli, and if so, which brain regions are involved. Here, we trained adult zebrafish  
52 to associate a naturally aversive olfactory cue with a given context. Next, we investigated if  
53 expression of two neural plasticity and neurotransmission-related genes (*npas4a* and *gabbr1a*)  
54 were associated with the contextual fear conditioning differences between proactive and reactive  
55 stress coping styles. Reactive zebrafish developed a stronger conditioned fear response and  
56 showed significantly higher *npas4a* expression in the medial and lateral zones of the dorsal  
57 telencephalon (Dm, Dl), and the supracommissural nucleus of the ventral telencephalon (Vs).  
58 Our findings suggest that the magnitude of expression of activity-dependent genes like *npas4a*  
59 may be differentially expressed across several interconnected forebrain regions in response to  
60 fearful stimuli and promote biases in fear learning among different stress coping styles.

61 **Keywords:** stress coping style, animal personality, fear learning, *npas4*, alarm substance,  
62 zebrafish

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### 66 Introduction

67 Animals frequently must overcome stressors and the ability to encode and recall these  
68 salient experiences is essential to an individual's survival. Within individuals, behavioral and  
69 physiological responses to stressors often co-vary, belonging to correlated suites of traits that are  
70 consistent across contexts and time(1–4) (i.e. animal personality, stress coping styles; bold-shy  
71 axis, proactive-reactive axis). In addition to boldness, aggression, and stress physiology, studies  
72 demonstrate that proactive and reactive individuals also differ in learning and memory  
73 processes(5–9). The more risk-prone proactive individuals tend to show faster acquisition of  
74 memories that require higher levels of activity, or paradigms with positive and rewarding  
75 valence(10–16). In contrast, the risk-averse reactive individuals tend to show faster acquisition of  
76 aversive paradigms that require avoidance or reduced levels of activity(17–19). Despite these  
77 findings, the neuromolecular mechanisms and regional brain activity underlying these stress  
78 coping style differences in learning are not well understood.

79 Recent work has suggested that neural plasticity and neurogenesis may be key  
80 mechanisms underlying divergent proactive-reactive responses to stress, but whether these  
81 processes are associated with differences in learning and memory is not understood (20, 21).  
82 While previous studies have characterized the whole-brain transcriptome of proactive and  
83 reactive individuals at baseline, the contribution of specific neural plasticity- and synaptic  
84 transmission-related candidate genes and their spatial expression patterns have yet to be  
85 examined during a learning and memory task (22, 23). Two particularly interesting candidate  
86 genes, *npas4* and *gabbr1* (*npas4a* and *gabbr1a* in teleosts) are essential in regulating neuronal  
87 excitability and molecular processes related to learning and memory such as long-term  
88 potentiation (24–26). *npas4* is an immediate early gene transcription factor that is predominantly

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89 expressed in the brain and enriched in the limbic regions. It is expressed through calcium  
90 signaling and is thought to induce primarily GABAergic inhibitory synapses in response to  
91 excitation and play an important role in homeostatic plasticity(25). *gabbr1* codes for a  
92 metabotropic GABA B receptor, which has also been shown to play an important role reducing  
93 neuronal excitability through G-protein signaling-dependent slow, long lasting hyperpolarization  
94 of postsynaptic cells. Further, deletion or altered expression of both of these genes has been  
95 shown to cause abnormal synaptic plasticity, neurogenesis, and impaired learning and memory  
96 abilities(27–29). Both of these genes were found to have significantly upregulated whole-brain  
97 expression at baseline in selectively-bred reactive zebrafish, which separately showed faster  
98 acquisition of a contextual conditioned fear response towards an aversive olfactory alarm cue  
99 (alarm substance)(22, 30). However, it is unknown if expression of these genes in specific brain  
100 regions are more directly associated with proactive-reactive differences in fear learning.

101 The basic neural substrates of fear learning have been well characterized, and are  
102 promising candidate sites where neural plasticity-related processes may regulate variation in fear  
103 learning capabilities. Traditionally, the basolateral amygdala is at the center of the fear system,  
104 with the hippocampus providing relevant associative information to allow for context-specific  
105 defensive responses fearful stimuli(31). More recently other brain regions such as the bed  
106 nucleus of the stria terminalis (BNST), lateral septum (LS), and striatum have attracted greater  
107 interest due to their functional and structural connections with the hippocampal/amygdala  
108 affective forebrain, and their output to structures essential for behavioral and physiological  
109 responses to potential threats. The majority of this circuitry has been characterized in rodent  
110 models, with putatively homologous structures identified in the teleost forebrain which have also  
111 been shown to be critical for contextual fear learning and adaptive responses to stress(32–35).

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113         Here, we trained proactive and reactive zebrafish to associate alarm substance exposure  
114         with a context in one training trial, followed by a second assessment trial in the absence of the  
115         alarm substance. We then quantified *npas4a* and *gabbr1a* forebrain expression to investigate  
116         their potential link with differences in conditioned fear responses between alternative stress  
117         coping styles. We predict that an increased conditioned fear response in reactive zebrafish will  
118         be associated with increased expression of neural plasticity-related genes in the dorsal and  
119         medial portions of the dorsal telencephalon (Dm, Dl) and the dorsal, ventral, and  
120         supracommissural portions of the ventral telencephalon (Vd, Vv, Vs), putative homologues of the  
121         mammalian basolateral amygdala, hippocampus, striatum, lateral septum, and bed nucleus of the  
122         stria terminalis, respectively(32–35).

## 123         **Methods**

### 124         *Subjects*

125         Zebrafish are utilized in a variety of laboratory studies to understand the neural, genetic,  
126         and pharmacological mechanisms of learning and memory(36–38). Both wild and laboratory  
127         strains of zebrafish display the proactive and reactive stress coping styles, which have distinct  
128         genetic architectures and neuroendocrine responses (22, 23, 39). Here we used the high-  
129         stationary behavior (HSB; reactive) and low-stationary behavior (LSB; proactive) zebrafish  
130         strains to study the association between *npas4a* and *gabbr1a* expression and fear learning  
131         differences between proactive and reactive stress coping styles. Starting from wild-caught  
132         zebrafish, the HSB and LSB strains were generated and are maintained by artificial selection for  
133         opposing amounts of stationary behavior to a novelty stressor(40). The HSB and LSB strains

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134 show contrasting behavior, physiology, morphology, and neuromolecular profiles consistent with  
135 the reactive and proactive coping styles, respectively(22, 40–44). Additionally, these divergent  
136 behavioral profiles between the strains are consistent across contexts and over time and have  
137 high repeatability (40, 45, 46). During testing, fish were individually housed in 3-liter tanks on a  
138 recirculating water system (Pentair Aquatic Eco-Systems) using UV and solid filtration on a  
139 14:10 L/D cycle at a temperature of 27° C. Fish were fed twice a day with Tetramin Tropical  
140 Flakes (Tetra, USA).

### *141 Alarm Substance*

142 We created a single batch of alarm substance as previously described(30). In brief, 20  
143 randomly selected donor fish (wild type) were euthanized by rapid chilling followed by light  
144 abrasion of lateral skin cells on one side of each donor fish, ensuring that no blood was drawn.  
145 Donor bodies were then individually soaked in 10 mL of DI water for 10 minutes. A total of 200  
146 mL was filtered, diluted in half, and stored in aliquots at -20° C until use. All procedures were  
147 approved by the Institutional Animal Care and Use Committee of University of Nebraska at  
148 Omaha/University of Nebraska Medical Center (17-070-00-FC, 17-064-08-FC).

### *149 Contextual Fear Learning*

150 To test learning, we utilized a validated contextual fear conditioning paradigm (30).  
151 Briefly, zebrafish were tested individually in a 16 x 16 x 10 cm arena filled with 1.4 L of system  
152 water. The arena was surrounded by opaque white plastic on the bottom and sides to serve as the  
153 contextual stimulus. Animals were removed from group housing and placed into individual  
154 housing 72 hours prior to the training session. Each learning trial was 15 minutes long and was  
155 divided into three subsections. Fish acclimated to the chamber for the first five minutes, followed

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156 by five minutes of recording pre-exposure behavior (conditioned fear response for second trial).  
157 After these 10 minutes, 1 mL of alarm substance (AS) or distilled water (DI) was administered  
158 into the water through plastic tubing that came from outside of the testing arena. Following alarm  
159 substance exposure, the unconditioned fear response was recorded for five minutes. Between  
160 trials, fish were placed back into their individual housing, the testing arenas were rinsed out, and  
161 were refilled with 1.4 L of fresh system water. Fish underwent two training trials with 30  
162 minutes between trials. The second training trial was stopped after the second five minute block  
163 (conditioned response). Fish immediately had their forebrains removed or were decapitated and  
164 frozen on dry ice and stored at -80°C for qPCR and ISH, respectively. We selected the second  
165 trial for gene expression analyses because we previously showed that out of four training trials,  
166 the second trial was both the earliest trial and one that resulted in the most prominent proactive-  
167 reactive behavioral differences during fear conditioning before both lines achieved similar  
168 conditioned responses. These differences during training were also associated with stronger fear  
169 memory recall 96h following training (30).

170 Total sample sizes consisted of 46 LSB (N = 28 males, 18 females) and 46 HSB (N = 28  
171 males, 18 females) individuals. Of this total, we used 10 HSB individuals (N = 5 AS, 5 DI, all  
172 males) and 10 LSB individuals (N = 5 AS, 5 DI, all males) for qRT-PCR analysis. We used the  
173 remaining fish for ISH analysis. A total of 12 LSB (N = 6 males, 6 females) and 12 HSB (N = 6  
174 males, 6 females) individuals received alarm substance CS-US reinforcements as the  
175 experimental group. For the DI water control group, we used 12 HSB (N = 6 males, 6 females)  
176 and 12 LSB (N = 6 males, 6 females) fish. To control for possible effects of the paradigm and  
177 handling, independent of treatment group, 12 HSB (N = 6 males, 6 females) and 12 LSB (N = 6

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178 males, 6 females) were habituated to the same single housing as other groups, but did not  
179 undergo behavioral testing.

180 *Behavioral Analysis*

181 All trials were video-recorded from above and later analyzed with Noldus Ethovision XT  
182 (Noldus XT, Wageningen, Netherlands). For each trial, we quantified freezing time as an  
183 indicator of the conditioned response. We examined freezing because it is one of the most  
184 consistent and conserved behaviors used to assess stress-related behaviors and fear learning and  
185 memory(47). Additionally, freezing was the most reliable indicator of proactive-reactive  
186 differences in contextual fear conditioning in our prior study(30). The subject was considered  
187 frozen if it moved less than 0.5 cm/s.

188 *qRT-PCR*

189 Preparation, execution, and analysis of the qRT-PCR of forebrain *npas4a* and *gabbr1a*  
190 expression followed previously established methods(42, 43). Gene expression was normalized to  
191 an endogenous housekeeping gene, *ef1a*, which has shown to be stable across sex, age, and  
192 chemical treatment in zebrafish(48). See the supplemental methods for detailed parameters.

193 *ISH*

194 Brain samples were sectioned on a cryostat at 16  $\mu$ m onto four serial series. Tissue  
195 fixation parameters, probe synthesis, and ISH conditions were based on established protocols(49,  
196 50). We used digoxigenin (DIG)-labeled probes for *Npas4a* and *Gabbr1a* genes. All individuals  
197 were processed simultaneously (one gene at a time) to avoid any potential colorimetric  
198 development differences across individuals due to batch effects. Riboprobes showed specific  
199 binding with high expression using the antisense probe, proportionally reduced expression in the

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200 1:25 cold-competitor condition, and no expression in the sense and no probe conditions (Figure  
201 S1). See supplemental methods for detailed parameters.

202 *Brain Region Analysis*

203 Brain section images were captured at 4X using a Nikon Eclipse monochrome camera  
204 (Qi2). For each brain region, we used Nikon NIS Elements Version 4.6 software to measure a  
205 standardized rectangular box within the borders of each brain region and measured the mean  
206 intensity of *npas4a* and *gabbr1a* expression within the box. The researcher (M.R.B.) was blinded  
207 to the treatment and strain conditions when collecting and analyzing images. We quantified gene  
208 expression by measuring optical density (OD) of the digoxigenin labeled probes, an established  
209 semi-quantitative measure of gene expression in other systems(49). For each slide, we  
210 normalized the mean intensity of all measures to the background (mean intensity of slide area not  
211 containing tissue), which produced a fractional transmittance value for each brain region in each  
212 section. Fractional transmittance was mathematically converted to optical density by the equation  
213  $OD = 2 - \log(\text{fractional transmittance})$ . See supplemental methods for additional details.

214 *Statistics*

215 All statistics were performed using SPSS software (Version 24). To analyze freezing  
216 behavior we used a repeated measures two-way ANOVA with strain and treatment group as  
217 between-subjects factors. For analyzing qRT-PCR gene expression we used a multivariate  
218 general linear model (GLM) with normalized *npas4a* and *gabbr1a* expression as dependent  
219 variables, and strain and treatment as between-subject factors. For analysis of ISH OD  
220 measurements we used a multivariate GLM with the OD of the five brain regions as dependent  
221 variables and strain and treatment group as between-subjects factors. There were not any effects

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222 of sex on learning and memory in a previous nor the current study (3-way repeated measures  
223 ANOVA:  $F_{\text{sex} \times \text{trial}} = 0.40$   $p = .531$ ;  $F_{\text{sex}} = 0.57$   $p = .456$ ), so we removed sex as a variable to  
224 simplify the model(30). Individual groups were compared with simple effects testing. To account  
225 for multiple comparisons we applied the Benjamini-Hochberg correction to determine  
226 significance(51). For all significant differences ( $p < 0.05$ ) we also report the effect sizes  
227 (Cohen's d (d) for t-tests and partial eta-squared ( $\eta^2$ ) for ANOVAs (52). All effect sizes were  
228 medium or large effects(52–54).

## 229 **Results**

### 230 *Contextual Fear Learning*

231 In the conditioned fear response period during acquisition testing, there was a significant  
232 trial\*treatment group interaction effect for freezing ( $F_{1, 64} = 54.86$ ,  $p = 3.59 \times 10^{-10}$ ,  $\eta^2 = .46$ ). The  
233 alarm substance group showed increased freezing between trials at a faster rate than the DI  
234 control group (Figure 1). Additionally, there was a significant trial\*strain\*treatment group  
235 interaction ( $F_{1, 64} = 5.88$ ,  $p = .018$ ,  $\eta^2 = .08$ ) where treated HSB fish increased freezing behavior  
236 at a faster rate than LSB fish. HSB fish exposed to alarm substance froze significantly more than  
237 LSB fish at trial two ( $t(32) = 4.23$ ,  $p = 1.81 \times 10^{-4}$ ,  $d = 1.45$ ), but was not significant at trial one  
238 ( $t(32) = 1.05$ ,  $p = .303$ ). Full model results are presented in Table S2.

### 239 *qRT-PCR*

240 There was a significant effect of strain on both *npas4a* ( $F_{1, 16} = 11.72$ ,  $p = .003$ ,  $\eta^2 = .42$ )  
241 and *gabbr1a* ( $F_{1, 16} = 7.29$ ,  $p = .016$ ,  $\eta^2 = .31$ ) forebrain expression. There was a significant  
242 effect of treatment for *npas4a* ( $F_{1, 16} = 11.72$ ,  $p = .003$ ,  $\eta^2 = .42$ ), but not *gabbr1a* ( $F_{1, 16} = 4.30$ ,  $p$   
243 = .055) expression. Full model results are presented in Table S3. In HSB fish, *npas4a* gene

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244 expression was significantly higher in the AS group compared to the DI group ( $p = .003$ ,  $d =$   
245 2.34; Figure S2). There were no effects of treatment on *npas4a* expression in LSB fish ( $p = .918$ ).

246 *In situ Hybridization*

247 *Treatment Effects on npas4a OD*

248 There was a significant effect of treatment condition on *npas4a* OD in the Dm ( $F_{2,66} =$   
249 6.20,  $p = .003$ ,  $\eta^2 = .16$ ), Dl ( $F_{2,66} = 7.13$ ,  $p = .002$ ,  $\eta^2 = .18$ ), Vv ( $F_{2,66} = 3.38$ ,  $p = .040$ ,  $\eta^2 =$   
250 .09), and Vs ( $F_{2,66} = 3.93$ ,  $p = .024$ ,  $\eta^2 = .11$ ). In the Dm, *npas4a* OD was significantly lower in  
251 DI water treatment group compared to both the baseline ( $p = .030$ ,  $d = 0.67$ ) and alarm substance  
252 group ( $p = .003$ ,  $d = 1.04$ ; Figure 2A). In the Dl, *npas4a* OD was significantly higher in the AS  
253 group compared to both the baseline ( $p = .042$ ,  $d = 0.63$ ) and DI water treatment group ( $p = .003$ ,  
254  $d = 1.05$ ; Figure 2B). In the Vv, the AS group initially had a significantly higher OD compared  
255 to the baseline ( $p = .048$ ,  $d = 0.59$ ) and DI groups ( $p = .018$ ,  $d = 0.71$ ), however this was not  
256 significant after BH correction ( $p = .072$ ,  $.054$  respectively; Figure S3). In the Vs, *npas4a* OD  
257 was significantly lower in the DI group compared to both the baseline ( $p = .039$ ,  $d = 0.62$ ) and AS  
258 treatment group ( $p = .033$ ,  $d = 0.74$ ; Figure 2C). In the Vd, *npas4a* OD was significantly higher in  
259 the AS group compared to the DI group for LSB fish only ( $p = .002$ ,  $d = 1.00$ ; Figure S3).

260 *Strain Effects on Npas4a OD*

261 There was a significant main effect of strain on the OD of *npas4a* in the Dm ( $F_{1,66} =$   
262 7.66,  $p = .007$ ,  $\eta^2 = .10$ ), Dl ( $F_{1,66} = 8.82$ ,  $p = .004$ ,  $\eta^2 = .12$ ), and Vv ( $F_{1,66} = 5.16$ ,  $p = .026$ ,  
263  $\eta^2 = .07$ ). HSB fish overall had higher OD of *npas4a* in each of the three brain regions.  
264 Additionally, HSB fish exposed to AS had significantly higher *npas4a* OD compared to LSB fish

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265 exposed to AS in the Dm ( $p = .001$ ,  $d = 1.25$ ), Dl ( $p = .001$ ,  $d = 1.65$ ), and Vs ( $p = .039$ ,  $d = 0.65$ ;  
266 Figures 2A-C). Full model results are presented in Table S4.

#### 267 *Strain Specific Treatment Effects on gabbr1a OD*

268 For *gabbr1a* OD, there were significant strain\*treatment group interaction effects in the  
269 Dm ( $F_{1, 66} = 3.31$ ,  $p = .043$ ,  $\eta^2 = .09$ ), Vv ( $F_{1, 66} = 7.70$ ,  $p = .001$ ,  $\eta^2 = .19$ ), Vd ( $F_{1, 66} = 6.95$ ,  $p =$   
270  $.002$ ,  $\eta^2 = .17$ ), and Vs ( $F_{1, 66} = 3.89$ ,  $p = .025$ ,  $\eta^2 = .11$ ). For each of those regions, there were no  
271 significant differences between any treatment groups for HSB fish. However, for LSB fish the DI  
272 group had significantly lower *gabbr1a* OD compared to the BL ( $p = .003$ ,  $d = 1.37$ ) and AS ( $p$   
273  $= .024$ ,  $d = 1.00$ ) groups in the Dm, BL ( $p = .023$ ,  $d = 1.02$ ) and AS ( $p = .003$ ,  $d = 1.60$ ) groups in  
274 the Vv, and the BL ( $p = .015$ ,  $d = 1.06$ ) and AS ( $p = .003$ ,  $d = 1.37$ ) groups in the Vd (Figure S4).  
275 The BL group had a significantly higher *gabbr1a* OD compared to the DI ( $p = .003$ ,  $d = 1.71$ ) and  
276 AS ( $p = .030$ ,  $d = 0.99$ ) groups in the Vs. Full model results are presented in Table S5.

#### 277 **Discussion**

278 Expression of neural plasticity-related genes (e.g. *npas4*, *gabbr1a*) has been broadly  
279 implicated as a key process underlying alternative stress coping styles, but has not been  
280 investigated related to proactive-reactive differences in learning and memory (20–22, 26, 27, 55,  
281 56). Consistent with previous findings, we found that reactive (HSB) zebrafish showed an  
282 increased conditioned fear response relative to proactive (LSB) individuals (Figure 1)(30).  
283 Further, we found that *npas4a* expression was significantly higher in several key forebrain  
284 regions of reactive zebrafish. Altogether, our findings suggest that *npas4a* plays a similar role in  
285 learning and memory as its mammalian homolog, and may be an important regulator of  
286 proactive-reactive differences in learning and memory.

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287 ISH analysis showed that *npas4a* expression was significantly higher in reactive fish in  
288 the Dm, Dl, and Vs (Figures 2A-C). The Dm (BLA), Dl (HIP), and Vs (BNST) are key sites of  
289 experience-dependent plasticity and integral to fear learning and memory across species(32–35).  
290 Similar to rodents, lesioning the teleost Dm and Dl impairs the formation of new fear and  
291 contextual memories (33, 57–59). Our findings suggest that *npas4a*-dependent plasticity within  
292 these brain regions may be a key underlying mechanism regulating differences in fear learning  
293 and memory capabilities between stress coping styles. In a prior study using the same  
294 conditioning paradigm, we showed that reactive zebrafish acquired a conditioned fear response  
295 faster than proactive zebrafish (cite). The higher activity-dependent expression of *npas4a* in  
296 reactive individuals observed in this study may promote higher levels of neural plasticity,  
297 resulting in salient and fearful experiences to be encoded into memory more quickly(28, 60). We  
298 predict that *npas4a* knockout experiments would produce similar learning and memory deficits  
299 as in rodents, and are needed to establish a direct causal role in zebrafish. More recently, specific  
300 glutamatergic populations of Dm cells have been shown to be required for fear conditioning (32).  
301 Our study is not able to distinguish between cell types expressing *npas4a* and would be needed  
302 to better characterize the specific circuits regulating proactive-reactive differences in learning. In  
303 selectively bred proactive and reactive trout, these telencephalic forebrain regions have also been  
304 shown to display differing monoaminergic and cortisol responses to acute stress(61, 62). This  
305 suggests that higher expression of *npas4a* in these brain regions may play important roles in  
306 constraining variation across a number of behavioral contexts.

307 While the BNST has been shown to be important for aversive learning in rodents(63, 64),  
308 the function of the Vs and specifically of *npas4a* expression in the Vs is not well understood in  
309 regards to learning and memory. We found that similar to the Dm and Dl, *npas4a* expression

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310 within the Vs is likely important for fear learning, and is associated with differences between  
311 proactive and reactive stress coping styles. Supporting this, a previous study found that increased  
312 activity and *npas4* expression in a population of corticotropin-releasing factor neurons in the  
313 BNST was associated with increased stress resiliency and prevention of a post-traumatic stress  
314 disorder-like phenotype in rodents(65). This suggests that *npas4a* expression in the Vs may play  
315 an important role in how individuals experience and cope with stress differently. Interestingly,  
316 the Vs has been shown to have connections with both the Dm and Dl, and to the hypothalamus  
317 and other brainstem areas that are essential for eliciting behavioral and endocrine stress  
318 responses. While this study only assessed gene expression across select forebrain structures,  
319 future studies should investigate other downstream structures and consider the role of  
320 glucocorticoids and the hypothalamus-pituitary-adrenal axis (hypothalamus-pituitary-interrenal  
321 in teleosts). This is particularly promising as glucocorticoid differences have been well-  
322 characterized between proactive and reactive stress coping styles(3, 66–68), though to a lesser  
323 extent related to learning and memory.

324 The DI treatment groups showed significantly lower *npas4a* expression compared to the  
325 AS treatment group in the Dm, Dl, and Vs (Figure 2a, 2c). This suggests *npas4a* is expressed in a  
326 treatment-specific manner associated with the learned conditioned fear response in the AS group.  
327 Unexpectedly, *npas4a* expression in the DI group was significantly lower than the BL group in  
328 the Dm and Vs. Other studies have found that acute injection of corticosterone or chronic  
329 restraint and social isolation stressors can decrease *npas4* expression in the rodent prefrontal  
330 cortex and hippocampus and lead to a variety of behavioral deficits including learning and  
331 memory(69–71). It is unclear whether this decrease in expression is maladaptive, or whether it is  
332 an adaptive homeostatic response to stress(72). It is unlikely that our results can be explained by

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333 physical isolation, as the baseline group was also socially isolated for the same duration.  
334 However, it is possible that handling stress could explain the reduction in *npas4a* expression for  
335 the DI group.

336 While qRT-PCR findings showed strain effects in *gabbr1a* expression, there were no  
337 strain differences in any of the analyzed brain regions for the ISH analysis. This suggests that the  
338 strain differences in forebrain *gabbr1a* expression are driven by other brain regions not  
339 investigated in this study. Therefore, *gabbr1a* expression within the Dm, Dl, Vv, Vs, and Vd  
340 does not appear to be associated with development of a conditioned fear response. Other studies  
341 have suggested that GABAergic signaling may be more important for consolidation,  
342 reconsolidation, or extinction of fear memories(73). Future studies should assess how GABA B  
343 receptor expression may influence other phases of fear conditioning, or other paradigms using  
344 positive reinforcement.

345 Learning to predict and cope with potentially dangerous environments is essential to an  
346 individual's survival. Proactive and reactive stress coping styles represent alternative strategies  
347 for coping with stress and differ in a number of behavioral contexts, including learning and  
348 memory. Our study suggests that brain-region specific expression patterns of *npas4a* may  
349 underlie differences in fear learning between proactive and reactive stress coping styles. These  
350 findings advance our understanding of the neuromolecular mechanisms underlying stress-coping  
351 style differences in cognition and highlight neuroplasticity's key role in regulating alternative  
352 adaptive behavioral responses to stress. Additionally, as proactive and reactive individuals share  
353 potentially conserved mechanisms underlying other stress coping behaviors, this suggests that  
354 these brain regions may also constrain behavioral variation in a number of disparate contexts.

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### *Npas4a* Expression in Fear Learning

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### 360 **Declarations**

361 - The manuscript has been reviewed and approved by all listed authors for publication.  
362 - All procedures were approved by the Institutional Animal Care and Use Committee of  
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371 - MRB and RYW conceived and designed the experiments, and wrote the manuscript. MRB  
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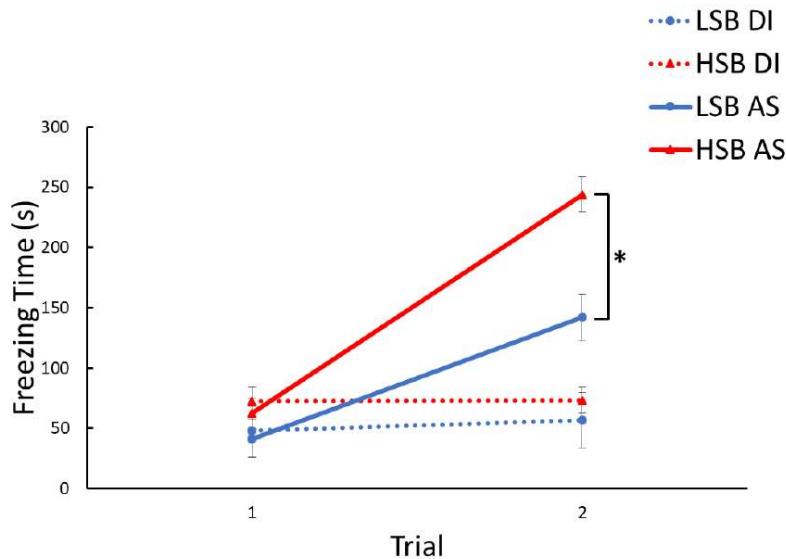
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565 **Figures**



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567 **Figure 1.** Acquisition of fear memory over two training trials. Freezing time was measured for  
568 high stationary behavior (HSB) and low stationary behavior (LSB) fish exposed to distilled water  
569 (DI) or alarm substance (AS). Points represent mean  $\pm$  1 standard error. \* indicates  $p < .05$  for  
570 within-treatment group comparison

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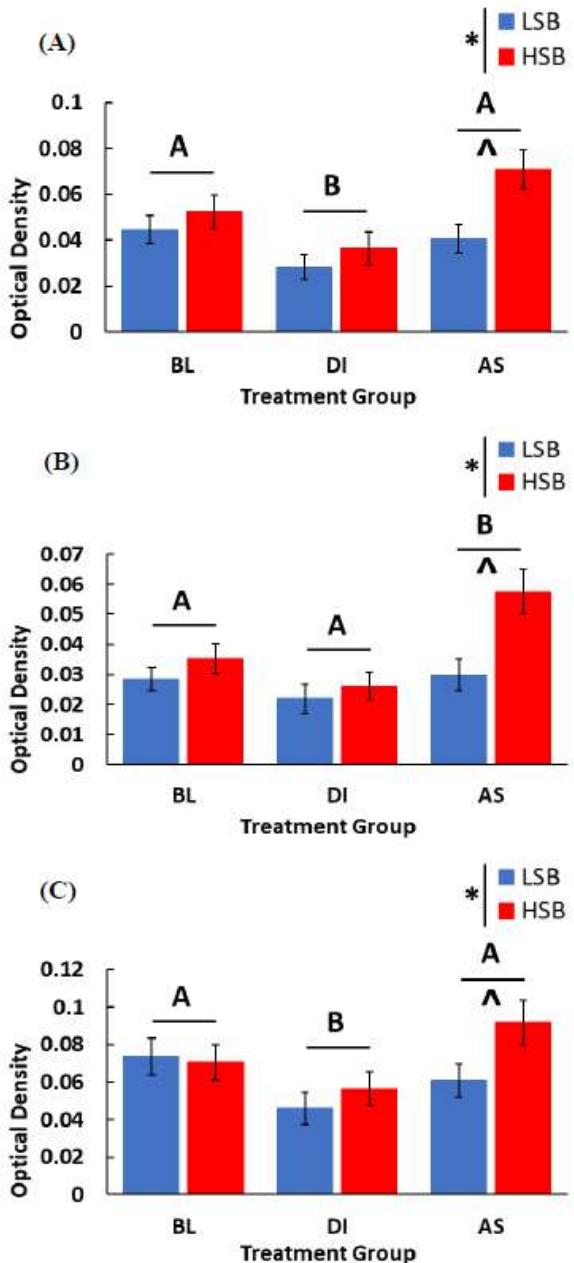
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586 **Figure 2.** Expression of *npas4a* in the Dm (A), Dl (B), and Vs (C). We measured expression of  
587 high stationary behavior (HSB) and low stationary behavior (LSB) fish at baseline (BL) or  
588 exposed to either alarm substance (AS) or distilled water (DI) during training. Bars represent  
589 mean  $\pm 1$  SE. Bars labeled with different letters indicate  $p < .05$ . \* indicates a significant strain  
590 main effect. ^ indicates a significant within-treatment group strain difference.

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594 **Supplementary Information**

595 **Methods**

596 *qRT-PCR*

597 We homogenized the tissue in Tri reagent (Sigma) and zirconium oxide beads in a Bullet  
598 Blender (NextAdvance) and extracted the RNA through column filtration (RNeasy Micro Plus  
599 Kit, Qiagen). RNA was subsequently converted to cDNA (Superscript IV First-Strand Synthesis  
600 System, Invitrogen) and purified (Millipore Amicon Ultra -0.5 mL 30 K Centrifugal Filters  
601 Devices). We ran qRT-PCR reactions on a QuantStudio 7 Flex Real-Time PCR system (Applied  
602 Biosystems) using PowerUp SYBR Green Master Mix (Applied Biosystems). A 131 base pair  
603 *npas4a* amplicon was created using 5'-CACCTCGGACACTCAATGGT-3' (F) and 5'-  
604 ACAAGCGATCTGTGTCAGGT-3' (R) as primers. A 198 base pair *gabbr1a* amplicon was  
605 created using 5'-CCCAGAGACGGAGGGATACG-3' (F) and 5'-  
606 CGGGCACATCATCAAGCATCT-3' (R) as primers. The parameters for both genes were as  
607 follows: 2 minutes at 50°C, 2 minutes at 95°C, followed by 40 cycles of 15 seconds of 95°C and  
608 1 minute of 60°C. Primer concentration was 5 pmole/μl for both genes.

609 *Tissue Section Processing*

610 All series were simultaneously post-fixed in cold 4% paraformaldehyde/PBS solution, washed in  
611 PBS and acetylated in 0.25% acetic anhydride/triethanolamine. Then, slides were washed in 2X  
612 standard saline citrate, dehydrated in increasing ethanol series and stored at -80 °C.

613 *Probe Synthesis*

614 To quantify *npas4a* and *gabbr1a* we used digoxigenin (DIG)-labeled RNA probes. A 402  
615 base pair *npas4a* DIG probe template was subcloned by using primer pair 5'-  
616 TTCTGTAGCGTCCAATCGGC -3' and 5' - ACTTCCACTCCCATCTTGCG -3'. The 390

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617 base pair *gabbr1a* probe template was subcloned by using primer pair 5'-  
618 AAGGATGAGCGCAATGTAGA -3' and 5'- CTGTTCCCTGAGTCAGTCCTC -3'. Riboprobes  
619 were generated using a 1:3 ratio of UTP and DIG-UTP (Roche). After probe synthesis, we  
620 removed unincorporated nucleotides via column filtration according to manufacturer's protocol  
621 (Megaclear, Ambion).

#### 622 *In situ Hybridization*

623 Slides were prehybridized with a solution containing 50% formamide, 5X SSC, 5X  
624 Denhardt's solution, 250 µg/ml yeast tRNA, and 500 µg/ml herring sperm DNA for 5 hours at  
625 60°C in a hybridization chamber containing chamber buffer solution (50% formamide, 2X SSC).  
626 Then we hybridized the slides overnight at 67°C with fresh prehybridization solution containing  
627 340 ng of *npas4a* antisense or 380 ng of *gabbr1a* riboprobe per slide. Following hybridization  
628 we performed two washes in 2X SSC at room temperature for *npas4a* (one wash in 2X SSC at  
629 60°C, one wash in 2X SSC at room temperature for *gabbr1a*), then RNase A treated the slides  
630 (0.5M NaCl, 10 mM Tris pH 8.0, 2.25 mM EDTA, 0.2 µg/ml RNase A), followed by  
631 increasingly stringent washes (2X, 1X, 0.5X, 0.25X SSC) and then a final wash in Buffer B1  
632 (100 mM Tris pH 7.5, 150 mM NaCl). Sections were then incubated overnight at 4°C with Anti-  
633 Digoxigenin AP antibody (Roche). After antibody incubation we washed sections twice in  
634 Buffer B1 and then blocked endogenous alkaline phosphatase activity with a 30 minute wash in  
635 Buffer B3 (100mM Tris pH 9.5, 100 mM NaCl, 50 mM MgCl<sub>2</sub>, 5 mM levamisole) in the dark.  
636 We used colorimetric detection using NBT/BCIP stock solution (Roche). The colorimetric  
637 reaction was stopped (80 minutes for *Npas4a* and 12 hours for *Gabbr1a*) by rinsing sections  
638 three times in ultrapure type 1 water and then progressively dehydrating sections in ethanol  
639 (25%, 50%, 70%, 95%).

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### 640 *Brain Region Analysis*

641 The light settings were set to the maximum, and two 1/16 filters were placed over the  
642 light source to keep consistency across days. The measuring box was always placed in the  
643 middle of the brain region on the dorsal-ventral plane, excluding the midline. We measured the  
644 mean intensity bilaterally if available, and averaged all of the intensities for each individual for  
645 each brain region. Depending on the size of the brain region, the number of sections averaged per  
646 individual ranged from two to six consecutive sections. Consecutive sections were 48  $\mu\text{m}$  apart.

647 The anterior commissure was identified as a landmark for each of the brain regions. We  
648 measured the Dm (13003.92  $\mu\text{m}^2$ ) and Dl (13003.92  $\mu\text{m}^2$ ) for 1-2 sections prior to and 3-4  
649 sections following the anterior commissure. We measured the Vv (9907.28  $\mu\text{m}^2$ ) and Vd  
650 (9907.28  $\mu\text{m}^2$ ) for 3-4 sections preceding the anterior commissure. We measured the Vs  
651 (9907.28  $\mu\text{m}^2$ ) for the slice containing the anterior commissure and 1-2 following it.

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661 **Tables**

662 **Table S1.** Brain region terminology, abbreviations, and putative tetrapod homologue regions.

Teleost Region	Abbreviation	Putative Tetrapod Homologue
Area dorsomedialis telencephali	Dm	Basolateral amygdala
Area dorsolateralis telencephali	Dl	Pallial hippocampus
Area ventroventralis telencephali	Vv	Lateral septum
Area dorsoventralis telencephali	Vd	Striatum
Ventralis supracommissuralis telencephali	Vs	Bed nucleus of the stria terminalis

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684 **Table S2.** Results of repeated measures GLM for the acquisition learning phase for freezing  
685 time.

Freezing Time	
	$F(p, \eta p^2)$
Within-Subjects Effects (df = 1, 64)	
Trial	<b>62.82</b> ( $4.36 \times 10^{-11}$ , .50)
Trial*Strain	3.89 (.053)
Trial*Treatment	<b>54.86</b> ( $3.59 \times 10^{-10}$ , .46)
Trial*Strain*Treatment	<b>5.88</b> (.018, .08)
Between Subjects Effects (df = 1, 64)	
Intercept	<b>179.53</b> ( $3.08 \times 10^{-20}$ , .74)
Strain	<b>8.92</b> (.004, .12)
Treatment	<b>18.78</b> ( $5.30 \times 10^{-5}$ , .23)
Strain*Treatment	2.18 (.144)

686 Bold text indicates  $p < 0.05$

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700 **Table S3.** Results of multivariate GLM for forebrain expression of *npas4a* and *gabbr1a* from  
701 qPCR.

	<i>npas4a</i>	<i>gabbr1a</i>
	$F_{(p, np^2)}$	$F_{(p, np^2)}$
Intercept	<b>393.93</b> $(1.08*10^{-12}, .96)$	<b>364.98</b> $(1.94*10^{-12}, .96)$
Strain	<b>11.72</b> $(.003, .42)$	<b>7.29</b> $(.016, .31)$
Treatment	<b>11.72</b> $(.003, .42)$	4.30 $(.055)$
Strain*Treatment	2.32 $(.147)$	3.88 $(.066)$

702 Bold text indicates  $p < 0.05$

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722 **Table S4.** Results of multivariate GLM of *npas4a* optical density across the five forebrain  
723 regions.

	Dm	Dl	Vv	Vd	Vs
	$F_{(p, \eta p^2)}$				
	<b>266.15</b> ( $4.36 \times 10^{-4}$ , .80)	<b>236.22</b> ( $4.36 \times 10^{-4}$ , .78)	<b>295.70</b> ( $4.36 \times 10^{-4}$ , .82)	<b>282.12</b> ( $4.36 \times 10^{-4}$ , .81)	<b>286.57</b> ( $4.36 \times 10^{-4}$ , .81)
Intercept					
Strain	<b>7.66 (.007, .10)</b>	<b>8.82 (.004, .12)</b>	<b>5.16 (.026, .07)</b>	0.77 (.383)	2.64 (.109)
Treatment	<b>6.20 (.003, .16)</b>	<b>7.13 (.002, .18)</b>	<b>3.38 (.040, .09)</b>	1.61 (.208)	<b>3.93 (.024, .11)</b>
Strain*Treatment	1.78 (.177)	3.02 (.055)	0.91 (.406)	<b>4.51 (.015, .12)</b>	1.59 (.212)

724 Bold text indicates  $p < 0.05$

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*Npas4a* Expression in Fear Learning

744 **Table S5.** Results of multivariate GLM of gabbr1a optical density across the five forebrain  
745 regions.

	Dm	Dl	Vv	Vd	Vs
	$F_{(p, \eta p^2)}$				
Intercept	<b>121.69</b> ( $1.27 \times 10^{-16}$ , .65)	<b>107.89</b> ( $1.61 \times 10^{-15}$ , .62)	<b>147.75</b> ( $1.68 \times 10^{-18}$ , .69)	<b>153.60</b> ( $6.87 \times 10^{-19}$ , .70)	<b>134.16</b> ( $1.49 \times 10^{-17}$ , .67)
Strain	0.44 (.509)	2.91 (.093)	0.166 (.685)	0.59 (.444)	0.12 (.736)
Treatment	<b>3.28 (.044, .09)</b>	2.69 (.076)	1.52 (.227)	0.91 (.410)	<b>5.88 (.004, .15)</b>
Strain*Treatment	<b>3.31 (.043, .09)</b>	1.51 (.229)	<b>7.70 (.001, .19)</b>	<b>6.95 (.002, .17)</b>	<b>3.89 (.025, .11)</b>

746 Bold text indicates  $p < 0.05$

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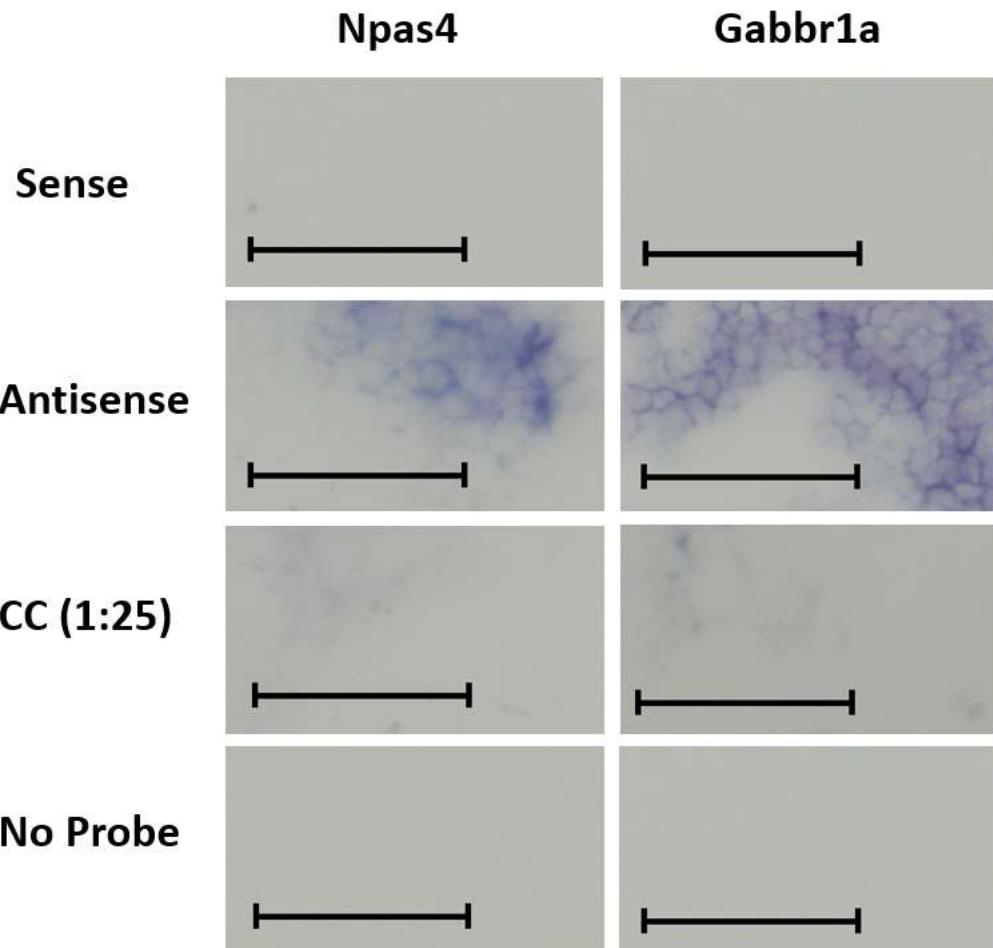
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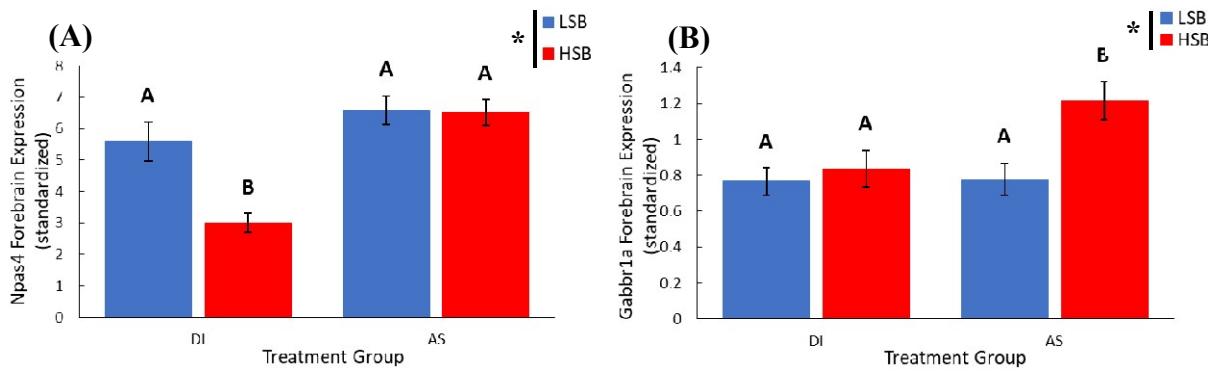
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*Npas4a* Expression in Fear Learning

766 **Figures**



## Npas4a Expression in Fear Learning



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781 **Figure S2.** *npas4a* (A) and *gabbr1a* (B) forebrain expression standardized to *efl1a*. We measured  
782 expression of high stationary behavior (HSB) and low stationary behavior (LSB) fish that were  
783 exposed to either alarm substance (AS) or distilled water (DI) during training. Bars represent  
784 mean  $\pm 1$  SE. Bars labeled with different letters indicate  $p < .05$ . \* indicates a significant strain  
785 main effect.

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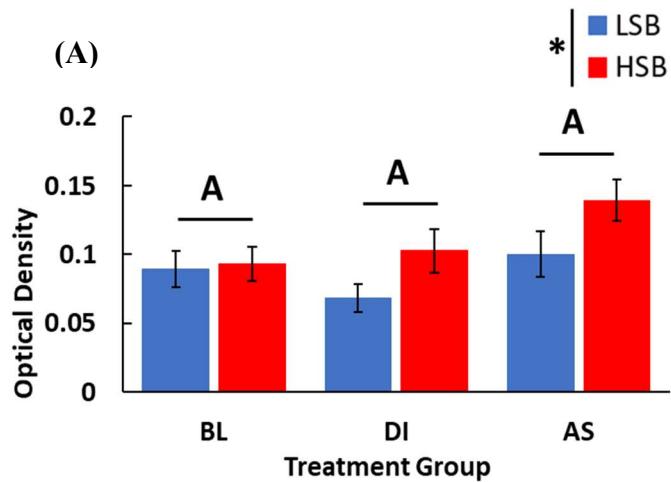
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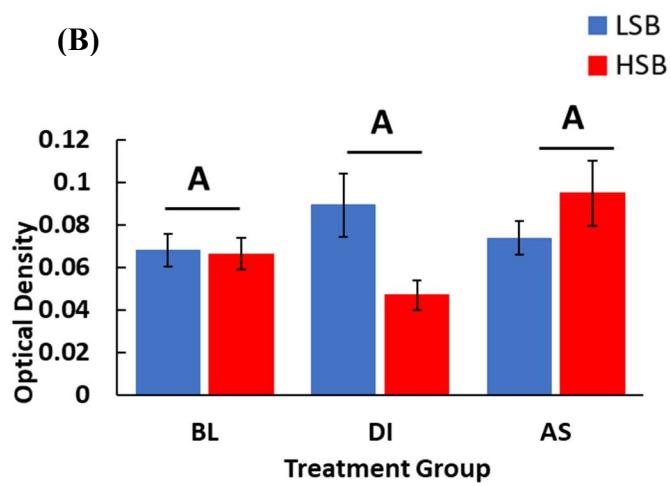
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Npas4a Expression in Fear Learning



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800 **Figure S3.** Expression of *npas4a* in the Vv (A) and Vd (B). We measured expression of high  
801 stationary behavior (HSB) and low stationary behavior (LSB) fish at baseline (BL) or exposed to  
802 either alarm substance (AS) or distilled water (DI) during training. Bars represent mean  $\pm$  1 SE.  
803 Bars labeled with different letters indicate  $p < .05$ . \* indicates a significant strain main effect.

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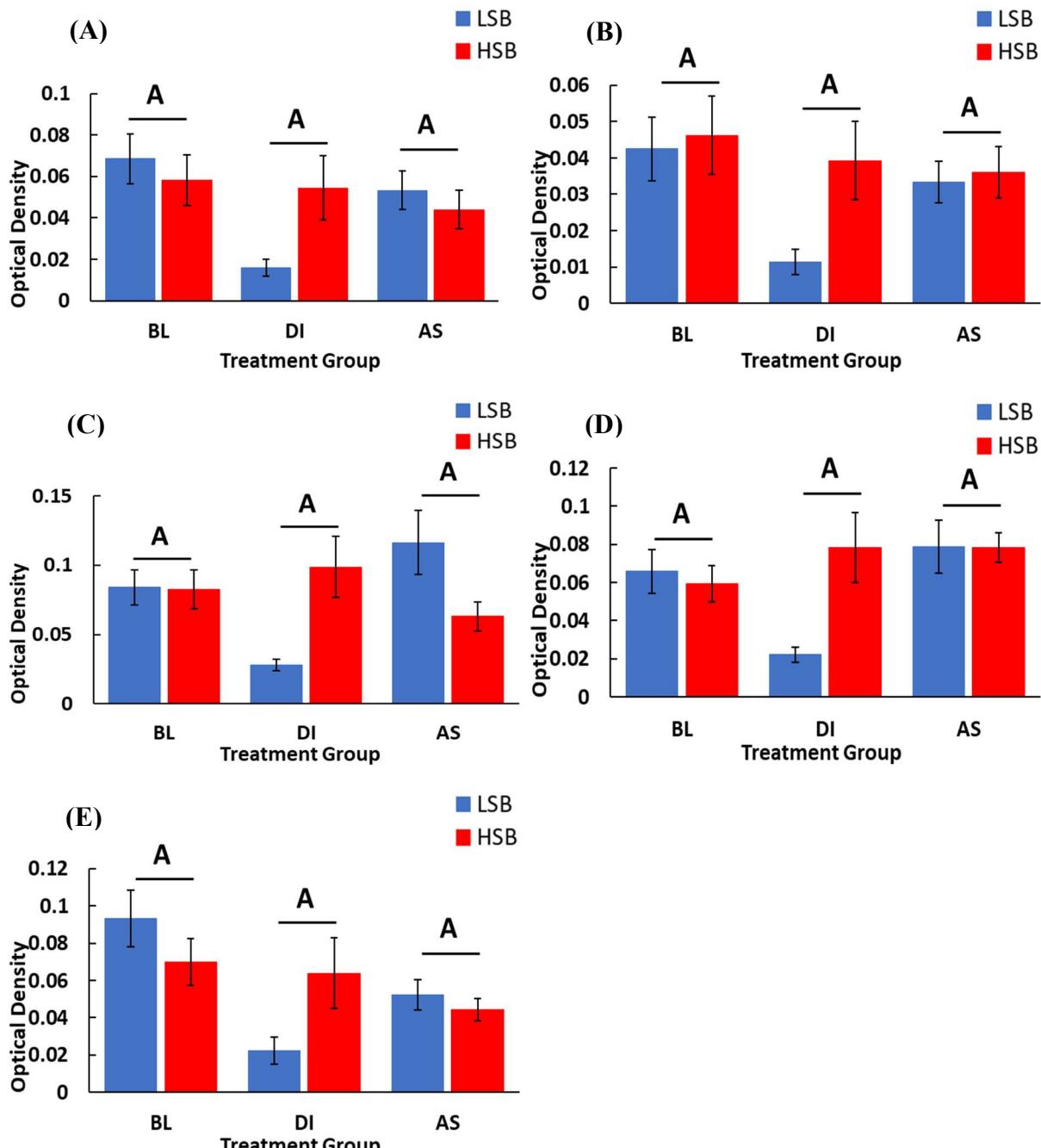
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Npas4a Expression in Fear Learning



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816 **Figure S4** Expression of *gabbr1a* in the Dm (A), Dl (B), Vv (C), Vd (D), Vs (E). We measured  
817 expression of high stationary behavior (HSB; B) and low stationary behavior (LSB; A) fish at  
818 baseline (BL) or exposed to either alarm substance (AS) or distilled water (DI) during training.  
819 Bars represent mean  $\pm$  1 SE. Bars labeled with different letters indicate  $p < .05$ . When split by  
820 strain, LSB fish exposed to DI water had significantly lower *gabbr1a* OD compared to the  
821 baseline and AS groups. There were no treatment group differences in the HSB group.