

1 Evolved increases in hemoglobin-oxygen affinity and Bohr effect 2 coincided with the aquatic specialization of penguins.

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23 Main Text

24 Figures 1 to 3

Abstract

Dive capacities of air-breathing vertebrates are dictated by onboard O₂ stores, suggesting that physiological specializations of diving birds like penguins may have involved adaptive changes in convective O₂ transport. It has been hypothesized that increased hemoglobin (Hb)-O₂ affinity improves pulmonary O₂ extraction and enhance capacities for breath-hold diving. To investigate evolved changes in Hb function associated with the aquatic specialization of penguins, we integrated comparative measurements of whole-blood and purified native Hbs with protein engineering experiments based on site-directed mutagenesis. We reconstructed and resurrected ancestral Hbs representing the common ancestor of penguins and the more ancient ancestor shared by penguins and their closest nondiving relatives (order Procellariiformes, which includes albatrosses, shearwaters, petrels, and storm petrels). These two ancestors bracket the phylogenetic interval in which penguin-specific changes in Hb function would have evolved. The experiments revealed that penguins evolved a derived increase in Hb-O₂ affinity and a greatly augmented Bohr effect (reduced Hb-O₂ affinity at low pH). Although an increased Hb-O₂ affinity reduces the gradient for O₂ diffusion from systemic capillaries to metabolizing cells, this can be compensated by a concomitant enhancement of the Bohr effect, thereby promoting O₂ unloading in acidified tissues. We suggest that the evolved increase in Hb-O₂ affinity in combination with the augmented Bohr effect maximizes both O₂ extraction from the lungs and O₂ unloading from the blood, allowing penguins to fully utilize their onboard O₂ stores and maximize underwater foraging time.

Main Text

Introduction

In air-breathing vertebrates, diving capacities are dictated by onboard O₂ stores and the efficiency of O₂ use in metabolizing tissues (1). In fully aquatic taxa, selection to prolong breath-hold submergence and underwater foraging time may have promoted adaptive changes in multiple components of the O₂-transport pathway, including oxygenation properties of hemoglobin (Hb). Vertebrate Hb is a tetrameric protein that is responsible for circulatory O₂ transport, loading O₂ at pulmonary capillaries and unloading O₂ in the systemic circulation via quaternary structural shifts between a high affinity (predominately oxygenated) relaxed (R-) state and a low affinity (predominately deoxygenated) tense (T-) state (2). While this mechanism of respiratory gas transport is conserved in all vertebrate Hbs, amino acid variation in the constituent α - and β -type subunits may alter intrinsic O₂ affinity and the responsiveness to changes in temperature, red cell pH, and red cell concentrations of allosteric cofactors (non-heme ligands that modulate Hb-O₂ affinity by preferentially binding and stabilizing the deoxy T conformation) (3, 4).

While the quantity of Hb is typically increased in the blood of diving birds and mammals in comparison with their terrestrial relatives, there is no consensus on whether evolved changes in Hb-O₂ affinity have contributed to enhanced diving capacities (1). It has been hypothesized that increased Hb-O₂ affinity may improve pulmonary O₂ extraction in diving mammals, thereby enhancing diving capacity (5), but more comparative data are needed to assess evidence for an adaptive trend (6, 7). Experimental measurements on whole-blood suggest that the emperor penguin (*Aptenodytes forsteri*) may have a higher blood-O₂ affinity relative to nondiving waterbirds, a finding that has fostered the view that this is a property that characterizes penguins as a group (8–10). However, blood-O₂ affinity is a highly plastic trait that is influenced by changes in red cell metabolism and acid-base balance, so measurements on purified Hb are needed to assess whether observed species differences in blood-O₂ affinity stem from genetically based changes in the oxygenation properties of Hb. Moreover, even if species differences in Hb-O₂ affinity are genetically based, comparative data from extant taxa do not reveal whether observed differences are attributable to a derived increase in penguins, a derived reduction in their nondiving relatives, or a combination of changes in both directions.

To investigate evolved changes in Hb function associated with the aquatic specialization of penguins, we integrated experimental measurements of whole-blood and purified native Hbs

with evolutionary analyses of globin sequence variation. To characterize the mechanistic basis of evolved changes in Hb function in the stem lineage of penguins, we performed protein engineering experiments on reconstructed and resurrected ancestral Hbs representing (i) the common ancestor of penguins and (ii) the more ancient ancestor shared by penguins and their closest nondiving relatives (order Procellariiformes, which includes albatrosses, shearwaters, petrels, and storm petrels) (Figure 1). These two ancestors bracket the phylogenetic interval in which penguin-specific changes in Hb function would have evolved.

Results and Discussion

Oxygen binding properties of penguin whole-blood and purified Hbs. Using blood samples from multiple individuals of six penguin species, we measured the partial pressure of O₂ (P_{O_2}) at 50% saturation (P_{50}) for whole-blood and purified Hbs in the absence (stripped) and presence of allosteric cofactors (+KCl +IHP [inositol hexaphosphate]) (Figure 2). Whole-blood P_{50} values were similar across all penguins, averaging 33.3 ± 1.1 torr (Figure 2; Table S1), consistent with previously published data for emperor, Adélie, chinstrap, and gentoo penguins (8, 9, 11). Similarly, measured O₂-affinities for purified Hbs exhibited very little variation among species, both in the presence and absence of allosteric cofactors (Figure 2; Table S1). Penguins express a single Hb isoform during postnatal life (HbA), in contrast to the majority of other bird species that express one major and one minor isoform (HbA and HbD, respectively) (12, 13). The lack of variation in Hb-O₂ affinity among penguins is consistent with the low level of amino acid variation in the α - and β -chains (Figure S1). The experiments revealed that penguin Hbs exhibit a remarkably large shift in the magnitude of the Bohr effect (i.e. the reduction in Hb-O₂ affinity in response to reduced pH) with the addition of allosteric cofactors (Table S1). The average Bohr effect of penguin Hb more than doubles with the addition of allosteric cofactors, from -0.21 ± 0.03 to -0.53 ± 0.04 (Table S1).

Our experimental results indicate that penguins have a generally higher Hb-O₂ affinity than other birds (12, 14–22), consistent with previous suggestions based on measurements on whole-blood (8, 9, 23–25). Whole-blood O₂-affinities of the six examined penguin species (30.4 to 38.1 torr at 37°C, pH 7.40) were uniformly higher than that from a representative member of Procellariiformes, the southern giant petrel (*Macronectes giganteus*; 42.5 torr at 38°C, pH 7.40) (9). Similarly, numerous high-altitude bird species have convergently evolved increased Hb-O₂ affinities (17, 18, 20, 21), which appears to be adaptive because it helps safeguard arterial O₂ saturation in spite of the reduced P_{O_2} of inspired air (26–28). The difference in blood P_{50} 's between penguins and the southern giant petrel is generally much greater in magnitude than differences in Hb P_{50} between closely related species of low- and high-altitude birds (17, 18, 20, 21). Similar to the case of other diving vertebrates (29), the Bohr effect of penguin Hb also greatly exceeds typical avian values.

Ancestral protein resurrection. In principle, the observed difference in Hb-O₂ affinity between penguins and their closest non-diving relatives could be explained by a derived increase in Hb-O₂ affinity in the penguin lineage (the generally assumed adaptative scenario), a derived reduction in the stem lineage of Procellariiformes (the nondiving sister group), or a combination of changes in both directions. To test these alternative hypotheses, we reconstructed the Hbs of the common ancestor of penguins (AncSphen) and the more ancient common ancestor of Procellariimorphae (the superorder comprising Sphenisciformes [penguins] and Procellariiformes; AncPro) (Figures 1, S2, S3 and S4). We then recombinantly expressed and purified the ancestral Hbs to perform *in vitro* functional tests. Measurements of O₂-equilibrium curves revealed that the AncSphen Hb has a significantly higher O₂-affinity than that of AncPro (Figure 3), indicating that penguins evolved a derived increase in Hb-O₂ affinity. In the presence of allosteric cofactors, the P_{50} of AncSphen is much lower (O₂-affinity is higher) compared to AncPro (11.8 vs. 20.2 torr). Much like the evolved increases in Hb-O₂ affinity in high-altitude birds (18, 20–22), the increased O₂-affinity of penguin Hb is attributable to an increase in intrinsic affinity rather than a reduced responsiveness to

allosteric cofactors, as the Hb-O₂ affinity difference between AncSphe and AncPro persists in the presence and absence of Cl⁻ and IHP (Figure 3).

In addition to the derived increase in Hb-O₂ affinity, comparisons between AncSphe and AncPro also revealed that the Hb of penguins evolved an enhanced responsiveness to pH (Bohr effect). Under stripped conditions, the Bohr effect of AncSphe and AncPro (-0.30 ± 0.09 and -0.27 ± 0.1 , respectively) were highly similar to one another and were similar to values measured for native penguin Hbs under the same conditions (Figure 3E; Table S1). However, in the presence of allosteric cofactors the Bohr effect of AncSphe increases more than two-fold (similar to that of native penguin Hbs), whereas that of AncPro shows little change (Figure 3E), demonstrating that penguins evolved an increased cofactor-linked Bohr effect following divergence from their non-diving relatives. An increased Hb-O₂ affinity is expected to reduce the gradient for O₂ diffusion from systemic capillaries to the cells of metabolizing tissues, and an increased Bohr effect can compensate for this by reducing Hb-O₂ affinity at low pH, thereby promoting O₂ unloading in acidified tissues. A similar augmentation of the Bohr effect was recently documented in the Hb of high-altitude Tibetan canids (30). In summary, the Hbs of penguins evolved an increase in O₂-affinity and enhanced Bohr effect in association with other physiological and morphological specializations for a more fully aquatic existence.

Tests of positive selection. Given that joint increases in the O₂-affinity and Bohr effect of penguin Hb represent derived character states, we performed a molecular evolution analysis to test for evidence of positive selection in the α - and β -globin genes. Specifically, we tested for an accelerated rate of amino acid substitution in the stem lineage of penguins (the branch connecting Anc Procariimorphae [AncPro] to the common ancestor of penguins [AncSphe]) using the branch-sites test. This test revealed no evidence for an accelerated rate of amino acid substitution in the stem lineage of penguins (Table S2), and a clade test revealed no significant variation in substitution rate among different penguin lineages (Table S3). Thus, if the increased Hb-O₂ affinity of penguins represents an adaptation that evolved via positive selection, the nature of the causative changes did not produce a detectable statistical signature in the α - and β -type globin genes.

Molecular modelling. We used molecular modelling to identify which specific amino acid substitutions may be responsible for the increased Hb-O₂ affinity of AncSphe relative to AncPro. Of the 17 amino acid substitutions that distinguish AncSphe and AncPro, our analyses identified four substitutions that could potentially alter O₂-binding properties. The substitution Thr β 119Ser in the branch leading to AncSphe affects the stabilization of R-state (oxygenated) Hb. Specifically, the hydroxyl group of β 119Ser in helix G is oriented toward the subunit interface by forming a hydrogen-bond with β 120Lys, which permits an intersubunit contact with α 111Ile (Figure 3A,B). This bond between β 119Ser and α 111Ile stabilizes the R-state conformation by clamping the intersubunit motions, which is predicted to increase Hb-O₂ affinity by raising the free energy of the oxygenation-linked allosteric R \rightarrow T transition in quaternary structure. Additionally, our model identified three other amino acid substitutions, α A138S, β A51S and β I55L, that create intersubunit contacts and further stabilize the R-state conformation.

Testing causative substitutions. To test model-based predictions about the specific substitutions that are responsible for the increased O₂-affinity of penguin Hb, we used site-directed mutagenesis to introduce combinations of mutations at four candidate sites on the AncPro background. We first tested the effect of a single mutation whereby β 119Thr was replaced with Ser (AncPro β T119S). We then tested the net effect of mutations at all 4 sites on the AncPro background (AncPro+4; α A138S, β A51S, β I55L, and β T119S). The protein engineering experiments revealed that β T119S produced a negligible individual effect on Hb-O₂ affinity when introduced on the AncPro background, but it produced an appreciable increase in the Bohr effect (Figure 3D, E). The 4 mutations in combination produced a modest increase in Hb-O₂ affinity and a more pronounced increase in the Bohr effect, but they did not fully recapitulate observed differences between AncPro and AncSphe in either of these properties (Figure 3). These data suggest the evolved functional

changes in penguin Hb must be attributable to the net effect of multiple amino acid substitutions at structurally disparate sites.

Adaptive significance of increased Hb-O₂ affinity. The key to extending dive times for aquatic vertebrates is to increase O₂ carrying capacity while keeping metabolic O₂ demands as low as possible during breath-hold submergence. Submergence induces intense bradycardia and peripheral vasoconstriction, which conserves finite O₂ stores for tissues that are intolerant to hypoxia (i.e. the central nervous system and heart) (31). O₂ stores are typically increased in diving vertebrates via increased blood volume, increased blood Hb concentration, increased myoglobin concentration in skeletal muscle, increased muscle mass and, occasionally, increased diving lung volume (1). As deep diving cetaceans and pinnipeds exhale before submergence, their lungs account for less than 10% of total O₂ stores (1, 32). This reduction in diving lung volume reduces gaseous N₂ and O₂, which presumably limits decompression sickness. Conversely, as penguins inhale at the onset of a dive, their diving lung volume accounts for a much larger percentage of total O₂ stores (19% and 45% for the emperor and Adélie penguins, respectively) (1, 33). Indeed, in diving emperor penguins, O₂ extraction from pulmonary stores is continuous during submergence (34, 35). An elevated Hb-O₂ affinity (such as that found in penguins) can maximize O₂ extraction from pulmonary stores, as greater blood-O₂ saturation can be achieved at any given parabronchial P_{O2}. However, while increased Hb-O₂ affinity may confer more complete transfer of O₂ from the lungs to the blood, it can inhibit subsequent O₂ transfer from the blood to the tissues. Despite this, emperor penguins almost completely deplete their circulatory stores during extended dives, as their end-of-dive venous P_{O2} can be as low as 1-6 torr (34). The enhanced Bohr effect of penguin Hb should improve O₂ delivery to working (acidic) tissues, allowing more complete O₂ unloading of the blood. We suggest this modification works in tandem with increased Hb-O₂ affinity to maximize both O₂ extraction from the lungs and O₂ unloading from the blood, allowing penguins to fully utilize their onboard O₂ stores and maximize underwater foraging time.

Materials and Methods

Blood collection. We collected blood from 18 individual penguins representing six species: *Aptenodytes forsteri*, *A. patagonicus*, *Pygoscelis adeliae*, *P. papua*, *P. antarcticus*, and *Spheniscus magellanicus* (*n*=3 individuals per species). All birds were sampled during routine health checks at SeaWorld of California (San Diego, California). Blood was collected by venipuncture of the jugular vein using Vacutainer® Safety-Lok™ blood collection set (Becton Dickinson, Franklin Lakes, NJ) with 21 G x ¾" (0.8 x 19 mm) needle attached to a heparin blood collection tube (Becton Dickinson). A subsample of whole-blood (200 µl) was set aside for oxygen equilibrium curves (see below) and the remaining blood was centrifuged at 5000xg for 15 minutes. Plasma, buffy coat, and hematocrit fractions from the centrifuged samples were immediately placed in separate tubes and flash frozen at -80°C for future analyses.

Sequencing of penguin globin genes. RNA was extracted from ~100 µl of flash frozen erythrocytes using an RNeasy Universal Plus Mini Kit (Qiagen). cDNA was synthesized from freshly prepared RNA using Superscript IV Reverse transcriptase (Invitrogen). Gene specific primers used to amplify the α- and β-type globin transcripts were designed from the 5' and 3' flanking regions of all publicly available penguin globin genes. PCR reactions were conducted using 1 ml of cDNA template in 0.2 ml tubes containing 25 µl of reaction mixture (0.5 µl of each dNTP (2.5 mM), 2.5 µl of 10x Reaction Buffer (Invitrogen), 0.75 µl of 50 mM MgCl₂, 1.25 µl of each primer (10 pmol/µl), 1 µl of Taq polymerase (Invitrogen) and 16.75 µl of ddH₂O), using an Eppendorf Mastercycler® Gradient thermocycler. Following a 5-min denaturation period at 94°C, the desired products were amplified using a cycling profile of 94°C for 30 sec; 53-65°C for 30 sec; 72°C for 45 sec for 30 cycles followed by a final extension period of 5 min at 72°C. Amplified products were run on a 1.5% agarose gel and bands of the correct size were subsequently excised and purified using Zymoclean Gel DNA recovery columns (Zymo Research). Gel-purified

PCR products were ligated into pCR™4-TOPO® vectors using a TOPO™ TA Cloning™ Kit and were then transformed into One Shot™ TOP10 Chemically Competent E. coli (Thermo Fisher Scientific). Three to six transformed colonies were cultured in 5 ml of LB medium and plasmids were subsequently purified with a GeneJET Plasmid Miniprep kit (Thermo Fisher Scientific). Purified plasmids were sequenced by Eurofins Genomics.

Sequence analyses. Genomic sequences containing the complete α - and β -globin gene clusters for the emperor penguin (*A. forsteri*), Adélie penguin (*P. adeliae*), northern fulmar (*Fulmarus glacialis*), band-rumped storm-petrel (*Hydrobates castro*), southern giant petrel (*Macronectes giganteus*), flightless cormorant (*Nannopterum harrisi*), crested ibis (*Nipponia nippon*), and the little egret (*Egretta garzetta*) were obtained from GenBank. The α - and β -globin gene clusters from the remaining 19 extant penguin species were obtained from GigaDB (36). Coding sequences of α - and β -globin genes extracted from these genomic sequences were combined with the newly generated cDNA sequences mentioned above (Figure S2). Sequences were aligned using MUSCLE (37) and were then used to estimate phylogenetic trees. The best fitting codon substitution model and initial tree search were estimated using IQ-TREE with the options -st CODON, -m TESTNEW, -allnri, and -bnni (38, 39). Initial trees were then subjected to 1000 ultrafast bootstrap replicates (40). Bootstrap consensus trees (Figure S3) were used to estimate ancestral globin sequences using IQ-TREE with the option -asr (Figures S2 and S4).

Selection analyses. We tested for selection in the evolution of the penguins' α - and β -globin genes in a maximum likelihood framework with the codon-based models implemented in the codeml program from the PAML v4.9 suite (41), using the phylogenetic trees described above (see "Sequence analyses"). We used the branch-site and clade models to examine variation in ω , the ratio of the rate of nonsynonymous substitutions per nonsynonymous site, dN, to the rate of synonymous substitutions per synonymous site, dS. We used branch-site model A (42, 43) to test for positive selection in the branch connecting AncPro to AncSphe (the stem lineage of penguins) (Table S2), and we used clade C model (44) to test for selection in the penguin clade using M2a_{rel} from Weadick and Chang (45) as the null model (Table S3).

Molecular modelling. Structural modeling was performed on the SWISS MODEL server (46) using graylag goose hemoglobin in oxy form (PDB 1faw). AncPro and AncSphe Hbs had QMEAN values of -0.61 and -0.65, respectively. The root mean square distance of the main chain between template and model (RMSD) values < 0.09Å were considered usable (47). Structural mining and preparation of graphics were performed using the PyMOL Molecular Graphics System, version 2.3.2 (Schrödinger, LLC, New York, NY, USA). Hydrogen bond listing was performed using a PyMol script list_hb.py (Robert L. Campbell, Biomedical and Molecular Sciences, Queen's University, Canada). The interface binding energy was calculated by the ePISA server (48).

Construction of Hb expression vectors. Reconstructed ancestral globins were synthesized by GeneArt Gene Synthesis (Thermo Fisher Scientific) after optimizing the nucleotide sequences in accordance with *E. coli* codon preferences. The synthesized globin gene cassette was cloned into a custom pGM vector system along with the methionine aminopeptidase (MAP) gene, as described previously (49). We engineered the Thr β 119Ser substitution by whole plasmid amplification using mutagenic primers and Phusion High-Fidelity DNA Polymerase (New England BioLabs), phosphorylation with T4 Polynucleotide Kinase (New England BioLabs), and circularization with an NEB Quick Ligation Kit (New England BioLabs). All site-directed mutagenesis steps were performed using the manufacturer's recommended protocol. Each plasmid was verified with DNA sequencing by Eurofins genomics.

Expression and purification of recombinant Hbs. Recombinant Hb expression was carried out in the *E. coli* JM109 (DE3) strain as described previously (15, 49, 50). Bacterial cell lysates were loaded onto a HiTrap SP HP anion exchange column (GE Healthcare) and were then equilibrated

with 50 mM HEPES/0.5 mM EDTA (pH 7.0) and eluted with a linear gradient of 0 - 0.25 M NaCl. Hb-containing fractions were then loaded on to a HiTrap Q HP cation exchange column (GE Healthcare) equilibrated with 20 mM Tris-HCl/0.5mM EDTA (pH 8.6) and eluted with a linear pH gradient 0 - 0.25 M NaCl. Eluted Hb fractions were concentrated using Amicon Ultra-4 Centrifugal Filter Units (Millipore).

Sample preparation for O₂-equilibrium curves. Fresh whole-blood was diluted 1:15 with each individual's own plasma and oxygen-equilibrium curves were measured immediately after sampling. To obtain stripped hemolysate, 100 μ l centrifuged red blood cells were added to a 5x volume of 0.01 M HEPES/0.5 mM EDTA buffer (pH 7.4) and incubated on ice for 30 min to lyse the red blood cells. NaCl was added to a final concentration of 0.2 M and samples were centrifuged at 20,000 x g for 10 min to remove cell debris. Hemolysate supernatants and purified recombinant hemoglobins were similarly desalted by passing through a PD-10 desalting column (GE Healthcare) equilibrated with 25 ml of 0.01 M HEPES/0.5mM EDTA (pH 7.4). Eluates were concentrated using Amicon Ultra-4 Centrifugal Filter Units (Millipore). From these concentrated samples, Hb solutions (0.1 mM hemoglobin in 0.1 M HEPES/0.05 M EDTA buffer) were prepared in the absence (stripped) and the presence of 0.1 M KCl and 0.2 mM inositol hexaphosphate (+KCl +IHP). Stripped and +KCl +IHP treatments were prepared at three different pHs (for a total of 6 treatments per Hb sample), where working solutions was adjusted with NaOH to as near 7.2, 7.4, or 7.6 as possible, then pH was precisely measured with an Orion Star A211 pH Meter and Orion™ PerpHecT™ ROSS™ Combination pH Micro Electrode.

Measuring O₂-binding properties. O₂-equilibrium curves were measured using a Blood Oxygen Binding System (Loligo Systems) at 37°C. The pH of whole-blood samples was set by measuring curves in the presence of 45 torr CO₂, whereas the pH of Hb solutions was set with HEPES buffer (see above). Each whole-blood sample and Hb solution were sequentially equilibrated with an array of oxygen tensions (P_{O_2}) while the sample absorbance was continually monitored at 430 nm (deoxy peak) and 421 nm (oxy/deoxy isobestic point). Each equilibration step was considered complete when the absorbance at 430 nm had stabilized (2 - 4 minutes). Only oxygen tensions yielding 30 - 70% Hb-O₂ saturation were used in subsequent analyses. Hill plots ($\log[\text{fractional saturation}/(1-\text{fractional saturation})]$ vs. $\log P_{O_2}$) were constructed from these measurements. A linear regression was fit to these plots and was used to determine the P_{O_2} at half-saturation (P_{50}) and the cooperativity coefficient (n_{50}), where the X-intercept and slope of the regression line represent the P_{50} and n_{50} , respectively. Whole-blood samples (n=3) are presented as mean \pm SE. For Hb solutions, a linear regression was fit to plots of $\log P_{50}$ vs. pH, and the resulting equation was used to estimate P_{50} values at pH 7.40 (\pm SE of the regression estimate).

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Figures and Tables

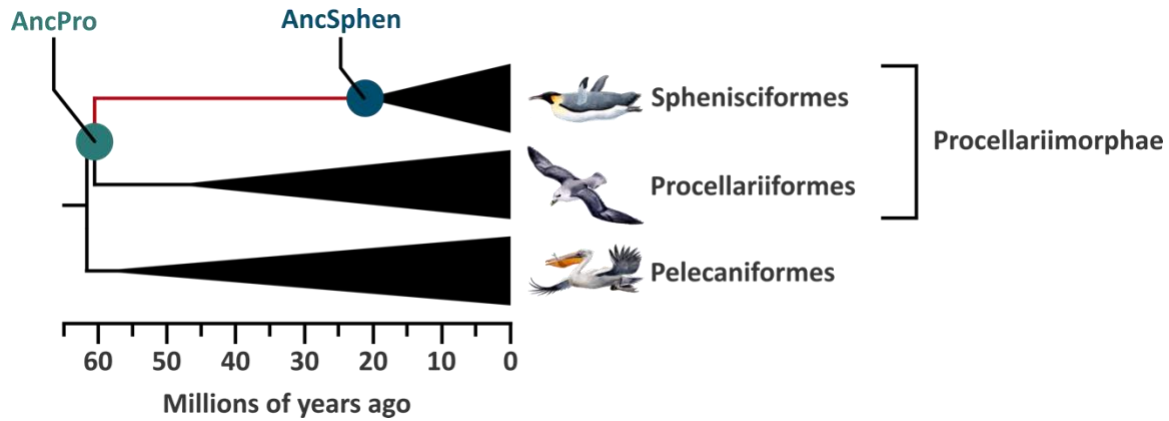
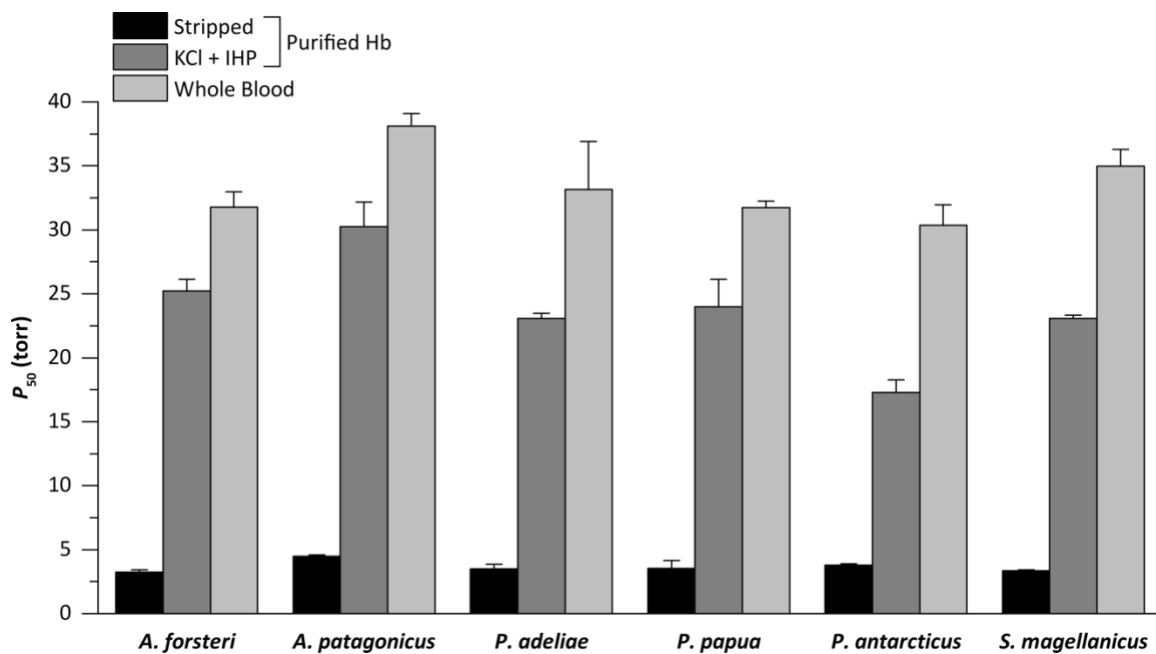


Figure 1. Diagrammatic phylogeny showing the relationship between Sphenisciformes, Procellariiformes and Pelecaniformes. Ancestral hemoglobins were reconstructed for the two indicated nodes: the common ancestor of Sphenisciformes (AncSphen) and the common ancestor of Procellariimorphae (AncPro), the super order that contains Sphenisciformes and Procellariifommres. Divergence times are adapted from Claramunt and Cracraft (51).

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Figure 2. Oxygen tensions at half saturation (P_{50}) for penguin whole-blood and purified hemoglobins at 37°C, in the absence (Stripped) and presence of 100 mM KCl and 0.2 mM inositol hexaphosphate (+KCl +IHP). The higher the P_{50} , the lower the Hb-O₂ affinity. Whole-blood P_{50} values are presented as mean±S.E (n=3). Purified Hb P_{50} values are derived from plots of log P_{50} vs. pH, where a linear regression was fit to estimate P_{50} at exactly pH 7.40 (± S.E. of the regression estimate).

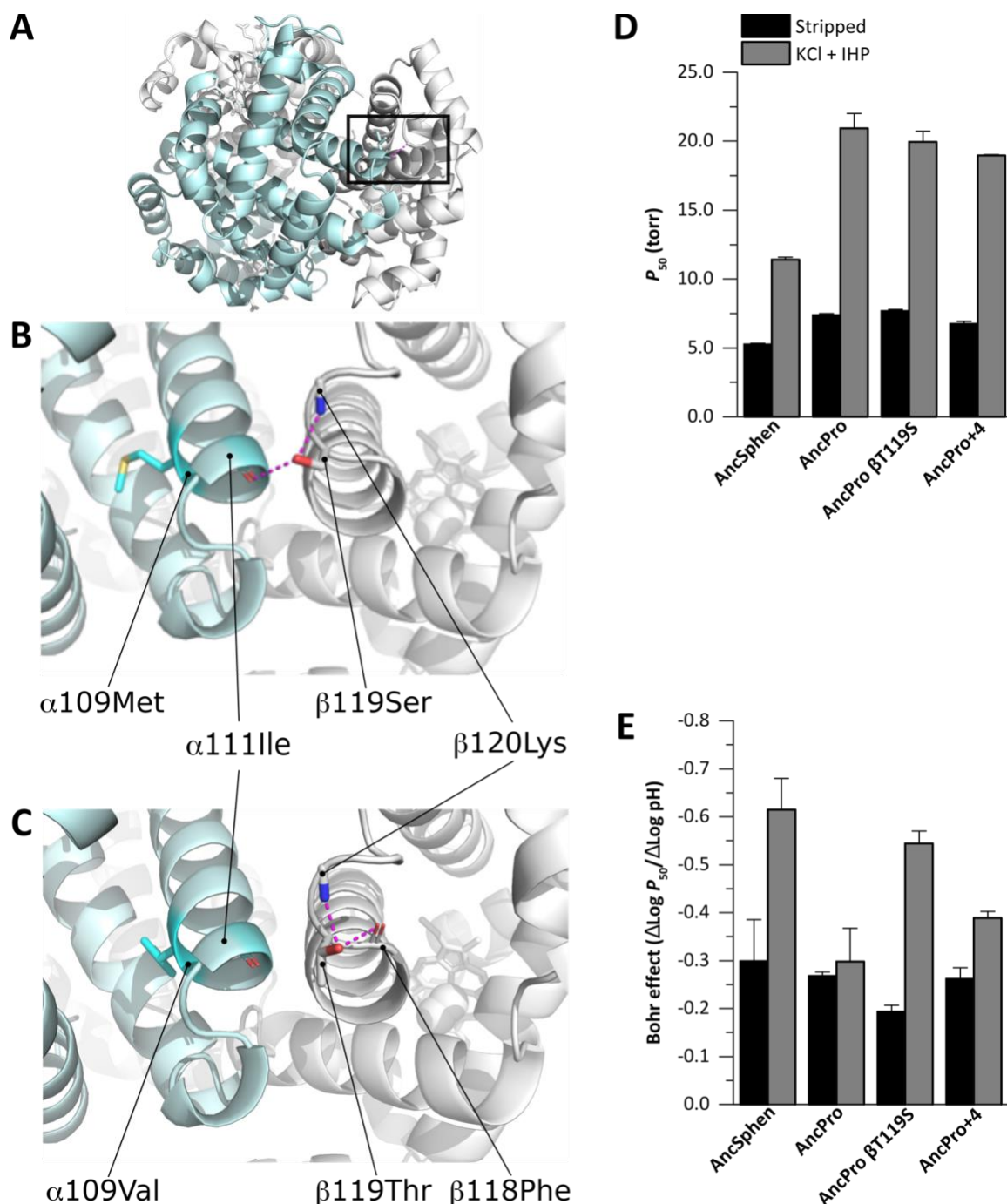


Figure 3. Structural (A–C) and physiological effects (D, E) of amino acid substitutions in the reconstructed Hb proteins of the penguin ancestor (AncSphen) and the last common ancestor penguins shared with Procellariiformes (AncPro). A) Molecular model of the AncSphen Hb tetramer where the black box indicates the regions highlighted in panels B and C. B) Molecular model of AncSphen Hb showing inter-subunit stabilizing H-bonds (pink) between $\beta 119$ Ser and both $\alpha 111$ Ile and $\beta 120$ Lys. C) Molecular model of AncPro Hb showing that replacement of $\beta 119$ Ser with Thr removes the inter-subunit stabilizing H-bonds. D) Hb-O₂ affinity (as measured by P_{50} , the O₂ tension at half saturation) of AncSphen, AncPro, and two mutant rHbs with

482 penguin-specific amino acid replacements introduced on the AncPro background
 483 (AncPro β 119Ser and AncPro+4). See text for explanation regarding the choice of candidate sites
 484 for mutagenesis experiments. Measurements were performed on Hb solutions (0.1 mM Hb in 0.1
 485 M HEPES/0.5 mM EDTA) at 37°C in the absence (stripped) and presence of 0.1 M KCl and 0.2
 486 mM inositol hexaphosphate (+KCl +IHP). P_{50} values are derived from plots of $\log P_{50}$ vs. pH,
 487 where a linear regression was fit to estimate P_{50} at exactly pH 7.40 (\pm S.E. of the regression
 488 estimate). E) Bohr coefficients ($\Delta \log P_{50} / \Delta \log \text{pH}$) were estimated from plots of $\log P_{50}$ vs. pH,
 489 where the Bohr effect is represented by the slope of a linear regression (\pm S.E. of the slope
 490 estimate).