

1 Dissecting the landscape of activated CMV-stimulated CD4+ T cells in human by linking  
2 single-cell RNA-seq with T-cell receptor sequencing

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## 11 Abstract

12 CD4 T cell is crucial in CMV infection, but its role is still unclear during this process. Here, we  
13 present a single-cell RNA-seq together with T cell receptor (TCR) sequencing to screen the  
14 heterogeneity and potential function of CMV pp65 reactivated CD4+ T cell subsets from human  
15 peripheral blood, and unveil their potential interactions. Notably, Treg composed the major part of  
16 these reactivated cells. Treg gene expression data revealed multiple transcripts of both  
17 inflammatory and inhibitory functions. Additionally, we describe the detailed phenotypes of  
18 CMV-reactivated effector-memory (Tem), cytotoxic T (CTL), and naïve T cells at the single-cell  
19 resolution, and implied the direct derivation of CTL from naïve CD4+ T cells. By analyzing the  
20 TCR repertoire, we identified a clonality in stimulated Tem and CTLs, and a tight relationship of  
21 Tem and CTL showing a large share in TCR. This study provides clues for understanding the  
22 function of CD4+ T cells subsets and unveils their interaction in CMV infection, and may promote  
23 the development of CMV immunotherapy.

24 Key words: CMV pp65, Single-cell mRNA-seq, paired TCR-seq, CD4+ T cells

## 25 Introduction

26 Cytomegaloviruses (CMV)/human herpesvirus 5 (HHV-5) infection is endemic in humans. Most

27 immunocompetent hosts show little to no clinical symptoms of primary infection and during  
28 persistent infection. Although its infection is regarded as asymptomatic, CMV hijacks the  
29 resources of the immune system throughout life by remaining latent and occasionally reactivate,  
30 eventually compromising on average approximately 10% of the entire T cell repertoire<sup>1</sup> and had a  
31 deleterious effect on immune senescence and health outcomes in the elderly<sup>2</sup>. In addition to this  
32 impact in healthy people, CMV infection can cause devastating consequences on  
33 immuno-compromised populations, such as the fetus and patients undergoing transplantation.

34 For these immunocompromised patients, reconstruction of CMV-specific T cells has emerged as  
35 an effective method to reduce CMV infection and reactivation. Data from patients who have  
36 received hematopoietic stem cell transplantations (HSCT) shows that the recovery from CMV  
37 disease correlates with the reconstitution of CD4+ and CD8+ T cell pools<sup>3-5</sup>, and the recovery of  
38 CD4+ T cells is suggested as a prerequisite. The underlying mechanism may be that CMV-specific  
39 CD4+ T cells affiliate the expansion of CMV-specific CD8+ T cells, and lead a more effective  
40 clearance of serum virus compared to treatment with CD8+ T cells only<sup>6</sup>. Furthermore, infusion  
41 experiments with CD4+ T cells alone in immunocompromised mice is able to effectively repress  
42 CMV reactivation. These evidences suggest the key effector of CD4+ T cells in anti-CMV  
43 immunity, but CD4+ T is a heterogeneous group, and it is yet unclear of the function of these  
44 CD4+ T subsets in CMV infection and their interaction which hesitate the clinical application of  
45 adoptive immune therapy in CMV.

46 Therefore, studies on CD4+ T cell subsets have been performed respectively in past decades and  
47 reveal that CD4+ cytolytic cell (CD4-CTL), Treg and CD4+ memory T involve in the immune  
48 response to CMV infection in humans, nonhuman primates, and rodents. CD4-CTLs are firstly  
49 confirmed as a natural identity in chronic infections, such as LCMV, HBV, and CMV, and shows a  
50 strong antiviral effect in anti-CMV immunity by their helper functions and cytotoxicity. In terms  
51 of its helper function, CD4-CTL expressed cytokines, such as IFN $\gamma$  and TNF<sup>7</sup>, to promote the  
52 activation of CD8+ T cells, recruit innate immune cells including natural killer and monocytes to  
53 inflammatory sites, and directly inhibit virus replication<sup>8</sup>. As for their cytotoxicity, Fas/FasL  
54 pathway is utilized to mediate the death of infected B cells presenting viral epitopes with  
55 MHC-II<sup>9,10</sup>. Another cytotoxic mechanism used by CD4-CTL is via the perforin-granzyme

56 pathway<sup>11</sup>. This pathway is based on the recognition of CTL to target cells in an MHC-II  
57 dependent manner<sup>12</sup>, where the MHC-II is upregulated in epithelial cells upon CMV infection.  
58 Although there have been advances in understanding CD4-CTL function in CMV infection, their  
59 derivation is still unclear. Common views developed from other infection diseases indicate the  
60 origination of CD4-CTLs from effector cells. Recently, evidences<sup>1314,15</sup> from studies on  
61 transcriptome factors suggested these cells can also differentiate from naïve cells directly. This  
62 indicates that it may be possible to prepare CD4-CTL for immune therapy from naïve cells.

63 Although some studies tried to unveil Treg function in CMV infection, it is still controversial to  
64 conclude. In humans, Treg cells from CMV-seropositive individuals attenuated the proliferation of  
65 autologous CD8+ T cells and, to a lesser extent, CD4+ T cells in response to CMV virus ex vivo  
66 stimulation using PD-1 pathway<sup>16</sup>. However, in CMV reactivating patients received HSCT, CMV  
67 reactivation does not correlate with the numerical reconstitution of CD4+CD25highCD127- Tregs,  
68 and conventional T cells in these patients expressed high level of Ki67 indicating that their  
69 activation function is unimpaired<sup>17</sup>. Selectively removing Treg in animal models is a classical  
70 method to verify Treg function at infectious situations<sup>18</sup>, and have been used to identify the  
71 negative function of Treg in some anti-viral immunities. However, these experiments failed to  
72 conclude Treg function in CMV infection. In murine, eight months after infection, Treg cells  
73 deletion decreased MCMV reaction in the spleen but enhance the reactivation in the salivary gland  
74<sup>19</sup>. By analyzing the cell composition and cytokine secretion, the Treg deletion was found to  
75 expanded CD4+ T cells in these two tissues, excepting of an increased production of IL-10 in the  
76 salivary gland which is inferred to disturb the conventional T cells function in the salivary gland  
77 and be in charge of the enhancing viral replication.

78 T cell receptor (TCR)-specific signaling pathway is essential to generate an effective antiviral  
79 immunity. To identify T cells bearing these antigen-specific TCRs, labeling them with antibodies  
80 targeting IFN-γ and other markers, such as CD69, as well as Fluorescence-activated cell sorting  
81 (FACS) are used in previous studies. In the past decade, CD154 is found to be a TCR-singling  
82 specific marker, and labeling it only is able to identify cells which should be labeling with  
83 multiple markers<sup>20-22</sup>. Therefore, methods based on CD154 have been developed and employed by  
84 studies focusing on the antigen specificity of TCRs<sup>23,24</sup>

85 To further unveil the potential function of CD4+ T cell subsets in CMV and understand their  
86 interactions, we performed a single-cell RNA and paired TCR sequencing on CMV pp65-specific  
87 CD4+ T cells from three healthy donors with a latent CMV infection. With a global view on  
88 CMV-specific CD4+ cells, we identified: 1) CMV-reactivated Treg cells accounted of a large  
89 proportion, and obtained a Th1 phenotype, enhanced migration ability and multiple inhibitory  
90 functions; 2) CD4-CTLs have a polyfunctional phenotypes; 3) CD4-CTL and effector memory T  
91 (Tem) experienced clonality and have a lager convergence in TCR repertoire; 4) a group of naïve  
92 cells expressed cytolytic factor. These findings exhibited the heterogeneity of CMV-reactivated  
93 CD4+ T cells, highlighted the balance between CMV-specific Treg and effector T cells, suggest  
94 that the composition of CD4+ T cells may be critical for adoptive T cells therapy for CMV. In  
95 summary, this study provides clues for understanding anti-CMV immunity and developing clinical  
96 therapy on CMV.

97 Results

98 CMV pp65-specific CD4+ T cells are characterized by typical antiviral profiles  
99 Circulating antigen-specific T cells are rare in peripheral blood during the latent stage of CMV  
100 infection, comprising on average 10% of both the CD4 and CD8 memory compartments in blood<sup>1</sup>.  
101 To isolate CMV-specific CD4T cells, we cultured PBMCs with and without CMV-pp65 peptides  
102 for 24 hours and sorted CD3+CD154+ cells by flow cytometry<sup>24-27</sup>. We sorted CMV-specific  
103 CD4T cells from three donors and then pooled them together for single-cell mRNA-seq and paired  
104 VDJ-seq using the 10 × Chromium platform (Figure 1A). Control CD4T cells were acquired by  
105 lymphocyte sorting with FSC/SSC. PBMCs from the three donors were subject to bulk RNA-seq  
106 for subsequent SNP (single-nucleotide polymorphism) calling, and the sample identity of each cell  
107 was deconvoluted with these natural genetic variations<sup>28</sup>.

108 After stringent quality control and filtering by multiple criteria, RNA-seq data were obtained from  
109 2847 and 6493 single cells from the two libraries (CMV and control), detecting a mean of 3041  
110 and 1947 genes per cell, respectively. Productive VDJ sequences were obtained for 1271 CMV  
111 cells and 3557 control cells. The unsupervised clustering of all cells from CMV and control  
112 samples suggested that there are multiple subsets of CMV CD4T cells (Figure1. B, C, D). CMV

113 stimulated CD4T cells and control CD4T cells that have both mRNA and VDJ data (CMV: 1200  
114 cells, control: 1911 cells) were used for further analysis.

115 To reveal the potential function of overall CMV stimulated CD4+ T cells, we analyzed  
116 differentially expressed genes between CMV CD4T and control CD4T cells. CMV CD4+ T cells  
117 show a typical T cell activation profile including increased expression of *IL2RA*, *OX40*  
118 (*TNFRSF4*), *MIR155HG*, *TNFRSF18*, *CD40LG* and *LGALS1*, and decreased expression of *IL7R*  
119 and *SELL*. These cells also express genes of inflammatory cytokines *IFNG* and *TNF*<sup>29,30</sup>,  
120 T-bet independent IFN- $\gamma$  production inducer *BHLHE40*<sup>31</sup>, pro-inflammatory chemokine *CCL4*,  
121 and cytotoxic molecules *LTA* and *GZMB* (Figure 1E). These results suggest that CMV CD4T cells  
122 are consist of several groups of activated multiple-cytokine-producing antiviral cells. This result is  
123 further confirmed by Gene Ontology (GO) analysis, where DEGs are significantly enriched in  
124 pathways such as T cell activation and response to tumor necrosis factors (Figure 1F). Consistent  
125 with previous reports using CD154 as a marker for antigen-specific CD4T cells, the cells we  
126 obtained here using the same strategy exhibit a typical activated anti-viral response.

127 Polyfunctionality profiles of CMV pp65-specific CD4 + T cell subsets

128 Subpopulations of CD4+ T cell were further identified with canonical markers (Supplementary  
129 Table2) and projected onto the UMAP embeddings (Figure 2A,2B). Stimulated CD4+ T cells were  
130 clustered into five groups: naïve (17.01% of total CMV CD4+ T cells), memory-like (11.20%),  
131 Treg (56.68%), effector memory (Tem, 3.65%), CTL (11.45%). Unstimulated CD4+ T cells were  
132 clustered into four subgroups: naïve (55.30%), memory-like (41.98%), Treg (1.78%), and CTL  
133 (0.94%) (Figure 2C). The ratio of unstimulated naïve and memory CD4+ T cells is consistent with  
134 previous FACS date<sup>32</sup>, implying the classification using the scRNA-seq data in this study has a  
135 good consistence with that of FACS. Obviously, Treg, CTL, and Tem are significantly enriched in  
136 CMV, and Treg is the largest subset. This distribution is further identified in cells from each donor,  
137 although cells from donor 3 were limited (1.58% of total CD4+T cells) (Supplement Figure 1 A,  
138 1B).

139 To investigate features of the five CD4+T cell subsets in CMV, we compared them with each other  
140 using the *FindAllMarkers* function. The Top10 DGEs were found to be different from each other,

141 indicating that these subsets may have distinct phenotypes (Figure 2D). Therefore, together with  
142 the Top 10 DGEs and feature genes from literatures, we analyzed the phenotype of each subset.  
143 We firstly analyzed the largest subset, Treg. These cells are *FOXP3*+*IFNG*+*TNF*+, and highly  
144 expressed stable marker *SOCS1*, cytotoxic molecules (*LTA*, *LTB*), and a series of genes relate to  
145 inhibition, such as *LGALS1*<sup>33</sup>, *LGALS3*<sup>34</sup>, *IL4II*<sup>35</sup> and costimulator *CD70* (Figure 2E). Their  
146 stability related cytokine receptors <sup>36</sup> (such as *IL2RA*, *TNFRSF18* [*GITR* ], *IFNGR2* ), and  
147 inhibitory function related costimulatory molecules (such as *LAG3*, *CTLA4*, *TNFRSF4* [*OX40* ],  
148 *TIGIT* ), are also abundantly expressed. The expression of chemokine receptor (*CCR4*, *CCR6*,  
149 *CCR7* ) indicate their chemotaxis toward *CCL3*, *CCL5* (which is highly expressed by CTL and  
150 Tem in our data) and homing ability to secondary lymphoid organs of Treg cells, the high  
151 expression of *CCR6* and *CCL20* suggests that they can cluster in a self-sustaining positive  
152 feedback loop.

153 Then, we analyzed CD4 Tem and CTL, since they exhibit similar expression profiles (Figure 2E).  
154 Tem and CTL both expressed a high level of cytotoxic relative molecules (*GNLY*, *GZMB*, *GZMH*,  
155 *CTSC*, *CST7*, *PRF1*, *NKG7*, *CTSB*, *FGFBP2*). Those similar expression of cytotoxic markers in  
156 CTL and Tem indicate they may employ the same mechanism - the granule exocytosis pathway, to  
157 initiate target cell apoptosis. This mechanism involves the regulated release of the contents of  
158 cytotoxic granules ( such as *PRF1*, *GZMB*, *GZMH*, *GZMA*, *CTSC*, *GNLY*), into the immunological  
159 synapse formed between the effector and target cell and kill them<sup>37</sup>. Besides, Tem expressed more  
160 cytotoxic genes such as *LTB*, *GZMA*, *KLRB1*, and *KLRD1* than CTL, indicating the functional  
161 spectrum of CD4 Tem is wider than that of CTL. CTL and Tem also abundantly expressed  
162 chemokine genes (*CCL3*, *CCL4*, *CCL5*, *CCL3L3*, *CCL4L2* ), MHC  $\square$  (*HLA-DPA1*, *HLA-DPB1*,  
163 *HLA-DRB5*) and co-stimulators (*LAG3*, *CTLA4*, *OX40*, *PDCD1*), indicating they may attract  
164 common targets to the inflammatory site and may kill them in another mechanism - MHC class  
165 II-dependent fashion<sup>38,39</sup>. Previous studies reported that CTL may stem from Tem<sup>23</sup>. Subsequent  
166 TCR repertoire analysis in our data also suggests that CTL may be originated from Tem.

167 CMV pp65 peptides pool exposed CD4+ naïve T cells in our data show obvious activation  
168 characteristics. In total, 981 genes were differentially expressed (adjusted p< 0.05) upon  
169 stimulation with the CMV peptides relative to control (Figure 3A; Supplement Table 3), of which

170 124 and 36 were upregulated and downregulated with a log2-fold change > 1 respectively. These  
171 124 up-regulated genes comprised a group for encoding the cytokines and chemokines (*LTA*, *MIF*,  
172 *IL32*, *CXCL10* and *CCL4L2*), a group involving in metabolic [e.g., *GAPDH*, *PKM*, *ENO1*, *TPII*,  
173 *PGK1*] (Figure 3E)<sup>40,41</sup>, and a group regulating protein synthesis (e.g., *WARS*, *SEC61G*, *EIF5A*).  
174 These phenomena support the cell activation<sup>42</sup>. We also found that naïve T cells increased the  
175 expression of calcium binding proteins encoded by S100 family genes (e.g., *S100A4*, *S100A11* and  
176 *S100A10*) and cytoskeleton related protein (e.g., *ACTG1*, *ACTB*, *TUBB*, *PFN1*, *MYO1G*), which  
177 were reported in response to TCR engagement by antigen<sup>43,44</sup>. Besides, many regulatory markers  
178 (e.g., *GITR* [*TNFRSF18*], *CISH*, *SOCS1*, *TIGIT*) and cell apoptosis regulation markers (e.g.,  
179 *LGALS1*, *FAM162A*, *CFLAR*, *FAS*, *CDKN1A*) were strongly upregulated to maintain immune  
180 balance<sup>45,46</sup>, although their expression level differs in cells at different differentiation period<sup>47,46,47</sup>.  
181 These 36 down-regulated genes including *CD127*, *CD27* and *CD69L*, and were consistent with  
182 previous studies upon T cells activation<sup>48</sup>.

183 GO analysis of the differentially expressed genes between cells from CMV pp56-stimulated and  
184 control naïve cells demonstrated the significant enrichment of genes associated with T cell  
185 activation, protein processing, viral gene expression, cytokine signaling, and RNA processing  
186 ((Figure 3B). Pseudotime Analysis further indicated that CMV CD4+ naïve T cells may  
187 differentiate into cytotoxic, regulatory, or other effector helper T cells, which may be a reservoir of  
188 CD4+ effector T cells in response to CMV antigen stimulation (Figure 3C, 3D).

189 CMV pp65-specific CD4-CTLs shared antigen specificity with Tem

190 T cell receptor (TCR) repertoire reflects antigen-specificity for cells, and their antigen experience  
191 in effector and memory subsets. We therefore analyzed the features of TCR repertoire in each cell  
192 cluster from each donor to uncover their potential antigen specificity (donor 1, donor 2). The gene  
193 combinations used by each cluster was ranked, showing an obvious clonality of genes  
194 combination in CD4-CTL, and a slight genes expansion in Tem. The expanded gene combinations  
195 in CD4-CTL and Tem are different between two donors, where Donor1 preferred to use  
196 *TRAV5\_TRAJ44\_TRBV4-3\_TRBJ2-1* in CD4-CTL and *TRAV1-2\_TRAJ36\_TRBV28\_TRBJ1-2* in  
197 Tem, but Donor2 used *TRAV4I\_TRAJ49\_TRBV6-5\_TRBJ2-1* in both CD4-CTL and Tem (Figure

198 4A). The analyses on CDR3 from TCR alpha chain (TRA) and TRB further verified the clonality  
199 in CD4-CTL and Tem. Two expanded clones in CD4-CTL and one in Tem were observed in  
200 Donor1, and four in CD4-CTL and one in Tem was observed in Donor2 (Figure 4B). The  
201 abnormal features were also exhibited in CDR3 length in naïve, CD4-CTL and Tem, where CDR3  
202 in TRA and TRB from these subsets are shorten in CMV comparing to those in control (Figure  
203 4C). These imply that the repertoire of CD4-CTL and Tem may be largely skewed. To identify  
204 clones targeting the same antigens among cell subsets, we used GLIPH2<sup>23</sup> to cluster clones from  
205 CMV and control. We identified convergences between memory and Treg cells, and those between  
206 Tem and CTLs in CMV. Interestingly, the convergent TCR clone in CD4-CTL from CMV just  
207 composed a minor part of CTL from control in Donor 1, and no convergent clone was found  
208 between them in donor 2, suggesting that CMV pp65-reactivated CTLs is rare in total CTLs.  
209 Furthermore, the dominated clones in CTLs almost derived from Tem cells in Donor 2, while in  
210 donor 1, only a small part of CTLs clones was shared with Tem (Figure 4D). This phenomenon  
211 indicates that Tem and CD4-CTL cells shared antigen specificity, and Tem may have a tight  
212 relationship with CD4-CTL in differentiation. Meanwhile, we did not find either expanded gene  
213 combination nor expanded CDR3 clones in Treg, implying Treg may be unspecific for antigens  
214 and activated in TCR-independent manners.

215 Discussion

216 CD154 is an effective marker to combine with single-cell mRNA sequencing and accomplishment  
217 high-throughput analysis of virus antigen-specific T cells cytometry<sup>24-27</sup>. Traditional research  
218 methods based on secreted cytokines, such as IFNG or TNF, to testing cmv-specific T cells,  
219 proven to perform well<sup>49-51</sup>. However, it was of limited application in combination with sc-mRNA  
220 sequencing for a reason of cell damage caused by intracellular staining. Another popular method  
221 uses Peptide-MHC multimer to isolate antigen-specific T cells according to specific binding of  
222 TCR with pMHC allows detailed TCR and phenotypic analysis of cells using single-cell  
223 technologies<sup>52,53,54</sup>. However, the decrease of TCR expression in activated T cells leads to the  
224 preference of relative low antigen-specific T cells bound with tetramer, and the selection of  
225 multimer-binding CD4+ T cells may bias our understanding of the phenotype of antigen-specific  
226 CD4+ T cells<sup>55</sup>. The fact that 83.8% CD4+ T cells in CMV high express *CD154* (*CD40LG*)

227 compared with 17.4% low expressed in control indicate that CD154 is comparable with IFNG and  
228 TNF in discriminating antigen-specific CD4+ T cells (Figure 2c). Thus, CD154 is an effective  
229 marker to combine with single-cell mRNA sequencing and accomplishment a high-throughput  
230 technique platform for research on antigen activated CD4+ T cells.

231 Bystander activation of CD4+ T cells is less well studied compared with CD8+T cells , but it was  
232 demonstrated that unrelated memory CD4 T cells can be activated after a recall tetanus  
233 vaccination via bystander activation<sup>56</sup> and multiple cytokines sharing the common receptor  
234 gamma chain can induce CD154/CD40 ligand expression by human CD4+ T lymphocytes via a  
235 cyclosporin A-resistant pathway<sup>57</sup>. In our data, CD4+ memory-like T cells are under an  
236 environment of IFNG and IL2, and they are prone to be activated by these cytokines. Besides, we  
237 find neither clonal expansion nor CDR3 length change in CD4+ memory-like T cell. So, it is  
238 difficult to conclude whether these CD4+ memory-like T cells are CMV pp65 antigen-specific.

239 Our data indicated that the CMV-reactivated Treg had heterogeneously inhibitory functions. *LAG3*  
240 and *CTLA4* are classical markers of Treg, by which Treg completely contact MHC-II and  
241 CD80/CD86 respectively to repress the activation of conventional T cells.  
242 Perforin/granzyme-induced apoptosis is a main pathway used by cytolytic cells to kill target  
243 cells<sup>58,59</sup>, and they commonly expressed simultaneously. In our study, Treg highly expressed  
244 *GZMB*, *SRGN* (encoding an element protein for maintain granzyme storage), but their *PRF1*  
245 expression is limited. One explanation is that a few perforins is enough to facilitate the entrance of  
246 granzyme into target cells. The other is that granzyme B can induce cell death in a  
247 perforin-independent manner<sup>60</sup> where it mediate a cleavage of extracellular matrix to reduce the  
248 adhesion of immune cells and result in their death. In addition to these classical inhibitory  
249 manners, we observed the expression of *LGALS1* and *LGALS3*, encoding Gal-1 and Gal-3  
250 respectively, which may also participate in Treg immunosuppressive activity<sup>61</sup>. In previous studies,  
251 disruption of Gal-1 attenuated the immunoexpressing effect of Treg cells<sup>62</sup> and Gal-1 from Treg  
252 induced the dysfunction of effector T cells and modulated their transient calcium influx<sup>63</sup>. This  
253 regulatory mechanism is not limited to Gal-1 but also employed by Gal-3 in Treg<sup>64</sup>.

254 The presentation of Th1-related cytokines in Treg has been observed in some studies, but whether

255 its appearance implied the stability of Treg inhibitory function is still controversial. In  
256 autoimmune diseases, the expression of effector cell cytokines often coupled with decreased  
257 inhibitory function in Treg<sup>65,66</sup>; while in other conditions, the expression of T-bet and  
258 inflammatory cytokines does not affect the inhibitory function<sup>67,68</sup>. TIGIT is a key regulator to  
259 maintain the stability of Treg inhibitory function<sup>69,70</sup>, and is commonly expressed in activated  
260 naïve, memory and Treg cells<sup>71</sup>. In this study, Treg expressed TIGIT as similar as activated naïve T  
261 cells, implying Treg retained the inhibitory function under CMV infections, and expression of  
262 IFN- $\gamma$  and TNF might enhance their inhibitory function on cells with Th1 phenotypes, including  
263 CD4-CTL, Tem and activated naïve T cells. Furthermore, *CCR6*, *CCR5*, *CCR7*, *CCL20*, *CCL3*,  
264 *CCL4* and *CCL5* were expressed by both Treg<sup>72</sup> and conventional cells, ensuring co-localization of  
265 these cells. Meanwhile, Treg unregulated *IL2RA*, implying an enhanced IL-2 signaling pathway.  
266 LTA is the downstream protein of IL-2RA, and its expression condition lymphatic endothelia for  
267 enhanced Treg transendothelial migration<sup>73</sup>. Notably, no convergent TCR clone was found  
268 between Treg and other CMV-reactivated CD4+ T cells, suggesting Treg may not function to  
269 inhibit other CMV-related CD4+ T cells in TCR-dependent manner. In together, Treg cells in  
270 CMV infection maintain their inhibitory function, and obtained reinforced inhibitory ability by  
271 enhanced migration function.

272 Another significance of Treg is its large proportion in CD4+ T cells. CD4-CTL in CMV is  
273 reported to increase cardiovascular mortality risk of CMV carriers<sup>74</sup>. Chronic infection and  
274 repeated activation of CMV may induced a continuous presentation of CD4-CTL and activation of  
275 other immune cells, and it is reasonable to induce an accumulation of regulatory cells to avoid  
276 their side effects. The large percentage of Treg in CMV-reactivated cells partly supported the  
277 hypothesis, but more studies are need to clarify whether the accumulation is necessary to protect  
278 individual or contributes to the persistent CMV infection. Additionally, it is novel to find the  
279 expression of *CD70* on Treg to our knowledge. *CD70* is commonly expressed on  
280 antigen-presenting cells as well as activated T cells to conform CD27-CD70 pathway to provide a  
281 costimulatory signal. In T cells, CD70 was showed to induce caspase-dependent apoptosis, and it  
282 may also perform a similar function in Treg<sup>75</sup>. However, more investigations should be taken to  
283 unveil CD70 function in Treg.

284 CMV-specific CD4+ Tem displays a distinct cytotoxic function as highly expressed a panel of  
285 canonical cytolytic molecules (*GZMB*, *GZMH*, *GZMA*, *PRF1*, *GNLY*, *NKG7*, *IFNG*, *CTSC*,  
286 *FGFBP2*, and *KLRB1*). *GZMA*, *GZMB*, and *GZMH* belong to granzyme, a subfamily of serine  
287 proteases that are function in mediated cell death. This simultaneous high expression of granzyme,  
288 *PRF1*, *CTSC*, and *GNLY*, may imply that CMV-specific CD4+ Tem is capable of kill target cells  
289 in a granzyme- and perforin- dependent manner. CMV-specific CD4+ Tem cells exert their  
290 function in peripheral target organs by the production of antimicrobial lymphokines, Inflammatory  
291 chemokine, and cytotoxin, thereby directly contributing to the containment of viral infection.  
292 These well prepared cytolytic particles enable CD4+ Tem to quickly start a war against the  
293 infection virus.

294 CD4+ T cells are central organizers in immune responses. CMV-stimulated CD4+ T cell secrets  
295 chemokines and effector molecules to recruit and activate or assist other immune cells to  
296 orchestrate an antiviral response. For example, HCMV-specific CD4+ T cells overall express high  
297 levels of chemokines *CCL4* and the CMV-specific naïve CD4+ T cells express high levels of  
298 *CXCL10*. *CCL4* help recruit immune cells such as macrophages, NK cells, monocytes as well as  
299 activated T cells to the site of infection<sup>76-79</sup>. *CXCL10* help HCMV-specific CD4+ T to recruit  
300 HCMV-specific CD8+ T cells who high expressed CXCR3 (chemokine receptors of CXCL10)<sup>80</sup> to  
301 the Inflammatory site. In addition, *IFNG* high expressed by CMV-specific CD4+ T could help in  
302 direct anti-viral activity and plays an important role in activating immune cells (such as B cells, T  
303 cells, NK cells, and macrophage) and augmenting antigen presentation (such as DC, B cells, and  
304 macrophages)<sup>81,82</sup>. The high expressed cytotoxic marker (*LTA*, *GZMB*) also implies possible direct  
305 antiviral effects of CD4+ T Cells. Since HCMV has acquired extensive mechanisms of immune  
306 evasion, which include the downregulation of MHC class I molecules on infected cells<sup>83,84</sup>.  
307 whereas, effector CD4+ T cells require no MHC class I molecules to eliminate target cells, these  
308 effector lymphocytes may have evolved to support effector CD8+ T cells in suppression of HCMV  
309 infection<sup>1</sup>. Notably, in our data, almost all (99.1%) CMV-specific CD4+ T cell highly expressed  
310 *IFNG* compare with few (1.6%) expressed in control CD4+ T with logFC = 4.576. These results  
311 go nicely in line with the fact that CD4 T cells are important in maintain CD8 T-cell activity  
312 during prolonged infection, and their role in helping the antiviral antibody response may also be

313 essential<sup>82</sup>.

314 Unlike other latent-virus specific T cells (such as EBV, HSV), CMV CD4+ T cell does not show  
315 an exhaustion phenotype. Both EBV-specific CD8+ and CD4+ T cells are highly susceptible to  
316 apoptosis, while CMV CD4+ T cells are not. Akin to the cmv CD4+ T cell response, the majority  
317 of activated EBV-specific CD4+ T cells exhibit Th1-type response and express both perforin,  
318 granzyme B, CD107a<sup>85,86</sup> and lack the lymphoid homing markers CCR7 and CD62L<sup>87</sup>. It was  
319 speculated that EBV-specific CD4+ T cells might highly effective against MHC-II positive EBV  
320 infected B cells. CD4+CD25+ Treg cells are also found in HSV-1 specific CD4+ T cells<sup>88</sup>. HSV<sup>89</sup>:  
321 HSV-1 can establish a latent infection in TG of host, while CD4+ and CD8+ T cells can control  
322 the reactivation of the HSV-1 by surrounding latently infected neurons. CMV CD4+ T cells  
323 exhibit downregulation expression of IL7R, which is also observed in other chronic infections  
324 such as LCMV clone 13 and HIV infection<sup>90-93</sup>. This phenomenon is consistent with the previous  
325 reports that T cells fail to re-express the IL7R<sup>94</sup>, when they are continuously stimulated.

326 Methods and Materials

327 PBMC preparation

328 We obtained peripheral blood from three CMV IgG-positive, healthy donors through a research  
329 protocol proved by the Beijing genomics institution-Shenzhen (BGI-Shenzhen) Institutional  
330 Review Board (IRB). Peripheral blood mononuclear cell (PBMCs) were immediately isolated  
331 from blood collected with EDTA blood collection tube by density centrifuge method with  
332 Histopaque-1077 (Sigma, Cat. 10771) within two hours<sup>95</sup>, resuspended in 4°C cryopreservation  
333 medium consisting 90% fetal bovine serum (FBS, HYCLONE , Cat. sh30084.03) and 10%  
334 Dimethyl sulfoxide (DMSO, Sigma, Cat. D4540) and then placed in Mr. Frosty (Thermo  
335 Scientific) in -80°C container. Samples were then moved to liquid nitrogen for a long-time  
336 storage.

337 Additionally, 2 ml peripheral blood from each donor was collected by blood collection tube  
338 without any additive, placed at room temperature for 30 minutes(min) and centrifuged for 10min  
339 at 2000g. Then plasma was collected and heat shocked for 30min at 55°C.

340 PBMC stimulation

341 Frozen PBMC from liquid nitrogen were immediately thawed in 37°C water and resuspended in  
342 complete medium (RPMI 1640 medium, 10% NEAA and 2% autologous plasma; RPMI 1640 and  
343 NEAA were purchased from ThermoFisher with Cat. 72400120 and Cat. 11140050) to a final  
344 density of 1\*10<sup>7</sup> per milliliter (ml). We moved 150 microliter (ul) of cell suspension with three  
345 repetitions to each well in the 96-well U-plate (Falcon) and incubated them at 37°C for two hours.  
346 Then 75ul culture supernatant in each well was replaced by 75ul stimulation medium, and gently  
347 mixed. Cells were cultured in an incubator with 5% CO<sub>2</sub> at 37°C for 24 hours.

348 The stimulation medium included RPMI 1640 medium (without serum), anti-CD28 (2ug/ml,  
349 Clone G28.5, Genetex, Cat. GTX14148), anti-CD40 (2ug/ml, Clone HB14, Miltenyi, Cat.  
350 130-094-133) with/without CMV peptide (1.2 nmol/ml per peptide). To preserve the surface  
351 expression of CD154 on activated T cells, we used anti-CD40 to inhibit the interaction of surface  
352 CD154 with its counterpart CD40 as described in the previous study<sup>22</sup>. CMV pp65 peptide was  
353 purchased from Miltenyi (Cat. 130-093-438) and diluted in sterile water.

354 Enrichment of CMV pp65-specific T cells

355 Cells were collected and washed with FACS washing buffer (DPBS, 2% FBS and 1mM EDTA)  
356 for once and resuspended in staining buffer (FACS washing buffer with 10% human plasma and 1%  
357 BSA) containing antibodies against CD3, CD4, CD154 and CD69 (Supplementary Table 1). After  
358 been incubated on ice for 40 minutes, cells were washed with FACS washing buffer for twice, and  
359 resuspended in 100ul washing buffer. The stained cells were analyzed and sorted by a BD FACS  
360 Aria II cell sorter (BD Biosciences). For cells stimulated with CMV peptide, CD3+CD154+ cells  
361 were sorted as CMV-specific T cells; For unstimulating cells, monocytes and lymphocytes were  
362 sorted respectively and re-mixed as a control. The gating schedule for cells sorting was recorded  
363 by BD Aria II (Supplementary Fig.1), and FACS data was analyzed with Flowjo v10.0.7

364 Droplet generation, 10X RNA-seq and TCR-seq library preparation and sequencing

365 After been counted with C-Chip (inCYTO), CMV-specific cells and control cells from all three

366 individuals were mixed separately, diluted with PBS to a final concentration ~800/ul, and about  
367 20,000 cells per reaction were loaded onto a Chromium Single Cell Chip (10x Genomics). The  
368 libraries for RNA-seq and TCR-seq were prepared using the Chromium Single Cell 5' Library &  
369 Gel Bead Kit v2, Chromium Single Cell V(D)J Human T Cell Enrichment Kit (10X Genomics)  
370 following the manufacturer's protocol. Sequences within these libraries were ligated with BGISEQ  
371 adapters<sup>70</sup>(doi:10.1101/2020.01.002), and then CMV and control libraries were loaded  
372 onto sequencing chip. The RNA-seq libraries were sequenced with an 8-base index read, a 26-base  
373 read 1 containing cell-identifying barcodes and unique molecular identifiers (UMIs), and a  
374 100-base read 2 containing transcript sequences on BGISEQ500; TCR-seq were sequenced with an  
375 8-base index read, a 150-base read 1 containing cell-identifying barcodes, UMIs and insert started  
376 from V-gene region, and a 150-base read 2 containing insert from C-gene region. The raw data  
377 after sequencing was about 10+35 Gb per library for RNA-seq and 35+35 Gb for TCR-seq. The  
378 data that support the findings of this study have been deposited into CNGB Sequence Archive<sup>96</sup> of  
379 CNGBdb<sup>97</sup> with accession number CNP0001262.

380 Preprocessing single cell RNA-seq data

381 Raw data were split according to sample barcodes into CMV-stimulated (ST) and unstimulated  
382 library (CON), and then were filtered, blasted, aligned and qualified by Cellranger v2.2.0 with  
383 reference of refdata-cellranger-GRCh38-1.2.0 for RNA-seq data and Cellranger v3.0.0 with  
384 refdata-cellranger-vdj-GRCh38-alts-ensembl-2.0.0 for TCR-seq data. Other parameters were set as  
385 default in the software.

386 Supplementary Table 1. FACS antibodies

Antigen	Clone	Fluorophore	Supplier	Dilution
CD3	SK7	FITC	BIOLEGEND	1:100
CD4	RPAT4	PerCP-Cy5.5	EBIOSCIENCE	1:200
CD154	TRAP-1	PE	BD	1:50
CD69	FN50	BV421	BIOLEGEND	1:50

387 Data Integrating and cell clustering

388 The R package Seurat<sup>98</sup> 3.1.5 was used to integrate and analyze datasets from CMV and control.  
389 The merged expression matrix was firstly filtered following the Seurat recommendation<sup>99,100</sup> and a  
390 total of 8671 cells with unique UMI was obtained. Unsupervised clustering was conducted with  
391 Seurat with the parameter res = 0.5, it revealed a total of 16 clusters. We used mRNA biomarkers  
392 (Supplemental Table 2) obtained from recently published articles<sup>101-103</sup> to identify these clusters,  
393 and GSEA analysis was conducted to identify cluster3(see method Gene set enrichment analysis).  
394 TCR repertoire datasets were also combined to identify putative mucosal associated invariant T  
395 (MAIT) cells and  $\gamma\delta$ T. Based on the expression of a typical TCR<sup>104,105</sup>(Supplemental Table 2), a  
396 17th cluster (putative mucosal associated invariant T, MAIT) was emerged from cluster12. Based  
397 on whether they express a TCR a chain, and meanwhile express  $\gamma\delta$  biomarkers (CD3D, CD3E,  
398 TRDC, TRGC1, TRGC2), 2111  $\gamma\delta$ T cells were identified and excluded from further analysis.  
399 The above classification was consistent with hematopoietic differentiation and the previously  
400 published t-SNE plots of PBMC scRNA-seq<sup>106-108</sup>.

401

402 Supplementary Table 2. cell type markers

Cell Type	Markers
naïve CD4 T	CD3E, CD4, SELL, CD27, TCF7, CCR7 <sup>102</sup>
naïve CD8 T	CD3, CD8A, SELL, CD27 <sup>102</sup>
$\gamma\delta$ T	CD3+CD4-CD8-   CD3+CD4-CD8aa+, CD3D, CD3E, TRDC, TRGC1, TRGC2 <sup>101</sup>
Memory Like T	CD3E, CD4, SELL, CD27   CCR7, SELL, TCF7
Treg	CD3E+, TIGIT, CTLA4 <sup>108</sup>  FOXP3, IL2RA, CTLA4 <sup>109</sup>
Tem	CD3E, CD4/CD8A, CD27, PRF1, GNLY
B	CD79A, CD19, CD79B, IGKC, IGHM, MS4A1, IGHD
NK	CD3E-,CD4+,FOXP3+,TNFRSF9+, NKG7, GNLY, NKG7, KLRD1, KLRC1 <sup>103</sup>
active CD8 T	CD3E, CD8A, CD69, TNFRSF9(CD137)

CTL	GZMA, GZMB, PRF1, NKG7, CCR7, CD27, CD28, IL7R <sup>110</sup>
Monocyte	LYZ, S100A9, CD14, FGL2, MS4A7 <sup>103</sup>
MAIT	TRAV1-2 / TRAJ33, TRAV1-2 / TRAJ20   TRAV1-2 / TRAJ12 <sup>105</sup>

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403

404 Differential express gene (DEG) analysis

405 DEG analysis was conducted by the function *FindMarkers* provided by *Seurat*. To character the  
406 features of CMV-specific CD4+ T cell response, we used a stricter standard to filter out DEGs  
407 between CMV and control CD4+ T cells according to the following standard: for upregulation  
408 genes in CMV, adjusted P-value < 0.05, log fold change >1, percentage of cells expressing the  
409 gene in CMV sample (pct.1) >0.8, percentage of cells expressing the gene in control (pct.2) < 0.2;  
410 for downregulation genes in CMV, adjusted P-value < 0.05, logFC >1, pct.1 <0.2, pct.2 >0.8.

411 Quality control metrics and filtering

412 We used the CellRanger v2.2.0 software with the default settings to process the raw FASTQ files,  
413 align the sequencing reads to the GRCh38 transcriptome, and generate a filtered UMI expression  
414 profile for each droplet.

415 Identifying the sample identity of each droplet

416 Firstly, transcriptome of each donors' peripheral blood mononuclear cell was sequenced on the  
417 BGI-SEQ500 platform with the sequencing type SE200. Raw data with 10G per sample was  
418 obtained. Then, we followed the best practices workflows recommend by  
419 GATK(<https://gatk.broadinstitute.org/hc/en-us/articles/360035531192-RNAseq-short-variant-discovery-SNPs-Indels->) to call SNP (Single-nucleotide polymorphism) and create VCF files  
420 containing the genotype (GT) to assign each barcode to a specific sample. The VCF file and BAM  
421 files produced by cellranger2 was passed to the demuxlet software to deconvolute sample  
422 identity<sup>28</sup>. Finally, we assign the best guess of the samples' identity to their corresponding donor  
424 and each "possible" or "ambiguous" droplets as unclear.

425 Gene ontology analysis

426 To annotate the potential functions of the DEGs of each CD4+ T cell cluster , GO enrichment  
427 analysis was conducted using the clusterProfiler R package<sup>111</sup>(version 3.14.3) with the differential  
428 expressed feature genes identified by Seurat. Top 20 Enriched pathways, ranked by normalized  
429 enrichment score, with the FDR q-val  $\leq 0.05$  were chosen and visualized.

430 Gene set enrichment analysis

431 Gene set enrichment analysis (GSEA, <http://www.broad.mit.edu/gsea>) was conducted with default  
432 sets to deduce the cell type of cluster 3. The gene set collection used for GSEA was  
433 c7.all.v7.1.symbols.gmt ([ftp://ftp.broadinstitute.org://pub/gsea/gene\\_sets/c7.all.v7.1.symbols.gmt](ftp://ftp.broadinstitute.org://pub/gsea/gene_sets/c7.all.v7.1.symbols.gmt)).

434

435 Pseudotime Analysis

436 A total of 1200 cells from cmv (include five clusters: naïve CD4 T, central memory T, effector  
437 memory T, Treg, CTL) were used for pseudotime analysis. The analysis was performed with  
438 Monocle2 (version 2.14.0) with UMI count expression data <sup>112</sup>. All the parameters were set as  
439 default. Differential expression gene between the five clusters was identified with  
440 differentialGeneTest function implemented in Monocle 2. The resulting genes with qval < 1e-5  
441 was selected for ordering cells in pseudotime using reduceDimension with the DDRTree method  
442 and orderCells functions.

443 Donor 1

Cluster	TRB CDR3	Subtype
1	CAISALAGHQTYNEQFF	memory
	CASSLAGHNGARELFF	Treg
	CASSPRLAGHTGELFF	Treg
2	CASSPRTKGASGRAVETQYF	memory
	CASSPRTKGASGRAVETQYF	Treg
3	CASSLWSTEDTQYF	memory
	CASSLWSTEDTQYF	Treg
4	CASSSLPSNYGYTF	CTL
	CASSSLPSNYGYTF	Tem
5	CASSEGNSGDNQPQHF	Treg
	CASSEGNSGDNQPQHF	Tem
6	CASSSRRTGIPTDTQYF	memory
	CASSSRRTGIPTDTQYF	Treg
7	CASSLDIQETQYF	memory
	CASSLDIQETQYF	Treg

444

445 Donor 2

Cluster	TRB CDR3	Subtype
1	CASSQVGAELYGYTF	Treg
	CASSQVGTATEAFF	Treg
	CASSSQVGYGYTF	memory
2	CASSTTSGGYNEQFF	CTL
	CASSTTSGGYNEQFF	Tem
3	CSAREDRAWAPLHF	CTL
	CSAREDRAWAPLHF	Tem

446

447 Figure 1: CMV pp65-specific CD4+ T cells are characterized by typical antiviral profiles. (A)  
448 Experimental workflow for single-cell analysis of CD4+ T cells from PBMC of three donors  
449 includes CMV pp65 in vitro stimulation and culture, CD154+ T cell sorting, and 5' single-cell  
450 RNA and paired T cell receptor sequencing. UMAP embeddings of merged scRNA-seq profiles  
451 from control and stimulated (CMV) immune cells were plotted and colored by cell cluster (B) and  
452 sample (C) respectively. (D) UMAP projections for the merged CD4+ T cells colored by  
453 expression of *CD3E*, *CD4*, *SELL* (naive marker), *TCF7*, *CCR7*, *CD27*, *CD28*, *FOXP3* (Treg  
454 marker), *TIGIT*, *IL2RA*, *CTLA4*, *PRF1* (cytotoxic marker), *GZMB*, *GNLY*, *NKG7*. Expression  
455 values are normalized across CMV and control datasets. (E) Heat map of scaled mean gene  
456 expression of the major canonical markers (columns) detected in different cell types in merged  
457 cells of CMV and control (rows). (F) Dot plot of differential express genes (DEGs) shows both the  
458 expression level and the percentage of CD4+ T cells in CMV and control. (G) Gene ontology (GO)  
459 analysis of DEGs between CMV CD4+ T and that of control. The Top 20 enriched GO terms are  
460 ordered on the y-axis. X-axis represents the gene percentage in enriched GO terms. Sizes of the  
461 dots represent the number of genes included in each GO term. The color gradient of dots  
462 represents the adjusted P-values of each enriched GO term.

463 Figure 2: Polyfunctionality profiles of CMV pp65-stimulated CD4 + T cell subsets. UMAP  
464 embeddings of merged scRNA-seq profiles from control and stimulated (CMV) CD4+ T cells  
465 were plotted and colored by cell cluster (A) and sample (B) respectively. Subpopulations of CD4+

466 T cell colored in (A) were identified with canonical markers described in Supplementary Table 2.  
467 (C) Distribution of the abundance of the five subsets in the CD4+ T cells of CMV and control  
468 datasets. (D) Heat map of these five subsets with the Top10 DEGs between each of them. (E)  
469 Violin plots of exemplary feature gene expressions of the five subsets. These feature genes were  
470 classified and labeled with their group name on the left.

471 Figure 3: CMV pp65 stimulated CD4+ naïve T cells show obvious activation characteristics. (A)  
472 Volcano plot showing the log2FoldChange(x-axis) and  $-\log_{10}(p_{\text{val\_adj}})$  (y-axis) for differential  
473 expression gene between CMV and control naïve CD4+ T cells. Genes with log2FoldChange > 1  
474 and adjusted p value < 0.05 are more highly expressed among CMV and highlighted in red and  
475 labeled with their names. Genes with log2FoldChange < -1 and adjusted p value < 0.05 are  
476 downregulated in CMV and highlighted in blue and labeled with their names. (B) GO analysis of  
477 DEGs between CMV naïve CD4+ T and that of control. The Top 20 enriched GO terms are  
478 ordered on the y-axis. X-axis represents the gene percentage in enriched GO terms. Sizes of the  
479 dots represent the number of genes included in each GO term. The color gradient of dots  
480 represents the adjusted P-values of each enriched GO term. (C) and (D) Pseudotime analysis of the  
481 five CD4+ T cell subsets in CMV. These cells were colored by cell cluster (C) and cell state (D)  
482 respectively. (E) Violin plots of exemplary feature gene expressions of the naïve CD4+ T cells  
483 from CMV and control. These feature genes were classified and labeled with their group name on  
484 the left.

485 Figure 4: TCR repertoire analysis of the five CD4+ T cell subsets from donor 1 and donor 2.  
486 Frequencies of gene combination of TRAV\_TRAJ\_TRBV\_TRDJ (A) and the combination of  
487 CDR3a\_CDR3b (B) of five stimulated CD4+ T cell subsets from each donor. X-axis is the ranked  
488 top 10 gene combination of each cluster. Y-axis is the count of each clonotype. (C) Distribution of  
489 amino acid (A.A.) length of TCR alpha and TCR beta of five CD4+ T cell subsets in CMV and  
490 control from the two donors. (D) TCR convergence of each cluster from two donors were  
491 analyzed with GLIPH2<sup>23</sup> (left: donor 1, right: donor 2). Clonotypes are sorted by descending order  
492 with their sequence counts, and the wide on circus indicate the sequence count per clonotype.

493 Supplement Figure 1: Distribution of stimulated CD4+T cells from each donor (n = 3). (A) UMAP

494 embeddings of CMV CD4+ T cells from each donor. *demuxlet*<sup>28</sup> was used to assign these cells to  
495 each donor, the ambiguous droplet was assigned as “unclear”. Proportions of cells from each  
496 donor was showed on the left. The UMAP embeddings were colored (A) or split by donors(B)  
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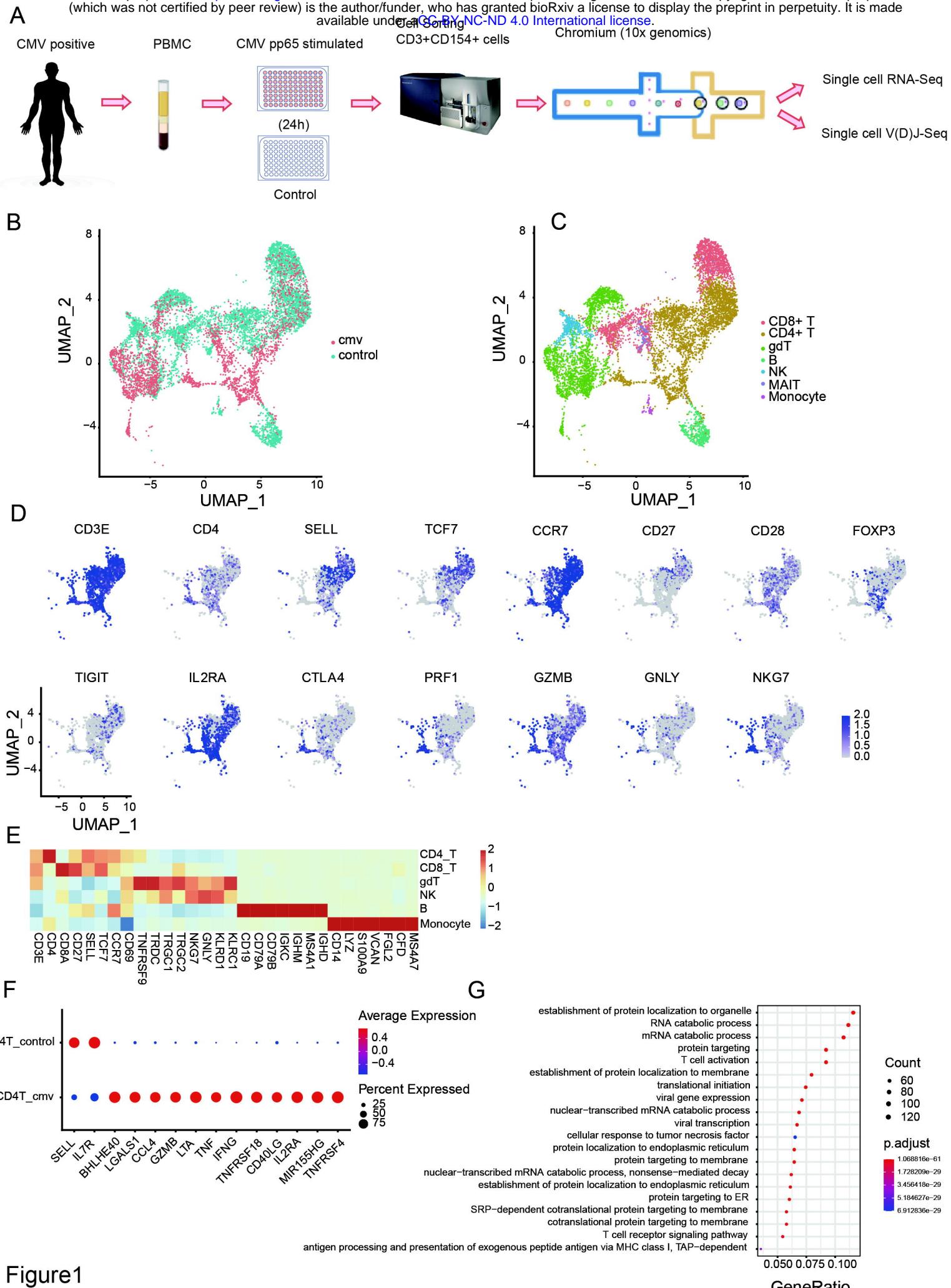


Figure1

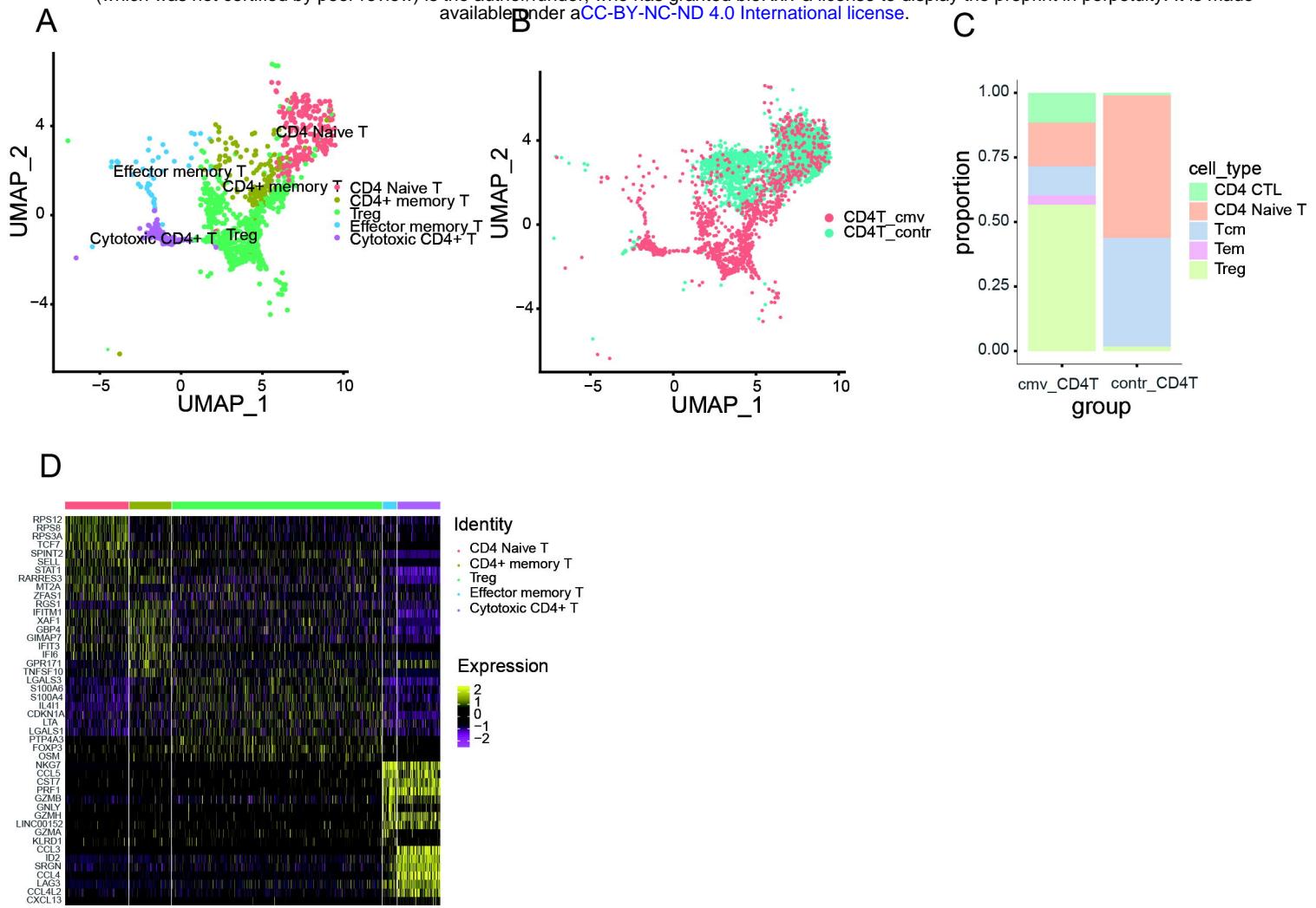


Figure2

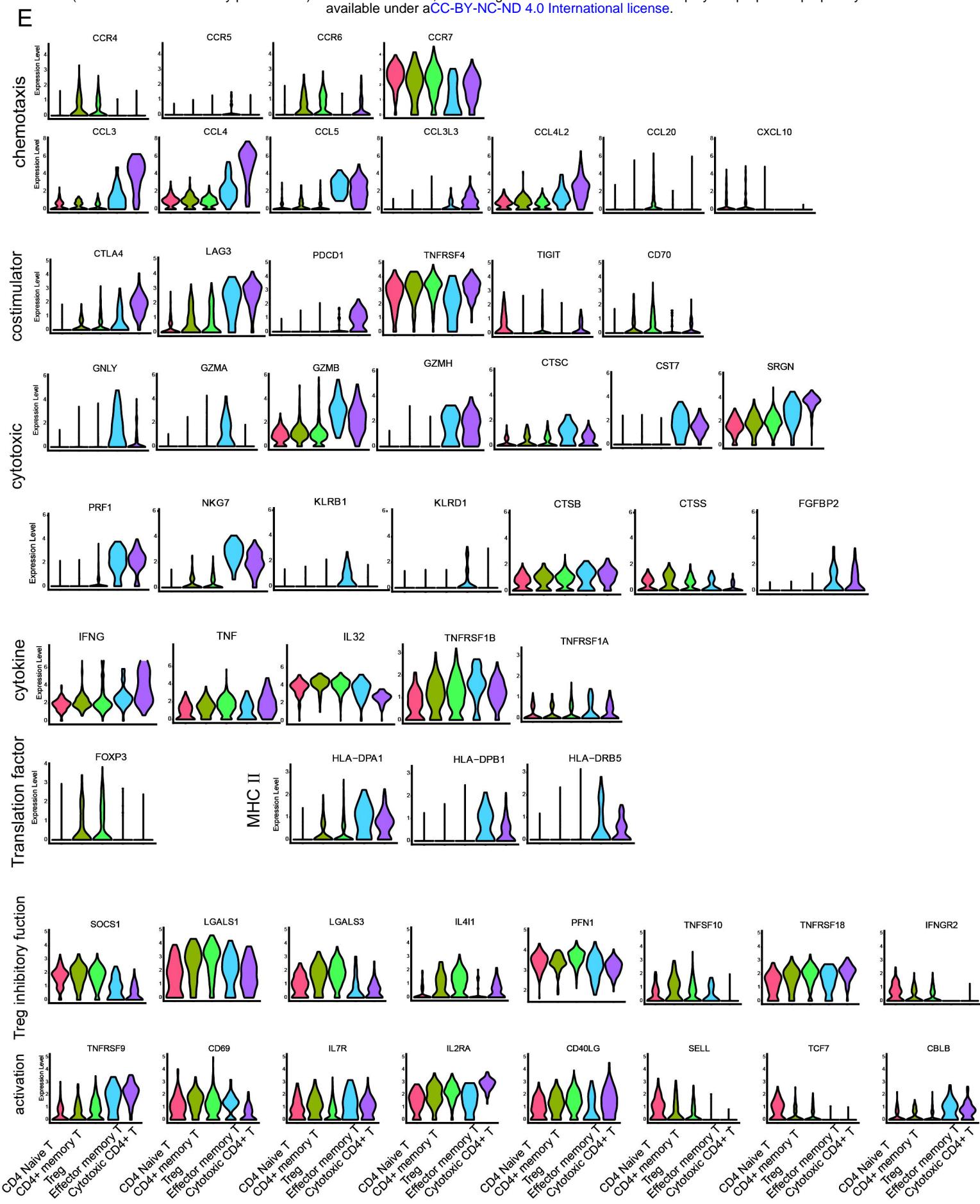
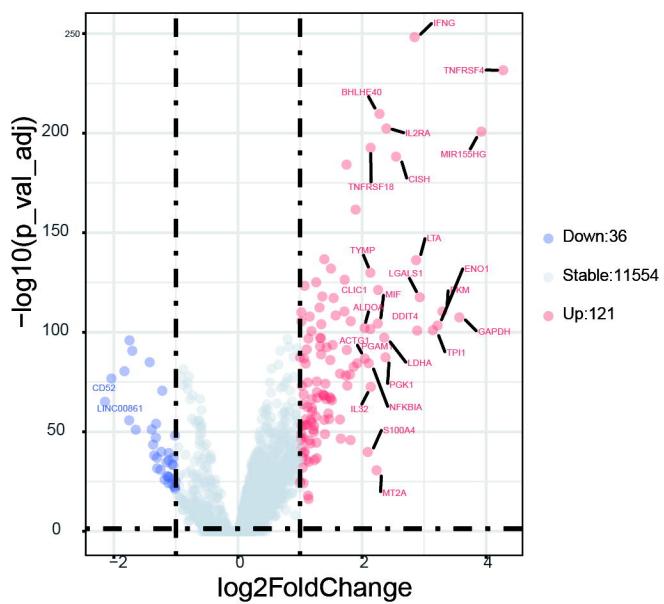
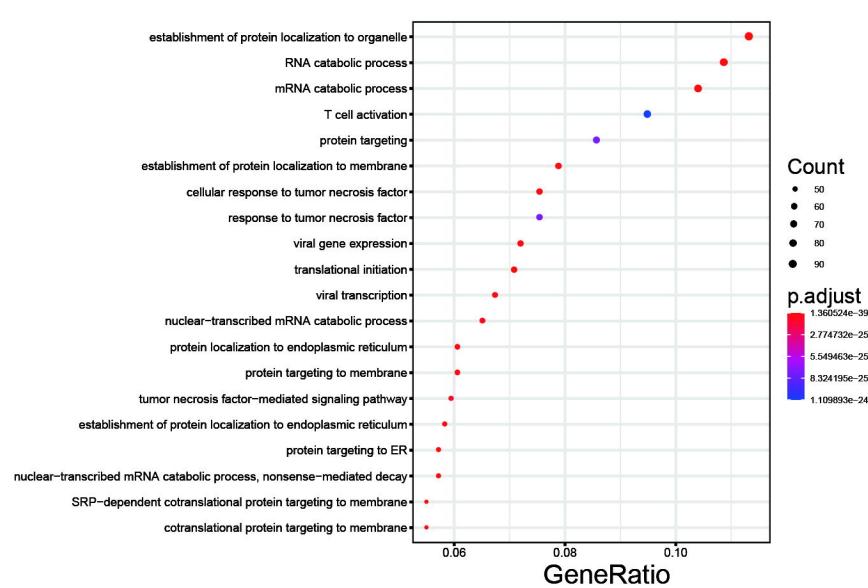


Figure2 E

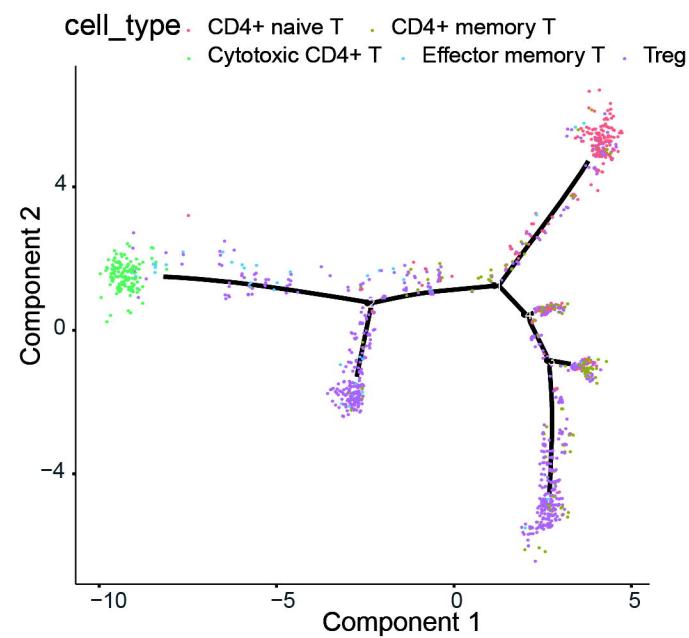
A



B



C



D

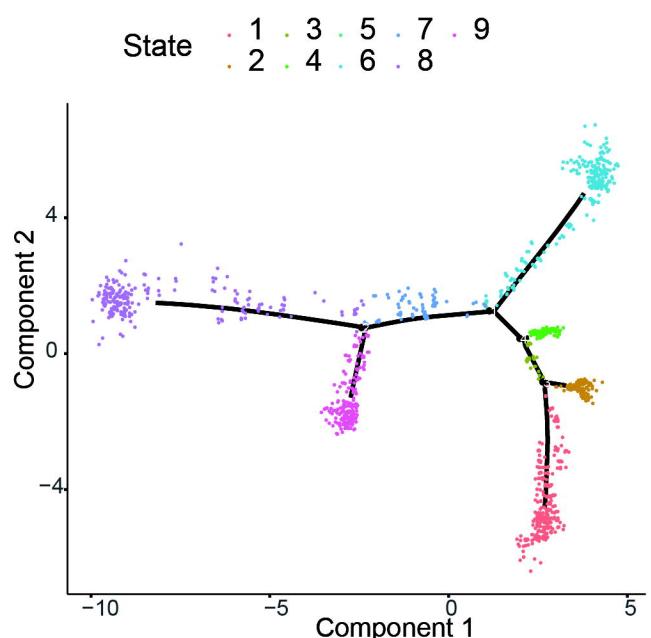


Figure3

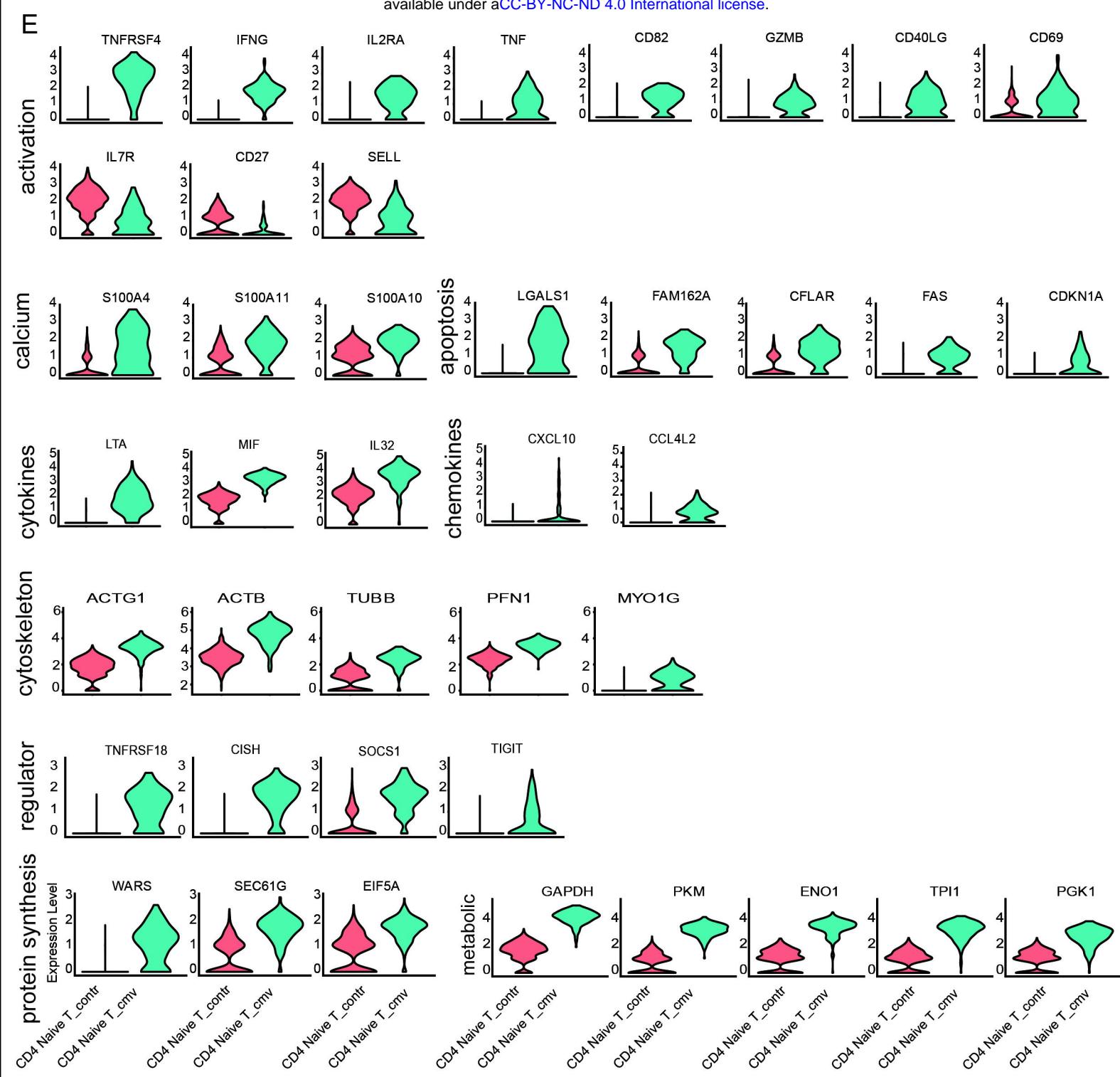


Figure3 E

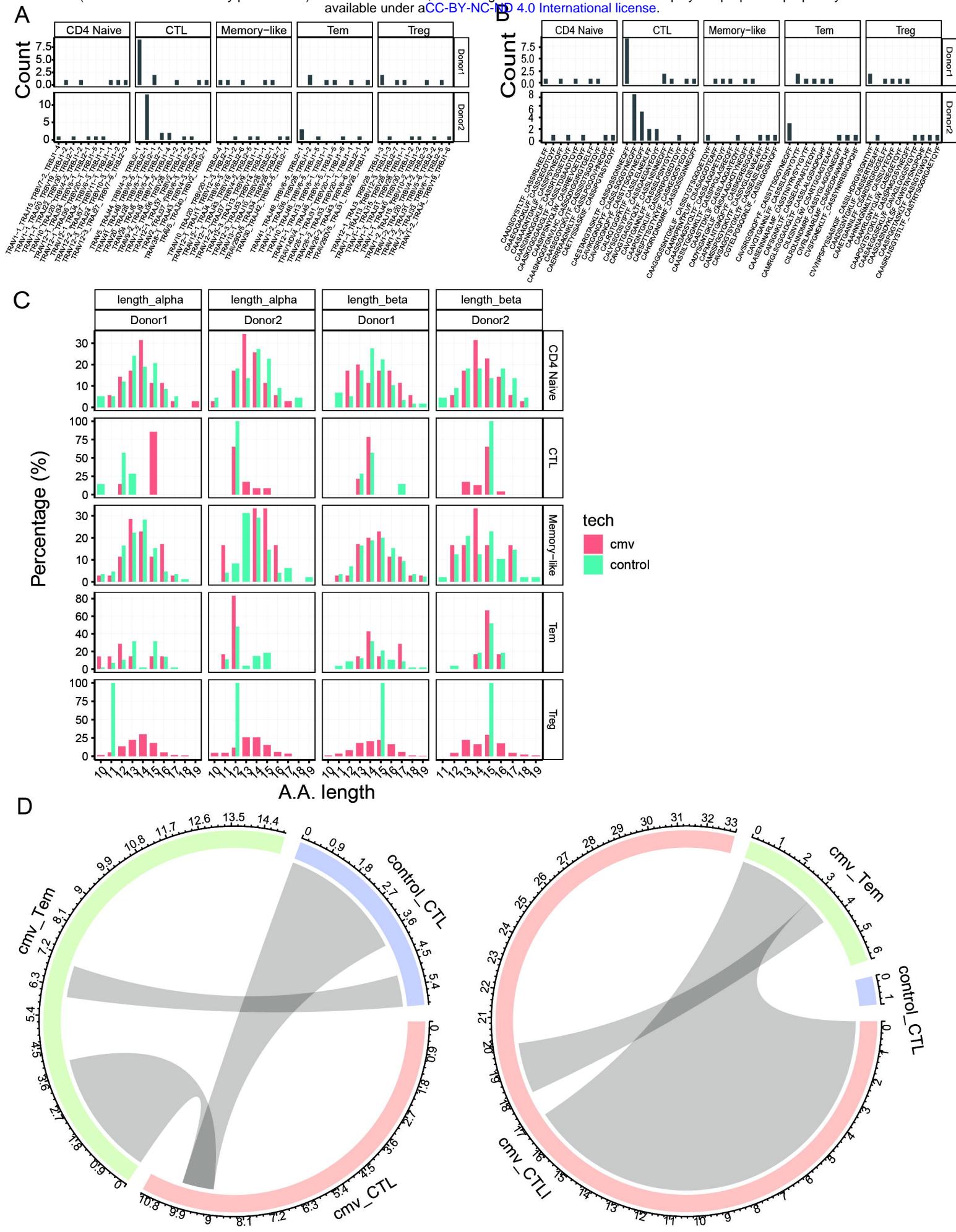


Figure4