

1 Evidence of hidden hunger in Darwin's finches as a result of
2 non-native species invasion of the Galapagoes cloud forest.

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18 Abstract. Invasive species pose a major threat to forest biodiversity, particularly on islands,
19 such as the Galapagos. Here, invasive plants are threatening the remnants of the unique cloud
20 forest and its iconic Darwin's finches. We posit that food web disturbances caused by invasive
21 *Rubus niveus* (blackberry), but also the management measures used to control it, could
22 contribute to the rapid decline of the insectivorous warbler finch (*Certhidae olivacea*). We
23 compared changes in long-term management, short-term management and unmanaged
24 areas. We measured C:N ratios, $\delta^{15}\text{N}$ -nitrogen and $\delta^{13}\text{C}$ -carbon signatures in bird blood and
25 arthropods, as indicators of resource use change, in addition to mass abundance and diversity
26 of arthropods. We reconstructed the bird's diets using isotope mixing models. The results
27 revealed that finches in (*Rubus*-invaded) unmanaged areas foraged on abundant yet
28 low quality arthropods and had shorter tarsi. Is this the first evidence of hidden hunger in
29 degraded terrestrial ecosystems in Galapagos?

30 **Introduction:**

31 Invasive species are a major threat to biodiversity globally, even more to endemic island
32 species which are particularly vulnerable, as host species gene pools and "escape" strategies
33 are more restricted on insular island ecosystems (Atkinson, 1989). Species invasions at the
34 primary producer level can cause massive ecosystem level changes (Szabo et al., 2012). In
35 times of rapidly dwindling biodiversity, intensive habitat management is often the only option

36 available to tackle invasive species and save the threatened focal species and/or their
37 ecosystems (Moser et al., 2018). However, intensive management such as physical or
38 chemical plant removal can also cause ecosystem disturbances and have detrimental effects
39 on non-target species. Assessing the direct and peripheral effects of management measures
40 is difficult and labour- and time- intensive. Here we present a novel stable isotope approach
41 that detects and diagnoses ecosystem degradation, allowing for rapid response actions.
42 Disturbance of food web structures and niche structure degradation are implicitly preserved in
43 the isotopic signature of the focal species, as isotopic ratio of an organism is the result of all
44 trophic pathways making up that individual, reflecting the trophic niche (Layman et al., 2012).

45 Darwin's finches, endemic to the Galapagos Islands, have inspired some of the most important
46 concepts in evolutionary biology (Watson et al., 2018). Although, all 17 species (Lamichhaney
47 et al., 2015) have evaded extinction since Darwin's first voyage, recently, populations have
48 been decimated by habitat loss and the introduction of two aggressive invasive species, *Rubus*
49 *niveus* (blackberry) and the parasitic fly *Philornis downsi* (Cimadom et al., 2019). Significant
50 population declines of Darwin's finches in the highlands of Santa Cruz were identified from
51 1998 to 2014 (Dvorak 2012). The insectivorous warbler finch (*Certhidea olivacea*) has suffered
52 the most, with a decline of up to 50% in the forested and 75% in agricultural areas (Mauchamp
53 and Atkinson, 2010). The primary habitat of the warbler finch is cloud forest that has
54 experienced a 99% reduction in its area since the middle of the last century (Dvorak et al.,
55 2012) due to human agricultural activities but also due to invasion of introduced plant species
56 such as the invasive blackberry *Rubus niveus* (Rentería et al., 2012). The cloud forest is
57 dominated by the endemic tree species *Scalesia pedunculata* (Rentería et al., 2012) with max.
58 height of 12 m and a breast height diameter of up to 30 cm (Jäger, unpubl. data). *Scalesia* is
59 a member of the daisy family *Asteraceae* and grows in dense stands in the humid zones of the
60 major Galapagos islands. Although on a decadal scale, *Scalesia* canopy-cover is not affected
61 by the *Rubus* invasion, at the invaded sites, understory plant composition is dramatically
62 altered; with impenetrable dense thickets of *Rubus* with an above ground biomass of up to 10t
63 ha⁻¹ (Rentería et al., 2012). We hypothesised that areas invaded by *Rubus* act as a plentiful
64 food resource for the primary consumers, mainly arthropods and that the subsequent
65 consumption by the finches of the available abundant "low quality" primary consumers, leads
66 to trophic disturbances with physiological consequences for the insectivorous birds.

67 The Galapagos National Park Directorate has pursued a policy of intensive *Rubus* removal,
68 with machetes and subsequent herbicide control since 2003, to protect the remaining *Scalesia*
69 forest. The invasive species management leads to the temporary removal of the understory in
70 the controlled areas and a reduced availability of arthropods (Cimadom et al., 2019). In the
71 immediate aftermath of control measures, significant reductions in the warbler finch's breeding
72 success have been observed (Cimadom et al., 2014) suggesting a major disruption of the
73 warbler finch's food web structure (Cimadom et al., 2019). We posit that both the invasion of
74 *Rubus* and the management of *Rubus* cause major ecosystem level changes in resource
75 structures, which have significant implications for our focal species, the warbler finch
76 (*Certhidea olivacea*).

77 We sought to determine whether measuring the isotope signatures and stoichiometry of blood
78 samples from the focal species could be used as a metric to indicate habitat degradation, thus
79 quantitatively characterizing trophic structures. Laymann (Layman et al., 2007) suggested,
80 $\delta^{13}\text{C}-\delta^{15}\text{N}$ niche space is a representation of the total extent of trophic diversity within a food
81 web. This is based on the premise that organisms, consumers and prey species reflect the

82 consequences of changes in their environmental conditions and habitat structure, revealing
83 shifts in their diet through the isotopic signatures in their blood (Fry, 2006). We predict that
84 changes in prey type and availability in the *Scalesia* forest, as a consequence of *Rubus*
85 invasion or invasive species management, should be captured in the isotopic signatures of the
86 blood of the adult insectivorous finches (Inger and Bearhop, 2008; Wessels and Hahn, 2010)
87 following the maxim “You are what you eat...plus a few per mil” (Boecklen et al., 2011a; Fry,
88 2006; Wessels and Hahn, 2010).

89 Contingent on the food supply and choice, consumers will feed on different proportions of
90 particular dietary components (Inger et al., 2006). If these components have different isotopic
91 signatures, their contribution can be easily detected with isotope based statistical mixing
92 models (Wessels and Hahn, 2010). To reconstruct the diet, the mixing models use the
93 consumers' isotope signature, the isotopic signature and elemental percentages of the dietary
94 components and account for the trophic fractionation factor (the “...plus a few per mil”). The
95 trophic fractionation represents the net-value between the consumer and diet signatures
96 considering metabolic and physiological processes within the consumer (DeNiro and Epstein,
97 1978, 1981) In contrast to traditional methods such as stomach content analysis, stable
98 isotopes provide information, not only on digested food, but also on the assimilated
99 components (Caut et al., 2009).

100 Stable isotope analysis of diverse metabolically active tissues allows tracking of temporal
101 changes in diet and integrates values over extended periods. A drop of blood reflects the
102 isotope signature within a time-frame of weeks, (Wolf et al., 2009a) whereas feathers and
103 bones changes over months-years. Isotopic signatures provide accurate information about the
104 diet of organisms, and can reveal whether diets change due to migration, weather conditions,
105 habitat degradation, age, fasting, moulting, etc (Boecklen et al., 2011b; Cherel et al., 2005;
106 Hobson, 1999; Hobson et al., 1993; Jackson et al., 2012).

107 Furthermore, using the stable isotope signature, it is possible to determine the trophic position
108 of different organisms in the food web. In general, there is a slight discrimination in the isotopic
109 components (C and N) in animals with respect to their diet (DeNiro and Epstein, 1981, 1978).
110 Trophic fractionation of nitrogen is generally higher than that of carbon and is caused by the
111 preferential metabolism of light nitrogen compounds (Podlesak and McWilliams, 2006). The
112 $\delta^{15}\text{N}$ Range (NR) distance between two species, with the most enriched and most depleted
113 values at opposite ends of the food chain, yields a representation of vertical structure within a
114 food web. The larger the range, the more trophic levels and a greater degree of trophic diversity
115 is generally assumed. This premise was adopted herein, suggesting that the convex hull area
116 plotted in a $\delta^{15}\text{N}$ - $\delta^{13}\text{C}$ bi-plot of dietary components represents trophic diversity and thus niche
117 space (Layman et al., 2007). Importantly, elevated ^{15}N values in biological tissues are
118 indicative of starvation, as a result of nitrogen and/or protein recycling during starvation (Fry,
119 2006). Stoichiometric information, particularly C:N ratios of blood, also provides information on
120 feed quality in terms of protein content. Dietary crude protein content generally determines
121 growth rates, specifically in chicks (Márcia et al., 2016). Low dietary protein density can lead
122 to hidden hunger; the supply of sufficient calories, but insufficient protein-nutrients such as
123 nitrogen (Gödecke et al., 2018) or micro nutrients, which may lead to growth impairment and
124 stunting (WHO, 1995).

125 We predicted that changes in prey availability should be apparent in the isotopic signatures of
126 the warbler finch's blood. Analysing the blood isotope signatures of the finch populations

127 should allow us to trace the consequences of ecosystem level changes in dietary resource
128 structure (Boecklen et al., 2011), caused by the invasion and control of *Rubus*.

129 In an experimental set-up, we investigated the effect of different *Rubus* management strategies
130 in different areas: heavily *Rubus*-invaded with no control measures (NC), areas where *Rubus*
131 has been recently removed and managed, since 2015 (RC) and areas with long-term-*Rubus*-
132 removal management, since 2012 (LTM). Specifically, we asked: Does arthropod biomass
133 differ between management areas in different foraging strata and over the breeding season?
134 Even if the three study areas have similar overall arthropod productivity, the proportion of
135 arthropod species which are suitable as prey could be lower. Thus, we asked. Does the
136 predominant prey consumed differ between the invaded and managed areas and is there a
137 difference in prey quality? To address these questions, we used traditional gravimetric and
138 abundance analysis, in combination with stable isotope and stoichiometric signatures.
139 Specifically, we measured whether there is an overlap of carbon and nitrogen isotopic
140 signatures between available prey and the warbler finch's blood (after accounting for trophic
141 fractionation) to gain an understanding of feeding pathways and total niche space. In addition,
142 we obtained information on the prey quality i.e. carbohydrate/fats versus protein (C:N).

143 We hypothesized that the near-complete removal of the forest understory leads to a decrease
144 in the quantity of arthropod prey available, and the presence of *Rubus* leads to an increase in
145 available low quality arthropod prey, resulting in a decrease in bird-body mass index (BBMI),
146 weight and tarsus length, as indicators of finches' overall condition.

147 **Results:**

148

149 *Arthropod biomass*

150 Biomass was measured in two sampling rounds in 2015; one at the beginning of the breeding
151 season in late January (round 1) and one in the middle of the breeding season in mid-April
152 (round 2). The wet and warm season usually begins in early December and precipitation tails
153 off, usually finishing by the end of May, with the drier and cooler weather dominating for the
154 rest of the year. Overall, arthropod biomass (dry weight) was highest in the long-term
155 management area (LTM) and lowest in the recently controlled area (RC). When comparing the
156 arthropod biomass across forest strata or layers, the canopy had significantly higher arthropod
157 biomass than the other layers, moss and understory, in all cases ($F_{(2,162)}=25.323$ $P<0.001$),
158 (Figure 1). In the middle of the breeding season (round 2, mid-April) arthropod biomass was
159 significantly higher than at the beginning of the breeding season (round 1, late January),
160 ($F_{(1,162)}=5.104$, $P=0.025$). Overall, recently controlled areas (RC) in round 1 had the lowest
161 arthropod biomass and long-term managed areas (LTM) in round 2 had the highest (Figure 2).

162 We discounted Diplopoda from our analysis, as observations had shown, from focal follows
163 monitoring bird foraging, as well as bird stomach contents analysis, that due to their large size,
164 Diplopoda were never eaten by the finches. Following convention, once it has been established
165 that birds do not feed on a specific species, herein Diplopoda, it is reasonable that they can be
166 excluded from the investigation (Wolda, 1990)

167 Relative arthropod biomass data showed similar relative abundance patterns within the forest
168 layers across management areas. When comparing dominant arthropod orders between

169 rounds and forest layers, we found that in each sampling round, each forest layer had
170 consistently similar dominant arthropod orders (Figure 2). However, the dominant orders
171 (ranked by dry weight biomass) differed between forest layers. In the canopy, the two dominant
172 orders were Araneae and Coleoptera in all three study areas. In the two areas (RC & LTM),
173 the third most important order was Hemiptera, which were almost absent in the unmanaged
174 area (NC). In the unmanaged area, the third most important order was Lepidoptera.

175 In the moss layer, the dominant arthropod orders differed between the three study areas: In
176 the recently controlled area (RC), the most dominant orders were Lepidoptera, followed by
177 Hymenoptera and Araneae. In the long-term-managed area (LTM), dominant orders were
178 Coleoptera and Hymenoptera followed by Araneae. In the un-managed (NC) the most
179 dominant order was Acari, followed, by Lepidoptera and Araneae.

180 In the understory from the recently controlled area (RC), the dominant order was Araneae,
181 followed by Diptera and Orthoptera. In the long-term-managed area (LTM), the dominant order
182 was Hemiptera, followed by Orthoptera and Araneae. In the unmanaged area (NC), the order
183 of the dominant orders was the same as in the long-term management area (LTM) but the
184 relative mass abundance of Araneae was much lower than in the other two areas (less than
185 10%).

186 Primary producer isotope signatures

187 *Scalesia pedunculata* was set as the isotopic dietary baseline. The $\delta^{15}\text{N}$ isotopic signatures of
188 both the *Scalesia* and the *Rubus* leaves were not significantly different across the three
189 different management areas but nitrogen isotopes signatures of the two species were
190 significantly different from one another (*Scalesia* mean: 5.7‰ and *Rubus* mean: 1.2‰,
191 $F_{(1,57)}=139$ $p<0.001$). There were significant differences in $\delta^{13}\text{C}$ of *Scalesia* across sampling
192 events of the different rounds, but not between management areas, in the drier-latter part of
193 the breeding season-round 2 values were more enriched ($F_{(1,24)}=18.56$ $p<0.0001$ Figure S2),
194 this was attributable to differences in seasonal plant water availability and had no influence on
195 the consequent dietary reconstructions. There was no significant difference between the
196 molecular C:N ratios of *Rubus* and *Scalesia* leaves.

197 Arthropod isotope signatures and quality

198 The arthropod weighted average $\delta^{15}\text{N}$'s were significantly different across management areas
199 ($F_{(2,159)}=3.765$, $P=0.025$) and forest layers ($F_{(2,159)}=14.098$, $P<0.001$), but not across rounds
200 ($F_{(1,159)}=0.648$, $P=0.422$), (Figure 3, Table 1). Multiple comparison analysis highlighted
201 significant differences in weighted average arthropod $\delta^{15}\text{N}$ between the unmanaged area (NC)
202 and the short-term management area (RC), ($\text{Tukey HSD-}P_{\text{adj}}=0.025$).

203 Arthropod's C:N ratios were significantly different across management areas
204 ($F_{(2,158)}=6.340$, $P=0.002$), (Figure 3), and across forest layers ($F_{(2,158)}=9.152$, $P<0.001$). Pairwise
205 comparison showed that values of C:N ratios from the unmanaged area (NC) were significantly
206 higher than values in the managed areas, RC and LTM ($P=0.002$ & $P=0.023$, respectively).
207 Canopy C:N ratios were significantly lower than the other two forest layers, moss ($P<0.001$)
208 and understory ($P=0.047$). Nitrogen densities (mg N m^{-2}) were significantly different across
209 forest layers ($F_{(2,158)}=20.280$, $P<0.001$). Canopy arthropods had significantly higher nitrogen
210 densities than the other two forest layers, moss and understory ($P<0.001$ in both cases).
211 Although whole system mean arthropod nitrogen densities ranged between 3.97 and 8.31 mg

212 N m⁻² for the three management areas) significant differences were not detected, possibly a
213 consequence of high variation and compounding measurement uncertainties.

214 The trophic structures of the *Scalesia* forest persisted across the management types based on
215 the isotope signatures, warbler finches occupied the highest position in the trophic web
216 sampled. As predicted, arthropods, in general, occupied the lower levels, the herbivorous
217 arthropods consistently had the lowest $\delta^{15}\text{N}$ values and the carnivorous arthropods “a few per
218 mil” higher. Clear trophic isotopic enrichment was observed in the finch blood in the long-term
219 management area (LTM), with the highest $\delta^{15}\text{N}$ of and $\delta^{15}\text{N}$ -range (of all the areas, figure 5)
220 with less distinct differences between secondary consumers observed in the recently
221 controlled area (RC) and unmanaged area (NC).

222 Diet composition/ Diet selectivity?

223 No significant differences in $\delta^{13}\text{C}$ of warbler finch blood were detected across management
224 areas. However blood $\delta^{13}\text{C}$ signatures were significantly different across years ($F_{(1,88)}=5.629$,
225 $P=0.020$); slightly more enriched in 2015 than 2016; rounds ($F_{(1,88)}=29.597$, $P<0.001$), more
226 enriched in round 2 than round 1; and sex ($F_{(2,88)}=8.800$, $P<0.001$) less enriched in males than
227 in females. Differences in signatures between rounds, within each year, were also significantly
228 different in 2015 ($P<0.001$) and 2016 ($P=0.013$). The seasonal and annual differences are
229 probably attributable to differences in plant water availability i.e. the effects of water stress on
230 the plants cascading up through the arthropods, to the bird blood (Caut et al., 2009)

231 Multifactorial analysis revealed that bird blood $\delta^{15}\text{N}$ signatures were significantly different
232 across years ($F_{(1,88)}=5.861$, $P=0.018$), 8.2‰ versus 8.6‰ in 2015 and 2016 respectively, rounds
233 ($F_{(1,88)}=17.463$, $P<0.001$), management areas ($F_{(2,88)}=18.107$, $P<0.001$) and sex
234 ($F_{(2,88)}=8.174$, $P<0.001$) (Figure 5). Overall, values in the recently controlled area (RC) were
235 significantly lower than those of the long-term management area (LTM) ($P<0.001$) and from
236 the unmanaged area (NC) ($P<0.001$), as revealed by Tukey Post hoc (HSD) analysis (Figure
237 5). In 2015, only recently controlled area (RC) values were significantly higher ($P<0.05$) than
238 in the long-term management area (LTM). In the unmanaged area (NC), only values from
239 round 2 in 2016 were significantly different ($P<0.001$ for every case) from the other periods.
240 Essentially, only in the unmanaged area (NC) did bird blood $\delta^{15}\text{N}$ values change significantly
241 between 2015 and 2016 ($P<0.001$).

242 Warbler finch dietary composition, as calculated based on the MixSIAR R-package, was
243 different in each management area. In the recently controlled area (RC), dominant dietary
244 components were Araneae, Hemiptera, Diptera and Lepidoptera, as predicted by the model
245 (Table 2). The proportion of Diptera and Hemiptera was higher in the diet than expected from
246 availability, which shows that birds were clearly avoiding the Coleoptera. In the long-term
247 management (LTM), Araneae and Hemiptera comprised over 70% of the diet, according to the
248 model, and again, the warbler finch was not consuming the Coleoptera (Table 2). In the
249 unmanaged area (NC), Hemiptera and Lepidoptera comprised 80% of the diet, based on the
250 model, which was also a considerably higher proportion of the diet than expected according to
251 availability (Table 2) and again, also in this case appearing to select against the Coleoptera.

252 Using the MixSIAR model analysis at the scale of primary producer, it was possible to
253 determine dietary compositions from the individual forest layers, using the weighted average
254 isotope values of the amassed collected arthropods as source inputs. Canopy arthropods were
255 a dominant dietary source for the finches in the managed areas (LTM and RC), accounting for

256 more than 95% of the warbler finch's diet. On average, warbler finches were feeding almost
257 exclusively from the canopy in the managed areas. However, in the unmanaged area (NC),
258 canopy arthropods made up only 47% of the diet with 52% of the dietary arthropods coming
259 from the understory (Table 3.), according to the isotopic modelling.

260 Overall condition of warbler finches

261 Warbler finch body weight (9-11g) was not significantly different across years
262 ($F_{(1,84)}=1.128$, $P=0.291$), rounds ($F_{(1,84)}=0.507$, $P=0.479$) or management area
263 ($F_{(2,84)}=0.719$, $P=0.490$). Although the unmanaged area (NC) had the lowest overall mean
264 values (Figure 3). Females were consistently heavier than males and the birds deemed
265 "unknown" sex ($F_{(2,84)}=23.967$, $P<0.001$). Ratios of males, females and unknowns caught and
266 sampled were similar for all areas, with on average about four males for every female and
267 unknown caught.

268 There were no significant differences in bird-BMI (BBMI) across years ($F_{(1,80)}=0.001$, $P=0.975$),
269 rounds ($F_{(1,80)}=0.012$, $P=0.914$) or areas ($F_{(2,80)}=1.008$, $P=0.369$). The overall BBMI values were
270 approximately 18 kg/m² and warbler finches in the unmanaged area (NC) had a slightly higher
271 values. Female's BBMI was significantly higher than that of males ($F_{(2,80)}=21.451$, $P<0.001$).

272 There was no significant or predictive correlation between $\delta^{15}\text{N}$ -bird-blood and BBMI or bird
273 weight, suggesting no strong indication of starvation from the $\delta^{15}\text{N}$ -signal interactions (data not
274 shown). However, a few $\delta^{15}\text{N}$ values of higher than 10‰, possibly outliers, were observed in
275 males in both the unmanaged area (NC) and long-term management area (LTM), these were
276 retained in the analysis.

277 Warbler finch's tarsus length (21-24mm) was significantly different across management areas
278 ($F_{(2,84)}=3.369$, $P=0.039$) and sex ($F_{(2,84)}=3.198$, $P=0.046$). Warbler finches had significantly
279 shorter tarsi (Student's t test, $T_{(113)}=2.38$, $P=0.018$) in the unmanaged area (NC) than in the
280 managed areas (RC and LTM), (Figure 3), and females having smaller tarsus length overall.

281 **Discussion:**

282 In this study, arthropod biomass and isotopic data, combined with differences in $\delta^{15}\text{N}$, but not
283 $\delta^{13}\text{C}$ signatures, of the warbler finch's blood across management areas suggested changes in
284 the underlying food web structure (Figure 4). As hypothesised, the higher mean arthropod
285 biomass, lower C:N ratio and higher $\delta^{15}\text{N}$ - $\delta^{13}\text{C}$ range in the long term-managed area (LTM)
286 suggested that these areas had recovered or semi recovered their trophic structure, compared
287 to the recently controlled (RC) and unmanaged (NC) areas with compromised niche structures.
288 Classical ecological theory suggests that a sympatric species in established ecosystems have
289 minimal resource use overlap, a consequence of competitive exclusion (Gause, 1934)
290 explaining the broader niche space in the long term-managed area (LTM). This is in line with
291 previous studies in benthic systems demonstrating that invasive species occupy a tighter
292 isotopic niche space than their native counterparts (Jackson et al., 2012).

293 We scaled relative arthropod abundance measurements to absolute arthropod abundance per
294 area measurements, based on dry weight data of the different arthropod orders per plot and
295 layer. Although we did not capture all flying insects in our sampling strategy, we felt our
296 methods enabled a reasonable estimate of the available prey biomass. Warbler finches are

297 typical gleaners, not aerial hunters, which is consistent with observations and feeding
298 frequencies in our study.

299

300 The isotope mixing model-MixSIAR analysis revealed that the bird's dominant dietary
301 components did not match the measured relative mass abundances of available arthropods in
302 the long-term-managed area (LTM) and the unmanaged area (NC). This suggests a higher
303 degree of prey selectivity in those areas and is consistent with the Optimal Diet Theory, which
304 posits that predators chose prey that maximise their fitness (Christiansen et al., 1977; Endler,
305 1986). However, the available and consumed arthropod proportions were most similar in the
306 recently-controlled area (RC). In addition, the lowest arthropod biomass was measured in the
307 recently controlled area (RC), the highest arthropod biomass in the long-term managed area
308 (LTM), indeed LTM biomass was three times that of the recently controlled areas (RC) and
309 double that of the unmanaged areas (NC). These results suggest that low prey availability *per*
310 *se* leads to less dietary choice, a phenomenon previously observed in long eared owls in
311 Finland (Korpimäki, 1992). This comparison of isotope modelled-consumed versus available
312 prey data is a useful metric, although rarely explored in the study of terrestrial ecosystems.

313 Arthropod biomass was ten times higher in the canopy compared to the moss and understory
314 layers. It was significantly greater in round 2, than in round 1. This difference was most likely
315 the result of the more humid conditions preceding the second sampling round, which is the
316 typical climatic phenology of the Galapagos Islands (Petren et al., 1999, Grant, 1999, Grant et
317 al., 2014). MixSIAR (Stock and Semmens, 2016) modelling revealed that in the managed areas
318 LTM and RC, canopy arthropods accounted for more than 95% of the finches' diet but in the
319 unmanaged area (NC), it was only 41%, with a higher proportion coming from the understory
320 (52%). This is corroborated by foraging observations that showed that warbler finches used
321 the understory more frequently in the unmanaged areas (NC) than in the long-term-managed
322 areas (LTM) (Filek et al. 2018). These results suggest habitat dependent food selection
323 patterns and flexible feeding behaviours in these disturbed ecosystems. Similar shifts in
324 change prey selection were observed in meso-carnivores in Chilean where forests were
325 converted to plantations (Moreira-Arce et al., 2015). Our results also suggest that stable
326 isotope signatures of focal species are a good indicator of niche disturbance.

327 The trophic consequence of the finches feeding predominantly on understory arthropods in the
328 unmanaged area (NC) was detectable in the C:N ratio of the finch blood over both years and
329 rounds. The C:N ratio of the blood is an indicator of diet quality (Gödecke et al., 2018) and was
330 significantly higher in the unmanaged area (NC). These patterns were also observed overall
331 in the C:N ratios of the arthropod samples, indicating that the arthropods, the warbler finches
332 fed on, from in the unmanaged area (NC), were of significantly lower dietary quality, with higher
333 C:N ratios lower and protein concentrations. There was no significant difference between the
334 C:N ratios of *Rubus* and *Scalesia* leaves. This suggests that differences in arthropod C:N
335 ratios, were a consequence of the lack of a secondary-arthropod-consumer in the trophic
336 pyramid, the greater proportional abundance of available lower quality prey. A possible reason
337 for this is that the trophic pyramid had not had sufficient adaptive time to exploit all the available
338 niches in accordance with the classical ecological theory of competitive exclusion (Gause,
339 1934). In the unmanaged area (NC), the consistently lower $\delta^{15}\text{N}$ range (Figure 5), specifically
340 the tighter trophic distance between secondary consumer ($\delta^{15}\text{N}$ carnivorous arthropod) and
341 apex consumer in this system ($\delta^{15}\text{N}_{\text{bird}}$), as well as the lower standard deviation of $\delta^{15}\text{N}$ of the

342 components therein, suggested a more constrained trophic structure, corroborating this finding
343 (Layman et al., 2007).

344 This dietary niche shift in the arthropod species as a result of the *Rubus* invasion indicates the
345 collapse of the native food web structure, in which finches in the unmanaged area (NC) shift
346 to feeding dominantly directly on primary consumers. Indeed, both the $\delta^{15}\text{N}$ isotopic signatures
347 of the understory arthropods and the reduction in the quantity of high quality Araneae, from the
348 measured biomass and predicted dietary values from the MixSIAR analysis, of the finch diet
349 in the unmanaged area (NC) suggest this. This is further substantiated by the lower mean
350 nitrogen density values of the arthropods from the unmanaged area (NC). The MixSIAR
351 analysis suggests that in the unmanaged area (NC), nearly half of the warbler finch diet
352 consists of Hemiptera, which were abundant in the understory while Araneae were less
353 abundant in the understory of the other two treatment areas. In many passerine birds, Araneae-
354 spiders form an important and high-quality component of chick's diet (Magrath et al. 2004),
355 especially during early stages of chick development (Cowie and Hinsley, 2009; Grunel and
356 Dahlsten, 1991; Naef-Daenzer et al., 2000). Spiders contain high level of taurine (Ramsay and
357 Houston, 2003), which has multiple vital roles in the early development (Aerts et al., 2002) and
358 is required for normal growth as well as the development of brain and visual systems.

359 Differences in finch diet quantity and quality led to significant differences in warbler finches'
360 size. Finches had significantly shorter tarsus length in the unmanaged area (NC) than in the
361 managed areas (RC and LTM), but there were no significant differences between rounds or
362 years (Figure 3). We argue that tarsus length is a more robust measure of long-term nutritional
363 status than bird weight or BBMI, as it is an integrated measure and not subject to daily
364 variations due to environmental or physiological status (Kempster et al., 2007). Evident from
365 the fact that despite the differences in finch diet quantity and quality, there were no significant
366 effects on bird weight or bird-BMI, between areas, years or rounds.

367 Warbler finches also had significantly lower breeding success in the short term management
368 areas (RC), evidently a consequence of lower total arthropod mass (Cimadom et al., 2019).
369 Finch breeding success was higher in both the unmanaged and long-term managed areas
370 (Cimadom et al., 2019). This suggests that despite lower food quality in the unmanaged area,
371 breeding was not affected. The shorter tarsus length, however, could indicate that parents
372 compensated quality with quantity, fulfilling the chick's calorific needs but not necessarily their
373 nutritional requirements, at the expense of the size of the chicks. Low protein conditions and
374 lack of nutrient funnelling may have caused the shift towards smaller finch size and shows
375 parallels to human hidden hunger (Gödecke et al., 2018). An alternative explanation is that
376 smaller finches were competitively driven out from the higher quality habitats. In the short term
377 management area (RC), quantity of food rather than quality appeared to be the dominant
378 constraint.

379 Taken together, our data herein suggest that there is a trophic pyramid collapse, due to the
380 invasion of *Rubus*; a bottom-up control on ecosystem productivity and quality. This shift to a
381 low quality diet was evident in both the isotopic and stoichiometric signatures of the warbler
382 finch's blood and arthropod biomass we posit that it subsequently influenced warbler finch's
383 size. We suggest that rapid environmental change due to the *Rubus* invasion did not allow for
384 the finch population or the lower orders in the food web to adapt or adjust to the presence of
385 the novel low quality diet.

386 Our data show that although management and control of invasive *Rubus* leads to dramatic
387 temporary declines in food availability, these vital food resources can be re-established with
388 persistent control measures and time. In this study, we demonstrate it is logically feasible
389 and financially possible to provide early warning signals of habitat degradation, using isotope
390 and stoichiometric data, which can then provide management insights for effective ecosystem
391 restoration.

392

393 **Table 1:** Isotope and elemental analysis of all arthropods' $\delta^{13}\text{C}$, $\delta^{15}\text{N}$ and C:N ratios
394 (variables), ANOVA P-values. Factors: round, management area and forest layers.

| | $\delta^{13}\text{C}$ P-value | $\delta^{15}\text{N}$ P-value | C:N ratio |
|--------------|-------------------------------|-------------------------------|--------------|
| round | 0.018 | 0.422 | 0.620 |
| Area | 0.082 | 0.025 | 0.002 |
| Forest Layer | 0.004 | <0.001 | <0.001 |

395 Significant effects printed bold.

396

397 **Table 2.** Dominant dietary components (calculated using MixSIAR) of the warble finch
398 compared with prey availability (arthropods relative dry mass abundance in forest) per
399 management area based on round 1 data 2015.

| Orders | LTM | | RC | | NC | |
|-------------|--------------------------------------|---------------------|--------------------------------------|---------------------|--------------------------------------|---------------------|
| | Diet proportion (mean \pm SD %) | Availability (%) | Diet proportion (mean \pm SD %) | Availability (%) | Diet proportion (mean \pm SD %) | Availability (%) |
| Acari | 0 \pm 0.0 | 0 | 0 \pm 0.0 | 0 | 1 \pm 0.1 | 2 |
| Araneae | 41\pm0.4 | 12 | 34\pm0.4 | 38 | 5 \pm 0.2 | 17 |
| Coleoptera | 8 \pm 0.20 | 60 | 1 \pm 0.1 | 22 | 1 \pm 0.1 | 34 |
| Diptera | 1 \pm 0.1 | 0 | 19\pm0.3 | 4 | 11\pm0.3 | 1 |
| Hemiptera | 31\pm0.4 | 13 | 26\pm0.4 | 14 | 49\pm0.5 | 4 |
| Hymenoptera | 4 \pm 0.2 | 1 | 1 \pm 0.1 | 5 | 1 \pm 0.1 | 14 |
| Isopoda | 4 \pm 0.2 | 3 | 5 \pm 0.1 | 1 | 1 \pm 0.0 | 4 |
| Lepidoptera | 2 \pm 0.1 | 6 | 14\pm0.4 | 13 | 31\pm0.4 | 17 |
| Orthoptera | 9 \pm 0.3 | 1 | 0 \pm 0.0 | 3 | 0 \pm 0.0 | 6 |
| | 100 | 97 | 100 | 99 | 100 | 99 |

400 High proportion values printed bold. Management areas: Long-term management area (LTM), Short-term
401 management area (RC) and no-management (NC). Orange: Diet proportion. Green: Forest proportion.

402



403

404 **Figure 1.** Total dry mass (g m^{-2}) of arthropods per, management area, layer and round
405 (n=10). Long-term management area (LTM), recently controlled area (RC) and unmanaged
406 area (NC). Bars: orange-canopy, red-moss, green-understory. All values excluding
407 Diplopoda, 2015.

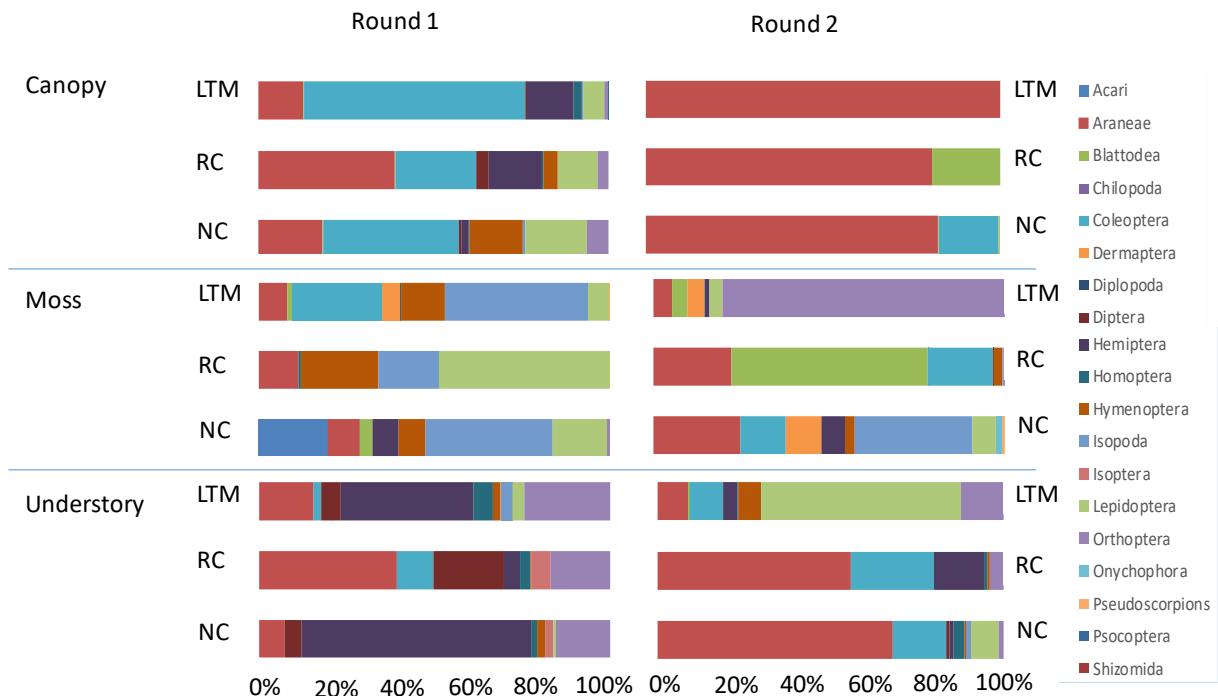
408

409 **Table 3.** Dominant dietary sources (forest layer) within each management area, dietary
410 proportion (%) calculated using MixSIAR (Mean \pm SD), rounds 1 and 2, 2015.

| Forest layer | LTM | RC | NC |
|--------------|---------------|---------------|---------------|
| Canopy | 99 \pm 0.05 | 97 \pm 0.09 | 47 \pm 0.49 |
| Moss | <1 \pm 0.04 | <1 \pm 0.01 | <1 \pm 0.02 |
| Understory | <1 \pm 0.03 | 2 \pm 0.09 | 52 \pm 0.49 |

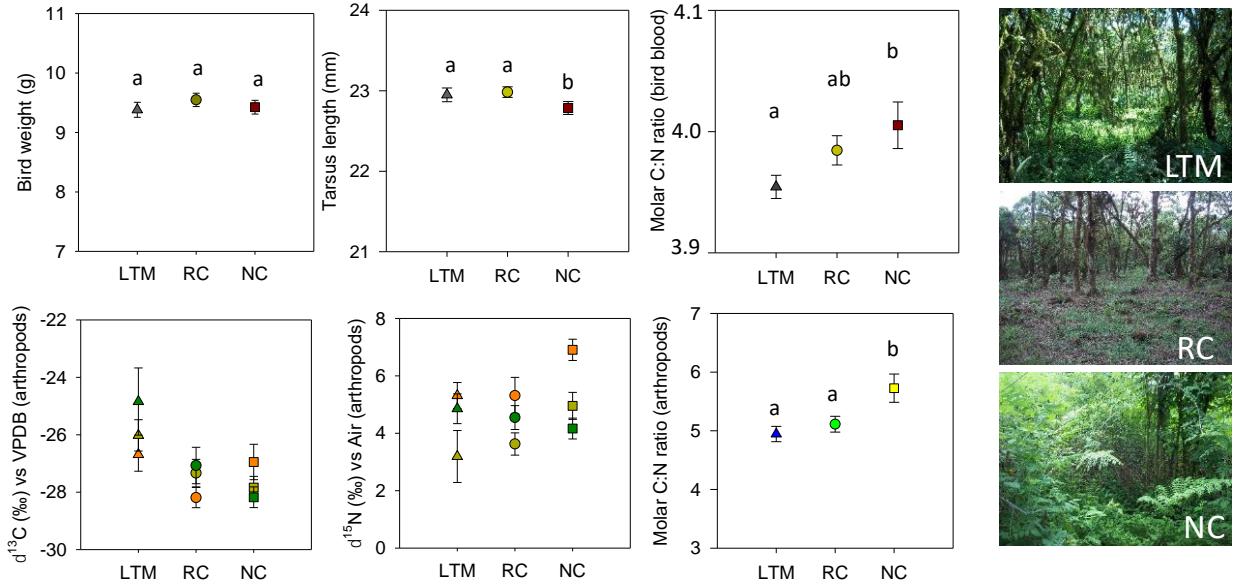
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412



413

414 **Figure 2.** Relative dry mass abundance of arthropod orders per management area across
415 rounds. Long-term management area (LTM), recently controlled area (RC) and unmanaged
416 area (NC). All values excluding Diplopoda, n=10, 2015.

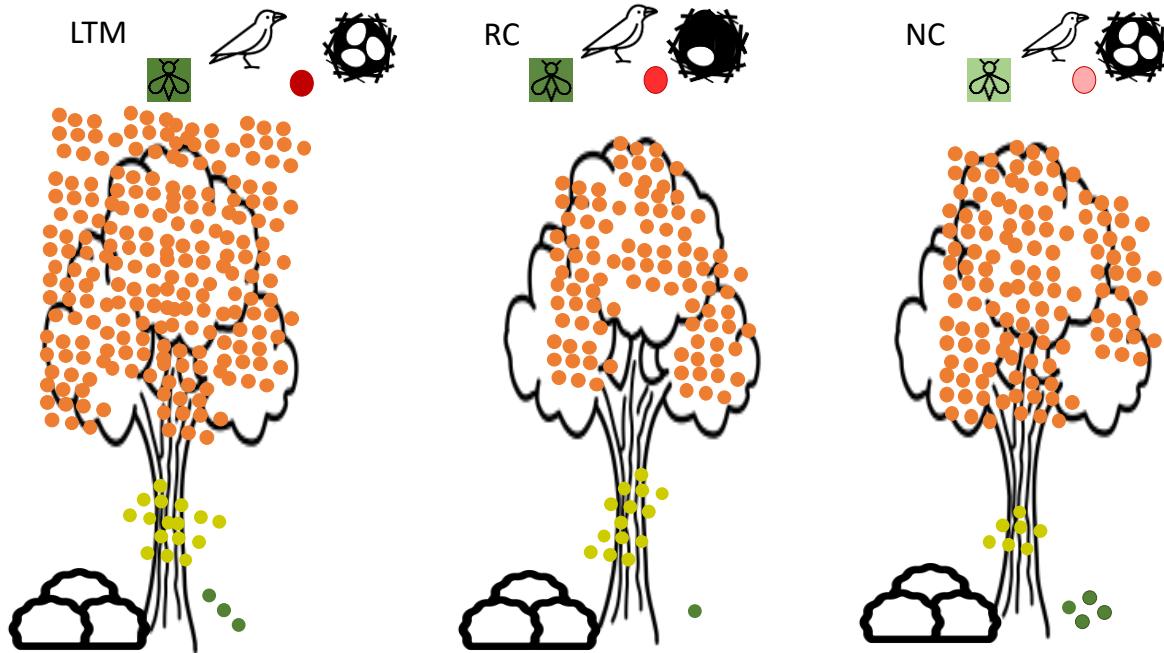


417

418 **Figure 3.** Upper panel: Birds' mean weight (left), mean tarsus length (middle) and mean C:N
419 ratio (right) of finch blood (in all cases mean \pm SE, 2015 & 2016, note multifactorial analysis
420 suggested there was no significant differences between years so data were combined, n=60),
421 letters indicative of Post Hoc-Tukey HSD Test. Lower panel: Arthropods' mean weighted $\delta^{13}\text{C}$
422 (left), mean weighted $\delta^{15}\text{N}$ (middle) values excluding diplopoda and molar C:N ratio of
423 arthropods (right, mean \pm SE, 2015, both rounds, note multifactorial analysis suggested there
424 was no significant differences between rounds so data were combined, n=60). Colours
425 represent Forest Layers: canopy (orange), moss (dark yellow) and understory (dark green).
426 Triangles: LTM, circle: RC and square: NC, means \pm SE Right-hand panel photographs of
427 management Areas: Long-term management area (LTM), recently controlled area (RC) and
428 unmanaged area (NC).

429

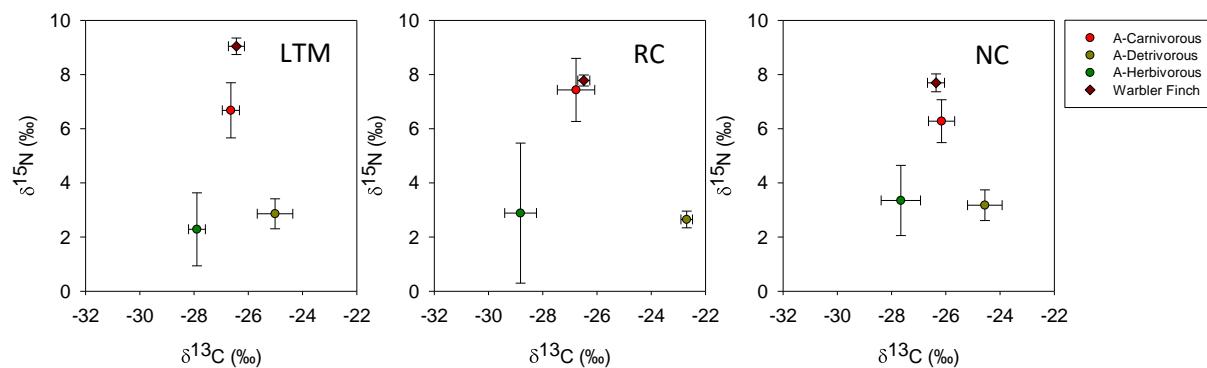
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431

432 **Figure 4.** Schematic of whole system. Each spot in forest represents 10 mg dry mean mass
433 of arthropods per m^2 , orange-canopy, dark yellow-moss, dark green-understory ($n_{plots}=10$,
434 round 2, 2015). Long-term management area (LTM), recently controlled area (RC) and
435 unmanaged area (NC). Bug colour represents arthropod nutritional quality, with dark green
436 high quality, light green lower quality. Red circles indicate bird blood stoichiometry, lower C:N
437 ratio-high quality darker red, higher C:N ratio lower quality light red ($n_{blood}= 80$). Eggs in nests
438 indicate mean relative breeding success (Cimadom et al., 2019). Bird size highlighting lower
439 tarsus length in NC area (but not to scale).

440



441

442

443 **Figure 5.** Scatter biplots of trophic web representation in the management areas. Isotopes
444 signatures (“raw”-not accounting for trophic fractionation factor (TFF)), round 1, 2015.
445 Management Areas: Long-term management area (LTM), recently controlled area (RC) and
446 unmanaged area (NC). Dark red diamond: warbler finch. Red circle: carnivorous arthropods
447 (Araneae). Green circle: herbivorous arthropods (Lepidoptera and Orthoptera). Brown circle:
448 detritivorous arthropods (Diplopoda and Isopoda).

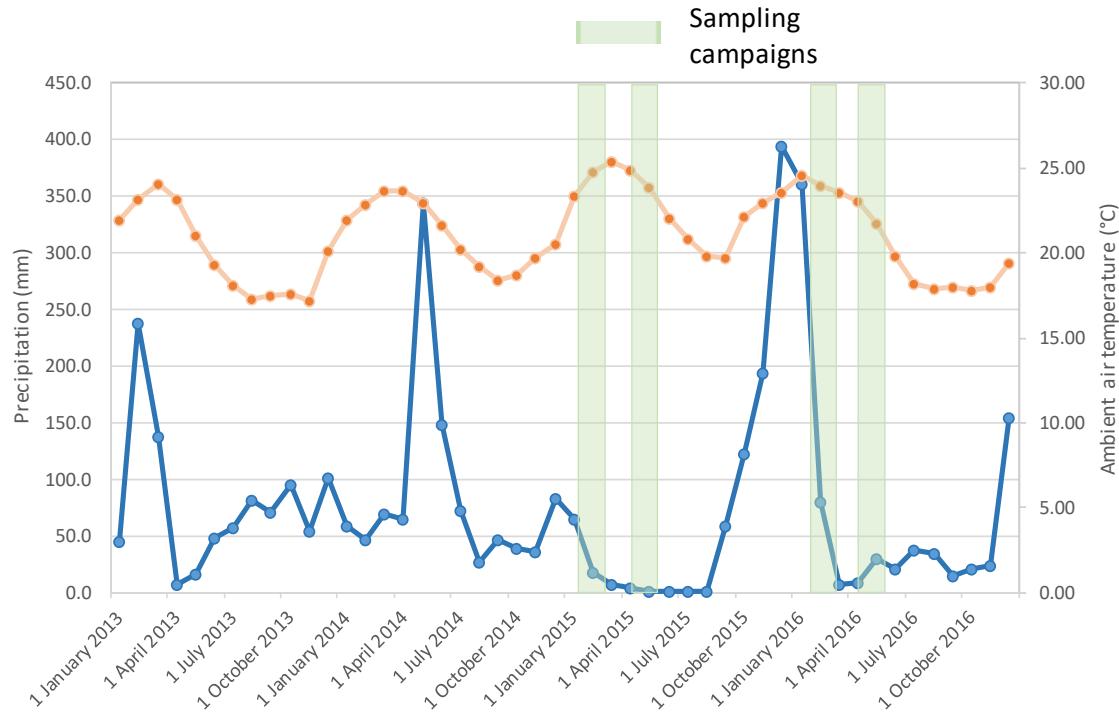
449

450 **Materials and methods.**

451 **Study site:** The study was conducted in the *Scalesia* forest at “Los Gemelos” ($00^{\circ}37'20''$ S, 452 $90^{\circ}23'00''$ W) on Santa Cruz Island, Galapagos, in 2015 and 2016. This area is dominated by 453 the endemic tree *Scalesia pedunculata*, but most of its understory has been invaded by 454 blackberry *Rubus niveus*. In some areas, the Galapagos National Park Directorate (GNPD) 455 had controlled *Rubus* in order to restore the native forest. Within the forest, we defined three 456 study areas, which differed in whether management of invasive *Rubus* took place and when: 457 (1) the unmanaged area (NC, 8 ha), which was heavily invaded by *Rubus* and had never been 458 exposed to any control measures; (2) the long-term manged LTM-area (6.7 ha), where *Rubus* 459 had been manually and chemically controlled since 2012, and (3) the short-term controlled 460 RC-area (6 ha), where *Rubus* had been controlled since August 2014 (for details see Cimadom 461 et al. 2019). Control measures consisted of manually cutting *Rubus* with a machete and the 462 subsequent application of herbicides (glyphosate and Combo[©]) on the regrowth (Schmidt 463 Yáñez, 2016).

464 The wet and warm season characteristically starts at the beginning of December and ends by 465 the end of May, the drier and cooler season persists for the remainder of the year (Jackson 466 1993). Different weather patterns were observed during the years 2015 and 2016. This was 467 due to an El Niño event, which is an atypical wet season from September 2015 to the end of 468 March 2016, followed by a dry season until the end of 2016 (supplementary figure S1).

469 **Study Design:** There were four sampling campaigns in total, two rounds per year, which 470 represented the start and end of the rainy season in typical years. round 1 was conducted from 471 the end of January until the first week of February. round 2 was conducted in Mid-April.



472

473 **Figure S1. Sampling periods for finch blood, arthropod collection and monthly rainfall and temperature –**
474 **from Los Gemelos, and El Carmen weather stations.** The blue line represents monthly precipitation from 2013
475 until 2016. Dashed green columns represent the sampling events (round 1 and round 2) for 2015 and 2016. Orange
476 line ambient air temperature, note 2015 months 01-09, temperature data are 30 year average values. Source:
477 Charles Darwin Foundation.

478 Data on daily precipitation was provided by the nearest weather station (operated by Rolf
479 Sievers, S 0°39'57.49" W 90°22'35.04") located about 4.5 km south and 150–200 m lower than
480 the study site Los Gemelos. Precipitation data were available over the entire study period.

481 For each round in both years, **Warbler finch blood samples and arthropod samples** were
482 collected from the three management areas. *Scalesia pedunculata* leaves from the canopy
483 and *Rubus niveus* leaves from the understory were sampled randomly across management
484 areas (5 replicates per area per round for *Scalesia*, 10 replicates for *Rubus*).

485 We collected ten replicate samples of warbler finch's blood per management area (LTM, RM
486 and NC), round (1 and 2) and Year (2015 and 2016), 120 samples in total. Blood samples were
487 obtained by pinpricking the brachial vein of the finches with a lancet (Tebbich et al., 2004).
488 One blood sample per individual was collected on a 5 mm² Whatman GFA fibreglass filter
489 discs, which was stored inside a coded test tube for subsequent isotope analysis.

490 **Birds were captured** with mist nets and ringed to avoid pseudoreplication. Left tarsus length
491 was measured using a calliper (accuracy 0.01 mm). Each tarsus was measured twice, an
492 average of the two values was used in our calculations. Birds were weighed using a field
493 balance (accuracy 0.1 g). We developed a bird body mass index (B-BMI) based on the tarsus
494 length and weight. We used an analogous formula to that of humans (WHO, 1995) weight (kg)
495 /height (m)², substituting height with tarsus length, as we used the tarsus length as a parameter
496 for growth. All units were converted accordingly.

497 **We collected the arthropods** according to the collection procedure established by Schmidt-
498 Yáñez (Schmidt Yáñez, 2016) from three defined microhabitats specifically canopy, moss and
499 understory. Small tree finches and warbler finches mainly forage in the canopy, understory and
500 in the moss growing on tree trunks (Filek et al. 2018) and we sampled arthropod biomass in
501 each of these micro habitats. Canopy samples were taken by branch clipping. For this, a white
502 polyester bag (diameter 50 cm, length 150 cm) was attached with clips to a metal ring (diameter
503 50 cm) at the top of a five-meter bamboo pole. The bag was pulled over a branch in the canopy
504 (3-5 m height). The branch was then immediately cut off with a loppers (GARDENA), so that it
505 fell into the collection bag, which was closed immediately by twisting the pole to prevent
506 arthropods from escaping. Branches and leaves were then examined for arthropods inside the
507 bag. All encountered arthropods were collected with an aspirator and stored in 70% alcohol.
508 The branches and leaves were then put into a separate Ziploc bag for a second examination
509 in the laboratory. The leaves were subsequently dried for 72 hours at ca. 60°C in a drying
510 chamber to determine the dry weight.

511 Arthropods within the moss were collected from the same trees as the corresponding canopy
512 samples. A 50 cm wide band of moss was carefully scratched off from the circumference of
513 the tree trunk at a height of 1.5 m and transferred into a plastic tray. The moss was then briefly
514 searched for larger arthropods that might escape from the tray area and then placed in a Ziploc
515 bag for a second examination in the laboratory. As with the previous samples, all arthropods
516 were stored in 70% alcohol. The moss samples were dried for 72 hours at ca. 60°C in a drying
517 chamber to determine the dry weight.

518 To sample the understory, 5 m long transects with a buffer of 1 m width in each direction
519 amounting to an area of 10 m² were visually searched for 15 min by one person. Arthropods
520 encountered on vegetation up to 1.7 m above the ground were collected either by hand or with
521 an aspirator and stored in 70% alcohol. Flying insects could not be recorded by this method.

522 Standard methods to sample insects from understory vegetation (e.g. using a sweep net) could
523 not be used, as the understory vegetation in our study area was invaded by spiny *R. niveus*.
524 A canopy, understory and moss sample were collected in ten randomly selected sampling
525 points in each of the three study areas. We chose these microhabitats/forest layers because
526 they were identified as the most important foraging substrates of the warbler finch (Filek et al.,
527 2018). In 2015, we collected a total of 180 composite arthropod samples, ten replicates per
528 forest layer (canopy, moss and understory), per management area (LTM, RC and NC), at two
529 times (rounds 1 and 2) at the beginning of the breeding season late January (round 1) and in
530 the middle of the breeding season in mid-April (round 2). The composite samples were created
531 amassing the individual arthropods (all species), sampled at specific layer in a specific
532 management area. All arthropods were collected regardless of their life stages and stored in
533 70% ethanol.

534 **Dry mass values of arthropods** were obtained by washing off the ethanol three times with
535 deionised water and drying samples at 50°C overnight between each wash. This washing
536 procedure had been tested and shown not to affect either $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ or nutrient content of
537 the sample (Hood-Nowotny et al., 2016). Once dried, we weighed the samples (each arthropod
538 order separately per field replicate) on a five-figure precision balance.

539 We identified samples from round 1 to arthropod order. We selected a representative group
540 (individuals from one particular order) of each composite sample (from round 1) to be analysed
541 for isotopic signature separately for further use in a diet reconstruction model. We chose the
542 orders with the highest percentage of dry mass per sample, ensuring that there was at least
543 one representative order (sub-sample) per forest layer or one per management area. Orders
544 with less than 5% of dry mass out of the total mass of the composite sample, were not chosen
545 for the individual isotopic analysis. With these representative orders, 162 additional sub-
546 samples were created. We reunited the sub-samples with their respective analysed composite
547 sample mathematically, by means of simple isotope based mass balance equations. This
548 procedure was adopted to allow capturing the data in a logically and economically feasible
549 manner.

550 Once dry mass values were obtained, all composite samples and sub-samples were dried
551 again, milled (Retch, DE) homogenised and a representative aliquot transferred (typically 3
552 mg) into 3.5 X 5 mm tin capsules, for analysis of stable isotopes of carbon and nitrogen, with
553 a full range of standards bracketing all sample values. Subsequently, $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ of the sub-
554 samples were back-calculated mathematically, using a simple mass balance equation and
555 reunited individual sample to the corresponding composite sample to allow statistical analysis.

556 **IRMS samples were analysed** using a Flash 2000 Elemental Analyser in carbon and nitrogen
557 configuration, linked to a Thermo Scientific Delta V Advantage automated isotope ratio mass
558 spectrometer (IRMS) (Bremmen DE). A full complement of internal in-house and internationally
559 certified standards was run with the samples to calculate isotopic ratios and % C and N values.
560 The isotope ratios were expressed as parts per thousand per mil (‰) and as δ deviation from
561 the internationally recognized standards Vienna Pee Dee Belemnite (VPDB) and AIR. All
562 samples are referred to this scale from herein.

563

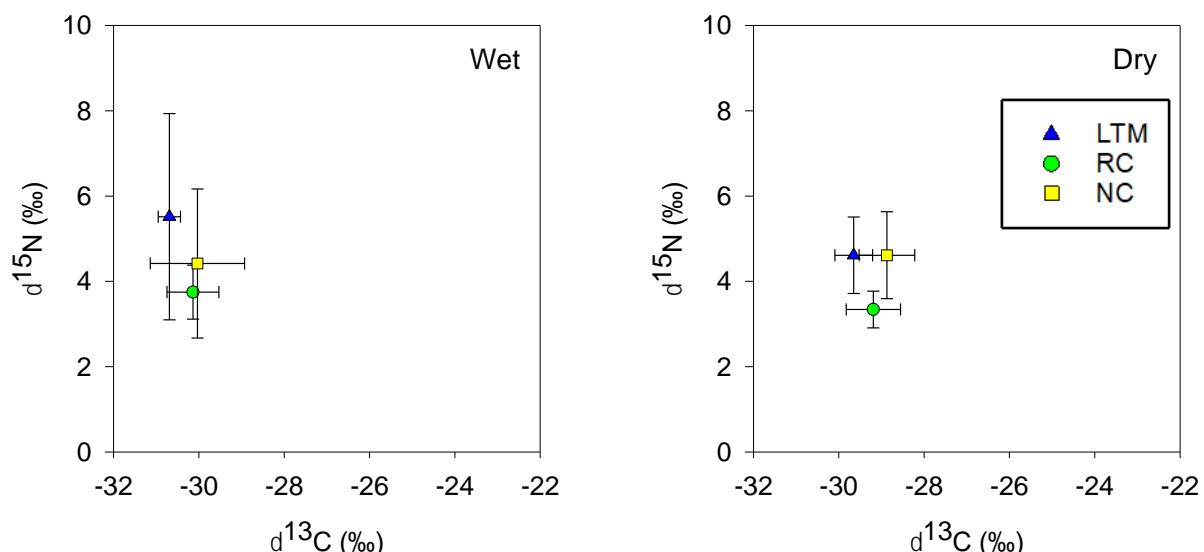
564

565 **Table S1. Warbler finch's blood and arthropods samples design (number of replicates)**

| Sample type | Year | rounds | Forest Layer | Areas | | |
|--|------|--------|----------------|-------|----|----|
| | | | | LTM | RC | NC |
| Warbler finch, blood, Bird body mass index (BBMI), tarsus length, bird weight. | 2015 | 1 | - | 10 | 10 | 10 |
| | | 2 | - | 10 | 10 | 10 |
| | 2016 | 1 | - | 10 | 10 | 10 |
| | | 2 | - | 10 | 10 | 10 |
| Arthropods | 2015 | 1 | Canopy (C) | 10 | 10 | 10 |
| | | | Moss (M) | 10 | 10 | 10 |
| | | | Understory (U) | 10 | 10 | 10 |
| | 2016 | 2 | Canopy (C) | 10 | 10 | 10 |
| | | | Moss (M) | 10 | 10 | 10 |
| | | | Understory (U) | 10 | 10 | 10 |
| Scalesia leaves | 2016 | 1 | Canopy (C) | 5 | 5 | 5 |
| | 2017 | 2 | Canopy (C) | 5 | 5 | 5 |
| Rubus niveus leaves | 2017 | 1 | Understory (U) | 5 | 5 | 5 |

Management Areas: (LTM) Long-term management, (RC) Short-term management and (NC) unmanaged area.

566



567

568

569 **Figure S2. Scatter biplot of stable isotope signatures of *Scalesia pedunculata* (dominant tree in forest),**
570 **mean values (\pm SD) per management area (LTM, RC, and NC) across round. Management areas: (LTM) Long-**
571 **term management, (RC) Short-term management and (NC) No management. Error bars represent the standard**
572 **deviation.**

573

574 **Arthropods Mass Abundance Standardisation:** We standardised the arthropods mass
575 abundance from the different forest layers to arthropod mass abundance per 10 m² plot, which
576 was the area of the sampled understorey plot. This was intended to achieve a better
577 representation of the mass abundance of the available arthropods across the forest layers.
578 Estimates of arthropod mass abundance were obtained for each forest layer, management
579 area and round in the following way:

580

581 For the canopy arthropod samples, we applied a scaling factor according to Kitayama and Itow
582 (Kitayama and Itow, 1999). Aboveground foliage biomass in a montane forest stand on Santa
583 Cruz, Galapagos, was taken 1,482 kg of foliage per hectare, being 1,482 g of foliage in 10 m².
584 The correction factor related the arthropods mass and was scaled to the foliage mass
585 measured of the leaves collected with the arthropods. The same leaf mass dependent scaling
586 factor was used for all three areas since no significant differences were found in canopy cover
587 between the areas in these experiments (Schmidt Yáñez, 2016).

588 For the moss arthropod samples, we applied a correction factor according to the surface area
589 around the trunk, occupied by the moss collected. For this, we used the diameter at breast
590 height (DBH) in meters measured for each sampling point. Knowing the surface (DBH x height)
591 that a given mass of arthropods occupies at that sampling point, we estimated the arthropods
592 mass per 10 m². It was assumed that the percentage of moss cover did not change (between
593 sampling points) and that the mass of moss varied proportionally. We did not apply a scaling
594 factor to the understory data as the whole 10 m² plot was sampled (Table S2).

595

596

597 **Table S2. Correction formulas for estimating arthropod mass at each forest layer**

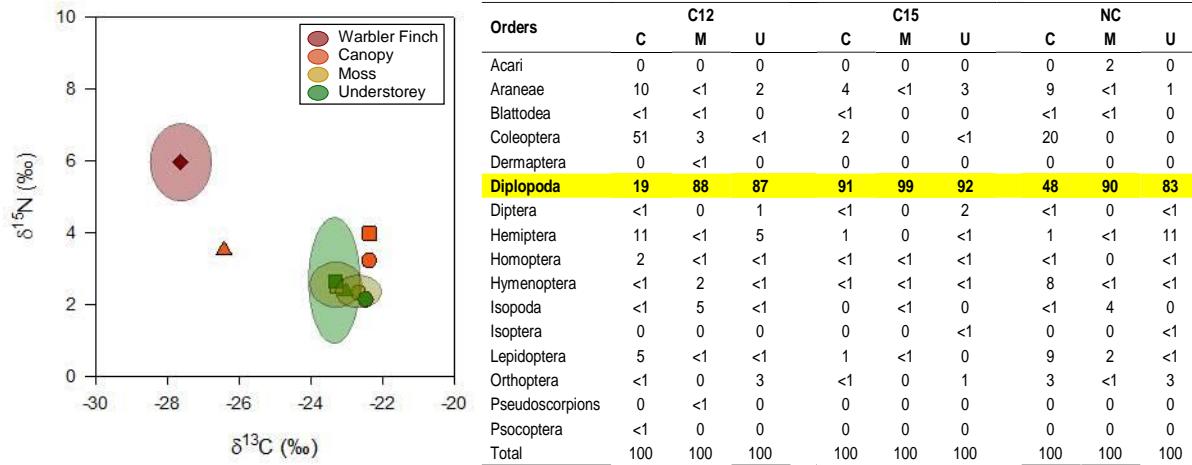
| Forest Layer | Formulas |
|--------------|--|
| Canopy | $\text{Arthropod mass}_e = \frac{\text{Arthropod mass}_s * 1.482}{\text{leaf mass}_s}$ |
| Moss | $\text{Arthropod mass}_e = \text{Arthropod mass}_s * \left(\frac{10}{\pi * \text{dbh} * 0.5} \right)$ |
| Understory | No conversion made |

Note: (e) estimated value, (s) sampled value, all values were then divided by 10 to give values per square meter plot.

598

599 We excluded the order Diplopoda (generally, the millipedes) from the total mass data in 2015,
600 as they have never been reported or observed to be consumed by the warbler finch (Filek et
601 al., 2018). This assumption was supported by comparing the isotopic signatures of the
602 Diplopoda with the finch blood data; the Diplopoda were well outside the sphere of

603 consumption of the finches (Figure S3). Therefore, Diplopoda were excluded, since they
 604 sometimes dominated the samples in terms of mass (Table in Figure S3) and their presence
 605 was preventing us from teasing out the influence of the other orders.



606
 607 **Figure S3. Scatter biplot of stable isotope signature of Diplopoda. Warbler finch represented by dark red**
 608 **diamond (overall mean value ±SD) Diplopoda:** Shapes represent management areas: LTM: Long-term
 609 management area (triangle), RC: Short-term management area circle) and NC: unmanaged area (square). Colours
 610 represent forest layers. Orange: Canopy, yellow: Moss, green: Understory. Ellipses indicate standard deviation.
 611 Values in table represent percentage of total arthropod biomass (%). Table: Diplopoda is highlighted in bold and
 612 yellow. Forest Layers: (C) Canopy, (M) Moss and (U) Understory.

613 Exclusion of the Diplopoda from the data set allowed for a more nuanced analysis of the dietary
 614 data set. At the management area scale (amassing canopy, moss and understory samples), a
 615 ranking was made for each area type, roughly according to the Pareto (80:20) rule, leading to
 616 a top 3 dominant orders per area.

617 **Statistical Analysis:** Multifactorial ANOVAs were performed on the following: the *Scalesia*
 618 samples, to evaluate the influence of rounds (1 and 2) and management areas (LTM, RC and
 619 NC) on $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ signatures; on the finch samples, to determine whether year (2015 and
 620 2016), round (1 and 2), sex (male, female and unknown) and management area (LTM, RC and
 621 NC) had an influence on the bird blood data ($\delta^{13}\text{C}$, $\delta^{15}\text{N}$ and C:N) and body metrics (weight,
 622 tarsus and bird BMI); on arthropods, to evaluate the influence of rounds (1 and 2), management
 623 areas (LTM, RC and NC) and forest layers (C, M, U) on each parameter $\delta^{13}\text{C}$, $\delta^{15}\text{N}$, C:N,
 624 nitrogen mass in 10m^2 plot and dry mass. We used original isotopic signature values for the
 625 ANOVA analyses, i.e. signatures before subtracting values from the order Diplopoda to
 626 represent the isotopic structure of the *Scalesia* forest. Post-hoc analysis, Tukey HSD
 627 (Honestly-significant-difference) tests and Welch's t-tests were performed, where applicable.

628
 629 We compared both bi-plot C&N isotope signature data sets similar to Figure S3 (arthropods
 630 and bird blood), to evaluate the profile of the nutrients sources used by the birds and to
 631 determine whether the diet of the warbler finches reflected the arthropod signatures and which
 632 specific arthropod orders were dominant in their diet (data not shown). To determine potential
 633 diet components of the warbler finch, we analysed the isotopic signatures of all representative
 634 arthropods orders. Subsequently, we analysed management areas and forest layers for the
 635 most abundant orders and potential sources of food. We statistically analysed the generated
 636 signatures from the representative orders to determine if the orders had significant differences
 637 across management areas.

638 **Dominant Diet Sources and Components:** We used a mass balance isotope mixing models
639 to determine the composition of diets based on the dietary isotopic signatures. The warbler
640 finch blood, representing the highest order consumer. The arthropods orders were defined as
641 food sources with their corresponding trophic fractionation factors (Δ)(Hobson and Clark,
642 1992). We calculated diet proportion (f) and from isotopic values using the models.

643 To determine which of the arthropods orders present in the *Scalesia* forest were consumed by
644 the warbler finch and in what proportion, we used Bayesian mixing models and compared the
645 probabilities of all combinations predicting up to three possible dietary sources, under the
646 creation of Markov Chain Monte Carlo (MCMC) chains. The analysis was conducted using the
647 R-package "MixSIAR (Stock et al., 2016). MixSIAR creates and runs Bayesian mixing models
648 to analyze biological tracer data (i.e. stable isotopes, fatty acids), which estimate the
649 proportions of source (prey) contributions to a mixture (consumer). 'MixSIAR' is a framework
650 that allows a user to create a mixing model based on their data structure and research
651 questions, via options for fixed/ random effects, source data types, priors, and error terms
652 (Stock et al., 2016).

653 To develop the MixSIAR model, we used the consumers' signatures (warbler finch blood),
654 possible food sources (orders signatures) and a trophic fractionation factor (TFF) for each
655 element (carbon and nitrogen). The TFF used were obtained from the literature based on
656 experimental values from laboratory studies on common quail's blood (Hobson and Clark,
657 1992) as there were no equivalent values available for warbler finches. The models were
658 created by establishing informative priors based on the relative abundance of the arthropods
659 by taxonomic order and field observations (Filek et al., 2018). We set the factor managed area
660 as a random effect, as we were analysing whether warbler finches fed on different components
661 in different areas.

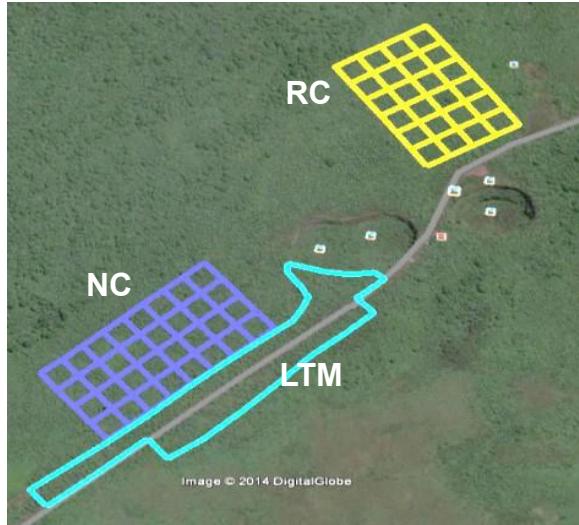
662 As diagnostic tools, we used the Gelman-Rubin Diagnostic and the Geweke Diagnostic. The
663 Gelman-Rubin Diagnostic provides a value for each factorial. Less than 10% of those values
664 should be below 1.05. The Geweke Diagnostic provides a standard z-score and 5% per chain
665 and are expected to be outside +/-1.96.

666 We developed the set of food resources from the initial number of arthropod orders that were
667 found in round 1 of 2015. Consequently, based on their relative abundance, we selected nine
668 top orders, representing more than 95% of the total dry mass abundance (excluding
669 Diplopoda). Several attempts were pursued to define priors based on abundance ranking and
670 field observations, also increasing the length of the chain iterations. The best-fit model consisted
671 of more than 3000,000 chain iterations for the nine top orders.

672 We also used the MixSIAR package to determine which forest layer was the dominant diet
673 source. We used the warbler finch blood data from 2015 (both rounds) for the consumer and
674 we used the same TFFs. We entered the forest layers as sources. The best-fit model consisted
675 of 1000,000 chain iterations for the three forest layers.

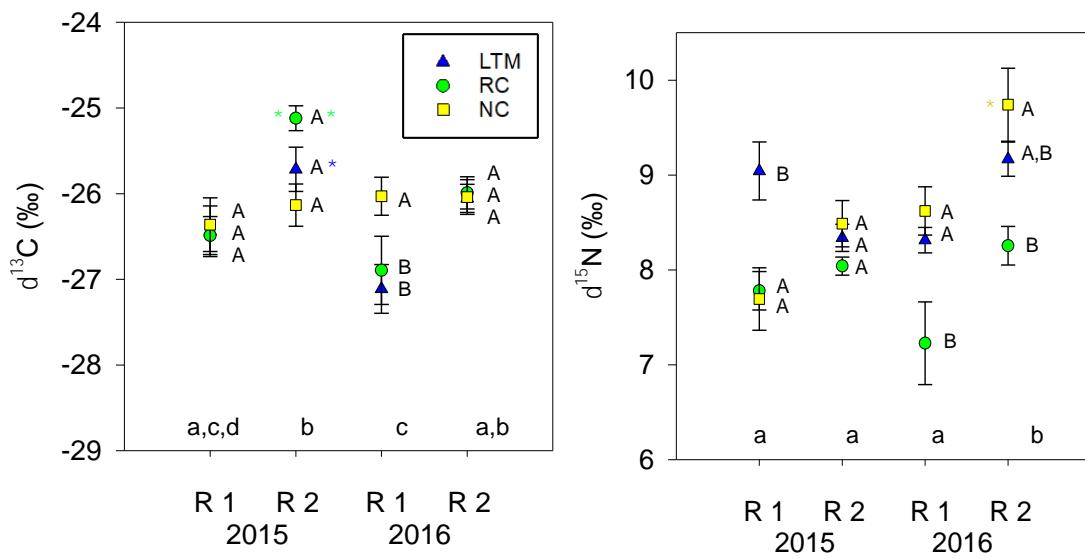
676

677 **Figure S4.** Site location. “Los Gemelos”, the road transecting the figure is the main road on
678 Santa Cruz and distinct round structures are the extinct volcanoes.



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683 **Figure S5.** Stable isotope signatures of warbler finch blood mean values (\pm SD) per management area (LTM,
684 RC, and NC) across round. Management areas: (LTM) Long-term management, (RC) Short-term management and
685 (NC) No management.

686

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690

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692 and analysed field samples and data. IR, RHN & MSR ran models and conducted statistical analysis.

693 RH and IR wrote first draft and received editorial input from ST, AC, MSR, SBZ & HJ. MSR & SBZ were
694 the official supervisors of IR and RHN & ST the scientific supervisors.

695 Competing interests. There are no competing interests to our knowledge.

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