

1 **Intestinal inflammation and altered gut microbiota associated with inflammatory bowel
2 disease renders mice susceptible to *Clostridioides difficile* colonization and infection**

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4 Lisa Abernathy-Close¹, Madeline R. Barron², James M. George³, Michael G. Dieterle⁴, Kimberly
5 C. Vendrov², Ingrid I. Bergin⁵, Vincent B. Young^{1,2}

6

7 ¹Division of Infectious Diseases, Department of Internal Medicine, University of Michigan, Ann
8 Arbor, MI, USA

9 ²Department of Microbiology and Immunology, University of Michigan, Ann Arbor, MI, USA

10 ³Department of Biomedical Engineering, College of Engineering, University of Michigan, Ann
11 Arbor, MI, USA

12 ⁴Medical Scientist Training Program, University of Michigan, Ann Arbor, MI, USA

13 ⁵Unit for Laboratory Animal Medicine; University of Michigan; Ann Arbor, MI USA

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16 *Correspondence:* youngvi@med.umich.edu (V.B.Y.)

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25 **ABSTRACT**

26

27 *Clostridioides difficile* has emerged as a noteworthy pathogen in patients with
28 inflammatory bowel disease (IBD). Concurrent IBD and CDI is associated with increased
29 morbidity and mortality compared to CDI alone. IBD is associated with alterations of the gut
30 microbiota, an important mediator of colonization resistance to *C. difficile*. Here, we describe and
31 utilize a mouse model to explore the role of intestinal inflammation in susceptibility to *C. difficile*
32 colonization and subsequent disease severity in animals with underlying IBD. *Helicobacter*
33 *hepaticus*, a normal member of the mouse gut microbiota, was used to trigger inflammation in the
34 distal intestine akin to human IBD in mice that lack intact IL-10 signaling. Development of IBD
35 resulted in a distinct intestinal microbiota community compared to non-IBD controls. We
36 demonstrate that in this murine model, IBD was sufficient to render mice susceptible to *C. difficile*
37 colonization. Mice with IBD were persistently colonized by *C. difficile*, while genetically identical
38 non-IBD controls were resistant to *C. difficile* colonization. Concomitant IBD and CDI was
39 associated with significantly worse disease than unaccompanied IBD. IL-10-deficient mice
40 maintained gut microbial diversity and colonization resistance to *C. difficile* in experiments utilizing
41 an isogenic mutant of *H. hepaticus* that does not trigger intestinal inflammation. These studies in
42 mice demonstrate that the IBD-induced microbiota is sufficient for *C. difficile* colonization and that
43 this mouse model requires intestinal inflammation for inducing susceptibility to CDI in the absence
44 of other perturbations, such as antibiotic treatment.

45 **IMPORTANCE** The incidence of CDI continues to increase significantly among patients with IBD,
46 independent of antibiotic use, yet the relationship between IBD and increased risk for CDI remains
47 to be understood. However, antibiotic-induced perturbations of the gut microbiota may mask
48 mechanisms specific to IBD-induced *C. difficile* susceptibility and infection. Our study sought to
49 describe and utilize a mouse model to specifically explore the relationship between the IBD-
50 induced gut microbial community and susceptibility to *C. difficile* colonization and CDI
51 development. We demonstrate that IBD is sufficient for *C. difficile* colonization and infection in
52 mice and results in significantly worse disease than IBD alone, representing a murine model that
53 recapitulates human IBD and CDI comorbidity. Furthermore, this model requires IBD-induced
54 inflammation to sculpt a microbiota permissible to *C. difficile* colonization. Use of this model will
55 aid in developing new clinical approaches to predict, diagnose, and treat *C. difficile* infection in
56 the IBD population.

57 **INTRODUCTION**

58

59 Inflammatory bowel diseases, including Crohn's disease and ulcerative colitis, are chronic
60 and progressive diseases characterized by inflammation of the digestive tract. The incidence of
61 *C. difficile* infection (CDI) has significantly increased among hospitalized patients with
62 inflammatory bowel disease (IBD) over the past two decades (1-3). *C. difficile* is a spore-forming
63 bacterium that produces enterotoxins that damage the intestinal epithelium. *C. difficile* was initially
64 described as the as a cause of antibiotic-associated diarrhea (4), highlighting the role of the gut
65 microbiota in CDI disease pathogenesis. Normally, an intact intestinal microbiota provides
66 colonization resistance to *C. difficile* colonization and subsequent infection (5). However, antibiotic
67 exposure can render otherwise healthy individuals susceptible to *C. difficile* colonization and CDI
68 disease due to disruption of the microbiota. Although antibiotic use is a known risk factor for CDI,
69 other risk factors have been recognized, including immunosuppression and pre-existing IBD (6,
70 7). Alterations in the gut microbiota are known to occur in patients with IBD (8, 9), independent of
71 antimicrobial exposure. CDI is associated with more severe intestinal microbiota disturbances
72 among patients with IBD (10). In addition, the efficacy of fecal microbiota transplantation (FMT)
73 to treat CDI and the presence of particular microbial taxa is affected by underlying IBD (11),
74 indicating that the pathophysiology of IBD influences gut microbiota composition and CDI
75 outcomes.

76 Various aspects of IBD and CDI have long been studied in separate animal models (12,
77 13), yet a robust mouse model of comorbid IBD and CDI in the absence of antibiotic-induced *C.*
78 *difficile* colonization perturbation of the microbiota has yet to be described. *Helicobacter hepaticus*
79 colonization in mice genetically predisposed to developing colitis, such as those lacking the
80 regulatory cytokine IL-10, are useful research tools that mimic human inflammatory bowel disease
81 processes (14-16). IL-10-deficient mice reared in specific pathogen-free (SPF) conditions develop
82 colitis that resembles human IBD when colonized with *H. hepaticus* (15, 17, 18) and this intestinal

83 inflammation is associated with alterations in gut microbiota community structure (19).
84 Interestingly, the ability for *H. hepaticus* to trigger IBD in IL-10-deficient mice depends on the
85 expression of cytolethal distending toxin and the presence of an indigenous microbiota, as germ-
86 free mice or mice colonized with CDT-deficient *H. hepaticus* do not develop intestinal
87 inflammation (20, 21). Most previously described mouse models of CDI require antibiotic
88 administration to disrupt the intestinal microbiota and render animals susceptible to *C. difficile*
89 colonization and disease (13, 22), and have revealed that colonization resistance and protection
90 from CDI is mediated by the microbiota and host immune responses (5, 23).

91 In the present study, we sought to study the specific relationship between IBD and CDI
92 concurrently in a mouse model. We wished to develop a system where we could evaluate the role
93 of intestinal inflammation in the induction of susceptibility to *C. difficile* colonization. These results
94 demonstrate that mice with IBD harbor an altered microbiota, compared to mice without IBD, that
95 renders animals susceptible to *C. difficile* colonization and infection in the absence of antibiotic
96 treatment.

97 **MATERIALS AND METHODS**

98

99 **Mice.** Male and female C57BL/6 wild-type or IL-10-deficient mice were maintained under specific
100 pathogen-free (SPF), *Helicobacter*-free conditions. Mice were at least 8 weeks of age mice at the
101 start of experiments. All mice were from a breeding colony at the University of Michigan that were
102 originally derived from Jackson Laboratories almost 20 years ago. Euthanasia was carried out via
103 CO₂ inhalation at the conclusion of the experiment. Animal studies were approved by The
104 University of Michigan Committee on the Care and Use of Animals animal husbandry was
105 performed in an AAALAC-accredited facility.

106

107 ***Helicobacter hepaticus* strains, growth conditions, and murine inoculation.** *H.*
108 *hepaticus* strain 3B1 (ATCC 51488) was obtained from the American Type Culture Collection
109 (Manassas, VA). The isogenic mutant 3B1::Tn20 has a transposon inserted near the start
110 of *cdtA* and no longer produces cytolethal distending toxin (CDT) (20). Wild-type *H.*
111 *hepaticus* 3B1 and 3B1::Tn20 were grown on tryptic soy agar (TSA) supplemented with 5% sheep
112 blood at 37°C for 3 to 4 days in a microaerobic chamber (1-2% oxygen, Coy Laboratories). The
113 isogenic mutant 3B1::Tn20 is chloramphenicol-resistant and was grown on media additionally
114 supplemented with 20 µg/ml chloramphenicol (Sigma, St. Louis, MO). *H. hepaticus* suspensions
115 for animal inoculation were prepared by harvesting organisms from culture plates into trypticase
116 soy broth (TSB). Mice were challenged with 10⁸ CFU *H. hepaticus* by oral gavage. *H. hepaticus*
117 colonization status in mice and colonizing strain were confirmed by PCR of the *cdtA* gene (24) on
118 fecal DNA prior to *C. difficile* spore challenge.

119

120 ***C. difficile* strain and growth conditions.** The *C. difficile* reference strain VPI 10463 (ATCC
121 43255) was used as previously described in a murine model of CDI by Theriot *et al.* (22). To
122 determine a correct dose of *C. difficile* spores per challenge, viable spores in each inoculum were

123 enumerated by plating for colony-forming units (CFU) per mL on pre-reduced taurocholate
124 cycloserine cefoxitin fructose agar (TCCFA). TCCFA was prepared as previously described (25).
125 TCCFA plates with fecal or cecal samples or spore inoculum were incubated in an anaerobic
126 chamber (Coy Industries) at 37°C for 18 hours prior to colony enumeration.

127

128 **Antibiotic administration.** Mice were rendered susceptible to *C. difficile* infection by treating
129 mice with 0.5 mg/mL cefoperazone (MP Pharmaceuticals) in sterile distilled drinking water (Gibco)
130 ad libitum. The antibiotic-supplemented water was provided for 10 days, followed by 2 days of
131 drinking water without antibiotics (22).

132

133 ***C. difficile* spore challenge.** After challenge with *H. hepaticus*, TSB vehicle, or antibiotic
134 pretreatment, animals were then challenged by oral gavage with 10^3 – 10^4 CFU *C. difficile* spores
135 suspended in 50 μ l of distilled water (Gibco) or mock-challenged with water vehicle. Over the
136 course of the experiment, mice were regularly weighed and feces were collected for quantitative
137 culture.

138

139 ***C. difficile* quantification.** Fresh feces were collected from each mouse into a pre-weighed
140 sterile tube. Immediately following collection, the tubes were re-weighed to determine fecal weight
141 and passed into an anaerobic chamber (Coy Laboratories). Each sample was then diluted 10%
142 (w/v) with pre-reduced sterile phosphate buffered saline (PBS) and serially diluted onto pre-
143 reduced TCCFA plates with or without erythromycin supplementation. The plates were incubated
144 anaerobically at 37°C, and colonies were enumerated after 18 to 24 hours of incubation.

145

146 **Quantitative detection of *C. difficile* toxin in cecal contents.** Functional *C. difficile* toxin was
147 measured using a real-time cellular analysis (RTCA) assay (26). The RTCA assay was used to
148 detect changes in cell-induced electrical impedance in cultured colorectal cell monolayers in

149 response to cecal contents collected from mice with CDI to determine concentrations of active
150 toxin. Cecal contents collected from mice at the time of euthanasia were weighed and brought to
151 a final dilution of 1:1000 (w/v) with sterile 1X PBS. Diluted cecal contents were allowed to settle
152 in the original collection tubes prior to transferring supernatant aliquots to fresh tubes. Cecal
153 content supernatants were then filtered through a sterile 0.22 μ m 96-well filter plates (E-Plate
154 VIEW 96, ACEA Biosciences) and plates were centrifuged at 5000 x g for 10 minutes at room
155 temperature. HT-29 cells, a human colorectal adenocarcinoma cell line with epithelial morphology
156 (ATCC HTB-38), were seeded in 96 well plates in Dulbecco's Modified Eagle Media (DMEM) and
157 allowed to grow to a confluent monolayer overnight prior to loading processed cecal content
158 supernatant or purified *C. difficile* toxin A (List Biological Labs). Samples were run in triplicate. A
159 standard curve was generated using wells that received purified *C. difficile* toxin A; this also
160 served as a positive control. Prior to adding the sample to the plates containing HT29 monolayers,
161 an aliquot of each sample, also run in triplicate, was incubated in parallel with anti-toxin specific
162 for *C. difficile* toxin A and B (TechLab, Blacksburg, VA) for 40 minutes at room temperature to
163 confirm the presence of *C. difficile* toxin in samples by neutralizing the cytotoxic activity. Active *C.*
164 *difficile* toxin causes cytotoxic effects on the HT29 cells, which results in a dose-dependent and
165 time-dependent decrease in cell impedance. Cell impedance (CI) data following incubation with
166 cecal contents from mice with CDI was acquired and analyzed using the xCELLigence RTCA
167 system and software (ACEA Biosciences, San Diego, CA). A normalized CI was calculated for
168 each sample by normalizing the CI to the last CI measured at the time point prior to adding cecal
169 content to the well.

170

171 **Clinical disease severity and histopathological damage scoring.** Mice were monitored for
172 clinical signs of disease. Disease scores were averaged based on scoring of the following features
173 for signs of disease: weight loss, activity, posture, coat, diarrhea, eyes/nose. A 4-point scale was
174 assigned to score each feature and the sum of these scores determined the clinical disease

175 severity score (27). Formalin-fixed tissue sections prepared from cecum and colon were H&E
176 stained and evaluated by a blinded animal pathologist. Histopathologic damage in each tissue
177 was scored using epithelial destruction, immune cell infiltration, and edema on a 4-point scale for
178 each category and the sum of these scores determined the histological score (22, 25, 28).

179

180 **DNA extraction and 16S rRNA gene sequencing.** Cecal and colon luminal contents were
181 separately collected from mice with IBD and without IBD at the time point immediately preceding
182 *C. difficile* spore challenge. The University of Michigan Microbiome Core extracted total DNA from
183 cecal and colon contents and prepped DNA libraries as previously described (29). The V4 region
184 of the 16S rRNA gene was amplified from each sample using the dual indexing sequencing
185 strategy as described previously (30). Sequencing was done on the Illumina MiSeq platform using
186 the MiSeq Reagent kit V2 (#MS-102-2003) to sequence the amplicons (500 total cycles) with
187 modifications found in the Schloss SOP (https://github.com/SchlossLab/MiSeq_WetLab_SOP).
188 The V4 region of the mock community (ZymoBIOMICS Microbial Community DNA Standard,
189 Zymo Research) was also sequenced to supervise sequencing error. Data were analyzed using
190 mothur (v 1.42.3) (31).

191

192 **Statistics.** Statistical analysis using unpaired student's t-test or one-way analysis of variance
193 (ANOVA) with Tukey's post-hoc test was performed using R. Clinical scores were analyzed using
194 the Mann-Whitney U test. A p-value less than 0.05 was considered statistically significant.

195

196 **Data availability.** Code and processing information are available on GitHub repository:
197 https://github.com/AbernathyClose/AbernathyClose_IbdCdi_mBio_2020.

198

199 **RESULTS**

200

201 ***Intestinal inflammation in IL-10-deficient mice colonized with *H. hepaticus* is associated***
202 ***with altered gut microbiota***

203

204 Wild-type (WT) and IL-10-deficient C57BL/6 mice reared under specific pathogen-free
205 (SPF) conditions were colonized with *H. hepaticus* or gavaged with vehicle and subsequently
206 evaluated for intestinal inflammation and gut microbiota diversity. We sought to confirm that wild-
207 type mice reared under SPF conditions do not develop signs of intestinal inflammation regardless
208 of *H. hepaticus* colonization status (Figure 1A and 1B). We found that intestinal inflammation in
209 IL-10-deficient mice was observed at 7-14 days after IBD was triggered by *H. hepaticus* infection.
210 The level of the inflammatory marker lipocalin-2 was significantly increased in feces 7 days after
211 *H. hepaticus* colonization, and this increase was sustained at 14 days post-colonization (Figure
212 1A). WT mice did not have increased levels of fecal lipocalin-2, regardless of *H. hepaticus*
213 colonization status (Figure 1A). Histological examination of colon sections harvested from IL-
214 10-deficient mice revealed pathology consistent with inflammatory bowel disease, including loss
215 of goblet cells, inflammatory cell infiltration, and crypt elongation at 14 days post-*H. hepaticus*
216 colonization, compared to WT mice or either genotype receiving vehicle (Figure 1B).

217 We then sought to determine if intestinal inflammation was associated with changes in gut
218 microbiota diversity. *H. hepaticus* colonization in WT mice does not induce IBD and thus does not
219 significantly impact diversity of the distal gut microbial community (Figure 1C and 1D). However,
220 intestinal inflammation induced by *H. hepaticus* colonization in SPF IL-10-deficient was
221 associated with altered microbial community structure (Supplemental Figure 1) and significantly
222 less diversity microbiota (Figure 1C and 1D), compared to non-inflamed counterparts. Taken
223 together, these data demonstrate that mice with IBD harbor altered gut microbiota compared to

224 mice without IBD, and that the presence of intestinal inflammation is associated with significant
225 alterations in alpha and beta diversity of the distal gut microbiota.

226

227 ***Altered intestinal microbiota associated with IBD is sufficient to induce susceptibility to C.***
228 ***difficile colonization***

229

230 We explored whether mice with intestinal inflammation due to active IBD are susceptible
231 to *C. difficile* colonization and CDI disease, and compared these outcomes to those following
232 antibiotic pretreatment in mice lacking IBD. SPF IL-10-deficient mice were either treated with the
233 broad-spectrum antibiotic cefoperazone or colonized with *H. hepaticus* to trigger IBD prior to *C.*
234 *difficile* strain VPI 10463 spore challenge (Figure 2A) and monitored for *C. difficile* colonization
235 and signs of clinical disease. Mice with established IBD were challenged with *C. difficile* spores
236 and then monitored for *C. difficile* colonization. *C. difficile* colonization was determined by plating
237 feces collected from mice for up to 7 days post-spore challenge on selective media and cecal
238 contents were plated when mice were euthanized.

239 IL-10-deficient mice challenged with *C. difficile* spores in the absence of microbiota
240 perturbation due to IBD or antibiotic pretreatment were resistant to *C. difficile* colonization (Figure
241 2B). Conversely, cefoperazone-treated mice had high levels of *C. difficile* colonization one day
242 post-spore challenge, while mice with IBD had significantly lower levels of *C. difficile* colonization
243 at this time point (Figure 2B). We found that while 100% of mice treated with cefoperazone and
244 subsequently challenged with *C. difficile* spores were colonized by day one post-spore challenge,
245 only 68% of mice with IBD had detectable levels of *C. difficile* in feces at this time point. However,
246 89% of mice with IBD were colonized 7 days post-spore challenge, and one mouse remained
247 colonization resistant at 9 days after spore challenge, lacking cultivatable *C. difficile* from cecal
248 contents (Figure 2D). This experimental endpoint of day 9 post-*C. difficile* spore challenge was
249 arbitrarily pre-determined in the event that mice with IBD did not develop severe disease resulting

250 in a moribund condition upon *C. difficile* colonization. These experiments establish a mouse model
251 of IBD rendering mice susceptible to *C. difficile* colonization, obviating the need for antibiotics for
252 CDI development.

253 To follow up on the finding that mice with IBD are susceptible to *C. difficile* colonization,
254 we assessed disease severity associated with concurrent IBD and CDI compared to antibiotic-
255 induced CDI by monitoring weight loss, immune response, and scoring clinical disease. Mice with
256 CDI following cefoperazone treatment lost a significant amount of weight a hallmark of severe
257 disease associated with CDI, compared to mock or antibiotic-treated controls. Mice with
258 concomitant IBD and CDI lost significantly more weight compared to mice with IBD alone at day
259 7 and day 9 post-*C. difficile* spore challenge (Figure 3A), indicating more severe disease
260 associated with comorbid disease compared to unaccompanied IBD. Furthermore, mice with CDI
261 associated with underlying IBD demonstrated significantly higher clinical disease scores
262 compared to mice with IBD alone (Figure 3B). Neutrophil and eosinophil responses are
263 associated with severe CDI (32-34). CDI occurring after cefoperazone treatment resulted in a
264 significant increase in circulating neutrophils and eosinophils at day 2-3 post-*C. difficile* spore
265 challenge, compared to antibiotics or spores alone (Figure 3C). CDI occurring after cefoperazone
266 treatment resulted in a significant increase in circulating neutrophils and eosinophils at day 2 post-
267 *C. difficile* spore challenge, compared to antibiotics or spores alone (Figure 3C). Comorbid IBD
268 and CDI was associated with significantly less blood eosinophils compared to CDI following
269 antibiotic treatment (Figure 3C). These data reveal that mice with underlying IBD persistently
270 colonized with a toxigenic strain of *C. difficile* develop an altered course of disease associated
271 with CDI, compared to their antibiotic pretreated counterparts.

272

273 ***Toxigenic C. difficile produces significantly less toxin in cecum of mice with IBD compared***
274 ***to antibiotic-pretreated mice***

275

276 We sought to further elucidate the cause of differences in clinical disease severity
277 observed in antibiotic- versus IBD-associated CDI by examining intestinal pathology. *C. difficile*
278 toxin mediates disease due to CDI by causing damage to the intestine (35, 36). Therefore, we
279 investigated intestinal histopathology and corresponding functional *C. difficile* toxin levels in
280 antibiotic pretreated mice with CDI (day 2 post-CDI) compared to comorbid IBD and CDI (day 9
281 post-CDI) (Figure 4). Histopathology of the cecum and colon of mice was quantified by a
282 veterinary pathologist that scored tissues for the amount of edema, infiltration of leukocytes, and
283 epithelial damage. We established that mice pretreated with cefoperazone had significantly higher
284 cecum and colon histopathology scores, reflective of more intestinal pathology, while
285 histopathology scores were similar between mice with IBD alone and mice with comorbid CDI
286 (Figure 4A). Interestingly, despite similar cecal burden of *C. difficile* colonization (Figure 4B), mice
287 with CDI following cefoperazone treatment had significantly more active *C. difficile* toxin in cecal
288 contents compared to mice with comorbid IBD and CDI (Figure 4C). Furthermore, several mice
289 with IBD colonized with *C. difficile* did not have detectable *C. difficile* toxin activity, in contrast to
290 antibiotic pretreated mice with CDI (Figure 4C).

291

292 ***IL-10-deficient mice colonized with a strain of *H. hepaticus* that lacks induction of intestinal***
293 ***inflammation are resistant to *C. difficile* colonization and infection***

294

295 The mouse model of IBD and CDI we describe in the present study necessitates the use
296 of *H. hepaticus* to trigger intestinal inflammation in mice lacking intact IL-10 signaling. Therefore,
297 we utilized an isogenic strain of *H. hepaticus* that does not trigger IBD in IL-10-deficient mice (20,
298 21) to explore the contribution of *H. hepaticus* in the gut microbiota to subsequent *C. difficile*
299 colonization and infection. IL-10-deficient mice reared in a SPF environment were colonized with
300 either the wild-type strain *H. hepaticus* 3B1 (*HhCDT+*) or a CDT-deficient strain *H. hepaticus*
301 3B1:Tn20 (*HhCDT-*), and 14 days later mice were challenged with *C. difficile* strain 10463 spores

302 and monitored for *C. difficile* colonization and disease (Figure 5A). We measured fecal lipocalin-
303 2 levels by ELISA in SPF IL-10-deficient mice 14 days after colonization with *HhCDT+* or *HhCDT-*
304 and found that mice colonized with wild-type *H. hepaticus* had significantly more fecal lipocalin-2
305 than those colonized with CDT-deficient *H. hepaticus* (Figure 5B). Furthermore, intestinal
306 inflammation triggered by wild-type *H. hepaticus* colonization was associated with lower
307 microbiota diversity in luminal contents collected from cecum and colon, compared to non-
308 inflamed mice colonized with CDT-deficient *H. hepaticus* (Figure 5C). These results confirm
309 previous reports showing that CDT-deficient *H. hepaticus* does not trigger IBD in IL-10-deficient
310 mice (20, 21), and demonstrate that this lack of intestinal inflammation is associated with higher
311 distal gut microbial diversity compared to mice with wild-type *H. hepaticus*-induced IBD.

312 Given that the absence of intestinal inflammation is associated with higher gut microbial
313 diversity (Figure 1 and 5C) and resistance to *C. difficile* colonization (Figure 2), we hypothesized
314 that the lack of inflammation in mice colonized with CDT-deficient *H. hepaticus* would result in the
315 preservation of colonization resistance to *C. difficile*. Indeed, cultivatable *C. difficile* was not
316 detected in the feces of SPF IL-10-deficient mice colonized with CDT-deficient *H. hepaticus* at
317 any time point post-*C. difficile* spore challenge (Figure 5D). We confirmed this finding in cecal
318 contents, and found no detectable *C. difficile* colonization in mice at 31 days post-spore challenge
319 (Figure 5E).

320 Clinical disease severity was evaluated in mice with IBD (*HhCDT+* colonized) or without
321 IBD (*HhCDT-* colonized) following *C. difficile* spore challenge. We observed more severe clinical
322 disease in mice with CDI and underlying IBD compared to mice with IBD that was unaccompanied
323 by comorbid disease (Figure 5F). Mice resistant to colonization by *C. difficile*, including IL-10-
324 deficient mice harboring SPF microbiotas or those additionally colonized with CDT-deficient *H.*
325 *hepaticus* did not develop IBD (Figure 5D and Figure 5E), and this was reflected in the absence
326 of clinical disease in non-inflamed mice (Figure 5G). As expected, vehicle-challenged mice or
327 mice lacking intestinal inflammation did not develop clinically noticeable signs of disease

328 (Supplemental Figure 2). In summary, these results support the notion that intestinal inflammation
329 is required for *C. difficile* colonization, and that disease severity associated with CDI differs
330 depending on the mode of colonization susceptibility and the presence of underlying comorbid
331 IBD.

332 **DISCUSSION**

333

334 While the negative impact of CDI on patients with IBD has been reported in epidemiologic
335 studies (1-3), the specific mediators of IBD-induced susceptibility to *C. difficile* colonization and
336 infection remain elusive. This may be partially due to the lack of a suitable murine model to
337 explicitly dissect the relationship between IBD and CDI, in the absence of antibiotic perturbation
338 of the microbiota. Previous studies using mouse models to explore concurrent IBD and CDI
339 required antibiotic pretreatment to sufficiently render mice susceptible to *C. difficile* colonization
340 and subsequent CDI-associated disease (37-39). However, antibiotic-induced perturbations of
341 the gut microbiota may mask mechanisms specific to IBD-induced *C. difficile* susceptibility and
342 infection. The development of a mammalian model system that does not require antibiotics to
343 disrupt colonization resistance is necessary for the mechanistic investigation of specific IBD-
344 induced mediators of *C. difficile* colonization and infection. Here, we establish a mouse model of
345 comorbid IBD and CDI that demonstrates intestinal inflammation associated with IBD is sufficient
346 to shape a microbiota such that is susceptible to persistent *C. difficile* colonization, obviating the
347 need for antibiotics.

348 The previously reported studies of CDI in mice induce IBD using dextran sodium sulfate
349 (DSS), a chemical colitogen that damages the intestinal epithelium that results in colitis, require
350 the use of antibiotics for *C. difficile* colonization and subsequent CDI-associated disease (37, 38,
351 40). While these murine studies have provided key insights in CDI in the context of IBD, including
352 a role for aberrant Th17 responses induced in IBD for increased risk for CDI disease severity (39),
353 the requirement for antibiotic pretreatment to render animals susceptible to *C. difficile* colonization
354 is a caveat that limits use of these models for investigating IBD-specific mediators of *C. difficile*
355 colonization and infection. In our mouse model, IBD results due to a combination of genetic
356 predisposition in the host via IL-10-deficiency and a microbiota trigger through *H. hepaticus*
357 colonization (15). This particular model of IBD is appealing since disease develops through the

358 loss of tolerance to the resident gut microbiota, mimicking human IBD etiology (41, 42). Given
359 that colonization resistance to *C. difficile* is largely mediated by the intestinal microbiota, our
360 mouse model of comorbid IBD and CDI is well suited for investigating the relationship between
361 CDI and the perturbations of the gut microbial community induced by IBD.

362 Our results demonstrate key differences in *C. difficile* colonization dynamics and CDI-
363 associated disease in mice with IBD compared to non-IBD controls. The antibiotic cefoperazone
364 was used to disrupt the microbiota and demonstrate that *C. difficile* burden in IL-10-deficient mice
365 are similar to that in studies performed in wild-type mice (22). Experiments with IL-10-deficient
366 mice with *H. hepaticus*-triggered intestinal inflammation led to the disruption of the microbiota and
367 revealed that mice with IBD are indeed susceptible to stable *C. difficile* colonization, while
368 genetically identical mice lacking IBD are resistant to colonization. Interestingly, there was a
369 higher frequency of mice colonized with *C. difficile* in the context of cefoperazone pretreatment
370 compared to intestinal inflammation accompanying underlying IBD. The lower rate of *C. difficile*
371 colonization in IBD we observed suggests that intestinal inflammation may stochastically shape
372 the gut microbiota may be stochastic, whereas alterations in gut microbiota following antibiotic
373 treatment is more predictable, given the specificity of these drugs. We have previously shown that
374 in the setting of advanced age, representing a distinct immune- and microbiota-altered host state
375 that increases risk for *C. difficile* infection, CDI results in age-related alterations in neutrophil and
376 eosinophil responses in mice (25). While we found no significant difference in neutrophil
377 responses in mice with IBD-induced or antibiotic-induced CDI, IBD was associated with
378 differences in eosinophil response compared to CDI following antibiotic use. Future work will
379 explore the emerging role of eosinophil responses in intestinal bacterial infection and IBD.

380 Concurrent CDI in patients with IBD increases morbidity and mortality (7, 43), and this
381 clinical observation has been recapitulated in previous studies in mice demonstrating significantly
382 worse CDI-associated disease following DSS-induced colitis (37-39). While these findings in mice
383 indicated that IBD and antibiotics predisposed animals to develop severe CDI, the specific

384 contribution underlying IBD is unclear in these mouse models due to the requirement for antibiotic
385 pretreatment following colitis-trigger to induce susceptibility to *C. difficile* colonization and
386 infection. Our study explored disease severity in mice with concurrent IBD and antibiotic-
387 independent CDI and also found that these animals developed worse disease compared to mice
388 with IBD alone, albeit not to the degree if disease severity in mice with antibiotic-induced CDI in
389 the absence of underlying IBD. In our model of IBD and CDI, we surprisingly found mice colonized
390 with the virulent toxigenic strain of *C. difficile* yet active toxin was low or undetectable in these
391 mice. This difference in *C. difficile* toxin, rather than bacterial burden, may explain the lack of
392 severe CDI in mice with IBD. Furthermore, IBD-associated CDI was accompanied with delayed
393 weight loss that was not as substantial as antibiotic-associated CDI. Furthermore, comorbid IBD
394 and CDI resulted in less severe clinical disease compared to antibiotic-associated CDI. *C. difficile*
395 strain 10463 used in our studies does not express binary toxin, however it does express toxin A
396 and B (44). Toxin-mediated intestinal damage and pathogenic inflammatory responses mediate
397 CDI-associated disease caused by this highly virulent strain of *C. difficile*. One important limitation
398 of the assay used in this study to quantify *C. difficile* toxin is that this assay does not detect the
399 presence of inactive toxin. Therefore, we cannot rule out the possibility that *C. difficile* toxin is
400 indeed being produced in mice with IBD colonized with *C. difficile*, and that this toxin is not active,
401 and additional studies are needed to follow up this intriguing finding. Regardless, our data suggest
402 key differences in toxin regulation by the intestinal milieu associated with IBD-induced CDI versus
403 antibiotic-induced CDI that warrant further exploration. Taken together, these results indicate key
404 difference between antibiotic-induced versus IBD-induced CDI development and pathogenesis
405 and describe a mouse model of comorbid IBD and CDI.

406 The significant impact of *C. difficile* infection in the health outcomes of patients with IBD
407 warrants the exploration of mouse models that allows for the systematic study of IBD and
408 concomitant CDI. This study provides a foundation to probe antibiotic-independent mechanisms
409 of *C. difficile* pathogenesis that are specific to the IBD-associated intestinal milieu. It is crucial to

410 elucidate mechanisms of *C. difficile* pathogenesis in the setting of underlying IBD in order to
411 specifically address the clinical problem of CDI in the IBD population. It may not be appropriate
412 to extrapolate mechanisms of susceptibility to *C. difficile* colonization and CDI pathogenesis
413 revealed in antibiotic-induced models to the IBD-induced intestinal milieu and pathogenic
414 synergism of comorbid IBD and CDI. Future studies will aim to distinguish antibiotic-independent
415 structural features of the intestinal microbial community that permit *C. difficile* colonization
416 specifically in the setting of underlying IBD. Ultimately, the use of this model of IBD and CDI will
417 assist in the development and testing of new clinical approaches to predict, diagnose, and
418 manage *C. difficile* infection in the IBD population.

419 **FIGURE LEGENDS**

420

421 **Figure 1. Intestinal inflammation is associated with altered intestinal microbiota in mice.**

422 A) Lipocalin-2 levels in feces from SPF wild-type (WT) mice or SPF IL-10^{-/-} mice were measured
423 by ELISA at day 7 and 14 post-colonization with *H. hepaticus* (*Hh*) or mock-challenged with
424 vehicle. ANOVA and Tukey test, ***p<0.001. n = 6-13 mice/group. B) Colonic mucin and mucosal
425 integrity in SPF WT mice or SPF IL-10^{-/-} mice 14 post-colonization with *H. hepaticus* or mock-
426 challenged with vehicle were visualized with alcian blue/periodic acid-Schiff staining of colon
427 tissue sections (representative images, x100 magnification). C) Shannon diversity index of luminal
428 contents collected from the cecum (round) and colon (triangle) of SPF WT mice or SPF IL-10^{-/-}
429 mice at 14 days post-*H. hepaticus* (*Hh*) colonization or mock-challenged with vehicle. Two-tailed
430 unpaired t-test, *p < 0.05. D) Principal coordinates analysis plot of Bray-Curtis distances of luminal
431 content collected from the cecum (round) and colon (triangle) of SPF WT mice or SPF IL-10^{-/-}
432 mice 14 days post-*H. hepaticus* (*Hh*) colonization or mock-challenged with vehicle. 95%
433 confidence ellipses are shown. SPF = specific pathogen-free, *Hh* = *Helicobacter hepaticus*.

434

435 **Figure 2. *C. difficile* colonization dynamics in mice with IBD differ compared to antibiotic-
436 pretreated mice without IBD.** A) Mouse model of CDI after antibiotic treatment or IBD triggered
437 by *H. hepaticus* colonization. B) *C. difficile* burden in feces one day after *C. difficile* spore
438 challenge. Feces were collected and plated anaerobically on selective agar plates to quantify *C.*
439 *difficile* burden. Two-tailed unpaired t-test, **p < 0.01. C) Quantification of *C. difficile* in feces
440 collected from mice with or without IBD for up to 7 days post-*C. difficile* spore challenge. Data are
441 presented as median and interquartile range for each time point. D) *C. difficile* colonization level
442 in cecal contents harvest from mice with and without IBD at 9 days post-*C. difficile* spore
443 challenge. Data represent 2-3 independent experiments and are plotted as mean +/- standard

444 deviation unless otherwise indicated. Dotted line indicates limit of detection for *C. difficile*
445 quantification (10^2 CFU).

446

447 **Figure 3. Mice with IBD do not develop severe CDI despite stable *C. difficile* colonization.**

448 A) Weight loss and B) clinical disease severity were assessed in mice with antibiotic-associated
449 CDI or IBD, as well as concurrent IBD and CDI. C) Neutrophil and eosinophil levels in the blood
450 at day 2 or day 9 post-CDI. Data represent 2-3 independent experiments and are plotted as mean
451 \pm standard deviation and analyzed by ANOVA or Mann-Whitney test, *p > 0.05, **p > 0.01, ***p
452 > 0.001, ****p > 0.0001. ns = not statistically significant.

453

454 **Figure 4. Mice pretreated with antibiotics have more intestinal damage and harbor more**
455 **active *C. difficile* toxin in cecal contents compared to colonized mice with IBD.** A)
456 Histopathological damage in cecum and colon collected from mice with antibiotic- or IBD-
457 associated CDI. Epithelial destruction, immune cell infiltration, and edema were scored on a 4-
458 point scale for each category, and the sum of these scores determined the histological score in
459 each tissue. B) *C. difficile* colonization burden in cecal contents at experimental endpoint (2 days
460 post-spore challenge for cefoperazone pretreated mice and 9 days post-spore challenge for mice
461 with IBD). C) Active *C. difficile* toxin level in cecal contents at experimental endpoint was
462 quantified by real-time cell analysis (RTCA). Samples were also incubated with anti-toxin specific
463 for *C. difficile* toxin A to confirm the presence of *C. difficile* toxin in toxin-positive samples by
464 neutralizing the cytotoxic activity (data not shown). Data represent two independent experiments.
465 Data represent two independent experiments and are plotted as mean \pm standard deviation and
466 analyzed by ANOVA or Mann-Whitney test, ****p > 0.0001. ns = not statistically significant.

467

468 **Figure 5. IL-10-/- mice colonized with isogenic strain of *H. hepaticus* that does not cause**
469 **IBD are resistant to *C. difficile* colonization.** A) Experimental design to evaluate *C. difficile*

470 colonization and disease after colonization with isogenic strains of *H. hepaticus* with differing
471 ability to induce intestinal inflammation in IL-10-deficient mice. IL-10-deficient mice with and
472 without IBD were challenged with spores from *C. difficile* strain VPI 10463 and monitored for up
473 to 31 days for *C. difficile* colonization and clinical severity of disease. B) Lipocalin-2 levels in feces
474 from IL-10-/ mice measured by ELISA at day 14 post-colonization with *H. hepaticus* CDT+ or *H.*
475 *hepaticus* CDT- or mock-challenged with vehicle (n = 2-6 mice/group). C) Shannon diversity index
476 of cecal and colon contents from mice 14 day after colonization with wild-type *H. hepaticus*
477 (*HhCDT+*) or CDT-deficient *H. hepaticus* (*HhCDT-*). D) Feces collected over time or E) cecal
478 contents at day 31 post-*C. difficile* spore challenge were plated anaerobically on selective agar
479 plates to quantify *C. difficile* burden. F-G) Mice colonized with *H. hepaticus* CDT+ or *H. hepaticus*
480 CDT- were scored for clinical disease severity and compared to mice mock-challenged with
481 vehicle. ANOVA and Tukey test, ***p<0.001.

482

483 **Supplemental Figure 1. Intestinal inflammation alters relative abundance of gut microbiota.**
484 Relative abundance of bacterial families in cecal and colon contents from IL-10-deficient mice
485 with IBD (SPF+*Hh*) and without IBD (SPF) at 14 days post-*H. hepaticus* colonization or mock
486 challenge with vehicle.

487

488 **Supplemental Figure 2. IL-10-deficient mice not colonized by *C. difficile* lack clinical signs**
489 **of disease.** Clinical disease severity was assessed following *C. difficile* spore challenge in IL-10-
490 /- mice due to were colonized with CDT-deficient *H. hepaticus* or vehicle 14 days prior to spore
491 challenge, representing various groups of mice without IBD.

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493

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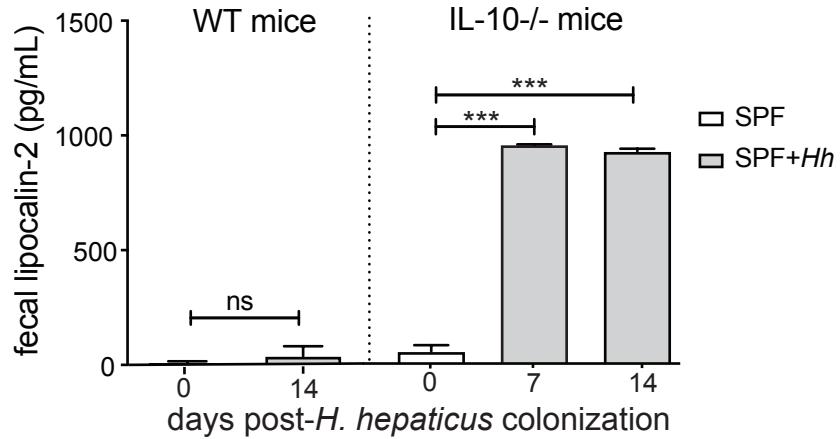
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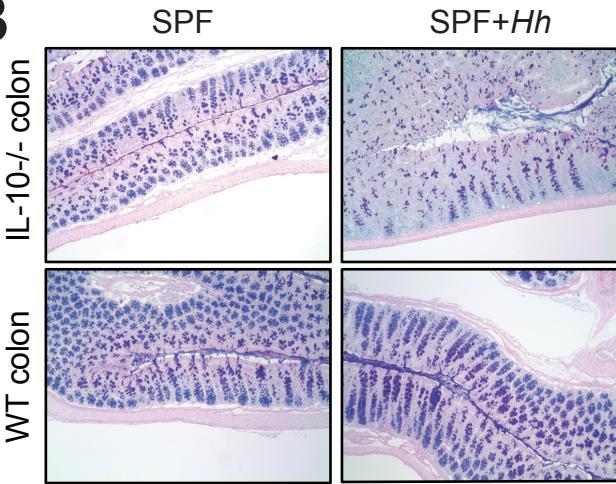
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Figure 1

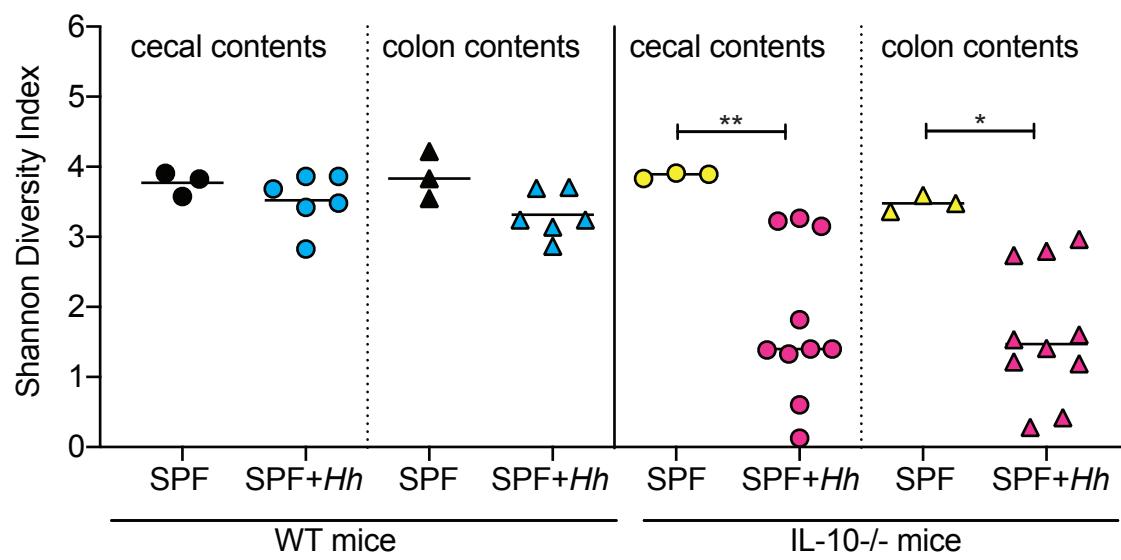
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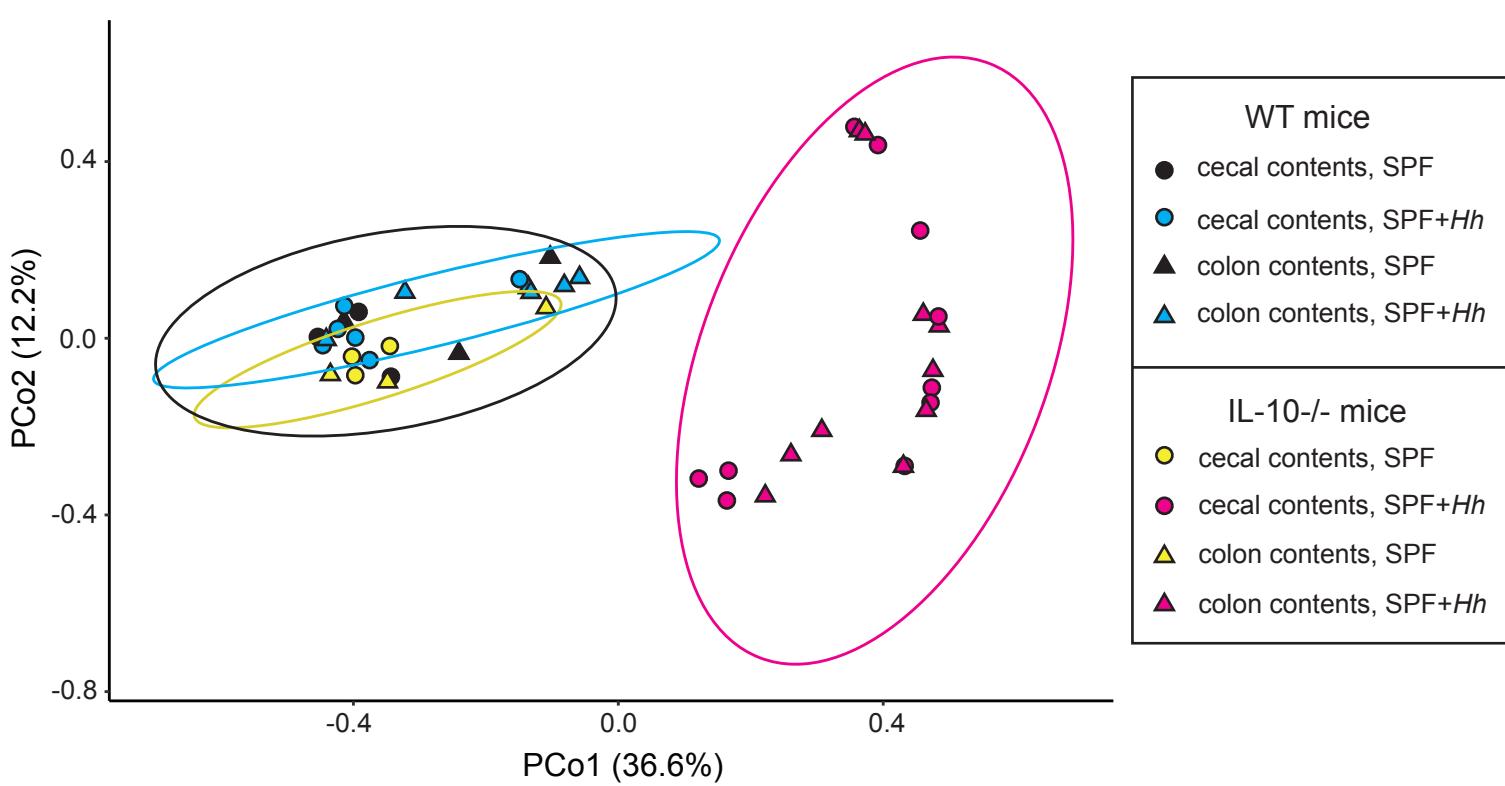
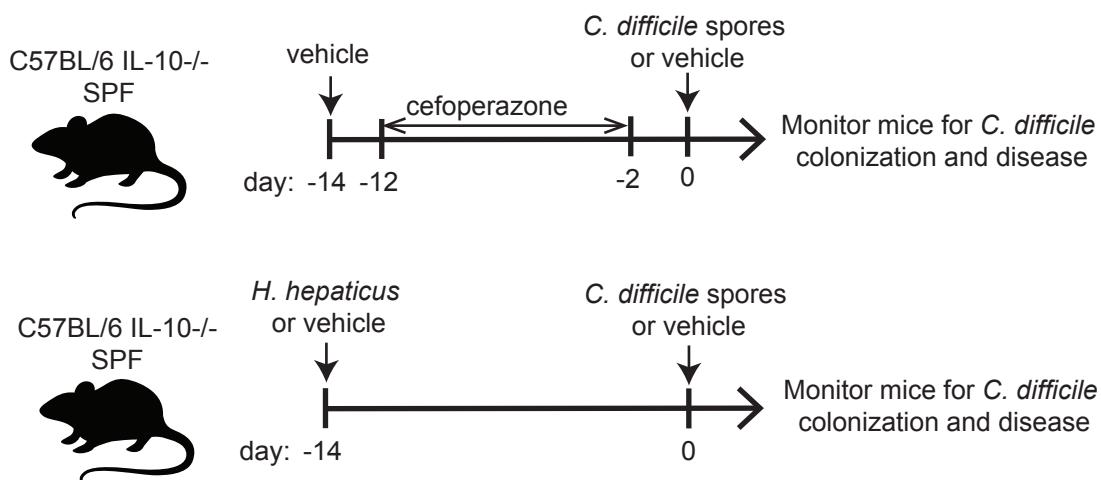
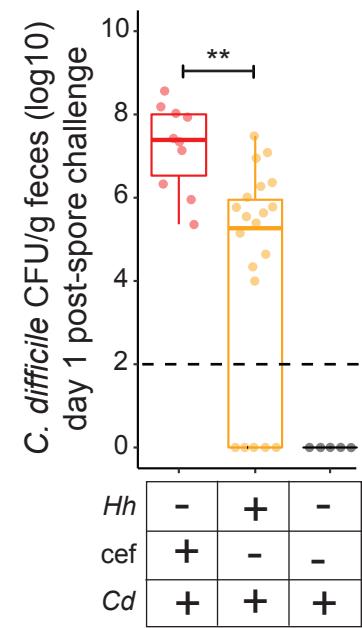


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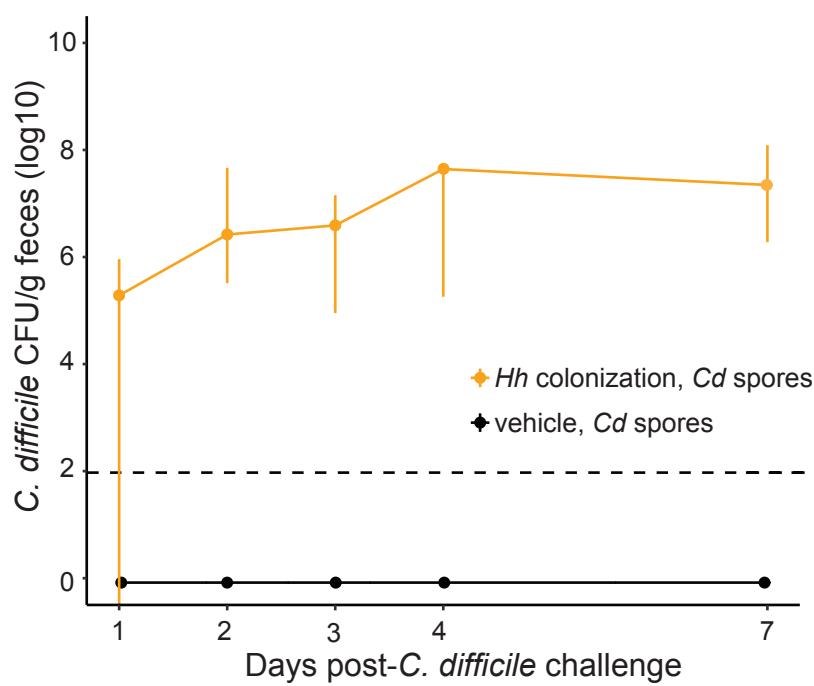
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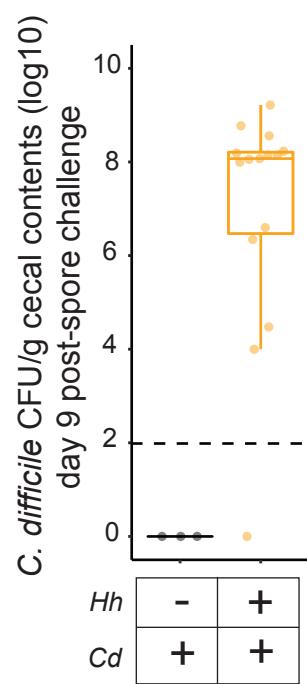
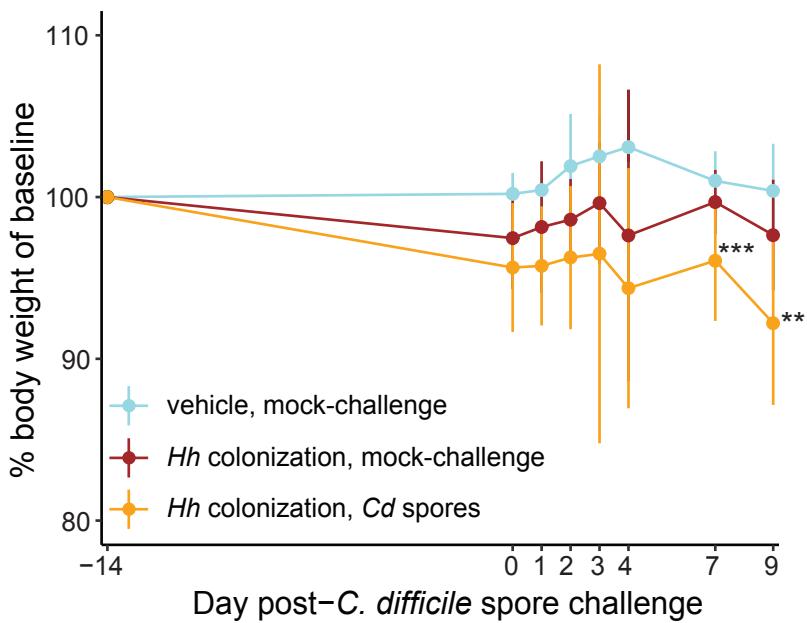
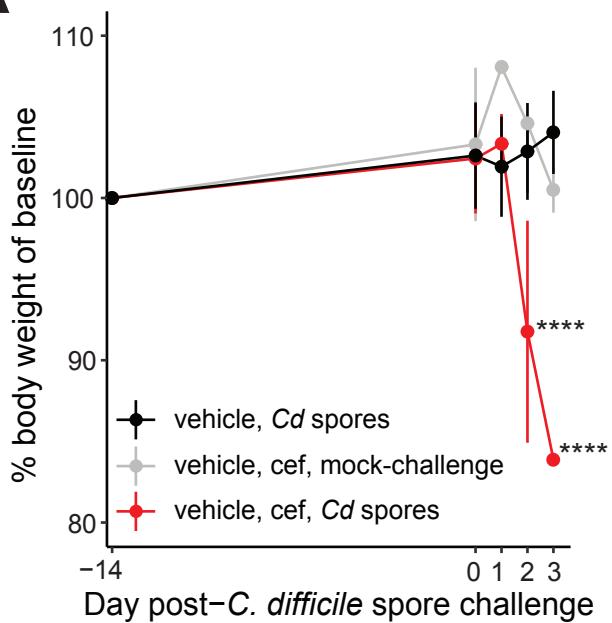
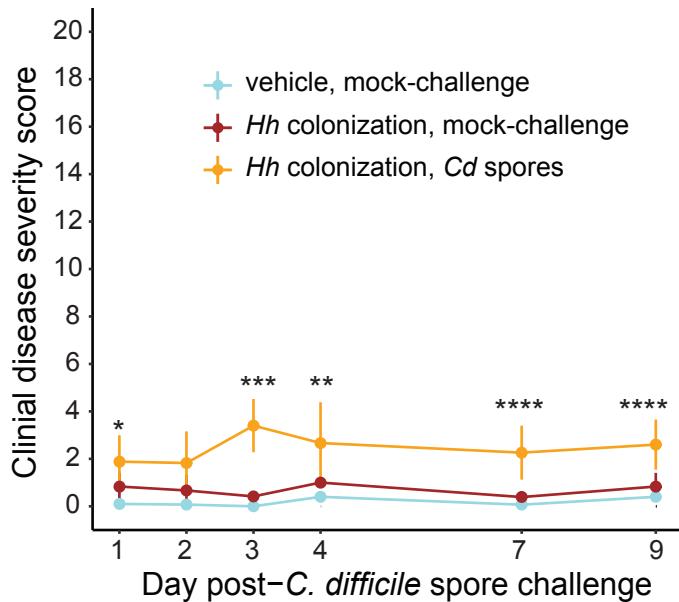
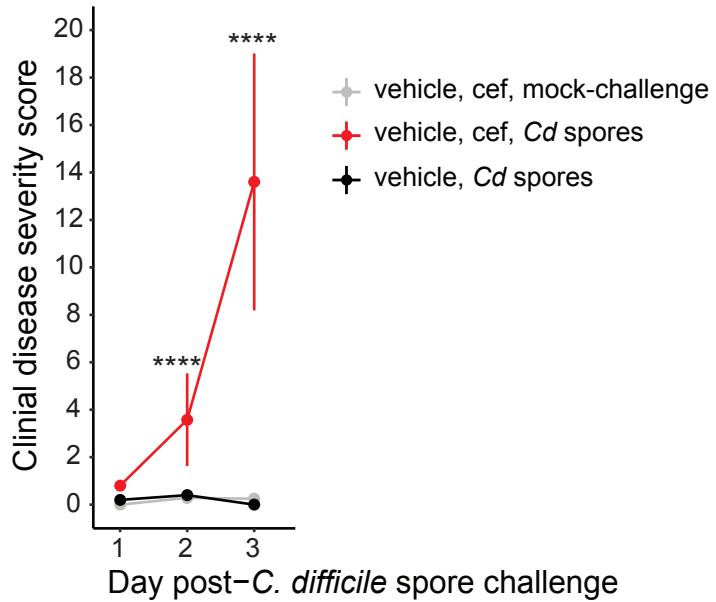


Figure 3

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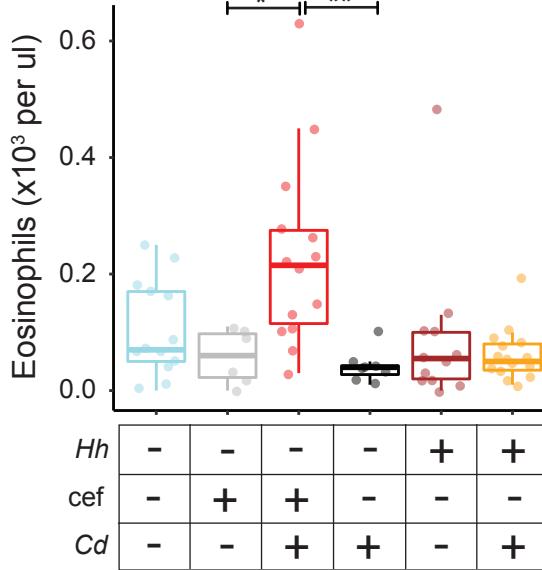
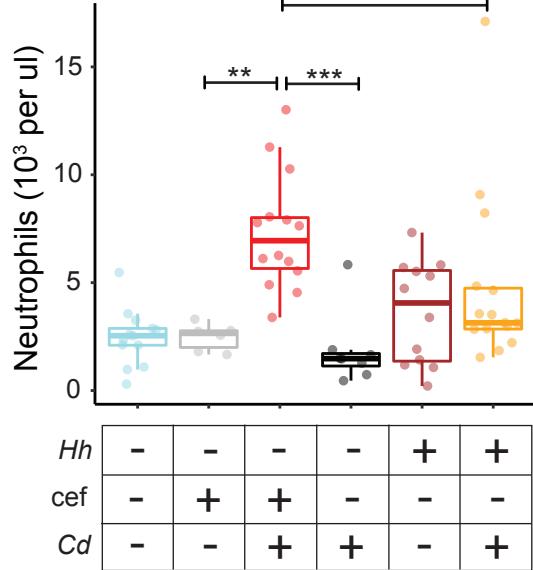
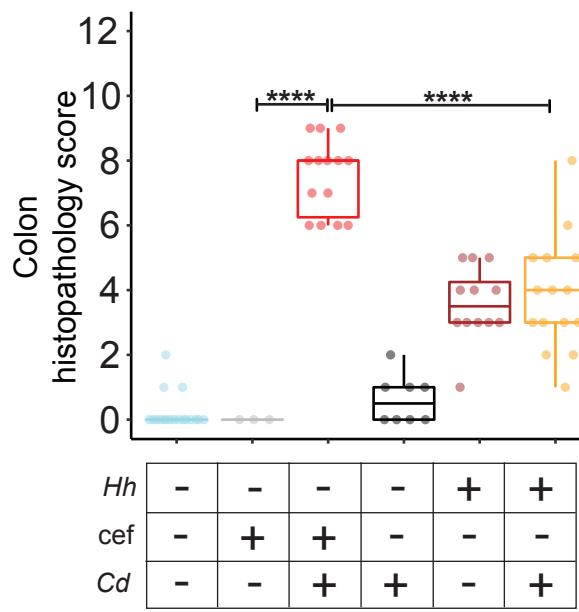
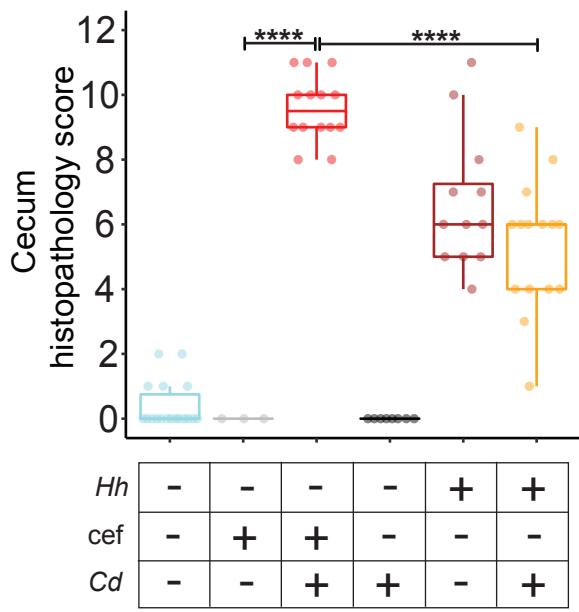
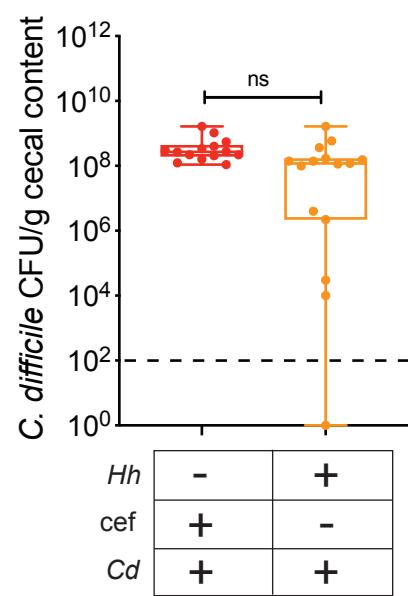


Figure 4

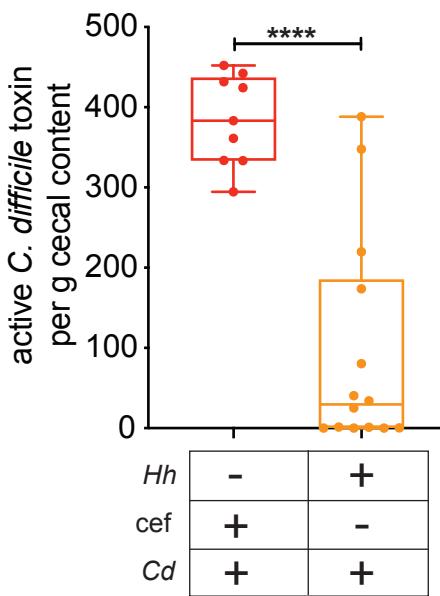
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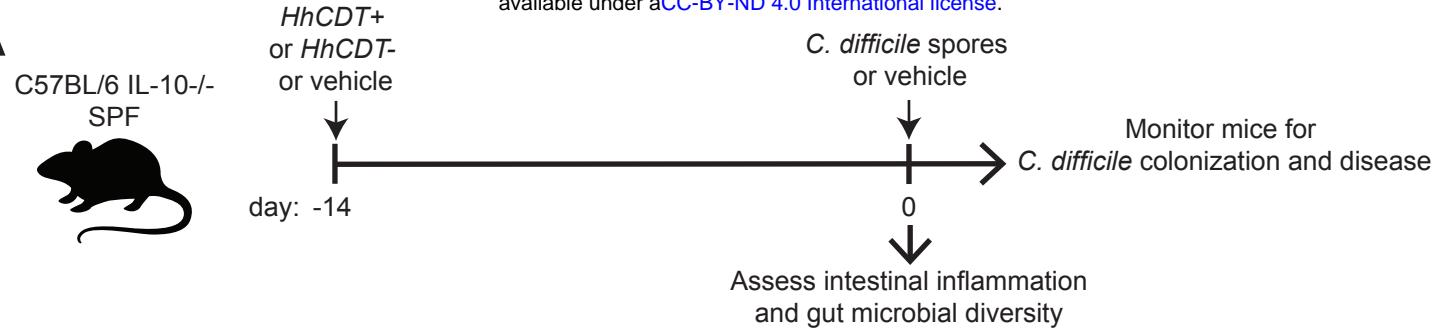
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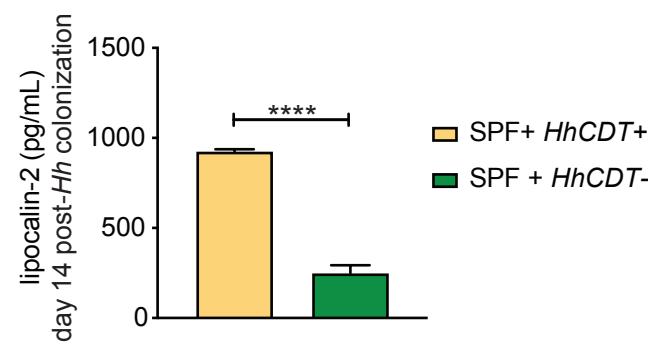
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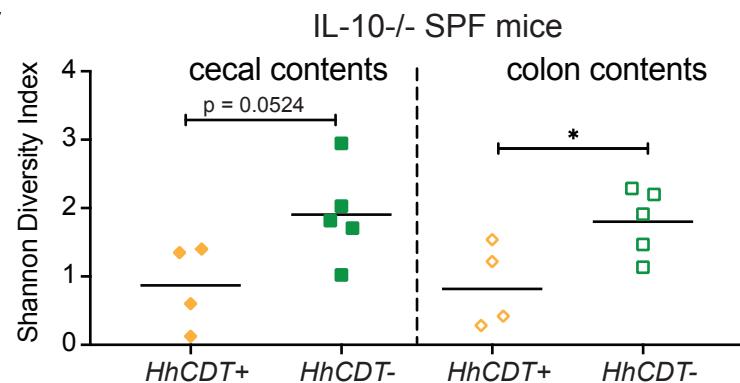
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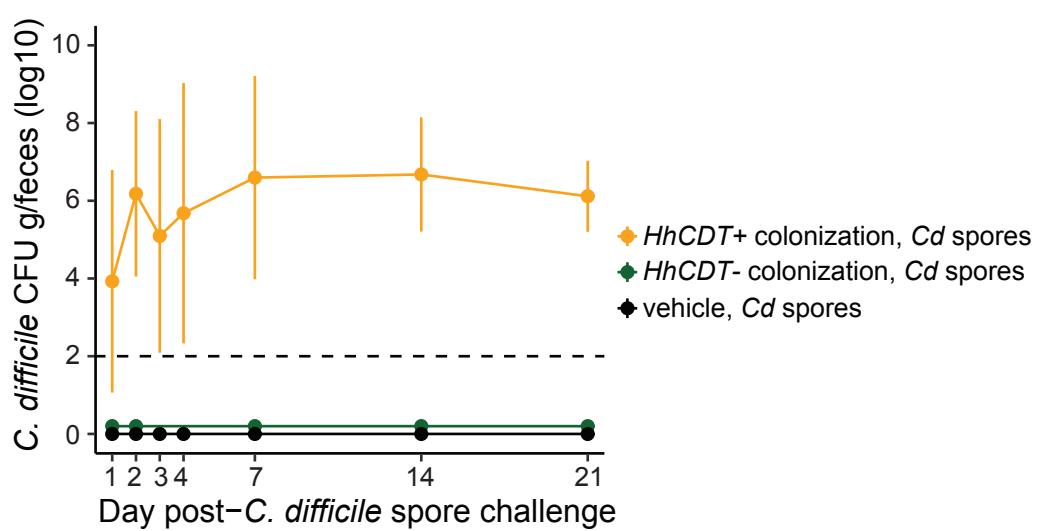
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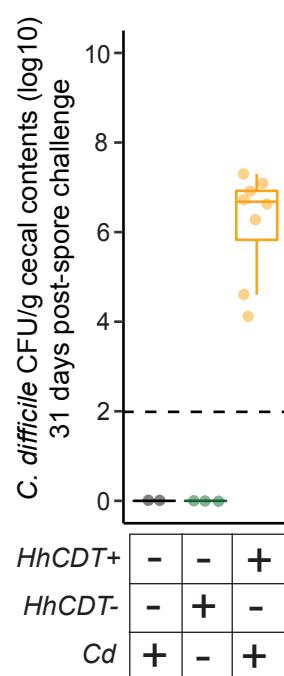
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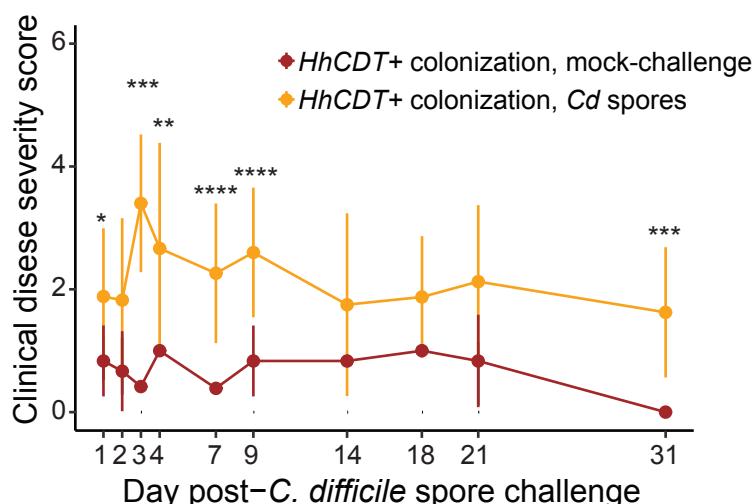
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