

1 **Short title:** Oat seed metabolome

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9 **Article title:** Translating insights from the seed metabolome into improved prediction for  
10 healthful compounds in oat (*Avena sativa L.*)

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31 **One sentence summary:** A metabolome-informed genomic prediction model improves  
32 prediction for health-related seed-quality traits in oat.

33 **Author contributions:** Metabolomic data were generated by HH and THY; analyses were  
34 performed by MTC under the guidance of MAG and JLJ; KPS and THY generated data used  
35 for validation; MTC wrote the manuscript with guidance from JLJ and MAG; comments were  
36 provided by HH, LG, MES, MAG and JLJ provided; this study was supported by grants  
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41 **Abstract**

42 Oat (*Avena sativa* L.) seed is a rich resource of beneficial lipids, soluble fiber, protein, and  
43 antioxidants, and is considered a healthful food for humans. Despite these characteristics,  
44 little is known regarding the genetic controllers of variation for these compounds in oat  
45 seed. We sought to characterize natural variation in the mature seed metabolome using  
46 untargeted metabolomics on 367 diverse lines and leverage this information to improve  
47 prediction for seed quality traits. We used a latent factor approach to define unobserved  
48 variables that may drive covariance among metabolites. One hundred latent factors were  
49 identified, of which 21% were enriched for compounds associated with lipid metabolism.  
50 Through a combination of whole-genome regression and association mapping, we show  
51 that latent factors that generate covariance for many metabolites tend to have a complex  
52 genetic architecture. Nonetheless, we recovered significant associations for 23% of the  
53 latent factors. These associations were used to inform a multi-kernel genomic prediction  
54 model, which was used to predict seed lipid and protein traits in two independent studies.  
55 Predictions for eight of the 12 traits were significantly improved compared to genomic best  
56 linear unbiased prediction when this prediction model was informed using associations  
57 from lipid-enriched factors. This study provides new insights into variation in the oat seed  
58 metabolome and provides genomic resources for breeders to improve selection for health-  
59 promoting seed quality traits. More broadly, we outline an approach to distill high-  
60 dimensional 'omics' data to a set of biologically-meaningful variables and translate  
61 inferences on these data into improved breeding decisions.

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76 **Introduction**

77 The oat seed contains a diverse array of compounds that are beneficial for human health  
78 and nutrition (Gulvady et al. 2013). It is widely considered a healthy food due to its high  
79 soluble fiber content, which is unique among major cereals and has been shown to improve  
80 cardiovascular health and blood glucose levels (Gulvady et al. 2013; Kale et al. 2013). Oat is  
81 also a good source of protein (12.4-24.5% of seed weight), oil (3-11%), and a rich source of  
82 vitamins and minerals (Frey and Holland 1999; Gulvady et al. 2013). The oils found in the  
83 oat seed are primarily triglycerides, with palmitic, oleic, and linoleic acids being the  
84 primary fatty acids (Youngs 1978). In addition to the benefits from direct consumption,  
85 colloidal oatmeal and oat extracts have been used extensively as an effective topical  
86 medicine to treat skin dermatitis and reduce inflammation (Cerio et al. 2010; Kurtz and  
87 Wallo 2007). These benefits have been attributed to avenanthramides, flavonoids,  
88 tocopherol, polysaccharides, and lipids. Thus, the oat seed is a rich source of diverse  
89 compounds that have multifaceted effects on human health. To improve specific  
90 biochemical properties of oat, breeders must be provided with a suite of tools that allow  
91 these compounds to be quantified accurately at low cost, and genomic resources that  
92 improve selection for specific seed qualities.

93 Advances in biochemistry have provided a breadth of tools to query the metabolome and  
94 quantify known and unknown compounds (Dunn and Ellis 2005). Untargeted  
95 metabolomics can quantify 100s-1000s of metabolites in a sample, thus health-promoting  
96 and quality-related metabolites, and their intermediate or related compounds can be  
97 assessed with relative ease (Dunn et al. 2013; Christ et al. 2018). These data can be used to  
98 address basic biological questions regarding biochemical pathways that are represented in  
99 the data, and assess natural variation for these pathways. The effectiveness of these  
100 methods to characterize natural variation in the metabolome has been highlighted by  
101 several studies (Caspi et al. 2014; Chan et al. 2010; Matsuda et al. 2015; Slenter et al. 2018;  
102 Wu et al. 2018). Moreover, these data have been used as predictors, often alongside  
103 genomic data, to improve prediction for complex traits (Riedelsheimer et al. 2012; Guo et  
104 al. 2016; Xu et al. 2016).

105 Parsing these data to understand the biology of the seed metabolome can be challenging.  
106 Numerous databases are available that describe primary and secondary metabolic  
107 pathways, and are curated using information both across and within species (Kanehisa and  
108 others 2002; Wishart et al. 2020). Metabolites can be mapped to these pathways to  
109 determine which pathways and their products are enriched in a given set of samples. While  
110 these approaches provide greater confidence over unsupervised, data-driven approaches,  
111 in many cases only a fraction of the compounds quantified via untargeted metabolomics  
112 can be mapped to these pathways (Schrimpe-Rutledge et al. 2016; Cui et al. 2018).  
113 Unsupervised, data-driven approaches provide an attractive alternative that utilizes the  
114 data more completely. These approaches include co-expression-based analyses and factor  
115 analytic models among others. While coexpression-based analyses have been used  
116 extensively to characterize high-dimensional 'omics' data, these often require users to  
117 select several parameters that influence outcomes and may limit reproducibility (DiLeo et

118 al. 2011; Langfelder and Horvath 2008). Factor analytic models, on the other hand, use a  
119 linear model to identify groups of strongly correlated metabolites. The underlying rationale  
120 for these approaches is that covariance among metabolites is driven by some unobserved  
121 (i.e., latent) underlying variable(s). With this approach, the matrix of metabolites is  
122 decomposed into a lower-dimensional linear combination of factor loadings, which  
123 describe how each latent factor contributes to each compound, and a set of factor scores  
124 that ascribe a phenotypic value for all individuals for a given latent factor. Thus, these  
125 frameworks have advantages from both biological and statistical perspectives. While in  
126 some respects factor analytic models achieve the same goal as others, such as principal  
127 component analysis (PCA) — providing a reduced rank representation of the data — the  
128 defining feature of factor analytic models is that latent factors are constructed to preserve  
129 correlation among groups of related metabolites. In PCA, new constructs are defined that  
130 preserve variance in the observed variables. Thus, constructs from factor analytic models  
131 can provide insight into biological processes driving covariation between phenotypes.  
132 Moreover, the lower-dimensional set of factor-scores can be treated as any other  
133 phenotype and reduce the multiple testing burden often associated with high-dimensional  
134 'omics' datasets. With these frameworks we can address: (1) *What pathways are*  
135 *represented in the metabolome?* and (2) *How do these pathways and their products co-vary*  
136 *within a genetic population?*

137 Improving health or quality-related compounds requires decomposing phenotypic  
138 variation within the metabolome into genetic and non-genetic components, and utilizing  
139 these outcomes to inform selection decisions for quality-related phenotypes. Conventional  
140 linkage analysis or association mapping approaches have proven to be powerful  
141 approaches to identify genetic variants associated with variation in the metabolome (Chan  
142 et al. 2010; Eckert et al. 2012; Matsuda et al. 2015; Rowe et al. 2008; Wen et al. 2014; Xu et  
143 al. 2017). However, a much greater challenge is to translate genetic signal for health-  
144 promoting compounds, and related metabolites, to improve prediction and selection of  
145 new crop germplasm.

146 A number of studies have extended the conventional frameworks used for genomic  
147 prediction to accommodate prior biological information regarding genetic marker effects  
148 (Edwards et al. 2016; MacLeod et al. 2016; Speed and Balding 2014; Turner-Hissong et al.  
149 2019). Although these approaches differ in how these data are treated, the motivation is  
150 similar for all — effects for variants that are more likely to be causative should be drawn  
151 from a different distribution than those lacking evidence for causality. Thus, prediction  
152 should be improved when effect sizes differ between genetic marker classes. The  
153 approaches described by Speed and Balding (2014) and Edwards et al. (2016) are  
154 essentially an extension of the genomic best linear unbiased prediction (gBLUP)  
155 framework, in which genomic markers are partitioned and are used to construct separate  
156 genomic relationship matrices for each random genetic effect. Genomic values for each  
157 individual are sampled from each distribution. The framework described by MacLeod et al.  
158 (2016) extends the Bayesian prediction framework, BayesR, and uses biological  
159 information to partition markers into classes (Erbe et al. 2012). Marker effects, rather than  
160 genomic values, are sampled from each distribution. In the context of the current study, if  
161 we know what metabolites are related to quality traits and have identified variants

162 associated with these metabolites, genomic markers can be partitioned to define  
163 biologically informed marker-sets. These biologically informed marker-sets should be  
164 enriched for causal loci, and should improve prediction of genomic values.

165 In this study, we characterized the seed metabolomes of 375 oat lines and sought to  
166 identify loci that potentially influence (co)variation among many metabolites. Specifically,  
167 we sought to answer: (1) *What pathways or metabolite classes are enriched in the seed*  
168 *metabolome?* (2) *What are the genetic controllers of the metabolome?* and (3) *Can these data*  
169 *be leveraged to improve genomic prediction for seed quality traits?* To this end, we assayed  
170 the seed metabolome using untargeted LC-MS and GC-MS and used the empirical factor  
171 analysis approach described by Wang and Stephens (2018) to identify latent factors that  
172 generate covariance among many metabolites. GWAS was performed using this reduced set  
173 of latent phenotypes, and these outcomes were used to inform a multi-kernel genomic  
174 prediction model to predict seed quality traits in two independent studies. In summary, we  
175 extract meaningful basic biological insights from 'omics' data with limited annotations, and  
176 translate these outcomes to improve prediction for agriculturally important traits.

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197 **Results**

198 **Metabolite differences across subpopulations are primarily generated by drift**

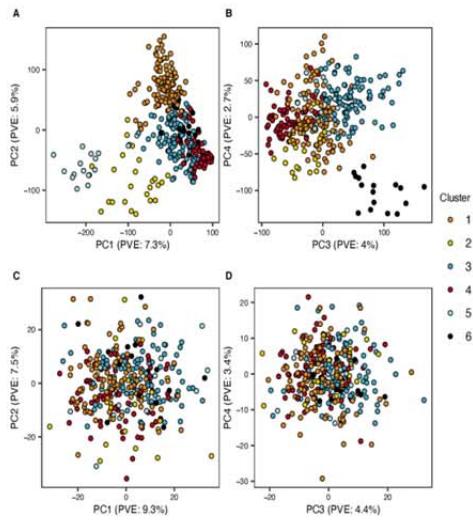
199 To characterize the metabolome of mature oat seed, we generated untargeted metabolite  
200 data using two mass spectroscopy (MS) pipelines (gas chromatography MS, GC-MS and  
201 liquid chromatography MS, LC-MS) for 367 diverse accessions (Supplemental File S1). The  
202 diversity panel consisted of 367 accessions that could be partitioned into six distinct  
203 genetic clusters using a  $k$ -means clustering approach (Fig. 1A and B; Fig. S1). Despite six  
204 clusters being identified, the degree of stratification within the population was minor. For  
205 instance, the first and second principal axes explained only 7.3% and 5.9% of the variance  
206 in genetic relationships, respectively (Fig. 1A and B). We quantified 1,668 metabolites (601  
207 for GC-MS and 1,067 for LC-MS) across the 367 accessions. PCA of the metabolome dataset  
208 did not reveal any apparent clustering among accessions, and evidence of stratification  
209 between genetically-defined clusters was not visually apparent (Fig. 1C and D).

210 To determine whether individual metabolites differed among clusters, we performed a  
211 one-way ANOVA for each of the 1,668 metabolites (Supplemental File S2). Despite no  
212 strong differentiation of the metabolome between the six clusters, 41% of the 1,668  
213 metabolites showed significant differences between one or more of the subpopulations  
214 (Benjamini-Hochberg adjusted  $p$ -value;  $p_{BH} < 0.01$ ). We elucidated whether these  
215 differences were due to selection or drift by examining  $P_{ST}$ , a measure of phenotypic  
216 divergence between populations, and compared these values to the distribution of genetic  
217 divergence (i.e.,  $F_{st}$ ) for all loci (Storz 2002; Leinonen et al. 2013). This analysis revealed  
218 only 12 compounds with  $P_{st}$  values that were greater than 80% of the  $F_{ST}$  values, indicating  
219 that the majority of compounds differing between subpopulations diverged due to drift or  
220 weak selection. Only four of these compounds have annotations and were described as a  
221 putative steroidal glycosides, terpene glycoside, triterpenoid, and 1-benzopyran. These  
222 results suggest that the divergent metabolites are largely due to drift rather than selection.

223 **Latent factor model selection**

224 Given that only a fraction of the metabolites quantified in our population were annotated,  
225 we leveraged the correlation between annotated and unannotated metabolites to infer  
226 biological processes in the oat seed with the rationale that compounds participating in a  
227 related biological process will be correlated. We used an unsupervised learning approach  
228 that distills the covariance among a set of observed variables into a lower dimensional set  
229 of unobserved constructs that may cause this covariance. In a biological sense, these latent  
230 factors may provide insights into the major biochemical features of the metabolome, and  
231 can be used to elucidate the genetic factors that shape the metabolome.

232 The covariance among the 1,668 metabolites was decomposed into a set of latent factors  
233 using the empirical Bayes matrix factorization (EBMF) approach described by Wang and  
234 Stephens (2018). This method constructs latent factors, which are defined by a linear  
235 combination of factor loadings and factor scores, by approximating the posterior sampling  
236 distribution for these parameters from the data (Wang and Stephens 2018). Three latent  
237 factor models that differed in the family of prior distributions (Laplace, point normal, and  
238 adaptive shrinkage) for factor loading and scores were evaluated, and the best model was



**Figure 1. Principal component analysis of genotypic and metabolomic data.** The first four principal components (PCs) of genotypic data are shown in panels A and B, while the first four PCs of the metabolomic data are shown in panels C and D. Subpopulations that were defined based on *k*-means clustering of SNP marker data are indicated by different colored points. PC: principal component; PVE: percent variance explained

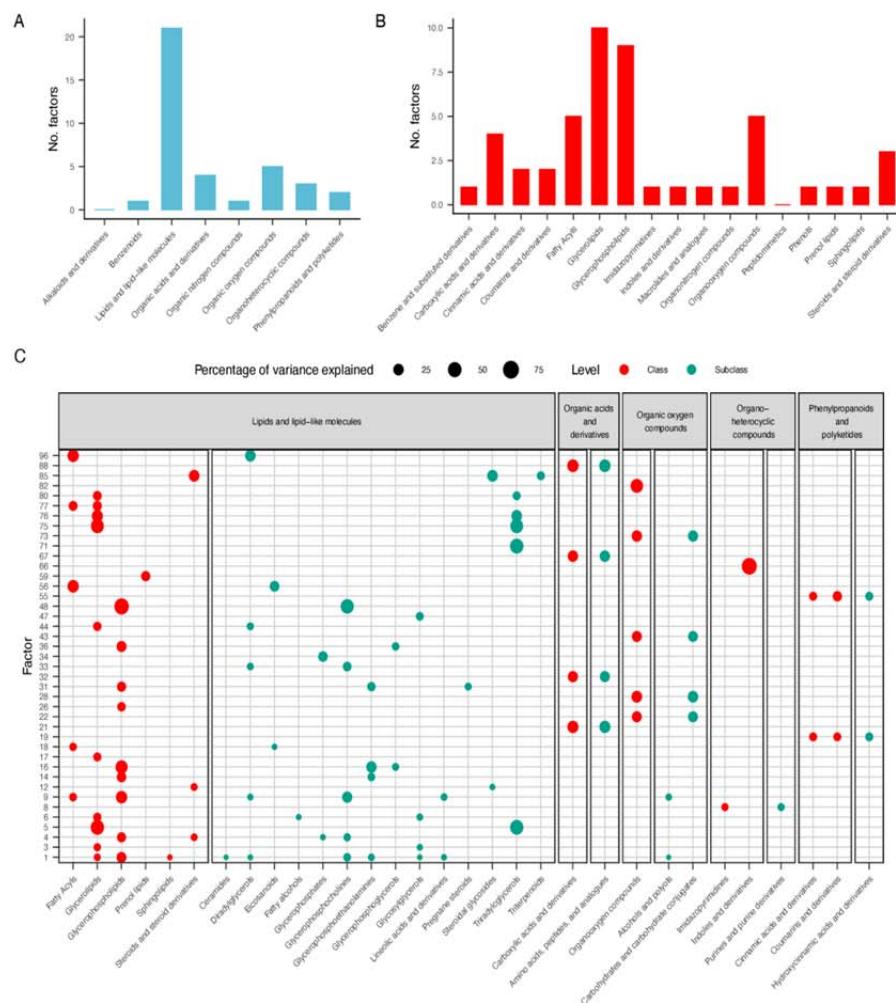
240 S2). The Laplace family of densities exhibited the lowest RMSE (0.970) and highest  
241 correlation between predicted and observed data ( $r = 0.520$ ). The common covariance in  
242 the oat seed metabolome could be captured using 100 latent factors that collectively  
243 explained 58.82% of the total variance in the metabolite data.

#### 244 **Factor analysis identifies sets of compounds coordinated by biological processes**

245 One possibility is that unobserved latent factors represent an underlying biological process  
246 that creates covariation among metabolites. Another possibility is that covariance among  
247 metabolites caused by population structure is captured by latent factors. We sought to  
248 partition latent factors into those due to a biological process and those due to a  
249 confounding effect (Bello et al. 2018). Since we showed that most population structuring of  
250 metabolites was caused by drift, we expect their coordination to be largely random, and  
251 therefore unrelated to their functional class. We assessed enrichment for functional classes  
252 within each factor, as well as the relationship between factors and population structure.

253 To assess biological enrichment, we determined whether the variance explained by a given  
254 metabolite functional class within a factor was significantly greater than might be expected  
255 by chance. The ontologies described in the preceding section were used to calculate the  
256 percentage of variance explained (PVE) by each functional class for each factor. To compute  
257  $p$ -values, we compared these values against an empirical null distribution that was  
258 generated by randomly sampling loadings for a number of compounds equal to the number  
259 of compounds belonging to the functional class. This accounts for both the size of the class  
260 and the amount of variation that is explained by each factor. Of the 100 factors identified  
261 with the EBMF approach, 37 showed significant enrichment in one or more categories at  
262 the super-class level, while 40 and 36 factors showed significant enrichment at the class  
263 level and subclass levels, respectively ( $q < 0.05$ ). Functional classes associated with lipids  
264 were most frequently enriched in our dataset (Fig. 2A,B), indicating that many factors may  
265 be capturing components of lipid metabolism. In addition to lipids, four factors showed  
266 enrichment for carbohydrates and carbohydrate conjugates, as well as amino acids. These  
267 results suggest that many latent factors are capturing meaningful biological processes that  
268 shape the seed metabolome, and can help shed light on the meaning of unannotated  
269 metabolites.

270 To address the possibility that latent factors are due to population structure, we examined  
271 the PVE by subpopulation. A linear model was fitted to each latent factor that included  
272 subpopulation assignment as a fixed effect. The PVE by subpopulation ranged from 0.03 to  
273 29.8%, and subpopulation explained more than 20% of the variation for factors 7 and 12.  
274 Factor 7 did not show functional class enrichment but factor 12 was enriched across all  
275 hierarchies for lipid and lipid-like molecules — specifically steroidal glycosides ( $q < 0.05$ ).  
276 Interestingly,  $P_{st}$  for this factor (0.27) was higher than the top 80th percentile of  $F_{st}$  (0.23),  
277 suggesting that the differences between subpopulations for this factor may be due to  
278 selection rather than drift. The high frequency of enrichment for functional classes of  
279 metabolites, and the relatively small amount of variation that was attributed to  
280 subpopulations suggests that these constructs can provide biochemically meaningful  
281 insights into the seed metabolome.



**Figure 2. Functional enrichment among latent factors.** Number of latent factors enriched (FDR  $< 0.05$ ) for functional categories at the super-class level (A) and class level (B). Percentage of variance explained for each factor by a given functional category (C). Each point represents a functional class that was significantly enriched for one or more factors with the size of the point being proportional to the percentage of variance explained by that class for a given factor. Only factors and classes that showed significant enrichment ( $q < 0.05$ ) at the super-class level are pictured. Colors differentiate between the class and subclass levels of the taxonomic hierarchy.

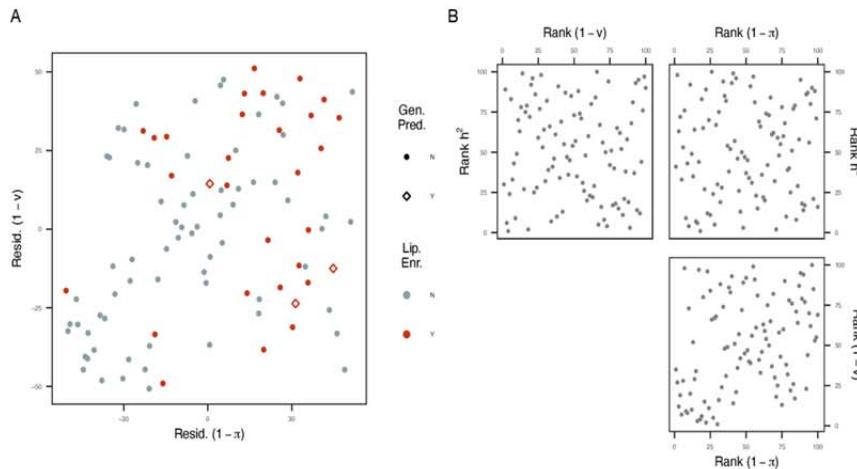
283 To determine whether the covariance generated by each factor was due to genetic or  
284 environmental causes, we partitioned variance in latent factors into additive genetic and  
285 non-genetic components, and examined their genetic architecture. A Bayesian whole  
286 genome regression approach, Bayes C $\pi$ , was used to estimate variance components, and  
287 estimate the degree of polygenicity of each factor (Habier et al. 2011). Bayes C $\pi$  assumes  
288 markers have a zero effect with probability  $\pi$  and a non-zero effect with probability  $(1 - \pi)$ .  $\pi$  is treated as an unknown and is estimated from the data. Thus, the magnitude of  
289  $(1 - \pi)$  can provide a metric to assess the polygenicity of the trait. Narrow-sense  
290 heritability estimates ( $h^2$ ) ranged from 0.01 to 0.80, indicating that variation for many of  
291 the latent factors could be attributed to additive genetic effects (Figs S3,4). Moreover, the  
292 range of  $(1 - \pi)$  indicates this genetic variance is manifested in a wide range of  
293 architectures (Fig. S4).

295 The distribution of loading values for each latent factor was not similar — meaning that  
296 some factors show dense loadings (i.e., they generate covariance for many metabolites),  
297 while others show sparse loadings. These loadings are sampled from a scale mixture  
298 distribution where non-zero loadings are sampled from a Laplace distribution with a  
299 probability of  $(1 - \nu)$  and a point-mass at zero with a probability of  $\nu$ . Given that latent  
300 factors with dense loadings will generate covariance for many metabolites, we  
301 hypothesized that these factors will likely have a complex genetic architecture. To test this,  
302 we performed a partial Spearman's correlation between polygenicity and the density of  
303 factor loadings while accounting for the heritability ( $h^2$ ) of each factor. A significant  
304 positive correlation between  $(1 - \nu)$  and  $(1 - \pi)$  was observed ( $\rho = 0.35$ ;  $p = 4.5 \times 10^{-4}$ ),  
305 indicating that factors that capture (co)variance among many metabolites tend to be  
306 controlled by many loci with small effects (Fig. 3; Figs S3,4). Several exceptions to this  
307 relationship were observed. For instance, factors 4, 13, 17, and 25 exhibited low  
308 polygenicity and dense loading patterns (Table II), indicating that these factors may be  
309 driven by loci with pleiotropic effects on the metabolome.

### 310 **Biologically-informed prediction of seed quality traits**

311 Ultimately, the aim of this study was to translate insights from the metabolome into genetic  
312 resources that can be used by breeders to make broad changes to oat seed composition. In  
313 this respect, we assume that loci with large effects on multiple metabolites will be a more  
314 valuable resource to oat breeders than loci that affect one or a few metabolites. A  
315 conventional mixed linear model GWAS approach was used to identify loci with large  
316 effects on the latent factors. We identified 666 markers associated with 23 factors  
317 ( $p < 2.57 \times 10^{-7}$ ; File S3; Figs S5-27).

318 We sought to address whether these associations could be leveraged to improve genomic  
319 prediction for seed quality traits in two independent studies. The first study quantified ten  
320 fatty acids (FA) in mature seed for 338 oat lines grown in two locations using targeted GC-  
321 MS. Of the 338 accessions evaluated, 330 overlapped with the factor analysis panel. The  
322 second study assayed seed lipid and protein content using near-infrared spectroscopy  
323 (NIRS) for 210 accessions from six trials with 12 lines overlapping with the factor analysis  
324 panel. Two prediction frameworks, genomic BLUP (gBLUP) and a multi-kernel prediction  
325 model (MK-BLUP), were used to predict seed-quality phenotypes across trials. The MK-



**Figure 3. Relationships between polygenicity, density and heritability.** (A) Association between polygenicity ( $1 - \pi$ ) and density ranks ( $1 - v$ ) after accounting for heritability ( $h^2$ ). Each variable was ranked from smallest to largest and the ranks for ( $1 - \pi$ ) and ( $1 - v$ ) were each regressed on ranks for  $h^2$ . The scatter plot depicts the relationship between the residuals (Resid.) for each of these models. Colored points indicate factors that were enriched for lipids (Lip. Enr.), and different shapes indicate whether the factor was used to inform the lipid-enriched kernel for genomic prediction (Gen. Pred.). (B) Pairwise relationships between the ranks for each variable.

327 constructed from markers associated with latent factors and is referred to as the  
328 "biologically-informed" kernel. The second kernel is constructed from all other markers.  
329 Two biologically-informed kernels were evaluated: one that used markers associated with  
330 any latent factor to improve prediction, and one that only used markers associated with  
331 factors enriched for "Lipid and lipid-like molecules" (factors 4, 17, and 34). Prediction  
332 accuracy was assessed using five-fold cross validation with 50 resampling runs, and the  
333 MK-BLUP models were deemed to significantly improve prediction if prediction accuracies  
334 for MK-BLUP were higher than gBLUP in 90% of resampling runs.

335 Prediction accuracies were similar between gBLUP and the MK-BLUP models that used  
336 associations for all factors for nearly all traits. The exception was 18:3, which exhibited a  
337 2.27% increase on average over gBLUP. The MK-BLUP approach significantly  
338 outperformed gBLUP for eight of the 12 traits considered when the kernel was informed by  
339 markers associated with lipid-enriched factors. For FA traits, the percent change in  
340 prediction accuracy over gBLUP ranged from -0.57% to 23.10%, with seven compounds  
341 showing significantly greater prediction accuracy compared to gBLUP (Fig. 4).  
342 Improvements were most notable for 14:0 and 16:0, which exhibited more than a 20%  
343 improvement over gBLUP. For NIRS traits, the lipid-enriched MK approach significantly  
344 improved predictions for lipid content on average by 9.9% (Fig. 5). These results show the  
345 latent factors and the genetic signals associated with them are reproducible and can be  
346 extended to new metabolite traits. Most importantly, these genetic signals are robust  
347 across populations and phenotyping technologies.

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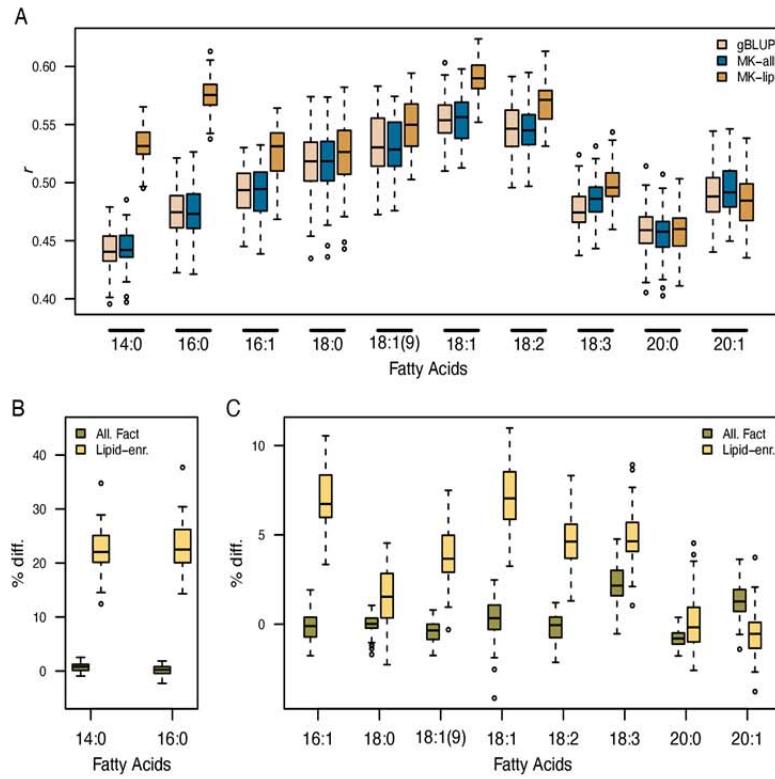
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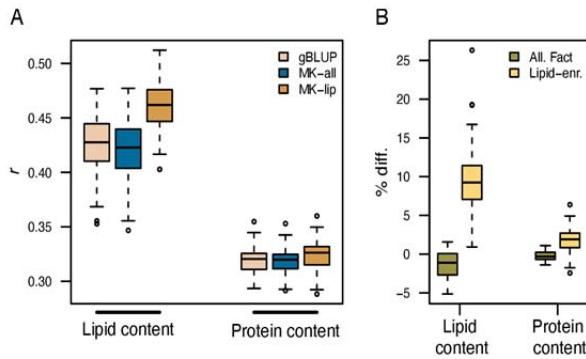
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**Figure 4. Genomic prediction for fatty acid compounds.** Prediction accuracy was assessed using five-fold cross validation with 50 resampling runs. (A) The distribution of Pearson's correlation ( $r$ ) coefficients between observed phenotypes and genetic values for each fatty acid compound. Panels B and C show the percent difference (% diff.) in prediction accuracy for the multikernel (MK) approach relative to genomic BLUP (gBLUP). The suffixes 'all' and '-lip' indicate models where the biologically-informed kernel was constructed from markers associated with any latent factor or lipid-enriched factors, respectively.



**Figure 5. Genomic prediction for lipid and protein content measured via NIRS.** Prediction accuracy ( $r$ ) was assessed using five-fold cross validation with 50 resampling runs. Panel A shows the distribution of Pearson's correlation coefficients between observed phenotypes and genetic values. Panel B shows the percent difference (% diff.) in prediction accuracy for the multikernel (MK) approach relative to genomic BLUP (gBLUP). The suffixes '-all' and '-lip' indicate models where the biologically-informed kernel was constructed from markers associated with any latent factor or lipid-enriched factors, respectively.

364 health, and considerable variation for these compounds exist in oat germplasm (Peterson  
365 and Wood 1997; Frey and Holland 1999; Gulvady et al. 2013; Zhou et al. 2019). Efficiently  
366 accessing this variation is necessary to rapidly deliver oat varieties with beneficial  
367 nutritional profiles to the consumer. Advances in metabolic profiling over the past 20 years  
368 has provided a suite of tools to comprehensively assess these compounds, along with many  
369 others, in large populations and to elucidate their regulation (Keurentjes et al. 2006; Tohge  
370 and Fernie 2010). Structural elucidation and metabolite identification remain a significant  
371 bottleneck in characterizing the metabolome using untargeted metabolomics (Dunn et al.  
372 2013). Many of the publicly available databases do not adequately capture the rich  
373 diversity of metabolites that are produced in plant species (De Vos et al. 2007; Tohge and  
374 Fernie 2010). Therefore, approaches that uncover the relationships between metabolites,  
375 both known and unknown, may help shed light on the function of these compounds.

376 Despite being able to reliably detect the abundance of 1,668 compounds in the current  
377 study, less than a third of these compounds were annotated. We used a latent factor  
378 approach that leverages the correlation between metabolites to help elucidate their  
379 function. Our rationale is that metabolites that participate in the same pathway should be  
380 correlated. Thus, by extracting the major correlation patterns in the observed variables we  
381 can begin to elucidate the biochemical pathways that shape the seed metabolome.  
382 Moreover, by studying the relationships among annotated metabolites, we can generate  
383 new hypotheses to understand the function of unannotated compounds.

#### 384 *Characterizing the metabolome using latent factors*

385 Our enrichment approach helped shed light on the biochemical processes these latent  
386 factors might affect. For instance, we found significant enrichment for a range of processes  
387 associated with primary metabolism (amino acids, phospholipid metabolism) and  
388 secondary metabolism (coumarin and terpenoid metabolism). Since roughly 30% of the  
389 metabolites assayed had functional annotations, this enrichment approach may shed light  
390 on the function of unannotated metabolites. For instance, factor 4 showed significant  
391 enrichment for “lipid and lipid-like molecules.” Although, only 45 of the top 100  
392 compounds with high loadings were annotated, the high correlation between these  
393 unknown compounds and annotated, lipid-like compounds suggests putative role in lipid  
394 metabolism. Although further analyses are necessary to elucidate the structure of these  
395 unknown metabolites, our enrichment approach provides a data-driven approach to  
396 generate hypotheses for these unannotated metabolites.

397 One overarching pattern observed across latent factors is the enrichment for compounds  
398 related to lipid metabolism. At the most coarse level, super-class, 21% of factors were  
399 enriched for “lipid and lipid-like molecules,” and these patterns were consistent at more  
400 specialized levels of lipid metabolism. Oat is unique among cereals in both the abundance  
401 and distribution of lipids within the seed (Price and Parsons 1975; Gulvady et al. 2013;  
402 Frey and Holland 1999). And with approximately 57% of the annotated metabolites in our  
403 data classified as lipid-like compounds, it is not surprising that categories associated with  
404 lipid metabolism were most frequently enriched.

405 It is possible that other processes are prevalent in the metabolome and are reflected in the  
406 latent constructs, but remain undetected due to the annotations that were used for  
407 functional enrichment. These ontologies are based on structural similarities between  
408 compounds rather than pathway-based relationships. We expect compounds involved in  
409 the same pathway to be correlated, and since latent factors are defined by these  
410 correlations they should in some sense be an abstraction of these pathways. Biochemical  
411 reactions often involve compounds with dissimilar structures, thus enrichment based on  
412 structural similarities may bias enrichment towards pathways composed of structurally  
413 similar metabolites (e.g., lipid metabolism). While this enrichment approach may be  
414 imperfect, other studies have used similar approaches and have proven to be useful in  
415 other species (Barupal and Fiehn 2017; Fan et al. 2018; Marco-Ramell et al. 2018;  
416 Showalter et al. 2019). The ChemRich approach developed by Barupal and Fiehn (2017)  
417 uses the ClassyFire ontology to classify compounds into functional classes and tests for  
418 enrichment using a Kolmogorov-Smirnov test. Annotations that map metabolites to a  
419 pathway can provide additional evidence that these latent factors are indeed due to an  
420 underlying biochemical process; however, current resources do not provide the breadth  
421 and resolution necessary to perform such analyses.

422 *Understanding the origin of latent factors*

423 Although it may seem reasonable to suggest that the observed covariance among  
424 metabolites is due to a biological cause that is manifested in the metabolome, making  
425 causal inferences from observational data is nontrivial due to the presence of confounding  
426 factors (Spirtes et al. 2000; Rosa and Valente 2013; Bello et al. 2018). Given these data  
427 were collected on a structured population, it is expected that some of this covariance can be  
428 attributed to population structure. This can influence the construction of latent variables  
429 (Phillips et al. 2001) if not taken into account. There are many ways to account for  
430 structure in the definition of latent factors, either by including the genomic relationship  
431 matrix, or some component(s) of it, in the factor analytic model or by regressing-out these  
432 effects prior to factor analysis; however, it is important to consider whether these steps are  
433 necessary. While such measures will control for confounding due to structure, they will  
434 also remove possibly meaningful biochemical relationships that are associated with  
435 structure. If a set of compounds participating in a common pathway happen to differ  
436 between subpopulations, correcting for structure may remove the latent factor that  
437 describes this process. We identified two latent factors, factors 7 and 12, that were highly  
438 associated with population structure. Enrichment analysis and  $P_{st} - F_{st}$  suggested that  
439 factor 12 may indeed describe a biological process (steroidal glycoside metabolism) that  
440 was affected by selection. This factor would likely be removed if structure were accounted  
441 for prior to factor analysis.

442 If subsequent genetic analysis are planned for latent factors, regressing-out structure may  
443 also remove meaningful genetic signal. Given the minor structure observed among  
444 accessions in the diversity panel and the importance of preserving genetic signal in the  
445 factor scores, we thought that measures to account for structure could be harmful to the  
446 study as a whole. Moreover, our downstream association mapping approaches accounted  
447 for population structure by using the first two PCs and a kinship matrix based on allele

448 dosages. In the event that some latent factors were defined based on kinship, we do not  
449 expect to recover any signal from association mapping with scores for these latent factors.

450 We should not place too much emphasis on causality in a purely biological sense when  
451 interpreting these latent factors. Rather it is important to consider the limitations of the  
452 study, interpret latent factors with caution, and view them as a means to generate testable  
453 hypotheses. The aims of our study were to (1) elucidate the major biochemical processes in  
454 the oat seed metabolome, and (2) to leverage these insights to improve selection for seed  
455 quality. Thus, hypotheses are generated in the former and are tested in the latter. If latent  
456 factors do not represent a causal effect then we should not see any improvement in  
457 predictions when inferences on these constructs are extended to new studies and/or  
458 populations.

459 *Translating 'omics' insights to crop improvement*

460 Two independent studies were used to determine whether biological signal in the latent  
461 factors could be generalized to other populations and/or traits. The fatty acid dataset can  
462 be used to test whether the information learned by latent factors is reproducible, while the  
463 NIRS dataset provides a means to test whether this information is transmissible to related  
464 traits in new populations. We distinguish between these two because: (1) the majority of  
465 accessions included in the fatty acid dataset are accessions that were used for the factor  
466 analysis metabolome study, while less than 6% of accessions are common between the  
467 factor analysis and the NIRS studies; (2) the fatty acid data was generated using targeted  
468 metabolomics, meaning there should be a high correspondence between the metabolites  
469 measured in the fatty acids study and those that were assayed for the factor analysis  
470 metabolome study (Carlson et al. 2019).

471 Considering these aspects, we expect that the information learned from the factor analysis  
472 metabolome study should have the most pronounced effect on predictions for fatty acid  
473 compounds. Consistent with these expectations, we observed the greatest improvements in  
474 prediction accuracy among all traits for the biologically-informed prediction model over  
475 gBLUP for these compounds when the kernel was constructed using associations for lipid-  
476 enriched factors. Thus, the genetic signal that is associated with these latent factors is  
477 relevant to both studies and phenotyping approaches (i.e., targeted and untargeted  
478 metabolomics). A comparison of the GWAS hits in (Carlson et al. 2019) and those in our  
479 study showed little overlap, with two common associations identified for factor 13 and the  
480 tenth PC of fatty acid phenotypes in (Carlson et al. 2019), and factor 17 and 14:0 in  
481 (Carlson et al. 2019). Of these two factors, only factor 17 showed enrichment for "lipid and  
482 lipid like molecules" at only the super-class level. While  $q$  values at more specific functional  
483 classes were above the chosen significance threshold,  $q < 0.05$ , enrichment for 1-acyl-sn-  
484 glycero-3-phosphocholines was the top-ranked category at the parental class ( $q = 0.058$ ).  
485 Interestingly, hydrolyzation of these compounds by phospholipase A1 yields a fatty acid.  
486 Although additional studies are necessary to elucidate the biochemical pathways  
487 associated with factor 17, these results provide an interesting link between 1-acyl-sn-  
488 glycero-3-phosphocholines catabolism and fatty acid abundances and the possibility of  
489 modifying 1-acyl-sn-glycero-3-phosphocholine metabolism to fine-tune fatty acid profiles  
490 in oat. Although it is difficult to connect loci associated with latent factors with changes in

491 specific metabolites, our polygenicity analysis offers a more general explanation –  
492 specifically, that these loci may affect many metabolites.

493 The second study with NIRS-derived composition measurements provides several realistic  
494 challenges, and should be a reasonable estimate of how the biologically-informed model  
495 would perform in a breeding program. The population that was evaluated for NIRS  
496 phenotypes is largely independent from the population that was used for factor analysis.  
497 Moreover, the NIRS phenotypes are only approximations of total lipid or protein content.  
498 The advantage of using NIRS to estimate seed metabolites is that it is a relatively low cost  
499 phenotyping approach compared to metabolomics and is high-throughput, making it a  
500 tractable solution for many breeding programs interested in improving health-promoting  
501 compounds (Diepenbrock and Gore 2015). Despite these challenges the multi-kernel  
502 prediction approach – when informed using markers associated with lipid-enriched factors  
503 – significantly improved prediction for lipid content compared to gBLUP.

504 *On the relationship between factor density and polygenicity*

505 The positive relationship observed between the magnitude of polygenicity and loading  
506 densities, indicates that latent factors that influence many metabolites are more likely to  
507 have a complex genetic architecture. These observations are somewhat expected. If these  
508 dense latent factors are representative of some central component of the metabolome,  
509 perturbations on these processes would likely result in large-scale biochemical changes  
510 that may affect fitness. Therefore, it is important that these processes are robust to  
511 mutations and are maintained at, or near some optima. This is the basis of canalization –  
512 important physiological processes will evolve to reach robust optima – and suggests that  
513 much of the oat seed metabolome is under optimizing or stabilizing selection (Gibson 2009;  
514 Slatkin 1970; Waddington 1942).

515 Perhaps what is more interesting is the factors that deviate from this relationship,  
516 specifically factors 4 and 17. Both exhibited dense loading patterns, oligogenic  
517 architectures (ranked 8th and 17th for density, respectively, and 50th and 73rd for  
518 polygenicity), and were enriched for lipids. The large-effect loci associated with these  
519 latent factors may have pleiotropic effects, or may consist of a set of tightly linked genes  
520 that influence the abundance of lipid-like compounds. In either case, this may explain the  
521 deviance from the density-polygenicity relationship observed for other factors. The  
522 presence of these loci raises a larger question, specifically *Why are these loci segregating in*  
523 *the population?* The theoretical and simulation studies by Orr, as well as empirical evidence  
524 in maize and other species may help explain these observations (Orr 1998; Orr 1999;  
525 Boyko et al. 2010; Brown et al. 2011; Carlberg et al. 2006; Colosimo et al. 2004; Doebley et  
526 al. 1997; Van Laere et al. 2003; Wang et al. 2005). For “older” traits – *i.e.* those associated  
527 with adaptation in natural environments – such large effect alleles at these loci would likely  
528 be removed through negative selection as these alleles may shift phenotypes far from the  
529 optimal values (Orr 1998; Orr 1999). This was proposed by Brown et al. (2011) to explain  
530 the small effect sizes for flowering and leaf traits in maize. This is not necessarily the case  
531 for traits that are relatively “new” in evolutionary history or are not associated with  
532 adaptation. For instance, plant architecture and inflorescence traits have relatively simple  
533 genetic architectures in maize and are recent targets for artificial selection (Brown et al.

534 2011; Doebley et al. 1995; Doebley et al. 1997; Wang et al. 2005; Wallace et al. 2014). This  
535 is also the case for traits under recent artificial selection in other species (Boyko et al.  
536 2010; Carlberg et al. 2006; Colosimo et al. 2004; Van Laere et al. 2003). While it is unknown  
537 whether seed lipid content has any adaptive significance in oat, lipid content and traits that  
538 are genetically correlated with lipid content (i.e.,  $\beta$ -glucans) are popular targets for many  
539 breeding programs (Welch and Lloyd 1989; Kibite and Edney 1998; Cervantes-Martinez et  
540 al. 2002). Thus, the oligogenic architectures for factors enriched for lipids may be a  
541 reflection of this relatively recent selection by breeders for lipids or traits that are  
542 genetically correlated with lipids.

### 543 **Conclusions**

544 This study shows that we can translate biological knowledge obtained from the  
545 characterization of high dimensional 'omics' data to improve prediction and selection for  
546 agriculturally important traits. The matrix factorization approach used here provides an  
547 effective means to reduce the dimensionality of the data while preserving important  
548 biological features that generate correlation in the observed phenotypes. This can help  
549 reduce the multiple testing burden often experienced with GWAS on 'omics' data and allow  
550 the recovery of meaningful genetic signal. This signal can be leveraged to improve  
551 prediction for low-cost phenotypes that provide an approximation of biochemical  
552 attributes in independent populations. In a broader context, this approach that can be used  
553 to manage the allocation of phenotyping resources and improve breeding decisions. For  
554 instance, breeders can phenotype a single replicate of a 'discovery' population with a  
555 costly, high-resolution 'omics' technology and these data can be used to inform predictions  
556 for low-cost, lower-resolution phenotypes in new populations or trials. These approaches  
557 can be easily extended to other crops, tissues and 'omics' technologies to improve  
558 predictions for complex traits.

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### 569 **Materials and Methods**

#### 570 **Plant materials and growth conditions**

571 The oat diversity panel consists of 375 accessions derived from breeding programs in  
572 North America and Europe. In 2018, the panel was grown in an augmented field design in  
573 Ithaca, NY, which consisted of 368 unreplicated entries allocated to 18 blocks with 21-23  
574 plots per block. One primary check, 'Corral', was included in each of the blocks, while one of  
575 six secondary checks were randomly allocated to each block. These secondary checks were  
576 replicated four times, while the primary check was replicated 19 times (one block had two  
577 'Corral' plots).

578 **Latent factor analysis**

579 Latent factor analysis seeks to identify a set of  $k$  unobserved, latent factors that give rise to  
580 the observed covariance among a set  $p$  of observed variables. Formally, this relationship is  
581 given by

$$\mathbf{Y} = \mathbf{F}\boldsymbol{\Gamma} + \mathbf{s}$$

582 where  $\mathbf{Y}$  is a centered and standardized  $n \times p$  matrix of observations for  $p$  metabolites and  
583  $n$  individuals;  $\mathbf{F}$  is an  $n \times k$  matrix of factor scores;  $\boldsymbol{\Gamma}$  is a  $k \times p$  matrix of loadings; and  $\mathbf{s}$  is  
584 an  $n \times p$  matrix of specific effects. The (co)variance matrix  $\mathbf{V}$  of observations  $\mathbf{Y}$  is  
585 decomposed into common covariance and specific covariance:

$$\mathbf{V} = \boldsymbol{\Gamma}'\boldsymbol{\Gamma} + \boldsymbol{\Psi}$$

586 All matrices are defined as above, and  $\boldsymbol{\Psi}$  is a  $p \times p$  diagonal matrix of specific variances.

587 A recent framework described by Wang and Stephens (2018) uses an empirical Bayes  
588 framework to learn appropriate priors from the data given a family of densities. This  
589 approach, Empirical Bayes Matrix Factorization (EBMF), can tailor the sparsity for factor  
590 loadings and scores based on what best fits the data. This was implemented using the  
591 `flashr` package in R (<https://github.com/stephenslab/flashr>). Three classes of models  
592 were fit that differed in families of densities used to fit the data: Laplace, point-normal, and  
593 adaptive-shrinkage. A combination of the 'Greedy' search algorithm and backfitting was  
594 used to define the model.

595 We evaluated the classes of models for goodness-of-fit using percent variance explained  
596 (PVE) by the common factors and predictive ability using three-fold orthogonal cross  
597 validation (3-OCV) (Owen, et al. 2016). PVE was defined as

$$PVE = \frac{tr(\boldsymbol{\Gamma}'\boldsymbol{\Gamma})}{tr(\boldsymbol{\Gamma}'\boldsymbol{\Gamma} + \boldsymbol{\Psi}) \times 100}$$

598 with  $tr$  indicating trace of the given matrix and all other matrices defined as above. 3-OCV  
599 is similar to classical CV, but ensures that no rows and columns of the testing data ( $\mathbf{Y}_{\text{test}}$ )  
600 have all missing data. The model above was fitted for the training set data and predicted  
601 values for the testing set were calculated via  $\hat{\mathbf{Y}}_{\text{test}} = \mathbf{F}_{\text{test}}\boldsymbol{\Gamma}_{\text{test}}$ . The accuracy of each model  
602 was evaluated using the root mean square error (RMSE) and the correlation between  
603 predicted and observed values for observations in the testing set for each fold. Ten  
604 independent resamplings were performed. The metrics were averaged over folds, and the  
605 'best' model was selected based on the results across the ten repeats.

606 **Enrichment analysis for latent factors**

607 We used the ClassyFire taxonomic hierarchies to test for functional enrichment for each  
608 factor (Feunang et al. 2016). Briefly, ClassyFire uses a hierarchy of five levels to describe  
609 chemical compounds. At each level, we calculated the percentage of variance explained  
610 ( $PVE_{kc}$ ) for factor  $k$  by functional class  $c$ . This is given below

$$PVE_{kc} = \frac{tr(\lambda_{kc}\lambda'_{kc})}{tr(\lambda_k\lambda'_k)}$$

611 where  $\lambda_k$  is a vector of loadings for a given factor  $k$ , and  $\lambda_{kc}$  is a vector of loadings of factor  
612  $k$  for compounds in class  $c$ . Our null hypothesis is that the variance captured by compounds  
613 in a given class will be equivalent to that explained by a random set of compounds of equal  
614 size to that class. To test this, we generated an empirical null distribution for each  
615 functional class and factor. For each class and factor, we picked a random set of compounds  
616 with a size equivalent to the class by sampling the loadings of 1,668 metabolites without  
617 replacement and computed PVE. This process was repeated 1,000 times for each  
618 combination of functional class and factor. For each class-factor combination, we compared  
619 observed PVE with the empirical null distribution for that given combination and  
620 calculated  $p$ -values. Finally, to account for multiple testing,  $q$ -values were calculated across  
621 all factors and classes following (Storey 2002). Functional classes with fewer than five  
622 compounds were excluded from analyses to ensure that results were not biased to small  
623 classes with one or two compounds with very high loadings.

624 **Assessing the genetic architecture of latent factors**

625 *Genome-wide association study*

626 To identify loci associated with latent factors, the following linear mixed model was fit to  
627 factor scores for each latent factor ( $k$ )

$$\mathbf{y} = \mathbf{X}\mathbf{b} + \mathbf{w}_i a_i + \mathbf{Z}\mathbf{u} + \mathbf{e}$$

628 where  $\mathbf{y}$  is a vector of factor scores;  $\mathbf{X}$  is a matrix of the first two PCs and  $\mathbf{b}$  is the  
629 corresponding vector of effects;  $\mathbf{w}_i$  is a vector of allele dosages for marker  $i$  and  $a_i$  is the  
630 corresponding marker effect; and  $\mathbf{u}$  is a vector of polygenic effects. The first two PCs  
631 explained about 13% of the genomic relatedness among lines. We assume  $\mathbf{u} \sim N(0, \mathbf{G}\sigma_u^2)$   
632 and  $\mathbf{e} \sim N(0, \mathbf{I}\sigma_e^2)$ , where  $\mathbf{G}$  is a genomic relationship matrix calculated following the  
633 second definition provided by VanRaden (2008). These models were fitted using the  
634 rrBLUP package in R (Endelman 2011). GWAS was performed using 62,049 SNP markers  
635 with a minor allele frequency  $> 0.05$  and 335 individuals with marker data and factor  
636 scores.

637 We used the approach described by J. Li and Ji (2005) to account for multiple tests  
638 performed both within and across factors. Briefly, we computed the number of effective  
639 tests ( $M_{eff}$ ) by performing eigenvalue decomposition on the correlation matrix for 62,049  
640 markers. This provides an estimate of the number of tests performed within each factor.

641 Next, we multiplied this value by the total number of factors. The test criteria was then  
642 adjusted using  $M_{eff}$  with the Sidak correction below (Šidák 1967).

$$\alpha_p = 1 - (1 - \alpha_e)^{1/(M_{eff} \times 100)}$$

643 This provided a genome-wide significance ( $\alpha_p$ ) value of  $2.57 \times 10^{-7}$  at  $\alpha_e = 0.1$  with  
644  $M_{eff} = 4,097$ .

#### 645 *Estimating polygenicity with Bayes C $\pi$*

646 To estimate polygenicity of each factor, we used Bayes C $\pi$  (Habier et al. 2011). Bayes C $\pi$  is  
647 a Bayesian whole-genome regression approach that can be used to estimate the proportion  
648 of markers with a non-zero effect on the phenotype. Bayes C $\pi$  assumes that marker effects  
649 are drawn from a mixture distribution. Effects drawn from a distribution with a point mass  
650 at 0 with a probability  $\pi$  and a univariate Gaussian distribution with probability  $(1 - \pi)$ .  
651 The linear model is given below.

$$y = \mu + \sum_{t=1}^T w_t a_t + e$$
$$a_t | \pi, \sigma_t^2 = \begin{cases} 0 \text{ with prob. } \pi \\ \sim N(0, \sigma_{a_t}^2) \text{ with prob. } (1 - \pi) \end{cases}$$

652  $w_t$  is a vector of marker genotypes for marker  $t$  and  $a_t$  is the corresponding effect. The  
653 above model was fitted using the JIWAS package in Julia using factor scores and 62,049  
654 markers (Cheng et al. 2018). We used 200,000 iterations and discarded the first 100,000.  
655 Posterior means of  $1 - \pi$  were used as estimates of polygenicity.

#### 656 **Genomic prediction of seed quality traits**

657 Two studies were used to determine whether associations from factor score-based GWAS  
658 could improve genomic prediction accuracies. The first consisted of fatty acid  
659 measurements for 500 lines, of which 338 had corresponding genotypic data consisting of  
660 61,900 markers. These lines were evaluated at two locations in New York in 2014 (Carlson  
661 et al. 2019). The second consisted of six trials that evaluated protein and lipid content using  
662 near-infrared spectroscopy for 210 lines, of which 12 overlapped with the lines used for  
663 factor analysis. For this study 58,293 markers were used for prediction. Table S2 lists the  
664 trials used for genomic prediction and links to access these data.

665 A multi-kernel BLUP model was used to predict seed phenotypes across trials. Additive  
666 genetic effects were predicted using two kernels. The first is computed using markers that  
667 were identified through factor score-based GWAS and is referred to as the biologically-  
668 informed kernel, while the second was computed using all other markers. This model is  
669 given by

$$\mathbf{y} = \boldsymbol{\mu} + \mathbf{Z}_u \mathbf{u}_{in} + \mathbf{Z}_u \mathbf{u}_{out} + \mathbf{Z}_e \mathbf{s} + \mathbf{e}$$

670 where  $\mathbf{y}$  is a vector of phenotypes;  $\mathbf{Z}_u$  is an  $n \times q$  incidence matrix that assigns the  $q$   
671 genomic values to  $n$  observations;  $\mathbf{u}_{in}$  and  $\mathbf{u}_{out}$  are genomic values predicted from

672 biologically-informed or non-informed kernels, respectively; and  $\mathbf{Z}_e$  is an  $n \times e$  incidence  
673 matrix that assigns observations to trials and  $\mathbf{s}$  are the corresponding effects. Moreover, we  
674 assume  $\mathbf{u}_{in} \sim N(0, \sigma_{u_{in}}^2 \mathbf{K}_{in})$ ,  $\mathbf{u}_{out} \sim N(0, \sigma_{u_{out}}^2 \mathbf{K}_{out})$ , and  $\mathbf{s} \sim N(0, \sigma_s^2 \mathbf{Z}_e' \mathbf{Z}_e)$ . Where  $\mathbf{K}_{in}$  and  
675  $\mathbf{K}_{out}$  are biologically-informed and non-informed kernels genomic relationship matrices,  
676 respectively, and are computed according to VanRaden (2008). We considered two marker  
677 sets to compute these matrices: markers associated with any latent factor, and markers  
678 that were associated with latent factors showing enrichment for lipid and lipid-like  
679 molecules at the superclass level ( $q < 0.05$ ). Markers that were in weak linkage  
680 disequilibrium (LD) ( $r^2 > 0.25$ ) with GWAS hits were included in the biologically-informed  
681 kernel. LD was computed separately for each study.

682 Genomic BLUP (gBLUP) served as a base-line to compare the ability of the multi-kernel  
683 approach to predict seed phenotypes. The model is similar to the multi-kernel model;  
684 however, the relationship matrix was constructed using all available markers for each  
685 study. All models were fit using the BGLR package in R, with 20,000 iterations, of which the  
686 first 5,000 were discarded (Perez and de los Campos 2014).

687 Prediction accuracy was assessed using five-fold cross validation with 50 resampling runs,  
688 and was computed using Pearson's correlation between observed phenotypes and  
689 predicted genomic values for accessions in the testing set. Genomic values for the multi-  
690 kernel approach were computed as the sum of breeding values from each random genetic  
691 effect. Correlation coefficients were averaged across folds.

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#### 704 **Data availability**

705 All metabolomic data are provided via Cyverse and can be accessed using the following url  
706 <https://de.cyverse.org/de/?type=data\&folder=/iplant/home/mcampbell4>. All R code

707 used for analyses is provided as Rmarkdown files and can be accessed via  
708 <https://github.com/malachycampbell/OatLatentFactor>.

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711 of a trademark or proprietary product does not constitute a guarantee or warranty of the  
712 product by the USDA and does not imply its approval to the exclusion of other products  
713 that may also be suitable. The USDA is an equal opportunity provider and employer.

714

715 **Supplemental Data**

716 • **Supplemental Methods**

717 • **Supplemental Table S1.** Genotyping-by-sequencing experiments in Triticeae Toolbox  
718 used in this study.

719 • **Supplemental Table S2.** Trials in Triticeae Toolbox used for genomic prediction.

720 • **Supplemental Figure S1.** Summary of subpopulation clusters based on major  
721 geographic regions.

722 • **Supplemental Figure S2.** Three-fold orthogonal cross validation results for three  
723 EBMF approaches.

724 • **Supplemental Figure S3.** Spearman correlation between factor density ( $1 - \nu$ ),  
725 polygenicity ( $1 - \pi$ ) and narrow sense heritability ( $h^2$ ).

726 • **Supplemental Figure S4.** Distribution of density ( $1 - \nu$ ), polygenicity ( $1 - \pi$ ) and  
727 narrow sense heritability ( $h^2$ ) estimates.

728 • **Supplemental Figures S5-27.** Manhattan plot for factor score-based GWAS.

729 • **Supplemental File S1.** Deregressed best linear unbiased predictions for 1,668  
730 metabolites.

731 • **Supplemental File S2.** Metabolites showing significant differences between  
732 subpopulations.

733 • **Supplemental File S3.** GWAS summary statistics

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736 **Tables**

737 **Table I. Empirical Bayes matrix factorization model selection.** Each model was fit using  
738 degressed BLUPs for 1,668 metabolites. Ad. Shr.: adaptive shrinkage family of densities

739 described by Stephens (2016). Cross-validation (CV) was based on a 3-fold orthogonal CV  
740 described by (2018) and Owen et al.(2016) with ten independent resamplings. Point Nor.:  
741 point-normal family of densities which are a normal distribution with a point mass at zero; LL  
742 indicates log-likelihood; PVE: percent variance explained;  $R^2_{adj}$ : adjusted  $R^2$ ;  $r_{(Y_{tst}, \hat{Y}_{tst})}$  is the  
743 Pearson's correlation between predicted and observed values for observations in the testing  
744 set; RMSE: root mean square error.

EBNM Appr.	No. Fact.	LL	PVE	$R^2_{adj}$	$r_{(Y_{tst}, \hat{Y}_{tst})}$	RMSE
Ad. Shr.	102	-581716.3	59.41	0.438	0.322	1.451
Point Nor.	106	-583809.9	59.36	0.429	0.514	0.978
Laplace	100	-584317.2	58.82	0.434	0.520	0.970

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747 **Table II. Factors capturing covariance between many metabolites with simple genetic**  
748 **architectures.** Polygenicity estimates were based on the posterior means of  $1 - \pi$  and density  
749 of factor loadings are provided as  $1 - v$ .

Factor	$1 - \pi$	$1 - v$
4	$4.69 \times 10^{-3}$	0.621
13	$7.80 \times 10^{-4}$	0.369
17	$4.70 \times 10^{-4}$	0.413
25	$5.54 \times 10^{-4}$	0.247

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760 **Figure Legends**  
761 **Figure 1. Principal component analysis of genotypic and metabolomic data.** The first  
762 four principal components (PCs) of genotypic data are shown in panels A and B, while the

763 first four PCs of the metabolomic data are shown in panels C and D. Subpopulations that  
764 were defined based on  $k$ -means clustering of SNP marker data are indicated by different  
765 colored points. PC: principal component; PVE: percent variance explained

766 **Figure 2. Functional enrichment among latent factors.** Number of latent factors  
767 enriched (FDR < 0.05) for functional categories at the super-class level (A) and class level  
768 (B). Percentage of variance explained for each factor by a given functional category (C).  
769 Each point represents a functional class that was significantly enriched for one or more  
770 factors with the size of the point being proportional to the percentage of variance explained  
771 by that class for a given factor. Only factors and classes that showed significant enrichment  
772 ( $q < 0.05$ ) at the super-class level are pictured. Colors differentiate between the class and  
773 subclass levels of the taxonomic hierarchy.

774 **Figure 3. Relationships between polygenicity, density and heritability.** (A) Association  
775 between polygenicity ( $1 - \pi$ ) and density ranks ( $1 - \nu$ ) after accounting for heritability  
776 ( $h^2$ ). Each variable was ranked from smallest to largest and the ranks for ( $1 - \pi$ ) and  
777 ( $1 - \nu$ ) were each regressed on ranks for  $h^2$ . The scatter plot depicts the relationship  
778 between the residuals (Resid.) for each of these models. Colored points indicate factors that  
779 were enriched for lipids (Lip. Enr.), and different shapes indicate whether the factor was  
780 used to inform the lipid-enriched kernel for genomic prediction (Gen. Pred.). (B) Pairwise  
781 relationships between the ranks for each variable.

782 **Figure 4. Genomic prediction for fatty acid compounds.** Prediction accuracy was  
783 assessed using five-fold cross validation with 50 resampling runs. (A) The distribution of  
784 Pearson's correlation ( $r$ ) coefficients between observed phenotypes and genetic values for  
785 each fatty acid compound. Panels B and C show the percent difference (% diff.) in  
786 prediction accuracy for the multikernel (MK) approach relative to genomic BLUP (gBLUP).  
787 The suffixes '-all' and '-lip' indicate models where the biologically-informed kernel was  
788 constructed from markers associated with any latent factor or lipid-enriched factors,  
789 respectively.

790 **Figure 5. Genomic prediction for lipid and protein content measured via NIRS.**  
791 Prediction accuracy ( $r$ ) was assessed using five-fold cross validation with 50 resampling  
792 runs. Panel A shows the distribution of Pearson's correlation coefficients between observed  
793 phenotypes and genetic values. Panel B shows the percent difference (% diff.) in prediction  
794 accuracy for the multikernel (MK) approach relative to genomic BLUP (gBLUP). The  
795 suffixes '-all' and '-lip' indicate models where the biologically-informed kernel was  
796 constructed from markers associated with any latent factor or lipid-enriched factors,  
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