

## Vitamin D regulates MerTK-dependent phagocytosis in human myeloid cells

Running Title: Vitamin D regulates myeloid cells via the MerTK pathway

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## Abstract

1 Vitamin D deficiency is a major environmental risk factor for the development of multiple  
2 sclerosis (MS). The major circulating metabolite of vitamin D (25OHD) is converted to the  
3 active form (calcitriol) by the hydroxylase enzyme *CYP27B1*. In MS lesions the tyrosine kinase  
4 MerTK expressed by microglia and macrophages regulates phagocytosis of myelin debris and  
5 apoptotic cells that can accumulate and inhibit tissue repair and remyelination. We show that  
6 calcitriol downregulates MerTK mRNA and protein expression in adult human microglia and  
7 monocyte-derived macrophages, thereby inhibiting myelin phagocytosis and apoptotic cell  
8 clearance. Proinflammatory myeloid cells express high levels of *CYP27B1* compared to  
9 homeostatic (TGF $\beta$ -treated) myeloid cells. Only proinflammatory cells in the presence of TNF- $\alpha$   
10 generate calcitriol from 25OHD, resulting in repression of MerTK expression and function. The  
11 selective production of calcitriol in proinflammatory myeloid cells leading to downregulation of  
12 MerTK-mediated phagocytosis has the potential to reduce the risk for auto-antigen presentation  
13 while retaining the phagocytic ability of homeostatic myeloid cells, thereby contributing to  
14 inflammation reduction and enhanced tissue repair.

15 **Introduction**

16 Vitamin D deficiency is a major environmental risk factor for the development of multiple  
17 sclerosis (MS) (1). Although widely prescribed for patients with MS, the impact of vitamin D on  
18 disease course and severity, as well as its mechanisms of action, are poorly understood. Active  
19 vitamin D (calcitriol) is obtained from the cutaneous production of vitamin D3 (cholecalciferol)  
20 in the presence of sufficient ultraviolet B irradiation, as well as limited dietary sources.  
21 Cholecalciferol is converted to 25-hydroxyvitamin D (25OHD; calcifediol), the major circulating  
22 metabolite, and then to hormonally active 1,25-dihydroxyvitamin D (1,25(OH)<sub>2</sub>D; calcitriol)  
23 through sequential hydroxylation, catalyzed by 25-hydroxylases (CYP2R1, CYP27A1) and 25-  
24 hydroxyvitamin D<sub>3</sub> 1-alpha-hydroxylase (CYP27B1), respectively (2). Levels of 25OHD are  
25 used clinically to assess vitamin D status (3). Calcitriol functions as a ligand for the vitamin D  
26 receptor, a member of the nuclear receptor family of hormone-regulated transcription factors (3).  
27 Catabolism of 25OHD and calcitriol is initiated by the CYP24A1 enzyme, whose expression is  
28 tightly regulated by calcitriol in a negative feedback loop. CYP27B1 is abundantly expressed in  
29 most biological systems, allowing for local calcitriol production in several tissues, including the  
30 central nervous system (CNS). Importantly, CYP27B1 expression is regulated by a complex  
31 cytokine network in immune cells, including cells of myeloid origin (4).

32

33 Cells of myeloid lineage, including endogenous microglia and infiltrating monocyte-derived  
34 macrophages (MDMs), are the dominant cell population within active MS lesions (5). We have  
35 previously shown that the myeloid cell-mediated phagocytic clearance of myelin debris, a  
36 process required for efficient remyelination, is regulated by MerTK, a member of the TAM  
37 family of receptor tyrosine kinases (6). MerTK deficiency results in delayed remyelination in the

38 cuprizone model of demyelination (7). MDMs derived from MS patients show impaired ability  
39 to phagocytose myelin, a defect linked to a reduction in MerTK expression (8). In addition to  
40 clearing myelin debris, MerTK mediates the process of efferocytosis, the removal of dead/dying  
41 cells, which is important for autoreactive T-cell fate determination in MS (9). The functions of  
42 myeloid cells are dependent on their state of activation. TGF $\beta$ , a key cytokine involved in CNS  
43 homeostasis, has been shown to maintain cells in a homeostatic state characterized by high  
44 expression of MerTK, TREM2, CSF1R and Mafb (10). In contrast, MerTK expression is  
45 comparatively lower in proinflammatory myeloid cells, a population shown to contribute to MS  
46 pathogenesis (6). Genome-wide association studies (GWAS) have explained much of MS  
47 heritability. Single nucleotide polymorphisms (SNPs) in *CYP24A1* and *CYP27B1*, which tightly  
48 regulate the intracellular levels of calcitriol have been associated with an increased risk of MS  
49 (11) (12, 13).

50

51 In the current study, we investigated calcitriol-mediated transcriptomic regulation of human  
52 MDMs and microglia. RNA sequencing revealed significant calcitriol-mediated negative  
53 regulation of both phagocytic and antigen-presenting pathways in these cell types. We  
54 demonstrate that calcitriol represses MerTK expression and phagocytic capacity of primary  
55 myeloid cells and significantly downregulates components of the antigen presentation pathway.  
56 Notably, proinflammatory myeloid cells expressing the lowest levels of MerTK have the most  
57 active vitamin D metabolic processing pathway and are therefore able to respond to the precursor  
58 25OHD. In contrast, lack of endogenous processing of 25OHD in homeostatic myeloid cells  
59 maintains high MerTK expression and therefore participation in the immunologically-silent  
60 clearance of myelin debris and apoptotic cells.

61 **Methods**

62 **Monocyte-derived macrophages** - Human peripheral blood mononuclear cells (PBMCs) were  
63 isolated from healthy donors by Ficoll-Hypaque density gradient centrifugation (GE healthcare).  
64 Monocytes were isolated from PBMCs using magnetic CD14+ isolation beads (Miltenyi).  
65 Proinflammatory ( $M\emptyset_{GMcsf}$ ) and alternative (M2) macrophages were generated by differentiating  
66 monocytes for 6 days in the presence of 25ng/mL GM-CSF and M-CSF respectively. To  
67 generate CNS homeostatic ( $M\emptyset_0$ ) macrophages, TGF $\beta$  (50ng/mL) was added to the M-CSF  
68 culture conditions on days 3 and 6.  $10^{-7}$ M calcitriol (Selleckchem) was added to designated  
69 macrophages on day 1 of culture and maintained throughout differentiation. Culture media was  
70 replenished every 2-3 days.

71 **Microglia & astrocytes** - Human adult microglia were isolated from brain tissue of patients  
72 undergoing brain surgery for intractable epilepsy. Cells were cultured in DMEM, 5% FBS,  
73 penicillin/streptomycin, and glutamine. Cell differentiation and calcitriol treatment was  
74 performed over 6 days as described above. Human fetal astrocytes were isolated as previously  
75 described (14) from human CNS tissue from fetuses at 17–23 weeks of gestation that were  
76 obtained from the University of Washington Birth defects research laboratory (BDRL,  
77 project#5R24HD000836-51) following Canadian Institutes of Health Research–approved  
78 guidelines.

79 **Autologous T-cells** - Human T-cells were isolated from the same PBMC fraction as described  
80 for macrophages, using magnetic CD3+ isolation beads (Miltenyi Biotec).

81 **Proinflammatory cytokine assay:** Following differentiation, macrophage cultures were  
82 supplemented with 10ng/mL TNF- $\alpha$  or IL-1 $\beta$  for 24 hours. Cells were then treated with  $10^{-7}$  M  
83 25OHD (Selleckchem) for 48 hours.

84 **Phagocytosis assay:** Human myelin was isolated as previously described (24). Myelin was  
85 found to be endotoxin-free using the Limulus amebocyte lysate test (Sigma-Aldrich). To  
86 evaluate myelin uptake, myelin was incubated with a pH-sensitive dye (pHRodamine;  
87 Invitrogen) for 1h in PBS (pH 8). Dyed myelin was added to myeloid cells to a final  
88 concentration of 20ug/ml and incubated for 1h. Flow cytometry was performed using the FACS  
89 Fortessa (BD Biosciences). Live cells were gated based on live-dead staining and doublets were  
90 excluded.

91 **Flow cytometry:** Human myeloid cells were detached gently using 2 mmol EDTA/PBS and  
92 blocked in FACS buffer supplemented with 10% normal human serum and normal mouse IgG (3  
93 mg/ml). Cells were incubated at 4 °C for 15min with Aqua viability dye (Life Technologies)  
94 and then subsequently incubated at 4°C for 30 min with either control isotype Ab or appropriate  
95 surface marker (MerTK, CD80, CD86, HLA-DR/DP/DQ, HLA-ABC, CD40, CD274) test Abs.  
96 Cells were washed and flow cytometry was performed using the Attune NxT (Thermo Fisher  
97 Scientific). Myeloid cells were gated based on side scatter-area and forward light scatter (FSC)-  
98 area. Doublets were excluded using FSC-area and FSC-height. Live cells were gated based on  
99 live-dead staining (Aqua; Life Technologies).

100 **Apoptosis assay:** Isolated T-cells were collected and resuspended to  $1 \times 10^6$  cells/mL in PBS.  
101 Cells were exposed to UV for 1h. Following exposure, cells were collected, pelleted, and  
102 processed for phagocytosis as previously described for myelin. pHRodamine-dyed cells were  
103 inoculated into macrophage cultures at a density of 5:1 T:M and left to incubate for 1h.  
104 Assessment of apoptosis was done by flow cytometry using Alexa 488 Annexin V/Dead cell  
105 apoptosis kit (Thermo Fisher)

106 **RNA sequencing:** Control and calcitriol treated MDMs and microglia were collected in TRIzol  
107 reagent (Invitrogen) and RNA was extracted according to the manufacturer's protocol (Qiagen).  
108 Smart-Seq2 libraries were prepared by the Broad Technology Labs and sequenced by the Broad  
109 Genomics Platform. cDNA libraries were generated the Smart-seq2 protocol (15). RNA  
110 sequencing was performed using Illumina NextSeq500 using a High Output v2 kit to generate 2  
111  $\times$  25 bp reads. Reads were aligned to the GRCh38 genome with STAR aligner and quantified by  
112 the BTL computational pipeline using Cuffquant version 2.2.1 (16, 17). Raw counts were  
113 normalized using TMM normalization and then log2-transformed. The read counts for each  
114 sample were used for differential expression analysis with the edgeR package (18, 19). The  
115 differentially-expressed genes were identified using p-value  $< 0.05$  and log2 fold change  $> 1$ .  
116 Principle component analysis (PCA) was carried out using built-in R function, *prcomp*, and  
117 visualized using gplot package. Heatmaps were created using ggplot2 package in R. The full list  
118 of identified genes was used to generate volcano plots in R. For PCA and heatmap graphs,  
119 variance of genes across all macrophage phenotypes was calculated and the top 500 highly  
120 variable genes were used for further analysis.

121 **qPCR:** Cells were lysed in TRIzol (Invitrogen). Total RNA extraction was performed using  
122 standard protocols followed by DNase treatment according to the manufacturer's instructions  
123 (Qiagen). For gene expression analysis, random hexaprimers and Moloney murine leukemia  
124 virus reverse transcriptase were used to perform standard reverse transcription. Analysis of  
125 individual gene expression was conducted using TaqMan probes to assess expression relative to  
126 *Gapdh*.

127 **Statistics:** Paired Student's t-test and analysis of variance, one-way ANOVA, were used to  
128 determine significance of results.

129

130 **Results**

131 *Calcitriol mediates significant transcriptional changes in human monocyte-derived*  
132 *macrophages:* We have previously identified MerTK as an important phagocytic receptor for the  
133 immunologically-silent clearance of myelin debris (6). To identify compounds that are known to  
134 alter *MERTK* gene expression we used a data integration approach known as iCTNet (20).  
135 iCTNet retrieves information from multiple databases and creates a single network with user-  
136 defined parameters for visualization. Calcitriol was revealed as a regulatory factor upon  
137 visualization of a sub-set of FDA-approved compounds (gray) and diseases (pink) related to  
138 *MERTK* (Fig. 1A).

139 To examine the effect of calcitriol on MDMs in different states of polarization (supplementary  
140 Fig. 1A and B), we analyzed the transcriptomic profile of homeostatic ( $M\emptyset_0$ ) and  
141 proinflammatory ( $M\emptyset_{GMcsf}$ ) MDMs generated *in vitro* and subjected to bulk RNA sequencing.  
142  $M\emptyset_0$  show high expression of CNS homeostatic myeloid markers such as *TREM2*, *CSF1R*, *IL10*  
143 and *Mafb* (supplementary Fig. 1C). Proinflammatory  $M\emptyset_{GMcsf}$  cells expression signatures show  
144 typical inflammatory markers such as *IL6*, *NLRP1*, *ITGAX*, *CCL22*, *MMP9* and *ITGAX*, as well  
145 as induction of inflammatory programs involving the transcription factor *BHLHE40*, identified as  
146 part of the disease-associated transcriptomic signature (21). PCA (Fig. 1B) and heatmap (Fig.  
147 1C) analyses showed that  $M\emptyset_0$  and  $M\emptyset_{GMcsf}$  cells cluster separately based on their phenotypes  
148 with calcitriol treated cells clustering together regardless of their starting phenotype (Fig. 1B, C).  
149 Volcano plot analysis confirms this calcitriol-mediated shift in the transcriptomic signature and  
150 highlights that both phenotypes responded to calcitriol by upregulating known calcitriol target  
151 genes *CYP24A1* and cathelicidin (CAMP) (Fig. 1D). Finally, over-representation analysis (ORA)

152 was carried out using significantly differentially expressed genes in both  $M\emptyset_0$  and  $M\emptyset_{GMcsf}$  cells  
153 exposed to calcitriol (Fig.1E). Set nodes represent biological processes colored based on p-value  
154 (red-light yellow; most significant-least significant). The size of the node corresponds to the  
155 number of genes associated with that biological process. Smaller unlabeled nodes represent  
156 individual genes (red: upregulated; green: downregulated). Down-regulated genes of interest  
157 (*MERTK* and *HLA-DRB1*) with their link to relevant biological processes (regulation of  
158 endocytosis and adaptive immune response) are highlighted.

159

160 *Calcitriol regulation of MerTK expression and function in human MDMs:* Use of the Ingenuity  
161 Pathway Analysis (IPA) bioinformatic tool highlighted ‘phagosome formation’ as one of the top  
162 canonical pathways affected by calcitriol in MDMs (supplementary Fig. 2). Visualization of this  
163 pathway highlighted the downregulation of a number of phagocytic and immune-sensing  
164 receptors including complement receptors, Fc receptors, and integrins (Fig. 2A). We identified a  
165 list of 30 genes associated with phagocytosis by myeloid cells and assessed their expression in  
166 response to calcitriol in both  $M\emptyset_0$  and  $M\emptyset_{GMcsf}$  cells (Table 1). A total of 7 genes were  
167 significantly downregulated in  $M\emptyset_0$  and 4 in  $M\emptyset_{GMcsf}$  in response to calcitriol treatment. *MERTK*  
168 was the only gene significantly downregulated in both  $M\emptyset_0$  and  $M\emptyset_{GMcsf}$  cells (Fig. 2B). We  
169 validated this RNAseq finding by RT-qPCR. Regardless of phenotype, calcitriol significantly  
170 downregulated *MERTK* mRNA (Fig. 2C) and protein expression, as measured by flow cytometry  
171 (Fig. 2D).

172 To assess if reduced expression of MerTK would have a functional impact on the cells, we  
173 measured the ability of calcitriol-treated MDMs to phagocytose myelin debris, autologous  
174 apoptotic T-cells, and opsonized red blood cells (RBCs). Calcitriol-treated MDMs displayed a

175 reduced capacity to phagocytose pHRhodamine-labelled human myelin, regardless of cellular  
176 phenotype (Fig. 2E).

177 In addition to myelin, MerTK has been extensively characterized as a mediator of apoptotic cell  
178 clearance (9). To investigate whether calcitriol also inhibited this process, pHRhodamine-  
179 labelled apoptotic T-cells were incubated with autologous MDMs. We observed a significant  
180 inhibition of apoptotic T-cell phagocytosis by calcitriol-exposed  $M\emptyset_0$  but not  $M\emptyset_{GMcsf}$  cells.  
181 This is indicative of a  $M\emptyset_{GMcsf}$ -specific efferocytotic receptor that can compensate for the  
182 calcitriol-mediated downregulation of MerTK. (Fig. 2F). Finally, to validate the specificity of  
183 calcitriol in regulating MerTK-dependent phagocytosis, we assessed the uptake of opsonized  
184 RBCs (oRBCs) by both MDM phenotypes. Phagocytosis of oRBCs occurs through Fc-receptor-  
185 mediated endocytosis, a MerTK-independent pathway. In all cases, calcitriol had no influence on  
186 the ability of MDMs to phagocytose oRBCs, suggesting a specificity to the calcitriol-mediated  
187 inhibition of phagocytosis by human MDMs (Fig. 2G).

188 *Calcitriol downregulates the expression of antigen presentation molecules:* Engagement of the  
189 adaptive immune system through the re-activation of anti-myelin T-cell responses in the CNS  
190 acts as a key pathogenic step in the initiation and exacerbation of MS (22). Activation of CD8<sup>+</sup>  
191 and CD4<sup>+</sup> T-cells requires recognition of cognate antigens loaded on the surface of antigen-  
192 presenting cells (APCs). The strongest MS risk loci maps to the human leukocyte antigen (HLA)  
193 region, which is a gene complex encoding the major histocompatibility family of proteins  
194 (MHC). GWAS has identified the *HLA-DRB1* as the strongest risk locus, conferring a 3-fold  
195 increased MS risk (23). Activation of T-cells requires expression of MHC class molecules by  
196 APCs (signal one) in addition to a “second” signal in the form of expression of costimulatory  
197 molecules such as CD40 and CD86, both also identified as MS risk loci (24-26). IPA analysis of

198 our sequencing results highlights the “antigen presentation pathway” as a significantly affected  
199 pathway (supplementary Fig. 2), with downregulation of both MHC class I and II molecules as  
200 indicated using the pathway visualization tool (Fig. 3A). We identified a list of 24 genes  
201 associated with antigen presentation in our dataset and assessed expression in response to  
202 calcitriol in MØ<sub>0</sub> and MØ<sub>GMcsf</sub> cells (Fig. 3B). Expression of a large number of *HLA/MHC* genes  
203 were downregulated by calcitriol treatment in both cellular phenotypes, including the major MS  
204 risk gene, *HLA-DRB1*. We validated these sequencing findings by measuring protein expression  
205 using flow cytometry. Protein expression of both MHC class I (HLA-ABC) and MHC class II  
206 (HLA-DR/DP/DQ) molecules were downregulated by calcitriol treatment in both MØ<sub>0</sub> and  
207 MØ<sub>GMcsf</sub> cells (Fig. 3C). Expression of co-stimulatory molecules CD86 and CD40 were also  
208 significantly reduced in response to calcitriol (Fig. 3D). Interestingly, we observed increased  
209 expression of immune checkpoint molecule CD274 both at the mRNA (Fig. 3B) and protein  
210 (Fig. 3E) level following treatment with calcitriol. CD274 suppresses the adaptive immune  
211 response by inducing apoptosis in CD279-expressing T-cells (27). Moreover, previous work has  
212 shown that the human *CD274* gene is a direct target of the 1,25(OH)<sub>2</sub>D-regulated VDR (28).  
213 Finally, a “third” signal in the form of proinflammatory cytokine release from the APC is  
214 suggested to be necessary for the induction of T-cell proliferation. IL-6 is a cytokine that when  
215 released from APCs can promote the differentiation of IL-17-producing Th-17 cells, known to be  
216 highly pathogenic in MS (29). We observed a significant decrease in IL-6 mRNA and protein  
217 release by ELISA in response to calcitriol (Fig. 3F) in MØ<sub>GMcsf</sub> cells.

218

219 *Endogenous production of calcitriol inhibits MerTK selectively in proinflammatory MDMs:* The  
220 *in vivo* circulating concentrations of calcitriol (40-100pM) are much lower than those of 25OHD

221 (20-150nM). It is therefore important to determine whether there is sufficient intracellular  
222 metabolism of 25OHD to calcitriol within MDMs to affect MerTK expression. As shown in Fig.  
223 4A, proinflammatory MØ<sub>GMcsf</sub> cells exhibited the highest expression of the calcitriol-producing  
224 enzyme, *CYP27B1* (Fig. 4E). This high level of *CYP27B1* expression negatively correlated with  
225 *MERTK* expression. Cells that expressed the lowest levels of *MERTK* (MØ<sub>GMcsf</sub>) expressed the  
226 highest levels of *CYP27B1* and conversely, cells (MØ<sub>0</sub>) that expressed the highest levels of  
227 *MERTK* displayed the lowest expression of *CYP27B1* (Fig. 4A, B). *CYP27B1* expression is  
228 regulated by a complex network of cytokines (4); we therefore assessed the impact of  
229 proinflammatory cytokines known to play a role in MS pathology (TNF- $\alpha$  and IL-1 $\beta$ ) on  
230 *CYP27B1* expression, 25OHD metabolism, and MerTK expression (30). We observed that the  
231 addition of TNF- $\alpha$ , and to a lesser degree IL-1 $\beta$ , enhanced the expression of *CYP27B1* in  
232 MØ<sub>GMcsf</sub> cells but not MØ<sub>0</sub> (Fig. 4C). To assess the capacity of the vitamin D metabolic pathway  
233 to regulate MerTK expression, cells were treated with the major circulating metabolite 25OHD.  
234 Despite the increased basal expression of *CYP27B1* in MØ<sub>GMcsf</sub> cells, exposure to 25OHD did  
235 not significantly alter MerTK expression (Fig. 4D). However, combinatorial treatment of MDMs  
236 with 25OHD and TNF- $\alpha$  (and to a lesser degree IL-1 $\beta$ ) selectively and significantly  
237 downregulated MerTK expression in MØ<sub>GMcsf</sub> cells to a similar degree as calcitriol (Fig. 4D).  
238 TNF- $\alpha$  alone did not change MerTK expression. Altogether, we show that proinflammatory  
239 MØ<sub>GMcsf</sub> cells are the only cells capable of converting 25OHD to active calcitriol, leading to the  
240 downregulation of the myelin-phagocytic receptor MerTK.

241  
242 *Calcitriol regulation of MerTK expression in primary human glia:* In addition to recruited  
243 MDMs, both resident microglia and astrocyte populations take part in the neuroinflammatory

244 process and the phagocytic clearance of myelin debris. We therefore examined the effect of  
245 calcitriol on human microglia isolated from resected brain tissue and astrocytes derived from the  
246 fetal human CNS. Microglia were polarized to CNS homeostatic ( $MG_0$ ) and proinflammatory  
247 ( $MG_{GMcsf}$ ) phenotypes. Similar to MDMs, cells were exposed to M-CSF ( $MG_0$ ) or GM-CSF  
248 ( $MG_{GMcsf}$ ) over a 6-day period with homeostatic cells receiving additional TGF $\beta$ . Confirmation  
249 of these phenotypes is highlighted by expression of established CNS homeostatic markers,  
250 including microglia-specific markers *TMEM119*, *SALL1* and *OLFML3* (supplementary Fig. 1C).  
251 Proinflammatory microglia are characterized by high expression of canonical inflammatory  
252 myeloid markers including genes that show relative specificity to microglia, *CCL17* and *IL1 $\alpha$*   
253 (supplementary Fig. 1D). Bulk RNA sequencing was carried out on calcitriol-treated  $MG_0$  and  
254  $MG_{GMcsf}$  cells. PCA of these samples showed that, similar to MDMs, microglia cluster along the  
255 1<sup>st</sup> principal component based on their cellular phenotype ( $MG_0$  and  $MG_{GMcsf}$ ) and along the 2<sup>nd</sup>  
256 principal component based on treatment with calcitriol (Fig. 5A). ORA carried out on  
257 differentially-expressed genes in both phenotypes exposed to calcitriol show a similar pattern of  
258 calcitriol-responsive biological processes, including “inflammatory response” and “cytokine  
259 production/secretion” (Fig. 5B). These transcriptomic results were validated *in vitro* whereby  
260 calcitriol downregulated *MERTK* mRNA and MerTK protein in human microglia (Fig. 5C).  
261 Finally, calcitriol had no influence on MerTK mRNA or protein expression in human fetal  
262 astrocytes (Fig. 5D), indicating that the regulation of MerTK expression by calcitriol is specific  
263 to cells of the myeloid lineage.

264

265 **Discussion**

266 In this study, we set out to identify compounds that could modulate expression of the phagocytic  
267 receptor tyrosine kinase MerTK, previously shown to positively regulate myelin phagocytosis  
268 and efferocytosis (6, 31). Using the cytoscape plugin iCTNet to generate a drug-gene/target  
269 network we identified calcitriol, the biologically-active form of vitamin D, as a compound that  
270 interacts with the *MERTK* gene. Here we report that calcitriol controls expression of MerTK and  
271 subsequent uptake of myelin debris and apoptotic cells by human myeloid cells. Calcitriol also  
272 establishes an immune-regulatory phenotype in these cells, significantly reducing expression of  
273 inflammatory mediators and antigen presentation machinery while increasing the expression of  
274 immune checkpoint molecules.

275

276 Myelin clearance is essential for remyelination and CNS repair (32). We and others have  
277 reported reduced MerTK expression and phagocytic capacity in myeloid cells of MS patients  
278 (33). Expression of both membrane-bound and soluble forms of MerTK are elevated in MS  
279 lesional tissues (34). In animal models, MerTK and its cognate ligand, Gas6, have shown to play  
280 protective roles, particularly in the cuprizone toxin model where Gas6-knockout mice develop a  
281 more severe level of demyelination coupled with a delayed remyelination process (35).  
282 Experimental evidence strongly supports a functional role for MerTK in inflammation resolution,  
283 debris clearance, and repair (36).

284

285 GWAS has identified several SNPs in the *MERTK* gene as independently associated with the risk  
286 of developing MS (12, 25). Fine-mapping of the *MERTK* locus identifies a risk variant that  
287 operates in *trans* with the *HLA-DRB1* locus and is associated with higher expression of MerTK  
288 in MS patient monocytes (13). This particular SNP (rs7422195) displays discordant association

289 depending on the individual's *HLA-DRB1\*15:01* status, conferring increased risk, but converting  
290 to a protective effect on an *HLA-DRB1\*15:01* homozygous background. The stratification of risk  
291 based on *DRB1* status is strongly suggestive of a functional interplay or crosstalk between  
292 phagocytosis and antigen presentation in cells capable of carrying out such functions. The  
293 beneficial role of high MerTK expression is dependent on the underlying pathology, the phase of  
294 the disease, and the activation status of the cell in which it is expressed. A recent study has  
295 shown polymorphisms in the *MERTK* gene that drive low expression of the protein in Kupffer  
296 cells to protect against the development of liver fibrosis in non-alcoholic steatohepatitis (NASH)  
297 (37).

298  
299 The link between vitamin D and MS risk and the over-representation of genes involved in  
300 vitamin D metabolism as part of the genetic architecture of MS highlight the need for  
301 understanding the functional pathways under the control of vitamin D, in cell types relevant to  
302 the disease's pathophysiology. Clinical studies are ongoing (VIDAMS & EVIDIMS), yet a  
303 reproducible benefit of vitamin D supplementation has not been evident thus far. Standard of  
304 care preparations of vitamin D are comprised of precursors such as 25OHD, the major  
305 circulating form of vitamin D. 25OHD levels define an individual's vitamin D "status". 25OHD  
306 is processed locally to biologically-active calcitriol (3). Four genes that control the intracellular  
307 concentration and cellular response of a cell to vitamin D are among the non-HLA MS  
308 susceptibility loci: *CYP27B1*, *CYP24A1*, *CYP2R1* and the *VDR* itself. Both systemic and  
309 intracellular conversion of 25OHD is dependent on sufficient expression of the enzyme  
310 *CYP27B1* (2). Based on our findings we would predict that circulating 25OHD may not be as  
311 important as the *CYP27B1*-mediated production of intracellular calcitriol and subsequent

312 transcriptional regulation of cellular function. Therefore, supplementation which increases serum  
313 25OHD levels may not be targeting the cellular functions relevant to the pathogenesis of MS.  
314 Carlberg and Hag propose the use of a “vitamin D response index” to aid in the administration of  
315 personalized vitamin D supplementation protocols to obtain optimal vitamin D status. Such an  
316 index may assist in the future stratification of study cohorts. Based on our results we would also  
317 propose that an individual’s ability to respond to vitamin D supplementation may fluctuate with  
318 time, based on their inflammatory status and their cells’ abilities to produce active calcitriol from  
319 circulating 25OHD.

320

321 In addition to myelin debris, impaired clearance of cells undergoing apoptosis leads to sustained  
322 proinflammatory responses, as cells progress to secondary necrosis (38). Digestion of  
323 phagocytosed substrate and presentation as antigens loaded on MHC molecules (signal 1),  
324 coupled with co-stimulation (signal 2) and secretion of inflammatory cytokines (signal 3) from  
325 APCs play a critical role in stimulating the adaptive immune response (39). GWAS has  
326 identified an extended HLA haplotype, *HLA DRB1\*15:01, DQA1\*0102, DQB1\*0602*, within the  
327 MHC class II region that is strongly associated with MS risk. In accordance with previous  
328 reports, we observed that calcitriol downregulated the expression of both MHC class I and II  
329 molecules on the surface of myeloid cells including *HLA DRB1/DQA1/DQB1*. Calcitriol  
330 downregulated the expression of major costimulatory molecules and upregulated immune  
331 checkpoint molecule CD274, as previously reported (28). Calcitriol also inhibited IL-6  
332 expression and release. These combined data highlight the ability of calcitriol to modulate both  
333 the ingestion of material and the expression of molecular machinery involved in antigen

334 presentation, potentially lowering the risk of auto-antigen presentation to the adaptive immune  
335 system.

336

337 Our data shows that calcitriol downregulates MerTK expression and MerTK-mediated  
338 phagocytosis in primary human myeloid cells. Intracellular production of active calcitriol from  
339 its inactive precursor and resultant repression of MerTK is limited to proinflammatory myeloid  
340 cells. This proinflammatory-specific effect may underlie a beneficial mechanism of vitamin D in  
341 MS. Proinflammatory myeloid cells are potent antigen presenters; selective inhibition of myelin  
342 uptake by these cells may lower the risk of myelin antigen presentation to infiltrating T-cells. In  
343 contrast, maintenance of MerTK and therefore phagocytic function in homeostatic myeloid  
344 populations (due to low expression of CYP27B1) would allow these cells to maintain clearance  
345 of myelin debris and contribute to the process of repair. Overall, we uncover a functional  
346 interaction between one of the strongest environmental modulators of MS risk (vitamin D) and  
347 the MerTK pathway that is selective to disease-relevant populations of primary human myeloid  
348 cells. Further understanding of the interplay between MS risk factors (both genetic and  
349 environmental) will be crucial in identifying both the correct pathways and the correct timing at  
350 which to target these pathways therapeutically.

351

352 **Study Approval:** All studies were performed have been conducted according to Declaration of  
353 Helsinki principles and with approval of the Research Ethics Office at McGill University.

354 **References**

355

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**FIGURE 1.** *Calcitriol mediates significant transcriptional changes in human MDMs.* (A) iCTNet neighborhood visualization of MerTK including FDA-approved compounds and diseases associated with genetic variants or mutations in MerTK. Calcitriol is identified as a MerTK-interacting molecule. (B) PCA plot of  $M\emptyset_0$  (n3),  $M\emptyset_{GMcsf}$  (n3), and calcitriol treated (n6) MDM samples shows separation along PC1 according to cellular phenotype and along PC2 in response to calcitriol treatment based on transcriptional profile. (C) Unsupervised hierarchical clustering and heat map of control and treated MDMs shows that samples cluster according to calcitriol treatment and then according to their phenotype. Upregulated genes are shown in red and downregulated genes in green. Dendrogram provides a measure of the relatedness of gene expression in each sample (top) and for each gene (left). (D) Volcano plots display comparison of gene expression between untreated and calcitriol treated  $M\emptyset_0$  and  $M\emptyset_{GMcsf}$  cells. Genes with adjusted p-value/FDR  $< 0.05$  only are shown in red. Genes with log2Fold change  $> 1$  in orange and if both requirements are met, genes appear in green. Genes of interest are marked, including genes *CYP24A1* and *CAMP*, highlighting cellular response to calcitriol. (E) ORA networks display the most enriched biological processes. Differentially-expressed genes (FDR  $< 0.05$ ; log2Fold change  $> 1$ ) in response to calcitriol were used to generate networks. Set nodes represent biological processes, which are colored based on their FDR: the most significant appears in red, set nodes with comparably higher p-value are shown in light yellow. Size of the set nodes corresponds to the number of genes associated with that biological process. Smaller nodes represent individual genes, which are colored based on their fold change (upregulation = red; downregulation = green).

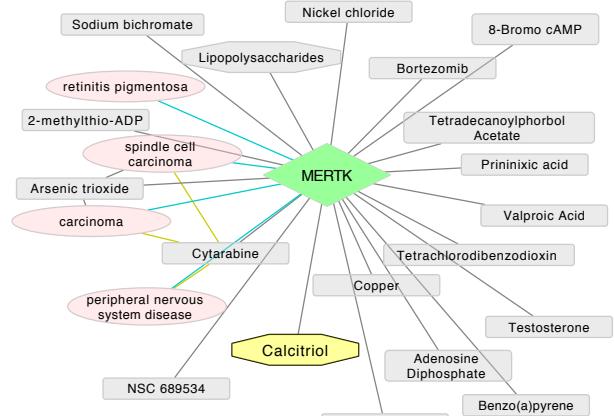
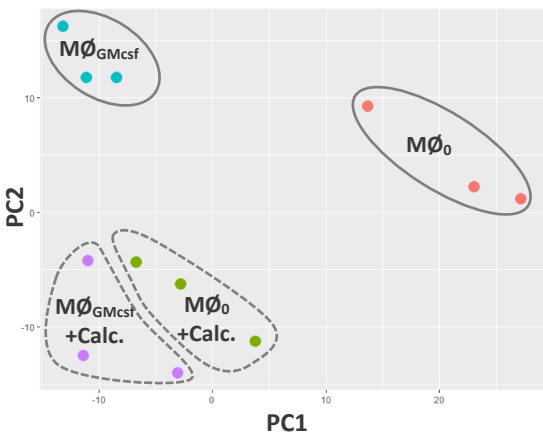
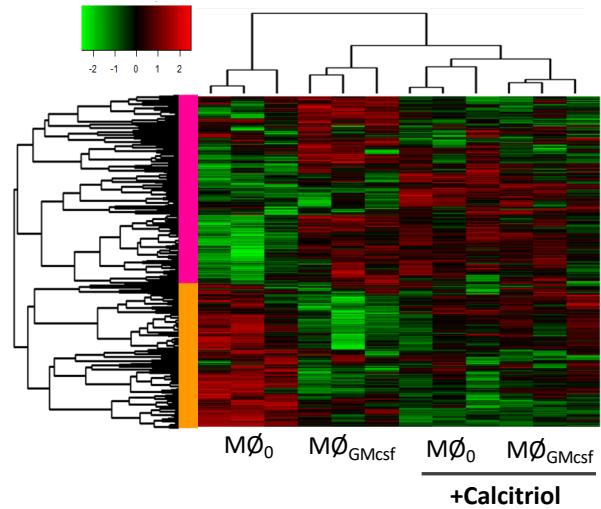
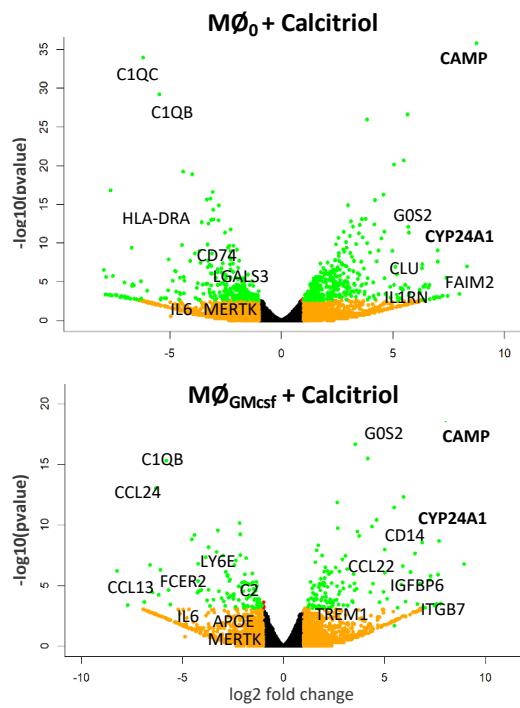
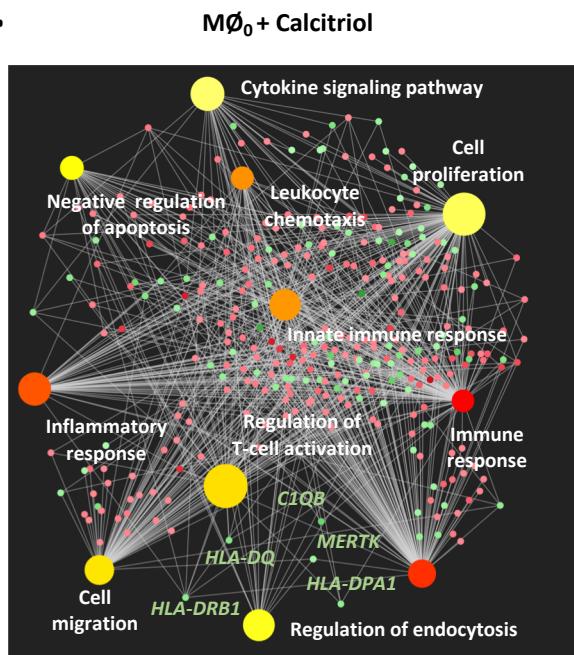
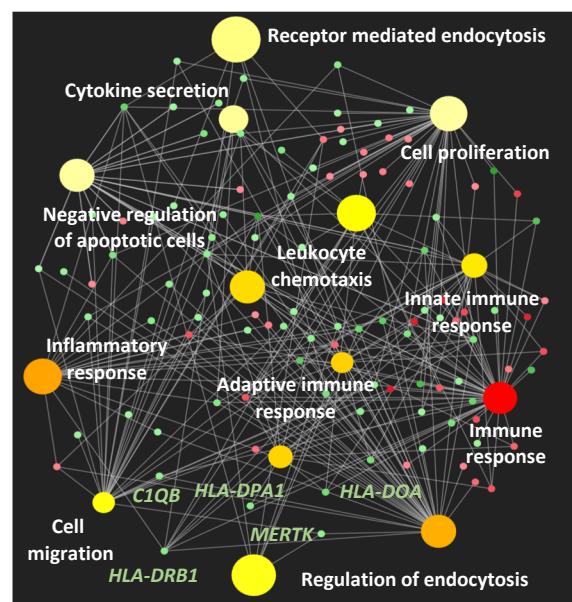
**FIGURE 2.** *Calcitriol regulates MerTK expression and phagocytosis in human MDMs.* (A) Ingenuity pathway analysis (IPA) of differentially-expressed genes identifies “phagosome formation” as a significantly affected pathway. Visualization of this pathway highlights affected molecules (nodes) and relationships between nodes which are denoted by lines (edges). Edges are supported by at least one reference in the Ingenuity Knowledge Base. The intensity of color in a node indicates the degree of downregulation (green). (B) 30 phagocytosis-related genes are identified in RNAseq datasets. Direction of regulation is assessed in both  $M\emptyset_0$  and  $M\emptyset_{GMcsf}$  cells. *MERTK* is downregulated in both cellular phenotypes. (C) Exposure of MDMs to calcitriol (100nM) downregulates MerTK mRNA and (D) protein expression in both  $M\emptyset_0$  and  $M\emptyset_{GMcsf}$  cells. (E) Both  $M\emptyset_0$  and  $M\emptyset_{GMcsf}$  cells are impaired in their ability to phagocytose myelin debris following treatment with calcitriol (100nM) as compared to vehicle, representative flow plot of myelin phagocytosis. (F)  $M\emptyset_0$  cells, but not  $M\emptyset_{GMcsf}$  cells, are impaired in their ability to phagocytose autologous apoptotic T-cells, representative flow plot of autologous apoptotic T-cell phagocytosis. (G) There was no significant regulation on the ability of MDMs to phagocytose opsonized red blood cells (oRBCs), representative flow plot of oRBC phagocytosis. All data was analyzed using paired Student’s t-test. \*p<0.05, \*\*p<0.01, \*\*\*p<0.001, \*\*\*\*p<0.0001.

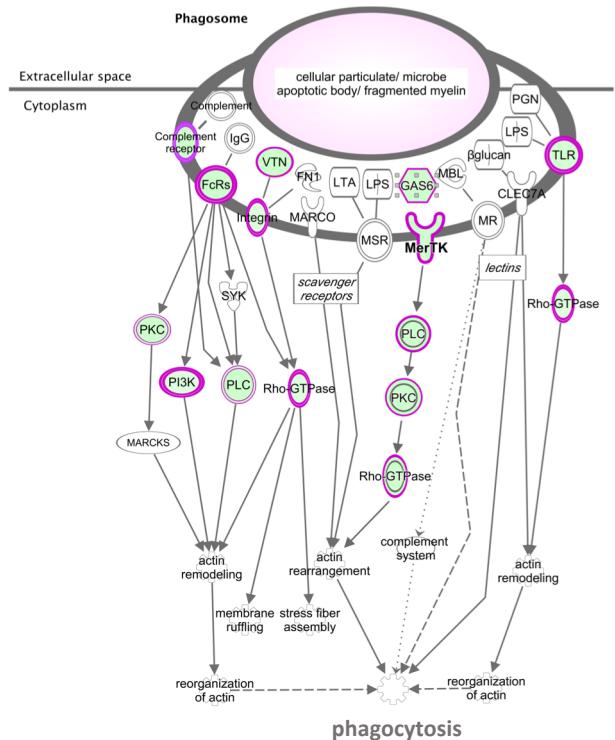
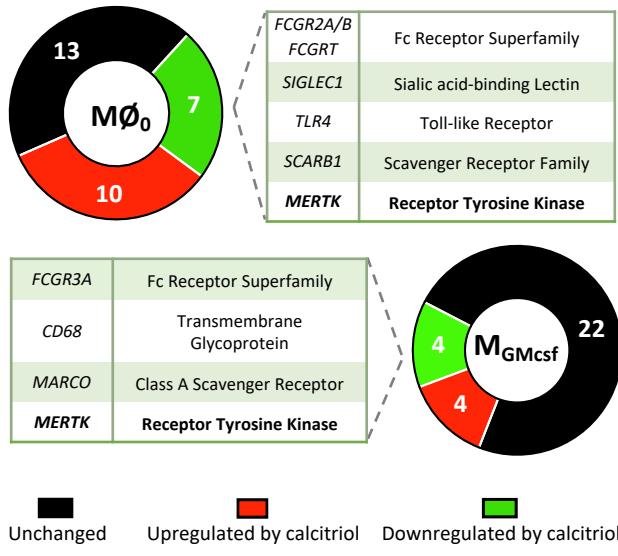
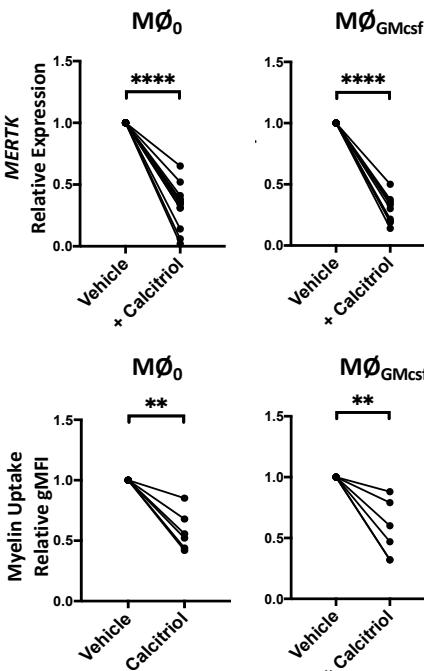
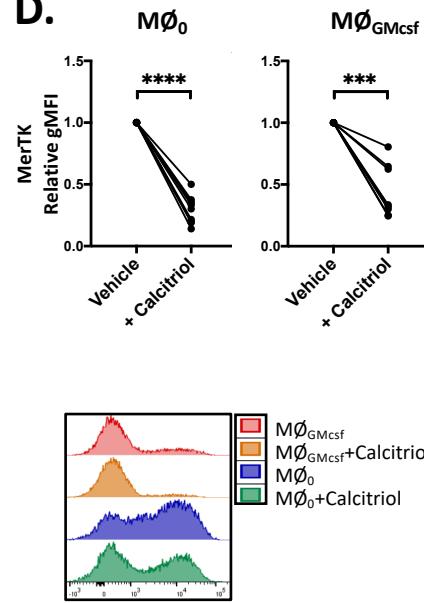
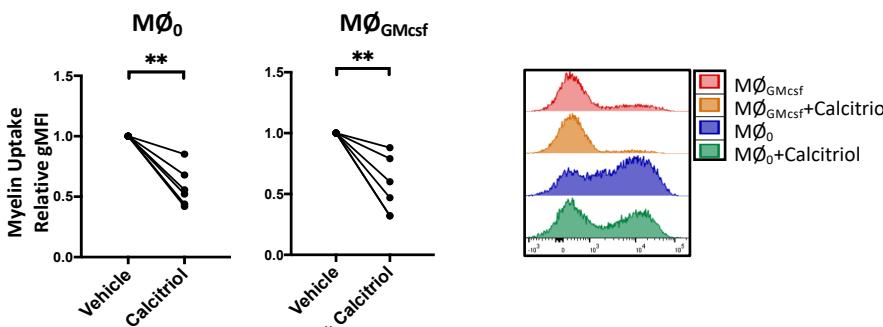
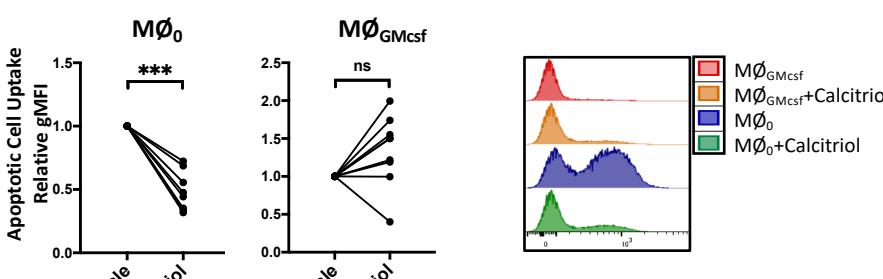
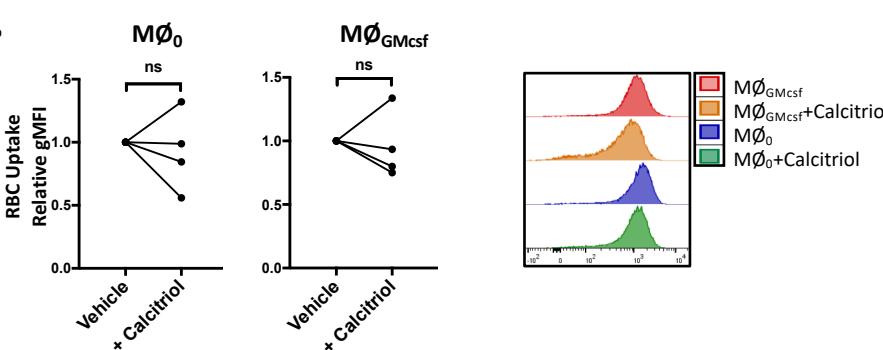
**FIGURE 3.** *Calcitriol regulates the antigen presentation pathway in human MDMs.* (A) Ingenuity pathway analysis (IPA) of differentially expressed genes identifies “antigen presentation” as a significantly affected pathway. Visualization of this pathway highlights affected molecules (nodes) and relationships between nodes which are denoted by lines (edges). Edges are supported by at least one reference in the Ingenuity Knowledge Base. The intensity of color in a node indicates the degree of downregulation (green). (B) 24 antigen presentation genes

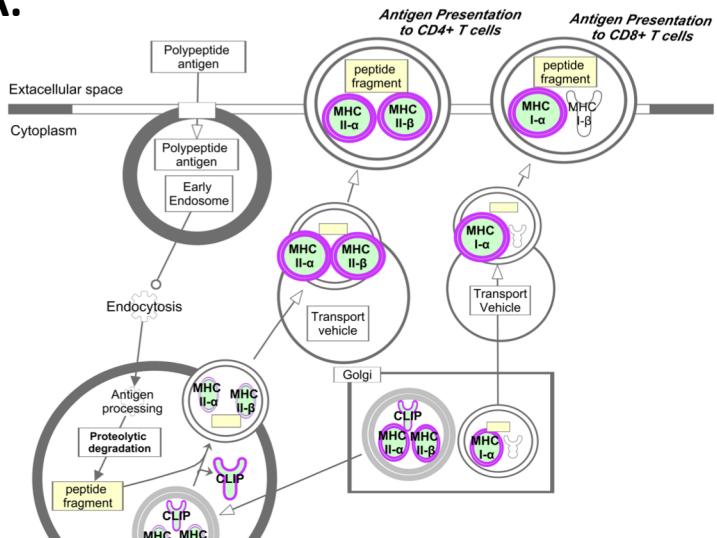
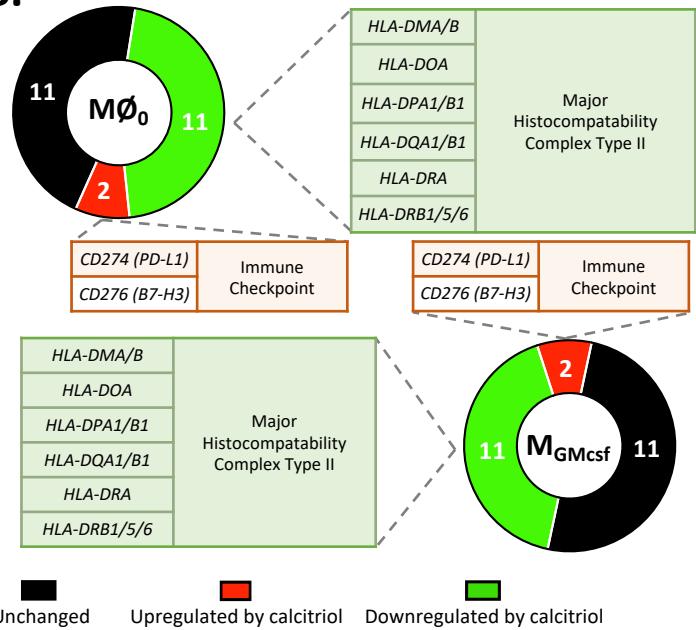
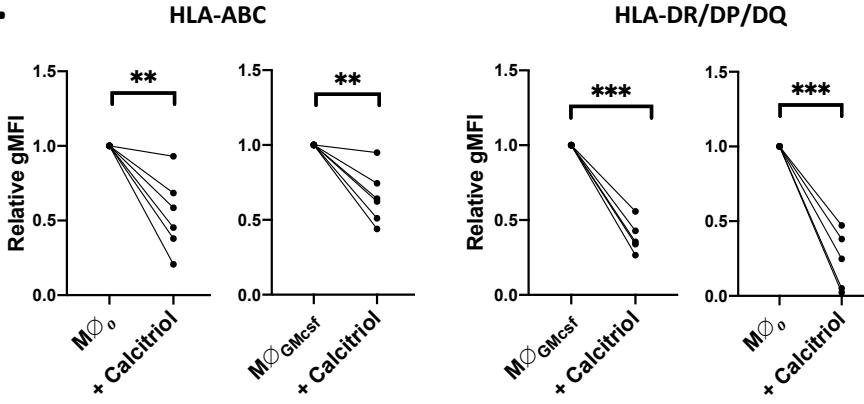
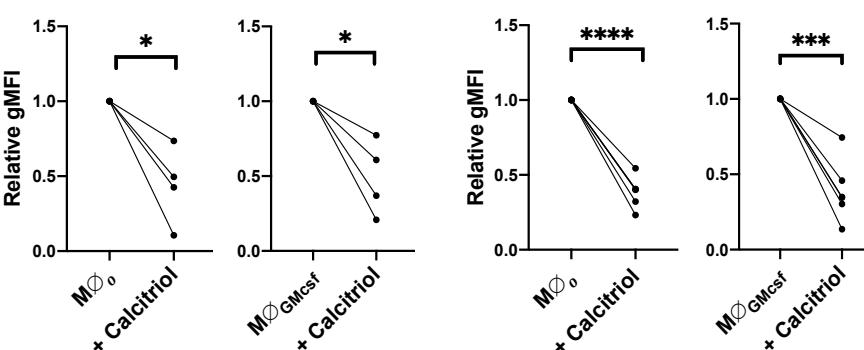
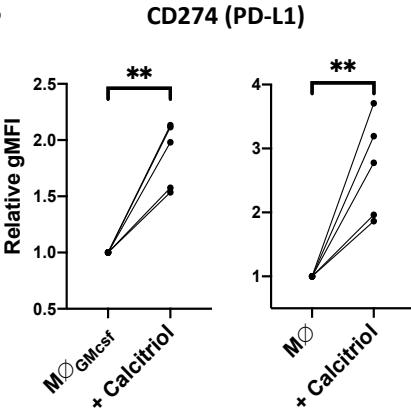
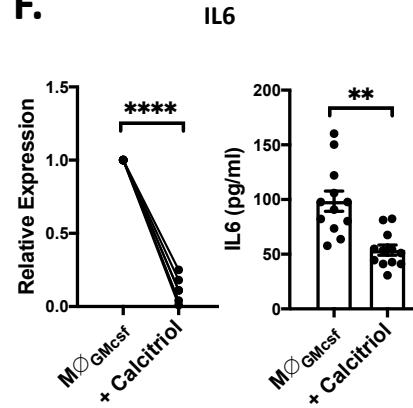
are identified in RNAseq datasets. Direction of regulation is assessed in both  $M\emptyset_0$  and  $M\emptyset_{GMcsf}$  cells with HLA genes significantly downregulated and immune checkpoint molecules upregulated in both cellular phenotypes. (C) Exposure of MDMs to calcitriol (100nM) downregulates protein expression of HLA-ABC and HLA-DR/DP/DQ as measured by flow cytometry (D) Calcitriol treatment downregulates protein expression of costimulatory molecules CD86 and CD40 in both  $M\emptyset_0$  and  $M\emptyset_{GMcsf}$  cells. (E) Both  $M\emptyset_0$  and  $M\emptyset_{GMcsf}$  cells upregulate CD274 (PD-L1) protein expression following treatment with calcitriol (100nM) (F) IL-6 mRNA and protein release (ELISA) are downregulated by calcitriol treatment in  $M\emptyset_{GMcsf}$  cells. All data was analyzed using paired Student's t-test. \*p<0.05, \*\*p<0.01, \*\*\*p<0.001, \*\*\*\*p<0.0001.

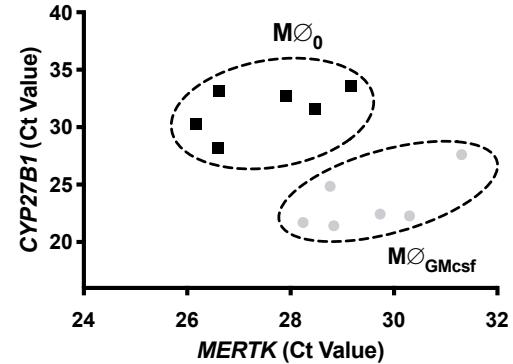
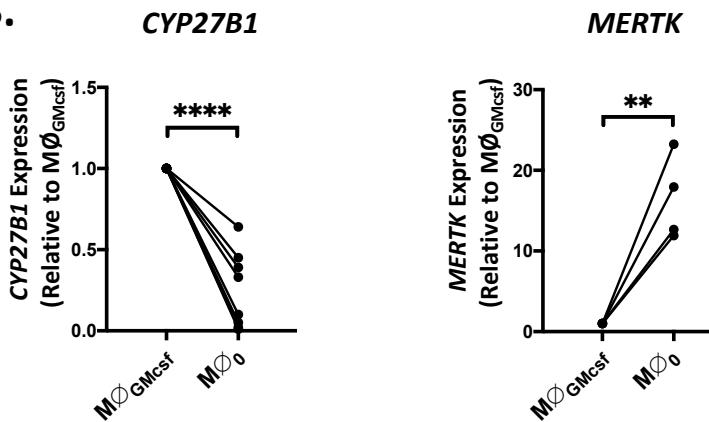
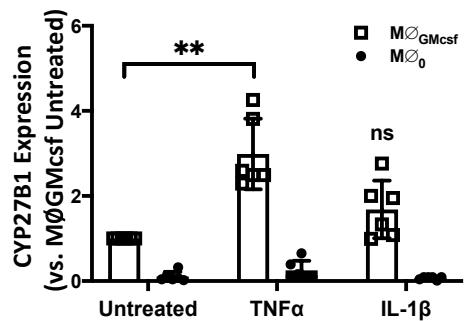
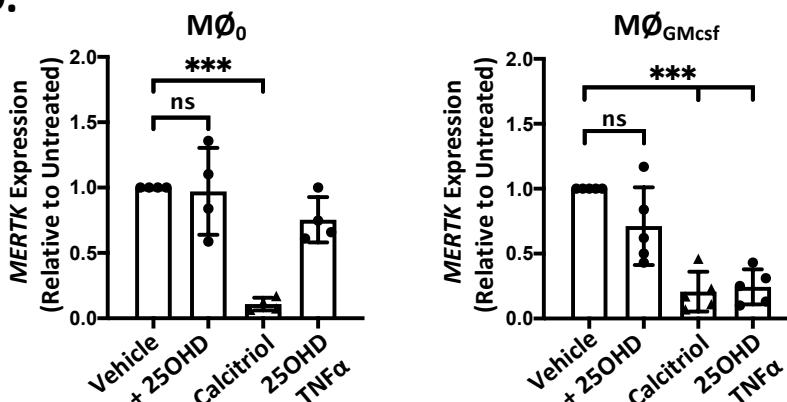
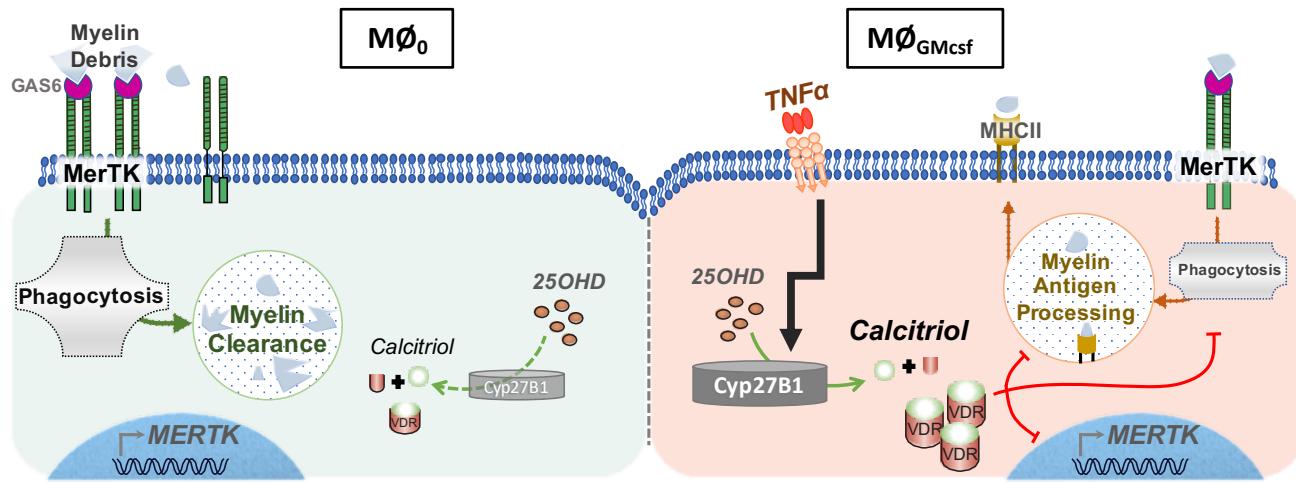
**FIGURE 4.** 25OHD selectively downregulates MerTK in proinflammatory MDMs. (A, B)  $M\emptyset_{GMcsf}$  cells express high levels of *CYP27B1* (i.e. low Ct values by qPCR) and express low levels of *MERTK*. In contrast  $M\emptyset_0$  cells express the highest levels of *MERTK* and low levels of *CYP27B1*. \*\*p<0.01, \*\*\*\*p<0.0001, paired Student's t-test. (C) Exposure of MDMs to TNF- $\alpha$  and IL-1 $\beta$  selectively upregulates *CYP27B1* expression in  $M\emptyset_{GMcsf}$  cells but not in  $M\emptyset_0$  cells. \*\*p<0.01, one-way ANOVA. (D) Combinatorial treatment of TNF- $\alpha$  + 25OHD selectively reduces *MERTK* expression to a similar level as calcitriol in  $M\emptyset_{GMcsf}$  cells only. \*\*\*p<0.001, one-way ANOVA. (E) Schematic representation of data shows high expression of MerTK and myelin phagocytic function in homeostatic,  $M\emptyset_0$  cells. These cells are unable to convert 25OHD to calcitriol due to low expression of *CYP27B1* and therefore maintain MerTK expression and function. However, proinflammatory  $M\emptyset_{GMcsf}$  cells express high levels of *CYP27B1* and are thus able to produce calcitriol from its precursor, downregulate MerTK, molecules associated with antigen presentation, and inhibit phagocytosis.

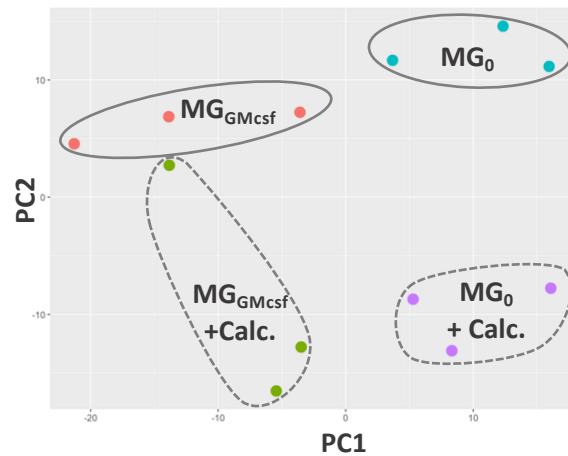
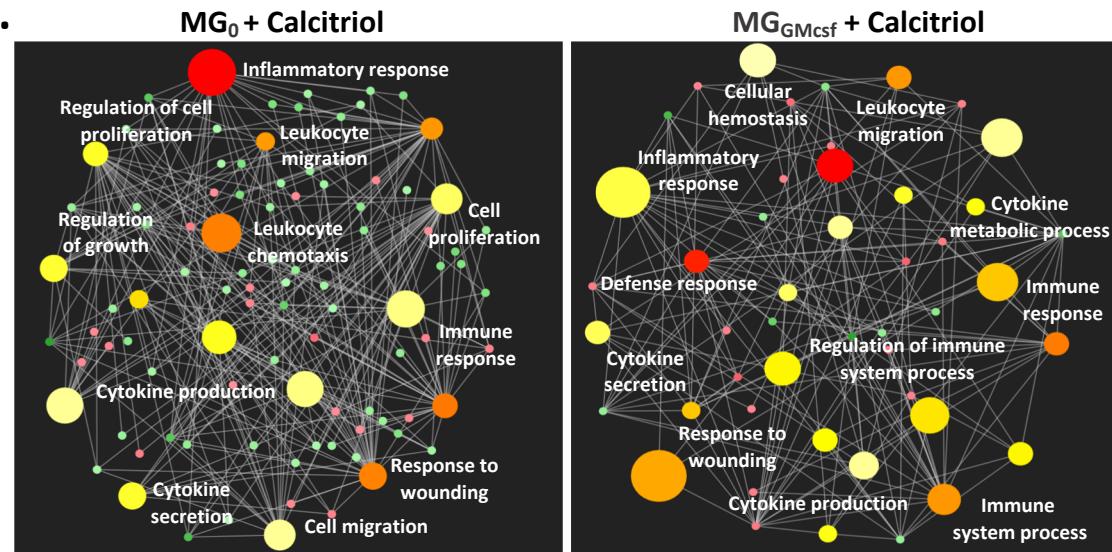
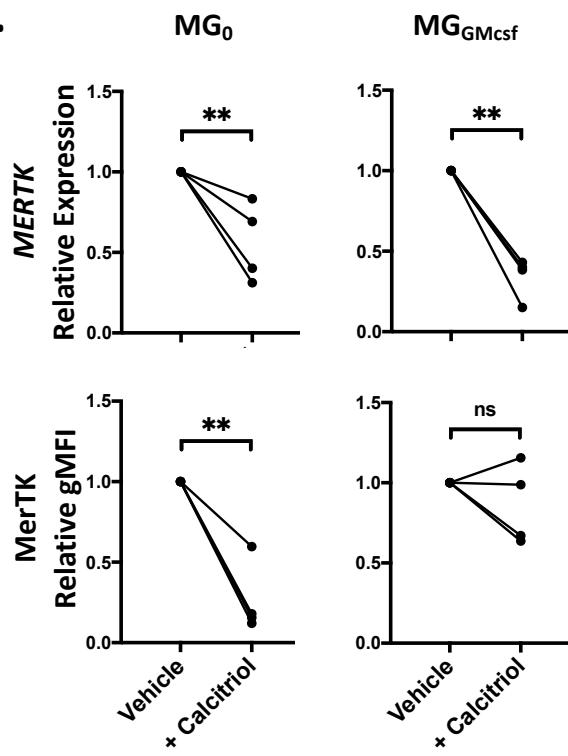
**FIGURE 5.** Calcitriol selectively downregulates MerTK in microglia in the brain. (A) Transcriptomic changes in primary human microglia ( $MG_0$  and  $MG_{GMcsf}$ ) treated with calcitriol are visualized on a PCA plot. Microglia separate along PC1 according to cellular phenotype and along PC2 in response to calcitriol treatment. (B) ORA networks display the most enriched biological processes. Differentially expressed genes (FDR < 0.05; log2Fold change > 1) in response to calcitriol treatment were used to generate networks. Set nodes represent biological processes, which are colored based on their FDR, the most significant appears in red, set nodes with comparably higher p-value are shown in light yellow. Size of the set nodes corresponds to the number of genes associated with that biological process. Smaller nodes represent individual genes, which are colored based on their fold change (upregulation = red; downregulation = green). (C) Exposure of primary human microglia to calcitriol downregulates MerTK mRNA and protein expression. \*\*p<0.01, paired Student's t-test (D) Calcitriol does not modulate MerTK mRNA or protein expression in human fetal astrocytes, representative flow plot of MerTK expression. ns = not significant, paired Student's t-test.

**A.****B.****C.****D.****E.****MØGMcsf + Calcitriol**

**A.****B.****C.****D.****E.****F.****G.**

**A.****B.****C.****D.****E.****F.**

**A.****B.****C.****D.****E.**

**A.****B.****C.****D.**