

1 **TITLE**

2 **Near-atomic structures of the BBSome reveal a novel mechanism for**

3 **transition zone crossing**

4 **RUNNING TITLE**

5 **Mechanism of BBSome-mediated transition zone crossing**

6 **AUTHORS:** Kriti Bahl^{1,†}, Shuang Yang^{2,†}, Hui-Ting Chou^{2,#}, Jonathan Woodsmith³, Ulrich
7 Stelzl³, Thomas Walz^{2,*} and Maxence V. Nachury^{1,*}

8 **AFFILIATIONS:**

9 1- Department of Ophthalmology, University of California San Francisco, CA 94143, USA
10 2- Laboratory of Molecular Electron Microscopy, The Rockefeller University, New York, NY
11 10065, USA

12 3- Department of Pharmaceutical Chemistry, Institute of Pharmaceutical Sciences, University
13 of Graz and BioTechMed-Graz, Graz, Austria.

14 # Current address: Department of Therapeutic Discovery, Amgen Inc., South San Francisco,
15 CA 94080, USA

16

17 * Correspondence : maxence.nachury@ucsf.edu, twalz@rockefeller.edu

18 † These authors contributed equally to this work and are listed alphabetically.

19 **ABSTRACT**

20 The BBSome is a complex of eight Bardet-Biedl Syndrome (BBS) proteins that removes signaling
21 receptors from cilia. The GTPase ARL6/BBS3 recruits the BBSome to the ciliary membrane
22 where the BBSome–ARL6^{GTP} complex ferries G protein-coupled receptors (GPCRs) across the
23 transition zone, a diffusion barrier at the base of cilia. Here, we find that the BBSome undergoes
24 a conformational change upon recruitment to membranes by ARL6^{GTP}. Modeling the binding of
25 the BBSome to membranes and to the GPCR Smoothened (SMO) reveals that the amphipathic
26 helix 8 of SMO must be released from the membrane for SMO to be recognized by the
27 BBSome. Underscoring the functional importance of amphipathic helix extraction in TZ
28 crossing, we find that exchanging the amphipathic helix of ARL6 for one that embeds deeper
29 into the membrane blocks BBSome-mediated exit of GPCRs from cilia. We propose that the
30 rigid curvature and dense lipid packing of the transition zone reject asymmetric insertions in the
31 inner leaflet and that the BBSome licenses transition zone crossing by extracting bulky
32 amphipathic helices from the inner leaflet.

33

34 INTRODUCTION

35 Cilia dynamically concentrate signaling receptors to sense and transduce signals as varied as
36 light, odorant molecules, Hedgehog morphogens and ligands of G protein-coupled receptors
37 (GPCRs) (Anvarian et al., 2019; Bangs and Anderson, 2017; Nachury and Mick, 2019).
38 Highlighting the functional importance of dynamic ciliary trafficking, the appropriate
39 transduction of Hedgehog signal relies on the disappearance of the GPCR GPR161 and the
40 Hedgehog receptor Patched 1 from cilia and the accumulation of the GPCR Smoothened (SMO)
41 within cilia (Bangs and Anderson, 2017). Regulated exit from cilia represents a general
42 mechanism to redistribute signaling molecules on demand (Nachury and Mick, 2019). Patched 1,
43 GPR161, SMO and other ciliary membrane proteins are all ferried out of cilia in a regulated
44 manner by an evolutionarily conserved complex of eight Bardet-Biedl Syndrome (BBS) proteins,
45 the BBSome (Nachury, 2018; Wingfield et al., 2018). While GPR161 and other ciliary GPCRs
46 such as the Somatostatin receptor 3 (SSTR3) are removed from cilia by the BBSome only when
47 they become activated, SMO undergoes constitutive BBSome-dependent exit from cilia in
48 unstimulated cells to keep its ciliary levels low. Accumulation of SMO in cilia is then, at least in
49 part, achieved by suppression of its exit (Milenkovic et al., 2015; Nachury and Mick, 2019; Ye et
50 al., 2018).

51 Membrane proteins travel into, out of, and within cilia without utilizing vesicular intermediates
52 and remain within the plane of the ciliary membrane (Breslow et al., 2013; Chadha et al., 2019;
53 Milenkovic et al., 2009; Ye et al., 2018). Thus, membrane proteins that enter and exit cilia must
54 cross the transition zone (TZ), a diffusion barrier at the base of cilia, by lateral transport (Garcia-

55 Gonzalo and Reiter, 2017). How the TZ lets privileged membrane proteins across while blocking
56 the diffusion of most membrane proteins remains an open question. Recently, we found that
57 regulated TZ crossing of GPR161 is enabled by the BBSome in concert with the ARF-like
58 GTPase ARL6/BBS3 (Ye et al., 2018), and two models have been proposed for BBSome/ARL6-
59 mediated passage through the TZ (Nachury and Mick, 2019). The first model takes into account
60 the molecular motors that move intraflagellar transport (IFT) trains up (anterograde movement)
61 and down (retrograde movement) the ciliary shaft and the association of the BBSome with IFT
62 trains to propose that the retrograde motor dynein 2 physically drags the BBSome-ARL6^{GTP}-
63 IFT-B complex with its associated GPCRs across the TZ (Nachury, 2018; Wingfield et al., 2018).
64 Alternatively, the membrane-bound BBSome may grant its attached cargoes a license to cross the
65 TZ, in analogy to how karyopherins have been proposed to allow cargoes to permeate the
66 nuclear pore complex interior (Schmidt and Görlich, 2016). In the absence of a direct test for
67 these hypotheses and considering that other models may exist, the mechanism of facilitated TZ
68 crossing by the BBSome remains a fundamental unanswered question.

69 Our recent cryo-electron microscopy (cryo-EM) structure of the BBSome revealed that the
70 BBSome exists mostly in an auto-inhibited, closed conformation in solution and undergoes a
71 conformational change as it is recruited to membranes by ARL6^{GTP} (Chou et al., 2019). Given
72 that ARL6^{GTP} triggers polymerization of a membrane-apposed BBSome/ARL6 coat (Jin et al.,
73 2010) and enables BBSome-mediated TZ crossing (Ye et al., 2018), the ARL6^{GTP}-bound
74 BBSome conformation represents the active form of the complex. Here we determine high-
75 resolution structures of the BBSome alone and bound to ARL6^{GTP}, and we map the BBSome-

76 SMO interaction to model how the membrane-associated BBSome–ARL6^{GTP} complex
77 recognizes its cargoes. Surprisingly, our studies reveal that SMO must eject its amphipathic helix
78 8 (SMO^{H8}) from the inner leaflet of the membrane in order to be recognized by the BBSome.
79 Based on the known curvature and lipid composition of the TZ, we propose that extraction of
80 SMO^{H8} through its interaction with the BBSome licenses SMO for TZ crossing and we present
81 functional studies in support of this model.

82 **RESULTS**

83 **High-resolution structure and model of the BBSome**

84 Following on our previous strategy (Chou et al., 2019), we purified the BBSome to near-
85 homogeneity from retinal extract and analyzed its structure by single particle cryo-electron
86 microscopy. The advent of higher throughput direct detector cameras and faster automated
87 data-collection procedures combined with improvements in data processing with new tools
88 implemented in RELION-3 (Zivanov et al., 2018) led to a BBSome map at an overall resolution
89 of 3.4 Å from an initial dataset of 770,345 particles (**Fig. S1, S3A**).

90 The BBSome is composed of 29 distinct domains characteristic of sorting complexes (**Fig. 1A**). α-
91 solenoids, β-propellers, pleckstrin homology (PH) and appendage domains are all present in
92 multiple copies and our previous map made it possible to build a Cα backbone model that
93 encompassed 25 out of 29 domains (PDB-Dev accession PDBDEV_00000018; Chou et al.,
94 2019). For building the current model, the previous Cα model was docked into the map, and the
95 higher-resolution map enabled us to confidently assign side chains for most regions (**Fig. 1B**).

96 The new map allowed us to build the coiled-coil domains of BBS1 and BBS9, for which densities
97 were not well-defined in the previous map. Altogether, 27 out of 29 domains distributed across
98 the 8 BBSome subunits could be modeled. Despite the increased resolution of the current density
99 map, however, the gamma-adaptin ear (GAE) domains of BBS2 and BBS7 could not be
100 modeled, and side chains could not be assigned for BBS2^{βprop}, BBS2^{cc}, BBS7^{βprop} and BBS7^{cc}.

101 **High-resolution structure of the BBSome bound to ARL6^{GTP}**

102 Consistent with our previous observations based on a 4.9-Å resolution map of the BBSome
103 (Chou et al., 2019), the new BBSome structure cannot accommodate binding to ARL6^{GTP}.
104 Fitting a homology model of the bovine BBS1^{βprop}–ARL6^{GTP} complex (based on the X-ray
105 structure of the *Chlamydomonas* complex; Mourão et al., 2014) in either BBSome structure caused
106 a steric clash between ARL6^{GTP} and a region encompassing BBS2^{βprop} and BBS7^{cc}. These data
107 support a model in which the BBSome exists in an autoinhibited form in solution and undergoes
108 a conformational opening upon recruitment to membranes by ARL6^{GTP}, similar to other sorting
109 complexes such as COPI, AP-1 and AP-2 (Cherfils, 2014; Faini et al., 2013).

110 The membrane-associated form of the ARL6^{GTP}-bound BBSome represents its active
111 conformation, because ARL6^{GTP} enables TZ crossing (Ye et al., 2018). To determine the nature
112 and consequence of the conformational change in the BBSome that takes place upon ARL6^{GTP}
113 binding, we set out to determine the structure of the BBSome–ARL6^{GTP} complex.

114 Mixing recombinant ARL6^{GTP} together with the purified BBSome allowed for complex
115 formation in solution. The BBSome–ARL6^{GTP} complex was analyzed by cryo-EM (**Fig. S2A**,

116 **B**), yielding a density map at an overall resolution of 4.0 Å (**Fig. S3A**). Focused refinement of the
117 top and lower lobes of the complex resulted in improved maps of 3.8 Å and 4.2 Å resolution,
118 which facilitated model building (**Fig. 2A and S2C**). Even though the apparent overall
119 resolution was nominally not as good as that of the BBSome alone, several domains were better
120 resolved in the density map of the BBSome–ARL6^{GTP} complex (**Fig. S3C**). In particular, the
121 quality of the map was significantly increased for the top β-propeller (**Fig. S3B**). The improved
122 map quality allowed us to correctly place the β-propellers (βprop) of BBS2 and BBS7, which
123 were swapped in our previous structural description (Chou et al., 2019) due to their extreme
124 similarity and the limited resolution of the previous map. This new assignment is further
125 supported by a recently published structure of the BBSome (Singh et al., 2020).

126 In the BBSome–ARL6 structure, ARL6^{GTP} is nestled in a wedge opening between BBS1^{βprop} and
127 BBS7^{βprop}. A ~20° rotation of BBS1^{βprop} from the BBSome alone conformation allows ARL6^{GTP}
128 to move away from the steric clash with BBS2^{βprop}. This movement of BBS1^{βprop} is accompanied
129 by a twisting of the first two TPR repeats from the BBS4 α-solenoid (**Video 1**), in line with the
130 close association between the N terminus of BBS4 and BBS1^{βprop} seen in the BBSome alone
131 structure and confirmed by cross-link mass spectrometry (Chou et al., 2019). Besides the
132 movements of BBS1^{βprop} and BBS4^{TPR1-2}, ARL6^{GTP} binding caused only subtle changes in the
133 structure of the BBSome. The movements of BBS4 and BBS1 are in agreement with two recently
134 published structures of the ARL6^{GTP}-bound BBSome (Klink et al., 2020; Singh et al., 2020).

135 We note that the conformational opening of the BBSome is likely spontaneous as a minor 3D
136 class corresponding to the open form could be detected in our previous data set of the BBSome

137 alone. As the 3D class of the open conformation contained only a small percentage of the
138 particles in the data set, the equilibrium between closed and open form in solution is strongly
139 shifted towards the closed form. Binding to ARL6^{GTP} would thus act as a thermodynamic sink
140 that locks the BBSome into the open conformation.

141 Small GTPases of the ARF/ARL family undergo conformational changes in 3 regions upon
142 nucleotide exchange from GDP to GTP: the Switch 1 and 2 regions and the Interswitch toggle
143 (Sztul et al., 2019). As previously found in the crystal structure of the BBS1^{βprop}–ARL6^{GTP}
144 complex (Mourão et al., 2014), the BBS1^{βprop} makes contacts with the Switch 2 region and with
145 helix α3 of ARL6^{GTP} while the Switch 1 region of ARL6 is readily available for interacting with
146 other, yet unidentified, complexes (**Fig. 2B**). Interestingly, the ‘backside’ of ARL6^{GTP} (i.e., the
147 surface on the opposite side of the Switch regions) interacts with a loop that connects BBS7^{βprop}
148 and BBS7^{cc}. Given the absence of conformational changes in the backside of ARL6 upon
149 nucleotide exchange, ARL6 binding to the BBS7^{βprop}–BBS7^{cc} loop will not be gated by the
150 nucleotide state, similar to the proposed binding of ARF1 to the γ subunit of the clathrin adaptor
151 AP-1 (Ren et al., 2013). The homozygous mutation of the Gly329 residue to Val in a BBS patient
152 (Chou et al., 2019) is predicted to interfere with the binding of ARL6 backside to BBS7 (**Fig.**
153 **2B**), suggesting functional importance for this interaction.

154 In addition, the physical interaction between ARL6^{GTP} and the upper lobe removes the upper
155 lobe flexibility previously observed in the BBSome alone preparation, resulting in a more stable
156 BBSome conformation (**Fig. 3B**).

157 **A conceptual model for BBSome binding to cargoes and membranes based on**
158 **mapping of the SMO–BBSome interaction and the cryo-EM structure**

159 To gain insights into how the BBSome enables TZ crossing of its attached cargoes, we sought to
160 model the binding of the BBSome to membranes and cargoes. We started by mapping the
161 interaction of the BBSome with its well-characterized cargo SMO. The BBSome directly
162 recognizes the cytoplasmic tail of SMO that emerges after the seven-transmembrane helix
163 bundle (SMO^{Ctail}, aa 543-793; Klink et al., 2017; Seo et al., 2011) and is required for the
164 constitutive removal of SMO from cilia (Eguether et al., 2014; Goetz et al., 2017; Zhang et al.,
165 2011, p. 3). Using *in vitro*-translated (IVT) BBSome subunits, we found that BBS7 was the only
166 subunit detectably captured by SMO^{Ctail} (**Fig. 3A**). BBS7 was also the sole subunit to recognize
167 SSTR3ⁱ³ (**Fig. S4A**). Truncations of SMO^{Ctail} revealed that the first 19 amino acids of SMO^{Ctail}
168 are necessary and sufficient for binding to BBS7 (**Fig. 3B**). The specificity of BBS7 binding to
169 SMO was retained when BBSome subunits were assayed against the first 19 amino acids of
170 SMO^{Ctail} (**Fig. S4B**). Systematic yeast two-hybrid (YTH) testing using a collection of well-
171 validated constructs (Woodsmith et al., 2017) identified a direct interaction between SMO^{Ctail}
172 and a BBS7 fragment C-terminal to the β -propeller (BBS7[326-672]; BBS7^C) (**Fig. 3C**). Again,
173 deletion of the first 10 amino acids from SMO^{Ctail} abolished the YTH interaction with BBS7^C
174 (**Fig. 3D**). In close agreement with our findings, BBS7 is one of only two BBSome subunits
175 associating with SMO^{Ctail} in co-IP studies and deletion of the first 10 amino acids of SMO^{Ctail}
176 abolishes the interaction with BBS7 (Seo et al., 2011). The congruence of co-IP, YTH and

177 GST/IVT-capture assays strongly supports the conclusion that the first 10 amino acids from
178 SMO^{Ctail} and BBS7 are the major determinants of the SMO–BBSome interaction.

179 The location of the BBSome-binding determinant on SMO is surprising because the crystal
180 structures of SMO have revealed that the first 10 amino acids of SMO^{Ctail} form a membrane-
181 parallel amphipathic helix termed helix 8 (H8) (Byrne et al., 2016; Deshpande et al., 2019;
182 Huang et al., 2018; Qi et al., 2019; Wang et al., 2014, 2013; Weierstall et al., 2014; Zhang et al.,
183 2017). We thought to determine how the BBSome recognizes SMO^{H8} by mapping the residues of
184 SMO^{H8} required for association with BBS7. A prior study found that the BBSome recognizes
185 motifs consisting of an arginine preceded by an aromatic residue (Klink et al., 2017). One motif
186 in SMO^{H8} is a perfect match (549WR550) and another is a looser candidate (553WCR555).
187 Mutation of both Trp549 and Trp553 from SMO^{H8} completely abolished binding to BBS7, with
188 Trp549 being the major determinant (**Fig. 3E**). Similarly, mutation of Arg550 greatly
189 diminished binding to BBS7. We conclude that each residue within the 549WR550 motif
190 contributes to BBSome binding. The direct binding of BBS7 to Trp549 of SMO was unexpected,
191 because all crystal structures of SMO point to these residues being embedded within the
192 hydrophobic core of the lipid bilayer (**Fig. 3F, S4D**). It follows that SMO^{H8} must be extracted
193 from the membrane for the BBSome to recognize SMO.

194 Amphipathic helices generally fold upon insertion into the membrane and remain as random coil
195 in solution (Drin and Antonny, 2010; Seelig, 2004). Helix 8 is a near-universal feature of GPCRs
196 (Piscitelli et al., 2015) and a peptide corresponding to helix 8 of rhodopsin adopts a helical
197 conformation when bound to membranes but is a random coil in solution (Krishna et al., 2002).

198 Such membrane requirements for folding of helix 8 are likely generalizable to other GPCRs
199 (Sato et al., 2016). We therefore propose that SMO^{H8} exists in an equilibrium between a folded
200 membrane-embedded and an unfolded state, and that it is the out-of-the-membrane, unfolded
201 state that binds to the BBSome.

202 Further mapping of the SMO^{H8}–BBS7 interaction by GST/IVT-capture assays indicated that
203 BBS7^{βprop} was necessary and sufficient for the interaction with SMO^{H8} (**Fig. 4A**). In YTH,
204 deletion of BBS7^{cc} specifically abolished the SMO^{Ctail}–BBS7^C interaction (**Fig. 4B**). Thus, while
205 YTH and GST/IVT-capture assays identified different regions of BBS7 recognizing SMO^{Ctail},
206 the regions identified by YTH (BBS7^{cc}) and GST/IVT capture (BBS7^{βprop}) are adjacent to one
207 another in the BBSome structure. To unify these findings, we propose that an extended SMO^{H8}
208 is recognized by a surface encompassing BBS7^{cc} and BBS7^{βprop}.

209 We conceptualized BBSome binding to membrane and SMO based on our binding studies.
210 Taking into account that Trp549 of SMO is contacted by BBS7^{βprop} and that the first amino acid
211 of SMO after the 7th transmembrane helix is Lys543, BBS7^{βprop} must be within 6 amino acids or
212 ~21 Å of the membrane. Similarly, BBS7^{cc} must be present within 10 amino acids of the
213 membrane. We note that if SMO^{H8} were to remain helical once extracted from the membrane,
214 BBS7^{βprop} would need to be within 9 Å of the membrane. Because no BBSome–ARL6
215 orientation can be achieved that brings BBS7^{βprop} within less than 15 Å of the membrane, we
216 conclude that SMO^{H8} must be unfolded to be recognized by the BBSome. Secondly, ARL6^{GTP}
217 anchors the BBSome to the membrane. Because ARF family GTPases bind lipid bilayers
218 through their amphipathic N-terminal helix inserted in a membrane-parallel orientation within

219 the lipid-headgroup layer, the starting point of the core GTPase domain of ARL6 at Ser15
220 informs the anchoring of the BBSome–ARL6^{GTP} complex on membranes. In the resulting
221 conceptual model of the membrane-associated BBSome–ARL6^{GTP} complex bound to SMO
222 (**Fig. 4C**), the orientation with respect to the membrane of ARL6^{GTP} in complex with the
223 BBSome is similar to that of other Arf-like GTPases in complex with coat adaptor complexes
224 (**Fig. S5B**) (Cherfils, 2014). The BBSome–ARL6^{GTP} complex displays a convex membrane-
225 facing surface, defined by the N terminus of ARL6^{GTP} and parts of BBS2^{pf}, BBS7^{βprop} and
226 BBS9^{βprop}, that espouses the contour of the ciliary membrane modeled as a 250-nm cylinder
227 (**Fig. 4C**). A convex membrane-binding surface in the Golgin^{GRIP}–ARL1^{GTP} or MKLP1–
228 ARF6^{GTP} complexes similarly allows these complexes to associate with concave surfaces (Makyio
229 et al., 2012; Panic et al., 2003). Importantly, a hydrophobic cluster can be traced through the
230 surfaces of BBS7^{cc} and BBS7^{βprop} to make a strong candidate for the critical Trp residues in
231 SMO^{H8} (**Fig. 4D**).

232 **Molecular interactions of the BBSome with membranes and the IFT-B complex**

233 Liposome-recruitment assays with pure BBSome and ARL6^{GTP} have shown that the BBSome
234 recognizes lipid headgroups, in particular the phosphoinositide PI(3,4)P₂ (Jin et al., 2010).
235 Pleckstrin Homology (PH) domains are prototypical PIP-recognition modules and PIP-overlay
236 assays suggested that BBS5^{PH1} might directly recognize PIPs (Nachury et al., 2007), although it
237 has been noted that PIP-overlay assays can report spurious interactions (Yu et al., 2004). We
238 sought to determine whether the PH domains of BBS5 can bind to lipid headgroups in our

239 model of the membrane- and cargo-bound BBSome. The canonical PIP-binding motif
240 $Kx_n[K/R]xR$ is present in the $\beta 1-\beta 2$ loop of nearly all PH domains that bind PIPs (Isakoff et al.,
241 1998; Vonkova et al., 2015). BBS5^{PH1} contains a perfect match to the PIP-binding motif
242 ($K41xxxxxR47xR49$) but no such motif is found in BBS5^{PH2} (**Fig. 5A**). Consistent with the
243 absence of a PIP-binding motif in BBS5^{PH2}, lipid binding is blocked by the edge of a blade from
244 BBS9 ^{β prop} (**Fig. 5B**). When the canonical PIP-binding site was mapped to the structure of
245 BBS5^{PH1}, the lipid-binding site was occluded by a loop connecting BBS7 ^{β prop} to BBS9^{cc} (**Fig. 5B**).
246 Modeling 9 distinct PH domains co-crystallized with PIP headgroups onto BBS5^{PH1} showed
247 limited variance in the lipid orientation (**Fig. 5C**). In summary, the PH domains of BBS5 are
248 unable to recognize PIP through their canonical sites.
249 More recently, the crystal structure of the PH domain of ASAP1 has provided singular evidence
250 for an atypical PIP-binding (A) site (Jian et al., 2015). In BBS5^{PH1}, lipid binding to the predicted
251 A site extensively clashes with BBS8^{TPR8-9} (**Fig. 5B**). In BBS5^{PH2}, lipid binding to the putative A
252 site would cause no steric clash (**Fig. 5B**). However, considering that the distance between the
253 membrane and the A site of BBS5^{PH2} exceeds 1 nm and considering the limited evidence for the
254 existence of A sites in PH domains, it is very unlikely that the A site of BBS5^{PH2} participates in
255 lipid binding of the BBSome.
256 Besides the PH domains of BBS5, we inspected the membrane-facing surface of the BBSome for
257 positively charged surfaces (**Fig. S6A**). Interestingly, the surface of the ARL6^{GTP}-bound BBSome
258 exhibited considerably fewer negative charges facing the membrane than the surface of BBSome
259 alone (compare **Fig. S6A** and **S6B**). While some negatively charged surfaces facing the

260 membrane remained, the surfaces closest to the membrane are generally positively charged in the
261 BBSome–ARL6^{GTP} complex structure.

262 We next considered binding of the BBSome to IFT. IFT38/CLUAP1 is the only IFT-B subunit
263 to consistently interact with the BBSome in systematic affinity purification studies (Boldt et al.,
264 2016) and a recent study found that the C terminus of IFT38 interacts with the BBSome in visual
265 immunoprecipitation (VIP) assays (Nozaki et al., 2019). Using GST-capture assays with pure
266 BBSome, we confirmed that IFT38 directly interacts with the BBSome and that the C-terminal
267 domain of IFT38 is necessary and sufficient for this interaction (**Fig. S6C and D**). The C-
268 terminal tail of IFT38 (aa 329-413) is predicted to be unstructured and is remarkably acidic in
269 that 30 of its 85 amino acids are either Glu or Asp, giving it a theoretical pI of 4.03. As VIP
270 assays identified BBS9 as the major binding subunit of IFT38^C, with contributions from BBS2
271 and BBS1, we reasoned that a BBS9 domain in close proximity to BBS2 and BBS1 should be
272 responsible for IFT38^C binding. The C terminus of BBS9 (GAE, pf, hp, CtH) sits atop BBS1^{GAE}
273 and connects to BBS2^{hp} and an extended positive patch is found in BBS9^{GAE} (**Fig. 5E**). This
274 positive patch is therefore a strong candidate for the IFT38^C interaction and its orientation away
275 from the membrane makes it well-positioned to interact with IFT trains associated with the
276 axoneme.

277 **A hypothesis for BBSome-mediated passage of GPCRs across the transition zone**

278 Our combination of binding data and structural studies leads to the conclusion that SMO^{H8} must
279 be extracted from its location in the plane of the inner leaflet and unfolded in order for SMO to

280 be recognized by the BBSome (**Fig. 4C**). We considered how switching this region of SMO from
281 membrane-embedded amphipathic helix to random coil may underlie selective crossing of the
282 TZ. It is now established that amphipathic helices require headgroup packing defects to insert
283 themselves into the cytoplasmic leaflet of cellular membranes (Bhatia et al., 2010; Drin and
284 Antonny, 2010; Hatzakis et al., 2009). Lipid composition and membrane curvature are the two
285 factors that influence the density of headgroup-packing defects. As membranes curve toward the
286 cytoplasm (positive curvature), the distance between neighboring headgroups in the cytoplasmic
287 leaflet increases and interfacial membrane voids begin to appear. Amphipathic helices therefore
288 preferentially insert into positively curved membranes and this forms the basis for the recruitment
289 of many proteins to nascent endocytic buds (Larsen et al., 2015; Miller et al., 2015). Meanwhile,
290 ultrastructural views of the TZ from organisms as diverse as *Paramecium*, *Chlamydomonas*,
291 *Trypanosome*, *Drosophila* and mammals show that the membrane of the TZ holds a rigidly
292 maintained negative curvature (**Fig. 6A**) (Fisch and Dupuis Williams, 2011). The numerous
293 contacts between TZ proteins and TZ membrane are likely to brace the TZ membrane and force
294 a rigid negative curvature (Garcia-Gonzalo and Reiter, 2017). In contrast, the membrane of the
295 ciliary shaft appears considerably more tolerant to local deformations (**Fig. 6A**).
296 Secondly, headgroup packing defects are favored by some lipid compositions – e.g., lipids with
297 small headgroups – but are largely depleted in liquid-ordered phases (Drin and Antonny, 2010;
298 Larsen et al., 2015). Congruently, ARF1 and its N-terminal amphipathic helix are excluded from
299 liquid-ordered domains in artificial membranes (Manneville et al., 2008). The findings of a
300 condensed lipid phase at the base of the cilium (Schou et al., 2017; Vieira et al., 2006) and the

301 observation that the TZ membrane is the most resistant membrane to detergent extraction in
302 *Chlamydomonas* (Kamiya and Witman, 1984) indicate that the TZ membrane has liquid-ordered
303 properties and will thus exclude amphipathic helices. Together, compositional and ultrastructural
304 features of the TZ suggest that a negatively curved and tightly packed membrane at the TZ acts
305 as a filter against amphipathic helices inserted into the cytoplasmic leaflet. By increasing the
306 energetic cost of inserting amphipathic helices into the inner leaflet, the geometry and
307 composition of the TZ membrane will impede the diffusion of GPCRs containing a membrane-
308 embedded helix 8 through the TZ (**Fig. 6B**). As the membrane of the ciliary shaft appears
309 considerably more tolerant to local deformations (**Fig. 6A**), it will tolerate insertion of SMO^{H8} in
310 the inner leaflet. In this context, SMO^{H8} can be viewed as a toggle switching between a
311 membrane-embedded orientation that is rejected from diffusing into the TZ and an extracted,
312 BBSome-associated conformation competent to cross the TZ (**Fig. 6B**).

313 **Increasing the depth of insertion of the ARL6 amphipathic helix blocks BBSome-
314 mediated exit**

315 In contrast to SMO^{H8}, the amphipathic helix at the N terminus of ARL6 contains no bulky
316 hydrophobic groups (**Fig. 7A**). It is thus conceivable that the energetic cost of inserting the
317 amphipathic helix of ARL6 into the membrane of the TZ is tolerated but that inserting SMO^{H8}
318 in the TZ membrane is prohibitive. To test the hypothesis that amphipathic helices deeply
319 inserted into the inner leaflet see the TZ as a roadblock, we swapped the N-terminal 13 amino
320 acids of ARL6 for the N-terminal 15 amino acids of ARF1 (**Fig. 7B**). While the amphipathic

321 helix of ARL6 contains no aromatic residues, the amphipathic helix of ARF1 contains three
322 phenylalanine residues (**Fig. 7A**). Molecular dynamics simulations have shown that the
323 amphipathic helix of ARF1 reaches halfway into the inner leaflet while milder amphipathic
324 helices surf on the surface of the membrane (Li, 2018).

325 Stable clonal cell lines expressing ARL6 or the ARF1-ARL6 chimera were generated in murine
326 IMCD3 kidney cells in which *Arl6* had been deleted. Care was exercised to limit expression levels
327 by leveraging single-site genomic integration and a weak promoter, resulting in levels of
328 reintroduced ARL6 proteins that were within 3-fold of endogenous ARL6 levels in wild-type
329 IMCD3 cells (**Fig. 7C**). To determine the functionality of ARF1-ARL6, we assessed its ciliary
330 localization and found that it localized to cilia to the same extent as the reintroduced ARL6 (**Fig.**
331 **7D and E**).

332 Next, we assayed the constitutive removal of SMO from cilia by the BBSome-ARL6^{GTP}
333 complex. Immunostaining for endogenous SMO confirmed that SMO accumulates in cilia of
334 unstimulated *Arl6*^{-/-} cells and that reintroduced ARL6 brings down the ciliary SMO levels below
335 the detection limit of immunostaining (**Fig. 7F and G**). In contrast, ARF1-ARL6 failed to rescue
336 the ciliary removal of SMO in unstimulated cells as SMO accumulated in cilia to the same
337 extend in ARF1-ARL6 cells as in *Arl6*^{-/-} cells (**Fig. 7F and G**). Meanwhile, SMO accumulated in
338 cilia in the presence of SMO agonist to the same extent in all cell lines tested (**Fig. S7C and D**).
339 We conclude that ARF1-ARL6 is unable to support BBSome-dependent removal of SMO from
340 cilia, despite the ability of ARF1-ARL6 to localize to cilia.

341 We next investigated whether the amphipathic helix exclusion model may be generalizable to
342 other GPCRs besides SMO. Searching for the BBSome-binding motif [W/F/Y][K/R] (Klink et
343 al., 2017) within H8 of the 26 known ciliary GPCRs revealed that 23 of them contained a
344 BBSome-binding motif in their helix 8 (**Fig. 8A**). Considering that aromatic residues will point
345 towards the core of the membrane in these H8, the broad distribution of BBSome-binding motifs
346 suggests that the BBSome may bind to extracted H8 in nearly all ciliary GPCRs. As signal-
347 dependent exit of GPCRs has been observed in nearly every GPCR tested (Nachury, 2018), it is
348 tempting to generalize the model of H8 extraction as a licensing mechanism for TZ crossing. We
349 zeroed in on the somatostatin receptor 3 (SSTR3), given its well-characterized, BBSome-
350 dependent exit from cilia (Green et al., 2015; Ye et al., 2018). SSTR3 was introduced into the
351 IMCD3 cell lines together with the ARL6 proteins and its exit was monitored thanks to a
352 fluorescent protein (mNeonGreen) fused to its intracellular C-terminal tail. As in the case of
353 SMO, SSTR3 exit failed in *Arl6*^{-/-} and ARF1-ARL6 cells but was rescued to normal kinetics in
354 ARL6 cells (**Fig. 8B**). We conclude that the very shallow insertion of the ARL6 amphipathic
355 helix into the inner leaflet is required for ARL6 to support BBSome-dependent exit from cilia.
356 Together, these results support the model that extraction of GPCR H8 from the inner leaflet is a
357 required step in BBSome-mediated exit from cilia.

358
359

360 **DISCUSSION**

361 **Biochemical properties of the open conformation**

362 The specific interaction that is gated by the activating conformational change remains unknown.

363 Mapping of characterized interactions on the BBSome surface suggests that the known BBSome

364 interactors will bind equally well to the open and closed forms.

365 First, IFT38 interacts with the BBSome in systematic immuno-precipitation/mass spectrometry

366 studies, in VIP assays, and in GST capture of pure BBSome. The candidate interacting region is

367 diametrically opposite from the ARL6-binding region and does not undergo any measurable

368 change upon conformational opening.

369 Second, BBS7^{βprop} and BBS7^{cc} appear equally accessible in the closed and open conformation

370 (**Fig. 1A, 2A and Video 1**), suggesting that the conformational change is unlikely to directly

371 increase the affinity of BBSome for its cargo SMO. This would contrast with findings of

372 increased affinity of COPI, AP1 and AP2 for their cargoes upon conformational changes induced

373 by membrane recruitment (Dodonova et al., 2017; Jackson et al., 2010; Ren et al., 2013).

374 We conclude that the biochemical interaction that is modulated by ARL6^{GTP} binding is likely

375 distinct from cargo or IFT binding. More sensitive biochemical assays or the discovery of novel

376 interactions may be necessary to decipher the interactions that are modulated by conformational

377 opening of the BBSome.

378 Surprisingly, deletion of the BBSome-binding domain from IFT38 in cells did not grossly alter

379 BBSome distribution in cilia or affect the ability of the BBSome to constitutively remove SMO

380 from cilia, but it did interfere with GPR161 exit (Nozaki et al., 2019). These results suggest that
381 an IFT38 subcomplex distinct from the holo-IFT-B complex may assist the BBSome with specific
382 duties. It is thus conceivable that the interaction of the BBSome with IFT-B is gated by
383 ARL6^{GTP}, in line with an increase in retrograde train size that depends on ARL6.

384 **Generalization of the amphipathic helix exclusion model**

385 Besides their depth of insertion into the membrane, the amphipathic helices of SMO and ARL6
386 differ in their acylation. While ARL6 is not N-myristoylated (Gillingham and Munro, 2007;
387 Wiens et al., 2010), SMO^{H8} is predicted to be capped by a palmitoylated cysteine (Cys554),
388 similar to helix 8 in class A GPCRs, which are nearly always palmitoylated near their C termini
389 (Piscitelli et al., 2015). More generally, a striking feature common to nearly all BBSome cargoes is
390 the presence of palmitoyl and/or myristoyl anchors (Liu and Lechtreck, 2018). Importantly,
391 headgroup packing defects are also required to accommodate the insertion of lipid anchors
392 attached to a polypeptide chain (Bhatia et al., 2010; Hatzakis et al., 2009; Larsen et al., 2015).
393 The proposed paucity of headgroup packing defects in the cytoplasmic leaflet of the TZ
394 membrane would thus hinder the passage of proteins with attached lipid anchors through the
395 TZ.

396 The BBSome must shelter a considerable hydrophobic surface when it extracts SMO^{H8} out of
397 the membrane: first, the two tryptophan residues in SMO^{H8} that reside in the hydrophobic core
398 of the lipid bilayer directly bind the BBSome (**Fig. 6** and Klink et al., 2017); second, the
399 palmitoylated Cys554 will find itself outside of the hydrophobic core of the membrane when

400 SMO^{H8} is bound to the BBSome. A cavity that shelters large hydrophobic residues and lipid
401 anchors to hold helix 8 away from the membrane and enable TZ crossing may exist in the
402 BBSome.

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727 The authors declare no competing interests.

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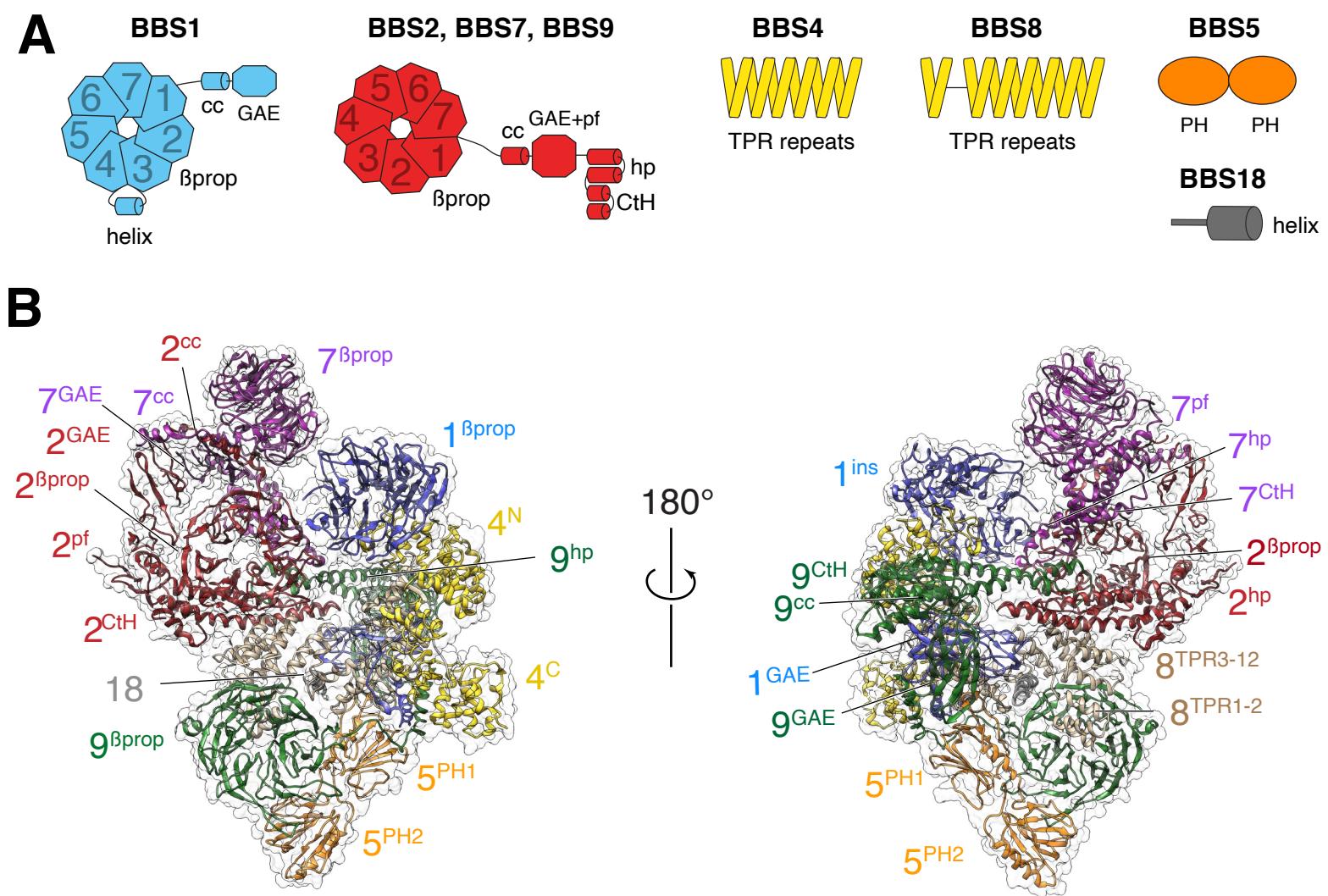
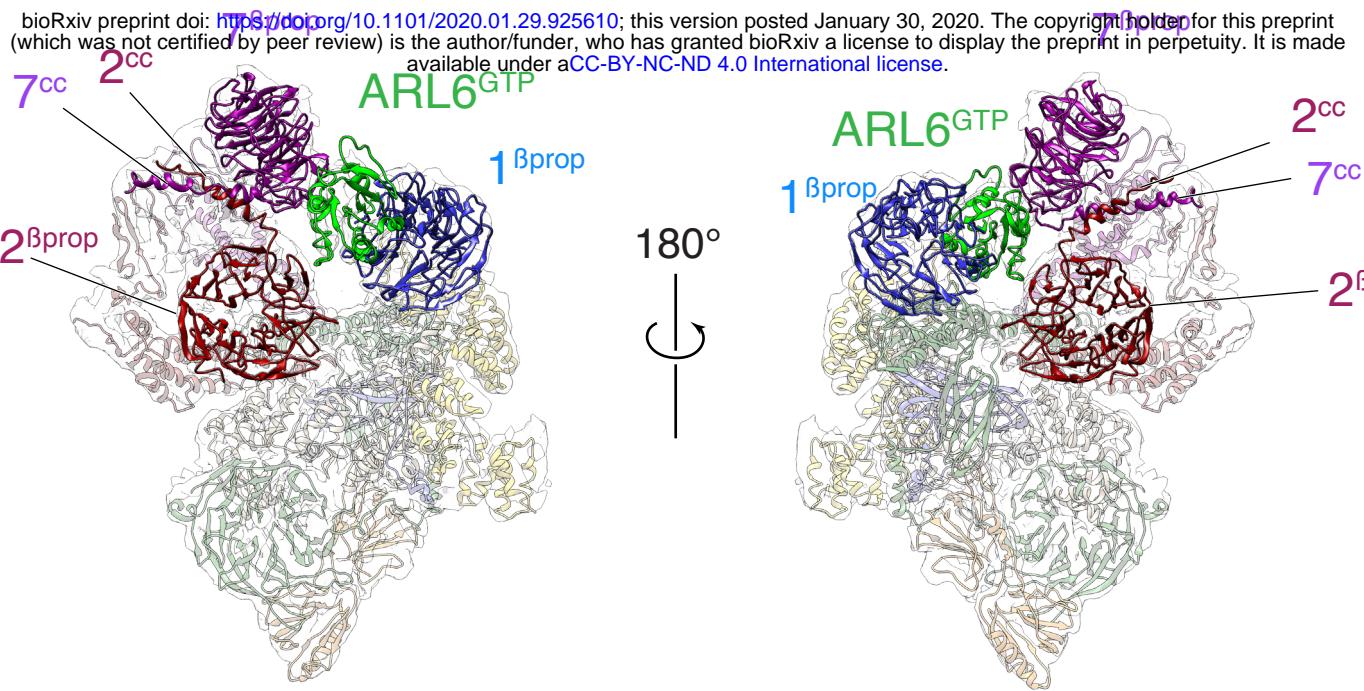
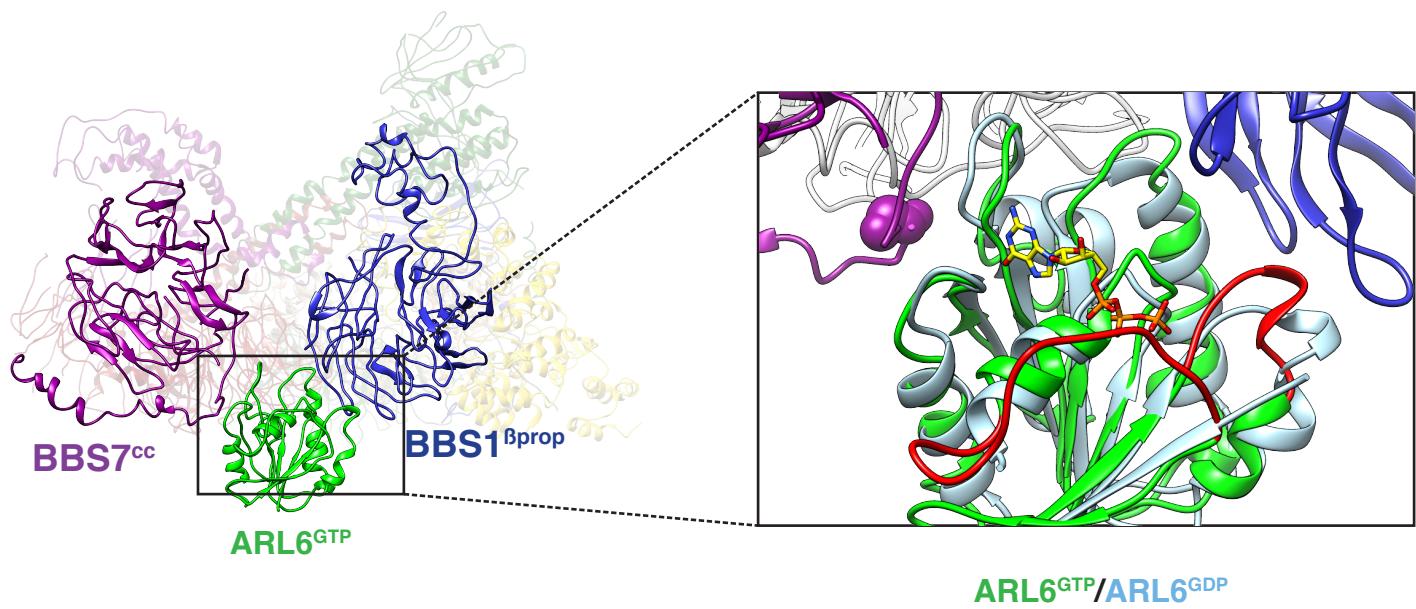


Figure 1

730 **FIGURE LEGENDS**

731 **Figure 1. Overall structure of the BBSome.**

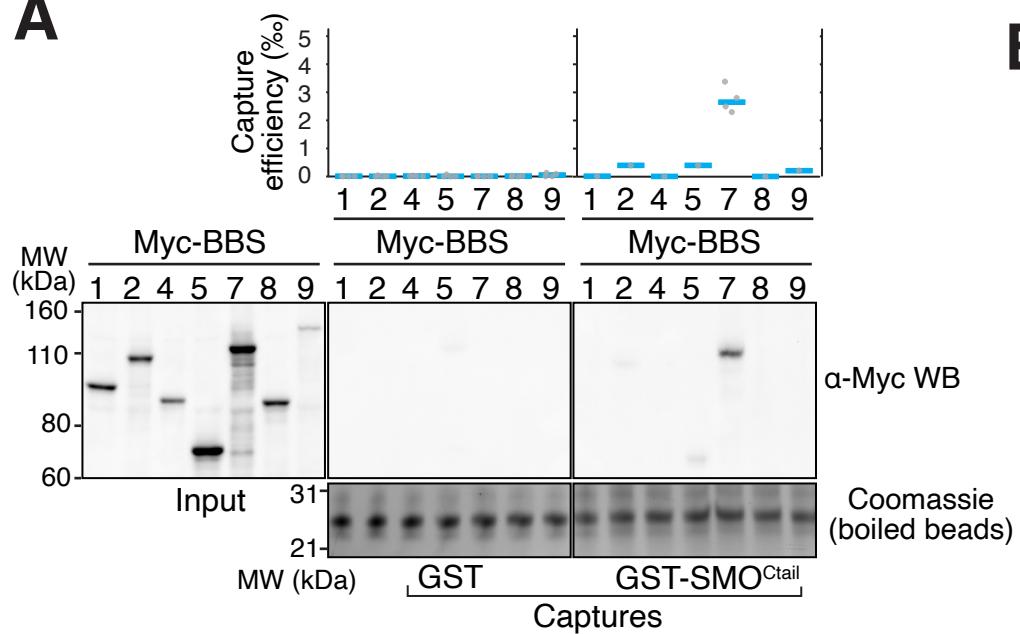
732 **A.** Diagrams showing the domain architecture of the eight BBSome subunits. β prop, β -propeller;
733 cc, coiled coil; GAE, γ -adaptin ear; pf, platform; ins, insert; hp, hairpin; CtH, C-terminal helix
734 bundle; TPR, tetratricopeptide repeat; PH, pleckstrin homology. **B.** Two views of the cryo-EM
735 map (transparent surface) and the near-atomic model of the BBSome complex shown in ribbon
736 representation. Individual domains are labeled with the numbers identifying the subunit and the
737 superscripts denoting the specific domain.

A**B**

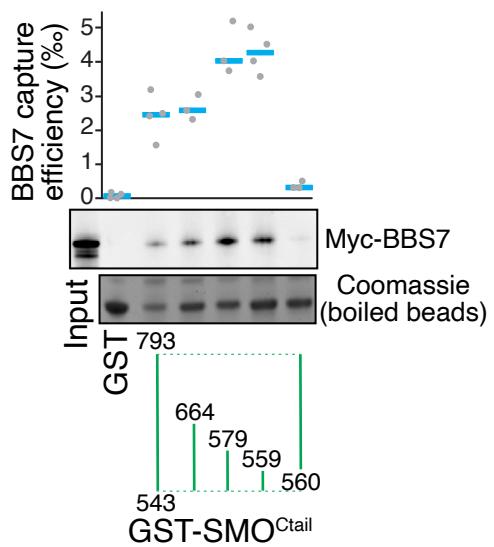
738 **Figure 2. Overall structure of the BBSome–ARL6^{GTP} complex.**

739 **A.** Two views of the cryo-EM map (transparent surface) and the near-atomic model of the
740 BBSome–ARL6^{GTP} complex shown in ribbon representation. BBSome domains that move as a
741 result of ARL6^{GTP} binding are highlighted and labeled. **B.** Overall view (left panel) of the
742 BBSome–ARL6^{GTP} complex and close-up view (right panel) focusing on the interaction of
743 ARL6^{GTP} with the loop connecting BBS7^{cc} and BBS7^{βprop}, and with BBS1^{βprop}. As previously
744 shown (Mourão et al., 2014) and consistent with other small GTPases, ARL6^{GTP} contacts the
745 BBS1 β-propeller with its Switch1 and Switch2 regions (red) that change conformation upon
746 exchange of GDP for GTP. In contrast, ARL6 contacts BBS7 using a surface that is largely
747 unaffected by nucleotide binding (light blue for ARL6^{GDP} and lime green for ARL6^{GTP}). A
748 homology model of bovine GDP-bound ARL6^{GTP} (based on the crystal structure of the
749 *Chlamydomonas* protein; PDB ID: 4V0K) was aligned to the model of the GTP-bound ARL6 in
750 our BBSome–ARL6^{GTP} complex. The Gly329 residue mutated to Val in a BBS patient is
751 depicted as magenta atom balls.

A

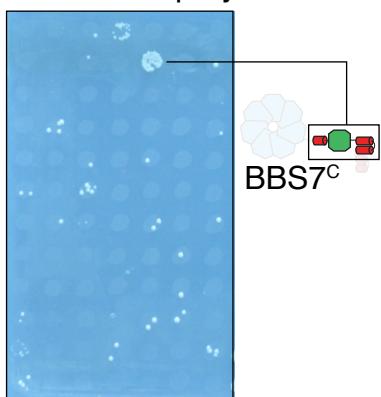


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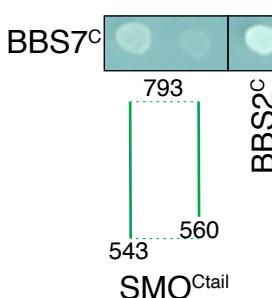


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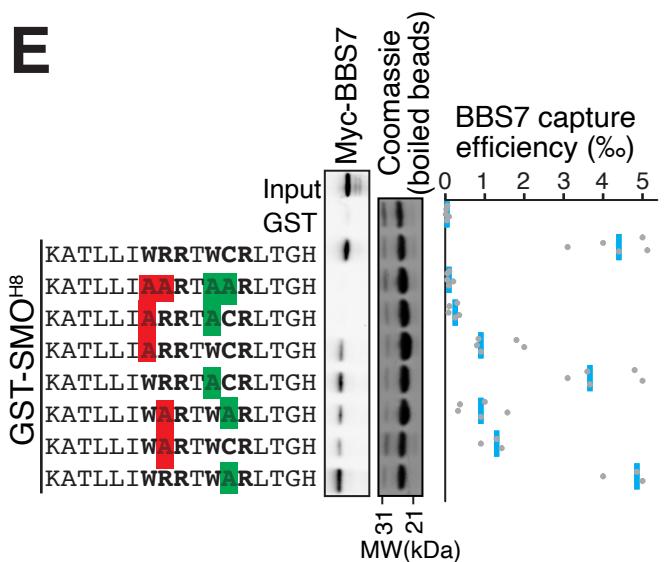
BBSome bait array vs. SMO^{Ctail} prey



D



E



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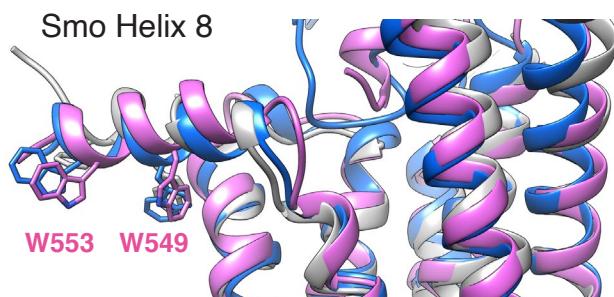


Figure 3

752 **Figure 3. The BBSome recognizes SMO via membrane-embedded residues in SMO**

753 **helix 8.**

754 **A-B.** GST-capture assays were conducted with *in vitro* translated BBSome subunits tagged with a
755 6xMyc epitope. Bound material was released by specific cleavage between GST and the fused
756 peptide, and released proteins were detected using a Western blot and anti-Myc antibody (α -Myc
757 WB). The proportions of BBSome subunits recovered in the eluate are plotted; grey circles are
758 individual data points and blue lines are mean values. Even loading of the glutathione beads is
759 demonstrated by staining for the remaining GST-tagged proteins after cleavage elution. **A.**

760 Capture of individual BBSome subunits with GST-SMO^{Ctail} (aa 543-793) identifies BBS7 as the
761 SMO-binding subunit. **B.** Capture assays with truncations of SMO^{Ctail} find that SMO^{H8} is
762 necessary and sufficient for binding to BBS7. **C.** Yeast two-hybrid (YTH) assays with SMO^{Ctail}
763 against an array of BBS protein fragments identify an interaction between a C-terminal fragment
764 of BBS7 (BBS7^C, residues 326-672) and SMO^{Ctail}. The composition of the BBS YTH array is
765 shown in Table **S2**. **D.** YTH assays find that SMO^{H8} is required for the interaction with BBS7^C.

766 Growth controls on diploid-selective medium for panels **C-D** are shown in **Fig. S4C. E.**

767 Capture assays of BBS7 with mutants of SMO^{H8} (aa 543-559) identify Trp549 and Trp553 as the
768 major BBS7-binding determinants of SMO^{H8}. **F.** Overlay of helix 8 from various structures of
769 human SMO (PDB IDs: 5L7D, 6O3C, 6D32), showing that the orientation of the two
770 tryptophan residues into the hydrophobic core of the membrane is conserved (see additional
771 structures in **Fig. S4D**). For consistency with the GST fusions used in capture assays, residue
772 numbering corresponds to mouse SMO.

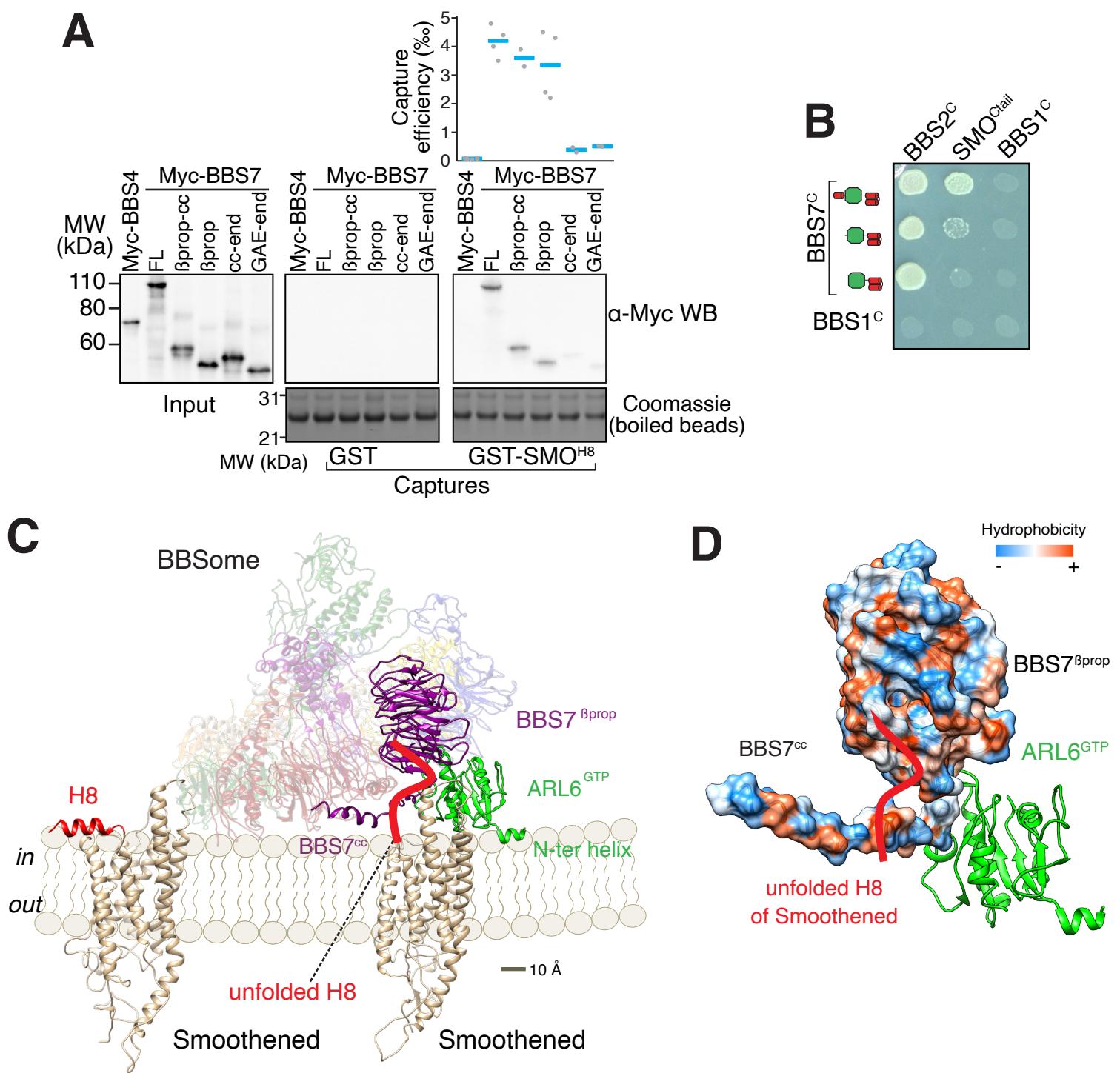


Figure 4

773 **Figure 4. A model for binding of the BBSome to membranes and cargo.**

774 **A.** Capture assays of BBS7 find that BBS7 β prop engages SMO H^8 . The boundaries of each
775 truncation are β prop, aa 1-332; β prop-cc, aa 1-378; cc-end, aa 326-672; and GAE-end, aa 375-
776 672. Results are presented as in **Fig. 3**. The sequences of the peptides fused to GST after the
777 protease cleavage site are indicated. **B.** YTH assays show that the deletion of BBS7cc impairs the
778 interaction of BBS7 C with SMO C^{tail} (top row), but not with a C-terminal fragment of BBS2
779 (BBS2 C , residues 324-712) (middle rows). BBS1 C serves as non-interacting control. Growth
780 controls on diploid-selective medium are shown in **Fig. S5A**. **C.** Diagram illustrating the
781 proposed interaction of SMO with the membrane-bound BBSome-ARL6 GTP complex. For
782 clarity, ARL6 GTP and the BBS7 domains involved in SMO binding (BBS7 β prop and BBS7cc) are
783 shown in solid colors with the remaining subunits shown with reduced opacity. Helix 8 (H8) of
784 Smoothened by itself is folded, whereas it is proposed to become unfolded in the Smoothened-
785 BBSome complex. **D.** Hydrophobicity surface of the BBS7 β prop and BBS7cc domains, showing a
786 plausible binding surface for unfolded SMO H^8 (shown in red). ARL6 GTP is shown in ribbon
787 representation.

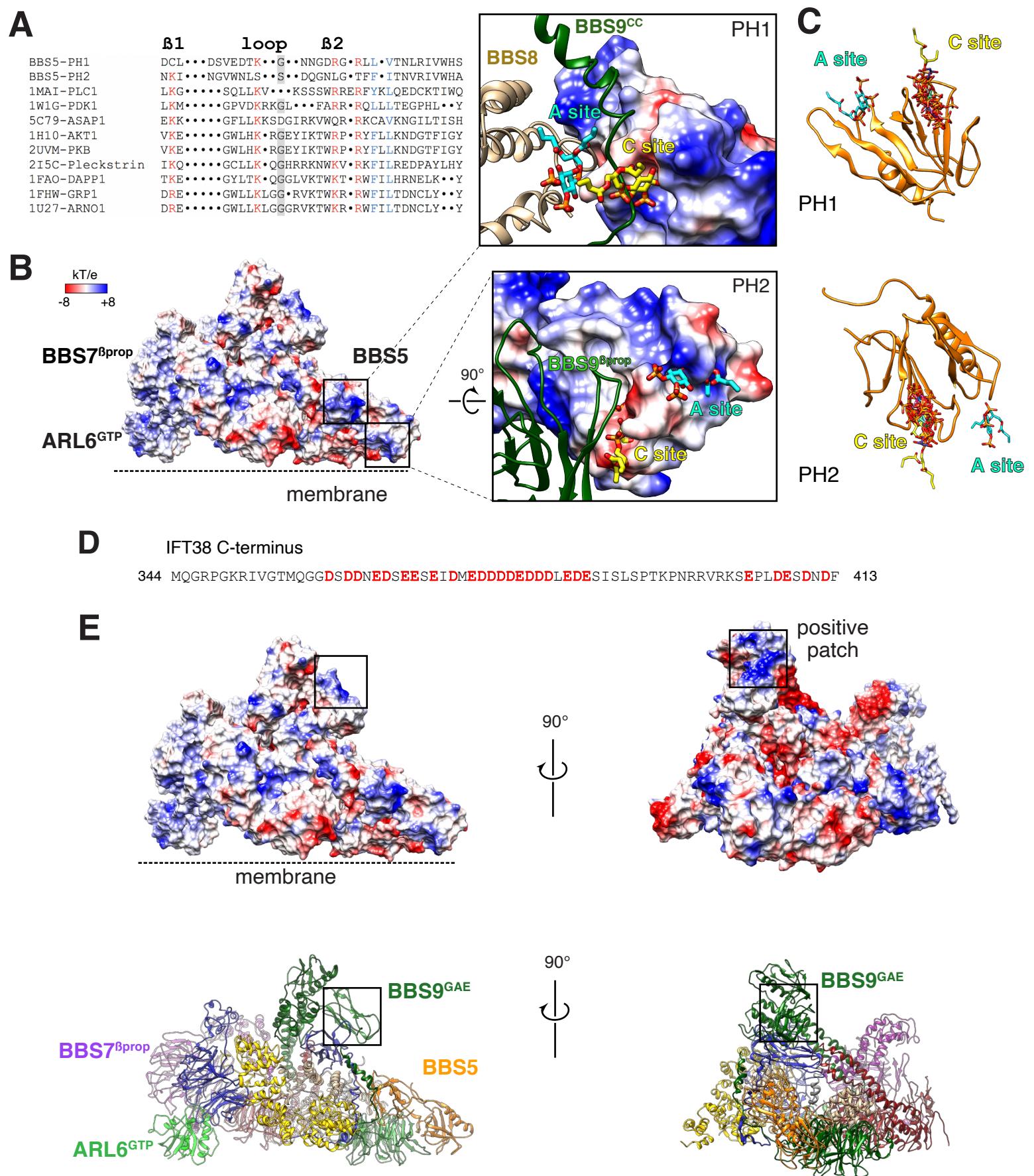
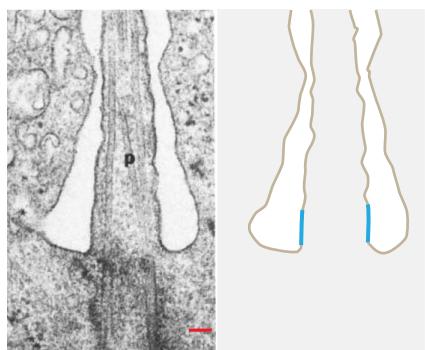


Figure 5

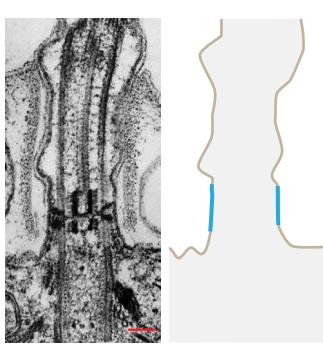
788 **Figure 5. Mapping of potential molecular interactions of the BBSome with lipids**
789 **and IFT onto the structure.**

790 **A.** Sequence alignment of the $\beta 1$ -loop- $\beta 2$ region in structurally characterized PH domains.
791 Conserved residues are highlighted; grey background shading, glycine; red font, positively
792 charged residues; blue font, hydrophobic residues. **B.** Electrostatic surface of the membrane-
793 bound BBSome-ARL6^{GTP} complex, and close-up views of the BBS5 pleckstrin homology (PH)
794 domains. For the PH1 domain, the canonical (C) and atypical (A) sites for lipid binding are
795 occluded by BBS9 (dark green ribbon) and BBS8 (gold ribbon), respectively. For the PH2
796 domain, the C site is blocked by BBS9, but the A site is accessible. The lipids at the A and C sites,
797 shown as yellow and cyan sticks, respectively, are diC4-PtdIns(4,5)P₂ and are modeled based on
798 the structural alignment of the BBS5 PH domains with the lipid-bound ASAP1 PH domain (PDB
799 ID: 5C79) **C.** Structural overlay of the lipids bound to the PH domains listed in the above
800 sequence alignment (PDB IDs: 1MAI, 1W1G, 5C79, 1H10, 2UVM, 2I5C, 1FAO, 1FHW,
801 1U27), showing the consistency of the lipid position for both PH domains. The lipids are shown
802 as stick models and are overlaid on the PH1 and PH2 domains of BBS5 (orange ribbon). **D.**
803 Sequence of the region of IFT38 that interacts with the BBSome. See **Fig. S6D** for domain
804 organization of IFT38. Negatively charged residues are bold and red. **E.** Top: Electrostatic
805 surface of the ARL6^{GTP} -bound BBSome showing a patch of positive charges on a region of
806 BBS9 that interacts with BBS1 and BBS2 and is a candidate for binding IFT38^C. Bottom:
807 corresponding orientations in ribbon diagram representations.

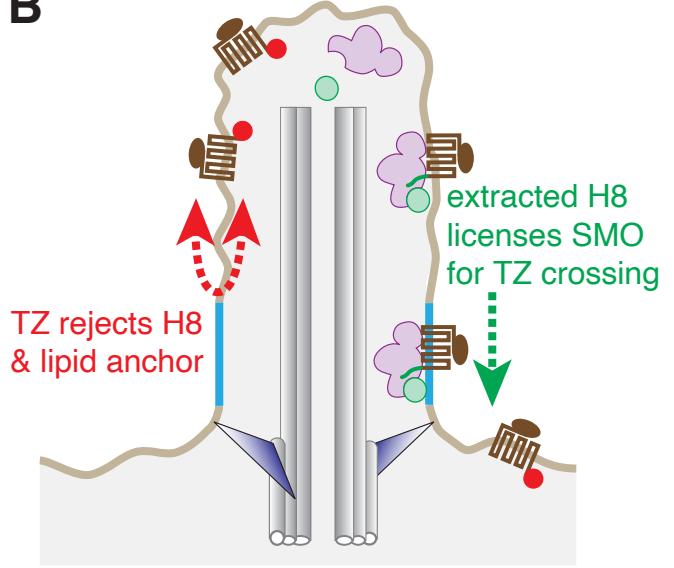
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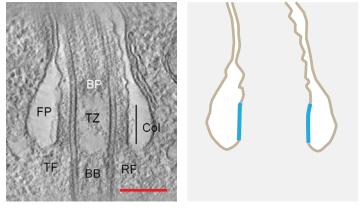
Chlamydomonas



B



Trypanosoma brucei



Drosophila

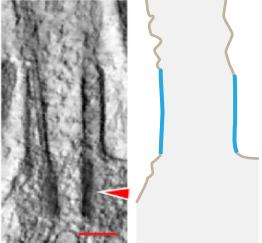


Figure 6

808 **Figure 6. A model for selective crossing of the transition zone (TZ) based on the**
809 **rejection of inner leaflet insertions by the transition zone membrane.**

810 **A.** Thin-section electron micrographs of the TZ from evolutionarily diverse organisms (left
811 panels) and schematic drawings (right panels) illustrate the rigid membrane at the TZ (blue) as
812 compared to the irregular ciliary shaft membrane (brown). Images are reprinted from (Gallagher,
813 1980; Jana et al., 2018; Ringo, 1967; Trépout et al., 2018). Scale bar: 200 nm. **B.** A model for
814 selective passage through the TZ. The amphipathic helix 8 of ciliary GPCRs is tolerated in the
815 flexible membrane of the ciliary shaft but not in the rigid outwardly curved membrane of the TZ.
816 By extracting helix 8 out of the inner leaflet, the BBSome licenses GPCRs to diffuse through the
817 TZ.

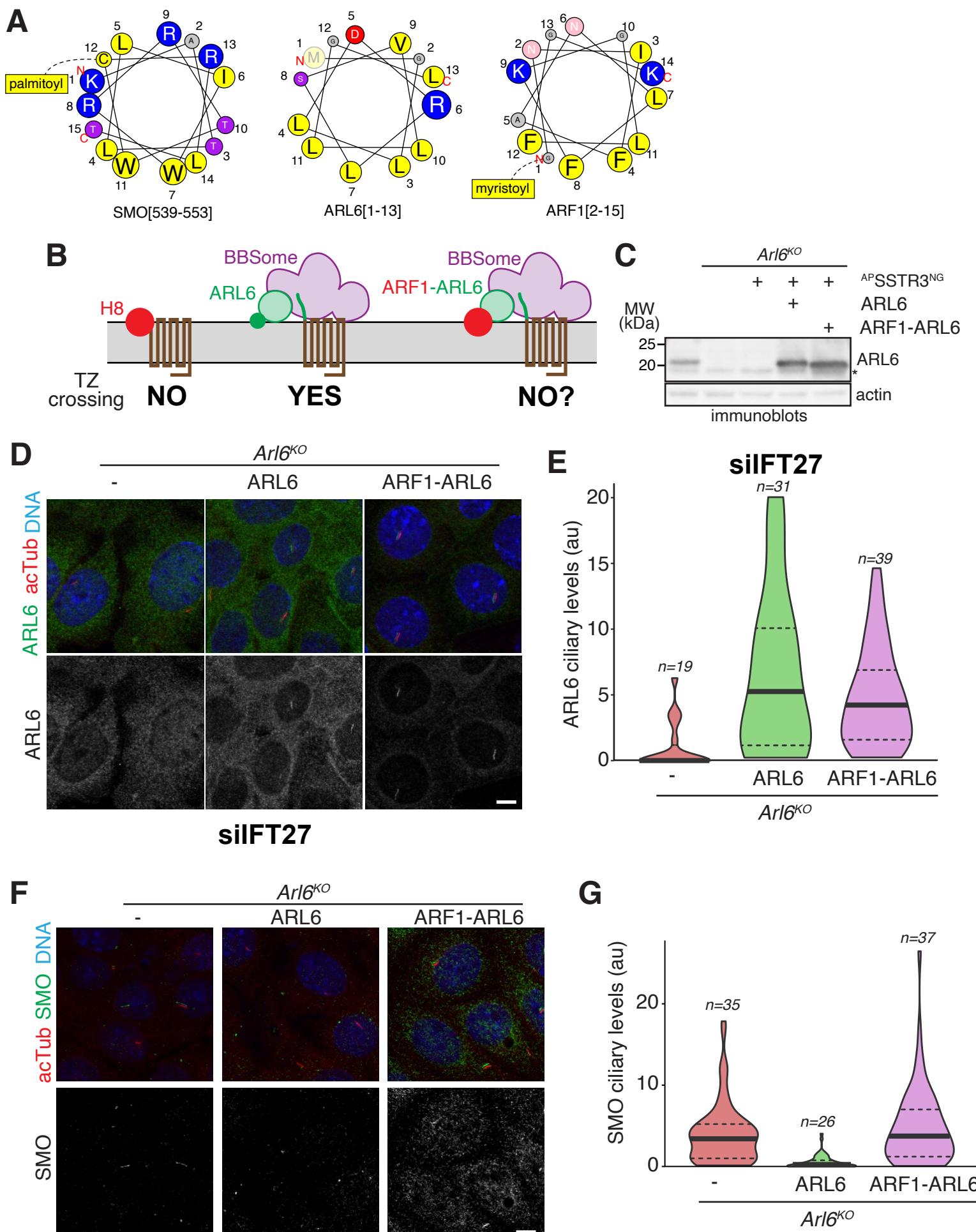


Figure 7

818 **Figure 7. A chimera between the amphipathic helix of ARF1 and the GTPase**

819 **domain of ARL6 localizes to cilia but fails to support SMO exit from cilia.**

820 **A.** Helical wheel representations of the amphipathic helices of ARL6, SMO and ARF1. The size

821 of the circles is proportional to the relative size of the residues. Also shown are the palmitoyl

822 group attached to Cys554 of SMO and the myristoyl group attached to Gly1 of ARF1. **B.**

823 Diagram of the predictions made by the helix rejection model. Amphipathic helices that

824 penetrate deeply into the aliphatic core of the membrane (SMO^{H8}, ARF1^N; large red solid

825 circles) are rejected from the inner leaflet of the transition zone while weakly amphipathic helices

826 that do not penetrate deeply into the membrane (ARL6^N; small green solid circle) are tolerated

827 by the transition zone. **C-E.** Stable and clonal cell lines were generated in IMCD3-FlpIn *Arl6*^{-/-}

828 cells by introducing ARL6 or a chimera in which the amphipathic helix of ARL6 is replaced by

829 that of ARF1 (ARF1-ARL6). **C.** Expression levels of the ARL6 variants were assessed by

830 immunoblotting. Actin was used as a loading control. In the rescued cell lines, ARL6 is expressed

831 at 2.6-fold the endogenous level, while ARF1-ARL6 is expressed at 3.2-fold the endogenous

832 level. **D.** Cells stained for ARL6, acetylated tubulin and DNA show that ARF1-ARL6 localizes

833 to cilia. Cells were depleted of IFT27 by siRNA to bring the levels of ARL6 above the detection

834 threshold of immunostaining. See **Fig. S7A-B** for control-depleted cells. Scale bar: 10 μ m. **E.**

835 The fluorescence intensity of the ARL6 channel in the cilium was measured in each cell line and

836 the data are represented in a violin plot. The thick bar indicates the median and the dotted lines

837 the first and third quartiles. **F.** Cells stained for SMO, acetylated tubulin and DNA show that

838 ARF1-ARL6 fails to support SMO exit from cilia. Cells were not treated with Hedgehog

839 pathway agonist. See **Fig. S7C-D** showing the same cell lines treated with the Smoothened
840 agonist (SAG). Scale bar: 10 μ m. **G.** The fluorescence intensity of the SMO channel in the cilium
841 was measured in each cell line and the data are represented in a violin plot.

A

ciliary GPCR	Helix 8
<i>CCKAR</i>	NKRF R LGFMATF
<i>DRD1</i>	FNAD F RKAFLSTLLGC
<i>DRD2S</i>	NIE F RKAFLKILHC
<i>FFAR4</i>	LCRNEWKKIFC
<i>GALR2</i>	SKH F RKGFRTICA
<i>GALR3</i>	SRH F RARFRLWPC
<i>GPR19</i>	NAN F RRGMKETF
<i>GPR83</i>	NEN F RIELKALL
<i>GPR88</i>	TWRNEEF R RSVRSV
<i>HTR6</i>	MRD F KRALGRFVPC
<i>KISS1R</i>	GSHFRQAF R VCPC
<i>MC4R</i>	SQELRKTF K EIIC
<i>MCH1R</i>	CET F KRLVLSVK
<i>NMUR1</i>	SSRF R ETFQEALCLGACC
<i>NPFFR1</i>	NEN F RRGFQAA F RARLC
<i>P2RY1</i>	GDT F RRRLSRATR
<i>PRLHR</i>	HDS F REELRKLL
<i>Pgr15L</i>	NRS F RAKLRSISS F RM
<i>NPY2R</i>	NSNY R KAFLSAF R C
<i>QRFPR</i>	ENFKKNVLSAVC
<i>SSTR3</i>	SYRFKQG F RILL
<i>TGR5</i>	DQRYTAP W RAAAQ

B

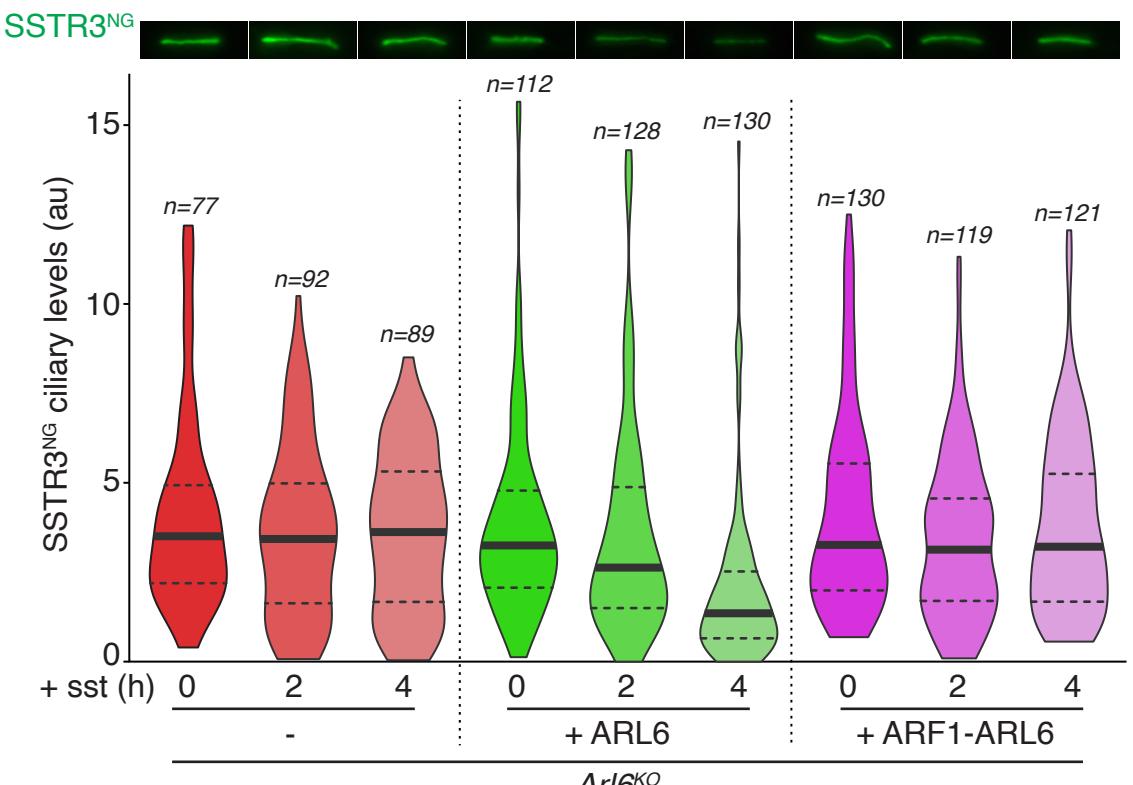


Figure 8

842 **Figure 8. A chimera between the amphipathic helix of ARF1 and the GTPase**

843 **domain of ARL6 fails to support SSTR3 exit.**

844 **A.** Sequence analysis finds a BBSome-binding motif ([W/F/Y]R) within helix 8 in 20 of the 26

845 GPCRs known to localize to cilia. **B.** SSTR3 exit assays in the ARL6 rescue lines. Cells were

846 treated with the SSTR3 agonist somatostatin for the indicated time points, fixed and the ciliary

847 fluorescence of NeonGreen-tagged SSTR3 (SSTR3^{NG}) was measured. Micrographs of

848 representative individual cilia are shown on top. The ciliary fluorescence intensity of SSTR3^{NG}

849 was measured in each cell line and the data are represented as violin plots.

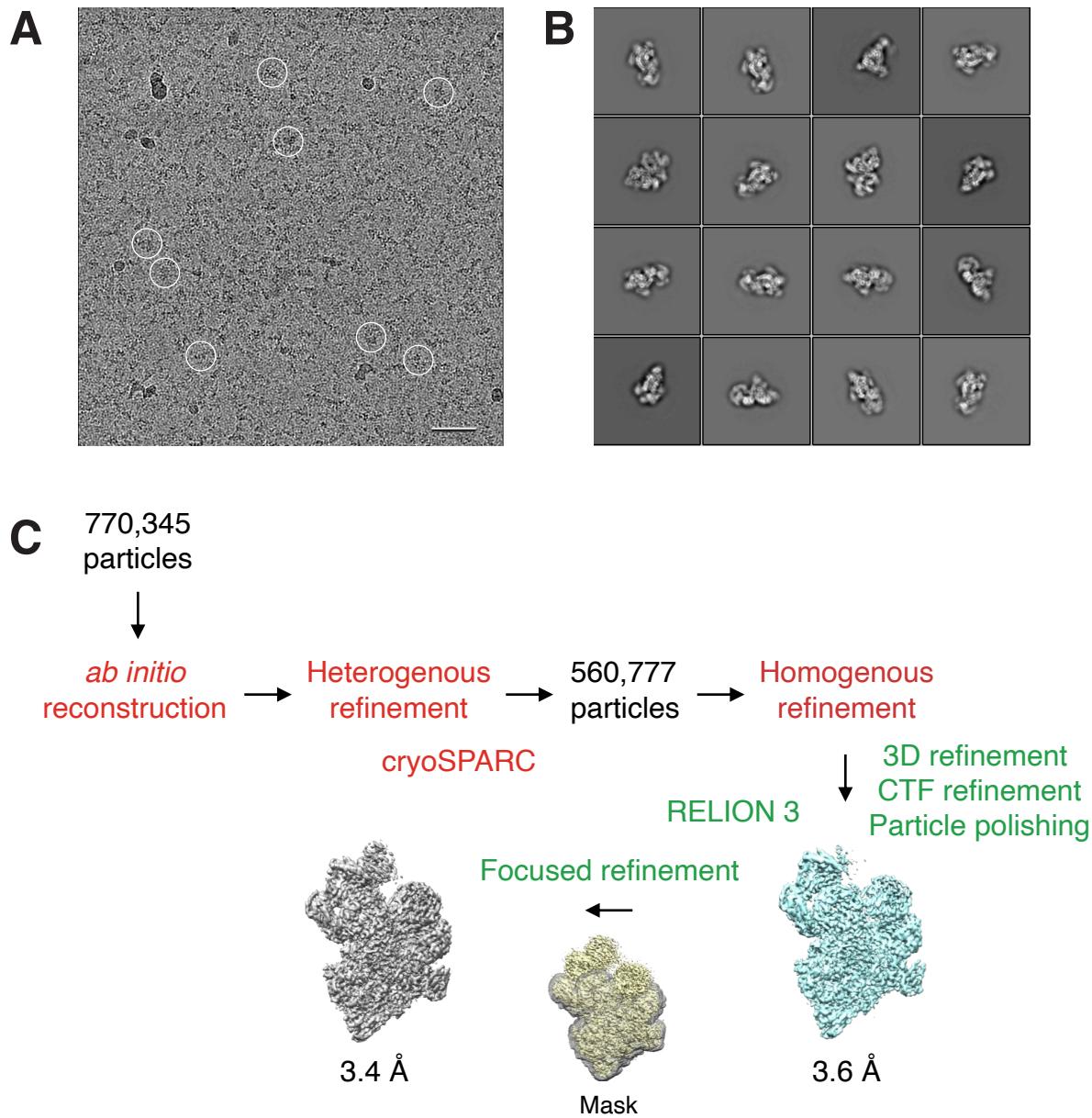


Figure S1

850 **Supplement Figure 1. Cryo-EM analysis of the BBSome alone.**

851 **A.** Typical cryo-EM image of vitrified BBSome. Some particles are circled. Scale bar: 50 nm. **B.**
852 Selected 2D class averages obtained with RELION 3.0. Side length of individual averages: 41.6
853 nm. **C.** Image-processing workflow for 3D reconstruction and refinement in cryoSPARC and
854 RELION 3.0. See Methods section for details.

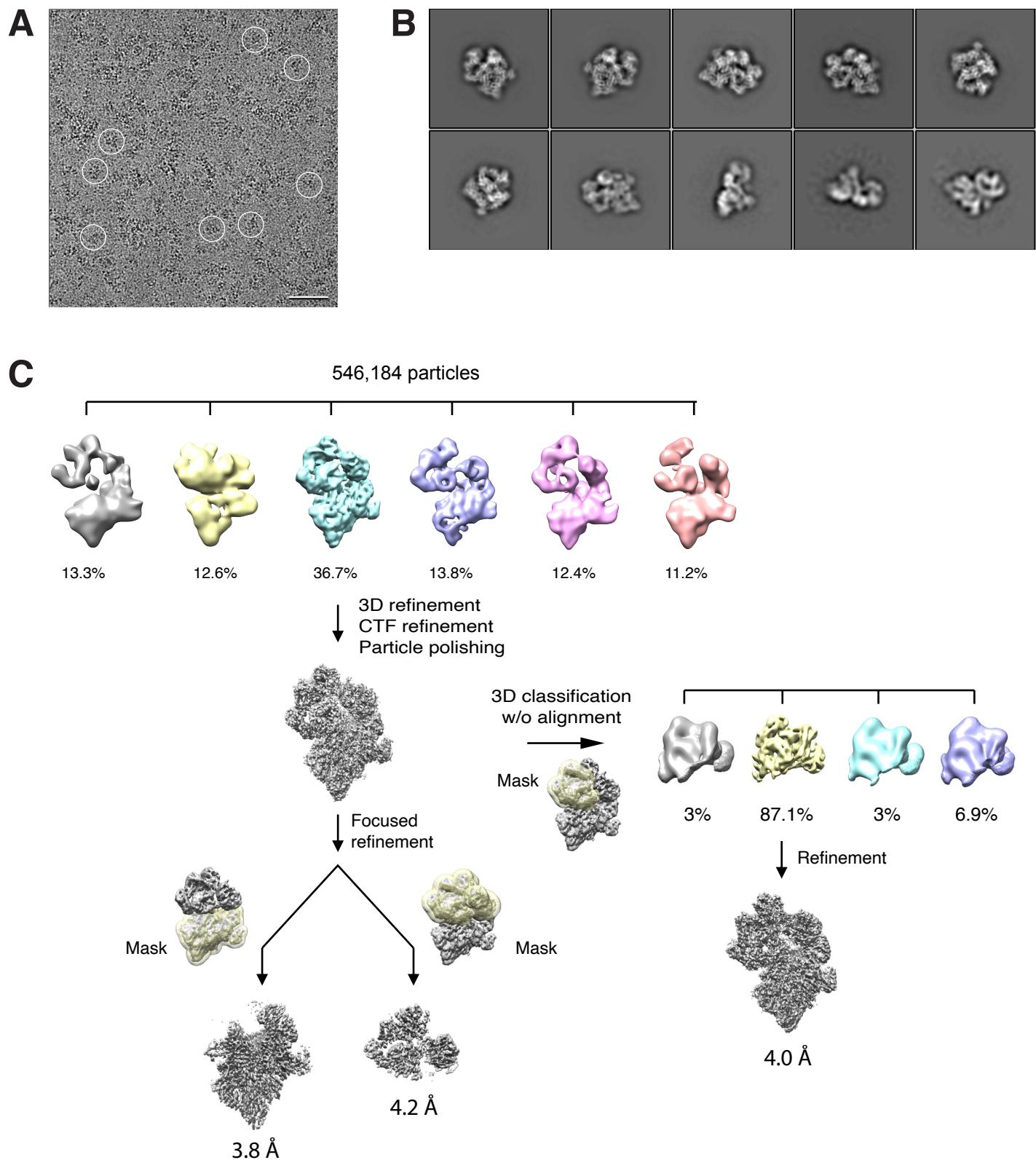


Figure S2

855 **Supplement Figure 2. Cryo-EM analysis of the BBSome–ARL6^{GTP} complex.**

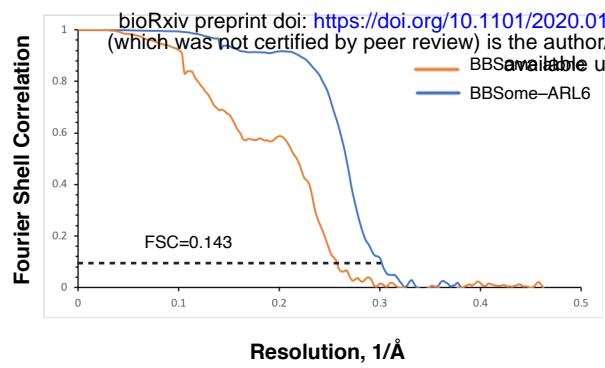
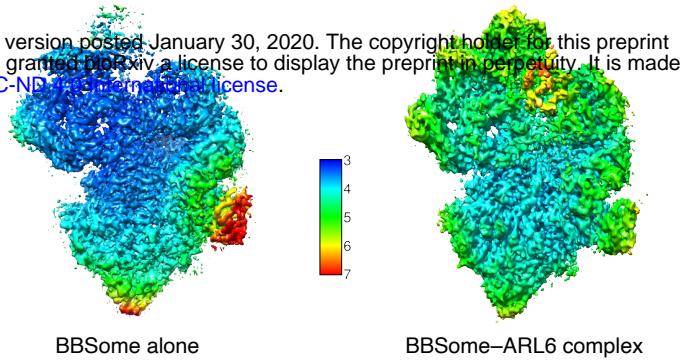
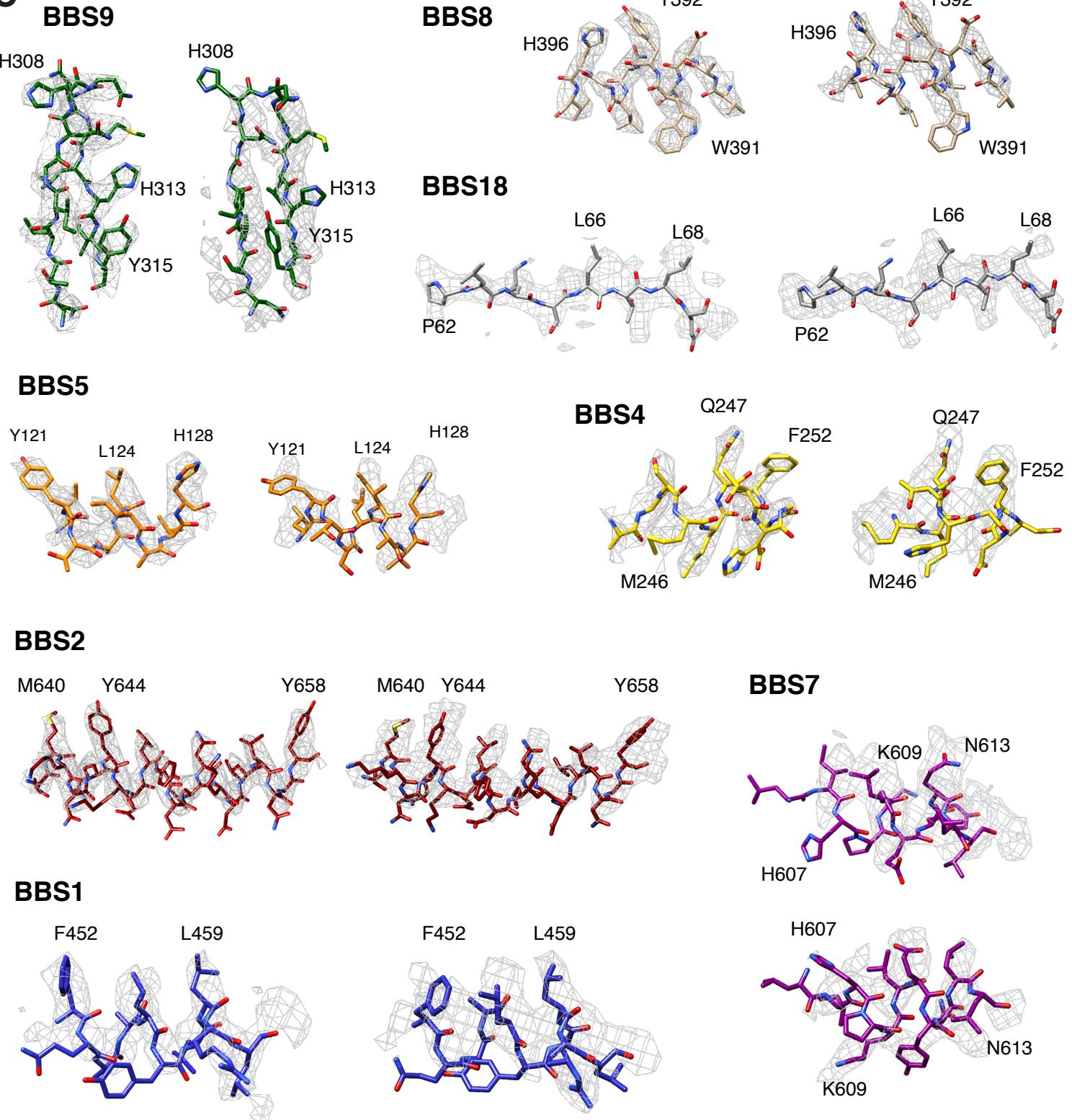
856 **A.** Typical cryo-EM image of vitrified BBSome–ARL6^{GTP} complex. Some particles are circled.

857 Scale bar: 50 nm. **B.** Selected 2D class averages obtained with RELION 3.0. Side length of

858 individual averages: 45 nm. **C.** Image-processing workflow for 3D classifications and refinement

859 in RELION 3.0 that yielded the three density maps discussed in the main text. See Methods for

860 details.

A**B****C****Figure S3**

861 **Supplement Figure 3. Quality assessment of the BBSome density maps.**

862 **A.** Fourier shell correlation curves calculated between independently refined half maps for the
863 density maps of BBSome alone and the BBSome–ARL6^{GTP} complex. **B.** Local resolution for the
864 density maps of BBSome alone and the BBSome–ARL6^{GTP} complex as determined by using the
865 ResMap algorithm included in RELION. **C.** Representative cryo-EM densities for the maps of
866 BBSome alone (left panels) and the BBSome–ARL6^{GTP} complex (right panels).

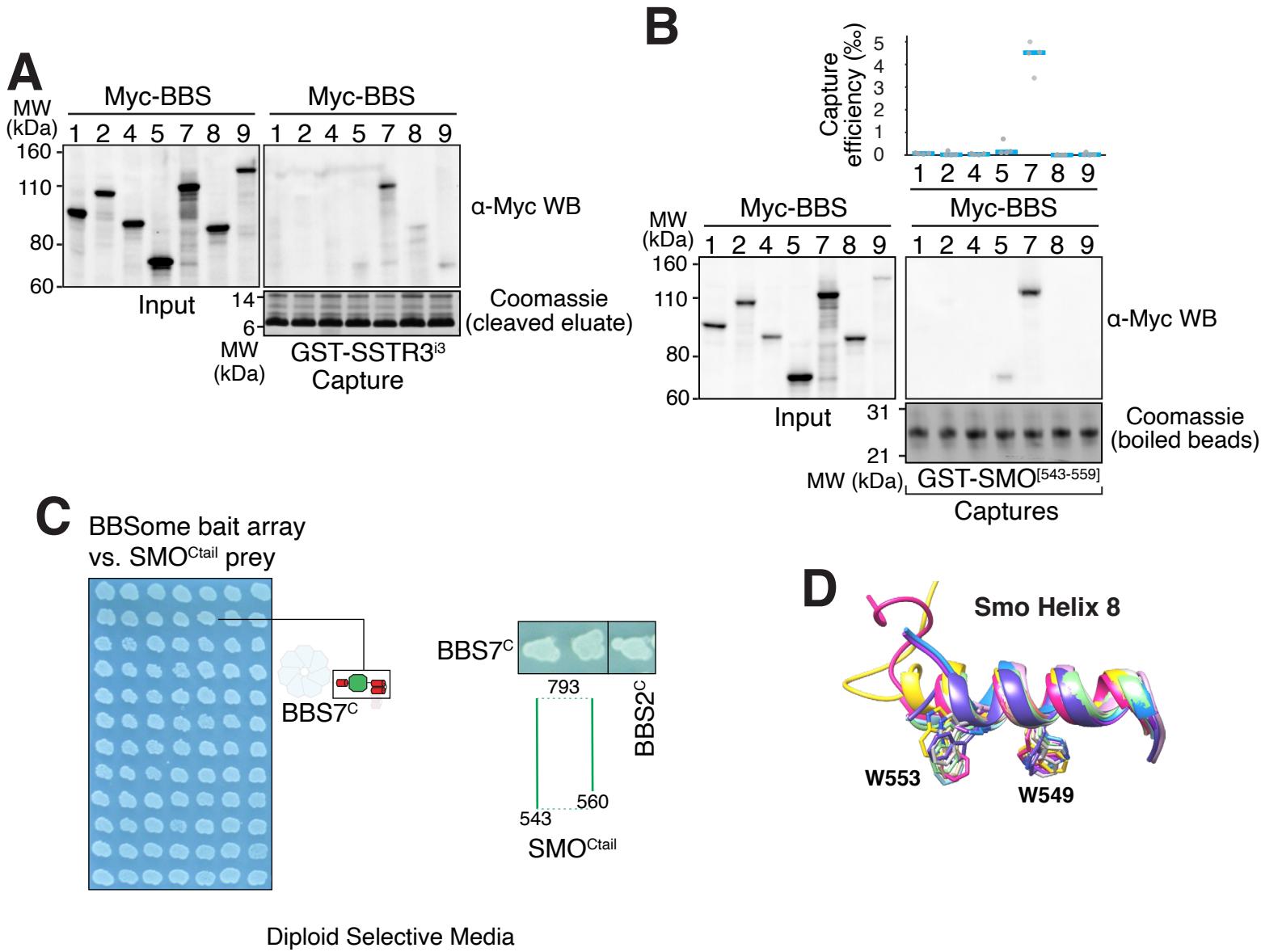
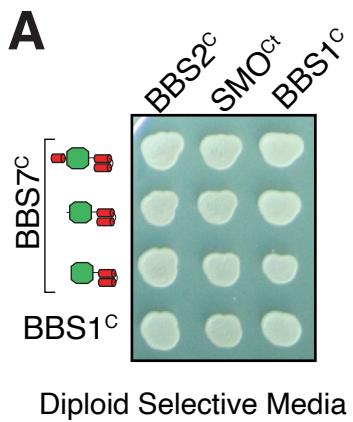


Figure S4

867 **Supplement Figure 4. Addition to Figure 3**

868 **A.** Capture of individual BBSome subunits with GST-SSTR3ⁱ³ identifies BBS7 as the SSTR3ⁱ³-
869 binding subunit. **B.** Capture of individual BBSome subunits with GST fused to the first 19 amino
870 acids of SMO^{Ctail} (aa 543-559) identifies BBS7 as the SMO-binding subunit. **C.** Controls for
871 diploid growth of the yeast array on medium lacking tryptophan and leucine tested in **Fig. 3C**-
872 **D.** **D.** Structural overlay of helix 8 from different human Smoothened proteins (PDB IDs: 4JKV,
873 4N4W, 4O9R, 4QIM, 4QIN, 5L7D, 5V56, 5V57, 6D32, 6D35, 6OT0). The side chains of the
874 two critical tryptophan residues are shown as sticks. The numbering of the residues is based on
875 mouse Smoothened.

876



B

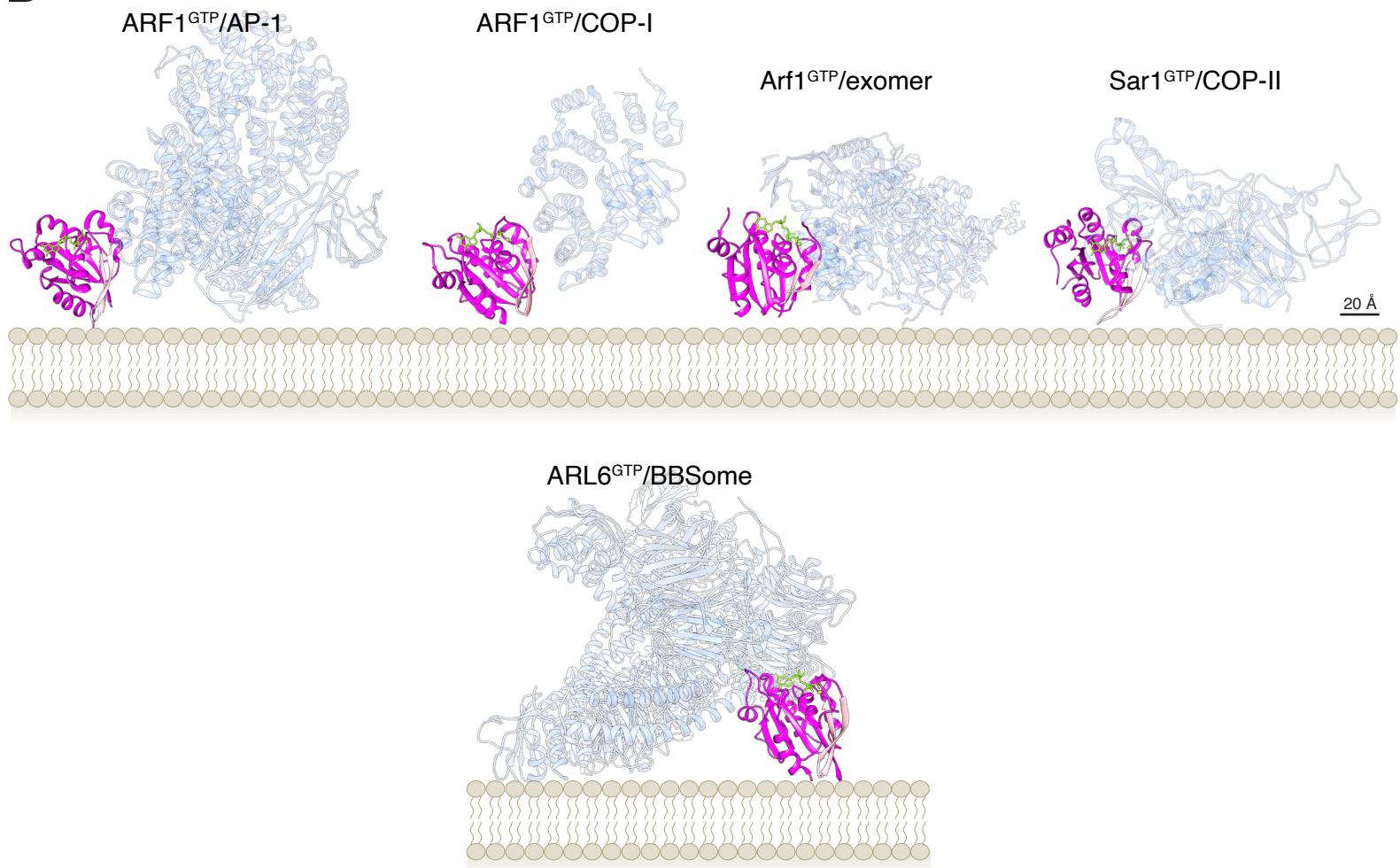


Figure S5

877 **Supplement Figure 5. Addition to Figure 4**

878 **A.** Controls for diploid growth of the yeast array on medium lacking tryptophan and leucine
879 tested in **Fig. 4B.** **B.** Orientations of Arf-like GTPases in complex with coat adaptor complexes
880 from crystal structures (top row) and in our model of the BBSome bound to membranes and
881 cargo. The coat complexes are transparent blue, the GTPases are magenta with their interswitch
882 hairpin in pink, the nucleotide and Mg²⁺ ion are chartreuse. The PDB IDs are: 4HMY for the
883 complex of ARF1^{GTP} with AP1 (Ren et al., 2013), 3TJZ for the complex of ARF1^{GTP} with $\gamma\zeta$ -
884 COP (Yu et al., 2012), 4Q66 for the complex of Arf1^{GTP} with exomer (Bch1/Chs5) (Paczkowski
885 and Fromme, 2014), and 2QTV for Sar1 bound to Sec23/Sec31 (Bi et al., 2007).

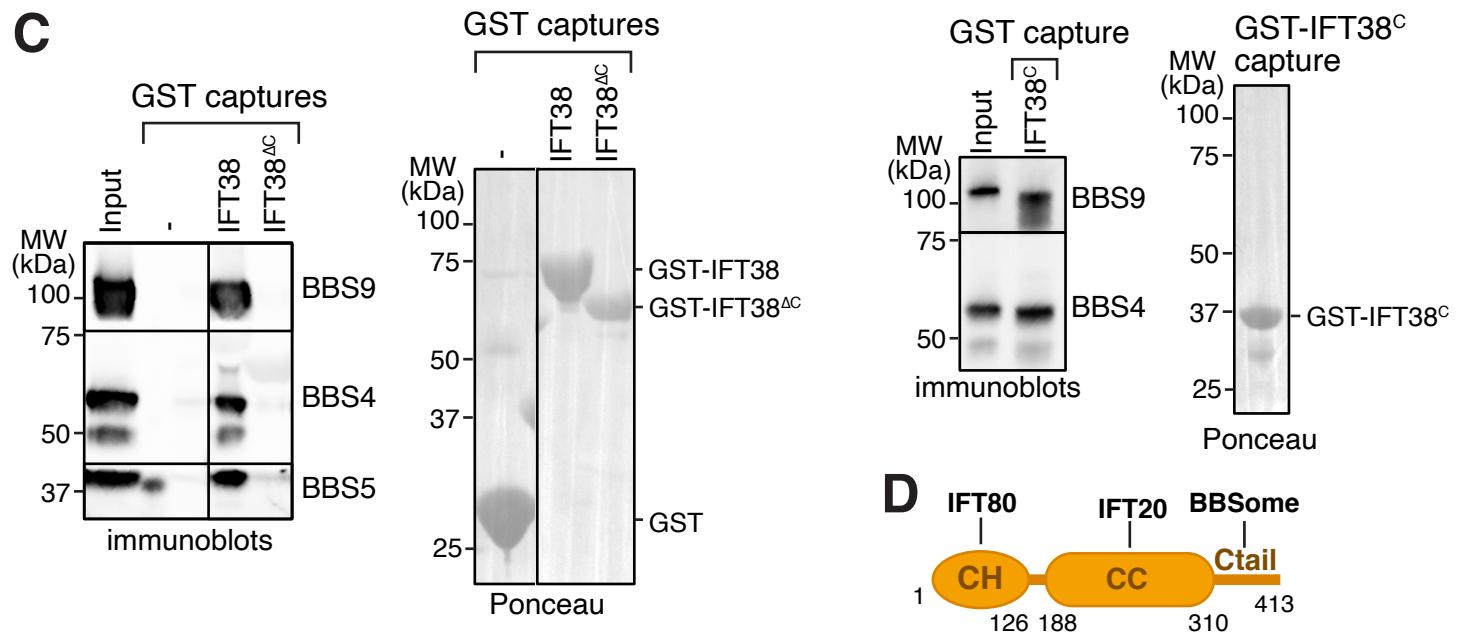
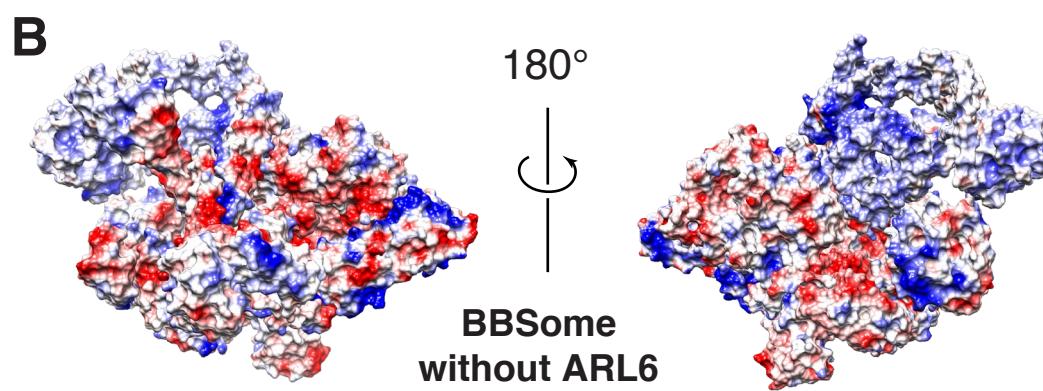
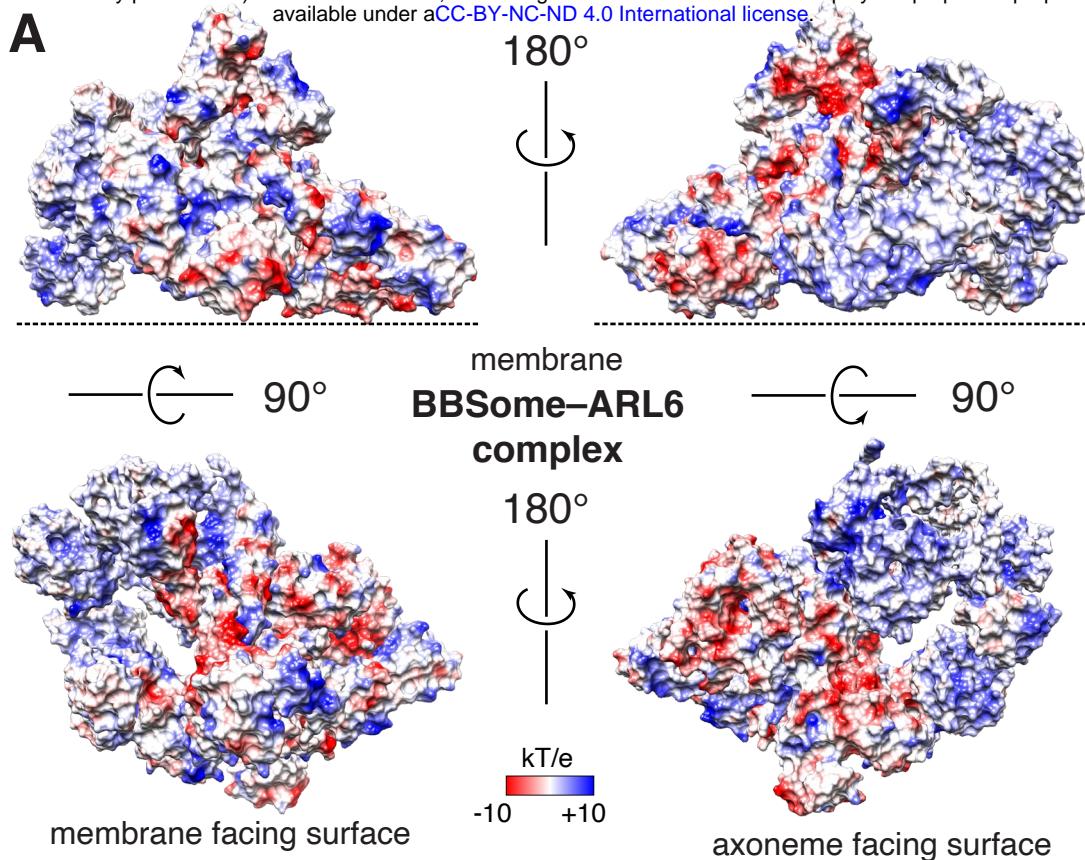
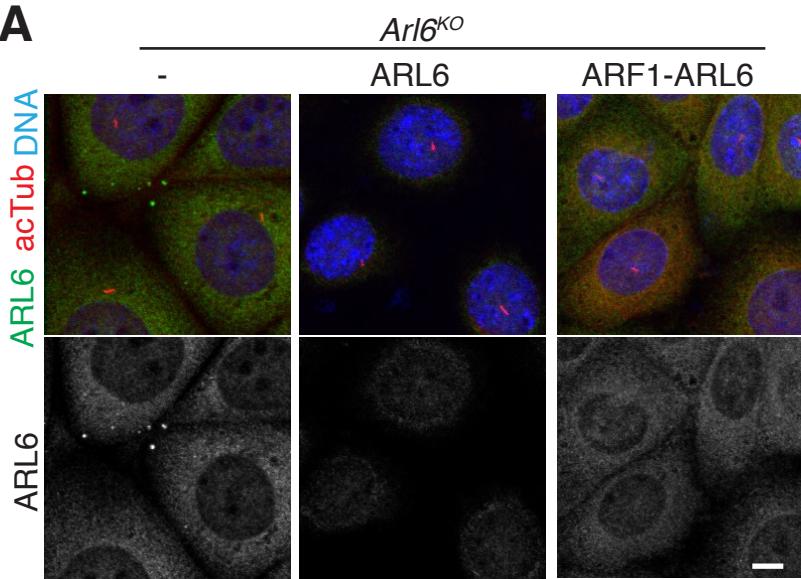


Figure S6

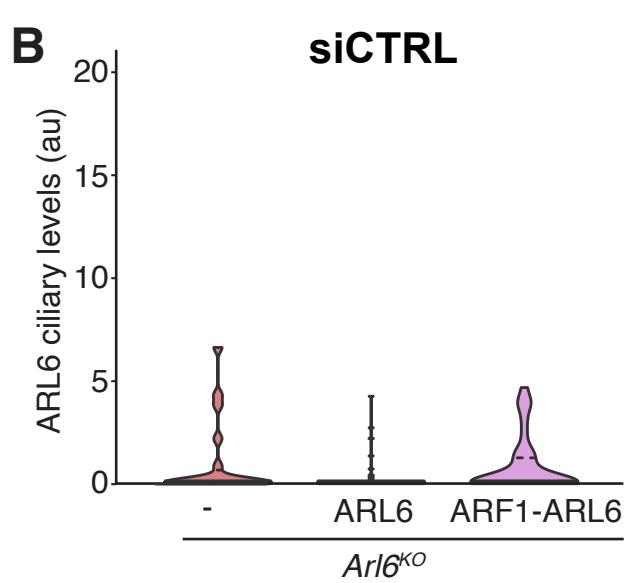
886 **Supplement Figure 6. Proposed binding surfaces for IFT38 and membranes on the**
887 **BBSome.**

888 **A.** Views of the electrostatic surface of the BBSome–ARL6^{GTP} complex. **B.** Views of the
889 electrostatic surface of the BBSome alone. **C.** IFT38^{Ctail} is necessary and sufficient for BBSome
890 binding. GST-capture assays were conducted with BBSome purified from bovine retina and
891 GST fusions immobilized on glutathione sepharose. Bound material was eluted in SDS sample
892 buffer. 2.5 input equivalents were loaded in the capture lanes. The BBSome was detected by
893 immunoblotting and the GST fusions by Ponceau S staining. **D.** Diagram of the domain
894 organization of IFT38. The calponin homology (CH) domain interacts with IFT80, the coiled-
895 coil (CC) domain with IFT20, and the C-terminal tail (Ctail) with the BBSome.

A

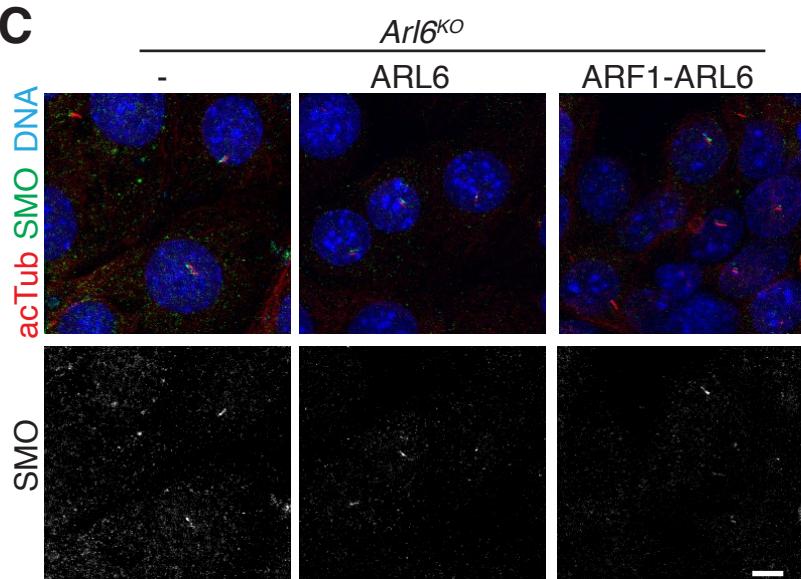


B

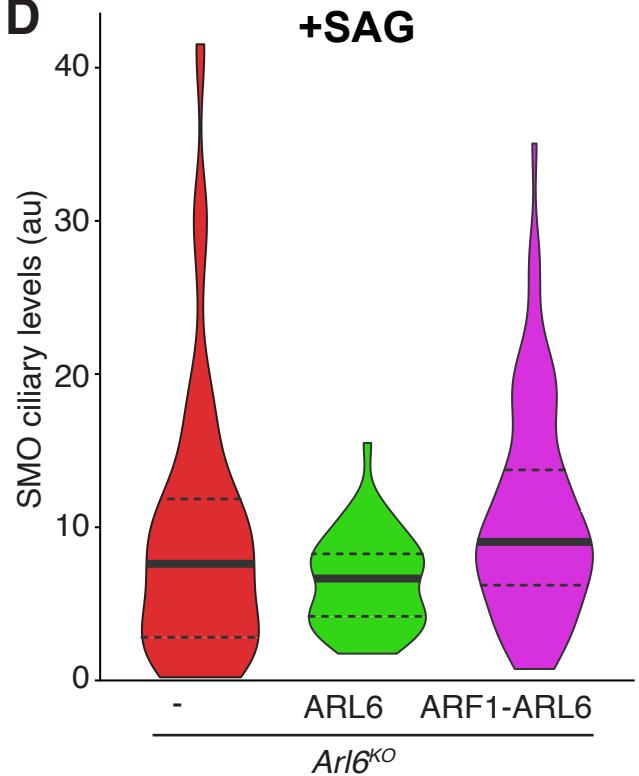


siCTRL

C



D



+SAG

Figure S7

896 **Supplement Figure 7. Additional characterization of the ARF1-ARL6 cell line.**

897 **A-B.** Control for **Fig. 7D-E.** In IMCD3 cells treated with control siRNA (siCTRL), the ciliary
898 level of ARL6 remains undetectable by immunostaining. Cells were stained for ARL6, acetylated
899 tubulin and DNA. Scale bar: 10 μ m. **B.** The fluorescence intensity of the ARL6 channel in the
900 cilium was measured in each cell line and the data are represented in a violin plot. **C-D.** Control
901 for **Fig. 7F-G.** **C.** Cells were treated with Smoothened agonist (SAG) for 2h before fixation and
902 staining for SMO, acetylated tubulin and DNA. Scale bar: 10 μ m. **D.** The fluorescence intensity
903 of the SMO channel in the cilium was measured in each cell line and the data are represented in
904 a violin plot.

905

906 **SUPPLEMENTARY TABLES**

907 **Table S1:** Cryo-EM data collection, refinement and modelling statistics.

908 **Table S2:** Fragments used in the BBS YTH array displayed in **Fig. 3D** and **S4C**.

909 **Table S3:** Sequences of helix 8 from known ciliary GPCRs.

910

911 **VIDEOS**

912 **Video 1:** Morph of the BBSome structure from the unbound to the ARL6^{GTP}-bound
913 conformation and back to unbound conformation. BBS1^{β_{prop}} is blue, BBS4 is yellow and
914 ARL6^{GTP} is magenta.

915

916 **MATERIALS AND METHODS**

917 Plasmid DNA

918 The plasmids for co-expressing ARL6 or ARF1-ARL6 together with ^{APSSTR3^{NG}} were built by
919 introducing a second expression cassette into the pEF5 Δ B/FRT/^{APSSTR3^{NG}} plasmid described
920 in (Nager et al., 2017) and (Ye et al., 2018). The pEF5 Δ B/FRT/^{APSSTR3^{NG}} plasmid expresses
921 mouse SSTR3 fused to a biotinylation acceptor peptide (AP) at its extracellular N terminus and a
922 mNeonGreen (NG) fluorescent protein at its intracellular C terminus. Expression of ^{APSSTR3^{NG}}
923 is driven by the attenuated EF1 α promoter (pEF1 α Δ), which consists of a TATA-less EF1 α
924 promoter. This low-expression promoter enables reconstitution of the physiological exit kinetics of
925 SSTR3 (Ye et al., 2018). Lastly, the pEF5 Δ B/FRT backbone contains an FRT recombination site
926 followed by a promoterless gene for blasticidin resistance to allow selection of recombinant cells in
927 the recipient FlpIn cell lines. The second cassette was inserted into an NsiI site that had been
928 introduced in the pEF5B/FRT plasmid between the ampicillin cassette and an EF1 α promoter.
929 The NsiI flanked cassettes for ARF1-ARL6 or ARL6 expression consist of an EF1 α promoter
930 followed by the sequence encoding ARF1-ARL6 or ARL6 and an HSV terminator.

931 The plasmids for SP6-driven *in vitro* transcription of individual BBSome subunits are based on
932 pCS2+Myc6-DEST vectors and were described in (Jin et al., 2010). C-terminal truncations of
933 BBS7 were generated by introducing stop codons using site-directed mutagenesis in
934 pCS2+Myc6-BBS7. N-terminal truncations of BBS7 were assembled by PCR and Gateway
935 recombination.

936 The plasmids for bacterial expression of SMO^{tail}, SMO^{H8} and IFT38 truncations are derivatives
937 of pGEX6P1.

938

939 Antibodies

940 Primary antibodies against the following proteins were used: actin (rabbit, Sigma-Aldrich,
941 #A2066), cMyc (mouse, 9E10, Santa Cruz sc-40), acetylated tubulin (mouse, 6-11B-1, Sigma-
942 Aldrich), ARL6 (rabbit, (Jin et al., 2010)), SMO (rabbit, gift from Kathryn Anderson, Memorial
943 Sloan Kettering Cancer Center, New York, NY, (Ocbina et al., 2011)).

944 Secondary antibodies for immunofluorescence were: Cy3-conjugated donkey anti-rabbit IgG
945 (7111-1655-152, Jackson Immunoresearch), Cy3-conjugated goat anti-mouse IgG2b (115-005-
946 207, Jackson Immunoresearch), Cy5-conjugated goat anti-mouse IgG2b (115-175-207, Jackson
947 Immunoresearch).

948 Secondary antibodies for immunoblotting were: HRP-conjugated goat anti-mouse IgG (115-035-
949 003, Jackson Immunoresearch) and HRP-conjugated goat anti-rabbit IgG (111-035-003, Jackson
950 Immunoresearch).

951

952 Pharmacology

953 Pathway agonists were used in the following concentration: SAG (200 nM; ALX-270-426-M001;
954 Enzo Life Sciences), somatostatin-14 (sst) (10 μ M; ASR-003; Alomone Labs).

955

956 Cell culture and generation of stable cell lines

957 All experiments were conducted in derivatives of the mouse IMCD3-FlpIn cell line. IMCD3-
958 FlpIn cells were cultured in DMEM/F12, HEPES medium (11330-057, GIBCO) supplemented
959 with 5% fetal bovine serum (FBS; Gemini Bio-Products), 100 U/mL penicillin-streptomycin
960 (15140-122, GIBCO), and 2 mM L-glutamine (400-106, Gemini Bio-Products). Cell lines
961 expressing ARL6, ARF1-ARL6, and/or ^{APSSTR3}^{NG} were generated using the Flp-In System
962 (ThermoFisher Scientific) to ensure expression from a single genomic site and obtention of
963 isogenic cell lines. *Arl6*^{-/-} IMCD3-FlpIn cells (Liew et al., 2014) were transfected with
964 pEF5ΔB/FRT derivatives along with a plasmid encoding the Flp-In recombinase (pOG44).
965 Stable transformants were selected using 4 µg/mL Blasticidin (Invivogen) and individual colonies
966 were picked. Clones with appropriate cilia morphology were selected for further study.

967

968 Microscopy

969 For imaging of fixed specimens, 70,000 cells were seeded on acid-washed cover glasses (12 mm
970 #1.5; 12-545-81; Thermo Fisher Scientific) in a 24-well plate. Cells were grown for 24 h and
971 then starved for 20 h by shifting the cells to DMEM medium containing 0.2% FBS before
972 pharmacological treatments. After treatment, cells were fixed with 4% paraformaldehyde in
973 phosphate-buffered saline (PBS; 137 mM NaCl, 2.7 mM KCl, 10 mM Na₂HPO₄, 1.8 mM
974 KH₂PO₄) for 15 min at 37°C, then extracted in -20°C methanol for 5 min. The cells were

975 permeabilized in PBS containing 0.1% Triton X-100, 5% normal donkey serum (017-000-121;
976 Jackson ImmunoResearch Laboratories), and 3% bovine serum albumin (BP1605-100; Thermo
977 Fisher Scientific) for 30 min. Subsequently, the permeabilized cells were immunostained by
978 successive incubations with primary antibodies for 1 h, secondary antibodies for 30 min, and
979 staining with Hoechst DNA dye, then mounted on slides using fluoromount-G (17984-25;
980 Electron Microscopy Sciences).

981 Imaging of indirect immunofluorescence (i.e., all panels except Fig. 7D) was performed on a
982 confocal microscope (LSM 800, Carl Zeiss Imaging) using a 63X/1.4NA objective and the 488,
983 555, 405 and 647 nm laser lines. Z-stacks of images with 0.2- μ m separation were collected.

984 Imaging of the direct fluorescence of cilia was performed using a DeltaVision system (Applied
985 Precision) equipped with a PlanApo 60x/1.40 objective (Olympus), a pco.edge sCMOS camera
986 and a solid-state illumination module (InsightSSI). For most experiments, cilia closest to the
987 coverslip were imaged (ventral cilia) as these cilia often lay perpendicular to the objective. Z-
988 stacks of images with 0.3- μ m separation were collected.

989 The Z-stacks were imported to Fiji and maximal intensity projection were assembled. To
990 measure the intensities of ciliary ARL6, SSTR3 and SMO, integrated fluorescence density was
991 measured using Fiji and fluorescence of an adjacent area was subtracted as background.

992

993 Sequence analysis

994 Helix 8 sequences were collected from GPCRdb (<https://gpcrdb.org>, (Pndy-Szekeres et al.,
995 2018) and manually searched for BBSome-binding motifs. Ciliary GPCRs were collected from
996 the literature (Badgandi et al., 2017; Berbari et al., 2008; Hilgendorf et al., 2019; Koemeter-Cox
997 et al., 2014; Loktev and Jackson, 2013; Marley et al., 2013; Marley and von Zastrow, 2010;
998 Mukhopadhyay et al., 2013; Omori et al., 2015; Siljee et al., 2018)

999

1000 Recombinant protein expression

1001 N-terminally GST-tagged ARL6ΔN16[Q73L] was expressed in bacteria as described (Chou et
1002 al., 2019). GST-tagged SMO^{Ctail} and IFT38 protein fusions were expressed in Rosetta2(DE3)-
1003 pLysS cells grown in 2xYT medium (Millipore Sigma, Y2627) at 37°C until the optical density
1004 (OD) at 600 nm reached 0.6. Protein expression was then induced with 1 mM isopropyl β-D-1-
1005 thiogalactopyranoside (IPTG) at 18°C for 4 h (SMO^{Ctail}) or with 0.2 mM IPTG at 18°C for 16 h
1006 (IFT38). Cells were resuspended in 4XT (200 mM Tris, pH 8.0, 800 mM NaCl, 1 mM DTT)
1007 with protease inhibitors (1 mM AEBSF, 0.8 µM Aprotinin, 15 µM E-64, 10 µg/mL Bestatin, 10
1008 µg/mL Pepstatin A and 10 µg/mL Leupeptin) and lysed by sonication. The clarified lysates were
1009 loaded onto Glutathione Sepharose 4B resin (GE Healthcare) and proteins eluted with 50 mM
1010 reduced glutathione in buffer XT (50 mM Tris, pH 8.0, 200 mM NaCl, 1 mM DTT). Proteins
1011 were subsequently dialyzed against XT buffer with one change of buffer and flash frozen in
1012 liquid nitrogen after addition of 5% (w/v) glycerol.

1013

1014 Purification of native BBSome

1015 The BBSome was purified from bovine retina by ARL6^{GTP}-affinity chromatography as described
1016 (Chou et al., 2019) and the sample was processed for cryo-EM the next day.

1017

1018 GST-capture assays

1019 GST pull-down assays were conducted by saturating 10 μ L of Glutathione Sepharose 4B beads
1020 (GE #17075605) with GST fusions. Binding to purified BBSome was assessed by mixing beads
1021 with a 10 nM solution of pure BBSome made in 100 μ L IB buffer (20 mM HEPES, pH 7.0, 5
1022 mM MgCl₂, 1 mM EDTA, 2% glycerol, 300 mM KOAc, 1 mM DTT, 0.2% Triton X-100) and
1023 incubating for 1 h at 4°C. After 4 washes with 200 μ L IB buffer, elution was performed by boiling
1024 the beads in SDS sample buffer.

1025 BBSome subunits and fragments thereof were translated *in vitro* from pCS2-Myc plasmids using
1026 the TNT SP6 Quick Coupled Transcription/Translation system (Promega L2080). 16 μ L TNT
1027 SP6 Quick Master Mix, 2 μ L Methionine (0.2 mM) and 2 μ L DNA (0.2 μ g/ μ L) were mixed and
1028 incubated at 30°C for 90 min. 20- μ L reactions were diluted into 180 μ L NSC250 buffer (25 mM
1029 Tris, pH 8.0, 250 mM KCl, 5 mM MgCl₂, 0.5% CHAPS, 1 mM DTT), mixed with 10 μ L
1030 glutathione beads saturated with GST fusions and rotated for 1 h at 4°C. After 4 washes with 200
1031 μ L NSC250 buffer, elution was performed by addition of 7.5 μ g PreScission protease in 30 μ L
1032 NSC250 buffer and incubation at 4°C overnight. The eluates were resolved by SDS-PAGE and
1033 analyzed by immunoblotting with anti-Myc antibody.

1034 Yeast two-hybrid assays

1035 The coding DNA sequences (CDSs) for various fragments of BBSome subunits were either
1036 obtained in Gateway Entry vectors or amplified via PCR and transferred to pDONR221 by BP
1037 clonase recombination. The CDSs were shuttled to Y2H Gateway destination vectors bait
1038 pBTMcc24 (C-terminal bait), pBTM116D-9 (N-terminal bait), pCBDU (C-terminal prey), and
1039 pACT4 (N-terminal prey) by LR clonase recombination. Bait and prey vectors were introduced
1040 into either bait (L40ccU MAT_a) or prey (L40cca MAT_a) yeast strains by lithium acetate
1041 transformation. Yeast were mated in a 96-well matrix format, using at least two independently
1042 transformed colonies to test each interaction. MAT_a and MAT_a yeast were mated on YPDA
1043 medium for 36-48 h at 30°C prior to diploid selection on medium lacking tryptophan and
1044 leucine. Diploids were incubated for 2 days at 30°C prior to transfer onto medium lacking
1045 tryptophan, leucine and histidine to select for positive growth of interacting constructs.

1046

1047 Cryo-EM sample preparation and data collection

1048 For BBSome alone, 3.5 µL of the peak fraction from a BBSome purification (0.4 - 0.6 mg/mL) was
1049 applied to glow-discharged R1.2/1.3 holey carbon copper grids (Quantifoil) covered with a thin
1050 homemade carbon film. The grids were blotted for 1 s at 4°C and 100% humidity, and plunged
1051 into liquid ethane using a Mark IV Vitrobot (Thermo Fisher Scientific). A cryo-EM dataset was
1052 collected on a 300-kV Titan Krios electron microscope (Thermo Fisher Scientific) equipped with
1053 a K2 Summit detector (Gatan) at a nominal magnification of 22,500x in super-resolution counting
1054 mode. After binning over 2x2 pixels, the calibrated pixel size was 1.3 Å on the specimen level.

1055 Exposures of 10 s were dose-fractionated into 40 frames with a dose rate of 8 e⁻/pixel/s, resulting
1056 in a total dose of 80 e⁻/Å². Data were collected with SerialEM (Mastronarde, 2005) and the used
1057 defocus range was from -1.5 μm to -3.0 μm.

1058 For the BBSome–ARL6 complex, full-length ARL6 was incubated with GTP at a molar ratio of
1059 1:20 for 1 h on ice, added to purified BBSome at a molar ratio of 5:1 and incubated for another
1060 hour on ice. 3.5 μL of the sample was applied to glow-discharged R1.2/1.3 holey carbon grids
1061 (Quantifoil Au or C-flat Cu). The grids were blotted for 3.5 s at 4°C and 100% humidity, and
1062 plunged into liquid ethane using a Mark IV Vitrobot. One cryo-EM dataset was collected on a
1063 300-kV Titan Krios electron microscope equipped with a K2 Summit detector at a nominal
1064 magnification of 28,000x in super-resolution counting mode. After binning over 2x2 pixels, the
1065 calibrated pixel size was 1.0 Å on the specimen level. Exposures of 10 s were dose-fractionated into
1066 40 frames with a dose rate of 7.52 e⁻/pixel/s, resulting in a total dose of 75.2 e⁻/Å². A second
1067 dataset was collected on a 300-kV Titan Krios equipped with a K3 detector at a nominal
1068 magnification of 64,000x in super-resolution counting mode. After binning over 2x2 pixels, the
1069 calibrated pixel size was 1.08 Å on the specimen level. Exposures of 2 s were dose-fractionated into
1070 50 frames with a dose rate of 29.99 e⁻/pixel/s, resulting in a total dose of 51.44 e⁻/Å². Both datasets
1071 were collected with SerialEM and the defocus ranged from -1.5 μm to -2.5 μm.

1072

1073 Cryo-EM data processing

1074 The movie frames collected with the K2 detector were corrected with a gain reference. All movies
1075 were dose-weighted and motion-corrected with MotionCor2 (Zheng et al., 2017). The contrast

1076 transfer function (CTF) parameters were estimated with CTFFIND4 (Rohou and Grigorieff, 2015,
1077 p. 4). For micrographs collected with the K2 detector, particles were picked with Gautomatch
1078 (<https://www.mrc-lmb.cam.ac.uk/kzhang/Gautomatch/>); for those collected with the K3
1079 detector, particles were picked with RELION 3.0 (Zivanov et al., 2018). Three projections from
1080 our previous cryo-EM map of the BBSome (EMD-7839) were used as templates for picking.
1081 For BBSome alone, 2,218,320 particles were picked from 4,733 micrographs and subjected to 2D
1082 classification in RELION. Particles in classes that generated averages showing clear structural
1083 features were selected (770,345 particles) for *ab initio* 3D reconstruction of two models in
1084 cryoSPARC (Punjani et al., 2017). The map with clearer structural features and higher resolution
1085 was selected for heterogenous refinement in cryoSPARC, after which 560,777 particles were
1086 selected for further homogenous refinement. The output map was further refined in RELION by
1087 3D refinement, CTF refinement and Bayesian polishing, resulting in a map at 3.6 Å resolution.
1088 The base and corkscrew modules of the BBSome, including BBS1, BBS4, BBS5, BBS8, BBS9 and
1089 BBS18, were well resolved, but density for the top lobe, containing BBS2 and BBS7, was weak. A
1090 focused refinement, masking out the BBS1 βprop and ins, BBS2 βprop, GAE and cc, and the BBS7
1091 βprop, GAE, cc, pf and hp domains, yielded a map for the remainder of the BBSome at 3.44 Å
1092 resolution.
1093 For the BBSome–ARL6 complex, data collected with the K2 camera yielded 228,487 particles
1094 from 1,031 micrographs of a Quantifoil Au grid and 192,243 particles from 911 images of a C-flat
1095 Cu grid. The particles from the two datasets were separately subjected to 2D classification in
1096 RELION, and particles from classes that generated averages showing clear structural features were

1097 combined, including 134,169 and 72,182 particles, respectively. Data collected with the K3
1098 camera yielded 1,033,939 particles from 2,680 micrographs of the Quantifoil Au grid and 688,499
1099 particles from 1,960 micrographs of the C-flat grid. After 2D classification, 185,332 and 154,503
1100 particles, respectively, were selected. All selected particles were combined (546,186 particles in
1101 total) and subjected to 3D classification into 6 classes, using as reference the previously determined
1102 BBSome map (EMD-7839) filtered to 45-Å resolution. One of the resulting maps showed clear fine
1103 structural features (209,646 particles) and was subjected to 3D refinement, yielding a density map
1104 at 4.1-Å resolution. Refinement focused on the top lobe of the BBSome, including BBS2, BBS7,
1105 BBS1 β prop, and ARL6 yielded a map at 4.2-Å resolution. Refinement focused on the lower lobe
1106 of the BBSome including the remaining subunits yielded a map at 3.8-Å resolution. To improve
1107 the density for the GAE and pf domains of BBS2 and BBS7, a mask was generated for these
1108 domains and used for focused 3D classification into 4 classes without alignment. The resulting map
1109 showing the best structural features was selected for further refinement, which resulted in a map at
1110 4.0-Å resolution, with improved density for the GAE and pf domains of BBS2 and BBS7.

1111 The resolution was determined by Fourier shell correlation (FSC) of two independently refined
1112 half-maps using the 0.143 cut-off criterion (Rosenthal and Henderson, 2003). Local resolution
1113 was estimated from the two half-maps using the ResMap algorithm implemented in RELION.
1114 UCSF Chimera (Pettersen et al., 2004) was used to visualize density maps.

1115

1116 Model building and refinement

1117 Our previously published backbone model of the BBSome (Chou et al., 2019) was first placed
1118 into the density map using Chimera. All manual model building was performed with Coot
1119 (Emsley and Cowtan, 2004). BBS2^{GAE} and BBS7^{GAE} models were generated using SWISS-
1120 MODEL (Waterhouse et al., 2018), using the structure of BBS9^{GAE} as template. The generated
1121 models were then docked into the density map using Chimera, and trimmed in Coot. Due to the
1122 weak density of these areas in both maps, we only built secondary-structure fragments but not the
1123 connecting loops. A model for bovine ARL6 starting was generated with SWISS-MODEL, using
1124 the crystal structure of *Chlamydomonas reinhardtii* ARL6 (PDB ID: 40VN) as template. The model
1125 was then docked into the density map of the BBSome–ARL6 complex. The atomic models were
1126 refined using phenix.real_space_refine (Adams et al., 2010). Cryo-EM data collection, refinement
1127 and modelling statistics are summarized in Table S1.