

1 Article

2 BET bromodomain inhibitor HMBA synergizes with 3 MEK inhibition in treatment of malignant glioma

4 Elisa Funck-Brentano, Dzeneta Vizlin-Hodzic, Jonas A. Nilsson* and Lisa M. Nilsson*

5 From Sahlgrenska Cancer Center, Department of Surgery, Institute of Clinical Sciences, University of
6 Gothenburg, Sweden

7 * Correspondence: lisa.m.nilsson@surgery.gu.se or jonas.a.nilsson@surgery.gu.se; Tel.: +46 31 786 6768

8 **Abstract:** (1) Background: BET bromodomain proteins regulate transcription by binding acetylated
9 histones and attracting key factors for e.g. transcriptional elongation. BET inhibitors have been
10 developed to block pathogenic processes such as cancer and inflammation. Despite having potent
11 biological activities, BET inhibitors have still not made a breakthrough in clinical use for treating
12 cancer. Multiple resistance mechanisms have been proposed but thus far no attempts to block this
13 in glioma has been made. (2) Methods: Here, we have conducted a pharmacological synergy screen
14 in glioma cells to search for possible combination treatments augmenting the apoptotic response to
15 BET inhibitors. We first used HMBA, a compound that was developed as a differentiation therapy
16 four decades ago but more recently was shown to primarily inhibit BET bromodomain proteins.
17 Data was also generated using other BET inhibitors. (3) Results: In the synergy screen, we
18 discovered that several MEK inhibitors can enhance apoptosis in response to HMBA in rat and
19 human glioma cells in vitro as well as in vivo xenografts. The combination is not unique to HMBA
20 but also other BET inhibitors such as JQ1 and I-BET-762 can synergize with MEK inhibitors. (4)
21 Conclusions: Our findings validate a combination therapy previously demonstrated to exhibit anti-
22 cancer activities in multiple other tumor types but which appears to have been lost in translation to
23 the clinic.

24 **Keywords:** BET bromodomain protein, hexamethylene bisacetamide, glioma

25

26 1. Introduction

27 Before the discovery of oncogenes the concept of cancer cell differentiation therapy was explored
28 therapeutically, in part based on early observations that dimethylsulfoxide (DMSO) can cause
29 differentiation of Friend virus induced mouse erythroleukemia (MEL) cells into hemoglobin
30 producing red blood cells (1). Efforts to produce more potent cancer differentiation compounds
31 generated two molecules that were tested in the clinic, hexamethylene bisacetamide (HMBA) and
32 suberoylanilide hydroxamic acid (SAHA, later renamed to vorinostat) (2, 3). Whereas SAHA was
33 found to inhibit histone deacetylases (HDACs) 1-3 and made it to clinical approval for cutaneous T-
34 cell leukemia, HMBA neither inhibits HDACs nor received clinical approval, and its target was
35 unknown for forty years (4, 5). Recently, however, we discovered that HMBA is a bromodomain and
36 extra-terminal domain (BET) inhibitor, with highest binding affinity for bromodomain 2 (BD2) of BET
37 proteins BRD2, BRD3 and BRD4 while also inhibiting the bromodomain of histone acetyltransferase
38 P300 (6). The structure of HMBA largely resembles that of an acetylated lysine, explaining the mode
39 of action.

40

41 Although HMBA was likely the first anti-cancer compound used in the clinic that inhibited BET
42 bromodomain proteins, the concept of BET inhibitors (BETis) were largely popularized with the
43 development of the low nanomolar BETis JQ1 and iBET-151 (7, 8). The mechanism of action of these
44 compounds involves inhibition of transcriptional elongation (9, 10). Albeit that MYC transcription is

45 frequently suppressed, all effects of BETis are not dependent on MYC suppression (11, 12). Most of
46 the clinical studies using HMBA and other BETis have focused on hematological malignancies and
47 less is known about the effect of this class of compound in solid tumors such as glioma. Hematological
48 malignancies respond to BETis in vitro by cell cycle arrest, differentiation and apoptosis, whereas
49 glioma cells undergo cell cycle arrest and differentiation and to a lesser extent apoptosis (13-15).
50 Importantly for glioma treatments, the clinical BET inhibitor OTX015 has been shown to pass the
51 blood-brain-barrier (16).

52 If BETis are to work in the clinic against solid tumors including glioma, then the predominant effect
53 of BETis should be apoptosis. So far, BETis have not convincingly shown this effect as single agents
54 in solid tumors. Here we use the C6 rat glioma model system to study means to activate cell death in
55 BETi-treated cells. We demonstrate that the MAPK pathway is critical for maintaining viability of
56 HMBA-treated C6 cells and demonstrate synergy between HMBA and MEK inhibitors in vitro and
57 in mouse xenograft experiments using C6 cells and human primary glioma sphere cultures.

58 2. Results

59 To study the effect of HMBA in glioma we used the rat glioma cell line C6. Treatment of these cells
60 for 72 hours blocked cell proliferation (Figure 1A) but did not induce apoptosis, as assessed by flow
61 cytometry of sub-G1 DNA content (Figure 1B-C). We therefore conclude that C6 glioma cells

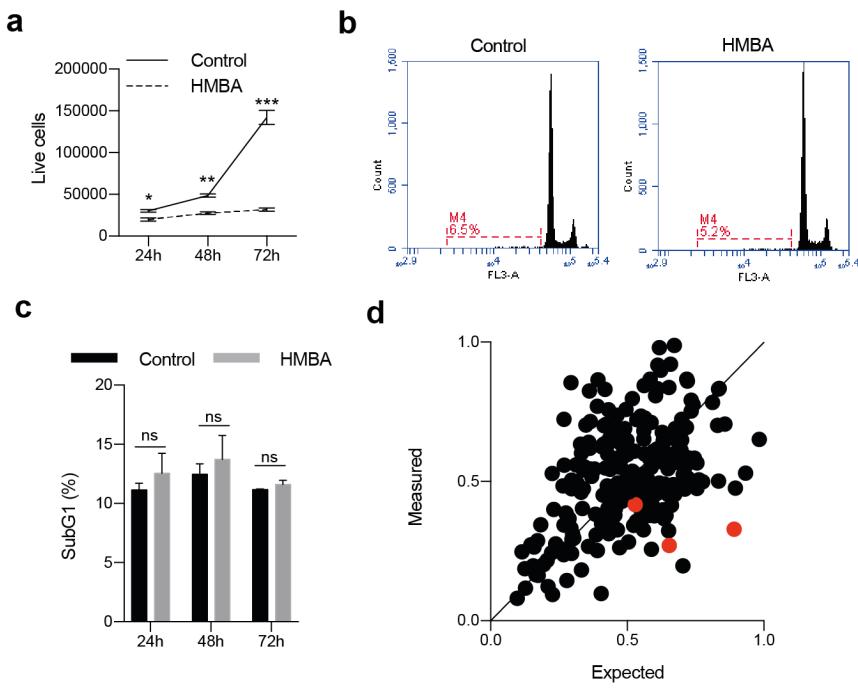


Figure 1. HMBA evokes primarily growth arrest in C6 glioma cells. a) Cell counts using trypan blue and b) DNA histograms of 7-AAD-stained nuclei quantifying the sub-G1 content together indicate that the primary response to HMBA-treatment in C6 glioma cells is growth arrest. c) Quantification of cells with less than diploid DNA content in b). d) Plot summarizing the results from the pharmacological screen of HMBA in combination with 226 different compounds. The three red dots indicate the three MEK inhibitors which all fall below the line of equal measured and expected.

62 primarily respond to HMBA by growth inhibition. Since apoptosis is the preferred mode of effect of
63 cancer treatment we hypothesized that a signaling pathway targeted by drugs could be used by the
64 cell to maintain viability upon HMBA treatment. We therefore screened a library of 226 compounds
65 (Supplemental Table S1) either approved for clinical use or under various stages of clinical

66 development. Comparing the effect of monotherapy of HMBA, with monotherapy of either library
67 compound alone or with combination therapy of HMBA and library compound, we identified
68 compounds that displayed synergistic effects together with HMBA, of which three were MEK
69 inhibitors (Figure 1D).

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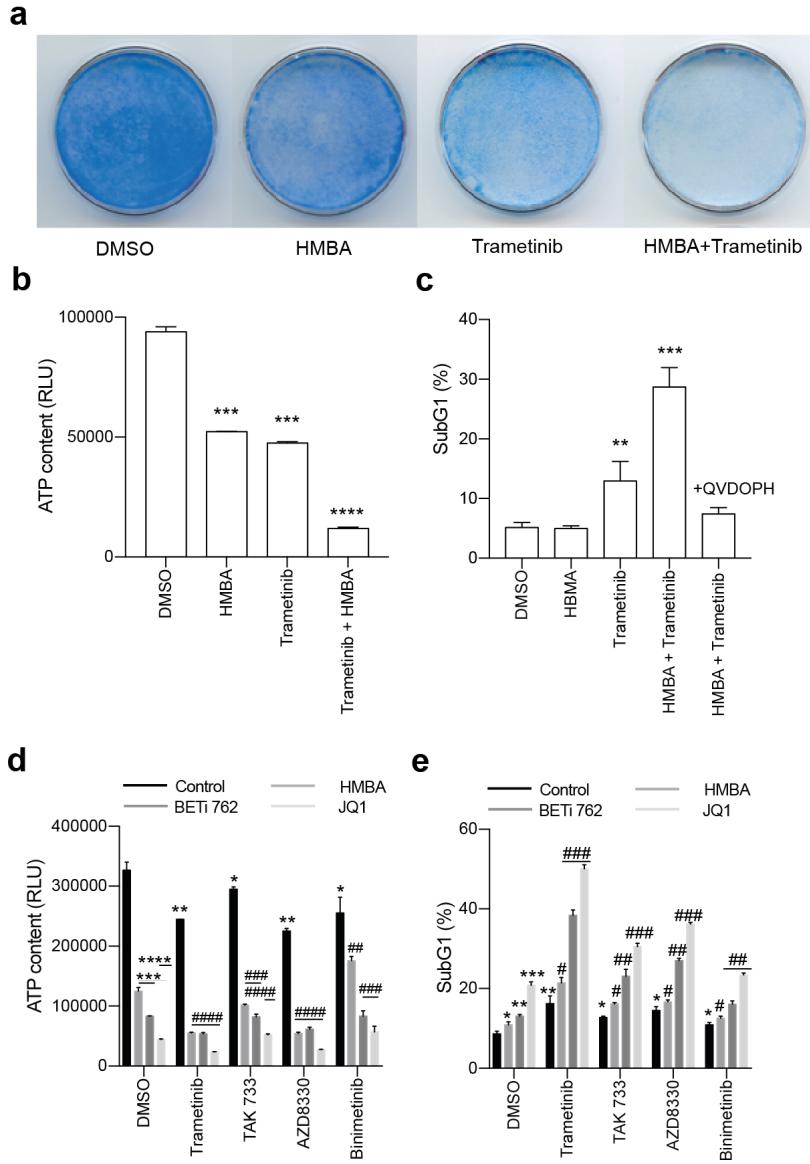


Figure 2. Combination of BET inhibitors and MEK inhibitors enhance cell death in C6 rat glioma cells. a) Clonogenic assay of C6 treated with HMBA, trametinib or the combination of both. b) Cell viability of single treatment or combination using Cell Titer Glo. The dotted indicates the expected value of an additive effect of the combination c) Percent of cells with less than diploid DNA content (sub-G1). The high rates in combination treatment could be suppressed with pan-caspase inhibitor Q-VD-OPH, suggesting apoptosis. d) and e) Viability and sub-G1 assessments of combinations of BET inhibitors HMBA, JQ1 and I-BET762 together with MEK inhibitors trametinib, TAK733, AZD8330 and binimetinib. Single asterisks or hash signs indicate significant values of $p < 0.05$, double signs are $p < 0.01$, triple signs are $p < 0.001$ and quadruple signs are $p < 0.0001$.

71 Currently, two MEK inhibitors are FDA approved for use in melanoma but none are used for
72 treatment of glioma. We repeated the results from the library screen using the FDA-approved MEK-

73 inhibitor trametinib (GSK1120212) in a clonogenic assay (Figure 2A). The lack of long-term growth
74 and induction of cell death was revealed by an ATP/luciferase-based viability assay (Figure 2B) and
75 flow cytometric analysis of sub-G1 DNA content (Figure 2C). This cell death was likely mediated by
76 caspases since the sub-G1 content of the cells could be rescued by the pan-caspase inhibitor Q-VD-
77 OPH. Furthermore, the synergistic effects of dual BET and MEK inhibition could be reproduced using
78 other MEK inhibitors (TAK-733 and AZD8330, but not binimetinib) and BETi (JQ1 or iBET-762; Figure
79 2D-E and Supplemental Figure S1A-B).

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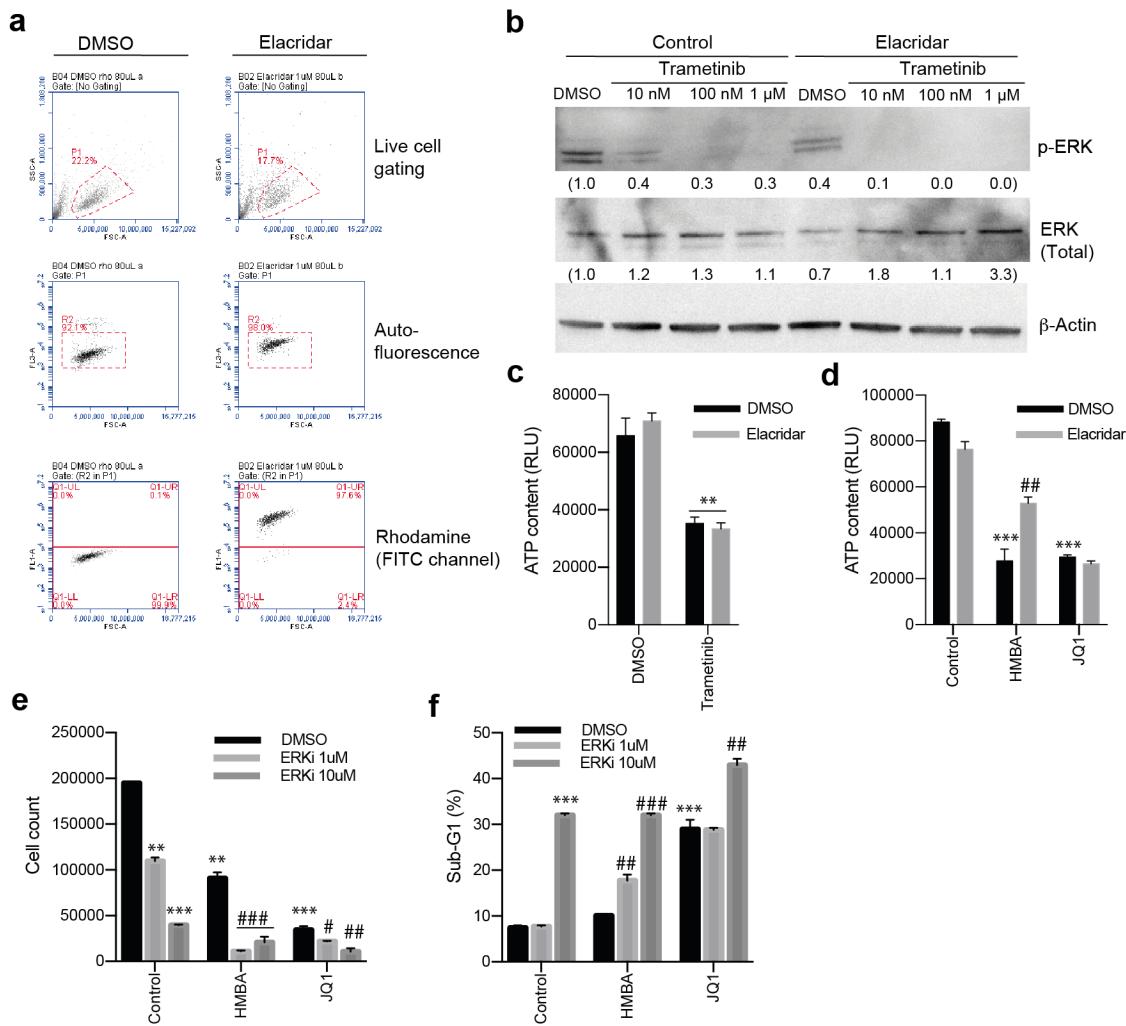


Figure 3. Inhibiting p-gp activity with elacridar affects trametinib activity but does not synergize with trametinib to kill C6 cells. a) Flow cytometry analysis for p-gp activity showing p-gp substrate Rhodamine 123 being pumped out of cells (DMSO, bottom panel) whereas inhibiting p-gp with elacridar blocks this pumping (Elacridar, bottom panel). b) Blocking p-gp with elacridar enhanced the activity of trametinib as judged by lowered P-ERK on Western blot. Values of relative expression to actin and the control, assessed by densitometry, is below images. Uncropped images are in Supplemental Figure S2. c) Viability assay showing that inhibiting p-gp with elacridar does not enhance killing by trametinib. d) Viability assay of combination treatments with elacridar and HMBA or JQ1. e) and f) Viability and sub-G1 assessments of combinations of BET inhibitors HMBA and JQ1 together with ERK inhibitor SCH772984.

81 Earlier studies had indicated that HMBA could more efficiently induce differentiation of a
82 vincristine-resistant leukemia cell line (17). This suggested that HMBA possibly could interfere with

83 drug resistance pump such as p-glycoprotein (ABCB1 or MDR1) but such a link could not be
84 established. On the other hand, trametinib had previously been shown to be a substrate of p-
85 glycoprotein (p-gp) (18) so we reasoned that p-gp could be involved in the synergy in C6 glioma cells.
86 Indeed, as previously shown (19), C6 cells were highly effective in pumping out the substrate
87 rhodamine 123, and this activity was blocked by the ABCB1/ABCG2 inhibitor elacridar (Figure 3A).
88 Interestingly, also trametinib - but not the other MEK inhibitors tested - could inhibit pumping of
89 rhodamine 123 but only occasionally at 1 μ M and more prominently at >1 μ M (Supplemental Figure
90 3A-B). Blocking of pumps with elacridar reduced the concentration needed to inhibit ERK
91 phosphorylation in C6 cells (Figure 3B). However, the fact that elacridar neither synergized with
92 trametinib nor with HMBA or JQ1 (Figure 3C-D) made it unlikely that BETis synergize with MEK
93 inhibitors because of regulation of p-gp or other drug pumps. Rather, as HMBA and JQ1 synergize with MEK
94 inhibitors (Figure 2D-F) - which were not p-gp inhibitors (Supplemental Figure 3A-B) - and also with the ERK inhibitor SCH772984 (Figure 3E-G), suggests that the MAPK pathway
95 maintains viability of BETi-treated C6 glioma cells.
96

97 Next, we investigated if HMBA and trametinib could block tumor growth *in vivo*. Immuno-
98 compromised NOG mice were transplanted with C6 cells subcutaneously, and when tumors were
99 palpable they were randomized to treatment either with normal food or food containing trametinib
100 and/or normal drinking water or drinking water supplemented with HMBA. Tumors in mice treated
101 with HMBA in drinking water or trametinib in the food grew significantly slower than tumors
102 growing in control mice and in HMBA/trametinib-treated mice tumor growth was robustly
103 suppressed resulting in four-fold longer survival (Figure 4A-B).

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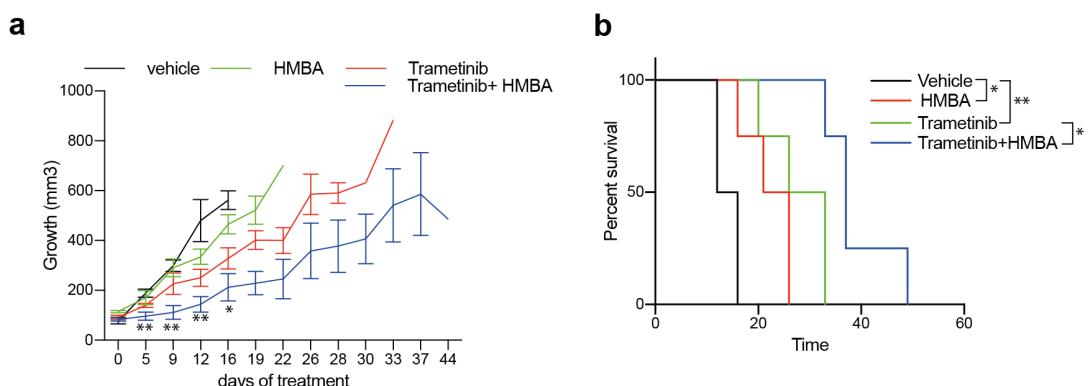


Figure 4. Treatments *in vivo* of C6 glioma with HMBA (2.5 % HMBA in drinking water), trametinib (0.5 mg/kg mouse mixed in food) or combination. a) Tumor volumes over time with respective treatment. Significance of curve comparisons (asterisks) are made for vehicle and trametinib+HMBA treated mice. b) Survival curve indicating the elapsed time for tumors in the different treatment to reach ethical size limit, n=4 in each group.

105 To gain insight into whether or not the described synergy effect of BET and MEK inhibition would
106 also impact on human glioma we treated four patient-derived glioma sphere cultures with HMBA
107 and trametinib. Three out of the four cell lines had some response to trametinib in short-term sphere
108 culture but only one out of the four cell lines, NCH421K, was sensitive to the combination, suggesting
109 that multiple pathways maintain viability of human glioma cells treated with HMBA (Figure 5A).
110 However, long-term adherent culture of NCH644 and NCH690 revealed sensitivity to the
111 combination (Figure 5B). Nevertheless, treatment of mice bearing NCH421K tumors with HMBA
112 water and trametinib food suppressed growth (Figure 5C). Trametinib has been associated with
113 induction of kinase activities in triple-negative breast cancer cells through enhancer remodeling (20).
114 Presumably, this could help the cells survive MEK inhibition, which would be perturbed by BETi
115 treatment if these kinases rely on BET protein-regulated processes for expression. In order to

116 investigate if this also holds true in glioma, we performed phosphokinase arrays on two of the human
117 glioma lines, NCH644 and NCH690. The analysis included 43 phosphorylation sites of known
118 kinases. After 24 hours' treatment, there were minor effects on kinase activities in the two cell lines
119 (Figure S3). The graphs display the ratios of trametinib vs vehicle of each cell line. Reassuringly, ERK
120 phosphorylation and phosphorylation of the ERK target CREB was inhibited in both cell lines,
121 confirming the activity of the MEK inhibitor. Glioma line NCH690 exhibited a general
122 downregulation of all kinase activities tested in the assay, in accordance with the overt sensitivity of
123 this cell line to monotherapy with trametinib (Figure 5B). The NCH644 line, on the other hand, was
124 less affected by monotherapy with trametinib (Figure 5B) and phosphorylation of for example c-Jun,
125 FYN and PRAS40 was induced by trametinib (Figure S4). Collectively, our data does not provide a
126 consistent view on changes of the phospho-proteome in glioma cells treated with trametinib, besides
127 inhibition of ERK phosphorylation.

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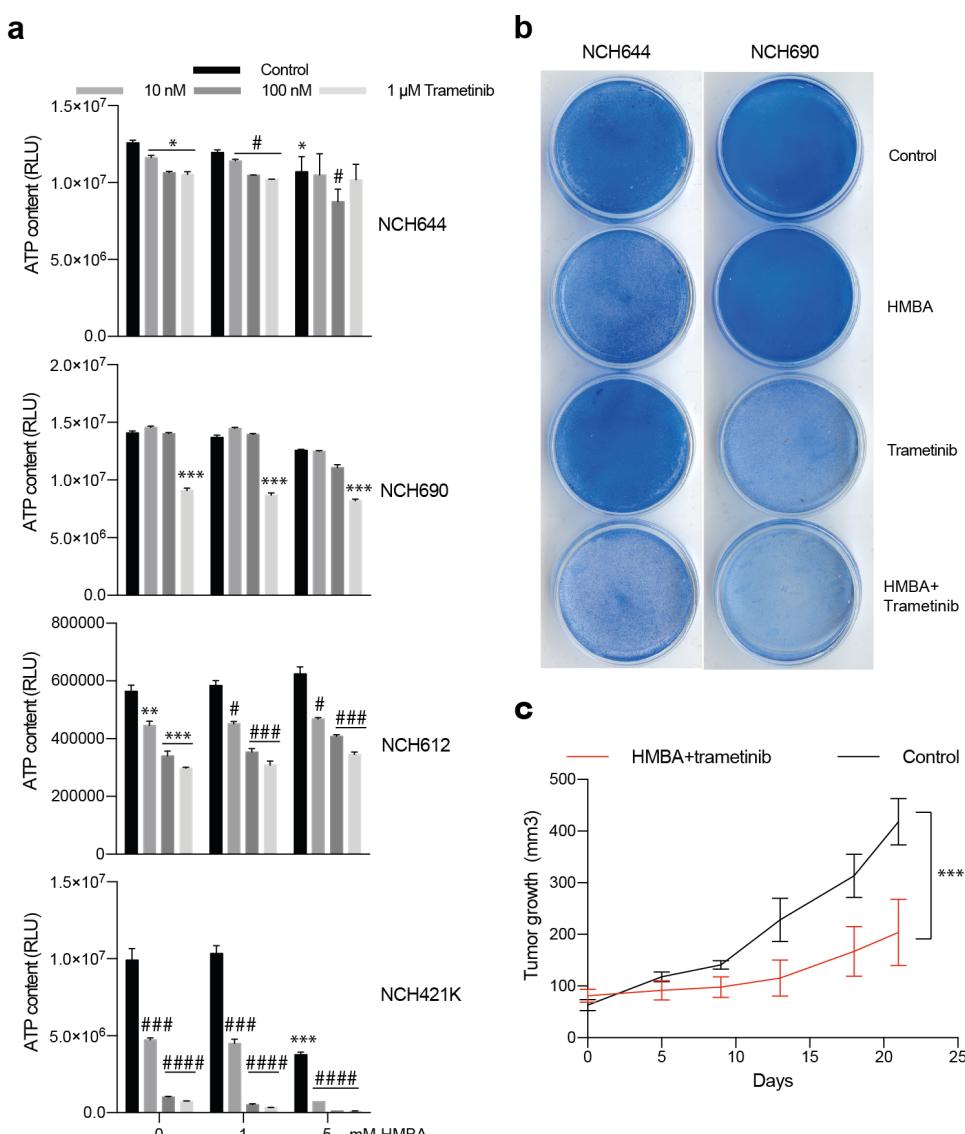


Figure 5. Human glioma cells are sensitive to combination of HMBA and trametinib. a) Viability assay of four human glioma cell lines treated for three days as spheres with HMBA and varying concentrations of trametinib. b) Clonogenic assay of cell lines NCH644 and NCH690 growing adherently on plastic showing potency of combination treatment. c) Tumor growth in vivo of NCH421K cells growing subcutaneously on NOG mice and treated with combination of HMBA+trametinib.

129 **3. Discussion**

130 In the present study we have identified means to enhance efficacy of BETis in models of glioma.
131 Several BETis have already entered clinical trials, e.g. HMBA, OTX015 and ABBV-075 (21-23), but
132 thus far the therapeutic effect of these inhibitors as monotherapies have been sparse. Our findings
133 that MEK inhibitors, which are already available in clinical use, could synergize with BETis is
134 therefore of clinical interest. Notably though, the synergistic effect of simultaneous targeting with
135 BET and MEK inhibitors has also been observed in a broad set of tumor types (20, 24-28). The
136 sensitivity has been correlated to certain mutational states, like Suz12 loss in malignant peripheral
137 nerve sheath tumors (24) which leads to an epigenetic switch from histone methylation to histone
138 acetylation, rendering the tumors sensitive to BET inhibitor JQ1. Another study demonstrated that
139 resistance to MEK inhibitors associated with BRD4-induced enhancer formation, which could be
140 inhibited by JQ1 (20). Although the combination therapy can show effects in many tumor types it is
141 not certain that the mechanism will be identical in all affected tumor types since the transcriptional
142 effects of BET inhibition is very pronounced.

143 MEK/BET combination inhibition can suppress MAPK and checkpoint inhibitor resistant melanoma
144 in animal models including those exhibiting NRAS mutations (27). Although BET and MEK
145 inhibitors would be expected to have effects on normal lymphocytes as well, the combination had
146 activity also in immune competent mice and did not impair immune cells. However, in these
147 experiments, checkpoint inhibitors were not given which could explain the general insensitivity of
148 the non-dividing immune cells to BET/MEK combination treatment.

149 We have previously published data demonstrating that BETis act as what historically was referred to
150 cancer differentiating agents (6, 12). Tumor cell differentiation therapies held great promise during
151 the 1980's and 1990's, but did not render any clinically approved therapies for solid tumors. The vast
152 literature, including our study, on combining BET inhibitors with MAPK inhibitors, could be a
153 solution to enhancing the effects of previously tested differentiation therapies. Glioma patients have
154 very few viable treatment options for advanced disease and therefore could participate in phase 1
155 studies on the combination between BETis and e.g. trametinib. A possible challenge may be that
156 trametinib appears to be a substrate of drug pumps (18) but this has to be validated in the clinic.

157 **4. Materials and Methods**

158 *4.1. Chemicals*

159 HMBA and Rhodamine 123 was purchased from Sigma-Aldrich. A collection of 226 anti-cancer
160 compounds under clinical development or in clinical use as well as AZD8330, I-BET-762, trametinib,
161 TAK733, binimatinib, elacridar and ERK inhibitor SCH772984 were all from Selleck Biochemicals.
162 The (+)-enantiomer of JQ1 was purchased from Cayman chemicals.

163 *4.2. Cell culture*

164 The rat glioma cell line C6 was bought from Cell Line Service (CLS) and grown in RPMI-1640
165 supplemented with 10% FBS, GlutaMAX and antibiotics. The human glioma sphere cultures
166 NCH412K, NCH612, NCH644 and NCH690 were form CLS and were cultured according to the
167 company's recommendations in glioma sphere medium MG43 (CLS) as spheres or adherent cultures
168 using laminin-coated plastic dishes. Viability after treatments was analysed with Cell Titer Glo
169 (Promega), or Coomassie-staining of cells grown for clonogenic assay.

170 *4.3. Mouse experiments*

171 All animal experiments were performed in accordance with regional/local animal ethics committee
172 approval (approval number 36/2014). C6 or NCH412K cells were injected subcutaneously onto the

173 flanks of immunocompromised, non-obese severe combined immune-deficient interleukin-2 chain
174 receptor γ knockout mice (NOG mice; Taconic, Denmark). Tumors were measured with caliper at
175 regular time points and tumor volumes were calculated using the formula: tumor volume
176 (mm^3)=(length(mm)) \times (width(mm)) $^2/2$. Treatments were started when the tumors were actively
177 growing, judged by increasing volumes on repeated caliper measurements. Trametinib was mixed in
178 the chow at 2.5 mg/kg giving an approximate dose of 0.5mg/kg mouse per day. HMBA was given in
179 drinking water as 2.5% HMBA, 0.33g/L bicarbonate, 2% sucrose. Vehicle was given as 0.33 g/L
180 bicarbonate, 2% sucrose. Mice were sacrificed and tumors were harvested before or when tumors
181 reached ethical size limit.

182 *4.4. Cell cycle analysis*

183 One million cells per mL were lysed and stained for 30 minutes at 37°C in modified Vindelöv's
184 solution (20 mM Tris, 100 mM NaCl, 1 μ g/mL 7-AAD, 20 μ g/mL RNase, and 0.1 % NP40 adjusted to
185 pH 8.0) followed by analysis of DNA content using the FL3 channel (linear mode and cell cycle) or
186 FL3 channel (logarithmic mode and apoptosis) with a BD Accuri C6 flow cytometer.

187 *4.5. Western blot*

188 For western blot analysis of protein expression, cell pellets or tumor pieces were lysed in lysis buffer
189 (50 mM HEPES pH 7.5, 150 mM NaCl, 1 mM EDTA, 2.5 mM EGTA, 0.1 % Tween-20, 1 x HALT
190 protease and phosphatase inhibitors (Thermo Scientific)) on ice. After sonication and clearing of
191 lysates, protein was determined using Bio-Rad Protein Assay Dye reagent (Bio-Rad). A total of 50 μ g
192 of protein was resolved on 4–20% Mini-PROTEAN TGX gels (Bio-Rad) and transferred to
193 nitrocellulose membrane (Protran, GE Healthcare Bio-Sciences). Membranes were stained with
194 Ponceau S red dye to verify equal loading. All subsequent steps were carried out in TBS-Tween (10
195 mM Tris-HCl, pH 7.6, 150 mM NaCl, and 0.05 % Tween-20) containing 5% bovine serum albumin for
196 antibody incubations. Antibodies against total ERK and phosphorylated ERK were from Cell
197 Signaling, beta-Actin was from Sigma. For phosphorylation site detection the Proteome profiler
198 human phospho-kinase array kit (R&D Systems) was used according to manufacturer's instructions.
199 Lysates were prepared the same way as described above and 200 μ g total protein was incubated with
200 each membrane set. The signals were quantified using densitometry.

201 *4.6. Analysis of pump activity*

202 C6 cells were treated for 48 hours with indicated inhibitor, after which they were further treated in
203 the presence of 200 ng/mL Rhodamine 123 for 60 min. After incubation, the cells were washed with
204 PBS and cultured for another 90 min in fresh medium with continued treatment but in the absence of
205 Rhodamine 123. Elacridar was added (1uM) to block pumping of Rhodamine 123. Cells were
206 harvested and resuspended in PBS and analyzed with a BD Accuri C6 flow cytometer.

207 *4.7. Statistical analysis*

208 Graphs were generated using GraphPad Prism, error bars on tumor growth curves are shown as
209 standard error of mean (SEM), and error bars on cell experiments are shown as standard deviation
210 (SD). Statistical significance was assessed by Student's T test and significant values compared to
211 vehicle are indicated by asterisks whereas significant values compared to relevant monotherapy in
212 combination experiments are indicated by hash signs. Single asterisks or hash signs are $p<0.05$, double
213 signs are $p<0.01$, triple signs are $p<0.001$ and quadruple signs are $p<0.0001$. Survival curve analysis
214 for in vivo experiments was performed using the log-rank (Mantel-Cox) test in Graph Pad Prism
215 (GraphPad Software).

216 **5. Conclusions**

217 The present study confirms in an additional cancer type that targeting BET bromodomain
218 protein and MEK is more effective than monotherapies of both inhibitors. We propose the initiation
219 of a basket clinical trial for patients with solid tumors that have failed targeted therapies and/or
220 immunotherapies.

221 **Supplementary Materials:** The following are available: Figure S1-4 and Table S1-2.

222 **Author Contributions:** The following were made: Conceptualization, J.A.N. and L.M.N.; methodology, E.F.B.,
223 D.V.H. and L.M.N.; data curation, E.F.B., J.A.N., L.M.N.; writing—original draft preparation, E.F.B., J.A.N.,
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230 **Conflicts of Interest:** The authors declare no conflict of interest.

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