

## Haloperidol Amnesic Effect

# HALOPERIDOL-INDUCED IMPAIRMENT ON WORKING MEMORY CAPACITY AFFECTING LONG TERM MEMORY PERFORMANCE: THE BINDING HYPOTHESIS.

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# HALOPERIDOL-INDUCED IMPAIRMENT ON WORKING MEMORY CAPACITY AFFECTING LONG TERM MEMORY PERFORMANCE: THE BINDING HYPOTHESIS.

## Abstract

The dopaminergic system is implicated in several cognitive processes including memory, attention and executive functions. This study was a double-blind, placebo-randomized trial designed to investigate the effect of dopamine D<sub>2</sub> receptor blockade on episodic and working memory and particularly the relationship between executive functions, working memory capacity and long-term memory (LTM). Subjects ingested a single oral dose (4 mg) of haloperidol, a dopamine D<sub>2</sub> receptor antagonist or placebo. Multiple linear regression using generalized linear models and a generalized estimating equation were used for statistical analyses. The results demonstrated that haloperidol impaired episodic memory (free recall of words and prose recall), working memory capacity-WMC (operation span task-OSPAN) and highly demanding executive functions (random number generation - RNG). In addition, it demonstrated that despite the large impairment in the RNG task performance in the haloperidol group, it did not affect episodic memory. The OSPAN task is predictive of episodic memory impairment, suggesting that memory impairments produced by haloperidol could be due in part to the impairment of WMC. As WMC partly relies on the appropriate functioning of the medial temporal lobe, probably the haloperidol-induced impairment on episodic memory through the decrease in the performance of WMC may depend on the activation of this area of the brain. The present study is relevant because it provides data on dopaminergic modulation of memory systems; suggesting that the major cause of deficits in episodic memory may be due to hippocampal function and WMC impairments, the latter more specifically with regard to controlled search and binding.

**Key words: Haloperidol; Dopamine; Episodic memory; Working memory capacity; Binding.**

## INTRODUCTION

Episodic memories are formed by connecting information in a given time and space. These unrelated pieces of information bind together to form a representation of an integrated scene or event that can be consciously recalled or recognized [1]. In contrast, working memory (WM) is a limited-capacity system that simultaneously stores and manipulates short-term information. This system is important for attention, logic, reasoning, planning, strategy implementation and learning [2, 3].

Episodic memory and WM were traditionally considered both functionally and neuroanatomically dissociated [4, 5]. However, this view has been changing because of recent behavioral neuroimaging and electrophysiological findings [6-12]. Long-term memory (LTM) seems to contribute to WM, which in turn, contributes to episodic memory formation. This relationship is based on large-scale connection pathways between the pre-frontal cortex (PFC) and the temporal lobe, which are the brain regions intensively involved in WM and episodic memory, respectively [13].

The multi-component model proposed by Baddeley and Hitch [14] is an influential model of WM, that postulates two short-term storage loops: the phonological loop, which is capable of holding and processing verbal-based information, and the visuospatial sketchpad loop, which performs similar functions for visual information. Both loops are thought to be controlled by a central executive that allocates limited attentional resources. The executive functions include inhibition of prepotent responses, shifting mental sets, monitoring, updating task demands, goal maintenance and planning. In 2000, a new component was added to the model, the episodic buffer. This new version of the model proposed that the episodic buffer hold on-line information for short (although unspecified) periods and is responsible for storage capacity, prior considered an executive function [15]. The episodic buffer also appears to play an

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important role in sending new information to episodic memory and retrieving previously stored information from it [15].

According to Baddeley and Hitch [14], WM is a limited-capacity “workspace”, where the amount of storage required and the rate at which other processes can be carried out is limited [16]. More specifically, working memory capacity (WMC) refers to the relative capacity of this system to actively retain relevant information for a sufficient duration in the face of interference or distraction [17]. Tasks designed to assess WMC combine information storage and processing. The operation span (OSPAN) task, for example, requires a subject to carry out arithmetical operations while reading and maintaining words in memory for a short time [18]. The number of sets (1 word + 1 math problem) increases progressively in each list and range from 2-6. Therefore, these types of tasks demand a storage capacity that exceeds that of the phonological loop and the visuospatial sketchpad during the distracting process of performing an unrelated task (the distractor task). The distractor task (i.e solving math) prevents the subject using memory strategies to increase the number of items recalled (i.e. the words). Therefore, the OSPAN task provides a measure of WM span and reflects the storage capacity of the episodic buffer [19].

New information can interact with other information, like semantic, syntactic, visual and other perceptual details and through a process of “binding” and become one single representation during processing in short-term memory. This process, together with the chunking phenomenon which works to integrate items such as words and numbers, can greatly increase individual storage capacity. It is thought that different types of binding occur in the episodic buffer [20].

Regarding LTM, the roles of the hippocampus and its associated medial temporal lobe structures in the formation of episodic memories are well-established [21,

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22]. Dopaminergic modulation has been reported during episodic memory encoding in humans [23] and decreased dopamine D<sub>2</sub> receptor activation in the hippocampus has been implicated in memory and learning impairments in both preclinical [24, 25] and clinical studies [26-28]; for a negative result see Reeves [29]. However, few studies have been designed to assess the effects of dopamine D<sub>2</sub> receptor blockade on episodic memory in healthy humans. This paucity of research is in sharp contrast to the numerous studies of dopamine D<sub>2</sub> receptor antagonists in pathological states, as they are widely used in the treatment of pathologies such as schizophrenia[30] and Alzheimer's disease [28, 31] conditions in which cognitive deficits are already present.

Concerning working memory, studies in monkeys and humans [32-35] have implicated dopamine D<sub>2</sub> receptors in visual and spatial working memory, as haloperidol has been shown to reduce selective attention [36-38]. Dopamine D<sub>2</sub> receptors have also been implicated in attentional processing and working memory due to their presence in the PFC [32-35, 39] and striatum [40-42]. But, few studies have investigated the role of the dopamine D<sub>2</sub> receptor in WMC. For example, Gibbs and D'Esposito suggested that dopamine D<sub>2</sub> receptor stimulation improves WM performance in individuals with low WMC [20]. However, the involvement of dopamine D<sub>2</sub> receptors in the theoretically-based mechanisms of WM remains unclear.

Haloperidol may impair episodic memory by reducing the attentional resources that are required for appropriate encoding; or via impairing working memory capacity or by acting directly on dopamine D<sub>2</sub> receptor in the hippocampus, which is a pivotal structure for episodic memory formation. The present study aimed to investigate the role of dopamine D<sub>2</sub> receptor in both the episodic and working memory components in order to explore any possible associations between these types of memory, more

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specifically if executive functions and/or WMC performance influence LTM performance.

## METHODS

This study was a randomized double-blind, parallel placebo-controlled trial with single oral doses of placebo or haloperidol administered in identical capsules.

A double-blind study was chosen to avoid any bias in the results and the placebo control was used to have a comparative parameter between normal cognitive and altered dopaminergic conditions.

### Participants

Forty healthy young male volunteers participated in this study. All participants were native Portuguese speakers, 18-35 years of age, non-smokers, with normal body mass index ( $18 < x < 25 \text{ kg/m}^2$ ) according to World Health Organization guidelines. The volunteers were undergraduate or graduate medical students (with at least 12 years of schooling) from the Universidade Federal de São Paulo. One week prior to the experiment, participants underwent a clinical interview, completed a Basic social and familiar questionnaire to verify their familial histories of disease, a Psychiatric state questionnaire and a Physical state questionnaire. At this time, intelligence quotient level was evaluated by a Raven Progressive Matrices test and basal anxiety level by the State Trait Anxiety Inventory (STAI-Trait) task. The participants were matched according to age, basal level of anxiety, education (years of schooling), and intelligence quotient. An expert psychiatrist acquired anamneses and performed clinical examinations. Participants, who reported histories of current or previous neurological or psychiatric disorders, current drug abuse, alcoholism, smoking, sleep disorders, or the use of any prescription medication, including vitamins and antioxidants, were excluded. Females

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were not included due to the possible effects of haloperidol on the tuberoinfundibular dopaminergic pathway, which may induce side effects, such as hyperprolactinemia, mastalgia and menstrual irregularities. All participants signed consent forms after being informed about the design of the study and the possible side effects of the drug. The Research Ethics Committee of the Universidade Federal de São Paulo approved the study (CEP N<sup>o</sup>. 0395/03).

### **Treatment**

Forty volunteers ingested a single oral dose of haloperidol (Haldol®, 4 mg, n=20) or placebo (lactose) (n=20). Haloperidol is a dopamine D<sub>2</sub> receptor antagonist, a classical antipsychotic. This dosage was defined due to the high level of dopamine D<sub>2</sub> receptor occupancy (approximately 73% after a single oral dose) [43-46], its efficacy in inducing cognitive effects, and its low incidence of extrapyramidal side effects[47, 48].

### **Episodic memory tasks**

*Free recall of words task* [49, 50]: ten lists containing 15 unrelated concrete words from the Portuguese language were presented on a computer screen. Subjects read aloud the 15 sequentially presented words. After it, subjects recalled them as many as they could immediately (immediate recall) and 2 minutes later (delayed recall) in any order. Normally, subjects remember more of the words from the beginning (primacy effect) or the end of a word list (recency effect), producing a "U" shaped curve in a graph, known as a serial position curve [49-51]. The serial position curve refers to the graph relating the probability of recall with the position of the experimenter's list. The serial position curve was analyzed in blocks of three words each, which resulted in 5 positions. The primacy effect results from the sub-vocal rehearsal of the initial words [49, 52] and the recency effect results from the temporary maintenance of information

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in the phonological loop (short-term memory). Thus, the recency effect is substantially reduced in the delayed recall condition [53].

The order of the lists were presented in 3 different ways to both groups (experimental and control) but the order of words in each list was the same. It is necessary to avoid that words previously studied in a list serve as a memory cues to the next list. The score was defined as the number of words correctly recalled for each block of 3 words position (block 1 to 5). The maximum possible score was 30 [the number of words contained in each block (3) vs. number of lists (10)].

Word lists are composed of independent items that do not have a meaning as a whole. However, the words are bound to the position they are in the list.

*Prose recall task:* subjects were required to recall 14 sentences of a short prose passage immediately (immediate recall) or 30 minutes after (delayed recall) listening to the passage. Scores were obtained by awarding 1 point for each correctly recalled sentence or zero if containing any error or were not remembered [54, 55]. Prose recall allows episodic memory to be evaluated within a defined context.

## Working memory and executive function tasks

*Random number generation (RNG) task:* participants were required to generate out loud random sequences of numbers (1-10) within a given time interval (1/1 s) until 100 responses. Meanwhile the experimenter noted the numbers that had been spoken in a paper. They had to avoid talking numbers in order, what is difficult because in childhood in the learning of number, they were stored sequentially (1, 2, 3...). To accomplish this task, the participant handles the information in real time, inhibits habitual or stereotyped responses, generates new responses, and monitors and changes response-produc-



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tion strategies. The RNG task is a brief and efficient measure of executive functions (3) and is a clinically useful tool for assessing frontal lobe disturbances [56, 57].

The experimenter inserted the numbers in a software that evaluates the degree of randomness. It was scored using the Evans Index [58]. This index provides a sensitive measure of randomness (reflecting the disproportion with which any number follows any other number). So is, therefore, a measure of sequential response bias. The score may range between 0-1. The subject that does not randomize anything, i.e. repeats the same value 100 times, would have an index of 1. The higher score, the worse the performance.

*Operation span task (OSPAN) [18]:* this task required the participants to verify arithmetical operations and memorize non related words. The number of arithmetic-word sequences may range from 2 to 6 and sequences of different length are presented in a random order to make it difficult for the subject to create memory strategies. The arithmetical operations alternate with the word presentations. The end of each set was followed by a question mark that indicated the moment at which the participant must decide if the operation were right or wrong and then read the subsequent word aloud, for example:  $[(4 \times 5) + 5 = 31? \text{ Right or Wrong? Horse}]$ . After each group of sets (2-6), participants were required to report all words sequentially. If they did not remember some words they should have said "Zum" instead. As the number of items in the operation-word sets increase, participants become increasingly unable to remember the words. The task evaluates how many items can be actively maintained in memory while attention is focused on another activity, i.e. solving mathematical operations. The OSPAN task measures working memory capacity, as it requires simultaneous processing and storing of information for a brief period [14, 59-61]. There were three different sequences of each group of set presented and randomly distributed among the volunteers

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(but the order of words in each set was the same). This is necessary to avoid that a sequence of set of words previously studied serve as a memory cues.

The task took about 10 min to be applied excluding the time for training for the subject to understand it. It could vary depending on the subject. Those who had ingested the drug were usually slower to perform the task. Scores is based on how many of the words (maximum 60) were perfectly recalled. 100% accuracy is represented by the value 1, and as the subject fails to recall the words, the value drops to a minimum value of 0. The mathematical operations accuracy was calculated but not considered in the final score. It served as a distracting task and to ensure that the participant engaged in the processing task once results were computed only if the participant solved at least 80% of the arithmetic operations.

## Procedure

Participants were asked to avoid consuming alcohol, energy drinks, chocolate, coffee or any other psychoactive substance for 24 hours prior to the experiment. They were instructed to have at least 7 hours sleep the previous night.

The experiment began at 7:30 a.m. Subjects had not eaten for 12 hours prior to the beginning of the experiment, and were given a controlled breakfast that was free of tryptophan, tyrosine, and caffeine 15 minutes after capsule ingestion. The participants took part in a brief training session to confirm they understood the instructions for each of the tasks. Neuropsychological tests were initiated 3 hours after the capsules were ingested; by this time, the peak haloperidol plasma level of 4 mg had been reached (the half-life of haloperidol is  $26.5 \pm 13.5$  hours) [48].

During this three-hour interval, participants remained on site, either reading or watching TV. WM tasks were conducted after the free recall of words task.

## Statistical analyses

Multiple linear regression using generalized linear models (GLM) and the generalized estimating equation (GEE) were used to explore the main effects of the treatment on task performances. Distributions and link functions were selected by goodness of fit using Akaike information criterion (AIC) in the GLM and quasi-likelihood under the independence criterion (QIC) in the GEE. The analyses of free recall of words data, considered blocks 1 through 4 with block 5 being discarded (short-term memory). To evaluate the haloperidol treatment and the retention interval effects (immediate and delayed) on free recall of words and prose recall, GEE (with gamma distribution with log link function) were performed. Multivariate analyses using RNG or OSPAN as the covariate verified whether haloperidol and retention effects on free recall of words were independent of an OSPAN and or RNG task performance effect. The significance level adopted was  $p < 0.05$ .

## RESULTS

The placebo and haloperidol groups had similar and normal body mass indices [ $F_{(1,38)} = 0.75$ ;  $p = 0.39$ ; Cohen's  $d = 0.28$ ], similar mean ages [ $F_{(1,38)} = 0.20$ ;  $p = 0.66$ ; Cohen's  $d = 0.23$ ], and the same basal levels of anxiety (STAI-trait scores) one week before the experiment [ $F_{(1,38)} = 0.63$ ;  $p = 0.43$ ; Cohen's  $d = 0.19$ ] and on the day of the experiment [ $F_{(1,38)} = 0.20$ ;  $p = 0.60$ ; Cohen's  $d = 0.14$ ] (Table 1).

### Episodic memory tasks

#### *Free recall of words:*

Significant effects of haloperidol were observed on the task ( $p < 0.0001$ ) in both the immediate and delayed ( $p < 0.0001$ ) recall tasks. The haloperidol group presented impairments in free recall of words when compared to the placebo group (Cohen's

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$d=0.93$ ). Furthermore, performance was worse in delayed recall than in immediate recall in both groups (Cohen's  $d=0.76$ ; Figs. 1, 2).

### *Prose Recall:*

Impairment on prose recall was observed in the haloperidol group when compared to the placebo group ( $p=0.012$ ) and a significant effect of retention interval (immediate and delayed,  $p<0.0001$ ) in prose recall score levels was also found. The haloperidol presented lower mean values (Cohen's  $d=0.64$ ) what means worse performance than the placebo group. Lower mean values were also observed in delayed prose recall than immediate prose recall in both groups (Cohen's  $d=0.57$ ; Fig. 3).

### **Working memory tasks**

A GLM (with normal distribution with identity link function) revealed a significant effect of haloperidol on the OSPAN task (Walt=19.601,  $DF=1$ ,  $p<0.0001$ ). The haloperidol group presented lower mean values which represent worse performance than placebo group (Cohen's  $d=1.13$ , 95% CI: 0.63 - 1.63; Fig. 4a). An effect of haloperidol on the RNG task was also found (Walt=59.3,  $DF=1$ ,  $p<0.0001$ ), as the haloperidol group showed the highest RNG values which represent worst performance (Cohen's  $d=1.54$ , 95% CI: 1.13 - 1.92; Fig.4b). A correlation was found between RNG and OSPAN [Pearson correlation= -0.312; Sig. (2-tailed)= 0.050; Fig. 5]. Since working memory capacity is theoretically under the control of executive functions (15), the RNG task was calculated as a predictor of the OSPAN task. A significant result (Walt=4.314,  $DF=1$ ,  $p<0.0001$ ,  $p=0.038$ ) demonstrated that RNG task performance can interfere with OSPAN task performance, so both processes are related.

Other multivariate analyses were performed to determine whether the effect of haloperidol on prose recall was independent of OSPAN or RNG performance, in both

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immediate and delayed conditions. The results suggested a drug effect independent of both OSPAN and RNG (no power of test) performance on prose recall ( $p=0.081$ ).

Multivariate analyses demonstrated that the effect of haloperidol on free recall of words for both the immediate and delayed conditions was independent of any RNG effect. The analyses revealed that OSPAN performance is predictive of free recall of words performance, whether in immediate recall or in delayed recall tasks. Therefore, WMC is relevant to the performance of episodic memory.

## DISCUSSION

Haloperidol impaired the episodic memory tasks (free recall of words and prose recall) with a retention interval effect being observed in both tasks.

Free recall of words task impairment was observed in all blocks of the serial position curve, with the exception of the last block. This block is subject to the recency effect and is usually interpreted as reflecting short-term memory processes [51, 62]. In prose recall impairments were observed in both immediate and delayed recall.

Other agents, such as benzodiazepines and anticholinergic drugs, have also been shown to impair episodic memory, although the pharmacological mechanisms of action are entirely different [63, 64]. Given that the hippocampus and parahippocampal gyrus contain dopamine  $D_2$  receptors [65] and are brain structures critically related to episodic memory formation [22], it is likely that haloperidol-induced episodic memory impairment is caused by the direct action of the drug on these structures [65-67]. This hypothesis is in accordance with previously reported correlations between memory impairment and decreased dopamine  $D_2$  receptor binding in the hippocampus and

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parahippocampal gyrus in Alzheimer's patients with severe amnesia [26-28]. The present study reported that an acute blockade of dopamine D<sub>2</sub> receptor by haloperidol administration could impair episodic memory in healthy young subjects by affecting hippocampus and parahippocampal gyrus too.

In addition, haloperidol induced a deficit in working memory performance as demonstrated by the impairment observed in the RNG and OSPAN tasks, which assess executive functions and WMC, respectively.

Haloperidol ingestion caused a large impairment in the RNG task, which is in line with a previous study that demonstrated a relationship among dopamine D<sub>2</sub> occupancy (using raclopride), frontal metabolism and working memory. Jahanshahi and colleagues stated that the RNG task requires inhibition of habitual counting, i.e., the inhibition of prepotent responses acquired by previous overlearning [57, 68, 69]. Therefore, the present RNG results suggest a decrease in the ability of the individual to inhibit prepotent or irrelevant information during manipulation due to haloperidol administration. Inhibition is known to depend on PFC activity, particularly the left dorsolateral PFC [70]. However, the regression analyses in the present study showed no relationship between haloperidol impairment of RNG performance and haloperidol-induced episodic memory impairment. Inhibition of irrelevant information is, therefore, not by itself a predictor of episodic memory performance (free recall of words/prose recall).

The analysis pointed a positive correlation between RNG and OSPAN. The multivariate analysis with RNG as predictor of OSPAN indicated that the central executive contributes to working memory capacity performance. Loading and maintenance in working memory capacity require the inhibition of irrelevant information to keep relevant items in this temporary buffer, which is accomplished by

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PFC activity. Our results are consonant with prior studies that obtained a positive correlation between executive attention (primarily measured through inhibition) and WMC [71, 72].

The present study found that haloperidol decreased working memory capacity, as shown by performance in the OSPAN task. OSPAN is a working memory capacity test, as it indexes the amount of retained items in working memory in the face of distracting information. According to Baddeley's framework, OSPAN task corresponds to the episodic buffer which holds integrated episodes or chunks in a multidimensional code. By doing so, it acts as storage system which components of working memory, perception and episodic memory interact among themselves [15].

Regression analyses demonstrated that impaired OSPAN task performance (i.e., impairments of WMC) caused by dopamine D<sub>2</sub> receptor blockade affected episodic memory performance (specifically the free recall of words task). This result in particular demonstrated that in the haloperidol group the relationship between WMC and episodic memory was not as strong as in the placebo group. WMC was, therefore, less predictive of episodic memory in the haloperidol group.

Deficits in episodic memory and WMC tasks have been shown to be correlated in healthy elderly subjects [9], and the present study observed the same result with healthy young subjects. According to some authors, WMC is important in controlled search processes of LTM and necessary for retrieval [73-75]. This strategic control process is thought to rely on executive functions and attention, including setting up a retrieval plan, retrieval strategies, monitoring strategies and decision-making and generating appropriate cues to search [73, 76]. Once a searched item is found, it is bound to other items (binding processing). These processes occur mainly in the prefrontal area, which is considered to be the primary mediator of working memory.

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Previous studies have suggested that baseline dopamine availability in this area is related to WMC[20], therefore, an explanation for the present results could be that dopamine D<sub>2</sub> receptor blockade impaired the ability of the individual to use appropriate cues to access required information, which in turn compromised the binding process, resulting in impaired episodic memory. The amnesic effect of haloperidol on free recall of words may have been due to a double effect: the direct action of haloperidol on LTM and its effects on WMC. This would mean that there was a direct effect of haloperidol in the hippocampus and/or an indirect effect in the prefrontal cortex.

However, multivariate analyses failed to demonstrate that the effect of haloperidol on prose recall is dependent on its effect in OSPAN/RNG. Anderson and Bower proposed that during free recall of words the retrieval of items occurs according to certain context information originally stored with each item in the list[77]. This contextual information includes elements of the environment during the presentation of list, subject mood and posture. In prose recall, on the other hand, the information constitutes a context by itself, strong enough to resist the WMC impairment caused by dopamine D<sub>2</sub> receptor blockade, at least at the dosage used in the present study. In prose recall performance, haloperidol treatment directly affected LTM independently of its effect on working memory subcomponents (working memory capacity/central executive) favoring the hypothesis that its effect was on the medial temporal lobe. If this is so, an explanation for the diverse effects of haloperidol on free recall of words and prose recall, both episodic memory tasks, should be searched for.

The lack of relationship among haloperidol impairment of RNG performance and haloperidol-induced episodic memories impairments reinforces the binding hypothesis, which claims that the working memory system controls, maintains, and updates arbitrary bindings. The limit of WMC arises from interference between



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bindings. The WM binding functions attributed to the WMC are more likely to reflect the drug complex action. Unsworth and Engle [74] asserted that WMC reflects a complex span performance with two components: (1) a *Maintenance process* that depends on limited storage capacity, (2) *Controlled retrieval* from memory over longer time periods. Both inhibition and memory-based abilities are important for successful retrieval, the first element necessary to keep irrelevant information out of the buffer, and the second to bind together the relevant information. According to Wilhelm et al. [75] “items in a list are bound to the list position, objects are bound to their position in space, and concepts are bound to roles in propositional schemata”, finally binding different stimuli from different domains. Independent items compound the lists and have no consistent meaning as a whole. Working memory is thought to be necessary to bind unrelated items of list with external context. The authors argued that high WMC reflects the ability to establish robust binding in WM.

Haloperidol must have compromised the binding of incoming words with context during the free recall of words in which each item needs to be encoded separately demanding more from the WMC than in the prose recall once during the binding of elements in prose recall they already have an internal context. What seems to be curious is that Wilhelm et al. claimed that high WMC reflects the ability to establish robust binding in WM [75] while Gibbs & D’Esposito [20] suggested that dopamine D<sub>2</sub> receptor stimulation improves WM performance in individuals with low WMC. From our results dopamine blockade compromised more the lists (“weak binding?”) than prose recall, considered more robust binding. So, could we suppose that dopamine D<sub>2</sub> receptor would have a more important role in less robust binding? It is a matter to be solved in the future.

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In summary, haloperidol compromised episodic memory, executive functions and working memory capacity suggesting that these functions depend on dopamine D<sub>2</sub> receptors. In addition, WMC's impairment contributed to worse performance of episodic memory, particularly in the task of free recall of words.

The study also reflects on the possibility that the drug has particularly affected the processes of inhibition, controlled search of memory cues and binding. In addition, the results of the study pointed out that the impairment of the WMC, important for controlled search and binding, may have been together with hippocampal function impairments the major cause of deficits in episodic memory.

Further studies with other tasks evaluating the same WMC domain (i.e., such as the N-back task, the running-memory task, and the memory-updating task) and other domains that provide answers about WM-LTM relationship as well as other drugs implied in related neurotransmitter systems are necessary to disentangle this issue.

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### FIGURE CAPTIONS:

Figure 1. Free recall of words (block 5 excluded).

Figure 2. Serial position curve: **A.** Immediate recall, **B.** Delayed recall.

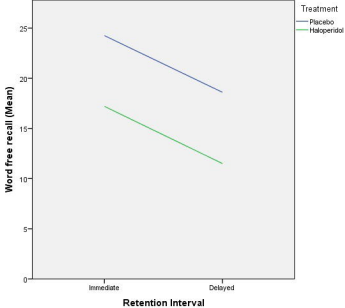
Figure 3. Prose recall performance.

Figure 4. Haloperidol effect compared to placebo group on OSPAN and RNG ( $p < 0.05$ ).

Figure 5. Correlation between OSPAN and RNG task. Placebo and haloperidol distribution.

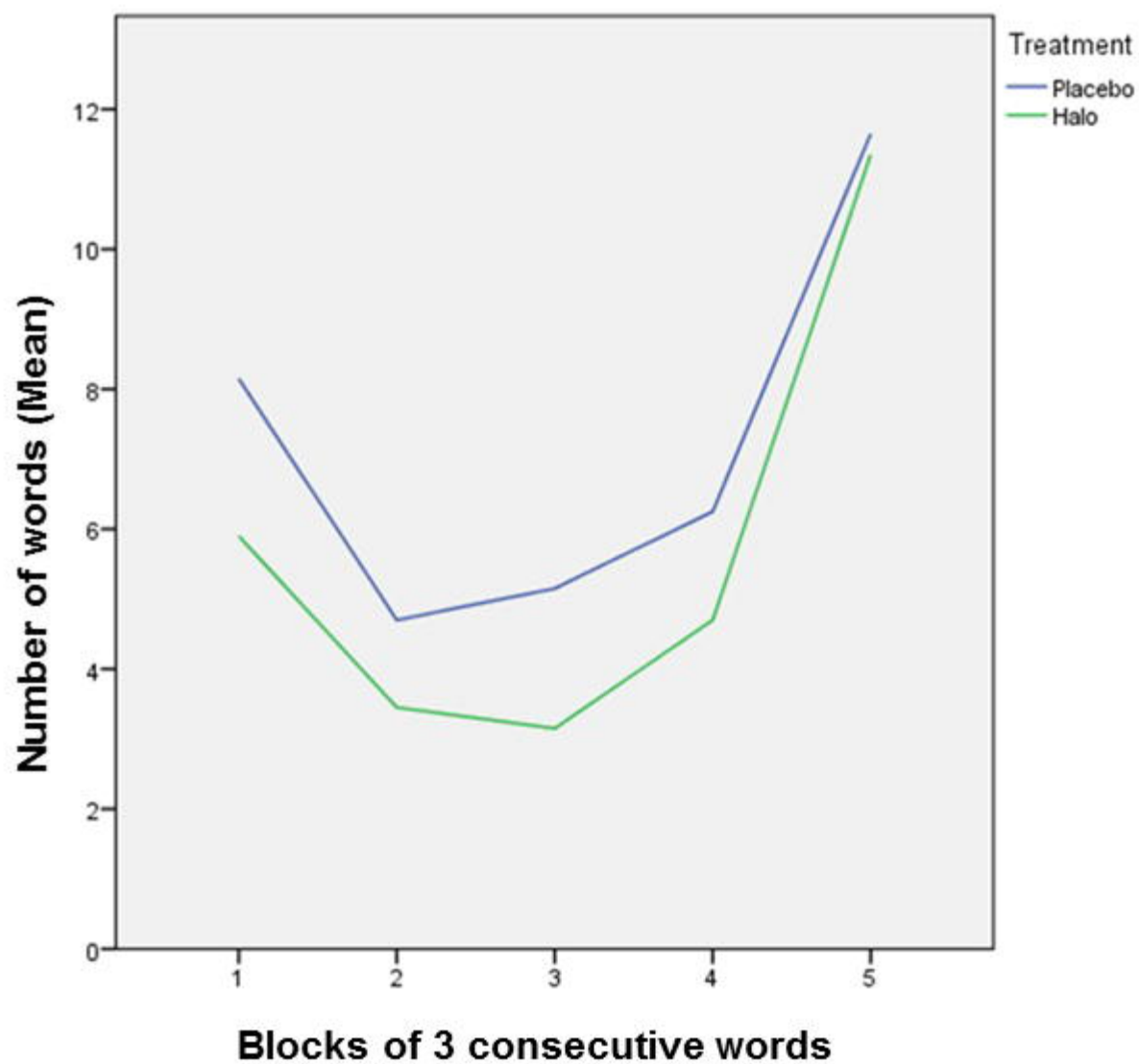
### TABLE CAPTIONS:

**Table 1.** Demographic data and anxiety level of subjects.





**(A) Immediate recall**



**(B) Delayed recall**

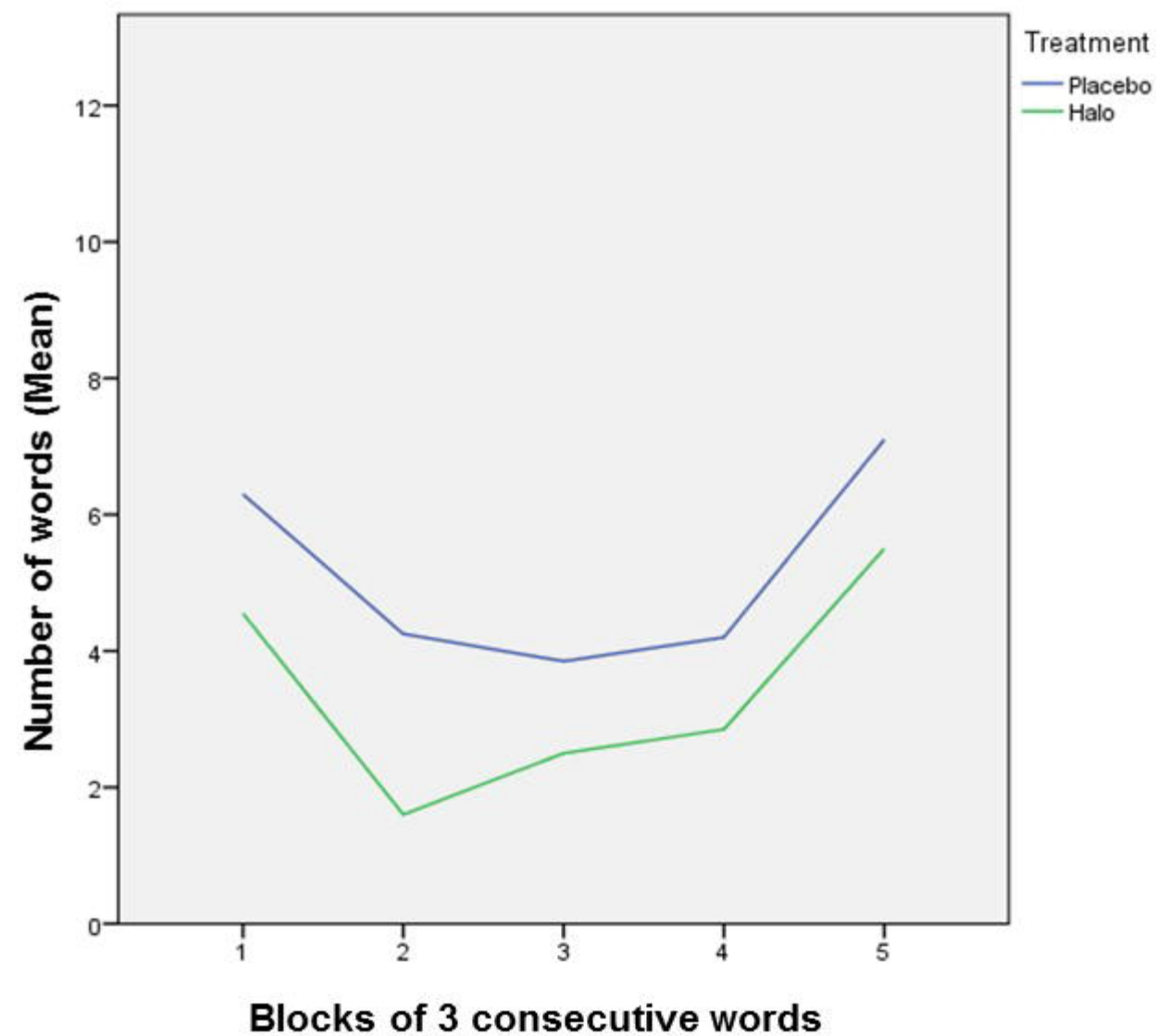
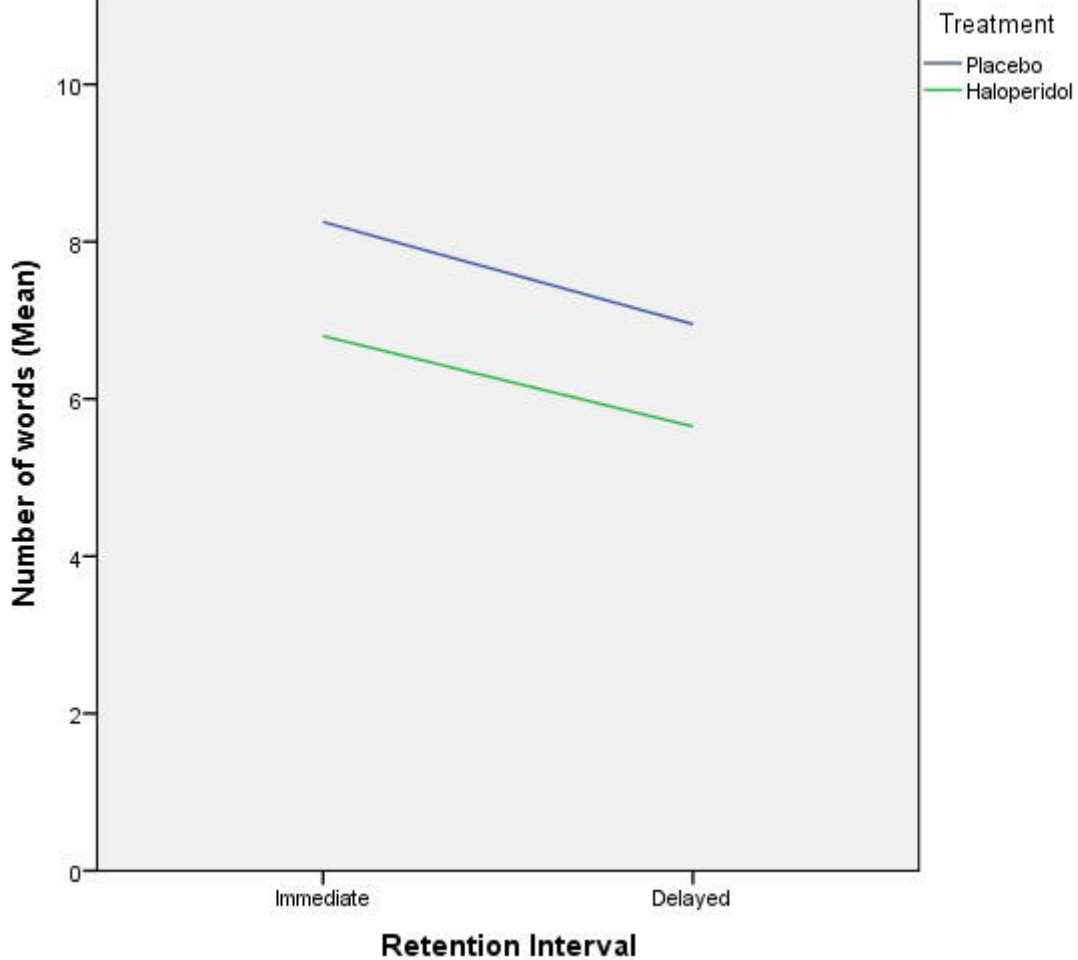
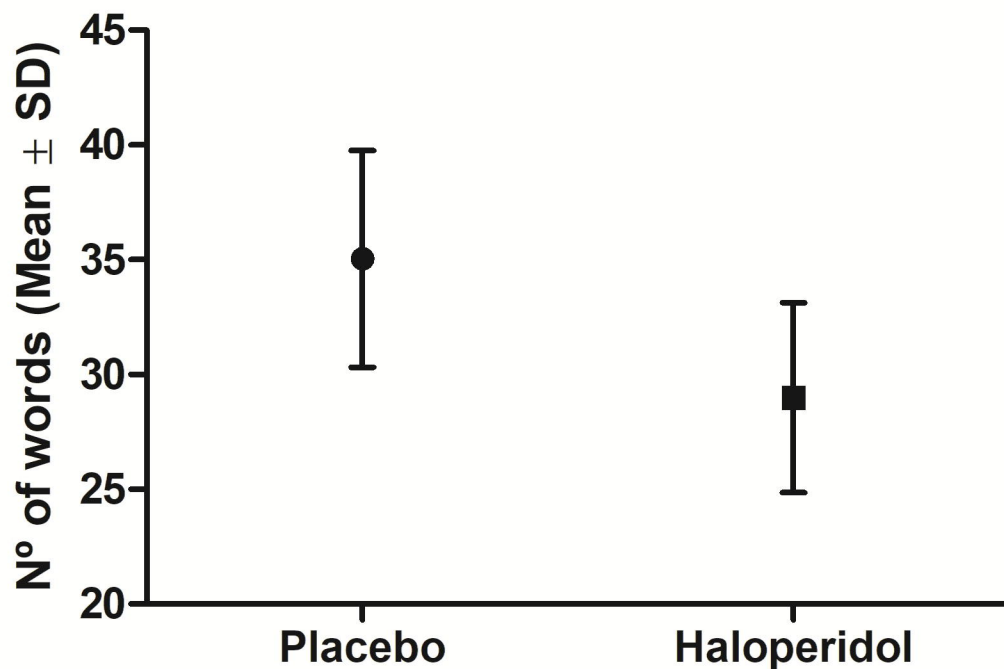


Figure 2. Serial position curve: **A.** Immediate recall, **B.** Delayed recall.

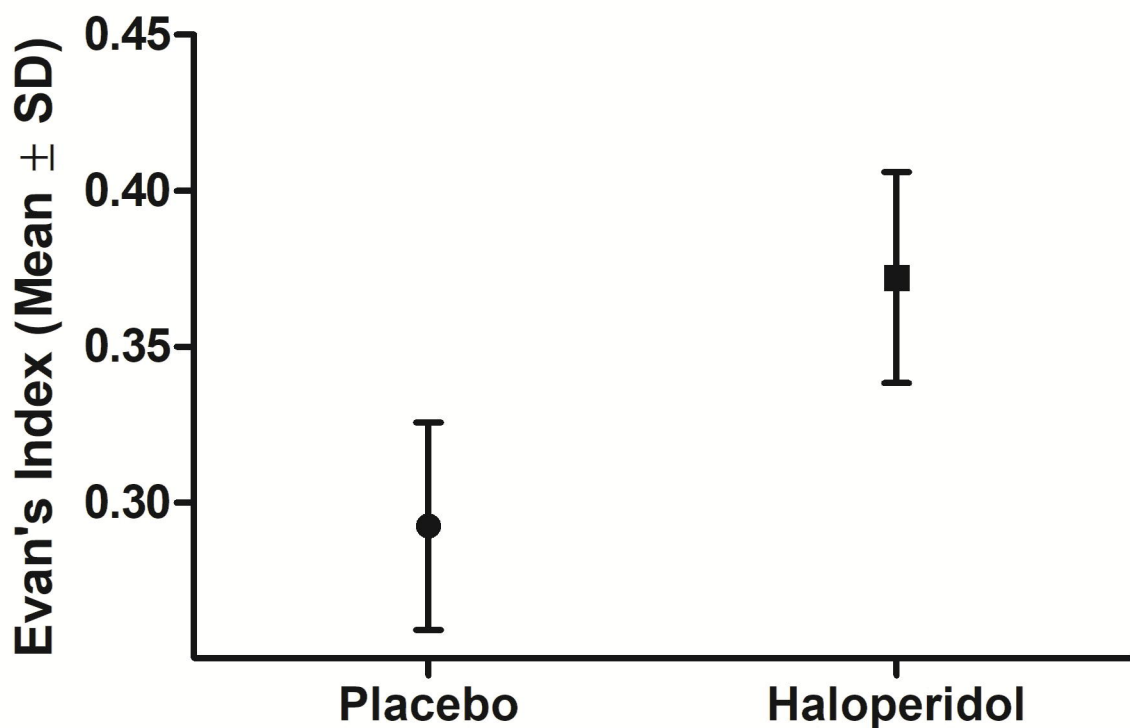


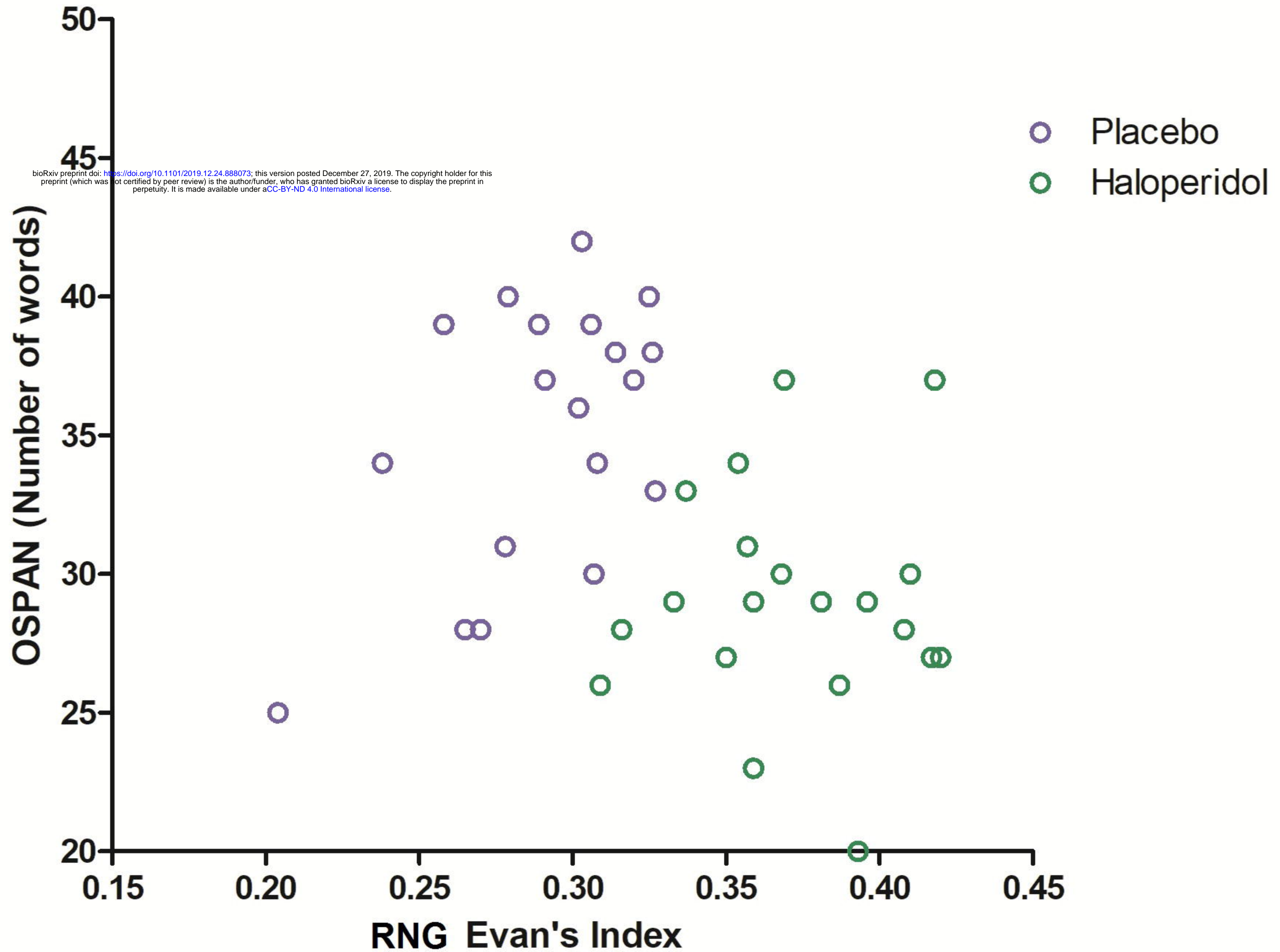


### (A) Operation span task (OSPAN)



### (B) Random Number Generation (RNG)





	Body Mass Index	Age	STAI-Trait	STAI-State
Treatment Group	Mean $\pm$ SD			
PLACEBO	23.99 $\pm$ 2.43	23.15 $\pm$ 4.15	43.70 $\pm$ 9.88	40.75 $\pm$ 3.95
HALOPERIDOL	24.62 $\pm$ 1.85	23.60 $\pm$ 2.84	45.60 $\pm$ 4.12	41.30 $\pm$ 3.89