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## 4 A miRNA screen identifies a transcriptional program 5 controlling the fate of adult stem cell

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21

22 **Abstract**

23 The 3D cultures provide more insight into cell-to-cell and cell-to-matrix interactions, better  
24 mimicking the environment where stem cells reside compared to traditional 2D cultures.

25 Although the precise molecular pathways involved in the regulation of stem and progenitor  
26 cell fate remain unknown, it is widely accepted that transcription factors play a crucial role as  
27 intrinsic regulators in these fate decisions.

28 In this study, we carried out a microRNA screen to track the behaviour of adult  
29 stem/progenitor cells derived from human mammary epithelial cells grown in 3D cultures. We  
30 identified miR-106a-3p, which enriches the adult stem cell-like lineage and promotes the  
31 expansion of 3D cultures. Transcriptomic analysis showed that this miRNA regulates  
32 transcription factors such as REST, CBFB, NF-YA, and GATA3, thereby enhancing the  
33 maintenance of adult stem/progenitor cells in human epithelial cells. These data reveal a clear  
34 transcriptional program that governs the maintenance of adult stem/progenitor cells and  
35 controls their fate.

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37

38 **Introduction**

39 Three-dimensional (3D) human culture models are appealing tools for studying  
40 pathophysiological processes. Such models have been developed by our team and others for  
41 the lung [1, 2], as well as for various other organs [3]. These *in vitro* models offer an effective  
42 method to assess stem cell behaviour and investigate their molecular regulation. Adult stem  
43 cells (aSCs) exhibit a high degree of specialisation, allowing them to differentiate into  
44 multiple cell types. However, they can only generate tissues in which they reside, classifying  
45 them as either 'unipotent' or 'multipotent'. This classification highlights their limited  
46 versatility compared to pluripotent cells. Pluripotent cells, such as embryonic stem cells  
47 (ESCs), can give rise to all cell types. Consistent with this notion, primary cell populations  
48 enriched with known progenitor/stem cell markers are more efficient at forming 3D structures  
49 than general cell populations [4]. The development and enrichment of breast stem cells likely  
50 depend on the coordination of multiple critical transcriptional processes. Interestingly,  
51 increasing amounts of data show that the same molecular pathways regulate the self-renewal  
52 of both normal stem cells and Cancer Stem Cells (CSCs) in tumours [5]. CSCs express  
53 components of the core pluripotency complex found in ESCs, including octamer-binding  
54 transcription factor-4 (OCT4), SRY-Box Transcription Factor 2 (SOX2), and NANOG. These  
55 factors are closely associated with CSC development [6-11]. OCT4 expression has been  
56 reported in both differentiated normal and malignant human cells [12]. SOX2 expression is  
57 observed in various malignant tissues [13], and NANOG expression is detected in human  
58 neoplasms, including germ cell tumours, breast carcinoma, and osteosarcoma [14].  
59 Additionally, SOX2 has been found in tumour-spheres derived from breast cancer tumours  
60 and cell lines [15]. These observations suggest that adult breast stem cells may contain cells  
61 with properties similar to embryonic-like stem cells [14, 16]. Currently, it is not known  
62 whether adult stem cells share a comparable molecular signature of stemness, such as a  
63 minimal core transcriptional program.

64 MicroRNAs (miRNAs) have been shown to play a crucial role in regulating  
65 stem cell self-renewal and differentiation [17]. Generally, a single gene can be repressed by  
66 multiple miRNAs, while one miRNA may target and repress multiple genes, which results in  
67 the formation of complex regulatory networks. In many developmental processes, miRNAs  
68 finely regulate cellular identities by targeting key transcription factors in critical pathways  
69 [18]. To investigate the contribution of miRNA-mediated gene regulation in maintaining the  
70 adult stem cell-like lineage, we aimed to identify the mechanisms controlling the cell-  
71 initiating subpopulation and optimise tissue-specific 3D growth conditions. Since 3D

72 structures originate from individual stem/progenitor cells, we conducted a functional miRNA  
73 screen on human primary epithelial cells to identify factors critical to the formation and  
74 expansion of aSC-derived 3D structures. In this study, we identified miR-106a-3p and its  
75 target genes as key players in these processes. Transcriptomic profiling of miR-106a-3p-  
76 transduced cells revealed genetic programs overlapping with those found in other stem and  
77 progenitor cells, displaying common features with ESC-like cells or intermediate cellular  
78 states. Through a gain-of-function approach, we demonstrated that endogenous levels of three  
79 core transcription factors—OCT4, SOX2, and NANOG—are essential for generating 3D  
80 structures from primary cells. Furthermore, we identified the mechanism by which miR-106a-  
81 3p finely tunes the differentiation process through a set of transcription regulators, including  
82 CBFB (Core-binding factor b), NFYA (Nuclear Transcription Factor Y Subunit Alpha),  
83 GATA3 (GATA Binding Protein 3), and REST (RE1 silencing transcription factor). These  
84 regulators are critical for maintaining the aSC-like lineage. In conclusion, our results highlight  
85 the significant role of miR-106a-3p in sustaining the aSC-derived 3D structure and elucidate  
86 the transcriptional mechanisms underlying their growth.

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90 **Results**

91 ***3D cultures derived from normal human mammary epithelial cells preserve some***  
92 ***mammary epithelial lineages.***

93 The mammary epithelium is composed of distinct cell lineages among which luminal  
94 epithelial and myoepithelial cells. The choice of growth media and culture methods is critical  
95 in shaping the characteristics of primary human mammary epithelial cell strains and  
96 determining experimental outcomes. Finite-lifespan human mammary epithelial cells  
97 (HMECs) were generously provided by M. Stampfer via the Human Mammary Epithelial Cell  
98 (HMEC) Bank and were cultured in M87A-type medium. M87A medium has been noted for  
99 its ability to support pre-stasis HMEC growth for up to 60 population doublings (PD) and  
100 maintain luminal cells through approximately 8 passages, equivalent to about 30 PD [19]. To  
101 evaluate the heterogeneity of pre-stasis HMECs cultured in M87A, we performed  
102 immunostaining for epithelial lineage markers, as previously described [19]. We confirmed  
103 the presence of luminal epithelial progenitor (LEP) and myoepithelial progenitor (MEP) cells  
104 using specific antibodies against lineage-specific markers (CK18 and MUC1 for LEP cells,  
105 and CK14 and CDK5 for MEP cells) (Figure 1A). In addition, we evaluated aldehyde  
106 dehydrogenase (ALDH) activity as a marker for normal and malignant human mammary stem  
107 cells, as well as a predictor of clinical outcomes, in line with the findings of Ginestier *et*  
108 *al.*[20]. This analysis demonstrated that under these culture conditions, cells preserve  
109 stem/progenitor properties (Figure 1B). Using the ALDEFLUOR assay, we identified that  
110 approximately 5.2% of normal mammary epithelial cells exhibit ALDH enzymatic activity  
111 (Figure 1B). To further explore the regenerative potential of these cells, we performed single-  
112 cell seeding in a 3D matrix (Matrigel). This process led to the formation of small, initially  
113 spherical structures (up to Day 8) that later differentiated into organoids, with branching  
114 initiation observed by Day 10. By Day 20, the structures exhibited budding and lobule  
115 formation (Figure 1C), resembling the functional Terminal Duct Lobular Unit (TDLU) found  
116 in human breast tissue (Figure 1C). Under these 3D culture conditions, HMECs retained self-  
117 renewal capabilities and the ability to regenerate secondary structures over three generations  
118 (Figure 1D).

119 Our next objective was to verify whether HMECs cultured in 3D Matrigel maintained key  
120 mammary structural characteristics. Confocal microscopy revealed that cells self-organised,  
121 forming a lumen within the 3D structures (Figure 1E). Tracking individual structures showed  
122 progressive lumen formation, reaching maximum size by Day 10 of culture (Figure 1F).  
123 Confocal sectioning of immuno-stained 3D structures for the luminal progenitor/mature

124 luminal cell marker EpCAM and the basal/myoepithelial markers cytokeratin 14 (CK14) and  
125 p63 revealed that these structures were composed of luminal cells, basal cells, or a mixture of  
126 both (Figure 1G). This finding indicates that both basal and luminal cells are maintained in  
127 these cultures. Thus, primary cells cultured under these conditions preserve mammary  
128 epithelial lineages and retain the expression patterns of key mammary markers.

129

130 ***3D cultures derived from human mammary epithelial cells exhibit a CD44<sup>high</sup>/CD24<sup>low</sup>  
131 phenotype.***

132 This study aimed to identify epithelial cell subpopulations capable of forming 3D  
133 structures and specifying stem/progenitor cell functions [4]. In this context, stem/progenitor  
134 cells are rare, immortal cells within a population of cultured cells. They possess the ability to  
135 both self-renew and generate other cell types through asymmetric cell division. Previous  
136 research has demonstrated that HMECs represent a multipotent stem cell population located  
137 in the basal layer of the mammary gland [21-23]. These cells are estrogen-independent  
138 (tamoxifen-resistant) and display heterogeneous expression of both luminal and myoepithelial  
139 lineage markers (Figure 1A) [24]. Initially, we compared the properties of HMECs cultured in  
140 3D environments to those grown in conventional 2D culture systems. Approximately 3% of  
141 the cells in culture demonstrated the capacity to generate 3D structures (Figure 2A). The self-  
142 renewal capacity of 3D structure-initiating cells was then evaluated through serial passages,  
143 reflecting the maintenance of adult stem/progenitor cells from passage 5 to passage 11 (Figure  
144 2A). As cells were serially propagated, their ability to form 3D structures progressively  
145 diminished, consistent with the previously observed loss of self-renewal potential in primary  
146 epithelial stem/progenitor cells after a few passages [25].

147 Previous studies have highlighted that HMECs with a CD44<sup>high</sup>/CD24<sup>low</sup> phenotype  
148 possess the highest progenitor activity compared to other stem/progenitor subpopulations  
149 [26]. This small subpopulation, characterized by self-renewal and a high proliferation rate,  
150 originates from normal stem cells and drives the formation of 3D structures [27-30].  
151 Consequently, the CD44<sup>high</sup>/CD24<sup>low</sup> phenotype has been widely used in combination with  
152 other markers as reliable marker for isolating normal breast adult stem cells [31-34]. To  
153 confirm the generation of stem-like cells in 3D culture, we used flow cytometry to assess the  
154 expression of breast stem cell markers (CD44<sup>high</sup>/CD24<sup>low</sup>) in 3D-grown HMECs, comparing  
155 them to cells grown in 2D cultures (Figure 2B). In 2D cultures, 85% of cells expressed high  
156 levels of both CD24 and CD44 (CD44<sup>high</sup>/CD24<sup>high</sup>), while 14% displayed the  
157 CD44<sup>high</sup>/CD24<sup>low</sup> phenotype (Figure 2B, top panel). By contrast, 3D cultures showed a more

158 than threefold increase in CD44<sup>high</sup>/CD24<sup>low</sup> cells (~49%) (Figure 1C, lower panel; p =  
159 0.0268, n = 3). To further compare lineage specification between 2D and 3D culture  
160 conditions, we analysed pre-stasis HMECs by FACS for CD24<sup>low</sup> and CD49f expression.  
161 CD49f, in combination with CD44<sup>high</sup>/CD24<sup>low</sup>, serves as a marker to segregate different cell  
162 lineages. In 3D cultures, we observed an enrichment of luminal progenitors, while in 2D  
163 cultures, basal/stem cells were more prevalent (Figure 2C). Specifically, 2D cultures exhibited  
164 significantly more basal/stem cells and less luminal progenitors, whereas 3D cultures  
165 displayed the opposite trend, with more luminal progenitors and less basal/stem cells (Figure  
166 2D). Together, these findings suggest that cells grown under 3D culture conditions acquire a  
167 CD44<sup>high</sup>/CD24<sup>low</sup> expression pattern similar to that of stem/progenitor cells. This indicates  
168 that 3D culture can be a valuable tool for enriching luminal stem/progenitor cell markers,  
169 facilitating further screening and research.

170

171 ***A miRNA screening approach to selectively enhance the generation of 3D structure.***

172 To investigate whether miRNA-mediated gene regulation could enhance the ability to  
173 form 3D structures, we designed a two-step functional screening strategy aimed at enriching  
174 the CD44<sup>high</sup>/CD24<sup>low</sup> cell population and increasing the number of 3D structure-generating  
175 cells. We monitored the expression of CD44 and CD24 after transfecting HMEC cells with  
176 miRNAs (Figure 3A-D). After performing quantitative image analysis on over 100,000 cells  
177 at Passage 6 (P6), the frequency distribution of CD44 intensity was compared between mass-  
178 cultured cells (whole population) and cells transfected with either CD44 (Figure 3A) or CD24  
179 siRNAs (Figure 3B). CD44 and CD24 levels were significantly reduced in siRNA-transfected  
180 cells compared to the original population, thereby validating the specificity of our assay  
181 (Figure 3A-B). To identify miRNAs that play a role in enriching the CD44<sup>high</sup>/CD24<sup>low</sup> cell  
182 population, we performed an unbiased functional screen to detect miRNAs capable of  
183 modulating the CD44/CD24 phenotype in HMECs (Figure 3C). Using a similar approach to  
184 our previous genome-wide siRNA screen for p16 modulators [35], we transfected actively  
185 proliferating cells (Passage 6, P6) with a library of 837 miRNAs, along with siRNA controls  
186 targeting siGLO ('cyclophilin B'; PPIB), CD44, or CD24. We established cut-off values to  
187 define miRNA hits based on the integrated intensity of CD44 and CD24 expression. The raw  
188 screening data and quantification for each phenotypic criterion are shown in Figure 3D. This  
189 strategy revealed that miR-106a-3p shifts primary cells toward a CD44<sup>high</sup>/CD24<sup>low</sup> phenotype  
190 (Figure 3D). To validate these findings, we performed a secondary screen targeting the entire  
191 miRNA cluster (Figure 3E-F), retesting 28 miRNAs from the cluster using the same method

192 as the primary screen (Figure 3C). Four miRNA hits scored a Z-score > 2 (Figure 3F), all of  
193 which induced a shift in the CD44<sup>high</sup>/CD24<sup>low</sup> population (Appendix Figure S1A). The top hit  
194 was miR-106a-3p (Figure 3F). We then confirmed that miR-106a-3p induces the  
195 CD44<sup>high</sup>/CD24<sup>low</sup> phenotype using flow cytometry based on the expression of CD44 and  
196 CD24 (Figure 3G). In cells transfected with the control mimic, only ~10% exhibited the  
197 CD44<sup>high</sup>/CD24<sup>low</sup> phenotype (Figure 3G). In contrast, cells transfected with the miR-106a-3p  
198 mimic demonstrated a fivefold increase in the CD44<sup>high</sup>/CD24<sup>low</sup> phenotype, comprising  
199 approximately 50% of the total cell population (Figure 3G).

200 In parallel, to link these findings with the generation of stem/progenitor-like cells in  
201 3D culture, we evaluated the frequency of 3D structure initiation after transfection with each  
202 of the 28 miRNAs from the miR-17/92 cluster (Figure 3E). Out of the 7 positive hits (Figure  
203 3H), miR-106a-3p transfection showed the highest capacity for 3D structure formation  
204 (Figure 3H). Collectively, these results demonstrate that miR-106a-3p transfection induces  
205 two critical properties: 1) enrichment of CD44<sup>high</sup>/CD24<sup>low</sup> cells and 2) enhanced initiation of  
206 3D structures (Figure 3I).

207

208 ***miR-106a-3p drives the generation of human 3D structures.***

209 To further investigate the role of miR-106a-3p, we generated retroviral vectors for  
210 miR-106a, as previously described [24], and evaluated its stable expression in 2D-cultured  
211 HMECs (Figure 4A-4B). First, we measured miR-106a-5p and miR-106a-3p expression using  
212 RT-qPCR in control cells (miR-Vector) and miR-106a-infected cells grown in 2D (Figure  
213 4A). We observed that while miR-106a-5p was expressed in both infected groups, miR-106a-  
214 3p expression was exclusive to miR-106a-infected cells, as confirmed by both RT-qPCR and  
215 in situ hybridization (Figure 4A-B). Additionally, when cells were cultured in 3D conditions,  
216 they expressed endogenous miR-106a-3p (Figure 4C). To confirm the physiological relevance  
217 of this miRNA, we used the DIANA-miTED database, which revealed that miR-106a-3p is  
218 expressed in various human tissues and cell lines (Appendix Figure S2).

219 Next, we assessed the impact of miR-106a on 3D architecture using confocal  
220 microscopy. Immunofluorescence staining for Caspase-3, an apoptosis marker, demonstrated  
221 that miR-106a had no effect on luminal apoptosis (Figure 4D, Caspase-3). Furthermore, the  
222 well-defined cell/Matrigel interface and the myoepithelial layer, characteristic of 3D  
223 structures, remained intact despite miR-106a overexpression (Figure 4D, CD44 and p63).  $\beta$ -  
224 catenin, a marker of cadherin-based cell junctions, was also unaffected in terms of localization  
225 or cell junction integrity by miR-106a overexpression (Figure 4D,  $\beta$ -catenin). Taken together,

226 these results indicate that miR-106a does not alter the morphogenesis of 3D structures and  
227 preserves their structural integrity and cellular interactions.

228 As expected, stable overexpression of miR-106a in primary HMECs markedly  
229 enhanced 3D structure formation capacity (Figure 4E). We then analysed the distinct  
230 functions of miR-106a-3p and miR-106a-5p in 3D structure-initiating cells by transfecting  
231 HMECs with either miR-106a-3p or miR-106a-5p mimics (Figure 4F). Overexpression of  
232 miR-106a-3p resulted in a fivefold increase in the number of 3D structures compared to both  
233 the control and miR-106a-5p (Figure 4F). In contrast, miR-106a-5p did not affect 3D structure  
234 formation, indicating the specific role of miR-106a-3p in maintaining this capacity (Figure  
235 4F). Additionally, using LNA-anti-miR-106a-3p or LNA-control, we depleted endogenous  
236 miR-106a-3p levels and observed a 50% reduction in 3D structure-forming capacity,  
237 suggesting that miR-106a-3p is essential for 3D structure generation (Figure 4G). Flow  
238 cytometry analysis of miR-infected HMECs revealed that 89.5% of control cells (infected  
239 with miR-Vector) exhibited a  $CD44^{\text{high}}/CD24^{\text{high}}$  phenotype, while only 1.7% displayed the  
240  $CD44^{\text{high}}/CD24^{\text{low}}$  phenotype (Figure 4H, left panel). In contrast, miR-106a-infected HMECs  
241 showed a significantly higher percentage (49.2%) of  $CD44^{\text{high}}/CD24^{\text{low}}$  cells (Figure 4H, right  
242 panel). To evaluate whether this shift in population ratio affected cell survival, we examined  
243 the impact of miR-106a on population doubling in culture. Control cells (miR-Vector)  
244 stopped growing after approximately 10 population doublings, indicating limited proliferative  
245 potential. However, miR-106a extended the cells' lifespan up to 30 doublings, suggesting a  
246 survival advantage (Figure 4I).

247 We then investigated whether miR-106a influences specific lineage sub-populations.  
248 Following lentiviral infection with either miR-106a-GFP or miR-Vector in primary HMECs,  
249 we analysed the heterogeneity of the miR-106a population via immunofluorescence. Cells  
250 expressing miR-106a-GFP (green) were mildly positive for cytokeratin 14 (CK14), a  
251 basal/myoepithelial marker, but negative for vimentin (Figure 5A). To determine if 3D  
252 structures generated in the presence of miR-106a exhibit enhanced self-renewal capacity  
253 compared to vector control, we evaluated serial passages of dissociated cells from single 3D  
254 structures. As shown in Figure 1D, most cells could generate a new 3D structure for at least  
255 one generation, and a few for up to three generations, indicating limited self-renewal  
256 potential. However, miR-106a expression enabled the same population to generate 3D  
257 structures for at least five generations, significantly extending their self-renewal capacity  
258 (Figure 5B).

259 Lastly, to investigate miR-106a-3p's role in epithelial-mesenchymal transition (EMT), we  
260 performed RT-qPCR analysis on miR-106a-3p-expressing cells, as previously described,[2],  
261 targeting key EMT-related genes[36]. The epithelial marker set, including  $\beta$ -catenin, E-  
262 cadherin, N-cadherin, and KRT14, revealed significant upregulation of  $\beta$ -catenin, E-cadherin,  
263 and KRT14, while N-cadherin and vimentin were downregulated, confirming the observed  
264 vimentin-negative phenotype (Figure 5C, blue set). Among the mesenchymal markers  
265 tested—Twist1, Snail1, Zeb1, Zeb2, Tgfbr2, Tgf $\beta$ 1, Smad2, MMP9, and MMP2—only Zeb1  
266 and Twist1 were significantly upregulated, while Snail1 was downregulated (Figure 5C, red  
267 set). From the signalling group, Tgf $\beta$ 1 showed a slight upregulation. Among non-genomic  
268 EMT processes, only MMP9 was upregulated.

269 In conclusion, these findings demonstrate that 1) the increased CD44<sup>high</sup>/CD24<sup>low</sup>  
270 phenotype in miR-106a-3p-expressing cells drives the higher number of 3D structures; 2)  
271 miR-106a-3p induces a partial EMT phenotype; and 3) miR-106a-3p is essential for  
272 generating 3D structures, contributing to the maintenance of aSC/progenitor-like lineages.

273

274 ***miR-106a-3p a key player of cell plasticity for differentiation.***

275 We performed transcriptomic analyses to determine whether miR-106a-3p influences  
276 cell plasticity, allowing the maintenance of adult stem-like cells or intermediate cellular  
277 states. To investigate the effect of miR-106a-3p on global gene expression, we extracted total  
278 RNA from miR-106a-3p-transfected HMECs and performed a microarray analysis using  
279 Affymetrix chips (HG-U133 Plus 2.0). Transfection with miR-106a-3p resulted in significant  
280 changes in the expression of 1,348 genes compared to the control mimic (Figure 6A). We  
281 analysed the transcriptomic data to investigate the differential activation of major signalling  
282 pathways and transcription factors. The major pathways are depicted in Figures 6B and 6C,  
283 revealing a significant downregulation of the MAPK, WNT, and PI3K pathways, while other  
284 oncogenic pathways, such as hypoxia response, JAK/STAT, and p53 pathways, were  
285 upregulated (Figures 6B and 6C). Additionally, we observed a reduction in the Wnt and PI3K  
286 signalling pathways, both known for their roles in maintaining stem/progenitor cells [37].  
287 Moreover, SMAD4 and SMAD3 transcription factors were downregulated, correlating with  
288 the suppression of the TGF $\beta$  pathway. We also observed a differential regulation of genes  
289 involved in mammary breast development (Appendix Figure S4). To further understand the  
290 global transcriptional changes associated with miR-106a-3p, we compared our entire  
291 microarray dataset with established gene signatures through gene set enrichment analysis  
292 (GSEA). We identified an enrichment of downregulated gene sets involved in stem cell

293 differentiation (Figure 6D). To explore the physiological role of miR-106a-3p in stem cell  
294 differentiation, we utilized human embryonic stem cells (hESCs), which express endogenous  
295 levels of miR-106a-3p (as observed in the DIANA-miTED database, Appendix Figure S2).  
296 Human ESCs differentiate more readily than aSCs. Throughout development, ESCs undergo  
297 epigenetic reprogramming, developmental patterning, and differentiation into various organs,  
298 each containing tissue-resident aSCs. Based on this, we hypothesized that miR-106a-3p in  
299 aSCs could be a remnant from ESCs. First, we evaluated the endogenous expression profile of  
300 miR-106-3p in hESCs (Figure 6E). Both miR-106a-5p, miR-106a-3p, and miR-302b (a  
301 marker of slowly-growing hESCs [38]) were detectable in hESCs (Figure 6E). Since hESCs  
302 are pluripotent and can indefinitely proliferate *in vitro* while maintaining the capacity to  
303 differentiate into all three germ layers (ectoderm, mesoderm, and endoderm) [39], we used  
304 hESCs to derive early stages of these germ layers (Figure 6F). We transfected hESCs with  
305 LNA-anti-miR-106a-3p (anti-miR106a-3p) or LNA-control (anti-miR-ctl) before initiating  
306 differentiation into endoderm (Figure 6G), mesoderm (Figure 6H), and ectoderm (Figure 6I).  
307 We then applied established protocols [40] to induce differentiation and determine whether  
308 blocking endogenous miR-106a-3p would alter transcriptional levels of OCT4, SOX2, and  
309 NANOG. In cells transfected with anti-miR-106a-3p, SOX2 expression decreased during  
310 differentiation into all three germ layers (Figure 6J, 6K, and 6L), while OCT4 expression  
311 decreased during endoderm and ectoderm differentiation (Figure 6H and 6J). NANOG  
312 expression, however, increased during mesoderm differentiation (Figure 6I). To further  
313 investigate the impact of miR-106a-3p depletion on hESC differentiation, we monitored the  
314 expression of specific genes upon inducing the three germ layers (Figure 6M, 6N, and 6O).  
315 Endodermal gene expression was minimally affected by miR-106a-3p levels (Figure 6M),  
316 while mesodermal and ectodermal gene expression increased upon miR-106a-3p  
317 downregulation (Figure 6N and 6O). These data demonstrate that miR-106a-3p plays a role in  
318 the early differentiation processes into the three germ layers, particularly the mesoderm and  
319 ectoderm layers.

320 There is ongoing debate about the presence of unipotent, bipotent, or multipotent stem  
321 cells in mammary gland tissue [41-43]. The transcription factors OCT4, SOX2, and NANOG  
322 are known to maintain pluripotency in embryonic stem cells [44]. Over recent years, evidence  
323 has accumulated supporting the existence of stem cells in both mouse and human mammary  
324 tissue [45]. Various strategies, such as FACS sorting based on cell surface antigen expression,  
325 have been used to identify and isolate human breast stem/progenitor cells. Additionally, *in*  
326 *vitro* cell culture systems have been developed, allowing human mammary epithelial cells to

327 proliferate in suspension as non-adherent mammospheres [30]. Simoe *et al.* demonstrated that  
328 stem cells isolated from both normal human breast and breast tumour cells express higher  
329 levels of embryonic stem cell genes, including NANOG, OCT4, and SOX2 [46]. Ectopic  
330 expression of these factors, particularly NANOG and SOX2, expands the stem cell population  
331 and enhances their ability to form mammospheres. Higher expression of NANOG, OCT4, and  
332 SOX2 was observed in CD44+CD24-/low and EMA+CALLA+ stem cell populations  
333 compared to other cell types. Overexpression of these genes led to an increase in stem cell  
334 populations, indicating their role in maintaining human mammary stem cells. Given the  
335 expression of *OCT4*, *SOX2*, and *NANOG* in hESCs and their presence in human breast cells,  
336 we hypothesized that aSCs derived from 3D structures might also express these genes. To test  
337 whether these transcription factors are involved in 3D structure initiation, we knocked down  
338 each gene and demonstrated their roles in 3D structure formation (Figure 7A). This suggests  
339 that *OCT4*, *SOX2*, and *NANOG* play significant roles in 3D growth. Furthermore, to  
340 determine whether these genes are induced during 3D differentiation, we monitored their  
341 mRNA levels over time in 3D cultures (Figure 7B). 3D structure development occurs in two  
342 phases: an initial phase where single cells proliferate to initiate 3D formation (around the first  
343 six days) and a proliferation arrest beginning around day 8 [47]. The expression of *OCT4*,  
344 *SOX2*, and *NANOG* peaked around day 6; subsequently, *OCT4* and *SOX2* levels decreased,  
345 while *NANOG* remained consistently high (Figure 7B). Finally, to investigate the potential  
346 modulation of these transcription factors by miR-106a-3p, we measured their mRNA (Figure  
347 7C) and protein levels (Figures 7D-7F) in miR-106a-3p-expressing cells compared to  
348 controls. All three genes were upregulated in miR-106a-3p-overexpressing cells at both the  
349 transcriptional and post-transcriptional levels (Figure 7C-7F). This confirms that miR-106a-  
350 3p regulates *OCT4*, *SOX2*, and *NANOG* expression during 3D structure initiation.  
351

352 ***Identification of miR-106a-3p targets through in silico analysis and transcriptomic***  
353 ***profiling***

354 In the last part of this study, we sought to identify the genes and mechanisms  
355 underlying the enhancement of 3D structure formation by miR-106a-3p. To determine if the  
356 significant expression changes observed after miR-106a-3p transfection (1,348 differentially  
357 expressed (DE) genes, as described in materials and methods) overlapped with data from  
358 predictive algorithms, we used the computational tool MicroT\_CDS. This analysis identified  
359 707 predicted targets of hsa-miR-106a-3p. The intersection of these datasets yielded 144

360 common genes (Figure 7G). Next, we conducted a functional enrichment analysis of the 144  
361 common genes using REACTOME pathways and Gene Ontology, which led to the  
362 identification of 32 hub genes. An expression heatmap was generated to investigate the  
363 expression patterns of these genes within the microarray sample (see materials and methods).  
364 From this analysis, we identified 32 hub genes associated with miR-106a-3p, of which 30  
365 were downregulated and 2 upregulated (Figure 7H). Among the downregulated genes, we  
366 identified 4 encoding transcription factors (*REST*, *CBFB*, *NFYA*, and *GATA3*), which we  
367 subsequently examined in more detail (Figures 7I-7M). Transcript levels of these 4 putative  
368 targets were quantified by RT-qPCR in miR-106a-3p-transfected cells, revealing a  
369 statistically significant reduction in expression for each (Figure 7I). We then monitored the  
370 expression of these transcription factors during 3D structure development. *REST* (Figure 7J),  
371 *CBFB* (Figure 7K), and *NFYA* (Figure 7L) showed a significant decrease after 4 days of 3D  
372 structure development, while *GATA3* displayed more moderate changes (Figure 7M).

373 To validate the relevance of these 4 putative targets, we measured: 1) the impact on  
374 *OCT4*, *SOX2*, and *NANOG* mRNA expression (Figure 8B, 8E, 8H, and 8K), and 2) the  
375 frequency of 3D structure initiation (Figure 8C, 8F, 8I, and 8L). We hypothesised that siRNA-  
376 mediated knockdown of the four genes (*REST*, *CBFB*, *NFYA*, and *GATA3*) would impact  
377 *OCT4*, *SOX2*, and *NANOG* expression, thereby restoring the 3D structure-generating capacity  
378 observed after miR-106a-3p transfection. Each siRNA was first validated by its effect on the  
379 CD44/CD24 cell population (Appendix Figure S3), after which we assessed their impact on  
380 *OCT4*, *SOX2*, and *NANOG* expression. Knockdown of *REST* (Figure 8A) increased *OCT4*  
381 expression (Figure 8B), while knockdown of *NFYA* (Figure 8D) led to increased expression of  
382 both *OCT4* and *SOX2* (Figure 8E). *CBFB* knockdown (Figure 8G) resulted in increased  
383 *NANOG* expression and a moderate decrease in *SOX2* expression (Figure 8H), while *GATA3*  
384 knockdown led to higher *SOX2* and *NANOG* levels (Figure 8K). Finally, we demonstrated  
385 that knockdown of *REST*, *NFYA*, and *CBFB* could restore 3D structure formation, mimicking  
386 the effect of miR-106a-3p overexpression (Figure 8C, 8F, and 8I).

387

388 **Discussion**

389 While some argue that identifying stem/progenitor cells is unnecessary for primary  
390 tissue culture, understanding the stem cell niche is crucial for improving tissue-specific 3D  
391 structure growth conditions and sustaining 3D cultures indefinitely. In this study, we aimed to  
392 uncover the key factors promoting 3D structures derived from aSCs. This process involves  
393 identifying and characterising the cell populations initiating 3D structure formation, followed  
394 by an analysis of the transcriptional processes regulating 3D structure generation.

395 Here, we focused on miRNAs as key regulators capable of controlling both the  
396 generation and maintenance of 3D structures. Using an unbiased screening approach, we  
397 identified miR-106a-3p, a previously uncharacterised miRNA, as a master regulator of the  
398 stem/progenitor cell-like lineage that specifies the 3D structure-initiating cell population from  
399 human normal primary mammary epithelial cells. Our findings indicate that, in the  
400 experimental conditions explored, aSC-derived 3D structures are, at least in part, controlled  
401 by miR-106a-3p expression. Previous deep sequencing studies have shown that miRNA pairs  
402 (5p/3p) co-exist in roughly half of miRNA populations, often with varying concentrations of  
403 the 5p/3p species[48, 49]. Notably, the minor miRNA species—either 5p or 3p—exhibit  
404 evolutionary conservation in their seed sequences, underscoring their biological significance  
405 [50-52]. Several miRNAs have been found to either promote or inhibit stemness. For  
406 example, the loss of miR-205 expression induced a stemness phenotype in mammary  
407 epithelial cells, promoting EMT, altering cell polarity, and disrupting symmetric division by  
408 upregulating Zeb1/2 and Notch expression [53]. Additionally, miR-106a-3p has been linked  
409 to follicular lymphoma [54], gastric cancer [55], and renal carcinoma [56] , highlighting its  
410 biological importance.

411 In breast tissue, EMT has been associated with stem/progenitor cell properties,  
412 including the expression of the CD44<sup>high</sup>/CD24<sup>low</sup> profile. We hypothesised that miR-106a-3p  
413 may confer EMT features. However, instead of inducing a complete epithelial-to-  
414 mesenchymal transition, evidence increasingly suggests the presence of intermediate states  
415 where cells express both epithelial and mesenchymal traits [57]. Indeed, we observed that  
416 miR-106a-3p induced a hybrid EMT state, characterised by the expression of both epithelial  
417 markers (e.g.,  $\beta$ -catenin and E-cadherin) and mesenchymal markers (e.g., TWIST1, ZEB1,  
418 TGF $\beta$ 1, and MMP9). Moreover, cells expressing miR-106a-3p exhibited features associated  
419 with stemness, such as elevated TWIST1 levels. Interestingly, previous studies have shown  
420 that TWIST1 alone is not sufficient to induce EMT-related morphological changes [58, 59],

421 suggesting that stem cell-like properties do not arise from the EMT programme itself but  
422 rather from a hybrid EMT state. ZEB1, another transcription factor upregulated by miR-106a-  
423 3p, also plays a key role in the hybrid EMT state and the acquisition of stem cell-like  
424 characteristics [60]. Our findings suggest that stem/progenitor-like properties are linked to a  
425 hybrid EMT state rather than a complete epithelial or mesenchymal phenotype. Future studies  
426 should further investigate the time-frame window of miR-106a-3p induction during the EMT  
427 process.

428 Since major pathways such as Wnt, TGF $\beta$ /BMP, and Notch have been reported to be  
429 critical for maintaining mammary aSCs, thus we evaluated the potential involvement of these  
430 pathways. Stem cells possess self-renewal activities and multipotency, characteristics that  
431 tend to be maintained under hypoxic microenvironments;[61] therefore, it is not surprising to  
432 observe an up-regulation of hypoxia pathways and activation of HIF1 $\alpha$  transcription factor.  
433 Remarkably, it has been shown by cell sorting that cells bearing a stem cell phenotype  
434 (CD44<sup>high</sup>/CD24<sup>low</sup>) express a constitutive activation of JAK-STAT pathway,[62] which we  
435 observed to be up-regulated along with STAT1 and STAT2 transcription factors. In parallel,  
436 we observe a down-regulation of Wnt signaling as well as PI3K pathways. Wnt is known to  
437 play an important role in stem cells maintenance; its inhibition has been shown to lead to the  
438 inactivation of PI3 kinase signaling pathways to ensure a balance control of stem cell  
439 renewal.[37] Moreover, in our model, we observed a down-regulation of SMAD4 and  
440 SMAD3 transcription factors, correlated with a down-regulation of the TGF $\beta$  pathway.  
441 Signals mediated by TGF- $\beta$  family members have been implicated in maintaining and  
442 differentiating various types of somatic stem cells. [63] Moreover, we identified p53 pathway,  
443 in mammary stem cells, p53 has been shown to be critical to control the maintenance of a  
444 constant number of stem cells pool.[64, 65]

445 As cells differentiate and assume a specific lineage identity, some transcriptional mechanisms  
446 must switch on or off particular genes. To date, it remains unclear whether a defined  
447 transcriptional programme governs the aSCs maintenance. aSC identity, plasticity, and  
448 homeostasis are regulated by epigenetic and transcriptional networks specific to each lineage.  
449 By integrating gene arrays with miRNA/siRNA screening approaches, we identified 4  
450 transcription factors (*CBFB*, *REST*, *NFYA*, and *GATA3*) as targets of miR-106a-3p, which are  
451 crucial for the generation of 3D structure-initiating cells and the maintenance of stem cell  
452 self-renewal (Figure 8M). Interestingly, knocking-down each of these genes phenocopied the

453 effects of miR-106a-3p overexpression by modulating both the three core transcription factors  
454 (*OCT4*, *SOX2* and *NANOG*) and the 3D structure initiating cell population.

455 REST is a transcription factor expressed in epithelial cells [66], and plays a role  
456 *OCT4/SOX2/NANOG* transcriptional network [67]. It shares numerous target genes with  
457 *OCT4*, *SOX2*, and *NANOG*, several of which encode essential factors for cell maintenance in  
458 ESCs [67]. It binds a 21-bp DNA recognition sequence and has two repressor domains that  
459 recruit co-repressor complexes. REST binding sites in ESCs overlap with genomic regions  
460 that carry Polycomb-repressed chromatin in FACS-purified multipotent progenitors of the  
461 early embryonic pancreas [68]. Herein, REST also restrains differentiation into breast  
462 progenitors to favor aSCs maintenance in breast epithelial cells.

463 Core binding factor (CBF) is a heterodimeric transcription factor complex composed  
464 of a DNA-binding subunit, one of three runt-related transcription factor (RUNX) factors, and  
465 a non-DNA binding subunit, CBFB.[69, 70] There is only one CBFB subunit while the other  
466 subunit is encoded by three mammalian genes: *RUNX1*, *RUNX2*, and *RUNX3*, all of which  
467 require CBFB for their function. The targeted inactivation of CBFB abrogates the activity of  
468 all RUNX complexes[71]. Targeted knock-out of RUNX genes has revealed distinct roles for  
469 these proteins in development, with *RUNX1* being required for hematopoiesis[72], *RUNX2*  
470 for osteogenesis,[73] and *RUNX3* for neurogenesis and the control of gastric epithelial cell  
471 proliferation.[74, 75]. The RUNX/CBFB complexes have been shown to play a role in the  
472 stem cells maintenance by activating FGF signaling loops between the epithelium and the  
473 mesenchyme [71]. Additionally, CBFB has been found to be upregulated in the lactating  
474 mammary gland and is necessary for lobulo-alveolar development [76]. Furthermore, CBFB  
475 knockout has been shown to lead to a down-regulation of SNAIL and VIM expression during  
476 the hybrid-EMT, indicating a more epithelial state in breast cell lines [77]. These data confirm  
477 our observations, indicating that miR-106a-3p, through the down-regulation of CBFB,  
478 induces a down-regulation of both SNAIL1 and VIM in our model. Therefore, it is not  
479 surprising that controlling CBFB through miR-106a-3p expression participates in the  
480 maintenance of aSCs.

481 NF-Y, a ubiquitously expressed trimeric transcription factor, has a dual role as an  
482 activator and repressor of transcription [78]. The heterodimer protein complex comprises  
483 three subunits (NF-YA, NF-YB, and NF-YC). NF-YA is considered as the limiting regulatory  
484 subunit of the trimer, since it is required for complex assembly and sequence-specific DNA  
485 binding. NF-Y has previously been identified as a marker of CSCs in hepatocellular  
486 carcinoma and embryonic carcinoma cells [79-81]. In addition, it has been shown to regulate

487 the expression of several human *SOX* genes, including *SOX2* [82], NF-Y also regulates the  
488 expression of several human *SOX* genes, including *SOX2*[82], *SOX9* [83], and *SOX18*[84].  
489 This transcriptional activation function of NF-Y is mediated, at least in part, by direct binding  
490 to CCAAT boxes within promoters of target genes and by making complex interplay with  
491 other factors involved in transcriptional regulation of human *SOX* genes. It has also been  
492 shown that the NF-Y binding site CCAAT within the proximal region of the human *SOX2*  
493 gene promoter plays a key role in regulating *SOX2* expression in cervical CSCs, establishing  
494 that NF-YA is essential for maintaining CSCs characteristics. Interestingly, NF-Y has been  
495 shown to regulate *ATF6* expression [85] which is involved in protein homeostasis. Recently,  
496 it has been proposed that cell proteostasis restrains protein synthesis for the maintenance of  
497 stem cells [86]. As a consequence, we can speculate that NF-YA might also participate in  
498 stem cell maintenance through the regulation of cell proteostasis. Herein, we found that NF-  
499 YA regulates the expression of *SOX2* for the maintenance of breast aSCs, consistent with the  
500 literature.

501 The GATA transcription factors play critical roles in the gene regulatory networks  
502 governing cell fates specification and maintenance. Among them, the zinc finger transcription  
503 factor GATA-3 is known to serve as a key regulator of commitment and maturation of the  
504 luminal breast epithelial lineage [87] and displays essential roles in the morphogenesis of the  
505 mammary gland during embryonic and adult stages. Notably, GATA-3 has been established  
506 to be a critical regulator of luminal differentiation, and its deficiency leads to an expansion of  
507 luminal progenitors and a concurrent block in differentiation [87]. These data confirmed our  
508 observations that miR-106a-3p could act on differentiation through the down-regulation of the  
509 GATA3 transcription factor.

510 It is now well recognized that the lineage hierarchy of the mammary epithelium is  
511 composed of a basal/myoepithelial lineage that can function as multipotent mammary stem  
512 cells, capable of generating multilineage functional mammary epithelia *in vivo* [43, 88]. These  
513 cells have thus been viewed as the primary hierarchy of the mammary epithelium, giving rise  
514 to more restricted lineage-specific progenitors, and being responsible for the continuous  
515 generation of all mammary epithelial lineages in adults. However, it remains unclear whether  
516 cells possessing mammary stem cell potential in the basal layer are distinct from  
517 differentiated, non-stem cell basal cells or if stem cell potential is a general feature of cells  
518 present in this layer.

519 The luminal compartment has been shown to contain mature differentiated luminal  
520 cells, unable to generate 3D structures, as well as a subpopulation of luminal progenitor cells

521 capable of giving rise to structures containing luminal cells [43, 88]. We thus performed  
522 lineage-tracing experiments using tissue dissociation and surface marker staining and sorting  
523 to identify three main populations: mature luminal cells, luminal progenitors, and basal/stem  
524 cells. We found that cells growing in 3D are enriched in luminal progenitors and miR-106a  
525 enriches this same population. Interestingly, it has been shown that these luminal cells are  
526 also able to give rise to ductal structures containing both lineages [89], indicating that a more  
527 limited mammary stem cell potential may be present in this lineage as well. It has been  
528 suggested that mammary stem cells might possess lineage characteristics that are at an  
529 intermediate point on the basal–luminal axis. Indeed, fetal mammary stem cells (fMaSCs),  
530 which give rise to the entire mammary gland, do indeed appear in fact to express both luminal  
531 and basal markers, representing an intermediate position on this axis, and their gene  
532 expression signature is closer to that of adult luminal progenitors than adult basal cells [41,  
533 90].

534

535 Mechanistically, miR-106a-3p targets a specific set of genes, namely *CBFB*, *REST*,  
536 *NFYA* and *GATA3*, to finely regulate the expression of *OCT4*, *SOX2*, and *NANOG*, thereby  
537 reducing heterogeneity within the 3D structure-initiating cell population (Figure 8M).  
538 Consequently, a complex mechanism is clearly established to finely modulate the expression  
539 of key transcription factors in 3D culture, a process conserved throughout development in  
540 adult and embryonic stem cells. Recent reports have demonstrated that the differentiation of  
541 human aSCs [91] and mouse ESCs [92] is modulated through post-transcriptional attenuation  
542 of key factors such as *OCT4*, *SOX2*, and *NANOG*. A recent study by Doffou *et al.*, has also  
543 reported a similar phenomenon in an organoid hepatocyte model, showing that *OCT4*  
544 expression is induced, starting at day 6 [93]. This induction is seen in hepatocytes in  
545 anticipation of trans-differentiation. This increase of *OCT4* could be attributed to  
546 differentiation in our model, based on previous studies showing that both under- and over-  
547 expression of *OCT4* could lead to cell differentiation [94].

548 miRNA-directed regulations provide a way to finely tune aSCs' self-renewal and  
549 differentiation. Indeed, miRNAs play an important role in gene regulation for ESCs'  
550 pluripotency, self-renewal, and differentiation. These miRNAs can be divided into two  
551 subgroups: pluripotency-inducing miRNAs and pro-differentiation miRNAs. The first  
552 subgroup, including miR-137, miR-184, miR-200, miR-290, miR-302, and miR-9, is  
553 exclusively expressed during the pluripotent state and rapidly decreases upon differentiation  
554 stimuli [17, 18]. By contrast, pro-differentiation miRNAs, such as let-7, miR-296, miR-134,

555 and miR-470, regulate the differentiation processes in pluripotent cells [38]. These miRNAs  
556 are upregulated during ESCs differentiation and inhibit the expression of pluripotency factors,  
557 including NANOG and SOX2 [38]. Even though aSCs are epigenetically and temporally very  
558 distant from ESCs, we found that the miR-106a-3p impaired differentiation in ESCs and 3D-  
559 structure formation in aSCs suggesting that this miRNA might be a remnant of ESCs. Our  
560 data show that miR-106a-3p features as a miRNA participating in the modulation of the core  
561 factor network (OCT4, SOX2, and NANOG), which in turn inhibits differentiation and favors  
562 maintenance of stem/progenitor cells (Figure 8M). Indeed, miR-106a-3p is sufficient by itself  
563 in targeting a specific set of genes *CBFB*, *REST*, *NF-YA*, and *GATA3*, and to induce  
564 expression of *OCT4*, *SOX2*, and *NANOG*. Finally, the role of miR-106a-3p is of particular  
565 interest in explaining how mammary epithelial cells acquire stem cell-like properties in  
566 normal conditions. Indeed, the capacity of miR-106a-3p to promote stem cell-like behavior in  
567 3D gives us some clues on how the stem cell status may be specified in mammary cells. Our  
568 study underscores the cooperative action of transcription factor networks in establishing  
569 stem/progenitor cell identity, providing comprehensive regulatory principles for human  
570 epithelial homeostasis. To date, it was not known whether a transcriptional program existed to  
571 maintain aSCs, a question addressed in this study (Figure 8M). Understanding the  
572 transcriptional networks and signalling pathways involved in 3D structure formation could  
573 enhance the use of organoids as models for studying organ function, disease, and therapy.

574

575

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581

582

583 **Author Contributions**

584 Conceptualization, D.F., F.D., G.L., and A.C; Methodology, D.F., F.D., and M.P.;  
585 Investigation, D.F., F.D., E.V, and M.P.; Writing – Original Draft, D.F.; Writing – Review &  
586 Editing, D.F., F.D., J.R., E.V and M.P; Resources, D.F. and M.P.; Supervision, D.F., and  
587 M.P.

588

589

590

591 **Declaration of Interests**

592 None

593

594 **Materials and Methods**

595 **Contact for reagent and resource sharing**

596 Further information and requests for resources and reagents may be directed to and will be  
597 fulfilled by the Lead Contact, Delphine Fessart (delphine.fessart@inserm.fr).

598

599 **Experimental model details**

600 *Cell lines*

601 Normal HMECs with finite life-span have been previously fully described [24, 35]. Finite-  
602 lifespan HMECs were provided by the Human Mammary Epithelial Cell (HMEC) Bank from  
603 M. Stampfer. M87A-type media was used [19]. M87A media has been reported to support  
604 pre-stasis HMEC growth for as much as 60 population doublings (PD), and to maintain  
605 luminal cells for as many as 8 passages (~30 PD). It has been shown that M87A supports pre-  
606 stasis HMEC growth, including myoepithelial, luminal, and progenitor cells for 30–60 PD  
607 [95]. HUES cells (HUES9) were cultured as previously described [40].

608 *Cell culture*

609 For standard 2D culture, primary human mammary epithelial cells at passage 4 were  
610 established and maintained in M87A medium as previously described [24]. HMECs cells at  
611 Passage 6 (P6) were used for the miRNA screening and follow-up miRNA studies, unless  
612 otherwise stated. For three-dimensional culture (3D), cells were grown in laminin-rich  
613 basement membrane growth factor-reduced Matrigel (BDBiosciences) (Matrigel) as we  
614 previously described.<sup>5</sup> Mycoplasma testing was performed prior to all experiments in this  
615 study.

616

617 **Methods**

618 *High-content miRNA screening*

619 The miRNA screen was performed in triplicate, using the Human pre-miR miRNA library  
620 (Ambion), consisting of 837 miRNAs, together with control small interfering RNAs (siRNAs)  
621 targeting Cyclophilin B (Dharmacon), CD44, and CD24 (Qiagen). HMECs at P6 were  
622 reverse-transfected with 30 nM miRNA in 384-well format using HiperFect (QIAGEN), in  
623 triplicate using Janus apparatus (Perkin Elmer) of the POETIC plateform. Plates were  
624 incubated for 48 h, medium was changed and fixed/stained 72 h later with CD44-FITC  
625 conjugated antibody (Abcam), CD24 antibody (BD Biosciences) and G $\alpha$ Mo AlexaFluor546  
626 (Invitrogen), 4',6-diamidino-2-phenylindole (DAPI, Sigma). For the screening in 3D culture,  
627 cells were fixed following 8 days after transfection. High-content images were acquired with

628 the Cytation3 (Bioteck) at 4 $\times$  magnification, and analysis was performed using the Analysis  
629 software (Bioteck). The Z-score provides a metric of the median absolute deviation by which  
630 an individual miRNA transfected condition (averaged over three replicates) differs from the  
631 population median (median percentage CD44<sup>high</sup>/CD24<sup>low</sup> population).

632 *Flow cytometry*

633 Following trypsinization, cells were strained through a 40  $\mu$ m nylon mesh to ensure single  
634 cells are obtained and suspended in ice-cold solution to obtain a density of  $1 \times 10^6$  cells/ml.  
635 Antibodies (CD44 conjugated with FITC (Abcam, Ab19622); CD24 conjugated with  
636 phycoerythrin, PE (BD Biosciences, 555428); CD-24 (BD Biosciences, 55046); CD49f  
637 conjugated to Cy5 (BD Biosciences, 551129) were added to the cell suspension at  
638 concentrations suggested by the manufacturer and cells were incubated at 4°C in the dark for  
639 45 min. These labeled cells were washed twice, suspended in PBS and analysed using a flow  
640 cytometer (Becton Dickinson). The cells were stained with either isotype-matched control  
641 antibodies or with no primary antibody as negative controls. No difference was observed  
642 between these two controls. To separate the ALDH positive population by FACS, the  
643 ALDEFLUOR kit (StemCell Technologies) was used. Cells were suspended in  
644 ALDEFLUOR assay buffer containing ALDH substrate (BAAA, 1  $\mu$ M per  $1 \times 10^6$  cells) and  
645 incubated during 40 minutes at 37°C. As negative control, for each sample of cells an aliquot  
646 was treated with 50mM diethylaminobenzaldehyde (DEAB), a specific ALDH inhibitor.

647

648 *RNA isolation and miRNA microarray*

649 Total RNAs were isolated from three independent samples of HMEC-transfected cells using  
650 the miRNeasy Kit (Qiagen) according to the manufacturer's instructions. The quantity and  
651 size of RNAs were analysed for concentration, purity and integrity by using  
652 spectrophotometric methods in combination with the Agilent Bioanalyzer (Agilent  
653 Technologies).

654 Microarray analyses were performed on 3 independent replicates of mimic control transfected  
655 cell samples (control), 3 independent replicates of miR-106a-3p transfected cell samples.

656 Complete gene expression analysis was performed with R (R version 3.6.1)/Bioconductor  
657 software (<https://doi.org/10.1038/nmeth.3252>). Initially, the raw data were imported with  
658 oligo R package (1.48.0) (<https://doi.org/doi:10.18129/B9.bioc.oligo>) and processed  
659 (background subtraction, quantile normalization and summarization with median polish  
660 method) using the RMA algorithm (<https://doi.org/10.1093/biostatistics/4.2.249>). In addition,  
661 for the annotation process, the R packages affycoretools (1.56.0) and hgu133plus2.db (3.2.3)

662 were used to map probe sets to gene symbols  
663 (<https://doi.org/doi:10.18129/B9.bioc.affycoretools>). Next, after the removal of control  
664 features, a non-specific intensity filtering procedure was applied to remove probesets that  
665 were not expressed at least in one of the two conditions (control or transfected samples).  
666 Finally, aiming to identify differentially expressed genes between transfected and non-  
667 transfected samples, linear models were fitted and statistical inference was estimated using the  
668 limma R package (3.40.6) (<https://doi.org/10.1093/nar/gkv007>). Differentially expressed  
669 genes were identified using an FDR value < 0.01 & an absolute value of log2- fold change >  
670 log2(1.5). Regarding the visualization part of the differential expression analysis, volcano  
671 plots were created with the EnhancedVolcano R package (1.2.0)  
672 (<https://doi.org/doi:10.18129/B9.bioc EnhancedVolcano>), whereas the R package  
673 ComplexHeatmap (2.0.0) was utilized for the creation of the gene expression heatmaps based  
674 on selected gene signatures (<https://doi.org/10.1093/bioinformatics/btw313>). The gene  
675 expression data have been deposited in the ArrayExpress database at EMBL-EBI  
676 ([www.ebi.ac.uk/arrayexpress](http://www.ebi.ac.uk/arrayexpress)) under accession number E-MTAB-6594. The R code  
677 implemented for the analysis is available upon request. We have analysed our transcriptomic  
678 data, using the PROGENY R package (version 1.16.0) (<https://doi.org/10.1038/s41467-017-02391-6>) and DoRothEA (version 1.6.0)-decoupleR (version 2.1.6) computational pipeline  
679 (<https://doi.org/10.1101/gr.240663.118>, <https://doi.org/10.1093/bioadv/vbac016>), to  
680 investigate the differential activation of major signaling pathways and transcriptional factors.  
681  
682

### 683 *Functional enrichment analysis*

684 To exploit the biological mechanisms involved in the miR-106a-3p transfection effect, the  
685 BioInfoMiner interpretation web platform was used (10.4018/IJMSTR.2016040103;  
686 <https://doi.org/10.15252/emmm.201707929>). BioInfoMiner implements an automated and  
687 robust network analysis of functional terms, by the integration of semantic information  
688 through different biomedical vocabularies, aiming to elucidate the significantly perturbed  
689 biological processes, and critical genes with centrality role affected in the studied phenotype  
690 (<https://doi.org/10.1038/s41467-022-30159-0>). Furthermore, in order to unravel if specific  
691 mechanisms related to stemness and differentiation are significantly altered in the transfected  
692 samples, a customized enrichment analysis approach was applied through rotation gene set  
693 tests (<https://doi.org/10.1093/bioinformatics/btq401>), using the limma R package (mroast  
694 function). For the gene set signatures, we initially selected from the Molecular Signatures  
695 Database (<https://www.gsea-msigdb.org/gsea/msigdb/>),

696 (<https://doi.org/10.1073/pnas.0506580102>) the ontology and curated gene sets (version 7.1).  
697 Then, as a final step we kept only the terms/pathways that included the phrases “STEM” or  
698 “NOTCH” and had at least 10 genes in the respective signature. Enrichment analysis was  
699 performed using REACTOME pathways (<https://doi.org/10.1093/nar/gkab1028>) and Gene  
700 Ontology (<https://doi.org/10.1093/nar/gkaa1113>) to identify 32 hub genes, and generate an  
701 expression heatmap to investigate the expression patterns in the microarray sample.

702 *miRNA target identification*

703 The miRNA targets predictions based on miRanda, DianaMT, miRDB and miRWalk were  
704 downloaded from [www.microrna.org](http://www.microrna.org) (August 2010 release), <http://zmf.umm.uni-heidelberg.de/apps/zmf/mirwalk2/> and from <http://mirdb.org/miRDB/>. We used the  
705 computational tool MicroT\_CDS (<https://doi.org/10.1093/nar/gkt393>)

706  
707 *miRNA target stem cells signature analysis*

708 Gene set stem cells enrichment analysis for predicted miRNA targets was carried out using  
709 the web interface of Stem checker (<http://stemchecker.sysbiolab.eu/>) using default settings.

710  
711 *miRNA and antigomiR transfections*

712 HMECs were transfected with 30 nM miRNA or 30 nM antigomiR (anti-miRNA) in 384-well  
713 plates using HiperFect (Qiagen), and the protocol described above for ‘High-content miRNA  
714 Screening’ was followed. For siRNA transfections, pools of three siRNA per target were  
715 purchased (Qiagen) and the cell were transfected with Hyperfect (Qiagen) according to  
716 manufacturer instructions.

717  
718 *Quantitative reverse transcriptase-polymerase chain reaction*

719 Methodology for quantitative reverse transcriptase-polymerase chain reaction (RT-qPCR) has  
720 been described previously. Quantitative RT-PCR reactions were performed with SYBR Green  
721 Master Mix (ABI). For siRNA knockdown experiments, three siRNA per targets were used  
722 and, RNA was extracted from  $1 \times 10^5$  cells 48hr post-transfection. *GAPDH* levels were  
723 quantified for each cDNA sample in separate qPCR reactions and were used as an  
724 endogenous control. Target gene-expression levels were quantified using target specific  
725 probes. Values were normalized to the internal *GAPDH* control and expressed relative to  
726 *siGLO* transfected control levels (100%). All qPCR reactions were run in triplicate from three  
727 independent samples. Primers used for qPCR are in Appendix Table S1.

728  
729 *Retroviral stable cell lines*

106a-5p/-3p miRNA hit was cloned into MirVec as previously described.<sup>3</sup> After sequence  
728 verification, 5 mg of plasmid DNA was transfected into HMEC P5 was transduced into  
729 Phoenix packaging cells using Fugene (Roche, Basel, Switzerland). Viral supernatant was

730 harvested 48 h after transfection. Target HMECs were seeded in a six-well plate at a density  
731 of 5000 cells/cm<sup>2</sup> and spinfected the following day at 32 °C, 350 r.p.m. for 1 h with viral  
732 supernatant in the presence of 8 mg/ml polybrene. Cells were selected with blasticidin (3  
733 mg/ml). Cells were harvested for RT-qPCR analysis.

734 *Immunofluorescence*

735 Fixed cells were permeabilized with 0.1% Triton X-100 (Sigma) for 30 min at room  
736 temperature (RT) cells were stained for 2 h at RT with a primary antibody followed by a  
737 secondary antibody staining for 1 h at RT (AlexaFlour-488-conjugated goat anti-mouse  
738 antibody (Invitrogen). Cells were imaged on Leica Dmi8 microscope. Images were analysed  
739 using Leica software. Primary antibodies used were CD44 (BD Biosciences, 550392); CD44  
740 (Abcam, Ab19622), CD24 (BD Biosciences, 550426), cleaved Caspase-3 ((Asp175), Cell  
741 Signaling, 9664S), beta-catenin (BD Biosciences, 610153), p63 (clone 4A4; Santa  
742 CruzBiotechnology, sc8431), MoaCK14 (Ozyme), CK18 (Santa CruzBiotechnology,  
743 sc32722), EpCAM (EBA-1; BD Biosciences, 347197); MUC1 (Ozyme, BTMBNC80960);  
744 CK5 (Abcam, Ab17130), Vimentin (Sigma, V6389). Secondary antibodies were the  
745 appropriate AlexaFluor-488 or AlexaFluor-546 antibody (Invitrogen). DAPI and CellMask  
746 Deep Red (Invitrogen) were also included. Images were collected with the Dmi8 microscope  
747 (Leica) or the Zeiss 510 Meta Confocal microscope (Zeiss) and Developer Software (Leica)  
748 used for image analysis.

749 *In situ hybridization (ISH) and microscopy*

750 ISH was performed by using specific DIG-labeled miRNA LNAsprobes from Exiqon. Briefly,  
751 cells were fixed in 4% paraformaldehyde for 30 min, followed by 70% ethanol for at least 16  
752 h at 4°C. Cells were then permeabilized with 0.1% Triton X-100 for 10 min. The washed cells  
753 were then pre-hybridized with a prehybridization buffer (46 SSC, 25% formamide,  
754 Denhardt's solution, 2% blocking reagents, 0.25 mg/ml yeast tRNA, 0.25 mg/ml salmon  
755 sperm DNA) for 30 min at room temperature, followed by hybridization at 23 °C below the  
756 Tm of the LNA probe for 2 h. The cells were subsequently washed with Washing Buffer I  
757 (2X SSC with 0.1% Tween 20), II (2X SSC), and III (0.5X SSC) at the hybridization  
758 temperature. Cells were blocked with a signal enhancer (Lifetechnologies) for 1 h at room  
759 temperature, and then incubated with a mouse anti-DIG antibody at a dilution of 1:1000 at  
760 4°C overnight. Cells were washed with PBS three times to remove unbounded mouse anti-  
761 DIG antibody. Then, cells were incubated with a fluorescently labeled secondary antibody. To  
762 confirm that the ISH signals were indeed from the specific hybridization of the probes with  
763 the target RNA, the cells stained with a specific miR-scramble DIG-labeled miRNA

764 LNAprobes from Exiqon. The DNA was stained with DAPI. The samples were mounted on a  
765 fluorescent mounting medium (Dako). The images were taken with a LSM-510 Meta (Zeiss)  
766 confocal microscope.

767 *ESCs differentiation*

768 HUES cells (HUES9) were cultured as previously described [40]. Endoderm was induced by  
769 treating the cells for 3 days with 100 ng activin A (Peprotech, France) in DMEM  
770 supplemented with 10% FCS. Mesoderm was induced by culturing the cells in RPMI  
771 supplemented with 20% B27 (Thermofisher, France) and added with 5  $\mu$ M CHIR 99021  
772 (Stem cell, France) for 24 hr, then with BMP2 (10 ng/ml, Thermofisher, France) and CHIR  
773 (5  $\mu$ M) the second day and finally IWR1 (2  $\mu$ M) and BMP2 (10 ng/ml) the third day.  
774 Ectoderm was induced in RPMI supplemented with N2 medium (Thermofisher) and 0.5  $\mu$ M  
775 retinoic acid for three days.

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777 **Quantification and statistical analyses**

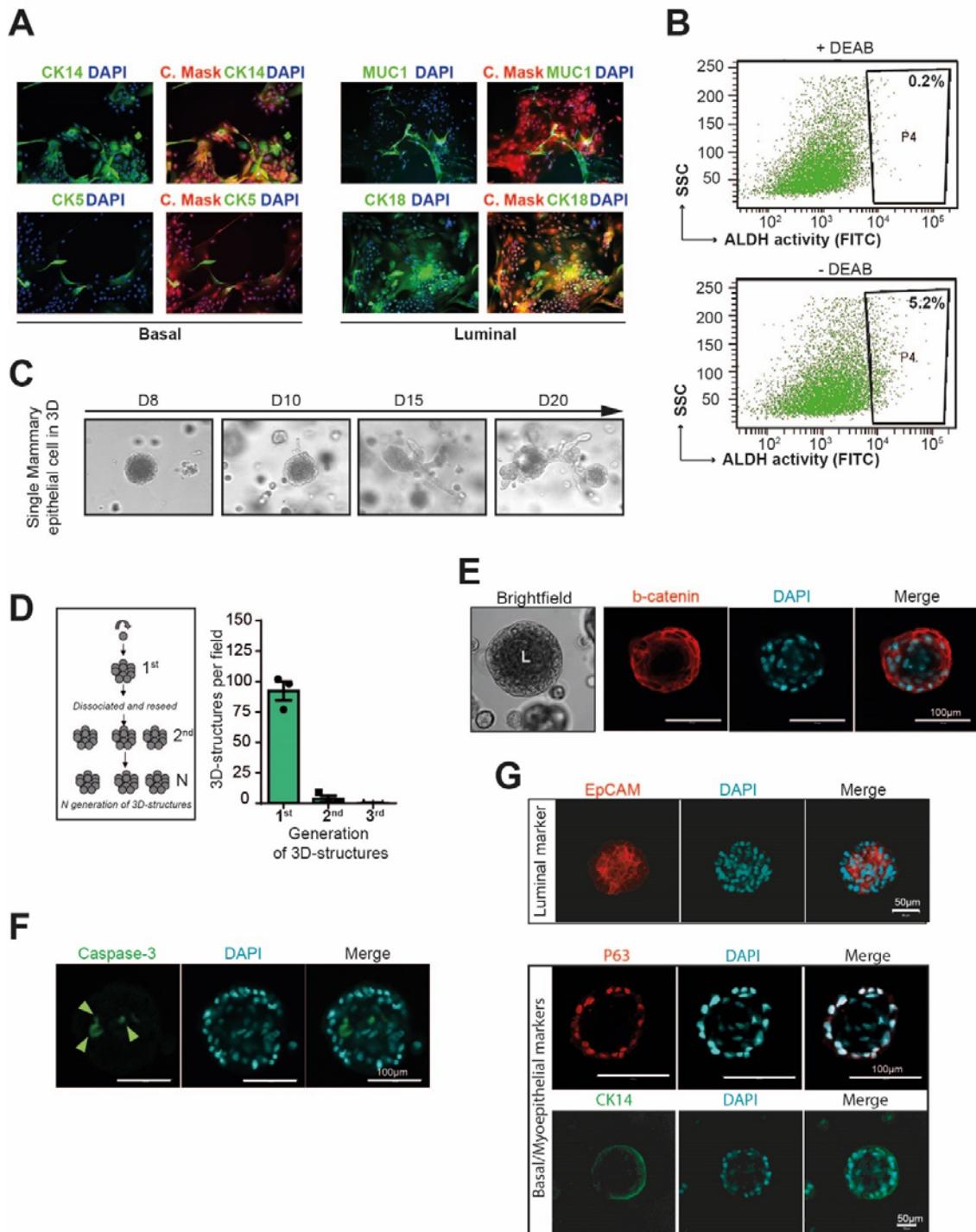
778 Quantification data are presented as means  $\pm$  SEM. Statistical significance was analysed using  
779 an unpaired Student's t test. A difference at  $p < 0.05$  was considered statistically significant.

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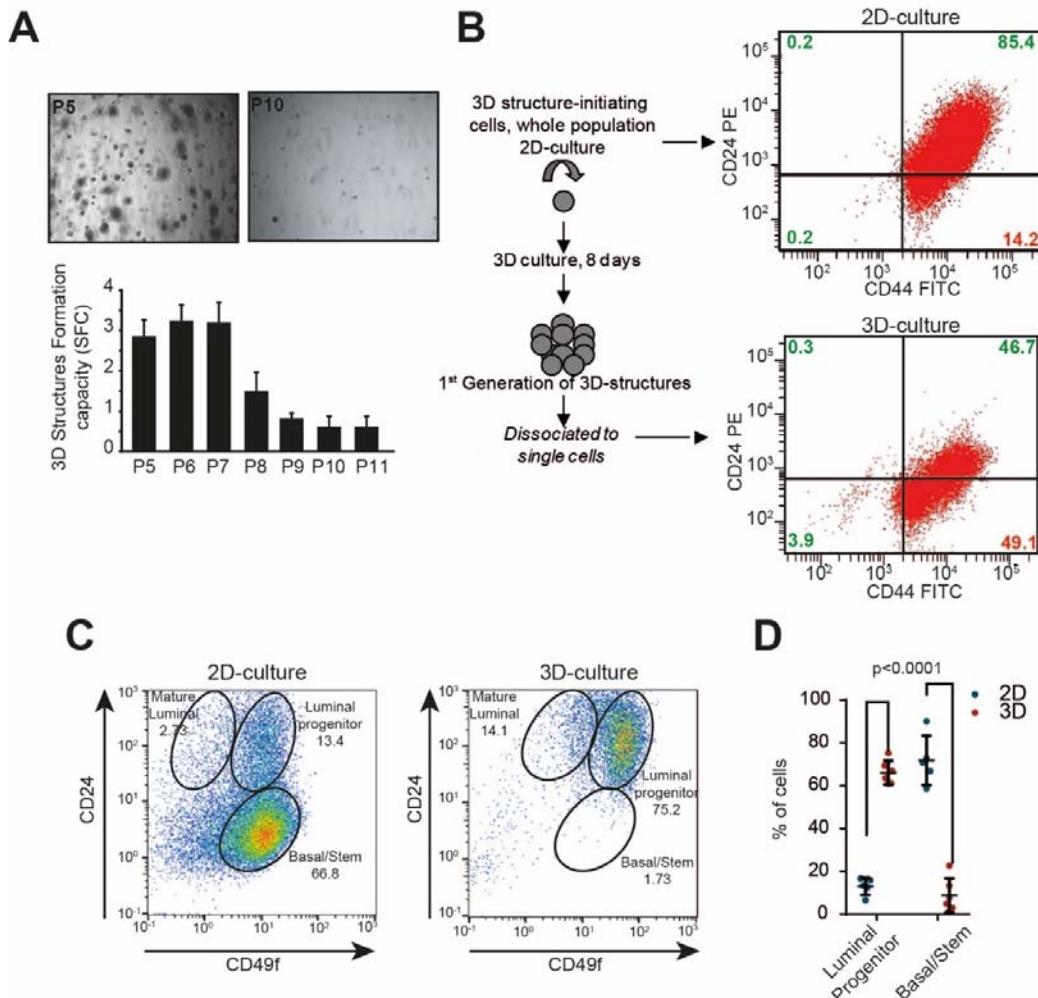
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Figure 1



790 analysis of normal breast epithelial cells using the ALDEFLUOR assay. Cells incubated with  
791 ALDEFLUOR substrate (BAAA) and the specific ALDH inhibitor, DEAB, established the  
792 baseline fluorescence and defined the ALDEFLUOR-positive region (P4) (n=3, mean  $\pm$   
793 SEM). **C**, Development of primary breast cells (single MECs) in 3D Matrigel following 20  
794 days. Results are representative of at least three independent experiments. **D**, Quantification  
795 of primary, secondary, and 3rd generation 3D structure development. Data are presented as  
796 mean values  $\pm$  SD, n=3. **E**, Immuno-fluorescent staining of  $\beta$ -catenin (red) and DAPI  
797 nuclear staining (blue) in 3D Matrigel organoids. Results are representative of three  
798 independent repeats of this experiment. **F**, Confocal cross-sections of 3D structure stained  
799 with active Caspase-3 and DAPI (blue) for the nucleus. Scale bars, 50  $\mu$ m. **G**, Confocal cross-  
800 sections of 3D structures stained with Epcam (red) as the luminal marker and p63 (red), CK14  
801 (green) as basal/myoepithelial markers, and DAPI (blue) for the nucleus. Scale bars, 50  $\mu$ m.  
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Figure 2



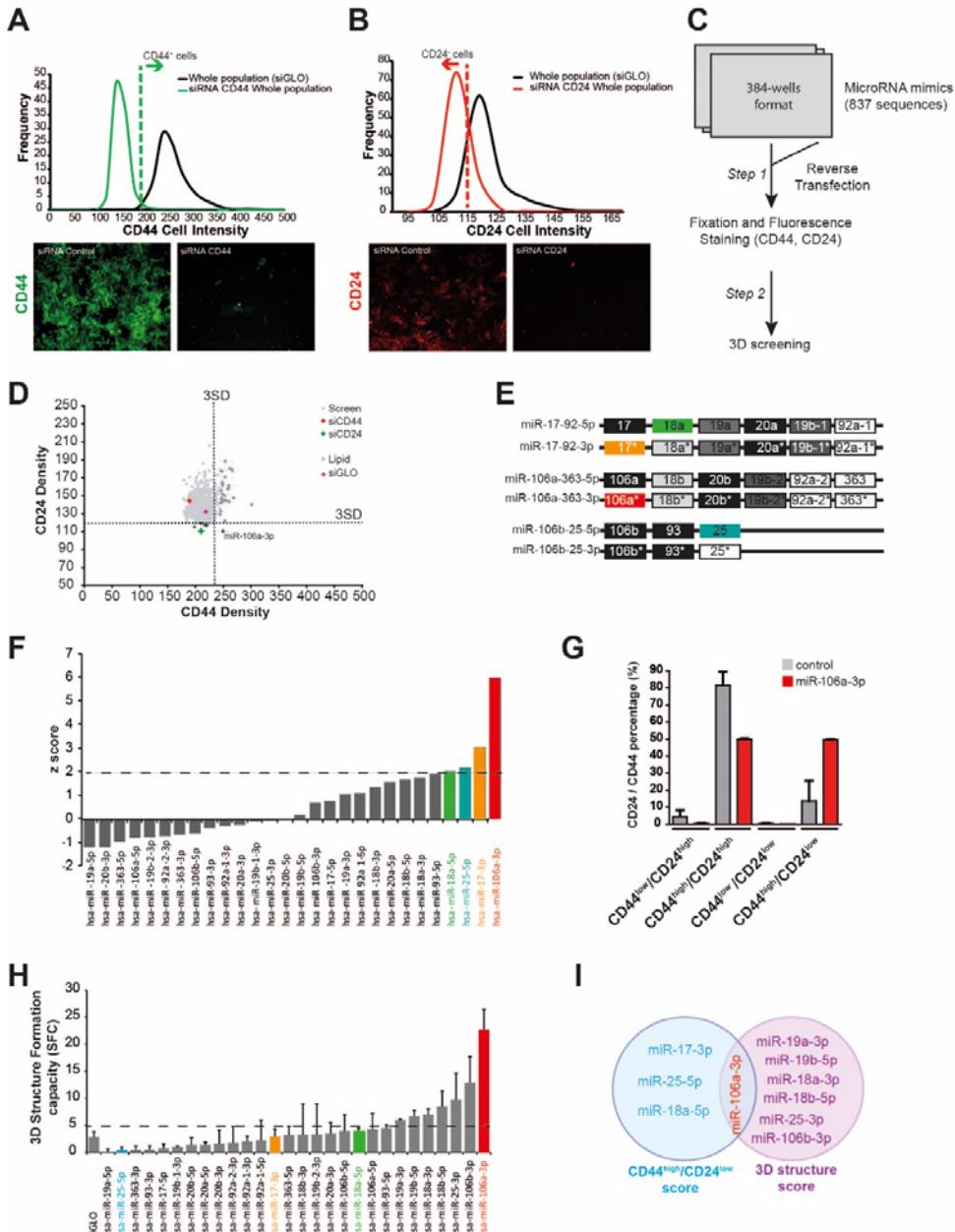
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**Figure 2. 3D-culture confers original cell properties as compared to 2D-culture**

809 A, Representative brightfield pictures of primary cells grown in 3D at passage 5 (P5) and  
810 passage 10 (P10). The bar graph shows the SFC, the mean  $\pm$  SEM of 3D structure per well,  
811 from passage P5 to passage P11. Data are from three independent experiments for each  
812 passage. B, Flow cytometry analyses of CD44/CD24 in HMEC cells derived from 2D-cell  
813 culture (top) or from primary culture in 3D (bottom). The expression of CD44<sup>high</sup>/CD24<sup>low</sup> in  
814 dissociated 3D structures was higher than in 2D cultured cells. A minimum of 10,000 events  
815 were collected per sample. (n=3, mean  $\pm$  SEM) C, Representative flow cytometry analysis of  
816 CD24/CD49f in HMEC culture in 2D (left) compared to 3D (right). Mature luminal, luminal  
817 progenitor, and basal/stem populations are indicated. (n=3, mean  $\pm$  SEM) D, Mammary  
818 epithelial cell population changes between cell culture conditions. Percent of Luminal  
819 progenitor (CD24<sup>high</sup>/CD49f<sup>high</sup>) and basal/stem cells (CD24<sup>low</sup>/CD49f<sup>high</sup>) are quantified  
820 between culture conditions. Data are from four to five independent experiments.  
821 (mean $\pm$ SEM).  
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Figure 3



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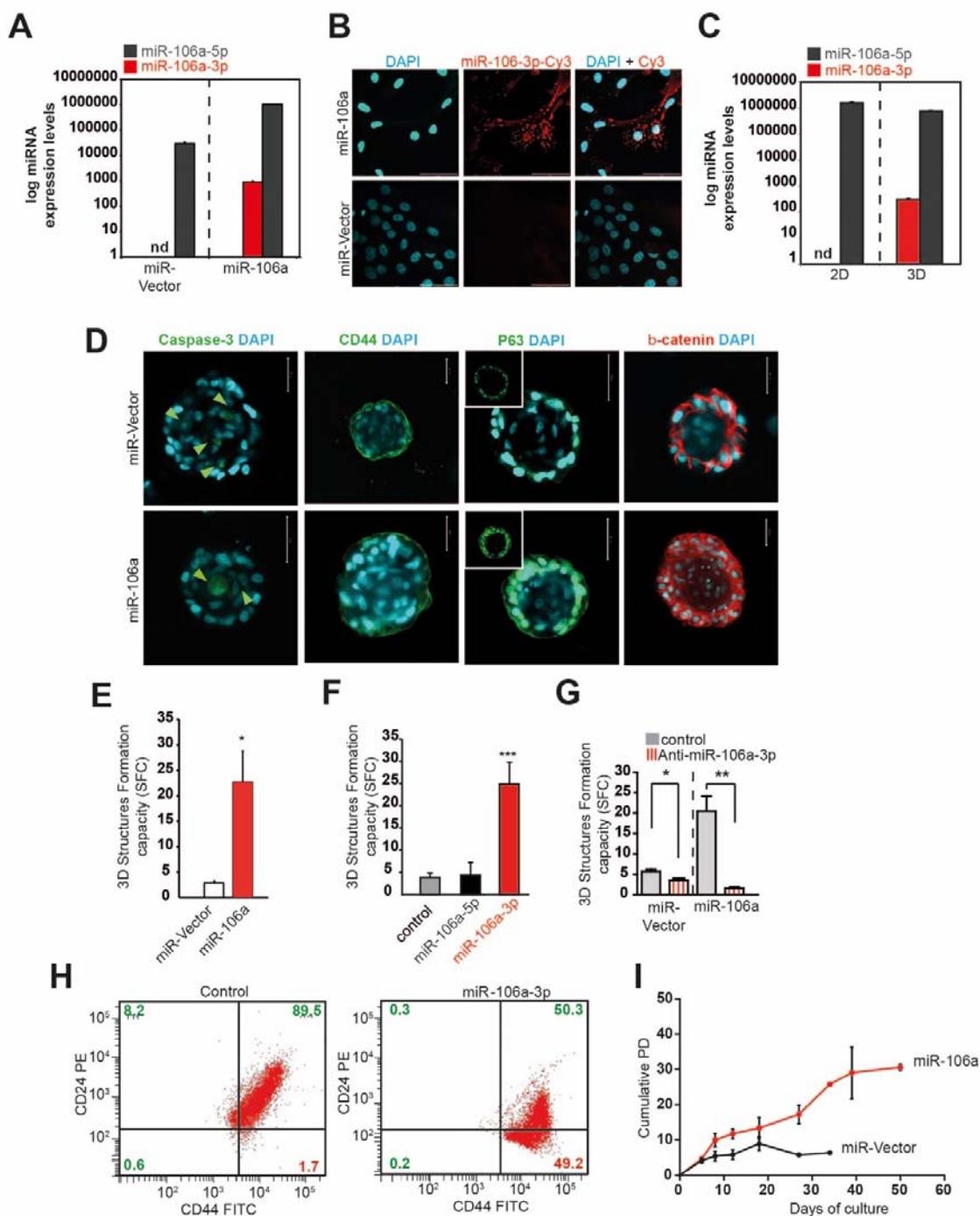
**Figure 3. Identification of miR-106a-3p as the predominant miRNA in cells growing in 3D**

**A**, Frequency distributions of CD44 intensity in HMECs at P6 (whole population, siGLO) as compared to HMEC-CD44-siRNA-depleted cells. Bottom panels are representative immunofluorescence pictures of HMECs stained with CD44 antibody (green): siGLO (left) and CD44 siRNA-knocked-down cells (right). **B**, Frequency distributions of CD24 intensity in HMECs at P6 (whole population, siGLO) as compared to HMEC CD24 siRNA knock down. Bottom panels are representative immunofluorescence pictures of HMECs stained with CD24 antibody (red): siGLO (left) and CD24 siRNA-knocked-down cells. **C**, Workflow for image-based miRNA screening for CD44<sup>high</sup>/CD24<sup>low</sup> enhancers in primary human HMECs.

835 HMECs were plated in 384-well plates and subjected to screening of miRNA libraries using  
836 optimized immunofluorescence staining for CD44 and CD24. **D**, Screening dot-plot showing  
837 the relationship between CD44 and CD24 intensities. Based on the frequency distributions  
838 generated for each phenotypic criterion (CD44 and CD24 intensity levels), we assigned highly  
839 stringent cutoffs for scoring positive hits in the genome-wide screen (dashed lines, 3 standard  
840 deviations (3SD) from the siGLO negative control. **E**, Members of the miR-17/92 cluster and  
841 its two paralogues miR-106a/363 and miR-106b/25. Red: miR-106a-3p; blue: miR-25-5p;  
842 green: miR-18-5p; orange: miR-17-3p. **F**, HMECs were transfected with miRNA mimics of  
843 the miR-17/92 cluster and its two paralogues and screened using conditions identical to the  
844 full screen. Z-Scores were calculated for individual miRNA mimics and plotted according to  
845 rank order. Dashed lines indicate 2 standard deviations (2SD) above the mean of the  
846 distribution. In colors are the miRNA above the 2SD. **G**, Mean percentages  $\pm$  SEM of  
847 CD44/CD24 subpopulations from at least three independent sorting experiments in HMEC  
848 transfected with miR-106a-3p mimic as compared to control. **H**, 3D-SFC represents the mean  
849 numbers of 3D structures per cell seeded for each miRNA transfected in HMECs as compared  
850 to cells transfected with siRNA control (siGLO). Data are from three independent  
851 experiments. (mean $\pm$ SEM). **I**, Venn diagram depicting the overlap of miRNA scoring in  
852 common between the CD44<sup>high</sup>/CD24<sup>low</sup> and 3D structures scores. Note that the overall  
853 number of miRNAs in common would be the overlap of the intersect of these two Venn  
854 diagrams.

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Figure 4



**Figure 4. Properties of miR-106a-3p**

**A**, Relative miR-106a-3p and miR-106a-5p expression levels determined by RT-qPCR in HMECs after retroviral infection with miR-Vector or miR-106a. n.d., not detectable. Data are from at least three independent experiments. (mean±SEM). **B**, FISH detection of miR-106a-3p in HMEC-miR106a stable cell lines. miR-106a-3p positive signals are visualized in red. Scale bar: 50  $\mu$ m. **C**, Relative miR-106a-3p and miR-106a-5p expression levels determined by RT-qPCR in HMECs grown in 2D as compared to 3D; n.d., not detectable. Data are from at least three independent experiments. (mean±SEM). **D**, Confocal cross-sections of stable

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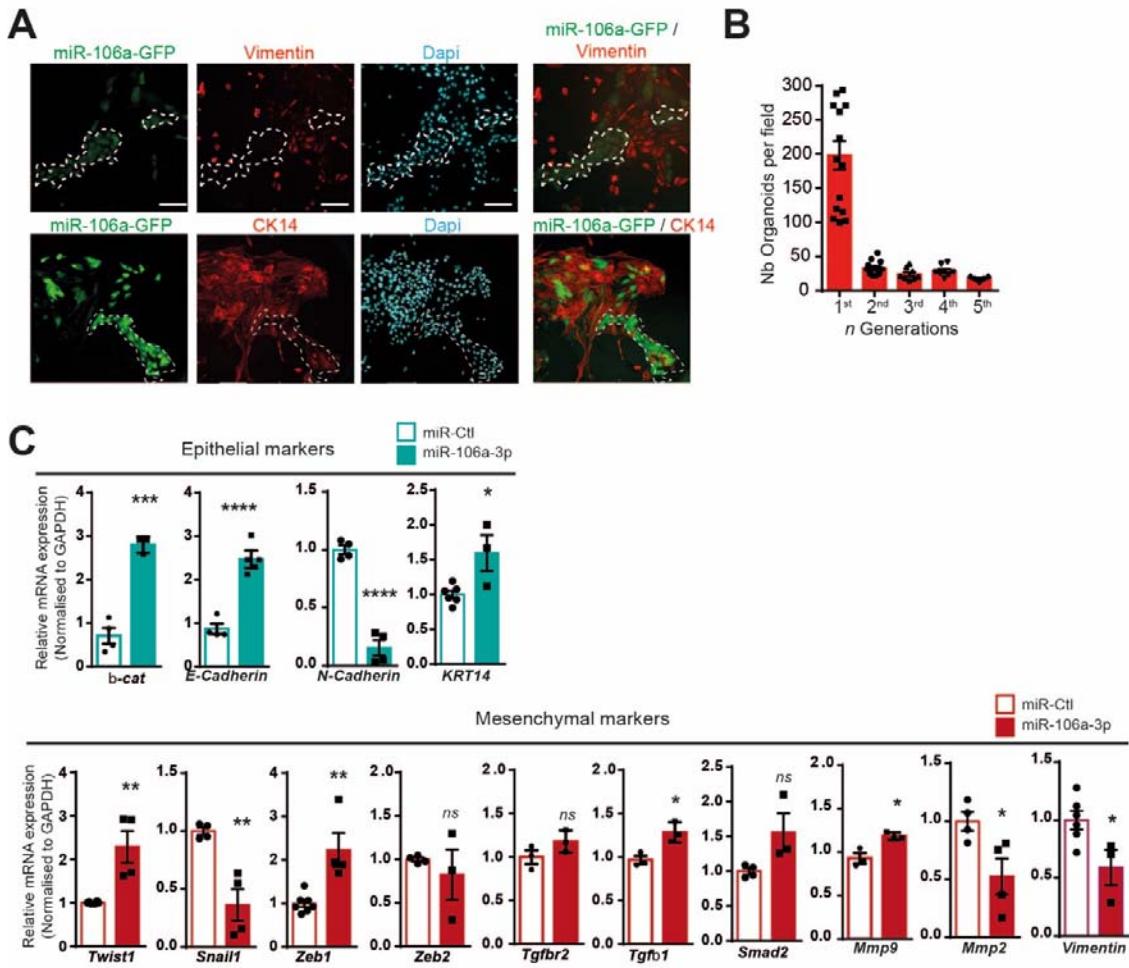
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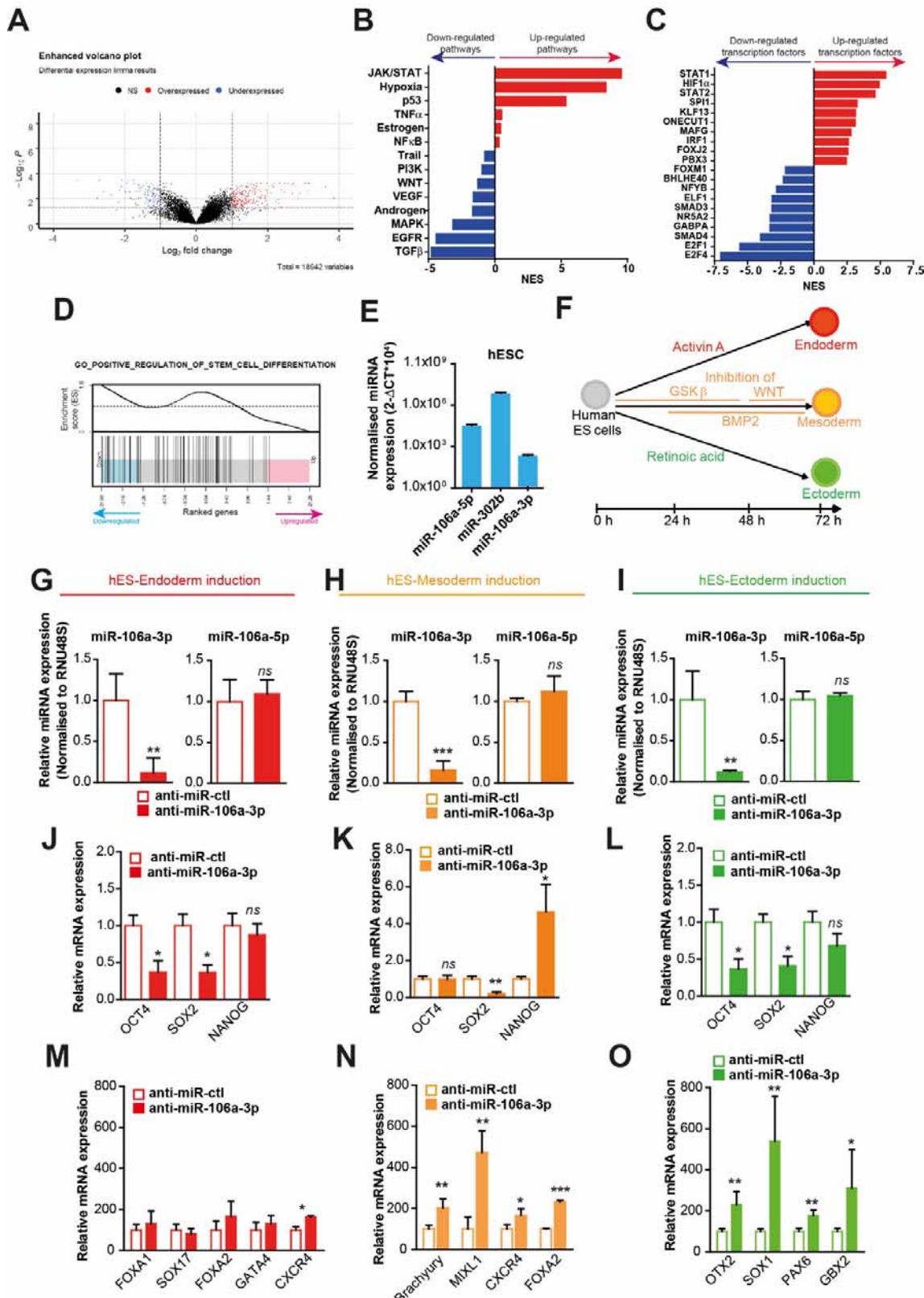
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865 HMEC-miR106a 3D structures as compared to miR-Vector organoids stained with  
866 respectively active Caspase-3, CD44, p63 or  $\beta$ -catenin, and DAPI (blue) for nucleus. The  
867 arrows indicate apoptotic cells. Scale bars, 50  $\mu$ m. **E** The bar graphs show the SFC, the mean  
868 number of 3D structures per well for miR-106a stable HMECs as compared to cells with miR-  
869 Vector. Statistical significance by Student's t test is indicated by one ( $p < 0.05$ ), two ( $p <$   
870 0.01), or three ( $p < 0.001$ ) asterisks. Data are from at least three independent experiments.  
871 (mean $\pm$ SEM). **F**, SFC represents the mean number of 3D structures per well in HMEC  
872 transfected with either control, miR-106a-5p or miR106a-3p mimics. Data are from at least  
873 three independent experiments. (mean $\pm$ SEM). **G**, SFC as the percentage of 3D strcutures  
874 formed by cells seeded for either stable miR-Vector transfected with anti-miR control or  
875 stable miR-106a-HMEC transfected with anti-miR-106a-3p. Statistical significance by  
876 Student's t test is indicated by one ( $p < 0.05$ ), two ( $p < 0.01$ ), or three ( $p < 0.001$ ) asterisks.  
877 Data are from at least three independent experiments. (mean $\pm$ SEM). **H**, Flow cytometric  
878 analyses of CD44/CD24 in HMEC transfected with either control or miR-106a-3p mimics. A  
879 minimum of 10,000 events were collected per sample. ( $n=3$ , mean  $\pm$  SEM) **I**, Growth kinetics  
880 of human primary cells expressing either –miR-Vector or –miR-106a in long-term culture.  
881 The curve relationship between cumulative population doubling (PD) and duration of culture  
882 demonstrates a relatively linear PD rate with the progression of time. Data are from at least  
883 three independent experiments. (mean $\pm$ SEM).  
884

**Figure 5**



## Figure 6



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Figure 6. miR-106a-3p targets involved in downregulation of stem cell differentiation

903 **A**, Volcano plot comparing the gene expression fold changes and p-values between HMECs  
904 transfected with control mimic or miR-106a-3p, using the R package Enhanced Volcano. The  
905 plot shows the distribution of the total number of 18,942 genes in the core gene category were  
906 tested. Genes with fold change  $> 1$  and FDR value  $< 0.05$  are indicated in red, and genes with  
907 fold change  $< -1$  and FDR value  $< 0.05$  are indicated in blue. Data resulted in significant  
908 changes in the expression of 1,348 genes. **B-C**, Barplots illustrating 14 main pathways and the  
909 top-10 regulated TFs (up and down-regulated) following miR-106a-3p expression. The  
910 visualized numeric values are normalized enrichment scores (NES) of the top100 most  
911 responsive genes for each indicated pathway, whereas for the relative TF activities, the signed  
912 transcription factor (TF) - target gene interactions when utilized based on the DoRothEA  
913 database (weighted mean statistic). The relative molecular footprint alterations in control as  
914 compared to miR-106a-3p are represented by each bar, where  $\text{NES} \square < \square 0$  represents down-  
915 regulation of specified pathway (B) or transcription factors (C).  $\text{NES} \square > \square 0$  represents  
916 upregulation of specified pathway (B) or transcription factors (C). An absolute value of 2/-2  
917 denotes the relative significance of the differential activity level. **D**, Barcode enrichment plot  
918 from the gene set enrichment analysis results, indicating down-regulation of stem cell  
919 differentiation pathway-related genes in the miR-106-3p-transfected group. The statistical  
920 significance of the enrichment is an FDR value of 0.024 and it is based on the multiple  
921 rotation gene-set testing (mroast) from the Limma R package  
922 (<https://doi.org/10.1093/bioinformatics/btq401>). **E**, Relative miR-106a-3p, miR-106a-5p and  
923 miR-302b expression levels determined by RT-qPCR in hESCs. Data are from at least three  
924 independent experiments. (mean $\pm$ SEM). **F**, Schematic representation of the human ESCs  
925 differentiation process, including timeline and key signaling pathways that are modulated. **G-I**, Relative miR-106a-3p and miR-106a-5p expression levels determined by RT-qPCR in  
926 hESCs cells transfected with control mimic or anti-miR-106a-3p following induction of the  
927 endoderm (G), mesoderm (H) and ectoderm (I) differentiation. (n=3, mean  $\pm$  SEM) **J-L**, Relative mRNA expression levels of key regulators of pluripotency in hESCs transfected with  
928 control mimic or anti-miR-106a-3p following induction of endoderm (J), mesoderm (K) and  
929 ectoderm (L) differentiation. In all graphs, means and standard errors are shown, and  
930 statistical significance by Student's t test is indicated by one (p < 0.05), two (p < 0.01), or  
931 three (p < 0.001) asterisks. (n=3, mean  $\pm$  SEM) **M-O**, Relative mRNA expression levels of  
932 differentiation target genes in hESCs transfected with control mimic or anti-miR-106a-3p  
933 following Endoderm induction (M), Mesoderm induction (N) and Ectoderm induction (O).  
934 (n=3, mean  $\pm$  SEM).  
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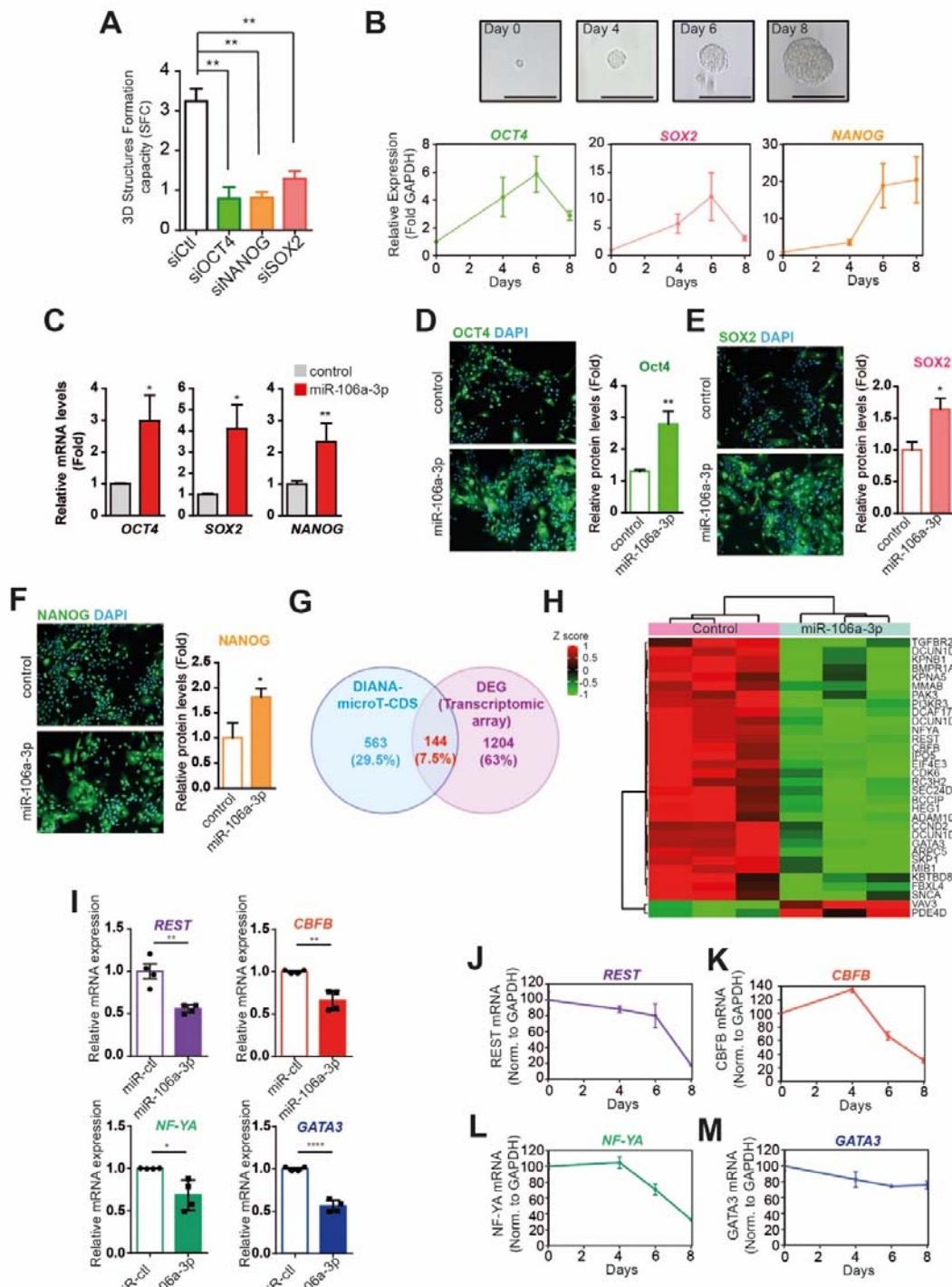
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Figure 7



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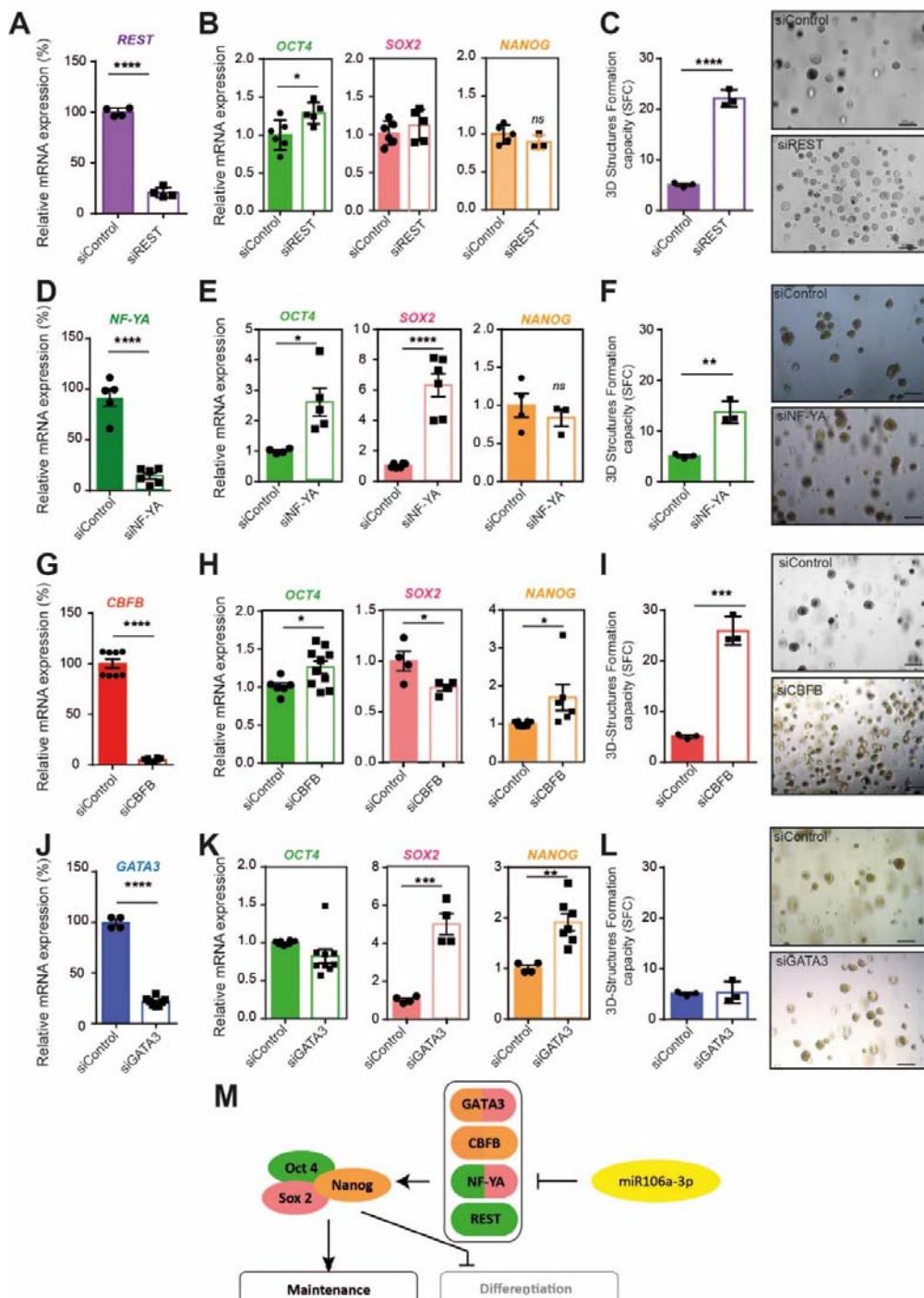
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**Figure 7. miR-106a-3p, a stem cell determining regulator for 3D structure development**

**A**, SFC represents the percentage of 3D structure per seeded cell generated from HMECs transfected with siRNA control, siRNA-OCT4, siRNA-NANOG or siRNA-SOX2. (n=3, mean  $\pm$  SEM) **B**, Relative OCT4, SOX2 and NANOG expression levels determined by RT-qPCR in 3D growth of HMECs at Days 0, 4, 6, and 8. Data are from at least three independent

947 experiments. (mean $\pm$ SEM). **C**, Relative *OCT4*, *SOX2* and *NANOG* expression levels  
948 (measured by RT-qPCR and normalized to RNA48) following miR-106a-infected HMECs  
949 transfection with LNA-control (grey) or LNA- miR-106a-3p (red). In all graphs, means and  
950 standard errors are shown, and statistical significance by Student's t test is indicated by one (p  
951 < 0.05), two (p < 0.01), or three (p < 0.001) asterisks. Data are from at least three independent  
952 experiments. (mean $\pm$ SEM). **D-F**, Relative protein expression levels of *OCT4* (D), *SOX2* (E)  
953 and *NANOG* (F) determined by immunofluorescence analysis. Data are from at least three  
954 independent experiments. (mean $\pm$ SEM). **G**, Venn diagram depicting the overlap of  
955 differentially expressed genes in the microarray experiment (1348 genes), with the predicted  
956 targets of the hsa-miR-106a-3p using the computational tool MicroT\_CDS  
957 ([http://diana.imis.athena-innovation.gr/DianaTools/index.php?r=MicroT\\_CDS/index](http://diana.imis.athena-innovation.gr/DianaTools/index.php?r=MicroT_CDS/index)) (707  
958 genes), resulting in a number of 144 common genes. **H**, Heatmap of the 32 hub genes,  
959 resulted from the union of the REACTOME and GO biological processes, using the R  
960 package ComplexHeatmap **I**, *REST*, *CBFB*, *NFYA* and *GATA3* mRNA expression levels  
961 (measured by RT-qPCR and normalized to RNA48) following miR-106a-infected HMECs  
962 transfection with LNA-control (miR-ctl) or LNA-miR-106a-3p. Data are from at least three  
963 independent experiments. (mean $\pm$ SEM). **J-M**, Relative *REST* (J), *CBFB* (K), *NFYA* (L) and  
964 *GATA3* (M) expression levels determined by RT-qPCR in 3D growth of HMECs at days 0, 4,  
965 6, and 8. Data are from at least three independent experiments. (mean $\pm$ SEM).  
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Figure 8



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**Figure 8. miR-106a-3p a barrier for cell differentiation program during mammary 3D structure initiation.** **A**, Efficiency of *REST* gene silencing with specific human siRNA in transfected HMECs, as determined by RT-qPCR. Means and standard errors are shown. Data are from at least three independent experiments. (mean $\pm$ SEM). **B**, Impact of *REST* silencing (siREST) on *OCT4*, *SOX2* and *NANOG* gene expression as determined by RT-qPCR. Data are from at least three independent experiments. (mean $\pm$ SEM). **C**, SFC represents the percentage of 3D structures formed by seeded for control-transfected HMECs (siControl) as compared to siREST-transfected HMECs. Representative brightfield pictures of organoids from si-Control-

978 and si-REST-transfected HMECs. Data are from at least three independent experiments.  
979 (mean±SEM). **D**, Efficiency of *NFYA* gene silencing with specific human siRNA in  
980 transfected HMECs as determined by RT-qPCR. Means and standard errors are shown. Data  
981 are from at least three independent experiments. (mean±SEM). **E**, Impact of *NFYA* silencing  
982 (siNFYA) on *OCT4*, *SOX2* and *NANOG* gene expression as determined by RT-qPCR. **F**, SFC  
983 represents the percentage of 3D structures formed by seeded for control-transfected HMECs  
984 (siControl) as compared to siNFYA-transfected HMECs. Representative brightfield pictures  
985 of 3D structures from control- and siNFYA-transfected HMECs. Data are from at least three  
986 independent experiments. (mean±SEM). **G**, Efficiency of *CBFB* gene silencing with specific  
987 human siRNA in transfected HMECs as determined by RT-qPCR. Data are from at least three  
988 independent experiments. (mean±SEM). **H**, Impact of *CBFB* silencing (siCBFB) on *OCT4*,  
989 *SOX2* and *NANOG* gene expression as determined by RT-qPCR. Data are from at least three  
990 independent experiments. (mean±SEM). **I**, SFC represents the percentage of 3D structures  
991 formed by seeded for control-transfected HMECs (si-control) as compared to siCBFB-  
992 transfected HMECs. Representative brightfield pictures of 3D structures formed from HMECs  
993 control- and siCBFB-transfected HMECs. Data are from at least three independent  
994 experiments. (mean±SEM). **J**, Efficiency of *GATA3* gene silencing with specific human  
995 siRNA in transfected HMECs as determined by RT-qPCR. Data are from at least three  
996 independent experiments. (mean±SEM). **K**, Impact of *GATA3* silencing (siGATA3) on *OCT4*,  
997 *SOX2* and *NANOG* gene expression as determined by RT-qPCR. Data are from at least three  
998 independent experiments. (mean±SEM). **L**, SFC represents the percentage of 3D structures  
999 formed by seeded for control-transfected HMECs (si-control) as compared to siGATA3-  
1000 transfected HMECs. Representative brightfield pictures of 3D structures formed from HMECs  
1001 control- and siGATA3-transfected HMECs. Data are from at least three independent  
1002 experiments. (mean±SEM). **M**, Schematic representation of the mechanism initiated by miR-  
1003 106a-3p. miR-106a-3p acts on 4 main transcription factors CBFB, NF-YA, GATA3 and  
1004 REST. These transcription factors regulate the expression of OCT4, SOX2 and NANOG,  
1005 which in turns favors stem cell maintenance and block cell differentiation.  
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