

1 **The MICOS Complex Regulates Mitochondrial Structure and Oxidative Stress During**
2 **Age-Dependent Structural Deficits in the Kidney**
3

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71

72 ABSTRACT:

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74 The kidney filters nutrient waste and bodily fluids from the bloodstream, in addition to
75 secondary functions of metabolism and hormone secretion, requiring an astonishing amount of
76 energy to maintain its functions. In kidney cells, mitochondria produce adenosine triphosphate
77 (ATP) and help maintain kidney function. Due to aging, the efficiency of kidney functions
78 begins to decrease. Dysfunction in mitochondria and cristae, the inner folds of mitochondria, is a
79 hallmark of aging. Therefore, age-related kidney function decline could be due to changes in
80 mitochondrial ultrastructure, increased reactive oxygen species (ROS), and subsequent
81 alterations in metabolism and lipid composition. We sought to understand if there is altered
82 mitochondrial ultrastructure, as marked by 3D morphological changes, across time in tubular
83 kidney cells. Serial block facing-scanning electron microscope (SBF-SEM) and manual
84 segmentation using the Amira software were used to visualize murine kidney samples during the
85 aging process at 3 months (young) and 2 years (old). We found that 2-year mitochondria are
86 more fragmented, compared to the 3-month, with many uniquely shaped mitochondria observed
87 across aging, concomitant with shifts in ROS, metabolomics, and lipid homeostasis.
88 Furthermore, we show that the mitochondrial contact site and cristae organizing system
89 (MICOS) complex is impaired in the kidney due to aging. Disruption of the MICOS complex
90 shows altered mitochondrial calcium uptake and calcium retention capacity, as well as
91 generation of oxidative stress. We found significant, detrimental structural changes to aged
92 kidney tubule mitochondria suggesting a potential mechanism underlying why kidney diseases

93 occur more readily with age. We hypothesize that disruption in the MICOS complex further
94 exacerbates mitochondrial dysfunction, creating a vicious cycle of mitochondrial degradation
95 and oxidative stress, thus impacting kidney health.
96

97 **Keywords:** Mitochondria; Metabolism; Kidney; 3DEM; ROS; MICOS complex
98

99 **Translational Statement:** Due to aging, the efficiency of kidney functions begins to decrease
100 and the risk of kidney diseases may increase, but specific regulators of mitochondrial age-related
101 changes are poorly explained. This study demonstrates the MICOS complex may be a target for
102 mitigating age-related changes in mitochondria. The MICOS complex can be associated with
103 oxidative stress and calcium dysregulation, which also arise in many kidney pathologies.
104

105 **INTRODUCTION:**

106 Kidneys are principally known for their role in the excretion of waste products, though
107 their full functions go far beyond, including hormonal signaling, which makes the kidney critical
108 for many other functions, such as blood pressure regulation¹. However, dysfunction may occur
109 in various states, such as the sudden loss of kidney function, acute kidney injury (AKI), and
110 chronic kidney diseases (CKD)² of various etiologies. An estimated 90% of individuals are not
111 aware of their AKI and CKD, thus the exact magnitude of kidney diseases remains difficult to
112 measure³. However, poor treatment outcomes for kidney diseases and associations with other
113 conditions, such as cardiovascular disease, emphasize the importance of developing new
114 effective treatments⁴. Kidneys are among the most mitochondrial-rich tissues in the body⁵,
115 therefore one approach to expand our understanding of kidney pathological processes is the
116 study of mitochondria's roles in kidney functions⁵.

117 It is well established that mitochondria provide numerous critical cellular functions
118 beyond oxidative phosphorylation⁶. Mitochondria play a role in cell signaling, calcium
119 regulation, apoptosis, and general homeostasis. Mitochondrial genes also encode the pathways
120 responsible for ATP generation⁷. Mitochondria dysfunction has been implicated in kidney
121 diseases⁸⁻¹¹ as well as other diseases impacting mitochondrial-rich organs including muscle
122 diseases^{12,13}, neurological diseases^{14,15}, and obesity-related diabetes^{16,17}. Notably, specific
123 mechanisms of mitochondrial dysfunction that may govern each disease state, and ways to rescue
124 mitochondria function, remain nascent research topics. Therefore, it is important to explore the
125 therapeutic relevance of mitochondria.

126 Studies have shown that mitochondrial dysfunction is one of the hallmarks of AKI
127 pathogenesis, making mitochondria a critical target to restore kidney function to pre-disease
128 states^{2,18}. Other focus areas for kidney research include autosomal dominant polycystic kidney
129 disease, which has been shown to shift mitochondrial function to anaerobic respiration¹⁹, limiting
130 oxidative capacity, through numerous mechanisms, such as calcium signaling. Mitochondrial
131 primary roles, frequency, and connections in different tissues may vary significantly. For
132 mitochondrial calcium regulation, the mitochondrial calcium uniporter (MCU), which regulates
133 calcium influx in mitochondria, is more active in the kidney than in other mitochondrial-rich
134 organs like the liver and the heart²⁰. Still, the mechanisms that mediate kidney mitochondrial
135 dynamics remain unclear.

136 One link between mitochondria and kidney diseases is aging. Aging is the greatest risk
137 factor for both CKD and AKI. While mitochondrial dysfunction is a hallmark of aging²¹, an
138 increased risk of AKI and CKD is believed to be due to aging^{22,23}. It is well established that
139 mitochondria across organ systems lose peak function with aging²⁴⁻²⁶. Past research has
140 implicated that in mouse kidneys, mitochondrial bioenergetics is lost due to proton leak,
141 reducing electron transfer²⁷. Furthermore, clearance of damaged mitochondria via mitophagy
142 responses are also blunted across aging in kidney proximal tubules²⁸. However, it is poorly
143 understood how mitochondria function declines with age and the relationship between
144 mitochondrial dysfunction and mitochondrial structure in kidneys. It is possible that similar to
145 other models, there is decreased fusion in the mitochondria, resulting in damaged mitochondria
146 and cristae breakdown. This was shown by previous studies looking at kidneys with age via
147 transmission electron microscopy (TEM)²⁹. However, investigating mitochondria at 2D does not
148 provide sufficient details and subcellular structures of mitochondria^{30,31}. Thus, we performed 3D
149 reconstruction through serial block face-scanning electron microscopy, which allows for a
150 broader analysis range^{32,33}, to determine how mitochondrial networking and broad structures are

151 altered across aging in mouse kidneys. We studied mice at two ages: 3-month mice, representing
152 a young adult phenotype, and 2-year mice, representing a geriatric model³⁴.

153 Here, we investigated changes in the structure and physical appearance of kidneys in
154 young and old groups. We then studied mitochondria and cristae morphological changes in both
155 2D and 3D, and mitochondrial reactive oxygen species (ROS) production in young and aged
156 mice. Mitochondrial ROS synthesis mainly occurs on the electron transport chain located in the
157 inner mitochondrial membrane during the process of oxidative phosphorylation^{35,36}. Damaged or
158 dysfunctional mitochondria are harmful to the cells because they release substances that promote
159 cell death and create ROS which causes TEC apoptosis³⁶. The relationships between
160 mitochondrial oxidative stress, ROS production, and mitophagy are closely intertwined, and
161 these processes are all involved in pathological conditions of AKI³⁶.

162 Past studies have suggested that dysfunction of the mitochondrial contact site and cristae
163 organizing system (MICOS) complex, a group of proteins regulating cristae morphology, can
164 cause oxidative stress³⁷. Given that we have previously found age-dependent losses in the
165 MICOS complex correlating with mitochondrial structural defects in skeletal muscle and cardiac
166 tissue^{38,39}, we hypothesized that a similar phenotype may be observed in the kidney, which
167 could confer oxidative damage and impaired calcium homeostasis characteristic of age-related
168 AKI and CKD^{40,41}. We found that deletion of the MICOS genes resulted in mitochondrial
169 structural changes and impairments in mitochondrial calcium regulation in the kidney. Because
170 we showed that aging affects both the kidneys and mitochondria structure and MICOS, we
171 investigated the metabolomic and lipidomic changes in aging kidneys to understand further the
172 pathways that may mediate mitochondrial and MICOS roles in aging kidney vulnerability to
173 injury and disease.

174

175 METHODS

176 *Animal Care and Maintenance*

177 Per protocols previously described^{38,60,133}, the care and maintenance of the male C57BL/6J mice
178 conformed to the National Institute of Health's guidelines for the use of laboratory animals. The
179 University of Iowa's Institutional Animal Care and Use Committee (IACUC) or University of
180 Washington IACUC approved the housing and feeding of these mice. Anesthesia was achieved
181 using a mixture of 5% isoflurane and 95% oxygen.

182

183 *Human Sample Cohort:*

184 All human samples were obtained from Brazilian cohorts according to the CAEE (Ethics
185 Appreciation Presentation Certificate) guidelines. Samples from young individuals were
186 collected, and experiments were performed under CAEE number 61743916.9.0000.5281;
187 samples from older individuals were collected under CAEE number 10429819.6.0000.5285.

188

189 *Immunohistochemistry*

190 Young (4–5 months old) and old (21–23 months old) C57BL/6J were maintained on a chow diet.
191 Kidney slices were embedded in OCT, with section processing as previously described⁴⁷.
192 Nitrotyrosine (MilliporeSigma, #06284, 1:1000), and anti-mouse IgG-HRP (Abcam; ab97046)
193 staining was performed to measure oxidative stress. Masson trichrome staining was quantified
194 with representative images at low power from each kidney section deconvoluted and thresholded
195 to calculate the blue area relative to the total tissue area in ImageJ.

196

197 *RNA Extraction and RT-qPCR*

198 Using TRIzol reagent (Invitrogen), total RNA was isolated from tissues and further purified with
199 the RNeasy kit (Qiagen Inc). RNA concentration was determined by measuring absorbance at
200 260 nm and 280 nm using a NanoDrop 1000 spectrophotometer (NanoDrop products,
201 Wilmington, DE, USA). Approximately 1 μ g of RNA was reverse-transcribed using a High-
202 Capacity cDNA Reverse Transcription Kit (Applied Biosciences, Carlsbad CA). Quantitative
203 PCR (qPCR) was then performed using SYBR Green (Life Technologies, Carlsbad, CA)¹⁶. For
204 qPCR, 50 ng of cDNA was loaded into each well of a 384-well plate, with the reaction carried
205 out on an ABI Prism 7900HT system (Applied Biosystems) with the following cycle: 1 cycle at
206 95°C for 10 min; 40 cycles of 95°C for 15 s; 59°C for 15 s, 72°C for 30 s, and 78°C for 10 s; 1
207 cycle of 95°C for 15 s; 1 cycle of 60°C for 15 s; and one cycle of 95°C for 15 s. GAPDH
208 normalization was used to present the data as fold changes. qPCR primers used were from
209 previously published sequences¹³³, as detailed in Table 1.

210 Table 1: qPCR Primers Used

Gene	Primers	
<i>Opa-1</i>	Forward	5'-ACCAGGAGACTGTGTCAA-3'
	Reverse	5'-TCTTCAAATAAACGCAGAGGTG-3'
<i>Chchd3</i>	Forward	5'-GAAAAGAATCCAGGCCCTTCCACGCGC-3'
	Reverse	5'-CAGTGCCTAGCACTGGCACACCAGGAA-3'
<i>Chchd6</i>	Forward	5'-CTCAGCATGGACCTGGTAGGCAGTGGC-3'
	Reverse	5'-GCCTCAATTCCCACATGGAGAAAGTGGC-3'
<i>Mitoflin</i>	Forward	5'-CCTCCGGCAGTGTTCACCTAGTAACCCCTT-3'
	Reverse	5'-TCGCCCGTCGACCTCAGCACTGAAAACCTAT-3'

211

212 *CRISPR-Cas9 Knockouts*

213

214 All cell types were infected with the following adenoviruses for gene knockouts: control
215 CRISPR/Cas9 (sc-418922), CHCHD6 CRISPR (sc-425817), CHCHD3 CRISPR (sc-425804),
216 and mitoflin CRISPR (sc-429376) (Santa Cruz Biotechnology, California, US), alongside
217 appropriate guide RNAs (Table 2). The CRISPR mixture, prepared with 2.5% CRISPR/Cas9 and
218 2.5% RNAiMax (ThermoFisher Scientific; 13778075) in Opti-MEM (Gibco; 31985070), was
219 incubated for 20 minutes at room temperature. Post-incubation, cells were treated with the
220 CRISPR mixture and incubated at 37°C. Medium changes and cell washes were performed, and
221 experiments were conducted 3 and 7 days post-infection.

222 Table 2: Guide RNA and Plasmids Used

Gene Name	Type of Plasmid	CAS Number
<i>Mitoflin</i>	CRISPR/Cas9 KO (m)	sc-429376
<i>CHCHD6</i>	CRISPR/Cas9 KO (m)	sc-425817
<i>CHCHD3</i>	CRISPR/Cas9 KO (m)	sc-425804
<i>Control</i>	CRISPR/Cas9 KO (m)	sc-418922

223

224

225 *Serial Block-Face Scanning Electron Microscope (SBF-SEM) Processing of Mouse Muscle*
226 *Fibers*

227 SBF-SEM was performed according to previously defined protocols ¹³⁴⁻¹³⁶. Anesthesia was
228 induced in male mice using 5% isoflurane. Post skin and hair removal, the liver was treated with
229 2% glutaraldehyde in 100 mM phosphate buffer for 30 minutes, dissected into 1-mm³ cubes, and
230 further fixed in a solution containing 2.5% glutaraldehyde, 1% paraformaldehyde, and 120 mM
231 sodium cacodylate for 1 hour.

232
233 Fixation and subsequent steps collected onto formvar-coated slot grids (Pella, Redding CA),
234 stained and imaged as previously described ¹³⁴⁻¹³⁶. This includes tissue washing with 100 mM
235 cacodylate buffer, incubation in a mixture of 3% potassium ferrocyanide and 2% osmium
236 tetroxide, followed by dehydration in an ascending series of acetone concentrations. The tissues
237 were then embedded in Epoxy Taab 812 hard resin. Sectioning and imaging of sample was
238 performed using a VolumeScope 2 SEM (Thermo Fisher Scientific, Waltham, MA).
239 Conventional TEM analysis was performed on 300–400 serial sections from each sample,
240 following staining and imaging protocols. Subsequently, analyzed, via imaging was performed
241 under low vacuum/water vapor conditions with a starting energy of 3.0 keV and beam current of
242 0.10 nA. Sections of 50 nm thickness were cut allowing for imaging at 10 nm × 10 nm × 50 nm
243 spatial resolution.

244 *LCMS Methods for Metabolomics*

245 Frozen kidney tissues were weighed and ground with liquid nitrogen in a cryomill (Retsch) at 25
246 Hz for 45 seconds, before extracting tissues 40:40:20 acetonitrile: methanol: water +0.5% FA
247 +15% NH₄HCO₃¹³⁷ with a volume of 40µL solvent per 1mg of tissue, vortexed for 15 seconds,
248 and incubated on dry ice for 10 minutes. Kidney tissue samples were then centrifuged at 16,000
249 g for 30 minutes. The supernatants were transferred to new Eppendorf tubes and then centrifuged
250 again at 16,000 g for 25 minutes to remove and residual debris before analysis. Extracts were
251 analyzed within 24 hours by liquid chromatography coupled to a mass spectrometer (LC-MS).
252 The LC-MS method was based on hydrophilic interaction chromatography (HILIC) coupled to
253 the Orbitrap Exploris 240 mass spectrometer (Thermo Scientific) ¹³⁸. The LC separation was
254 performed on a XBridge BEH Amide column (2.1 x 150 mm, 3.5 µm particle size, Waters,
255 Milford, MA). Solvent A is 95%: 5% H₂O: acetonitrile with 20 mM ammonium acetate and
256 20mM ammonium hydroxide, and solvent B is 90%: 10% acetonitrile: H₂O with 20 mM
257 ammonium acetate and 20mM ammonium hydroxide. The gradient was 0 min, 90% B; 2 min,
258 90% B; 3 min, 75% B; 5 min, 75% B; 6 min, 75% B; 7 min, 75% B; 8 min, 70% B; 9 min, 70%
259 B; 10 min, 50% B; 12 min, 50% B; 13 min, 25% B; 14min, 25% B; 16 min, 0% B; 18 min, 0%
260 B; 20 min, 0% B; 21 min, 90% B; 25 min, 90% B. The following parameters were maintained
261 during the LC analysis: flow rate 150 mL/min, column temperature 25 °C, injection volume 5 µL
262 and autosampler temperature was 5 °C. For the detection of metabolites, the mass spectrometer
263 was operated in both negative and positive ion mode. The following parameters were maintained
264 during the MS analysis: resolution of 180,000 at m/z 200, automatic gain control (AGC) target at
265 3e6, maximum injection time of 30 ms and scan range of m/z 70-1000. Raw LC/MS data were
266 converted to mzXML format using the command line “msconvert” utility ¹³⁹. Data were
267 analyzed via the EL-MAVEN software version 12.

268

269 *LCMS Methods for Lipidomic Profiling*

270 Kidney tissues were homogenized using a Retsch CryoMill. The homogenate was mixed with 1
271 mL of Extraction Buffer containing IPA/H₂O/Ethyl Acetate (30:10:60, v/v/v) and Avanti
272 Lipidomix Internal Standard (diluted 1:1000) (Avanti Polar Lipids, Inc. Alabaster, AL). Samples
273 were vortexed and transferred to bead mill tubes for homogenization using a VWR Bead Mill at
274 6000 g for 30 seconds, repeated twice. The samples were then sonicated for 5 minutes and
275 centrifuged at 15,000 g for 5 minutes at 4°C. The upper phase was transferred to a new tube and
276 kept at 4°C. To re-extract the tissues, another 1 mL of Extraction Buffer (30:10:60, v/v/v) was
277 added to the tissue pellet-containing tube. The samples were vortexed, homogenized, sonicated,
278 and centrifuged as described earlier. The supernatants from both extractions were combined, and
279 the organic phase was dried under liquid nitrogen gas. The dried samples were reconstituted in
280 300 µL of Solvent A (IPA/ACN/H₂O, 45:35:20, v/v/v). After brief vortexing, the samples were
281 sonicated for 7 minutes and centrifuged at 15,000 g for 10 minutes at 4°C. The supernatants were
282 transferred to clean tubes and centrifuged again for 5 minutes at 15,000 g at 4°C to remove any
283 remaining particulates. For LC-MS lipidomic analysis, 60 µL of the sample extracts were
284 transferred to mass spectrometry vials. Sample analysis was performed within 36 hours after
285 extraction using a Vanquish UHPLC system coupled with an Orbitrap Exploris 240™ mass
286 spectrometer equipped with a H-ESI™ ion source (all Thermo Fisher Scientific). A Waters
287 (Milford, MA) CSH C18 column (1.0 × 150 mm × 1.7 µm particle size) was used. Solvent A
288 consisted of ACN:H₂O (60:40; v/v) with 10 mM Ammonium formate and 0.1% formic acid,
289 while solvent B contained IPA:ACN (95:5; v/v) with 10 mM Ammonium formate and 0.1%
290 formic acid. The mobile phase flow rate was set at 0.11 mL/min, and the column temperature
291 was maintained at 65 °C. The gradient for solvent B was as follows: 0 min 15% (B), 0–2 min
292 30% (B), 2–2.5 min 48% (B), 2.5–11 min 82% (B), 11–11.01 min 99% (B), 11.01–12.95 min
293 99% (B), 12.95–13 min 15% (B), and 13–15 min 15% (B). Ion source spray voltages were set at
294 4,000 V and 3,000 V in positive and negative mode, respectively. Full scan mass spectrometry
295 was conducted with a scan range from 200 to 1000 m/z, and AcquireX mode was utilized with a
296 stepped collision energy of 30% with a 5% spread for fragment ion MS/MS scan.
297
298

299 *Quantification of TEM Micrographs and Parameters Using ImageJ*

300 Samples were fixed in a manner to avoid any bias, per established protocols ¹³⁶. Following
301 preparation, tissue was embedded in 100% Embed 812/Araldite resin with polymerization at 60
302 °C overnight. After ultrathin sections (90–100 nm) were collected, they were post-stained with
303 lead citrate and imaged (JEOL 1400+ at 80 kV, equipped with a GatanOrius 832 camera). The
304 National Institutes of Health (NIH) *ImageJ* software was used for quantification of TEM images,
305 as described previously ^{55,140}.

306 *Segmentation and Quantification of 3D SBF-SEM Images Using Amira*

307 SBF-SEM images were manually segmented in Amira to perform 3D reconstruction, as
308 described previously ^{38,39,134,140}. 300–400 slices were used and analyzed by a blind individual.
309 250 total mitochondria across from 3 mice were collected for each quantification. For 3D
310 reconstruction of cardiomyocytes, 10 cells and a total of about 200 mitochondria. Quantification
311 of 3D structures was performed using the Amira software with built-in parameters or previously
312 described measurements ¹³⁴.
313

314 *Assessment of ROS levels*

316 HEK293 WT cells (0.2 millions) were plated in 35 mm dishes. The next day, MIC60
317 (ThermoFisher, 136128) and CHCHD6 (ThermoFisher, 34035) siRNAs were transfected into
318 HEK293 cells using Lipofectamine RNAiMax (Invitrogen) according to the manufacturing
319 instructions. After incubation for 30 hrs, cells were co-stained for 30 min at 37°C with two
320 different dyes for ROS detection: MitoBright ROS Deep Red (10 μ M, Dojindo Laboratories) for
321 mitochondrial superoxide detection, and DCFDA (10 μ M, Invitrogen) for intracellular total ROS
322 detection. Following the incubation with staining dyes, cells were washed thrice with 1X HBSS
323 and ROS imaging was done using a confocal microscope (FV4000, Olympus Life Science).
324

325 For mitochondrial H₂O₂ imaging, cells were incubated with MitoPY1 (5 μ M, Bio-Techne) for 45
326 min at 37°C. Cells were then washed with 1x HBSS and imaged using a confocal microscope
327 (FV4000, Olympus Life Science). ImageJ was used for the quantification of fluorescence
328 intensities.
329

330 *Mitochondrial Intracellular Calcium*

331 Knockdown of MIC60 and CHCHD6 in HEK293 cells.

332 The MIC60 and CHCHD6 siRNAs along with scramble siRNA control were transfected into
333 HEK293 cells using Lipofectamine RNAiMax (Invitrogen) according to the manufacturer's
334 instructions. After incubation of 48 hrs, cells were used for Calcium measurements.
335

336 *Measurement of mitochondrial Ca²⁺ uptake in HEK293 cells.*

337 Mitochondrial Ca²⁺ uptake was assessed using a multi-wavelength excitation dual-wavelength
338 emission fluorimeter (Delta RAM, Photon Technology Int.) with slight modifications following
339 the protocol outlined in Tomar et al., 2016 (PMID: 27184846). An equal number of cells
340 (2.5x10⁶ cells) were uniformly cleansed with Ca²⁺/Mg²⁺-free DPBS (GIBCO) and subsequently
341 permeabilized in 1 mL of intracellular medium (ICM- 120 mM KCl, 10 mM NaCl, 1 mM
342 KH₂PO₄, 20 mM HEPES-Tris, pH 7.2) containing 20 μ g/ml digitonin, 1.5 μ M thapsigargin to
343 inhibit the SERCA pump and 2.5 mM succinate to energize the mitochondria. The loading of
344 Fura-FF (1 μ M) at the 0 s time point facilitated the measurement of mitochondrial Ca²⁺ uptake.
345 Fluorescence was recorded at the 340- and 380-nm ex/510-nm em, with continuous stirring at
346 37°C, and at specified time points a bolus of 5 μ M Ca²⁺ and the mitochondrial uncoupler FCCP
347 (10 μ M) were introduced in the cell suspension.
348

349 *Assessment of mCa²⁺ retention capacity (CRC).*

350 To assess mCa²⁺ retention capacity (CRC), 2 \times 10⁶ cells were resuspended in an
351 intracellular-like medium containing (120 mM KCl, 10 mM NaCl, 1 mM KH₂PO₄, 20 mM
352 HEPES-Tris, pH 7.2), 1.5 μ M thapsigargin to inhibit SERCA so that the movement of
353 Ca²⁺ was solely influenced by mitochondrial uptake, 20- μ g/ml digitonin, supplemented with
354 2.5 μ M succinate. All solutions underwent Chelex 100 treatment to eliminate traces of
355 Ca²⁺ (Sigma). Digitonin-permeabilized cells were loaded with the ratiometric reporters FuraFF
356 at a concentration of 1 μ M. Fluorescence was recorded using spectrofluorometer (Delta RAM,
357 Photon Technology Int.) at 340- and 380-nm ex/510-nm em. Following baseline recordings, a
358 repetitive series of Ca²⁺ boluses (5 μ M) were introduced at indicated time points. Upon
359 reaching a steady state recording, a protonophore, 10 μ M FCCP, was added to collapse the
360 $\Delta\psi_m$ and release matrix free-Ca²⁺. The number of Ca²⁺ boluses taken up by cells was counted to
361 calculate mitochondrial CRC.

362

363 *Data Analysis*

364 GraphPad Prism (La Jolla, CA, USA), was used for all statistical analysis. All experiments
365 involving SBF-SEM and TEM data had at least three independent experiments. Statistics were
366 not handled by those conducting the experiments. The black bars represent the standard error of
367 the mean. For all analysis, one-way ANOVA was performed with tests against each independent
368 group and significance was assessed using Fisher's protected least significant difference (LSD)
369 test. *, **, ***, **** were set to show significant difference, denoting $p < 0.05$, $p < 0.01$, $p <$
370 0.001, and $p < 0.0001$, respectively.

371

372 **RESULTS:**

373 **Human Aging Causes Minimal Changes in Kidney Size**

374 Previous studies have utilized magnetic resonance imaging of solid renal masses as a proxy for
375 pathologic classification and defining kidney structure ^{42,43}. Generally, it has been found that
376 following the age of 60, there is a reduction in kidney volume at a rate of approximately 16 cubic
377 centimeters per decade ⁴⁴. Thus, we utilized magnetic resonance imaging to determine how the
378 kidney is remodeled during the aging process. By enrolling female and male participants
379 (Figures 1A–D), we created a “young” cohort ($n = 14$) consisting of individuals under 50 years
380 old and an “old” cohort of individuals older than 60 years old ($n = 20$) (Supplemental File 1). For
381 both sexes, the kidney area did not show a significant change (Figures 1E–F). In-phase, which
382 refers to aligned fat and water molecules, and out-of-phase, or opposed phase, intensity were
383 similarly minimally changed in both females and males across aging (Figures 1G–J). We did
384 observe that the old cohort of males had a significantly reduced in-phase intensity (Figure 1H).
385 From there, we proceeded to calculate a ratio of in-phase to out-of-phase intensity, which
386 showed no significant differences (Figures 1K–L). When male and female subjects were
387 combined, kidney from male and female was not significantly differentiated across the aging
388 process (Supplemental Figure 1A). We generally observed minimal sex-dependent differences
389 during the aging process (Supplemental Figures 1B–E). Interestingly, old females did have a
390 significantly lower cross-sectional area than aged males, increasing a potential increased
391 susceptibility to aging with sex-dependent differences in kidney aging (Figure 1B). While we
392 could not confirm subjects had kidney disease, these results support a slight age-related decline
393 in kidney structure. However, while gross morphological changes may be minimal, we sought to
394 further elucidate tissue changes with aging.

395

396 **Murine in Aging Results in Interstitial Fibrosis and Oxidative Stress**

397 Previous studies have shown that interstitial fibrosis on kidney biopsy is regarded as a
398 prognostic indicator, although its effectiveness as a diagnostic marker can be mixed, generally it
399 can represent a nephropathy ^{45,46}. We looked at young (4–5 months old; Figure 2A) and old (21–
400 23 months old; Figure 2B) C57BL/6J mice with trichrome blue to stain connective tissue blue.
401 Concurrent with previous studies ⁴⁷, we found that the trichrome area percentage increased in
402 comparing young (5.8%) and old mice (11.0%), indicating a higher degree of interstitial fibrosis
403 (Figure 2C). From there, we used immunohistochemistry to look at nitrotyrosin, as stained in
404 brown areas. Studies have shown that increased nitrotyrosine levels correlate with renal
405 dysfunction and inflammatory processes, serving as a biomarker for kidney diseases such as AKI
406 and CKD, as well as overall mortality in these disease states ^{48–50}. Our results showed that a
407 significant increase in nitrotyrosine in tubular epithelial cells and podocytes of old mice, as

408 compared to their young counterparts (Figures 2D-F). This indicates that oxidative stress occurs
409 with aging, so we sought to understand how mitochondrial structure also changes.
410

411

412 **Ultrastructural Analysis of TEM shows Larger Mitochondria with Poor Cristae** 413 **Morphology**

414 Previous research has indicated that aging can influence the dynamics and morphological
415 structure of the mitochondria in the kidney⁵¹. To see mitochondrial and cristae structure changes
416 across aging, we first looked at the mitochondrial and cristae TEM images in 3-month and 2-
417 year-old mice (Figures 3A-B) tubules. Interestingly, we noticed that the area of the mitochondria
418 increased when comparing 3-month [mean of $1.57 \mu\text{m}^2 \pm 2.09 \mu\text{m}^2$ standard deviation (SD)] and
419 2-year-old ($2.54 \mu\text{m}^2 \pm 3.33 \mu\text{m}^2$ SD) mice (Figure 3C). Similarly, the circularity index of
420 mitochondria increased with age between 3-month (0.746 ± 0.174 SD) and 2-year (0.813 ± 0.116
421 SD) mice (Figure 3D). However, the mitochondrial number did not significantly change (Figure
422 3E). This suggests that mitochondria have higher normalcy with aging, with more relative area
423 for oxidative phosphorylation, but these increases may also indicate pathological swelling of
424 mitochondria⁵². Thus, we turned our attention to cristae, the inner folds of mitochondria that
425 regulate bioenergetics⁵³, which showed significant losses in structural integrity across aging in
426 the kidney. Specifically, the number of cristae decreased consistently across aging (Figures 3A-
427 B). We looked at cristae score, which is a qualitative ordinal scale that assigns a whole-number
428 score from “0” to “4” representing little-to-no cristae and normal well-formed cristae,
429 respectively⁵⁴⁻⁵⁶. We found that cristae underwent significant age-related defects, with 3-month
430 samples having mostly well-formed cristae (mean cristae score of 3.44 ± 0.794 SD) while 2-year
431 samples showing few-well-formed examples of cristae (1.71 ± 0.693 SD) (Figure 3F). To verify
432 these findings, we performed a qualitative assessment in SBF-SEM of cristae. We noted the 3D
433 morphology of cristae in the 3-month sample (Figure 3G) was well formed and plentiful,
434 concurrent with our TEM findings; in contrast, 2-year samples (Figure 3H) qualitatively showed
435 many more areas lacking cristae, and the cristae present was often scattered or limited in area.
436

437 Together, based on these findings, aging in murine kidneys results in disrupted cristae
438 and larger mitochondria, which could be due to swelling. However, it should be noted that TEM
439 can be limited in analyzing mitochondrial changes, beyond those of cristae structure, across the
440 aging process, especially in the context of capturing mitochondrial changes in volume. Thus, we
441 shifted to using SBF-SEM to rigorously analyze mitochondrial volumetric changes.
442

443 **SBF-SEM Reveals Aging Results in Reduced Mitochondrial Volume in Kidney Tissue**

444 Based on our observations of the lack of cristae folding in aging kidney tissue, we used 3-
445 D techniques to image kidney tissue biopsies from young (3-month-old) and aged (2-year-old)
446 mice with SBF-SEM. With ranges of 10 μm for the x- and y-planes and 50 μm for the z-plane,
447 SBF-SEM enables 3-D reconstruction of mitochondria with an accurate spatial resolution that
448 cannot be seen in 2-D^{32,33,57}. To elucidate the changes in intermyofibrillar mitochondria in
449 relation to aging, we surveyed approximately 250 intermyofibrillar mitochondria from each of
450 the four male mice ($n = 4$) sampled (Figure 4A) at each age time point with SBF-SEM 3-D
451 reconstruction methods, for a total of 1702 mitochondria surveyed cumulatively across age-
452 points. At a 10 μm by 10 μm image stack resolution, ~300 serial section orthogonal (ortho)
453 slices with a total imaging depth of 50 μm (Figure 4B) were manually traced at transverse

454 intervals (Figure 4C). This allowed for 3-D reconstructions of mitochondria to be created (Figure
455 4D) and visualized in 3-D from various viewpoints (Figure 4E; Videos 1-2).

456
457 With these observations, we sought to determine if mitochondrial networks changed in
458 response to aging. In Figure 5, we show representative orthoslice images of the kidney tissue at
459 each aging point (Figures 5A-A'), the overlay of the 3-D reconstruction on orthoslice (Figures
460 5B-B'), and the isolated 3-D reconstruction (Figures 5C-C'), with each color representing an
461 independent mitochondrion. We found that the median mitochondrial area did not significantly
462 change between 3-month (mean $8.29 \mu\text{m}^2 \pm 10.1 \mu\text{m}^2$ SD) versus 2-year ($6.46 \mu\text{m} \pm 5.31 \mu\text{m}$
463 SD) cohorts, unlike our TEM findings, despite great interindividual heterogeneity (Figures 5D-
464 D'). However, the perimeter decreased between 3-month (mean $14,328 \mu\text{m} \pm 17,723 \mu\text{m}$) versus
465 2-year ($10,241 \mu\text{m} \pm 8,273 \mu\text{m}$ SD) cohorts, which also showed less intra-individual
466 heterogeneity, generally (Figures 5E-E'). This trend towards smaller mitochondria was reflected
467 when we compared volume between 3-month ($0.920 \mu\text{m}^3 \pm 1.06 \mu\text{m}^3$ SD) versus 2-year (0.741
468 $920 \mu\text{m}^3 \pm 0.695 \mu\text{m}^3$ SD) cohorts (Figures 5F-F'). Compared with our previous results in
469 cardiac and skeletal muscle, both unaged and aged kidney mitochondria exhibit a relatively
470 larger size³⁹. This also shows that while TEM was able to capture some dynamics of cristae, 3D
471 images showed that TEM age-related increase in area was incorrect, as kidney mitochondria
472 become smaller in mice moving from adolescence to adulthood. When mitochondrial
473 quantifications from each mouse were compared, they showed intergroup heterogeneity,
474 particularly with one 3-month mice consistently having larger mitochondria, along with
475 persistent intraindividual variability (Figures 5D'-F').

476
477 To further elucidate age-related changes and characterize the mitochondrial types in each
478 age cohort, we used mito-otyping, a method similar to karyotyping, to organize mitochondria
479 based on their volumes to better visualize the overall mitochondrial diversity (Figure 5G).
480 Critically, this approach revealed that there were few significant changes in morphology with
481 only branching showing reductions. In combination, the aged kidney mitochondrial morphology
482 resembled healthy mitochondria with a reduced size that lacks a phenotype or fragmentation.
483 Since mitochondria showed a variety of structural changes due to aging, we turned our attention
484 to the MICOS complex as a potential mechanistic regulator of these age-related changes.
485

486 **Age-Related Loss of the MICOS Complex Causes Loss of Mitochondrial Structure in 487 HEK293 cells.**

488 Although it is established that the MICOS complex is critical for cristae dynamics^{58,59},
489 we have also found that it can modulate overall mitochondrial structure in aging⁶⁰, yet it is
490 unclear how aging affects the MICOS complex in aging kidney. Thus, we looked for age-related
491 changes in three core components of the MICOS complex: *Mitoflin* (MIC60), *Chchd3* (MIC19),
492 and *Chchd6* (MIC25), each of which are fundamental to the formation of the MICOS complex
493 and cristae integrity (Balcázar et al. 2020)⁶¹⁻⁶⁴. We also looked for changes in *Opa1*, which is
494 epistatic to a *Mitoflin*, a component of the MICOS complex, and is also known to serve as an
495 age-dependent regulator of mitochondrial dynamics⁶⁵. We found that the MICOS complex
496 mRNA expression also decreased in the kidney with age (Figures 6A-D). We found, as expected,
497 that *Opa1* mRNA decreased by over 50% between 3 months and 2 years (Figure 6A). *Mitoflin*
498 also decreased significantly with the largest drop in fold change of any MICOS complex
499 component (Figure 6B). Likewise, *Chchd3* and *Chchd6* mRNA transcripts also decreased with

500 age but slightly less than *Mitofillin* (Figure 6D). Notably, while *Opa1* can be epistatic to the
501 MICOS complex, the MICOS complex modulates cristae integrity independently of it,
502 suggesting these changes in qPCR mRNA transcripts represent non-interconnected pathways⁶⁶.
503 To further understand the role of mitochondrial dynamics upon the loss of these MICOS genes,
504 we also studied the impact of losing the MICOS complex.

505 Since the loss of *Opa1* triggers changes in morphology^{65,67}, we used it as a positive
506 control for morphological changes. We performed siRNA deletions of *Chchd3*, *Mitofillin*,
507 *Chchd6*, and *Opa1* in immortalized human embryonic kidney cells (HEK293 cells). From there,
508 we performed TEM in each of these conditions as compared to a control (Figure 7A-E). As
509 expected, *Opa1* deletion led to significant decreases in mitochondria area, perimeter, and length
510 with an inverse increase in circularity index, which was expected as a result of impaired fusion
511 dynamics (Figures 7F-I). *Chchd3* deletion shows an even more drastic phenotype of reduced
512 mitochondrial area, while *Chchd6* deletion shows a small decrease compared to the control and
513 *Mitofillin* deletion demonstrates no significant differences (Figure 7F). Interestingly, *Chchd3*
514 deletion HEK293 shows a higher perimeter and length despite its decreases in area and
515 circularity index (Figures 7F-I). *Chchd3* KO cells had nearly completely elongated mitochondria,
516 unlike those in *Opa1* deletion. Together this shows that while the phenotype of the MICOS
517 complex KO is distinct from the loss of OPA1, beyond only its canonic roles in cristae integrity
518⁵⁹, it also can modulate mitochondrial structure. Since cristae and mitochondrial dysfunction
519 were a hallmark change in aging kidneys, we sought to understand further functional
520 implications of the age-dependent loss of the MICOS complex.
521

522 Knockdown of MIC60 and CHCHD6 Generates Oxidative Stress in HEK293 cells.

523

524 As previously reviewed⁶⁸, oxidative stress generated across aging can confer
525 susceptibility to kidney pathologies with characteristics that mimic aspects of kidney aging or
526 CKD. While oxidative stress can arise through pleiotropic mechanisms including inflammation
527 and reduced antioxidant activity^{36,68,69}, free radicals can be generated through the NADPH
528 oxidases and mitochondrial electron transport chain. Thus, we examined if loss of the MICOS
529 complex, conferring alterations in cristae integrity, also results in dysfunction of cellular
530 respiration processes to lead to oxidative stress. To explore this paradigm, we knocked down
531 *Chchd6* and *Mitofillin* since they both have central roles in interacting with the SAM complex to
532 modulate cristae integrity⁷⁰. Intracellular total and mitochondrial ROS levels were assessed by
533 different fluorescent dyes: MitoPY1 with high specificity for H \square O \square (Figure 7J), MitoBright, for
534 mitochondrial ROS, and DCFDA for generalized intracellular ROS and mitochondrial
535 superoxide production (Figure 7K). Using microscopy-based ROS quantification, we measured
536 increases in mitochondrial ROS levels in both *Mitofillin* and *Chchd6* deletion (Figure 7L).
537 Antimycin A treatment was used as a positive control to validate ROS quantification. Mitofillin
538 knockdown in 293 HEK cells showed significantly increased ROS by all fluorescent dyes,
539 whereas only MitoBright indicating mitochondrial ROS and DCFDA, indicating general
540 intracellular ROS as well as mitochondrial superoxide production, were significantly elevated in
541 CHCHD6 silenced cells (Figures 7N-O). In summary, the suppression of both CHCHD6 and
542 MIC60 resulted in the elevation of ROS, implying the MICOS complex has a role in
543 mitochondrial ROS homeostasis.
544

545 Knockdown of MIC60 and CHCHD6 impairs mCa²⁺ handling in HEK293 cells.

546

547 Ca^{2+} influences mitochondrial cristae structure ^{71,72}. To elucidate MICOS core components' (MIC60 and CHCHD6) role in mitochondrial calcium (mCa^{2+}) regulation, we examined mCa^{2+} uptake and retention in HEK293 cells. Both *MITOFILIN* and *CHCHD6* deletion cells show reduced mCa^{2+} uptake (Figure 8A). Furthermore, reduced mCa^{2+} uptake correlated with early permeability transition pore opening (Figure 8B). *MITOFILIN* and *CHCHD6* deletion cells showed a significant reduction in mCa^{2+} retention capacity compared to controls (Figures 7C-D). Furthermore, we confirmed for all of these experiments that siRNA successfully reduced the protein expression of MIC60 and CHCHD6 (Figures 8E-F). These findings indicate MICOS' crucial role in maintaining physiological mCa^{2+} homeostasis, with altered MICOS complex and cristae structure rendering mitochondria susceptible to Ca^{2+} flux dysregulation and mCa^{2+} -induced cell death. Since MERCs are well understood to be modulators of calcium homeostasis dependent on tethering distances ^{73,74}, we qualitatively examined MERCs in 3D structure in aging (Figures 8G-J; Videos 3-4). We observed in aging tissue there was generally a decrease in MERCs with a phenotype of wrappER, a shape that is commonly reported in liver ⁷⁵. Since aging confers a loss of MERCs, this suggests impaired Ca^{2+} , paralleling the dysfunction that arises with the loss of the MICOS complex. Together, these results suggested the roles of mitochondria and MICOS in aging kidneys. To further investigate the pathways that regulate mitochondrial changes, metabolomics, and lipidomic profiling was studied in the kidney.

565

566

567 **Global metabolic and lipidomic profiling highlights dynamic changes in the aged kidney.**

568

569 Following our observations of dysregulation of mitochondrial structure in aging, we sought to 570 better understand other age-related metabolic regulators that may be associated with MICOS-mediated 571 changes in ROS production and Ca^{2+} flux. In aging samples, we conducted 572 comprehensive metabolomic and lipidomic profiling to understand the consequences of these 573 morphological imbalances. The metabolomics analysis unveiled disruptions in amino acid 574 biosynthesis, altered nucleotide metabolism, and dysregulated redox signaling in aging kidney 575 tissues (Figures 9A-B; D-H; SFigure 2). Amino acids play a pivotal role in kidney mitochondrial 576 function, contributing to energy production, gluconeogenesis, nitrogen metabolism, protein 577 synthesis, antioxidant defense, and specialized metabolic pathways within mitochondria ⁷⁶. 578 Consequently, the altered shape and size of mitochondria with age accompany disruption to 579 normal amino acid metabolism, prompting an exploration into whether these changes are 580 causative or consequential in the aging process. A notable finding was the significant impact on 581 glycine, serine, and threonine metabolism in aged kidneys (Figures 9B; D-E). These amino acids 582 are intricately linked to mitochondrial function, contributing to one-carbon metabolism, 583 providing substrates for energy production, and maintaining cellular homeostasis. Our findings 584 suggest disruptions to the mitochondrial glycine cleavage system (GCS), influencing the 585 synthesis of purines, pyrimidines, and other small molecules (Figure 9E). Additionally, threonine 586 catabolism, contributing to acetyl-CoA production for energy through oxidative phosphorylation 587 in the mitochondria, showed significant decreases, suggesting that altered mitochondrial 588 morphology may disrupt energy metabolism and cellular homeostasis (Figure 9D). A noteworthy 589 decrease in valine, leucine, and isoleucine in aged kidney tissues (Figures 9F-H) raised interest. 590 Although the biosynthesis of these branched-chain amino acids occurs in the cytoplasm, they 591 play crucial roles in regulating mitochondrial biogenesis, autophagy, and cellular signaling.

592 Significant depletions in tissue NAD⁺, NADP, NAM, and an increase in NADH pools were also
593 detected, indicating an age-related imbalance of cofactors (Figures 9I-L). Together, this
594 underscores disruptions to these metabolites could be key contributors to declining kidney health
595 and function with age due to morphological changes.
596

597 Lipidomic profiling of young and aged kidney tissues unveiled age-related changes in
598 both lipid classes and lipid chain lengths (Figures 10A-C). In aging kidneys, significant
599 alterations were observed in the triglycerides oligomers (TGO), triglycerides (TG), sterols (ST),
600 N-acylethanolamines (NAE), lyso-phosphatidyl-inositol (LPI), dihexoylceramides (Hex2Cer),
601 dilysocariolipin (DLCL), and cardiolipin (CL) lipid classes when compared to other lipid groups
602 (Figures 10C). We also noted significant differences in lipid chain lengths with age in the
603 kidney, which impacts membrane integrity, fluidity, and functionality (Figures 10C). Thus, our
604 lipidomic profiling revealed disruptions in lipid classes that contribute to both energy
605 metabolism and the maintenance of mitochondrial membrane structure, integrity, and function.
606 This study also sheds light on novel roles for lipid classes such as NAEs and LPIs in the context
607 of kidney aging.
608
609

610 **Discussion:**

611

612 *Structural Analysis*

613 In the past, numerous studies have looked at kidneys across aging or disease states via
614 TEM, which provides high-resolution 2D images [87–89][90–92][87–89][87–89]^{29,77,78}. While
615 TEM is a useful technique to understand changes in cristae integrity, it cannot accurately capture
616 many structural details of mitochondria, such as diverse structures mitochondria may adapt to
617 depending on cellular conditions ⁷⁹, and we found that TEM area findings directly contradict our
618 findings of decreased mitochondrial volume with aging. Here we utilized SBF-SEM to perform
619 3D reconstruction in aged mouse kidney, which showed many novel phenotypes and losses in
620 mitochondrial volume that were otherwise not captured by MRI or TEM methods.

621 We have previously used 3D reconstruction to observe aged skeletal muscle in mouse ³⁹.
622 We previously observed increased fragmentation which was counteracted by increased
623 complexity. In aging murine kidneys, mitochondrial complexity did not undergo significant
624 changes with aging. We did note a high rate of diverse or unique mitochondrial shapes, which
625 may in turn confer functional implications ^{31,79}. In this study, we found a large amount of
626 variation in mitochondrial shape in both 3-month and 2-year aged cohorts, which show a mix of
627 elongated, compact, big volume, small volume, nanotunnels, donut-shaped, and branching
628 structural phenotypes. While our previous studies in skeletal and cardiac tissue showed a
629 dominant phenotype across aging, typically of fragmentation, mitochondria in the kidney
630 undergo different shapes, and 3-month and 2-year samples do not present vastly different
631 phenotypes.

632 One notable phenotype we observed is mitochondria donuts. We found that the 3-month
633 samples displayed many branched forms of mitochondria with high complexity and formed
634 within them donut-like structures. Past research utilizing 3D reconstruction in the aged brain in
635 monkeys found a high rate of the donut mitochondria phenotype in the aged cohort, which had
636 impaired memory function ⁸⁰. Even beyond age, samples with mitochondrial donuts, which
637 resulted in smaller synapses, had worse memory than older cohorts that had normal mitochondria

638 ⁸⁰. While it is established that mitochondria donuts are a hallmark of mitochondrial dysfunction ⁷,
639 interestingly it seems they are differentially expressed in tissue types and correlates to each
640 tissue's functions. It has been suggested that their increased surface area relative to volume
641 allows for them to maintain more organelle contacts at the cost of lower ATP production ⁷⁹. It
642 has also been found that, unlike swollen mitochondria, donut mitochondria maintain more of
643 their internal structure and, potentially as a result, are not the target of mitophagy ⁸¹. Since our
644 analysis shows that more donuts occur in the younger samples, these may represent a positive
645 phenotype in some cases. Therefore, the exact roles of donut mitochondria still remain unclear
646 and may extend beyond what has been previously hypothesized.

647 Beyond changes in relative bioenergetics between mitochondrial shapes, their roles in
648 calcium homeostasis and other biomolecular pathways deserve further research. For instance,
649 past studies have also suggested decreasing activity of the Akt pathway, which is upstream from
650 the mTORC pathway, as a mechanism to restore autophagy, clear out defective mitochondria,
651 and restore biogenesis ⁸². However, given that other studies have shown that donut mitochondria
652 may not be subject to autophagic clearing of mitochondria ⁸¹, suggesting a potential reason for
653 different relative rates of mitochondrial donuts. Additionally, research of mitochondrial aging in
654 the kidney has found that mtDNA is more error-prone across aging, with up to a 5-fold increase
655 in the number of point mutations and deletions ⁸², which may also be responsible for the
656 alterations in the mitochondria structure we observe. Thus, the exact molecular underpinnings of
657 these various shapes are deserving of further research.

658 Finally, we also found differences in the structure of mitochondria, depending on their
659 location. Through 3D reconstruction, we found that in all the aging samples of the kidney, next
660 to the nucleus, the mitochondria are round. The further away from the nucleus, the more unique
661 mitochondria structures, such as large volume (increased mitochondrial function capacity), small
662 volume, elongated (relatively greater surface area facilitates interaction with the surrounding
663 environment), compact, nano tunnels, and donut-shaped (increased surface area for interaction)
664 are present ³¹. The change in shapes likely arises as a result of mitochondrial stress ^{79,83}.
665 Whereas, the areas that are not undergoing stress, likely present typical and elongated
666 mitochondria. Therefore, it is possible that different areas of kidney undergo stress, potentially
667 linked to stress from filtration, while others are not as susceptible to stress as aging goes. In a
668 previous study, we have found that mitochondria in heart retain their morphology ³⁸. Therefore,
669 there may be a similar mechanism that helps retain morphology for intracellular regions, such as
670 perinuclear kidney mitochondria. Notably, the kidney houses at least 16 types of epithelial cells
671 ⁸⁴, and the kidney also has distinct regions including the cortex, medulla, and renal sections,
672 which serve differing functions ⁸⁵. However, our study did not permit the differentiation of these
673 separate regions. Thus, future studies may consider using methods such as SDS-PAGE to further
674 differentiate kidney samples ⁸⁶. Thus, future studies may further explore this by developing ways
675 to better separate epithelial and globular areas of kidney for SBF-SEM and seeing if there are
676 region- or area-dependent differences across aging kidney mitochondria.

677 678 *The MICOS Complex as a Master Regulator*

679 Importantly, in translating the impact of this study to AKI and CKD, mitochondria are known to
680 be impactors in the pathophysiology of these diseases ⁸⁷. Mitochondrial dynamics are complex
681 and observing key regulators of mitochondrial form, and thus function, may explain changes that
682 occur in kidney disease states. Key regulators of mitochondria include OPA1 (regulating
683 mitochondrial fusion) and DRP1 (regulating mitochondrial fission), and they may be responsible

684 for changes observed in the kidney. Past research has shown that in AKI there is a decrease of
685 OPA1 expression and increased DRP1 expression, suggesting the likely fragmentation of
686 mitochondria². However, beyond models with decreased expression of DRP1 not being viable,
687 mitochondrial fission is also important to maintain various roles including microtubule
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969 ⁸⁸. Therefore, this study sought to find other targets and changes in mitochondrial
970 structure beyond simple alterations in fusion and fission, which is often the extent of what TEM
971 may be able to survey, and the MICOS complex is one such compelling target.

972 Aging in kidneys is well-established by us and others to cause interstitial fibrosis and
973 oxidative stress (Olenych et al. 2007)(Olenych et al. 2007)(Garza-Lopez et al. 2022)^{47,89–91}. Our
974 results suggested age-related loss of the MICOS complex leads to mitochondrial structural loss,
975 generating oxidative stress and dysregulating calcium homeostasis. Since the MICOS complex
976 forms across cristae junctions, understanding of the interdependency of different MICOS
977 complex proteins is still evolving, but currently, it is understood that some integral proteins such
978 as MIC60 (*Mitoflin*) regulate the expression of other proteins including MIC10 and MIC19⁹².
979 Similarly, MIC60/MIC19 (*Mitoflin/Chchd3*), unlike other MICOS complex proteins, assemble
980 independently of cardiolipin, with MIC19 being responsible for the regulation of subcomplex
981 distribution⁵⁹. Past studies of the MICOS complex in the kidney have been limited, but they
982 generally show that mitochondria-rich regions including the kidney have a high rate of MIC60
983 and its isoforms, with a deletion of *Mitoflin* resulting in lethal disruption of the overall complex
984⁹². This underscores the central role of *Mitoflin*, relative to other components of the MICOS
985 complex, with functions that extend beyond cristae and mitochondrial dynamics to nucleoid
986 distribution, suggesting roles in mtDNA synthesis⁹³. This has been recapitulated by other studies
987 showing that *Mitoflin* depletion decreases mtDNA transcription, resulting in impaired
988 bioenergetics in the kidney, as previously reviewed⁶¹. Notably, we saw a most marked age-related
989 decrease in *Mitoflin*, compared with other components (Figure 6), yet *Mitoflin* also showed a
990 less drastic mitochondrial phenotype when knocked out compared with other MICOS complex
991 proteins (Figure 7). While structural analysis of MICOS complex knockouts is limited by only
992 being in TEM, this underscores the importance of consideration other roles of the MICOS
993 complex beyond its extensively reviewed and well-understood role in cristae dynamics and
994 biogenesis^{58,94}.

995 The role of the MICOS complex in disease states remains more controversial. Generally,
996 loss of the MICOS complex has been shown to reduce cardiac ATP levels, thus impairing tissue
997 integrity⁹⁵. Studies within other tissue types, such as the liver have shown that *Chchd3* depletion
998 results in impaired MERCs to induce fatty liver disease with SLC25A46 involvement⁹⁶. As
1000 previously reviewed⁹⁷, the MICOS complex has thus been involved in neurodegenerative
1001 disorders, metabolic syndromes, cardiac dysfunctions, and muscle pathologies. In the kidney, as
1002 previously reviewed, impairment of *Mitoflin* has specifically been implicated in the
1003 pathophysiology of mtDNA-renal diseases, diabetic kidney disease, kidney failure, and
1004 reperfusion⁶¹. Interestingly, other studies have suggested a protective mechanism by the loss of
1005 the MICOS complex. It is possible that loss of the MICOS complex, despite aberrant cristae

1006 structure, is a protective factor across aging by having an unexpected, pronounced lifespan
1007 extension in *Podospora anserina*⁹⁸. Specifically, it has been suggested that Miro-MIC60
1008 interactions impair cellular respiration and cause oxidative stress to prevent mitophagy, thus
1009 lending increased susceptibility to Parkinson's disease and Friedreich's ataxia⁹⁹. This
1010 underscores the need to better understand the impact of MICOS complex loss.

1011 Notably, contrary to other studies showing that Miro-MIC60 interactions cause oxidative
1012 stress, we found that deletion of the MICOS complex components, *CHCHD6* and *MITOFILIN*,
1013 resulted in mitochondrial and cell oxidative stress. As previously reviewed⁶¹, oxidative stress
1014 has occurred upon *MITOFILIN* deletion in some tissue types such as cardiac, but the interlinking
1015 of MICOS complex and oxidative stress remains poorly elucidated. Of relevance, within the
1016 kidney, oxidative stress mediates age-associated renal cell death and has been linked to
1017 numerous pathological conditions, as previously reviewed⁶⁸. Since the loss of the MICOS
1018 complex is well-understood to impair bioenergetics and ATP production^{60,62}, our findings
1019 suggest that the closely linked process of free radical generation is also bolstered. MICOS-
1020 generated ROS may have various effects; for example, they can reduce NAD+, which we
1021 observed in our aged tissue, to cause alterations in glycolysis, TCA cycle, and oxidative
1022 phosphorylation, as previously reviewed¹⁰⁰. As previously reviewed, changes in fuel availability
1023 lead to alterations in TCA metabolite levels, with downstream effects in reducing mitochondrial
1024 calcium uptake and lowering matrix Ca²⁺ levels, which in turn decreases Ca²⁺-dependent TCA
1025 cycle enzyme activity, including pyruvate dehydrogenase and α -ketoglutarate dehydrogenase,
1026 and in some cases induce autophagy as a compensatory mechanism for changes in substrate
1027 availability¹⁰¹. Since we saw concomitantly mCa²⁺ uptake is also decreased with silencing of the
1028 MICOS complex, this suggests a vicious cycle through which ROS-dependent NAD+ and
1029 calcium-dependent TCA metabolites are lost due to the MICOS complex; however, this pathway
1030 needs to be more thoroughly explored. Alternatively, oxidative stress can cause mitochondrial
1031 permeability transition pore (mPTP) openings, which adaptively release excess ROS to maintain
1032 mitochondrial homeostasis but in pathological permeant conditions can engage in destructive
1033 ROS-dependent ROS release^{102,103}. While mPTP openings can be transient, calcium-dependent
1034 lowering of membrane potential can also cause permanent openings which confer increased risk
1035 to apoptotic pathways¹⁰⁴, suggesting an alternative pathway through which a feedback loop may
1036 arise due to ROS generation and calcium dysregulation following silencing of proteins involved
1037 in the MICOS complex.

1038 In murine renal tubular epithelial cells, an MCU-dependent increase in mitochondrial
1039 calcium accumulation results in oxidative stress and, ultimately, senescence¹⁰⁵. This study
1040 underscores the importance of further explicating the role of MICOS in senescence and the
1041 therapies that target senescence. For example, a recent study elucidated that diminished
1042 expression of GLIS1 in age-related kidney aging models correlates with impaired mitochondrial
1043 quality control mechanisms, while increased GLIS1 interaction with PGC1- α helps maintain
1044 mitochondrial stability, thereby suggesting GLIS1 as a potential therapeutic target for mitigating
1045 cell senescence and age-related renal fibrosis¹⁰⁶. Furthermore, the roles of the MICOS complex
1046 in affecting calcium highlights the importance of investigation of other regulators of
1047 mitochondrial Ca²⁺ uniporter (e.g., MICU1, MCU, EMRE), some of which have recently been
1048 identified to have roles in cristae morphology⁷². While MICU1 has increasingly been shown to
1049 have a role in cristae morphology^{71,72}, the interconnectedness of these proteins has not yet been
1050 studied in the context of downstream effectors of the MICOS complex.

1051 Notably, past studies have shown that nicotinamide adenine dinucleotide phosphate
1052 reduced oxidase (NOX) and its oxidative stress contributes to ER stress-induced apoptosis,
1053 contributing to renal dysfunction ¹⁰⁷. Similarly, NOXs have been indicated to play a role in acute
1054 kidney injury by promoting oxidative stress ^{35,108}. Beyond underscoring the therapeutic potential
1055 of NOXs, their interdependence with ER stress also highlights the importance of studying
1056 MERCs further. MERCs, contact sites under 50 nm which can be caused by ER stress, have
1057 previously been associated with calcium signaling and lipid metabolism, but recent research has
1058 further suggested a potential role in senescence ¹⁰⁹. Here, we did not comprehensively study
1059 MERCs, which are known to be implicated with the calcium homeostasis with which
1060 mitochondria engage in ¹¹⁰. However, a qualitative analysis did show that wrappER forms
1061 principally in young samples (Figures 8G-H). Past studies show that rough endoplasmic
1062 reticulum may curve to closely wrapped around the mitochondria and maintain lipid
1063 homeostasis, which has been termed wrappER ¹¹¹. Thus, the lipidomic shifts we observed with
1064 aging may be possibly caused by deficient lipid flux and impaired cristae structure without
1065 wrappER. This compartment, which has numerous functions including fatty acid secretion, may
1066 be an organelle linking mitochondria and peroxisomes for overall lipid balance regulation ¹¹².
1067 Given calcium homeostasis dysfunction is a potential avenue of kidney disease ², it remains
1068 important to consider in the future how calcium homeostasis is impacted across aging through
1069 MERC modulation, especially as qualitatively, less MERCs appear to exist in an aged sample.
1070

1071 *Metabolic and Lipidomic Changes*

1072 Notably, across aging we saw changes in metabolism, which have been known to arise in
1073 part due to oxidative stress generated by the MICOS complex [refs]. Oxidative stress triggers the
1074 activation of poly(ADP-ribose) polymerase (PARP) as a DNA repair mechanism, which in turn
1075 consumes nicotinamide adenine dinucleotide (NAD⁺), thus NAD⁺ levels decreased with age in
1076 both males and females ¹¹³. Of relevance, extracellular NAD⁺ triggers a pathway involving
1077 cAMP to cause an influx of influx of extracellular Ca²⁺ and subsequent superoxide and nitric
1078 oxide generation ¹¹⁴. A decrease in NAD⁺ levels has been implicated with disruption of
1079 mitochondrial homeostasis and function to lead to diabetic kidney injury ¹¹⁵. Studies using
1080 nicotinamide riboside to boost NAD⁺ levels have shown that it may actually impair inter-
1081 organelle communication and not restore cristae dynamics ¹¹⁶. This suggests that loss of the
1082 MICOS complex may partially result in a loss of NAD⁺ levels which may not be easily restored.
1083

1084 Our metabolomic data shows impairment of Pentose Phosphate Pathway (PPP); impaired
1085 glutamine conversion to glutamate, which is required for alpha-ketoglutarate (TCA) and
1086 glutathione (GSH) biosynthesis. Elevated glutamine also activates the mTOR pathway, which
1087 has been suggested to be activated to modulate mitochondria biogenesis in the kidney and is
1088 known to be activated in the aging process^{117,118}. PPP is essential to supply NADPH, which is
1089 required for the endogenous glutathione antioxidant system. NAPDH is a central co-factor of
1090 lipid and redox homeostasis ¹¹⁹. PPP is also essential to supply nucleosides and nucleotides;
1091 Depletion of nucleotides, such as Xanthine and Ribose, promotes genomic instability¹²⁰.
1092 Additionally, our results align with existing literature on dysregulated NAD⁺ metabolism in
1093 aging kidneys¹²¹. Significant depletions in tissue NAD⁺, NADP, NAM, and an increase in
1094 NADH pools were detected, indicating an age-related imbalance of cofactors (Figures 8I-L). The
1095 decline in NAD⁺ is linked to a redox shift hypothesis, where more NAD⁺ is converted to NADH
1096 without adequate reduction back to NAD⁺¹²². Our data supports this hypothesis, highlighting the
importance of maintaining an adequate pool of mitochondrial NAD⁺ for optimal function.

1097 Further supporting a disruption in redox balance was the detection of decreased FAD (flavin
1098 adenine dinucleotide) with age in mouse kidneys (Figure 8M). Similar to NAD(H), FAD is
1099 involved in various energy production pathways, including oxidative phosphorylation, the TCA
1100 cycle, beta-oxidation of fatty acids, and the electron transport chain. In summary, our
1101 metabolomic profiling provides evidence of disruptions to energy metabolism with age,
1102 potentially acting as either a consequence or precursor to the observed morphological phenotypes
1103 we observed in aged kidney tissues.

1104 Our lipidomics profiling showed profound changes in lipid classes. These lipid classes
1105 play diverse and intricate roles in kidney mitochondria, participating in key cellular processes.
1106 TGOs and TGs serve as energy substrates and act as a storage form of fatty acids in kidney
1107 mitochondria^{123,124}. Disruptions to these lipids can impact mitochondrial beta-oxidation,
1108 providing acetyl-CoA for energy production. Sterols contribute to the structural integrity and
1109 fluidity of mitochondrial membranes, aligning with our data and observations^{125,126}. Maintaining
1110 proper membrane structure is crucial for mitochondrial function, a feature lost with age in kidney
1111 tissues. The role of NAEs in endocannabinoid signaling is recognized^{127,128}, but their specific
1112 function in kidney mitochondria remains unclear. Notably, changes in the NAE lipid class with
1113 age in the kidney are of special interest. Additionally, while LPIs are known signaling molecules,
1114 their exact impact on mitochondrial function in the kidney requires further investigation. Here
1115 we present two novel cases of lipid classes playing a role with age in the kidney. Hex2Cer
1116 contributes to the composition of mitochondrial membranes^{129,130}, supporting our observation
1117 that changes in shape and size contribute to aging in the kidney. Lastly, cardiolipins (DLCL and
1118 CL), unique phospholipids predominantly found in the inner mitochondrial membrane, are
1119 crucial for maintaining mitochondrial membrane integrity, cristae structure, and the function of
1120 respiratory chain complexes^{131,132}. Changes in CL content with age support the observed decline
1121 in mitochondrial stability and function of our samples.

1122
1123 **Conclusion**

1124 Together, our results underscore that the aging of murine kidney tissue causes cristae
1125 disarray and impaired mitochondrial structure with smaller volumes. This happens alongside
1126 wide-spread metabolic and lipidomic shifts, as well as increased fibrosis and oxidative stress,
1127 which cumulatively confer decreased oxidative capacity and increased risk of age-related disease
1128 states including CKD and AKI⁴⁰. We further found that the MICOS complex is lost with kidney
1129 aging, absent of changes of other common regulators of mitochondria, and cristae morphology.
1130 While the age-dependent loss of the MICOS complex likely accounts for the loss of cristae
1131 architecture, silencing of some components of the MICOS complex in HEK cells confers a
1132 similar structure to that of aged tissue. The MICOS complex silencing further causes both
1133 oxidative stress, reflective of aged states, and reduced mitochondrial calcium uptake. It is
1134 plausible that these changes together create a vicious cycle: MICOS loss drives oxidative stress,
1135 leading to calcium-dependent TCA dysregulation and NAD⁺ dysregulation, driving more
1136 oxidative stress and mtDNA loss, leading to a reduction in MICOS complex transcripts, causing
1137 dysfunctional mitochondrial, producing more oxidative stress byproducts, leading to age-
1138 dependent disease states.

1139
1140
1141

DATA SHARING STATEMENT:

1142 Sharing of software, models, algorithms, protocols, methods, and other useful materials and
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1144

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1146 All authors have no competing interests.

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1180 The authors declare that they have no conflict of interest.

1181

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1503 assessment of mitochondrial morphology in tissue and cultured cells. *bioRxiv* (2021).
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1506

1507 **Figure Legend:**

1508

1509 **Main Figures:**

1510 **Graphical Abstract:** Kidney aging causes a decline in the MICOS complex, concomitant with
1511 metabolic, lipidomic, and mitochondrial structural alterations.

1512

1513 **Figure 1: Comparative analyses of kidney characteristics in young and old subjects
1514 differentiated by sex.**

1515 Cross-sectional imaging of kidney anatomy data from (A) females under 50 years old (aged 14–
1516 42 years old; n = 8), (B) males under 50 years old (aged 14–48 years old; n = 6), (C) females
1517 over 60 years old (aged 65–90 years old; n = 9), and (D) males over 60 years old (aged 60–88
1518 years old; n = 11). (E) Measurements of left kidney cross-sectional area, calculated as the
1519 product of length and width, in females and (F) males. (G) Measurements of left kidney in-phase,
1520 representing when magnetic fields of fat and water molecules are in alignment, in females and
1521 (H) males. (I) Measurements of left kidney out-of-phase, representing when magnetic fields of
1522 fat and water molecules are not in alignment, in females and (J) males. (K) The ratio of the in-
1523 phase measurements to out-of-phase, in females and (L) males. For all panels, error bars indicate
1524 SEM, Mann–Whitney tests were used for statistical analysis, and statistical significance is
1525 denoted as ns (not significant), *p < 0.05, and **p < 0.01.

1526

1527 **Figure 2: Changes in fibrosis and oxidative damage in kidney of young and old murine
1528 samples.**

1529 (A) Representative images of Masson trichrome staining of the kidney cortex in young (4–5
1530 months old) and (B) old (21–23 months old) samples. (C) Quantification of blue areas. (D)
1531 Immunohistochemistry for nitrotyrosine (brown color) in young (4–5 months old) and (E) old
1532 (21–23 months old) samples. (F) Quantification of the staining density of nitrotyrosine. For all
1533 panels, dots represent independent samples, error bars indicate SEM, unpaired t-tests were used
1534 for statistical analysis, and statistical significance is denoted as ns (not significant), *p < 0.05,
1535 and **p < 0.01.

1536

1537 **Figure 3: Changes in kidney tissue mitochondria and cristae across aging revealed in
1538 transmission electron microscopy (TEM).** (A) Representative transmission electron
1539 micrographs for kidney tissue at 3 month and (B) two-year in male mice. Boxes show cristae
1540 magnified to enhance the details of cristae. (C) Quantification of key mitochondrial
1541 characteristics included mitochondrial area and (D) circularity index, which measures
1542 mitochondrial shape. (E) Total mitochondria in regions of interest quantification. (F) For cristae,
1543 cristae score (D), a measurement of the quality observed cristae, is shown. (G) Using serial block
1544 face scanning electron microscopy, representative images of cristae morphology in three-
1545 dimensions are shown in three-month and (H) 2-year samples. Each dot represents one
1546 mitochondrion, with a variable number in each condition with mitochondria measurements in 3
1547 months having n of approximately 1050 and in 2 years of having n of approximately 1450.
1548 Cristae score has n of 1093. For all panels, error bars indicate SEM, mann–Whitney tests were
1549 used for statistical analysis, and significance values indicate ***P ≤ 0.0001 and ns, not
1550 significant.

1551

1552 **Figure 4: Schematic of reconstructing kidney tissue mitochondria using serial block facing-
1553 scanning electron microscopy (SBF-SEM).** (A) Schematic depicting removal of the kidney.
1554 (B) Following embedded fixation, SBF-SEM allows for ortho-slice alignment. (C) Manual
1555 segmentation of ortho slices was performed to ultimately yield (D) 3-dimensional (3-D)
1556 reconstructions of mitochondria (E) 3-D reconstruction of individually colored mitochondria
1557 from a transverse view and longitudinal view in kidney tissue of different ages.
1558
1559

1560 **Figure 5: Changes in kidney tissue mitochondria morphology across aging revealed in
1561 serial block facing-scanning electron microscopy (SBF-SEM).** (A) Representative SBF-SEM orthogonal (ortho) slice for kidney tissue in three-month and (A')
1562 2-year samples. (B) 3-D reconstructions of mitochondria in male kidney tissues of three-months
1563 and 2-years (B') overlaid on ortho slices. (C) 3-D reconstructed and isolated mitochondria for
1564 clear visualization from three-months and (C') 2-years. (D) 3-D reconstructions were then
1565 quantified by 3-D area of the average mitochondria (E) perimeter of the average mitochondria,
1566 and (F), mitochondrial volume in kidney tissue from 3-month and 2-year samples. (D'-F')
1567 Individual values of the mitochondrion in each mouse to show intra-animal heterogeneity. (G)
1568 Mito-otyping to arrange mitochondria on the basis of their volume to view qualitative differences
1569 in morphology. Each dot represents the average of a single mouse with a varied number of
1570 mitochondria surveyed within each mouse (n=4, with each sample having 83-251 mitochondria).
1571 In total, 3-month samples included 740 mitochondria, while 2-year samples included 962
1572 mitochondria, which were used for statistical analysis. For all panels, error bars indicate SEM,
1573 mann-Whitney tests were used for statistical analysis, and significance values indicate **P ≤
1574 0.01, ***P ≤ 0.001, and ns, not significant.
1575
1576

1577 **Figure 6: Transcription and Western Blotting of *Opa1* and mitochondrial contact site and
1578 cristae organizing system (MICOS) genes in aging kidney tissue.** (A-D) Quantitative
1579 polymerase chain reaction (qPCR) analyzing the gene transcript fold changes of Opa-1 and
1580 MICOS across aging: (A) *Opa1* transcripts, (B) *Mitofillin* transcripts, (C) *Chchd3* transcript, and
1581 (D) *Chchd6* transcripts. (E) Western Blot of OPA1, mitochondrial dynamic proteins, and MICOS
1582 protein expression. For all panels, error bars indicate SEM, and Mann-Whitney tests were used
1583 for statistical analysis. Each dot represents an individual qPCR run (n=4). Significance values
1584 indicate ***P ≤ 0.001 and ****P ≤ 0.0001. For all western blotting experiments, n = 4.
1585

1586 **Figure 7: Loss of mitochondrial contact site and cristae organizing system (MICOS) genes
1587 result in mitochondrial structure changes and oxidative stress in the kidney.** (A-E)
1588 Individual knockout (KO) of *Opa1*, *Mitofillin*, *Chchd3*, and *Chchd6* and representative
1589 transmission electron micrographs. (F-H) quantification upon KO state of each MICOS gene and
1590 *Opa1* (n = 10 cells) was performed in 3-D reconstruction: (F) average single mitochondrion area,
1591 (G) average single mitochondrion perimeter, (H) average single mitochondrion circularity index,
1592 and (I) average single mitochondrion length across individual MICOS KO. (J) 4',6-diamidino-2-
1593 phenylindole (DAPI) staining, MitoPY1 (5 uM, 45 min at 370 c magnification of 60x), and
1594 merge channels in scramble-siRNA (control), MIC60-siRNA (*MITOFILIN* KD), and CHCHD6-
1595 siRNA (*CHCHD6* KD) transfected permeabilized HEK293 cells. (K) 4',6-diamidino-2-
1596 phenylindole (DAPI) staining, MitoBright Deep Red (10 uM, 30 min at 37⁰ c), DCFDA (10 uM,
1597 30 min at 37⁰ c, magnification of 60x), and merge channels in scramble-siRNA (control),

1598 MIC60-siRNA (*MITOFILIN* KD), and CHCHD6-siRNA (*CHCHD6* KD) transfected
1599 permeabilized HEK293 cells. (L) Plate reader-based reactive oxygen species (ROS)
1600 quantification. (M) Microscopy-based ROS quantification of MitoPY1 orange, (N) DCFDA, and
1601 (O) MitoSox Deep Red. For all statistical tests, a one-way ANOVA statistical test was performed
1602 with Dunnett's multiple comparisons test. For 3D microscopy, each dot represents a
1603 mitochondrion, with their number varied between control (n=81), *Opa1* KO (n=153), *Chchd3*
1604 KO (n=139), *Chchd6* KO (n=180), and *Mitofilin* KO (n=156). Significance values indicate *P ≤
1605 0.05, **P ≤ 0.01, ***P ≤ 0.001 and ****P ≤ 0.0001; ns, not significant.
1606

1607 **Figure 8: mCa²⁺ uptake and calcium retention capacity are reduced in *MITOFILIN***
1608 (**MIC60**) and ***CHCHD6* knockdown HEK293 cells**. (A) Representative traces of mitochondrial
1609 calcium uptake in scramble-siRNA (control), MIC60-siRNA (*MITOFILIN* KD), and CHCHD6-
1610 siRNA (*CHCHD6* KD) transfected permeabilized HEK293 cells. (B) Percentage of mCa²⁺
1611 uptake rate calculated from (C) representative traces of mitochondrial calcium retention capacity
1612 in control, *MITOFILIN* KD, and *CHCHD6* KD HEK293 cells. The number of boluses of calcium
1613 taken up by cells is shown in circles. (D) Percentage change in mitochondrial calcium retention
1614 capacity calculated from representative traces of mitochondrial calcium retention capacity. (E)
1615 Western blot showing siRNA-mediated KD of *CHCHD6*/*CHCHD6* in HEK293 cells. (F)
1616 Western blot showing siRNA-mediated KD of *MITOFILIN*/*MIC60* in HEK293 cells. (G) Serial
1617 block face scanning electron microscopy obtained representative images of mitochondria
1618 endoplasmic reticulum contact site morphology overlaid on orthoslice and (H) isolated in three
1619 dimensions in three-month and (I-J) 2-year samples. For all statistical tests, one-way ANOVA
1620 statistical test was performed with Dunnett's multiple comparisons test. N=3-5 for all calcium
1621 experiments, as run in triplicates. Significance values indicate **P ≤ 0.01.
1622
1623

1624 **Figure 9.** Global metabolomic profiling uncovers dysregulated metabolic pathways and lipid
1625 classes with age in kidney tissues. (A) Metabolomics heatmap showing the relative abundance
1626 of the top 25 metabolite hits with age. (B) Metabolic pathway analysis revealing cluster of
1627 metabolites related to signaling networks that are disrupted in the aging kidney. (D-M)
1628 Metabolite pools illustrating the metabolic pathways that are altered with age in the kidney–
1629 Redox/NAD⁺ Metabolism and Amino Acid Metabolism/Biosynthesis. For each tissue and
1630 metabolite in the heatmaps, the aged samples were normalized to the median of the young
1631 samples and then log2 transformed. Young, n= 6; aged, n= 6. For all panels, error bars indicate
1632 SEM, ** indicates P ≤ 0.01; and *P ≤ 0.05, calculated with Student's t-test.
1633

1634 **Figure 10:** Global lipidomic profiling uncovers dysregulated metabolic pathways and lipid
1635 classes with age in kidney tissues. (A) Heatmap showing disrupted and enriched lipid classes
1636 based on comparisons between young and old kidney tissues. (B) Lipid class enrichment (C) and
1637 lipid chain length enrichment based on comparisons between young and old kidney.
1638 Significantly different lipid classes represented in the figures are those with adjusted p-values <
1639 0.05 (note: p-values were adjusted to correct for multiple comparisons using an FDR procedure)
1640 and log fold changes greater than 1 or less than -1. Young, n= 6; aged, n= 6. For all panels, error
1641 bars indicate SEM, ** indicates P ≤ 0.01; and *P ≤ 0.05, calculated with Student's t-test.
1642
1643

Supplement:

1644

1645 **Supplementary Figure 1:** Comparative analyses of kidney characteristics in young and old
1646 participants. (A) Metrics defined in Figure 1 grouped to look at overall age-related differences,
1647 regardless of sex. (B) Kidney cross-sectional area (CSA), (C) in-phase measurement, (D) out-of-
1648 phase measurement, and (E) in-phase to out-of-phase ratio, differentiated by sex. One-way
1649 ANOVA statistical test performed with post hoc Tukey's test. Each dot represents an individual
1650 participant (n=6-11); full patient information is available in File 1. For all panels, error bars
1651 indicate SEM, significance values indicate $*P \leq 0.05$, $**P \leq 0.01$, $***P \leq 0.001$, and $****P \leq$
1652 0.0001; ns, not significant.

1653

1654 **Supplementary Figure 2:** Global metabolomic and lipidomic profiling uncovers dysregulated
1655 metabolic pathways and lipid classes and chain lengths with age in kidney tissues. (SA)
1656 Metabolomics heatmap showing the relative abundance of metabolites.

1657

1658 **Supplementary File 1:** Full kidney characteristics, including age, of young and old participants
1659 analyzed in Figure 1.

1660

1661

1662 **Video 1:** 3D reconstruction of mitochondria from various angles in 3-month kidney samples.

1663

1664 **Video 2:** 3D reconstruction of mitochondria from various angles in 2-year kidney samples.

1665

1666 **Video 3:** 3D reconstruction of wrappER (ER represented in green) from 3-month kidney
1667 samples.

1668

1669 **Video 4:** 3D reconstruction of MERCs (ER represented in blue) from 2-year kidney samples.

1670

Figure 1

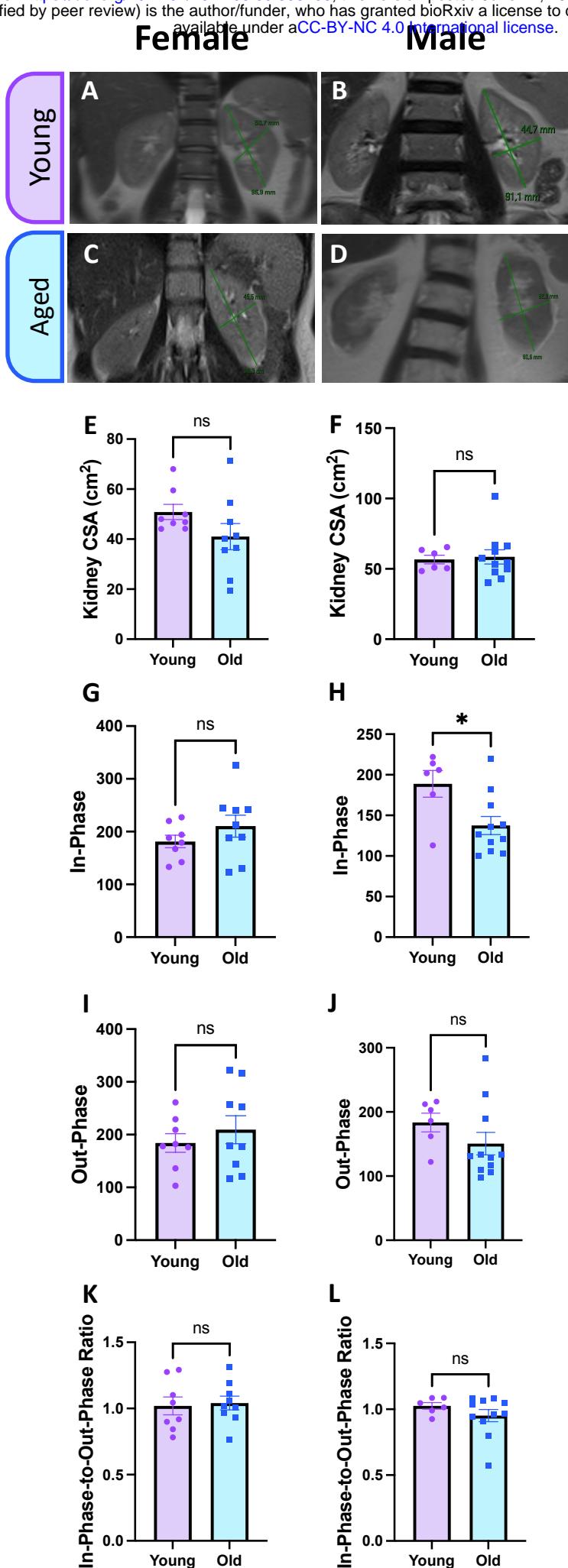


Figure 2

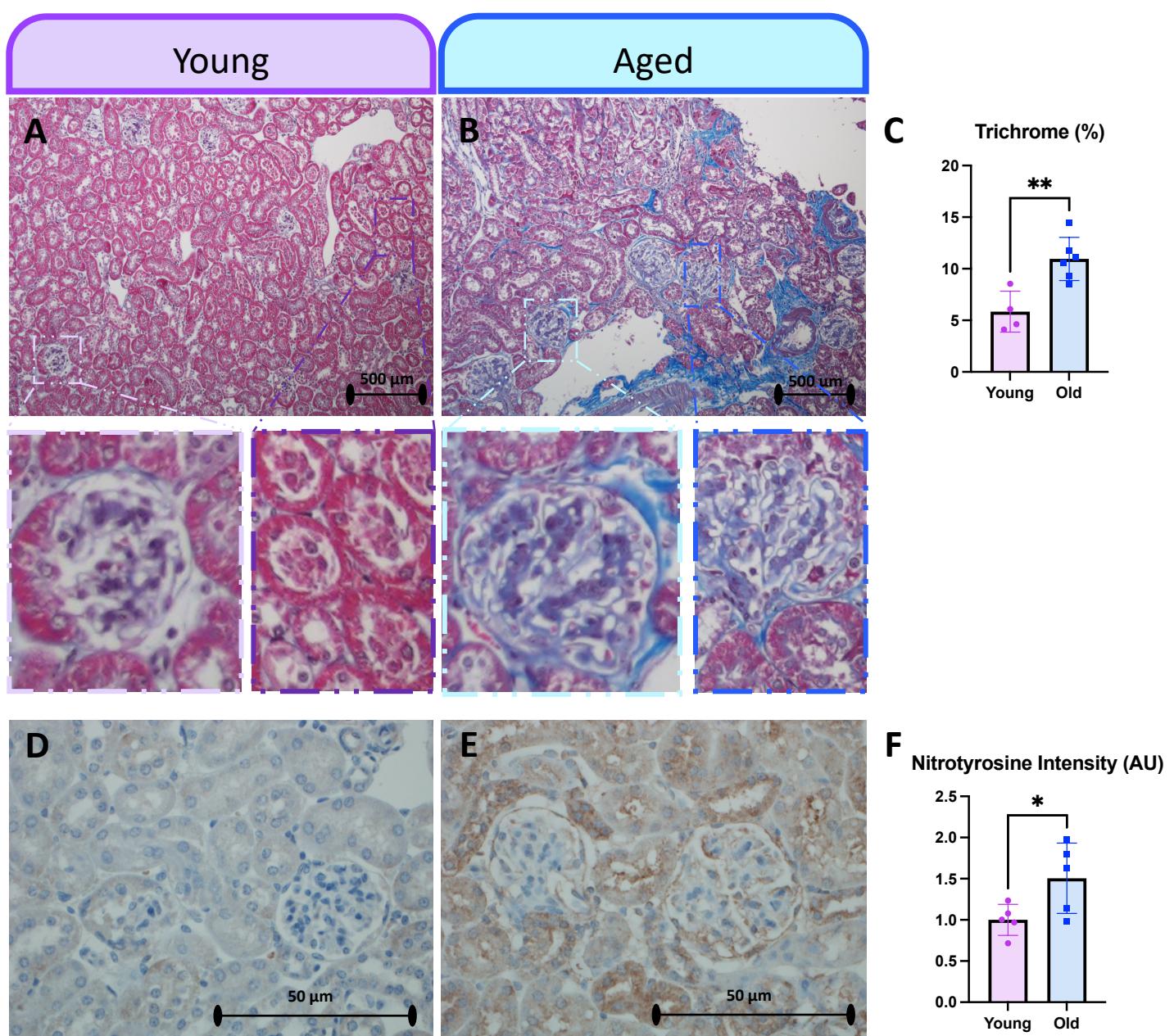


Figure 3

3-Month

2-Year

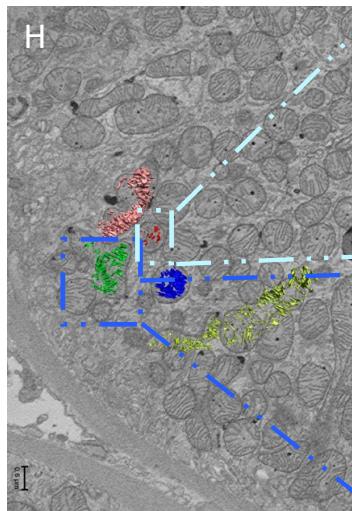
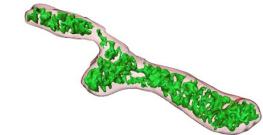
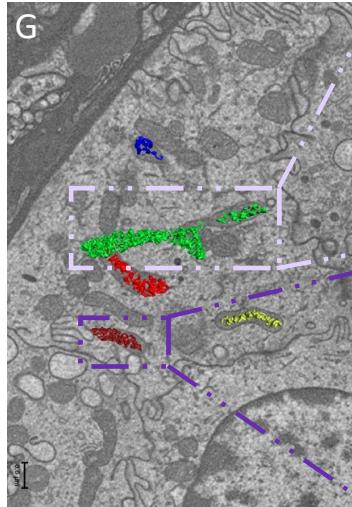
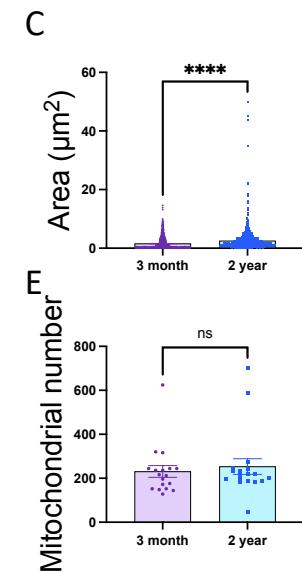
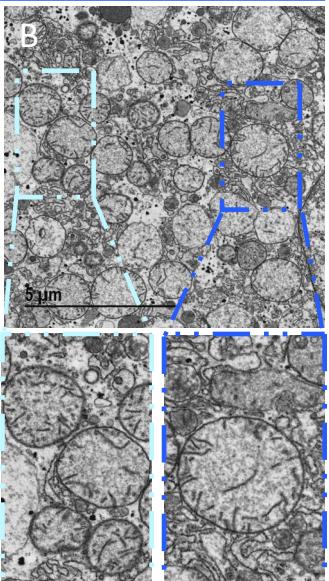
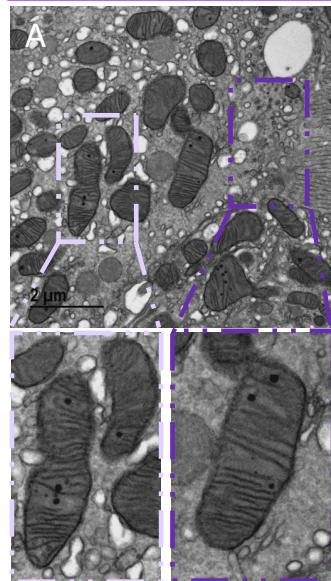


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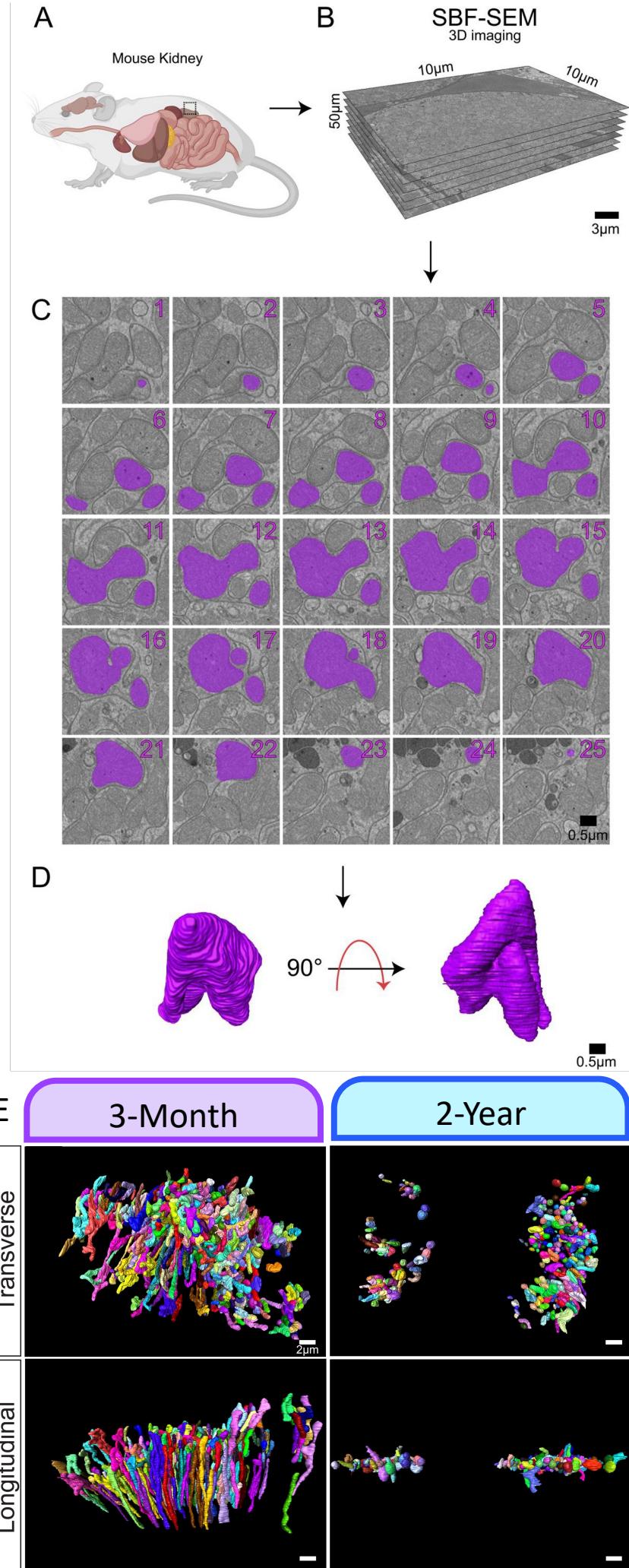


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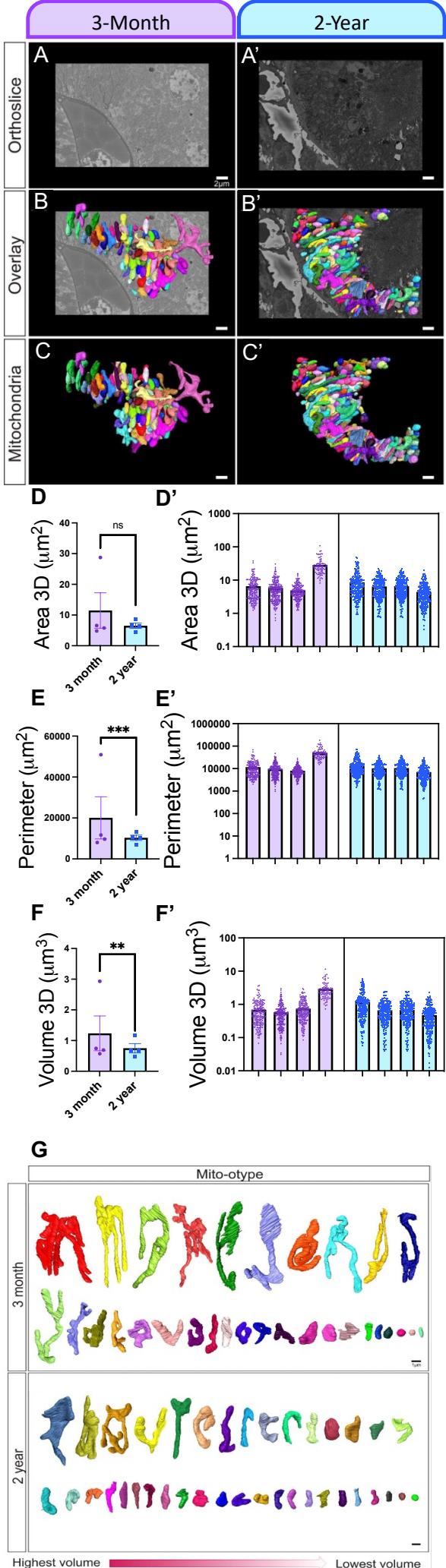


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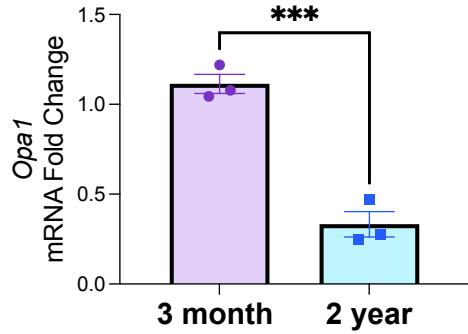
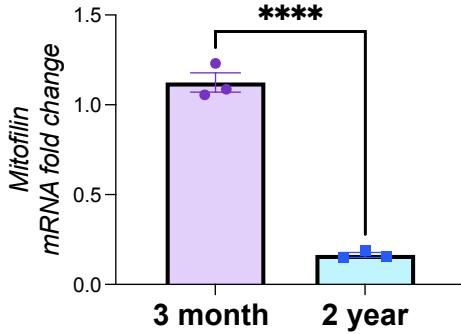
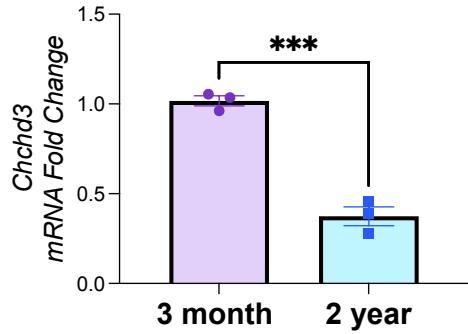
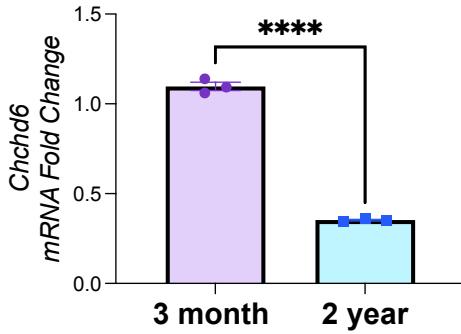
A**B****C****D**

Figure 7

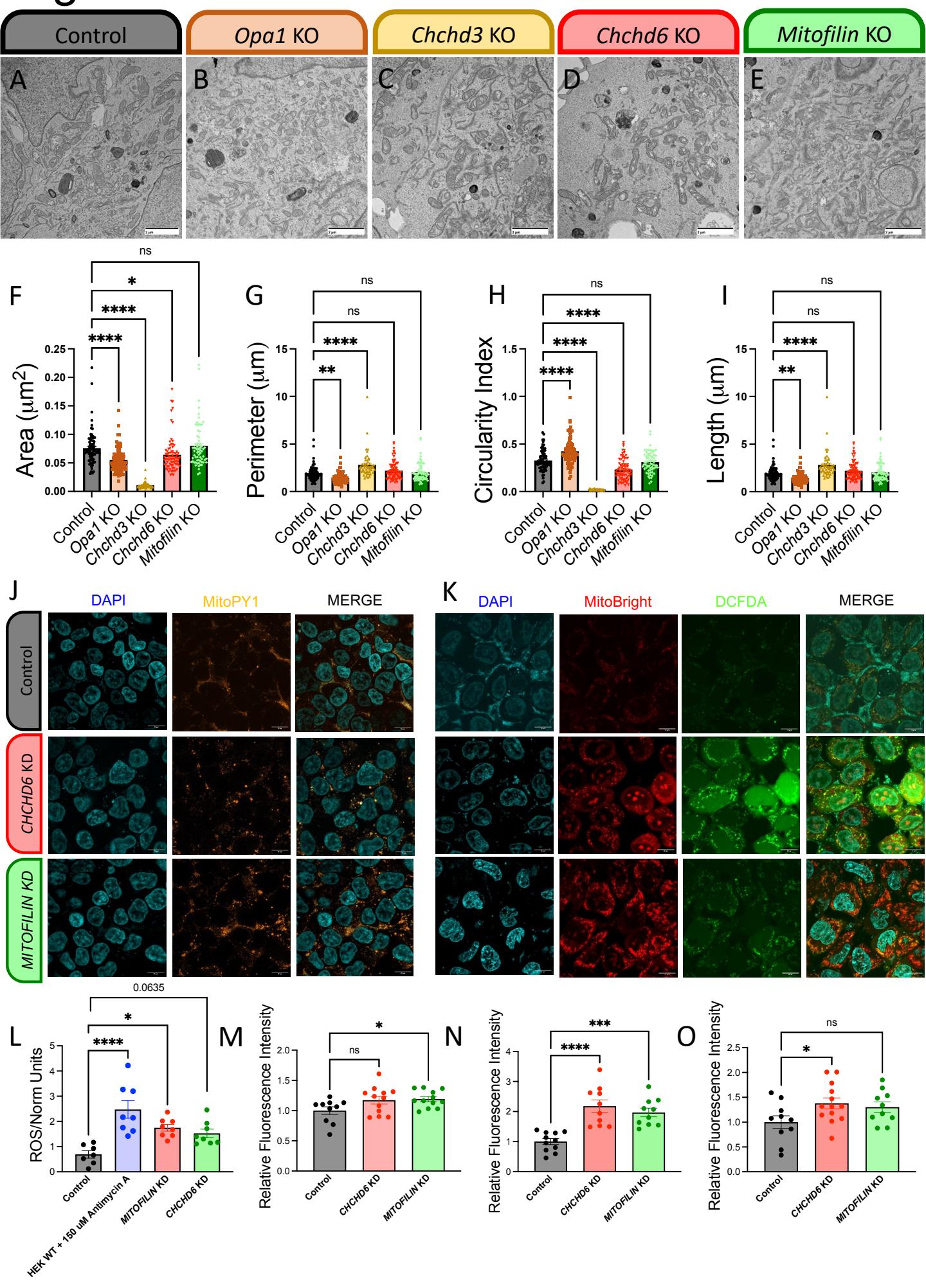


Figure 8

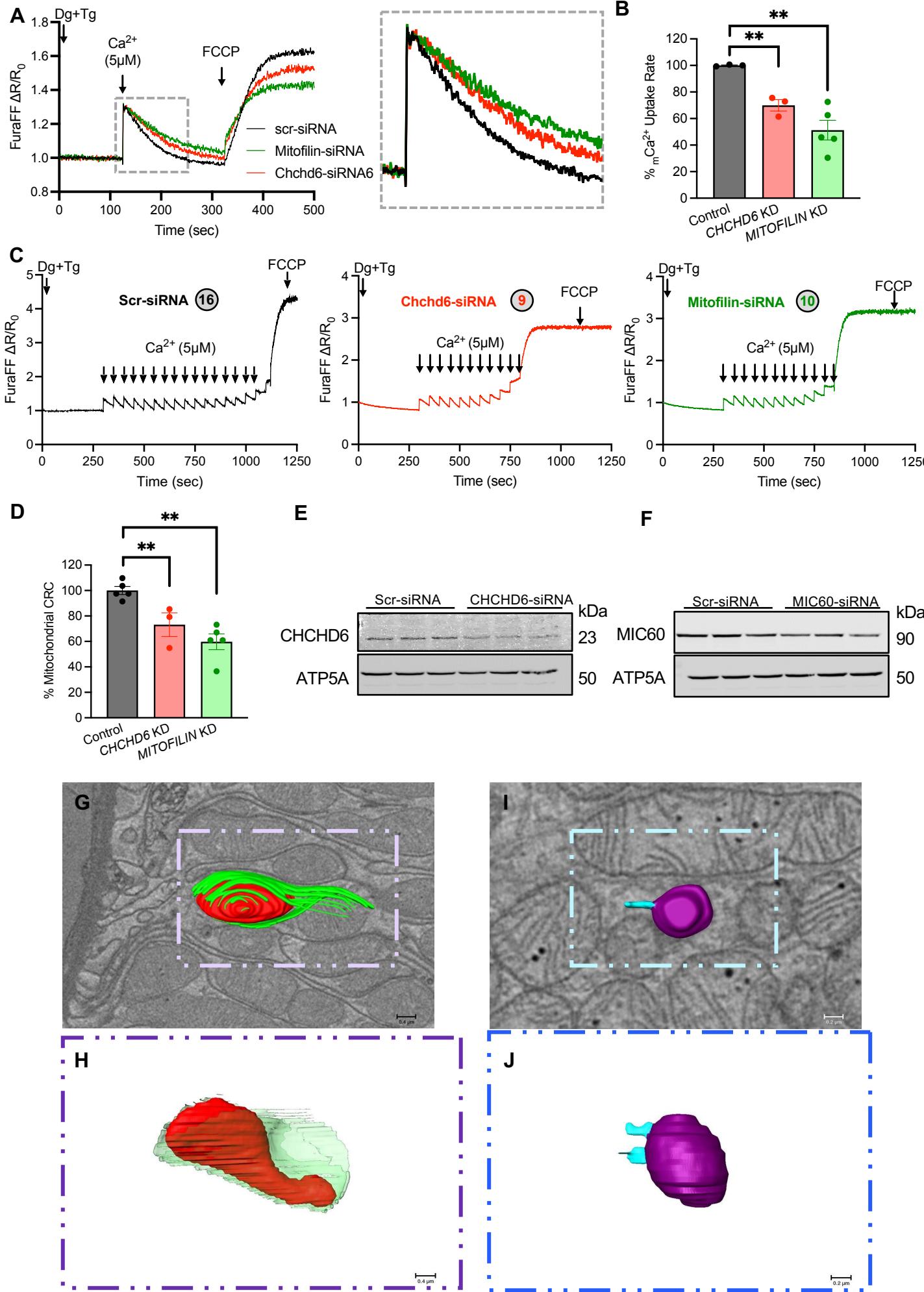


Figure 9

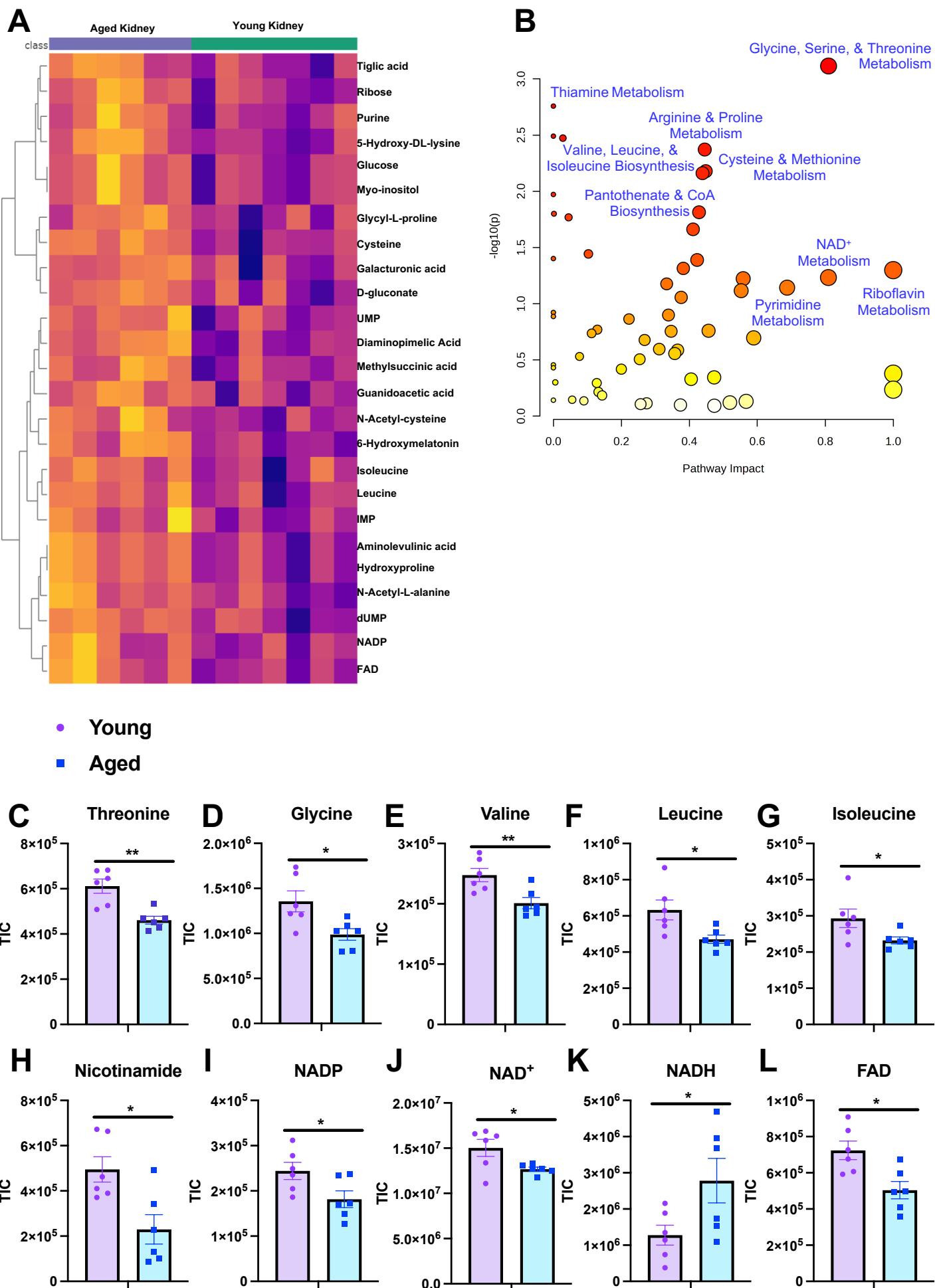
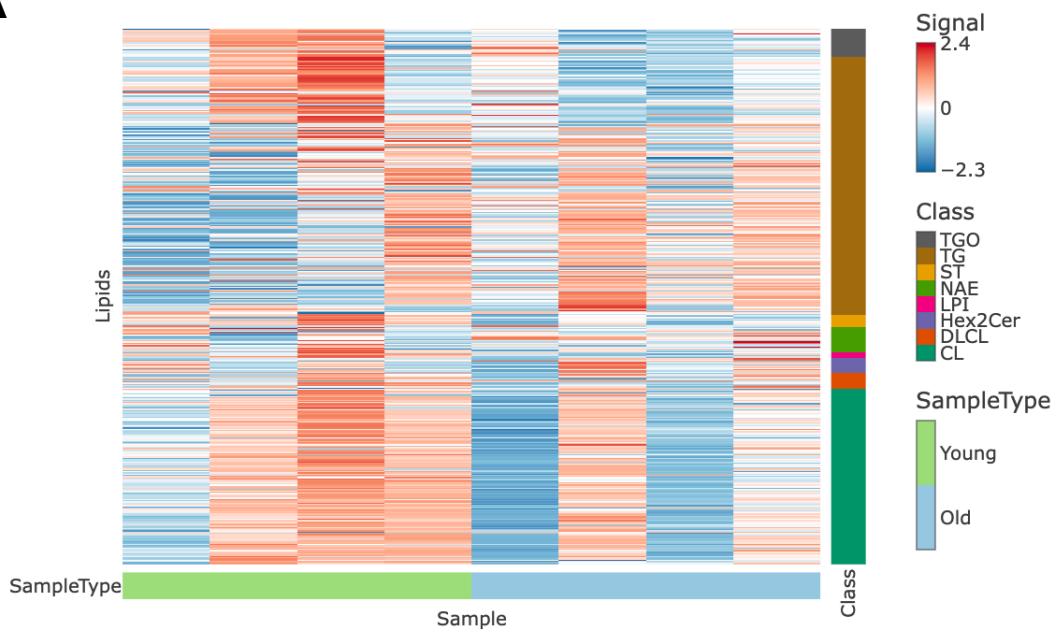
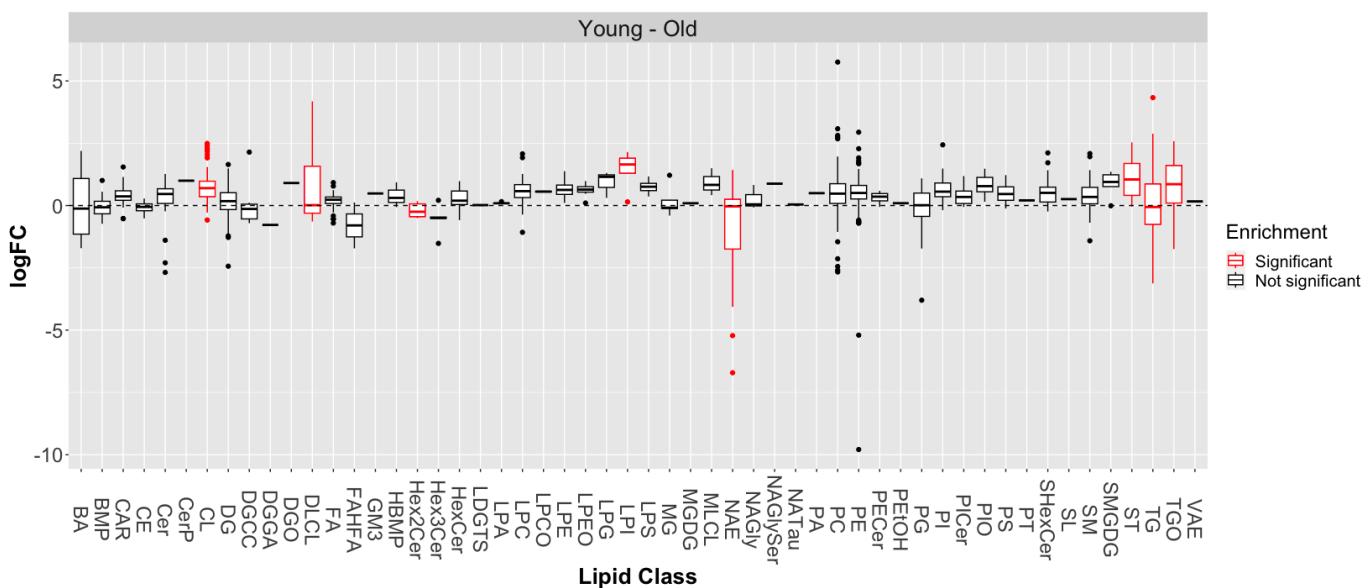


Figure 10

A



B



C

