

# 1 A widespread hydrogenase drives fermentative growth of gut 2 bacteria in healthy people

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33

## 34 Abstract

35 Molecular hydrogen ( $H_2$ ) is among the most central, but least understood, metabolites in the human  
36 gastrointestinal tract (gut).  $H_2$  gas is produced in large quantities during bacterial fermentation and  
37 consumed as an energy source by bacteria and archaea. Disruption of  $H_2$  cycling is linked to  
38 gastrointestinal disorders, infections, and cancers, with  $H_2$  used as an indicator of gut dysfunction  
39 through breath tests. Despite this, the microorganisms, pathways, and enzymes mediating  $H_2$   
40 production remain unresolved. Here we show that a previously uncharacterised enzyme, the group  
41 B [FeFe]-hydrogenase, drives most fermentative  $H_2$  production in the human gut. Analysis of stool,  
42 biopsy, and isolate (meta)genomes and (meta)transcriptomes show this hydrogenase is encoded by  
43 most gut bacteria and is highly expressed. Through analysis of 19 taxonomically diverse gut isolates,  
44 the group B [FeFe]-hydrogenase produces large amounts of  $H_2$  gas and supports fermentative  
45 growth of both Bacteroidetes and Firmicutes. *Bacteroides* particularly dominate  $H_2$  production.  
46 Biochemical and spectroscopic characterisation shows purified group B [FeFe]-hydrogenases are  
47 catalytically active and bind a di-iron active site. These hydrogenases are highly enriched in the guts  
48 of healthy individuals, but significantly depleted in favour of other fermentative hydrogenases in  
49 Crohn's disease. Furthermore, we show that metabolically flexible respiratory bacteria are the most  
50 abundant  $H_2$  oxidizers in the gut, not sulfate reducers, methanogens, and acetogens as previously  
51 thought. This combination of enzymatic, cellular, and ecosystem-level analysis provides the first  
52 detailed understanding of  $H_2$  cycling in the human gut and reveals new links between microbiota  
53 function and gastrointestinal health.

## 54 Introduction

55 Molecular hydrogen ( $H_2$ ) is a central intermediate in gastrointestinal digestive processes. Most  
56 bacteria within the gut hydrolyse and ferment dietary carbohydrates to absorbable short-chain fatty  
57 acids<sup>1-3</sup> and large quantities of  $H_2$  gas<sup>4,5</sup>.  $H_2$  accumulates to high micromolar levels in the gut, where  
58 it is primarily consumed by other microbes for energy conservation and carbon fixation<sup>6,7</sup>, though  
59 some is also expelled as flatus or exhaled<sup>8-10</sup>. Classically, three groups of gut microbes are thought  
60 to consume  $H_2$ , namely acetogenic bacteria, methanogenic archaea, and sulfate-reducing  
61 bacteria<sup>3,11-14</sup>.  $H_2$  consumption by gut microbes lowers  $H_2$  partial pressures, thereby ensuring  
62 fermentation remains thermodynamically favourable<sup>3,15-19</sup>. In turn, many  $H_2$ -producing and  $H_2$ -  
63 consuming microbes form mutualistic relationships by conducting interspecies  $H_2$  transfer depending  
64 on physical association<sup>15,20</sup>. In addition to supporting digestion, gastrointestinal  $H_2$  cycling modulates  
65 levels of important metabolites in the gut, including butyrate<sup>21</sup>, hydrogen sulfide<sup>22</sup>, bile acids<sup>2</sup>, and  
66 host steroids<sup>23</sup>, with diverse effects on processes such as digestion, inflammation, and  
67 carcinogenesis. It is also proposed that microbiota-derived or therapeutically-supplied  $H_2$  may  
68 directly benefit human cells as an antioxidant<sup>24,25</sup>. Disruption of the balance between  $H_2$ -producing  
69 and  $H_2$ -consuming bacteria has been linked with a range of gut and wider disorders<sup>19,26</sup>; most  
70 notably, gas buildup contributes to the symptoms of irritable bowel syndrome (IBS) and hydrogen  
71 breath tests are frequently, if controversially, used to detect disorders such as carbohydrate  
72 malabsorption<sup>27-29</sup>. Numerous pathogens also exploit microbiota-derived  $H_2$  during invasion,  
73 including *Helicobacter pylori* and *Salmonella*<sup>30-34</sup>, or rapidly produce it in the case of pathogenic  
74 Clostridia and protists<sup>30,35,36</sup>.

75

76 Despite the central importance of  $H_2$  cycling in human health and disease, surprisingly little is known  
77 about which microbes and enzymes mediate this process. Both the production and consumption of  
78  $H_2$  are catalysed by hydrogenases, which fall into three major groups dependent on the metal content  
79 of their active site, the [FeFe]-, [NiFe]-, and [Fe]-hydrogenases, and multiple subgroups<sup>37,38</sup>. It's been  
80 classically thought that most  $H_2$  production in the gut is mediated by fermentative bacteria, primarily  
81 the class Clostridia, that couple reoxidation of ferredoxin (e.g. reduced during acetate fermentation  
82 by the pyruvate-ferredoxin oxidoreductase reaction) to the evolution of  $H_2$ . Some Clostridia use group  
83 A1 [FeFe]-hydrogenases, an extensively structurally and mechanistically characterised lineage of  
84 enzymes, to rapidly produce  $H_2$ <sup>39,40</sup>. Some  $H_2$  may also be produced by formate hydrogenlyase  
85 complexes (containing a group 4a [NiFe]-hydrogenase) that disproportionate formate during  
86 fermentative survival of Enterobacteriaceae<sup>41,42</sup>. Yet two recent findings suggest that other  
87 fermenters are also active in the human gut. Our 2016 survey showed a distantly related enzyme  
88 (28% amino acid identity) called the group B [FeFe]-hydrogenase is widespread in diverse gut  
89 isolates and abundant in gut metagenomes<sup>19,43</sup>. Two recent biochemical studies suggest these  
90 enzymes are active and biased towards  $H_2$  production<sup>44,45</sup>, though their physiological activity and

91 role has yet to be confirmed in any organism. In parallel, trimeric electron-confurcating hydrogenases  
92 (group A3 [FeFe]-hydrogenases) have been discovered that couple oxidation of NAD(P)H and  
93 reduced ferredoxin to the evolution of H<sub>2</sub> <sup>46-49</sup>. We have demonstrated that group A3 [FeFe]-  
94 hydrogenases are primarily responsible for H<sub>2</sub> production in ruminants<sup>17,50,51</sup>, though it is unclear if  
95 these principles also extend to humans. Similarly, it is unclear whether the paradigms regarding H<sub>2</sub>  
96 consumption are accurate, given the three classical groups of H<sub>2</sub> oxidizers (hydrogenotrophs) are  
97 generally in low abundance in the human gut. Indeed, only approximately half of people produce  
98 methane gas<sup>52,53</sup> and it is becoming increasingly apparent that most hydrogen sulfide is derived from  
99 organosulfur compounds rather than sulfate reduction<sup>54-56</sup>. Respiratory hydrogenotrophs that use  
100 electron acceptors such as fumarate, nitrate, sulfoxides, and inflammation-derived oxygen may also  
101 be active but overlooked members of gut microbiota<sup>19,31</sup>.

102

103 Here we gained the first detailed understanding of the enzymes and microbes responsible for  
104 hydrogen cycling in the human gastrointestinal tract. To do so, we holistically profiled the abundance,  
105 expression, and distribution of hydrogenases using metagenomes and metatranscriptomes,  
106 including original biopsy samples, in both healthy individuals and those with gastrointestinal  
107 disorders. We then performed in-depth analysis of 19 bacterial isolates and four heterologously  
108 produced enzymes to confirm the activity and roles of these enzymes. We reveal that group B [FeFe]-  
109 hydrogenase drives most H<sub>2</sub> production in the human gut, highlight the overlooked role of  
110 *Bacteroides* as major H<sub>2</sub>-producing fermenters, and show that hydrogenases are differentially  
111 abundant between healthy people and those with chronic disease phenotypes such as Crohn's  
112 disease.

## 113 Results and Discussion

### 114 Group B [FeFe]-hydrogenases are the most widespread and expressed gut hydrogenases

115

116 We initially investigated the distribution of hydrogenase genes in the human gut by analysing 300  
117 human stool metagenomes<sup>57</sup> (**Table S1**). Hydrogenase genes are extremely abundant, occurring on  
118 average at  $1.44 \pm 0.58$  copies per genome (cpg), based on normalisation to single-copy bacterial  
119 and archaeal marker genes (**Fig. 1a**). By far the most abundant are the functionally uncharacterised  
120 group B [FeFe]-hydrogenase ( $0.75 \pm 0.25$  cpg), hypothesized but unproven to mediate fermentative  
121 H<sub>2</sub> production<sup>19</sup> (**Fig. 1b**). Genes encoding these enzymes are much more abundant than the  
122 monomeric ferredoxin-dependent group A1 [FeFe]-hydrogenases ( $0.10 \pm 0.09$  cpg), previously  
123 thought to account for most fermentative hydrogen production in gastrointestinal tracts<sup>6,58,59</sup>, and  
124 trimeric electron-confurcating group A3 [FeFe]-hydrogenases ( $0.19 \pm 0.11$  cpg) that dominate H<sub>2</sub>  
125 production in ruminants<sup>17,50</sup>. Other enzymes also potentially play minor roles in H<sub>2</sub> production in the  
126 human gut, including formate hydrogenlyases (group 4a [NiFe]-hydrogenases;  $0.02 \pm 0.07$  cpg) and  
127 possibly ferredoxin-dependent energy-converting hydrogenases (group 4e [NiFe]-hydrogenases;  
128  $0.06 \pm 0.04$  cpg) (**Table S1; Fig. 1a & 1b**). Consistently, analyses of 78 paired metatranscriptomes  
129 confirm that these hydrogenases are highly expressed (RNA / DNA ratios between 1.76 to 6.90  
130 depending on subgroup) (**Table S1; Fig. 1a**). Transcripts for the group B [FeFe]-hydrogenase are  
131 the most numerous ( $95 \pm 86$  reads per kilobase per million mapped reads, RPKM; RNA / DNA ratio  
132 = 2.0) and 3.3-, 4.7-, and 26-fold higher than the group A3, A1, and 4a enzymes typically thought to  
133 be responsible for gastrointestinal H<sub>2</sub> production (**Fig. 1a**). Given [FeFe]-hydrogenases are usually  
134 highly active enzymes<sup>39,40</sup>, these expression levels are likely to enable rapid H<sub>2</sub> production in the gut.  
135 Nitrogenases, which produce H<sub>2</sub> during their reaction cycle<sup>60</sup>, were also widely encoded but  
136 minimally expressed by gut bacteria (**Fig. 1a**). Altogether, group B [FeFe]-hydrogenases potentially  
137 drive most H<sub>2</sub> production in the gut, though operate alongside other enzymes.

138

139 To infer which gut microbes encode these enzymes, we mapped the hydrogenase-encoding reads  
140 to both our comprehensive hydrogenase database (HydDB)<sup>61</sup> and our in-house collection of 812  
141 sequenced gut isolates (**Table S2**). Group B [FeFe]-hydrogenases are very widespread among gut  
142 bacteria, encoded by 62% of isolates and the dominant gut phyla Firmicutes, Bacteroidetes, and  
143 Actinobacteria (**Table S2; Fig. 2**). Their widespread conservation among Firmicutes and  
144 Bacteroidetes is demonstrated by the genome tree in **Fig. 2**. Based on read mapping, *Bacteroides*  
145 accounted for the most group B [FeFe]-hydrogenases in the metagenomes and metatranscriptomes,  
146 followed by *Alistipes* and *Clostridia* lineages such as *Faecalibacterium*, *Agathobacter*, and  
147 *Roseburia* (**Fig. 1c; Table S1**). This finding suggests that this enzyme plays a core role in the  
148 lifestyles of diverse fermentative bacteria. The group A1 and A3 [FeFe]-hydrogenases were also  
149 widespread, encoded, and expressed by various Bacteroidia, Clostridia, and Fusobacteria genera,

150 whereas formate hydrogenlyases were restricted to Enterobacteriaceae, Pasteurellaceae, and  
151 Coriobacteraceae (**Fig. 1c; Fig. 2; Table S1**).  
152

153 A small but active proportion of the community are predicted to mediate H<sub>2</sub> uptake in the human gut.  
154 Group 1 [NiFe]-hydrogenases, known to support anaerobic respiration using electron acceptors such  
155 as fumarate, nitrate, nitrite, and sulfite<sup>37,38</sup>, are encoded by 9% of gut bacteria based on metagenomic  
156 short reads (**Table S1; Fig. 1a & 1b**) and 6% of our isolates (**Table S2; Fig. 2**). As evidenced by the  
157 extremely high standard deviations of their metagenome counts (0.09 ± 0.17 cpg) and  
158 metatranscriptome reads (51 ± 153 RPKM), these enzymes greatly vary between individuals (**Fig.**  
159 **1a**). They were primarily encoded and expressed by Enterobacteriaceae ([NiFe] group 1c, 1d), which  
160 are well known for using gut-derived H<sub>2</sub> as a respiratory energy source during colonisation<sup>30,62,63</sup>, as  
161 well as lineages such as *Veillonella* (1d), *Parabacteroides* (1d), and *Akkermansia* (1f) that remain to  
162 be investigated for their H<sub>2</sub> metabolism (**Fig. 1c**). Some group A3 [FeFe]-hydrogenases were also  
163 encoded by hydrogenotrophic acetogens such as *Blautia*, where these enzymes oxidize H<sub>2</sub>, rather  
164 than produce it, in contrast to fermenters<sup>64</sup>. The group 3 and 4 [NiFe]-hydrogenases and [Fe]-  
165 hydrogenases of methanogenic archaea were also detected in a subset of samples. Consistently,  
166 we also detected genes encoding the signature enzymes responsible for fumarate, sulfite, nitrate,  
167 and nitrite reduction, acetogenesis, and methanogenesis in the metagenomes and  
168 metatranscriptomes (**Fig. 1a, Table S1**). Importantly, although these enzymes except for fumarate  
169 reductase were in low abundance, they were often highly expressed (RNA / DNA ratio of 54 for  
170 acetyl-CoA synthase, 37 for dissimilatory sulfite reductase, 8 for periplasmic nitrate reductase)  
171 (**Table S1**). Phylogenomic analysis of the gut isolates also revealed frequent co-occurrence of group  
172 1 [NiFe]-hydrogenases with respiratory reductases (**Fig. 2**). However, it should be noted that the  
173 respiratory reductases can accept electrons from a range of both organic and inorganic donors other  
174 than H<sub>2</sub>. Also detected were putative sensory hydrogenases (group C [FeFe]-hydrogenases, 0.11 ±  
175 0.15 cpg) (**Fig. 1a**), thought to differentially regulate [FeFe]-hydrogenases in response to H<sub>2</sub>  
176 accumulation in Clostridia and likely other lineages<sup>17,37,49</sup>.  
177

178 We tested whether these findings also extend to microbiota sampled within gut tissues, given stool  
179 samples provide a biased assessment of gut microbial content<sup>65-67</sup>. To do so, we collected mucosal  
180 biopsies from the terminal ileum, caecum, and rectum of 42 donors, then enriched and sequenced  
181 their microbiota<sup>68</sup> (**Table S1**). Concordantly group B [FeFe]-hydrogenases were by far the most  
182 abundant hydrogenases across these mucosal biopsy samples (0.75 ± 0.25 cpg); they were 3.7-fold  
183 more abundant than the next most abundant hydrogenase (group A3 [FeFe]-hydrogenase) and  
184 primarily encoded by *Bacteroides* based on read mapping (**Fig. 1a-c**). The group 1c, 1d, and 4a  
185 [NiFe]-hydrogenases were also enriched by 6.1-, 2.6-, and 7.0-fold in the biopsy compared to stool  
186 metagenomes; this likely reflects the adherence of Enterobacteriaceae to the gut luminal walls,  
187 where they potentially use microbiota-derived H<sub>2</sub> to support anaerobic and potentially even aerobic

188 respiration (**Table S1**; **Fig. 1b & 1c**). Thus, the group B [FeFe]-hydrogenase appears to drive  
189 fermentative H<sub>2</sub> production throughout the intestines, much of which is likely recycled by respiratory  
190 hydrogenotrophs. No significant differences in hydrogenase content were found between intestinal  
191 regions, which was likely masked by the high degree of interindividual variation.

192

### 193 **Group B [FeFe]-hydrogenases are expressed and active in diverse gut isolates**

194

195 While these analyses of metagenomes, metatranscriptomes, and isolate genomes respectively  
196 suggest the group B [FeFe]-hydrogenase is abundant, expressed, and widespread among gut  
197 bacteria, the precise activity of this enzyme remains unresolved. To confirm whether this enzyme is  
198 active, we used gas chromatography to test H<sub>2</sub> production of 19 phylogenetically and physiologically  
199 diverse bacterial gut isolates each grown on standard YCFA medium under fermentative conditions  
200 (**Table S4**; **Fig. S1**). Of these isolates, thirteen encoded group B [FeFe]-hydrogenases, either  
201 individually or together with other hydrogenases, all but one of which produced high levels of H<sub>2</sub> (**Fig.**  
202 **3a**, **Fig. S2**). This collection included seven *Bacteroides* isolates that each rapidly produced  
203 headspace H<sub>2</sub> to average maximum levels of 3.0 ± 0.6% during fermentative growth, as well as four  
204 genera from the class Clostridia (**Fig. 3b**; **Fig. S1**; **Table S3**). We compared these activities to those  
205 of six control isolates that encoded either well-characterized lineages of H<sub>2</sub>-producing hydrogenases  
206 (group A1 [FeFe]- and group 4a [NiFe]-hydrogenases; positive controls) or lacked hydrogenases  
207 altogether (negative controls). The controls behaved as expected (**Fig. 3a**; **Fig. S1**): no H<sub>2</sub> was  
208 detected in the three isolates lacking hydrogenases (*Catenibacterium mitsuokai*, *Bifidobacterium*  
209 *longum*, and *Bacteroides stercoris*); high levels of H<sub>2</sub> were produced during fermentative growth of  
210 a *Fusobacterium varium* isolate encoding prototypical group A1 [FeFe]-hydrogenase; and H<sub>2</sub> was  
211 produced during fermentative survival in bacteria encoding the group 4a [NiFe]-hydrogenase  
212 containing formate hydrogenlyases (*Collinsella aerofaciens*, *Necropsobacter rosorum*) in line with  
213 their confirmed roles<sup>42,69</sup>. Altogether, these analyses show H<sub>2</sub> production is a widespread trait among  
214 gut bacteria that encode group B [FeFe]-hydrogenases.

215

216 We performed transcriptome sequencing to confirm whether the group B [FeFe]-hydrogenases are  
217 expressed and likely responsible for the observed activities (**Table S4**). Patterns of hydrogenase  
218 expression and activity varied between species within the class Clostridia. *Anaerostipes hadrus*  
219 encoded three [FeFe]-hydrogenases yet expressed the group B at higher levels (average 318 TPM)  
220 than its group A2 enzyme (33 TPM) (**Fig. 3a**; **Table S4**). Similarly, *Gemmiger formicilis* also exhibited  
221 higher expression of the group B hydrogenase (254 TPM) compared to its group A1 (139 TPM) and  
222 A2 (39 TPM) hydrogenases (**Fig. 3a**; **Table S4**). These findings indicate that the group B [FeFe]-  
223 hydrogenase serves as the primary fermentative hydrogenase in both species. In contrast, the  
224 opportunistic pathogens *Clostridium perfringens* and *Clostridium baratii* expressed their prototypical  
225 fermentative group A1 [FeFe]-hydrogenases at much higher levels (*C. perfringens*: 305 TPM, *C.*

226 *baratii*: 850 TPM) than their group B [FeFe]-hydrogenases (*C. perfringens*: 3.03 TPM, *C. baratii*: 0.42  
227 TPM) (**Fig. 3a; Table S4**). These extremely fast-growing bacteria also both produced much higher  
228 levels of H<sub>2</sub> than the other isolates (up to 26.7% H<sub>2</sub>) (**Fig. 3a; Fig. S1**). These findings are consistent  
229 with biochemical and genetic studies suggesting the group A1 enzyme predominates H<sub>2</sub> production  
230 in *C. perfringens*<sup>35,70</sup>. Such *Clostridium* species appear to have evolved exceptionally rapid  
231 hydrogenases to enable vigorous growth in high nutrient conditions, though the metagenomic and  
232 metatranscriptomic analyses suggests they are in low abundance in most stool and biopsy samples  
233 (**Fig. 1**). It remains unclear under which conditions such species express group B [FeFe]-  
234 hydrogenase. These findings suggest that species within the same phyla may employ distinct  
235 hydrogenases for similar purposes. *Dorea longicatena* generated substantial amounts of H<sub>2</sub>, but  
236 transcriptomes yielded minimal reads mapping to metabolic genes and hence it is unclear whether  
237 its group B [FeFe]-hydrogenase is responsible (**Fig. 3a**). In a further exception, the actinobacterium  
238 *Olsenella umbonata* did not produce detectable H<sub>2</sub> despite encoding and expressing a group B  
239 [FeFe]-hydrogenase (**Fig. 3a**). It is possible that its hydrogenase is active under specific conditions  
240 or alternatively this microbe internally recycles H<sub>2</sub> using its group A2 [FeFe]-hydrogenase.

241  
242 Our culture-dependent studies also indicated that fermentative H<sub>2</sub> production is a key feature of  
243 *Bacteroides* physiology. After six hours of fermentative growth, the seven hydrogenase-encoding  
244 *Bacteroides* species had each produced between 0.68% and 2.50% levels of H<sub>2</sub> in the headspace,  
245 averaging 1.51 ± 0.6% (**Fig. S1**). For all seven strains, the group B [FeFe]-hydrogenase was  
246 expressed at high levels during growth, averaging 180 TPM (ranging from 71 ± 18 TPM for *B. fragilis*  
247 to 345 ± 17 TPM for *B. plebius*) (**Fig. 3a; Table S4**). Four of these strains encoded the group B  
248 [FeFe]-hydrogenase as their sole H<sub>2</sub>-metabolizing enzyme. Three other strains (*B. caccae*, *B.*  
249 *thetaiotaomicron*, *B. faecis*) also encoded the trimeric electron-confurcating group A3 [FeFe]-  
250 hydrogenase, though the expression of this enzyme was minimal during these growth conditions  
251 (average 3.5 TPM) (**Fig. 3a; Table S4**). Moreover, we observed no H<sub>2</sub> production by *B. stercoris*,  
252 the only *Bacteroides* species in our isolate collection that consistently lacked any hydrogenase (**Fig.**  
253 **S2**). These results show that the group B [FeFe]-hydrogenase accounts for the H<sub>2</sub> production of  
254 *Bacteroides* during fermentative growth. In combination, the culture-dependent and culture-  
255 independent data suggest that these enzymes are highly conserved, expressed, and active across  
256 diverse gastrointestinal *Bacteroides* species. This suggests that this genus, despite not traditionally  
257 being associated with H<sub>2</sub> cycling, is a dominant H<sub>2</sub> producer in the human gut.

258  
259 ***Bacteroides* use group B [FeFe]-hydrogenases to reoxidize ferredoxin during fermentation**

260  
261 We combined structural modelling, biochemical measurements, and metabolic reconstructions to  
262 confirm the activity and role of the group B [FeFe]-hydrogenase within *Bacteroides* (**Fig. 4**).  
263 AlphaFold2 modelling (**Fig. S3 & S4**) confirms group B [FeFe]-hydrogenase are structurally

264 conserved between *Bacteroides* species (**Fig. S5**) and form monomers with two distinct globular  
265 domains (**Fig. 4b**): a H-cluster domain (containing the typical catalytic H<sub>2</sub>-binding H-cluster of [FeFe]-  
266 hydrogenases and two [4Fe4S] clusters) and a smaller ferredoxin-like domain (containing two  
267 [4Fe4S] clusters) connected through a short flexible linker. Consistent with being *bona fide*  
268 hydrogenases, these enzymes encode the three highly conserved sequence motifs of [FeFe]-  
269 hydrogenases, which line the binding pocket of the H-cluster (L1: T<sub>294</sub>SCCPYS<sub>300</sub>, L2:  
270 G<sub>342</sub>PCVAKRKE<sub>350</sub>, L3: E<sub>448</sub>VMACEGGCISGP<sub>460</sub>) (**Fig. 4b; Fig. S5**); notably, Cys456 bridges the  
271 [4Fe4S] and catalytic di-iron site of the H-cluster, and Met450 coordinates the dithiolate bridgehead  
272 group of the di-iron site. Structural comparison with the well-characterized group A1 [FeFe]-  
273 hydrogenase (*C. pasteurianum* hydrogenase, Cpl; PDB: 6GM2<sup>71</sup>) revealed that, while the H-cluster  
274 domain is largely conserved, the group B [FeFe]-hydrogenase is otherwise structurally unique (**Fig.**  
275 **4a**). They particularly differ in their electron-relaying iron-sulfur clusters: whereas the group A  
276 enzyme contains a [2Fe2S] ferredoxin-like domain and a His-ligated [4Fe4S] cluster<sup>72</sup>, the group B  
277 enzyme is instead predicted to have a single ferredoxin-like domain containing 2x[4Fe4S] clusters.  
278 This ferredoxin-like domain is unusual in that its iron-sulfur clusters are distant from the main body  
279 of the enzyme as they are separated from the nearest [4Fe4S] cluster in the H-cluster domain by an  
280 edge-to-edge distance of at least 22 Å (**Fig. 4a**). The distance between these two clusters is likely  
281 too far for effective electron transfer<sup>73</sup>, even after we accounted for conformational change driven by  
282 the flexible loops using AF-Cluster<sup>74</sup>. We hypothesise that the group B [FeFe]-hydrogenase interacts  
283 with soluble ferredoxins to enable productive electron transfer. Structural predictions also indicated  
284 that the group A3 [FeFe]-hydrogenases of *Bacteroides* are trimeric enzymes that confurcate  
285 electrons from reduced ferredoxin and NADH to H<sub>2</sub> (**Fig. S6**).  
286

287 To determine whether *Bacteroides* [FeFe]-hydrogenases can bind the catalytic H-cluster and  
288 produce H<sub>2</sub>, we expressed their group B and A3 [FeFe]-hydrogenase catalytic subunit genes in *E.*  
289 *coli* BL21(DE3) cells (**Table S5; Fig. S7**), activated lysates with the H-cluster mimic [2Fe]<sup>adt</sup> as  
290 previously described<sup>45,75,76</sup>, and tested their ability to produce H<sub>2</sub> using the standard methyl viologen  
291 as redox mediator and sodium dithionite as sacrificial electron donor. The group B [FeFe]-  
292 hydrogenases expressed from three different species all produced H<sub>2</sub>, in contrast to blank and empty  
293 vector controls, confirming that this group of enzymes are catalytically active (**Fig. 4c**). Their relative  
294 activity varied compared to the positive control (the fast-acting group A1 [FeFe]-hydrogenase of  
295 *Chlamydomonas reinhardtii*, CrHydA1<sup>76-80</sup>; at 30% (*B. fragilis*), 8% (*B. thetaiotaomicron*), and 2% (*B.*  
296 *vulgaris*) (**Fig. 4c; Table S5**); these contrasting activities likely reflect differences in the expression,  
297 maturation, or solubility of these enzymes in the heterologous host, though are unlikely to be  
298 physiologically relevant given the species these enzymes were derived from each produced  
299 comparable amounts of H<sub>2</sub> (**Fig. 3**). In this recombinant system, the catalytic subunit of the group A3  
300 [FeFe]-hydrogenase from *B. thetaiotaomicron* exhibited low activity close to the blank and empty  
301 vector controls when mixed with [2Fe]<sup>adt</sup> (**Fig. 4c; Table S5**).

302

303 Despite extensive effort, we were unable to purify stable or active group B [FeFe]-hydrogenases due  
304 to the low solubility of these enzymes. This prevented detailed comparisons of their kinetics,  
305 electrochemistry, or experimental structures compared to group A1 [FeFe]-hydrogenases.  
306 Nevertheless, we were able to demonstrate through whole-cell X-band EPR spectroscopy that the  
307 *B. fragilis* group B [FeFe]-hydrogenase, when incubated with the [2Fe]<sup>pd<sup>t</sup></sup> (a catalytically inactive  
308 cofactor mimic known to stabilise the di-iron site in a mixed valent Fe<sup>I</sup>Fe<sup>II</sup> oxidation state such as  
309 EPR-active, H<sub>ox</sub>), produced spectroscopic signatures consistent with a typical H-cluster<sup>75,81</sup> (**Fig. 4d**).  
310 Cell suspensions displayed a partially resolved rhombic EPR signal with  $g_1 = 2.101$  and  $g_2 = 2.053$   
311 (**Fig. 4d**). The observed *g*-values suggest formation of the H-cluster in an H<sub>ox</sub>-like state and support  
312 the notion that the H-cluster of the group B [FeFe]-hydrogenase has an electronic structure similar  
313 to the distantly related prototypical group A enzymes (**Table S6**). As elaborated in **Supplementary**  
314 **Note 1**, the third *g*-value ( $g_3$ ) was not observed likely due to being obscured by unrelated signals. In  
315 combination, the structural predictions and recombinant analysis suggest the group B [FeFe]-  
316 hydrogenases are true hydrogenases that bind the H-cluster and produce H<sub>2</sub>, though differ from  
317 other hydrogenases in their redox centres and electron flow pathways.

318

319 We used the transcriptomes of the seven *Bacteroides* species to predict their central carbon  
320 metabolism and infer how their [FeFe]-hydrogenases likely integrate (**Table S3**). Supporting  
321 previous physiological observations, these reconstructions suggest that all species are mixed-acid  
322 fermenters<sup>82-85</sup> that can break down sugars to pyruvate through the glycolysis pathway, convert  
323 pyruvate to acetate (*via* pyruvate-ferredoxin oxidoreductase and acetate kinase); and also reduce  
324 oxaloacetate to succinate (*via* enzymes including fumarate reductase) and propionate (*via*  
325 methylmalonyl-CoA pathway). Consistently, these bacteria all express the genes for these pathways  
326 at similarly high levels during mid-exponential fermentative growth (**Fig. 4e**). The group B [FeFe]-  
327 hydrogenase likely primarily reoxidizes the ferredoxin reduced by the pyruvate-ferredoxin  
328 oxidoreductase (PFOR) during acetate production, disposing these excess electrons as H<sub>2</sub>. The Rnf  
329 complex, which couples Na<sup>+</sup>/H<sup>+</sup>-import to reverse electron transport from NADH to oxidized  
330 ferredoxin, is potentially an additional source of reduced ferredoxin for the hydrogenase<sup>86,87</sup>;  
331 however, this physiologically reversible complex may also serve as a reduced ferredoxin sink that  
332 generates sodium/proton-motive force (**Fig. 4e**). All other reductive branches of the *Bacteroides*  
333 fermentation pathways, namely for succinate, propionate, and lactate formation, do not directly  
334 compete with H<sub>2</sub> production via the Group B [FeFe]-hydrogenase for electrons, but will indirectly  
335 reduce H<sub>2</sub> production by shunting pyruvate away from PFOR. Pyruvate-formate lyase provides an  
336 additional PFOR bypass via the redox-neutral production of formate and acetyl-CoA (**Fig. 4e**).  
337 Whereas the genes for the succinate/propionate branch and PFOR were relatively consistently  
338 expressed across the strains, expression of pyruvate-formate lyase and a putative lactate  
339 dehydrogenase varied as much as 4.5- and 50-fold respectively (**Table S3**); thus, lactate and formate

340 production may be the most important alternate routes of electron disposal that compete with H<sub>2</sub>  
341 production in *Bacteroides* species. The group A3 [FeFe]-hydrogenase potentially contributes to  
342 redox homeostasis, likely by coupling oxidation of reduced ferredoxin and NADH to H<sub>2</sub> production,  
343 and may be important under certain conditions (**Fig. 4e**); however, during fermentative growth, the  
344 enzyme remains expressed at low levels, likely reflecting that NADH consumption by this enzyme  
345 would compete with the reductant used for fumarate and propionate production and thereby ATP  
346 production through substrate-level phosphorylation.

347

#### 348 **Group B [FeFe]-hydrogenases are depleted in gastrointestinal disorders and other diseases**

349

350 To investigate the links between hydrogen metabolism with health and disease, we compared the  
351 levels of hydrogenase-associated genes based on stool metagenomes of 871 healthy individuals  
352 and 790 diseased individuals, based on a case-control study of Crohn's disease (CD)<sup>88</sup> and reports  
353 on 11 other chronic disease phenotypes<sup>55</sup> (**Fig. 5**). Consistent with the above analyses (**Fig. 1**),  
354 group B [FeFe]-hydrogenases were the most abundant hydrogenase genes overall, though their  
355 levels often varied between individuals (**Fig. 5; Table S7**). However, their average levels were  
356 significantly higher ( $p = 0.0023$ ) in healthy individuals ( $0.72 \pm 0.17$  cpg) compared to those with  
357 Crohn's disease ( $0.56 \pm 0.24$  cpg). Contrastingly, there were strong increases in the average levels  
358 of the prototypical fermentative hydrogenase (group A1, 2.8-fold,  $p = 6.6 \times 10^{-7}$ ), formate  
359 hydrogenlyase (group 4a, 5.2-fold,  $p = 6.8 \times 10^{-6}$ ), and to lesser extent the electron-confurcating  
360 hydrogenase (group A3, 1.4-fold,  $p = 0.04$ ) in Crohn's disease individuals. Most remarkably, the ratio  
361 of group B to group A1 [FeFe]-hydrogenases shifted by 2.3-fold between the two cohorts ( $p = 1.9 \times$   
362  $10^{-11}$ ). Capacity for H<sub>2</sub> oxidation also increased, with a 2.6-fold increase in respiratory group 1d  
363 [NiFe]-hydrogenase genes in Crohn's disease ( $p = 3.8 \times 10^{-5}$ ) (**Fig. 5**). Though these differences  
364 may be potentially only correlative, altered H<sub>2</sub> cycling may contribute to the Crohn's disease  
365 phenotype through various possible mechanisms. For example, intestinal respiratory bacteria (e.g.  
366 Enterobacteriaceae) may benefit from elevated H<sub>2</sub> production by the highly active group A1 [FeFe]-  
367 hydrogenases, by using this electron donor to reduce inflammation-derived electron acceptors.  
368 Consistently, a previous study showed increased H<sub>2</sub> oxidation contributes to the expansion of *E. coli*  
369 during gut inflammation in a murine model<sup>31</sup>. There was also a significant enrichment of group A1  
370 compared to group B [FeFe]-hydrogenases in several other chronic disease states, including  
371 atherosclerosis, liver cirrhosis, colorectal cancer, and type 2 diabetes (**Fig. S8**). A range of other  
372 significant variations were also observed, including a near-absence of group 1d [NiFe]-  
373 hydrogenases in type 2 diabetes ( $p = 7.8 \times 10^{-9}$ ) (**Fig. S9**). Further mechanistic studies are required  
374 to better understand the basis of these differences.

375

376

377

## 378 Conclusions

379 By integrating analyses at the enzyme, cellular, and gut ecosystem levels, we provide multifaceted  
380 evidence that the group B [FeFe]-hydrogenase mediates H<sub>2</sub> production in diverse bacteria and drives  
381 fermentation in the healthy human gut. These observations also suggest that *Bacteroides*, a genus  
382 previously unrecognised as major H<sub>2</sub> producers, plays a more central role in gut H<sub>2</sub> cycling than  
383 initially understood and uses a hydrogenase of previously unknown function. It remains unclear what  
384 competitive advantage is conferred by the group B [FeFe]-hydrogenase compared to the functionally  
385 similar group A1 [FeFe]-hydrogenase. Both enzymes are predicted to be monomeric ferredoxin-  
386 dependent H<sub>2</sub>-producing enzymes with similar active site structures and biosynthetic pathways.  
387 Nevertheless, the group B enzyme is unique for its ferredoxin-like domain separated by a flexible  
388 linker and also seems to have somewhat lower activity than its group A1 counterparts based on the  
389 cellular and whole-cell data. Detailed side-by-side studies of the protein-protein interactions, kinetics,  
390 electrochemistry, and oxygen sensitivity of the purified enzymes may help disentangle their  
391 differences. Nevertheless, it is apparent that the group B enzyme has been selected in diverse  
392 bacterial species to produce high levels of H<sub>2</sub> during fermentative growth<sup>44</sup>. This hydrogenase is  
393 particularly abundant in healthy people and may be an indicator of H<sub>2</sub> homeostasis, whereas there  
394 is a shift in favour of group A1 [FeFe]-hydrogenases in disease states such as Crohn's disease.  
395

396 This study also provides a holistic perspective on the microbes and enzymes responsible for H<sub>2</sub>  
397 cycling in the human gut. We provide the most in-depth study of the distribution of gastrointestinal  
398 hydrogenases to date, surpassing our last bioinformatics survey in this area that was limited to just  
399 20 metagenomes, and bridge genomic insights with culture- and enzyme-based validation<sup>19</sup>. We  
400 show H<sub>2</sub> production is an extremely widespread trait, demonstrating this trait extends to gut  
401 Bacteroidetes, Fusobacteria, Actinobacteria and Proteobacteria in addition to the well-studied  
402 Clostridia. Our findings also highlight that the mediators of the three conventionally described  
403 pathways for H<sub>2</sub> disposal, namely methanogenesis, acetogenesis, and sulfidogenesis, are in low  
404 abundance but are transcriptionally active in the gut<sup>3,12,14</sup>. Given their high abundance in both stool  
405 and biopsy metagenomes, it is nevertheless likely that respiratory bacteria that use electron  
406 acceptors such as fumarate, nitrate, and sulfoxides are also major and potentially dominant  
407 hydrogenotrophs, especially the Enterobacteriaceae. These lineages are especially enriched in  
408 certain disease states, such as Crohn's disease, where they may support both aerobic and anaerobic  
409 respiration using inflammation-derived electron acceptors. Follow-up studies should combine  
410 metagenomic, biochemical, and culture-based studies to determine which processes and microbes  
411 dominate H<sub>2</sub> oxidation in the human gut. Further studies are also required to better characterise the  
412 roles of some of the moderately abundant but still functionally characterised hydrogenases identified  
413 here, including the group A2 [FeFe]-hydrogenases, group 4e [NiFe]-hydrogenases, and the sensory  
414 hydrogenases. There is also critical need to better understand what drives the vast interindividual

415 variation in hydrogenase composition and expression between individuals, and how this relates with  
416 gastrointestinal function and disease states. In summary, our multifaceted approach uncovers the  
417 abundance, diversity, and functional roles of hydrogenases of previously unrecognised importance  
418 in the human gut during health and disease.

## 419 Materials and methods

420 **Mucosal biopsy sampling and metagenomes.** Mucosal biopsy metagenome samples were  
421 obtained from 102 mucosal biopsy enrichment metagenomes of 42 paediatric patients receiving  
422 colonoscopy due to non-inflammatory conditions at the Monash Children's Hospital (Monash Health;  
423 Victoria, Australia; Human Research Ethics Committee (HREC) (HREC/16/MonH/253) and Monash  
424 University Ethics Committee (Monash Health ref. 16367A). Samples were obtained from the terminal  
425 ileum, caecum and rectum and transferred to anaerobic conditions within 15 minutes of collections.  
426 Biopsy metascrapes were performed after 24 hour incubation on YCFA agar plates at 37°C under  
427 anaerobic as described previously<sup>68</sup> with resulting DNA extracted using the MP Biomedicals  
428 FastDNA SPIN Kit for soil and sequenced on the Illumina NextSeq2000. Resulting data is accessible  
429 via the European Nucleotide Archive (ENA) under accession number PRJEB45397  
430 (<https://www.ebi.ac.uk/ena/browser/view/PRJEB45397>).

431

432 **Stool metagenome and metatranscriptome datasets.** For the stool metagenome and  
433 metatranscriptome analyses, raw paired-end short reads were obtained from an IBD microbiome  
434 functionality study<sup>57</sup>, accessed via the European Nucleotide Archive (ENA) under accession number  
435 PRJNA389280 (<https://www.ebi.ac.uk/ena/browser/view/PRJNA389280>). The dataset included 78  
436 paired metagenomes and metatranscriptomes, along with 222 additional metagenomes from the  
437 faecal samples of 117 healthy patients as well as those with varying gastrointestinal IBD pathologies.  
438

439 **Metagenomic and metatranscriptomic analyses.** For the stool metagenome and  
440 metatranscriptome analyses, raw paired-end short reads were obtained from an IBD microbiome  
441 functionality study<sup>57</sup>, accessed via the European Nucleotide Archive (ENA) under accession number  
442 PRJNA389280 (<https://www.ebi.ac.uk/ena/browser/view/PRJNA389280>). The dataset included 78  
443 paired metagenomes and metatranscriptomes, along with 222 additional metagenomes from the  
444 faecal samples of 117 patients. The stool metagenome, stool metatranscriptome, and mucosal  
445 biopsy metagenomes were quality-checked using FastQC (v0.11.7)<sup>89</sup> and MultiQC (v1.0)<sup>90</sup>. Adapter  
446 and PhiX sequences, and low-quality bases were trimmed and filtered with BBduk from BBTools  
447 (v38.51) suite<sup>91</sup>. SortmeRNA (v4.3.3)<sup>92</sup> removed rRNA sequences from metatranscriptomic reads.  
448 Resulting cleaned forward reads were screened (blastx) using DIAMOND v2.0.<sup>93</sup> against the HydDB  
449 dataset<sup>61</sup> and a manually curated in-house database including enzymes associated with H<sub>2</sub>-  
450 producing and H<sub>2</sub>-consuming pathways (<https://doi.org/10.26180/c.5230745>). Alignments were  
451 filtered to a minimum length of 28 amino acids, and further based on minimum percentage identity  
452 thresholds previously determined and validated for each protein in the database: 50% (AcsB, ArsC,  
453 AsrA, CcoN, CooS, CoxA, CydA, CyoA, DsrA, FdhA, NapA, NarG, NiFe (60% for group 4), NifH,  
454 NirK, NorB, NosZ, NrfA, RHO, SdhA\_FrdA and Sqr), 60% (FeFe and NuoF) and 70% (AtpA and  
455 YgfK). Read counts were normalised to reads per kilobase million (RPKM), and metagenomes were

456 further normalised against mean RPKM values estimated from 14 single-copy ribosomal marker  
457 genes to obtain an ‘average gene copy per organism’ value for each gene. For predicted  
458 hydrogenase sequence reads, the taxonomy of the best hit was retrieved and summarised in RPKM  
459 to evaluate which taxonomic groups contribute most of these reads.

460

461 **Gut isolate genomic analysis.** Whole genome sequences of 818 gut isolates from adult and  
462 paediatric faecal and biopsy samples were obtained from the Australian Microbiome Culture  
463 Collection (AusMicC; <https://ausmicc.org.au/>) and a previous study describing a collection of gut  
464 isolate genomes (HBC)<sup>94</sup>. Resulting genomes were quality checked with CheckM (v1.1.3)<sup>95</sup> and  
465 those with >90% completeness and <5% contamination (n = 812) were retained. Protein sequences  
466 of the retained genomes were used to search for and identify alignments matching the previously  
467 mentioned protein database using the blastp function of DIAMOND (v2.0.9)<sup>93</sup>. Alignment criteria  
468 included query and subject coverage thresholds set at 80%, and further filtering was conducted  
469 based on the previously mentioned percentage identity thresholds for each database protein. GTDB-  
470 Tk (v1.6.0) (database R06-RS202)<sup>96</sup> was used to assign a taxonomic classification to each isolate  
471 using the “classify\_wf” option, and a phylogenetic tree was constructed with the “de\_novo\_wf” option.  
472 The tree was visualized, midpoint-rooted, and the copy number per isolate genome of relevant  
473 hydrogen-related metabolic genes and hydrogenase subgroups was overlaid using the Interactive  
474 Tree of Life (iTOL)<sup>97</sup> to observe differences in hydrogen metabolism across the different phylogenetic  
475 groups.

476

477 **Bacterial growth analyses.** All isolates used in this study, sourced from healthy human faecal  
478 samples, were obtained from AusMiCC<sup>68,94</sup>. Nineteen isolates were selected to compare the  
479 expression and activity of the group B [FeFe]-hydrogenases compared to other H<sub>2</sub>-producing  
480 bacteria across taxonomically diverse gut bacteria, including three control isolates lacking  
481 hydrogenases and three positive controls encoding well-characterised H<sub>2</sub> producing  
482 hydrogenases<sup>42,69</sup>. **Table S3** lists the strains and their hydrogenase content. All isolates were  
483 accessed from glycerol stocks containing Yeast Casitone Fatty Acids (YCFA) broth media<sup>98</sup> with  
484 25% glycerol, stored at -80°C, and revived in pre-reduced YCFA broth. Incubation was carried out  
485 anaerobically at 37°C in an atmosphere of 10% H<sub>2</sub>, 10% CO<sub>2</sub>, 80% N<sub>2</sub> for 24 hrs. Solid media, when  
486 required, was supplemented with 0.8% w/v of bacterial agar. Growth assessment involved  
487 measuring the optical density (OD<sub>600</sub>) of each isolate over 24 hours while anaerobically cultured in  
488 YCFA broth at 37°C. Each isolate, in duplicate, was sub-cultured into a 200 µl 96-well plate, with a  
489 1:100 dilution of culture to broth. An hourly assessment of OD<sub>600</sub> was conducted using a FLUOstar  
490 Omega Microplate Reader, with readings taken under anaerobic conditions, and shaking before  
491 each measurement.

492

493 **Hydrogen production assays.** For the H<sub>2</sub> production assay, isolates were plated on pre-reduced  
494 YCFA agar plates and grown anaerobically at 37°C for 24 hrs. A single colony was used to inoculate  
495 3 mL of pre-reduced YCFA broth in a 15 mL Falcon tube, which was incubated anaerobically at 37°C  
496 for 24 hrs. After incubation, each starter culture was used to inoculate triplicate 30 mL aliquots of  
497 YCFA broth to a starting OD<sub>600</sub> of 0.025. Cultures were maintained in 120 mL glass serum vials  
498 sealed with lab-grade butyl rubber stoppers. Immediately after inoculation, the headspace of each  
499 culture vial was flushed for 10 minutes with 99.99% pure N<sub>2</sub> to remove residual H<sub>2</sub> and ensure that  
500 production of H<sub>2</sub> was thermodynamically favourable, and entirely biotic in origin. Gas  
501 chromatography was used to assess the H<sub>2</sub> production capabilities of each isolate over time. To  
502 establish a baseline H<sub>2</sub> concentration for each isolate (in triplicate), a gas-tight syringe was used to  
503 collect initial headspace gas samples from each culture immediately after N<sub>2</sub> flushing. Headspace  
504 gas samples were then collected at pre-determined time points based on growth curve data, and  
505 until increases in H<sub>2</sub> concentration were no longer detected. H<sub>2</sub> concentration was measured using  
506 a gas chromatograph containing a pulse discharge helium ionisation detector (model TGA-6791-W-  
507 4U-2, Valco Instruments Company Inc) as previously described <sup>99</sup>. This gas chromatograph was able  
508 to detect a wide range of H<sub>2</sub> concentrations (0.1% – 10% H<sub>2</sub>), however, sample dilution of 2.5× was  
509 necessary to measure the H<sub>2</sub> produced by the isolates within the quantifiable range. Calibration  
510 samples of known H<sub>2</sub> concentration were used to quantify H<sub>2</sub> in parts per million. The H<sub>2</sub>  
511 concentration within the media-only control vials was measured concurrently to confirm that H<sub>2</sub>  
512 production in isolate samples was biotic.

513

514 **RNA extraction.** Transcriptomic analysis was performed for all isolates to verify the active  
515 expression of hydrogenases identified within the genome. Triplicate cultures of each isolate were  
516 grown under the same conditions as described for the H<sub>2</sub> production assay. Cells were harvested  
517 for RNA extraction during active H<sub>2</sub> production at either exponential phase (isolates with a group A  
518 or B [FeFe]-hydrogenase) or stationary phase (isolates with a group 4a [NiFe]-hydrogenase), as  
519 indicated by previously conducted growth curves. To quench cells, a glycerol-saline solution (3:2 v/v,  
520 -20°C) was added prior to centrifugation (4500 × g, 30 min, -9°C). The cell pellet was resuspended  
521 in 1 mL of an additional glycerol-saline solution (1:1 v/v, -20°C) and centrifuged again (4,500 × g, 30  
522 min, -9°C). Cell pellets were then resuspended in 1 mL TRIzol reagent, transferred to a tube  
523 containing 0.3 g of 0.1 mm zircon beads, and subjected to five cycles of bead-beating (30 seconds  
524 per cycle, 5000 rpm, resting on ice for 30 seconds between cycles) using a Bertin Technologies  
525 'Precellys 24' bead-beater before centrifugation (12,000 × g, 10 minutes at 4°C). Supernatant was  
526 transferred to a new tube and 200 µl of chloroform was added, inverted to mix for 15 seconds, then  
527 incubated at room temperature for 2-3 minutes prior to centrifugation (10,000 × g, 15 minutes at 4°C)  
528 for phase separation. The aqueous phase underwent purification using the RNeasy Mini Kit following  
529 the manufacturer's instructions (QIAGEN), with on-column DNA digestion using the RNase-free  
530 DNase Kit (RNeasy Mini Handbook, QIAGEN). RNA was eluted into RNase-free water, and the

531 concentration for each sample was determined using the RNA HS Qubit Assay Kit according to  
532 manufacturer's instruction (Thermo Fisher Scientific).

533

534 **Transcriptome sequencing.** The Monash Health Translation Precinct Medical Genomics Facility  
535 prepared libraries using the Illumina 'Stranded Total RNA prep with Ribo-Zero plus Microbiome' kit.  
536 A total of 200 ng of RNA underwent 16 cycles of amplification. Final libraries were quantified by  
537 Qubit, combined into an equimolar pool, and quality-checked by Qubit, Bioanalyzer, and qPCR. For  
538 sequencing, 1000 pM of the library pool was clustered on a P2 NextSeq2000 run and 59 bp  
539 sequencing was performed. The total run yield was 66.56 G, with approximately 496.7 million reads  
540 passing filter, achieving a %Q30 of 92.57. Transcriptomic data was quality checked and pre-  
541 processed using FastQC (v0.11.7)<sup>89</sup>, MultiQC (v1.0)<sup>90</sup> and BBduk from BBTools suite (v38.51)<sup>91</sup> as  
542 above. Successful ribodepletion was confirmed by SortMeRNA (v4.3.3)<sup>92</sup>. Each isolate's genome  
543 was annotated using Prokka (v1.14.6)<sup>100</sup>, and transcript expression was quantified by mapping the  
544 transcripts to these annotated genomic features using Salmon (v1.9.0)<sup>101</sup> with default settings  
545 (salmon quant). Gene expression was quantified as relative abundance in transcripts per million  
546 (TPM). To identify transcripts matching previously identified hydrogenase hits, Prokka-generated  
547 annotated protein sequence files were validated with DIAMOND alignment as described above.  
548 Transcript IDs were used to match the hydrogenase hits for each isolate to the corresponding TPM  
549 values, for evaluation of hydrogenase expression. For metabolic pathway analysis, DRAM  
550 (v.1.4.6)<sup>102</sup> was used to annotate each transcriptome with the KEGG protein database<sup>103</sup>. The  
551 genome of *B. fragilis* was incomplete and lacking mapped *atpA* and *cydA* genes, so the genome of  
552 a reference strain from NCBI (ASM1688992v1) was used to map these genes to and demonstrate  
553 their expression.

554

555 **AlphaFold2 structural modelling.** Protein structure predictions from *Bacteroides* Group B [FeFe]-  
556 hydrogenase sequences (**Table S4**) were generated using AlphaFold2 (v2.1.1)<sup>104,105</sup> through the  
557 ColabFold (v1.5.2)<sup>106</sup> notebook. The specified ColabFold parameters were as follows: num\_relax  
558 (1), template\_mode (none), msa\_mode (mmseqs2\_uniref\_env), pair\_mode (unpaired\_paired),  
559 model\_type (alphaFold2\_ptm), pairing\_strategy (greedy). For the *B. fragilis* group B [FeFe]-  
560 hydrogenase model (*Bt*HydM), num\_recycles was set to 48, whereas *B. thetaiotaomicron* and *B.*  
561 *vulgaris* num\_recycles were set to 3. For the *B. thetaiotaomicron* group A3 [FeFe]-hydrogenase  
562 model (*Bt*HydABC), num\_recycles was set to 48. To model cofactors into the predicted *Bt*HydM and  
563 *Bt*HydABC apo structures, the Foldseek<sup>107</sup> web server was used to search the PDB100 database for  
564 experimental structures with similar folds to *Bt*HydM and *Bt*HydABC. The following Foldseek  
565 parameters were used: databases (PDB100 2201222), mode (3Di/AA), taxonomic filter (none). For  
566 *Bt*HydM, two experimental structures returned by Foldseek, PDB 8ALN<sup>108</sup> and 1FCA<sup>109</sup>, exhibited  
567 high structural similarity to the input, while also containing iron-sulfur clusters and a H-cluster (**Fig.**  
568 **S4**). Similarly, for *Bt*HydABC, three experimental structures returned by Foldseek were used for

569 cofactor modelling, PDB 8A5E<sup>64</sup>, 1FEH<sup>40</sup>, and 1FCA<sup>109</sup> (**Fig. S6**). UCSF ChimeraX (v1.6.1)<sup>110</sup> was  
570 used to align these experimental structures to the predicted *Bt*HydM and *Bt*HydABC models with the  
571 matchmaker command (Needleman-Wunsch algorithm setting). Cofactors were added in  
572 corresponding positions to those of the experimental structures as shown in **Fig. S3** and **Fig S6**. At  
573 sites where the AlphaFold2 model and the experimental structures differed, cofactors were manually  
574 positioned and adjusted to optimise coordination and to minimise clashes, and bond lengths were  
575 assessed to ensure they were biochemically valid.

576

577 **Protein expression and preparation.** Chemicals used for protein production and characterisation  
578 were purchased from VWR and used as received unless otherwise stated. Genes encoding the  
579 group B [FeFe]-hydrogenases of *B. fragilis*, *B. vulgatus*, and *B. thetaiotaomicron* and group A3  
580 [FeFe]-hydrogenase of *B. thetaiotaomicron* (**Table S5**) were cloned into pET-11a(+) by Genscript,  
581 using restriction sites *Nde*I and *Bam*HI following codon optimisation for expression in *Escherichia*  
582 *coli*. Chemically competent *E. coli* BL21(DE3) cells were transformed using the constructs to express  
583 the apo-forms of the hydrogenases lacking the diiron subsite of the H-cluster. Starter cultures were  
584 grown overnight in 5 mL LB medium containing 100 µg mL<sup>-1</sup> ampicillin at 37°C. These cultures were  
585 subsequently used to inoculate 80 mL of M9 medium (22 mM Na<sub>2</sub>HPO<sub>4</sub>, 22 mM KH<sub>2</sub>PO<sub>4</sub>, 85 mM  
586 NaCl, 18 mM NH<sub>4</sub>Cl, 0.2 mM MgSO<sub>4</sub>, 0.1 mM CaCl<sub>2</sub>, 0.4% (v/v) glucose) containing 100 µg mL<sup>-1</sup>  
587 ampicillin. Cultures were grown at 37°C and 150 rpm until reaching an optical density (OD<sub>600</sub>) of  
588 approximately 0.4 to 0.6. Protein expression was induced by the addition of 0.1 mM FeSO<sub>4</sub> and 1  
589 mM IPTG. Induced cultures were incubated at 20°C and 150 rpm for approximately 16 h. Cells were  
590 thereafter harvested by centrifugation at 4,930 × g for 10 mins at 4°C. All subsequent operations  
591 were carried out under anaerobic conditions to prevent hydrogenase inactivation by atmospheric  
592 oxygen in an MBRAUN glovebox ([O<sub>2</sub>] < 5 ppm). The cell pellet was resuspended in a 0.5 mL lysis  
593 buffer (30 mM Tris-HC pH 8.0, 0.2 % (v/v) Triton X-100, 0.6 mg mL<sup>-1</sup> lysozyme, 0.1 mg mL<sup>-1</sup> DNase,  
594 0.1 mg mL<sup>-1</sup> RNase). Cell lysis involved three cycles of freezing/thawing in liquid N<sub>2</sub>, and the  
595 supernatant was recovered by centrifugation (29,080 × g, 10 mins, 4°C).

596

597 **H<sub>2</sub> production assays of activated hydrogenases.** The H<sub>2</sub> production assays followed established  
598 protocols with minor modifications<sup>76</sup>. In short, the [2Fe]<sub>H</sub> subsite mimic, (Et<sub>4</sub>N)<sub>2</sub>[Fe<sub>2</sub>( $\mu$ -  
599 SCH<sub>2</sub>NHCH<sub>2</sub>S)(CO)<sub>4</sub>(CN)<sub>2</sub>] ([2Fe]<sup>adt</sup>), was synthesised in accordance to previous protocols with  
600 minor modifications and verified by Fourier transform infrared (FTIR) spectroscopy (Li and  
601 Rauchfuss, 2002; Zaffaroni *et al.*, 2012). Incorporation of cofactor involved the addition of 100 µg of  
602 the [2Fe]<sup>adt</sup> subsite mimic (final concentration 80 µM) to 380 µL of the supernatant in potassium  
603 phosphate buffer (100 mM, pH 6.8) and 1 % (v/v) Triton X-100. The reaction mixture was  
604 anaerobically incubated at 20°C for 1-4 hr in a sealed vial. The non-purified lysate containing the  
605 [2Fe]<sup>adt</sup> subsite mimic was mixed with 200 µL of potassium phosphate buffer (100 mM, pH 6.8) with  
606 10 mM methyl viologen and 20 mM sodium dithionite. Reactions were incubated at 37°C for up to

607 120 mins. H<sub>2</sub> production was determined by analysing the reaction headspace after 15 mins using a  
608 PerkinElmer Clarus 500 gas chromatograph (GC) equipped with a thermal conductivity detector  
609 (TCD) and a stainless-steel column packed with Molecular Sieve (60/80 mesh). The operational  
610 temperatures of the injection port, oven, and detector were 100°C, 80°C, and 100°C, respectively.  
611 Argon was used as carrier gas at a flow rate of 35 mL min<sup>-1</sup>. The strain expressing prototypical  
612 CrHydA1<sup>76-80</sup> served as a positive control, while “Blank” denoted the same strain, but containing an  
613 empty vector that was also added with [2Fe]<sup>adt</sup>. Three biological replicates were run at varying times  
614 (1-4 hours) of incubating the cell lysates with the [2Fe]<sup>adt</sup> subsite mimic. Incubation time was not  
615 found to influence the observed H<sub>2</sub> production. Thus, variation in H-cluster formation rates did not  
616 appear to have a substantial influence on the outcome of the screening process.  
617

618 **Whole-cell EPR spectroscopy.** Samples for whole-cell electron paramagnetic resonance (EPR)  
619 spectroscopy were prepared following a previously published protocol with minor modifications<sup>76</sup>. The  
620 cell pellet from 80 mL cultures (see Protein expression and preparation) was resuspended in 1 mL  
621 M9 medium, flushed with N<sub>2</sub> gas for 10 mins, and mixed with a [2Fe]<sub>H</sub> subsite mimic that lacks the  
622 natural nitrogen bridgehead of [2Fe]<sup>adt</sup> to propane-1,3-dithiolate ([2Fe]<sup>pdt</sup>, (Et<sub>4</sub>N)<sub>2</sub>[Fe<sub>2</sub>(μ-  
623 SCH<sub>2</sub>CHCH<sub>2</sub>S)(CO)<sub>4</sub>(CN)<sub>2</sub>]. This alternative mimic was synthesised according to previous protocols  
624 with minor modifications and verified by FTIR spectroscopy<sup>78-80</sup>. The dense cell suspension was  
625 centrifuged, and the cell pellet was washed with 1 mL Tris-HCl buffer (100 mM Tris, 150 mM NaCl,  
626 pH 8.0) three times under anaerobic conditions. The cells were then resuspended with 200 μL Tris  
627 buffer pH 8.0 and transferred into EPR tubes. The tubes were capped and promptly frozen in liquid  
628 N<sub>2</sub>. Measurements were performed on a Bruker ELEXYS E500 spectrometer using an ER049X  
629 SuperX microwave bridge in a Bruker SHQ0601 cavity equipped with an Oxford Instruments  
630 continuous flow cryostat and using an ITC 503 temperature controller (Oxford Instruments).  
631

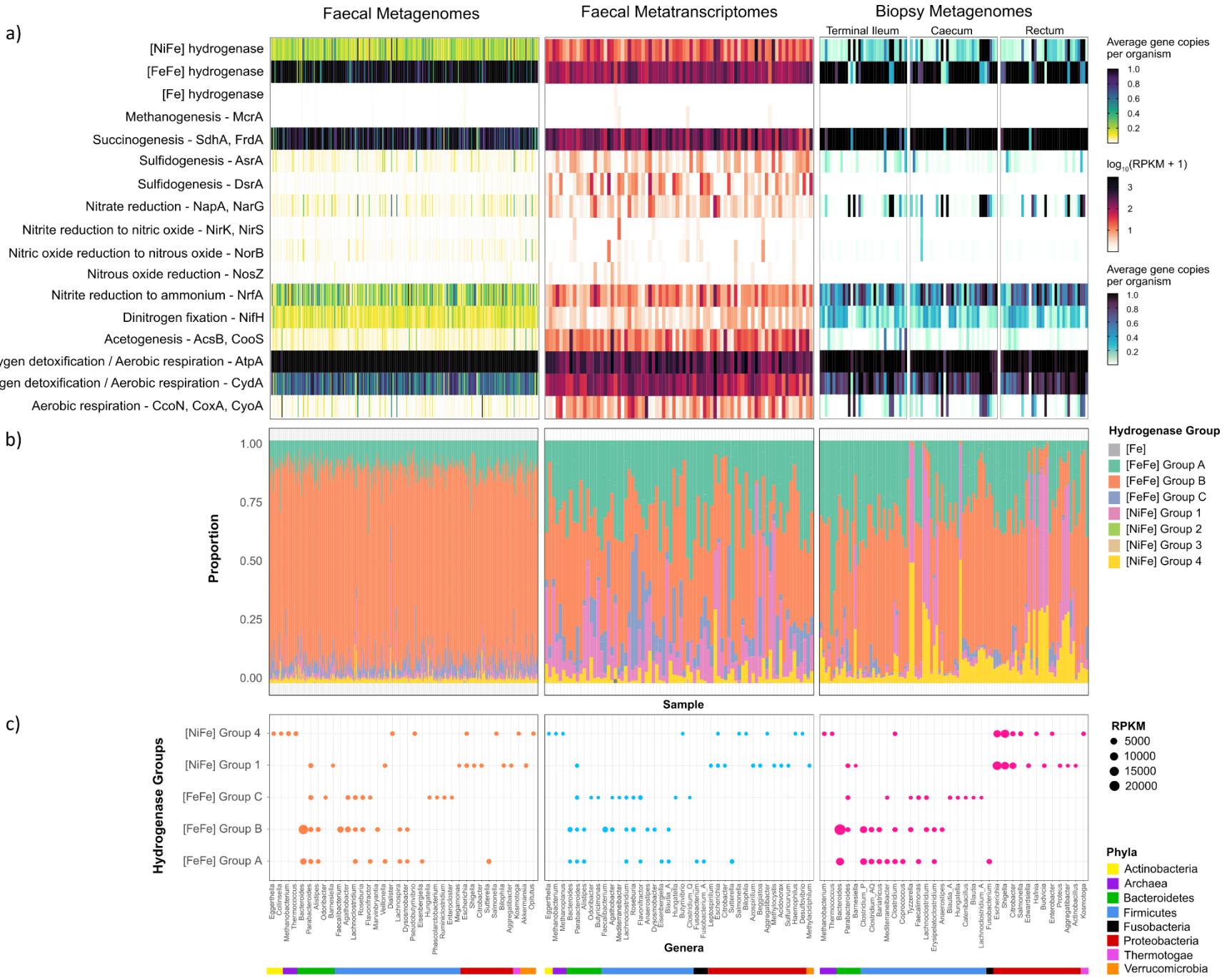
### 632 **Metagenomic analyses across health status**

633 To assess the distribution of hydrogenases across health status, we used a previously curated and  
634 quality controlled dataset containing 1661 metagenomes from 33 studies<sup>55</sup>. The dataset  
635 encompassed 871 healthy and 790 diseased individuals, including 11 chronic disease phenotypes.  
636 Quality control was performed with TrimGalore v.0.6.6<sup>111</sup> using a threshold of 80 bp for read length  
637 and minimum Phred score of 25. Host sequence reads were removed by mapping the sequence  
638 reads to the human genome with bowtie v.2.3.552<sup>112</sup>. To minimize the impact of sequence depth,  
639 samples were rarefied to 15M reads with seqtk v.1.3<sup>113</sup>, as previously described<sup>55</sup>. Forward reads  
640 were mapped to a dataset of hydrogenase and ribosomal RNA sequences with DIAMOND v2.0<sup>93</sup>.  
641 as described above. Alignments were filtered to a minimum length of 26 amino acids, subject to  
642 identity threshold filtering, and normalized to gene copy per organism as described above. The  
643 largest case-control IBD-related study within this dataset<sup>88</sup> was selected to investigate the  
644 distribution of hydrogenase subgroups between healthy and disease-associated microbiomes, which

645 included 46 patients with Crohn's disease and 38 healthy controls. Statistical significance was  
646 assessed with Wilcoxon tests, using the Holm–Bonferroni method to account for multiple  
647 comparisons across disease states.

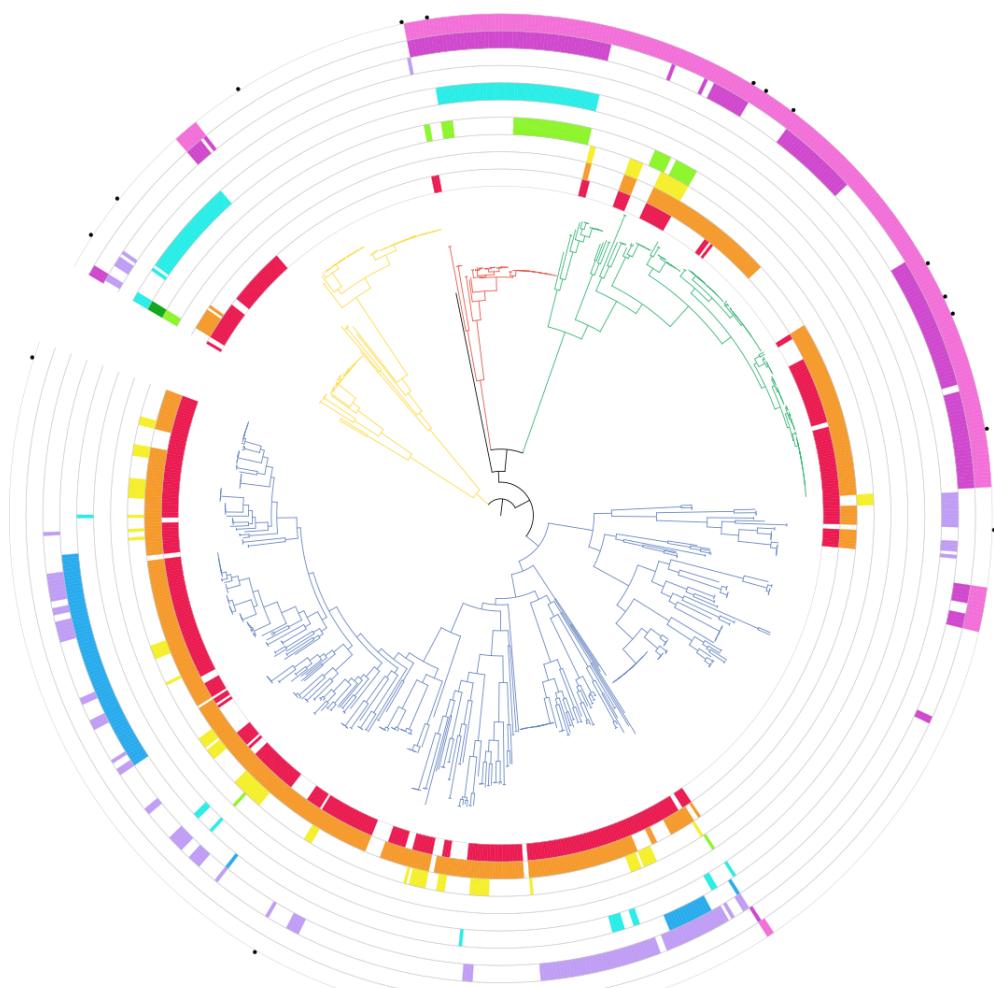
## 648 **Figures**

649 **Figure 1. Abundance, expression, and distribution of hydrogenases and H<sub>2</sub>-related metabolic**  
650 **genes throughout the human gut. (a)** Abundance and expression of the genes encoding the  
651 catalytic subunits of the three types of hydrogenases and the terminal reductases known to use H<sub>2</sub>-  
652 derived electrons in faecal metagenomes (left;  $n = 300$ ), faecal metatranscriptomes (middle;  $n = 78$ ),  
653 and biopsy enrichment metagenomes (right;  $n = 102$ ). These results summarise homology-based  
654 searches against comprehensive reference databases and are shown in average gene copies per  
655 organism (normalised to a set of universal single-copy ribosomal genes) for metagenomes and  
656 RPKM for metatranscriptomes. **(b)** Proportion of each hydrogenase group present in each sample  
657 per dataset. **(c)** Top genera predicted to encode or express hydrogenases for each dataset. The top  
658 10 most abundant genera are included, for the five most abundant gut hydrogenase lineages,  
659 expressed in RPKM.



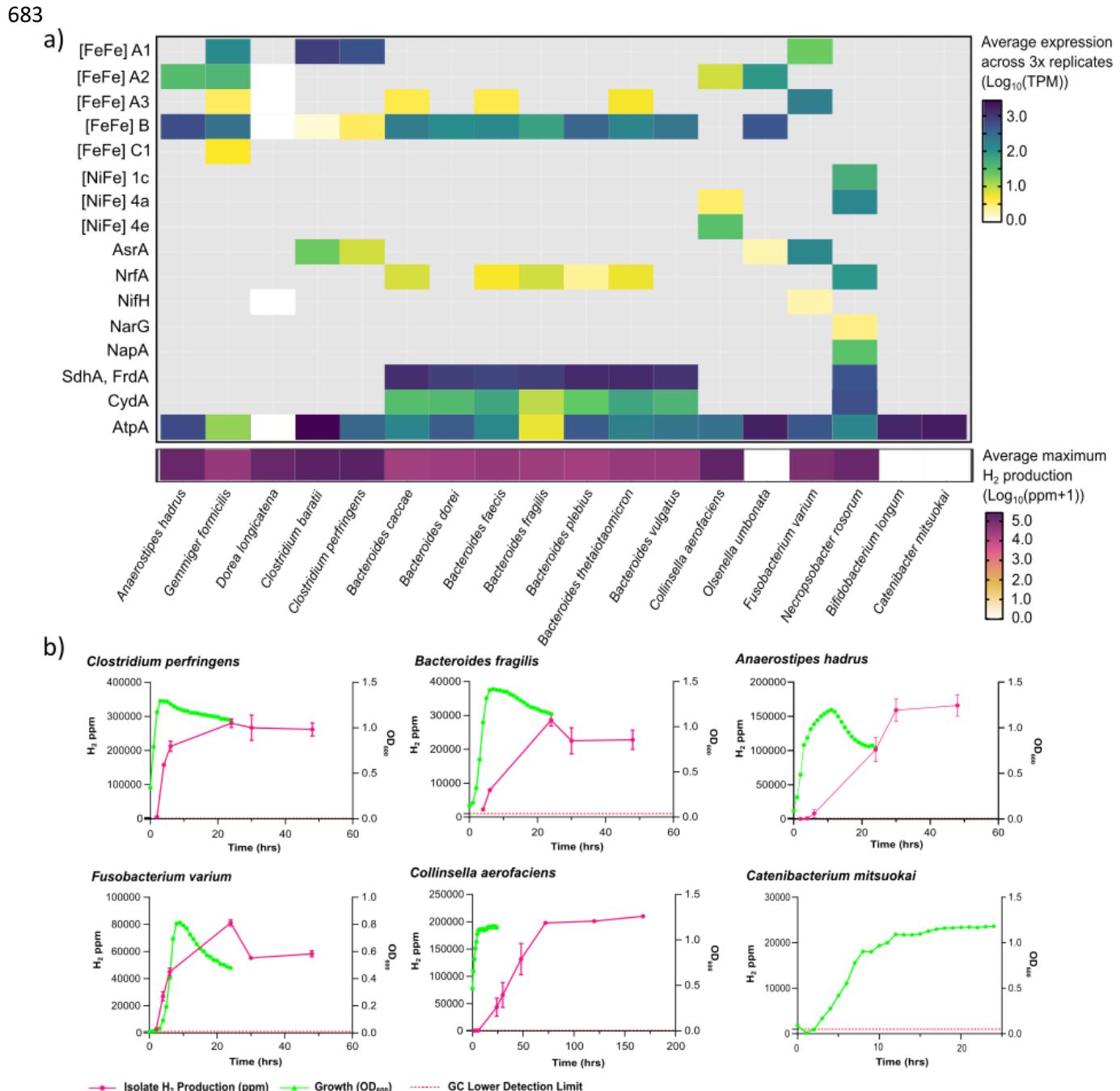
661 **Figure 2. Phylogenomic tree showing distribution of hydrogenases among 812 bacterial**  
662 **isolates from the human gut.** Isolates are from the five dominant phyla within the human gut  
663 with branch colours showing their phylum-level taxonomy. Isolates were shown to encode the  
664 catalytic subunit genes coding for the major groups of gut hydrogenases and the terminal  
665 reductases associated with methanogenesis, acetogenesis, sulfidogenesis, nitrate reduction,  
666 or succinogenesis (coloured rings). The tree was generated using approximately-maximum-  
667 likelihood estimation, Jukes-Cantor model (via FastTree) and the standardised 'bac120'  
668 phylogenetic analysis (via GTDB-Tk) and was midpoint rooted. Results are based on  
669 homology-based searches against comprehensive reference databases. Specific isolates  
670 were selected for further analysis, including culture-based activity measurements and  
671 transcriptome studies (black dots). Tree scale represents branch length of the tree, as  
672 calculated by number of base substitutions per base position.

Tree scale: 0.1



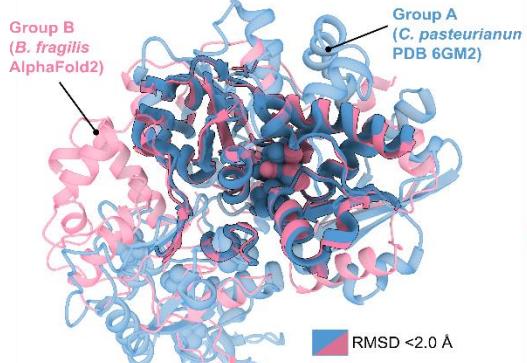
Phyla	Genes
Proteobacteria	[FeFe] Group A
Bacteroidetes	[FeFe] Group B
Firmicutes	[FeFe] Group C
Actinobacteria	[NiFe] Group 1
Fusobacteria	[NiFe] Group 3
	[NiFe] Group 4
	acsB (Acetogenesis)
	asrA / dsrA (Sulfidogenesis)
	napA / narG / nrfA (Nitrate reduction)
	sdhA / frdA (Succinate oxidation / Fumarate reduction)

673 **Figure 3. Hydrogenase expression and activity across 18 bacterial gut isolates. (a)** The  
 674 heatmap showing the average expression levels in transcripts per million (TPM) of the catalytic  
 675 subunit genes for hydrogenases and the terminal reductases associated with sulfidogenesis,  
 676 succinogenesis, nitrate reduction, and aerobic respiration. The bottom row shows the average  
 677 maximum  $H_2$  production for each isolate. In both heatmaps, results show means from  
 678 biologically independent triplicates. *B. longum* and *C. mitsuokai* do not encode hydrogenases  
 679 and so are used as negative controls. **(b)** Bacterial growth measured by optical density ( $OD_{600}$ ,  
 680 green lines) and  $H_2$  production (ppm; red lines), of representative isolates from chosen phyla  
 681 over 24–168-hour periods ( $n = 3$ , mean  $\pm$  SEM), where the lower detection threshold of the  
 682 gas chromatograph is 1000 ppm (dashed red line).

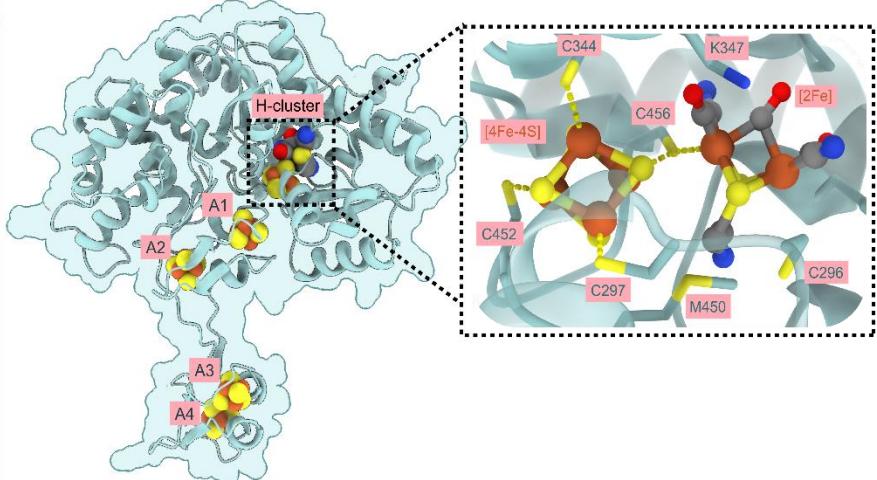


684 **Figure 4. Metabolic integration, predicted structure, and biochemical activity of the**  
685 **group B [FeFe]-hydrogenases from *Bacteroides*.** **(a)** A superposition of representative  
686 structures of the group A [FeFe]-hydrogenase (*Clostridium pasteurianum* Cpl; X-ray  
687 crystallography; PDB: 6GM2<sup>71</sup>) and the group B [FeFe]-hydrogenase (*Bacteroides fragilis*;  
688 AlphaFold2). Portions where the two [FeFe]-hydrogenase groups show structural similarity  
689 (where RMSD <2 Å) are highlighted in bold and black outline. Divergence between the two  
690 structures (RMSD >2 Å) is depicted as transparent with no outline. RMSD: root mean square  
691 deviation. **(b)** Top-ranked predicted protein structure (AlphaFold2) of the *B. fragilis* group B  
692 [FeFe]-hydrogenase with putative [FeFe]-hydrogenase cofactors modelled. The predicted H-  
693 cluster site is shown in focus with conserved residues coordinating with the H-cluster labelled  
694 in green. Four iron-sulfur clusters are predicted to coordinate with conserved cysteines  
695 throughout the protein, labelled A1 to A4. **(c)** H<sub>2</sub> production (measured by GC) monitored from  
696 cell lysates activated by addition of [2Fe]<sup>adt</sup>. Results are shown for the group B [FeFe]-  
697 hydrogenases of *B. fragilis*, *B. vulgatus*, and *B. thetaiotaomicron*, as well as the group A3  
698 [FeFe]-hydrogenase of *B. thetaiotaomicron*. Activities were normalised for number of cells  
699 used (nmol H<sub>2</sub> min<sup>-1</sup> OD<sub>600</sub><sup>-1</sup>) and error bars reflect standard deviation from biological triplicates.  
700 All enzymes were expressed in *E. coli* BL21(DE3) cells. The strain expressing the prototypical  
701 group A1 [FeFe]-hydrogenase from *Chlamydomonas reinhardtii* (CrHydA1) was used as a  
702 positive control, while “Blank” represents the same strain but containing an empty vector that  
703 was also added with [2Fe]<sup>adt</sup>. **(d)** X-band EPR spectra recorded of cells expressing the *B.*  
704 *fragilis* group B [FeFe]-hydrogenase and empty vector BL21(DE3) control cells following  
705 anaerobic incubation with [2Fe]<sup>pdt</sup>. A distinct partial rhombic EPR signal attributable to the H<sub>ox</sub>  
706 state of the H-cluster with the first two g-values ( $g_1 = 2.101$ ,  $g_2 = 2.053$ ) observable in [2Fe]<sup>pdt</sup>  
707 -treated hydrogenase-expressing cells, while the third g-value is not discernible due to signal  
708 overlap with cell background (see also Supplementary Note 1). EPR spectra were recorded at  
709 20 K, 64 µW microwave power, and at a microwave frequency of 9.36 GHz. **(e)** Summary of  
710 the expression levels of fermentation genes in seven enteric *Bacteroides* isolates, including  
711 the group B and group A3 [FeFe]-hydrogenases. Expression is shown as TPM in boxes in the  
712 order of *B. caccae*, *B. faecis*, *B. fragilis*, *B. thetaiotaomicron*, *B. dorei*, *B. plebius*, and *B.*  
713 *vulgatus* under each relevant gene. Grey boxes indicate the gene is neither encoded nor  
714 expressed.

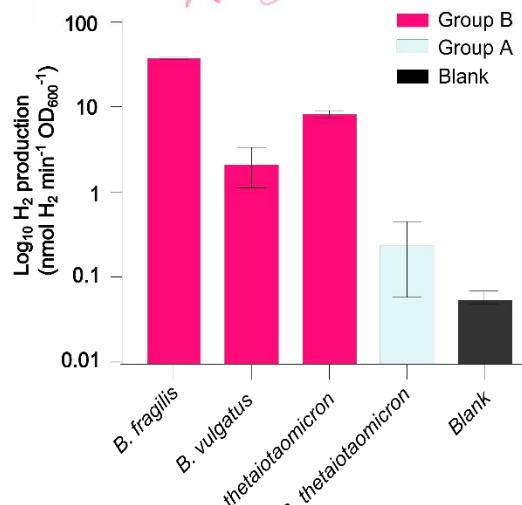
715  
a)



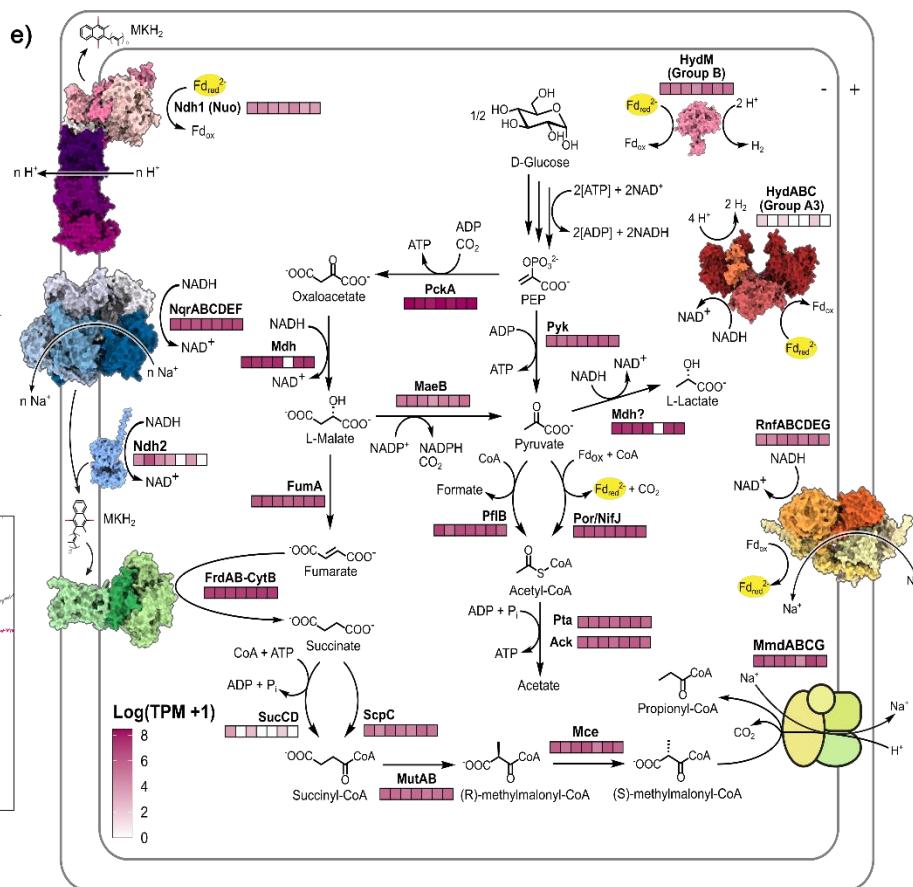
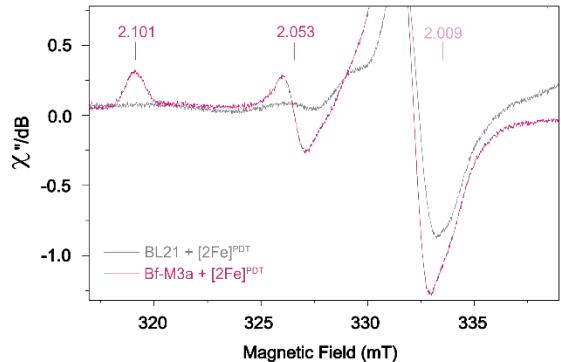
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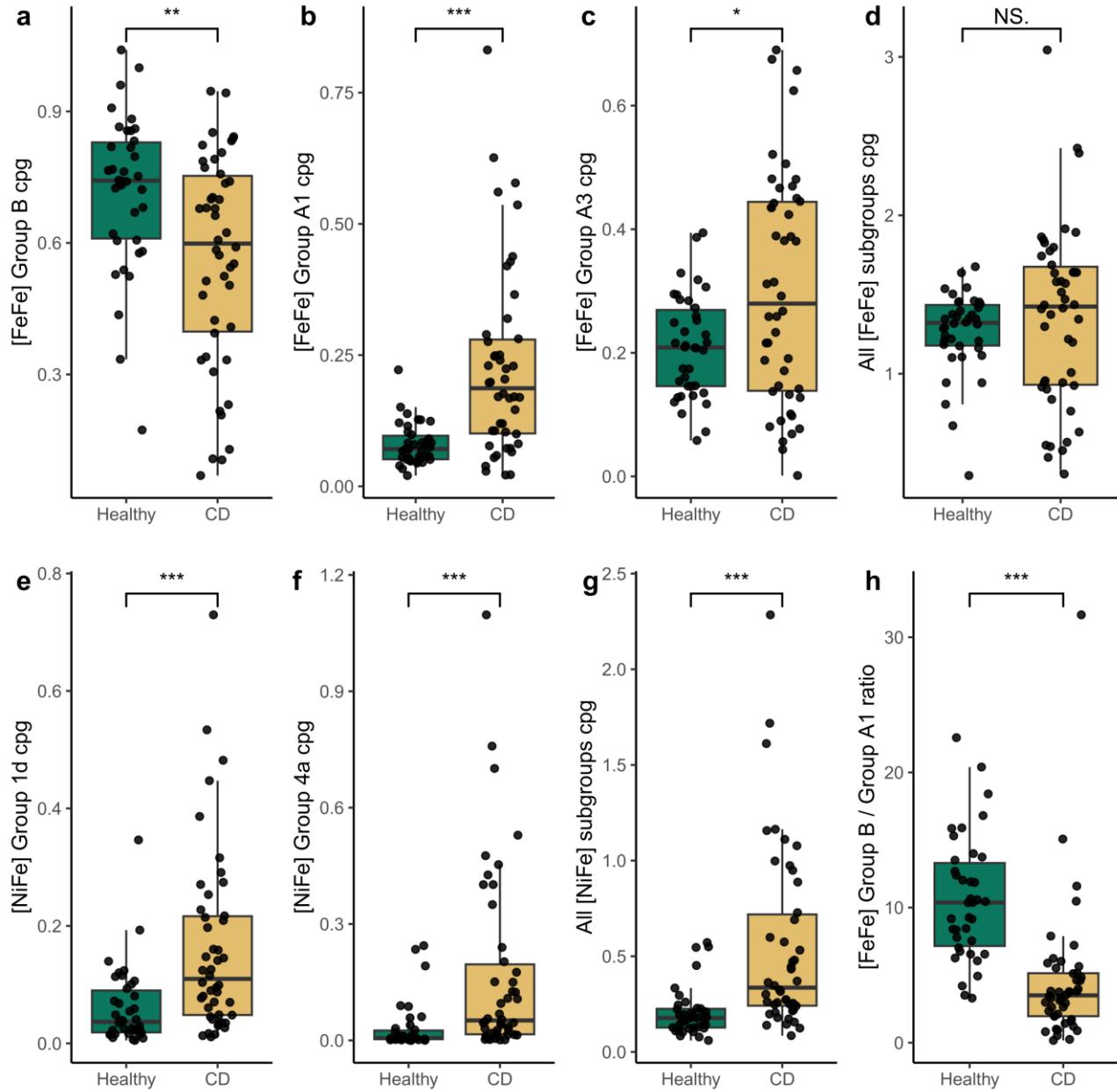


d)



716 **Figure 5. Comparison of hydrogenase gene levels in healthy individuals compared to Crohn's**  
717 **disease (CD) patients in a case-control study.** Sum of counts per genome are shown for **(a)** group  
718 B [FeFe]-hydrogenases, **(b)** group A1 [FeFe]-hydrogenases, **(c)** group A3 [FeFe]-hydrogenases, **(d)**  
719 all [FeFe]-hydrogenase subgroups, **(e)** group 1d [NiFe]-hydrogenases, **(f)** group 4a [NiFe]-  
720 hydrogenases, and **(g)** all [NiFe]-hydrogenase subgroups. Also shown is **(h)** the ratio of group B to  
721 group A1 [FeFe]-hydrogenases. Statistical significance was assessed with Wilcoxon tests, where \*  
722  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ . Box plots show median (centre line), upper and lower quartiles  
723 (box limits),  $1.5 \times$  interquartile range (whiskers), and individual samples. n = 46 Crohn's disease  
724 patients, n = 38 healthy controls.

725



726

## 727 Footnotes

728 **Acknowledgements:** This study was supported by an NHMRC EL2 Fellowship (APP1178715;  
729 to C.G.) and an Australian Government Research Training Scholarship (to C. W.). R.L. and  
730 V.R.M are supported by ARC DECRA Fellowships (DE230100542 and DE220100965). D.L. is  
731 supported by Australian Research Council Laureate Fellowship (FL210100258).

732

733 **Author contributions:** C.G., C.W., S.C.F., D.L., P.W., H.R.G., and J.R. conceptualised this  
734 study. C.G., S.C.F., D.L., C.W., R.L., T.D.W., and G.B. supervised students. C.G., C.W.,  
735 S.C.F., G.B., R.L., and T.D.W. designed experiments. C.W. conducted most experiments and  
736 analysed most data. Specific authors contributed to metagenomic screening (C.W., C.G.,  
737 R.L.), genomic screening (C.W., S.C.F., E.L.G.), biopsy metagenome collection (G.D.A.,  
738 E.M.G., S.C.F., R.B.Y.), culture-based gas assays (C.W., N.Q.D., N.B., J.S, E.L.G., S.C.F.,  
739 C.G.), transcriptomics (C.W., D.J.K., J.A.G., S.C.F., T.D.W., C.G.), biochemical  
740 characterisation (P.C., G.B., P.H., K.W., C.G.), structural modelling (J.L., C.G., D.J.K.), and  
741 analyses of disease states (V.R.M., C.G., C.W., S.C.F., R.B.Y.). C.W., C.G., T.D.W., and R.L.  
742 wrote the paper with input from all authors.

743

744 **Data availability:** The new metagenomes, genomes, and transcriptomes analysed in this  
745 study will be available prior to publication.

746

747 **Conflict of interest statement:** The authors declare no conflicts of interest.

## 748 **Supplementary information**

### 749 **Supplementary Note 1. EPR characteristics of the *Bacteroides* [FeFe]-hydrogenases.**

750 The [2Fe]<sup>pdt</sup> cofactor mimic lacks the nitrogen bridgehead of [2Fe]<sup>adt</sup>, hampering catalysis and  
751 promoting the build-up of the EPR-active H-cluster resting state, H<sub>ox</sub>. The [2Fe]<sup>pdt</sup>-treated whole  
752 cells expressing the *B. fragilis* group B [FeFe]-hydrogenase showed a partial rhombic signal  
753 for H<sub>ox</sub>-like state, with the first two g-values in good agreement with previously reported [FeFe]-  
754 hydrogenases, typically with values above  $g = 2$  (see **Table S6**). The third g-value is  
755 theoretically positioned at around 2.010-2.009, but it cannot be distinctly resolved due to strong  
756 overlap with BL21(DE3) cell background signals. Whole-cell samples of the *B.*  
757 *thetaiotaomicron* group B [FeFe]-hydrogenase, the second most active gut hydrogenase in the  
758 activity screening, did not exhibit clear H-cluster signals when incubated with [2Fe]<sup>pdt</sup> and  
759 exhibited a spectrum equivalent to that of BL21(DE3) cells not expressing any [FeFe]-  
760 hydrogenase (data not shown). The absence of any discernible EPR signal attributable to the  
761 H-cluster in these samples is potentially due to the formation of thermodynamically favourable  
762 H-cluster states that are EPR-silent, but is more likely due to the low solubility and thereby low  
763 concentration of holo-enzyme in the whole-cell mixture.

764

765 **Table S1 (xlsx).** Abundance, expression, and origin of hydrogenases and associated genes  
766 in stool metagenomes, stool metatranscriptomes, and biopsy metagenomes.

767

768 **Table S2 (xlsx).** Taxonomy and metabolic capabilities of the 812 sequenced human gut  
769 isolates from the Australian Microbiome Culture Collection (AusMiCC).

770 **Table S3.** Taxonomy and hydrogenase content of the 19 gut isolates from Australian  
771 Microbiome Culture Collection (AusMiCC) used for growth, gas, and transcriptome analyses.  
772

Species	Strain	Hydrogenase subgroup
<i>Clostridium perfringens</i>	CC01445	Group B [FeFe]-hydrogenase Group B [FeFe]-hydrogenase Group A1 [FeFe]-hydrogenase Group A1 [FeFe]-hydrogenase
<i>Clostridium baratii</i>	CC01452	Group B [FeFe]-hydrogenase Group A1 [FeFe]-hydrogenase
<i>Fusobacterium varium</i>	CC01421	Group A1 [FeFe]-hydrogenase Group A1 [FeFe]-hydrogenase Group A3 [FeFe]-hydrogenase
<i>Necropsobacter rosorum</i>	CC01403	Group 1c [NiFe]-hydrogenase Group 4a [NiFe]-hydrogenase
<i>Bacteroides caccae</i>	CC01389	Group B [FeFe]-hydrogenase Group A3 [FeFe]-hydrogenase
<i>Bacteroides thetaiotaomicron</i>	CC00765	Group B [FeFe]-hydrogenase Group A3 [FeFe]-hydrogenase
<i>Bacteroides dorei</i>	CC01440	Group B [FeFe]-hydrogenase
<i>Bacteroides faecis</i>	CC01412	Group B [FeFe]-hydrogenase Group A3 [FeFe]-hydrogenase
<i>Bacteroides vulgatus</i>	CC01422	Group B [FeFe]-hydrogenase
<i>Bacteroides fragilis</i>	CC01400	Group B [FeFe]-hydrogenase
<i>Bacteroides plebius</i>	CC01397	Group B [FeFe]-hydrogenase
<i>Gemmiger formicilis</i>	CC00311	Group B [FeFe]-hydrogenase Group A1 [FeFe]-hydrogenase Group A2 [FeFe]-hydrogenase
<i>Dorea longicatena</i>	CC00515	Group B [FeFe]-hydrogenase Group A2 [FeFe]-hydrogenase
<i>Anaerostipes hadrus</i>	CC00501	Group B [FeFe]-hydrogenase Group B [FeFe]-hydrogenase Group A2 [FeFe]-hydrogenase
<i>Olsenella umbonata</i>	CC00540	Group B [FeFe]-hydrogenase Group A2 [FeFe]-hydrogenase
<i>Collinsella aerofaciens</i>	CC00529	Group 4a [NiFe]-hydrogenase Group 4e [NiFe]-hydrogenase Group A2 [FeFe]-hydrogenase
<i>Bifidobacterium longum</i>	CC00565	None
<i>Catenibacterium mitsuokai</i>	CC00599	None
<i>Bacteroides stercoris</i>	CC00654	None

773

774 **Table S4 (xlsx).** Annotated transcriptomes of the 18 gut isolates.

775

776 **Table S5.** Features and activities of the [FeFe]-hydrogenases heterologously expressed and  
777 semisynthetically matured in *E. coli*.

778

Group	Subclass	Species	[FeS] Architecture	Size (kDa)	% Activity*
B	M3a	<i>Bacteroides fragilis</i> (Bf)	3 x [4Fe-4S], 1 x [2Fe-2S]	55	34 ± 6
B	M3a	<i>Bacteroides vulgatus</i> (Bv)	3 x [4Fe-4S], 1 x [2Fe-2S]	65	1.9 ± 0.3
B	M3a	<i>Bacteroides thetaiotaomicron</i> (Bt)	3 x [4Fe-4S], 1 x [2Fe-2S]	55	7.6 ± 1.3
A3	M3	<i>Bacteroides thetaiotaomicron</i> (Bt)	3 x [4Fe-4S], 1 x [2Fe-2S]	65	0.22 ± 0.04

779 \* with respect to the H<sub>2</sub> evolution rates of the *Chlamydomonas reinhardtii* group A1 [FeFe]-  
780 hydrogenase (CrHydA1).

781

782 **Table S6.** Previously reported *g*-values for [FeFe]-hydrogenases matured with [2Fe]<sup>pdt</sup>, i.e. H<sub>ox</sub>-  
783 [2Fe]<sup>pdt</sup> state.

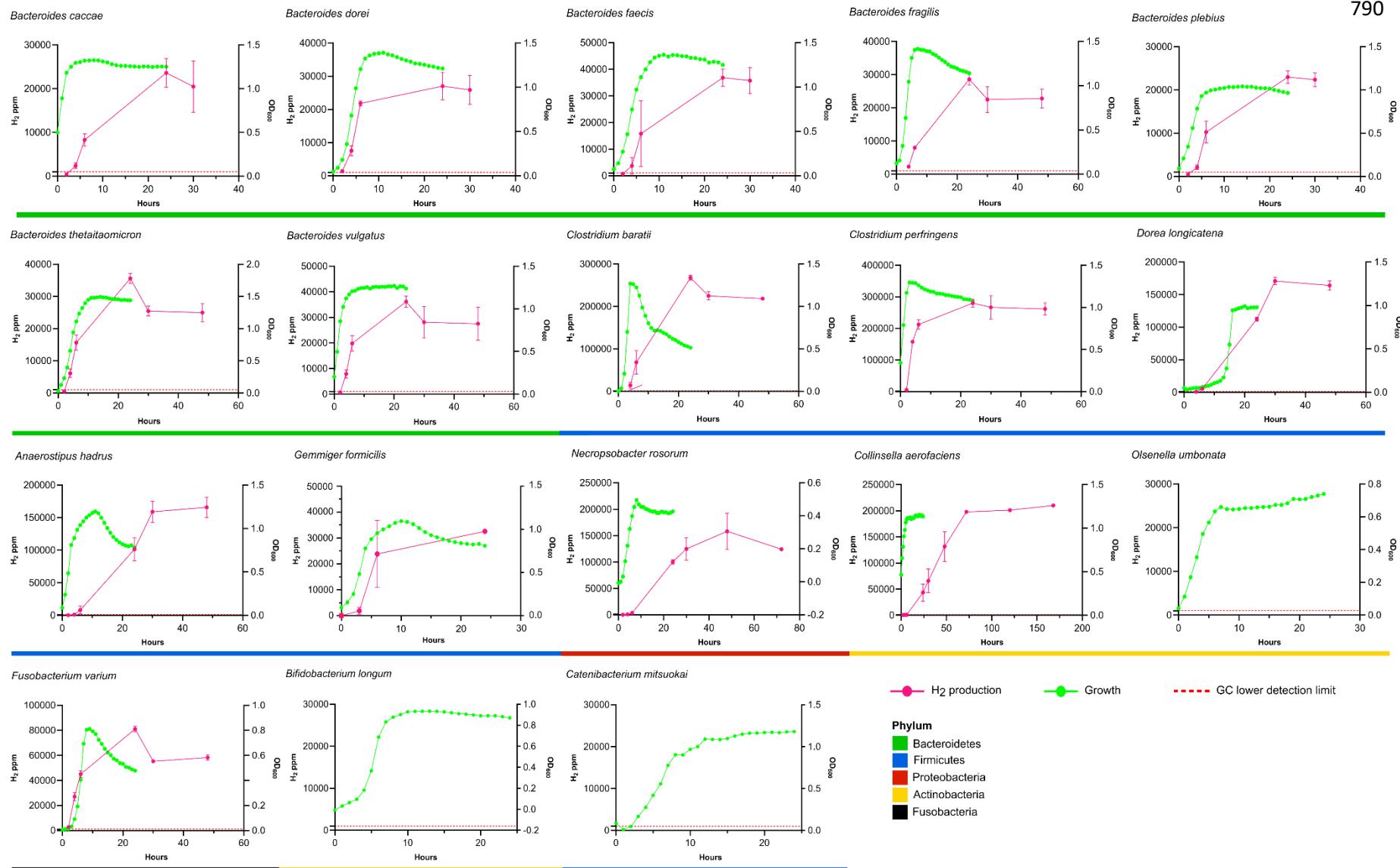
Group	Subclass	Species	<i>g</i> <sub>1</sub>	<i>g</i> <sub>2</sub>	<i>g</i> <sub>3</sub>
A1	M1	<i>Chlamydomonas reinhardtii</i> (CrHydA1) <sup>14</sup>	2.094	2.039	1.998
A1	M3	<i>Clostridium pasteurianum</i> (Cpl) <sup>15</sup>	2.092	2.039	2.000
A1	M2	<i>Solobacterium moorei</i> (SmHydA) <sup>4</sup>	2.100	2.040	2.010
A1	M2	<i>Desulfovibrio desulfuricans</i> (DdH) <sup>16</sup>	2.095	2.041	1.998
B	M3a	<i>Bacteroides fragilis</i> (BfHydM, this study)	<b>2.101</b>	<b>2.053</b>	<b>Not detected</b>
C	M2f	<i>Thermotoga maritima</i> (TmHydS) <sup>17</sup>	2.108	2.043	2.000
D	M2e	<i>Thermoanaerobacter mathranii</i> (TamHydS) <sup>4</sup>	2.106	2.051	2.010

784

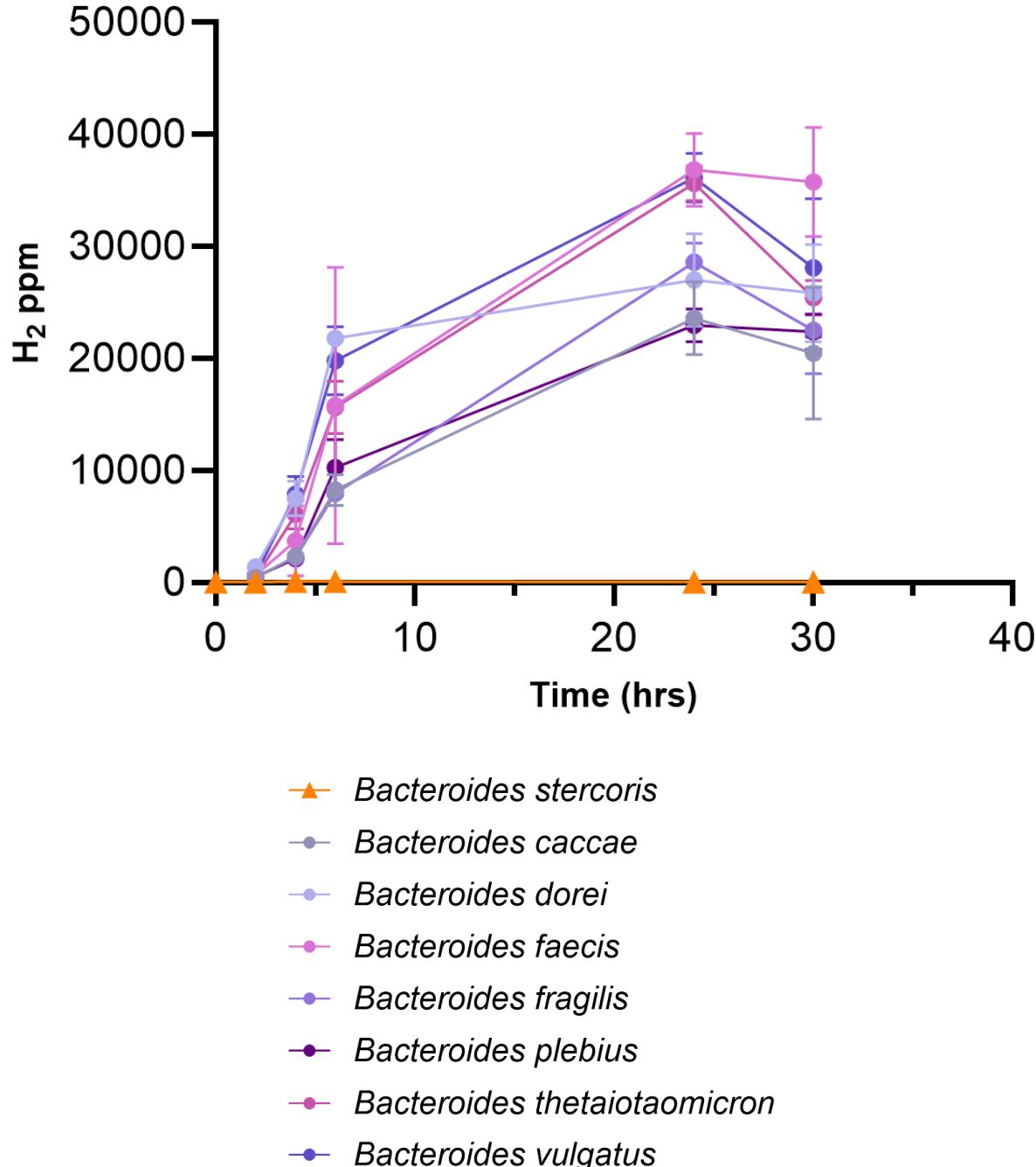
785 **Table S7 (xlsx).** Hydrogenase levels in the stool metagenomes of healthy individuals  
786 compared to those with chronic disease states.

787

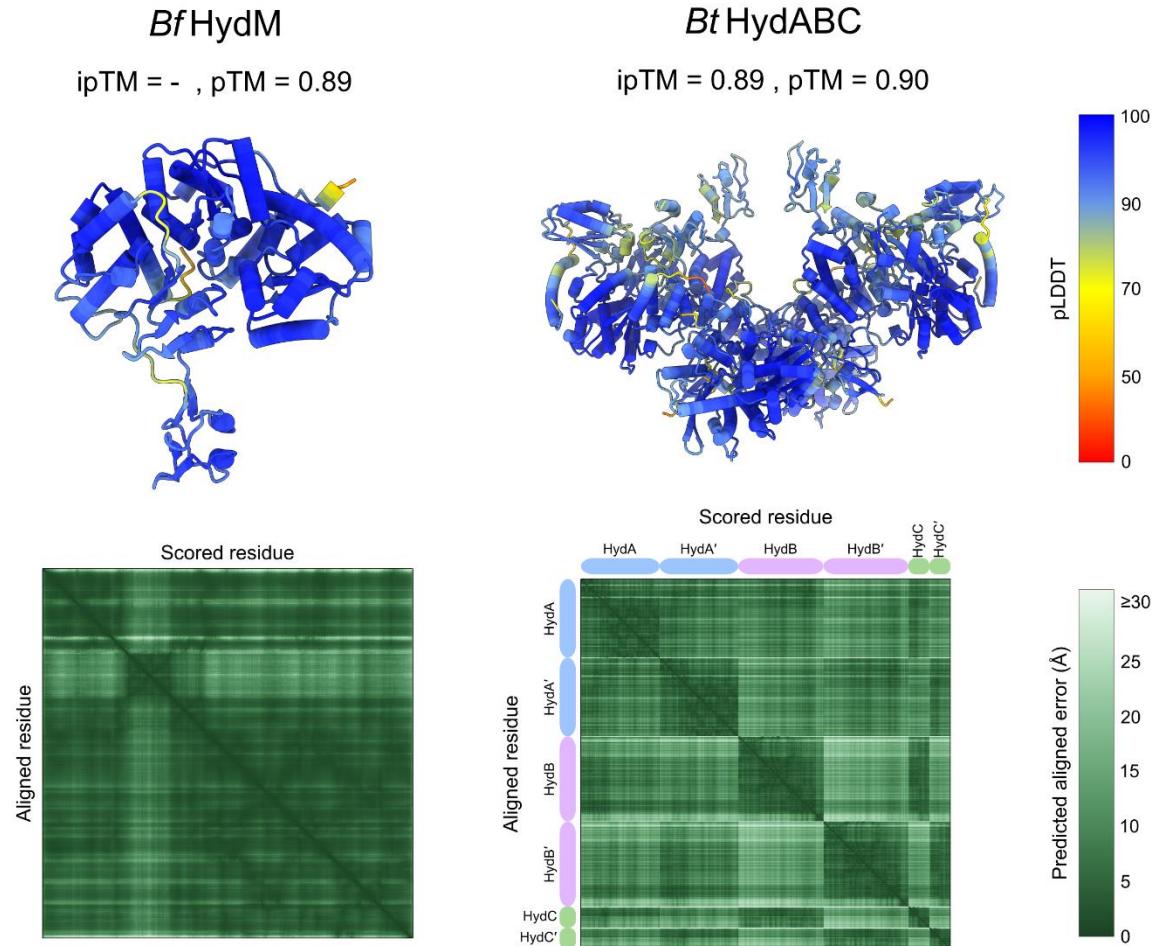
788

**Figure S1. Comparison of the growth and H<sub>2</sub> production of the 18 human gut isolates.**

791 **Figure S2. Comparison of H<sub>2</sub> production activities in *Bacteroides* strains containing and**  
792 **lacking group B [FeFe]-hydrogenases.** The *B. stercoris* strain lacks group B [FeFe]-  
793 hydrogenases, whereas the other strains encode and express them.

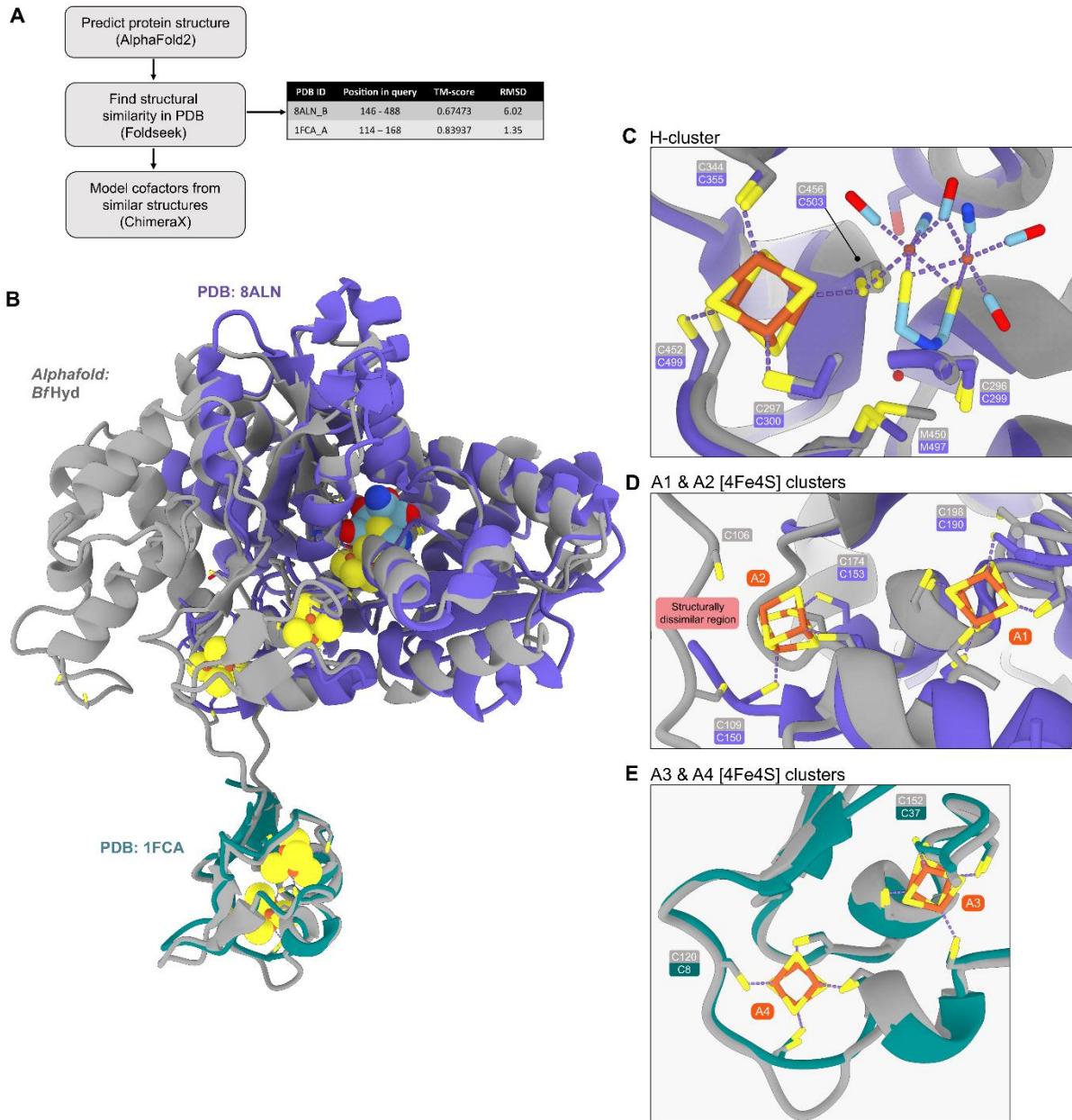


796 **Figure S3. AlphaFold2 predicted protein structures.** AlphaFold2 confidence scores for the  
797 two protein models made in this study. The top ranked model is shown and coloured according  
798 to their predicted local distance difference test (pLDDT) score, and their corresponding  
799 predicted aligned error (PAE) plots shown below. Portions of the *Bt*HydABC PAE plot axis are  
800 labelled according to their subunit identities. PAE plots were generated using PAE Viewer web  
801 server<sup>114</sup>. ipTM: interface predicted template modelling score. pTM: predicted template  
802 modelling score.



803

804 **Figure S4. Process for modelling putative cofactors into the predicted structure of the**  
805 ***B. fragilis* group B [FeFe]-hydrogenase predicted structure. (a)** Overview of strategy used  
806 for modelling cofactors into apo *Bf*HydM. Experimental structures chosen from FoldSeek  
807 output summarised on the right with their corresponding positional overlap and structural  
808 overlap (TM-score and RMSD). **(b)** Superposition of apo *Bf*HydM against overlapping portions  
809 of experimental structures chosen from FoldSeek. The PDBs were chosen to act as a template  
810 for cofactor modelling based on their (i) presence of experimentally observed cofactors and (ii)  
811 structural similarity to portions of apo *Bf*HydM, especially at conserved cysteine residues. **(c)**  
812 the putative H-cluster pocket in *Bf*HydM is highly similar to the structural architecture of that  
813 seen in the group A1 [FeFe]-hydrogenase of *Clostridium pasteurianum* (*Cpl*; PDB: 8ALN<sup>108</sup>).  
814 Conserved H-cluster binding residues between the two structures overlay near identically,  
815 allowing for minimal manual repositioning of the H-cluster into *Bf*HydM. **(d)** Putative iron-sulfur  
816 cluster pockets (A1 and A2) in *Bf*HydM share some structural similarity to those seen in group  
817 A1 [FeFe]-hydrogenase from *Cpl*, but with larger divergence compared to the aforementioned  
818 H-cluster. The iron-sulfur clusters required manual repositioning to coordinate with the  
819 cysteines and bond lengths were checked as being biochemically reasonable in the UCSF  
820 ChimeraX software. **(e)** Putative iron-sulfur cluster pockets (A3 and A4) in *Bf*HydM share near  
821 identical structural similarity to those seen in *Cpl*. Iron-sulfur clusters were transposed into  
822 *Bf*HydM without any manual repositioning from their relative positions observed in the *Cpl*  
823 structure.



825 **Figure S5. AlphaFold2 structural predictions of group B [FeFe]-hydrogenases from the**  
826 ***Bacteroides*. (a)** Sequence conservation of Group B [FeFe]-hydrogenase homologs between

827 *Bacteroides fragilis*, *Bacteroides thetaiotaomicron*, and *Bacteroides vulgatus*. Multiple

828 sequence alignment was performed with ClustalO v1.2.4 and visualised with the ESPript 3.0

829 web server<sup>115,116</sup>. **(b)** Top-ranked AlphaFold2 models of the *B. thetaiotaomicron* and *B.*

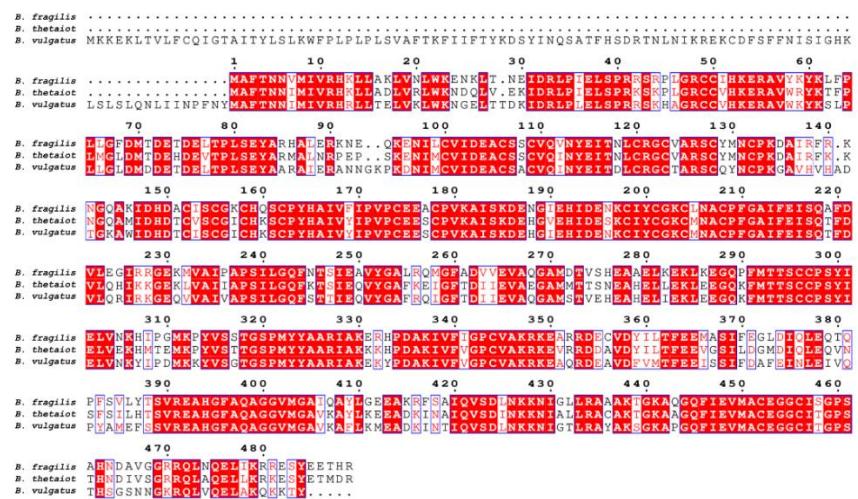
830 *vulgatus* group B [FeFe]-hydrogenase, coloured by pLDDT. The low pLDDT scoring N-term

831 portion of *BvHyd* is possibly an intrinsically disordered domain. **(c)** Superposition of all three

832 *Bacteroides* Group B [FeFe]-hydrogenases showing overall structural conservation, except for

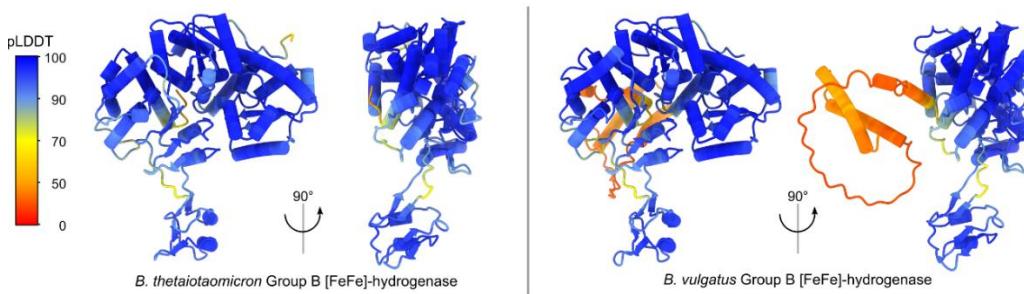
833 the N-terminal portion of *BvHydM* which is predicted to be largely disordered.

**A**

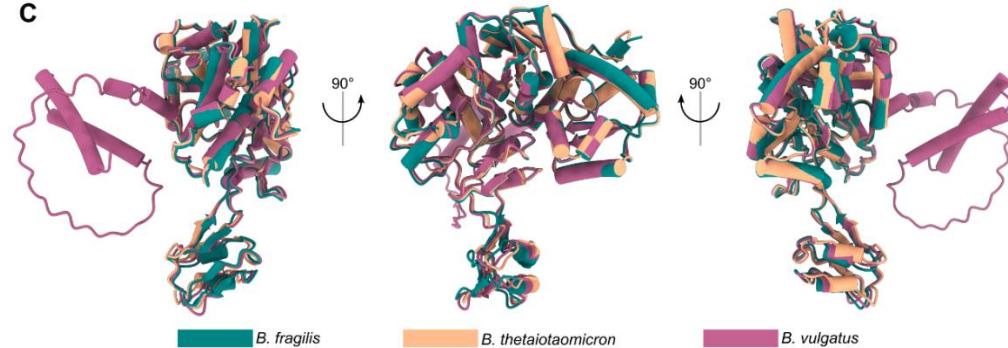


**B**

ColabFold v 1.5.2 settings: templates=false, MSA=MMseqs2 (UniRef+Environmental), recycles=3



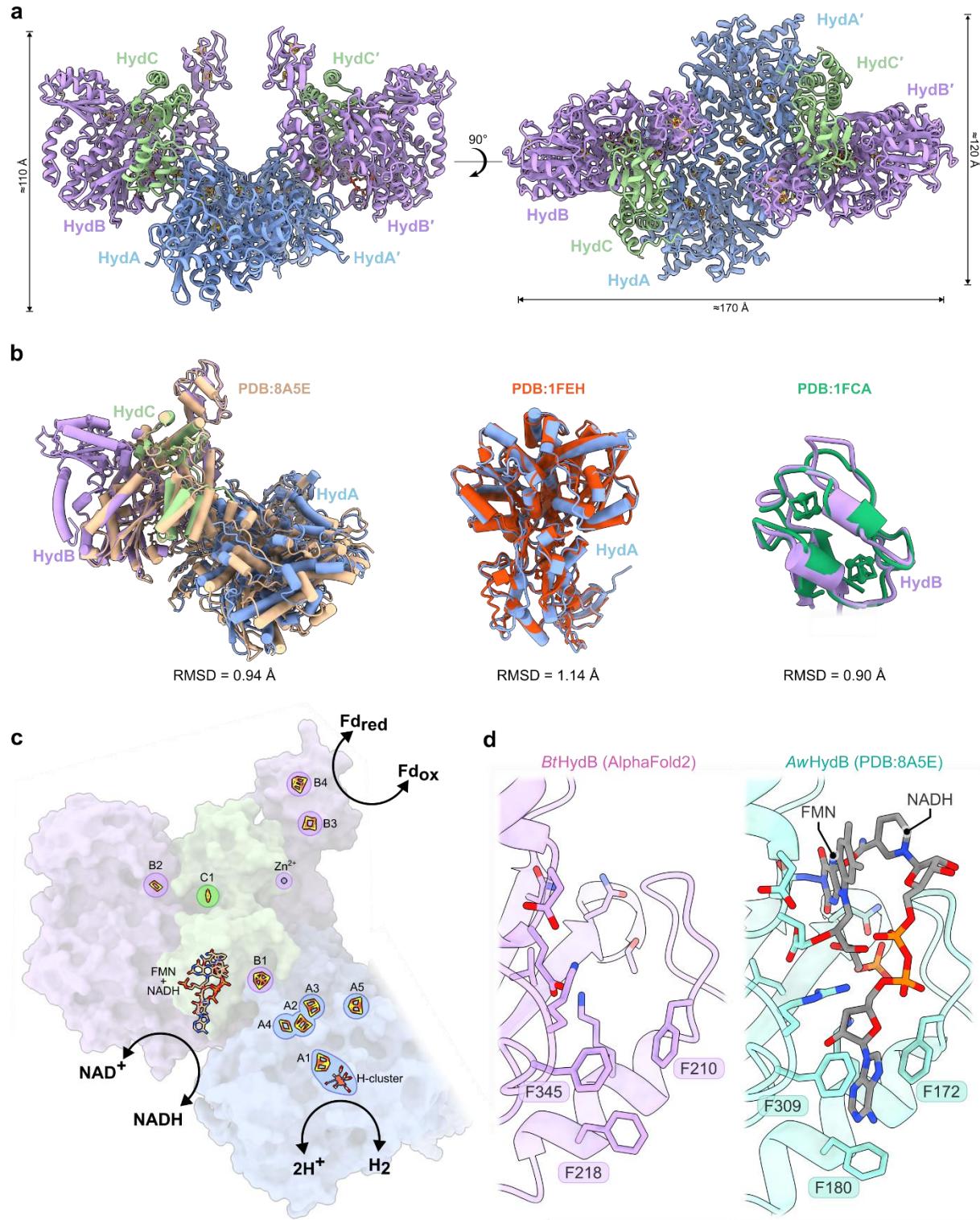
**C**



834

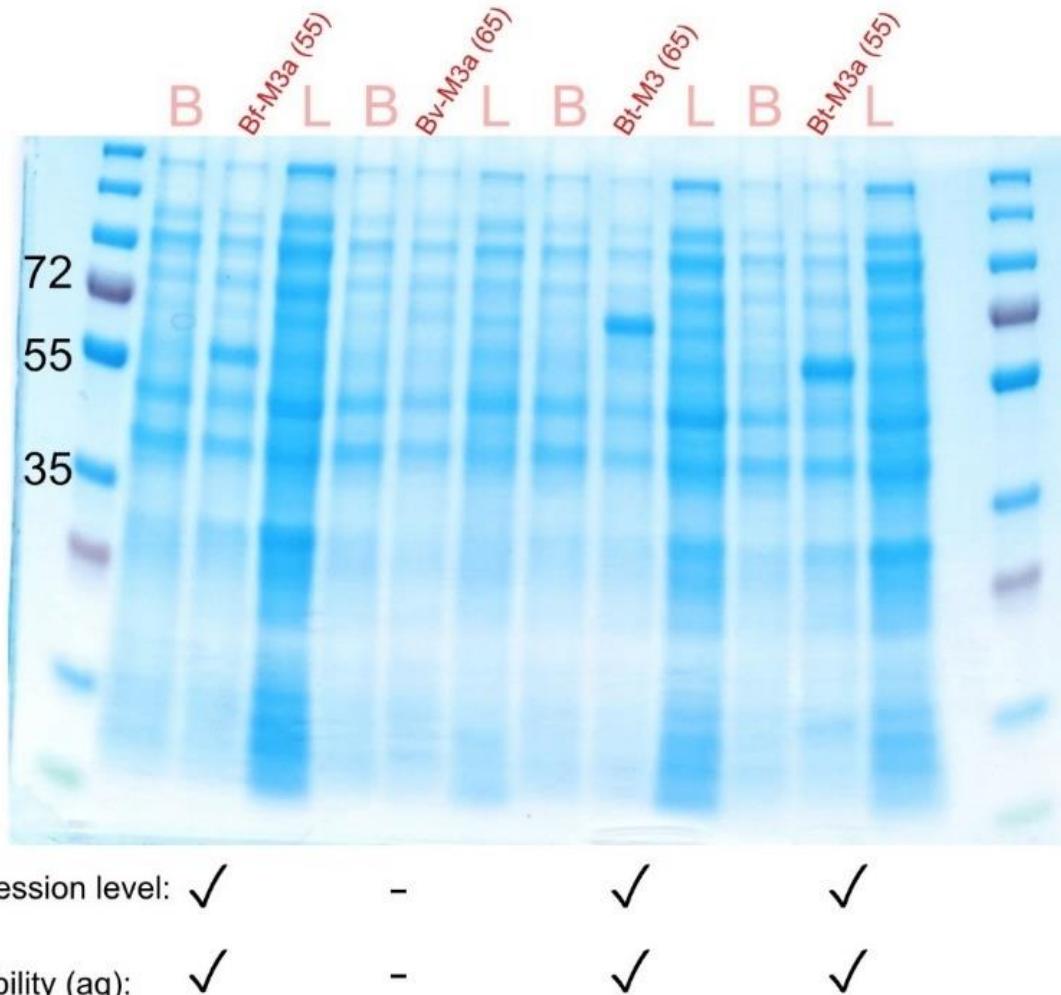
835 **Figure S6. Predicted structure of the group A3 [FeFe]-hydrogenase from *Bacteroides***  
836 ***thetaiotaomicron*. (a)** Top and side view of the AlphaFold2 predicted structure. **(b)**  
837 Superposition of HydABC components with structures of *Acetobacterium woodii* HydABC  
838 (PDB ID: 8A5E<sup>64</sup>), *Clostridium pasteurianum* [FeFe]-hydrogenase (PDB ID: 1FEH<sup>40</sup>), and  
839 *Clostridium acidurici* ferredoxin (PDB ID: 1FCA<sup>109</sup>). The structural similarity between these  
840 proteins and *Bt*HydABC allowed for homology modelling of cofactors. **(c)** Putative cofactors  
841 and enzymatic reactions of *Bt*HydABC. Cofactors are positioned based on homology models  
842 and labelled according to their subunit identity. **(d)** Structure of the putative FMN and NADH  
843 binding site in the AlphaFold structure (left) compared to the same site in the experimental  
844 structure of *A. woodii* HydB (right). A trio of phenylalanine residues which form a π-stacking  
845 “clamp” around the adenine moiety of NADH is conserved in both structures. RMSD: root-  
846 mean-square-deviation. Å: ångström. FMN: flavin mononucleotide. NADH: nicotinamide  
847 adenine dinucleotide (reduced). NAD<sup>+</sup>: nicotinamide adenine dinucleotide (oxidized). Fd<sub>red</sub>:  
848 reduced ferredoxin. Fd<sub>ox</sub>: oxidized ferredoxin.

849



851 **Figure S7. SDS-PAGE visualising the molecular weights of the heterologously**  
852 **expressed [FeFe]-hydrogenases from *Bacteroides*.** Expression constructs with verified  
853 sequences were used to transform chemically competent *E. coli* BL21(DE3). Protein bands  
854 are shown from before induction with IPTG (B), after induction (Name-Subclass and with the  
855 expected kDa size in parenthesis), and lysate or supernatant after cell lysis and centrifugation  
856 (L). The bands in each after-induction lane corresponded well with the expected molecular  
857 weights in kDa. Three gut-associated [FeFe]-hydrogenases (**Bf-M3a**, **Bt-M3**, and **Bt-M3a**)  
858 exhibited high levels of expression and low to moderate solubility while **Bv-M3a** had poor  
859 expression and solubility levels.

860

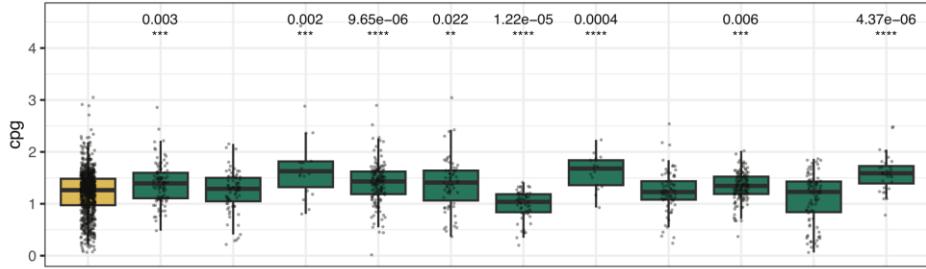


861

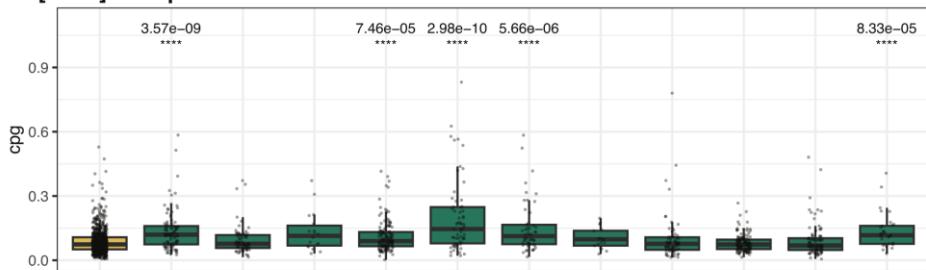
862 **Figure S8. Distribution of key [FeFe] hydrogenase subgroups across diseases.**

863 Statistical significance was assessed with Wilcoxon tests, using the Holm–Bonferroni method  
864 to account for multiple comparisons. IBD = inflammatory bowel disease. cpg = counts per  
865 genome. ME/CSF = myalgic encephalomyelitis / chronic fatigue syndrome.

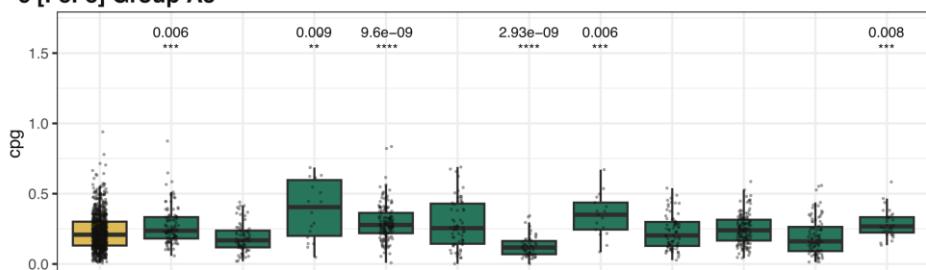
a All [FeFe] subgroups



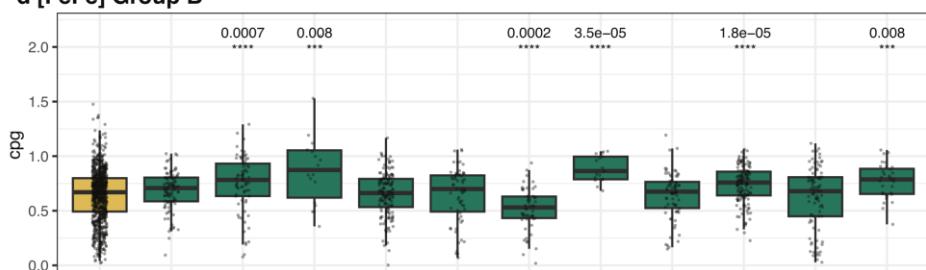
b [FeFe] Group A1



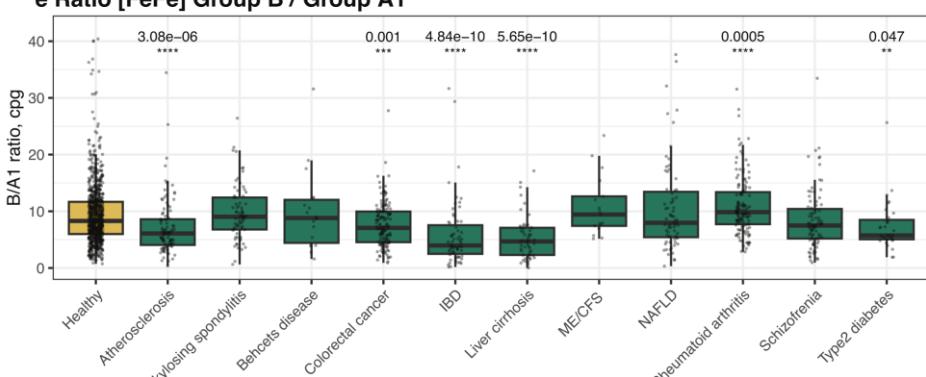
c [FeFe] Group A3



d [FeFe] Group B

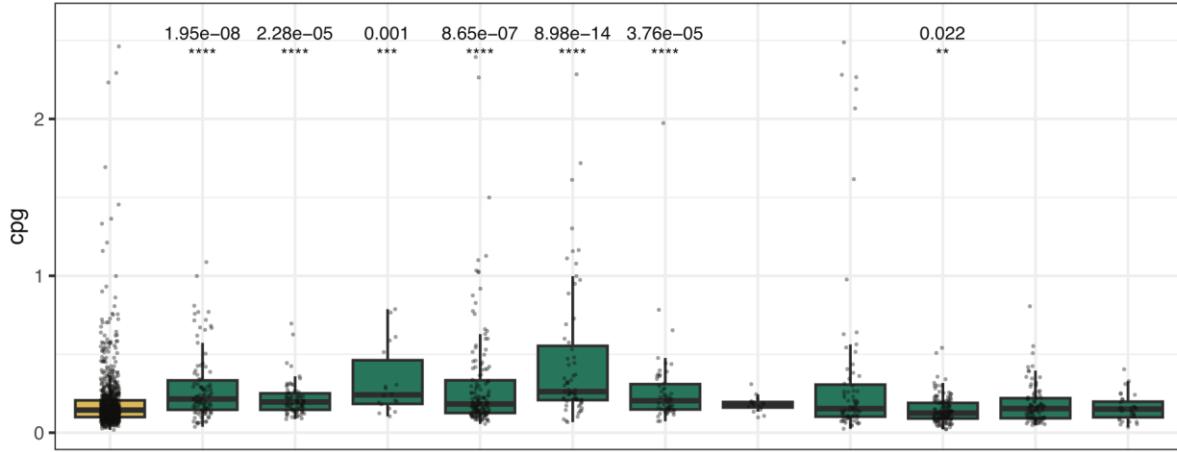


e Ratio [FeFe] Group B / Group A1

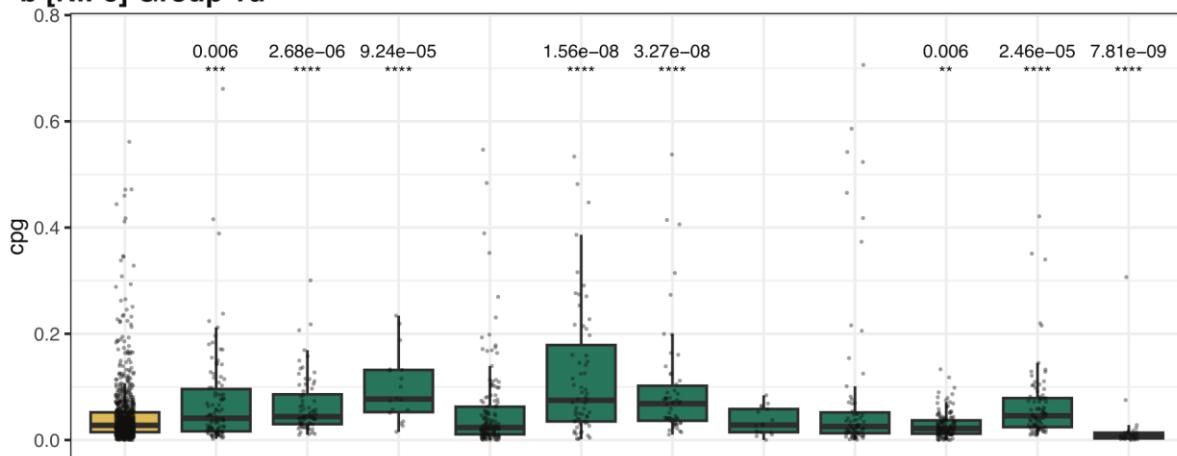


867 **Figure S9. Distribution of key [NiFe] hydrogenase subgroups across diseases.** Statistical  
868 significance was assessed with Wilcoxon tests, using the Holm–Bonferroni method to account  
869 for multiple comparisons. IBD = inflammatory bowel disease. cpg = counts per genome.  
870 ME/CFS = myalgic encephalomyelitis / chronic fatigue syndrome.

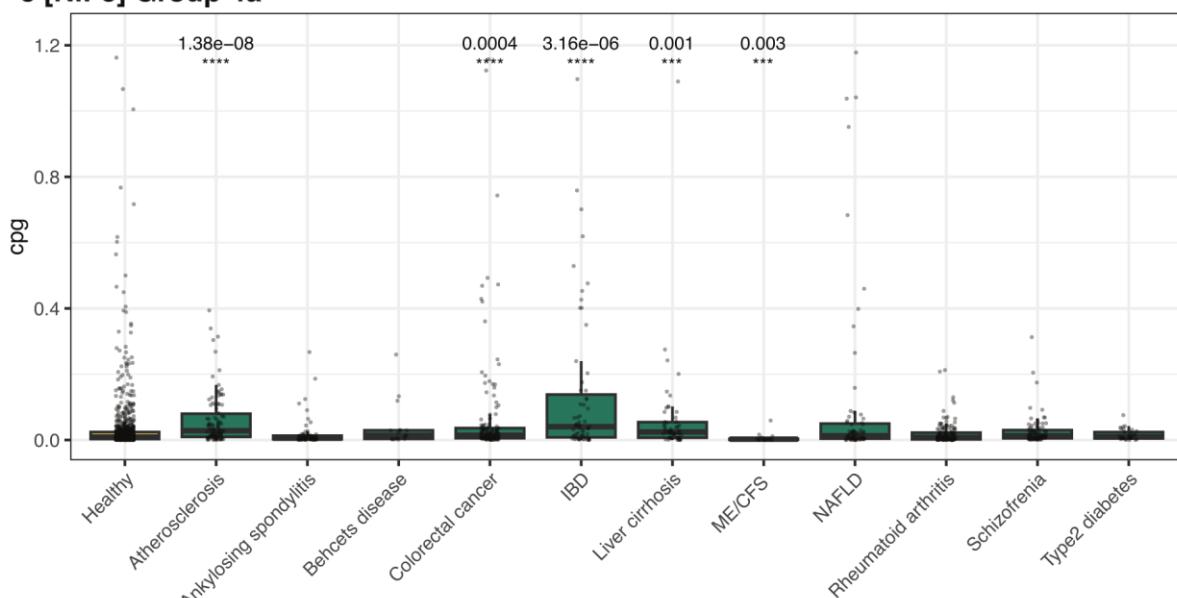
**a All [NiFe] subgroups**



**b [NiFe] Group 1d**



**c [NiFe] Group 4a**



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