

# 1 **In Silico Treatment: a computational framework for animal**

## 2 **model selection and drug assessment**

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20

21 **Abstract**

22 The translation of findings from animal models to human disease is a fundamental part in the  
23 field of drug development. However, only a small proportion of promising preclinical results  
24 in animals translate to human pathophysiology. This underscores the necessity for novel data  
25 analysis strategies to accurately evaluate the most suitable animal model for a specific  
26 purpose, ensuring cross-species translatability. To address this need, we present *In Silico*  
27 Treatment (IST), a computational method to assess translation of disease-related molecular  
28 expression patterns between animal models and humans. By simulating changes observed in  
29 animals onto humans, IST provides a holistic picture of how well animal models recapitulate  
30 key aspects of human disease, or how treatments transform pathogenic expression patterns  
31 to healthy ones. Furthermore, IST highlights particular genes that influence molecular  
32 features of pathogenesis or drug mode of action. We demonstrate the potential of IST with  
33 three applications using bulk transcriptomics data. First, we assessed two mouse models for  
34 idiopathic pulmonary fibrosis (IPF): one involving injury with intra-tubular Bleomycin  
35 exposure, and the other Adeno-associated-virus-induced, TGF $\beta$ 1-mediated tissue  
36 transformation (AAV6.2-TGF $\beta$ 1). Both models exhibited gene expression patterns resembling  
37 extracellular matrix derangement in human IPF, whereas differences in VEGF-driven  
38 vascularization were observed. Second, we confirmed known features of non-alcoholic  
39 steatohepatitis (NASH) mouse models, including choline-deficient, l-amino acid-defined diet  
40 (CDAA), carbon tetrachloride hepatotoxicity injury (CCl<sub>4</sub>) and bile duct ligation surgery (BDL).  
41 Overall, the three mouse models recapitulated expression changes related to fibrosis in  
42 human NASH, whereas model-specific differences were found in lipid metabolism,  
43 inflammation, and apoptosis. Third, we reproduced the strong anti-fibrotic signature and  
44 induction of the PPAR $\alpha$  signaling observed in the Elafibranor experimental treatment for  
45 NASH in the CDAA model. We validated the contribution of known disease-related genes to  
46 the findings made with IST in the IPF and NASH applications. The complete data integration  
47 IST framework, including an interactive app to integrate and compare datasets, is made  
48 available as an open-source R package.

## 50 **Author summary**

51 Preclinical testing plays a pivotal role in the drug development process, serving as a crucial  
52 evaluation phase before a new drug can be tested on humans in clinical trials. The drug must  
53 undergo a rigorous evaluation in *in vivo* and *in vitro* preclinical studies to assess its safety and  
54 efficacy. However, positive outcomes in preclinical animal models do not always translate to  
55 positive results in humans, mainly due to biological differences. Therefore, selecting an  
56 animal model that closely mirrors human disease traits and detecting and accounting for  
57 model limitations is of paramount importance.

58 Over the last decade, the availability of gene expression data in both animals and humans has  
59 substantially increased. Gene expression states and perturbations are routinely employed as  
60 a proxy to predict and understand changes in disease states. Here, we developed In Silico  
61 Treatment, a computational method designed to overlay the gene expression changes  
62 observed in animals onto humans, quantifying the change in human disease status. We  
63 applied this method to mouse models for idiopathic pulmonary fibrosis and non-alcoholic  
64 steatohepatitis, two severe fibrotic diseases. We successfully identified known features of the  
65 disease models and provide a granular gene-level rationale behind our predictions.  
66 Consequently, our method shows promise as an effective approach to improve animal model  
67 selection and thus clinical translation.

## 68 **Introduction**

69 Animal models play a crucial role in improving understanding of human disease. Accordingly,  
70 drug development often relies on successful animal studies before proceeding to costly and  
71 lengthy clinical trials (Mak, Evaniew, and Ghert 2013). However, not all potential therapeutic  
72 concepts successfully translate from rodent and other animal models to humans, implying  
73 significant differences in molecular mechanisms across species that drive pathophysiology  
74 (McGonigle and Ruggeri 2014). As a result, the choice of the most appropriate animal model  
75 to study specific molecular and systemic modes of action is not straightforward, but requires  
76 a trade-off between ethical aspects regarding animal experimentation, financial and  
77 feasibility considerations, and animal model suitability to mimic the human disease (Breschi,  
78 Gingeras, and Guigó 2017; Wendler and Wehling 2010).

79 Important for the choice of suitable animal models is to understand if and how key  
80 mechanisms of pathology translate between species (Perel et al. 2007). While a given animal  
81 model may faithfully capture certain aspects of human disease, other disease-relevant  
82 mechanisms may be only poorly resembled and may require interrogation of a different  
83 model. In this regard, the quantification of model suitability from molecular readouts remains  
84 an open issue. For example, past studies have led to conflicting conclusions of low (Seok et al.  
85 2013) or high resemblance (Takao and Miyakawa 2015) between murine models and human  
86 inflammatory diseases. Taken together, we believe there is a promising potential for *in silico*  
87 approaches to systematically gather knowledge on the aspects of a human disease that are  
88 well reflected in each specific animal model, facilitating a more targeted approach to increase  
89 the probability of success in subsequent experiments (Michelson and Reuter 2019). While  
90 attempts in this direction exist, so far there is no consensus on how to automate the  
91 assessment of animal model suitability on a molecular or transcriptome-wide level.

92 Here, we introduce *In Silico* Treatment (IST), a computational framework for the integrative  
93 analysis of human and *in vivo* animal model transcriptomics data. IST uses predictive  
94 modelling methods to quantify the overlap of ortholog gene expression changes between  
95 human patients and disease models for a particular human disease and molecular pathway.  
96 Besides comparing the suitability of specific animal models, IST also provides a framework to

97 predict whether a particular drug treatment can potentially revert disease-related molecular  
98 profiles in humans. Furthermore, IST includes features supporting the interpretation of the  
99 gene signatures that reflect pathophysiology and treatment in disease models by helping  
100 evaluate them in the human context. Thereby, IST provides an integrative picture of human  
101 and disease model data at different levels including pathway (gene set) and gene-wise  
102 granularity.

103 We showcase capabilities and features in IST by applying it to two human diseases: Idiopathic  
104 Pulmonary Fibrosis (IPF), and Non-alcoholic Steatohepatitis (NASH). Despite the broad usage  
105 of animal models in IPF and NASH, the agreement and the resulting predictability between  
106 human and mouse gene expression changes is unknown, and thus the ability to draw  
107 conclusions from the molecular profiles remains elusive. In this context, we demonstrate how  
108 IST (i) determines which disease models for IPF and NASH most appropriately capture human  
109 gene expression changes on a pathway level helping select the most suitable animal model  
110 for pre-clinical research, (ii) evaluates potential treatments for a human disease by predicting  
111 the recovery of the healthy human molecular phenotype for each treatment on each  
112 pathway, and (iii) provides gene-level quantitative explanations behind the selection of a  
113 specific disease model or treatment compound.

114 **Results**

115 **In Silico Treatment uses predictive modelling to compare the gene**  
116 **expression changes between *in vivo* models using a human disease**  
117 **reference**

118 We used gene expression data in combination with the IST framework on IPF and NASH, two  
119 fibrotic human diseases, to compare a collection of frequently used *in vivo* mouse models for  
120 each of the indications and pathway of interest.

121 The IST data integration workflow requires the following input data: gene expression readouts  
122 from human control and disease samples, gene expression fold changes from each preclinical  
123 model, gene sets related to the human disease, and a gene orthology mapping that links the  
124 genes in the preclinical organisms to their human orthologs. After the data integration  
125 process in IST, two main outputs are generated. Firstly, for every gene set, there is a single  
126 quantitative measure that shows how well each preclinical model captures the changes  
127 observed in the human reference within the gene set. Secondly, for every gene set and gene,  
128 there is a quantitative measure that indicates how the changes in that particular gene in the  
129 preclinical model contribute to the overall similarity of the preclinical model to the changes  
130 in the human reference.

131 The IST workflow consists of three steps: First, predictive machine learning models, here  
132 partial least squares, are fit to human gene expression data to discriminate between the  
133 control group and patients with disease (left panel, [Figure 1A](#)). Second, significant gene  
134 expression fold changes of preclinical models are simulated onto the ortholog genes of the  
135 human reference samples. This results in simulated samples, whose expression profiles have  
136 undergone the same changes that were observed in preclinical models (middle panel, [Figure](#)  
137 [1A](#)). In a third step, preclinical models are evaluated by predicting the response, also called  
138 disease score, of simulated samples based on the fitted predictive model. This quantifies  
139 whether the simulated changes have brought the simulated samples closer or further from  
140 human disease states (right panel, [Figure 1A](#)).

141 Two alternative strategies to apply IST were devised, depending on whether to evaluate  
142 pathogenic effects in animal models or to predict the efficacy of disease treatment in humans.  
143 For the assessment of disease models, fold changes of gene expression from animal models  
144 relative to their respective controls are mapped onto human control samples. For the  
145 assessment of treatment, fold changes from treated animal models of disease relative to their  
146 untreated counterparts are mapped onto human disease samples. In both cases, a  
147 comparison of the predicted disease scores of simulated samples with that of human  
148 reference samples (disease or control samples, respectively) is performed. Disease scores are  
149 then expressed as the relative distance between simulated and human reference samples,  
150 with 100% representing ideal recapitulation and 0% no recapitulation at all (right panel, [Figure 1A](#)).  
151

152 Regarding the outputs and graphical representations from the IST framework, it is possible to  
153 fit one disease score model for each gene set that represents a key disease pathway or  
154 feature. This enables IST to make granular choices for testing specific mechanisms or aspects  
155 of disease (left panel, [Figure 1B](#)). In addition, IST provides gene-level contributions by  
156 simulating each gene separately, to find agreeing and disagreeing gene expression patterns  
157 between disease model and human pathophysiology (right panel, [Figure 1B](#)). We provide an  
158 open-source implementation of the whole IST workflow using the R programming language.

### 159 [Comparison of the IPF disease models](#)

160 IPF is a severe and fatal fibrotic lung disease of unknown cause, leading to aberrant lung tissue  
161 remodeling, excessive scarring, loss of tissue compliance and respiratory failure (Mari, Jones,  
162 and Richeldi 2019). Here, we used a reference IPF human dataset consisting of microarray  
163 gene expression readouts of lungs from control and IPF patients (Y. Wang et al. 2017). We  
164 then identified highly deregulated pathways in IPF by performing a gene set enrichment  
165 analysis (GSEA) (Subramanian et al. 2005) on the human reference data. We selected six  
166 disease-relevant pathways ([Figure 2A](#)), combining GSEA output and known disease  
167 pathomechanisms.

168 Multiple animal models for IPF have been established for pre-clinical research. Here we  
169 considered the models of intra-tracheal administration of mice with the cytostatic toxin

170 Bleomycin, and a transgenic mouse model based on AAV6.2-induced overexpression of  
171 Transforming growth factor beta 1, or TGF $\beta$ 1 (Strobel et al. 2015). Both the AAV-TGF $\beta$ 1 and  
172 the Bleomycin mouse models were recorded across timepoints: 3, 7, 14, 21 and 28 days. After  
173 RNA sequencing, fold changes and significance were computed by timepoint. We also applied  
174 GSEA to the murine fold changes, mapping murine genes to their human orthologs (Figure  
175 2A).

176 When applying the IST workflow across all selected pathways, the output for the IPF models  
177 showed low recapitulations within early expression changes in AAV-TGF $\beta$ 1 mice (3d, 7d), not  
178 entailing sufficient molecular changes to resemble the human IPF gene expression data  
179 (Figure 2C). Conversely, later time points of the AAV-TGF $\beta$ 1 model (14d, 21d and 28d) have  
180 larger resemblances to the human molecular signature, suggesting a delayed response in  
181 TGF $\beta$ 1-mediated injury due to time required for viral transduction, conversion of the single-  
182 stranded AAV genome to transcriptionally active dsDNA, and actual gene expression. In  
183 alignment with this hypothesis and the corresponding lack of phenotypic changes (Strobel et  
184 al. 2022), we see only few differentially expressed genes at the 3d and 7d time points  
185 (Supplementary Figure 1C).

186 Aberrant **extracellular remodeling**, a key characteristic of several fibrotic diseases such as  
187 cardiac fibrosis, NASH, or IPF, is depicted in the extracellular matrix organization pathway in  
188 Figure 2C. IST demonstrated substantial agreement between human data with both  
189 intermediate and late time point AAV-TGF $\beta$ 1 and all Bleomycin mouse model samples. The  
190 highest recapitulation of human data occurred at the 21d AAV-TGF $\beta$ 1 model (67%) and the  
191 21d Bleomycin mice (54%). For genes involved in the **activation of matrix metalloprotease**  
192 pathway, IST indicated large positive recapitulation values. Specifically, the highest  
193 recapitulation was observed in the AAV-TGF $\beta$ 1 mouse model at 21d (95%), and the Bleomycin  
194 mouse model at 14d (109%), suggesting that these specific experimental conditions are most  
195 suitable for studying the activation of matrix metalloproteases in the context of lung fibrosis.

196 Important for extracellular matrix organization is a balance between **collagen formation** and  
197 **collagen degradation**. Interestingly, while the degradation of collagens was well represented  
198 by both IPF mouse models (Bleomycin 14d and AAV-TGF $\beta$ 1 21d showing a recapitulation of

199 65% and 73% respectively), this was not the case for collagen formation where only AAV-  
200 TGF $\beta$ 1 21d mice showed a sizeable recapitulation of 46%.

201 VEGF dependent tissue vascularization is an important factor in IPF pathology. VEGF signaling,  
202 originating mainly from airway epithelial cells, is typically moderate in the mature and healthy  
203 lung, while tissue damage and subsequent repair leads to re-vascularization (Barratt et al.  
204 2018). Although targeting vascular endothelial growth factor (VEGF) has been approved as  
205 part of a triple kinase inhibition therapeutic strategy in IPF (Nintedanib, Boehringer Ingelheim,  
206 Germany), the role of VEGF signaling in IPF remains yet controversial. (Barratt et al. 2018)(Lee  
207 et al. 2008; Iyer et al. 2015)(Murray et al. 2017). While GSEA suggested pathway changes in  
208 opposite directions between disease models and human data (VEGF signaling pathway in  
209 Figure 2A), IST found a degree of agreement (Figure 2C), especially in the lung injury  
210 Bleomycin model (42% at 14d). Indeed, using animal model data from our facilities, when  
211 treating both mouse models with Nintedanib, lung vital capacity was only statistically  
212 significantly restored in the Bleomycin, but not in the AAV-TGF $\beta$ 1 model (Supplementary  
213 Figure 1D), suggesting that the Nintedanib revertible phenotype in the prior mouse model  
214 better resembles the human pathology and its attenuation by Nintedanib.

215 Finally, we investigated innate immune signaling by toll-like receptor mediated pathways  
216 (pathway Toll-like receptor cascades, Figure 2C) which constitute important mediators of the  
217 inflammatory response in early tissue injury and remodeling (Karampitsakos et al. 2017). As  
218 a general picture, none of the mouse models show good resemblance of the human IPF data  
219 with respect to genes present in the TLR receptor pathway, with partially opposite changes in  
220 the 21d AAV-TGF $\beta$ 1 model and the 3d and 7d Bleomycin model. This disagreement between  
221 animal models and human gene expression remains to be further investigated, begging the  
222 question whether additional disease models, apart from AAV-TGF $\beta$ 1 or Bleomycin treated  
223 mice could be more suitable to study the effect of IPF on the innate immune system response.

## 224 Comparison of NASH disease models

225 NASH, recently renamed to metabolic dysfunction-associated steatohepatitis (MASH), is a  
226 complication of non-alcoholic fatty liver disease (NAFLD) or metabolic dysfunction-associated  
227 steatotic liver disease (MASLD) (Rinella et al. 2023). NASH is an increasingly prevalent liver

228 disease that can progress to cirrhosis and acute or chronic liver failure and is one of the most  
229 frequent indications for liver transplantation (Younossi et al. 2018). Hepatic steatosis due to  
230 long-term exposure of individuals to high fat and high-sugar diets is considered as one of the  
231 factors promoting NASH development. Within a fatty liver the associated liver cell damage  
232 and inflammation lead to progressively increasing fibrotic scarring caused by the excessive  
233 extracellular matrix deposition and finally cirrhosis and impaired liver function (Loomba,  
234 Friedman, and Shulman 2021). We used a human NASH reference with RNA sequencing data  
235 from liver tissue of individuals with increasing pathologically assessed fibrosis stages ranging  
236 from F0 to F4, i.e., from fatty liver with no fibrosis to marked fibrosis with cirrhosis (Pantano  
237 et al. 2021). We focused on assessing how murine models capture the molecular changes in  
238 F4 compared to F0. After running GSEA on this human data, and considering known disease  
239 pathomechanisms, we selected four pathways as examples for further examination (Figure  
240 2A).

241 We considered three mouse models performed previously in our animal facilities complying  
242 with all necessary ethical and regulatory standards: the choline-deficient, l-amino acid-  
243 defined dietary model (CDAA) for 12 weeks, the carbon tetrachloride hepatotoxicity injury  
244 model (CCl<sub>4</sub>) for 8 weeks and the bile duct ligation (BDL) model at 10 days after surgery, which  
245 induces cholestasis and inflammation. Overall, these models are known to show different  
246 aspects of the pathology and varying degrees of clinical translatability (Hansen et al. 2017).  
247 Here, total mRNA was sequenced by standard NGS methods, fold changes were obtained for  
248 each animal model, and GSEA was applied after mapping murine genes to their human  
249 orthologs (Figure 2C).

250 Using IST, we studied key mechanisms of fibrosis progression in NASH through the gene set  
251 of extracellular matrix organization. All evaluated disease models aligned with human fibrosis  
252 stage 4 expression patterns (Figure 2B), especially CDAA (115%) followed by BDL (78%) and  
253 CCl<sub>4</sub> (74%). These findings were expected since those three models are well described to study  
254 aspects of severe human liver fibrosis. Our focus on fibrosis stage 4 particularly fits with the  
255 CDAA choice, a sound model to study progression to NASH (Yanguas et al. 2016).

256 **Peroxisomes** are subcellular organelles involved in  $\beta$ -oxidation of fatty acids as well as bile  
257 acid and cholesterol metabolism (Islinger, Cardoso, and Schrader 2010). Peroxisome  
258 proliferator-activated receptors (PPARs) are nuclear receptors regulating the proliferation of  
259 peroxisomes and consist of three subtypes, PPAR $\alpha$ , PPAR $\beta/\delta$  and PPAR $\gamma$ . PPAR response  
260 genes are involved in glucose and lipid metabolism (Bougarne et al. 2018). IST suggests (**Figure**  
261 **2D**) that lipid metabolism regulation by PPAR $\alpha$ , as observed in NASH liver, was partially  
262 recapitulated in CDAA (62%), BDL (45%) and to a lesser extent in CCl<sub>4</sub> (22%). The better  
263 recapitulation of lipid metabolism dysregulation in CDAA compared to CCl<sub>4</sub> could be related  
264 to the chemotoxic fibrotic mode of action of CCl<sub>4</sub>, lacking certain metabolic aspects of NASH,  
265 as opposed to a diet-driven model like CDAA.

266 Inflammation during NASH progression is initiated by damaged liver cells and maintained by  
267 multiple immune cell types, such as tissue resident Kupffer cells as well as infiltrating immune  
268 cells. One key aspect is the release of inflammatory mediators, mainly cytokines and  
269 chemokines. In line, disease severity in NASH patients has been shown to correlate with the  
270 levels of inflammatory cytokines as IL1B, TNF $\alpha$  or IL6 (Plessis et al. 2016). Using IST, we found  
271 that **cytokine immune signaling** mechanisms are well recapitulated by common animal  
272 models of NASH (**Figure 2D**), especially in CDAA (77%) and BDL (60%) models. This aligns with  
273 known inflammatory features of the models: CDAA causes panlobular inflammation since  
274 week 3, and BDL's bile acid accumulation promotes oxidative stress and necroinflammation  
275 (Yanguas et al. 2016).

276 The link between NASH and **apoptotic pathways** is well established. IST quantified the best  
277 recapitulation for CDAA (90%) and BDL (63%), followed by CCl<sub>4</sub> (41%) (**Figure 2D**). IST thus  
278 distinguished signatures related to the type of cell death: the dietary nature of CDAA better  
279 aligned with cellular apoptosis as in human NASH, versus the injury by CCl<sub>4</sub> administration,  
280 which induces necrosis rather than apoptosis (Manibusan, Odin, and Eastmond 2007).

## 281 In Silico Treatment enables a gene-level evaluation of the disease 282 model signatures

283 In the previous section, we used IST to compare different animal models in key disease  
284 pathways, aiming at optimal animal model selection. But the bare presence of sizeable  
285 differences between animal models within a disease pathway may not give sufficient  
286 granularity about the mechanistic reasons that could make one specific animal model more  
287 suitable.

288 In this section, we showcase the IST features that allow to compare different disease models  
289 by assessing the individual gene contributions behind the pathway recapitulation scores. For  
290 every signature, we quantified the contribution of each gene to the overall signature  
291 recapitulation by simulating each gene's fold change onto humans separately. We will use  
292 these features to explain the rationale behind some of the recapitulation values that IST  
293 predicted for the IPF and NASH models. We discuss the fold changes of some key genes  
294 (Figures 3A and 3B) and how they translate into gene contributions (Figures 3C, 3D, 3E, 3F  
295 and 3G)

### 296 Gene-level comparison of the IPF disease models

297 We investigated the contribution of each individual gene in two IPF pathways that showed  
298 differences between the Bleomycin and the AAV-TGF $\beta$ 1 model: Activation of matrix  
299 metalloproteinases pathway and VEGF signaling pathway (Figures 3C and 3D).

300 Within the activation of matrix metalloproteinases pathway, we observed strong  
301 upregulation of the fibrosis response marker *TIMP1* (Figure 3A). This upregulation was  
302 identified as highly relevant for the good recapitulation between human data and mouse  
303 models (Figure 3C). The upregulation of *Timp1* during a fibrogenic response is well established  
304 (Hall et al. 2003) and its Bleomycin-mediated as well as TGF-beta dependent activation has  
305 been shown (Strobel et al. 2015). These experimental data support the consistency between  
306 human and both mouse data sets observed by the IST analysis. Like *TIMP1*, the upregulation  
307 of metalloprotease *MMP14* and downregulation of *MMP15* (Figure 3A) showed alignment

308 with human IPF gene expression changes across both mouse models (Figure 3C). IST  
309 highlighted the importance of *MMP8* upregulation (Figure 3A), which was specific to the  
310 Bleomycin model (Figure 3C). *MMP8* has been already reported to be upregulated in both IPF  
311 patients and the Bleomycin model, and to correlate with the development of lung fibrosis,  
312 although its role in pathogenesis is not fully known (Pardo et al. 2016). In previous studies,  
313 *Cathepsin K* (CTSK), a member of the class of lysosomal-derived proteolytic enzymes, was  
314 found to be increased in fibrotic lung regions in patients and mice, and to provide a protective  
315 role by countering excessive deposition of collagen matrix in the diseased lung (Bühling et al.  
316 2004). Indeed, IST provided evidence that the upregulation of *CTSK* gene expression (Figure  
317 3A) is relevant for the alignment between human data and both animal models (Figure 3C).).

318 On the level of VEGF signaling, IST predicted that *VEGFA* is not the most influential gene  
319 (Figure 3D) to explain the differences in recapitulation of human IPF between the AAV-TGF $\beta$ 1  
320 and Bleomycin mouse models (Figure 2C). In fact, *VEGFA* expression was downregulated in  
321 humans and both mouse models (Figure 3A). Instead, IST results suggest that the difference  
322 between the mouse models in recapitulating human IPF gene expression was mostly  
323 explained by differences in regulation of *PLA2G4C* and *PRKCA* (Figure 3D). Indeed, we  
324 observed missing differential expression of *Pla2g4c* and *Prkca* in the AAV-TGF $\beta$ 1 21d model,  
325 while they were up- and downregulated in the Bleomycin model, respectively (Figure 3A).  
326 *PLA2G4C* is part of the group 4 family members of phospholipidase A2 (PLA2) which is known  
327 as mediator of damaged-induced immune infiltration and vascularization. Cytosolic PLA2 is  
328 ubiquitously present in human lung and *Pla2* knock-out mice had attenuated lung immune  
329 infiltration after Bleomycin treatment (Nagase et al. 2002). The good alignment in expression  
330 changes in *PLA2G4C* (Figure 3D), as well as its known role in vascularization, justified choosing  
331 the Bleomycin model over the AAV-TGF $\beta$ 1 when investigating drug effects on VEGF signaling.  
332 On the other hand, the expression of the *PKC $\alpha$*  kinase had been previously shown to  
333 downregulate collagen expression via the MEK/ERK signaling pathway, together with findings  
334 of *PKC $\alpha$*  downregulation in fibrotic lung disease (Tourkina et al. 2005), which is consistent with  
335 IST's prediction via *PRKCA*. As for potential disagreement between mouse and human, IST  
336 pinpointed that the upregulation of *Mapk13* in mice may require further investigation, as the  
337 same upregulation was not clearly found in the human reference.

338 **Gene-level comparison of the NASH disease models**

339 In the previous section we found that IST predicts a high recapitulation of all animal models  
340 for the [extracellular matrix organization pathway](#). This general agreement in IST was partly  
341 driven by several members of the pro-fibrotic tumor-derived growth factor beta 1 (TGF $\beta$ 1)  
342 SMAD signaling pathway (Ghafoory et al. 2018), including a large contribution from the  
343 upregulation of tissue-inhibitor of metalloproteinases 1 ([TIMP1](#)) in humans and mice ([Figure 3E](#)). [TIMP1](#) inhibits multiple matrix metalloproteinases (MMP), thereby preventing tissue  
345 remodeling and resolution of fibrosis (Iredale 2008). [TIMP1](#) has also been described as a  
346 serum marker for advanced liver fibrosis in NASH patients (Yilmaz and Eren 2018) and is a  
347 known driver of fibrosis progression (K. Wang et al. 2013). Interestingly, *Timp1*-/- mice show  
348 increased liver fibrosis in CCl<sub>4</sub>-induced liver fibrosis (H. Wang et al. 2011), while in BDL fibrosis  
349 remains unaffected by the absence of [TIMP1](#) (Thiele et al. 2017). IST did not predict this  
350 differential behavior because *Timp1* was upregulated in both CCl<sub>4</sub> and BDL mice, as well as  
351 [TIMP1](#) in humans ([Figure 3B](#)). IST found agreement in the expression of Bone morphogenetic  
352 protein 1 ([BMP1](#)), see [Supplementary File 1](#), due to its downregulation in humans and BDL  
353 and CDA mice ([Figure 3B](#)). BMP1 processes multiple precursors of the extracellular matrix,  
354 as e.g., pro-collagen type I, and a Bmp1 splicing isoform has been shown to be a driver of  
355 disease progression in rat CCl<sub>4</sub> models (Grgurevic et al. 2017). Since no *Bmp1* differential  
356 expression was found in CCl<sub>4</sub> mice ([Figure 3B](#)), IST did not reproduce this claim in mice.

357 IST predicted good recapitulation for the [Regulation of lipid metabolism by PPAR \$\alpha\$](#)  by the  
358 CDA and BDL models, strongly influenced by the downregulation of [PPAR \$\alpha\$](#) , [RXR \$\alpha\$](#) , [RXR \$\beta\$](#)  and  
359 [NR1H3](#) ([Figure 3F](#)), as found in human NASH. These genes were however not differentially  
360 expressed in the CCl<sub>4</sub> model ([Figure 3B](#)). PPAR $\alpha$  can form a heterodimer with retinoid X  
361 receptors ([RXRs](#)) modulating gene expression of PPAR $\alpha$  specific target genes via binding PPAR-  
362 response elements (PPRE). In the absence of PPAR ligands, the heterodimer acts as a co-  
363 repressor complex, while upon ligand binding, repressors are released and the PPAR-RXR  
364 heterodimer acts as a co-activator complex (Bougarne et al. 2018). Liver x receptor alpha  
365 ([LXR \$\alpha\$](#) ), encoded by the nuclear receptor subfamily 1, group H, member 3 gene ([NR1H3](#)) is  
366 another ligand-activated transcription factor of relevance in NASH, which controls lipid and  
367 glucose homeostasis (Voisin et al. 2020). There are and have been multiple drug discovery

368 and clinical efforts to tackle MASH/MAFLD using small molecules targeting LXR receptors  
369 (Griffett and Burris 2023). LXR $\alpha$  phosphorylation has been shown to induce inflammation and  
370 fibrosis in the liver during high-fat diet feeding, while hepatic steatosis was found to be  
371 negatively regulated via LXR $\alpha$  (Becares et al. 2019). Due to the calculated importance of these  
372 genes in the molecular changes in human NASH, IST assigned a sensibly lower recapitulation  
373 to the CCl<sub>4</sub> model in the PPAR pathway, where the metabolic NASH-driving component is  
374 lacking.

375 IST explained the varying degrees of recapitulation on the *Apoptosis pathway* in the animal  
376 models through noticeable contributions from known NASH biomarkers. While some markers  
377 showed overall strong positive recapitulation (*Bcl2*), others showed model-specific positive  
378 contributions: *Fasl* (CDAA), *Casp3* (BDL) and *Bax* (BDL, CCl<sub>4</sub>) (Figure 3G). FAS ligand (*FASLG*)  
379 induces apoptosis via binding to the FAS receptor and has been associated with NASH severity  
380 (Alkhouri et al. 2015). Accordingly, IST favored CDAA (Figure 3G) because it is the only mouse  
381 model with significant *Fasl* upregulation (Figure 3B). Cleaved caspase 3 is often used as a  
382 measurement of hepatocyte apoptosis in NASH (Feldstein et al. 2003). At the transcriptomics  
383 level, IST penalizes CDAA for having a significant *Casp3* downregulation, whereas it benefits  
384 BDL for showing upregulation (Figure 3B, 3G). The antiapoptotic regulator B-cell lymphoma 2  
385 (*BCL2*) interacts and inhibits pro-apoptotic proteins, as well as it reduces apoptosis-related  
386 autophagy (K. Wang 2015). IST highlighted the importance of observing *Bcl2* upregulation in  
387 all the models, as found for *BCL2* in the human data (Figure 3B, 3G). Along these lines, *Bcl2*  
388 inhibition has showed anti-fibrotic effects in mice (Teng et al. 2020), and *BCL2* promotes  
389 resistance to pro-apoptotic stimuli in human hepatic stellate cells (Novo et al. 2006),  
390 underlining the key role of *Bcl2* in liver fibrosis progression. Another element of the apoptotic  
391 cascade is the oligomerization of *BCL2* associated X (*BAX*) and subsequent integration into the  
392 mitochondrial membrane, leading to membrane rupture and cytochrome c release, which  
393 triggers cleavage of pro-caspase 3 into active caspase 3 (Weiss et al. 2017). In line with this,  
394 IST found that the upregulation of *Bax* in the CCl<sub>4</sub> and BDL models (Figure 3B) helped them  
395 recapitulate apoptosis as in human NASH (Supplementary File 1), since *BAX* was also  
396 upregulated in the human reference data.

397

398 **The In Silico Treatment framework includes features to assess and**  
399 **compare treatments for specific indications**

400 In addition to assessing the quality of animal models to represent human disease through  
401 gene expression, IST can assess the molecular effect of treatment or recovery. To that end,  
402 IST uses the fold changes in gene expression between treated (or recovered) animal models  
403 versus those of the untreated animal model with disease. This reveals whether pathogenic  
404 gene expression changes are reverted by the treatment, and in addition may reveal potential  
405 unwanted effects of treatment.

406 **Fibrosis reversal following recovery from CCl<sub>4</sub> induced liver fibrosis**

407 To understand the capacity of IST to quantify the recovery of liver fibrosis we compared a  
408 dataset during the 4-, 8- and 12-week regression phase after an 8-week CCl<sub>4</sub>-induced liver  
409 fibrosis with the reversed human signatures, i.e. the fold changes between NASH fibrosis  
410 stages F4 and F0. Overall, recapitulation of the healthy states in the extracellular matrix  
411 organization pathway was 54% for 4-week and 68% for 12-week CCl<sub>4</sub> recovery (Figure 4A),  
412 which is consistent with a partial, but not total, resolution of fibrotic phenotypes. While the  
413 gene product from the Acta2 gene, aSMA, as a measure of activated fibroblasts, rapidly  
414 decreased during recovery, the deposited collagen in the extracellular matrix was found to  
415 remain stable at high levels, even after 12 weeks of recovery (Supplementary Figure 3). In  
416 terms of gene contributions, our findings were analogous to those of NASH disease models:  
417 Downregulation of well-known regulators and components of the extracellular matrix like  
418 *Timp1* or *Mmp2* (Figure 4B) contributed to the positive recapitulation of human NASH (Figure  
419 4C). Interestingly, IST identified some genes that disagreed in the reversal signatures from  
420 animal models at all three timepoints (Figure 4C). These included a disintegrin and  
421 metalloprotease 8 (ADAM8), downregulated in CCl<sub>4</sub> recovery while upregulated in NASH  
422 fibrosis stage F4 to stage F0 reversal (Figure 4B). On one hand, ADAM8 has been associated  
423 with chronic liver diseases, being increased in activated hepatic stellate cells, although the  
424 authors found no correlation with *MMP2* or *TIMP1*, and no changes in expression between  
425 fibrosis stages (Schwettmann et al. 2008). On the other hand, the neutralization of ADAM8  
426 ameliorates acute CCl<sub>4</sub>-induced liver injury (S.-Q. Li et al. 2014).

427 **Elafibranor Treatment**

428 One of IST's potential applications is the *in silico* assessment of treatment effects. To that end  
429 we used Elafibranor, a PPAR agonist that has been considered as a potential treatment for  
430 NASH. Since we found CDAA was a robust model reflecting some of the main features of NASH  
431 (Figure 2D), we used Elafibranor as a NASH treatment in this model. Applying IST, we found  
432 that Elafibranor treatment showed strong recapitulations of healthy human expression  
433 patterns (Figure 5A) in liver fibrosis (66%), lipid metabolism regulation by PPAR $\alpha$  (77%),  
434 apoptosis (54%), while moderate in cytokine signaling (24%). These findings are consistent  
435 with literature showing a strong effect of Elafibranor in an animal model of NASH and liver  
436 fibrosis (Hoek et al. 2021). Such recapitulations resembled those of 12-week CCl<sub>4</sub> recovery,  
437 albeit PPAR $\alpha$  regulation was sensibly lower in CCl<sub>4</sub> recovery (29%).

438 For PPAR $\alpha$  regulation of lipid metabolism, the high recapitulation in Elafibranor treatment on  
439 the CDAA mouse model (77%) even exceeds the recapitulation of CDAA itself as a disease  
440 model (62%,) or the recapitulation of the 12-week CCl<sub>4</sub> recovery (29%) (Figure 2D). Genes of  
441 relevance for PPAR signaling that were identified by IST in NASH animal models (Figure 3F)  
442 *RXRA*, *RXRB* and *NR1H3* (LXR), show alignment between the human NASH reversal and CDAA  
443 mouse liver treated with Elafibranor (Figure 4D). We also found other genes contributing to  
444 Elafibranor's positive recapitulation (Figure 4D): *PPARA*, upregulated in human NASH reversal  
445 and agonized by Elafibranor (Figure 4B), *GLIPR1*, downregulated in humans and mice (Figure  
446 4B) and linked to stress-induced premature senescence as well as age-associated expression  
447 increase in mice hepatocytes (Doshida et al. 2023), and *FHL2*, downregulated in humans and  
448 mice (Figure 4B) and linked to hepatic fibrogenesis in humans and mice (Huss et al. 2013).

449

## 450 Discussion

### 451 Translational landscape

452 The fraction of drug candidates whose efficacy in animal models translated to clinical efficacy  
453 has remained steadily low in the last years, and it is unclear to which extent conclusions drawn  
454 from animal studies translate to human disease (Pound and Bracken 2014). Despite efforts in  
455 improving studies through better study design or bias control, translatability remains low due  
456 to biological differences and uncertainties between organisms. This remains an unsolved  
457 challenge amidst efforts to reduce unnecessary animal testing and improve animal welfare  
458 (Robinson et al. 2019). Thus, it is critical to leverage data and computational methods to aid  
459 the evaluation of suitable animal models for specific aspects of disease and avoid pitfalls in  
460 drug design.

461 Some computational tools can aid the process of animal model evaluation. Over-  
462 representation analysis of differentially expressed genes or rank-based gene set enrichment  
463 analysis (GSEA) represent essential tools to investigate gene expression changes in different  
464 species. However, while these analysis methods allow for the identification of affected  
465 pathways, they do not systematically integrate human and animal data. More sophisticated  
466 methods for the integration of human and animal model data have been developed. For  
467 example, the Found in Translation (FIT) method performs cross-species comparison using  
468 linear models (Normand et al. 2018). The Congruence Analysis for Model Organisms (CAMO)  
469 pipeline is another attempt, based on a Bayesian mixture model to quantify pathway-specific  
470 congruence scores (Zong et al. 2023).

### 471 Methodological considerations

472 Here we present IST, a data integration tool to specifically address the quantification of key  
473 disease aspects in combination with a human reference. IST leverages transcriptomic  
474 readouts of humans and disease models to account for organismal similarities and  
475 differences. By design, IST provides information on the agreement between expression  
476 changes in human disease and animal models on a genomic, pathway, and gene level.

477 From a methodological perspective, IST relies on partial least squares models to define gene  
478 set-specific disease scores. This was a parsimonious model choice covering three key features.  
479 First, the outcome variable is computed via a linear predictor, which enables the explanation  
480 of changes in disease score through an exact decomposition in terms of individual gene  
481 contributions. Second, the number of features (transcripts) in a gene set can frequently  
482 exceed the number of samples used for model fitting, so a penalized method is required to  
483 handle the overdetermined system. The penalization was chosen not to induce sparsity,  
484 capturing subtle but coordinated changes in genes that may not reach univariate significance  
485 and letting the model coefficient assign an importance to that gene. Third, partial least  
486 squares provide natural choices for graphical sample representation and model diagnosis via  
487 its loadings and scores.

488 IST brings unique features on top of existing methods. A gene-wise predictive approach like  
489 FIT can help gain signal by finding new deregulated human genes starting from the mouse  
490 data, but does not quantify the degree of agreement per animal model off-the-shelf. The  
491 capability of computing a single number to represent pathway agreement already existed in  
492 CAMO, but there is no straightforward way to disentangle this measure by gene importance  
493 among the genes that agree or disagree. IST provides a single number per gene, integrating  
494 data on gene relevance for disease states classification within the pathway, change in mouse  
495 model and direction agreement. Another key feature is the quantification of the magnitude  
496 of change versus a desired outcome, which brings more nuance into the notion of agreement:  
497 changes can be too modest, just right or overly strong while always staying in the right  
498 direction. Furthermore, the formalism of IST also enables modelling quantitative outcomes in  
499 the human population, like disease stages or functional readouts.

## 500 **Informing decisions on animal model selection**

501 We applied IST to compare the animal models for the selected pathways in IPF and NASH  
502 which complement the results of well-established gene set scoring methods such as the above  
503 mentioned GSEA. While GSEA assesses whether the genes in specific pathways show a  
504 statistically significant expression across conditions through the normalized enrichment score  
505 (NES), IST determines if gene expression changes in animal models align with those observed

506 in the human reference via the percentage of recapitulation. Despite the GSEA and IST results  
507 layouts look similar, the rows displaying data on animal models in IST (Figure 2C, 2D) are  
508 already integrated with the human disease reference, whereas they are independent from  
509 the human reference in GSEA (Figure 2A, 2B).

## 510 IPF study

511 We applied IST to assess 6 hallmark IPF features in the Bleomycin and AAV-TGF $\beta$ 1 mouse  
512 models. IST captured the time-course component for optimal timepoint selection in a more  
513 insightful way than GSEA: IST predicted that earlier timepoints had lower recapitulation, and  
514 that both AAV-TGF $\beta$ 1 and Bleomycin can recapitulate human molecular signatures of IPF in  
515 at least 4 out of the 6 selected pathways if the appropriate time point is selected. IST  
516 suggested that d14, d21 (Bleomycin) and d21 (AAV-TGF $\beta$ 1) are sound timepoints in which  
517 both models recapitulate features of human IPF, with average recapitulations of 49.2%, 43.2%  
518 and 47.5% over the 6 pathways. The peak recapitulation in both models at d21 in **extracellular**  
519 **matrix organization** is in line with results published by the American Thoracic Society, which  
520 reported fibrosis appearing between days 14 and 28 after Bleomycin treatment (Jenkins et al.  
521 2017).

522 The demonstrated clinical concept of Nintedanib treatment, together with the controversial  
523 role of **VEFG signaling** in IPF, provided a good opportunity to illustrate the value and  
524 granularity of IST. Some reports have linked increased, and potentially aberrant and  
525 overshooting neovascularization to increased Bleomycin-induced injury (Lee et al. 2008; Iyer  
526 et al. 2015). However, other authors argued that VEGF signaling after lung injury may act in  
527 an anti-fibrotic fashion, thereby being beneficial for prolonged survival and that lower  
528 expression of VEGF was correlated with a worse prognosis (Murray et al. 2017). Interestingly,  
529 the authors further demonstrated the antifibrotic role of VEGF in mice after Bleomycin  
530 treatment by attenuating collagen accumulation and lung remodeling. The IST results  
531 quantified that the Bleomycin induced injury in mice resembled VEGF-associated gene  
532 expression changes in human IPF more closely than the AAV-TGF $\beta$ 1 mouse model. Based on  
533 our results, we speculate that TGF $\beta$ 1-expression does not induce the same degree of vascular  
534 damage or injury-mediated re-vascularization as that observed upon Bleomycin-mediated

535 lung injury. While this does not invalidate the AAV-TGF $\beta$ 1 model, our *in silico* and *in vivo*  
536 treatment data support the hypothesis that parts of Nintedanib's therapeutic effects on lung  
537 function might be more closely recapitulated in the Bleomycin model.

### 538 **NASH study**

539 We applied IST to assess 4 hallmark NASH features in the CDAA, CCl<sub>4</sub> and BDL mouse models.  
540 Overall, IST predicted CDAA as the best model to recapitulate the molecular signature of  
541 human fibrosis stage F4 for our selected group of 4 pathways, with an average recapitulation  
542 of 86%, followed by BDL (61.5%), and CCl<sub>4</sub> (41.5%). CDAA also entailed the largest number of  
543 deregulated genes at the transcriptomics level ([Supplementary Figure 1F](#)). Fibrosis was the  
544 best recapitulated NASH aspects for the three models, which was expected given our focus  
545 on human fibrosis stage F4 versus F0. Our findings in apoptosis and cell death highlight the  
546 potential of computational tools like IST to strengthen standard scoring tools like the non-  
547 alcoholic fatty liver disease activity score (NAS) with apoptotic markers (Yanguas et al. 2016).

548 We showcased the capabilities of IST to assess treatments for human NASH. IST predicted the  
549 partial resolution of [liver fibrosis](#) in the CCl<sub>4</sub> mouse model after 12 weeks of recovery, as a  
550 positive control. IST also recognized the strong anti-fibrotic effect of the PPAR agonist  
551 Elafibranor, as well as the risk of overshooting the [PPAR \$\alpha\$  activation](#). Elafibranor has recently  
552 been tested in a phase 3 clinical trial in patients with NASH and fibrosis, but failed to  
553 demonstrate a significant effect on NASH resolution as a monotherapy (GENFIT 2020). Taking  
554 everything together, IST added new evidence to the hypothesis that despite its strong anti-  
555 fibrotic effect, [PPAR \$\alpha\$](#)  over-activation in animal models is among the plausible causes for  
556 Elafibranor's lack of translation to the clinic (Rodriguez et al. 2018). This highlights the  
557 importance of integrating human and animal data for an early translatability assessment.

### 558 **Common findings between IPF and NASH in fibrotic disease**

559 Since IPF and NASH fall under the common umbrella of fibrotic diseases, we expected to find  
560 commonalities from their analyses with IST. On one hand, [TIMP1](#) is a well-known fibrosis  
561 marker in both indications, for which IST quantified a substantial positive contribution,  
562 discussed in the context [activation of matrix metalloproteinases](#) and [extracellular matrix](#)  
563 [organization](#). On the other hand, we discussed the role of [CTSK](#) in recapitulating the [activation](#)

564 of matrix metalloproteinases in human IPF, but IST also underlined a positive contribution by  
565 *CTSK* in recapitulating extracellular matrix organization and apoptosis as they occur in human  
566 NASH. There is increasing evidence about the participation of cathepsins in liver disease  
567 pathophysiology and they are being investigated as biomarkers (Ruiz-Blázquez et al. 2021),  
568 and *Ctsk* has been found induced by the knockdown of the transcription factors *Elf3* or *Glis2*  
569 in mice in the context of hepatocyte reprogramming (Loft et al. 2021). Taken together, these  
570 findings suggest that CTSK may also play a role in human NASH and may deserve further  
571 examination.

## 572 Assumptions and limitations

573 From the methodological perspective, the main assumptions behind IST when translating  
574 between species are: (i) the orthology mapping has enough coverage and quality to simulate  
575 enough changes on humans based on a one-to-one gene translatability, (ii) differential  
576 changes exist in both species, and (iii) the tissues are comparable in terms of cell composition.  
577 We checked to what degree such assumptions hold. Regarding point (i), on average, IPF and  
578 NASH animal model signatures had 21 873 and 14 826 transcripts, which mapped to 14 005  
579 and 12 047 ortholog human genes, leading to a coverage of 64% and 81%. The IPF and NASH  
580 human references had 15 293 and 19 352 genes, out of which 12 425 (81%) and 12 570 (65%)  
581 had a mouse ortholog. The fact that we observed good overall recapitulations in the animal  
582 models, sometimes even exceeding the transcriptomics changes in humans, suggests that  
583 points (i), (ii) and (iii) were covered. The gene contribution heatmaps further support points  
584 (ii) and (iii) since contributions were mostly positive and in line with known disease markers.  
585 IST heavily relies on the quality of the human reference data for model fitting, and specifically  
586 its data type, here bulk transcriptomics data for its broad availability. Thus, IST will only detect  
587 effects that are noticeable at that molecular level and resolution. The gene-level  
588 quantification was a valuable feature to detect specific instances in NASH where IST did not  
589 detect known regulation events. For instance, IST was unable to distinguish isoform-specific  
590 effects for *Bmp1*, for which paired end sequencing would be more adequate. IST did not find  
591 model-specific differences between CCl<sub>4</sub> and BDL in TIMP1 regulation in the context of  
592 fibrosis, since *Timp1* was similarly upregulated in both models. IST could not account for

593 *Casp3* cleavage when evaluating the alignment between mouse and human apoptosis, and  
594 only evaluated *Casp3* deregulation at the transcriptomic level. IST highlighted potential  
595 disagreement between humans and mice in fibrosis resolution because conflicting changes in  
596 *ADAM8*, where changes in human disease may be clearer at a single cell resolution. These  
597 findings underline the importance of considering the trade-off between technological  
598 advantages and limitations behind the molecular data used for model selection.

599 **Conclusions**

600 In summary, IST is a data integration computational approach that quantifies the alignment  
601 of changes in transcriptomic profiles in animal models and treatments to those of human  
602 disease. The roles of the animal and the human data are non-symmetric: IST is anchored on  
603 the human reference, where it learns the pathway-level differences in disease using the gene  
604 expression values, and only a signature of fold changes from animal or preclinical data is  
605 needed to simulate their effect in humans. IST was successfully applied to a smaller  
606 microarray dataset and a larger RNA-seq study, highlighting its robustness across platforms  
607 and sample sizes. IST is highly explainable since its decisions can be traced back to the gene  
608 level contributions. We found genes with key pathophysiological roles in humans and animals  
609 among genes with largest contributions. The rigorous data integration cannot be achieved  
610 using GSEA, where the effects of gene direction, effect size and significance are not combined  
611 off-the-shelf between both species. IST's findings on two major indications, IPF and NASH,  
612 were supported by literature and by newly generated data, at the gene and pathway level.  
613 This showcased the potential of IST to make data-driven choices in the selection of the most  
614 appropriate animal models, hereby reducing costs and reducing ethical considerations in pre-  
615 clinical animal model research.

## 616 Materials and Methods

### 617 Human IPF reference expression data

618 Human IPF microarray data was obtained from the GEO (Gene Expression Omnibus) entry  
619 GSE47460 and subsampled according to the procedure specified in Wang and colleagues (Y.  
620 Wang et al. 2017). Raw microarray data was preprocessed by averaging the probe intensities  
621 for probes that represent the same gene, and further processed to obtain normalized gene  
622 expression levels.

623 Principal Component Analysis (PCA) on human expression data was performed using the  
624 pcaMethods R package version 1.78.0 (Stacklies et al. 2007). The following settings were  
625 applied: method = "nipals", scale = "uv", center = TRUE. Descriptive plots used the first and  
626 second principal components.

627 To attain class balance and focus on the common molecular features of the heterogeneous  
628 IPF landscape, IPF patients were subsampled to a representative selection by computing the  
629 medioids on the dimensionality-reduced principal components. The most representative IPF  
630 patients (medioids) were selected by compressing their expression profiles into  $m = 10$   
631 principal components (chosen  $m$  in 1, 2, ..., 10 as the one maximizing the explained variance  
632 in prediction  $Q^2$  metric in a 5-fold cross-validation), computing all pairwise Euclidean  
633 distances between IPF patients, and picking the 12 IPF patients with the lowest average  
634 distance to the rest of patients. After balancing, limma v3.42.0 (Ritchie et al. 2015) was  
635 applied to calculate differential expression between control and IPF patients.

### 636 Human NASH reference expression data

637 Human NASH RNA-sequencing data was obtained from the GEO entry GSE162694 (Pantano  
638 et al. 2021). Raw counts were preprocessed to obtain normalized gene expression levels.  
639 Differential expression was assessed between participants in fibrosis stages F4 and F0 using  
640 limma v3.42.0 on voom-normalised read counts. The NASH human recovery signature from  
641 F4 to F0 was obtained by flipping the sign of each fold change.

642 **IPF disease model data**

643 **Expression data**

644 Two murine IPF preclinical models were evaluated in a single experiment: the Bleomycin and  
645 the AAV-TGF $\beta$ 1 models, as published in the GEO entry GSE195773 (Strobel et al. 2022). After  
646 acclimating for one week, mice received intratracheal administration of either  $2.5 \times 10^{11}$  vg  
647 of AAV-TGF $\beta$ 1 or AAV-stuffer, 1 mg/kg Bleomycin, or NaCl solution in a volume of 50  $\mu$ L. Mice  
648 were sacrificed at five timepoints: day 3, 7, 14, 21 and 28. Differential expression analysis was  
649 performed using Limma and the matrix of voom-normalized read counts (Ritchie et al. 2015).  
650 We compared each model versus its day-matched control by timepoint: day 3, 7, 14, 21 and  
651 28. This led to 5 animal model signatures for the Bleomycin model and 5 signatures for the  
652 AAV-TGF $\beta$ 1 model.

653 **Lung capacity study**

654 We performed a separate experiment to specifically assess the effect of Nintedanib in lung  
655 capacity on the Bleomycin and the AAV-TGF $\beta$ 1 models, using C57BL/6JRj animals from  
656 Janvier. Mice were used in an age between 10-12 weeks. For both models, Bleomycin or  
657 TGF $\beta$ 1 AAV (AAV6.2 (2.5E+11 VG/animal) were administered i.t. on day 0 and mice were  
658 sacrificed on day 21. Nintedanib was given 50mg/kg, p.o., b.i.d. Animal experiments were  
659 ethically approved by the Regierungspräsidium Tübingen, Germany; license: 16-028 and 18-  
660 032. Lung function was measured as described in (Weckerle et al. 2023).

661 **NASH disease model data**

662 Three murine NASH preclinical models were evaluated in four newly generated experiments.

663 **Experimental design and RNA sequencing**

664 The first experiment included a CDAA (choline-deficient, L-amino acid-defined) diet-based  
665 model in a cross-sectional study. It is expected that animals fed this diet develop pronounced  
666 liver steatosis and a certain degree of inflammation, with an addition of cholesterol to  
667 aggravate liver fibrosis. Janvier C57BL/6JRj mice with an age of 8-9 weeks were fed with either  
668 choline-supplemented L-amino acid-defined (CSAA) Control E15668-04 or with CDAA 1%

669 Cholesterol E15666-94 (<https://www.ssniff.com>) for 12 weeks. Animals were then sacrificed  
670 to extract and sequence RNA. 200ng of RNA were used with TrueSeq mRNA stranded Single  
671 Index protocol. Library was sequenced on HiSeq3000 with single end reads 85Bp reads + 7  
672 index.

673 In a second experiment, the same CDAA model was used to test the experimental anti-fibrotic  
674 compound Elafibranor. Animals were treated with vehicle (0,5% Natrosol/0,015%TWEEN 80  
675 in 5 mL/kg) or 15mg of Elafibranor (Genfit 505) bid from day 10 to the end of the experiment.  
676 Animals were sacrificed after 11 weeks with and without Elafibranor treatment under the  
677 CDAA diet. 250ng RNA was used as input for NEB mRNA\_dual Index. Sequencing was  
678 performed on HiSeq4000 with 75bp single end + 8bp index.

679 The third experiment ran the CCl<sub>4</sub> (carbon tetrachloride) liver toxicity model in a time-course  
680 design. Janvier C57Bl/6JRj mice with an age of 8-9 weeks were fed ad libitum with standard  
681 diet (KLIBA 3438). Control animals in the healthy group were fed with olive oil whereas  
682 animals in disease group were fed with 10ml/kg olive oil dilution of CCl<sub>4</sub> with increasing dose:  
683 0.875ml/kg at day 1, 1.75ml/kg during week 1-3, 2.5ml/kg during week 4-6 and 3.25ml/kg  
684 from week 7-10. A mouse subgroup was sacrificed after 8 weeks of CCl<sub>4</sub> administration to  
685 obtain an animal model signature by comparing it to matched controls. Subsequent groups  
686 were left for 4, 8 and 12-week recovery to obtain three disease recovery signatures,  
687 comparing to the 8-week CCl<sub>4</sub> group before recovery. 200ng of RNA were used with TrueSeq  
688 mRNA stranded Single Index protocol. Library was sequenced on HiSeq3000 with single end  
689 reads 85Bp reads + 7 index.

690 The fourth experiment performed bile duct ligation (BDL) or sham surgery in a time-course  
691 study. 70 male CD1 mice (8wks old at study inception) were purchased from Charles River  
692 Laboratories, US. Mice were acclimated under standard housing conditions on standard diet  
693 for 1wk prior to study initiation. The study was conducted in compliance with Boehringer  
694 Ingelheim IACUC protocols. All mice were administered a single dose of Buprenorphine HCL  
695 (0.1mg/Ig) ≥60min prior to surgery. Mice were then anesthetized with a mixture of 2-3%  
696 Isoflurane + 1L/min oxygen. For BDL, the common bile duct was exposed through a midline  
697 abdominal incision, isolated from the surrounding tissue and occluded using two 5-0 sterile

698    sutures placed 2-3 mm apart with the upper suture proximal to the hilum. The bile duct  
699    remained intact. Sham animals underwent identical surgical procedures whereby the tissue  
700    surrounding the bile duct was manipulated but without obstruction. The abdominal incision  
701    was closed, and mice regained consciousness quickly under post-operative supervision and  
702    returned to home cages for the duration of the study and maintained on standard rodent  
703    chow and water diet. Mice were monitored daily for health and euthanized per timepoint  
704    under isoflurane. Animals were sacrificed at 3, 5, 7, 10, and 14 days post surgery. Livers were  
705    collected and saved directly into RNA-later solution. Livers in RNA-later were kept at 4°C for  
706    24hrs then transferred frozen at -80°C. Liver tissue was homogenized (Tissue Lyser II, Qiagen)  
707    using lysis buffer (TRIzol Reagent, Invitrogen). Total RNA was extracted from liver (PureLink  
708    RNA Mini Kit, Invitrogen), purified of gDNA (PureLink Genomic DNA Mini Kit, Invitrogen) and  
709    checked for quality and concentration (NanoDrop Eight Spectrophotometer,  
710    ThermoScientific). RNA quality analysis was performed using dilute purified RNA (GeneAMP  
711    PCR System 9700, Applied Biosystems) and (2200 TapeStation, Agilent Technologies). Samples  
712    with RNA Integrity Number less than 7.0 were not included in analysis. Samples were shipped  
713    to BGI Tech Solutions, (Hong Kong China) for next generation sequencing. Sequencing libraries  
714    were built according to the manufacturer's procedures for the TruSeq polyA kit. Paired-end  
715    sequencing was performed on an Illumina HiSeq 3000 to a depth of roughly 25 million reads,  
716    with a read length of 100 bases.

## 717    Data processing and differential expression

718    The pipeline for primary processing of NASH animal model RNA-Sequencing measurements  
719    has been previously described in detail (Söllner et al. 2017). We used the mouse reference  
720    genomes from Ensembl 84/GRCm38 (<http://www.ensembl.org>). Reads were mapped using  
721    the STAR aligner (Dobin et al. 2013). The gene expression was calculated using Cufflinks  
722    (Trapnell et al. 2013). Gene quantitation was performed with RSEM for generation of TPM  
723    and feature counts for generation of counts used in downstream analysis. Differential  
724    expression analysis was performed using Limma and the matrix of voom-normalized read  
725    counts (Ritchie et al. 2015).

726    Two kinds of signatures were obtained from differential expression contrasts: animal model  
727    signatures, when the contrast compared challenged animals to control animals, and

728 treatment signatures, when the contrast compared challenged and treated animals versus  
729 challenged animals.

730 In the first CDAA study, we obtained one animal model signature of CDAA versus CSAA diet  
731 at 12 weeks. In the second CDAA study, we obtained one treatment signature from the CDAA  
732 diet with versus without Elafibranor treatment at 11 weeks. In the CCl<sub>4</sub> study, we obtained  
733 one animal model signature comparing 8 weeks of CCl<sub>4</sub> administration versus matched  
734 controls, and three treatment signatures comparing 4, 8 and 12-week recovery versus the 8-  
735 week CCl<sub>4</sub> group. In the BDL study, we obtained one animal model signature by focusing on  
736 day 10 BDL versus sham surgery as the standard timepoint.

### 737 **Histological analysis in CCl<sub>4</sub> study**

738 To assess morphological changes in liver after the CCl<sub>4</sub> challenge, a histological analysis was  
739 used to calculate values describing degree of fibrosis, steatosis, and the area with  $\alpha$ Smooth  
740 Muscle Actin ( $\alpha$ SMA) expression in histological images. Images were taken from paraffin  
741 sections of mouse liver, stained by a Masson trichrome method and an  $\alpha$ SMA staining. Slides  
742 were systematically scanned with a Zeiss AxioScan.Z1 microscope (20x magnification) and  
743 exported with 1:2 scaling as images in TIF-format. In these images, the liver sections were  
744 segmented, and the area covered by liver then cut into mosaic tiles of size 1024 by 1024 pixels  
745 (from 160 to 716 tiles per slide). Shape information of the liver section for each tile was saved  
746 in images alpha channel for reuse during image analysis. Image analysis for all slides was done  
747 using HALO, a digital pathology software by Indica Labs (Corrales, NM, USA) that directly reads  
748 original czi-files. The Area Quantification Module was adapted to the  $\alpha$ SMA and Masson  
749 staining and the whole tissue was analyzed. Total area with typical blue Masson staining was  
750 determined and used in the calculation of a value corresponding to Collagen-content. Total  
751 area with typical red RefineRed marker was determined and used in the calculation of a value  
752 corresponding to  $\alpha$ SMA-content. The Vacuole Quantification Module was adapted to the  
753 Masson staining and used for the detection of vacuoles. Data were summarized with Tibco  
754 Spotfire, analysis was done with GraphPad Prism. The color deconvolution could not  
755 sufficiently separate the  $\alpha$ SMA marker (stain 1) and the blue counter stain (stain 2). Therefore,  
756 the area with  $\alpha$ SMA was corrected by subtracting double stained areas. This was done in  
757 Spotfire, calculating [% Stain 1 Positive Tissue] - [% Colocalized Tissue (stain 1 and 2)].

758 **Gene annotations and mappings**

759 **Orthology mapping and primary gene identifiers**

760 One-to-one orthologs were retrieved from the ENSEMBL (Yates et al. 2019) homology  
761 resource (jan2020.archive.ensembl.org) between *Homo sapiens* and *Mus musculus* ENSEMBL  
762 identifiers were used as primary throughout the analysis. Entrez gene symbols were mapped  
763 to ENSEMBL using biomaRt 2.42.0, archive version sep2019.archive.ensembl.org (Durinck et  
764 al. 2009).

765 **Gene set and pathway data**

766 Pathway-related gene sets were obtained from KEGG Release 96.0+/11-20 (Kanehisa et al.  
767 2022). The selection of Reactome pathways (Gillespie et al. 2021) came from MSigDB version  
768 7.0, C2 category, “CP:REACTOME” subcategory (Liberzon et al. 2015).

769 **Gene set enrichment analysis**

770 Gene Set Enrichment Analysis, or GSEA (Subramanian et al. 2005), was performed via the  
771 GSEA() function from the clusterProfiler R package version 3.14.2 (Yu et al. 2012), using  
772 pathway related gene sets mentioned above. For this analysis, genes were ranked by their  
773 fold changes. Mouse genes from animal model data were previously mapped to its human  
774 orthologue as described above. We excluded gene sets smaller than 15 genes from our  
775 analysis, while no upper limit on size was set. For each ranked list, the following parameters  
776 were used: by = "fgsea", exponent = 1, pAdjustMethod = "BH", nPerm = 100000, seed = TRUE.

777 **In Silico Treatment**

778 **Input data**

779 IST requires the following input data: molecular readouts for the human disease, fold changes  
780 for the animal models, an orthology mapping and a list of gene sets of interest. Their  
781 respective indexing notation is described in [Table 1](#): human samples are denoted by  $i$  (ranging  
782 from  $i_1$  to  $i_{n_i}$ ), human genes by  $j$  ( $j_1$  to  $j_{n_j}$ ), the quantitative values of disease scores by  $k$  ( $k_1$  to  
783  $k_{n_k}$ ), gene sets by  $s$  ( $s_1$  to  $s_{n_s}$ ), and statistical contrasts by  $t$  ( $t_1$  to  $t_{n_t}$ ). The variables mentioned  
784 throughout the methods that build on this notation are summarized in [Table 2](#).

785

Entity	Index	First element	Last element
Human sample	$i$	$i_1$	$i_{n_i}$
Human gene	$j$	$j_1$	$j_{n_j}$
Disease score value	$k$	$k_1$	$k_{n_k}$
Human gene set	$s$	$s_1$	$s_{n_s}$
Contrast in animal models	$t$	$t_1$	$t_{n_t}$

786 **Table 1.** Indexing notation for the human, animal, orthology and gene set (pathway) data.

787

Variable	Description
$x_{ij}$	Log2 expression value of the $j$ -th gene for the $i$ -th sample
$y_i$	Disease score of the $i$ -th sample
$g_k$	Set of samples with a disease score of $k$
$r_{jt}$	Log2 fold change of the $j$ -th (ortholog) gene in the $t$ -th disease model signature (zero for non-significant genes)
$\hat{y}_{is}$	Predicted disease score for the $i$ -th sample in the $s$ -th gene set regression model
$\beta_{js}$	Coefficient of the $j$ -th gene in the $s$ -th gene set regression model
$\varepsilon_{is}$	Error in the $i$ -th sample within the $s$ -th gene set regression model
$x'_{ijt}$	Log2 expression value of the $j$ -th gene for the $i$ -th sample after in silico treatment with the $t$ -th signature
$\hat{y}'_{its}$	Predicted disease score for the $i$ -th sample in the $s$ -th gene set regression model after in silico treatment with the $t$ -th signature
$\delta_{jts}$	Change in prediction within the $s$ -th gene set regression model associated to the $j$ -th gene in the $t$ -th signature
$\Delta_{ts}$	Change in prediction within the $s$ -th gene set regression model associated to the whole $t$ -th signature
$\Delta_{0s}$	Ideal change in prediction (recapitulation) of the $s$ -th gene set regression model

$\delta f_{jts}$  Percentage of ideal recapitulation within the  $s$ -th gene set regression model associated to the  $j$ -th gene in the  $t$ -th signature

$\Delta f_{ts}$  Percentage of ideal recapitulation within the  $s$ -th gene set regression model associated to the  $t$ -th signature

788 **Table 2.** Description of variables as used in the In silico Treatment models.

789 **Predictive modelling of human data**

790 The quantitative nature of IST relies on regression models, able to predict the disease stage  
791 of arbitrary humane gene expression profiles. To fit predictive models, features (human gene  
792 expression readouts)  $x_{ij}$  were provided in a scale suitable for addition, such as log2-  
793 transformed expression values), with no missing entries or constant genes. We further  
794 defined the response variable  $y_i$ , indicating disease stage. Based on disease stage, samples  
795 were stratified into sample groups  $g_k$ . If only control and disease samples were available, we  
796 set  $y_i = -1$  for disease and  $y_i = 1$  for controls, and defined two sample groups  $g_{-1} = \{i \mid y_i  
797 = -1\}$ ,  $g_1 = \{i \mid y_i = 1\}$  accordingly (see notation in **Table 2**).

798 Partial least squares, or PLS (Mevik and Wehrens 2007) models were fit using the caret R  
799 package version 6.0-85, within each gene set separately, yielding a total of  $n_s$  models. Let  $s$   
800 be a gene set with  $l$  genes, noted as  $j_1, \dots, j_l$  without loss of generality. The disease scores  $y_{is}$   
801 were expressed as:

802 
$$y_{is} = \mu_s + x_{ij_1} \beta_{j_1s} + \dots + x_{ij_l} \beta_{j_ls} + \varepsilon_{is} = \hat{y}_{is} + \varepsilon_{is}$$

803 where  $\hat{y}_{is}$  is the predicted disease score for the  $i$ -th sample in the  $s$ -th gene set. The model  
804 coefficients  $\mu_s$  and  $\beta_{js}$  were fitted using method = "kernelpls". Features were centered and  
805 unit scaled. For notation convenience,  $\mu_s$  includes all the feature centering and  $\beta_{js}$  includes  
806 the scale, i.e. is determined by dividing the model coefficient by the scaling factor of  $x_{ij}$ . The  
807 number of components was selected from  $K \in \{1, 2, 3, 4, 5\}$  using 5-fold cross-validation,  
808 repeated 20 times. Selection criteria was the minimum root mean squared error in prediction.  
809 The final model was fitted with the optimal  $K$ .

810 **Fold change projection**

811 A main step in IST is the projection of disease model signatures (fold changes associated with  
812 a statistical contrast  $t$ ) onto human expression data. As detailed above, log2 fold changes  
813 were calculated following the limma convention of linear modelling (Ritchie et al. 2015). For  
814 each signature, only significantly deregulated genes with  $|\log_2 FCI| > 0.25$  and false  
815 discovery rate  $FDR < 5\%$  (Benjamini and Hochberg 1995) were considered. Gene identifiers  
816 were mapped to one-to-one human orthologs, thus avoiding collisions of several animal  
817 genes mapping to the same human gene. Finally, the log2 fold change of an animal gene  $\tilde{j}$   
818 with a human ortholog  $j$  within the  $t$ -th signature was denoted  $r_{jt}$ , where  $r_{jt} = 0$  if  $\tilde{j}$  was not  
819 significant in  $t$ . The projection of fold changes, which we refer to as *fold change simulation* or  
820 overlay, was then defined as follows (Table 2):

821 
$$x'_{ijt} = x_{ij} + r_{jt}$$

822 Two types of signatures were considered: disease models and treatments. Disease models  
823 compare challenged versus control animals, whereas treatment signatures compare treated  
824 challenged animals with untreated challenged animals. The choice of simulated human  
825 samples and reference samples was determined by the corresponding sample groups. When  
826 assessing disease models, the aim is to simulate the challenge from animals onto human  
827 samples in  $g_1$  and compare the outcome to those in  $g_{-1}$ . The roles of  $g_{-1}$  and  $g_1$  are switched  
828 when assessing treatments. As a positive control for disease models, we included signatures  
829 obtained from the human reference data.

830 **Quantification of disease recapitulation**

831 Here we define recapitulation as the similarity between samples with simulated fold changes  
832 and reference samples. Recapitulation was quantified by predicting the disease scores of  
833 simulated samples using the previously fitted PLS models. The ideal recapitulation in animal  
834 models within the  $s$ -th gene set (Table 2) was defined as:

835 
$$\Delta_{0s} = \underset{i \in g_{-1}}{\text{median}}(\hat{y}_{is}) - \underset{i \in g_1}{\text{median}}(\hat{y}_{is})$$

836 On the other hand, for treatments:

837 
$$\Delta_{0s} = \underset{i \in g_1}{\text{median}}(\dot{y}_{is}) - \underset{i \in g_{-1}}{\text{median}}(\dot{y}_{is})$$

838 When simulating the fold changes onto the human samples in  $g_{-1}$  (animal models) or  $g_1$   
839 (treatments), the predicted disease score change  $\Delta_{ts} := y'_{its} - \dot{y}_{is}$  is independent of  $i$ , as  
840 shown:

841 
$$\begin{aligned} \dot{y}'_{its} &= \mu_s + x'_{ij_1t}\beta_{j_1s} + \dots + x'_{ij_lt}\beta_{j_ls} = \mu_s + (x_{ij_1} + r_{j_1t})\beta_{j_1s} + \dots + (x_{ij_l} + r_{j_lt})\beta_{j_ls} = \\ &= \dot{y}_{is} + r_{j_1t}\beta_{j_1s} + \dots + r_{j_lt}\beta_{j_ls} = \dot{y}_{is} + \delta_{j_1ts} + \dots + \delta_{j_lts} = \dot{y}_{is} + \Delta_{ts} \end{aligned}$$

842 Therefore, the change can be expressed down to the gene-level contributions, defining  $\delta_{jts}$   
843  $:= r_{jt}\beta_{js}$ , which do not depend on  $i$ :

844 
$$\Delta_{ts} = \delta_{j_1ts} + \dots + \delta_{j_lts}$$

845 To give a reference on the magnitude of the gene contributions  $\delta_{jts}$  and the whole signature  
846 changes  $\Delta_{ts}$  as a fraction of the ideal recapitulation, the following relative percentages were  
847 defined.

848 
$$\delta f_{jts}[\%] = 100 \frac{\delta_{jts}}{\Delta_{0s}}$$

849 
$$\Delta f_{ts}[\%] = 100 \frac{\Delta_{ts}}{\Delta_{0s}}$$

850 Those were easier to interpret and still verify that the overall recapitulation can be expressed  
851 as the sum of each gene's contribution, i.e.  $\Delta f_{ts}[\%] = \delta f_{j_1ts}[\%] + \dots + \delta f_{j_lts}[\%]$ . A  
852 recapitulation of  $\Delta f_{ts} \approx 100\%$  would imply that the median disease scores of samples  
853 simulated with fold changes from signature  $t$  corresponds to that of the reference samples.  
854 Accordingly, gene-level contributions  $\delta f_{jts}$  further show which genes had more influence in  
855 the final recapitulation. This justified why IST predicted strong or weak recapitulations. Genes  
856 meeting two conditions would provide large contributions in the right direction ( $\delta f_{jts} \gg 0$ ,  
857 i.e. agreement): having a large, significant fold change in the disease model, and finding the  
858 same direction of change in the PLS model in human data. Conversely, genes with large  
859 contributions in the opposite direction ( $\delta f_{jts} \ll 0$ , i.e. disagreement) would arise from strong  
860 changes in the disease model and the human data, but with opposite directions. Finally, genes

861 would show little contribution ( $\delta f_{jts} \approx 0$ ) if either they were not differential in the disease  
862 model, or the PLS model found barely any changes in the human reference, or both.

863 To evaluate the statistical significance of recapitulation  $\Delta f_{ts}$  of a signature  $t$  within a gene set  
864  $s$  we devised a null model for size-matched signatures and computed their recapitulation. In  
865 each null trial, carried out per animal study, the identities of all the genes were shuffled, so  
866 that the original number of differential genes and their fold change distribution were  
867 preserved. If time points were present, this also kept longitudinal gene co-expression  
868 patterns. The empirical p-values (North, Curtis, and Sham 2003) for the observed  $\Delta f_{ts}$  was  
869 then computed as  $p_{ts} = \frac{r_{ts} + 1}{N + 1}$ , where  $r_{ts}$  was the number of null trials, out of  $N = 1000$ ,  
870 with a recapitulation as extreme as  $\Delta f_{ts}$ . Empirical p-values were then adjusted for false  
871 discovery rate.

## 872 Graphical representations

873 The predicted disease scores for untreated samples  $\hat{y}_{is}$  and their simulated counterparts  $\hat{y}'_{its}$   
874 ([Table 2](#)) could be represented through gene set-wise boxplots. Keeping  $s$  fixed,  $\hat{y}_{is}$  were  
875 grouped in boxes by  $g_k$  and  $\hat{y}'_{its}$  by the signatures  $t$ . Every data point in the boxes  
876 corresponded to a sample  $i$ . The untreated samples would illustrate the reference ranges of  
877 disease scores for normal and disease states.

878 The overall gene set recapitulations  $\Delta f_{ts}$  were represented in heatmaps using the pheatmap  
879 R package version 1.0.12, where the rows were indexed by the signature  $t$  and the columns  
880 by the gene set  $s$ . The signature with the original human fold changes would serve as a  
881 reference recapitulation. Optionally, we displayed hierarchical clustering of the rows and  
882 columns used Euclidean distances and the “complete” method in `hclust()`, to unravel patterns  
883 of similar and dissimilar recapitulations in gene and signature clusters (Everitt et al. 2014).

884 For each gene set  $s$ , a heatmap was drawn to depict the gene level contributions. Fixing  $s$ , the  
885  $\delta_{jts}$  values were arranged, indexing the rows by the signature  $t$  and the columns by the gene  
886  $j$ . Again, the human signature would serve as a reference. Due to the large size of individual  
887 gene sets, only the top 50 contributing genes were displayed, defined as those with the

888 largest sum  $\sum_t \delta_{jts}^2$ . Optionally, hierarchical clustering was applied to highlight similar patterns  
889 in both gene and signature recapitulations.

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## 897 **Figure Legends**

898 **Figure 1 – Overview of the In Silico Treatment workflow:** (a) IST conceptual workflow. First,  
899 human disease samples are used to learn differences between healthy and disease gene  
900 expression patterns via predictive models. Second, fold changes of significantly deregulated  
901 genes in animal model signatures are overlaid onto the expression profile of their human  
902 ortholog genes, in the desired human population. This process is called the fold change  
903 simulation. Third, the newly obtained simulated human expression profiles are evaluated  
904 against the model from the first step. This resulting disease score is compared against disease  
905 scores of controls and disease. (b) Pathway models. Predictive models are fitted to gene sets  
906 representing key disease hallmarks. For each pathway and signature, the outcome of the IST  
907 workflow is expressed as percentage of ideal recapitulation. Signatures with recapitulations  
908 close to 0% describe a very modest modification of the disease score, while those closer to  
909 100% indicate a switch of the expression profiles towards the desired human population. The  
910 pathway recapitulations can be decomposed into additive contributions per gene. IST thus  
911 identifies what genes in a signature positively and negatively contribute to the overall  
912 recapitulation, and how much.

913 **Figure 2 – Assessment of animal model signatures for hallmark pathways in human IPF and**  
914 **NASH using GSEA and the IST pathway heatmap:** **(A)** Gene set enrichment analysis (GSEA) of  
915 the human IPF signature and the animal model signatures, mapped to their ortholog human  
916 genes. The heatmap depicts normalized enrichment scores (NES) from a pre-ranked GSEA for  
917 six IPF-related pathways. The NES sign defines the direction of the enrichment (positive for  
918 upregulation, negative for downregulation). Significance for pathway deregulation indicated  
919 at 10% false discovery rate. **(B)** Analogously, pre-ranked GSEA of the human NASH signature  
920 and the animal model signatures. **(C)** IST pathway heatmap for IPF human data and animal  
921 models. Recapitulation percentages are displayed, being 0% no recapitulation (expression  
922 profiles after fold change simulation still look like healthy humans) and 100% ideal  
923 recapitulation (simulated expression profiles look like human IPF expression profiles).  
924 Significance for positive recapitulation indicated as false discovery rate ranges: from 0 to 5%,  
925 from 5% to 20%, and greater than 20%. **(D)** Analogously, IST pathway heatmap for NASH  
926 human data and animal models.

927 **Figure 3 – Assessment of gene contributions in hallmark pathways in human IPF and NASH**  
928 **using the IST gene heatmap: (A)** Fold changes of disease-like states versus matched controls  
929 in logarithmic scale of a selection of relevant human genes and their murine one-to-one  
930 orthologs. Significance reported at 5% false discovery rate. **(B)** Analogous representation of  
931 fold changes for a selection of relevant genes in NASH. **(C)** Gene contribution heatmap  
932 obtained from IST, for the gene set “Activation of matrix metalloproteinases” as discussed in  
933 the IPF human disease context. Genes labelled in red are discussed in the main text. The  
934 heatmap scale represents gene contributions (%) for signature recapitulation. In orange,  
935 positive gene contributions imply that simulating the fold change of that gene helps bring  
936 human controls to IPF-like molecular profiles in that pathway, thus indicating agreement  
937 between species. In blue, negative gene contributions indicate disagreement, potentially  
938 implying opposite direction of change between humans and mice. In white, genes with low  
939 or no contribution; implies either no significant fold change, or low feature relevance in the  
940 context of classifying control versus human IPF in this pathway. The model weight scale  
941 describes the coefficient for each gene after fitting the linear predictor. Positive weights  
942 indicate genes that increase the disease score after upregulation, or equivalently, decrease  
943 the disease score after downregulation. Negative weights indicate genes that decrease the  
944 disease score after upregulation, or equivalently, increase the disease score after  
945 downregulation. **(D)** Gene contribution heatmap for the gene set “VEGF signaling pathway”  
946 in human IPF. **(E)** Gene contribution heatmap for the gene set “Extracellular matrix  
947 organization” in human NASH. **(F)** Gene contribution heatmap for the gene set “Regulation of  
948 lipid metabolism by PPAR $\alpha$ ” in human NASH. **(G)** Gene contribution heatmap for the gene set  
949 “Apoptosis” in human NASH.

950 **Figure 4 – IST analysis to assess recovery from human NASH using the IST pathway and gene**  
951 **heatmaps: (A)** IST pathway heatmap for the four human NASH hallmark pathways and the  
952 four NASH animal model signatures (three for recovery, one for treatment). We simulated  
953 fold changes on NASH F4 patients and expected good recovery signatures to bring the  
954 expression profiles closer to NASH F0 (ideal 100% recapitulation). **(B)** Fold changes of recovery  
955 versus disease-like states in logarithmic scale of a selection of relevant human genes and their  
956 murine one-to-one orthologs. Significance reported at 5% false discovery rate. **(C)** Gene

957 contribution heatmap obtained from IST, for the gene set “Extracellular matrix organization”.  
958 Gene contributions (%) indicate whether changes in recovery or treatment models align with  
959 human NASH expression reversal. Positive (orange) contributions indicate changes in the  
960 same direction as the human reference data, whereas negative (blue) indicates changes in  
961 the opposite direction. **(D)** Gene contribution heatmap obtained from IST, for the gene set  
962 “Regulation of lipid metabolism by PPAR $\alpha$ ”.

963 **Supplementary Figure 1 – Descriptive statistics of the animal models for IPF and NASH, and**  
964 **human IPF and NASH data:** **(A)** Principal components 1 and 2 for the IPF human reference  
965 data. IPF samples are shown in blue, while control samples are shown in red. Inclusion of  
966 individual IPF samples in the medoid subset is indicated by a black outline. **(B)** For principal  
967 components 1 to 10 in the IPF human reference data, cumulative percentage of variance  
968 explained ( $R^2$ ) and its cross-validated version ( $Q^2$ ). **(C)** Number of significant genes (absolute  
969 log fold change above 0.25 and false discovery rate below 5%) for the human IPF and the  
970 animal model signatures. **(D)** Lung forced vital capacity in the AAV-TGF $\beta$ 1 and the Bleomycin  
971 models with and without Nintedanib treatment. **(E)** Principal components 1 and 2 for the  
972 NASH human reference data. The color scale represents the fibrosis stages. **(F)** Number of  
973 significant genes for the human NASH disease and the animal models. **(G)** Number of  
974 significant genes for the human NASH reversal and the animal recovery signatures.

975 **Supplementary Figure 2 – Regression of liver damage during CCl<sub>4</sub>-washout in mice.** **(A)**  
976 Histological images of mouse liver during the baseline control, CCl<sub>4</sub> challenge and subsequent  
977 4, 8 and 12-week recovery (hematoxylin and eosin stain, Masson’s Trichrome). **(B)** aSMA and  
978 collagen area as computed from image data.

979 **Supplementary File 1 – Full gene heatmaps as computed with IST in the IPF and NASH use**  
980 **cases.** Zip file where all the genes belonging to each gene set were displayed, as opposed to  
981 the figures in the main text, which are limited to the top 50 genes. Plots include the evaluation  
982 of animal models in IPF and NASH, and the evaluation of treatments or recovery in NASH.

983

984 **Data and code availability**

985 All the newly generated mouse sequencing data will be deposited in GEO.  
986 The code implementing the computational methods in IST is available as an R package called  
987 IST at <https://github.com/bi-compbio/IST>, with a vignette that describes the approach,  
988 implementation, and usage. IST also bundles an interactive R shiny app, available at  
989 [https://github.com/bi-compbio/IST\\_browser](https://github.com/bi-compbio/IST_browser), that displays an IST results object to prioritize  
990 signatures and pathways by recapitulation, and to compare signatures within pathways. The  
991 code and data to reproduce the results of this manuscript can be found at  
992 [https://github.com/bi-compbio/IST\\_results](https://github.com/bi-compbio/IST_results)

993 **References**

994

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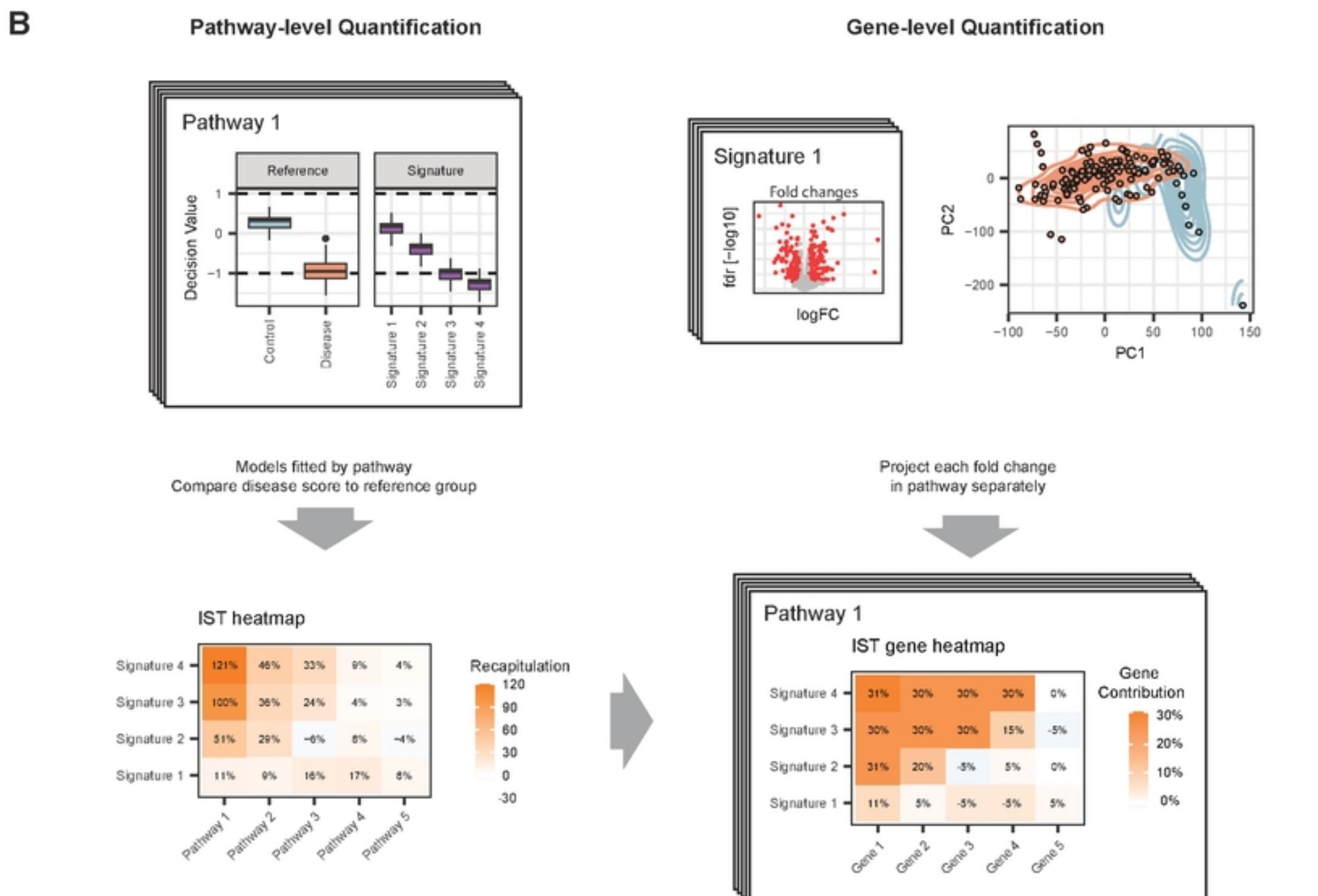
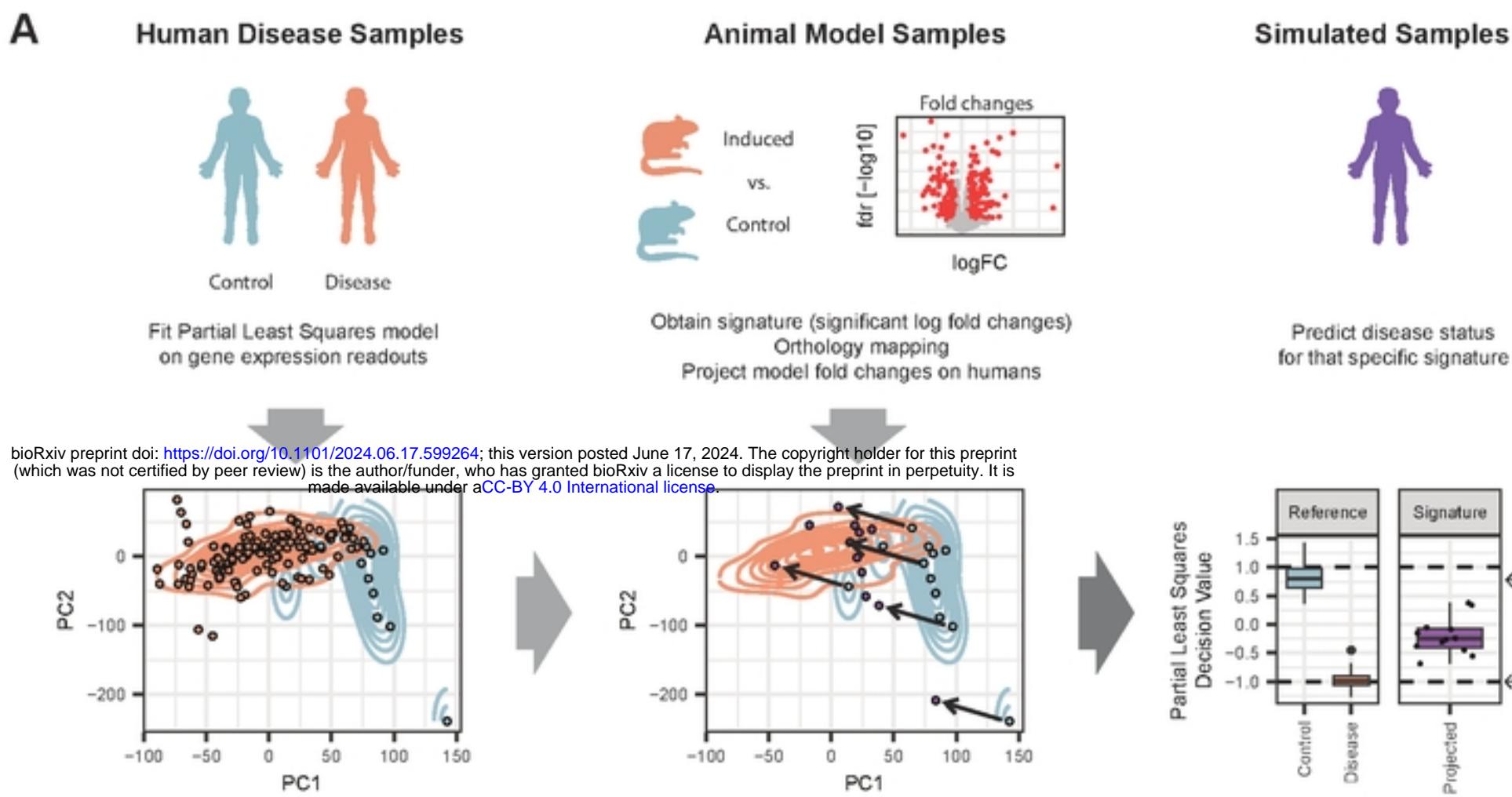
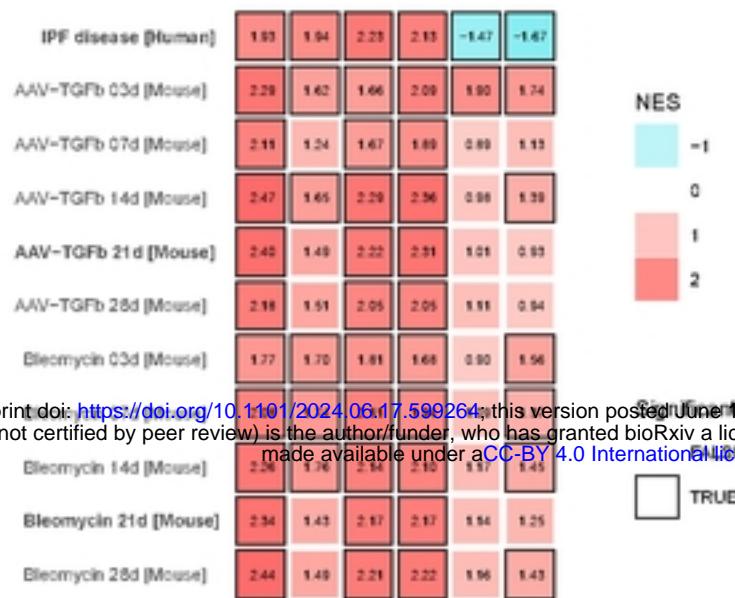


Figure 1

## Idiopathic Pulmonary Fibrosis (IPF)

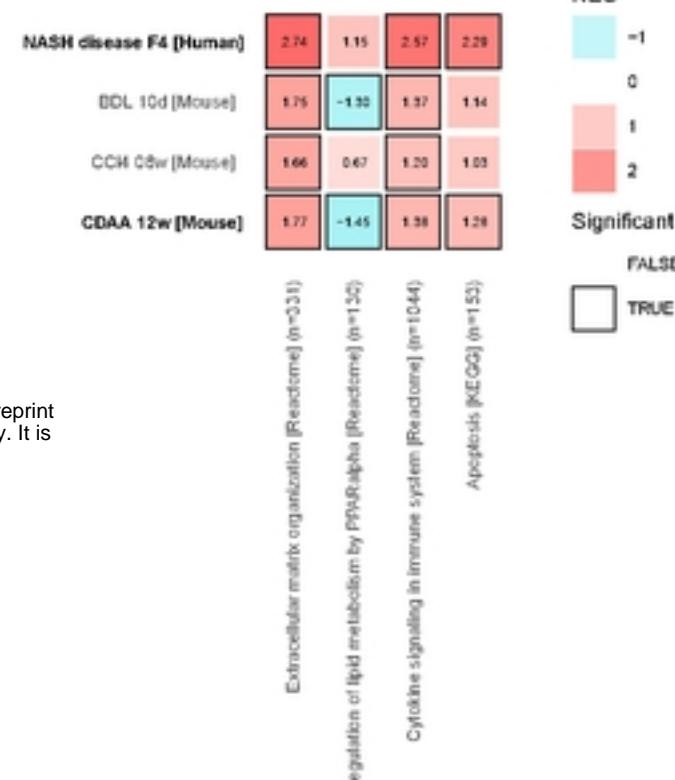
## Non-alcoholic steatohepatitis (NASH)

A

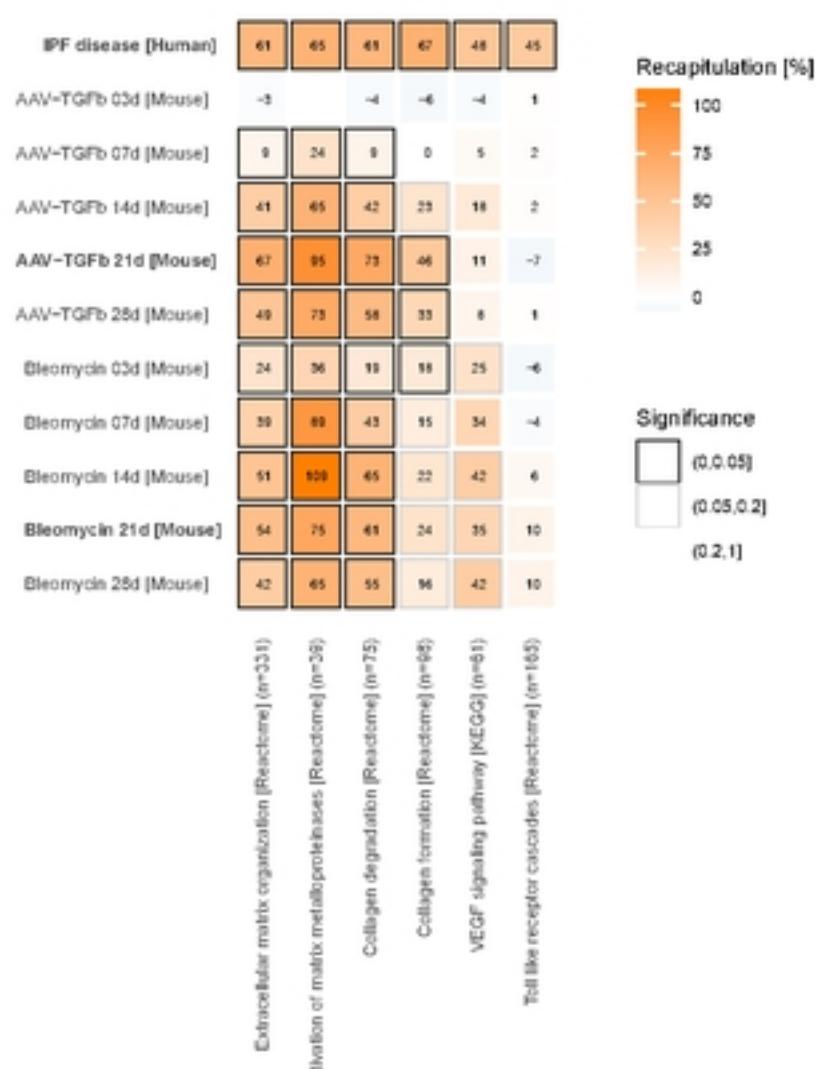


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B



C



D

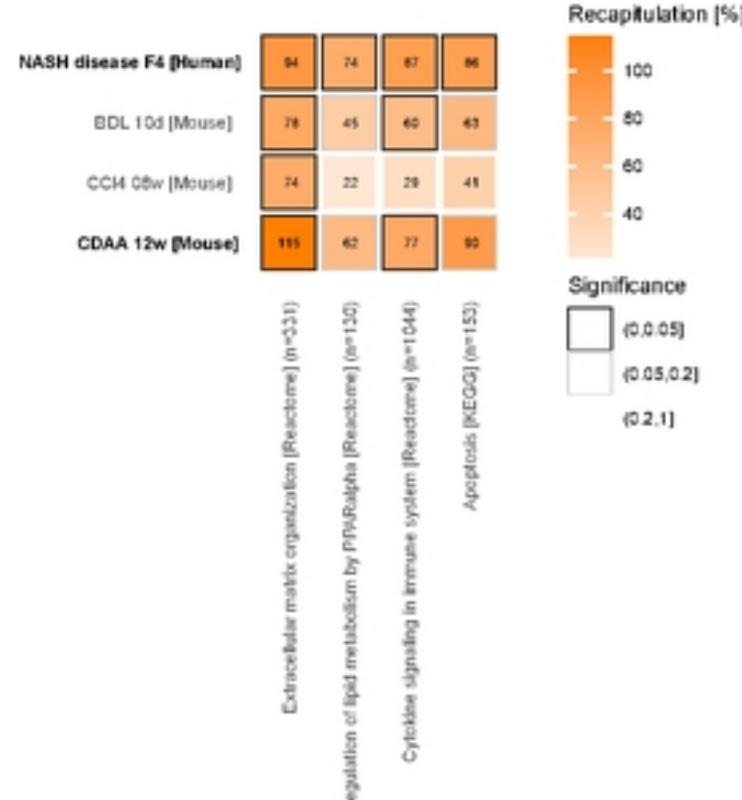


Figure 2

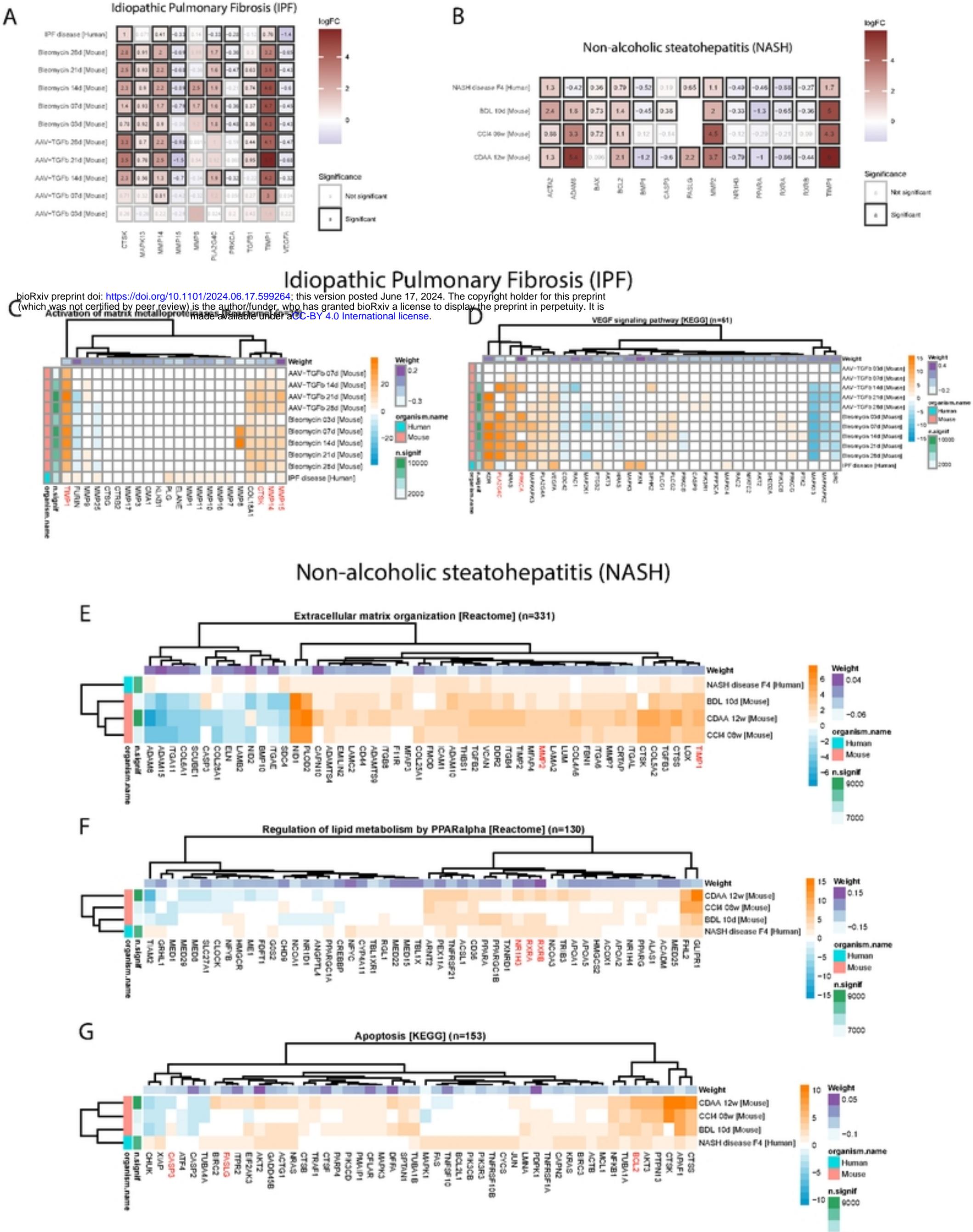
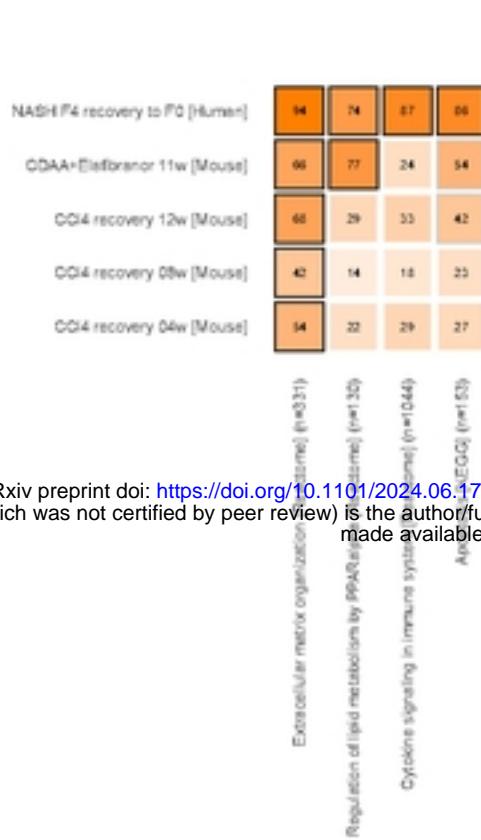


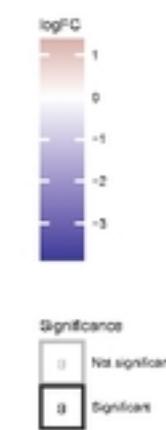
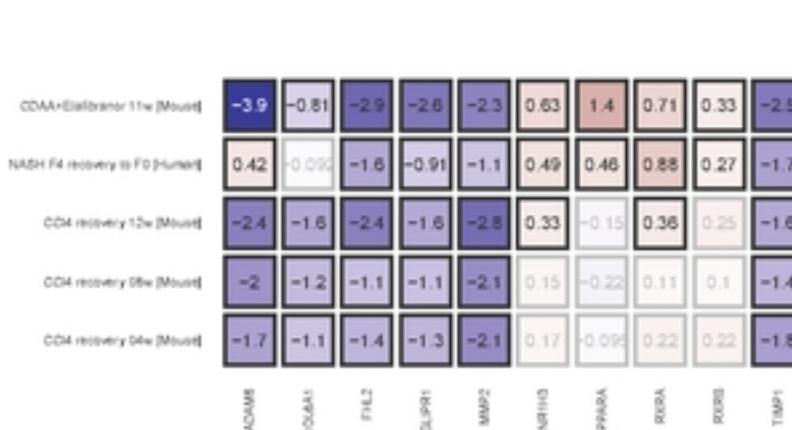
Figure 3

## Non-alcoholic steatohepatitis (NASH) recovery

A

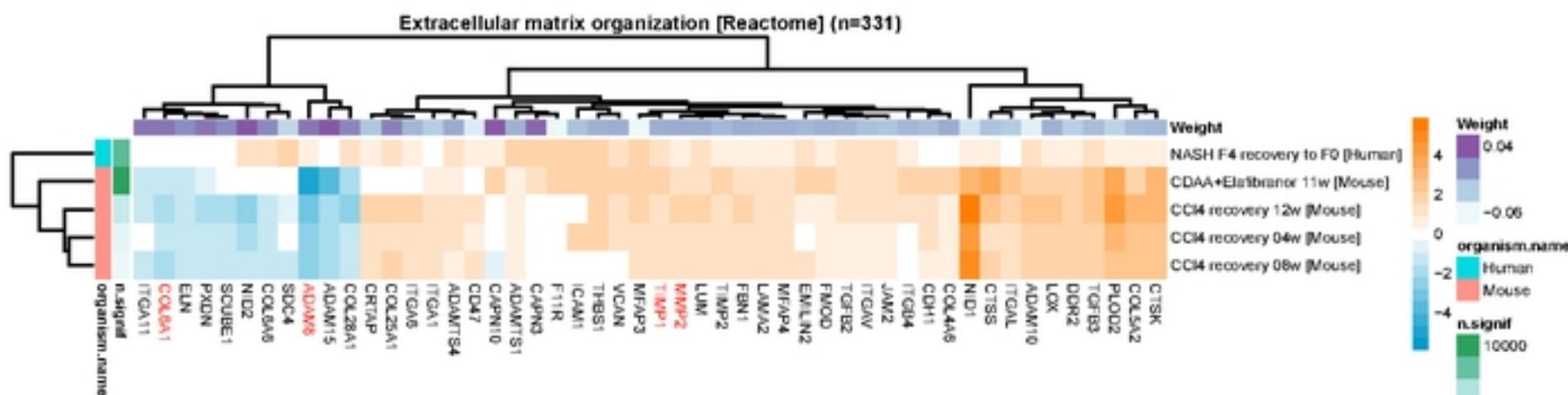


B



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C



D

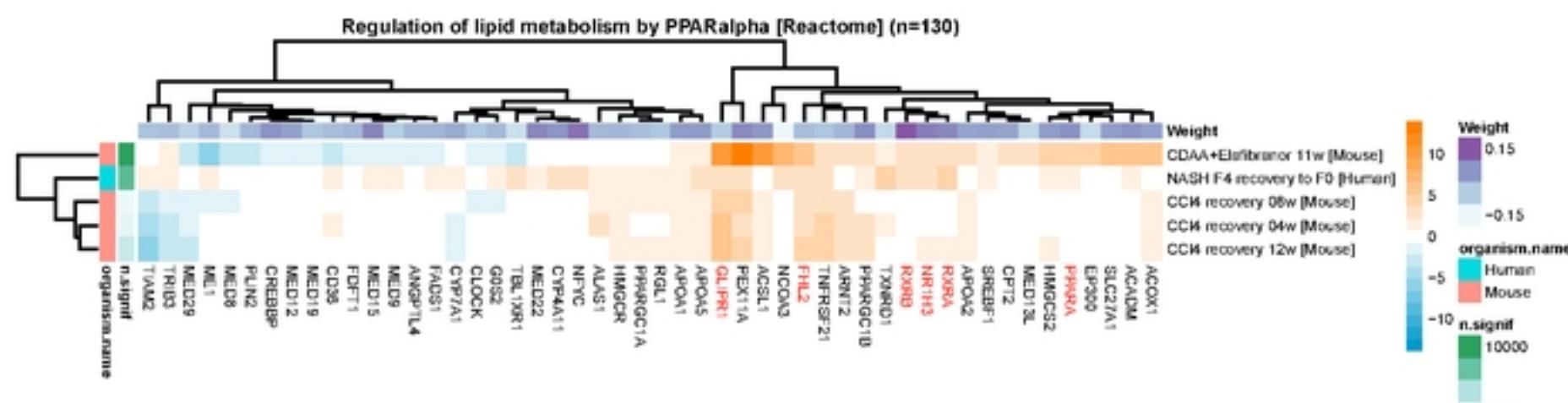
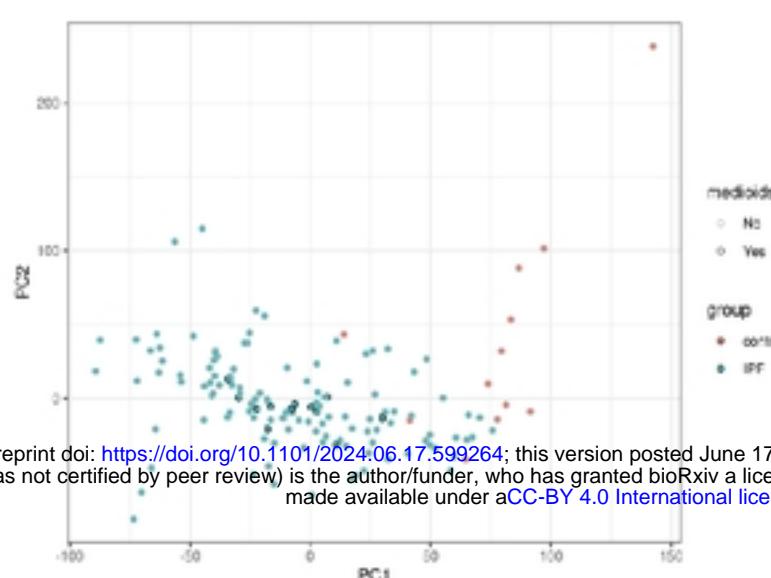


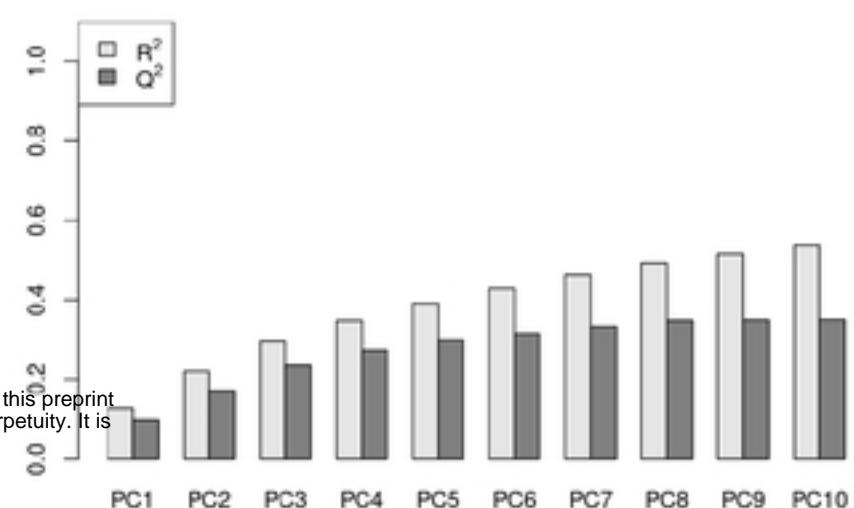
Figure 4

# Idiopathic Pulmonary Fibrosis

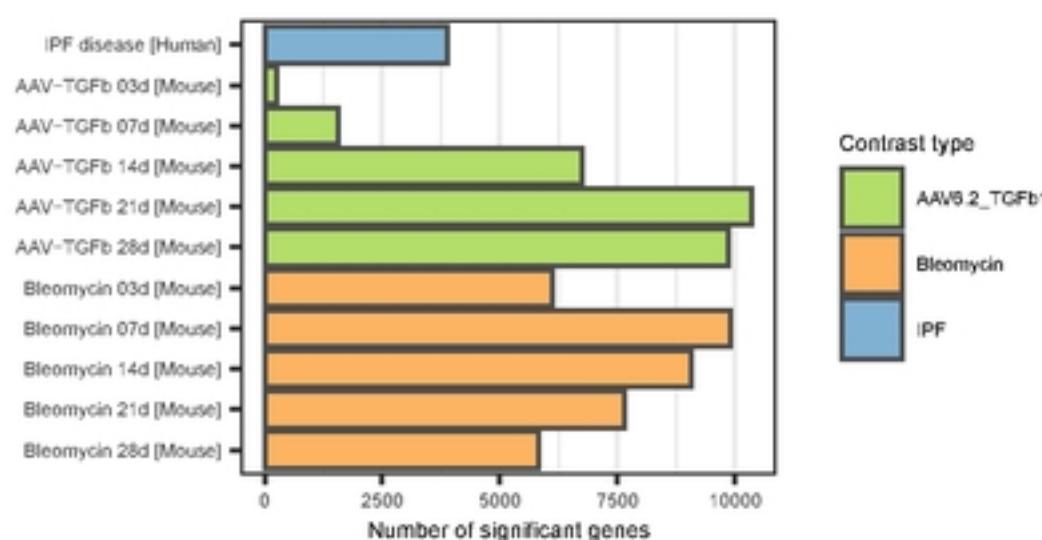
A



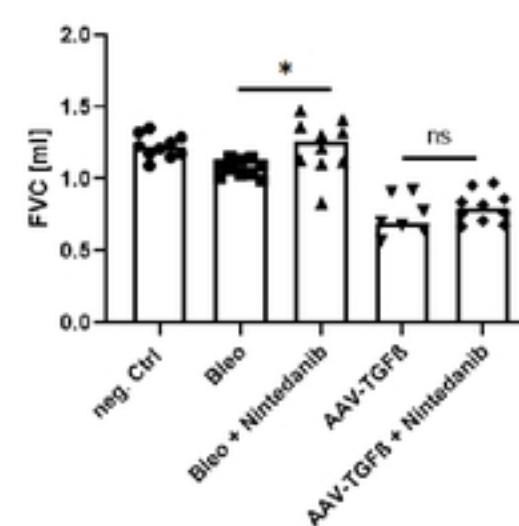
B



C

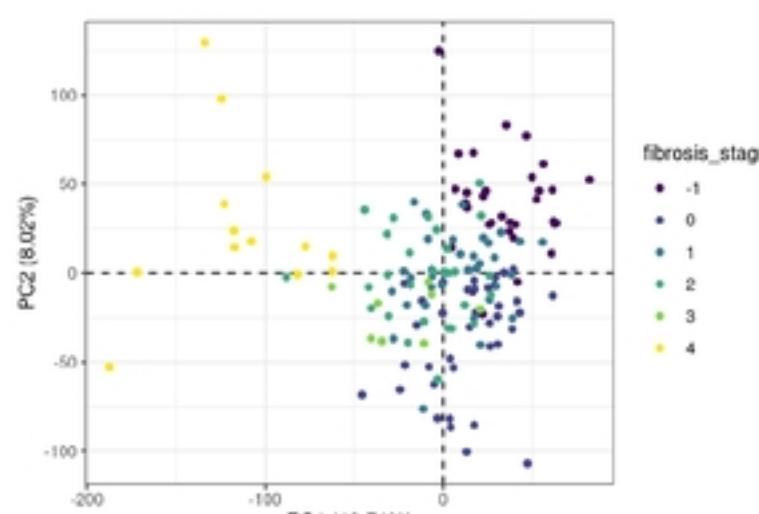


D

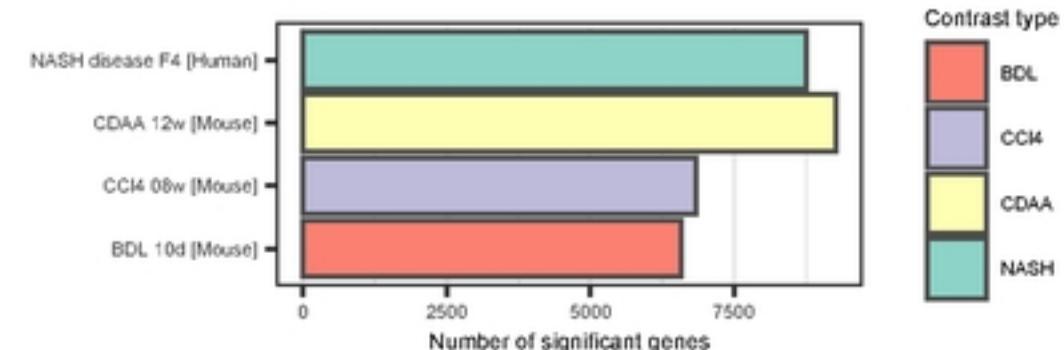


# Non-alcoholic Steatohepatitis

E



F



G

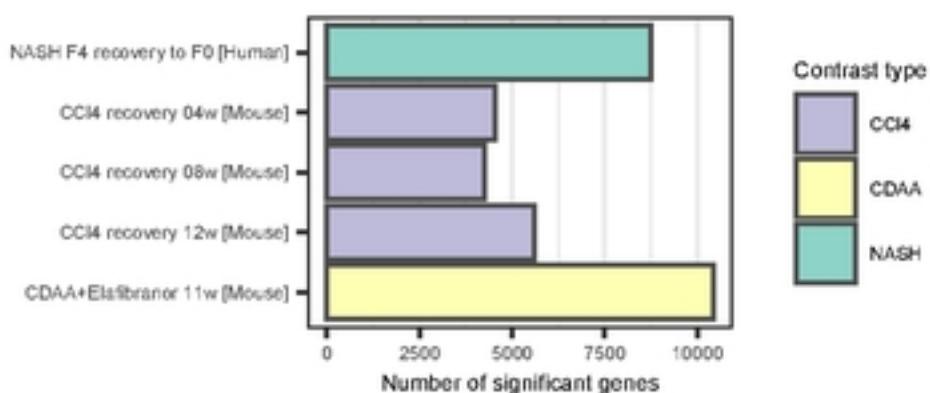


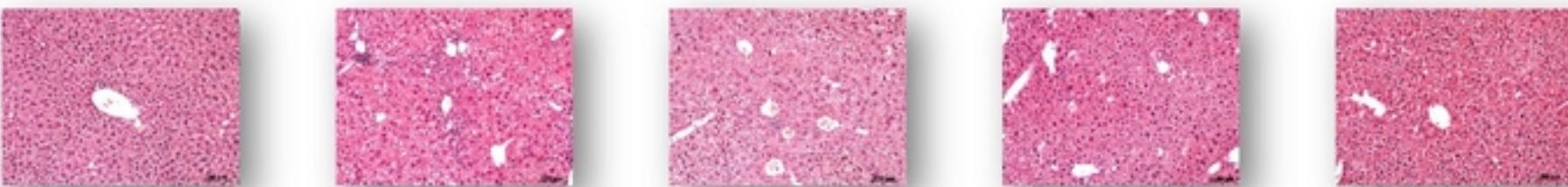
Figure S1

A

# Regression of liver damage during CCl<sub>4</sub>-washout in C57Bl/6J mice

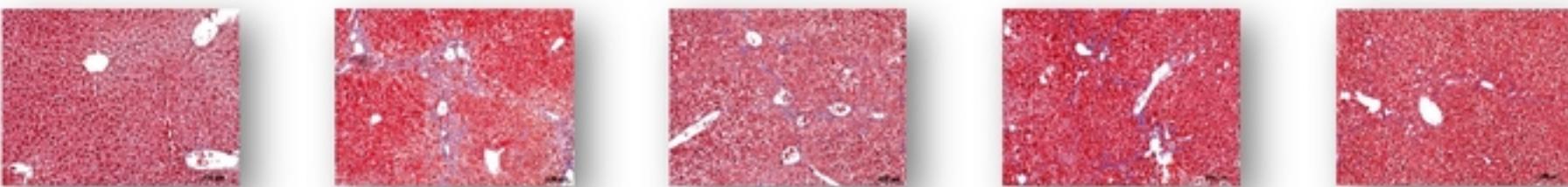
Mouse model for Non-Alcoholic Steatohepatitis (NASH)

Hematoxylin &  
Eosin stain



Baseline control      Baseline CCl<sub>4</sub> after 8 weeks      4-week recovery      8-week recovery      12-week recovery

Masson's  
Trichrome



B

