

# The node of Ranvier influences the *in vivo* axonal transport of mitochondria and signalling endosomes

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## Abstract

Efficient long-range axonal transport is essential for maintaining neuronal function, and perturbations in this process underlie severe neurological diseases. We have previously demonstrated that signalling endosomes are transported *in vivo* at comparable speeds across motor neurons (MNs) innervating different hindlimb muscles, as well as between forelimb and hindlimb peripheral nerves. In contrast, axonal transport is faster in MNs compared to sensory neurons innervating the same muscle. Found periodically across the myelin sheath, Nodes of Ranvier (NoR) are short uncovered axonal domains that facilitate action potential propagation. Currently, it remains unresolved how the distinct molecular structures of the NoR impact axonal transport dynamics. Here, using intravital time-lapse microscopy of sciatic nerves in live, anaesthetised mice, we assessed diverse organelle dynamics at the NoR. We first observed that axonal morphologies were similar between fast and slow MNs, and found that signalling endosomes and mitochondria accumulate on the distal side of the NoR in both motor neuron subtypes. Assessment of axonal transport of signalling endosomes and mitochondria revealed a decrease in velocity and increase in pausing as the organelles transit through the NoR, followed by an increase in speed in the adjacent intranodal region. Collectively, this study has established axonal transport dynamics of two independent organelles at the NoR *in vivo*, and has relevance for several pathologies affecting peripheral nerves and the NoR, such as peripheral neuropathy, motor neuron diseases, and/or multiple sclerosis.

**Keywords:** axonal transport, node of Ranvier, signalling endosomes, mitochondria, motor neurons, peripheral nerves, PNS.

## Introduction

Axonal transport is a fundamental biological process that maintains neuronal homeostasis with constant bidirectional shuttling of essential cargoes and structural components between the neuronal cell body and axon termini. Along the microtubule network, cytoskeletal elements (e.g., neurofilaments), as well as membranous (e.g., mitochondria, endosomes) and membraneless (e.g., RNA granules) organelles undergo plus-ended directed anterograde transport driven by members of the kinesin motor protein family, and minus-end directed retrograde transport via cytoplasmic dynein (Maday et al., 2014; Vargas et al., 2022). Effective long-range axonal transport is essential for maintaining neuronal function, and trafficking perturbations underlie several neurodevelopmental and neurological conditions (Sleight et al., 2019).

α-motor neurons (MNs) can be subclassified into fast MNs (FMNs) and slow MNs (SMNs), that selectively innervate specific skeletal muscle fibre subgroups. Both types of MN and the muscle fibres they innervate have distinct metabolic, functional and transcriptional properties (Stifani, 2014; Blum et al., 2021). Compared to SMNs that innervate slow oxidative type I muscle

fibres, FMNs have larger motor unit sizes, faster nerve conduction, different firing patterns, and they innervate type IIa fast oxidative-glycolytic, as well as type IIx and IIb fast glycolytic muscle fibres (Stifani, 2014; Ragagnin et al., 2019).

We have previously determined that signalling endosome transport speeds are similar between motor axons innervating prototypical fast and slow muscles (Tosolini et al., 2022). Likewise, axonal transport speeds are comparable between hindlimb and forelimb peripheral nerves (Lang et al., 2023). In contrast, signalling endosome transport in MNs is faster than in sensory neurons innervating the same muscle (Sleight et al., 2020a). Several factors directly influence axonal transport dynamics (Maday et al., 2014; Gibbs et al., 2015; Nirschl et al., 2017; Cason and Holzbaur, 2022), and can be perturbed in disease (Sleight et al., 2019; Berth and Lloyd, 2023). Collectively, this suggests that the axonal transport machinery is differentially modulated in physiological and pathological contexts.

As most *in vivo* axonal transport studies have prioritised larger and/or consistently sized axonal segments, our understanding of transport dynamics at highly specialised axonal regions, such as the node of Ranvier (NoR), remains incomplete. NoRs are short

uncovered axonal domains that facilitate action potential propagation, and each of the four regions (i.e., node, paranode, juxtaparanode and internode) are comprised of distinct structural and functional proteins (D'Este *et al.*, 2017; Rasband and Peles, 2021). Electron microscopy reveals reductions in axonal diameters at the NoR, which maximise electrical conduction velocities (Johnson *et al.*, 2015); these constrictions were attributed to reduced neurofilament, but not microtubule, content (Reles and Friede, 1991; Berthold *et al.*, 1993; Hsieh *et al.*, 1994). Most internodal neurofilaments are not continuous through the NoR and cease near the juxtaparanode, whereas microtubules extend through the NoR to connect adjacent internodes (Tsukita and Ishikawa, 1981), providing structural continuity for the continuous processive movement of cargoes.

Despite high organelle content (Berthold *et al.*, 1993; Fabricius *et al.*, 1993), unique axonal Ca<sup>2+</sup> dynamics (Zhang *et al.*, 2010) and high metabolic needs (Chiu, 2011), which are all features with the potential to regulate axonal transport, few studies have investigated transport dynamics at the NoR. Neurofilaments undergoing slow axonal transport (Brown, 2003) increase their speed through the NoR (Walker *et al.*, 2019; Ciocanel *et al.*, 2020). In contrast, muscle-administered horseradish peroxidase (HRP) (Berthold and Mellström, 1982), radiolabelled glycoproteins (Armstrong *et al.*, 1987), and lysosome-linked enzymatic activity (Gatzinsky and Berthold, 1990) are enriched at peripheral nerve NoRs, but little is known about their transport.

The aim of this study was to assess the *in vivo* axonal transport of two different organelles at the NoR in FMNs and SMNs to further our understanding of fast axonal transport dynamics through this specialised structure. Knowledge of how the node affects cargo delivery may reveal key mechanisms relevant for pathologies affecting peripheral nerves.

## Materials and Methods

### Animals

Animal experiments performed in the United Kingdom were conducted in accordance with the European Community Council Directive of 24 November 1986 (86/609/EEC), under license from the UK Home Office in accordance with the Animals (Scientific Procedures) Act 1986, and were approved by the UCL Institute of Neurology Ethical Review Committee. Procedures carried out in Italy were approved by the ethical committee and by the animal welfare coordinator of the OPBA from the University of Padua. All procedures are specified in the projects approved by the Italian Ministry of Health, Ufficio VI (authorisation numbers: 359/2015PR; 81/2017 PR; 521/2018 PR; 439/2019 PR) and were conducted in accordance with National laws and policies (D.L. n. 26, March 14, 2014), following the guidelines established by the European Community Council Directive (2010/63/EU) for the care and use of animals for scientific purposes.

3-6 month old heterozygous male and female mice of the following transgenic strains were used: 1) Tg(ChAT-EGFP)GH293Gsat/Mmucd mice (RRID: MMRRC\_000296-UCD; Gong *et al.*, 2003), referred to as 'ChAT.eGFP' mice; 2) B6.Cg-Tg(Thy1-CFP/COX8A)S2Lich/J (RRID: IMSR\_JAX: 007967) Misgeld *et al.*, (2007), referred to as 'Mito.CFP' mice; and 3) B6;CBA-Tg(Plp1-EGFP)10Wmac/J (RRID: IMSR\_JAX:033357) (Mallon *et al.*, 2002), referred to as 'PLP-GFP' mice. Mice were housed in individually ventilated cages in a controlled temperature/humidity environment and maintained on a 12 h light/dark cycle with access to food and water *ad libitum*.

### Intramuscular injections of HcT

Fluorescently-labelled atoxic fragment of tetanus neurotoxin (HcT-555) was prepared as previously described (Restani *et al.*, 2012). Briefly, HcT (residues 875–1315) fused to an improved cysteine-rich region was expressed in bacteria as a glutathione-S-transferase fusion protein, cleaved and subsequently labelled with AlexaFluor555 C2 maleimide (Thermo Fisher Scientific, A-20346). Mice were anaesthetised using isoflurane, and after the fur on the ventrolateral lower leg was shaved, mice were placed on a heat-pad ready for intramuscular injections. A small incision was made on the ventral surface below the patella for the tibialis anterior muscle (TA), whereas for the soleus muscle a vertical incision was made on the skin covering the lateral surface of lower hindlimb between the patella and tarsus to expose the underlying musculature. Guided by previously established motor end plate maps (Mohan *et al.*, 2014), intramuscular injections were performed, with 7.5–10 µg of HcT in PBS in a volume of ~3.5 µl using a 701 N Hamilton® syringe (Merck, 20,779) for TA, or 1 µl in PBS using pulled graduated, glass micropipettes (Drummond Scientific, 5-000-1001-X10) for soleus, as previously described (Mohan *et al.*, 2015). Upon HcT administration, the skin was sutured, and mice were monitored for up to 1 h before returning to the home cage.

### In vivo imaging

Signalling endosomes were visualised *in vivo* after administration of HcT, as previously described (Gibbs *et al.*, 2016; Sleight *et al.*, 2020b; Tosolini *et al.*, 2021). At least 4 h after HcT intramuscular injections, mice were re-anaesthetised with isoflurane, and the sciatic nerve was exposed by first removing the skin and then the overlying biceps femoris muscle. To aid the imaging process a small piece of parafilm was inserted between the underlying connective tissue and the sciatic nerve. The anaesthetised mouse and nosepiece were then transferred to an inverted LSM780 confocal microscope (Zeiss) enclosed within an environmental chamber maintained at 37°C. Time-lapse microscopy was performed using a 40x, 1.3 NA DIC Plan-Apochromat oil-immersion objective (Zeiss) focusing on axons around the NoR using an 80x digital zoom (1024 × 1024, < 1% laser power). Frame intervals of ~0.4–0.5 s were used when acquiring transport videos of motile HcT-positive signalling endosomes, whereas frame intervals of ~1.5–2.0 s were used when acquiring videos of motile Mito.CFP-positive mitochondria alone or in combination with HcT-positive signalling endosomes. All imaging was concluded within a maximum of 1 h from initiating re-anaesthesia.

### Morphological analysis of nodes of Ranvier

Axonal morphologies at the NoR were assessed using the HcT transport videos obtained in TA- or soleus-innervating motor axons from ChAT.eGFP mice, as previously described (Sleight *et al.*, 2020a; Tosolini *et al.*, 2022). Orthogonal measurements were made between the upper and lower or proximal and distal ends of axonal regions containing motile HcT signalling endosomes (**Figure 1A**). A minimum of ten measurements (i.e., combined proximal and distal internodal axonal diameter, axon diameter in the nodal constriction, and axon length in the nodal constriction) from at least three different axons were used to calculate the average diameter/length per animal.

### Analysis of the distribution of signalling endosomes and mitochondria

The distributions of signalling endosomes and mitochondria at the NoR were assessed from the axonal HcT transport videos in TA- or soleus-innervating motor axons in Mito.CFP mice. Using FIJI/ImageJ, the relative fluorescence profiles of HcT-containing signalling endosomes and mitochondria across the NoR and

internodal regions were measured after drawing an 80  $\mu\text{m}$  region centred around the nodal constriction from the Z-stack projection. After the background was subtracted, the relative fluorescence intensity profiles were then plotted, and averaged from a minimum of 3 axons per animal.

#### *Immunohistochemistry of the sciatic nerve*

**NoR staining.** Sciatic nerves were dissected from euthanised ChAT.eGFP mice and fixed in 4% paraformaldehyde in PBS for approximately 1 h at room temperature. Sciatic nerves were washed in PBS three times for 5 min, teased into individual fibres/bundles and were then permeabilised and blocked in a blocking solution containing 1% Triton X-100 and 10% bovine serum albumin in PBS for 1 h at room temperature. Sciatic nerve fibres were then incubated in a blocking solution containing primary antibodies against Nav1.6 [SCN8a] (1:400; Alomone, ASC-009) and Caspr [clone K65/35] (1:500; Neuromab 75-001, UC Davies) for ~3 d at 4°C with mild agitation. Following three washes in PBS at room temperature, fibres were then immersed in a solution containing anti-mouse-555 (1:500; Thermo Fisher Scientific; A-21422) and anti-rabbit-647 (1:500; Thermo Fisher Scientific; A31573) secondary antibodies in PBS for ~2 h at room temperature. Fibres were then washed three times in PBS, mounted in Fluoromount-G (Thermo Fisher Scientific, 00-4958-02) and covered with 22  $\times$  50 mm cover glass (VWR, 631-0137). Slides were dried and imaged with a LSM780 confocal microscope using a 63 $\times$  Plan-Apochromat oil immersion objective (Zeiss).

**HcT and Schwann cell cytosol.** Anaesthetised PLP-GFP mice were injected into the TA muscle with HcT (Tosolini *et al.*, 2021); after 24 h, mice were euthanised and the sciatic nerves dissected and fixed in 4% paraformaldehyde in PBS for 2 h at room temperature. After 3  $\times$  5 min washes in PBS, sciatic nerves were then de-sheathed, teased into individual fibres and mounted using Dako fluorescence mounting medium (Agilent Technologies, S3023). Z-stack images were obtained with a confocal microscope (Zeiss LSM900 Airyscan2) equipped with an EC Plan-Neofluar 40 $\times$ /1.30 oil objective.

#### *Tracking analysis*

Confocal “.czi” images were opened in FIJI/ImageJ (<http://rsb.info.nih.gov/ij/>), converted to “.tiff”, and using the TrackMate plugin (Ershov *et al.*, 2022) were tracked in a semi-automatic way for HcT-signalling endosomes (Tosolini *et al.*, 2022) or manually for mitochondria (Kalinski *et al.*, 2019). The following criteria were used for the tracking analysis: 1) only endosomes and mitochondria that were moving for  $\geq 10$  consecutive frames were included, and terminal pauses, as defined by the absence of movement in  $\geq 10$  consecutive frames, were excluded; 2) each axon required a minimum of 20 trackable organelles per axon, except for retrograde moving mitochondria which only required a minimum of 10 per axon; 3) at least three separate axons were assessed per mouse. A pause was defined by a previously motile organelle with a velocity of  $\leq 0.1 \mu\text{m/s}$  between consecutive frames (to account for a potential breathing/artificial pulsing artefact), and the time paused (%) was determined by dividing the number of pauses by the total number of frame-to-frame movements assessed from an individual axon.

Transport dynamics of the retrogradely moving HcT signalling endosomes, as well as anterogradely and retrogradely moving mitochondria were separately assessed with TrackMate (Ershov *et al.*, 2022), using the abovementioned criteria. Each frame-to-frame recording (e.g., velocity, pausing) was matched with its x and y co-ordinates, binned every 2  $\mu\text{m}$  across an 80  $\mu\text{m}$  axonal length centred at the NoR, and subsequently separated into either

the proximal internode, nodal constriction, or distal internode locations. The mean moving velocity represents the average of all frame-to-frame movements in a particular axonal area (excluding pausing events), whereas the relative frequency of mean pausing was determined by assessing the relative number of pauses in relation to the axonal location.

#### *Statistics*

GraphPad Prism 10 Software (Version 10.2.3) was used for all statistical analyses and figure production. Data were assumed to be normally distributed, and parametric data were assessed using paired or unpaired two-tail *t*-tests, as well as one-way or two-way analyses of variance (ANOVA) with Holm-Šidák's multiple comparison tests.

## **Results**

### **Identifying the node of Ranvier *in vivo***

To confirm the identity of the NoR, we performed immunohistochemistry on fixed, teased sciatic nerve fibres from ChAT.eGFP mice probing for established markers of the node and paranodal regions (Arancibia-Cárcamo *et al.*, 2017). As expected, we observed a ring-shaped cluster of Nav1.6 channels approximately in the middle of the ChAT.eGFP nodal constriction that is flanked by CASPR immunolabelling of the paranode (**Movie 1**). Therefore, we concluded that the identical constrictions observed in ChAT.eGFP sciatic nerves contain the nodal and paranodal regions and can be distinguished from the larger internodal regions using intravital imaging of the endogenous eGFP fluorescence in ChAT.eGFP mice.

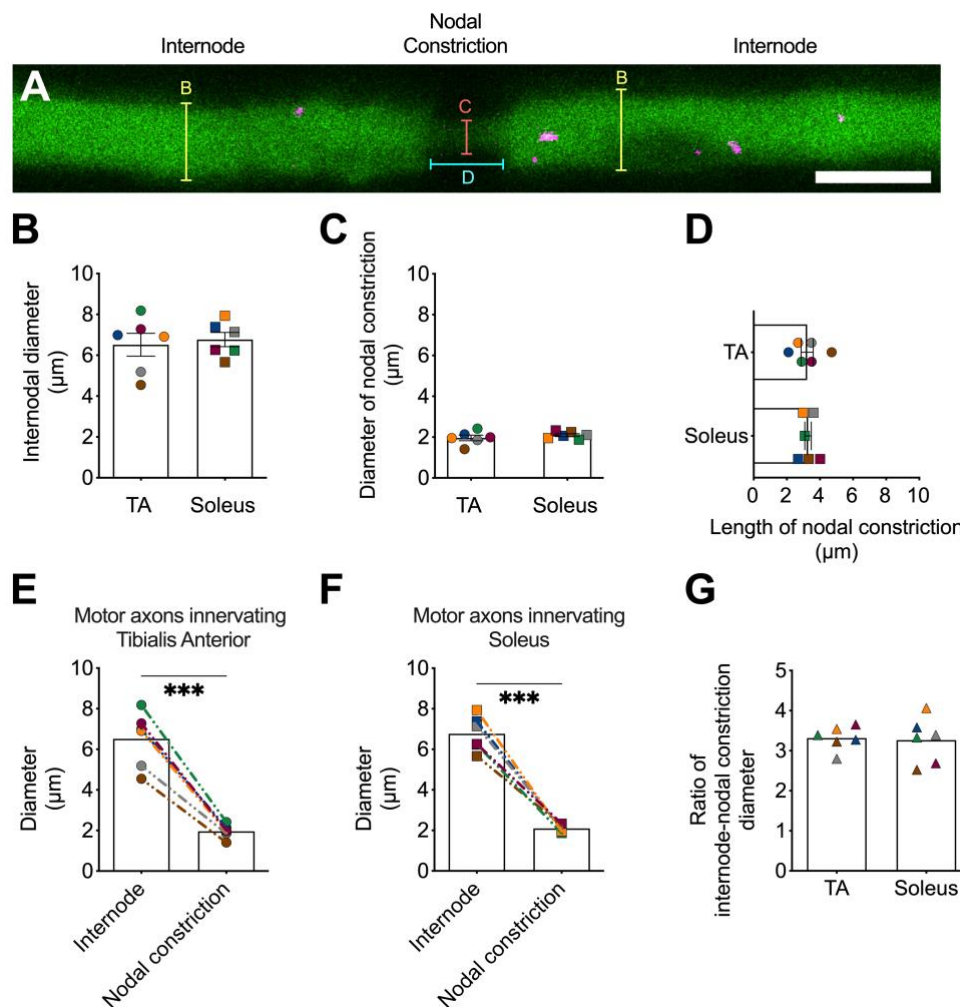
To locate the NoR in FMN and SMN axons *in vivo*, we performed intramuscular injections of HcT separately into TA or soleus muscles in ChAT.eGFP mice. HcT is internalised into axon termini of motor neurons through the binding to polysialogangliosides, nidogens (Bercsenyi *et al.*, 2014) and the tyrosine phosphatases LAR and PTPR $\delta$  (Surana *et al.*, 2024). Following sorting into a Rab5-positive endosomal compartment, HcT undergoes fast axonal retrograde transport toward the cell bodies of spinal cord motor neurons in Rab7-positive organelles (Deinhardt *et al.*, 2006; Goto-Silva *et al.*, 2019) using a cytoplasmic dynein- and microtubule-dependent process (Surana *et al.*, 2018).

Intravital imaging of ChAT.eGFP sciatic nerve cholinergic axons (i.e., MN axons) enabled the identification of nodal constrictions that are bordered on both sides by wider internodal regions (**Fig. 1A**). Assessing individual axons from the TA-innervated FMNs, or soleus-innervated SMNs revealed similar diameters of the internodal regions (**Fig. 1B**) and nodal constrictions (**Fig. 1C**), as well as the lengths of the nodal constrictions (**Fig. 1D**). This analysis also revealed that the differences in axonal diameters at the internode and nodal constriction were comparable between motor axons innervating TA (**Fig. 1E**) and soleus (**Fig. 1F**), which was confirmed when the ratios of internodal to nodal diameters ratios were calculated (**Fig. 1G**). From these analyses, we concluded that the morphological features of the NoR are equivalent in wild-type peripheral nerve motor axons innervating prototypical fast and slow muscles.

### **Signalling endosomes and mitochondria cluster at the distal NoR**

We next profiled the spatial location of signalling endosomes and mitochondria in relation to the nodal constriction in fast and slow motor axons. To label the different motor axon subtypes, we injected HcT into either TA or soleus muscles of Mito.CFP mice, and performed simultaneous time-lapse microscopy of HcT-signalling endosomes and mitochondria (Tosolini *et al.*, 2021),





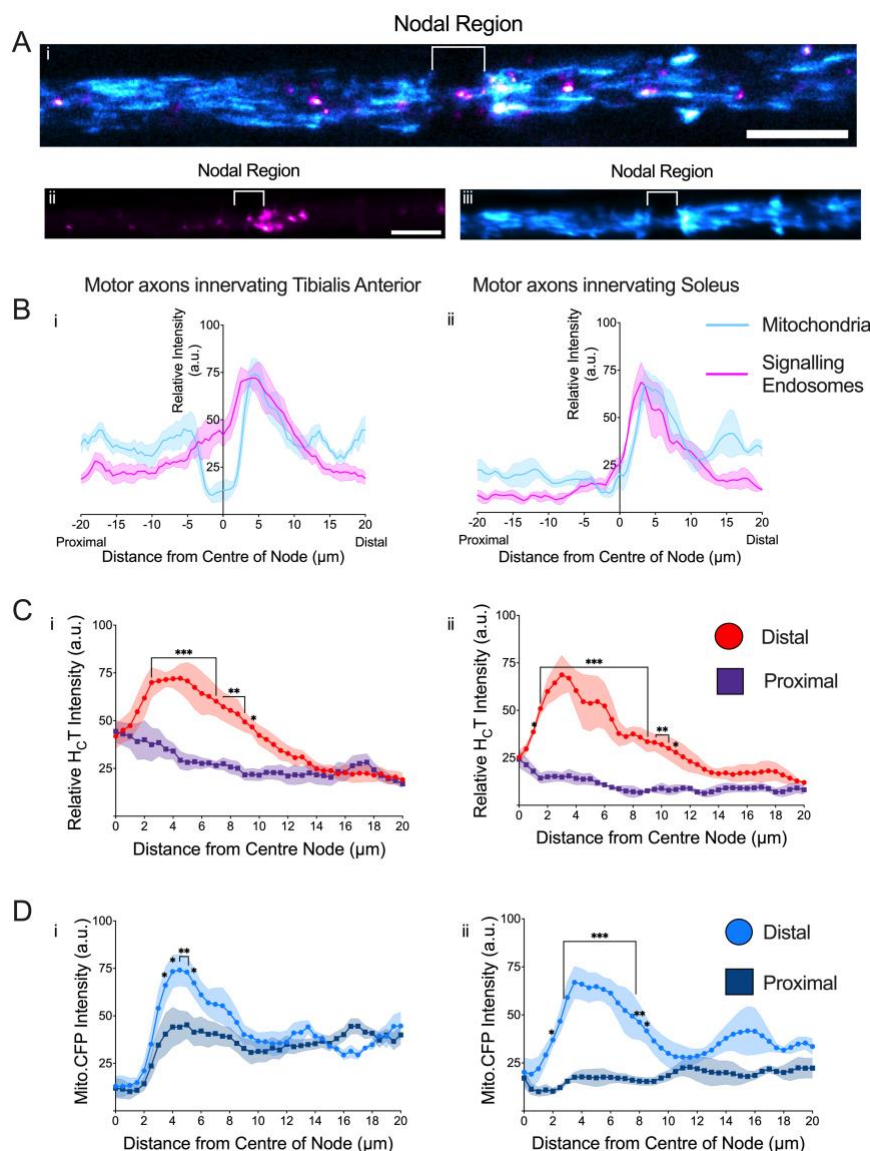
**Figure 1. Morphology of the Node of Ranvier is similar between fast and slow motor axons of the sciatic nerve.** **A)** Representative single frame image of HcT-555 containing signalling endosomes (magenta) in a single motor axon (green) from a ChAT.eGFP mouse sciatic nerve. Scale bar = 5 µm. Yellow lines represent the axonal region assessed to quantify the internodal diameters in **B**, the orange line represents the axonal region assessed to quantify the nodal constriction in **C**, and the cyan line represents the axonal region assessed to quantify the length of the nodal constrictions in **D**. Motor axons innervating tibialis anterior (TA) or soleus muscles display similar **B)** internodal diameters ( $p = 0.71$ , unpaired two-tailed t test), **C)** nodal constriction diameters ( $p = 0.40$ , unpaired two-tailed t test), and **D)** lengths of nodal constriction ( $p = 0.90$ , unpaired two-tailed t test). Furthermore, the differences in axonal diameters at the internode and nodal constriction were comparable between motor axons innervating **E)** TA and **F)** soleus muscles, and the **G)** ratios of internodal to nodal diameters were also comparable ( $p = 0.85$ , unpaired two-tailed t test). \*\*\* $p < 0.001$  assessed by two-tailed paired t test. For all graphs,  $n=6$ , means  $\pm$  SEM are plotted, and the colour-coding remains consistent between animals. **Linked to Movie 4.**

focusing specifically on the NoR (**Fig. 2Ai**; **Movie 2**). The individual fluorescence intensity profiles of both organelles were first created using z-projections of individual frames of time-lapse videos (**Fig. 2Aii-iii**), and then the fluorescence intensities of HcT-signalling endosomes and mitochondria were assessed across the whole region (80 µm). Surprisingly, we detected an accumulation of the fluorescent signal of both organelles specifically at the distal side of the nodal region (**Fig. 2B**). To quantify this, we directly compared the average axonal fluorescence intensities of signalling endosomes and mitochondria from individual videos of TA- and soleus-innervating axons from proximal and distal internodal regions. These analyses revealed that there were a greater number of immobile HcT-containing signalling endosomes (**Fig. 2C**) and mitochondria (**Fig. 2D**) at the distal side of the NoR, and this distribution was similar in TA- and soleus-innervating motor axons (**Fig. 2C,D**). To rule out that this clustering phenotype was caused by the administration of HcT and generation of HcT-containing signalling endosomes *in situ*, we evaluated the mitochondrial fluorescence profiles in naïve Mito.CFP axons (i.e., without intramuscular HcT injections). This analysis revealed the same mitochondrial distribution as shown in **Fig. 2D**, demonstrating that the accumulation of mitochondria seen distally at the NoR is independent of the presence of HcT (**Supplementary Figure 1**).

Previous studies suggest that axon-Schwann cell interactions regulate several critical functions. For example, CXCL12 $\alpha$ /SDF-1 released from perisynaptic Schwann cells promotes motor axon regeneration (Negro *et al.*, 2017), and ATP released from neurons activates Schwann cells (Rodella *et al.*, 2017). We therefore aimed to evaluate whether HcT-positive signalling endosomes are released by exocytosis from this site of communication between motor axons and Schwann cells. To do so, we injected HcT into TA muscles in the PLP-GFP mouse, in which GFP is exclusively expressed in Schwann cells (Negro *et al.*, 2022). 24 h after HcT injections, teased individual axons were isolated from the PLP-GFP sciatic nerves, and imaged. HcT clusters were again found in the distal portion of NoR; however no signalling endosomes were detected in the cytosol of Schwann cells (**Movie 3**), ruling out that HcT transferred from motor axons to Schwann cells. Altogether, using three separate transgenic reporter mouse models, we have shown that HcT-positive signalling endosomes, along with mitochondria, cluster specifically at the distal side of the NoR.

#### Axonal transport of signalling endosomes and mitochondria through the node of Ranvier.

We next sought to determine the axonal transport dynamics of both signalling endosomes and mitochondria through the NoR. First, we established that in ChAT.eGFP motor axons, HcT-

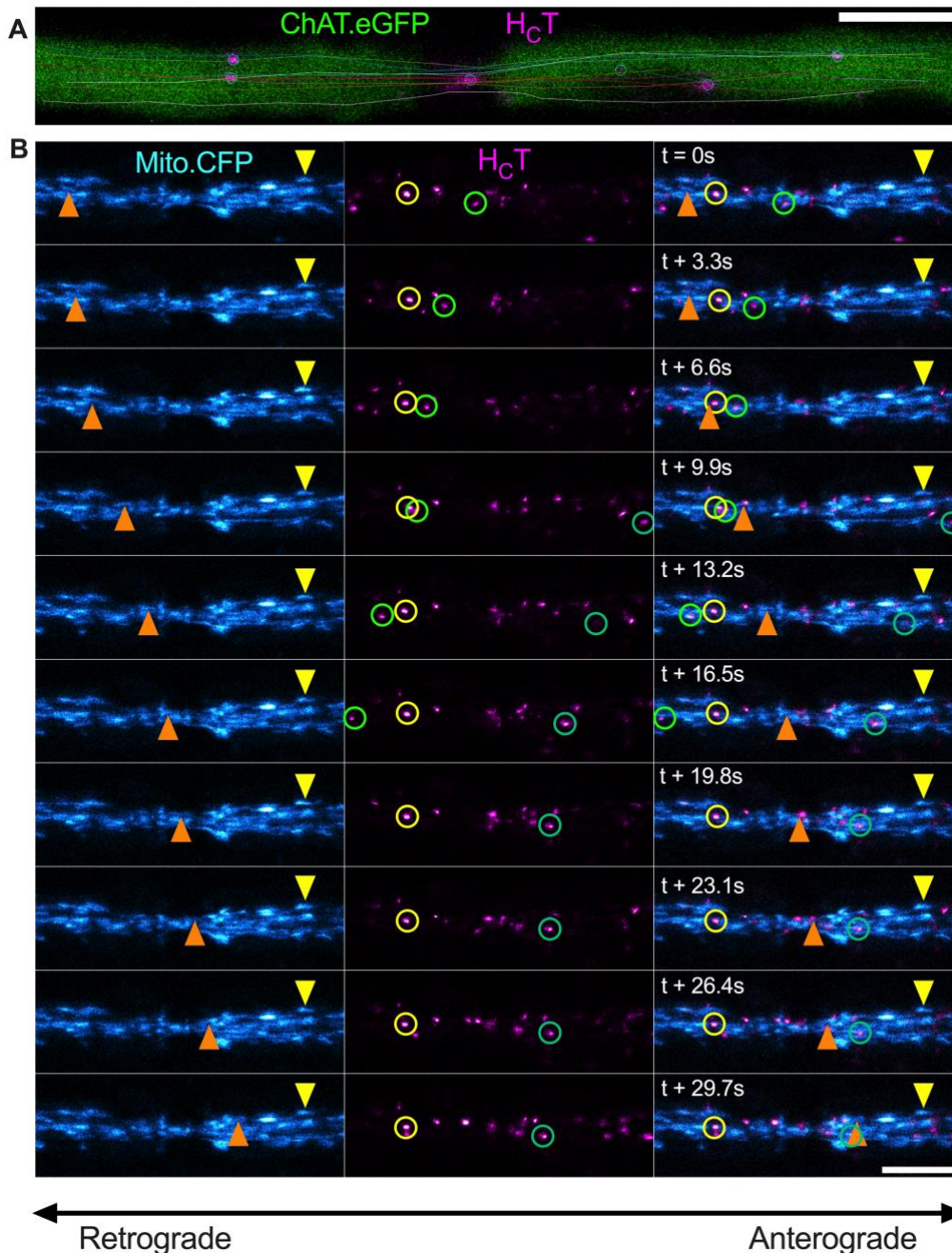


containing signalling endosomes narrow their trajectories as they traverse the nodal constriction (**Fig. 3A; Movies 2 and 4**). We found that bidirectionally moving mitochondria also funnel their paths through the NoR when transitioning from the larger internodal regions through the nodal constriction, and then widen their trajectories when entering the subsequent internodal region (**Fig. 3B; Movie 2**). We also observed non-linear courses that individual HcT-positive signalling endosomes would take as they approached the nodal constriction (e.g., moving in an 'S' shape (**Fig. 4A; Movie 5**) or travelling in a circular motion (**Fig. 4B-C; Movie 6**)). These unusual transport trajectories might be caused by signalling endosomes traversing areas where the normal microtubule distribution observed in internodal regions is altered in proximity to nodal constrictions, e.g., radial axonal expansions (Wang *et al.*, 2020), or circling areas with a high density of immobile organelles (e.g., mitochondria, **Fig. 4C**).

Following these observations, we then used semi-automated tracking of HcT-signalling endosomes in TA- and soleus-innervating motor axons of the Mito.CFP mouse using the TrackMate plugin (Ershov *et al.*, 2022) to assess transport

dynamics. Strikingly, retrogradely moving HcT-containing signalling endosomes reduce their mean velocities when approaching the nodal constriction, with a concomitant increase in the relative frequency of pausing. This was followed by an increase in retrograde velocities on the proximal side of the NoR in both TA- (**Fig. 5A**) and soleus- innervating motor axons (**Supplementary Figure 2**). Quantitative analyses in TA-innervating axons indicated that the mean velocities of HcT-containing signalling endosomes in the nodal constriction were ~48% and ~40% slower compared to the proximal and distal internodal regions, respectively (**Fig. 5B**). Furthermore, the retrograde transport speeds through the proximal internode were ~14% faster compared to distal internode regions (**Fig. 5B**). In addition, in TA-innervating motor axons pausing was ~86% and ~67% lower in the proximal and distal internodal regions respectively, compared to the nodal constriction (**Fig. 5C**). Similarly in soleus-innervating motor axons, the mean velocities of HcT-signalling endosomes in the nodal constriction were ~46% and ~35% slower compared to the proximal and distal internodal regions, respectively (**Supplementary Figure 2B,C**). As the transport dynamics of HcT-signalling endosomes at the NoR largely overlap in FMN and SMN motor axons (**Fig. 5D,E**;



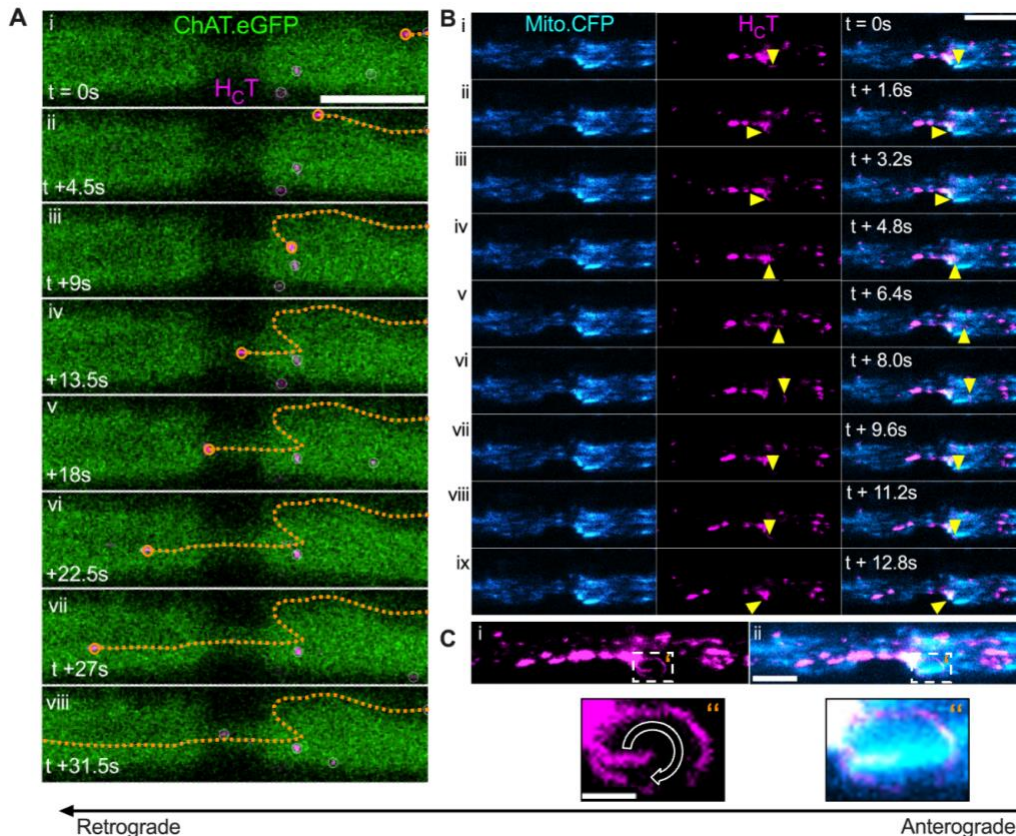


**Figure 3. Axonal cargoes are bi-directionally funnelled through the node of Ranvier (NoR).** **A)** *In vivo* imaging of the NoR reveals that trajectories (lines) of HcT-containing signalling endosomes (circles) narrow as they pass through the nodal constriction in sciatic nerve motor axons from a ChAT.eGFP mouse and expand in the adjacent internodal region. **B)** Time-lapse images taken every 3.3 s of mitochondria (cyan) and HcT-containing signalling endosomes (magenta) at the NoR from the same sciatic nerve axon in a Mito.CFP mouse. Turquoise and green circles identify retrogradely moving HcT-containing signalling endosomes, orange triangles identify anterograde moving mitochondria, and yellow triangles/circles identify paused/immobile organelles. Anterograde movement is from left to right, and retrograde movement is in the opposite direction. Scale bar = 5  $\mu$ m.

**Supplementary Figure 2 D,E)**, we conclude that motor neuron subtypes do not determine overt changes in axonal transport dynamics at the NoR, which is consistent with our previous observations across the larger internodal axonal region (Tosolini *et al.*, 2022)

To determine whether these phenotypes are either specific for the organelle and/or direction of travel, we assessed *in vivo* mitochondrial axonal transport in TA-innervating motor axons, from the same videos as the analysis of HcT-signalling endosomes (e.g., **Fig. 5**). Using the manual tracking feature of TrackMate (Ershov *et al.*, 2022), we assessed axonal transport of mitochondria through the nodal constrictions separately for anterograde and retrograde directions (**Movie 7**). Like our observations for HcT-containing signalling endosomes, the mean velocity of mitochondria is also reduced at the nodal constriction,

which was then followed by an increase in velocities for both anterograde and retrograde moving mitochondria (**Fig. 6A Supplementary Figure 3**). Anterograde mitochondrial velocities in the nodal constriction were ~28% and ~21% slower (**Fig. 6B**) compared to the proximal and distal internodes, respectively. Similarly, the mean velocities of retrogradely moving mitochondria were ~24% and ~23% slower in the nodal constriction compared to the proximal and distal internodal regions, respectively (**Fig. 6B**). We also observed faster mean velocity for anterograde moving mitochondria in the proximal internode compared to the distal internode, replicating the results obtained with signalling endosomes (**Fig. 5B**). However, unlike the significant increase in signalling endosome pausing frequency observed at the nodal constriction (**Fig. 5C**), the increase in pausing frequency for anterograde and retrograde moving mitochondria is not statistically significant (**Fig. 6C**).



**Figure 4. Non-linear trajectories of signalling endosomes are evident as they funnel through the node of Ranvier. A)** Time lapse image series of an individual HcT-containing signalling endosome (magenta, with orange circle) travelling on an “S-shaped” trajectory (orange dotted lines) during *in vivo* axonal transport through the NoR from a ChAT.eGFP sciatic nerve motor axon. Frame interval = 4.5 sec. Linked with **Movie 5. B)** Time lapse image series demonstrating an individual HcT-containing signalling endosome (magenta, with yellow arrowheads) moving in a “circular” pathway around an individual mitochondrion (cyan) in a Mito.CFP sciatic nerve axon. Frame interval = 1.6 sec. Linked with **Movie 6. C)** Z-stack maximum projection of **B**, highlighting the circular pathway that an individual HcT-containing signalling endosome (magenta) as it traverses around a mitochondrion. **C'** and **C''** are enlargements of the boxed area in **C**. Scale bar **C** = 10µm, **C'** = 2 µm.

In summary, we have characterised a novel *in vivo* axonal transport profile of signalling endosomes and mitochondria across the NoR in multiple motor neuron sub-types within the sciatic nerve.

## Discussion

Axons are reliant upon efficient transport to maintain neuronal homeostasis. Using our intravital imaging approach (Sleigh *et al.*, 2020b; Tosolini *et al.*, 2021), we aimed to resolve the *in vivo* axonal transport dynamics of multiple organelles at the NoR in intact and synaptically-connected motor axons in the sciatic nerves of healthy mice. Firstly, we observed equivalent morphological features of the NoR in motor axons innervating prototypical fast and slow muscles. Next, we observed co-clustering of signalling endosomes and mitochondria specifically at distal side of the NoR. Our *in vivo* axonal transport analyses revealed a slowing of mitochondria and signalling endosomes as they approach the NoR, with a concomitant rise in pausing events. This was followed by an increase in velocity in the adjacent intranodal region, irrespective of directionality, organelle, and motor neuron subtype. Collectively, these findings further our understanding of the morphology and physiology of NoR in peripheral nerve axons.

### Peripheral nerve NoR morphology

We have previously reported that peripheral cholinergic motor axons transporting HcT upon uptake at neuromuscular junctions are larger in diameter than HcT-positive peripheral sensory axons innervating the same muscle (Sleigh *et al.*, 2020a), and that ventral roots have a larger average calibre than dorsal roots in healthy mice (Rossor *et al.*, 2020). Such differences have also been shown in central nervous system (CNS) axons (e.g. auditory system neurons; Ford *et al.*, 2015) and in ventral funiculi axons in the thoracic spinal cord (Perrot *et al.*, 2007). Conversely, the mean intranodal diameters of motor axons innervating the TA, lateral

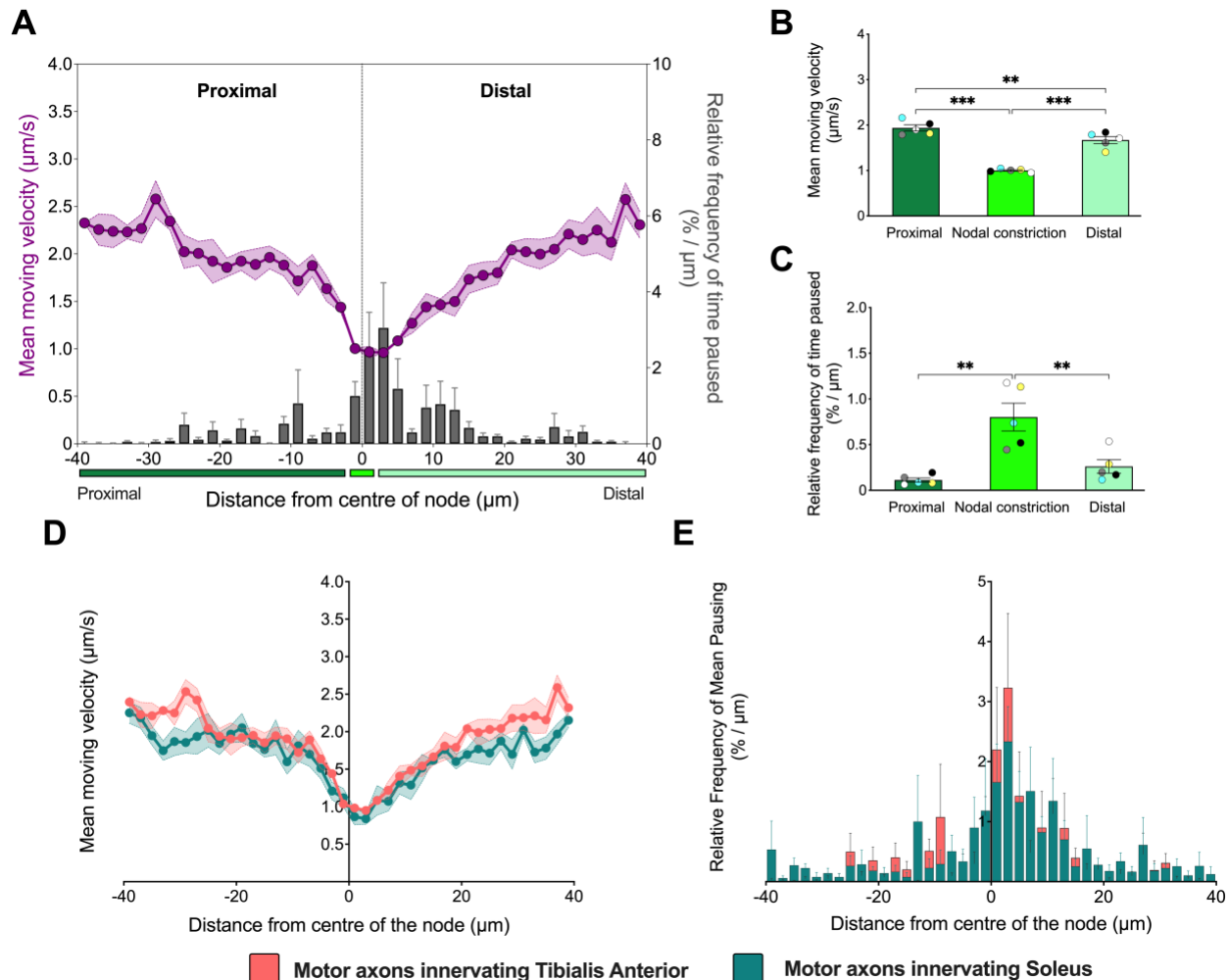
gastrocnemius and soleus muscles do not differ (Tosolini *et al.*, 2022).

Here, we reveal comparable NoR morphological features between HcT-labelled FMN and SMN sciatic nerve axons, which are in turn, also comparable to the previously reported sciatic nerve profiles (Perrot *et al.*, 2007) and morphometric results obtained from tibial nerve explants (Walker *et al.*, 2019). In contrast, morphological features of the NoR in the CNS axons, such as those in the rat optic nerve and cerebral cortex, are heterogeneous, with changes observed between axons rather than within axons, even when comparing axons with similar intranodal diameters (Arancibia-Carcamo *et al.*, 2017).

### Organelle accumulations at the NoR

We show for the first time dual-organelle accumulation at the NoR *in vivo* and from the same axon. As the peak fluorescence signal from both signalling endosomes and mitochondria was approximately 3-4.5 µm distally from the centre of the NoR, it is likely that these clusters were located in the distal juxtaparanode region. Indeed, the peak signal from the distal region was approximately 50% greater than the proximal internode for both organelles. Our data are in line with previous reports of expansions in the distal juxtaparanode of myelinated axons, which have been attributed to accumulations of diverse organelles, including retrogradely transported glycoproteins (Armstrong *et al.*, 1987), retrogradely transported horseradish peroxidase (HRP) (Berthold and Mellström, 1982), multivesicular bodies (Berthold *et al.*, 1993), lysosomes (Gatzinsky and Berthold, 1990) and mitochondria (Fabricius *et al.*, 1993). However, the finding that mitochondria do not cluster at the NoR in small-diameter myelinated CNS axons (Edgar *et al.*, 2008) and optic nerve (Perge *et al.*, 2009), suggests there may be regional and/or neuronal subtype differences in organelle clusters at the NoR.





**Figure 5. Signalling endosomes decelerate and pause more at nodes of Ranvier regardless of motor neuron subtype.** **A)** Retrograde axonal transport dynamics (mean moving velocity [purple] and relative frequency of mean pausing [grey bars]) of HcT-containing signalling endosomes plotted across the nodal constriction (80  $\mu\text{m}$  distance) in motor axons innervating the tibialis anterior muscle. X-axis represents the distance from the centre of the node of Ranvier ( $\mu\text{m}$ ) and is split into three segments: 1) *Proximal* = 38  $\mu\text{m}$  of the proximal internode (dark green); 2) *Centre* = 4  $\mu\text{m}$  representing the mean nodal length, (as determined in **Figure 1D**; bright green); and 3) *Distal* = 38  $\mu\text{m}$  of the distal internode (light green). Comparisons across the proximal internode (dark green), nodal constriction (bright green) and distal internode (light green) of the **B)** mean moving velocity ( $p < 0.001$ ), and **C)** relative frequency of mean pausing ( $p = 0.0008$ ). Data were compared by an ordinary one-way ANOVA, followed by Holm-Šidák's multiple comparisons test. Histograms comparing the **D)** mean moving velocity and **E)** relative frequency of mean pausing from motor axons innervating the tibialis anterior (salmon) and soleus (teal). Means (solid line)  $\pm$  SEM (shaded areas/error bars) were plotted for all graphs.  $n=4$  (soleus),  $n=5$  (tibialis anterior) from Mito.CFP mice. \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ .

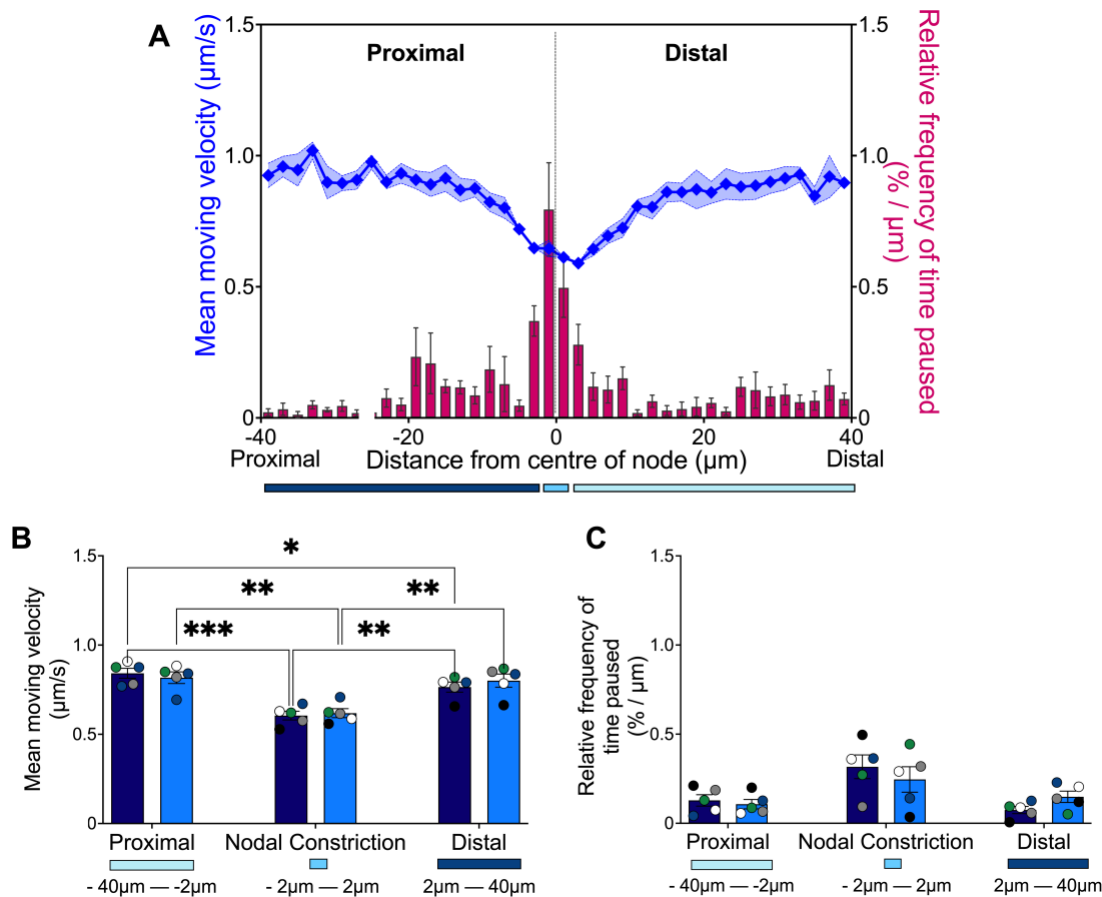
Mechanistically, it is unclear whether organelle accumulation at the NoR is an active process, or is simply a consequence of a localised cytoskeletal bottleneck. Although neurofilaments are reduced up to 10-fold at the NoR (Rydmark, 1981; Walker et al., 2019; Ciocanel et al., 2020), the microtubule network must be preserved to support axonal transport over the long distances covered by peripheral nerve axons (Hahn et al., 2019). Hence, the accumulation of organelles at the NoR might be structurally and functionally linked, with several potential mechanisms that could cause such focal accumulations, including differences in: 1) axonal protein translation (Rangaraju et al., 2017); 2) metabolic demands (Chiu, 2011); 3) axo-glial communication (Ronzano et al., 2021); 4) activity dependent alterations to microtubule structure (Peña-Ortega et al., 2022); 5) differential distributions of motor proteins and their regulators (Cason and Holzbaur, 2022); 6) hotspots for cytoskeletal anchoring (e.g., syntrophin-mediated) (Kang et al., 2008); or 7) microtubule post-translational modifications (Janke and Magiera, 2020).

On the other hand, arrested mitochondrial motility is linked to activity-dependent axonal  $\text{Ca}^{2+}$  elevations (Zhang et al., 2010; Zhang and David, 2016). Furthermore, radial contractility alters axonal size to accommodate the movements of larger organelles (Pan et al., 2021). Thus, focal organelle accumulations might be linked to activity and can be transient in nature; however considerable follow up assessments are required to determine their mechanisms and dynamics. Moreover, direct interactions between Rab7-positive signalling endosomes and mitochondria, as well as co-transport with other organelles, could also influence nodal accumulation dynamics (Cioni et al., 2019; Liao et al., 2019; Obara et al., 2024).

#### Axonal transport dynamics of diverse organelles at the NoR

While we have previously characterised signalling endosome and mitochondrial transport in physiological and pathological conditions (Bilsland et al., 2010; Sleight et al., 2020a, 2024; Tosolini et al., 2022), this is the first study to quantitatively assess





**Figure 6. Mitochondria also decelerate and pause more at the node of Ranvier regardless of transport direction.** **A)** Mitochondrial (i.e., anterograde + retrograde) axonal transport dynamics (mean moving velocity [blue] and relative frequency of mean pausing [pink bars]) across the nodal constriction (80 $\mu\text{m}$  distance) in sciatic nerve axons innervating the tibialis anterior muscle. X-axis represents the distance from the centre of the node of Ranvier ( $\mu\text{m}$ ) and is split into three segments: 1) *Proximal* = 38  $\mu\text{m}$  of the proximal internode (navy); 2) *Centre* = 4  $\mu\text{m}$  representing the mean nodal length (as determined in **Figure 1D**; cyan); and 3) *Distal* = 38  $\mu\text{m}$  of the distal internode (light blue). Comparisons between the nodal constriction, and proximal and distal internodes of *in vivo* axonal transport of anterograde and retrograde moving mitochondria of **B)** mean moving velocity (Axonal Location:  $p < 0.0001$ ; Directionality:  $p = 0.83$ ; Interaction:  $p = 0.19$ ) and **C)** relative frequency of time paused (Axonal Location:  $p = 0.0156$ ; Directionality:  $p = 0.81$ ; Interaction:  $p = 0.39$ ). Means (solid line)  $\pm$  SEM (shaded areas/error bars) were plotted for all graphs. Data were compared by two-way ANOVA and Šídák's multiple comparisons tests.  $n=5$  Mito.CFP mice. \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ .

*in vivo* axonal transport dynamics of these organelles specifically at the NoR. The transport dynamics of signalling endosomes and mitochondria across the node were similar, with both organelles displaying faster velocities at the internode, and more pausing at the NoR, which contrasts with the report of transient accelerations of neurofilaments through nodal constrictions (Walker et al., 2019). We also identified faster speeds in the proximal internode compared to the distal internode of retrogradely transported signalling endosomes and anterogradely, but not retrogradely, moving mitochondria. Perhaps mechanistically linked, this transport phenotype is on the opposite internodal region to the organelle accumulations, which collectively suggests the presence of spatially-linked structural and functional differences at the NoR of peripheral nerves. Given the similar composition and function of the NoR and the axon initial segment (e.g., distribution of Nav1.6 channels (Boiko et al., 2003), Ank-G (Thome et al., 2023), and Neurofascin-186 (Hedstrom et al., 2007)), it would be interesting to compare transport dynamics between these two sites.

Both signalling endosomes and mitochondria, which undergo fast axonal transport, display a general slowing of transport speeds

and an increase in pausing through the NoR, whereas neurofilaments, which undergo slow axonal transport, instead accelerate across the node (Walker et al., 2019). Such differences might be directly attributed to the machinery driving fast and slow axonal transport (Roy, 2020; Twelvetrees, 2020). However, despite both being classified as fast axonal transport, in adulthood signalling endosomes are transported faster than mitochondria *in vivo* (Bilsland et al., 2010; Sajic et al., 2013; Tosolini et al., 2022), which is likely linked to their divergent biological roles.

Signalling endosomes are retrogradely trafficked as Rab7-positive organelles, which function to propagate signalling from the periphery to the cell body to impact on translation and transcriptional events (Villarreal-Campos et al., 2018). This transport process can be modulated by several factors, including neurotrophins and their receptors (Deinhardt et al., 2006; Budzinska et al., 2020; Rhymes et al., 2022; Tosolini et al., 2022; Moya-Alvarado et al., 2023; Sleight et al., 2023; Vargas et al., 2023; Rhymes et al., 2024) and components of the extracellular matrix (Surana et al., 2024). In contrast, mitochondrial transport ensures that specific axonal regions, such as synapses and NoRs, are enriched with sufficient mitochondria to respond to the localised

high energy and Ca<sup>2+</sup> handling demands (Sheng and Cai, 2012; Sun *et al.*, 2013; Sheng, 2017).

In conclusion, using intravital imaging, we have characterised NoR morphologies in FMNs and SMNs, identified accumulations of signalling endosomes and mitochondria at the distal NoR, and determined the axonal transport dynamics of both organelles through the NoR. Finally, this work has clear implications for the peripheral nervous system and its numerous disorders (e.g., motor neuron diseases, multiple sclerosis) (Appeltshauser *et al.*, 2023; Eshed-Eisenbach *et al.*, 2023), and suggests that both the internodal and nodal transport modalities should be monitored in neuronal models of neurodegenerative diseases.

## Author Contributions

Conceptualisation: APT and GS. Investigation APT, FA, and SS, JNS. Writing and figure production: APT and GS, with input from all authors. Funding acquisition: APT and GS. All authors approved this submission.

## Declaration of Interests

The authors declare no competing interests.

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