

1    **Title** Age-Invariant Genes: Multi-Tissue Identification and Characterization of Murine Reference Genes

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12 **Abstract**

13 Studies of the aging transcriptome focus on genes that change with age. But what can we learn from  
14 age-invariant genes—those that remain unchanged throughout the aging process? These genes also  
15 have a practical application: they serve as reference genes (often called housekeeping genes) in  
16 expression studies. Reference genes have mostly been identified and validated in young organisms, and  
17 no systematic investigation has been done across the lifespan. Here, we build upon a common pipeline  
18 for identifying reference genes in RNA-seq datasets to identify age-invariant genes across seventeen  
19 C57BL/6 mouse tissues (brain, lung, bone marrow, muscle, white blood cells, heart, small intestine,  
20 kidney, liver, pancreas, skin, brown, gonadal, marrow, and subcutaneous adipose tissue) spanning 1 to  
21 21+ months of age. We identify 9 pan-tissue age-invariant genes and many tissue-specific age-invariant  
22 genes. These genes are stable across the lifespan and are validated in independent bulk RNA-seq  
23 datasets and RT-qPCR. We find age-invariant genes have shorter transcripts on average and are enriched  
24 for CpG islands. Interestingly, pathway enrichment analysis for age-invariant genes identifies an  
25 overrepresentation of molecular functions associated with some, but not all, hallmarks of aging. Thus,  
26 though hallmarks of aging typically involve changes in cell maintenance mechanisms, select genes  
27 associated with these hallmarks resist fluctuations in expression with age. Finally, our analysis concludes  
28 no classical reference gene is appropriate for aging studies in all tissues. Instead, we provide tissue-  
29 specific and pan-tissue genes for assays utilizing reference gene normalization (i.e., RT-qPCR) that can be  
30 applied to animals across the lifespan.

31 **Introduction**

32 Aging, the accumulation of cellular, molecular, and physiological alterations in an organism over  
33 time, increases the risk of dysfunction, chronic disease, and mortality [1]. The advent of next-generation  
34 sequencing and other high-throughput technologies has allowed for data-driven analyses to discover  
35 age-linked gene expression changes and dysregulation. However, little effort has been directed toward  
36 identifying and understanding **age-invariant genes** – those that remain unchanged throughout the aging  
37 process. The utility of such genes would be twofold: 1) they can be used as reference genes in  
38 quantitative assays, and 2) they may share molecular features that allow them to resist changes with  
39 age.

40 The transcriptome has been shown to exhibit substantial remodeling during the aging process,  
41 and there is evidence that many of these changes may drive declines in cellular function. By employing  
42 bulk RNA-seq across 17 mouse tissues, Schaum et al. identified clusters of genes with similar age  
43 trajectories associated with the hallmarks of aging [2]. Gene clusters increasing in expression included  
44 immune and stress response genes, while those decreasing in expression included genes involved in the  
45 extracellular matrix, mitochondria, and protein folding [2]. Overall, a global decrease in gene expression  
46 has been reported to occur with aging, such that when comparing older animals to younger animals,  
47 differentially expressed genes tend towards downregulation [3]. For tissue-specific genes, a divergence  
48 or specialization of distinct cell types is observed during development, whereas aging has been  
49 associated with a loss of specificity in transcriptional profiles [4] and an increase in transcriptional noise  
50 (increased variance between individuals) [5–7]. Interestingly, genes subject to age-related change have  
51 been linked to specific features, including transcript length and association with CpG islands [8,9].

52 Studying age-invariant genes that do not change their expression and remain stable throughout  
53 the aging process may uncover complementary aging mechanisms. The notion of invariant genes has  
54 been a focus of biomedical research for over 50 years, but their study has been confined to young

55 organisms or cell line perturbations [10]. Due to their relative stability, invariant genes have been  
56 utilized as internal reference controls for gene expression assays. Initially coined as housekeeping genes,  
57 these invariant genes are constitutively expressed at high levels, are subject to low fluctuations, and are  
58 often essential for proper cellular function [10–12]. The changing definition of the term “housekeeping  
59 gene” led the *Minimum Information for Publication of Quantitative Real-Time PCR Experiments* (MIQE)  
60 guidelines to update the term used for normalization to **reference genes (RGs)** [13], and we will utilize  
61 this term. There is no absolute standard list of RGs; many classical RGs, including glyceraldehyde-3-  
62 phosphate dehydrogenase (GAPDH), actin  $\beta$  (ACTB), and  $\beta$ 2-microglobulin (B2M), were found to be  
63 highly variable in certain contexts [11,14]. Although an ultimate RG may not exist (consistent across all  
64 possible tissues, cell types, cell cycle stages, experimental conditions, and developmental phases),  
65 identification of invariant genes in specific contexts and sample types is possible [14,15].

66 Little work has been done to identify and validate RGs that are stable throughout the aging  
67 process, i.e., age-invariant reference genes. These genes would be invariant across the lifespan, either  
68 within any given tissue (tissue-specific) or across all tissues (pan-tissue). Aging is known to impact  
69 classical reference gene expression: a mouse study, for example, found age, sex, and frailty explicitly  
70 alter the expression of a majority of classical RGs examined [16].[11,14] [29]. Within the aging field,  
71 studies are restricted to RGs identified in other fields rather than using a novel, aging-focused analysis.  
72 The few available studies examining RGs in aging employ targeted RT-qPCR validation of some of the  
73 aforementioned classical transcripts and recommend different RGs based on the genes and the  
74 parameters included. For example, GUSB increased with age in mouse skeletal muscle, making it a poor  
75 RG in that context, but it was the best RG candidate in human peripheral blood mononuclear cells [16–  
76 20]. Another salient example for aging is Cdkn1a/p21. Cdkn1a/p21 is often utilized as a reference gene  
77 in RT-qPCR normalization literature [20], even though it simultaneously serves as a marker of cellular

78 senescence—one of the major hallmarks of aging, which is defined by change over time [21,22]. Thus  
79 there is a pressing need to identify RGs appropriate for aging studies.

80 We now have the tools and datasets to identify age-invariant RGs. The first iterations of  
81 reference genes, which compose a majority of popular RGs, were not experimentally determined but  
82 selected because they were detected in all tissues and assumed to have little variability [10,23]. With  
83 the development of 21st-century microarray and next-generation sequencing technologies, this  
84 question can finally be tackled from a data-rich perspective [23]. RNA-seq datasets have been  
85 successfully used to experimentally identify RGs in healthy human tissue [10,11], mammalian animal  
86 models [14,24], non-mammalian organisms [25], disease conditions [26] and even single-cell  
87 populations [27]. The variables included in the datasets for these analyses determine the application  
88 constraints of the resulting RGs. Novel data-rich unsupervised techniques paired with next-generation  
89 sequencing data remain an untapped resource for identifying RGs for aging studies and more fully  
90 understanding the dynamics of transcriptional change (or lack thereof) with aging.

91 Here, we leverage published approaches for RG identification [10] with appropriate refinements  
92 (**Figure 1A**) and apply them to public bulk RNA-seq datasets with samples collected across the full  
93 lifespan (**Figure 1B**) to identify age-invariant genes. We show that, unlike our age-invariant genes, no  
94 classical RG is suitable for aging studies across all tissues (**Figure 1C**); and characterize features and  
95 functions of these age-invariant genes (**Figure 1D**). Of note, we opted to focus on the subset of age-  
96 invariant genes that can also serve as RGs - those that are also relatively highly expressed - due to their  
97 practical applications.

98

## 99 **Results**

### 100 Identification of candidate age-invariant genes from RNA-Seq data

101            Bulk RNA-seq data from the Tabula Muris Senis study [2] were utilized for age-invariant RG  
102          discovery. We analyzed 17 tissues: brown adipose tissue (BAT), bone, brain, gonadal adipose tissue  
103          (GAT), heart, kidney, limb, liver, lung, marrow, mesenteric adipose tissue (MAT), pancreas,  
104          subcutaneous adipose tissue (SCAT), skin, small intestine, spleen and white blood cells (WBCs). We  
105          performed quality control and only utilized samples where we could verify the tissue label  
106          (**Supplementary Figure 1; Methods**). The dataset contained female and male mice representing the 4  
107          major lifespan stages: adolescent (1mo), young (3 and 6mo), middle-aged (9, 12, and 15mo), and old  
108          (21, 24, and 27mo) [28] (**Figure 1A-B**).

109            Tissues were independently analyzed by sequentially applying 7 filtering criteria through each  
110          tissue's gene set (**Figure 1A**). Here, we utilize expression counts normalized to **Transcripts Per Million**  
111          (**TPM**) [29], which is similar to RT-qPCR as it approximates relative molar RNA concentration, as well as  
112          **Trimmed Mean of M (TMM)** [30], which leverages inter-sample information to reduce sensitivity to  
113          gene outliers. Both normalization techniques performed similarly well at identifying RGs in a recent  
114          systematic comparison of normalization methods [26]. Our approach leverages two different  
115          normalization techniques to reduce artifacts specific to individual methods. Each criterion, or filter, was  
116          applied to each tissue individually with both normalization methods; genes were only included in the  
117          tissue-filter gene list if they satisfied the requirement in both TPM and TMM normalized datasets.

118            Our filtering criteria are listed below. The filtering pipeline was applied to each tissue separately,  
119          with samples spanning the lifespan stages defined in **Figure 1B**. Although some genes have been  
120          identified as age-invariant within multiple tissues, this does not suggest they are invariant to tissue type  
121          and thus should still be applied in a tissue-specific manner. Criteria 1-4 are adapted from an approach  
122          frequently used for RG identification from RNA-seq data [10,25]:  
123          1. Continuous expression: Non-zero expression in all samples.

124        2. Low variance: The **standard deviation (SD)** of the log2 normalized gene ( $x$ ) expression for all  
125        samples ( $i$ ) is less than 1.  $\forall, (\sigma_x) < 1$

126        3. No exceptional expression/outliers: log2 normalized values are within two units of the gene's  
127        mean (removing genes with data points four-fold away from the gene mean).  $\forall, |x_i - \bar{x}| \leq$   
128        2

129        4. Medium to high gene expression: the gene's log2 normalized expression mean is above the  
130        mean of all the genes expressed in the particular tissue  $\forall, (\bar{x}) \geq (\bar{x})$

131

132        To ensure age-invariant gene list quality, we added two new filters to the identification criteria:

133        5. Low coefficient of variation (CV): The percent coefficient of variation (%CV), the ratio of the  
134        standard deviation to the mean, is lower than 20%.  $\forall, (\sigma_x) / (\bar{x}) \leq 20$

135        6. No correlation between gene expression and age: Gene expression correlation with age is not  
136        statistically significant (no p-value under 0.05)

137        Finally, we performed external validation:

138        7. Filters 5 and 6 were applied in publicly available validation datasets with bulk tissue RNA-seq  
139        data from mice. Tissues with a validation dataset were BAT, brain, heart, kidney, muscle, liver,  
140        lung, SCAT, skin, small intestine, and WBCs (11).

141

142        The filters progressively refined the list of both tissue-specific (**Figure 2A, Supplementary Table**  
143        **1**) and pan-tissue age-invariant genes (**Figure 2B, Table 1**). For reference, **Supplementary Table 2** lists  
144        information on each gene's %CV, slope with age, and correlation with age in each tissue, allowing  
145        readers to select their own cutoffs if they choose. **Supplementary Tables 3-9** contain lists of all genes  
146        that passed each consecutive filter in each tissue.

147 There were a few notable modifications to the original pipeline. First, we modified Criterion 4,  
148 which selects for relatively highly expressed genes and, therefore, is easily detected by RT-qPCR [10].  
149 Because each tissue had different gene count distributions (**Supplementary Figure 2A**), we deviated  
150 from the previous use of an arbitrary cutoff and employed an adjusted cutoff, removing genes with  
151 means below the mean of all genes expressed in a given tissue (log2 transformed) [25]. Consistent with  
152 previous publications [25], the cumulative effect of filters 2 (standard deviation cut-off) and 4 (mean  
153 cut-off) resulted in a percent coefficient of variation (%CV) of about 20% in most tissues (**Figure 2C**).  
154 However, given the lower average normalized gene expression in some tissues (Bone, Pancreas, Spleen  
155 WBC), genes in these tissues surpassed this threshold. To ensure the genes obtained were truly low  
156 variance, we applied a hard cut-off of 20% CV (Filter 5). This approach combines Eisenberg et al.'s low  
157 variance definition of RGs and their alternative approach: mid-to-high expression [10].

158 Second, we added Filter 6 to ensure age invariance. We had initially hypothesized that simply  
159 analyzing samples with a wide age range using the typical RG pipeline (filters 1-4) would be sufficient to  
160 filter out genes that change with age. Indeed, adding age groups to the analysis progressively discarded  
161 genes during the filtering process (**Supplementary Figure 3A**). This, however, could be due to the  
162 increase in samples (n) included in the analysis. To test whether the wide age range alone contributes  
163 important information, we applied the steps of the standard pipeline (filters 1-4) on samples belonging  
164 to only a particular lifespan stage and compared it to a cross-stage control with the same n. Including a  
165 wide range of ages by using cross-stage analysis discarded more genes compared to single-stage analysis  
166 for adolescent, middle-aged, and old stages (**Supplementary Figure 3B**). Surprisingly, this was not the  
167 case for the young adult stage (3-6mo old); we found this was likely due to a subset of genes that have  
168 high expression variability in young adults but are stable in other life stages (**Supplementary Figure 3C-F**). Regardless of lifestage analyzed, this pattern held true. Genes identified as age-invariant (with filters  
169 1-4) only in young samples (**Supplementary Figure 3C**); in young samples and other lifestages (analyzed  
170

171 separately) (**Supplementary Figure 3D**); in lifestages except young (**Supplementary Figure 3E**); or with  
172 the full dataset, i.e., all lifespan stages, (**Supplementary Figure 3F**) reveal a similar pattern: some genes  
173 have higher variance (%CV) in young and old populations. This is reflected by the rightward shift in  
174 young and old samples. Young samples have an overall higher proportion of high variance (over the  
175 20%CV dotted line) genes than old ones (**Supplementary Figure 3C-F**). Thus, simply utilizing a wide age  
176 range in the typical pipeline does not necessarily help identify age-invariant genes. Furthermore, we  
177 found that some genes obtained through filters 1-5 still changed with age (**Figure 2 D-E**). To address this  
178 finding, we added criterion 6, removing genes with statistically significant correlations with age for each  
179 tissue (**Figure 2D**).

180 Finally, to decrease the number of false positives, we validated the gene lists using a second bulk  
181 mRNA-seq dataset for 11 out of 17 tissues (except for bone, GAT, marrow, MAT, pancreas, and spleen).  
182 The number of validated genes is displayed in **Figure 2A-B** as Step 7. Specific counts and percentages can  
183 be found in **Supplementary Table 1**. For nearly all tissues, a supermajority (>70%) of candidate age-  
184 invariant genes were validated, except in the liver (54%) and lung (62%). The fewest number of age-  
185 invariant genes was observed in WBCs, possibly due to large changes in distributions of cell types over  
186 shorter timescales [31,32] (**Figure 2A**).

187

#### 188 RT-qPCR validation of Novel age-invariant reference genes

189 Our analysis identified many tissue-specific age-invariant RGs (**Supplementary Table 9**), as well  
190 as 9 such genes common to all tissues (pan-tissue). Some classical RGs are not age-invariant genes  
191 (**Figure 3A-C**). In fact, no classical RGs were age-invariant across every tissue (**Figure 3A**). Thus, we  
192 propose a new list of 9 age-invariant genes common to all 17 tissues that can be used in studies with  
193 aged animals (**Table 1**).

194 These RG sets can be utilized in the context of northern blot, RT-qPCR, and some RNA-seq  
195 normalization strategies in aging studies. Researchers have the choice of selecting from a tissue-specific  
196 gene list or from the nine pan-tissue genes. To validate this, independent samples were used to  
197 generate RT-qPCR data for three age-invariant genes identified by our computational pipeline: Atp6v1f,  
198 Srp14, and Tomm22 (**Figure 3B-D**). Atp6v1f is an age-invariant gene shared by the two tissues assayed:  
199 the liver and heart. The other two are pan-tissue age-invariant genes. The novel samples consisted of  
200 mouse heart and liver samples in four categories: old (~19mo) female, old male, young (~8mo old)  
201 female, and young male. We compared these against three classical RGs: Cdkn1a, Tbp, and Tfrc. Classical  
202 reference genes generally had a wider cycle threshold distribution than the age-invariant genes, with  
203 Tbp being the most stable among them, followed by Tfrc and Cdkn1a (**Figure 3B-C**). Cdkn1a codes for  
204 cyclin-dependent kinase inhibitor 1A, also known as p21. Given that Cdkn1a is widely used as a marker  
205 of cell senescence [22], it is not surprising that it has a high degree of variability despite it being widely  
206 considered an RG in RT-qPCR normalization literature [17].

207 To assess gene RT-qPCR stability in the context of aging, we calculated the expression stability  
208 across multiple algorithms: BestKeeper [33] (**Supplementary Figure 4A-B**), geNorm [34] (**Supplementary**  
209 **Figure 4C-D**), NormFinder [35] (**Supplementary Figure 4E-F**), and delta-CT method [36] (**Supplementary**  
210 **Figure 4G-H**). These scores were utilized to calculate the summary RefFinder score (**Figure 3D**,  
211 **Supplementary Figure 4I**) [37]. TPM %CV for the discovery (**Supplementary Figure 4A, C, E, G, J**) and  
212 validation (**Figure 3D, Supplementary Figure 4B, D, F, H**) RNA-seq datasets strongly correlate with all  
213 stability algorithm values calculated on our in-house samples. **Figure 3D** displays the correlation  
214 between the TPM %CV values of the external validation dataset and the RefFinder score of our in-house  
215 validation samples (Pearson correlation = 0.81, p-value = 0.0027). This suggests that %CV from  
216 normalized RNA-seq samples could be used as an indicator of candidate reference genes for RT-qPCR  
217 experiments subject to the same conditions. By both metrics, the newly identified age-invariant genes

218 outperformed the classical RGs: these RGs are statistically different in both %CV (Welch Two Sample t-  
219 test p-value= 0.006553) and RefFinder qPCR scores (Welch Two Sample t-test p-value = 0.02401) This  
220 suggests age-invariant genes common across all tissues (Srp14 and Tomm22) or particular tissues  
221 (Atp6v1f in heart and liver) could be applied as part of normalization in age-related transcriptomic  
222 research. A combination of more than one of the age-invariant genes is recommended for RT-qPCR  
223 experiments, per the MIQE guidelines [13].

224

225 Overlapping pathways for aging stable and aging dysregulated genes

226 Gene enrichment analysis of the tissue-specific age-invariant genes revealed a large number of  
227 statistically significant GO biological pathway terms (**Supplementary Figure 5**). As expected, the most  
228 enriched terms were largely involved in basic metabolic and structural processes (**Figure 4A**). We also  
229 noted many enriched terms were related to the hallmarks of aging [38], which was surprising  
230 considering that hallmarks of aging are typically thought to involve processes that change with age. As  
231 an initial step to systematically assess the presence of stably transcribed genes in these hallmarks, we  
232 compared the enrichment scores of our tissue age-invariant gene lists with previously published  
233 enrichment terms associated with age dysregulation and disease [2,39].

234 We first compared our enrichment scores with the top terms associated with mouse  
235 transcriptome aging clusters, each displaying a different trajectory with aging (**Figure 4A**). The top  
236 enrichments of these 10 clusters, obtained from the same dataset we performed our discovery on, are  
237 associated with hallmarks of aging like protein folding, inflammation, and mitochondrial function [2]. We  
238 found our tissue gene sets were significantly enriched in many, but not all, of the clusters. Of note is  
239 cluster 3, linked to mitochondrial dysfunction, where age-invariant genes are highly enriched for every  
240 term of this cluster. Age-invariant genes are also heavily represented in stress response (cluster 5),  
241 signaling (cluster 2), and protein stability (cluster 7). Interestingly, within the protein stability cluster,

242 age-invariant genes were enriched in terms involved in protein folding, processing, and stabilization but  
243 not in terms involved in protein localization. The clusters with the least age-invariant genes were those  
244 associated with immune response and extracellular matrix. This suggests that hallmarks themselves, or  
245 mechanisms within an aging hallmark, can be separated by the presence or absence of age-invariant  
246 genes.

247 Cluster 1 from Schaum et al. is defined as genes that do not change with age and, as expected,  
248 has a large overlap with our tissue age-invariant gene sets. Cluster 1 was defined by having the least  
249 amplitude (change with age) and least variability. Interestingly, throughout the 17 tissues, only ~33-40%  
250 of our age-invariant genes were in Schaum et al.'s cluster 1. The genes not shared between both  
251 methods likely reflect the difference between relatively a stable group of genes identified by hierarchical  
252 clustering and individual age-invariant genes identified due to their characteristics (as well as our RG  
253 requirement that genes be highly expressed) [2,40]. In RNA-seq, genes with low expression demonstrate  
254 significant technical noise making it difficult to assess true biological variability related to age or other  
255 factors, and are often filtered out of differential expression studies [41], so our requirement for high  
256 expression is useful for focusing on age-invariant genes.

257 The other ontology terms we examined came from an analysis of age-related diseases and aging  
258 hallmarks (**Figure 4B**). Unlike Schaum et al., who used a completely unsupervised approach, Fraser et al.  
259 used genes associated with human age-related diseases in a genome-wide association study to define  
260 GO biological pathways related to both disease and at least one aging hallmark [39]. Most hallmarks  
261 have at least one GO term enriched for age-invariant genes across most of the tissues analyzed (e.g.,  
262 "steroid hormone-mediated signaling pathway" in altered intercellular communication; "cellular  
263 response to insulin stimulus" and "response to nutrient levels" in deregulated nutrient sensing;  
264 "macroautophagy" and "regulation of autophagy" for loss of proteostasis; "reactive oxygen species  
265 metabolic process" in mitochondrial dysfunction; and "telomere maintenance" in telomere attrition). On

266 the other hand, virtually no GO term related to cellular senescence and epigenetic alterations had high  
267 proportions of stably transcribed genes. According to this alternative way of identifying gene ontology  
268 terms associated with aging hallmarks, age-invariant genes continue to be enriched in these terms.

269 To better understand the implications of some of these stable pathways, we used the  
270 comprehensive resource of mammalian protein complexes (CORUM) database to perform enrichment  
271 analysis (**Figure 4C**)[42]. The enriched complexes are consistent with our enrichment results in this data  
272 thus far. Complexes involved in mitochondrial function (respiratory chain complex I and cytochrome c  
273 oxidase), stress response & signaling (Regulator-AXIN/LKB1-AMPK complexes), and protein stability  
274 (COP9 signalosome, proteasome, Parvulin-associated pre-rRNP, and Chaperonin containing TCP1  
275 Complex) are enriched in age-invariant genes.

276 Our analyses reveal multiple age-invariant genes within pathways that are either dysregulated  
277 with aging (**Figure 4A, C**) or associated with aging pathologies (**Figure 4B**). Pathways related to the  
278 extracellular matrix, cellular senescence, and epigenetic alterations seem particularly devoid of stably  
279 expressed genes. These findings are not due to the high expression requirement for our age-invariant  
280 genes, as removing this requirement produced similar results (**Supplementary Figure 6**).

281

282 Age-invariant gene features

283 Features of genes that change with age have long been a point of discussion in aging  
284 transcriptome research, but little is known about the genes that are able to withstand the effects of  
285 time. We tested whether our genes have the opposite features to those described in age-dysregulated  
286 transcriptome analyses. The features examined are CpG content, DNA methylation (**Supplementary**  
287 **Figures 7-8**), and gene length (**Supplementary Figures 7 and 9**), given that these features have been  
288 implicated in age-associated transcriptional drift [8,9].

289 Lee and colleagues reported that genes with CpG islands (CGI+) are less likely to change with age  
290 than genes without CpG islands (CGI-) [9]. Accordingly, we found that the proportion of genes with CpG  
291 islands located in their promoters increased as a function of our filtering process, suggesting that as we  
292 more rigorously select for age-invariant genes, the more prevalent promoter CpG islands become  
293 (**Supplementary Figure 7A**). The transcripts themselves were not enriched for greater %CG content,  
294 suggesting there is biological specificity of the function of these islands versus an overall increase in CG  
295 content in the region (**Supplementary Figure 9D**). We next investigated whether age-invariant genes  
296 also showed greater stability in promoter methylation status during in vitro passaging or in vivo aging  
297 using reduced-representation bisulfite sequencing (RRBS) datasets. For mouse embryonic fibroblasts  
298 serially passaged into senescence, we found both age-variance (based on our skin tissue-specific  
299 notation) (**Supplementary Figure 8A**), and CGI (**Supplementary Figure 8B**) status influenced methylation  
300 variability. Regardless of age-invariant RG status, CGI+ genes are more stable than CGI- genes  
301 (**Supplementary Figure 8A**). However, this pattern was not observed in mouse tissues, including liver,  
302 brain, heart, lung, or WBC (**Supplementary Figure 8B**).

303 Stroeger et al. report that median transcript length is the factor most associated with age-  
304 related change, with longer transcripts tending to be downregulated and shorter transcripts tending to  
305 be upregulated with age [8]. Complementing these findings, we found that age-invariant genes tend to  
306 be shorter than age-variant genes when comparing minimum transcript length (**Supplementary Figure**  
307 **7B**). However, the opposite is true when comparing either maximum (**Supplementary Figure 9A**) or  
308 Ensembl canonical (**Supplementary Figure 9C**) transcript length.

309

## 310 **Discussion**

311 Much of aging biology research has focused on changes that occur across the organismal  
312 lifespan and the contribution of these changes to age-related mortality, morbidity, and functional

313 decline [1,38]. Molecular signatures that are robust to aging – specifically, age-invariant genes – have  
314 received comparatively little attention. Identifying age-invariant genes allows for further study of why  
315 they do not change with age. Lessons from these age-resilient genes provide a complementary view of  
316 aging and the stability of biological systems with time. Also, from a practical perspective, because many  
317 genes change with age, it is important to identify age-invariant genes for use as **reference genes (RGs)**  
318 for gene expression normalization [13]. By adopting a pipeline for identifying RGs from RNA-seq data,  
319 we find that there are, in fact, hundreds to thousands of age-invariant genes per tissue. Strikingly, there  
320 is poor agreement between the pan-tissue age-invariant genes and commonly used classical RGs.  
321 According to our results, none of the classical RGs are suitable for use in cross-sectional aging studies  
322 across the 17 tissues studied (**Figure 3A**), and some canonical tissue-gene pairings (e.g., GAPDH in the  
323 liver) are not age-invariant [43]. Our novel age-invariant genes are, therefore, better suited than  
324 classical RGs for performing normalization for RT-qPCR experiments in aging tissues.

325 We report nine pan-tissue age-invariant genes in mice (**Table 1**). Reference and housekeeping  
326 gene literature postulates that continuously and stably expressed genes serve essential cellular and  
327 organismal functions [12]. Consistent with this hypothesis, depletion of 7 out of 9 of our pan-tissue age-  
328 invariant genes have already been reported to induce cell (1110004F10Rik) or embryonic lethality when  
329 completely knocked out (Brk1, Rer1, Psmd4, Reco2, Tomm22, and Fis1) [44–49], according to the Mouse  
330 Genome Informatics database ([www.informatics.jax.org](http://www.informatics.jax.org)) or International Mouse Phenotyping  
331 Consortium database ([www.mousephenotype.org](http://www.mousephenotype.org)). The remaining two transcripts, Srp14 and Gemin7,  
332 have no reported knockout mouse strain or phenotypes, but we hypothesize would be lethal if absent.

333 Two biological processes— mitochondrial function (Fis1, Rexo2, and Tomm22) and proteostasis  
334 (Psmd4, Rer1, and Srp14)— emerge from these 9 genes. Although these biological processes are  
335 implicated in aging changes, they may also contain components that remain highly stable across the  
336 lifespan. Rexo2 (RNA exonuclease 2) was recently shown to increase mitochondrial gene transcription,

337 mediate RNA turnover, and enforce promoter specificity in mammalian mitochondrial transcription [48].  
338 Rer1 returns rogue ER-resident proteins or unassembled subunits in the Golgi apparatus back to the  
339 endoplasmic reticulum [46]. Little is known about the molecular function of the small acidic protein  
340 1110004F10Rik (also known as Smap) or its human ortholog C11orf58, but given its high stability and  
341 requirement for cell survival, this protein may merit further attention [44]. Thus, the stability of these 9  
342 genes may have evolved as a result of these genes being critical for mitochondrial and proteostatic  
343 function, and for continued life in the face of age-related deterioration.

344 Simply including older mice in our study and utilizing the standard RG identification pipeline was  
345 insufficient at filtering out age-invariant genes. Rather, selecting for age-invariant genes required an  
346 additional step of explicitly removing genes that are correlated with age. We also find that the variance  
347 in expression of a given gene often changes across life stages. For instance, we identified more genes  
348 having high variance in young age than in middle or old ages (**Supplementary Figure 4**). Although  
349 perhaps surprising, this finding is consistent with reports indicating the proportion of genes decreasing  
350 in variance with age is greater than those increasing in variance with age [6,7,50]. It is possible that  
351 younger animals show greater variance related to circadian rhythms, the estrous cycles, sex differences,  
352 response to stress, or other adaptive and cyclical factors.

353 Some limitations and caveats constrain our study. First, some of the specific cutoffs we utilized  
354 were based on prior work, while others (e.g., exact age correlation cutoff) were based on our best  
355 judgment. We provide a complete table of filter results in **Supplementary Table 2** in case others wish to  
356 utilize different cutoffs in selecting RGs. To ensure the list of genes provided are useful reference genes  
357 in normalization strategies, including RT-qPCR and even some RNA-sequencing normalization  
358 approaches, we required high transcript expression through Filter 4. Although consistent with  
359 normalization transcript identification strategies in RNA-seq, many low-expression age-invariant genes  
360 are absent. Thus, our lists report age-stable, high-expression genes only. Our findings are influenced by

361 the technical limitations of RNA-seq [10,51] and the analytical limitations of high dimensional data,  
362 including subsampling of highly heterogeneous samples like aged organisms previously described in the  
363 literature [10,51,52]. However, variance in sample collection, processing, and preparation across these  
364 datasets likely compensate for any individual source's batch and degradation bias (e.g., each of the four  
365 datasets used employs a different poly-A sample preparation kit). Our final 9 pan-tissue age-invariant  
366 genes have been tested individually in 17 tissues and four datasets, totaling 1120 samples, thereby  
367 reducing the risk of, for example, a type I error (wrongly identifying a gene as age-invariant). Finally, an  
368 important assumption not usually discussed in aging transcriptome literature may influence  
369 interpretation in the context of aging: consistent RNA mass. A few studies suggest a decline in total  
370 cellular RNA mass with aging [53,54]. This is different from the reported downward trend of  
371 differentially expressed genes with age [3]. Current RNA sequencing analysis techniques use  
372 proportional estimates (counts per million, fragments per kilobase of transcript per million, transcripts  
373 per million, etc.) to normalize samples in order to compare transcript dynamics across samples.  
374 Similarly, RT-qPCR protocols typically rely on standardizing total RNA input. If total RNA mass reduction  
375 is a global feature of cellular aging, our age-invariant genes are proportionally stable but may decrease  
376 in mass with age. Similarly, a gene identified to be overexpressed in old age may maintain constant  
377 molar concentration within a cell or tissue. We recommend readers keep these considerations in mind  
378 when interpreting any gene expression study in the context of aging.

379 The existence and study of age-invariant genes have the potential to provide the field of aging  
380 with novel insights. It was interesting to find that age-invariant genes were enriched for some pathways  
381 associated with hallmarks or pillars of aging (**Figure 4**), specifically nutrient sensing, proteostasis,  
382 mitochondrial function, and immune function. This is somewhat puzzling given that such hallmarks are  
383 defined by changes thought to play putatively causal roles in aging [22,55] indeed, genes that most  
384 clearly change with age are enriched in the same hallmarks [2]. It is possible enrichment in pathways

385 associated with hallmarks of aging may simply reflect the fact that hallmarks of aging are broad and  
386 cover much of biology. In that case, it may be necessary to more specifically delineate each hallmark of  
387 aging, e.g., perhaps only a subset of nutrient sensing processes should be considered as a hallmark.  
388 However, this broadness would not explain why some hallmarks of aging are associated while others are  
389 not. What might be the significance of genes associated with hallmarks of aging that remain stably  
390 expressed throughout aging? We note that a prior report indicated that essential genes are enriched for  
391 pro-longevity functions, as experimental overexpression of essential genes tends to increase lifespan in  
392 yeast [56]. We also find that age-invariant genes are present in pathways linked to human age-related  
393 diseases (**Figure 4A-B**). If age-invariant genes are essential for life, then organisms may have evolved  
394 mechanisms to keep these genes stable in the face of pervasive age-related changes in the rest of the  
395 pathway or network. One potential example highlighted here is the age-invariant gene enrichment of  
396 protein complexes in the electron transport chain. NADH:ubiquinone oxidoreductase, or Mitochondrial  
397 Respiratory Complex I, is the only age-invariant gene-enriched ECT complex throughout most tissues  
398 (**Figure 4C**). Although the downregulation of ETC genes is one of the most established transcriptional  
399 events in aging [52] and protein Complex I proteins undergo major changes in abundance with age [57],  
400 stability in some ETC components is likely required for continued life. This is consistent with Complex I  
401 being one of the ETC complexes that can be traced back to the last universal common ancestor of all  
402 living organisms [58]. Significant dysregulation of such essential components may be incompatible with  
403 life, and evolutionary forces may ensure stability throughout the lifespan. It will be interesting to  
404 determine whether further bolstering the expression or stability of such age-invariant genes may be a  
405 pro-longevity strategy or, if given their continuous expression stable genes are good aging  
406 pharmacological targets. The putative aging intervention metformin, for example, may benefit from the  
407 stable expression of its target, Complex I [59].

408 In contrast, age-invariant genes were not enriched in some hallmarks, including epigenetic

409 alterations, cellular senescence, and the extracellular matrix. Our results suggest that these three are  
410 the most vulnerable to aging as not many genes related to these hallmarks resist age-related change. In  
411 agreement with this finding, these hallmarks are key targets across many existing longevity  
412 interventions, i.e., epigenetic reprogramming, senolytics, and enhancing extracellular matrix  
413 homeostasis [60–62]. Considering that age-invariant genes tend to be essential for life, one hypothesis is  
414 that early changes in these hallmarks may not be particularly detrimental for the organism and thus lack  
415 the selective pressure to evolve stability mechanisms in aging. The cumulative long-term burden of  
416 changes, however, may contribute to pathological aging. Alternatively, these variant hallmarks may  
417 reflect adaptive processes that evolved to change dynamically with aging for the benefit of the  
418 organism.

419 Future analyses could focus on the processes that maintain the stability of age-invariant genes.  
420 Our initial investigations demonstrate that age-invariant genes are enriched in CpG islands, consistent  
421 with a previous report that genes with CpG islands are more resistant to age-related dysregulation than  
422 those without CpG islands, which are misexpressed during age-related heterochromatin decondensation  
423 [9]. However, further analyses are needed to determine whether the resistance to changes in the  
424 methylome of CpG-rich promoters was responsible for the stability of gene expression over time. For  
425 instance, whether increased CpG density is better able to reinforce a stable epigenetic state.

426 We also found that age-invariant genes tend to be shorter than others, confirming a previous  
427 study reported that the longest genes show the greatest degree of downregulation [8]. Further study is  
428 needed to better understand the relationship between expression dynamics and transcript length. Of  
429 note, classical RGs in general have been reported to exhibit shorter introns and exons, low promoter  
430 region conservation, 5' regions with fewer repeated sequences, low nucleosome formation potential,  
431 and a higher SINE to LINE ratio [10,24]. It will be important to determine if and how these factors may  
432 contribute to the stability of age-invariant genes.

433           Lastly, it will be important to determine the translatability of our age-invariant transcripts, both  
434           to other organisms as well as to protein expression. In a recent study, 52% of human reference genes  
435           were matched to independently analyzed mouse reference gene orthologs [14]. Protein abundance can  
436           be inferred from transcriptomic data at the tissue and single-cell level, particularly for genes  
437           continuously and stably expressed [63,64]. These transcripts show a high correlation ( $\sim 0.7$ ) with their  
438           protein product except when variability is introduced by cellular state and microenvironment  
439           conditions. Given that age-invariant genes are assumed to be expressed in steady-state, many of these  
440           genes may also be age-invariant at the protein level.

441           Here, we provide the aging field with a list of 9 pan-tissue age-invariant genes for use in  
442           normalization strategies, e.g., RT-qPCT; we observe that age-invariant genes are enriched in ontology  
443           terms associated with some, but not all, hallmarks of aging; and we explore some common features of  
444           age-invariant genes (CpG island status and transcript length). Be it for understanding the basic biology of  
445           aging, establishing rigorous methodology in the field, investigating the mechanisms promoting age-  
446           invariance vs. age-variance, or finding aging therapeutic targets, age-invariant genes are an important  
447           area of study.

448

449

## 450           **Methods**

### 451           Data Preparation and Normalization

452           Four datasets were utilized in this analysis. The Discovery Dataset (GSE132040) consisted of 17  
453           male and female tissues from mice spanning the 4 major life span stages (**Figure 1B**). 11 of 17 tissues  
454           were validated with three datasets of bulk-RNA tissue data from male mice: GSE167665, GSE111164,  
455           and GSE141252. Count tables were obtained from GEO and normalized as described below. Sample  
456           preparation and alignment can be found in their respective publications [2,4,8]. 5 million counts/sample

457 were set as the count threshold for a sample to be included in normalization and further analysis. In the  
458 discovery dataset, hierarchical clustering identified a small number of samples that clustered away from  
459 their labeled tissue (**Supplementary Figure 1A**), and examination of tissue-specific markers confirmed  
460 they may be mislabeled and, therefore, were removed from analysis (**Supplementary Figure 1B**). The  
461 number of samples removed per tissue and lifestage can be seen in **Supplementary Table 11** and those  
462 used in the rest of the analysis in **Supplementary Table 10**. GEO accession number, tissue type, and life  
463 stage counts can be found in **Supplementary Table 12** for validation datasets. Here, intestine labels  
464 refer to samples from both the large and small intestine; and brain to those from both the cerebellum  
465 and the frontal cortex.

466 RNA-seq normalization is essential for proper downstream analysis of datasets. In this study, we  
467 identified our genes with two normalization approaches: TPM and TMM. The original reference gene  
468 discovery approach described by Eisenberg and Levanon in 2013 [10], utilized RPKM normalized data.  
469 Around the same time, conversations about proper data processing produced **Transcript Per Million**  
470 (**TPM**), an intra-sample normalization method that approximates **relative molar RNA concentration**  
471 (**rmc**) [29]. TPM was only incorporated into this RG identification approach in 2019 [25]. Another major  
472 strategy for data normalization techniques involves between-sample normalization. To prevent  
473 normalization-based artifacts, and given there is no single best normalization approach, the discovery  
474 data was normalized with two different approaches: TPM and **Trimmed Mean of M (TMM)** [30]. TMM,  
475 an inter-sample normalization method, generates a normalization factor assuming most genes are not  
476 differentially expressed. Therefore, TPM is akin to RT-qPCR due to its similarity with rmc while TMM  
477 leverages inter-sample information and is less sensitive to gene outliers. Both performed similarly well  
478 at identifying RGs in a recent systematic comparison of normalization methods [26].

479 TPM normalized data was calculated following the formula:

480 
$$\text{TPM} = \frac{\text{# reads mapped to transcript}}{\text{transcript length}} \times 10^6$$

481 Sum(#reads mapped to transcript/ transcript length)  
482 Transcript lengths used in the above formula were obtained with EDASeq package's (version 3.13)  
483 getGeneLengthAndGCContent function. TMM was calculated using the calcNormFactors function from  
484 the edgeR package (version 3.40.1).

485 Gene expression plotting and validation data were performed only with TPM normalized data.

486 Plots were generated with `ggplot2`(version 3.4.0), `ggforce` (version 0.4.1) and `ggdendro` (version 0.1.23).

## 487 Gene Filtering Process

488 Filters were applied sequentially in R (version 4.2.2) as described in Results. Most mathematical  
489 calculations used the r base and MatrixStats package (version 0.63.0). The filter criteria were applied  
490 sequentially in both TMM and TPM normalized data, separately for each tissue, thus yielding different  
491 lists for each tissue. For each filter, x is either TMM or TPM, and genes were required to pass the filter  
492 for both TMM and TPM. Requirements were defined as follows:

493 1. For each gene: no empty or 0 values

494 2. For each gene:  $\forall, (\_2()) < 1$

495 3. For each gene:  $\forall, | \_2() - (\_2()) | \leq 2$

496 4. For each gene:  $\forall, (\_2()) \geq (\_2())$

497 5. For each gene:  $\%CV \leq 20. \forall, (\_2()) / (\_2()) 100 \leq 20$

498 6. For each gene: No correlation with age, based on Pearson's correlation p-value=  $0.05/n$ . WGCNA

499 package (version 1.71) function corAndPvalue was used to obtain correlation coefficients and p-

500 values. Because each tissue had a 5% chance of finding an association by chance with a fixed

501 0.05 p-value, a gene present in 17 tissues would have a 58% chance of being erroneously

502 discarded  $1-(0.095)^{17}$ . We applied a fractional threshold of a 0.05 p-value, where the p-value

503 threshold applied was  $0.05/n$ , where n is the number of tissues in which the gene in question

504 passed filters 1-4.

505        7. For each gene: %CV≤ 20 and Spearman correlation p-value= 0.05/n in a validation dataset. n=

506            number of tissues a given gene is present in at filter criteria 6. This step was applied only to TPM

507            normalized data

508        RNA isolation and cDNA synthesis

509        Frozen liver and heart tissues were gifts from Prof. Ron Korstanje at The Jackson Laboratories. Groups

510        consisted of 3 samples per age (8 and 18 months) and sex (female and male), except there was only one

511        sample for an 18-month-old female liver. RNA was isolated with RNeasy Plus Mini Kit (Qiagen #74134)

512        with pestle and syringe homogenization. cDNA was generated using Iscript gDNA Clear cDNA Synthesis

513        (Bio-Rad #1725035) and equivalent RNA mass per 20uL reaction (500ng of heart and 1ug of liver). RNA

514        concentrations were determined with a Qubit 4 fluorometer (Thermo Fisher #Q33238) and RNA BR

515        Assay Kit (Thermo Fisher Q10210).

516        Expression data and RG stability

517        RT-qPCR reactions were assembled with equivalent SsoAdvanced Universal SYBR Green Supermix (Bio-

518        Rad #1725272), cDNA, and respective PrimePCR SYBR Green primers (Bio-Rad #10025636, AssayIDs

519        Atp6v1f: qMmuCID0014923, Cdkn1a:qMmuCED0046265, Srp14: qMmuCID0020464,

520        Tbp:qMmuCID0040542, Tfrc:qMmuCID0039655, Tomm22: qMmuCED0046631). RT-qPCR was

521        performed in a CFX96 thermocycler (Bio-Rad). Stability algorithms NormFinder [35], BestKeeper [33],

522        geNorm [34], and delta-CT method [36] were calculated and integrated into RefFinder [37]. All

523        calculations were performed in R. geNorm and BestKeeper were calculated with the ctrlGene package

524        (version 1.0.1) [65], Normfinder algorithm was downloaded from moma.dk, delta-CT method and

525        RefFinder functions were recreated as originally described. Metadata for the samples used can be found

526        in **Supplementary Table 13**, cycle threshold results in **Supplementary Table 14** for the heart, and

527        **Supplementary Table 15** for the liver.

528        CpG island and methylation variability analysis

529 Gene CpG island (CGI) status was mapped to the annotated list from Lee et al. [9]. Gene names passing  
530 each criterion/filter for each tissue were annotated, and percent positive and negative CGI proportion  
531 was calculated. Mean and standard deviation were calculated across tissues for each criterion/filter.  
532 Counts and percentages of CGI distributions in tissue lists by filter, the odds ratio, statistical test used,  
533 and associated p-value are listed in **Supplementary Table 17**.  
534 Composite multi-tissue murine RRBS data [66] was mapped to the mm9 gtf gencode genome. For mouse  
535 embryonic fibroblasts, data alignment was previously described [67]. For both datasets, CpG sites  
536 common to at least 10 samples and covered by more than 5 reads were analyzed. The methylation  
537 status of the promoter region was estimated by averaging the CpG beta values enclosed within 1kb of  
538 the transcription start site. Standard deviation was calculated for the methylation of each promoter.

539 Enrichment gene analysis

540 Enrichment analysis was performed using gprofiler2's (0.2.1) gost function. Electronically annotated GO  
541 terms were included in the analysis, and a common custom background of genes expressed at least once  
542 in every tissue was imputed. Bonferroni correction was used to calculate enrichment significance. Aging  
543 hallmark trajectory enrichment terms were obtained from Schaum et al. [2], while GO biological process  
544 terms associated with age-related disease and aging hallmarks were obtained from Fraser et al. 2022  
545 [39]. A few GO terms identified by Schaum et. al. have been discontinued and are marked as obsolete.  
546 These terms were excluded from our analysis. Lastly, the top 20 age-invariant GO (biological process,  
547 cellular component, and molecular function), KEGG, and Reactome terms were determined by ranking  
548 p-values within tissues and taking the lowest 20 gene rank sums across tissues.  
549 For the enrichment maps, all 17 sets of enrichment terms (one per tissue) were used in EnrichmentMap  
550 in Cytoscape to generate a consensus network. Different consensus parameters used were used for the  
551 CORUM [42] (P-value: 0.05, FDR Q-value: 0.05, Jaccard Overlap Combined: 0.375, test used: Jaccard  
552 Overlap Combined Index, k constant = 0.5) and GO:BP terms (P-value: 0.01, FDR Q-value: 0.01, Jaccard:

553 0.25, test used: Jaccard Index) networks. AutoAnnotate identified common terms for clusters of  
554 interconnected nodes. Each node is a pie chart with each slice colored by the enrichment score of each  
555 tissue [68].

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## 561 **Author Contributions**

562 JTG conceived the study. ATCH, MEL, and JTG designed the study and interpreted the data. JTG  
563 performed all experiments and data adquisition in this paper. JTG, MM, and KT developed the R code  
564 used. JTG and ATCH wrote the article with feedback from the other authors. All authors approved of the  
565 submitted manuscript.

## 566 **Conflicts of Interest**

567 A.H.C. has received consulting fees from TruDiagnostic and FOXO Biosciences for work unrelated to this  
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803

804

805 **Tables**

806 Table 1

1110004F10Rik (MGI:1929274)	Fis1 (MGI:1913687)	Psmd4 (MGI:1201670)	Rexo2 (MGI:1888981)	Tomm22 (MGI:2450248)
Brk1 (MGI:1915406)	Gemin7 (MGI:1916981)	Rer1 (MGI:1915080)	Srp14 (MGI:107169)	

807

808 **Legends**

809 Table 1:

810 MGI symbol and ID for our 9 pan-tissue age-invariant genes. These genes were present across all tissues  
811 after all filtering steps and validation.

812

813 Figure 1: Visual Diagram of Article Contents

814 A) Bulk RNA-seq data from 17 murine tissues (GSE132040) were sequentially filtered through 7 criteria.  
815 Steps 1-4 are adapted from previous publications. We added criteria filters 5 and 6 to ensure low  
816 variation and no correlation with age. Criteria filter 7 was validation of low variation and no age  
817 correlation, performed in a second dataset for 11 of the 17 tissues. B) Sample gender, age and life stage  
818 distributions of the samples in the dataset. A full table of samples can be found in Supplementary Table  
819 10. C) Canonical reference genes are not applicable to all tissues in an aging context but age-invariant  
820 genes introduced here are. D) Tissue aging-invariant genes are enriched to different extents for gene  
821 ontology terms associated with hallmarks of aging. Age-invariant genes have low enrichment in some  
822 (e.g. epigenetic alterations GO terms) and high enrichment in others (e.g. loss of proteostasis GO terms).

823 Created with BioRender.com

824

825 Figure 2: Gene Selection Process and Rationale

826 A) Gene count number remaining after each criteria/filter step for each tissue. B) Gene count present  
827 across all tissues at each step, presented on a log2 scale. C) % Coefficient of Variance (CV) for each gene  
828 calculated as SD/mean\*100 distribution of log2 TPM gene expression values. Genes that satisfy every  
829 subsequent filter are plotted by the last filter applied. Filters 1-3 slowly decrease %CV and the  
830 cumulative effect of filters 1-4 generally results in a %CV of approximately 20%. Filter 5 imposes a strict  
831 %CV < 20% requirement for all tissue-gene pairs. D) Age information must be included in exclusion  
832 criteria as low variation genes can still have a high correlation with age. Filter 6 (Spearman correlation p-  
833 value based removal) removes highly age-correlated genes. Dashed line corresponds to a correlation  
834 coefficient (y-axis) of 0.4, which for most tissues corresponds to a significant correlation with  $p = 0.05$ .  
835 Exact CV and age correlation information is found in Supplementary Table 2, in case readers wish to  
836 utilize other cutoffs in selecting RGs. E) Log2 TPM (y-axis) values by life stage (color) for specific gene-  
837 tissue pairs (x-axis) for genes that satisfy filters 1-5, but are eliminated by filter 6. Boxplot line represents  
838 the group median while lower and upper limits of the boxplot correspond to the first (25%) and third  
839 (75%) quartiles.

840

841 Figure 3: Classical & Novel RG Performance in Aging Samples

842 A) Aging RG status of classical reference gene by tissue. Genes that are age-invariant and therefore valid  
843 RGs are depicted in blue while their age-variant counterparts, which were not present in the gene list  
844 after filtering, appear in red. B-C) Individual gene cycle threshold (Ct) results from validation RT-qPCR  
845 tissues in heart (B) and liver (C) for selected classical RGs and novel age-invariant RGs. D) RT-qPCR Gene  
846 RefFinder score and mRNA-seq %CV in heart and liver. Age-invariant genes are distinct from and  
847 outperform canonical RGs in %CV (Welch Two Sample t-test  $p$ -value= 0.006553) and RefFinder qPCR  
848 scores(Welch Two Sample t-test  $p$ -value = 0.02401). RefFinder and %CV scores were calculated from in-  
849 house and public validation datasets respectively. RefFinder score was based on BestKeeper,

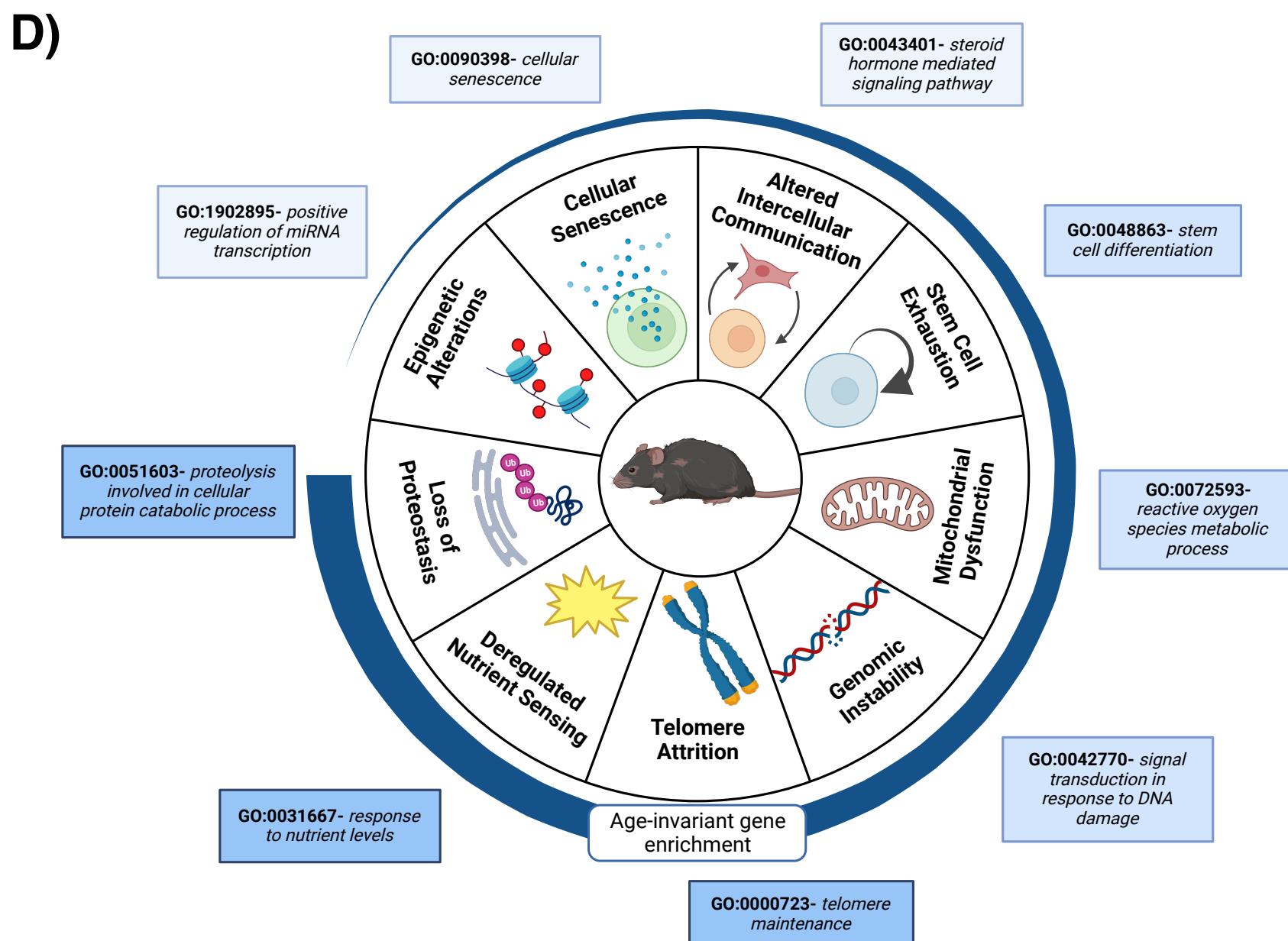
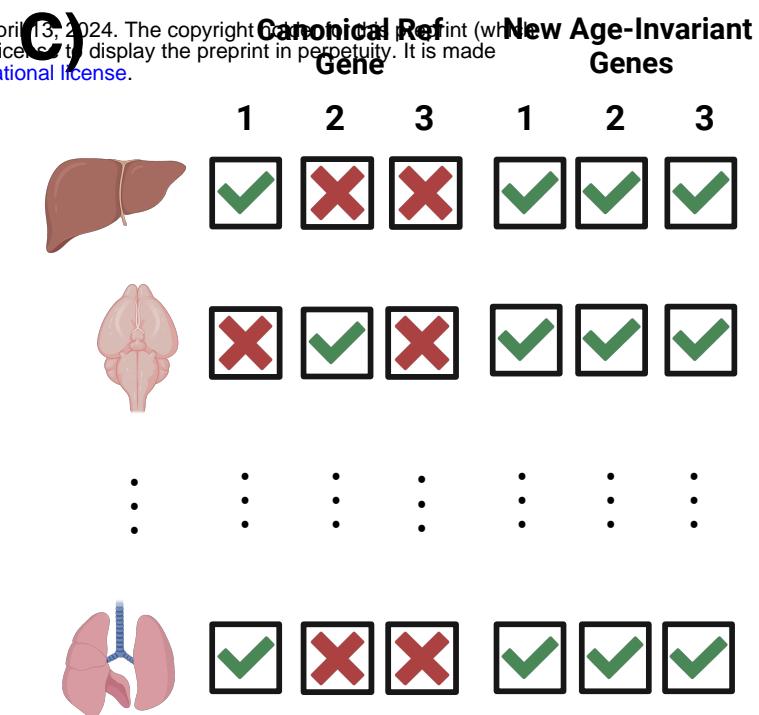
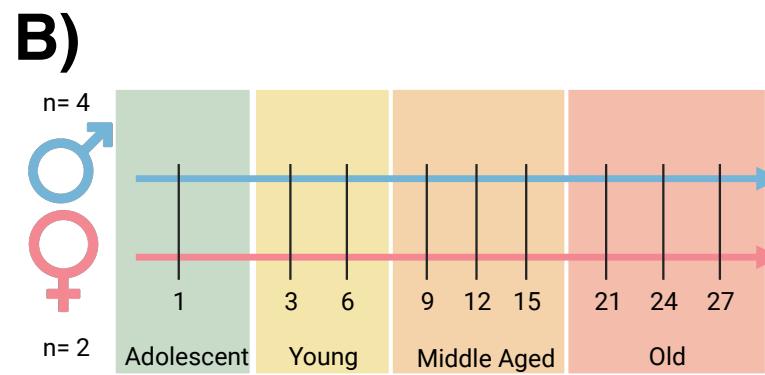
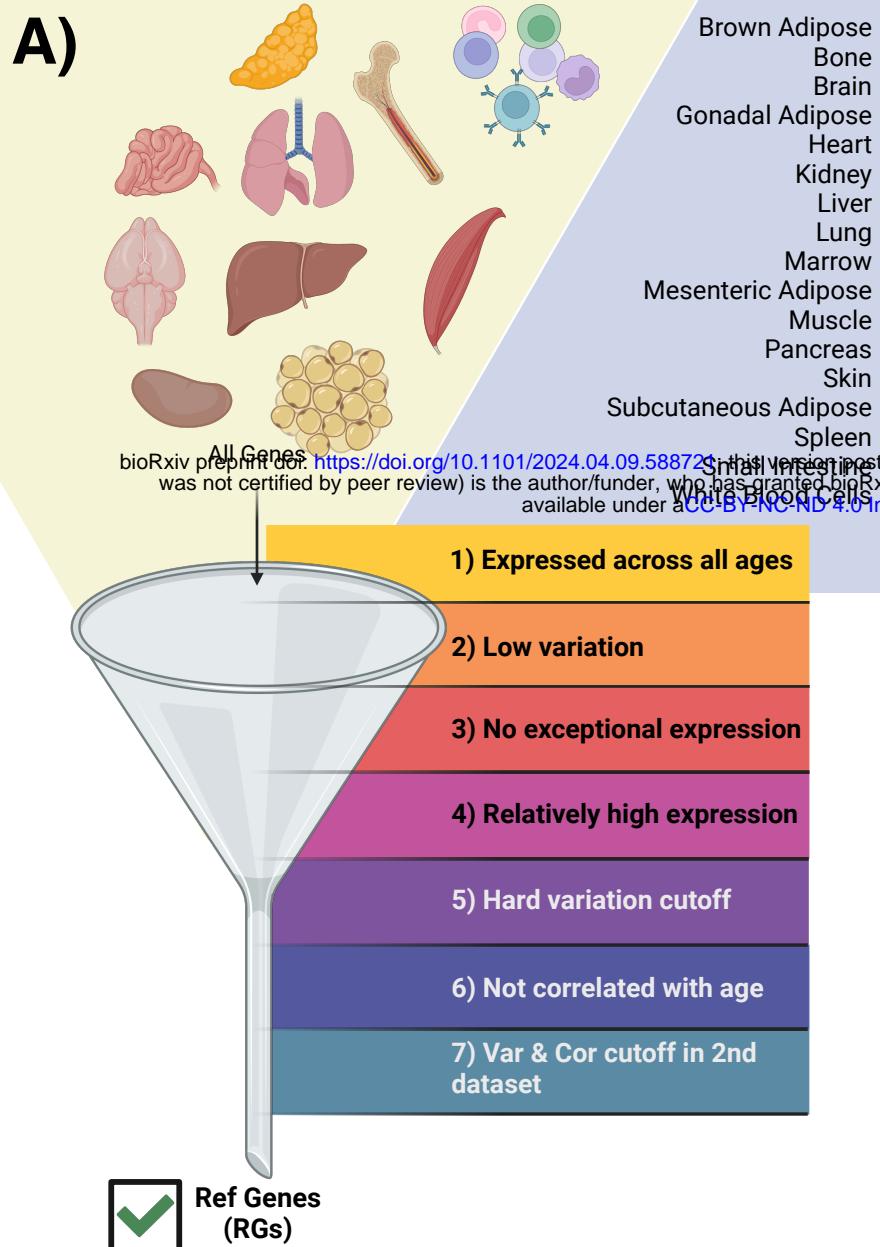
850 NormFinder, GeNorm and comparative delta-Ct values. Circled points indicate novel age-invariant RGs  
851 (Two pan-tissue: Tomm22 and Srp14; and one heart and liver age-invariant gene: Atp6v1f) while  
852 uncircled points specify classical RGs from Figure 3A.

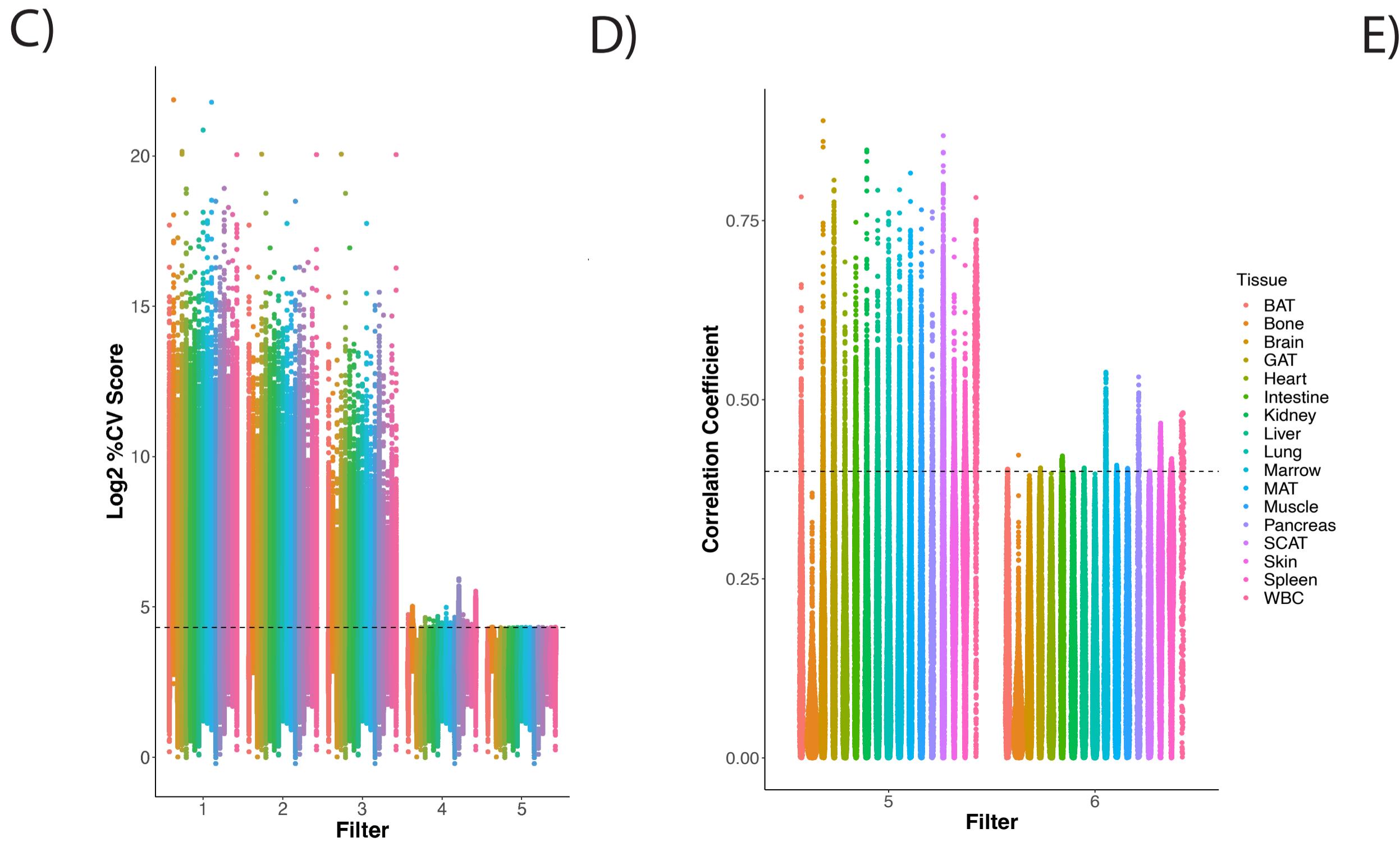
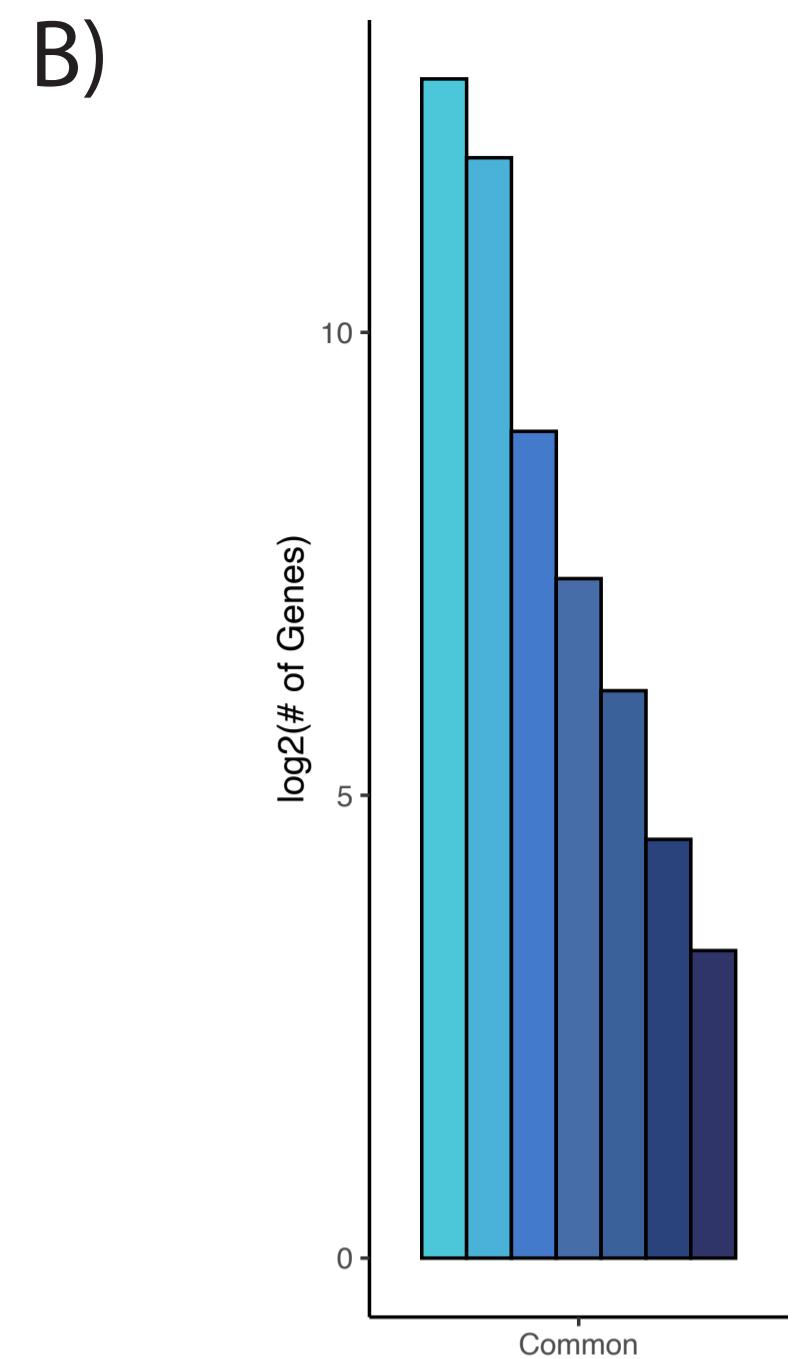
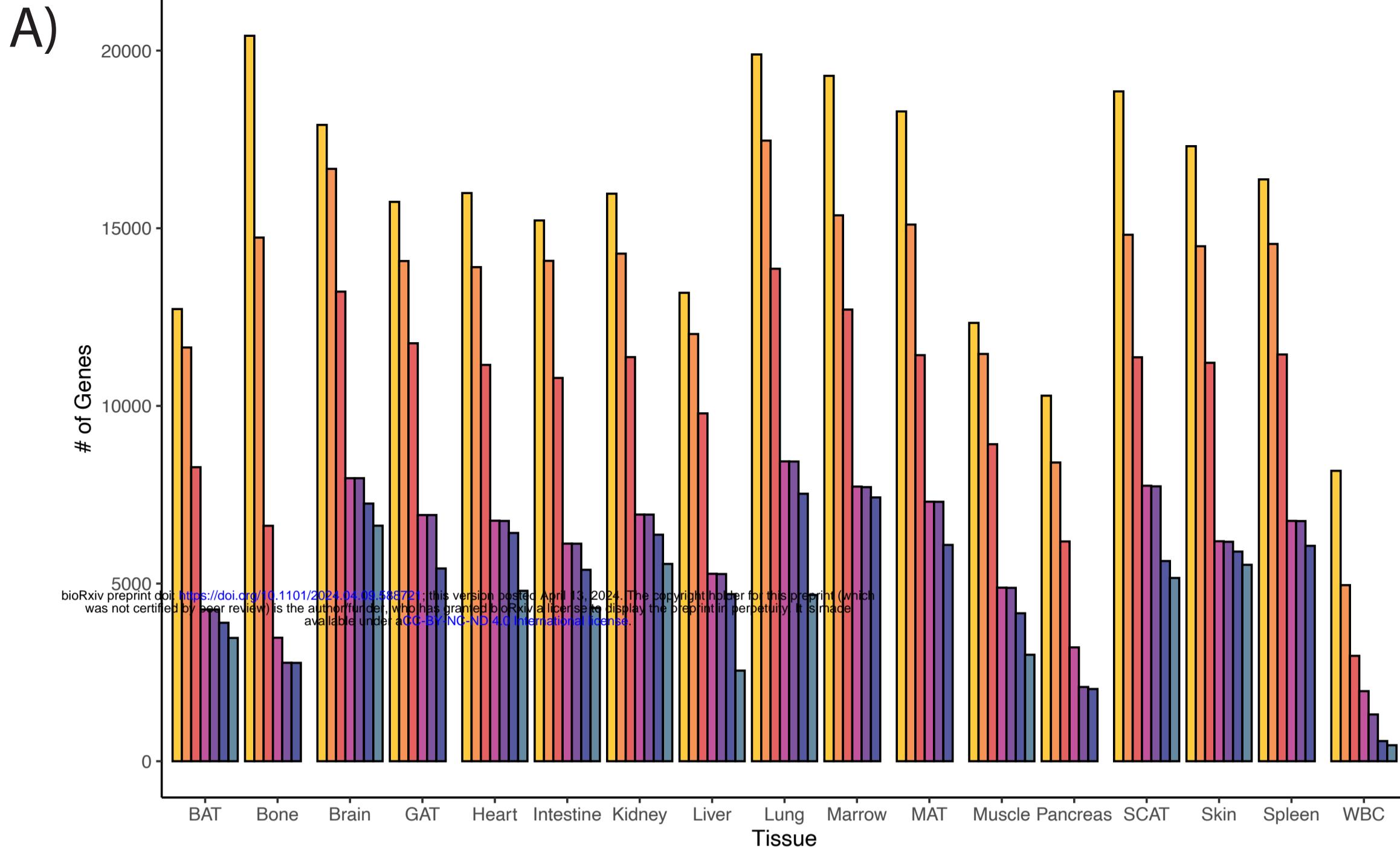
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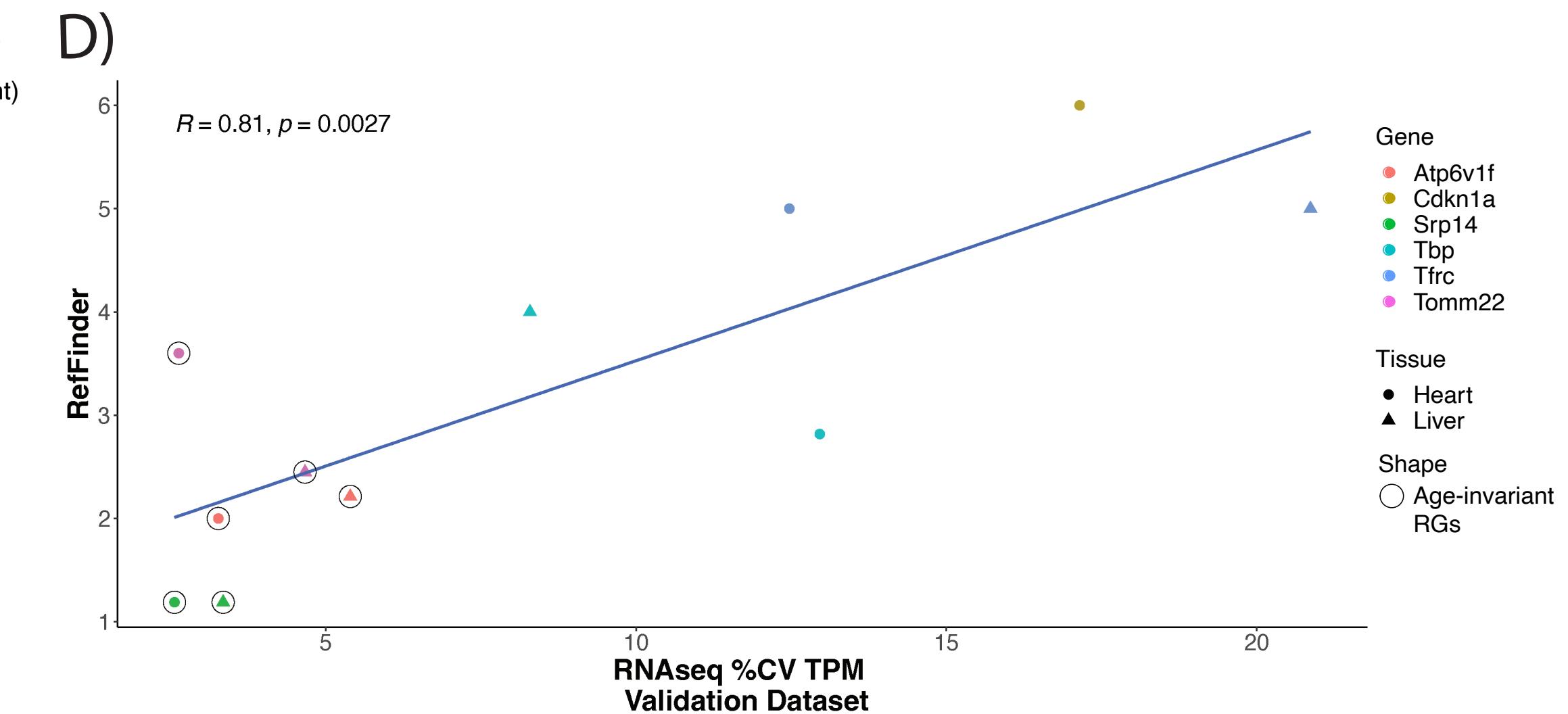
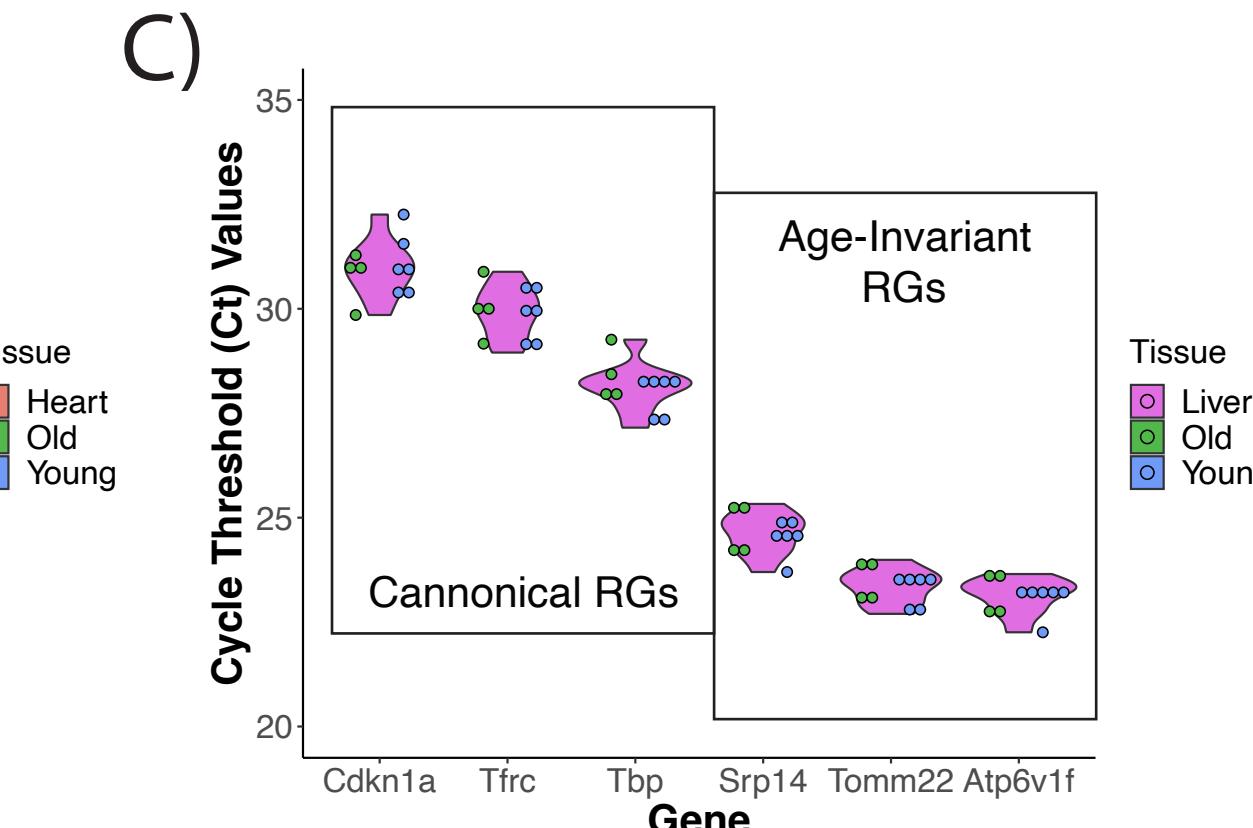
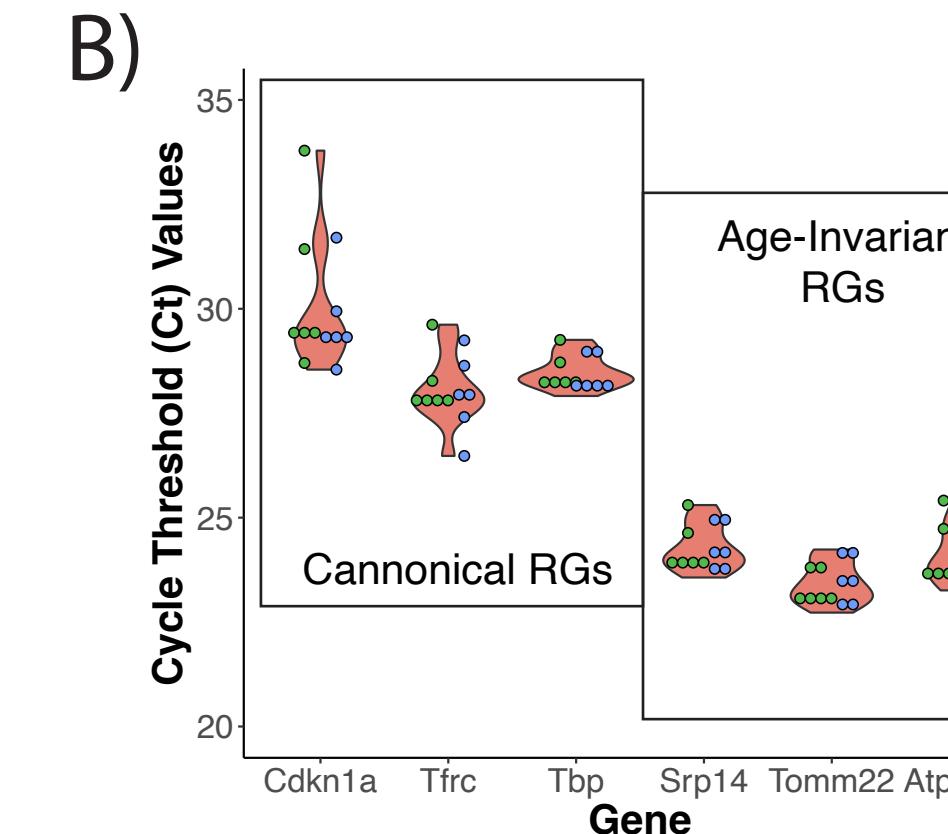
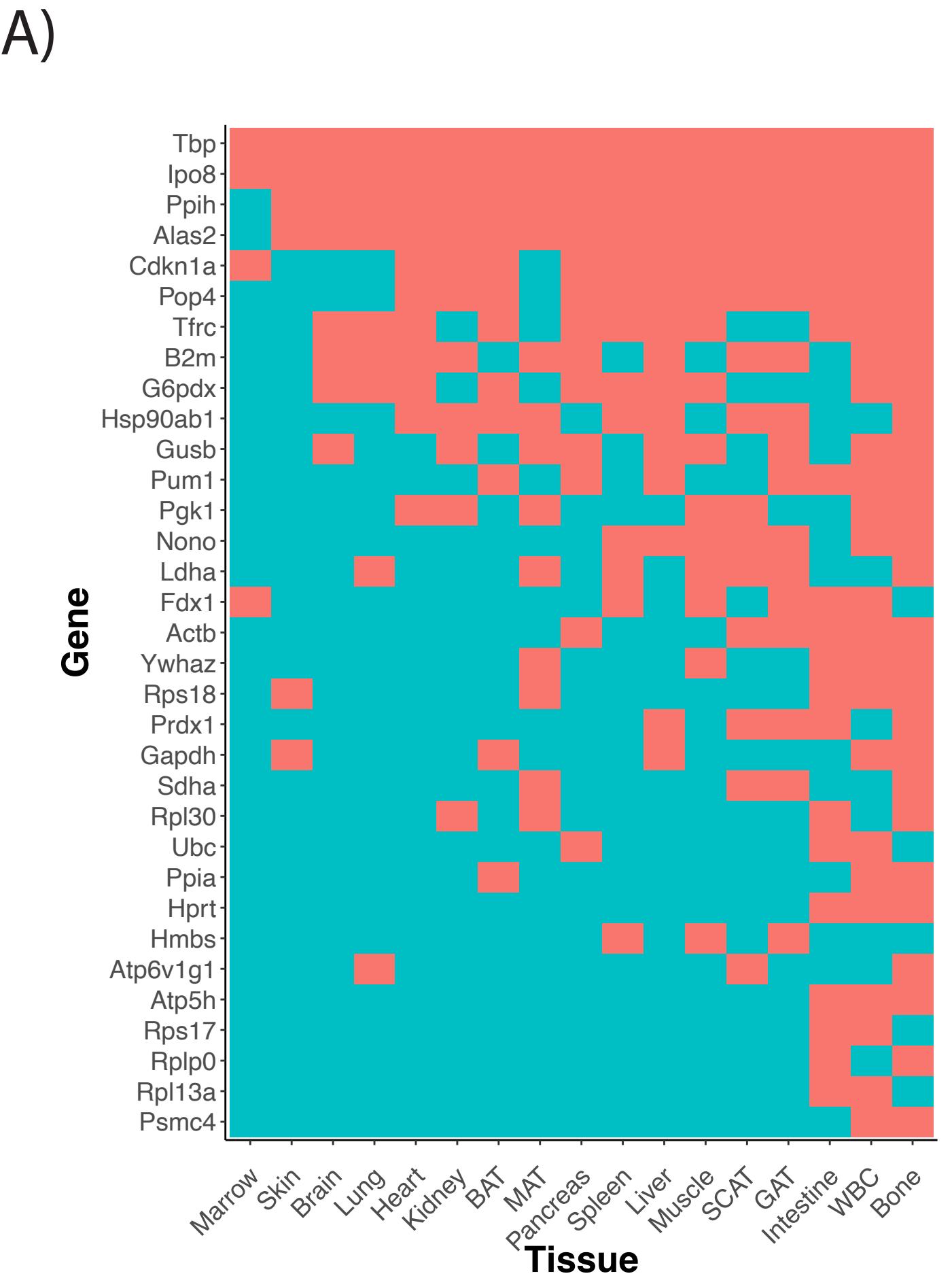
854 Figure 4: Age-Invariant Genes are Enriched for Dysregulated and Aging Disease Associated Gene  
855 Functions

856 A) Tissue age-invariant genes are enriched for some GO, KEGG and REACTOME terms associated with  
857 linear and non-linear aging trajectories. Left labels correspond to enrichment terms originally classified  
858 in 9 trajectory groups. Age-invariant labels at the very bottom (pink) refer to genes identified in this  
859 paper. Heatmap columns correspond to different tissues, while rows correspond to different terms. B)  
860 Age-invariant genes are enriched for GO Biological Processes associated with age-related disease in  
861 humans. C) Tissue age-invariant genes are enriched for certain protein complexes. Gene lists are  
862 enriched for CCT complex, electron transport chain (respiratory complex I and cytochrome C),  
863 proteasome, Cop9 signalosome, PYR, Parvulin-associated pre-rRNP and Regulator-AXIN/LKB1-AMPK  
864 complexes in CORUM analysis.

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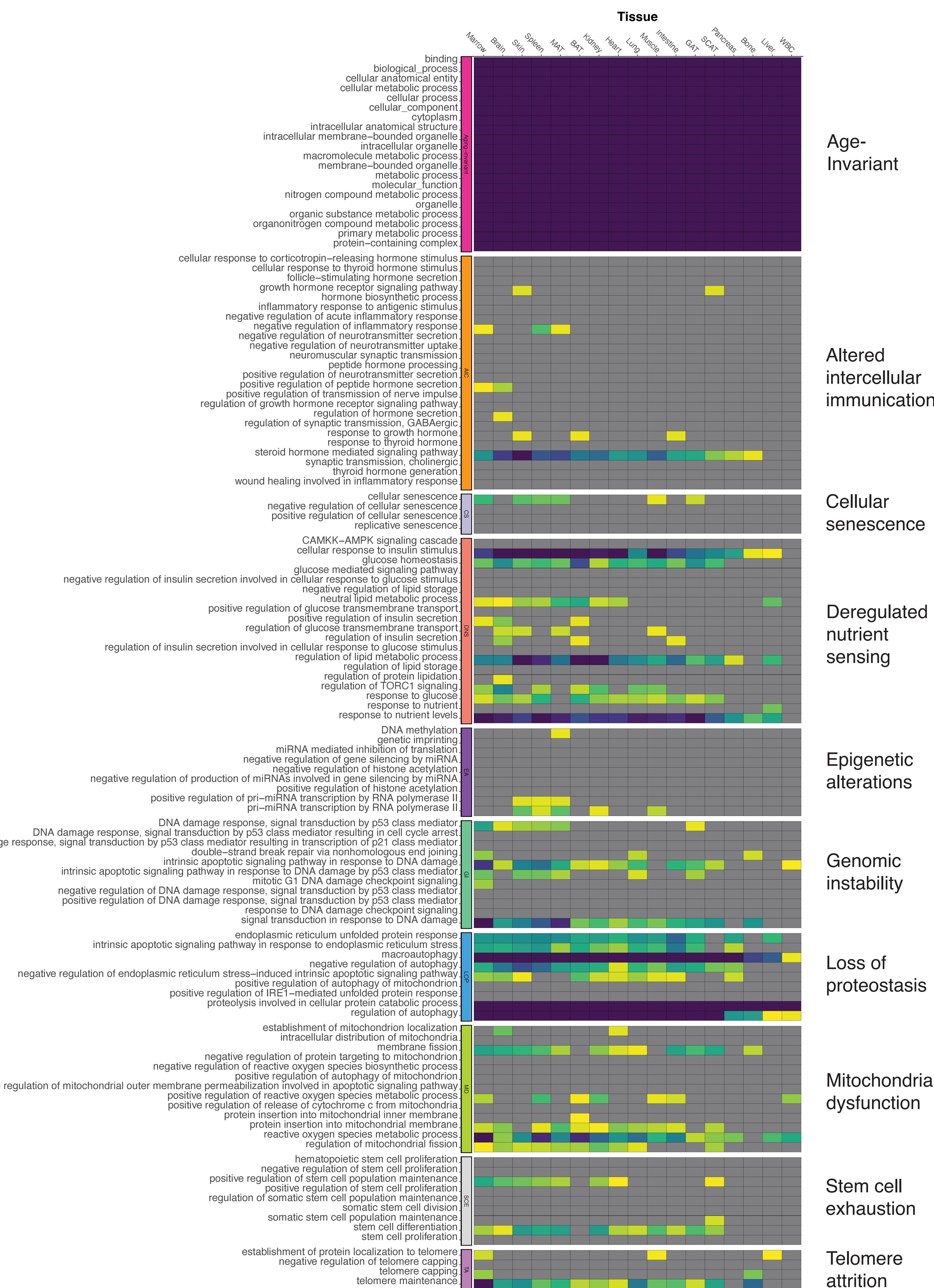




A)



B)



C)

