

Post-transcriptional RNA stabilization of telomere-proximal RNAs FRG2, DBET, D4Z4 at human 4q35 in response to genotoxic stress and D4Z4 macrosatellite repeat length.

Valentina Salsi^a, Francesca Losi^a, Monica Salani^b, Paul D. Kaufman^c, and Rossella Tupler^{a,d,*}

^a Department of Biomedical, Metabolic and Neural Sciences, University of Modena and Reggio Emilia, 41125, Modena, Italy.

^b Center for Human Genetic Research, Massachusetts General Hospital Research Institute and Department of Neurology, Harvard Medical School, 185 Cambridge Street, Boston, Massachusetts 02114 USA

^c Department of Molecular, Cell and Cancer Biology, University of Massachusetts Medical School, Worcester, MA 01605 USA.

*Correspondence to: Rossella Tupler

Department of Biomedical, Metabolic and Neural Sciences, University of Modena and Reggio Emilia,

Via G. Campi 287, 41125 Modena, Italy

Telephone number: +39 059 2055414

E-mail: rossella.tupler@unimore.it

Key Words: D4Z4 chromatin signature/ DNA damage/ epigenetic regulation/ FSHD.

ABSTRACT

Background: Reduced copy number of the D4Z4 macrosatellite at human chromosome 4q35 is associated with facioscapulohumeral muscular dystrophy (FSHD). A pervasive idea is that chromatin alterations at the 4q35 locus following D4Z4 repeat unit deletion lead to disease via inappropriate expression of nearby genes. Here, we sought to analyze transcription and chromatin characteristics across 4q35 and how these are affected by D4Z4 deletions and exogenous stresses.

Results: We found that the 4q subtelomere is subdivided into discrete domains, each with characteristic chromatin features associated with distinct gene expression profiles. Centromere-proximal genes within 4q35 (*ANT1*, *FAT1* and *FRG1*) display active histone marks at their promoters. In contrast, poised or

repressed markings are present at telomere-proximal loci including *FRG2*, *DBE-T* and *D4Z4*. We discovered that these discrete domains undergo region-specific chromatin changes upon treatment with chromatin enzyme inhibitors or genotoxic drugs. We demonstrated that the 4q35 telomere-proximal *FRG2*, *DBE-T* and *D4Z4*-derived transcripts are induced upon DNA damage to levels inversely correlated with the D4Z4 repeat number, are stabilized through post-transcriptional mechanisms upon DNA damage, and are bound to chromatin.

Conclusion: Our study reveals unforeseen biochemical features of RNAs from clustered transcription units within the 4q35 subtelomere. Specifically, the *FRG2*, *DBE-T* and *D4Z4*-derived transcripts are chromatin-associated and are stabilized post-transcriptionally after induction by genotoxic stress. Remarkably, the extent of this response is modulated by the copy number of the D4Z4 repeats, raising new hypotheses about their regulation and function in human biology and disease.

Keywords: D4Z4 chromatin signature/ DNA damage/ epigenetic regulation/ FSHD/

INTRODUCTION

Repetitive DNA sequences occur in multiple copies and comprise over 50% of the human genome [1,2]. DNA repeats can be categorized based on their size and copy number: high-frequency repeats, also known as satellite DNA sequences, are found in various loci, including pericentromeric, subtelomeric, and interstitial regions. Satellites typically form constitutive blocks of heterochromatin, notably at telomeres, centromeres and at the short arms of acrocentric chromosomes. Although most satellites (~89.5%) are located within repressive chromatin domains, multiple studies have found that these elements have significant impacts on evolution, genetic variation and gene expression regulation [3,4].

Notably, loci proximal to telomeres are particularly prone to regulation by repetitive elements. For example, reporter genes inserted next to telomeres are silenced, a phenomenon known as telomere position effect (TPE), and silencing is further increased by upon elongation of telomeric repeats[5–7].

Several observations indicate that telomeric and subtelomeric repeats can synergically regulate transcription of nearby genes through long-distance interactions, in a manner proportional to repeat lengths. Alterations in these interactions have been implicated in a wide spectrum of human diseases [5,8], including Facioscapulohumeral Muscular Dystrophy (FSHD) (MIM 158900). FSHD is linked to deletions that reduce the copy number of the tandemly-arrayed D4Z4 macrosatellites at the 4q35 subtelomere (25-50 kb from the telomere) [9,10] (Figure 1A).

The D4Z4 repeat is extremely polymorphic in the general population [11]. Earlier studies hinted at a broad distribution of these elements, since a tandemly arrayed D4Z4 macrosatellite with 98% identity to the 4q35 array is also present at subtelomere 10q26 [12,13]. By performing comprehensive bioinformatic analyses using the T2T assembly [14,15] and a collection of 86 genome assemblies from the Human Pan-Genome project [15], we have recently defined the exact number and arrangements of D4Z4-like repeat elements in the human genome [16], detecting huge inter- and intra-individual variation. Our analyses uncovered hundreds of D4Z4-like elements, which together comprise from 0.7 to 1.5 Mb of DNA, depending on the individual. We confirmed that in addition to the tandemly-arrayed D4Z4 macrosatellites at 4q35 and 10q26, incomplete D4Z4-like (D4Z4-I) sequences annotated as Beta satellites/Sau3A DNAs (Bsat) are localized at the centromeric satellite arrays surrounding rDNA repeats on the short arms of all acrocentric chromosomes and at the centromere of chromosome 1 [17–19]. At these loci, D4Z4-I sequences are not arrayed, and most of them are incomplete, lacking the 5' portion of the D4Z4 repeat (1-800 nt) which contains regulatory regions [16]. The role and the transcriptional activity of these sequences remains obscure. However, we note that both rDNA repeats and centromeric satellites are spatially organized within nucleolus-associated domains (NADs) which are globally associated with repressive chromatin states, low gene density and low transcriptional activity [20–22] raising the idea that dispersed macrosatellites might also be involved in three-dimensional regulation of nuclear functions.

Intriguingly, the 10q26 and the 4q35 loci are notably different in their subnuclear positioning. The 4q but not the 10q subtelomere is frequently associated with the nuclear periphery. 4q35 is thus

categorized as a Lamin-Associated Domain (LAD), and is thus part of a major class of generally silenced heterochromatin [20,23–25]. This observation led to the hypothesis that FSHD pathogenesis might be affected by the three-dimensional localization of the 4q35 locus [26–28]. This idea was attractive because it could explain regulation by the number of *D4Z4* elements present.

Studies investigating *D4Z4* chromatin have detected multiple repressive modifications, including DNA methylation [29–35], di/trimethylation of histone H3 at lysine 9 (H3K9me2/3) [36–38], trimethylation of histone H3 at lysine 27 (H3K27me3) [39], and association of the related chromatin proteins CBX3/HP1γ and EZH2 [39,40]. Moreover, *D4Z4* recruits a multi-protein repressor complex, the *D4Z4* Recognition Complex (DRC), whose removal is associated with increased expression of 4q35 genes [41]. In the current patho-physiological model for FSHD [42], reduction of the *D4Z4* array causes a loss of repressive histone modifications and the ectopic expression of *DUX4*, a retrogene present in each *D4Z4* unit [43]. Functional, full-length *DUX4* transcripts are produced from the last *D4Z4* unit when they are stabilized in individuals carrying a permissive 4qA haplotype that includes a poly-adenylation signal (pLAM) near the most telomere-proximal *D4Z4* unit [44]. For this reason, the majority of studies of epigenetic mechanisms in FSHD focus on the *D4Z4* last repeat [45].

Here, we characterize dynamic regulatory events across the 4q35 locus. Different patterns of histone modifications characterize different chromatin domains, which correlate with the differential transcriptional responses to genotoxic stress. Additionally, drugs targeting histone modifying enzymes induce transcriptional derepression spanning the entire locus. In contrast, DNA damaging agents induce post-transcriptional stabilization of only the most telomere-proximal 4q35 transcripts, which are chromatin-associated. These latter properties are affected by the size of the subtelomeric *D4Z4* array. Collectively, our results highlight that 4q35 constitutes a multipartite genomic locus providing distinct modes of regulation in response to external cues. The responses correlate with *D4Z4* size thus providing additional elements to define the biological role of subtelomeric repeats and how they can be associated to anomalous responses leading to disease.

RESULTS

Chromatin and transcription analysis of the 4q35 region reveals distinct functional domains

To investigate the mechanism(s) by which the D4Z4 macrosatellite array affects the transcriptional regulation of the 4q35 locus (Figure 1A), we measured RNA levels of genes located at different distances from the D4Z4 array. We analyzed human primary myoblasts (HPMs) and trophoblast derived cells (HTCs) obtained from FSHD subjects heterozygous for a D4Z4 reduced allele (DRA) and matched controls (Figure 1B) [46]. On the centromere-proximal side of 4q35, we analyzed RNAs from these protein-coding genes (Figure 1A): *ANT1* (*Adenine Nucleotide Translocator 1*; known also as *Solute carrier family 25 member 4 SLC25A4*), *FAT1* (*FAT atypical cadherin 1*), and *FRG1* (*FSHD region gene 1*), which are positioned at 4.9 Mb, 3.5 Mb and 127 kb from the D4Z4 array, respectively. We also analyzed telomere-proximal RNAs, including *FRG2* (*FSHD region gene 2*; 37 kb from the array), and *DBE-T* (*D4Z4 Binding Element-Transcript*), a lncRNA transcribed from the 5' end of the D4Z4 array. We also analyzed two additional transcripts derived from D4Z4: DUX4 exon1 (Ex1)-containing transcripts, hereafter named *D4Z4-T* (D4Z4-Transcript), which arise from each D4Z4 repeat, and *DUX4FL* (DUX4 Full Length) pLAM-containing transcripts, the FSHD disease-associated mRNAs derived from the most telomere-proximal D4Z4 repeat (Fig. 1A and Supplemental_Fig_S1).

Our qPCR analyses (Fig 1C-D) showed that 4q35 genes are differentially expressed depending on their chromosomal position, confirming previous evidence [27,28,41,47]. Specifically, in control cells the centromere-proximal *ANT1*, *FAT1* and *FRG1* genes displayed high levels of expression, whereas *FRG2*, *DBE-T* and *D4Z4-T* were barely detectable. Consistent with the expected derepression of the locus associated with reduced D4Z4 copy number, *FRG2*, *DBE-T* and *D4Z4-T* transcripts were significantly upregulated in FSHD1 cells (Figure 1C and D). In contrast, *ANT1* and *FRG1* transcripts were found at comparable levels both in control and FSHD cells. Therefore, the loss of D4Z4 satellites in the FSHD patients' cells correlated with an altered regulation of the telomere-proximal transcripts.

We could not reliably quantify the *DUX4FL* transcript via qPCR with commonly used primers [48,49] due to the very low amount of the detected amplicon (Ct values over 35) and because of the

presence of multiple peaks in the melting curve analysis of the PCR products (Supplemental_Fig_S1). These observations are consistent with previous detection of DUX4FL transcripts only in a small percentage of FSHD-derived myoblasts (1 per 1000 cells) [44] and in cell lines only by using multi-step nested PCR [44,49–51]. Since our aim was to conduct unbiased analyses of the physiological levels of 4q35 transcripts to compare their expression and regulation, we avoided pre-amplification steps.

The distinct regulation of genes located at different distances from the D4Z4 array prompted us to investigate the chromatin features of the 4q35 region. Chromatin immuno-precipitation (ChIP) experiments were performed in primary HPMs and HTC cells using antibodies raised against histone tail modifications associated with transcriptional regulation: AcH3, AcH4 and H3K4me3, H3K9me3 and H3K27me3 (Figures 1E-F, values in Supplemental_Table1). We detected three classes of modification patterns. First, in both primary cell types, active chromatin marks were found at the *ANT1* and *FAT1* promoters within the centromere-proximal region of 4q35 region, with enrichment of AcH3, AcH4, and H3K4me3, and low levels of H3K9me3 and H3K27me3. Second, at the *FRG1* and *FRG2* promoters, both repressing and activating marks were detected. This “bivalent” pattern of histone modification is characteristic of “poised” promoters that are inactive but able to respond to external stimuli [52–54]. Specifically, we detected the enriched levels of AcH4 and H3K9me3 at the *FRG1* promoter in both cell types, at comparable levels in control and DRA-bearing cells. At the *FRG2* promoter, we observed comparable levels of AcH4 in control and FSHD-derived cells, whereas H3K9me3 enrichment was significantly more elevated in FSHD-derived myoblasts compared to control cells. A poised chromatin modification pattern at the *FRG2* promoter is a conserved feature in multiple cell types, as confirmed by Chromatin State Segmentation by HMM from studies by ENCODE/Broad [55] (Supplemental_Fig_S2). The third modification pattern observed occurred at the D4Z4 repeats themselves and was dominated by strong enrichment of H3K9me3 associated with low levels of the other chromatin marks analyzed (Figure 1E-F). A similar signature was also found at the gene desert region LILA5 (Supplemental_Fig_S3), as expected in heterochromatic regions. Notably, all three classes of modification patterns were largely similar comparing samples from healthy individuals and from FSHD

patients with D4Z4 deleted alleles (DRAs). However, H3K9me3 levels were significantly increased at the *FRG2* promoter and at *D4Z4* in primary cells carrying a DRA [13,38]. This might seem to conflict with our observation that both *FRG2* and *D4Z4-T* were derepressed in cells carrying a DRA (Fig 1B and C). However, these data are consistent with previous results cells from patients with ICF (Immunodeficiency, Centromeric region instability, Facial anomalies syndrome), in which D4Z4 transcription is detected in spite of retention of H3K9me3 [56]. In sum, 4q35 contains three subdomains with euchromatic, poised, and heterochromatic features, arrayed in a centromere-to-telomere order.

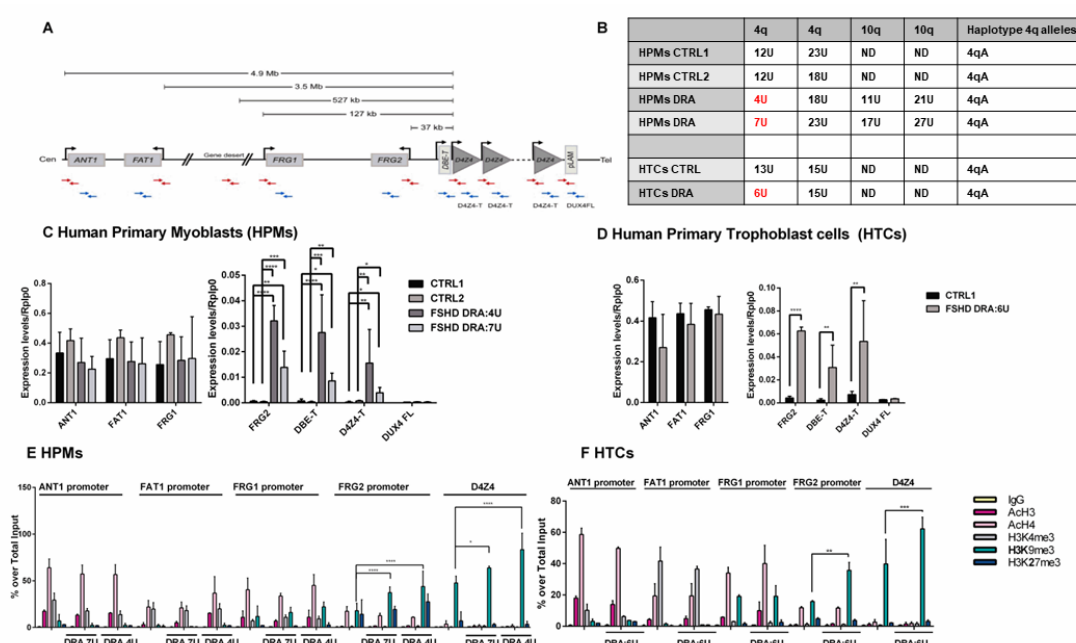


Figure 1. 4q35 genes expression and epigenetic profile: A) Schematic representation of the chromosome 4q35 showing physical distances between *ANT1*, *FAT1*, *FRG1* and *FRG2* genes and the *D4Z4* macrosatellite within the AF146191-U85056 contig, based on GenBank entry U85056.1. The positions of oligonucleotides used in ChIP experiments (red) and qPCR (blue) are shown. B) Table showing the sizes of the two 4q35 and 10q26 alleles in the selected human primary cells used in this paper, together with the 4q-ter (4qA) haplotype. Control human trophoblast cells (HTCs) and human primary myoblasts (HPMs) cells carry normal-sized 4q alleles (≥ 10 D4Z4 repeat units), whereas FSHD-derived HTCs and HPMs bear a reduced D4Z4 allele (DRA), i.e. < 8 D4Z4 repeat units (U=Units); C-D) RT q-PCR quantification of *ANT1*, *FAT1*, *FRG1*, *FRG2*, *DBE-T*, *D4Z4-T* and *DUX4FL* mRNAs in (C) human primary myoblasts (HPMs) and (D) human trophoblast cells (HTCs). Data were normalized using *RPLP0* as a reference mRNA. E-F) Chromatin immunoprecipitation (ChIP) analysis performed in (E)

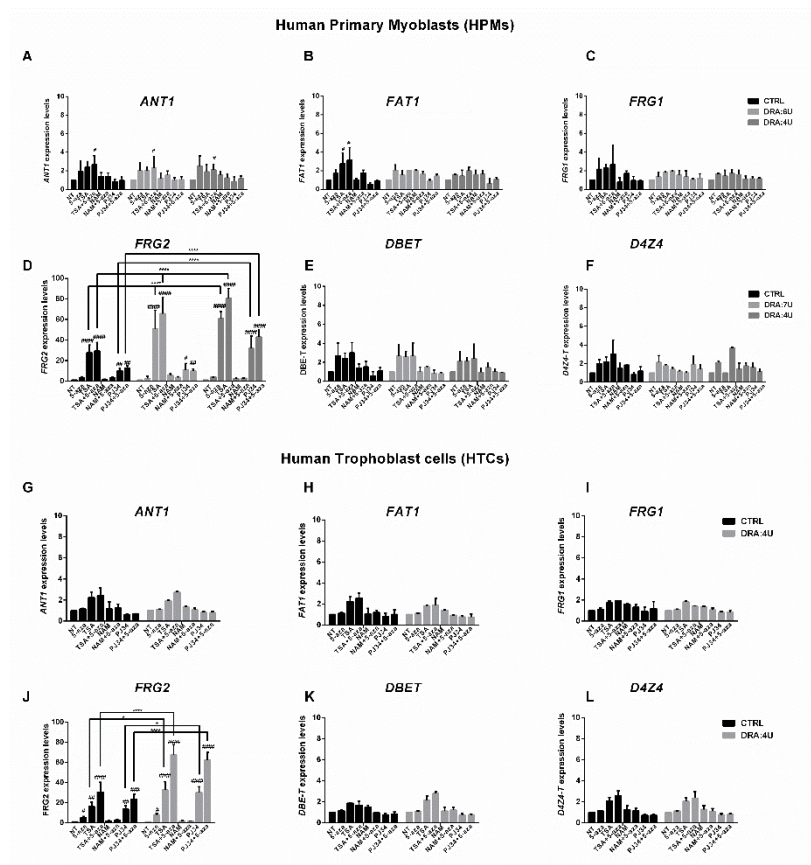
HPMs and (F) HTC. IPs were performed using the indicated antibodies recognizing H3K4me3, H3K9me3, H3K27me3 and pan-acetylated Histone 3 and 4 (AcH3 and AcH4), or a non-specific control (IgG), followed by qPCR amplification using primers described in Fig.1A. Data are displayed as the percent enrichment for each antibody over total input chromatin. Experiments were done in triplicate and analyzed using two-way Anova statistical tests. Asterisks indicate the statistical significance of data obtained in DRA cells compared to control cells for each antibody, as follows: * 0.05<p-value<0.01; ** 0.01<p-value<0.001; *** 0.001<p-value<0.0001; **** p-value<0.0001.

The *FRG2* promoter is activated by inhibition of histone acetylation or PARP1, in a manner regulated by D4Z4 repeat length

The detection of *FRG2* and D4Z4 transcription despite the enrichment of heterochromatin-associated histone marks at their promoters suggested complex modes of regulation. To investigate the role of chromatin modification across 4q35, we pharmacologically inhibited different classes of chromatin-modifying enzymes both in HTCs and HPMs (Fig. 2) and measured the RNA levels by RT-qPCR. We treated cells with trichostatin A (TSA), an inhibitor of class I, II, IV, histone deacetylases (HDACs) [57], nicotinamide (NAM) [58], an inhibitor of class III HDACs (sirtuins), or PJ34, an inhibitor of Poly (ADP-ribose) polymerase-1 (PARP-1) [59–61]. These treatments were performed either in presence or absence of 5-Aza-dC (Aza), an inhibitor of DNA methylation [57]. After these treatments, minor changes in expression of *ANT1*, *FAT1* and *FRG1* (Figure 2A-C and G-I) were observed. In contrast, strong transcriptional induction of *FRG2* was observed upon TSA and PJ34 treatments (Figure 2D and J, note the y-axis scale). The effects of both these compounds were enhanced by 5-aza-dC, indicating that DNA methylation contributes to *FRG2* silencing. Like the centromere-proximal genes, transcription of *DBE* and *D4Z4-T* transcripts was not induced by the selected compounds (Figure 2E-F and K-L). We conclude that the *FRG2* promoter is particularly sensitive to local chromatin modifications.

To determine how TSA-induced transcriptional changes correlated with altered histone modifications, we performed ChIP experiments (Supplemental_Fig_S4, data in Supplemental Table 3). Both in control and DRA-bearing cells, TSA led to a general increase of ‘open chromatin’ marks

198 (acetylated H3/H4 and H3K4me3) at 4q35 genes. In particular, and consistent with its transcriptional
199 upregulation, we observed increased H3 and H4 acetylation at the poised *FRG2* promoter in HPMs and
200 HTC cells bearing one DRA allele (Supplemental_Fig_S4B-C and E). Together, our data indicate that
201 histone acetylation and D4Z4 repeat length both contribute to the robust inducibility of the *FRG2*
202 promoter.



203
204 **Figure 2. 4q35 gene expression is affected by epigenetic drugs depending on 4q allele size.**
205 Expression data of 4q35 genes in human primary myoblasts (HPMs) (A-F) and in human trophoblasts
206 cells (HTCs) (G-L) carrying a normal sized allele (CTRL (>10U)) or D4Z4 reduced alleles (DRA:7U and
207 DRA:4U). Cells were treated or not treated with the indicated compounds: 5-Aza-2'-deoxycytidine (5-
208 Aza-dC), Trichostatin A (TSA), nicotinamide (NAM), PARP inhibitor (PJ34). *ANT1* (A), *FAT1* (B), *FRG1*
209 (C), *FRG2* (D), *DBE-T* (E) and *D4Z4-T* (F) RNAs were measured by RT q-PCR and normalized over the
210 *RPLP0* reference gene. Experiments were done in triplicate and the results were analyzed using two-
211 way Anova tests to perform multiple comparisons. Hashtags (#) indicate the statistical significance of
212 data from treated samples compared to untreated samples (NT) in each group. Asterisks (*) indicate
213 statistical significance of data from treated cells carrying DRA compared to the same treatment in control

cells. P-value ranges are as follows: *, # 0.05<p-value<0.01; **, ## 0.01<p-value<0.001; ***, ### 0.001<p-value<0.0001; ****, #### p-value<0.0001.

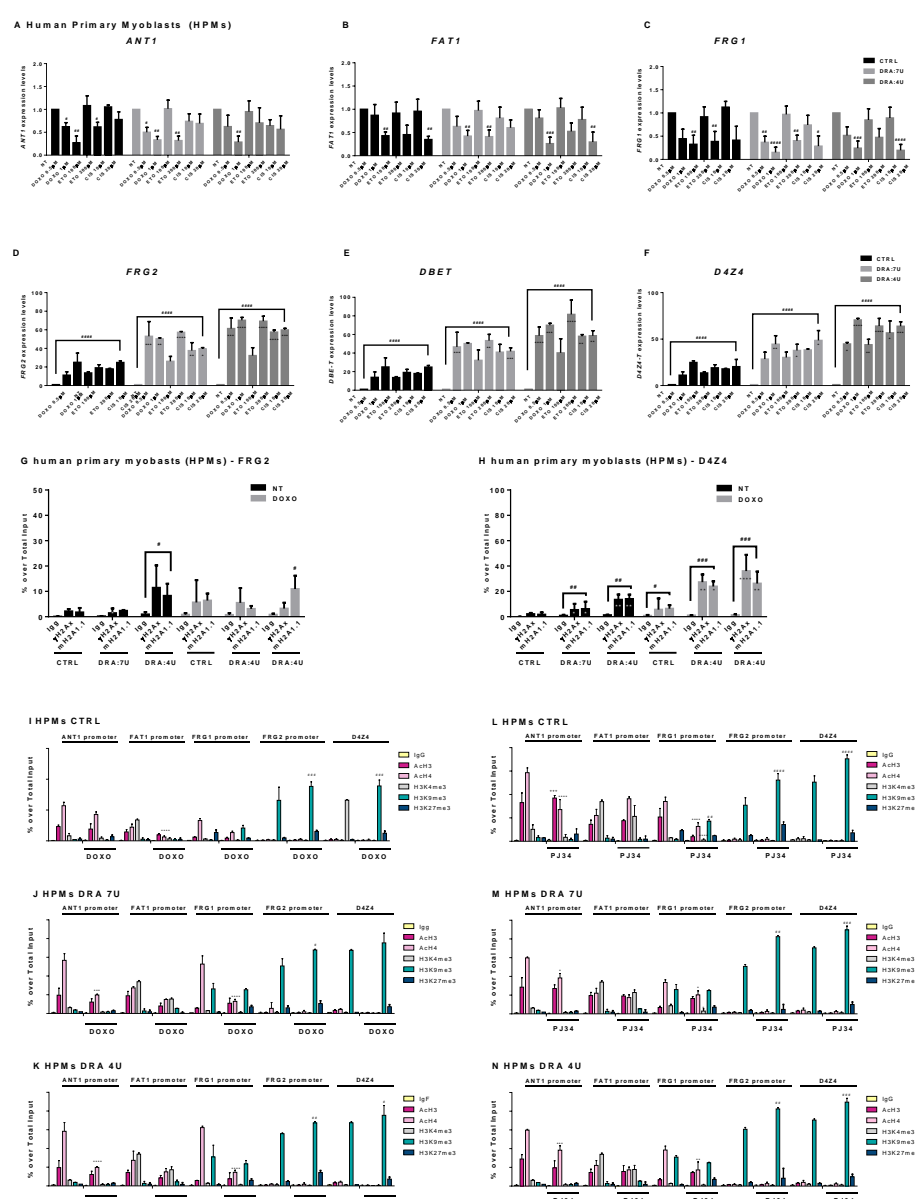
Transcription of *FRG2* and *D4Z4* macrosatellite sequences is induced by genotoxic agents

To test whether 4q35 transcription was affected by a wider array of environmental perturbations, we analyzed the effects of genotoxic agents. We treated primary cells with Cisplatin (CIS) [62], Etoposide (ETO) [63] and Doxorubicin (DOXO) [64,65] (Figures 3 and Supplemental_FigS5). The centromere-proximal genes (*ANT1*, *FAT1* and *FRG1*) were mildly repressed upon genotoxic injury. In contrast, expression of *FRG2*, *DUX4-T* and *DBE-T* increased significantly in the presence of all these compounds both in control and FSHD-derived cells. Additionally, genotoxic agents increased the amounts of 4q35 telomeric transcripts *FRG2*, *DBE-T* and *D4Z4-T* significantly more in HPMs and HTC cells bearing a DRA in comparison with cells bearing normal sized *D4Z4* alleles. We conclude that RNA levels from telomere-proximal 4q35 genes are induced by genotoxic agents, and the magnitude of this effect is increased by the presence of shortened *D4Z4* arrays.

To investigate more deeply the chromatin changes at 4q35 in response to DNA damage, we evaluated the amounts of histone isoforms that serve as DNA damage indicators: phosphorylated H2AX (γ H2AX), which appears at DNA double-strand breaks, and macroH2A1.1, which is recruited to sites of DNA damage-induced PARP1 activation [65–67] (Figure 3G-H, values in Supplemental_Table2). At *FRG2*, we detected low levels of both these histones in the absence of DOXO treatment. At *D4Z4*, macroH2A.1 and γ H2AX are present in basal levels untreated control cells, and these levels increased in cells carrying a 4U DRA or when DNA damage was induced by DOXO (Figure 3N). These observations suggest distinct chromatin architectures at 4q35 alleles that contain a DRA, in which the macrosatellite deletion renders the locus more accessible to DNA damaging agents and/or to DNA damage response factors.

We also evaluated histone modifications at the 4q35 genes in response to exogenous stresses (Figure 3I-N and Supplemental_Fig_S6, values in Supplemental_Table 2 and 4). Our analysis revealed that the DOXO-mediated increase of *FRG2*, *DBE-T* and *D4Z4-T* transcripts was not associated with

240 local enrichment of histone acetylation or other transcription-associated histone modifications (Figure
241 3I-K and Supplemental Fig. S6A-B). Instead, a significant increase of H3K9me3 at *D4Z4* loci (p-values
242 <0.001 and <0.01) was observed. Furthermore, H3K9me3 levels became significantly greater in cells
243 bearing a DRA than in control cells, both at the *FRG2* promoter (p-value <0.001) and the *D4Z4* array
244 (p-value <0.05). Treatment with PARP inhibitor PJ34 also induced a robust increase in H3me3K9 (p-
245 value <0.001) at *FRG2* promoter and *D4Z4* in DRA cells (Figure 3L-N and Supplemental Fig. S6C-D).
246 Therefore, the increased RNA levels observed at the 4q35 telomere-proximal genes upon genotoxic



247 stress or PARP inhibition are paradoxically accompanied by increased H3K9 methylation.

Figure 3 .4q35 genes show different responsiveness to DNA damage depending on D4Z4 size and subtelomeric localization.

Control HPMs and HPMs bearing 7U and 4U D4Z4 arrays were untreated or treated with genotoxic drugs: Doxorubicin (DOXO), Etoposide (ETO) and Cisplatin (CIS), at the reported concentrations. Expression data of *ANT1* (A), *FAT1* (B), *FRG1* (C), *FRG2* (D), *DBE-T* (E) and *D4Z4-T* (F) was evaluated 24h after treatments and normalized over *RPLP0* reference gene levels. Error bars represent standard deviation values for three independent replicates. Hashtags refer to statistical significance of treated samples in respect to not treated samples. Asterisks refer to statistical significance of treated cells carrying DRA in respect to the same treatment in control cells (NT) in each group. G-L) Chromatin immunoprecipitation assays (ChIP) conducted in control and DRA HPMs that were untreated or treated with Doxorubicin (G-I) or PJ34 (J-L). Antibodies directed to H3K4me3, H3K9me3, H3K27me3 and pan-acetylated Histone 3 and 4 (AcH3 and AcH4) were used, followed by qPCR amplification using primers described in Fig.1A. Anova statistical test with multiple comparison was performed (*0.05<p-value<0.01; ** 0.01<p-value<0.001; *** 0.001<p-value<0.0001; **** p-value<0.0001). Different symbols: * (asterisk) + sign (plus sign) and # (hashtag) refer to different antibodies used in ChIP experiments (*=AcH4; +=AcH34me3; #=H3K9me3 to show the statistical significance of data obtained in treated cells in respect to the same in not treated cells). M-N) Chromatin Immunoprecipitation (ChIP) in HPM cells that were untreated or treated with Doxorubicin (M) or PJ34 (N) . Antibodies directed to γ H2Ax and macroH2A1.1 (mH2A1.1) were used followed by qPCR amplification of 4q35 genes as indicated. Anova statistical test with multiple comparison was performed (*0.05<p value<0.01; ** 0.01<p value<0.001; *** 0.001<p value<0.0001; **** P value<0.0001. * (asterisks) refer to each different antibody used in ChIP experiment to show the statistical significance of data obtained in treated cells in respect to the same in not treated cells.

Transcripts from telomere-proximal 4q35 genes are post-transcriptionally stabilized upon DNA damage

We observed that steady-state *FRG2* transcript levels were induced by TSA, in cells with DRA alleles this was accompanied by increased histone H3/H4 acetylation (Figure 2). In contrast, the increased transcript levels of *FRG2*, *DBE-T* and *D4Z4-T* upon genotoxic injury were not correlated with histone modifications typical for transcriptional activation increased H3K9me3 levels (Figure 3).

These observations were inconsistent with typical gene activation scenarios, but we reasoned that they could be consistent with post-transcriptional stabilization of telomeric 4q35 transcripts in

presence of genotoxic damage. To test this, we treated control or FSHD HTC cells with Actinomycin D (ActD), at concentration sufficient to inhibit transcription by both RNA polymerase I and II [68] and then evaluated the stability of 4q35 transcripts over time. Experiments were performed with ActD alone or in presence of DOXO (Figure 4). Notably, the expected increase in *FRG2*, *DBE-T* and *DUX4-T* transcript levels in the presence of DOXO was also observed when transcription was inhibited by ActD treatment (Fig. 4D-F), supporting our idea about post-transcriptional stabilization. Also, quantification of the data detected longer half-lives for these three telomere-proximal RNA species in cells with DRA alleles (Fig. 4A). We conclude that the major regulatory event for the 4q35 telomere-proximal transcripts upon genotoxic stress is post-transcriptional stabilization.

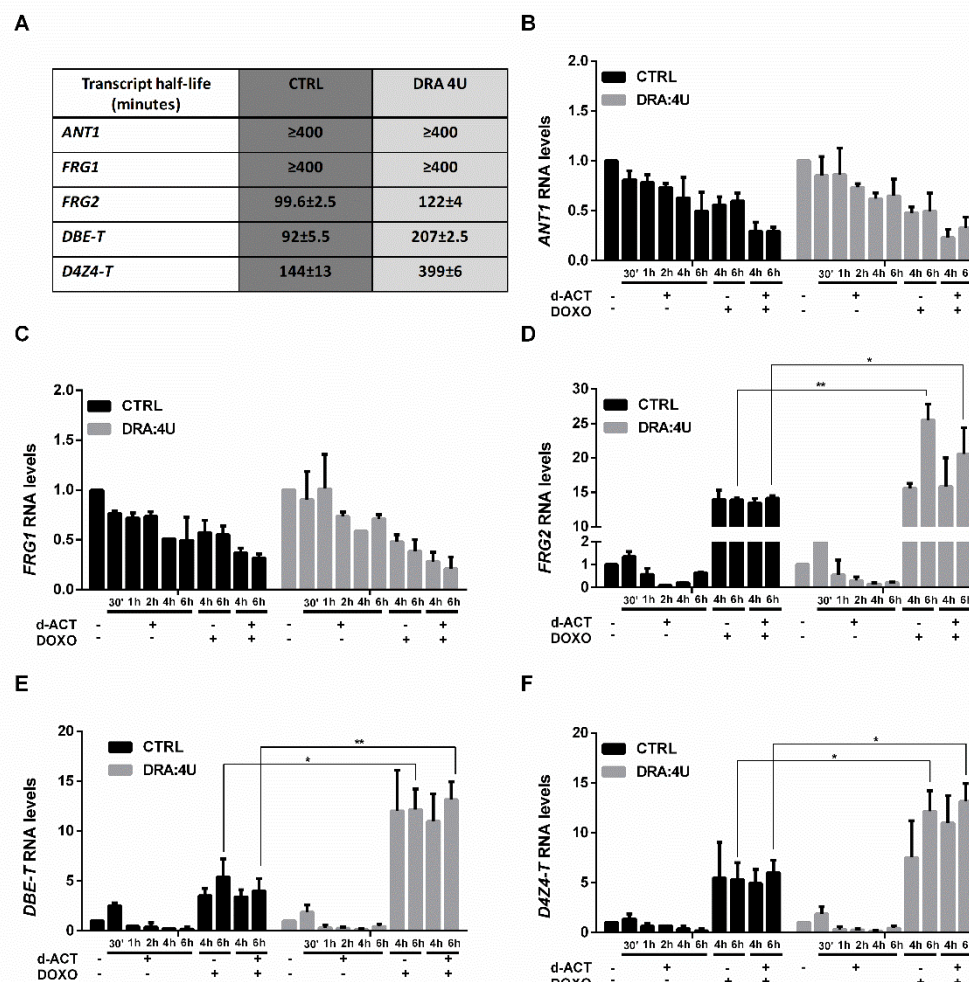


Figure 4. 4q35 telomeric transcripts are stabilized upon DNA damage and transcriptional inhibition dependently on D4Z4 size reduction.

290 A) Table reports the half-life of 4q35 transcripts measured after Actinomycin D (ActD) treatment
291 in Control (CTRL) and DRA-containing (4U) HPMs. B-F) Cells were treated with ActD for the indicated
292 times (30', 1h, 2h, 4h and 6 h) in presence or absence of DOXO, and the levels of 4q35 gene transcripts
293 were evaluated by qPCR. The half-lives of each RNA was calculated as the time needed to reduce the
294 transcript level to half (50%) of its initial abundance at time 0. Data shown are means \pm s.e.m. of 3
295 replicates.

296 **Transcripts from 4q35 telomere-proximal genes are chromatin-associated**

297 The observation that *FRG2*, *DBE-T* and *DUX4-T* transcript levels are affected by the same stimuli raises
298 the question whether these RNAs have additional commonalities. Since repetitive element RNAs often
299 function as components of chromatin fibers [69], we performed RNA fractionation experiments in
300 primary control or FSHD-derived myoblasts (Fig. 5A-B). In both cell samples, *FRG2* and *D4Z4-T* RNAs
301 were enriched in the chromatin-associated fraction and behaved similarly to the previously characterized
302 chromatin-associated transcripts lncDBE-T and TERRA [39,70]. As controls for the fractionation, we
303 confirmed that the lncRNA NEAT1, was prevalently found in the nuclear fraction, and the protein-coding
304 mRNA *GAPDH* was preferentially enriched in the cytoplasm.

305 The chromatin association of the *FRG2*, *DBE-T* and *DUX4* transcripts was confirmed by
306 Chromatin-RNA Immuno-Precipitation (ChRIP) [71] conducted in primary myoblasts from control and
307 FSHD subjects using H3K4me3, H3K9me3 and H3K27me3-specific antibodies (Fig. 5C). *FRG2*, *DBE-*
308 *T* and *DUX4* transcripts were selectively and significantly enriched in H3K9me3 and H3K27me3-
309 marked chromatin. As a control for the selectivity of our analysis, we confirmed that lncRNA Neat1,
310 known to be associated with actively transcribed genes, was enriched in H3K4me3-marked but not
311 H3K9me3 or H3K27me3-marked chromatin [72].

312 Together, our findings reveal that the telomere-proximal 4q35 genes share important regulatory
313 features: their transcript levels are induced by genotoxic stress via post-transcriptional stabilization, and
314 these RNAs are all chromatin-associated (Figure 6). Furthermore, the regulation of these telomeric

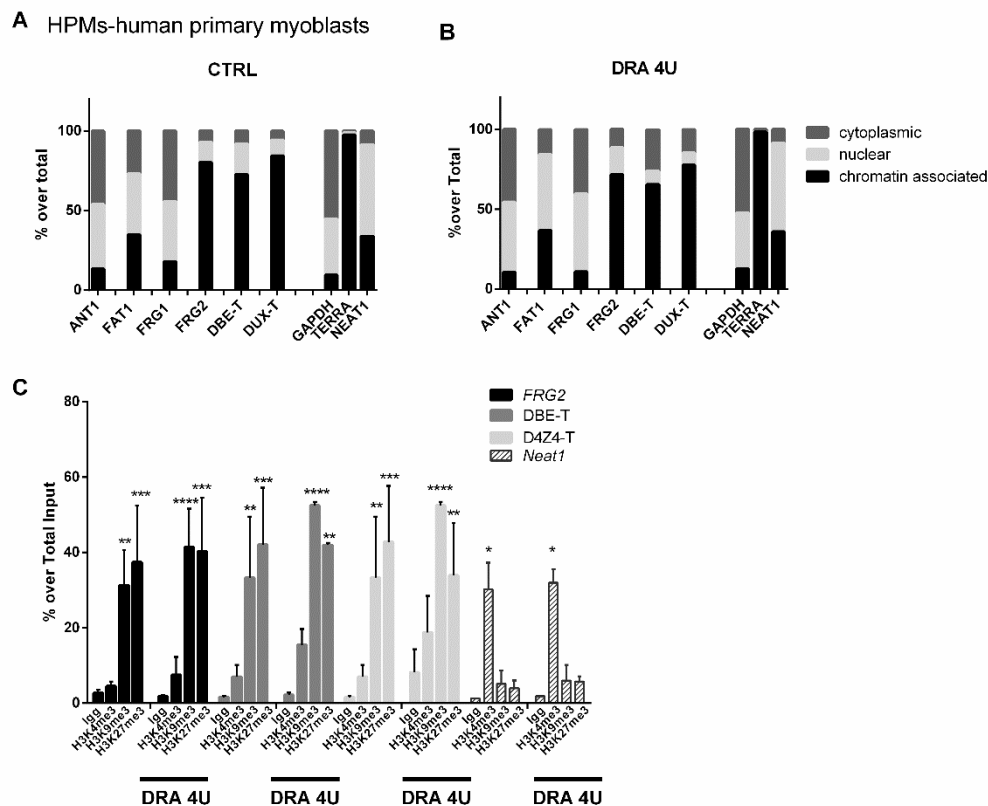


Figure 5. 4q35 genes regulation upon different stimuli reflects architectural and epigenetic patterns. A-B) RNA fractionation experiments were conducted in CTRL (A) and DRA (B) human primary myoblasts (HPMs). Transcripts from the indicated 4q35 genes were measured by qPCR analysis of cytoplasmic, nuclear and chromatin-associated RNA fractions, and the percentage detected in each fraction over total RNA was graphed. *GAPDH*, *TERRA* and *NEAT1* transcripts were also assessed as positive controls that are most enriched in cytoplasmic, chromatinic and nuclear fractions, respectively. C) ChRIP experiment performed in HPM cells. Antibodies directed to H3K4me3, H3K9me3, H3K27me3 were used to precipitate RNA from control and DRA cells. Data shown are means \pm s.e.m. of 3 replicates. * (asterisks) refer to each different antibody used in ChRIP experiment to show the statistical significance of data obtained for each antibody over control IgG.

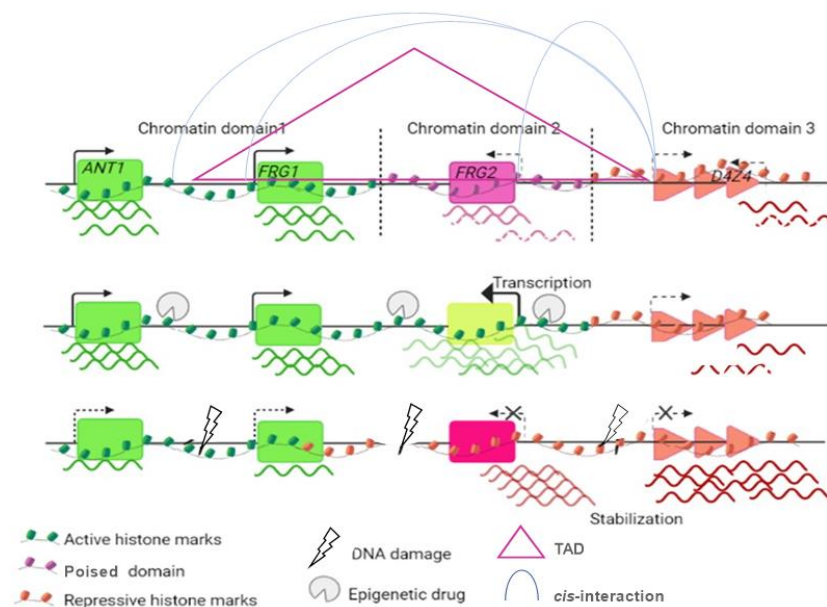


Figure 6. 4q35 genes regulation upon different stimuli reflects architectural and epigenetic patterns. **Top diagram:** A topological domain (TAD, indicated by the magenta triangle) at 4q35 includes the *FRG1* and *FRG2* genes [73] (190–191 Mb of Chr 4). Additional *cis*-interactions between *D4Z4* and nearby genes have also been reported [27,74] (curved lines). Our present study indicates functional subdomains within the 4q35 subtelomere, arrayed in a gradient along the chromosome. The different chromatin configurations at each subdomain correlate with the different response of these regions to external stimuli. The centromere-proximal genes *ANT1* and *FRG1* display active histone marks and are constitutively expressed at high levels (Chromatin domain 1). In contrast, the *FRG2* promoter displays a poised promoter (Chromatin domain 2). Finally, the telomeric genes at the *D4Z4* repeats (Chromatin domain 3) display repressive chromatin marks and are transcriptionally repressed in normal individuals in the absence of genotoxic stress. **Middle diagram:** Drug-induced epigenetic derepression (i.e. TSA treatment) results in enrichment of active histone marks at chromatin domain 1 promoters and a switch toward active chromatin at the *FRG2* promoter leading to increased RNA levels. **Bottom diagram:** DNA damage (i.e. DOXO treatment), globally reduces the transcriptional activity across 4q35 and mediates

a switch towards increased repressive chromatin markings at D4Z4 and the *FRG2* promoter. Additionally, transcripts from Chromatin domains 2 and 3 are stabilized through a posttranscriptional event. This model applies to control and to cells carrying a reduced D4Z4 allele, but the transcriptional or post transcriptional induction/stabilization rate is inversely correlated with D4Z4 size.

DISCUSSION

Novel modes of regulation of telomeric 4q35 transcripts provide insights for understanding clinical variability and low penetrance in FSHD

FSHD is a frequent myopathy, which has an estimated prevalence of 1 in 20,000 individuals [75]. Connecting the reduction of D4Z4 repeats with the development of FSHD is the major hurdle in understanding the molecular mechanism leading to disease. Inappropriate gene activation is considered the link between reduced copy number of the D4Z4 macrosatellite at 4q35 and the onset of FSHD, but clinical [76,77] and genetic [78] observations have challenged our understanding of the disease in finding a unifying model that fully addresses FSHD complexity. This complexity has been measured by stratification of heterozygous carriers of D4Z4 reduced alleles (DRAs) using a Comprehensive Clinical Evaluation Form (CCEF) [46,79]. This evaluation separates individuals into 4 categories following a straight-forward evaluation, from full penetrance to asymptomatic and atypical presentation, demonstrating a wide range of clinical phenotypes from people carrying similarly-sized DRAs. This phenotypic heterogeneity is also observed within families suggesting non-Mendelian factors may contribute [80–91]. Indeed, these phenotypic categorization are heterogeneous between probands and their first-degree relatives, with 50-75% of relatives remaining asymptomatic depending on the degree of kinship [80]. Interestingly in 35% of families in which a DRA with 7-8 repeat segregates only one affected individual (ie, the proband), is affected by disease, whereas the others are asymptomatic carriers; this finding holds regardless of the proband's phenotypic category [92]. Together, these clinical

datasets demonstrate highly variable penetrance of FSHD, and suggests that complex disease cofactors yet to be identified.

In the heterozygous state, a D4Z4 reduction might produce a subclinical sensitized condition that requires other epigenetic mechanisms or a contributing factor to cause overt myopathy. In some cases, it might be by the simultaneous heterozygosity for a different and recessive myopathy, as suggested by many reports in which the FSHD contractions are found in association with a second molecular defect [75,93–102]. Alternatively, as our findings are suggesting, environmental changes that affect chromatin modifications at 4q35 could generate an abnormal quantity of subtelomeric transcripts in cells with a DRA.

In this respect, the chromatin changes at 4q35 in cells bearing a DRA have been investigated to test for FSHD-specific D4Z4 *cis* and *trans* interactions [27,73,74] (Figure 6). For example, the 4q35 D4Z4 array possesses a CTCF-associated insulator which defines the boundaries of a D4Z4-proximal TAD [103]. (Figure 6). The D4Z4 array at 4q35 also tethers multiple telomeres to the nuclear envelope, inducing transcriptional repression of trans-associated genomic regions [25,103–105]. In this manner, a normal-sized D4Z4 array can contact several regions in a peripheral nuclear domain, possibly influencing transcription at multiple genomic regions. In contrast, in FSHD patients the shortened array displays reduced trans-interactions, with consequent transcriptional up-regulation of the distant loci [28]. Regarding regulation in *cis*, previous studies indicate that 4q telomere length regulates 4q35 genes as far as 5-Mb upstream of the *D4Z4* repeats, thus reinforcing the notion of a cooperative effect between telomere length and size of the *D4Z4* array [47]. In sum, telomeric 4q35 genes are regulated by TAD boundaries and the length of both the D4Z4 array and telomere repeats [5,6].

In this study, we report additional levels of regulation of 4q35 gene expression. We found that the telomere-proximal *FRG2*, *DBE-T* and *D4Z4-T* genes are robustly sensitive to induction by genotoxic stress. Further, we discovered that transcripts from these genes are chiefly regulated by post-transcriptional stabilization, and that these regulations are affected by D4Z4-array size. We hypothesize

that that 4q35 represents a case where subtelomere/telomere dynamics and their role in chromatin structure can influence the onset of pathologies and variability in clinical manifestations.

D4Z4-derived transcripts in a genomic perspective

The precise basis by which over-expression of 4q35 genes results in FSHD remains to be determined. Here we report that D4Z4-derived transcripts are stabilized upon genotoxic stress, revealing an additional level of regulation involving post-transcriptional events. Consistent with this discovery are earlier hypotheses that Nonsense Mediated Decay (NMD) acts as an endogenous suppressor of DUX4FL mRNA [106], or that NMD is globally impaired in FSHD cells [107]. We note that persistent DNA damage inhibits NMD through p38 α MAPK pathway activation [108], which would further link our data to the NMD hypotheses. Therefore, more investigation is required to characterize how NMD regulation by DNA damage affects RNA targets in cell-specific contexts, particularly regarding FSHD phenotypes [109].

Our data confirm that D4Z4-derived RNAs display elevated levels and are stabilized in FSHD cells, raising questions about their roles during DNA damage. As components of the chromatin fiber, these RNAs could favor regulatory *cis* chromatin interactions at 4q35 [39], as well as *trans* interactions with other repetitive elements interspersed across the human genome. Furthermore, as D4Z4-like sequences are highly polymorphic and account for several hundreds of Kbs in each individual genome [16], further studies will be required to determine the extent of D4Z4 and D4Z4-like RNA molecules produced, how these differ in different individuals, and how their interaction patterns impact genome function. Therefore, FSHD offers a valuable natural model to understand the complex interplay between tandemly arrayed repats and their function in genomic architecture and phenotypic heterogeneity. The development of long read DNA and RNA sequencing technologies offers unprecedented possibilities for in-depth molecular phenotyping and for the interpretation of results in a multidimensional perspective.

A role for DNA repetitive elements in personalized medicine

One of the current challenges in molecular medicine is to understand how DNA variations in non-coding sequences translate into phenotypic variability among individuals. Repetitive DNA elements represent 56% to 69% of the human genome [1,2,14,110,111]. Although macrosatellite repeats have been less well studied than many repeat classes, there is increasing evidence for a strong correlation between macrosatellite copy number, epigenetic modifications and local gene expression (references). Thus, macrosatellites provide an example of repeat-induced gene silencing as a mechanism of gene regulation in humans [112–114].

Our work demonstrates that the D4Z4 macrosatellite array alters transcriptional responses to drugs at nearby genes, and that the number of repetitive elements modulates these changes. It is thus possible that what we observe at the 4q35 D4Z4 locus may occur at other macrosatellites interspersed within the genome. These sequences are highly polymorphic between individuals and heritable. Therefore, correlations between macrosatellite composition, size and their responsiveness to drugs could facilitate the understanding of how a person's repetitive DNA profile contributes to disease susceptibility and could increase our ability to predict the results of specific medical treatments. In this manner, better knowledge of the biological roles of repeats may offer substantial tools for personalized medicine.

MATERIAL AND METHODS

Cell Culture and Drugs Treatment

Primary trophoblasts cell culture were established immediately and after Chorionic villus sampling (HTCs), and cells were grown in Ham's F10 medium (Corning) plus L-glutamine, 20% FBS, and 1% Penicillin/Streptomycin. Healthy and FSHD-derived human primary myoblasts (HPMs) were cultured in DMEM, added with 20% FBS, 1% L-glutamine, 1% Penicillin/Streptomycin, 2 ng/mL epidermal growth factor (EGF) and 25 ng/mL of fibroblast growth factor (FGF). Both cell lines and primary cells were grown on T75 flasks in a humidified atmosphere at 37 °C with 6% CO₂. Cells were treated with TSA

(Sigma;T8552), PJ34 (Sigma; 528150) %-aza-cytidine (Sigma; A3656); NAM (Sigma; N0636); Doxorubicin (Sigma; D1515); Actinomycin D 1 µg/ml (Sigma; SBR00013).

RNA extraction and real time quantitative RT-PCR (qRT-PCR)

Total cellular RNA was obtained using a PureLink RNA Mini Kit (Thermo Fisher Scientific cat #12183018A) according to the manufacturer's instructions. DNase digestion and cDNA synthesis was performed by using Maxima H- cDNA Synthesis Master Mix, with dsDNase (Thermo Fisher M1682). Specific mRNA expression was assessed by qRT-PCR (iTaq Universal SYBR® Green Supermix, BIORAD#1725120 in a CFX connect Real Time Machine BIORAD) using primers listed in Supplemental Table M1, normalized over RPLP0 housekeeping mRNA.

Statistical analyses

All data presented in figures were performed at least in triplicate and expressed as means ±SEM. When making multiple statistical comparisons, one-way ANOVA with Tukey or Dunnett's post-hoc tests was used for normally distributed data. All analyses were conducted using Prism software (GraphPad Software Inc.).

ChIP and real time quantitative RT-PCR (qRT-PCR).

Chromatin immunoprecipitation (ChIP) assays were performed both in cell lines and in primary cells as described earlier [115] using specific antibodies as listed in Supplemental Table M2. Immunoprecipitates from at least three independent cell samples were analyzed by quantitative real-time PCR (qPCR) as described above. Enrichment of amplified DNA sequences (primers listed in Supplemental Table M1) in immunoprecipitates was calculated as the ratio between the DNA amount in immunoprecipitation samples and that in the total input chromatin.

RNA fractionation

Control and FSHD derived myoblasts cell pellets (1 million of cells) were lysed with 175 µl of cold cytoRNA solution (50 mM Tris HCl pH 8.0; 140 mM NaCl; 1.5 mM MgCl₂; 0,5% NP-40; 2mM Vanadyl Ribonucleoside Complex; Sigma) and incubated 5' in ice. Cell suspension was centrifuged at 4°C and 300 g for 2' and the supernatant, corresponding to the cytoplasmic fraction, was transferred into a new tube and stored in ice. The pellet containing nuclei were extracted with 175µl of cold nucRNA solution (50 mM Tris HCl pH 8.0; 500 mM NaCl; 1.5 mM MgCl₂; 0,5% NP-40; 2mM Vanadyl Ribonucleoside Complex) and incubated 5' on ice. The suspension was centrifuged at 4°C and 16360 g for 2' and the supernatant, corresponding to the nuclear-soluble fraction, was transferred into a new tube and stored in ice. The remaining pellet was collected as the chromatin-associated fraction. Total RNA from the cytoplasmic and nuclear fractions was extracted by using PureLink RNA MiniKit (Invitrogen) following the manufacturer's instructions for the RNA extraction from aqueous solutions. The pellet containing the chromatin-associated fraction was extracted with the standard procedure described above for RNA extraction.

Chromatin-RNA Precipitation (ChRIP)

Chromatin RNA immunoprecipitation (ChRIP) was performed as previously described [71] using anti-H3K4me₃, H3K9me₃ H3K27me₃ antibodies as reported in TableM2. 3 × 10⁶ HPM cells were used for each IP). RNA was extracted and qPCR performed as described above. Ten percent input was used to calculate the percentage of transcript bound to chromatin compared to the negative control IgG.

Author Contributions: VS, MS contributed to study design, molecular analysis, data collection, data analysis and interpretation, literature search, preparing of figures/tables and manuscript writing. FL performed molecular biology experiments. PDK contributed to data interpretation and manuscript editing. RT contributed to conception and study design, data interpretation, literature search and manuscript writing.

Acknowledgements: We are indebted to all patients and their families for participating in this study. We wish to express our sincere gratitude and recognition to Professor Michael R. Green, who sadly left us too soon for his significant contributions to our research.

Funding: National Institutes of Health, (R01NS047584)(to RT), FSHD Global Research Foundation (to RT) , and NIH U01 CA260669 (to PDK).

Conflicts of Interest: The authors declare no conflict of interest.

REFERENCES

1. Biscotti MA, Olmo E, Heslop-Harrison JSP. Repetitive DNA in eukaryotic genomes. *Chromosome Res.* 2015;23:415–20.
2. Liao X, Zhu W, Zhou J, Li H, Xu X, Zhang B, et al. Repetitive DNA sequence detection and its role in the human genome. *Commun Biol.* 2023;6:954.
3. Cremer T, Cremer C. Chromosome territories, nuclear architecture and gene regulation in mammalian cells. *Nat Rev Genet.* 2001;2:292–301.
4. Schneider R, Grosschedl R. Dynamics and interplay of nuclear architecture, genome organization, and gene expression. *Genes Dev.* 2007;21:3027–43.
5. Robin JD, Ludlow AT, Batten K, Magdinier F, Stadler G, Wagner KR, et al. Telomere position effect: regulation of gene expression with progressive telomere shortening over long distances. *Genes Dev.* 2014;28:2464–76.
6. Stadler G, Rahimov F, King OD, Chen JCJ, Robin JD, Wagner KR, et al. Telomere position effect regulates DUX4 in human facioscapulohumeral muscular dystrophy. *Nat Struct Mol Biol.* 2013;20:671–8.
7. Misteli T. The long reach of telomeres. *Genes Dev.* 2014;28:2445–6.
8. Laberthonnière C, Magdinier F, Robin JD. Bring It to an End: Does Telomeres Size Matter? *Cells.* 2019;8:30.
9. Deutekom JCT van, Wljmenga C, Tlenhoven EAE van, Gruter AM, Hewitt JE, Padberg GW, et al. FSHD associated DNA rearrangements are due to deletions of integral copies of a 3.2 kb tandemly repeated unit. *Human Molecular Genetics.* 1993;2:2037–42.
10. Lunt PW, Jardine PE, Koch M, Maynard J, Osborn M, Williams M, et al. Phenotypic-genotypic correlation will assist genetic counseling in 4q35-facioscapulohumeral muscular dystrophy. *Muscle & nerve Supplement.* 1995;S103-9.
11. Chadwick BP. Macrosatellite epigenetics: The two faces of DXZ4 and D4Z4. *Chromosoma.* 2009;118:675–81.
12. Bakker E, Wljmenga C, Vossen RHAM, Padberg GW, Hewitt J, van Der Wielen M, et al. The FSHD-linked locus D4F104S1 (p13E-11) ON 4q35 has a homologue on 10qter. *Muscle & Nerve.* 1995;18:S39–44.

- 524 13. Zeng W, Chen YY, Newkirk DA, Wu B, Balog J, Kong X, et al. Genetic and Epigenetic Characteristics of
525 FSHD-Associated 4q and 10q D4Z4 that are Distinct from Non-4q/10q D4Z4 Homologs. *Human Mutation*.
526 2014;35:998–1010.
- 527 14. Nurk S, Koren S, Rhie A, Rautiainen M, Bzikadze AV, Mikheenko A, et al. The complete sequence of a
528 human genome. *Science*. 2022;376:44–53.
- 529 15. Liao W-W, Asri M, Ebler J, Doerr D, Haukness M, Hickey G, et al. A draft human pangenome reference.
530 *Nature*. 2023;617:312–24.
- 531 16. Salsi V, Chiara M, Pini S, Kuś P, Ruggiero L, Bonanno S, et al. A human pan-genomic analysis reconfigures
532 the genetic and epigenetic make up of facioscapulohumeral muscular dystrophy [Internet]. *medRxiv*; 2023
533 [cited 2023 Aug 17]. p. 2023.06.13.23291337.
- 534 17. Hewitt JE, Lyle R, Clark LN, Valleley EM, Wright TJ, Wijmenga C, et al. Analysis of the tandem repeat locus
535 D4Z4 associated with facioscapulohumeral muscular dystrophhy. *Human Molecular Genetics*.
536 1994;3:1287–95.
- 537 18. Winokur ST, Bengtsson U, Feddersen J, Mathews KD, Weiffenbach B, Bailey H, et al. The DNA
538 rearrangement associated with facioscapulohumeral muscular dystrophy involves a heterochromatin-
539 associated repetitive element: Implications for a role of chromatin structure in the pathogenesis of the
540 disease. *Chromosome Research*. 1994;2:225–34.
- 541 19. Winokur ST, Bengtsson U, Vargas JC, Wasmuth JJ, Altherr MR. The evolutionary distribution and
542 structural organization of the homeobox-containing repeat D4Z4 indicates a functional role for the
543 ancestral copy in the FSHD region. *Human Molecular Genetics*. 1996;5:1567–75.
- 544 20. Bizhanova A, Kaufman PD. Close to the edge: Heterochromatin at the nucleolar and nuclear peripheries.
545 *Biochimica et Biophysica Acta (BBA) - Gene Regulatory Mechanisms*. 2021;1864:194666.
- 546 21. Santoro R, Grummt I. Molecular mechanisms mediating methylation-dependent silencing of ribosomal
547 gene transcription. *Molecular Cell*. 2001;8:719–25.
- 548 22. Peng T, Hou Y, Meng H, Cao Y, Wang X, Jia L, et al. Mapping nucleolus-associated chromatin interactions
549 using nucleolus Hi-C reveals pattern of heterochromatin interactions. [cited 2023 Apr 18].
- 550 23. Masny PS, Bengtsson U, Chung S-A, Martin JH, van Engelen B, van der Maarel SM, et al. Localization of
551 4q35.2 to the nuclear periphery: is FSHD a nuclear envelope disease? *Hum Mol Genet*. 2004;13:1857–71.
- 552 24. Tam R, Smith KP, Lawrence JB. The 4q subtelomere harboring the FSHD locus is specifically anchored
553 with peripheral heterochromatin unlike most human telomeres. *J Cell Biol*. 2004;167:269–79.
- 554 25. Guelen L, Pagie L, Brasset E, Meuleman W, Faza MB, Talhout W, et al. Domain organization of human
555 chromosomes revealed by mapping of nuclear lamina interactions. *Nature*. 2008;453:948–51.
- 556 26. Petrov A, Pirozhkova I, Carnac G, Laoudj D, Lipinski M, Vassetzky YS. Chromatin loop domain
557 organization within the 4q35 locus in facioscapulohumeral dystrophy patients versus normal human
558 myoblasts. *Proceedings of the National Academy of Sciences of the United States of America*.
559 2006;103:6982–7.

560 27. Robin JD, Ludlow AT, Batten K, Gaillard M-C, Stadler G, Magdinier F, et al. SORBS2 transcription is
561 activated by telomere position effect-over long distance upon telomere shortening in muscle cells from
562 patients with facioscapulohumeral dystrophy. *Genome Res.* 2015;25:1781–90.

563 28. Cortesi A, Pesant M, Sinha S, Marasca F, Sala E, Gregoret F, et al. 4q-D4Z4 chromatin architecture
564 regulates the transcription of muscle atrophic genes in facioscapulohumeral muscular dystrophy. *Genome*
565 *Research.* 2019;29:883–95.

566 29. Huichalaf C, Micheloni S, Ferri G, Caccia R, Gabellini D. DNA methylation analysis of the macrosatellite
567 repeat associated with FSHD muscular dystrophy at single nucleotide level. *PLoS ONE.* 2014;9.

568 30. Salsi V, Magdinier F, Tupler R. Does DNA methylation matter in FSHD? *Genes.* 2020;11:258.

569 31. Nikolic A, Jones TI, Govi M, Mele F, Maranda L, Sera F, et al. Interpretation of the Epigenetic Signature of
570 Facioscapulohumeral Muscular Dystrophy in Light of Genotype-Phenotype Studies. *Int J Mol Sci.*
571 2020;21:2635.

572 32. Van Overveld PGM, Enthoven L, Ricci E, Rossi M, Felicetti L, Jeanpierre M, et al. Variable hypomethylation
573 of D4Z4 in facioscapulohumeral muscular dystrophy. *Annals of Neurology.* 2005;58:569–76.

574 33. Butterfield RJ, Dunn DM, Duvall B, Moldt S, Weiss RB. Deciphering D4Z4 CpG methylation gradients in
575 facioscapulohumeral muscular dystrophy using nanopore sequencing. *bioRxiv.* 2023;2023.02.17.528868.

576 34. Erdmann H, Scharf F, Gehling S, Benet-Pagès A, Jakubiczka S, Becker K, et al. Methylation of the 4q35
577 D4Z4 repeat defines disease status in facioscapulohumeral muscular dystrophy. *Brain: a journal of*
578 *neurology [Internet].* 2022 [cited 2023 Apr 2].

579 35. Gould T, Jones TI, Jones PL. Precise Epigenetic Analysis Using Targeted Bisulfite Genomic Sequencing
580 Distinguishes FSHD1, FSHD2, and Healthy Subjects. *Diagnostics (Basel, Switzerland) [Internet].* 2021 [cited
581 2023 Apr 2];11.

582 36. Das S, Chadwick BP. Influence of repressive histone and DNA methylation upon D4Z4 transcription in
583 non-myogenic cells. Kyba M, editor. *PLoS ONE.* 2016;11:e0160022.

584 37. Vakoc CR, Mandat SA, Olenchok BA, Blobel GA. Histone H3 lysine 9 methylation and HP1 γ are associated
585 with transcription elongation through mammalian chromatin. *Molecular Cell.* 2005;19:381–91.

586 38. Zeng W, De Greef JC, Chen YY, Chien R, Kong X, Gregson HC, et al. Specific loss of histone H3 lysine 9
587 trimethylation and HP1 γ /cohesin binding at D4Z4 repeats is associated with facioscapulohumeral
588 dystrophy (FSHD). Ferguson-Smith AC, editor. *PLoS Genetics.* 2009;5:e1000559.

589 39. Cabianca DS, Casa V, Bodega B, Xynos A, Ginelli E, Tanaka Y, et al. A long ncRNA links copy number
590 variation to a polycomb/trithorax epigenetic switch in fshd muscular dystrophy. *Cell.* 2012;149:819–31.

591 40. Campbell AE, Shadle SC, Jagannathan S, Lim J-W, Resnick R, Tawil R, et al. NuRD and CAF-1-mediated
592 silencing of the D4Z4 array is modulated by DUX4-induced MBD3L proteins. *eLife [Internet].* 2018 [cited
593 2024 Mar 8];7.

594 41. Gabellini D, Green MR, Tupler R. Inappropriate gene activation in FSHD: A repressor complex binds a
595 chromosomal repeat deleted in dystrophic muscle. *Cell.* 2002;110:339–48.

596 42. Salsi V, Vattermi GNA, Tupler RG. The FSHD jigsaw: are we placing the tiles in the right position? *Curr*
597 *Opin Neurol.* 2023;36:455–63.

598 43. Banerji CRS, Zammit PS. Pathomechanisms and biomarkers in facioscapulohumeral muscular
599 dystrophy: roles of DUX4 and PAX7. *EMBO Molecular Medicine.* 2021;13.

600 44. Snider L, Geng LN, Lemmers RJLF, Kyba M, Ware CB, Nelson AM, et al. Facioscapulohumeral dystrophy:
601 Incomplete suppression of a retrotransposed gene. Pearson CE, editor. *PLoS Genetics.* 2010;6:1–14.

602 45. Lemmers RJLF, Van Der Vliet PJ, Klooster R, Sacconi S, Camaño P, Dauwerse JG, et al. A unifying genetic
603 model for facioscapulohumeral muscular dystrophy. *Science.* 2010;329:1650–3.

604 46. Bettio C, Salsi V, Orsini M, Calanchi E, Magnotta L, Gagliardelli L, et al. The Italian National Registry for
605 FSHD: An Enhanced Data Integration and an Analytics Framework Towards Smart Health Care and
606 Precision Medicine for a Rare Disease. 2021;

607 47. Robin JD, Ludlow AT, Batten K, Magdinier F, Stadler G, Wagner KR, et al. Telomere position effect:
608 regulation of gene expression with progressive telomere shortening over long distances. *Genes Dev.*
609 2014;28:2464–76.

610 48. Lemmers RJLF, Van Der Vliet PJ, Blatnik A, Balog J, Zidar J, Henderson D, et al. Chromosome 10q-linked
611 FSHD identifies DUX4 as principal disease gene. *Journal of Medical Genetics.* 2022;59:180–8.

612 49. Das S, Chadwick BP. Influence of repressive histone and DNA methylation upon D4Z4 transcription in
613 non-myogenic cells. Kyba M, editor. *PLoS ONE.* 2016;11:e0160022.

614 50. Jones TI, Chen JCJ, Rahimov F, Homma S, Arashiro P, Beermann ML, et al. Facioscapulohumeral muscular
615 dystrophy family studies of DUX4 expression: Evidence for disease modifiers and a quantitative model of
616 pathogenesis. *Human Molecular Genetics.* 2012;21:4419–30.

617 51. Jones TI, King OD, Himeda CL, Homma S, Chen JCJ, Beermann ML, et al. Individual epigenetic status of
618 the pathogenic D4Z4 macrosatellite correlates with disease in facioscapulohumeral muscular dystrophy.
619 *Clinical Epigenetics.* 2015;7:37.

620 52. Crispatsu G, Rehimi R, Pachano T, Bleckwehl T, Cruz-Molina S, Xiao C, et al. The chromatin, topological
621 and regulatory properties of pluripotency-associated poised enhancers are conserved in vivo. *Nat Commun.*
622 2021;12:4344.

623 53. Boltsis I, Grosveld F, Giraud G, Kolovos P. Chromatin Conformation in Development and Disease. *Front*
624 *Cell Dev Biol [Internet].* 2021 [cited 2024 Mar 12];9.

625 54. Becker JS, McCarthy RL, Sidoli S, Donahue G, Kaeding KE, He Z, et al. Genomic and Proteomic Resolution
626 of Heterochromatin and Its Restriction of Alternate Fate Genes. *Molecular Cell.* 2017;68:1023-1037.e15.

627 55. Ernst J, Kheradpour P, Mikkelsen TS, Shores N, Ward LD, Epstein CB, et al. Mapping and analysis of
628 chromatin state dynamics in nine human cell types. *Nature.* 2011;473:43–9.

629 56. Kondo T, Bobek MP, Kuick R, Lamb B, Zhu X, Narayan A, et al. Whole-genome methylation scan in ICF
630 syndrome: Hypomethylation of non-satellite DNA repeats D4Z4 and NBL2. *Human Molecular Genetics.*
631 2000;9:597–604.

632 57. Yang F, Zhang L, Li J, Huang J, Wen R, Ma L, et al. Trichostatin A and 5-azacytidine both cause an increase
633 in global histone H4 acetylation and a decrease in global DNA and H3K9 methylation during mitosis in
634 maize. *BMC plant biology*. 2010;10:178.

635 58. Rymarchyk S, Kang W, Cen Y. Substrate-Dependent Sensitivity of SIRT1 to Nicotinamide Inhibition.
636 *Biomolecules*. 2021;11:312.

637 59. Rouleau M, Patel A, Hendzel MJ, Kaufmann SH, Poirier GG. PARP inhibition: PARP1 and beyond. *Nature*
638 *Reviews Cancer*. 2010;10:293–301.

639 60. Zha S, Wang F, Li Z, Ma Z, Yang L, Liu F. PJ34, a PARP1 inhibitor, promotes endothelial repair in a rabbit
640 model of high fat diet-induced atherosclerosis. *Cell Cycle*. 2019;18:2099–109.

641 61. Ying W, Alano CC, Garnier P, Swanson RA. NAD⁺ as a metabolic link between DNA damage and cell death.
642 *Journal of Neuroscience Research*. 2005;79:216–23.

643 62. Basu A, Krishnamurthy S. Cellular Responses to Cisplatin-Induced DNA Damage. *J Nucleic Acids*.
644 2010;2010:201367.

645 63. Wei F, Hao P, Zhang X, Hu H, Jiang D, Yin A, et al. Etoposide-induced DNA damage affects multiple cellular
646 pathways in addition to DNA damage response. *Oncotarget*. 2018;9:24122–39.

647 64. Grow EJ, Weaver BD, Smith CM, Guo J, Stein P, Shadle SC, et al. p53 convergently activates Dux/DUX4 in
648 embryonic stem cells and in facioscapulohumeral muscular dystrophy cell models. *Nature Genetics*.
649 2021;53:1207–20.

650 65. Masteika IF, Sathya A, Homma S, Miller BM, Boyce FM, Miller JB. Downstream events initiated by
651 expression of FSHD-associated DUX4: Studies of nucleocytoplasmic transport, γ H2AX accumulation, and
652 Bax/Bak-dependence. *Biology Open*. 2022;11.

653 66. Timinszky G, Till S, Hassa PO, Hothorn M, Kustatscher G, Nijmeijer B, et al. A macrodomain-containing
654 histone rearranges chromatin upon sensing PARP1 activation. *Nature Structural and Molecular Biology*.
655 2009;16:923–9.

656 67. Kozłowski M, Corujo D, Hothorn M, Guberovic I, Mandemaker IK, Blessing C, et al. MacroH2A histone
657 variants limit chromatin plasticity through two distinct mechanisms. *EMBO reports* [Internet]. 2018 [cited
658 2019 Sep 10];19.

659 68. Bensaude O. Inhibiting eukaryotic transcription. *Transcription*. 2011;2:103–8.

660 69. Frank L, Rippe K. Repetitive RNAs as Regulators of Chromatin-Associated Subcompartment Formation
661 by Phase Separation. *Journal of Molecular Biology*. 2020;432:4270–86.

662 70. Chu HP, Cifuentes-Rojas C, Kesner B, Aeby E, Lee H goo, Wei C, et al. TERRA RNA Antagonizes ATRX and
663 Protects Telomeres. *Cell*. 2017;170:86-101.e16.

664 71. Mondal T, Subhash S, Kanduri C. Chromatin RNA Immunoprecipitation (ChRIP). *Methods Mol Biol*.
665 2018;1689:65–76.

666 72. West JA, Davis CP, Sunwoo H, Simon MD, Sadreyev RI, Wang PI, et al. The long noncoding RNAs NEAT1
667 and MALAT1 bind active chromatin sites. *Mol Cell*. 2014;55:791–802.

668 73. Gaillard MC, Brouqsault N, Morere J, Laberthonnière C, Dion C, Badja C, et al. Analysis of the 4q35
669 chromatin organization reveals distinct long-range interactions in patients affected with Facio-Scapulo-
670 Humeral Dystrophy. *Scientific Reports*. 2019;9.

671 74. Bodega B, Ramirez GDC, Grasser F, Cheli S, Brunelli S, Mora M, et al. Remodeling of the chromatin
672 structure of the facioscapulohumeral muscular dystrophy (FSHD) locus and upregulation of FSHD-related
673 gene 1 (FRG1) expression during human myogenic differentiation. *BMC biology*. 2009;7:41.

674 75. Ricci G, Zatz M, Tupler R. Facioscapulohumeral Muscular Dystrophy: More Complex than it Appears.
675 *Current Molecular Medicine*. 2014;14:1052–68.

676 76. Mul K, Kinoshita J, Dawkins H, van Engelen B, Tupler R, Ferreira VA, et al. 225th ENMC international
677 workshop:: A global FSHD registry framework, 18–20 November 2016, Heemskerk, The Netherlands.
678 *Neuromuscular Disorders*. 2017;27:782–90.

679 77. Pastorello E, Cao M, Trevisan CP. Atypical onset in a series of 122 cases with FacioScapuloHumeral
680 Muscular Dystrophy. *Clin Neurol Neurosurg*. 2012;114:230–4.

681 78. Nguyen K, Brouqsault N, Chaix C, Roche S, Robin JD, Vovan C, et al. Deciphering the complexity of the
682 4q and 10q subtelomeres by molecular combing in healthy individuals and patients with
683 facioscapulohumeral dystrophy. *Journal of Medical Genetics*. 2019;56:590–601.

684 79. Ricci G, Ruggiero L, Vercelli L, Sera F, Nikolic A, Govi M, et al. A novel clinical tool to classify
685 facioscapulohumeral muscular dystrophy phenotypes. *J Neurol*. 2016;263:1204–14.

686 80. Ricci G, Scionti I, Sera F, Govi M, D'Amico R, Frambolli I, et al. Large scale genotype-phenotype analyses
687 indicate that novel prognostic tools are required for families with facioscapulohumeral muscular dystrophy.
688 *Brain*. 2013;136:3408–17.

689 81. Ruggiero L, Mele F, Manganelli F, Bruzzese D, Ricci G, Vercelli L, et al. Phenotypic Variability Among
690 Patients With D4Z4 Reduced Allele Facioscapulohumeral Muscular Dystrophy. *JAMA network open*.
691 2020;3:e204040.

692 82. Ricci G, Mele F, Govi M, Ruggiero L, Sera F, Vercelli L, et al. Large genotype–phenotype study in carriers
693 of D4Z4 borderline alleles provides guidance for facioscapulohumeral muscular dystrophy diagnosis.
694 *Scientific Reports*. 2020;10:1–12.

695 83. Vercelli L, Mele F, Ruggiero L, Sera F, Tripodi S, Ricci G, et al. A 5-year clinical follow-up study from the
696 Italian National Registry for FSHD. *Journal of Neurology*. 2021;268:356–66.

697 84. Goto K, Nishino I, Hayashi YK. Very low penetrance in 85 Japanese families with facioscapulohumeral
698 muscular dystrophy 1A. *Journal of medical genetics*. 2004;41:12e–12.

699 85. Sakellariou P, Kekou K, Fryssira H, Sofocleous C, Manta P, Panousopoulou A, et al. Mutation spectrum
700 and phenotypic manifestation in FSHD Greek patients. *Neuromuscular Disorders*. 2012;22:339–49.

701 86. Zatz M, Marie SK, Passos-Bueno MR, Vainzof M, Campiotto S, Cerqueira A, et al. High proportion of new
702 mutations and possible anticipation in Brazilian facioscapulohumeral muscular dystrophy families.
703 *American Journal of Human Genetics*. 1995;56:99–105.

704 87. Salort-Campana E, Nguyen K, Bernard R, Jouve E, Solé G, Nadaj-Pakleza A, et al. Low penetrance in
705 facioscapulohumeral muscular dystrophy type 1 with large pathological D4Z4 alleles: A cross-sectional
706 multicenter study. *Orphanet Journal of Rare Diseases*. 2015;10:2.

707 88. Nakagawa M, Matsuzaki T, Higuchi I, Fukunaga H, Inui T, Nagamitsu S, et al. Facioscapulohumeral
708 Muscular Dystrophy: Clinical Diversity and Genetic Abnormalities in Japanese Patients. *Internal Medicine*.
709 1997;36:333–9.

710 89. Wang Z, Qiu L, Lin M, Chen L, Zheng F, Lin L, et al. Prevalence and disease progression of genetically-
711 confirmed facioscapulohumeral muscular dystrophy type 1 (FSHD1) in China between 2001 and 2020: a
712 nationwide population-based study. *Lancet Reg Health West Pac*. 2022;18:100323.

713 90. He JJ, Lin XD, Lin F, Xu GR, Xu LQ, Hu W, et al. Clinical and genetic features of patients with facial-sparing
714 facioscapulohumeral muscular dystrophy. *European Journal of Neurology*. 2018;25:356–64.

715 91. Lin F, Wang ZQ, Lin MT, Murong SX, Wang N. New insights into genotype-phenotype correlations in
716 Chinese facioscapulohumeral muscular dystrophy: A retrospective analysis of 178 patients. *Chinese*
717 *Medical Journal*. 2015;128:1707–13.

718 92. Ruggiero L, Mele F, Manganelli F, Bruzzese D, Ricci G, Vercelli L, et al. Phenotypic Variability Among
719 Patients With D4Z4 Reduced Allele Facioscapulohumeral Muscular Dystrophy. *JAMA Netw Open*.
720 2020;3:e204040.

721 93. Rodolico C, Politano L, Portaro S, Murru S, Boccone L, Sera F, et al. Deletion of the Williams Beuren
722 syndrome critical region unmasks facioscapulohumeral muscular dystrophy. *European Journal of*
723 *Paediatric Neurology*. 2020;27:25–9.

724 94. Iodice R, Ugga L, Aruta F, Iovino A. Facioscapulohumeral muscular dystrophy (FSHD) and multiple
725 sclerosis: a case report.

726 95. Lima da Silva G, Guimarães T, Pinto FJ, Brito D. A Unique Case of Type-1 Facioscapulohumeral Muscular
727 Dystrophy and Sarcomeric Hypertrophic Cardiomyopathy. *Rev Esp Cardiol*. 2018;71:765–6.

728 96. Nauman F, Hussain MFA, Burakgazi AZ. The development of myasthenia gravis in a patient with
729 facioscapulohumeral muscular dystrophy: case report and literature review. *Neurology International*
730 [Internet]. 2019 [cited 2024 Mar 12];11.

731 97. Filippelli E, Barone S, Granata A, Nisticò R, Valentino P. A case of facioscapulohumeral muscular
732 dystrophy and myasthenia gravis with positivity of anti-Ach receptor antibody: a fortuitous association?
733 *Neurol Sci*. 2019;40:195–7.

734 98. Mammen AL, Casciola-Rosen L, Christopher-Stine L, Lloyd TE, Wagner KR. Myositis-specific
735 autoantibodies are specific for myositis compared to genetic muscle disease. *Neurol Neuroimmunol*
736 *Neuroinflamm*. 2015;2:e172.

737 99. Kocsis D, Herszényi L, Tóth M, Tulassay Z, Juhász M. Celiac Disease Associated with Facioscapulohumeral
738 Muscular Dystrophy. *International Journal of Celiac Disease*. 2015;3:162–4.

739 100. Hangül C, Yücel OK, Toyulu A, Uysal H, Berker Karaüzüm S. A Novel Coincidence: Essential
740 Thrombocythemia with Facioscapulohumeral Muscular Dystrophy. *Turk J Haematol*. 2020;37:306–7.

741 101. Ziccone V, Rodolico C, Rizzo V, Tupler R, Buccafusca M, Toscano A. Facioscapulohumeral Muscular
742 Dystrophy and Poliomyelitis followed by Multiple Sclerosis: A “triple trouble” case report and review of the
743 literature on the association of MS and muscle disorders. *Neuromuscul Disord.* 2021;31:1179–85.

744 102. Hannah-Shmouni F, Al-Shahoumi R, Brady LI, Wu L, Frei J, Tarnopolsky MA. Dual molecular diagnoses
745 in a neurometabolic specialty clinic. *Am J Med Genet A.* 2021;185:766–73.

746 103. Ottaviani A, Rival-Gervier S, Boussouar A, Foerster AM, Rondier D, Sacconi S, et al. The D4Z4
747 macrosatellite repeat acts as a CTCF and A-type lamins-dependent insulator in Facio-Scapulo-Humeral
748 dystrophy. *PLoS Genetics.* 2009;5.

749 104. Arnoult N, Schluth-Bolard C, Letessier A, Drascovic I, Bouarich-Bourimi R, Campisi J, et al. Replication
750 Timing of Human Telomeres Is Chromosome Arm-Specific, Influenced by Subtelomeric Structures and
751 Connected to Nuclear Localization. *PLoS Genet.* 2010;6:e1000920.

752 105. Ottaviani A, Schluth-Bolard C, Gilson E, Magdinier F. D4Z4 as a prototype of CTCF and lamins-
753 dependent insulator in human cells. *Nucleus.* 2010;1:30–6.

754 106. Campbell AE, Dyle MC, Albanese R, Matheny T, Sudheendran K, Cortázar MA, et al. Compromised
755 nonsense-mediated RNA decay results in truncated RNA-binding protein production upon DUX4
756 expression. *Cell Rep.* 2023;42:112642.

757 107. Feng Q, Snider L, Jagannathan S, Tawil R, Van Der Maarel SM, Tapscott SJ, et al. A feedback loop between
758 nonsense-mediated decay and the retrogene DUX4 in facioscapulohumeral muscular dystrophy Main text.
759 2015;4:4996.

760 108. Nickless A, Cheruiyot A, Flanagan KC, Piwnicka-Worms D, Stewart SA, You Z. p38 MAPK inhibits
761 nonsense-mediated RNA decay in response to persistent DNA damage in noncycling cells. *J Biol Chem.*
762 2017;292:15266–76.

763 109. Sato H, Singer RH. Cellular variability of nonsense-mediated mRNA decay. *Nat Commun.* 2021;12:7203.

764 110. de Koning APJ, Gu W, Castoe TA, Batzer MA, Pollock DD. Repetitive elements may comprise over Two-
765 Thirds of the human genome. Copenhagen GP, editor. *PLoS Genetics.* 2011;7:e1002384.

766 111. Smit AF. Interspersed repeats and other mementos of transposable elements in mammalian genomes.
767 *Current Opinion in Genetics and Development.* 1999;9:657–63.

768 112. Dumbovic G, Forcales SV, Perucho M. Emerging roles of macrosatellite repeats in genome organization
769 and disease development. *Epigenetics.* 2017;12:515–26.

770 113. Brahmachary M, Guilmatre A, Quilez J, Hasson D, Borel C, Warburton P, et al. Digital Genotyping of
771 Macrosatellites and Multicopy Genes Reveals Novel Biological Functions Associated with Copy Number
772 Variation of Large Tandem Repeats. Orr HT, editor. *PLoS Genetics.* 2014;10:e1004418.

773 114. Stankiewicz P, Lupski JR. Structural variation in the human genome and its role in disease. *Annual*
774 *Review of Medicine.* 2010;61:437–55.

775 115. Salsi V, Ferrari S, Ferraresi R, Cossarizza A, Grande A, Zappavigna V. HOXD13 Binds DNA Replication
776 Origins To Promote Origin Licensing and Is Inhibited by Geminin. *Molecular and Cellular Biology.*
777 2009;29:5775–88.

778

779 FIGURE LEGENDS

780 **Figure 1. 4q35 genes expression and epigenetic profile:** A) Schematic representation of the
 781 chromosome 4q35 showing physical distances between *ANT1*, *FAT1*, *FRG1* and *FRG2* genes and the
 782 D4Z4 macrosatellite within the AF146191-U85056 contig, based on GenBank entry U85056.1. The
 783 positions of oligonucleotides used in ChIP experiments (red) and qPCR (blue) are shown. B) Table
 784 showing the sizes of the two 4q35 and 10q26 alleles in the selected human primary cells used in this
 785 paper, together with the 4q-ter (4qA) haplotype. Control human trophoblast cells (HTCs) and human
 786 primary myoblasts (HPMs) cells carry normal-sized 4q alleles (≥ 10 D4Z4 repeat units), whereas FSHD-
 787 derived HTCs and HPMs bear a reduced D4Z4 allele (DRA), i.e. < 8 D4Z4 repeat units (U=Units); C-D)
 788 RT q-PCR quantification of *ANT1*, *FAT1*, *FRG1*, *FRG2*, *DBE-T*, *D4Z4-T* and *DUX4FL* mRNAs in (C)
 789 human primary myoblasts (HPMs) and (D) human trophoblast cells (HTCs). Data were normalized using
 790 *RPLP0* as a reference mRNA. E-F) Chromatin immunoprecipitation (ChIP) analysis performed in (E)
 791 HPMs and (F) HTCs. IPs were performed using the indicated antibodies recognizing H3K4me3,
 792 H3K9me3, H3K27me3 and pan-acetylated Histone 3 and 4 (AcH3 and AcH4), or a non-specific control
 793 (IgG), followed by qPCR amplification using primers described in Fig.1A. Data are displayed as the
 794 percent enrichment for each antibody over total input chromatin. Experiments were done in triplicate
 795 and analyzed using two-way Anova statistical tests. Asterisks indicate the statistical significance of data
 796 obtained in DRA cells compared to control cells for each antibody, as follows: * $0.05 < p\text{-value} < 0.01$; **
 797 $0.01 < p\text{-value} < 0.001$; *** $0.001 < p\text{-value} < 0.0001$; **** $p\text{-value} < 0.0001$.

798

799 **Figure 2. 4q35 gene expression is affected by epigenetic drugs depending on 4q allele size.**
 800 Expression data of 4q35 genes in human primary myoblasts (HPMs) (A-F) and in human trophoblasts
 801 cells (HTCs) (G-L) carrying a normal sized allele (CTRL ($> 10U$)) or D4Z4 reduced alleles (DRA:7U and
 802 DRA:4U). Cells were treated or not treated with the indicated compounds: 5-Aza-2'-deoxycytidine (5-
 803 Aza-dC), Trichostatin A (TSA), nicotinamide (NAM), PARP inhibitor (PJ34). *ANT1* (A), *FAT1* (B), *FRG1*
 804 (C), *FRG2* (D), *DBE-T* (E) and *D4Z4-T* (F) RNAs were measured by RT q-PCR and normalized over the
 805 *RPLP0* reference gene. Experiments were done in triplicate and the results were analyzed using two-
 806 way Anova tests to perform multiple comparisons. Hashtags (#) indicate the statistical significance of
 807 data from treated samples compared to untreated samples (NT) in each group. Asterisks (*) indicate
 808 statistical significance of data from treated cells carrying DRA compared to the same treatment in control
 809 cells. P-value ranges are as follows: *, # $0.05 < p\text{-value} < 0.01$; **, ## $0.01 < p\text{-value} < 0.001$; ***, ###
 810 $0.001 < p\text{-value} < 0.0001$; ****, #### $p\text{-value} < 0.0001$.

Figure 3 .4q35 genes show different responsiveness to DNA damage depending on D4Z4 size and subtelomeric localization.

Control HPMs and HPMs bearing 7U and 4U D4Z4 arrays were untreated or treated with genotoxic drugs: Doxorubicin (DOXO), Etoposide (ETO) and Cisplatin (CIS), at the reported concentrations. Expression data of *ANT1* (A), *FAT1* (B), *FRG1* (C), *FRG2* (D), *DBE-T* (E) and *D4Z4-T* (F) was evaluated 24h after treatments and normalized over *RPLP0* reference gene levels. Error bars represent standard deviation values for three independent replicates. Hashtags refer to statistical significance of treated samples in respect to not treated samples. Asterisks refer to statistical significance of treated cells carrying DRA in respect to the same treatment in control cells (NT) in each group. G-L) Chromatin immunoprecipitation assays (ChIP) conducted in control and DRA HPMs that were untreated or treated with Doxorubicin (G-I) or PJ34 (J-L). Antibodies directed to H3K4me3, H3K9me3, H3K27me3 and pan-acetylated Histone 3 and 4 (ACh3 and ACh4) were used, followed by qPCR amplification using primers described in Fig.1A. Anova statistical test with multiple comparison was performed (*0.05<p-value<0.01; ** 0.01<p-value<0.001; *** 0.001<p-value<0.0001; **** p-value<0.0001). Different symbols: * (asterisk) + sign (plus sign) and # (hashtag) refer to different antibodies used in ChIP experiments (*=ACh4; +=ACh34me3; #=H3K9me3 to show the statistical significance of data obtained in treated cells in respect to the same in not treated cells). M-N) Chromatin Immunoprecipitation (ChIP) in HPM cells that were untreated or treated with Doxorubicin (M) or PJ34 (N) . Antibodies directed to γ H2Ax and macroH2A1.1 (mH2A1.1) were used followed by qPCR amplification of 4q35 genes as indicated. Anova statistical test with multiple comparison was performed (*0.05<p value<0.01; ** 0.01<p value<0.001; *** 0.001<p value<0.0001; **** P value<0.0001. * (asterisks) refer to each different antibody used in ChIP experiment to show the statistical significance of data obtained in treated cells in respect to the same in not treated cells.

Figure 4. 4q35 telomeric transcripts are stabilized upon DNA damage and transcriptional inhibition dependently on D4Z4 size reduction.

A) Table reports the half-life of 4q35 transcripts measured after Actinomycin D (ActD) treatment in Control (CTRL) and DRA-containing (4U) HPMs. B-F) Cells were treated with ActD for the indicated times (30', 1h, 2h, 4h and 6 h) in presence or absence of DOXO, and the levels of 4q35 gene transcripts were evaluated by qPCR. The half-lives of each RNA was calculated as the time needed to reduce the

transcript level to half (50%) of its initial abundance at time 0. Data shown are means \pm s.e.m. of 3 replicates.

Figure 5. 4q35 genes regulation upon different stimuli reflects architectural and epigenetic patterns. A-B) RNA fractionation experiments were conducted in CTRL (A) and DRA (B) human primary myoblasts (HPMs). Transcripts from the indicated 4q35 genes were measured by qPCR analysis of cytoplasmic, nuclear and chromatin-associated RNA fractions, and the percentage detected in each fraction over total RNA was graphed. *GAPDH*, *TERRA* and *NEAT1* transcripts were also assessed as positive controls that are most enriched in cytoplasmic, chromatinic and nuclear fractions, respectively. C) ChRIP experiment performed in HPM cells. Antibodies directed to H3K4me3, H3K9me3, H3K27me3 were used to precipitate RNA from control and DRA cells. Data shown are means \pm s.e.m. of 3 replicates. * (asterisks) refer to each different antibody used in ChRIP experiment to show the statistical significance of data obtained for each antibody over control IgG.

Figure 6. 4q35 genes regulation upon different stimuli reflects architectural and epigenetic patterns. Top diagram: A topological domain (TAD, indicated by the magenta triangle) at 4q35 includes the *FRG1* and *FRG2* genes [73] (190–191 Mb of Chr 4). Additional *cis*-interactions between D4Z4 and nearby genes have also been reported [27,74] (curved lines). Our present study indicates functional subdomains within the 4q35 subtelomere, arrayed in a gradient along the chromosome. The different chromatin configurations at each subdomain correlate with the different response of these regions to external stimuli. The centromere-proximal genes *ANT1* and *FRG1* display active histone marks and are constitutively expressed at high levels (Chromatin domain 1). In contrast, the *FRG2* promoter displays a poised promoter (Chromatin domain 2). Finally, the telomeric genes at the *D4Z4* repeats (Chromatin domain 3) display repressive chromatin marks and are transcriptionally repressed in normal individuals in the absence of genotoxic stress. **Middle diagram:** Drug-induced epigenetic derepression (i.e. TSA treatment) results in enrichment of active histone marks at chromatin domain 1 promoters and a switch toward active chromatin at the *FRG2* promoter leading to increased RNA levels. **Bottom diagram:** DNA damage (i.e. DOXO treatment), globally reduces the transcriptional activity across 4q35 and mediates a switch towards increased repressive chromatin markings at D4Z4 and the *FRG2* promoter. Additionally, transcripts from Chromatin domains 2 and 3 are stabilized through a posttranscriptional event. This model applies to control and to cells carrying a reduced D4Z4 allele, but the transcriptional or post transcriptional induction/stabilization rate is inversely correlated with D4Z4 size.

875

876 SUPPLEMENTAL FIGURES:

877 SF1 Expression analysis of DUX4-T and DUX4FL. A) Schematic representation of the last D4Z4 unit,
878 the adjacent pLAM region and the distal exons. The DUX4 ORF is contained in the first exon in each
879 repeat. The pLAM sequence is only present in the DUX4-FL transcript. Primers used in for qPCR are
880 indicated in different colors. B-D) qPCR reports of DUX-T and DUX-FL amplification by using the
881 indicated primer pairs, melting curve graphs are visible in the upper part of each graph, melting curve
882 and quantification cycle (C_q) reports are indicated in the table below for human primary myoblasts
883 (HPMs) and human primary trophoblast cells (here HPFs). For DUX-FL we used two different primer
884 sets (pLAM1, purple and pLAM2 blue) used in previous works [48,49].

885 SF2 Chromatin State Segmentation by HMM from ENCODE/Broad; Hg19chr4:190,793,373-
886 191,038,972.

887 SF3 Epigenetic status of 4q35-associated gene desert region. Chromatin immunoprecipitation assays
888 (ChIP) conducted in (A) HPMs and HTC (B) carrying a normal sized (control) and reduced (DRA) D4Z4
889 alleles. Antibodies directed to H3K4me3, H3K9me3, H3K27me3 and pan-acetylated Histone 3 and 4
890 (AcH3 and AcH4) were used, followed by qPCR amplification using primers described in Fig1.A.

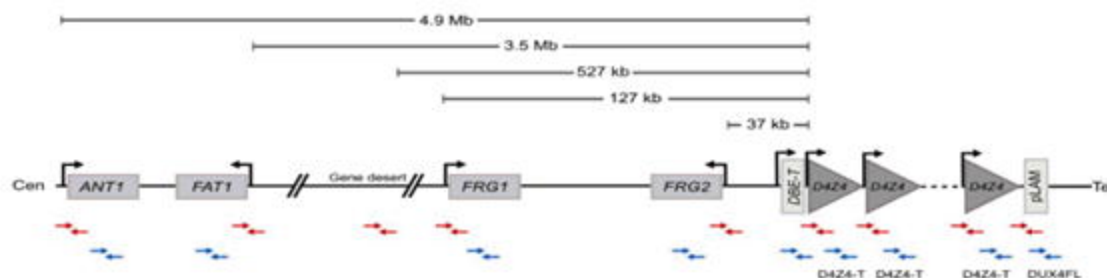
891 SF4. G-H) Chromatin immunoprecipitation assays (ChIP) conducted in HPMs (A-C) and HTC (D-E)
892 carrying a normal sized (control) and reduced (DRA) D4Z4 alleles (B,C,E) and treated or not with TSA.
893 Antibodies directed to H3K4me3, H3K9me3, H3K27me3 and pan-acetylated Histone 3 and 4 (AcH3 and
894 AcH4) were used, followed by qPCR amplification using primers described in Fig1.A. Anova statistical
895 test with multiple comparison was performed (*0.05<p value<0.01; ** 0.01<p value<0.001; *** 0.001<p
896 value<0.0001; **** P value<0.0001): \$ (dollar symbol), and * (asterisk). Dollar symbols and asterisks
897 indicate the statistical significance of data obtained in TSA treated cells in respect to the same antibody
898 enrichment in not treated cells. 4q35 regions amplified in qPCR following ChIP are indicated in the
899 upper part of each graph.

900 SF5 Control HTC and HTC bearing 6U D4Z4 array were untreated or treated with genotoxic drugs:
901 Doxorubicin (DOXO), Etoposide (ETO) and Cisplatin (CIS), at the reported concentrations. Expression
902 data of *ANT1* (A), *FAT1* (B), *FRG1* (C), *FRG2* (D), *DBE-T* (E) and *D4Z4-T* (F) was evaluated 24h after
903 treatments and normalized over *RPLP0* reference gene levels. Error bars represent standard deviation
904 values for three independent replicates.

905 SF6 A-D)Chromatin immunoprecipitation assays (ChIP) conducted in control and DRA HTC treated or
906 not with Doxorubicin (A,B) or PJ34 (C,D). Antibodies directed to H3K4me3, H3K9me3, H3K27me3 and

907 pan-acetylated Histone 3 and 4 (AcH3 and AcH4) were used, followed by qPCR amplification using
 908 primers described in Fig1.A. Anova statistical test with multiple comparison was performed (*0.05<p
 909 value<0.01; ** 0.01<p value<0.001; *** 0.001<p value<0.0001; **** P value<0.0001). Different symbols:
 910 * (asterisk) and # (hashtag) refer to different antibodies used in ChIP experiments (*=AcH4; #=H3K9me3
 911 to show the statistical significance of data obtained in treated cells in respect to the same in not treated
 912 cells). . Error bars represent standard deviation values for three independent replicates.

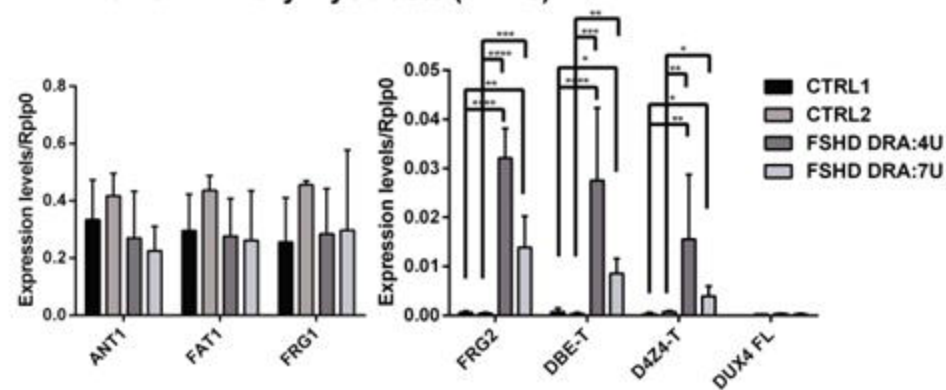
A



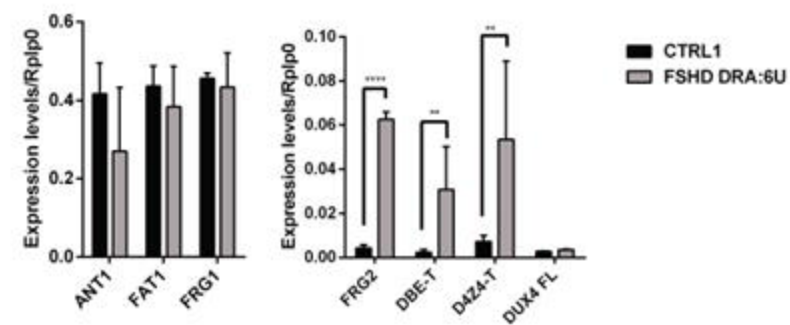
B

	4q	4q	10q	10q	Haplotype 4q alleles
HPMs CTRL1	12U	23U	ND	ND	4qA
HPMs CTRL2	12U	18U	ND	ND	4qA
HPMs DRA	4U	18U	11U	21U	4qA
HPMs DRA	7U	23U	17U	27U	4qA
HTCs CTRL	13U	15U	ND	ND	4qA
HTCs DRA	6U	15U	ND	ND	4qA

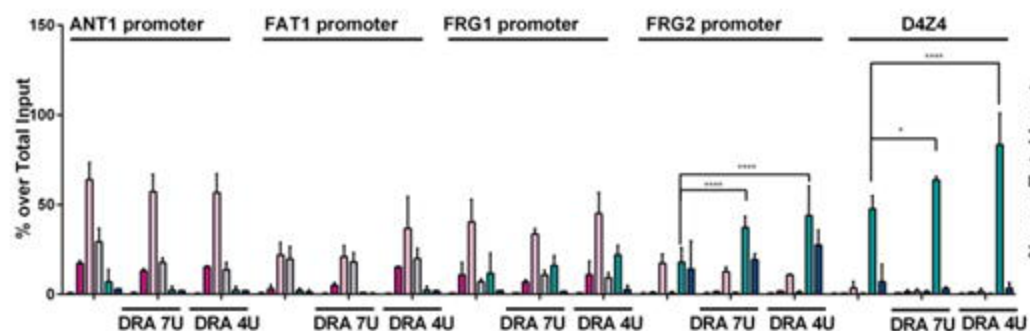
C Human Primary Myoblasts (HPMs)



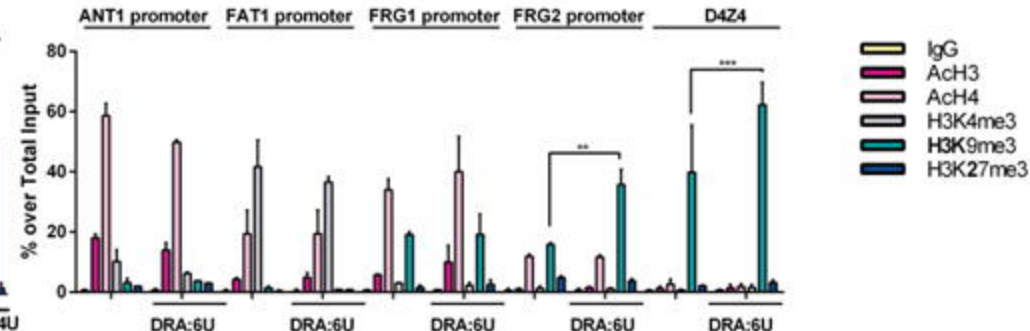
D Human Primary Trophoblast cells (HTCs)



E HPMs

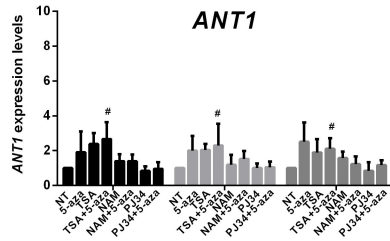


F HTCs

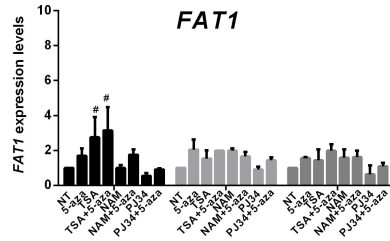


Human Primary Myoblasts (HPMs)

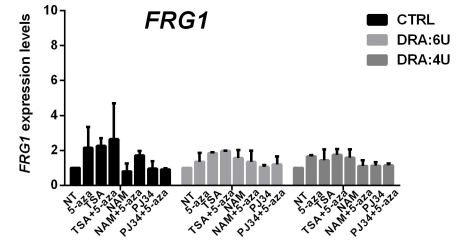
A



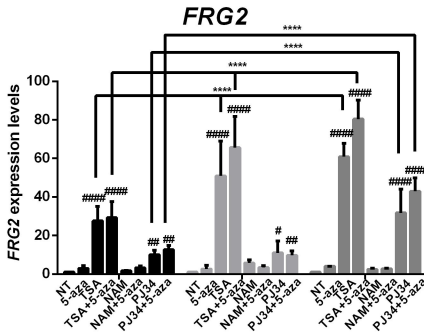
B



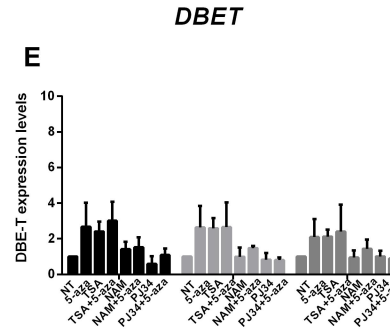
C



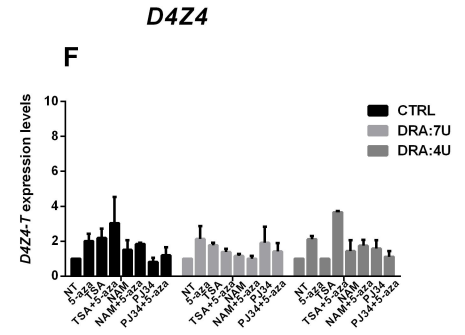
D



E

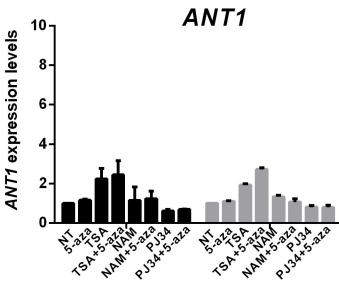


F

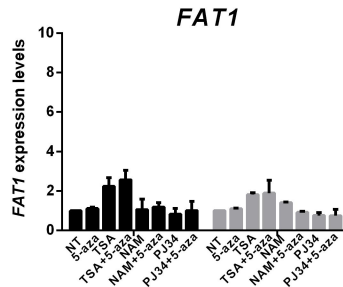


Human Trophoblast cells (HTCs)

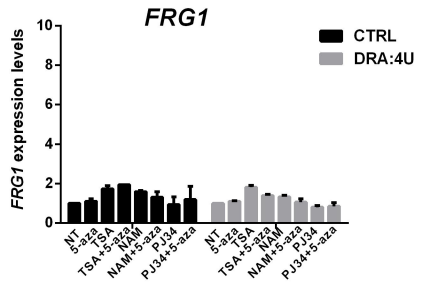
G



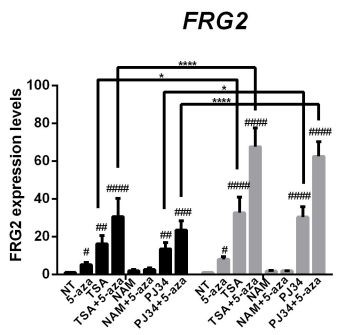
H



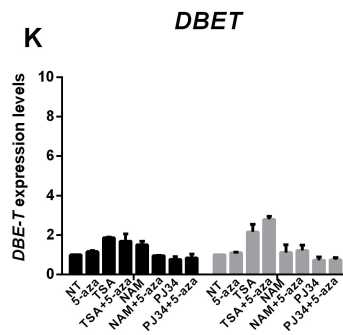
I



J



K



L

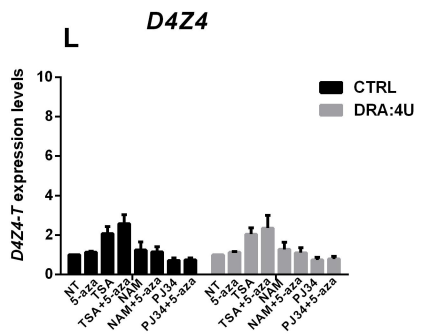
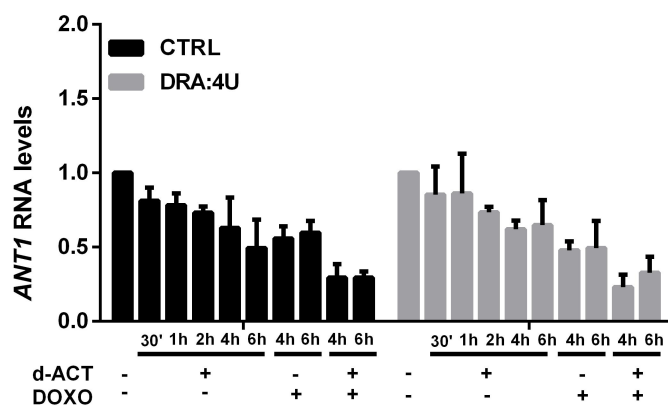


Fig.2

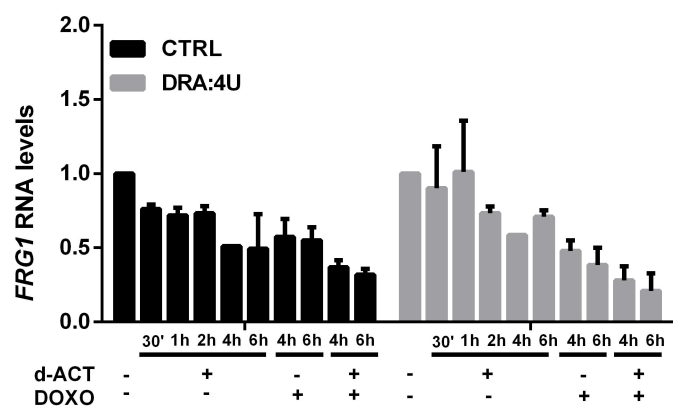
A

Transcript half-life (minutes)	CTRL	DRA 4U
<i>ANT1</i>	≥ 400	≥ 400
<i>FRG1</i>	≥ 400	≥ 400
<i>FRG2</i>	99.6 ± 2.5	122 ± 4
<i>DBE-T</i>	92 ± 5.5	207 ± 2.5
<i>D4Z4-T</i>	144 ± 13	399 ± 6

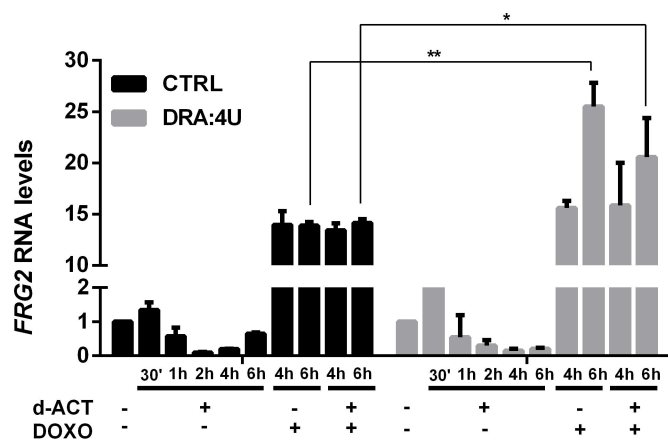
B



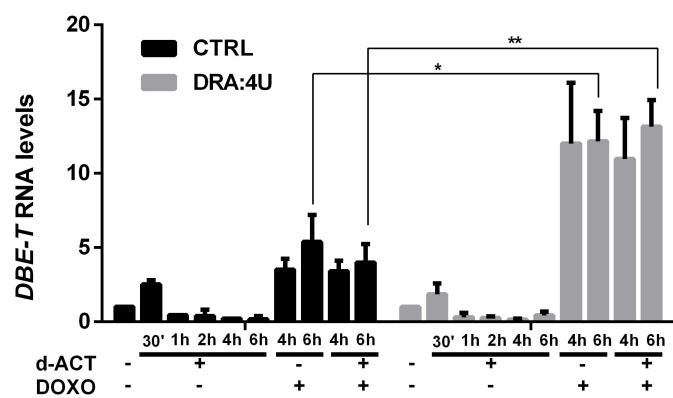
C



D



E



F

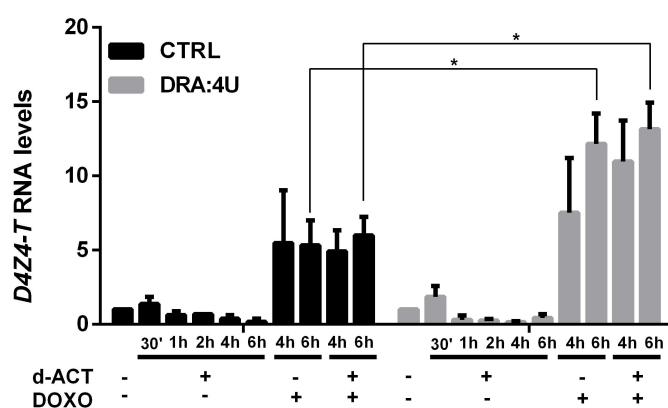
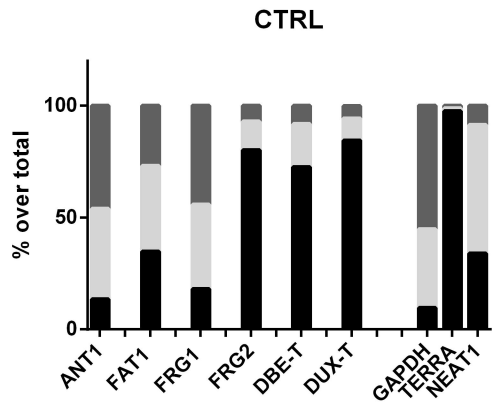
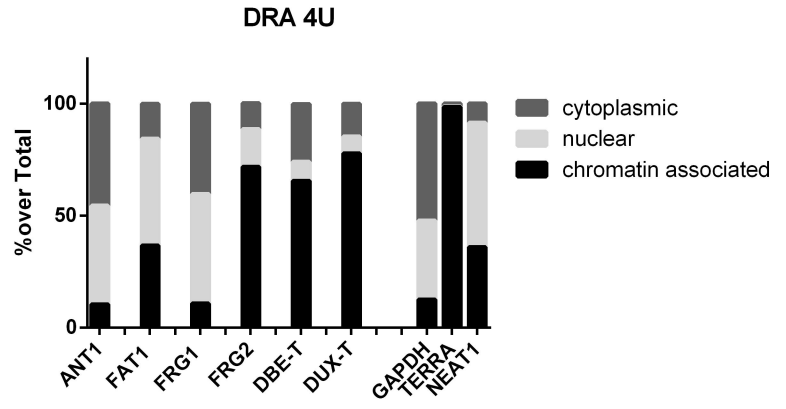


Fig.4

A HPMs-human primary myoblasts



B



C

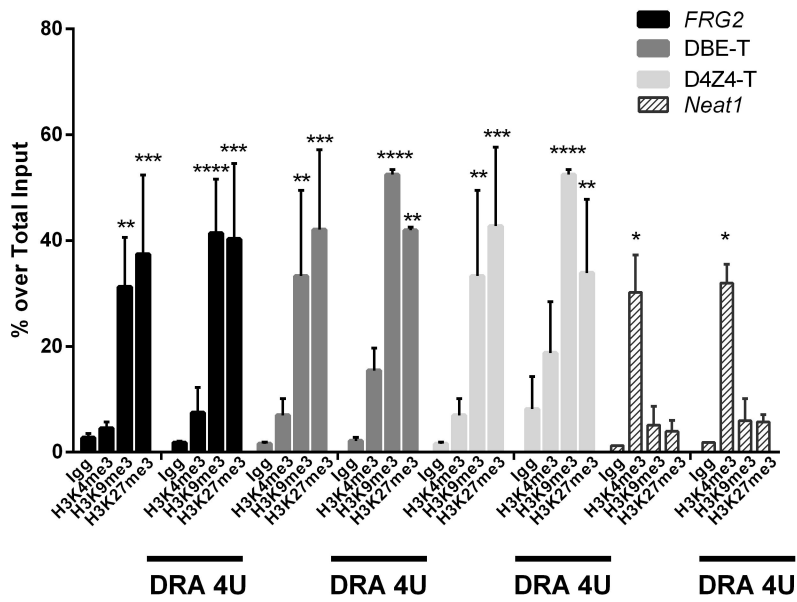


Fig.5

