

isGWAS: ultra-high-throughput, scalable and equitable inference of genetic associations with disease

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1 **Abstract**

2 Genome-wide association studies (GWAS) have proven a powerful tool for human geneticists
3 to generate biological insights or hypotheses for drug discovery. Nevertheless, a dependency
4 on sensitive individual-level data together with ever-increasing cohort sample sizes, numbers
5 of variants and phenotypes studied put a strain on existing algorithms, limiting the GWAS
6 approach from maximising potential. Here we present in-silico GWAS (isGWAS), a uniquely
7 scalable algorithm to infer regression parameters in case-control GWAS from cohort-level
8 summary data. For any sample size, isGWAS computes a variant-disease association
9 parameter in ~1 millisecond, or ~11m variants in UK-Biobank within ~4 minutes (~1500-fold
10 faster than state-of-the-art). Extensive simulations and empirical tests demonstrate that
11 isGWAS results are highly comparable to traditional regression-based approaches. We further
12 introduce a heuristic re-sampling algorithm, leapfrog re-sampler (LRS), to extrapolate
13 association results to semi-virtually enlarged cohorts. Owing to significant computational
14 gains we anticipate a broad use of isGWAS and LRS which are customizable on a web
15 interface.

16 **Main**

17 Genome wide association studies (GWAS) have been immensely successful in unravelling the
18 genetic contribution to human disease. Cost-effective genotyping and large biobank cohorts
19 now make it possible to routinely conduct GWAS for tens of millions of variants in hundreds
20 of thousands of individuals across thousands of phenotypes[1]. With the advent of population-
21 scale whole genome sequencing and expansion of GWAS to research participants of non-
22 European ancestries, these numbers can be expected to increase by another magnitude over the
23 next few years[2], [3].

24

25 Current GWAS approaches that compute variant-disease associations in a regression
26 framework, such as PLINK[4], fastGWA[5], BOLT-LMM[6], SAIGE[7] and REGENIE[8],
27 require access to and input from ever increasing individual-level data (ILD). The efforts of
28 individual-level GWAS sample collection, genotyping and data analysis tend to grow as a
29 polynomial function of sample size[7], [8]. Moreover, the exchange of ILD between researchers
30 is non-trivial due partly to data size but increasingly to strict – but essential - data protection
31 regulations, which can limit the scope of collaborative analyses and biological insights
32 gained[9]–[12]. Finally, the substantial computational and financial burden of running massive-
33 scale GWAS, especially for binary disease outcomes, is exacerbating inequity between
34 researchers, typically favouring already well-equipped institutions. There is therefore a pressing
35 need for innovative approaches that help attenuate the increasing resource and financial
36 inequities for conducting contemporary GWAS and to help decide where limited resources
37 should best be allocated.

38

39 Here we present in-silico GWAS (isGWAS), a biobank-scalable and computationally highly
40 efficient algorithm to infer genetic regression parameters in case-control GWAS from just four
41 broadly ascertained cohort-level summary parameters: the counts of cases and controls within
42 a cohort, as well as case and control minor allele frequencies (MAFs). isGWAS is highly
43 parallelisable, exceeding efficiencies of current GWAS analysis tools by several orders of
44 magnitude. Furthermore, we demonstrate that isGWAS yield association summary statistics
45 highly comparable to traditional ILD regression-based approaches through extensive
46 simulations and empirical tests in UK Biobank[13], Biobank Japan[14] and the Psychiatric
47 Genomics Consortium cohort[15]. Owing to the sizeable computational gains, we introduce a
48 heuristic re-sampling algorithm, called the leapfrog re-sampler (LRS), which can confidently

49 extrapolate GWAS results to larger sample sizes, both at a locus or genome-wide scale. Our
50 underlying methodology also leads to several desirable high-utility properties. We release a
51 web tool available to the wider public to conduct customized isGWAS at www.optimaisgwas.com.
52

53 Results

54 Genome-wide association testing from sufficient statistics

55 isGWAS assumes disease-variant associations can be evaluated via a logistic-link function and,
56 similar to widely used methods[7], [8], uses a Firth adjusted maximum likelihood procedure
57 and Newton-Raphson solver to estimate genetic effects, standard errors and association *p*-
58 value[7], [8], [16]. isGWAS' notable advance is based on the insight that the Newton-Raphson
59 procedure can be simplified so that: (a) elements of the Fisher information matrix and score
60 function vector are collapsed by taking expectation over the empirical or *a priori* distribution
61 of a genetic variant; and (b) sufficient statistics – a specific type of summary data - are used as
62 input variables in the score function (see **Methods** for details). We provide several options to
63 initialise the Newton-Raphson algorithm[17], [18] that improve computational performance
64 and reduce analysis time (**Supplementary Information**). In brief, let y_i denote disease status
65 for the i -th individual and $g_{ij,M}$ denote the j -th genetic variant under model M (e.g., additive,
66 recessive or dominant). The sufficient statistic triple used by isGWAS is:

$$67 \left\{ T_{1j} = \sum_{i=1}^{N_j} y_i = N_j^*, \quad T_{2j} = \sum_{i=1}^{N_j} y_i g_{ij,M}, \quad T_{3j} = \sum_{i=1}^{N_j} g_{ij,M} \right\},$$

68 where T_{1j} is the total number of cases for variant j , T_{2j} is the covariance between the outcome
69 y and genotype g for variant j under model M , and T_{3j} is the minor allele count for variant j
70 under model M . For each variant, data can be provided as either: the sufficient statistic triple
71 $\{T_{1j}, T_{2j}, T_{3j}\}$ plus sample size N_j (necessary for computing standard errors) or separately, on
72 assuming Hardy-Weinberg equilibrium (HWE), as $\{N_j, N_j^*, MAF_{j,M}, MAF_{j,M}^*\}$. Default GWAS
73 analyses assume HWE, making input data widely available[13]–[15], [19]–[21] for researchers
74 to perform isGWAS, replicate or further expand on classical GWAS analyses (**Methods**). If
75 MAFs for cases and controls are supplied, isGWAS will automatically convert to the pair

76 $\{MAF_{j,M}, MAF_{j,M}^*\}$ (**Methods**). After convergence, which is guaranteed for most scenarios by a
77 re-initialization approach (empirically all scenarios converged using isGWAS-Firth), the
78 estimated genetic effect parameter $\hat{\beta}_{j,M}$ and standard error $SE(\hat{\beta}_{j,M})$ are used to construct Wald
79 *p*-values (**Methods**). Additional options include a sample-level likelihood ratio-test or *p*-values
80 computed using sandwich-robust standard errors (**Supplementary Methods**). A simplified
81 illustration highlighting differences and computational advantages of isGWAS against ILD-
82 based genetic association analyses is summarised in **Figure 1**.

83

84 **isGWAS reliably identifies genetic associations across cohorts and diseases**

85 We benchmarked isGWAS in real-data settings and performed simulation studies to compare
86 isGWAS performance and results relative to several existing individual-level data (ILD)-based
87 approaches. Our assessments broadly fall into two categories: (1) methods which require ILD,
88 i.e., REGENIE[8], logistic and Firth corrected regression[16], and (2) approaches which do not
89 require ILD directly, i.e., the logistic ad-hoc estimator[17] and Fisher's Exact Test (FET)[22].
90 We note FET was successfully leveraged for efficient large-scale GWAS analyses recently[23].
91 Using data from UK Biobank (UKB), we first assessed isGWAS performance against the
92 popular ILD based regression approach REGENIE[8] by deploying both methods for analyses
93 of seven diseases some of which were previously used for establishing GWAS methodology[5],
94 [7], [8]. Second, we evaluated isGWAS's ability to replicate 309 significantly associated
95 variants from the Biobank Japan (BBJ) meta-analysis of 30 diseases[24] using only the
96 published sample-summaries, i.e., without access to ILD, per variant and disease pair. Lastly,
97 by considering multiple iterations of nested schizophrenia meta-analysis GWAS[25]–[27] we
98 assessed isGWAS's ability to accurately predict genomic regions and significant novel
99 associations. The isGWAS sample size of the meta-analysis from 2014 was virtually expanded

100 to match the numbers from the larger 2022 GWAS whilst holding constant the allele frequency
101 and prevalence information in 2014 cohort.

102

103 *Performance against ILD based regression GWAS in UK Biobank*

104 We compared isGWAS results and computational performance against the state-of-the-art ILD-
105 based method REGENIE for seven diseases in UKB: asthma (IC10:J45); atherosclerosis
106 (IC10:I25); colon cancer (IC10:C18); hypertension (IC10:I10); glaucoma (IC10:H40); stroke
107 (IC10:I63); and thyroid gland cancer (IC10:C73). Case-control ratios varied from 1:2 in
108 hypertension to 1:669 in thyroid gland cancer across the diseases (**Supplementary Table 1a**),
109 allowing for the review of performance in near balanced to highly imbalanced case-control
110 settings. To help attenuate the possible influence of confounders when deploying isGWAS,
111 particularly sample relatedness and population structure, we describe and apply additional data
112 quality control (QC) steps before computing the required sample-level sufficient statistics
113 (**Methods**). After additional QC, the total sample size analysed was ~335,000 individuals per
114 disease (**Supplementary Table 1**). This sample was used to perform and contrast analyses in
115 both isGWAS and REGENIE. We review approaches which leverage additional insight from
116 any removed samples in the **Discussion**. For each of the seven diseases, we applied isGWAS
117 (no covariates) and two-step REGENIE with Firth correction (including the covariates age, sex
118 and ethnicity principal components) to ~11 million autosomal variants. Results are presented
119 in **Table 1**, **Figures 2-3**, **Supplementary Figures 1-15**, **Supplementary Tables 1-9** and
120 **Supplementary Files 1-2**.

121

122 Across all seven traits tested we observed close to perfect consistency between REGENIE and
123 isGWAS association results, as illustrated in the mirrored Manhattan and *p*-*p* plots for asthma
124 (**Figure 2a**) and other diseases (**Supplementary Figures 1-6**). Concordance between

125 RGENIE and isGWAS is further validated by benchmarking accuracy (**Table 1**) and Pearson
126 correlations between estimated *p*-values ($cor(p_{isG}, p_R) > 0.94$ at \log_{10} scale
127 (**Supplementary Tables 2-3**). The results are consistent for varying prevalence levels
128 (**Supplementary Figures 1-6**) and are not affected by covariate adjustment (**Supplementary**
129 **Tables 2-3**). The consistency translated to the regional locus level. This is exemplified by a
130 locus zoom plot of the *FLG2* gene region for asthma (**Figure 2b**) where isGWAS not only
131 nominated the identical GWAS lead variants but also largely recapitulated the overall
132 association pattern identified through RGENIE. This observation is consistent across the lead
133 independent loci from the asthma GWAS (**Supplementary Figure 7**) and translates to all other
134 diseases studied (**Supplementary Figure 8**). For a comprehensive numerical comparison of
135 association results, we took RGENIE derived *p*-values as the ground truth, retaining all SNPs
136 with $p < 0.01$ and setting the true positive threshold as $p < 5 \times 10^{-8}$ (excluding stroke
137 (**Supplementary Figure 4**) which did not yield any significant associations). We computed the
138 accuracy, false positive (FPR), true positive (TPR) and false discovery rates (FDR) of isGWAS
139 (**Figure 3a** and **Table 1**). Accuracy of isGWAS was $\geq 99.98\%$ for each disease, highlighting
140 excellent overall correspondence between methods. The FPR was low, i.e., $FPR \lesssim 10^{-5}$, and
141 TPR was generally good at $> 88\%$ - excluding hypertension which had a $TPR = 0.63$. The
142 FDR was below $\leq 5\%$ for each disease, revealing that the positive predictive value of isGWAS
143 was greater than 95%.

144
145 Importantly, isGWAS and RGENIE results differed for two broad categories: (i) the
146 estimation of genetic effect sizes; and (ii) computational performance. When non-confounding
147 covariates are excluded (β_{no_cov}) or included (β_{cov}) in a model, previous and extensive
148 investigations of effect size estimates in logistic regression deduce that $|\beta_{no_cov}| \leq |\beta_{cov}|$, i.e.,
149 regression estimates are smaller in magnitude when excluding covariates but the null-

150 hypothesis of no association is maintained[28], [29]. Overall, we replicate these results in our
151 analyses. isGWAS computed effect sizes are smaller in absolute value, but largely concordant
152 with covariate-adjusted REGENIE. Moreover, we fail to reject the null hypothesis for the same
153 variants almost always between methods - suggesting that the isGWAS QC helps attenuate
154 issues of population confounding (**Figures 2d-e, Supplementary Figures 1d-e – 6d-e, 9, 10**
155 **and 11**). An investigation of the performance of isGWAS without removing related individuals
156 highlights potential expansion of isGWAS beyond the recommended QC (**Methods**,
157 **Supplementary Information**), but further investigation – possibly leveraging the re-sampling
158 potential of isGWAS - is required on the reliability of isGWAS in family-based cohorts and
159 ethnically diverse populations (**Supplementary Figures 12-13, Supplementary Tables 5-7**).
160 In our full-QC analyses, all estimated effects between isGWAS and REGENIE were observed
161 to be in the same direction, and the correlation between estimates was on average
162 $cor(\beta_{isG}, \beta_{REGENIE}) \approx 0.7$ (**Supplementary Tables 1-3**). The relative drop in the correlation
163 between effect estimates (≈ 0.7) and p-values ($\gtrsim 0.94$) is anticipated[28] and can be explained
164 on noting that, across all diseases more precise effect estimates (i.e., those with smaller standard
165 errors) have stronger concordance between approaches (**Figure 2e and Supplementary**
166 **Figures 1d-6d**). Overall, we found that at least 98% of isGWAS and REGENIE confidence
167 intervals (CI) overlap, (**Supplementary Table 4**). When effect estimates are viewed as a
168 function of MAF, the absolute value of REGENIE-derived estimates seemingly increase (along
169 with standard errors) as MAF decreases across all scenarios. This contrasts with isGWAS where
170 the relationship between MAF and effect size is less clear: fewer variants with low MAF are
171 associated with relatively larger effect sizes. However, the correspondingly narrower standard
172 errors guarantee the same significance p-values as REGENIE. The isGWAS derived
173 distribution of effect sizes is consistent with the hypothesis of a flattened heritability
174 distribution under negative selection[30]. Genomic inflation computed from isGWAS results

175 across all analyses was on average ≈ 1.07 and ranged between (0.94, 1.26) which was similar
176 to REGENIE with average ≈ 1.1 and range (1.01,1.3) (**Supplementary Figure 14** and
177 **Supplementary Table 8**). We deploy isGWAS with genotype imputation in our primary
178 analyses and, as secondary sensitivity analyses, without imputation. Our investigation reveals
179 some surprising results. Imputation occasionally led to changes in MAF between cases and
180 controls such that estimated genetic effects switched sign (i.e., effect direction) relative to
181 results computed from non-imputed data (**Supplementary Figure 15, Supplementary Table**
182 **3, Supplementary Files 2-3**). The approach might be used to efficiently flag ambiguous
183 significant results in analyses that are the result of the missing values imputation strategy
184 (mean-imputed in the case of REGENIE).

185
186 Finally, the computational gains of isGWAS relative to REGENIE Step 2 are striking: a full
187 genome-wide association assessment for each disease took approximately 4 minutes using
188 isGWAS and, on average over different prevalence, this is around 1,300 times faster than a like-
189 for-like assessment using REGENIE Step-2 (**Figure 7, Supplementary Table 9, and**
190 **Supplementary File 4**).

191
192 *Replicating significant associations in Biobank Japan analyses*
193 Using only publicly available summary information from Biobank Japan (BBJ), i.e., without
194 access to ILD, we looked to compare and replicate BBJ GWAS results across 42 diseases[24].
195 We considered 309 variants that were identified in [24] as genome-wide significant ($p <$
196 5×10^{-8}) across 30 of the 42 diseases. Our results reveal very close alignment between
197 isGWAS computed associations and those of [24] - correlation between p-values at \log_{10} scale
198 was $\text{cor}(p_{isG}, p_{BBJ}) = 0.98$ with 92.2% of isGWAS computed genetic effects within the 95%
199 CI of the original study (**Supplementary Figure 16**). Using the published study-level

200 results[24] as the ground truth, isGWAS demonstrated good sensitivity and specificity
201 (**Supplementary Figure 17**). We alternatively assessed performance when setting more
202 stringent significance thresholds - returning near identical conclusions when classifying
203 variants at $p < 9.58 \times 10^{-9}$ (used in the original publication). Results for X-chromosome
204 variants in males and females were similarly concordant (results not presented).

205

206 **isGWAS model validation using simulations**

207 We generated simulated datasets to assess performance of isGWAS - with and without Firth
208 correction - against a variety of classical methods which either: (a) do not require ILD, the
209 logistic ad-hoc estimator[17] and Fisher's Exact Test[22]; or (b) require ILD, logistic and Firth
210 corrected regression[7], [8], [16]. We perform two simulation studies (**Figure 4**,
211 **Supplementary Figure 18, Supplementary Information**). isGWAS-Firth outperformed all
212 other approaches in terms of either computational cost or robustness of results over the range
213 of scenarios considered. It is well documented that computational performance is reduced when
214 using Firth's bias correction in ILD regression analyses[7], [8], [16], we discover, however,
215 that no-ILD isGWAS-Firth regression has significantly improved performance relative to
216 uncorrected isGWAS (**Supplementary Table 21**). As anticipated[23], when disease prevalence
217 is rare (i.e., $\pi \leq 0.01$) parameter estimates computed using non-Firth corrected ILD regression
218 were unreliable. The MSE and distribution of parameters estimated via ILD logistic regression
219 were often orders of magnitude poorer than other methods (**Figure 4a-c**). **Figure 4f-h**
220 highlights the chronological evolution of no-ILD p -value estimates, from Sasieni's logistic ad-
221 hoc estimator (1997)[17], Fisher's Exact Test (1922)[22] to isGWAS-Firth, illustrating
222 improvements in estimation via successive approaches. See **Supplementary Information** for
223 detailed results review.

224

225 **Leapfrog re-sampling: using isGWAS to extrapolate variant association results to**
226 **larger sample sizes**

227 When ILD are available, the computational benefits of isGWAS make it possible to deploy
228 resampling approaches to estimate empirical effect sizes, *p*-values and corresponding
229 confidence intervals, previously considered computationally daunting in GWAS[31], [32]. We
230 extend the idea by introducing a heuristic leapfrog re-sampling (LRS) algorithm to help forecast
231 future results in larger hypothetical GWAS sample sizes (**Methods**). The LRS is summarised
232 in three key steps: (1) specify a target sample size along with the number and size of sub-
233 samples to be generated; (2) (leapfrog-step) compute sufficient statistics in the sub-samples and
234 re-scale the estimated number of cases and controls to match the larger target sample size; and
235 (3) deploy isGWAS in each leapfrog sample to recover a distribution of association *p*-values
236 over the collection of sub-samples. In our testing of the LRS, we use the median *p*-value as a
237 generally robust estimate of a target *p*-value (weighted or distribution-based summaries can
238 alternatively be considered). Thus, the LRS leverages variation in both genotype and disease
239 status between individuals in the current sample to help predict updates of parameters after
240 adding new samples. Despite perceived similarities, traditional GWA power calculators[33]
241 and the isGWAS-LRS are different. isGWAS-LRS does not require input of case-control ratios,
242 heritability (i.e., beta estimates) or type-I error rates. Instead, multiple regression analyses are
243 combined to forecast and test parameter estimates in expanding sample sizes.

244 We run the leapfrog re-sampler in both simulation and real-data settings, informed by the seven
245 studied diseases in UKB (**Methods and Supplementary Information**). We evaluate
246 performance over a range of initialisations, starting from a 10% increase to a maximum of 100%
247 (i.e., 2-fold) increase in GWAS sample size relative to the current actual UKB sample size.
248 Results are presented in **Figure 5, Supplementary Tables 10-11**. As is standard, we assume a

249 true positive association of $p < 5 \times 10^{-8}$ in the target sample. Our results in simulated scenarios
250 (**Figure 5f**) reveal that: when doubling sample size from $N_{current} = 276,204$ to a maximum
251 $N_{target} = 552,408$, the accuracy and TPR progressively dropped for subsequent increases in
252 the target sample size, but values for each measurement were typically $\geq 80\%$ across the range.
253 Our real world LRS analyses of UK Biobank data replicate and further elucidate performance
254 across the six of the seven diseases (**Figure 5a-e**). Using a subsample size of $N_{current} \approx$
255 135,000 we increased target sample size up to $N_{target} \approx 270,000$, taken as the maximum
256 observed sample size we could benchmark against. For all choices of target sample size, and
257 across each disease, we observe high accuracy rates ($\geq 95\%$). However, the TPR was sensitive
258 to disease prevalence, reducing monotonically as the target sample size increased. Broadly,
259 TPR remained reasonable ($\geq 60\%$) up to a 2-fold increase in sample size, except for the very
260 rare (case-control ratio of 1:669) thyroid gland cancer. This is due to fewer significant variants
261 being included in the assessment as a result of lower percentage of heritability explained, which
262 can artificially reduce the TPR for each new locus with relatively high odds ratios. Naturally,
263 TPR reduces as a function of decreasing disease prevalence, as re-sampling from fewer cases
264 can increase the variability in MAFs and thus isGWAS forecasting. We note that our theoretical
265 sub-sampling approach had better predictive capabilities, owing to the prevalence preserving
266 sampling strategy taken (**Methods and Supplementary Figure 19**).

267 We also assessed isGWAS's ability to extrapolate results when ILD were not available, using
268 a highly constrained version of the leapfrog re-sampler (**Supplementary Information**). In this
269 scenario, MAF and disease prevalence per variant are fixed, computed from the maximum
270 current sample (i.e., without sub-sampling), and the number of cases and controls are
271 proportionately increased to match the target sample size. We did this for two GWAS of
272 schizophrenia: (a) 2014 analyses with up to $N = 77,096$ (cases = 33,640, controls =
273 43,456) European ancestry individuals[25]; and (b) the larger (and future) 2022 analyses with

274 up to $N = 130,644$ (cases = 53386, controls = 77258) European ancestry individuals[27].
275 We treat the 2014 study as the current sample size and the 2022 sample size as the target future
276 state, which we benchmark predictive performance against. The studies were selected because,
277 for each variant j , necessary data to run isGWAS, i.e., $\{N_j, N_j^*, MAF_j, MAF_j^*\}$, were made
278 publicly available. Note these data are pooled estimates, computed across all European cohorts.
279 Despite not accessing ILD, our results reveal reasonable concordance between isGWAS 2014
280 extrapolated results and the published analyses of 2022 (**Figure 6, Supplementary Figures 20-**
281 **21, Supplementary Tables 13-16**). Like our Biobank Japan analyses, we also used a more
282 stringent significance threshold ($p < 10^{-10}$) to help attenuate false positives, observing
283 improved overall performance by recovering a good TPR $\geq 70\%$ (**Supplementary Table 13**).
284 We do not report FDR as these cannot be accurately computed when filtering results based on
285 a p-value inclusion/exclusion threshold. Of the overlapping 608 clumped variants considered,
286 isGWAS-LRS identified 136 associations that were not yet deemed GWAS significant (i.e.,
287 $p > 5e - 8$) in the 2014 study but later identified as significant in the 2022 study. Moreover,
288 of the 436 significant associations predicted by isGWAS, 75% overlap with observed
289 significant associations in 2022. isGWAS predicted an additional 74 associations as significant
290 that were not significant in 2022 – of those 52 were near the significance threshold with $p <$
291 $9e - 07$. There were 121 variants not correctly predicted by the 2014 cohort. This could be due
292 to increased ethnical and relatedness heterogeneity in the 2022 cohort that was not present in
293 the 2014 analysis.

294

295 **Computational performance and convergence details**

296 isGWAS is an iterative algorithm whose convergence (i.e., ability to estimate model
297 parameters) depends on several tuning parameters (**Methods**). Using default parameter settings,
298 isGWAS-Firth converged in all real-data and simulated scenarios tested (**Figure 4e and**

299 **Supplementary Tables 17, 19-20).** Convergence was achieved in around 0.001 seconds per
300 variant (**Supplementary Table 21**) on a 2.4 GHz 8-Core Intel Core i9 processor. The non-Firth
301 corrected isGWAS algorithm may require more iterations, particularly for diseases with lower
302 prevalence (e.g., case:control ratio of 1:94 and lower) which included scenarios where
303 convergence was not achieved (**Figure 4e, Supplementary Tables 17-20, Supplementary**
304 **Information**).

305
306 When distributed over 32 CPU cores on a high-performance cluster, Firth-corrected isGWAS
307 analysed a single disease from UK Biobank across ~11 million SNPs and for ~335,000
308 individuals in ~4 minutes (**Figure 7, Supplementary Tables 9 and 18**). This means that
309 isGWAS-Firth can perform around 1,500 disease GWAS for every one GWAS performed using
310 an alternative methodology. The same analysis with a small number of CPU cores was
311 completed in tens of minutes using isGWAS-Firth (**Figure 7**). Further computational gains at
312 larger sample sizes will likely be achieved as ILD methods can scale poorly with sample size,
313 whereas isGWAS has near fixed computational cost at any size. As isGWAS currently
314 computes associations for each variant independently, additional improvements such as
315 parallelisation are possible. Full details are available in **Supplementary File 4**.

316

317 **Discussion**

318 In this study, we developed isGWAS, an efficient, biobank-scalable method for genetic
319 association testing which can: (a) compute regression parameters and test for a variant-disease
320 association in real-time (i.e., approximately one millisecond) for any sample size; (b) bypass
321 the need to run large-scale GWAS using high-performance computing facilities owing to ultra-
322 low system resource demands (i.e., runtime and memory); and (c) infer GWAS results from
323 virtually enlarged sample sizes using a novel re-sampling procedure. The isGWAS algorithm

324 design allows analyses to be run without the need to hold or access individual-level data (ILD)
325 directly, thereby providing a single methodological framework to utilise a wide range of data
326 sources such as published summary-level data from biobanks and repositories.

327

328 isGWAS draws inspiration from classical methodologies to overcome significant
329 computational bottlenecks associated with massive-scale analyses. The practical simplicity and
330 quick runtime of classical approaches have seen them deployed in a recent large-scale
331 analysis[23]. Rather than using ILD, as contemporary GWAS regression analyses do, isGWAS
332 distils the required input data down to sufficient statistics – a low-dimensional summary of ILD
333 that captures all necessary information required to compute a genetic-disease association model
334 parameter. In combination with modifications to the Newton-Raphson procedure, used to
335 estimate model parameters in a logistic regression, our use of sufficient statistics dramatically
336 reduces the computational time for disease association testing relative to existing methods.
337 Achieving up to a 1,500-fold improvement in computational runtime, when benchmarked
338 against a state-of-the-art GWAS tool, isGWAS reduced time to genome-wide insight from
339 several days down to ~4 minutes. Thereby unlocking potential for massive scale exploration of
340 genetic-disease associations in real-time and making feasible the routine assessment of
341 thousands of disease endpoints and studies. Computational bottlenecks associated with existing
342 GWAS methodologies are fast approaching. Analyses of resources such as UK Biobank WGS
343 data, the emerging massive cohorts of the Global Biobank Initiative[1], and Our Future
344 Health[34] are expected to push current GWAS tools to their system resource limits with
345 significant associated time-to-insight penalties. Conversely, with no computational sensitivity
346 to sample size, as the number of variants assessed and sample sizes continue to increase, the
347 relative savings and benefits of isGWAS can be expected to grow.

348

349 To attenuate possible issues of confounding and population stratification, we propose that
350 additional QC-steps are performed before computing sufficient statistics for isGWAS. In our
351 analyses, these steps reduced our UK Biobank sample size from ~408k individuals (used in the
352 original testing of REGENIE[8]) down to a more homogeneous sample of ~335k individuals
353 used to generate and compare results from isGWAS and REGENIE. Our results reveal an often-
354 striking concordance between approaches genome-wide as well as at the regional locus level.
355 The reduction in sample size was compensated by the isGWAS leapfrog re-sampler (LRS),
356 which we demonstrate efficiently helped extrapolate GWA results onto larger sample sizes (up
357 to 2-times). While we note sensitivity of an LRS extrapolation to disease prevalence, across the
358 range considered the TPR and FPR were well calibrated to at least a 1.5-fold increase in sample
359 size. The LRS might therefore be leveraged to aid GWAS cohort design, for example to
360 quantify the potential benefit of sampling more participants with a disease of interest against
361 cost. In our analyses of the PGC Schizophrenia cohort, we deployed a highly restricted (i.e., no
362 ILD) version of the LRS: forecasting results from a smaller 2014 cohort[25] onto a sample size
363 that matched a future 2022 study[27]. Despite no guarantees of sufficiency, isGWAS LRS
364 identified 75% of significant variants that were later identified in the larger 2022 cohort (almost
365 double the size) while maintaining a low FDR. Unlike extrapolation via the ILD leapfrog re-
366 sampler, this naïve extrapolation does not account for differences in the MAF of cases and
367 controls between 2014 and 2022 data. Regardless, the above findings highlight potential for
368 isGWAS to furnish reasonable forecasts of future results without accessing ILD directly. Our
369 recent predictions from FinnGen consortium data[18], [35] provide confidence that the
370 isGWAS algorithm is applicable also to multi-ethnic GWAS through analyzing each ethnicity
371 separately and combining results in a meta-analysis, as it is common practice[36].
372

373 Beyond, isGWAS can be applied to help address routinely asked questions about future
374 scenarios and evaluate enrichment contribution of biobanks to disease-specific associations[35]
375 or to protein-specific variant associations[18], particularly in the rare spectrum. isGWAS-Firth
376 provides a timely, rapid regression-based analysis of common, rare and ultra-rare variants.
377 Unlike ILD-based analyses, where Firth's correction significantly increases computational
378 time[7], [8], there is no computational penalty when using Firth's correction in the isGWAS
379 framework - in fact, we observe improved computational performance. The advantage of
380 considerable improvements in computational runtime is that it allows for the introduction of
381 forecasting, re-sampling and other non-parametric techniques - the LRS being one example.
382 These might widen robust association testing strategies as well as provide new avenues to tackle
383 confounding or population sub-structure. For now, we envisage the possibility that the wider
384 human genetics community routinely compute and make available the sufficient statistics, i.e.
385 MAF in the cases and the cohort, and the corresponding sample sizes per variant, toward a
386 publicly available, privacy compliant, data asset. In addition to avoiding the need for expensive
387 high-performance computing facilities and memory intensive data storage, the data asset might
388 enhance meta-analyses and biological insight, improve equitable access, and enable faster
389 collaborations between teams and help bridge financial and resource gaps between institutions
390 and research groups internationally.

391

392

393

394

395 **Methods**

396 **Disease SNP association model**

397 Let $S_M \in \{1,2\}$ be the maximum number of copies of the effect allele for an individual under
 398 model $M \in \{A, D, R\}$, where A denotes an additive model, R a recessive model and D a
 399 dominant model, i.e.,

400
$$S_M = \begin{cases} 2, & M = A, \\ 1, & M = D \cap R. \end{cases}$$

401 Furthermore let,

402
$$MAF_{j,M} = MAF_j \mid M$$

403
$$MAF_{j,M}^* = MAF_j^* \mid M$$

404 where, for a given model M , $MAF_{j,M}$ is the minor allele frequency for variant j in the sample,
 405 ancestry, or population and $MAF_{j,M}^*$ the minor allele frequency in the cases. We let Y denote
 406 disease status and G_j the j th genotype in the sample. For convenience we write $G_{j,M} = G_j \mid M$. It
 407 is assumed that the outcome model for Y , conditional on G_j , is given by:

$$\mathbb{E}[Y \mid G_j, M] = h^{-1}(\alpha_{j,M} + \beta_{j,M} G_{j,M}), \quad j = 1, 2, \dots, Q,$$

408 where, conditional on model M , the pair $\{\alpha_{j,M}, \beta_{j,M}\}$ denote the intercept and genotype effect
 409 and h is a function linking the outcome to genotype $G_{j,M}$ for all $j = 1, 2, \dots, Q$ genetic variants
 410 considered. In deriving the isGWAS estimation procedure we assume that h is the logit
 411 function, i.e.,

412
$$\pi_{Y|G_{j,M}} = P(Y = 1 \mid G_j, M) = \frac{e^{(\alpha_{j,M} + \beta_{j,M} G_{j,M})}}{1 + e^{(\alpha_{j,M} + \beta_{j,M} G_{j,M})}}.$$

413 The isGWAS methodology can, however, be broadened to other link functions and outcome
 414 types. We take $\{\hat{\alpha}_{j,M}, \hat{\beta}_{j,M}, \hat{\sigma}_{\alpha_{j,M}}, \hat{\sigma}_{\beta_{j,M}}\}$ to be sample based estimates of the intercept $\alpha_{j,M}$ and
 415 coefficient $\beta_{j,M}$, and their associated standard errors $\{\hat{\sigma}_{\alpha_{j,M}}, \hat{\sigma}_{\beta_{j,M}}\}$. We allow the genetic effect

416 $\beta_{j,M}$ and genotype G_j (or an observation thereof g_j) to be analyzed on either (i) the standardized
 417 scale or (ii) non standardized scale. To accommodate this, we introduce the variable s_m^* , so that:

418
$$\{\beta_{j,s_m^*}, g_{j,s_m^*}\} = \left\{ (1 + (\sigma_{g_i} - 1)s_m^*)\beta_j, \frac{g_j}{(1 + (\sigma_{g_i} - 1)s_m^*)} \right\}.$$

419 Hence, when $s_m^* = 0$ analyses are performed on the non-standardized scale and $s_m^* = 1$ on the
 420 standardized scale. Default analyses assume the genetic effect is assessed on the non-
 421 standardized scale, i.e., $s_m^* = 0$. Note that, while p-values are generally invariant to the choice
 422 of effect scale s_m^* , betas and standard errors are dependent on the specification of s_m^* .

423

424 **Sample-Level Newton-Raphson (SaLN-R) algorithm**

425 Here we detail the isGWAS procedure for computing summary statistics
 426 $\{\hat{\alpha}_{j,M}, \hat{\beta}_{j,M,s_m^*}, \hat{\sigma}_{\alpha_{j,M}}, \hat{\sigma}_{\beta_{j,M,s_m^*}}\}$ using only four data points,

427
$$\left\{ N_j, \sum_{i=1}^{N_j} y_i = N_j^*, \sum_{i=1}^{N_j} y_i g_{ij,M}, \sum_{i=1}^{N_j} g_{ij,M} = n_{j1} + 2n_{j2}I(M = A) \right\}$$

428 or, as we show, the quadruple

429
$$\{N_j, N_j^*, MAF_{j,M}, MAF_{j,M}^*\},$$

430 where N_j denotes the study or population sample size and N_j^* the number of cases in the sample,
 431 see ad-hoc estimator (Supplementary Information) for definitions of $n_{j..}$. Note that we have
 432 allowed the sample size N and number of cases N^* to vary by genotype j , this is useful when
 433 emulating results from GWAS. This is because the number of individuals analyzed in GWAS
 434 can vary by genotype owing to (e.g.,) quality of imputation or available data per variant and
 435 participant in a study. Ideally the sample size and number of cases would not vary by genotype
 436 and when using isGWAS to forecast GWAS results, users do not need not vary N_j , i.e.,

437
$$N_j = N \quad \text{and} \quad N_j^* = N^*, \quad j = 1, 2, \dots, Q.$$

438 Given a vector of observed data $\{\mathbf{y}, \mathbf{g}_{j,s_m^*}\}$, where $\mathbf{y} = \{y_1, y_2, \dots, y_{N_j}\}$ and $\mathbf{g}_{j,s_m^*} =$
 439 $\{g_{1j}, g_{2j}, \dots, g_{N_j}\}$, estimates of model parameters are typically derived by maximizing the log-
 440 likelihood function

$$442 \quad L(\boldsymbol{\beta}_{j,M,s_m^*}) = \sum_{i=1}^{N_j} \log P(y_i | \boldsymbol{\beta}_{j,M,s_m^*}, g_{ij,M,s_m^*}),$$

441 which is equivalent to identifying parameter values $\boldsymbol{\beta}_{j,M,s_m^*} = \{\alpha_{j,M}, \beta_{j,M,s_m^*}\}$ which satisfy:

$$443 \quad \frac{\partial L(\boldsymbol{\beta}_{j,M,s_m^*})}{\partial \boldsymbol{\beta}_{j,M,s_m^*}} = V(\boldsymbol{\beta}_{j,M,s_m^*}, I_F) = 0,$$

444 where $V(\boldsymbol{\beta}_{j,M,s_m^*}, I_F)$ denotes the logistic score function, i.e.,

$$445 \quad V(\boldsymbol{\beta}_{j,M,s_m^*}, I_F) = \tilde{\mathbf{g}}_{j,M,s_m^*}^T (\mathbf{y} - \pi_{\mathbf{y}|\tilde{\mathbf{g}}_{j,M,s_m^*}}) + I_F K(\boldsymbol{\beta}_{j,M,s_m^*}) = 0,$$

446 with I_F denoting an indicator function used to highlight that a Firth modified version of the
 447 score function has been used. For ease of mathematical presentation initially, we detail the Firth
 448 adjusted SaLN-R algorithm later, i.e., we set $I_F = 0$ in this section. Additionally, to improve
 449 succinctness of notation, we drop the use of the parameter s_m^* - reintroducing where necessary
 450 - and set $\boldsymbol{\beta}_{j,M} = \{\alpha_{j,M}, \beta_{j,M}\}$ and $\tilde{\mathbf{g}}_{j,M} = (1, g_{j,M})$ above, so that $\boldsymbol{\beta}_{j,M} \tilde{\mathbf{g}}_{j,M}^T = \alpha_{j,M} + \beta_{j,M} g_{j,M}$.

451 We compute candidate solutions to by expanding $V(\boldsymbol{\beta}_{j,M})$ as a Taylor series about a value
 452 $\boldsymbol{\beta}_{j0,M}$ and up to second order, i.e., using the Newton-Raphson (N-R) method:

$$453 \quad V(\boldsymbol{\beta}_{j,M}) = V(\boldsymbol{\beta}_{j0,M}) + \frac{\partial V(\boldsymbol{\beta}_{j,M})}{\partial \boldsymbol{\beta}_{j,M}} \bigg|_{\boldsymbol{\beta}_{j0,M}} (\boldsymbol{\beta}_{j,M} - \boldsymbol{\beta}_{j0,M}) + \mathcal{O}\left((\boldsymbol{\beta}_{j,M} - \boldsymbol{\beta}_{j0,M})^2\right),$$

454 Which is re-written as

$$455 \quad \boldsymbol{\beta}_{j,M} = \boldsymbol{\beta}_{j0,M} + \mathcal{J}^{-1}(\boldsymbol{\beta}_{j0,M}) V(\boldsymbol{\beta}_{j0,M}) + \mathcal{O}\left((\boldsymbol{\beta}_{j,M} - \boldsymbol{\beta}_{j0,M})^2\right)$$

456 and generalized into an N-R iterative algorithm:

$$457 \quad \boldsymbol{\beta}_{j(k+1),M,s_m^*} = \boldsymbol{\beta}_{jk,M,s_m^*} + \mathcal{J}^{-1}(\boldsymbol{\beta}_{jk,M,s_m^*}) V(\boldsymbol{\beta}_{jk,M,s_m^*}) + \mathcal{O}\left((\boldsymbol{\beta}_{j(k+1),M,s_m^*} - \boldsymbol{\beta}_{jk,M,s_m^*})^2\right), \quad k = 0, 1, \dots, K,$$

458 where we have re-introduced s_m^* to highlight that the algorithm is dependent on the choice of
 459 effect scale. The variable \mathcal{I}^{-1} denotes the inverse Fisher Information matrix, where

460
$$\mathcal{I}(\boldsymbol{\beta}_{jk,M}) = - \frac{\partial V(\boldsymbol{\beta}_{jk,M})}{\partial \boldsymbol{\beta}_{jk,M}} \Big|_{\boldsymbol{\beta}_{jk,M} = \boldsymbol{\beta}_{jk,M}}$$

461
$$= \tilde{\mathbf{g}}_{j,M}^T \text{diag} \left(\pi_{y_i|g_{j,M}} \left(1 - \pi_{y_i|g_{j,M}} \right) \right) \tilde{\mathbf{g}}_{j,M} \Big|_{\boldsymbol{\beta}_{jk,M} = \boldsymbol{\beta}_{jk,M}}$$

462
$$= \begin{pmatrix} \sum_{i=1}^{N_j} \pi_{y_i|g_{ij,M}} \left(1 - \pi_{y_i|g_{ij,M}} \right) & \sum_{i=1}^{N_j} \pi_{y_i|g_{ij,M}} \left(1 - \pi_{y_i|g_{ij,M}} \right) g_{ij,M} \\ \sum_{i=1}^{N_j} \pi_{y_i|g_{ij,M}} \left(1 - \pi_{y_i|g_{ij,M}} \right) g_{ij,M} & \sum_{i=1}^{N_j} \pi_{y_i|g_{ij,M}} \left(1 - \pi_{y_i|g_{ij,M}} \right) g_{ij,M}^2 \end{pmatrix} \Big|_{\boldsymbol{\beta}_{jk,M} = \boldsymbol{\beta}_{jk,M}}$$

463 and the score function is given by

464
$$V(\boldsymbol{\beta}_{jk,M}) = \tilde{\mathbf{g}}_{j,M}^T \left(\mathbf{y} - \pi_{y|g_{j,M}} \right) \Big|_{\boldsymbol{\beta}_{jk,M} = \boldsymbol{\beta}_{jk,M}}$$

465
$$= \begin{pmatrix} \sum_{i=1}^{N_j} \left(y_i - \pi_{y_i|g_{ij,M}} \right) \\ \sum_{i=1}^{N_j} \left(y_i - \pi_{y_i|g_{ij,M}} \right) g_{ij,M} \end{pmatrix} \Big|_{\boldsymbol{\beta}_{jk,M} = \boldsymbol{\beta}_{jk,M}}$$

466 Both $\mathcal{I}(\boldsymbol{\beta}_{jk,M})$ and $V(\boldsymbol{\beta}_{jk,M})$ above require individual-level data to compute their values.
 467 isGWAS aims to estimate values for these variables using sample-level information only,
 468 thereby avoiding the immediate need for individual data. To achieve this, we approximate both
 469 the Fisher Information matrix and the Score function via the pair $\{\mathcal{I}_{\mathbb{E}}(\boldsymbol{\beta}_{jk,M}), V_{\mathbb{E}}(\boldsymbol{\beta}_{jk,M})\}$,
 470 where:

471
$$\mathcal{I}_{\mathbb{E}}(\boldsymbol{\beta}_{jk,M}) = N_j \begin{pmatrix} \mathbb{E}_{g_{j,M}} \left[\pi_{y|g_{j,M}} \left(1 - \pi_{y|g_{j,M}} \right); \boldsymbol{\beta}_{jk,M} \right] & \mathbb{E}_{g_{j,M}} \left[\pi_{y|g_{j,M}} \left(1 - \pi_{y|g_{j,M}} \right) g_{j,M}; \boldsymbol{\beta}_{jk,M} \right] \\ \mathbb{E}_{g_{j,M}} \left[\pi_{y|g_{j,M}} \left(1 - \pi_{y|g_{j,M}} \right) g_{j,M}; \boldsymbol{\beta}_{jk,M} \right] & \mathbb{E}_{g_{j,M}} \left[\pi_{y|g_{j,M}} \left(1 - \pi_{y|g_{j,M}} \right) g_{j,M}^2; \boldsymbol{\beta}_{jk,M} \right] \end{pmatrix}$$

472 and

473
$$V_{\mathbb{E}}(\boldsymbol{\beta}_{jk,M}) = \begin{pmatrix} \sum_{i=1}^{N_j} y_i - N_j \mathbb{E}_{g_{j,M}} \left[\pi_{y|g_{j,M}}; \boldsymbol{\beta}_{jk,M} \right] \\ \sum_{i=1}^{N_j} y_i g_{ij,M} - N_j \mathbb{E}_{g_{j,M}} \left[\pi_{y|g_{j,M}} g_{j,M}; \boldsymbol{\beta}_{jk,M} \right] \end{pmatrix}$$

474

$$\approx \begin{pmatrix} N_j^* - N_j \mathbb{E}_{g_{j,M}} [\pi_{y|g_{j,M}}; \boldsymbol{\beta}_{jk,M}] \\ N_j^* \mathbb{E}_{g_{j,M}} [g_{j,M} | y = 1] - N_j \mathbb{E}_{g_{j,M}} [\pi_{y|g_{j,M}} g_{j,M}; \boldsymbol{\beta}_{jk,M}] \end{pmatrix}, \quad N_j^* \gg 1.$$

475

476 with $\mathbb{E}_{g_{j,M}} [\cdot; \boldsymbol{\beta}_{jk,M}]$ denoting that expectation is taken with respect to $g_{j,M}$ and evaluated at
 477 $\boldsymbol{\beta}_{j,M} = \boldsymbol{\beta}_{jk,M}$. Note that $\{\mathcal{I}_{\mathbb{E}}(\boldsymbol{\beta}_{jk,M}), V_{\mathbb{E}}(\boldsymbol{\beta}_{jk,M})\}$ are motivated by switching from empirical, i.e.,
 478 sample-based, estimates in $\{\mathcal{I}(\boldsymbol{\beta}_{jk,M}), V(\boldsymbol{\beta}_{jk,M})\}$ to their expected value analogues, which
 479 reverses the usual mode of estimation. Sample size N_j is presumed large and thus switching
 480 from sample-based to expected values in the N-R algorithm is well motivated. However, when
 481 the number of cases N_j^* is ‘small’, an approximation of $\sum_{i=1}^{N_j} y_i g_{j,M} \approx N_j^* \mathbb{E}_{g_{j,M}} [g_{j,M} | y = 1]$
 482 becomes weaker and we recommend using the statistic $\sum_{i=1}^{N_j} y_i g_{j,M}$. Values for the elements in
 483 $\{\mathcal{I}_{\mathbb{E}}(\boldsymbol{\beta}_{jk,M}), V_{\mathbb{E}}(\boldsymbol{\beta}_{jk,M})\}$ are computed via:

484

$$\mathbb{E}_{g_{j,M,s_m^*}} [\pi_{y|g_{j,M,s_m^*}} (1 - \pi_{y|g_{j,M,s_m^*}}) g_{j,M,s_m^*}^c; \boldsymbol{\beta}_{jk,M,s_m^*}] =$$

485

$$\sum_{l=0}^{s_m} \pi_{y|g_{j,M}=l/w_{s_m^*}; \boldsymbol{\beta}_{jk,M,s_m^*}} (1 - \pi_{y|g_{j,M}=l/w_{s_m^*}; \boldsymbol{\beta}_{jk,M,s_m^*}}) \left(\frac{l}{w_{s_m^*}}\right)^c p(g_{j,M} = l/w_{s_m^*})$$

486

$$= e_{j,M}^{(c,k)}$$

487 and

488

$$\mathbb{E}_{g_{j,M,s_m^*}} [\pi_{y|g_{j,M,s_m^*}} g_{j,M,s_m^*}^c | \boldsymbol{\beta}_{jk,M,s_m^*}] =$$

489

$$\sum_{l=0}^{s_m} \pi_{y|g_{j,M}=l/w_{s_m^*}; \boldsymbol{\beta}_{jk,M,s_m^*}} \left(\frac{l}{w_{s_m^*}}\right)^c p(g_{j,M} = l/w_{s_m^*})$$

490

$$= \tilde{e}_{j,M}^{(c,k)},$$

491 where $w_{s_m^*} = (1 + (\sigma_{g_i} - 1)s_m^*)$ and the superscript and subscript in $e_M^{(c,k)}, \tilde{e}_M^{(c,k)}$ are used to
 492 highlight that expectation has been taken conditional on k-th iteration $\beta_{jk,M}$ and under

493 modelling assumption M (and implicitly effect scale s_m^*). Probability mass $p(g_{j,M} = l/w_{s_m^*})$
 494 is either defined a-priori or can be approximated empirically, which we detail later. In
 495 combination, therefore, it follows that:

496
$$\mathcal{I}_{\mathbb{E}}(\boldsymbol{\beta}_{jk,M,s_m^*}) = N_j \begin{pmatrix} e_{j,M}^{(0,k)} & e_{j,M}^{(1,k)} \\ e_{j,M}^{(1,k)} & e_{j,M}^{(2,k)} \end{pmatrix}$$

497 and

498
$$\mathcal{I}_{\mathbb{E}}^{-1}(\boldsymbol{\beta}_{jk,M,s_m^*}) = \frac{1}{N_j (e_{j,M}^{(0,k)} e_M^{(2,k)} - (e_{j,M}^{(1,k)})^2)} \begin{pmatrix} e_{j,M}^{(2,k)} & -e_{j,M}^{(1,k)} \\ -e_{j,M}^{(1,k)} & e_{j,M}^{(0,k)} \end{pmatrix}.$$

499 Following the same process that led to the above, we re-write the sample-level Score function
 500 $V_{\mathbb{E}}(\boldsymbol{\beta}_{jk,M,s_m^*})$ as:

501
$$V_{\mathbb{E}}(\boldsymbol{\beta}_{jk,M,s_m^*}) = \begin{pmatrix} N_j^* - N_j \tilde{e}_{j,M}^{(0,0)} \\ \sum_{i: y_i=1} g_{ij,M,s_m^*} - N_j \tilde{e}_{j,M}^{(1,0)} \end{pmatrix}$$

 502
$$\approx \begin{pmatrix} N_j^* - N_j \tilde{e}_{j,M}^{(0,0)} \\ \frac{S_M N_j^* MAF_{j,M}^*}{w_{s_m^*}} - N_j \tilde{e}_{j,M}^{(1,0)} \end{pmatrix}, \quad N_j^* \gg 1,$$

503 where we have used the following approximation:

504
$$\sum_{i: y_i=1} g_{ij,M,s_m^*} \approx N_j^* \mathbb{E}_{g_{j,M}}[g_{j,M,s_m^*} | y = 1] = \frac{S_M N_j^* MAF_{j,M}^*}{w_{s_m^*}}.$$

505 Hence, replacing the pair $\{\mathcal{I}(\boldsymbol{\beta}_{jk,M,s_m^*}), V(\boldsymbol{\beta}_{jk,M,s_m^*})\}$ with the sample-level approximations
 506 $\{\mathcal{I}_{\mathbb{E}}(\boldsymbol{\beta}_{jk,M,s_m^*}), V_{\mathbb{E}}(\boldsymbol{\beta}_{jk,M,s_m^*})\}$ we furnish the SaLN-R algorithm:

507
$$\boldsymbol{\beta}_{j(k+1),M,s_m^*} = \boldsymbol{\beta}_{jk,M,s_m^*} + \mathcal{I}_{\mathbb{E}}^{-1}(\boldsymbol{\beta}_{jk,M,s_m^*}) V_{\mathbb{E}}(\boldsymbol{\beta}_{jk,M,s_m^*})$$

 508
$$= \boldsymbol{\beta}_{jk,M,s_m^*} + \frac{1}{N_j (e_{j,M}^{(0,k)} e_{j,M}^{(2,k)} - (e_{j,M}^{(1,k)})^2)} \begin{pmatrix} e_{j,M}^{(2,k)} & -e_{j,M}^{(1,k)} \\ -e_{j,M}^{(1,k)} & e_{j,M}^{(0,k)} \end{pmatrix} \begin{pmatrix} N_j^* - N_j \tilde{e}_{j,M}^{(0,k)} \\ \frac{S_M N_j^* MAF_{j,M}^*}{w_{s_m^*}} - N_j \tilde{e}_{j,M}^{(1,k)} \end{pmatrix}.$$

509 The standard error of the updates, $\hat{\sigma}_{\boldsymbol{\beta}_{j(k+1),M,s_m^*}} = \{\hat{\sigma}_{\alpha_{j(k+1),M,s_m^*}}, \hat{\sigma}_{\beta_{j(k+1),M,s_m^*}}\}$, are given by the
 510 diagonal of the inverse Fisher information matrix, i.e.,

511
$$\hat{\sigma}_{\alpha_{j(k+1),M,s_m^*}} = \sqrt{\frac{e_{j,M}^{(2,k)}}{N_j \left(e_{j,M}^{(0,k)} e_{j,M}^{(2,k)} - (e_{j,M}^{(1,k)})^2 \right)}},$$

512
$$\hat{\sigma}_{\beta_{j(k+1),M,s_m^*}} = \sqrt{\frac{e_{j,M}^{(0,k)}}{N_j \left(e_{j,M}^{(0,k)} e_{j,M}^{(2,k)} - (e_{j,M}^{(1,k)})^2 \right)}}.$$

513 It can be shown from the above that:

514
$$\boldsymbol{\beta}_{jk,M,s_m^*=1} = \sigma_{g_i} \boldsymbol{\beta}_{jk,M,s_m^*=0},$$

515
$$\hat{\sigma}_{\beta_{j(k+1),M,s_m^*=1}} = \sigma_{g_i} \hat{\sigma}_{\beta_{j(k+1),M,s_m^*=0}}.$$

516 We set $s_m^* = 0$ to compute values for the pair $\{\hat{\beta}_{jk,M,0}, \hat{\sigma}_{\beta_{j(k+1),M,0}}\}$ and use the above identities

517 to return parameter estimates on the standardized scale $s_m^* = 1$. The data required to run the

518 SaLN-R algorithm are:

519
$$\left\{ N_j, N_j^*, \sum_{i=1}^{N_j} y_i g_{ij,M}, p(g_{j,M} = 1) \right\} \bigcup \left\{ \begin{array}{ll} \emptyset, & S_M = 1, \\ p(g_{j,M} = 2), & S_M = 2. \end{array} \right\}$$

520 We use the approximations

521
$$p(g_{j,M} = 1) \approx \frac{n_{j1}}{N_j} \xrightarrow[HWE]{N_j \gg 1} \begin{cases} MAF_{j,M}, & S_M = 1, \\ 2MAF_{j,M}(1 - MAF_{j,M}), & S_M = 2, \end{cases}$$

522
$$p(g_{j,M} = 2) \approx \frac{n_{j2}}{N_j} \xrightarrow[HWE]{N_j \gg 1} MAF_{j,M}^2,$$

523 where $\xrightarrow[HWE]{}$ is used to denote under Hardy-Weinberg equilibrium.

524 The SaLN-R algorithm is extended to include Firth's penalty function (see **Supplementary**
525 **Information for more details**):

526
$$\boldsymbol{\beta}_{j(k+1),M,s_m^*} = \boldsymbol{\beta}_{jk,M,s_m^*} + \frac{1}{\left(\left(e_M^{(0,k)} - \frac{\partial_{\alpha_{j,M}} K_{\mathbb{E}}^{(\alpha_{j,M})}}{N_j} \right) \left(e_M^{(2,k)} - \frac{\partial_{\beta_{j,M}} K_{\mathbb{E}}^{(\beta_{j,M})}}{N_j} \right) - \left(e_M^{(1,k)} - \frac{\partial_{\beta_{j,M}} K_{\mathbb{E}}^{(\alpha_{j,M})}}{N_j} \right)^2 \right)}$$

527
$$\times \begin{pmatrix} e_M^{(2,k)} - \frac{\partial_{\alpha_{j,M}} K_{\mathbb{E}}^{(\alpha_{j,M})}}{N_j} & -e_M^{(1,k)} + \frac{\partial_{\beta_{j,M}} K_{\mathbb{E}}^{(\alpha_{j,M})}}{N_j} \\ -e_M^{(1,k)} + \frac{\partial_{\beta_{j,M}} K_{\mathbb{E}}^{(\alpha_{j,M})}}{N_j} & e_M^{(0,k)} - \frac{\partial_{\beta_{j,M}} K_{\mathbb{E}}^{(\beta_{j,M})}}{N_j} \end{pmatrix} \begin{pmatrix} \pi_j^* - \tilde{e}_M^{(0,k)} + K_{\mathbb{E}}^{(\alpha_{j,M})} / N_j \\ \frac{S_M \pi_j^* MAF_{j,M}^*}{w_{s_m^*}} - \tilde{e}_M^{(1,k)} + K_{\mathbb{E}}^{(\beta_{j,M})} / N_j \end{pmatrix},$$

528

529 where

530
$$K_{\mathbb{E}}(\beta_{j,M}) = \frac{1}{2 \left(e_{j,M}^{(0,k)} e_{j,M}^{(2,k)} - (e_{j,M}^{(1,k)})^2 \right)} \begin{pmatrix} d_{\alpha_{j,M}}^{(0,k)} e_{j,M}^{(2,k)} + d_{\alpha_{j,M}}^{(2,k)} e_{j,M}^{(0,k)} - 2 d_{\alpha_{j,M}}^{(1,k)} e_{j,M}^{(1,k)} \\ d_{\beta_{j,M}}^{(0,k)} e_{j,M}^{(2,k)} + d_{\beta_{j,M}}^{(2,k)} e_{j,M}^{(0,k)} - 2 d_{\beta_{j,M}}^{(1,k)} e_{j,M}^{(1,k)} \end{pmatrix}$$

531 and

532
$$d_{\alpha_{j,M}}^{(c+1,k)} = d_{\beta_{j,M}}^{(c,k)} = \frac{\partial e_{j,M}^{(c,k)}}{\partial \beta_{j,M}}.$$

533

534 **isGWAS is computed using sufficient statistics**

535 Under Hardy-Weinberg equilibrium, the quadruple $\{N_j, N_j^*, MAF_{j,M}, MAF_{j,M}^*\}$ are combined to
 536 form the global and local (under a wide radius of convergence) sufficient statistics from the
 537 logistic model. Consequently, they hold all necessary information to compute regression
 538 parameter estimates $\{\hat{\alpha}_{j,M}, \hat{\beta}_{j,M, s_m^*}, \hat{\sigma}_{\alpha_{j,M}}, \hat{\sigma}_{\beta_{j,M, s_m^*}}\}$ over a broad range of scenarios. Regardless
 539 of Hardy-Weinberg being valid or not, we show that the triple $\{T_{1j}, T_{2j}, T_{3j}\}$,

540
$$\left\{ T_{1j} = \sum_{i=1}^{N_j} y_i = N_j^*, \quad T_{2j} = \sum_{i=1}^{N_j} y_i g_{ij,M, s_m^*}, \quad T_{3j} = \sum_{i=1}^{N_j} g_{ij,M, s_m^*} \right\},$$

541 are the two global and one local sufficient statistics and these can alternatively be used as input
 542 variables in isGWAS. To show this, we write:

543
$$L(\beta_{j,M, s_m^*}) = \sum_{i=1}^{N_j} \log P(y_i | \beta_{j,M, s_m^*}, g_{ij,M, s_m^*})$$

544

$$= \alpha_{j,M,s_m^*} \sum_{i=1}^{N_j} y_i + \beta_{j,M,s_m^*} \sum_{i=1}^{N_j} y_i g_{ij,M,s_m^*}$$

545

$$+ \sum_{i=1}^{N_j} \log \left(1 - P(y_i = 1 | \boldsymbol{\beta}_{j,M,s_m^*}, g_{ij,M,s_m^*}) \right)$$

546

$$= \alpha_{j,M,s_m^*} T_{1j} + \beta_{j,M,s_m^*} T_{2j} - \sum_{i=1}^{N_j} \log(1 + \exp \alpha_{j,M,s_m^*})$$

547

$$- \sum_{i=1}^{N_j} \log \left(1 + \frac{\exp \alpha_{j,M,s_m^*}}{1 + \exp \alpha_{j,M,s_m^*}} \left((\exp \beta_{j,M,s_m^*} g_{ij,M,s_m^*}) - 1 \right) \right)$$

548

$$= \alpha_{j,M,s_m^*} T_{1j} + \beta_{j,M,s_m^*} \left(T_{2j} - \frac{\exp \alpha_{j,M,s_m^*}}{1 + \exp \alpha_{j,M,s_m^*}} T_{3j} \right) - N_j \log(1 - \exp \alpha_{j,M,s_m^*})$$

549

$$+ \mathcal{O} \left(\frac{\exp \alpha_{j,M,s_m^*}}{1 + \exp \alpha_{j,M,s_m^*}} (\beta_{j,M,s_m^*} g_{j,M,s_m^*})^2 \right)$$

550

$$= f(T_{1j}, T_{2j}, T_{3j}; \alpha_{j,M,s_m^*}, \beta_{j,M,s_m^*}) + \mathcal{O} \left(\frac{\exp \alpha_{j,M,s_m^*}}{1 + \exp \alpha_{j,M,s_m^*}} (\beta_{j,M,s_m^*} g_{j,M,s_m^*})^2 \right)$$

551 and valid when

552

$$\frac{\exp \alpha_{j,M,s_m^*}}{1 + \exp \alpha_{j,M,s_m^*}} |(\exp \beta_{j,M,s_m^*} g_{j,M,s_m^*}) - 1| < 1.$$

553 Hence, the global sufficient statistics are $\{T_{1j}, T_{2j}\}$ and (on assuming random g_{ij,M,s_m^*} as in the
554 SaLN-R algorithm) the locally sufficient statistic is $\{T_{3j}\}$, where:

555

$$T_{1j} = \sum_{i=1}^{N_j} y_i = N_j^*, \quad T_{2j} = \sum_{i=1}^{N_j} y_i g_{ij,M,s_m^*}$$

556 and

557

$$T_{3j} = \sum_{i=1}^{N_j} g_{ij,M,s_m^*} = \begin{cases} n_{j1}, & S_M = 1, \\ n_{j1} + 2n_{j2}, & S_M = 2. \end{cases}$$

558 Under Hardy-Weinberg equilibrium, we can write

559

$$T_{2j} = s_m^* N_j MAF_j^* \quad \text{and} \quad T_{3j} = s_m^* N_j MAF_j.$$

560

561 **Leapfrog re-sampler: forecasting results in target sample sizes**

562 To estimate regression parameters $\{\alpha_{j,M,s_m^*}, \beta_{j,M,s_m^*}\}$ in larger target sample sizes, i.e., $\hat{N}_j > N_j$,

563 we propose the following strategy:

564 1. **Specify number K , sub-sample γ_1 and target sample γ_2 parameters**, where $K \geq 1$,

565 $0 < \gamma_1 < 1$ and $\gamma_2 > 1$.

566 2. **Generate random sub-samples of individuals of size $\tilde{N}_j = \gamma_1 N_j < N_j$** . For each of

567 $k = 1, 2, \dots, K$, generate a random sub-sample $D_{k,\gamma_1} \subset D$, where $|D_{k,\gamma_1}| = \tilde{N}_j = \gamma_1 N_j$.

568 3. **(Leapfrog-step) Compute subsample quadruple and project to target sample size**

569 \hat{N}_j . For each subsample D_{k,γ_1} , compute values $\{\tilde{N}_{ij}^*, \widetilde{MAF}_{kj,M}, \widetilde{MAF}^*_{kj,M}\}$ and project

570 these on to the target sample size, i.e., $d_{k,\gamma_{1,2}} =$

571 $\left\{ \left(\frac{\gamma_2}{\gamma_1} \right) \tilde{N}_{kj}, \left(\frac{\gamma_2}{\gamma_1} \right) \tilde{N}_{ij}^*, \widetilde{MAF}_{kj,M}, \widetilde{MAF}^*_{kj,M} \right\}$ for sample D_{k,γ_1}

572

- Note that $\left(\frac{\gamma_2}{\gamma_1} \right) \tilde{N}_{kj} = \hat{N}_j$, which is the target ‘future’ sample size.

573 4. **Deploy isGWAS across all K (projected) quadruples $d_{k,\gamma_{1,2}}$ and record each estimate**

574 of the genetic effects, standard error and p-value $\left\{ \hat{\beta}_{k,j,M,s_m^*}, \hat{\sigma}_{\beta_{k,j,M,s_m^*}}, p_{k,j,M,s_m^*} \right\}_{k=1:K}$.

575 5. **Estimate p-value in target sample size** as a summary point estimate (e.g., median) or

576 range across all K sub-samples,

577 $p_{target_{j,M,s_m^*}} = \text{median}\{p_{k,j,M,s_m^*}\}_{k=1:K}$.

578

579 Data Quality Control: preparation of sufficient statistics for isGWAS

580 In order to deploy isGWAS successfully, the sufficient statistics are required to be
581 prepared in a sample where only a single individual (preferably case) from pairs or n-
582 tuples of 3rd, 2nd and 1st degree relatives is retained. Additionally, ethnical outliers must
583 also be removed. In summary, to deploy isGWAS successfully we require either: (a)
584 access to the sufficient statistics computed after duplications of related n-tuples and
585 ethnical outliers are removed; or (b) access to the individual level data, whereupon the
586 sufficient statistics can be prepared as described in (a). We provide a detailed outline of
587 recommended Quality Control for genetic Individual Level Data (ILD) to running
588 successfully isGWAS in **Supplementary Information**.

589

590 Application to Biobank data

591 The GWAS results used in the assessment of isGWAS were taken from large-scale analyses of
592 UK Biobank[13], Biobank Japan[14] and the Psychiatric Genomics Consortium[15].
593 The UK Biobank[13] is a large-scale biomedical database and research resource containing
594 in-depth genetic and health information from half a million UK participants. From the full
595 available UK Biobank cohort, we obtain phenotypes for seven different diseases with varying
596 levels of prevalence. These are Hypertension (IC10:I10), Asthma (IC10:J45), Atherosclerosis
597 (IC10:I25), Glaucoma (IC10:H40), Stroke (IC10:I63), Colon Cancer (IC10:C18) and Thyroid
598 Gland Cancer (IC10:C73) patients. From a total cohort of 502,422 participants, we used the
599 following inclusion criteria: white British (Field 22006), non-related (>3rd degree), no
600 patients with difference in reported (Field 31) and genetic (Field 22001) sex, no patients with
601 aneuploidy (Field 22019), no patients with unusual heterozygosity and high missing rates

602 (Field 22027). The ethnicity component is obtained from samples who self-identified as
603 'White British' according to Field 21000 and have very similar genetic ancestry based on a
604 principal components analysis of the genotypes. Retaining one related individual (where we
605 favour the retention of cases) we obtain a working sample size of ~335,000 individuals; the
606 approximate value is owing to small differences in the number of cases between disease
607 phenotypes (**Supplementary Information**). Comparative analysis for these varying
608 populations is reported in the main text. The prevalence ratios and exact number of cases and
609 controls are provided in **Supplementary Table 1**. The variant based statistics needed for
610 isGWAS were obtained from the imputed UK Biobank dataset. A quality info score>0.9 is
611 applied to the data, and the number of cases and controls per variant and the MAF for variant
612 in cases and controls is based on patients with non-missing genotypes for the variant using
613 software PLINK[4]. Sample-level MAF>0.001 is used as inclusion criteria for the variants to
614 analyse. For each disease, we run isGWAS analysis using default settings under the 'additive'
615 genetic model. In addition, we also perform GWAS analysis using two-step REGENIE[8]
616 applied to all variants with a MAF>0.001 and Genotype Score>0.99. Firth correction was
617 enabled and performed on variants with p-value<0.1. REGENIE was also adjusted for
618 covariate information (age, sex, ancestry). For each disease we provide the following
619 diagnostic plots: 1) mirrored Manhattan plot comparing directly p-values for isGWAS and
620 REGENIE, 2) p-value – p-value plots comparing REGENIE and isGWAS, 3) $\beta - \beta$ plots
621 comparing REGENIE and isGWAS where we have colored the values by a) MAF and b)
622 ratios of computed standard error (SE) between methods, i.e., $\log_2\left(\frac{SE(isGWAS)}{SE(REGENIE)}\right)$. Across all
623 diseases and variants considered, we compare performance of isGWAS and isGWAS-Firth to
624 REGENIE-Firth.

625 Schizophrenia data from the Psychiatric Genomics Consortium[15] was used to conduct two
626 different large-scale GWAS analysis. The first GWAS analysis was executed with data from

627 77,096 European individuals (33,640 cases, 43,456 controls)[25]. The second GWAS analysis
628 was executed with data from the larger 130,644 European individuals (53,386 cases, 77,258
629 controls)[27]. We used the 2014 dataset to infer the 2022 results. To do this, we refine the
630 significant results from both imputed 2014 and 2022 summary statistics using clumping with
631 PLINK. The European 1000 Genomes Project v3[19] dataset was used as a reference population
632 for the clumping procedure. Twelve strategies for clumping were explored: three were LD R^2 -
633 based only, the other nine were a combination of clumping by LD block information and p-
634 value thresholding. The refined variants are used to assess the inference capabilities of isGWAS
635 both within each of the two datasets and the enrichment capabilities of isGWAS to infer p-
636 values of the 2022 dataset using the 2014 dataset. For the 2014 dataset, 225 variants were
637 remaining after the clumping. For the 2022 dataset, 451 variants were remaining after the
638 clumping. From those, 54 are overlapping and 608 is the unique set between the two datasets.

639 The Biobank Japan data was used to conduct a large-scale GWAS with 212,453 Japanese
640 individuals across 42 different diseases[24]. We obtained the published significantly associated
641 loci ($P < 5e-08$) in autosomes from the GWAS findings which amounted to 309 variants across
642 30 different diseases. Similarly, we used the significantly associated X chromosome findings
643 for males and females that amounted to a total of nine significantly associated loci across five
644 diseases, although results are omitted from text. We applied isGWAS to the three different sets
645 of variants using default parameters to assess the performance of isGWAS. To aid association
646 interpretation, we use the following additional statistical tests to assess the accuracy and
647 sensitivity of the isGWAS calculator for the Biobank Japan data. First, a classical ROC curve
648 was produced where the true/false actual value was determined by various p-value thresholds
649 (benchmarked against published Biobank Japan results). The isGWAS calculator is an
650 inferential tool thus this usage of the ROC curve is unconventional, however, it provides us
651 with the opportunity to assess the sensitivity to the choice of thresholds used to correct for

652 multiple testing. These are 10^{-10} , 10^{-8} , 5×10^{-8} , 10^{-7} , where we have also used
653 9.58×10^{-9} for Biobank Japan as recommended by the authors[24]. AUC values were not
654 obtained as this is not a standard classification problem and they are not interpretable in this
655 context. Second, an adapted ROC curve was produced which accounts for two different
656 thresholds – one more stringent one to determine the true positive rate and one less stringent
657 one to determine the true negative rate. **Supplementary Figure 22** showcases this scenario and
658 highlights the importance of a threshold choice and its impact on a sensitivity analysis. The
659 main aim of isGWAS calculator is to be used as an inferential tool for truly significant or truly
660 non-significant genetic signals. Thus, using two thresholds – one for truly significant and one
661 for truly non-significant – provides us the assess the sensitivity of isGWAS to this scientific
662 question. Third, the obtained β values were compared to the true ones by obtaining the
663 percentage of 1) predicted β values in the 95% C.I.s of the true β values and 2) 95% C.I.s of
664 the predicted β values in the 95% C.I.s of the true β values.

665 **Simulation scenarios**

666 In the first scenario, for each individual i and iteration index k , we randomly generate disease
667 status via $y_{ik} \sim Ber(\pi_{ik}; \alpha_k, \beta)$ with probability of disease $\pi_{ik} = expit(\alpha_k + \beta g_{ik})$ and
668 $g_{ik} \sim Bin(2, MAF_k)$. Minor allele frequency is randomly selected from the set $MAF_k \in$
669 $\{10^{-4}, 5 \times 10^{-4}, 0.01\} \cup \{0.025, 0.05, \dots, 0.5\}$ and the genetic effect on disease risk is fixed as
670 $\beta = 0.5$. In the second study, we allow the genetic effect to vary, i.e., $\beta \equiv \beta_k$, by fixing disease
671 status per individual and generating genotype data in controls $g_{ik}|y_{ik} = 0 \sim Bin(2, MAF_k)$ or
672 cases $g_{ik}|y_{ik} = 1 \sim Bin(2, MAF_k^*)$, where minor allele frequency in cases is taken as the outer
673 product with the sample minor allele frequency, with a random increase or decrease in
674 frequency (which controls the magnitude and direction of genetic effect), i.e., we introduce the
675 set $MAF_k^* \in MAF_k \otimes (1 \pm MAF_k)$. The parameter β_k is then estimated via each of the 5
676 estimators using the vector of simulated data $\{\mathbf{y}_k, \mathbf{g}_k\}$.

677 We compare isGWAS and isGWAS-Firth against classical logistic and Firth corrected
678 regression[16], [37], [38]. Details for the second scenario are provided alongside full
679 description of the simulation protocol in the **Supplementary Information**.
680

681 Leapfrog re-sampler: simulation and real-data analyses

682 The parameters $\{K, \gamma_1, \gamma_2\}$ in the leapfrog re-sampler are assessed over a variety of values. To
683 attenuate the computational burden of a 3-dimensional grid search, we considered scenarios in
684 which: $K = 100$, $\gamma_1 = 1/\gamma_2$ and a γ_2 -fold increase in sample size of $\gamma_2 \in$
685 $\{1.1, 1.25, 1.5, \dots, 2.5\}$, i.e., a 10% to 150% increase in sample size. Furthermore, we take our
686 working sample size to be 276,204 individuals, which matches the number of all unrelated
687 individuals in our UKB sample (i.e., on not retaining any member of a related pair – which is
688 therefore fixed between diseases). We used our simulation protocol (**Supplementary**
689 **Information**) to generate synthetic samples and additionally assessed performance across all
690 seven disease datasets in UK Biobank. Variants for assessment were selected after pruning in
691 PLINK[4] was applied to the ~11 million variants with the following parameters: genotype
692 quality > 0.99, MAF > 0.01, HWE $p < 10e - 15$, 1000 bp windows, 100 variant increments,
693 $R^2 > 0.9$. From the pruned variants, 5% were selected uniformly from variants with $p >$
694 10^{-6} and all variants with $p \leq 10^{-6}$ were retained. Final number of variants progressed for
695 LRS for the seven diseases are provided in **Supplementary Table 10**. For simulated data,
696 data for smaller sub-samples were simulated using full cohort and empirical distributions for
697 MAF and disease prevalence. In our tests of the LRS, we assess the predictive properties of
698 isGWAS on real-life data where the ground truth is either computed from the entire sample or
699 provided in the literature. Predictions from X-fold increases in sample size are compared
700 using standard accuracy, FDR, FPR and TPR measures based on a putative true significance
701 threshold of $5e - 08$.

702 **Computational resources**

703 Real-life analyses were performed using up to 48 virtual CPU cores of a 2.5 GHz Intel Xeon
704 Gold 6240R processor with 64 GB of memory. Simulation analyses were performed using up
705 to 8 virtual CPU cores of a 2.4 GHz Intel Core i9 processor.

706 *Computational comparison protocol*

707 We contrast the computational performance of isGWAS and REGENIE (Step-2 only). For
708 clarity, REGENIE Step-1 simplifies the outcome and model by projecting out covariate
709 information, before variant-disease association analyses are performed in Step-2. To directly
710 compare both methods, we performed individual GWA analyses of each of the seven diseases
711 considered in UK Biobank across ~11m variants for ~335,000 individuals. Owing to
712 computational cost of the ILD method, we summarise results from a single GWA analysis per
713 trait. Performance of isGWAS across repeated runs, for varying numbers of SNPs and
714 available CPUs, up to a maximum of 10m variants, is also performed.

715

716 **Data availability**

717 The genotype data, phenotype status and allele counts were extracted from UK Biobank[13] to
718 support the findings of this study. The genome-wide association summary data with available
719 allele frequencies and cohort counts that was used to support the findings of this study are
720 available from: Psychiatric Genomics Consortium[15] and Biobank Japan[14].

721 **Code availability**

722 The tool is available for use on the webportal www.optima-isgwas.com. The isGWAS
723 algorithm is also available on github (<https://github.com/cnfoley/isgwas/>).

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823

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828 Engineering software development team.

829 **Author contributions**

830 CNF developed the mathematical and statistical methodologies, developed the statistical
831 software and conceptualized the design. ZK developed the statistical software and webtool,
832 designed the methodological analysis pipeline and conducted the real-life analyses. REM
833 contributed to the interpretation of results. HR conceptualized and supervised the study. BBS
834 conceptualized, designed the study, contributed to the method, application, and
835 contextualization of the study. All authors contributed to the writing of the manuscript.

836 **Competing interests**

837 BBS and HR are employed by Biogen. CNF and ZK are employed by Optima Partners. REM
838 is an advisor to the Epigenetic Clock Development Foundation and Optima Partners.

Tables

Table 1. Accuracy, true positive rate, false positive rate and false discovery rate of isGWAS using REGENIE results as gold-standard and a threshold of $p = 5e - 08$ as classification rule. Results are obtained on all 11,079,229 variants used for the analysis of seven diseases in UK Biobank without clumping/finemapping.

Disease (ICD code)	Case:control ratio	TPR	FPR	Acc	FDR
Hypertension (I10)	1:2	0.625	0.000026	0.99961	0.041
Asthma (J45)	1:6	0.982	0.000028	0.99994	0.016
Atherosclerosis (I25)	1:9	0.886	0.000011	0.99995	0.043
Glaucoma (H40)	1:26	0.891	0	0.99997	0.036
Stroke (I63)	1:56	NA	0	1	NA
Colon Cancer (C18)	1:94	0.944	0	0.99999	0.037
Thyroid Gland Cancer (C73)	1:669	1	0	0.99999	0.051

Figures

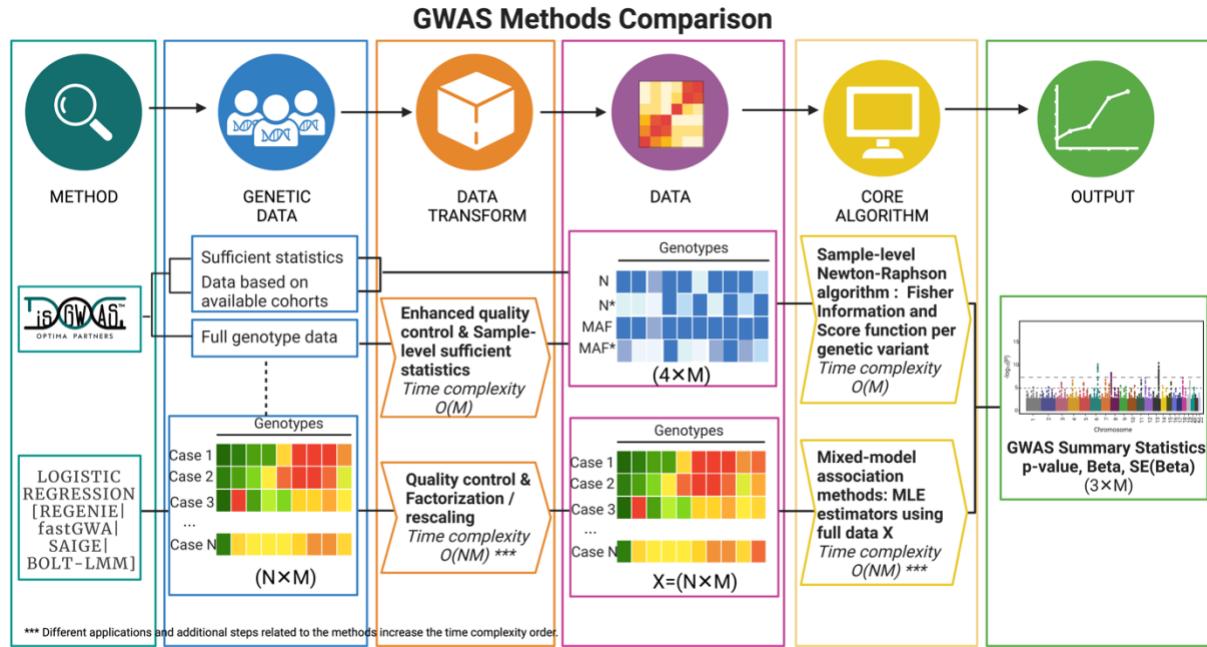


Figure 1. Diagram highlighting main differences between isGWAS and other GWAS approaches.

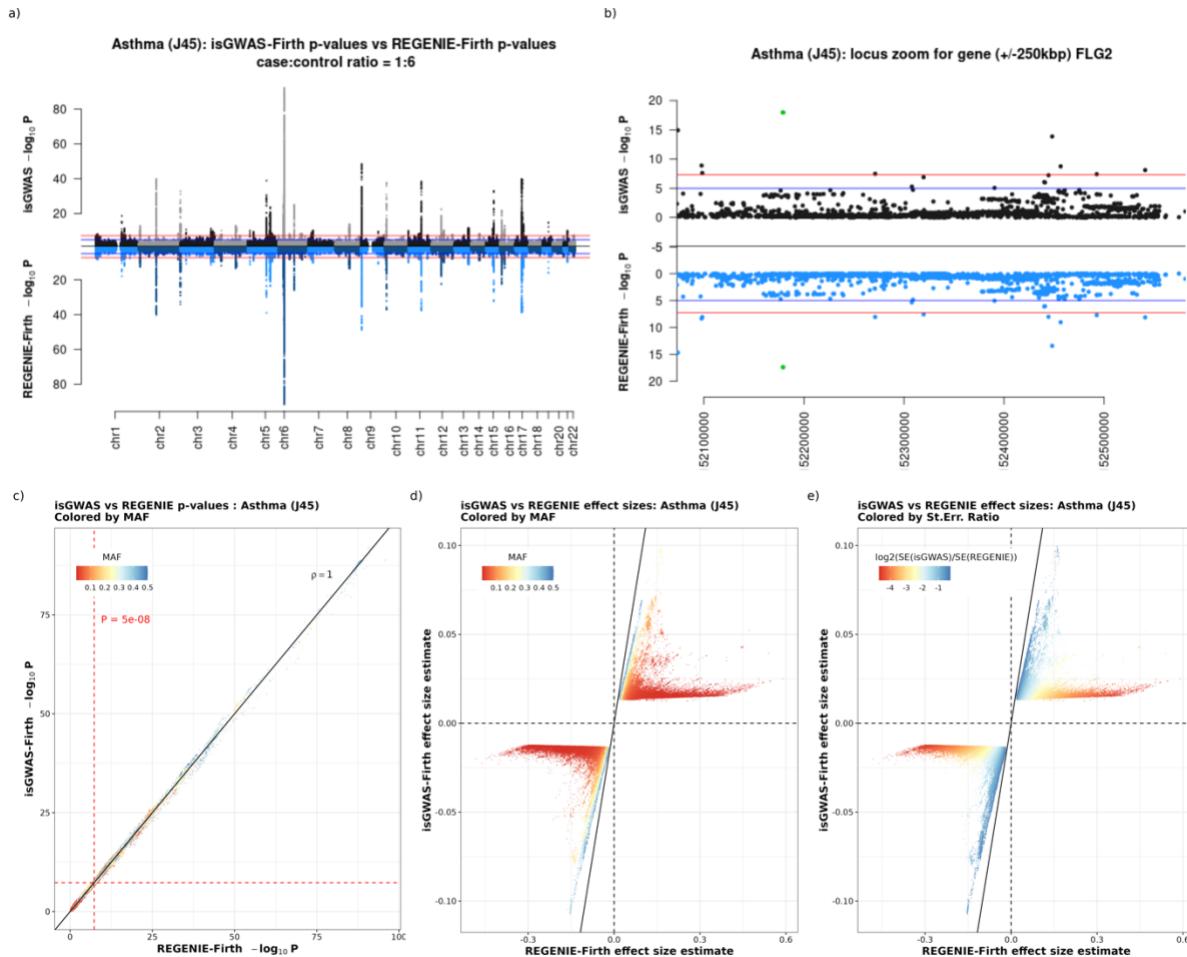


Figure 2. Comparative results for Asthma (IC10:J45) from UK Biobank. Subplot (a) is a mirror Manhattan plot comparing $-\log_{10} P$ values for isGWAS and REGENIE-Firth and subplot (b) is a locus zoom of the gene FLG2 region $\pm 250\text{kbp}$ on chromosome 7. Subplot (c) plots $-\log_{10} P$ values for isGWAS and REGENIE-Firth with the standard threshold P -value indicated colored by population-level MAF. Subplots (d) and (e) showcase $\beta - \beta$ effect size estimates for variants with p -values < 0.05 and are coloured by population-level MAF and $\log_2(\frac{SE(\text{isGWAS})}{SE(\text{REGENIE})})$.

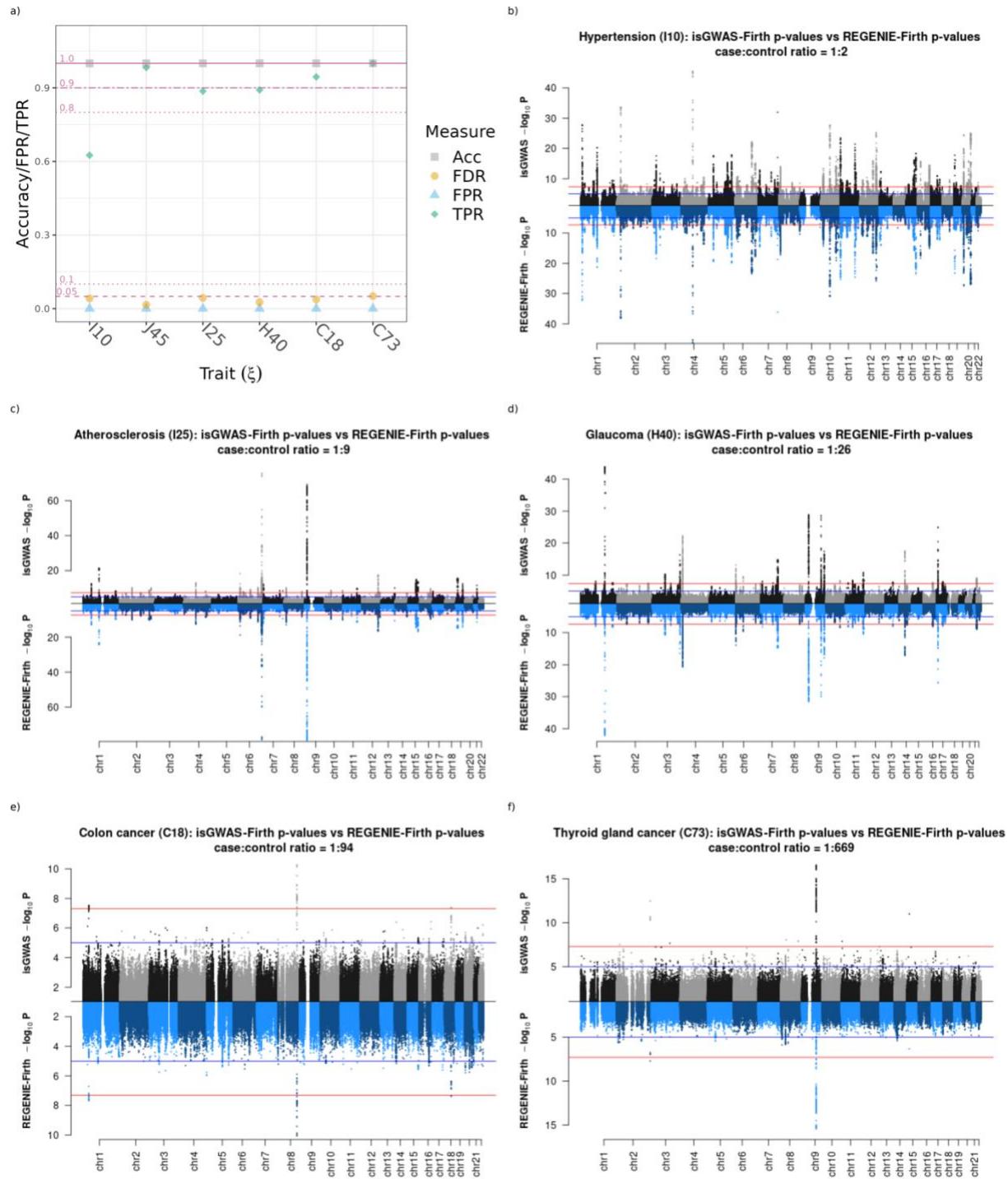
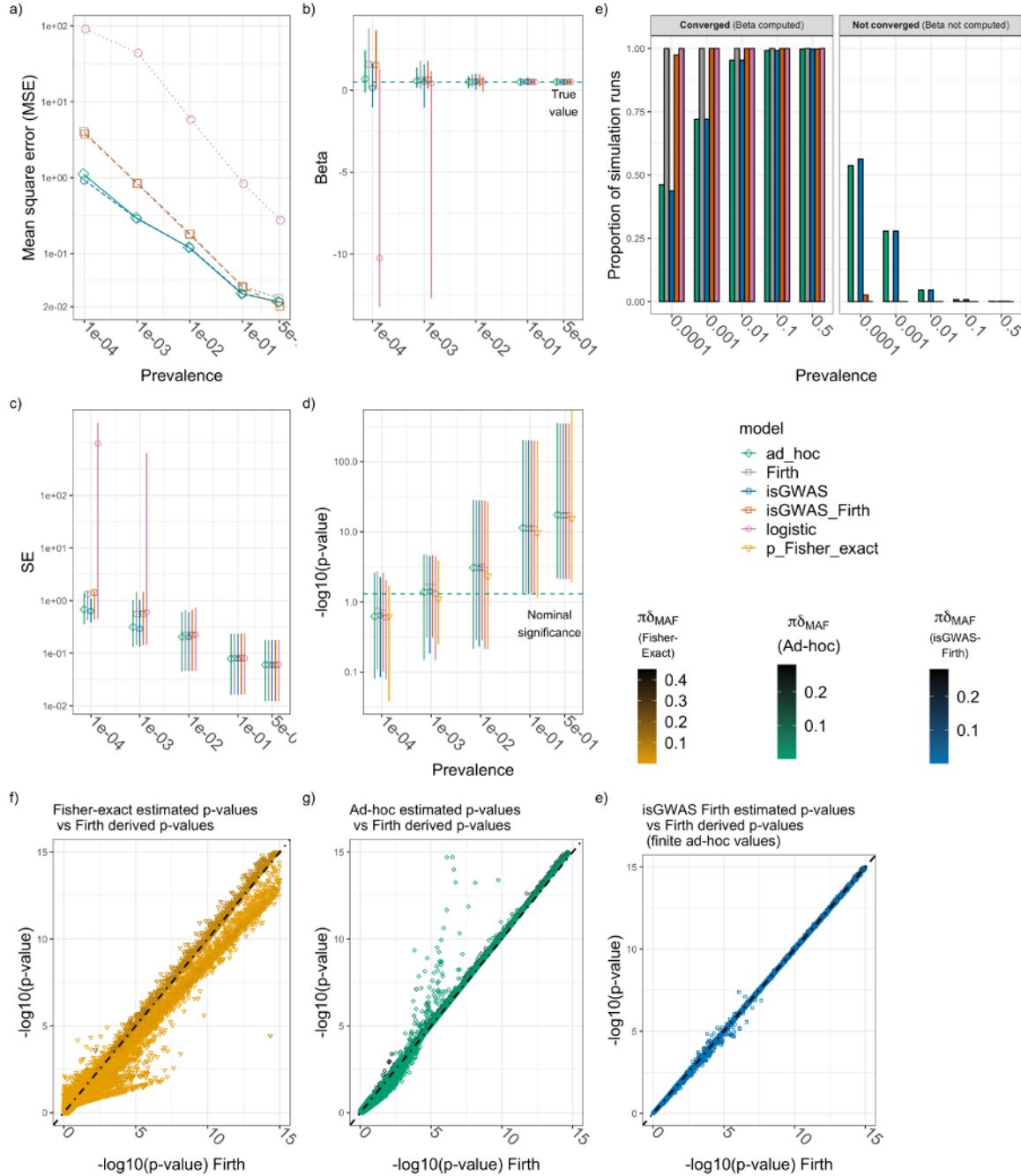


Figure 3. a) Accuracy/TPR/FPR comparing REGENIE-Firth and isGWAS results, where $p = 5e - 08$ threshold has been used as indicator for correct classification accuracy. Results are obtained on all 11,079,229 variants used for the analysis without clumping/finemapping. See Supplementary Table 1 for full results. Manhattan plots b), c), d), e) and f): Comparative results for five diseases from UK Biobank. Mirror Manhattan plots comparing $-\log_{10} P$ values for isGWAS and REGENIE-Firth for six different diseases obtained from UK Biobank. Stroke was excluded from the analysis due to no variants passing significance threshold.



π denotes prevalence and $\delta_{MAF} = (MAF^* - MAF) / (MAF(1 - MAF))$. In panels b)-d) a point denotes the median value and error-bars the first and ninth deciles of the range.

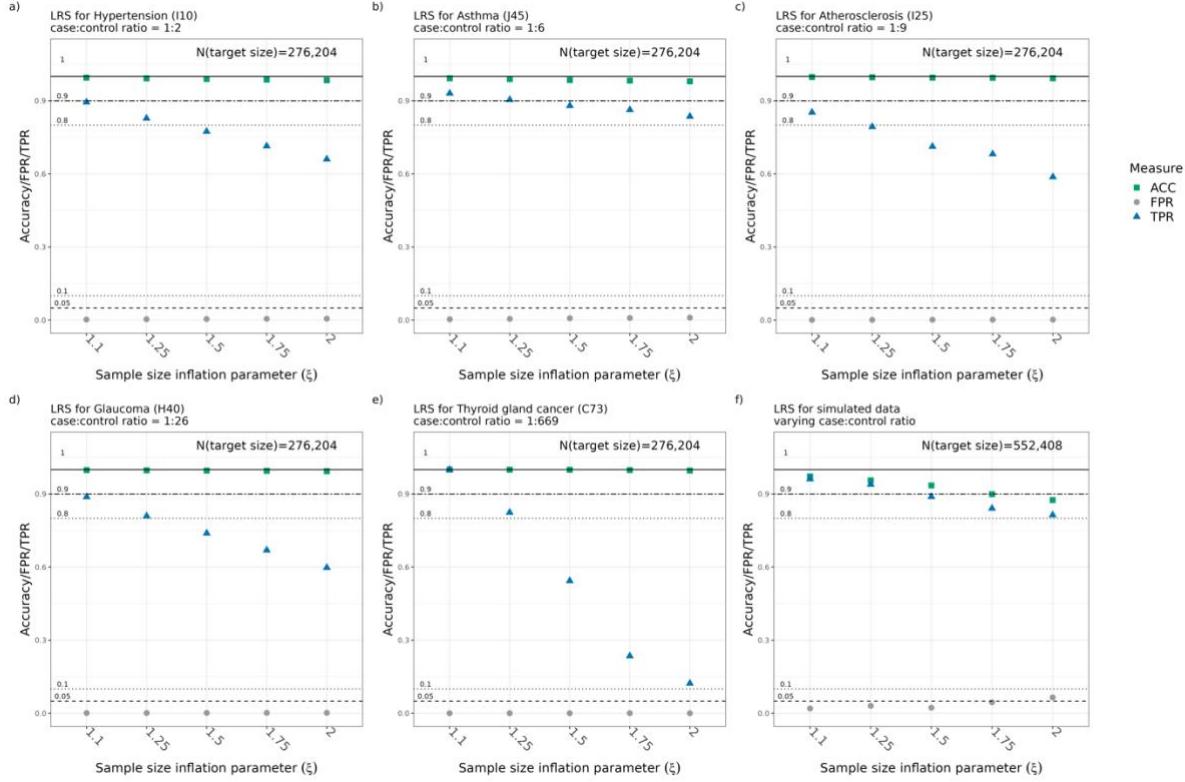


Figure 5. Performance of Leapfrog re-sampler (LRS) benchmarked against results derived from a)-e) the sample of ~276,204 individuals from UK Biobank with five different diseases and b) a simulated sample of 552,408 individuals (i.e., double UK Biobank sample size). For each value of ξ , we subset the target sample size down to N_{target} / ξ individuals and deploy the LRS to compute predictions for the target sample N_{target} . As the maximum number of UK Biobank samples was 276,204, this was taken as the target. For example, when $\xi = 2$, we subset the full sample to 138,102 individuals and run the LRS to compute predictions of the larger 276,204 sample. We use results from the disease analysis, benchmarking LRS predictions against those computed on the pruned genome sampling uniformly across significance associations, resulting in ~3500 variants per studied disease. Colon cancer and Stroke are excluded from this figure as they don't have significant variants or a very low number of such after pruning. In the right panel we generated 1000 simulated datasets under the null of no genetic association or the alternative (see simulation protocol for details).

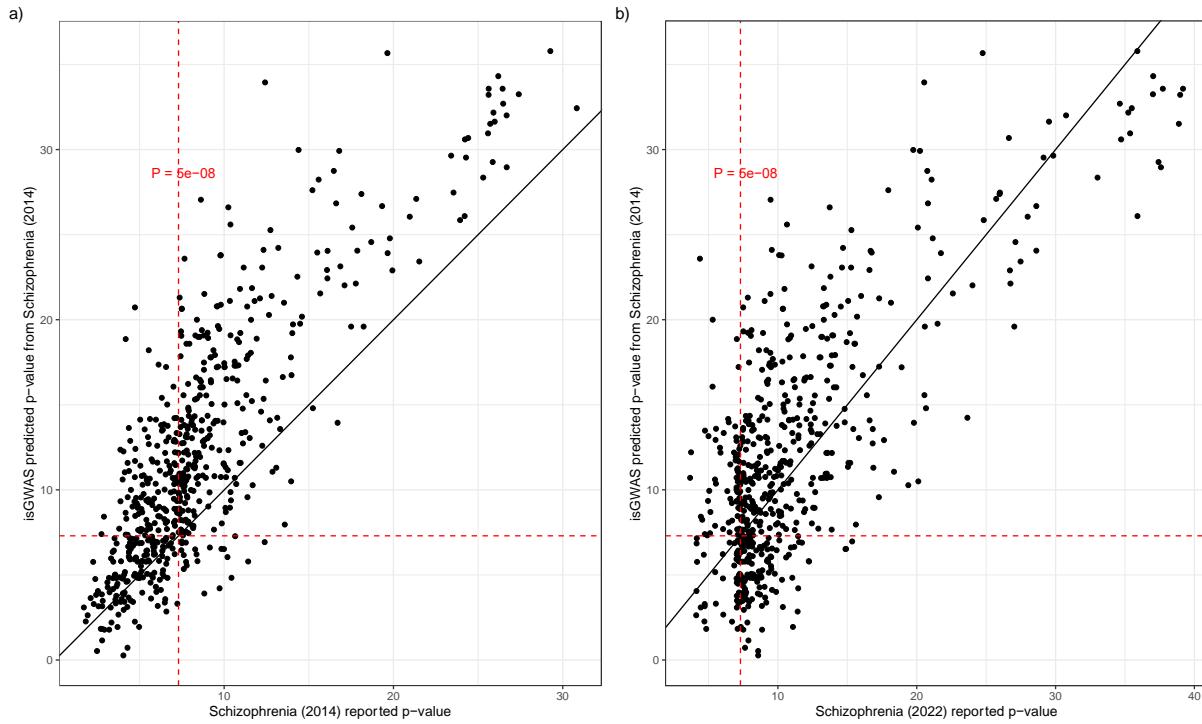


Figure 6. Prediction results for Schizophrenia (2022) using data from Schizophrenia (2014): population-level information for 608 significantly associated loci ($P < 1e-07$) obtained from clumping with parameters ($R^2 = 0.2, p_1 = 1e - 7, p_2 = 1e - 7$) has been used to infer p-values. a) The figure compares reported GWAS Schizophrenia (2014) p-values and isGWAS predicted p-values using population-level information from Schizophrenia (2014) matching for the larger 2022 cohort size. b) The figure compares reported GWAS Schizophrenia (2022) p-values and isGWAS predicted p-values using population-level information from Schizophrenia (2014) matching for the larger 2022 cohort size. The dashed red line represents the threshold $P = 5e-08$.

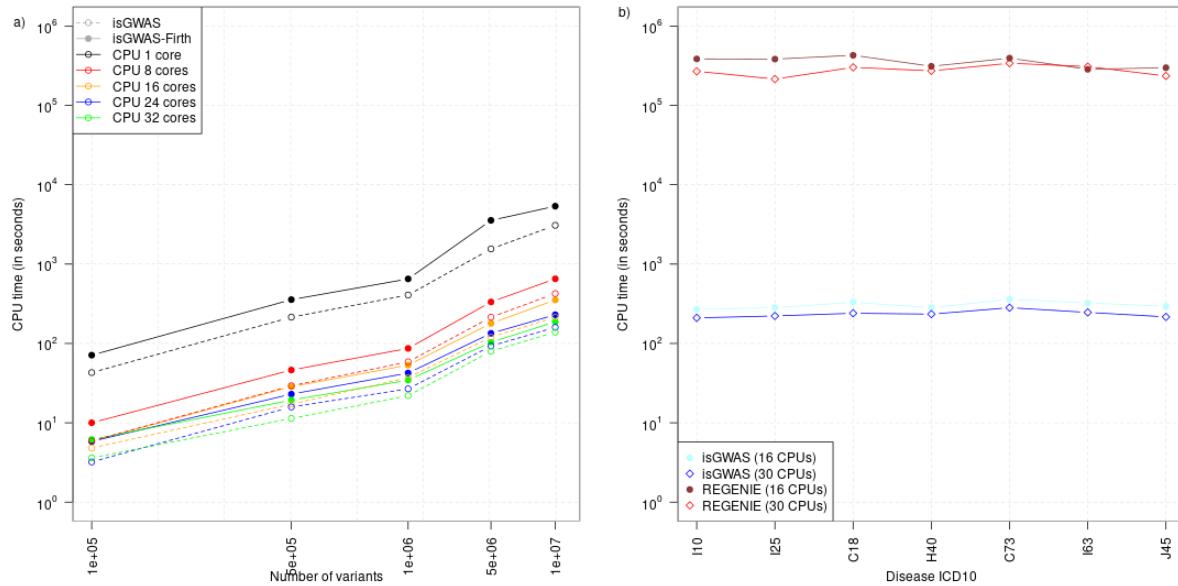


Figure 7. a) Computational CPU time (in seconds) for an increasing number of variants. The results compare performance of isGWAS with and without Firth distributed over different number of CPU cores. The data was obtained from UK Biobank ICD10:C73 disease with low disease prevalence (case-control ratio = 1:669). The x- and y-axis are on log₁₀ scale. b) Computational CPU time (in seconds) for seven UK Biobank diseases on 11,079,229 variants for ~335,000 individuals. We compare the performance of isGWAS running on 16 and 30 CPUs vs the performance of REGENIE Step 2 running on 16 CPUs (with 16 threads) and 30 CPUs (with 30 threads). The computation is performed on the same machine. The y-axis is on log₁₀ scale.